

Celebrity News: Are Khloe Kardashian & French Montana Getting Back Together?



By Megan McIntosh

Though they were previously a thing, French Montana and [Khloe Kardashian](#) are not a [celebrity couple](#), according to *UsMagazine.com*. After Kardashian's divorce from Lamar Odom, she moved on with French Montana, but admitted that she "was not in a good place" when they dated. Now, after her breakup with Tristan Thompson, she is currently "not thinking about her love life at the moment" and is instead focusing on her daughter, True.

In celebrity news, it seems this rumor is unfounded. What are some reasons you should think twice before getting back together with your ex?

Cupid's Advice:

It can be difficult to know when it's right to rekindle an old flame. How do you know you shouldn't take that step and try getting back together; that it's time to really let it go and move on? Cupid has some advice:

1. Nothing has changed: What was the reason you broke up with your partner? Is that still an issue between you two? If nothing has changed since you broke up, then there's no reason to get back together. The issue will only re-emerge and cause a future break up.

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2. The reason you're returning isn't a good one: Why are you getting back together with your ex? Is it because you genuinely have a connection, or is it because you want closure? Never return to an ex because you don't understand the break up. If you broke up, there must have been a reason. If that reason still stands, so should the break up.

Related Link: [Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made](#)

3. It might be a rebound: Never rekindle an old flame for a rebound. If you broke up with someone, there's no reason to return to another ex as a rebound. If there's no emotional attachment, you can try to have fun. But, inevitably, feelings

always pop up. If you want to rekindle with an old flame, it should only be you two involved in the why.

How do you know when it's a bad idea to rekindle a relationship? Share below!

Celebrity Parents: Bradley Cooper Says Fatherhood Has Changed Him In 'Every Way'



By [Mara Miller](#)

In [celebrity news](#), celebrity parent [Bradley Cooper](#) admitted that fatherhood has changed him to Ellen Degeneres on Thursday, April 25th, according to *UsMagazine.com*. “I think, like, every way. It allowed me to embrace my childlike self without any sort of fear or judgement.” Bradley’s daughter, Lea, recently turned 2 in March. He also admitted that he doesn’t believe in the terrible twos and has no qualms about watching cartoons all day with his daughter.

Celebrity parent Bradley Cooper is living a new life after welcoming his daughter. What are some ways parenthood can change you?

Cupid’s Advice:

We all change to some degree after we become parents or are about to become parents. Here are some ways it can happen:

1. Saturdays: Remember when you used to love sleeping in late and then hoofed it straight to the coffee pot only to binge watch your favorite show? You might have even treated yourself to a donut instead of a full-blown breakfast. Those days are now a thing of the past with little ones, which are reserved for morning cartoons and whipping up a full morning meal.

Related Link: [Celebrity Parents: Inside Kate Hudson’s Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

2. You’ll make decisions differently: Before kids you might have been able to make a decision on a whim. No longer can you quit your job on a whim, plan a vacation across the United States, or decide to eat seven layer dip and tortillas for dinner—you’ll question every move you make, asking, “how will this affect my child?”

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3. You've never loved someone this much: You love your partner, but you love your child so much more. You'll do anything for them to make sure they are safe and happy, even if it means getting up at seven in the morning on a Saturday to watch cartoons with them instead of sleeping in. Or you'll play with them on the playground even if you keep running out of breath.

What are some other ways parenthood has changed you? Let us know in the comments below!

Celebrity Baby News: Find Out How Falling in Love with Ryan Gosling Changed Eva Mendes' Mind About Motherhood





By Megan McIntosh

Not everyone thinks that motherhood is for them, and sometimes it isn't. But, a lot of times it just takes the right partner. [Celebrity couple](#) Ryan Gosling and Eva Mendes are examples of this. According to *EOnline.com*, Mendes never really considered being a mom until she fell in love with [Ryan Gosling](#) saying, "Then it made sense for me to have...not kids, but his kids. It was very specific to him." She says that a partnership and motherhood has shifted her focus from ambition in the workplace to ambition in the home. Instead of working hard on a movie set, Mendes says working at home with her children is "challenging her in so many ways." It's definitely enough to keep her occupied.

In celebrity baby news, Eva Mendes changed her mind about motherhood because of her partner, Ryan

Gosling. What are some signs your partner will be a good parent?

Cupid's Advice:

It can be difficult to know if you or your partner are ready to have a child together. But there are always signs to look out for that indicate whether your partner will be a good parent:

1. Patience: If your partner is patient when it comes to relationship squabbles, it's a good indicator that they'll be a patient parent. Watch how they interact when it comes to tiny annoyances. Kids know how to push all your buttons.

Related Link: [Parenting Advice: 5 Steps to More Effective Parenting](#)

2. Flexibility: Is your partner willing to accept other people's suggestions? If your partner is willing to be wrong or to compromise, this is a good sign they're flexible enough to be a parent with you. You won't always agree on parenting methods, so flexibility is key.

Related Link: [Parenting Tips: How To Set a Good Example For Your Child](#)

3. Emotions: Your partner doesn't have to be super emotional to be a good parent, but it is a good idea to look for signs of affection. If your partner readily shows affection, this is a good sign they're ready to be a parent in the future. At the same time, they shouldn't be quick to anger.

What are some signs you look for to parent with you in the future? Share below!

Celebrity Baby News: Jenna Bush Hagar Is Expecting Third Child



By [Mara Miller](#)

In the latest [celebrity baby](#) news, [celebrity couple](#) Jenna Bush Hagar and Henry Hager are expecting baby number three, according to *UsMagazine.com*. "I'm pregnant!" Bush said, as she revealed her happy news to her *Today* co-anchors on Monday, April 22. "I'm only telling because Mila and Poppy found out yesterday in their Easter baskets. They told the man behind me on the airplane, they told the people at church." What happy

news!

In celebrity baby news, Jenna Bush Hagar and her husband will soon be outnumbered. What are some ways to handle three kids versus two or one?

Cupid's Advice:

Having three children is a lot of fun, as long as you don't forget that your partner is your partner. You'll both still need to take time for yourselves. Someone will always need you and your partner. And when they're older, they'll learn to rely on each other. Cupid has some tips:

1. Get that minivan: Having three kids means you need to be able to fit them all in the vehicle. This also means being able to fit everyone in the back with car seats. Having a larger vehicle will mean less stress when wrangling your little ones for a trip to the doctor or a family outing.

Related Link: [Celebrity Baby News: 'Bachelor' Alums Arie Luyendyk Jr. & Lauren Burnham Soak Up Sun on Bermuda Babymoon](#)

2. Keep a tighter budget: Three kids cost more than two, so you might want to start keeping a tighter budget. Even if your kids are younger now, they will all eventually be at an age where you'll need to buy three times as many school supplies, shampoo bottles (you will *fly* through shampoo, as silly as that sounds), and toys. And, do not underestimate the cost-savings of hand-me-downs.

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3. Try not to put *too much* responsibility on the oldest: Your older children may want to help with their youngest sibling, but beware of putting *too much* responsibility on the oldest. Teaching them to change diapers or cook lunch in the microwave—if they're seven or older—will teach them responsibility earlier. Even if your oldest is five years old and the other two are still younger, it can be easy to fall into the, “watch your brothers” trap while you run to the bathroom. Don't forget to let your oldest be a kid, too!

Three kids can seem like a handful! What are some ways you would handle three kids versus one or two? Let us know in the comments below!

Celebrity Couple News: Bradley Cooper & Irina Shayk Spotted Holding Hands After Lady Gaga Rumors





By [Mara Miller](#)

In [celebrity news](#), [celebrity couple](#) Bradley Cooper and Irina Shayk are still going strong amidst rumors of Cooper having a relationship with former *A Star is Born* costar, [Lady Gaga](#). According to *UsMagazine.com*, Cooper and Shayk stepped out together hand in hand in public nearly two months after the rumors started spreading.

In celebrity couple news, it seems Bradley and Irina are still a solid couple after Lady Gaga rumors surfaced. What are some ways to strengthen the foundation of your relationship?

Cupid's Advice:

Sometimes rumors will spread about your relationship, but there are ways to keep it strong so the gossip doesn't destroy you. Cupid has some tips:

1. Practice love every day: Don't just use holidays like Valentines Day to show your love and appreciation for your partner. Little gifts before work in the morning, a drive through the countryside or spending the night together watching movies is a good way to practice loving each other because you're spending time together.

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2. Communicate, communicate, communicate: As long as you are both honest with each other, problems like jealousy or mistrust will not arise. Keeping an open line of communication with your partner will stop problems before they begin.

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3. Practice self-care together: Meditate, work out, or do something else together that will help both of you focus on yourselves, but together. This will give you both quality bonding time together. It could even be as simple as going to a masseuse for a couple's session!

What are some other ways you can strengthen your relationship with your partner? Let us know in the comments below!

Celebrity News: Demi Moore to

Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir



By [Mara Miller](#)

In [celebrity news](#), [Demi Moore](#) is set to release a “deeply candid and insightful” memoir titled *Inside Out* that reflects on her [celebrity marriages](#) to [celebrity exes](#) [Ashton Kutcher](#) and Bruce Willis, according to Harper Collins. *UsMagazine.com* reports Moore was married to Willis from 1997 to 2000 and have three daughters, Rumer, Scout, and Tallulah. Kutcher and Moore were together from 2005-2011, with their celebrity divorce being finalized in 2013.

In celebrity news, Demi Moore will open up about her failed marriages in her memoir. What are some ways writing can help you cope with a break-up?

Cupid's Advice:

Demi Moore wrote an entire memoir after two of her marriages ended in divorce. While writing might not be your coping mechanism for a break-up (and it's a *really* good way to cope), here are some other ways to get through your relationship ending:

1. Talk about it: Get some coffee with a friend or go to a restaurant for lobster and steak to dish all about the break-up. It's not good to hold in emotions after a break-up and your friend is sure to be willing to listen to you vent! Use it as a chance to catch up with them too if you haven't seen each other in a while.

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2. Practice self-care: It's time to put yourself first for a while. It is not selfish. You are putting your own well-being first for once. Get a mani-pedi, binge-watch your favorite show on Netflix, or eat an entire pizza by yourself. Or all do all three! You need to learn to care for yourself again.

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3. Practice positivity: Try not to let yourself dwell on everything negative that happened in your relationship. If you don't want to think about it at all, that's okay. Start a

gratitude journal and write about all of the good things happening in your life. Or, if you need to write about your relationship, write about the positives and the things you have learned that you can take with you when you are ready to start dating again.

What are some other things you can do to help you cope with the end of your relationship? Let us know in the comments below!

Celebrity Divorce: Wendy Williams Confronted Husband About Allegedly Having a Baby with Mistress





By Megan McIntosh

Wendy Williams is a part of a [celebrity couple](#) no more. According to *People.com*, Wendy Williams is divorcing her long-time manager husband after over two decades of marriage. This is not an amicable split. Williams confronted her husband and “the split is definitely due to Kevin’s ongoing infidelity and that his mistress recently welcomed their child.” Despite the strain that this has put on Williams, she remains in high spirits, continues to battle her substance addiction, and “she’s ready to leave the sober living house and build a new life for her and her son.”

In celebrity divorce news, the drama is still raging between Wendy Williams and her ex. What are some ways to get through a split when

you're on bad terms with your ex?

Cupid's Advice:

It can be hard to deal with a break up, it can be even harder to deal with a bad break up. Cupid has some ways to deal with an awful split:

1. Move ahead without closure: Sometimes closure just means moving on and continuing to live like Wendy Williams. Confrontation and arguments won't always bring you that peace you're looking for after a split. You sometimes have to make your own closure as the relationship is over, and it's time to move on.

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2. Don't rush it: You don't need to move on with someone else quickly to fill the void or to get rid of the bad taste that your bad split has left you with. Focus on yourself and your family first. Of course, there's nothing wrong with moving on from a split quickly like [Chris Pratt](#) when he divorced Anna Faris.

Related Link: [Relationship Advice: How to Navigate a Separation](#)

3. Keep it civil: You don't have to be friends after a bad split or after any kind of breakup. But it is important to remain civil especially if you have children or mutual friends. Treat them like acquaintances, be polite but you don't have to be friendly.

How have you dealt when a relationship ended on bad terms? Share below!

Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made



By [Mara Miller](#)

In the latest [celebrity news](#), [Brad Pitt](#) is officially a [single celebrity](#) after a bifurcated judgment handed down last week, according to [EOnline.com](#). [Angelina Jolie](#) has now taken back her maiden name since the judgment also declared her single. The [celebrity exes](#) are doing everything they can to work

together, although they are continuing efforts to iron out custody and financial settlements. Pitt seems to be focusing mostly on his children and career despite [celebrity dating](#) rumors.

This single celebrity is ready to move on now that his divorce is almost complete. What are some first steps to moving on after a split?

Cupid's Advice:

Brad Pitt is officially single now and seems to be focusing on himself and his children. If you're in a similar situation, here are a few things to consider about moving on after a split:

1. Do your thing: It's hard to figure out how to be yourself when you have been with someone for so long. Whether it's 3 AM dance sessions in your underwear or a vampire movie binge, take time for yourself to figure out where you want to go now.

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2. Start dating: There is going to be a time when you have to get out there and start dating again. It's okay if you're not ready yet, but it doesn't hurt to poke around a dating site or to go to a bar for a few drinks just to talk to strangers to explore your new options.

Related Link: [Celebrity Couple News: Kaitlyn Bristowe Dishes About Getting 'Hot & Heavy' with Jason Tartick During Hook Up](#)

3. Spend time with loved ones: Whether it's your kids needing

time with Mom or Dad on the weekend or reconnecting with an old friend you haven't seen in years because life got busy, reconnecting with someone important in your life can negate any negative thoughts that may pop up over the situation that caused your split.

What are some other first steps to moving on after a split? Let us know in the comments below!

Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson





By [Mara Miller](#)

In the latest [celebrity news](#), [celebrity parent Kate Hudson](#) makes co-parenting work with [celebrity exes](#) Matt Bellamy and Chris Robinson, according to *UsMagazine.com*. Hudson, 40, shares her boys Ryder, 15, and Bingham, 7, with Bellamy and Robinson respectively. Bellamy and Hudson see each other a lot due to Bingham, and Robinson comes down from Northern California to visit Ryder. It seems like this celebrity mom has a well-thought-out co-parenting plan with her boys' fathers, and she now has a new baby girl, Rani, with current boyfriend Danny Fujikawa.

These celebrity parents do their best to co-parent their children. What are some things to keep in mind when it comes to co-parenting?

Cupid's Advice:

This celebrity mom has been keeping things civil with her celebrity exes for the sake of her children, and it even seems like they still all have a good time together as a family. Here are a few things to keep in mind when it comes to co-parenting:

1. Keep communication open: You'll need to text, call, or see the other co-parent in person. Keep yourself open to speaking with them and try to maintain a decent relationship even if you aren't together anymore.

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2. Plan for holidays and vacations: Always keep each other in the loop on plans for holidays and vacations. If it's summer break and you want to take the kids to the beach and it's your co-parent's time to be with the children, for example, clear the air before you make any reservations.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Focus on your child: Focusing on your child(ren) and putting them first before any personal needs are important. You don't want your kid(s) feeling like they're the reason they caused you and your ex to split, and they don't need to feel any guilt over wanting to spend time with their other parent.

What are some things you keep in mind when it comes to co-parenting your children? Let us know in the comments below!

Celebrity News: Jenni 'JWoww' Farley Shares Photo While On Date with Mystery Man



By [Mara Miller](#)

In the [latest celebrity news](#), Jenny 'JWoww' Farley shared a photo on Instagram while on a [celebrity date](#) with a mystery man, according to *UsMagazine.com*. JWoww shared a photo captioned "cheers to the weekend" for her date. The photograph was of JWoww's lunch with her hand and the mystery man's hand on glasses of wine overlooking a terrace. Currently, JWoww is in the midst of a [celebrity divorce](#) with her celebrity ex Roger Mathews, but it seems she is ready to move on!

In celebrity news, JWOWW seems to be moving on from her ex, Roger Mathews. What are some ways to know you're ready to move on after a split?

Cupid's Advice:

It can be difficult to decide when you are ready to move on from a split with your past partner. Here are a few ways to know you might be ready:

1. You feel good about yourself: You've moved on and you feel stronger, confident, and ready to take on the world—or maybe a new date.

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2. You feel hopeful when you see other couples: If you catch yourself smiling at a couple or feeling hopeful that you will find someone again, you might be ready to move on.

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3. You find yourself thinking less about your ex: This can seem like the hardest part after a breakup... but eventually, it *will* happen.

What are some other ways you might know you're ready to move on after a split? Let us know in the comments below!

Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First



By [Mara Miller](#)

In [celebrity news](#), [celebrity couple](#) Priyanka Chopra Jonas and [Nick Jonas](#) got married in December. According to *UsMagazine.com*, she almost let her first impression of him get in the way of their romance! “I didn’t think that this would be what it turned out to be, and that’s maybe that’s my

fault. I judged a book by its cover,” Chopra Jonas said in an interview with Tina Brown at the 10th annual Women in the World Summit in New York City on April 11th. “But I think when I actually started dating Nick, he surprised me so much.” It’s such a sweet thing to know Chopra Jonas didn’t let her impressions of her hubby get in the way of their romance!

In celebrity couple news, Priyanka Chopra Jonas admitted to judging husband Nick Jonas, but everything worked out for them in the end. What are some reasons to keep an open mind when searching for a potential partner?

Cupid’s Advice:

You’ve heard the saying, “don’t judge a book by its cover,” but how often have you let first impressions ruin the chance of finding a great partner? Cupid has some tips:

1. Don’t let your imagination run away with you: When we first meet someone, it’s easy to automatically start judging them. Maybe you heard a rumor that wasn’t true or they did something that you didn’t like. Try to put aside what you heard to give them a chance as a person.

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2. Ask for advice: Does your potential partner run in the same social circle as you do? Speaking to a mutual friend might help you put aside any preconceived or unfair judgments.

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3. Talk to them: The best way to kill any bad impressions of a potential partner is to just *talk* to them. Give them a chance. It might surprise you!

What are some other ways to prevent first impressions from ruining your chance at love? Let us know in the comments below!

**Celebrity Exes: Khloe
Kardashian & Tristan Thompson
Reunite at True's 1st
Birthday Party**





By [Mara Miller](#)

In the latest [celebrity news](#), [celebrity exes](#) Khloe Kardashian and Tristan Thompson threw a birthday bash for their 12-month-old daughter, True. According to *UsMagazine.com*, they even took a picture together on Instagram, where Kardashian shared pictures of True's party. Happy birthday, True!

These celebrity exes came together for their daughter, despite their differences. What are some pointers for successfully co-parenting?

Cupid's Advice:

Even if you and your ex aren't together anymore, you will have to keep things amicable, like Khloe Kardashian and Tristan Thompson, when it comes to your kid(s). We've got a few pointers:

1. Put them first: Always put your kid(s) first, no matter what. They depend on you both.

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2. Improve communication: The easier you can both communicate because you have put aside the past, the better your child(ren) will benefit.

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3. Think of co-parenting as teamwork: If you approach co-parenting as working together as a team, it will make things easier. If you have rules, boundaries, and a schedule, then being there for your kid(s) will remain your top priority.

Do you have any pointers for successfully co-parenting your children? Share your thoughts below.

Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi





By Megan McIntosh

In celebrity news, Stephanie Pratt is not a fan of [celebrity couple](#) Spencer Pratt and wife Heidi. According to *People.com*, Stephanie believes that “no one knows the real Heidi” and that ultimately she’s the reason for the split in the family relationship between brother and sister. Stephanie tried to save the relationship and put on a good front for the cameras because of her job obligations with her parents and just for the sake of her relationship with her parents. However, now the gloves are coming off, and Stephanie is only being honest. Stephanie claims that Heidi doesn’t want Spencer to “have a relationship with anyone but her” and because of this, Stephanie “cannot live near them, They are the most toxic people I’ve ever met.” It looks like this relationship is far from being on the mend.

In celebrity news, Stephanie Pratt doesn’t consider Spencer and Heidi

family anymore. What are ways to mend your relationship with your family?

Cupid's Advice:

It can be hard maintaining relationships when you dislike a parent or sibling's new partner. Sometimes a relationship with a family is just not good for you, but if you want to mend your relationship with your family, cupid has some advice for you:

1. Always meet in person: It can be tempting to try and air your grievances via text or email. Don't. It's important to speak face-to-face gives everyone a chances to talk about their issues and express themselves. If you live too far for a face-to-face, try Skype or Facetime.

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2. Lay some ground rules: Make sure you know if any topic is off-limits. Try to emphasize that that you're trying to mend things not just complain and push blame. Limit the allowance of interruptions or name-calling.

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3. Use "I" statements: Rather than telling someone what they did, tell them how it affected you. Tell them how it made you feel. Don't say "You made me unhappy," say "I was unhappy because..." When you focus on your feelings, it makes the other person feel less defensive.

What are some ways you've fixed a relationship with someone in your family? Share below!

Celebrity Marriage: Why Harry Hamlin's Marriage to Lisa Rinna Works



By [Mara Miller](#)

In the latest [celebrity news](#), Harry Hamlin revealed how his [celebrity marriage](#) works with Lisa Rinna, according to *UsMagazine.com*. The celebrity couple tied the knot in 1997. Although they have their differences—he doesn't care about pop culture and she has little interest in cooking—they have managed to make it work. "Lisa and I are of the same mind," Hamlin said. "So we have a very functional relationship and we

respect each other and listen to each other and admire each other and we let each other be. We're not helicopter husband and wife."

In this celebrity marriage, Harry and Lisa aren't "helicopter husband and wife." What are some signs you're becoming a helicopter partner?

Cupid's Advice:

We all micromanage to an extent, and you've probably heard the term "helicopter parent". It's when it starts to become *too much* that being a helicopter husband and wife can cause problems:

1. You have to train each other: You always worry they might say or do the wrong thing, so you feel the constant need to teach other on how to act.

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2. You don't consult each other: Your spouse never consults you, and you never consult your spouse. Decisions get made before the other person is ever informed of anything, which can lead to arguments.

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3. You both hover: Neither one of you can let the other text or be on social media without knowing what is going on. In fact, you may even both share a social media account so there's no suspicion, ever.

What are some other ways to know if you and your partner are a helicopter husband and wife? Let us know in the comments below!

Celebrity News: Halsey Shuts Down Pregnancy Rumors



By [Mara Miller](#)

In the latest [celebrity news](#), [celebrity couple](#) Halsey and Yungblud shut down news of a possible [celebrity baby](#). Speculation about a possible pregnancy started circulating with fans after she posted a photo on her Instagram stories of

herself in a baggy shirt while grocery shopping with Yunlud in Los Angeles, according to *UsMagazine.com*. Afterward, Halsey responded with several misspelled versions of the “pregnant,” followed by a photo of the word “no” to shut down the rumors. And, this isn’t the first time rumors have flown about a possible pregnancy: Halsey has expressed interest in having children before. But for right now, her only baby is her next album.

In celebrity news, Halsey insists that fan speculation about a potential celebrity baby-to-be is just wrong. What are some ways to conceal your pregnancy until you’re ready to announce it?

Cupid’s Advice:

You only have a few months until your pregnancy will become obvious, but you can still bask in the glow of pregnancy without letting anyone else know until you’re ready:

1. Accessorize: A light scarf will help you hide your baby bump! A scarf, shawl, or vest will go a long way in hiding the bump so you can keep your happy news to yourself longer.

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2. Avoid touching your belly in public: Pregnant moms constantly want to touch their belly. Reigning in the need to rub your belly and talk to the baby in public will help you keep it secret just a little longer.

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[a Year and a Half After Miscarriage](#)

3. Tell everyone you're on a detox: Telling everyone you're on a detox might deter any questions about different eating habits so you don't have to break your news early, especially for the more suspicious family and friends. Get your partner in on it too, so you're less likely to be questioned!

What are some other ways to hide your pregnancy until you're ready to announce the happy news? Let us know in the comments below!

Celebrity News: Jana Kramer & Mike Caussin Share How Therapy Helps Their Marriage and Parenting





By Megan McIntosh

Therapy works for [celebrity couple](#) Jana Kramer and Mike Caussin. According to *UsMagazine.com*, therapy has helped Caussin with his sex addiction, which benefits his relationship with his wife Kramer because it can help him avoid a relapse into cheating. Both Kramer and her husband emphasized that therapy helps them with communication. For Caussin, he says it's "a way to level out" and "keep [them] in check."

In celebrity news, therapy helps Jana and Mike come together as a couple and as parents. What are some ways therapy can help strengthen your relationship?

Cupid's Advice:

Therapy is nothing to be ashamed of. In fact, it can really help your relationship. Cupid has some ways it can come to the rescue:

1. Manageable conflict: Therapy gives you and your partner a chance to air out any conflict or disagreements without feeling judged. If the situation escalates your therapist is there to bring the communication into manageable levels and keep it on track and civil.

Related Link: [Celebrity Interview: Southern Belle Kady Krambeer Shares Details About Temptation Island Experience](#)

2. A different point of view: It can be hard to find a compromise or agreement when you're in the relationship but if you have an outside point of view, they are able to help you find a way for everyone to be happy without conflict. They're unbiased, so it's easier to accept their feedback.

Related Link: [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

3. You get a blueprint: Therapy, whether for individual or couples, gives you a chance to solve problems so that you're able to avoid conflict when you're not with the therapist. It gives you the tools to handle communication on your own.

What are some reasons you think therapy is helpful? Share below!

Celebrity News: Justin Bieber

Sings & Teases Wife Hailey Baldwin In Cute New Video



By [Mara Miller](#)

In [celebrity news](#), [Justin Bieber](#) made an appearance in wife Hailey Baldwin's cute promotional video on Instagram. According to *UsMagazine.com*, Bieber doted upon his wife, kissing her temple, offering her almonds, and teasing Baldwin about her shirt as she waited for Kelia Monaz to join her Instagram live. The [celebrity couple](#) even sang together at one point during the stream. They're super cute together!

In celebrity news, Justin Bieber is

clearly smitten with his wife. What are some small ways to make your partner feel special on a daily basis?

Cupid's Advice:

Doting upon your partner on a daily basis is a sweet way to let them know you love and appreciate them! They'll soak up the attention and feel special. Cupid has some ideas:

1. Love notes: A handwritten love note is always sweet, but throughout the day, you can send texts to your partner. It will put a smile on their face even if they're having a rough day in the office.

Related Link: [Celebrity Couple News: Aaron Rodgers Surprises Danica Patrick With Birthday Trip to Paris](#)

2. Make their favorite meal: Cooking your partner's favorite meal will make them feel special. You can pack it for their lunch if there are any leftovers the next day, too!

Related Link: [Celebrity News: Ron Gronkowski's GF Is His Biggest Fan After Retirement](#)

3. Compliments: Tell your partner they're handsome/beautiful. Express how much you like those new earrings or that new baseball cap. It will remind your partner how much you care.

What are some other ways to dote on your partner? Let us know in the comments below!

Celebrity News: Rita Wilson Opens Up About What She Told Tom Hanks After Breast Cancer Diagnosis



By [Mara Miller](#)

In the latest [celebrity news](#) according to *UsMagazine.com*, Rita Wilson opened up about what she told Tom Hanks after her breast cancer diagnosis. She had a double mastectomy and took to Instagram to share the story of what she said to Hanks after her diagnosis. “I had a serious discussion with my husband that if anything happens, I wanted him to be super sad for a very long time □ and I’d also like a party, a celebration,” Wilson said. The [celebrity couple](#) has been

married since 1988. Wilson has a new single, "Throw Me a Party," releasing soon.

In celebrity news, this longtime couple Rita and Hank dealt with a devastating diagnosis. What are some ways to support your partner through a long-term illness?

Cupid's Advice:

It's scary when your partner gets sick. It's even scarier when their illness is of a chronic nature, be it cancer or muscular dystrophy. Cupid has some tips on how to support them through a long-term illness:

1. Research: It's best to research the illness so that you know what to expect. Understanding any medications your partner might need to take will make it easier for you both.

Related Link: [Celebrity Vacation: Nick Jonas & Priyanka Chopra Vacation in Miami with Joe Jonas & Sophie Turner](#)

2. Be understanding: While it might depend on what kind of illness it is that your partner has, there will be times they might too sick to get out of bed. Let them know that you are there for them.

Related Link: [Celebrity Couple: Colton Underwood & Cassie Randolph Sport Romantic Jerseys at Hockey Game](#)

3. Listen to them: You and your partner will both get frustrated. A chronic illness can put a serious strain on a relationship. Communication is more important than ever while your partner is sick.

What are some other ways to support your partner through a chronic illness? Let us know in the comments below!

Celebrity Couple News: Aaron Rodgers Surprises Danica Patrick With Birthday Trip to Paris



By [Mara Miller](#)

In the latest [celebrity couple](#) news, Aaron Rodgers surprised

girlfriend Danica Patrick with a birthday trip to the City of Love for her 37th birthday, according to *UsMagazine.com*. Patrick shared a photo on Instagram of her smooching her beau in front of the Eiffel Tower, with the caption, "For my birthday he said pack a bag, we are going somewhere. Amazing." What a sweet, thoughtful gift!

In celebrity couple news, Aaron and Danica are headed to Paris! What are some affordable options for a birthday surprise for your partner?

Cupid's Advice:

While you might wish you could jet off with your partner to Paris for a surprise birthday gift, that option may not be affordable. Cupid has gathered a list of affordable birthday surprise ideas for your partner!

1. Home cooked meal: Forgo the expensive eating out and make a meal at home. Home dinner kits are available online. Some meal kits are even coming to local grocery stores. They're great because they have everything you need and don't take long to prepare.

Related Link: [Celebrity Couple News: Newlyweds Lea Michele & Husband Zandy Reich Honeymoon in the Sun](#)

2. Mini road trip: Do some research before you surprise your sweetie for their birthday. Find a historical site they've always wanted to see in your home state or a museum you haven't been to and take them.

Related Link: [Celebrity Break-Up: Lena Dunham Talks Rebound Romances Post-Split from Jack Antonoff](#)

3. A love note: You can leave a note beside the bed, in your partner's car, or next to a fully prepared breakfast in the morning. Write something sincere and thoughtful, letting your partner know how much you love them, and wishing them a happy birthday.

What are some other affordable options to surprise your partner on their birthday? Let us know in the comments below!

Celebrity News: Dax Shepard Originally Turned Down 'Parenthood' for Kristen Bell





By Megan McIntosh

One of Dax Shepard's most well-known roles may be that of his role on *Parenthood*, but according to *UsMagazine.com*, he almost gave up that opportunity for [Kristen Bell](#). The [celebrity couple](#) would have needed to be in a long-distance relationship, but luckily the show was moved from Philadelphia to Los Angeles. Still, Shepard had been willing to make that sacrifice for their relationship and insists that it's "not easy to work around another human being," but that it's worth it.

In celebrity news, Dax Shepard almost made a huge sacrifice to be with wife Kristen Bell. What are some sacrifices you should make in the name of love?

Cupid's Advice:

It's not always easy knowing when you should give something up or compromise to make a relationship work. But there are some things that you should be willing to do for your relationship to work and to make a stronger commitment:

1. Time: It may seem like a simple thing but not everyone is willing to give up their time in a relationship. You have to make time for your partner and not let life's little messes get in the way. It's important that you there is always time for you and your partner to spend time together. But also be willing to give your partner some alone time as well.

Related Link: [Celebrity Interview: Temptation Island Star, Evan Smith Says, "Ultimatums are Cruel When Dealing with Matters of the Heart."](#)

2. Being right all the time: Yes, it may feel good to always be right but that isn't healthy for your relationship. If your need to be right is overshadowing bigger problems or overshadowing your partner's needs, it's time to step back and reassess.

Related Link: [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Secret to a Happy Relationship](#)

3. Money: Whether it's giving up that big vacation for something a little close to home or just being willing to sacrifice a potential job for the sake of the relationship like Dax Shephard for [Kristen Bell](#). Money can cause a strain in any relationship so it's important to have these kinds of discussions.

What kind of sacrifices would you make for your partner? Share Below!

Celebrity Couple: Colton Underwood & Cassie Randolph Sport Romantic Jerseys at Hockey Game



By [Mara Miller](#)

In the latest [celebrity couple](#) and [celebrity dating](#) news, Colton Underwood and Cassie Randolph sported romantic jerseys at Vegas Golden Knights vs. Detroit Red Wings game at the T-Mobile Arena in Las Vegas on March 23rd. According to *People.com*, Colton and Randolph have marriage on the brain. Her jersey said "Future Mrs." on the back and his jersey had "Underwood." How cute!

This celebrity couple out of *Bachelor* Nation is sharing their love loud and proud. What are some ways to show your partner you love them in public?

Cupid's Advice:

Even if you think matching jerseys at a hockey game might be too cheesy, we've gathered some things you can do to show your partner that you love them:

1. Touch: Light PDA in public is okay as long as you keep things clean, like a kiss on the cheek or holding your partner's hand. Play with their hair or snuggle up together when you sit down! It clearly says you're together and you love each other.

Related Link: [Celebrity Couple News: Pete Davidson & Kate Beckinsale Make Out In Backseat of Car](#)

2. Give them your full attention: Give your partner your full attention when they need it in public. Keep multitasking, like answering text messages or checking Facebook, to a minimum.

Related Link: [Celebrity Couple News: 'Bachelor' Colton Underwood Praises GF Cassie Randolph](#)

3. Share food: Sharing food shows your comfort level with your partner. Some people may not be comfortable at all with sharing a plate because they don't want someone else's germs. If you love your partner, let them steal a few fries off your plate!

What are some other ways you can show your partner that you love them in public? Let us know in the comments below!

Celebrity News: Ron Gronkowski's GF Is His Biggest Fan After Retirement



By [Mara Miller](#)

In the latest [celebrity news](#), New England Patriots tight end Ron Gronkowski has decided to retire from playing in the NFL, according to *UsMagazine.com*. His girlfriend, Camille Kostek, said this on Instagram, "If you ask me, you're the best to ever do it. There is nothing like the thrill of watching you play. I love you with all my heart, you allow me to take the term 'proud girlfriend' to a new level." The [celebrity couple](#)

has been dating since 2015. Awww, it's so sweet to see Gronkowski's girlfriend being supportive!

In celebrity news, Ron Gronkowski's girlfriend is supporting him post-retirement. What are some ways to support your partner's career?

Cupid's Advice:

Aside from supporting your partner publicly, here are a few tips Cupid has gathered for ways to support your partner in his or her career:

1. Let them know you're there for them: It doesn't matter what career path your partner has taken: writer, car salesman, NFL Football—always let your partner know that you are supportive of their career decisions. Knowing that you are supportive will boost their self-esteem and give them a reason to keep pushing forward.

Related Link: [Celebrity Couple News: Newlyweds Lea Michele & Husband Zandy Reich Honeymoon in the Sun](#)

2. Understand work schedules: Knowing your partner's work schedule is important. Part of their job requirement may be working out of state or putting in longer hours than your job requires. Letting your partner know that you understand will go a long way in keeping things smooth since they won't feel like they have to choose between you or work to make your relationship last.

Related Link: [Celebrity Couple News: Kate Beckinsale & Pete Davidson Have Dinner with Her Mom & Step-Dad](#)

3. Listen to work-related stories: Sometimes we all need to

get our long work day off our chest. Letting your partner listen to work stories will give them a chance to vent frustration or share excitement about work. In turn, they'll be more willing when you need to vent or share excitement about your career.

What are some other ways to support your partner's career? Let us know in the comments below!

Celebrity Break-Up: Lena Dunham Talks Rebound Romances Post-Split from Jack Antonoff





By [Mara Miller](#)

In the latest [celebrity break-up](#) news, Lena Dunham opened up about her rebound romances post-split from Jack Antonoff, according to *UsMagazine.com*. Dunham recently wrote an article for *Vogue*, where she dropped the details of Jeremy (whose name has been changed), a guy who slipped into her DMs after she posted a picture of herself in plus-size panties. Dunham wrote this about meeting Jeremy: “I had missed all of this: the anxiety of constructing a new identity worth wanting, the jittery caffeine-high moments before the first kiss and an introduction to someone’s second personality, the one they have when lust is released.”

In celebrity break-up news, Lena Dunham opened up about her rebound romances after her recent split. What are some benefits to rebound

flings?

Cupid's Advice:

A rebound relationship can actually be beneficial after you've gone through a tough breakup. Cupid has a list of some these benefits:

1. It helps your confidence: If you're the dumpee and you're feeling hopeless, go on a few dates. You're an awesome person—and a rebound can help you realize it, too.

Related Link: [Celebrity News: 'Bachelorette' Star Blake Horstmann Talks Moving On After Becca Kufrin Split](#)

2. It's dating without a commitment: It's a *fling*. The sex without commitment can be a self-confidence booster. You can date and have fun without commitment. And if a fling turns into something more? Awesome!

Related Link: [Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy](#)

3. They keep you from going back to your ex: Breakups happen for a reason. Rebounding will keep you from thinking and wanting your ex back, especially if they have done something that isn't forgivable.

What are some of the benefits you've found to a fling after a breakup? Let us know in the comments below!

Celebrity News: 'Bachelorette' Star Blake Horstmann Talks Moving On After Becca Kufirin Split



By [Mara Miller](#)

In the latest [celebrity news](#), *Bachelorette* alum Blake Horstmann has had a hard time moving on from Becca Kufirin since she broke his heart when she sent him home. According to *UsMagazine.com*, the most recent season finale of *The Bachelor* brought back memories for Blake after Colton Underwood ended his relationships with Hannah and Tayshia. Horstmann has now moved on, and even considers Garrett Yrigoyen a close friend despite his engagement to Kufirin.

In celebrity news, Blake Horstmann didn't have an easy time moving on after his split from Becca Kuftrin. What are some ways to cope with a broken heart?

Cupid's Advice:

Heartbreak isn't easy, but here are a few ways you can cope with heartbreak:

1. Spend time with friends: Your friends—the close ones—are your number one support network after a heartbreak. Go see a movie, get ice cream, lobster and steak—whatever strikes your fancy with your besties. It's a way to take your mind off the heartbreak and to try to gather a sense of normalcy.

Related Link: [Celebrity News: 'Bachelor' Colton Underwood Calls Cassie Rudolph His 'Future Fiancee' After Whirlwind Reconciliation](#)

2. Stay in the present: Don't focus on the past. What happened happened, and there is no way for you to change it. All you can do is live in the present and focus on yourself. If you let yourself continuously dwell in the past you will never be able to move on.

Related Link: [Celebrity Break-Up: Demi Lovato Splits from Fashion Designer Henri Levy](#)

3. Practice self-love: Make sure you're eating right and getting enough sleep. It can be easy to neglect taking care of yourself while you're going through heartbreak. You need to learn to love yourself again. It's not easy, but if you're patient with yourself, you can get through it.

What are some other ways to deal with heartbreak? Let us know in the comments below!