Celebrity Interview: Sophia Bush, The Activism Behind the Acting

By Hope Ankney

Sophia Bush is an American actress, director, and producer, but she's most well-known for starring as Brooke Davis in the hit CW drama series *One Tree Hill*.

Although she has been a part of the entertainment industry for years and has been featured in many TV series and films, she has an undying passion for activism. Working to use her platform to raise awareness for certain causes, she has been part of many campaigns and groups like *F*ck Cancer*, *Run for the Gulf*, *Humans Rights*, and *Do Something*. Recently, she has

been very vocal about women's rights and the feminist movement, joining organizations and using her credibility to make a stand against misogyny.

In our exclusive celebrity interview, we chat with the inspiring actress about her newest project with *Always* to *#EndPeriodPoverty,* her efforts to support the *Times Up movement*, her newest film, *Hard Luck Love Song,* and what she loves about her podcast *Work in Progress*!

In our celebrity interview with Sophia Bush, she talks about making the leap from the big screen to the activist scene.

1. Can you tell us about your latest campaign with *Always*?

I'm so proud to be working with *Always* on this important mission to help #EndPeriodPoverty. Last year, we were able to donate 20 million period products in the U.S. This year we're donating millions of additional products via *Always'* longstanding partner, *Feeding America*, and local *Period Heroes* who are already working to #EndPeriodPoverty for school-aged students in their communities! We are asking everyone to join us. Talking about the issue in your circles and on your social channels – tagging @always_brand using #EndPeriodPoverty – will help raise awareness and inspire action! If you want to do, even more, you can purchase period protection products and support local *Period Heroes* in your community by donating them to your local school or shelter. Any donation could go a long way in making a difference for someone in need. Visit https://always.com/en-us/about-us/end-period-poverty to learn more about how you can get involved.

2. What made you want to join the campaign?

I was honestly shocked and disheartened when going over the data that shows that nearly 1 in 5 girls in the U.S. have either missed school entirely or left school early because they lacked access to basic period products. Here in the Los Angeles area alone, 88,000 students have missed school because of period poverty. That's why I'm honored to team up with *Always* to help raise awareness of this issue and make a difference. We cannot begin to tackle an issue if no one knows about it, so breaking the taboo and having the conversation is an important first step!

3. Another campaign you have been a part of and helped found is the *Times' Up movement*. How has this movement affected your life? Your dating life?

Well, I find it sad that there's some sort of fear that women speaking up for themselves – and their friends and coworkers – would somehow shrink their dating options. Or, that it's part of the consideration in the conversation around equity and eradicating sexual harassment in the workplace. I want to be clear- pursuing someone romantically and harassing someone in the workplace do not, ever, overlap or intersect. Nor should they. My understanding of that reality hasn't made men run away from me. And if it did, trust me they wouldn't be the right men for me or for any of us. *Times' Up* has been a long time coming. As has the general conversation about treatment in the workplace. Women deserve to go to work and just do their jobs, the way men get to. The considerations and practices women have had to think about, just to avoid mistreatment while working, are an unfair amount of emotional labor, period. I'm glad we are in an era where we are talking about these things. I'll be even more glad when we see substantive, structural change taking place across industries. The conversation is certainly the first step, the awareness aspect is integral, but we need to see action taken as well. In my own life, I feel much safer and freer to be creative on sets where respect for everyone present has been clearly

expressed. Where performers and crew alike are assured that they are supported. It matters.

4. Time's Up was founded by a number of other talented women. What are some lessons/ advice you have learned from the women you have campaigned with?

There are strength and safety in numbers, that's for sure. Whether it's the famous faces who have been able to garner global attention for the cause, those who champion behind the scenes, brilliant legal minds running the defense arm of the organization, I am in awe of how a committed group of women who are relentless in their pursuit of justice can effect change.

Sophia Bush at Variety and Women in Film. Photo: PRPhotos.com

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5. Along with being an activist, you are an actress who has starred in many popular shows/films. How do you use your

platform as an actress to advocate for issues in the world or issues you are advocating?

My platform is the blessing of my career. I get to use it as a great big highlighter, a megaphone if you will, to draw attention to causes that need support. While I don't expect everyone to feel the way I do, I couldn't imagine having the ability to talk to millions of people every day and *not* pay that forward for great causes! I also happen to be a giant research nerd, so it excites me to do deep-dives on important subjects, from politics to philanthropy, and be able to share findings with my audience at large. It's the perfect marriage of the personal and professional, for me.

My acting career is something I love very much. I'm grateful that my professional work is something I deeply enjoy. My activism, advocacy, political work, and volunteering are what truly fuel me as an individual, on a personal level. That's where I can truly serve. It has been a privilege to be able to use my platform and my social channels to share my dedication to causes that I'm passionate about. I'm grateful every day for the incredible community we've been able to build together, filled with people who continue to support these important causes along with me.

6. You have an upcoming film, *Hard Luck Love Song*. Is there anything you can tell us about it?

It's such a beautiful, tragic, messy love story. I was so struck by the cast of characters in this movie, each trying to do their best in their complicated circumstances. Working with Michael Dorman was a dream. He's a fantastic friend and collaborator!

7. Will you have any love interests in this movie?

Michael and I play used-to-be sweethearts who can't quite let each other go. It's a relationship that once held a lot of love, but also a lot of pain, and over the course of the film,

our characters will have to see if they can start over.

8. How do you prepare for a love interest in a new movie?

I don't prepare for the love interest part so much as I prepare my own character and her experiences that have led her to the place where the audience meets her, the first time she appears on the screen.

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9. Is there anything you are excited to work on next?

I've been loving working on my new podcast, *Work In Progress*! It's been so fulfilling and fun. I get to have these deep, funny, curious conversations with unbelievable people. The other day someone called it the "'Fleabag' of podcasts," and considering "Fleabag" is one of my favorite shows of all time, I just about fainted. That kind of raw honesty is exactly what I'm looking to cultivate, and I'm so thrilled that our listeners feel it. Plus, getting to interview everyone from Gloria Steinem to Whitney Cummings has been such a joy!

What can't Sophia Bush do? With her platform and determination to make a change, be on the lookout for this actress and her continued efforts through activism. Whether it's filming a movie, using her voice, or actively participating as a woman's activist, know that she'll be a force to be reckoned with for years to come. And, if you want to get involved with any of the campaigns that Bush is apart of, herself, reach out to the organizations featured and make your own difference!

Keep up with Sophia on Twitter @SophiaBush and Instagram.

For more videos from CupidsPulse.com, check out our YouTube channel.

Celebrity Wedding: Country Singers Carly Pearce & Michael Ray Marry After 1 Year of Dating

By Hope Ankney

It’s official! In the latest celebrity wedding news, country singers Carly Pearce and Michael Ray are married after only one year of dating. *UsMagazine.com* confirms the wedding happened over the weekend in Nashville. The wedding ceremony came quickly after the celebrity couple had gotten their

marriage license back in September. Pearce celebrated on Instagram with a photo of her and her new husband holding the license with nothing, but smiles all around.

This couple didn't waste much time just dating before their celebrity wedding. How do you know you're ready to marry your partner?

Cupid's Advice:

In celebrity news, Pearce and Ray only dated a year before they knew they were the ones for each other. But, knowing when you're ready to walk down the aisle is an important decision for every couple. If you've been with someone for a while, and you're wondering if you're both ready to dive headfirst into marriage, fortunately, Cupid has some love advice on signs you should look out for:

1. You recognize that effort is necessary: There's a certain stereotype that claims when you find the right one, everything will be easy. But, that isn't the case. In fact, every relationship has hardship and takes two people coming together to make an effort to keep their love alive. If you or your partner hasn't realized that being in this marriage is a long-term commitment to making an effort with one another, then maybe you're not ready to say "I do."

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2. You make long-term plans together: If you're in it for the long haul, chances are both you and your partner have talked about your future together. Making serious life plans with your significant other is a big sign that you're ready for marriage. You've talked about your hopes and dreams, and

you’ve supported one another when discussing them. Never plan a wedding if your future doesn’t feature your partner as being apart of it.

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3. You’ve done your fair share of soul-searching: Before you commit to someone else, you first must commit to yourself. The most important step of being in healthy relationships is to know your worth and love every aspect of who you are. If you’re expecting your partner to love you, you’ve got to invest in loving yourself, too. You’ve got to be willing, to be honest with yourself and to know every facet of who you are under different circumstances. Soul-searching is a hard part of life, and it can be very uncomfortable. But, when you’ve found peace and love inside yourself, you’re more than ready to be married to someone who feels the same.

How did you know when you were ready for marriage? Sound off in the comments below!

Celebrity Break-Up: Kenya Moore’s Husband Marc Daly Reportedly Had Multiple Affairs Before Split

Cupid's Pulse
Celebrities. Love. Opinions.

By Ahjané Forbes

In celebrity news, former *Real Housewives of Atlanta* star, Kenya Moore, is filing for a celebrity divorce from her husband Marc Daly. The celebrity couple has been married since June 2017 and share their 11-month old daughter, Brooklyn. According to sources from *UsMagazine.com*, the divorce filing comes after an alleged extramarital affair involving Moore's husband. Daly reportedly got very upset when discussing a possible prenup, saying, "You can take everything, I'll build it again!" Moore has requested her privacy at this time, while her soon-to-be celebrity ex husband has not commented.

In celebrity break-up news, Kenya Moore's estranged husband may have cheated on her with multiple people. What do you do if you find

out your partner is cheating?

Cupid's Advice:

It's a hard pill to swallow when you find out that your partner has been having an affair with another person. It's even harder to accept the fact that you have been "replaced". Being upset is a normal emotion to feel at a time like this. However, how do you deal with this realistically? Cupid has some advice on how to deal with your lover's cheating ways:

1. Talk about it: Now, this is easier said than done. If you haven't given your partner a chance to explain him or herself, then you won't really know what's happening. Nobody likes hearing the potential unfaithful person's perspective, but it's important to talk to your partner before you take any further action. It is also important to point out any noticed changes in your love life. Tell your partner that you've notice the change in behavior. This will let them know that you are still paying close attention to them.

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2. Go to therapy sessions: If a conversation is not obtainable, please seek professional help. Tell the therapist what's happening and how you feel about this. Your partner should also be willing to attend sessions to take steps to repair your relationship, if that's something you're willing to do. Try to let them tell their side of the story without interrupting. This will be the only way to get them to open up. Also, try to talk about how things were prior to the infidelity. This will help target a sequence of events and a timeline.

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3. Don’t rush a decision: If you have children, this may affect them as well. Consider them as well when you’re deciding how to move forward with your partner. Don’t make any hasty decisions. As much as you may want to leave, take some time to think. Your partner’s actions may not be justifiable, but choosing a plan of action in the heat of the moment is not a good move. Distance yourself and talk about the important things that involve your children or your household. If there’s no repairable solution to fix your relationship, and they are living a separate life, take steps to tell your children what’s going on and start filing for a divorce.

What are some ways you’ve dealt with a cheating spouse? Let us know in the comments below!

Ahjané Forbes

Fall 2019

Editorial Intern

Ahjané is a junior at Hofstra University where she studies Journalism with a minor in Spanish. She has been in love with broadcast and print journalism ever since she was a little girl. Being fond of creative expression through writing, she decided to try her hand with Editorials. When Ahjané is not making multimedia packages, writing articles for *The Hofstra Chronicle*, being involved with many groups on campus, or writing celebrity news for CupidsPulse.com, she likes to go to visit her family in Connecticut, shops for the latest fashion trends, listen to music, and just have fun!

Ahjané's favorite celebrity couple is Gina Rodriguez and Joe LoCicero. The celebrity couple really displays how she would want her relationship to be. They are very supportive of each other. For example, LoCicero posted a sweet message on social media to the *Jane The Virgin* star saying, "Everything about this picture is perfect" while the two stand side-by-side.

Celebrity Couple News: Cassie Randolph & Colton Underwood Are ‘On the Same Page’ About Marriage

By Meghan Khameraj

In celebrity news, *The Bachelor* stars, Cassie Randolph and Colton Underwood are on the same page when it comes to their celebrity relationship. According to *UsMagazine.com*, Randolph revealed that they “are 100 percent on the same page.” The famous couple was united on *The Bachelor* where they did not

follow the show's tradition of getting engaged at the end of the season. Since then, there have been a few break-up rumors to which Randolph defended, "Colton and I are very happy and our relationship is in a good place." Randolph also dished about her relationship having to deal with public scrutiny. Despite that, the couple has never been happier.

In celebrity couple news, this pair is on the same page and are enjoying where they are in their relationship. How do you deal with outside pressure to get married?

Cupid's Advice:

Cassie Randolph and Colton Underwood are enjoying their time together. Despite countless questions about marriage, this celebrity couple is happy to be on the same page. If you're also dealing with outside pressure to get married, Cupid has some relationship advice to help you out:

1. Talk it out with your partner: The easiest way to get through excessive outside pressure to get married is to talk about it with your partner. Discuss if you're comfortable where you're at in the relationship or if you're ready to take the next step. Once you and your partner are on the same page it will be easier to deal with the pressure.

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2. Address the pressure publically: Tell the people who are pressuring you where you stand in your relationship. If it's family and friends who are pressuring you then it's best to sit down and talk to them. However, if you're being pressured

by a large group of people then a social post should suffice.

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3. Block them out: If you've tried to talk to those who are pressuring you and they still persist then it's time to block them out of your relationship. The outsiders should not have a hand in your relationship if they're continuously going against what you asked.

How do you deal with outside pressure to get married? Let us know in the comments below!

Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break

By Meghan Khameraj

In celebrity news, Kylie Jenner and Travis Scott are putting their relationship on hold. According to a source for *People.com*, the celebrity couple is "taking some time but not done…They still have some trust issues but their problems have stemmed more from the stress of their lifestyles." Jenner and Scott were last seen together at the premiere of Scott's documentary on August 28th with their baby, Stormi Webster. Since then, Jenner has been spotted with Stormi at Justin Bieber's wedding to Hailey Baldwin. This celebrity breakup comes at a shock for most people. Only a few months ago were rumors going around that they might take their celebrity relationship to the next level by getting engaged.

In celebrity break-up news, Kylie Jenner and Travis Scott are taking some time apart. What are some

things to consider before taking a “break” from your relationship?

Cupid’s Advice:

Kylie Jenner and Travis Scott have called quits on their celebrity relationship. Jenner and Scott may get back together, but for now, they’ve decided it’s best for both of them to be apart. Cupid has some factors to consider before taking a break:

1. What you want: Consider what you actually want from the break. If you just want to hook up with new people perhaps you should actually break up with your partner. If you need time to rethink or rebalance then communicate with your partner that a break would be the best solution.

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2. What the break means: We’ve all seen *Friends* and no one wants to be the Ross of the breakup. Clearly communicate with your partner exactly what the break will entail. Establish if you’re comfortable with each other sleeping with other people. Basically, don’t do what Ross did to Rachel.

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3. How long it will be: How long you need for the break may change as time goes on. However, you and your partner should agree on the approximate length of the break. If it exceeds six months you should consider ending the relationship.

Has taking a break worked for you before? Let us know in the comments below!

Celebrity News: ‘Bachelorette’ Hannah Brown & DWTS Partner Clear Up Romance Rumors

By Ahjané Forbes

In celebrity news, Hannah Brown and *Dancing with the Stars* partner, Alan Bersten, have been electrifying the stage, spreading their chemistry across the dance floor. According to *UsMagazine.com*, Brown is not looking for a celebrity relationship and recently address dating rumors with her

partner, saying, “We are dance partners, and we have the best time together, and we have a friendship that is great.” The reality TV star is currently is not looking for love, but wants win the Mirror Ball trophy.

In celebrity news, it looks like these two are sticking to dancing. What are some ways to know if you’re ready for a new relationship?

Cupid’s Advice:

There’s no set in stone way you can know if you’re ready for a relationship to happen. It’s a feeling that happens naturally and with time. Don’t try to rush thee process. Accept these growing pains. Cupid has some ways to know if you are ready to find a new love:

1. You are healed from the past: If you are not longer pining over your ex and have let go what happened in the past then you are healed! The idea of going within to fix and focus on yourself is the first step to moving forward. If you aren’t thinking about them as much and working toward a better future for yourself then this you’re reedy for a new boo!

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2. Open to receiving new love: You can be healed from your past, but are you still closed off? Are you open to the idea of being in love with another? If so, then you are really on the verge of obtaining that goal. Try baby steps like flirting with someone that you find attractive at a public event. See if you’ll still get the those heart eyes.

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3. You're finally going out: We all go through that period were we don't go anywhere after we have just broken up with our lover. It's okay to sit and watch TV every once in a while, but who doesn't want to go to a party as well? Start talking and meeting new people with your friends. Makes connections with those who share similar interests. Be bold! Show the world that you are capable of being loved again by someone out there!

What are some other ways to know you're ready for a new relationship? Share your thoughts below.

Celebrity Wedding: Justin Bieber & Hailey Baldwin Tie the Knot for the Second Time

By Ahjané Forbes

Singer Justin Bieber has us feeling “As Long As You Love Me” vibes in celebrity news after posting a sweet intimate post with his wife, Hailey Baldwin. According to *UsMagazine.com*, the celebrity couple had their wedding reception a year after they tied the knot, on Monday, September 30. The celebrity marriage took place at a New York City courthouse in September 2018. The Biebers decided to express their love in an intimate fashion by inviting a total of 100 family members and friends.

This celebrity wedding came a year after the couple’s first nuptials. What are some benefits to renewing your vows?

Cupid’s Advice:

Renewing your vows can be an exciting thing to do in your

married life. You can start to edit what your goals are after you get to really know your partner. This is a good time to look at your views of the future from a different mindset. If you are thinking about professing your love to your partner again, Cupid has some relationship advice for you:

1. Celebrate your marriage: Not all marriages are crystal clear, have the amazing mansion and luxury cars, or life insurance policies. Every relationship has its kinks that need to be ironed out, but for the most part all relationship share good times. Focus on the joy you two share. It's a way to show you still care for that person even though life may have gotten in the way. No matter how far you are in your marriage this gesture really shows you're n it for the long run.

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2. Makes your marriage stronger: It's never too late or too early to try to better your relationship with someone. Express that you are try to work to understand the person more like learning how to finishing their sentences. Find a goal that you want to accomplish with tis renewal of love, Building a sturdy foundation could create a a stronger bond.

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3. Prepare for long term goals: When you said "I do" you weren't sure what lays ahead with this person. Now, you both have gone through life together and have new expectation on how you want this relationship to go. This a good way to reestablish the goals you have set initially and how it should be altered for the coming journey ahead!

What are some criteria you used to renew your vows? Let us know in the comments below!

Celebrity News: Miley Cyrus Appears to Shade Exes Kaitlynn Carter & Liam Hemsworth in Post About Love

By Hope Ankney

In celebrity news, Miley Cyrus might've just indirectly shaded both of her celebrity exes. On Sunday, Cyrus took to Instagram to post about love and loyalty that could be pointed at Liam Hemsworth and Kaitlynn Carter. According to *UsMagazine.com*, her Instagram story showed her in bed surrounded by her pups.

The caption of the stories read, “Happy Sunday from me & 2 stinky dogs! waking up surrounded by animals is my favorite way to start a morning. I am immediately reminded about LOVE without conditions…. the best part about animals is that they are careless about the details. They live by the golden rule … Love & Be Loved. Nothing in between. No questions regarding wealth, career, talents, race, age sex …. They love back 100X …. all they ask is to be cared for in exchange for loyalty, reliability, and faithfulness. (reminds me of someone).”

In celebrity news, Miley Cyrus sent a message to her exes via Instagram. What are some ways social media can help you cope with feelings?

Cupid’s Advice:

Even celebrities air their dirty laundry on social media from time to time. It’s hard not to, especially when you’re trying to handle your feelings that can be difficult to ignore. But, it can get messy if you throw your feelings out on your social platforms without thinking it through. If you’re having a hard time coping with feelings by yourself, don’t worry! Cupid has relationship advice on how using social media, in a healthy way, can help you sort through your feelings:

1. Private Instagrams: Something I’m sure you’ve heard before, but FINSTAS (or fake Instas) are accounts that are private for you to vent and cope over your feelings in a space that only a few people have access to. By creating a private IG, you’re allowing yourself a place to comfortably discuss and post about things you’re having a hard time dealing with. It’s therapeutic to have a sense of freedom when it comes to not

censoring yourself online, and accounts like these can act as a personal diary.

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2. Private Twitters: Another way to cope on social media is through something similar to the FINSTAS- a private twitter. Private Twitter accounts are something that, from personal experience, has been even better at coping with feelings because of the format of the platform. Instead of having to post photos and write captions underneath to vent, Twitter allows you to simply post a tweet and even write threads that hold all your thoughts together in a cohesive manner. This type of account feels most like a diary because it's like you're writing down excerpts from your day. You can also quote tweet others without them seeing it, so that can also help to vent if you're sorting through feelings about a certain person.

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3. The 'close friends' option:' Lastly, with the progress in certain social media to include options that allow you to post without others seeing, the Close Friends option allows someone to post their feelings on their own account, like their Instagram Story, without having to create a whole private account just to do so. This is much more accessible to the average person, and it can feel even more liberating to do it on your main account. The only issue here is to be sure you're careful in how you word things or choose to vent because even though things seem to be private, you must be observant which accounts on your main are allowed to see these stories. Trusting some friends to not share things you post in confidence might not be the best idea.

What are some ways that you find social media can help you

cope with your feelings? Let us know down below!

Celebrity Baby News: 'RHOA' Star Kandi Burruss Is Expecting Third Baby Via Surrogate

By Meghan Khameraj

In celebrity news, *Real Housewives of Atlanta* star Kandi

Burruss is expecting her third child. According to *UsMagazine.com*, Burruss revealed in November of 2018 that she and her husband were in the surrogacy process. Burruss stated, "We have two embryos that are still left from when we had Ace. So, we have two embryos left and we know they're girls." Burruss gave birth to son Ace in 2016 and she also gave birth to Riley, her 17-year-old daughter with her ex-husband, Russell Spencer. This, however, is a different celebrity pregnancy experience for her. She opened up about her nerves and the advice Andy Cohen, who also had a child through surrogacy, gave her. She explained to Busy Phillips, "I had made a comment. I said something like, 'I guess I'm gonna have a baby mama and he said to me, 'Don't you ever say that because you are the mother. And to say she's your baby's mom is taking away from you.' It made me feel better." Looks like we'll have a new celebrity baby soon!

In celebrity baby news, Kandi Burruss is having a baby via surrogate. What are some factors to consider before having a child via surrogate?

Cupid's Advice:

Kandi Burruss is getting ready to welcome her third child via surrogate. Burruss had a lot of nerves and doubts before she was able to fully commit to surrogacy. Cupid has some factors to consider to help you figure out if surrogacy is the right choice for you:

1. Your health: If you're considering having a child, via surrogate or not, it is important to make sure you're healthy both physically and mentally. Surrogacy can come with a lot of

stress and struggles. Knowing how to deal with your stress and emotions in a safe way can make the entire process go smoothly.

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2. Your finances: Having a child is expensive, especially so through surrogacy. Ensure you have enough money saved up to be able to support you and your family. This may take some extra planning so it would be very helpful to get the advice of an accountant to figure out the best course of action for you and your family.

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3. Your family dynamic: If you already have kids it might be difficult to explain the surrogacy process. A new baby, regardless, will cause your family dynamic to change. Anticipate how it will change and figure out the best way to prepare for it so it is not a surprise.

What else should you consider before having a baby via surrogacy? Let us know in the comments below!

Celebrity News: A Showmance Dominates 'Big Brother' and Crowns a Winner

Cupid's Pulse
Celebrities. Love. Opinions.

By Hope Ankney

In celebrity news, season 21 of the reality TV show *Big Brother* is over. As reported by *UsMagazine.com*, Holly Allen, Jackson Michie, and Nicole Anthony made it to the final three, and they gave everyone a finale to remember! Through rock-climbing and memory events, it was a close race between the three. But, when it came to the showmance between Michie and Holly, it was their confessions that reflected on the past competition and alliance with one another that ultimately won over the jury. Michie ended up being crowned the winner of *Big Brother*.

In celebrity news, a romance in the *Big Brother* house dominated the

game. What are some ways that working with your partner can be effective?

Cupid's Advice:

Working with your partner is one that can be a difficult task to manage. The workplace is already stressful enough as it is, but being alongside your spouse can make it an even more stressful environment. But, there are positives to working with them, and it can also be a great thing for your relationship. Here's some love advice from Cupid about the pros of working with your partner:

1. Increased sense of intimacy: Couples that work together or share experiences are more likely to have a stronger connection than those that don't. If you're both working in the same environment or company, there is even more of a sense of intimacy involved because you can talk openly about your work lives in a way that your partner will understand it. There's something about shared stresses that can be very therapeutic once you get home from a long day at the office.

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2. Team-building skills: You and your partner should always be seen as a team. You aren't against one another. You're there to support one another. So, working in the same environment can be great for team-building. You learn how this person works with you and with others. It's a great way of understanding their behavior and actions when it comes to being apart of a group and dealing with pressures. It's important that you and your partner can come together, effectively, whenever you both need it.

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3. Extra quality time: Most relationships don't have the pleasures of spending a lot of quality time together. After long days at work, it's difficult to have energy or time to really spend with your partner. But, if you work alongside your spouse, you spend a great deal of your time in the company of someone you love. It allows you to be more present in the relationship, and it can make stressful days in the office much more enjoyable.

How do you feel about working with your partner? Tell us in the comments below!

Celebrity News: Tyler Cameron Had Offer to Become 'The Bachelor' Amid Dating Gigi Hadid

By Meghan Khameraj

In celebrity news, Tyler Cameron revealed that he was offered the titular role on *The Bachelor*, but declined. Cameron has been linked to model Gigi Hadid and the celebrity couple has sparked non-stop dating rumors. Though Cameron didn't mention Hadid by name as the reason for turning down the role, he definitely implied that he had other things going on in his love life. *UsMagazine.com* reports that Cameron told *Entertainment Tonight*, "Where I was at in my life … I just didn't think it was where I wanted to be. My heart wasn't in it." Cameron has also been dealing with some family problems as his father's health has been on a decline.

In celebrity news, Tyler Cameron turned down being *The Bachelor* while he was dating Gigi Hadid. How do you know if your

relationship is strong enough to pass up a big opportunity?

Cupid's Advice:

Tyler Cameron turned down a major career and life opportunity by declining to star on *The Bachelor*. Though he stated that there were many reasons for him not to take the role, it seems as though his celebrity relationship with Gigi Hadid has had a big impact on his decision. Cupid has some dating advice to help you know if your relationship is ready to take priority over the other aspects of your life:

1. You both give things up: A successful relationship should be a give and take. If you and your partner are only giving or only taking, then you should take a step back and reevaluate the balance of your relationship. This will help further down the road if there is a potential disagreement about an opportunity.

Related Link: Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before 'The Voice'

2. You try to compromise: Nothing ever goes as perfectly as planned, especially when you're sharing a life with someone. Keep in mind your partner's feelings and wants, and try to find a middle ground where you both can be happy. Compromises can be difficult and take time to work out, but they are worth it to ensure that your significant other is as happy as you are.

Related Link: Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'

3. You're open with each other: If you're finding the situation exceptionally difficult to navigate the best thing to do is be open with your significant other. Let them know

how you feel and what you really want from the situation. Be sure to also listen to them and take into account how they are feeling. An open and honest relationship will help you avoid an ill-feelings toward each other.

What are you willing to give up for your partner? Let us know in the comments below!

New Celebrity Couple: Brad Pitt Is Dating Jewelry Designer Sat Hari Khalsa

By Meghan Khameraj

In celebrity news, Brad Pitt is officially off the market! According to a source for *UsMagazine.com,* the actor is dating jewelry designer Sat Hari Khalsa. The source claims that the celebrity relationship isn't too serious, but Khalsa is very different from the women he's been linked to in the past. The source revealed that Khalsa is very down to earth "and has a beautiful mind. That's what he's attracted to." The celebrity couple sparked dating rumors last year when they were spotted together at a music benefit held by the Red Hot Chili Peppers. Previously, Pitt was married to Jennifer Aniston before being married to Angelina Jolie from 2014-2016, with whom he has six children.

There's a new celebrity couple in town, which means Brad Pitt has finally moved on after his divorce from Angelina Jolie. What are some ways to know you're ready for commitment after a brutal split?

Cupid's Advice:

Brad Pitt has moved on after his divorce to actress Angelina Jolie. The pair were an iconic celebrity couple, but now Pitt is ready to start a new chapter with his new girlfriend, Sat Hari Khalsa. Cupid has some dating advice to help you know if you're ready to step into a serious relationship after a bad breakup:

1. You don't wonder about your ex: We all have moments where we wonder what our ex is up to and if they're seeing anyone new. If you're still hung up on your ex then you aren't ready

to get into a new relationship. Take time to fully heal from your past breakup before diving into a new one.

Related Link: Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before 'The Voice'

2. You're happy: Sadness after a breakup is normal. You'll eventually get to a place where you're happy even though you aren't seeing your ex anymore. This may require you to focus on other things like friends or hobbies but once you're in a good place in your life you'll be ready to date again!

Related Link: Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama

3. You're ready to deal with heartbreak again: Every relationship runs the risk of a potential break up. Though it's great to remain optimistic, it's best if you are emotionally and mentally capable of handling another intense breakup. Make sure your feelings are in check before involving someone new.

How do you get over a breakup? Let us know in the comments below!

Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before 'The Voice'

By Ahjané Forbes

In celebrity news, “Hollaback Girl” singer, Gwen Stefani, did not know her country superstar boyfriend Blake Shelton existed prior to *The Voice*. The celebrity couple met when they had just divorced their celebrity exes. The two have a love dovey relationship on the show and plan to keep it that way for this season. According to *UsMagazine.com,* the songwriter said, “I mean, he’s just so magical. Blake is literally a unicorn. Like, anywhere he goes, people are just attracted to him.”

In celebrity news, Blake Shelton’s name isn’t famous to everyone’s ears, apparently. What are some ways to approach your crush?

Cupid’s Advice:

It’s not all that bad to not know who your crush was until you met them. That said, approaching your crush can be the hardest

thing to do. Cupid has some advice on how to approach your crush:

1. Watch how they interact with others: What is their personality like? Are they reserved or outspoken? Do you see any key indicators on them like a football team logo or a name tag from a job? Use what you can find to strike up a conversation to break the ice.

Related Link: Celebrity News: Ben Simmons Leaves Flirty Comment on Kendall Jenner's Instagram Pic

2. Show them you're interested: Walking passed your crush well-dressed and making eye contact is not just for the movies. It actually works. Eye contact and being groomed is a very attractive tactic that can draw your crush to you. Reel them in with a playful stare as you walk passed, keep looking at them, and then turn away. This will get there attention and who knows they might just make a move on you!

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3. Talk to them: It's okay to just have a normal conversation with them to see what they are all about. Try not to bring up that you like them at first. See if they mention that they are with someone, and then take that approach. Their personality will tell you a lot about if you want to pursue them further. Take baby steps before rushing for the goal!

When you had a crush how did you get their attention? Share your experiences in the the comments below!

Celebrity Baby News: Jenna Dewan & Boyfriend Steve Kazee Are Expecting

By Ahjané Forbes

In celebrity news, *Step Up* star Jenna Dewan is waiting for a bundle of joy to arrive, as she is expecting a celebrity baby with her boyfriend, actor Steve Kazee. This will be Jenna Dewan's second child. The celebrity parent had her first child with her heart throb co-star and ex-husband Channing Tatum. According to *UsMagazine.com*, Dewan's celebrity ex was crying while she was giving birth to their daughter. The *Magic Mike* star told the magazine, "I probably went to the bathroom four times [at the hospital] and had a crying fit. Like, I'm just like, 'I don't know what to do!'" Tatum later added that

“seeing the one you love in pain makes you feel bad, Men are useless, but we are really useless during [the delivery process].”

In celebrity baby news, Jenna Dewan is preparing to welcome her second child – her first with Steve Kazee. What are some ways to prepare for the birth of your second child?

Cupid’s Advice:

Welcoming a little one into the world can be very time consuming and stressful if you aren’t prepared. Having your second child should be easier, right? Not exactly! Sometimes it can be easier if you have the same gender as you did previously, especially if you have a lot of baby clothes and bottles left over. Babies have a mind of their own just like humans. They can’t directly tell you how they’re feeling, but you’ll catch their drift once they start crying. The second can be tricky and different for everyone. Cupid has some tips and tricks to help you through this journey:

1. Don’t assume this will be easy: Every child and pregnancy is different. Try to keep an open mind, especially with the second child. Even though this is the second child, there’s still a lot to learn about being a parent. Also, if you aren’t the one having the child, be there for your partner.

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2. Don’t compare the two children: When the baby is born, it’s okay to assume who they look like and whose personality they might have. It is important that you try to not compare your

children in the beginning stages pf life. Yes, they might do some of the same things that older brother or sister do/did, but its not a good habit to keep comparing the two. You want your baby to be their one person and not a younger version of your first child.

Related Link: Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom

3. Relax: Everything will work out fine if you are less stressed. The baby will come and you'll be fine. Don't overthink anything or expect the worse. Just hope for a healthy and happy baby, because that's truly all that matters.

How did you prepare for your second baby? Share your tips and thoughts in the comments below!

Royal Celebrity Couple Prince Harry & Meghan Markle Hold Hands on Tour in South Africa

By Hope Ankney

In royal celebrity news, Prince Harry and Meghan Markle have officially started off their royal tour in South Africa! The Duke and Duchess of Sussex were given a very warm welcome as they walked hand-in-hand to the Nyanga township. According to *People.com,* the two were on their way to the NGO workshop called Justice Desk which teaches children about self-awareness and safety. The program is also said to teach self-defense and female empowerment to local, young girls.

This celebrity couple is staying close while on tough in South Africa. What are some ways traveling with your partner can bring you closer as a couple?

Cupid's Advice:

Traveling as a couple is one that can be very exciting. You both get to experience new sights and adventures together. You're making memories that only you two will remember. But, traveling with your partner can actually strengthen your relationship as well. If you're already packing your bags or are thinking about going off in the future with your significant other, Cupid has some relationship advice on how traveling can bring you that much closer:

1. Seeing the best and worst of your partner: Few things can quickly bring out the highs and lows in another person than traveling does. It's automatically a stressful situation if you're traveling somewhere where there's language and cultural barriers. But, it can also be the best experience when you see your partner at the height of their excitement. You're both being able to take part in something that neither of you has done before. Traveling usually shows every side of your partner, and if you can handle those highs and lows, it can create an unbreakable bond between the two of you.

Related Link: Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie

2. More time to talk: It's obvious that when you're traveling there is a lot more time to talk than any other time in your relationship. You're constantly driving, flying, or waiting around. And, if you're traveling as a couple, you are the only two people you're constantly talking to. Being able to have that time to really converse and open up to your partner while experiencing new things together is an opportunity to learn a lot more about them than you thought you knew. The open discussions and conversations you have on this trip can bring you that much closer to each other than you ever thought possible.

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3. Teamwork: Traveling is a very stressful thing to plan and do. Traveling with your partner can show how well both of you deal with working together. There’s always the planning of the trip and packing the right necessities, and then there are the directions and where to go once you’re there. A lot of couples get into a pre-travel ritual that allows them to both work with one another to get everything sorted the way it needs to be before they go. It’s amazing how helpful teamwork and splitting up duties can make you feel less stressed, especially when the trip starts. It can also bring you closer by figuring out how to have the best time together as you travel, encouraging the other or keeping their interests in mind.

How have you felt you’ve gotten closer as a couple when you’ve traveled? Tell us down below!

Celebrity News: Heidi Klum Reveals What Her Kids Think of New Husband Tom Kaulitz

Cupid's Pulse
Celebrities. Love. Opinions.

By Hope Ankney

In the latest celebrity news, Heidi Klum revealed how her children feel about her new husband, Tom Kaulitz. According to *UsMagazine.com*, Klum opened up at the Amazon Prime Video Post-Emmy party, saying that things seem “so far, so good.” Kaulitz added, “I think it’s working out pretty good,” as he spoke about teaching her four kids how to play the guitar. The celebrity couple wed in front of friends and family only last month.

In celebrity news, even the famous worry about introducing their kids to a new partner. What are some effective ways to introduce your kids to your partner?

Cupid’s Advice:

There are some things celebrities do that aren't so much different than us. Fame doesn't always have its perks, especially when it comes to introducing your children to your newest love interest. It's something that a lot of couples worry about, as things get complicated when kids are involved. If you're stressing over having the talk with your little ones about or introducing them to your new partner, don't worry! Cupid has some parenting advice that'll help you navigate the trickiness of moving on with someone new when you're a parent:

1. Don't have your children meet every person you date: Children rely on you for their security and stability. They tend to thrive in environments that can be built on trust and vulnerability. Having partners come in and out of your life is something that hurts a child's ability to find genuine investment within your relationships. Everyone wants to jump into inviting the date over to 'get to know' their kids, but unless it is someone you've been with that you trust being in your life for a long time, it might not be the greatest idea to have kids form a bond with them.

Related Link: Celebrity Parents Open Up About Their Best Parenting Advice

2. Keep the first meeting short and sweet: Going somewhere that is public is a great way to introduce your kids to your partner. Perhaps, ask them where they would like to go. Restaurants or out for ice cream are great environments for the children to relate to the new person that is being introduced to them since they are content and relaxed. Remember, meeting the kids where they are comfortable is key!

Related Link: Parenting Advice: Tips to Get Your Child Talking

3. Talk to your kids: Having a conversation about your partner first is always a great idea before introducing your kids to them. Ask your children how they feel about you seeing a new person and what they think about you having a dating life.

Opening a dialogue can be an important aspect of your relationship with your kids, and it can help you see their perspective on the relationship before you figure out how to introduce the person to the rest of your family.

How have you introduced your children to your new partner? Sound off in the comments below!

Celebrity Couple: Katy Perry & Orlando Bloom Steal Kiss at Misha Nonoo's Rehearsal Dinner

By Ahjané Forbes

In celebrity news, Orlando Bloom makes Katy Perry feel like she's living a "teenage dream" when the two steal a kiss at designer Misha Nonoo's rehearsal dinner. The celebrity couple are engaged and are set to elope any day now. The two kept showing signs of affection all night. According to *People.com*, the lovebirds kept laughing while talking with their famous friends.

This celebrity couple isn't afraid to show their affection in public. What are some ways to show you care about your partner in public?

Cupid's Advice:

Letting everyone see the love you share with your partner is an important part of the relationship. Holding hands, stealing a kiss, and even eye contact can be signs of affection to

display in public. Cupid has some ways you can get lovey dovey with your partner in public:

1. The basics: Hand holding and kissing are the universal displays of affection that can be shown by every couple. However, it is important that you and your partner discuss what is acceptable and what is not. Some people like a peck on the cheek or a lip bite rather than a French kiss in the public eye. Learn to keep it cute and concise.

Related Link: Celebrity Couple News: Kendall Jenner Spotted 'All Over' Ben Simmons at Dinner with Sisters

2. Look fabulous together: Matching outfits or wearing the same color can be a way to show your love for your partner. It's also great for the pics you're bound to post on social media. Wearing the same color makes you look like a "unit". This is also a way to get creative with your partner. Doing cute things like wearing a shirt that says "His Queen" or "Her King" and vice versa will let everyone know you're together.
Related Link: Celebrity Couple: Colton Underwood & Cassie Randolph Sport Romantic Jerseys at Hockey Game

3. Be there for them: This might seem like an obvious one, but it's not just about dates all the time. If your lover is an artist, show up at their art show, take pictures, and post them on social media. Write a cute message like, "I have fallen in love with you all over again" while showing their recent work. Being present in the moment will make them feel really good, especially if you're trying to get more serious. This is an important factor to keep in mind if you want to be #couplegoals.
What are some cute way you show affection to your other half? Tell us about in the comments below!

Celebrity News: Kendra Wilkinson Is Looking for a ‘Family Man’ After Divorce

By Ahjané Forbes

In celebrity news, the *Girls Next Door* star, Kendra Wilkinson, is searching for Mr. Right. The former playmate recently split from her celebrity ex, Hank Baskett, who is a former wide receiver for the Minnesota Vikings. According to *UsMagazine.com*, Wilkinson is looking for love. “I want to see her with a family man because that’s all that she wants. She doesn’t want the spotlight or the crazy success,” says Wilkinson’s friend Jessica Hall. As a mom, the reality TV star’s priority is her children and how a new partner will impact their lives.

In celebrity news, Kendra Wilkinson has specific parameters around her next choice of man. What are some qualities to look for in your next partner?

Cupid's Advice:

Finding a new love after a recent divorce can be hard, especially with children are involved. You might not want your next partner to be too similar your last. Instead of looking for a suitor who will fulfill your desires, you need to also consider your children within your decision. Cupid has some questions you should ask yourself before committing to a new partner:

1. Are they willing to talk about past relationships?: You aren't going to learn this about a person after dating them for a first couple of months. However, if they are willing to openly speak about their past that's a good sign of them wanting something more long term. Everyone has growing pains, but it's important that those lesson don't jeopardize your future with a new lover. Look out for warning signs like them comparing you to their ex. You don't want to be someone's second choice!

Related Link: Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship

2. How do they interact with your children?: You have to like new person you're with as well as your children. Take notice if your new boot trying to get to know your kids or just "babysitting". Are they helping you with basic tasks around them? No you're not asking the to replace your ex, but does it seem like they actually enjoy doing stuff with your for your

kids. If they want you all to themselves it’s time to go.

Related Link: Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter’s Graduation

3. Do they understand your relationship with your ex?: For the sake of your children together you and your ex have to work together to make this work. Tell your new partner about the basis of you and your ex’s relationship. Make sure that they understand that the best outcome for your children is the goal. Sometimes, your new love will not appreciate this and want the communication with your ex to stop. If the trust is not there there’s no foundation to build a healthy relationship.

How do you chose a new partner after a divorce? Share your stories in the comments below!

Celebrity Wedding: ‘Bachelor in Paradise’ Stars Demi Burnett & Kristian Haggerty Are Engaged

By Meghan Khameraj

In celebrity news, *Bachelor in Paradise* celebrity couple, Demi Burnett and Kristian Haggerty are engaged. The couple proposed to each other during the September 10th episode of *Bachelor in Paradise*. It hasn't always been smooth sailing for the couple. The celebrity relationship faced criticism when Burnett was accused of pre-planning Haggerty's arrival on the show. Burnett then denied the claim. The celebrity couple has also faced some trusts issues when both felt as though the other was interested in or flirting with other people. However, they've since worked through those issues and are looking forward to celebrating their new engagement.

This celebrity wedding comes after Demi Burnett came out on national television. What are some benefits to being yourself when going into a

relationship?

Cupid’s Advice:

Demi Burnett and Kristian Haggerty are happily engaged! Though there was backlash in regards to Burnett’s sexuality, she was still able to find love in spite of that. Being yourself leads to an open and honest relationship, but that isn’t all! Cupid has some tips on the benefits of being yourself when going into a relationship:

1. You’ll feel closer to your partner: If you’re open and honest about who you are off the bat then you can avoid any awkward conversations in the future with your partner and you’ll be able to act like your natural self around them.

Related Link: Celebrity News: Former ‘Bachelor’ Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors

2. You’ll be happier: Hiding things seldom makes us happy. Once your partner knows about the things you may be tempted to hide, then you won’t have to stress about them finding out. You can focus on building other aspects of your relationship knowing that the foundation was built on solid ground.

Related Link: Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian’s Brother After Drama

3. You’ll know it is true love: What’s the point of being in love if you have to act like someone you’re not? You can’t be in true love if you’re continuously hiding who you are from the person you love. You will be able to rest easily knowing that your significant other loves you in spite of the things you may feel like you need to hide.

Do you think it’s important to be yourself in a new relationship? Let us know in the comments below!

Celebrity Parenting: Victoria Beckham Shares How Motherhood Affected Her Body Image

Cupid's Pulse
Celebrities. Love. Opinions.

By Ahjané Forbes

In celebrity news, “I accept who I am,” said former Spice Girl, Victoria Beckham, as she opened up to *Glamour UK* about being a mom and her body image. The celebrity parent has revealed that she has struggled with body image in the past. After having a baby, your body will change, but it’s up to you to have a positive outlook on it. The model explains that your children will notice you not taking care of yourself or having

a body positivity issue. Beckham says that teaching your children how to love themselves will help you love yourself more. She commented on her body now saying, “I make the best of who I am!”

Even in celebrity parenting, there are insecurities. What are some ways to combat body image insecurities after having a child?

Cupid’s Advice:

Body image insecurities have become the new normal. Certain body types are viewed as “most acceptable” or “most appealing”. However, body types that are outside that realm are considered “unacceptable” and “unattractive”. Cupid has some advice about staying positive after having a child:

1. Be YOU!: You’re still that same person you are before you had a child. It’s important to keep a positive mindset. Our bodies go through changes over time, so don’t start saying things like, “I looked like this at one point” or “I was this size”. Don’t put yourself in a category; love who you are.

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2. Try something new: Doing a new activity or meeting new people can switch your mindset from a dull one. Join an exercise class with other moms, and start from there. Surrounding yourself with women who are going through the same thing as you are will lead to you empowering each other.

Related Link: Celebrity Workout: Group Classes That’ll Have You Sweating With Obsession

3. Go shopping: Yes, your body has changed, but that does not mean you have to stop looking gorgeous. You might need to change your size, your store, or your taste. Start simple by buying a top, a new pair of denim jeans or even a mini dress. Put that outfit on and walk your baby through the mall with confidence. You'll be surprised by how many compliments you'll get. You might even inspire another mom to be just like you!

What are some ways you coped with body image after having a child? Let us know in the comments below!

Celebrity News: Former 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors

By Hope Ankney

In celebrity news, former *Bachelor* contestant, Kirpa Sudick, is dismissing rumors of dating *Bachelor in Paradise* alum Cam Ayala. *Bachelor* Nation began speculating a potential spark between the two when Sudick took to Instagram to upload a post in dedication to Ayala's birthday. Ayala had commented underneath the post saying, "ILYSM" alongside a heart emoji and an angel emoji. According to *UsMagazine.com*, the reality star squashed the rumors by stating, "We are just friends and not dating! I've just been very lucky to have met so many great people through *The Bachelor*!"

In celebrity news, Kirpa Sudick is not dating Cam Ayala after all. What are some ways to tastefully let people know you are not dating

someone?

Cupid's Advice:

Just like celebrities, sometimes we can post something on our social media that tend to look different than how we intended. But unlike them, we can't go to a news source and dismiss these relationship rumors. Instead, we have to think up ways to tastefully let others know we're not dating someone without looking too defensive. If you're in this predicament, and you don't know how to go about squashing dating rumors, don't worry! Cupid has you covered with our love advice on how to nicely let others know you're not dating this person:

1. Be playful: Sometimes, having fun with the situation can be a good way to let others know it doesn't bother you before you let them know you guys aren't dating. If both you and the other person are game, it can be funny to be playful and pretend like you are dating. Be over-dramatic with the idea, posting mushy comments, creating your own 'ship' name, taking ridiculous photos together, etc. By doing this before coming clean that you both aren't dating, it can let people know that none of it bothered you, and it wasn't a big deal!

Related Link: Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend

2. Be kind: This might seem like an obvious answer, but there are ways you can dismiss dating rumors that are much harsher than you meant them to be. Try and be as kind as possible when letting others know you aren't dating someone. Saying something rude or condescending can make you look bad when someone was just curious about the situation. So, try and be as polite and friendly as you can when letting others know so you don't look like a ticking timebomb anytime something false is said about you!

Related Link: Celebrity News: ‘BiP’ Star Caelynn Responds to Blake Releasing Their Texts

3. Be direct: Perhaps, the best way to be tasteful is to just be honest about it. Being direct doesn’t have to be harsh, and it can stop speculation quickly. Simply explain away the idea that you and the person are dating and then say nothing else on the matter. By facing the situation head-on and refusing to talk about it further, it can be an easy and effective way of stopping the rumors from circulating.

Do you have any tips for tastefully letting others know you aren’t dating someone? Sound off in the comments!

Celebrity News: Laura Dern Speaks Out About Bradley Cooper Dating Rumors

By Hope Ankney

In the latest celebrity news, Laura Dern dismissed all dating rumors between herself and Bradley Cooper. According to *UsMagazine.com*, the actress opened up about her close relationship with Cooper, stating, “We are amazing friends, and we’re family.” This set of rumors circulated soon after Cooper’s celebrity relationship with supermodel Irina Shayk ended back in June.

In celebrity news, this pair are just good friends. What are some ways to lay false relationship rumors to rest?

Cupid’s Advice:

Sometimes, it can be frustrating for two people to be friendly towards one another without others thinking something romantic is going on behind the scenes. Platonic relationships,

especially between the opposite sex, have a connotation that there must be underlying feelings there when that isn't always the case. Two people enjoying each other's company is fairly common. Friendship exists. If you're stuck in a situation where others are trying to make something out of nothing, don't worry! Cupid has some love advice on how to lay pesky relationship rumors to rest:

1. Direct conversation: Sometimes communication can be the biggest key when dismissing relationship rumors with your friends. They might just be teasing you about it for fun, without realizing it can actually bother you. If you haven't been abundantly clear about this newfound friendship, sit these friends down and have a direct conversation about it. Opening up about how you aren't dating this specific person and explaining why these false rumors have been bothering you may allow them to realize that you're telling the truth and not assume anything else about the relationship or even relationships in the future!

Related Link: Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split

2. Ignore it: Perhaps, people are only speculating about you and this other person because they know it gets a rise out of you. If these rumors don't overly upset you, find it in you to simply ignore what others are saying. Like is told to us from a young age, ignoring someone's teasing can often lead to the teasing to stop, altogether. This can be used in your adult life, as well. If you pretend like these false rumors don't bother you, the situation will probably diffuse itself.

Related Link: Celebrity News: Halsey Responds to Rumors She's Dating John Mayer

3. Be open publicly: If all else fails, maybe it's time to take to social media! Making a post about false relationship rumors can be overkill, but if nothing else has worked to stop

it, it can be an effective way to get others to stop speculating. Make a status update, tweet, or even post a photo of the both of you explaining away the rumors. Speaking out publicly about the situation can immediately dismiss it if you're taking that much time and effort to set the record straight on your social media platform!

How have you been successful in dismissing false relationship rumors in your life? Tell us down below!

Celebrity Divorce: Adele Files for Divorce from Simon Konecki

By Ahjané Forbes

In celebrity news, singer Adele sets “fire to the rain” after she files for divorce from her celebrity ex Simon Konecki. The celebrity couple have been together for eight years and share a son, Angelo, together. The two plan to go their separate ways, but will raise their son in a loving environment. The songwriter has not spoken out publicly, but continues to send positive vibes on social media. According to *EOnline.com,* Adele posted on Instagram back in May about her willingness to make this a better year, saying, “30 tried my so hard but I’m owning it and trying my hardest to lean in to it all.”

In celebrity divorce news, Adele has officially filed for divorce from her husband Simon. What are some ways to announce your divorce

to family and friends?

Cupid's Advice:

Telling someone that you and your ex lover have decided to split is not the easiest tasks especially when there is family involved. Some couples live separate lives, but stay together in order to please their family members.This is not the best idea especially when you are not happy being with this person. Cupid has some relationship advice when it comes to telling your family and friends about your divorce:

1. Don't break the news at a family event: This can become awkward very quickly. You don't want to ruin a fun filled event with some bad news. Avoid making any "grand entrance" with news about a separation. You don't want to be put on the spot to answer private questions about your relationship.

Related Link: Halle Berry Walks First Red Carpet Since Celebrity Divorce Announcement

2. Try not to play the blame game: Pointing fingers at why the relationship ended is the easiest way for many to avoid talking about what really happened. Even if it is the other person's fault try not to be petty about what happened. Accepting what when wrong is the first part of the healing process. Learn how to tell the story in a positive light. Use words like "this was the best decision for us" or "we've come to a mutual agreement". Not only is this mature, but this language will be best for telling important people like your children.

Related Link: Expert Dating Advice: Moving On After a Divorce

3. Let everyone know that you are still processing this: Whether you called it quits or your partner its important that you take the time to process it all. You might be wondering what went wrong or how you will get over this person. The

warning signals could have been there, but you didn’t know it would go downhill so fast. Take your time and needed space to reflect.

How would you tell people about your divorce? Share your ideas in the comments below!