

Celebrity Couple News: Kendall Jenner Spotted 'All Over' Ben Simmons at Dinner with Sisters



By [Lauren Burczyk](#)

In [celebrity news](#), on a girls' night out with her sisters, Kendall Jenner was reportedly all over Ben Simmons. Kim, 38, and Kourtney, 39, met their friend, La La Anthony, at Cipriani in New York City on Thursday, February 7th. According to *UsMagazine.com*, an eyewitness said that Jenner, 23, could be seen sitting right in the window with her hands all over Simmons, 22. The [celebrity couple](#) have been spending more time together recently. The Victoria's Secret runway model sat

court-side, with Simmons' mom, for one of his home games in January. Later that month, Jenner was spotted cheering him on again in Los Angeles.

In celebrity couple news, Kendall Jenner and Ben Simmons are seeming closer than ever. What are some ways to show your love for your partner in public?

Cupid's Advice:

There are so many ways to show your partner how you feel about them. Displaying your affection in public can be a great way to let your partner know just how much you care. Here are some ways to show your love for your partner in public:

1. Remember to flirt: If you don't regularly flirt with your partner, there's no better time to start than now. Being flirtatious with your partner, in public, is not only fun, but it will allow you to have a more fulfilling relationship together.

Related Link: [Celebrity News: Ben Simmons Leaves Flirty Comment on Kendall Jenner's Instagram Pic](#)

2. Grab their hand: Holding hands is a traditional yet effective version of PDA. It's a subtle way to show your affection toward your partner without being too intimate.

Related Link: [Celebrity News: Kourtney Kardashian Spotted Out with Luka Sabbat](#)

3. Share your food on a date: Don't wait for your partner to ask for a bite of your dessert, share it with them! Offering your partner some of your delicious treat is a sweet way to

show them just how much you care.

Can you think of any other ways to show your love for your partner in public? Comment below.

Celebrity Divorce: Channing Tatum & Jenna Dewan's Split Is Becoming 'Challenging and Emotional'



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes Channing Tatum](#) and Jenna Dewan are having trouble keeping an amicable relationship. According to *UsMagazine.com*, a source told them that the couple's split is becoming challenging and emotional. The couple separated in April 2018 following nearly nine years of marriage. Tatum, 38, filed for joint custody of their daughter, Everly, 5, and the process is becoming very lengthy. The doting father detailed, in his hearing, how much he loves to spend time with his daughter and included the fact that he decorated her room in his rental home in a fairy-tale theme just so she'd feel comfortable there.

This celebrity divorce started out amicable, but it's becoming challenging. What are some ways to stay rational in the midst of a split?

Cupid's Advice:

Breaking up with someone you truly cared about and shared your life with is extremely difficult. It can put a lot of stress on you, both physically and emotionally. Here are some ways to stay rational in the midst of your split:

1. Unfriend them on social media: Keeping a close watch on what your ex is posting on social media can make what you're going through so much more difficult. To avoid any irrational behavior that may be triggered by their social media posts, unfriend them immediately!

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Are Still Living Together Post-Split](#)

2. Stay active: Keeping up with your exercise routine is

scientifically proven to help you feel better. Staying active will build up your endorphins to help fight off stress. Go for a run or take a fitness class to meet new people, it will boost your mood and having you feeling like your normal self in no time!

Related Link: [Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce](#)

3. Connect with friends and family: Depending on how serious your relationship was, you may have lost touch with some important people in your life. Try reconnecting with them, it will help you take your mind off of your ex and is a great start to helping you move on.

What are some other ways to stay rational in the midst of a split? Comment below.

Celebrity Couple News: Jennifer Lopez Posts Sweet Message for A-Rod on Second Anniversary





By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Jennifer Lopez](#) and Alex Rodriguez celebrate their second anniversary together. According to *UsMagazine.com*, Lopez posted a sweet note for her boyfriend on the special day. The *Second Act* actress, 49, captioned a series of photos of the two on Instagram on Sunday, February 3rd, saying, “two years of adventure... of excitement growing and learning... of true friendship... and so much love!!” A source told *UsMagazine.com* in December that an engagement is definitely on the horizon for the couple. They added, “Alex is obsessed with Jen and spends as much time as he can with her.”

This celebrity couple news has us awww'ing. What are some ways to make your partner feel special on your anniversary?

Cupid's Advice:

An anniversary is the perfect time for you to do something sweet for your partner. Here are some ways to make your partner feel special on your anniversary:

1. Send sweet text messages: A simple way to make your partner feel special on your anniversary is to send them sweet text messages throughout the day. Send them messages that communicate love and flirt with them occasionally during the day.

Related Link: [Celebrity Engagement? Jennifer Lopez Flashes Diamond Ring at Game 2 of World Series With A-Rod](#)

2. Plan a romantic getaway: A great way to make your partner feel special on your anniversary is to arrange for a romantic getaway. Take your partner somewhere remote where you can both focus on each other and nothing else. To make it even more special, clear their calendar, pack their bags, and have it be a surprise.

Related Link: [Celebrity Couple News: Jennifer Lopez Gushes Over Alex Rodriguez](#)

3. Give your partner a break: A really nice way to make your partner feel special on your anniversary is to give them a much needed break. Whether your partner is a stay at home parent and needs a day to themselves or just wants one morning to sleep in, do something extra special for them, and give them a bit of a hiatus for the day.

Can you think of some other ways to make your partner feel special on your anniversary? Comment below.

Celebrity News: Jana Kramer & Husband Slam Parent Shaming 'Trolls'



By [Lauren Burczyk](#)

In [celebrity news](#), Jana Kramer and her husband, former NFL player, Mike Caussin went on a rant on Thursday, shaming critics for judging their parenting style. According to *People.com*, the country singer, 35, and her husband, posted a photo of their two month old [celebrity baby](#) on Instagram, including a caption stating that he sleeps for seven hours per night, while praising the Baby Wise method of sleep training for its results. The [celebrity couple](#) wasn't expecting to receive so much backlash from the post, so they decided to address their critics in a series of videos on Kramer's

Instagram Story. Caussin, 31, shot back at the critics, saying, “Oh, ’cause you guys live here and know that we let him scream and cry?”

In celebrity news, Jana Kramer and her husband are defending themselves against those who are slamming their sleep training style. What are some ways to defend yourself against unfair criticism?

Cupid’s Advice:

It’s never easy to face critics who judge you unfairly, but in a generation where we rely on social media for advice, you’re bound to come across it sooner or later. Here are some ways to defend yourself against unjust criticism to help you avoid an emotionally-charged reaction:

1. Take a minute and remain calm: Before reacting right away, take a step back to let yourself cool down. Negative criticism can make you feel inadequate and can cause anger, it’s important to remain calm so that you don’t find yourself in a deeper mess.

Related Link: [Celebrity Baby News: Jana Kramer Is Pregnant After Suffering Multiple Miscarriages](#)

2. Have the feedback repeated: Stay calm and have your critic repeat their point of view. This will allow you to tell if your critic has any validity behind their rationality or if they are simply trying to cause trouble.

Related Link: [Celebrity News: Anne Hathaway Shares Past Insecurities](#)

3. Move on graciously: It may seem difficult, but your best option is to respond politely and acknowledge the person's feelings, while sharing your point of view before you move on. Showing that you're the bigger person will reinforce your point of view and allow you to gain respect.

Can you think of some other ways to defend yourself against unfair criticism? Comment below.

Celebrity Exes: Cardi B and Offset Are 'Working Things Out' As Assault Case is Adjourned





By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes](#) Cardi B and Offset are working on resolving their issues. According to *People.com*, Cardi B was leaving court on Thursday morning, following the adjournment of her assault case, when she was asked by reporters about the status of her relationship with Offset. Cardi, 26, sheepishly responded, saying, “We working things out, baby.” The alleged assault case, which will resume on April 4th, happened last August, when Angel Strip Club bartenders Baddie G and Jade claimed that Cardi B ordered an attack on them after she believed one of them had an affair with her husband.

These celebrity exes may be reconciling soon. What are some ways to work on a failing relationship?

Cupid's Advice:

Just because the spark went out doesn't necessarily mean your relationship is over. Here are some ways to work on a failing relationship:

1. Back off a little: It's sometimes best to back off a bit and let your relationship work itself out. Give your partner some space and spend some extra time with your friends. Putting too much pressure on your relationship and trying too hard to move it forward, can ultimately lead to disaster.

Related Link: [Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy](#)

2. Respect your partner's wishes: To mend a broken relationship, the key is to show your partner a little more respect. Instead of focusing on the negative attributes of your relationship, focus on the positives and compliment your partner for what they're doing right.

Related Link: [Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage](#)

3. Set yourselves some boundaries: Point out your partner's past behaviors that you won't put up with moving forward. Bringing up your concerns and setting boundaries for the future, is a step in the right direction toward a lasting relationship.

Can you think of some other ways to work on a failing relationship? Comment below.

Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy



By [Lauren Burczyk](#)

In [celebrity news](#), Halsey opens up about her [celebrity breakup](#) from G-Eazy. The duo, who performed “Him and I” together, split up in July after being together for one year. The off-and-on couple decided to fix their issues and get back together one month later. According to *EOnline.com*, a source has said that by the end of October, the couple had broken up once and for all. Avoiding public backlash, Halsey never made a public statement regarding the split, but it is now speaking out about the end of the relationship. Halsey claims, “the biggest lesson I learned is to make art, not headlines,” she

added, “because it can become quite easy, in the social media generation, to go from being a musician to becoming a personality.”

Celebrity dating can get just as messy as our own romantic lives. What are some ways of preventing the public backlash from getting you down after a breakup?

Cupid's Advice:

The last thing anyone wants to deal with after a rough breakup is societal backlash. We have some ways to prevent getting hurt by adverse reactions from the public:

1. Avoid new romantic opportunities right away: Let's face it, if someone says something hurtful, it's hard to ignore it. It's important to not give the public something to talk about and give yourself some time to heal before getting involved with someone new.

Related Link: [Celebrity Exes: 'Bachelorette' Alum Josh Murray Compares Ex Andi Dorfman to the Devil](#)

2. Take a break from some of the activities you do in town: It's good to keep participating in things you enjoy following a breakup, but it's not necessary to force yourself to see people who are going to ask too many questions. Pick and choose which activities you still want to participate in and take a break from the others for a bit.

Related Link: [Celebrity News: Halsey Responds to Rumors She's Dating John Mayer](#)

3. Don't feel bad about having to avoid certain people: If it

seems too difficult to keep in close contact with your ex's friends and relatives, who you've become close to, then take a little break from them. They may have their biases considering they're people you met through your ex-partner. You can avoid talking to them if you want to protect yourself from any negative comments that will ultimately hurt you.

Can you think of any other ways to prevent public backlash from getting you down? Comment below.

Celebrity News: Anne Hathaway Shares Past Insecurities



By [Lauren Burczyk](#)

In [celebrity news](#), [Anne Hathaway](#) opens up about her past insecurities, but claims she's an entirely different person now. Hathaway, 36, who has starred in movies for nearly 20 years, admits that her time in the spotlight hasn't always been glamorous. According to *People.com*, during a [celebrity interview](#) excerpted from the latest installment from *The Jess Cagle Interview*, Hathaway said "I did everything wrong for so long," and added that even though her career was flourishing, she suffered from "feelings of inadequacy, insecurity, and nervousness and anxiety."

This celebrity news shows celebrities have the same insecurities we do. Like Anne Hathaway, what are some ways we can conquer these demons?

Cupid's Advice:

Whether we like to believe it or not, celebrities can face some of the same feelings of insecurity as we do. We have some advice on ways to conquer these all-too-common feelings:

1. Try not to always blame yourself: If you're having a severe case of the Monday's and can't seem to accomplish anything at work, think of other reasons that may be affecting your productivity. Instead of blaming it on your inadequacies, decide if it could've been a poor night's rest causing this or a busy weekend that drained your energy levels.

Related Link: [Celebrity Couple: Emily Blunt & John Krasinski Were Warned About Working Together](#)

2. Accurately identify your insecurities: To overcome your insecurities, it's important to correctly identify what brings on your low self-esteem. Ask yourself a question such as, "What worries or fears are making me feel insecure?"

Related Link: [Celebrity Couple: Emma Stone & Dave McCarry Giggle Together at SAG Awards](#)

3. Reflect on your achievements: Taking the time to look back on everything you've accomplished can help to build your confidence levels. Considering the challenges you were faced with and how you've successfully overcome them is an important step to letting go of your insecurities.

Can you think of any other ways to overcome insecurities? Comment below.

Celebrity News: Bachelor Contestant Caelynn Miller-Keyes Talks Sexual Abuse





by [Mara Miller](#)

In the latest [celebrity news](#) according to [EOnline.com](#), *The Bachelor* contestant Caelynn Miller-Keyes had something important to tell Colton Underwood on their second one-on-one date in Singapore. Miller-Keyes opened up to Underwood, telling him how she had been drugged and raped in college at a fraternity party. Colton, in turn, opened up, speaking of experience dating Aly Raisman, who had been sexually abused, and how difficult it was to watch her come to terms with what happened.

Celebrity news: Bachelor contestant opens up about past sexual abuse. What are some ways that we can prevent past abuse from influencing new relationships?

Cupid's Advice:

If you are the victim of sexual abuse, you may be facing demons that effect new relationships. Here are some ways that will hopefully help you and your partner grow beyond your past abuse together:

1. Take Things Slow: You are in control and you do not have to take the next step in your relationship until you are ready, even if that means waiting to be intimate sexually. If your new partner understands, they'll be willing to wait because they respect you and understand what has happened in the past.

Related Link: [Celebrity News: Selena Gomez Explores Mental Health Journey](#)

2. Have a Strong Support System: Having a strong support system as a couple is important, especially if you have experienced sexual abuse. There are times you might frustrate each other, and having a friend or family member you can reach out to will help through the difficult times.

Related Link: [Celebrity News: Chris Brown Detained in Paris on Accusations of Rape](#)

3. Take Time to Build Trust: It can take time to build trust with your new partner. You will never work together if neither one of you can trust each other or if you're worried you may be assaulted again. Being raw and honest with each other will help form a strong bond for you both as a couple.

If you have experienced sexual abused, please reach out to the National Sexual Abuse Hotline, 1-800-656-HOPE (4673).

What are some ways you can stop past abuse from affecting future relationships?

Celebrity Couple: Emma Stone & Dave McCarry Giggle Together at SAG Awards



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Emma Stone](#) and Dave McCarry giggle together during a rare public [date night](#). The couple was seen together on Sunday at the 2019 SAG Awards, being very giddy. According to *UsMagazine.com*, this isn't the first time the couple has made a rare public appearance together to an awards show. Earlier this month, the couple enjoyed a night out at FOX's Golden Globe afterparty, where

they were seen being very affectionate toward one another.

The elusive celebrity couple Emma Stone & Dave McCarry are not often seen in public together. What are some ways you and your love can prevent public expectations from influencing your relationship?

Cupid's Advice:

It's important to not let others influence your ideal relationship. While public expectations may be tough to overcome, there are some ways to help prevent them from influencing how you and your partner carry on your love for one another:

1. Forget about public expectations altogether: It seems much easier than it actually is, but it's important to forget about what others expect of you. When we let go of all public expectations, we tend to enjoy our partners even more.

Related Link: [Emma Stone Is Caught Carrying Andrew Garfield-Labeled Bag Post Celebrity Break-Up](#)

2. Put your relationship first: Instead of worrying about having to impress other people, just focus on yourselves. There's nothing saying that the two of you have to enjoy the same public events as other couples, so just participate in whatever makes the two of you happy.

Related Link: [Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!](#)

3. Don't let other people complicate your relationship: If

going out with other couples always ends in a disaster, then it's best to spend time by yourselves. While your friends may expect you to go on group dates, it's better that you keep your relationship strong and stay away from all of the drama.

Can you think of more ways to prevent public expectations from influencing your relationship? Comment below.

Celebrity Couple: Emily Blunt & John Krasinski Were Warned About Working Together



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Emily Blunt](#) and John Krasinski were warned about working together on the set of *A Quiet Place*. Despite being told that she would end up being divorced by the time filming was over, Blunt claims that working together on set has brought her and Krasinski even closer. On Sunday, Blunt took home a SAG Award for her part in *A Quiet Place*, winning best supporting actress at the 25th Annual SAG Awards. According to *People.com*, Blunt, 35, told reporters in the SAG press room after her win, that “we had never done it before and it is kind of the great unknown.”

Celebrity couple Emily Blunt & John Krasinski were warned that working together would damage their relationship. What are some ways to separate work and love with your S.O.?

Cupid's Advice:

Working with your partner may seem like a wonderful idea, but there can be some drawbacks. There are some adjustments that have to be made when intending to spend your working hours and your downtime with your S.O. To avoid putting your relationship in jeopardy, we have some ways to know your boundaries when working with your partner:

- 1. Maintain your privacy:** Every relationship needs to have some space to survive, this is especially true while working with your significant other. Give each other enough time to respond to emails, make phone calls, and complete projects without shadowing each other throughout the entire day.

Related Link: [Celebrity Couple: Victoria Beckham & David Beckham 'Very Touchy' Before 20th Anniversary](#)

2. Don't bring your work home: Separating your work life from your home life is the key to any healthy relationship. While working with your partner, setting boundaries between work and non-work is crucial.

Related Link: [Celebrity News: John Krasinski Says Emily Blunt 'Hates' His New Muscles](#)

3. Make date night a priority: It's easy to mistake your significant other as a colleague instead of a lover while working together. It's important to maintain that loving relationship by setting aside time during the week to rekindle your romance.

Can you think of some other ways to separate work and love with your S.O.? Comment below.

Celebrity News: Selena Gomez Explores Mental Health Journey





By [Mara Miller](#)

In the latest [celebrity news](#) according to *USMagazine.com*, [Selena Gomez](#) speaks candidly about her struggles with mental health. Gomez was diagnosed with Lupus in 2014. She admitted that anxiety, depression, and panic attacks can be side effects of Lupus, among other symptoms of the disease. In 2016, the [single celebrity](#) took a step back from the spotlight to focus on herself. Breaking her silence, Gomez released a new song with Julia Michaels, titled "Anxiety." It's great to see that Gomez is performing again, but, even better than having her music, she has been reaching out to her fans to let them know that she loves them. Gomez has, on occasion, even reached out to fans on Instagram to speak with them when she finds out they are struggling with mental health.

Selena Gomez's honesty with her mental health has made celebrity

news because of the impact on her fans. What are some ways we can follow Selena's example and encourage mental health?

Cupid's Advice:

When you're going through a difficult time, whether with depression, anxiety, or any other number of other issues, here are some things that can help.

1. Try positive thinking: Negative thinking can be a downward spiral that is hard to come back from, and it can become difficult to be positive when you hardly have been. Only use words that will empower yourself. It may seem hokey and redundant, but positive thought is a powerful tool and will reshape the vocabulary your brain uses.

Related Link: [Celebrity News: Designers Say Bebe Rexha is Too Big](#)

2. Reach out to someone who you trust: Have a serious conversation with someone close who is willing to listen. Also, if it's bad and you don't have a support system, do not be afraid to seek professional help. There's *never* a reason to be ashamed of how you feel.

Related Link: [Celebrity Baby: Kate Hudson Opens Up About "Genderless" Parenting](#)

3. Exercise: Exercising can release endorphins in the body that relieves stress and boosts the mood. This doesn't have to mean working out in a gym. Try picking up martial arts classes or borrow a book from the library on introductory yoga. Exercise can also play double duty as something that you're doing for yourself, by yourself, and it can help you take your

mind off of the things that are upsetting you.

**What techniques do you have for maintaining mental health?
Share your tips below!**

Celebrity Couple: Victoria Beckham & David Beckham 'Very Touchy' Before 20th Anniversary



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple Victoria Beckham](#) and [David Beckham](#) were seen being very touchy and flirty with one another while celebrating at an event this week. According to *People.com*, David Beckham showed his support for his wife by attending an event dedicated to honoring the launch of her Reebok x Victoria Beckham collection. The celebrity couple will be celebrating their 20th wedding anniversary this summer. David Beckham had previously opened up about why being married for so long can be challenging. In an interview on the Australian TV show *The Sunday Project*, he said “to have been married for the amount of time that we have, it’s always hard work.”

The Beckhams have an admirably long marriage for a celebrity couple. What are some tips to having such a successful relationship as them?

Cupid’s Advice:

Keeping a marriage fresh and healthy for a long period of time is usually not as effortless as it may seem. Just like anything else, marriages take hard work to stay strong and remain successful. Here are some tips on how to keep a powerful, lasting marriage:

1. Remind your partner that you appreciate them: The honeymoon phase doesn’t last forever. If you and your partner have started to be less affectionate toward each other, it’s important to always remind them that you appreciate them.

Related Link: [Celebrity Dating: Chrissy Teigen Questions Modern Dating](#)

2. Watch what you say to your partner: Being with someone for so long, you can easily start to let things slip that may be

hurtful. You may be so comfortable with your partner that you mistakenly tell them that you find your new neighbor attractive. This comment can offend your partner, so just be mindful of what you say.

Related Link: [Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!](#)

3. Try to prevent arguments: If you know that your partner's biggest pet peeve is when you forget to rinse your dish after dinner, then don't forget to do it! The small arguments can lead into big ones, so preventing them from happening altogether is your best option.

Can you think of any other tips for a successful relationship? Comment below.

**Celebrity Baby: Carrie
Underwood Welcomes Second
Son!**





By [Mara Miller](#)

In the latest [celebrity baby](#) and [celebrity news](#), [Carrie Underwood](#) and her husband, Mike Fisher, welcomed their new son into the world. According to *People.com*, Jacob Bryan Fisher was born on Monday, January 21st. Underwood and Fisher couldn't be happier. Their son, Isaiah Michael, is a proud big brother. Underwood wrote on her Instagram, "Jacob Bryan Fisher entered the world in the wee hours of the morning on Monday...his mom, dad and big brother couldn't be happier for God to trust them with taking care of this little miracle!" It's so wonderful to see Underwood's family growing!

Carrie Underwood just had her second celebrity baby! What are some parenting tips for introducing babies one and two to each other?

Cupid's Advice:

A new baby can be a very exciting time for the family. What ways can you introduce your older children to their new sibling?

1. Help them become friends early: Include your older child in experiencing your pregnancy, such as showing them ultrasound pictures, singing to the baby, or letting your child feel a kick. This will help your child understand their new sibling is real and they can form a bond early.

Related Link: [Celebrity Baby: Khloe Kardashian & Tristan Thompson Are 'Actively Trying' for Baby No. 2](#)

2. Spend quality time with your child: If you're worried about jealousy, spending individual time with your older child will help to ward off any bad feelings about their new brother or sister.

Related Link: [Celebrity Baby News: Prince Charles Teases Baby Names for Duchess Meghan & Prince Harry](#)

3. Give them a job: Depending on how old your eldest child is, you can help them get involved with taking care of the new baby, like helping to change a diaper or finding something for the baby to wear. This will help them feel important while they help take care of the new baby.

What are some suggestions you have for introducing older children to their new sibling?

Celebrity Baby: Kate Hudson

Opens Up About “Genderless” Parenting



By [Mara Miller](#)

In the latest [celebrity news](#), [Kate Hudson](#) has decided not to put any labels on [celebrity baby](#) Rani Rose. According to *People.com*, Hudson revealed in an interview with AOL that she embraces a “genderless environment” when raising little Rani and her two other children, Bingham Hawn, and Ryder Russell.

Kate Hudson is raising her

celebrity baby to be gender neutral. In our gender fluid world, what are some other ways to raise gender-conscious children?

Cupid's Advice:

If you want to raise your children to be gender-conscious, here are some ways to do it:

1. Start Early: It's never too early to start talking to your children about gender or to try to find teachable moments, such as showing them it's okay to play with whatever toys they want. Kids learn through creativity and they have huge imaginations that shouldn't be limited.

Related Link: [Celebrity Babies: Duchess Kate Middleton Talks About the Difficulties of Being a Mom](#)

2. Teach them empathy: Teaching your children empathy will help them be more in control of their emotions later. Asking them how they feel about something, such as gender, will allow them to become more in-tune with their feelings and the feelings of others around them.

Related Link: [Celebrity Babies: Kim Kardashian & Kanye West Throw Alice in Wonderland Party](#)

3. Don't teach "boys will be boys": Always hold your children accountable for their actions, but don't treat them differently just because of the gender they were born with.

What are some other ways you can raise your children in a gender-conscious way?

Celebrity News: Chris Brown Detained in Paris on Accusations of Rape



By [Lauren Burczyk](#)

In [latest celebrity news](#), Chris Brown was detained in Paris on Monday, January 21, after a woman filed a rape complaint. According to *UsMagazine.com*, Brown was taken into custody on potential charges of aggravated rape and drug infractions. He was still in custody as of Tuesday, January 22 and investigators have another two days to decide on whether or not to press charges. The [celebrity news](#) comes after Brown was

faced with a multitude of arrests in 2018, including alleged rape and assault.

Chris Brown has made celebrity news repeatedly for sexual abuse. If we suspect someone in our lives of behaving inappropriately, what are some ways we can help them?

Cupid's Advice:

It's never easy to find out that a loved one has been behaving inappropriately. When we realize that someone close to us is conducting themselves poorly, it's important to face the facts and try to help them as best as we can. Here are some ways that we can help:

1. Discuss their behavior with them: It may not be an easy topic to discuss, but to help your loved one, it's important to confront them and discuss what happened. You may find out their motive behind the incident, which can be essential to providing them with help.

Related Link: [Bad Romance:10 Toxic Celebrity Relationships](#)

2. Let them share as much or as little as they want: Try not to be too forceful when discussing the matter with them. They will build trust with you knowing they can share as much or as little with you as they want to, which will be beneficial moving forward.

Related Link: [Celebrity Exes: Chris Brown is Happy with Custody Battle Results](#)

3. Don't be afraid to tell them how you feel: If they fully admit to what they have done, and you don't agree that it was

the right thing to do, tell them how you feel. Making them aware of your disapproval can be helpful in the future and may deter against additional inappropriate behavior.

Can you think of some other ways that we can help someone in our lives that is behaving **inappropriately**? **Comment below.**

Celebrity Babies: Duchess Kate Middleton Talks About the Difficulties of Being a Mom





By [Lauren Burczyk](#)

In [celebrity news](#), [Kate Middleton](#) opens up about the struggles that a parent can face when raising their children. The mom of three expressed her empathy with a group of parents and caregivers during a visit to the charity Family Action on Tuesday. According to *People.com*, Duchess Kate told the group during the event “It’s so hard. You get a lot of support with the baby as a mother, particularly in the early days, but after the age of one it falls away. After that there isn’t a huge amount...of books to read.” While Kate has her trusty nanny to help her with Prince George, five, Princess Charlotte, three, and [celebrity baby](#), Prince Louis, who is 9 months old, she added that “Everybody experiences the same struggle.”

Despite the royal blood, raising celebrity babies is hard. What are some ways to find the peace and

strength to parent when all you want is a break?

Cupid's Advice:

Raising babies is not an easy job. Often times, parents can feel burned out and exhausted. What are some ways to stay strong as a parent when you feel like you need a break?

1. Remember that you have to show your kids to be strong: When you're at your breaking point and feel like you might lose your cool, keep in mind that, as a parent, you're setting an example for your child. Showing them that you can stay strong, even at the worst of times, can be a great lesson for them to learn at a young age.

Related Link: [Celebrity Babies: Kim Kardashian & Kanye West Throw Alice in Wonderland Party](#)

2. Stay positive: It's important to look on the bright side of the challenges you're facing. Keeping an open mind and having a sense of humor can give you the power to deal with everyday challenges of raising children.

Related Link: [Celebrity Baby: Meghan Markle Reveals Due Date](#)

3. Take care of yourself: If you're getting to the point where your child's pesky behavior is getting the best of you, it's important to remember to take care of yourself and do something to de-stress. Ask a family member or friend to keep an eye on your little one so that you can have some time to yourself.

Can you think of some other ways to find peace and strength, as a parent, when you're at your breaking point? Comment below.

Celebrity Dating: Chrissy Teigen Questions Modern Dating



By [Mara Miller](#)

In the latest [celebrity dating](#) and [celebrity news](#) according to *EOnline.com*, [Chrissy Teigen](#) questions modern dating. Teigan and her husband, [John Legend](#), have been together for twelve years and married for five. They have two children, Luna and Miles. Teigan questioned modern dating on Twitter on Sunday, saying, "I haven't dated for a long, long time but are guys really pulling the 'let's be exclusive' thing six months into

dating like what, I have been exclusive what the f—k have you been”. Chrissy is right—modern dating can be a mess.

Chrissy Teigen’s questions about modern celebrity dating are way too relatable. What are some old-school tips we should adopt in today’s dating game?

Cupid’s Advice:

Though online dating platforms are the newest way to meet someone, old-fashioned dating still has its merits. Here are a few old-school tips:

1. Get off the phone: We carry mini-computers around with us, allowing constant access to the outside world. Old-fashioned dating meant actually spending time with your date to try to get to know them and giving your date time to get to know you if you’re genuinely interested in a relationship. Try leaving the phone in your purse or back pocket on vibrate to give your date your sole attention.

Related Link: [Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!](#)

2. Take Things Slower: While waiting for marriage to be intimate might seem too old fashioned, taking things slow while you’re dating has its benefits. Keep in mind that there is nothing wrong with jumping into bed together on the first date, but if you’re serious about the person you want to date, waiting and taking things a tad slower will allow both of you to decide if pursuing the relationship is plausible or a total disaster.

Related Link: [Celebrity Couple: Joe Alwyn Clears Up Rumors About Dating Taylor Swift](#)

3. Find someone you can dance with: While this might seem like something your grandmother would say, couples who can dance and have fun together are more likely to have a successful relationship. And no, this doesn't mean a bump and grind in a club. Think head resting on shoulder, holding hands, swaying together kind of dancing.

What are some old-fashioned dating tips you suggest?

Celebrity News: Designers Say Bebe Rexha is Too Big





By [Mara Miller](#)

In the latest [celebrity news](#), *People.com* reports the 2019 Grammy Awards are extra special for single celebrity Bebe Rexha. She was nominated for Best New Artist/Best Country Duo/Group Performance, so the music artist naturally reached out to several dress designers for her Red Carpet outfit. They turned her down, refusing to design a dress for her because she is “too big.” Rexha said this on Instagram, defending herself and all women a size 8 and up, “You’re saying all the women in the world that are a size 8 and up are not beautiful and that they cannot wear your dresses.” We should all adopt Rexha’s mentality on being called too big.

Rexha made celebrity news when no designer would work with her for the Grammy’s. What are some ways we

can fight against body shaming like Bebe Rexha?

Cupid's Advice:

Whether you are a size 8 or a size 8x, here's how you can fight body shaming:

1. Wear whatever makes you comfortable: Hot? Wear your tank top. Want to wear that black dress that shows off your curves? Do it. Life is way too short to be worried about what you're wearing, no matter your size. If a brand only caters to certain sizes then you do not have to shop with them. When anyone tries to be rude or negative, call them out on it.

Related Link: [Fashion Tips: How to Rock Heels Without The Pain](#)

2. Practice body positivity on social media: Don't be afraid to take pictures of yourself with friends or family because of your size. Follow body-positive celebrities. Share and read articles about bigger men and women.

Related Link: [Celebrity News: Selma Blair Opens Up About Life with MS](#)

3. Don't be hard on yourself: We might not want to admit it, but sometimes we can get wrapped up in thinking we're not pretty or handsome enough because of our weight. Eating healthy should always be a priority, but sometimes you can't control your weight even if you have a healthy diet. Maybe you just had a baby, have issues with polycystic ovary syndrome, or got injured in a sports accident and haven't been able to shed the pounds. Do NOT beat yourself up because you don't look like a cover model on a magazine.

What are some ways you can fight body shaming? Sound off in the comments below.

Celebrity News: Jeff Bezos Makes Public Appearance Without Wedding Ring



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple](#) Jeff Bezos and Lauren Sanchez's relationship is becoming more public. Bezos stepped out without his wedding ring, after announcing last week that he and his wife of 25 years, MacKenzie Bezos, would be getting a [celebrity divorce](#). According to *EOnline.com*, he was seen posing alongside John Travolta at the 16th Annual Legends of Aviation Awards at the Beverly Hilton Hotel, without sporting

his band. News of Bezos' relationship with Sanchez broke one day following the announcement of his divorce. An insider told *EOnline.com* that the Amazon founder and former *Good Day L.A.* co-host are happy together and news of an engagement may not be far off.

One week after announcing he would be getting a divorce, Jeff Bezos is seen without his wedding ring, making celebrity news. When is it acceptable to step out in public without your wedding ring after breaking the news of a divorce with your long-time spouse?

Cupid's Advice:

Announcing the news of a divorce between you and your spouse of many years can be very difficult. What's even tougher is deciding when it's appropriate to take that ring off in public. Cupid has some ideas of when it's acceptable to step out in the limelight minus your ring.

1. Let the news spread: It's best to wait just long enough so that the news can travel. It may not take long, just a week or so, but it's a good idea to give it some time to avoid any confusion.

Related Link: [Celebrity Break-Up: Jeff Bezos Caught Cheating With Friend's Wife Before Divorce](#)

2. Plan ahead for the right time: It's not a good idea to decide to make your first appearance without your wedding band

at an event where you'll see your spouse or any family members. The appropriate place and time will be at an event where you'll be attending on your own, without your spouse or family members.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Communicate with your soon-to-be ex: A good way to know when it's the right time to remove your wedding ring in public is by discussing it with your soon-to-be ex-partner. If you're both okay with stepping out without your rings, then you'll know it's the perfect time.

When did you know that it was time to take off your wedding ring in public? Let us know! Comment below.

Celebrity Babies: Kim Kardashian & Kanye West Throw Alice in Wonderland Party





By [Lauren Burczyk](#)

In [celebrity news](#), [Kim Kardashian West](#) and [Kanye West](#) threw their daughter, Chicago, an elaborate Alice in Wonderland-themed birthday party. The [celebrity baby](#), who turned one on Tuesday, can be seen enjoying her party with her siblings in photos shared by Kim. According to *People.com*, she gave her followers a brief glimpse at some of the decorations, which included a topiary maze in the hallway, an elaborate cake with a giant grinning Cheshire cat, and a bouncy house in the backyard. Chicago and her brother, Saint, three, can be seen sharing a special moment at the party in a photo together. The [celebrity couple](#) confirmed that they would be welcoming another child via surrogate “sometime soon,” during Monday’s episode of *Watch What Happens Live with Andy Cohen*.

Kim Kardashian threw celebrity baby Chicago a birthday party we would

all envy! What are some ways to celebrate your little ones in style and on a budget?

Cupid's Advice:

We all want to throw our kids an elaborate birthday party Kim Kardashian West-style while also keeping a budget in mind. Here are some ways to throw an inexpensive yet stylish birthday party for your little ones.

1. Plan ahead: To avoid overspending, it's important to plan ahead for everything you'll need for the party. By allowing yourself enough time before the big day, you can order a lot of your decorations online from places such as Amazon.

Related Link: [Celebrity Couple: Kim Kardashian Calls Khloe Kardashian an "Idiot" for Staying with Her BF](#)

2. Send digital invites: Mailing out paper invitations can get pricey and they aren't as necessary in our digital society. Digital invites can be just as cute and can allow you to use the additional savings on better party favors or a more detailed cake.

Related Link: [Celebrity Baby News: Kim Kardashian & Kanye West Are Expecting Baby No. 4 via Surrogate](#)

3. Keep the menu simple: Trying to please everyone with a large menu can get complicated and expensive. Ordering some pizza or setting up a taco bar are great ways to keep your party budget-friendly while still pleasing the crowd.

Can you think of some other ways to throw a stylish birthday party for your little ones on a budget? Comment below.

Celebrity News: Selma Blair Opens Up About Life with MS



By Lauren Burczyk

In [celebrity news](#), Selma Blair shared her struggles, in an emotional Instagram post, after being diagnosed with MS in August of last year. Blair captioned a photo of her snuggling a bear late Sunday night and described having a “brain disease” as “uncomfortable” and “a stadium of uncontrollable anxiety at times.” According to *People.com*, in [latest celebrity news](#), Blair really opened up in the touching Instagram post. “People ask me how I do it. I do my best,” she continued to explain. “But I choke with the pain of what I

have lost and what I dare hope for and how challenging it is to walk around.”

Selma Blair reveals how hard it can be living with a life-altering disease like MS. What are some coping mechanisms you and your loved ones can rely on during such a disease?

Cupid's Advice:

After receiving a life-changing diagnosis, it can be difficult to cope with the horrific news. No matter how tough it can be, it's important to have a positive outlook. Cupid has some ideas for coping mechanisms:

1. Join a support group: This is something that should be done right away so that you are able to collaborate with people other than your doctor. Connecting with others who are in the same situation as you are can provide a bit of relief.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

2. Seek therapeutic help from a professional: Therapy isn't just for people with mental health issues. Many therapists specialize in allowing people to become at peace with a devastating diagnosis.

Related Link: [Celebrity News: Jessica Alba Celebrates Cash Warren's 40th Birthday with Pajama-Themed Birthday](#)

3. Find ways to live with uncertainty: Life-altering diseases are unpredictable and the ultimate outcome of the disease

can't be controlled. It's important to find ways to try to live as much of a normal life as possible by practicing meditation or yoga, which can free your mind of anxiety.

What are some coping mechanisms that you and your loved ones have relied on when faced with a devastating diagnosis? Comment below.

Celebrity News: Jessica Alba Celebrates Cash Warren's 40th Birthday with Pajama-Themed Birthday





By Mara Miller

In latest celebrity news, [Jessica Alba](#) threw a game night pajama-themed birthday party to commemorate her husband Cash Warren's 40th birthday party, according to [EOnline.com](#). They played corn hole, in which Alba got very competitive, and served Dave's Hot Chicken and Dylan's Candy Bar. And of course, there was cake, along with a marching band. After guests sang happy birthday to Cash, he gave a speech about his wife and how lucky he is to have her. They posted cute pictures of themselves of the event on Instagram.

In Celebrity News, Jessica Alba threw a pajama-themed party for husband Cash Warren for his 40th birthday party. What are some unique ways to celebrate your

partner's birthday?

Birthdays are always a reason to celebrate your spouse and to show them how much you love them. Here are a few ways you can surprise them for their birthday:

1. Make him feel loved: Make him breakfast in bed or leave him a little love note to find in his truck or car that says "Happy birthday!" Let him know that you're thinking about him and give him something to look forward to later if he couldn't get the day off for his birthday.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

2. Throw a themed party: Does he love Star Wars? Final Fantasy? World of Warcraft? Marvel Comics? Pick a theme, invite over a few friends with their computers, and have a lightsaber fight or a video game night.

Related Link: [Celebrity News: Pete Davidson Says Ariana Grande Is 'My Favorite Person That Ever Existed' on Her 25th Birthday](#)

3. Dinner Night: If he isn't the type of guy who likes a surprise party, home dinner kit companies like Home Chef or Blue Apron frequently have sales just for signing up for the first time, like \$20 dollars off your first three boxes. Some of them have started offering their kits in select grocery stores. This way, if you don't feel like going out to eat, you can still have the same experience at home with delicious food. It's a lot of fun to cook together, too!

What are some unique ways you've celebrated your partner's birthday? Comment below!

Celebrity Wedding: Chris Pratt & Katherine Schwarzenegger Are Engaged!



By Lauren Burczyk

In recent [celebrity news](#), we have a new [celebrity wedding](#) to look forward to! Chris Pratt revealed on Sunday, January 13, that he proposed to his girlfriend, Katherine Schwarzenegger. Pratt, 39, captioned an Instagram photo along with a ring emoji, praying hands, and a red heart, saying, “Sweet Katherine, so happy you said yes! I’m thrilled to be marrying you. Proud to live boldly in faith with you. Here we go!” The photo shows the 29-year-old author wrapping her arms around Pratt while looking down at the sizable rock on her finger. According to *UsMagazine.com*, the proposal came just days after

the *Guardians of the Galaxy* star posted a video that showed him moving Schwarzenegger's belongings out of her home in Santa Monica, California. The [celebrity couple](#) haven't been dating long, but a source had said in November that they have fallen head over heels for each other and would be engaged soon.

There's a celebrity wedding in the works for Chris Pratt and Katherine Schwarzenegger! What are some ways to announce your engagement to family and friends?

Cupid's Advice:

Announcing your engagement to your family and friends can be a very exciting time. Cupid has some great ways to share the big news:

1. Share it in an Instagram post: If you are someone who loves to share your favorite things on social media, this is a great way to spread the news. Simply take a selfie with your partner and make your ring the center of attention.

Related Link: [Celebrity Wedding: Miley Cyrus Confirms Marriage to Liam Hemsworth](#)

2. Make your pup show it off: If you're an animal lover, it's a cute idea to tie the ring around your pet's neck and let him show it off. Share a photo on social media with your pet and a sign next to him that says "My parents are getting married."

Related Link: [Celebrity News: Chris Pratt and Katherine Schwarzenegger Are Getting Serious](#)

3. Say it in a hashtag: If you want to take a more subtle approach, you can use a hashtag to announce your engagement. Find your favorite photo of the two of you and include the hashtag #SheSaidYes or #WereEngaged, then post it to social media.

Can you think of any other great ways to announce your engagement? Let us know! Comment below.

Royal Celebrity News: Prince Harry Feels 'Responsible' for Meghan Markle 'Being So Miserable'





By Lauren Burczyk

In royal [celebrity news](#), Prince Harry feels responsible for all of the public backlash that Meghan Markle is dealing with. According to *UsMagazine.com*, the 34-year-old prince takes any attack on Duchess Meghan very personally. An insider revealed that “Marrying into the royal family isn’t anywhere near as glamorous as it seems, so in a lot of ways Harry feels responsible for Meghan being so miserable.” Since their engagement and royal [celebrity wedding](#), the Duchess of Sussex has been the subject of a series of negative stories in the media. The latest media story to break involves a feud between her and Duchess Kate. The source says that Prince Harry has wanted to publicly address the false rumors and defend Meghan, but has been advised not to.

In royal celebrity news, Prince Harry is trying to help his wife

through a tough time with the media and her family. What are some ways to support your partner through a tough time?

Cupid's Advice:

When your partner's going through a difficult time, it's important to be supportive and caring. It can be tough to determine exactly what they need from you. Cupid has some ways for you to help support your partner:

1. Be a good listener: When your partner's stressed, they need to have someone they can express their frustration to. Be that person for them and validate their feelings.

Related Link: [Celebrity News: Prince Harry & Meghan Markle Enjoy 'Hamilton' Date Night](#)

2. Do things for them that makes their life easier: Whether it's taking out the garbage or picking the kids up from school, take over one of their chores to give them a little bit of a break.

Related Link: [Celebrity News: Royal Drama Has 'Put Pressure' on Prince Harry & Meghan Markle's Relationship](#)

3. Take care of yourself: To be strong for your partner, you have to take care of yourself and not let your partner's stress levels affect your own.

What are some ways that you supported your partner through a tough time? Let us know! Comment below.