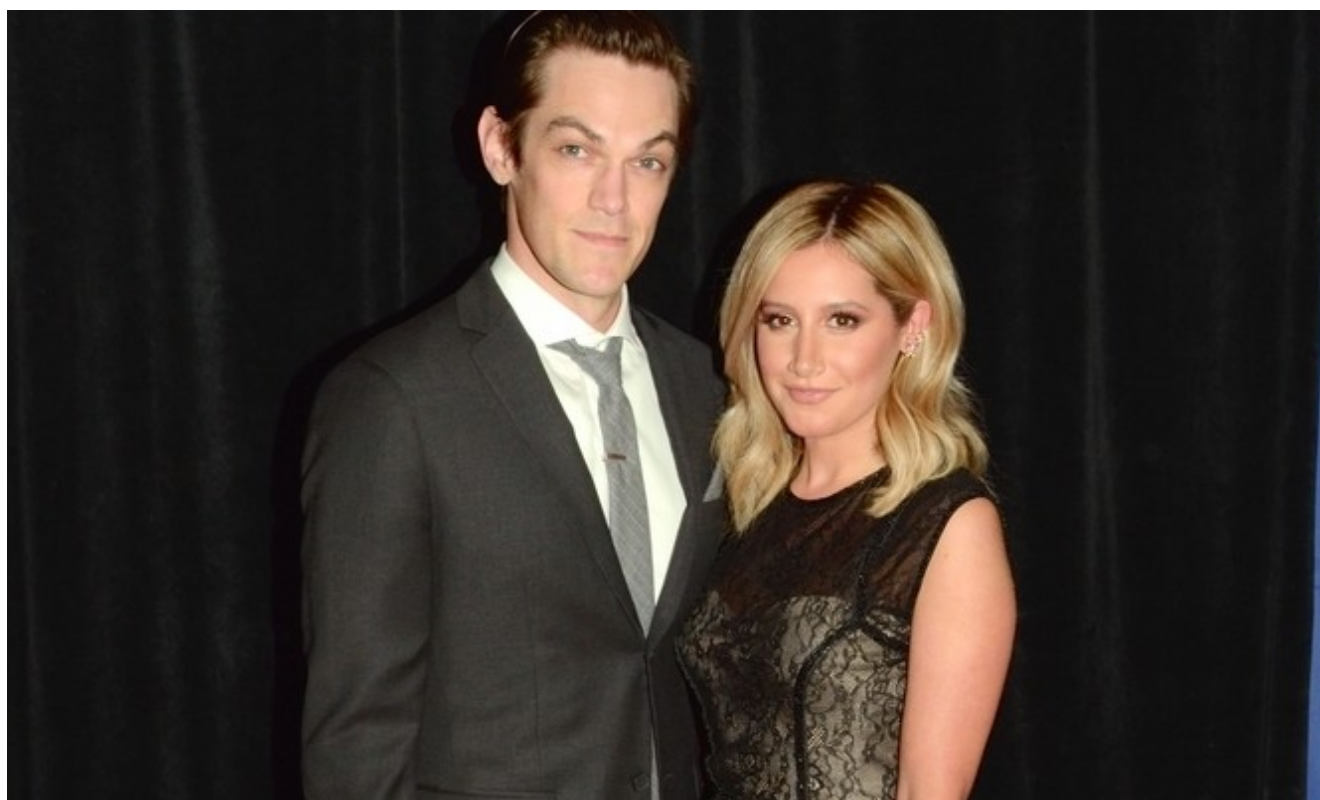


Ashley Tisdale Talks Celebrity Marriage: “He Inspires Me in So Many Different Ways”



By [Sarah Batcheller](#)

In a recent interview with Wonderwall, newlywed Ashley Tisdale gushes about the love she shares with husband Christopher French. The actress says she just knew that it was right and that he inspires her every day. The rocker's loyalty is second-to-none, a quality that Tisdale highly regards in her [celebrity marriage](#). The *High School Musical* star also dishes on how she and former *HSM* co-stars have kept in touch over the years, raving especially about her friendship with

Vanessa Hudgens. Read on for the details from her adorable celebrity interview!

Ashley Tisdale Opens Up About Her Celebrity Marriage

WW: Did falling for your husband open your eyes to a new kind of romance or love story?

AT: “Definitely! Obviously! He definitely inspires me, for sure. It’s one of those moments where, in the past, everything else was just kind of forced or not right. Then, finally, when you are in the one that’s The One, you are like, ‘Oh, wow! This is how this is supposed to be.’ So it’s natural and nice. It’s one of those moments that you just know.”

Related Link: [Ed Sheeran’s New Girlfriend is Taylor Swift Approved](#)

WW: How does he inspire you in your celebrity marriage?

AT: “He inspires me in so many different ways, just to be a better person. I never really had someone guy-wise who was a loyal person, so it’s really nice to have someone be as loyal ... I hold loyalty and respect really high. So it’s like ‘Oh, there’s someone who is giving back as much as I’m giving.’”

WW: What is your idea of a romantic encounter?

AT: “I think it’s that first connection. You just feel it. It’s an exciting time, I think. It’s the first spark where you go, ‘Oh my God, this is so great.’ I definitely can relate to that moment for sure. You always remember it too, that moment.”

WW: What’s your idea of a romantic evening?

AT: “For the first couple of dates, I’m definitely someone who

likes to be more casual. When it's super romantic, it's a little bit of pressure, and you're like 'Oh my God, this is nerve-racking.' I'm one of those girls that you can just take to dinner and not have to romance completely. I'm someone who likes the idea, but I'd rather go to a cool restaurant that's not so dark. For me, romance is the smaller things. I'm definitely someone who is adventurous and spunky."

WW: Are you a hopeless romantic?

AT: "Yeah! I definitely am. I'm someone who loves romantic comedies: *My Best Friend's Wedding*, *Just Married*, and *How to Lose a Guy in 10 Days*. And I listen to Taylor Swift's music all of the time."



Ashley Tisdale and Christopher French on their wedding day. Photo courtesy of Ashley Tisdale's Instagram.

Celebrity Interview with Ashley Tisdale

WW: You recently had a *High School Musical* reunion. How was that?

AT: “Monique [Coleman] does this charity where she was giving away a dinner with the cast. So there was a winner a couple of months ago, and she was finally able to get us in one area to do it. It was the best time. We were just talking about anything and everything. [The winner] was so a part of it because we hadn't seen each other in so long. It's been years since we've been all together like that.”

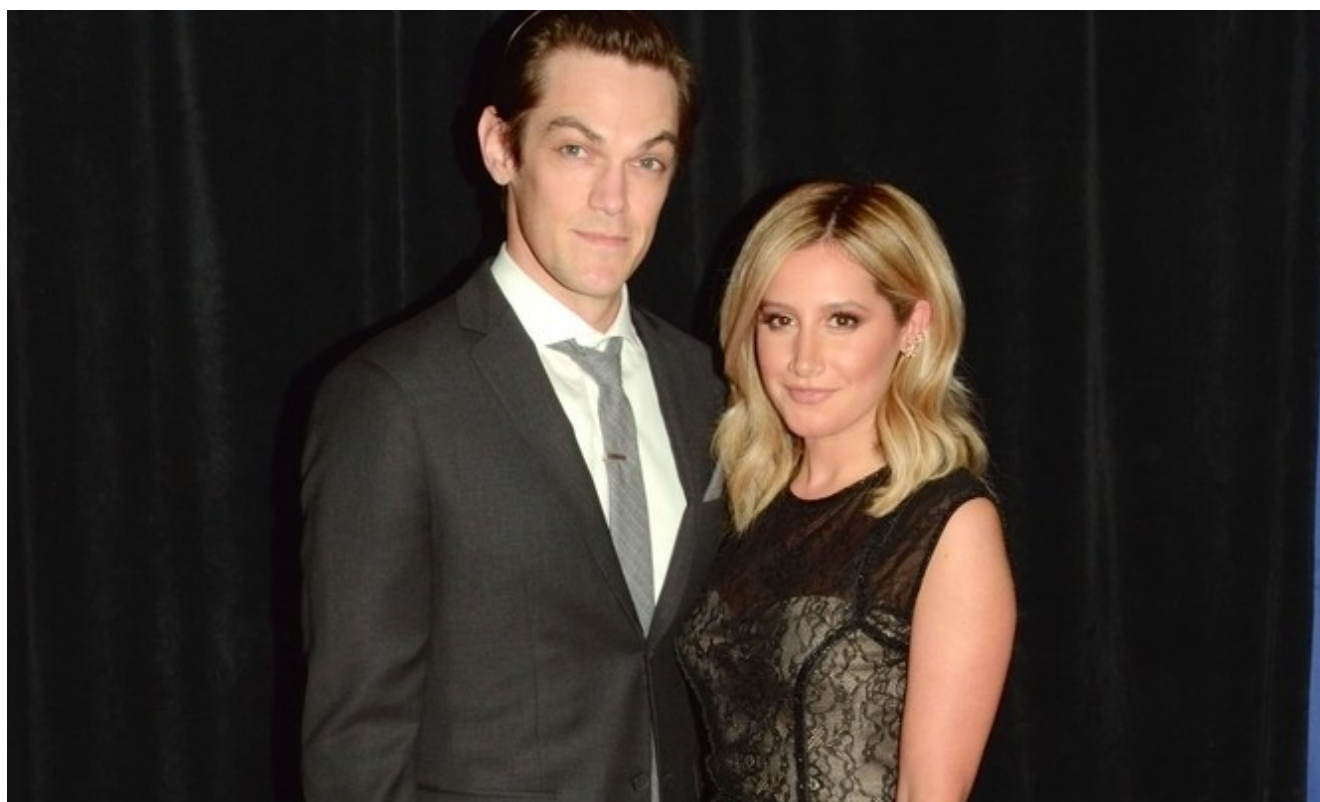
Related Link: [Lea Michele Kisses Boyfriend on Boat in Italy](#)

WW: You and *High School Musical* co-star Vanessa Hudgens have really stayed close over the years. How has your relationship grown?

AT: “We will always have this connection of something we've been through together. Over the years, though, she's really grown up and is such a beautiful person. It's nice to grow together and lean on each other in moments that we've needed it. It doesn't matter how busy we both are; if I pick up the phone and call her, she's always there. So to have that kind of friendship has been awesome.”

For the rest of the celebrity interview, visit www.wonderwall.com/entertainment/ashley-tisdale-my-husband-inspires-me-everyday-1840127.article. You can keep up with Ashley on Twitter @ashleytisdale.

Sources Say Avril Lavigne and Chad Kroeger Are Headed for Splitsville



By Amanda Boyer

After Avril Lavigne's relationship rollercoaster with exes Deryck Whibley and Brody Jenner, she thought she'd found "the one." According to UsMagazine.com, the one year marriage between Lavigne and Nickelback's Chad Kroeger might be coming to an end a little too soon. Sources say, "It's over. He has been going around L.A. telling people that they are divorcing."

How do you work on your marriage in the face of problems?

Cupid's Advice:

Want to re-patch your marriage? Cupid has a few tips for you that will do the trick:

1. Listen: Really listen to what is going on and try to be aware of the reasons behind why your partner is angry or upset.

Related: [Pamela Anderson Says 'Marriage Has Its Ups to Downs'](#)

2. Compromise: See what you can fix and change in the relationship within reason. You may be surprised how well this works for you.

Related Link: [Josh Brolin and Diane Lane Are Officially Divorced](#)

3. Remember: When you are in the middle of a fight, remember why you got married in the first place and the promises you made to each other. Really think about whether the source of the argument is worth it.

Have any other advice if there is trouble in paradise? Share below!

Neil Patrick Harris and David Burtka Share Italian Wedding

Photo



By Amanda Boyer

On September 6th in Perugia, Italy, *How I Met Your Mother* star Neil Patrick Harris and his partner David Burtka finally tied the knot after a long wait. To celebrate their special day, their soon-to-be 4-year-old twins Harper and Gideon joined them dressed in cute wedding attire as well. According to [People](#), the ceremony was small and intimate and included their close family and friends.

What are some ways to incorporate your children in wedding festivities?

Cupid's Advice:

Want to include your kids in your special day? Cupid has some

tips for you:

1. Have them speak: Your kids saw how your love story came to be, so why not have them make a small toast or do a reading showing their love to their new family and happy parent?

Related: [‘Bachelor In Paradise’ Star Michelle Money Says, “I am the Luckiest Girl in the Whole World!”](#)

2. Put them in the party: Maybe they are old enough to be a junior bridesmaid, or maybe they are young enough to be your flower girl. Either way, get them involved in a special way!

Related: [Adam Levine and Behati Prinsloo Make Debut as Married Couple](#)

3. Have them help plan: Need more opinions? They can surely add a unique taste to your wedding.

Have another way you integrated your children? Comment here!

Find Out Details About Ashlee Simpson’s ‘Naked’ Wedding Cake





By Amanda Boyer

Ashlee Simpson's wedding was anything, but boring. From Simpson's crop top wedding dress down to her cake, everything stood out as unique. People.com got the scoop on the brides's 4-tier red velvet, chocolate and vanilla "naked cake," courtesy of Brooklyn-based BCakeNY. "The cake matched perfectly with the décor and the centerpieces. We actually worked together with the florist," said Miriam Milord, the designer of the cake.

What are some ways to compromise with your partner about wedding details?

Cupid's Advice:

Want to make sure your partner is happy with wedding details before the big day? Cupid has some insight:

1. Set objectives: Make sure you both are on the same page when it comes to a band, a DJ, or what type of food you want. Make sure you are both having a voice in decisions.

Related: [Sia Marries Filmmaker Erik Anders](#)

2. Collaborate: Take what both of you want and combine it into one idea to meet each one's needs and ideas.

Related: [Hilary Duff Writes Song About Estranged Husband](#)

3. Put yourself in their shoes: What are they thinking? Is this fair? These are two questions to ask yourself before making an executive decision for the both of you.

Have any other tips for planning your dream day? Comment below!

Jessica Simpson Shares Five Wedding Vows For a Happy Marriage





By Amanda Boyer

We have seen Jessica Simpson go through ups and downs over the years, but now this newlywed is discussing her five wedding vows for a happy marriage. If you pick up *Glamour* magazine, you can read about how Simpson feels “truly comfortable in my own skin” now that she is married to Eric Johnson. Through other factors like better exercise habits, food choices, and lifestyle changes, she’s gained happiness as well. According to UsMagazine.com, Simpson believes that sharing her vows will “bring you closer to yourself and your happily-ever-after.”

What are three tips for writing your own wedding vows?

Cupid’s Advice:

Have you recently decided to write your own wedding vows with your partner? Here are some tips to make them memorable and promising for the both of you:

1. Write down notes about your relationship: For inspiration, write down qualities you admire in each other, memories you have had, and challenges you have faced together. Often times

this will give you a starting point and get your creative juices flowing.

Related: [Former 'Bachelorette' Desiree Hartstock Celebrates Upcoming Wedding with Bridal Shower](#)

2. Promise: Jot down a few promises, but make sure they're creative and not cliché. You can quote the Bible and Shakespeare, but do not overuse it. Make sure you are using your own voice.

Related: [Avril Lavigne Receives 17-Carat Ring for Wedding Anniversary](#)

3. Keep it simple: You do not need to tell the story of your whole relationship, but instead get your point across in a few meaningful phrases.

Said something special on the day of your happily ever after? Share below!

Famous Couple Brad Pitt and Angelina Jolie Honor Her Late Mother at Celebrity Wedding





By Kaley Allard

It finally happened! Famous couple [Brad Pitt](#) and [Angelina Jolie](#) tied the knot in an intimate [celebrity wedding](#) ceremony, which included their children, at their home in France this past weekend. While the day was filled with much celebrity love and joy, it was also somber for Jolie, whose late mother was not in attendance. [UsMagazine.com](#) reported that, to honor Jolie's mother Marcheline Bertrand, Pitt had a stone engraved in the floor where they said "I do" in tribute to her. The day was all about family, so this celebrity couple made sure to include those who were there in spirit as well.

This famous celebrity couple chose something special to honor Jolie's mother. What other ways can you honor your passed loved ones at

your wedding?

Cupid's Advice:

Your wedding day is meant to be filled with happiness and joy, but if you have lost loved ones, it can also be a day of sadness. Knowing that they are not physically there with you on that big day can bring you down. Here are three suggestions from Cupid on how to honor your lost loved ones on your special day:

1. Release balloons: A touching gesture for those who are no longer with you is to release balloons into the sky. You can tie a touching message or even a wedding invitation to the string and send it to your loved ones. Not only is this a sweet moment, but it will bring you some comfort as well.

Related Link: [Celebrity Couple Angelina Jolie and Brad Pitt Tie the Knot!](#)

2. Put pictures on your bouquet: Another simple yet meaningful way to honor your late loved ones while keeping them close at the same time (much like Pitt and Jolie did for their celebrity wedding) is to attach small photos of them to your bouquet. It's a small gesture, but having them close to you will bring you joy.

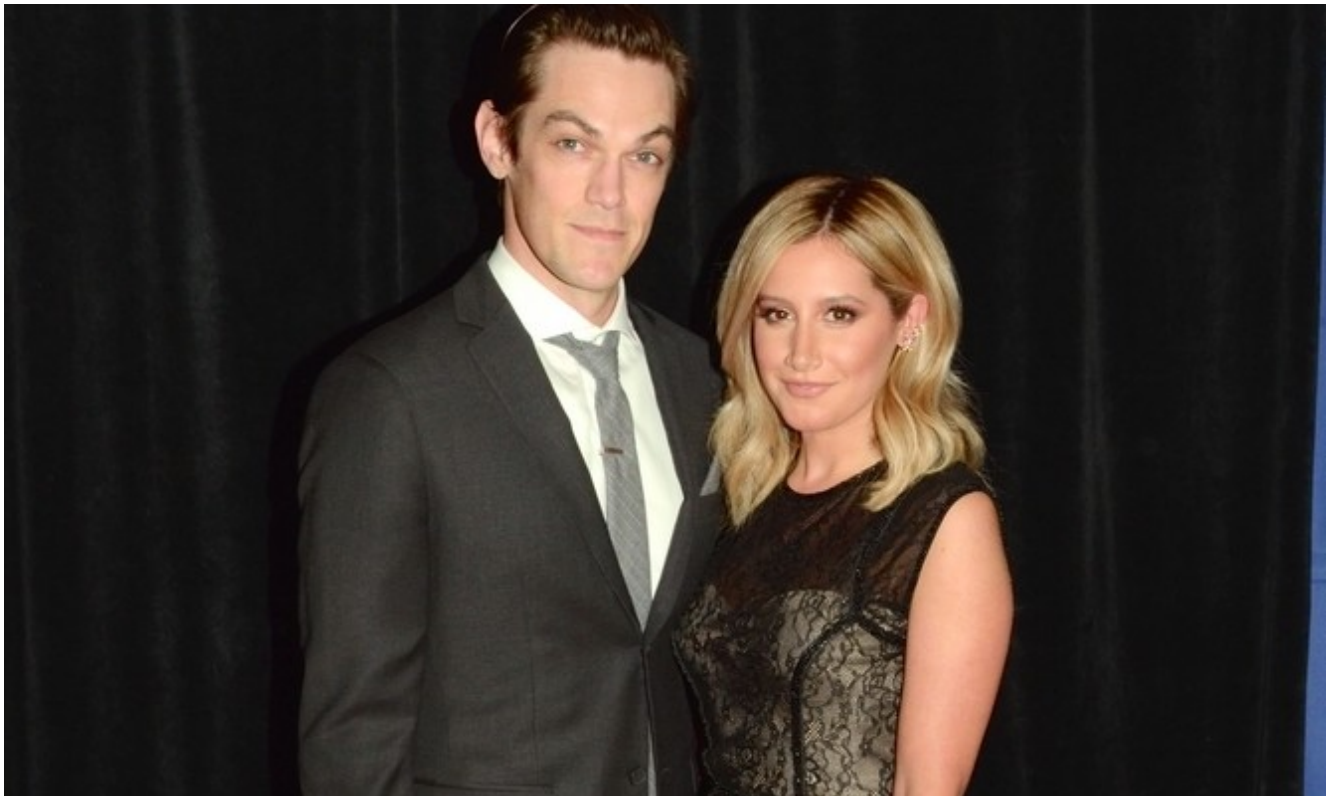
Related Link: [Lea Michele Posts Touching Picture on Anniversary of Cory Monteith's Death](#)

3. Wear something old, borrowed, or blue: A third way to honor your loved ones is to wear something of theirs, be it old, borrowed, or blue. You could wear a piece of your grandmother's jewelry or sew a piece of your father's blue shirt into your dress. Any way to keep them close to you on your big day will be a sweet tribute to them.

How did you honor your lost family members during your

wedding? Please share below!

Rachel Bilson Celebrates Her Baby Shower



By Kaley Allard

Details of Rachel Bilson's baby shower are brought to us by UsMagazine.com. The guest list at Bilson's shower consisted of high school friends and family as well as fellow celebrities and moms, Natalie Portman and Jamie King. Instead of bringing gifts for the mom-to-be, the guests each brought a birth bead, which they then blessed. The overall atmosphere of the shower

took on a relaxed feel, one that was stress-free. Bilson, 33, is a first-time mom who is extremely excited, but any advice from others was probably welcomed.

What are some unique ways to share wisdom at a baby shower?

Cupid's Advice:

Baby showers are a great time to provide the future mommy with much-needed supplies and advice. Providing her with a lifetime supply of diapers would be fantastic, but what she would appreciate even more is thoughtful and creative gifts from her guests. Here are three suggestions from Cupid on how to provide wisdom for the mother-to-be:

1. Make a book: A mom-to-be can only handle so many diapers, and while they are a great gift, something homemade is even more special. Consider creating a book of advice for the special guest, which contains things from her friends and family – just make sure that the individuals giving the advice have had children themselves.

Related: [Rachel Bilson and Boyfriend Hayden Christensen Enjoy Vacation During Pregnancy](#)

2. Diaper drawing: A unique, fun and crafty activity is to have your guests write a piece of wisdom on a diaper so that when the mother and/or father changes their baby's diaper, they will learn a new piece of wisdom with each change.

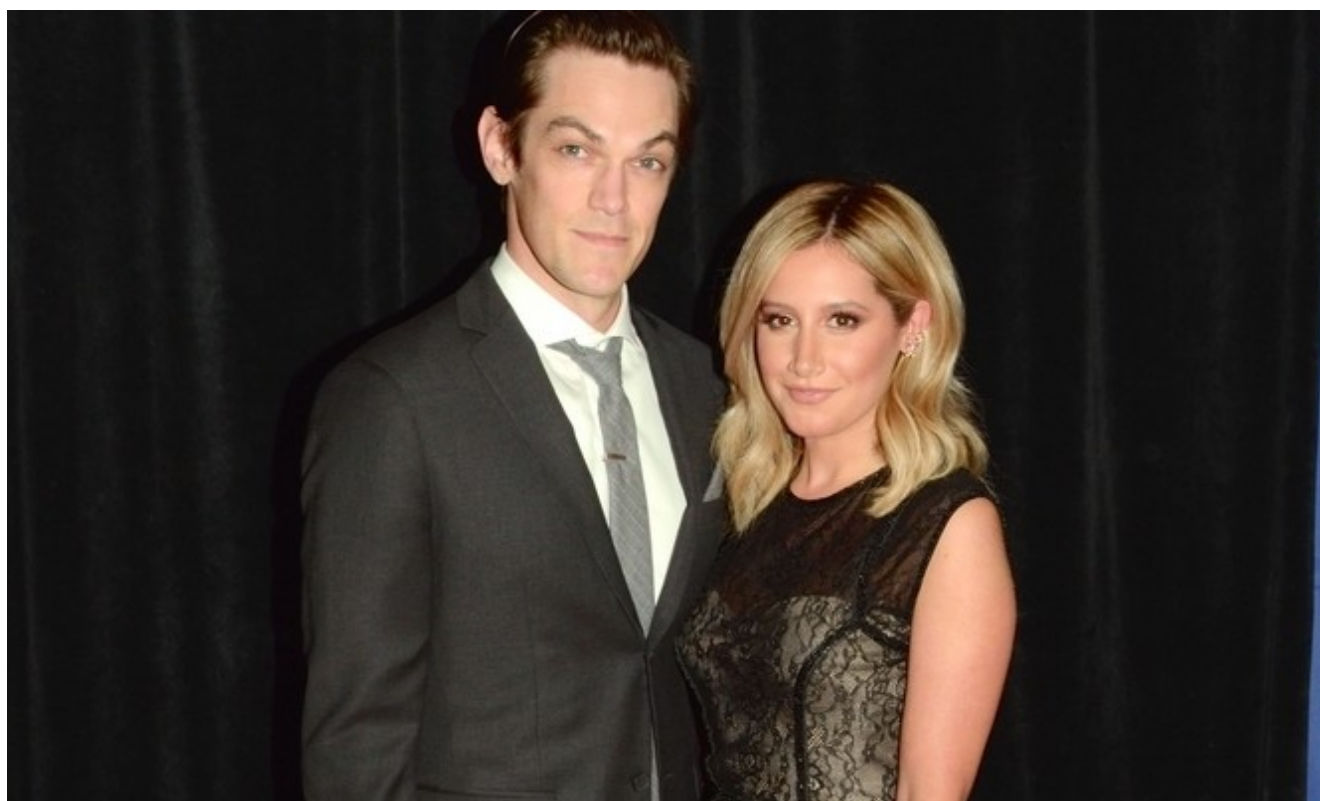
Related: [Celebrity Couples Who Cannot Wait to Become Parents](#)

3. Pass it along: Paste pictures of each guest's child, if they have one, on a wall and give the mommy-to-be pieces of paper with a piece wisdom that that mommy learned with their child. Then have them try to match the piece of wisdom to the child's picture.

What are some ways in which you have shared wisdom with a

mommy to be? Please share below!

Ashlee Simpson Ties the Knot with Evan Ross at Diana Ross' Estate



By Kaley Allard

“I now pronounce you husband and wife.” These are the words that Ashlee Simpson and Evan Ross heard during their August 31st wedding. The ceremony was held at the Connecticut estate of the grooms famous mother, Diana Ross, who also served as

the wedding planner, which has been confirmed by UsMagazine.com. Simpson was walked down the aisle by son Bronx, 5, who is fathered by her first husband, musician Pete Wentz. Simpson's sister, Jessica, served as the Matron of Honor while her niece and nephew served as the flower girl and ring bearer. Cupid wishes them well on their new journey as a married couple!

What are some advantages of getting married at home?

Cupid's Advice:

Getting married at one's home may not be everyone's piece of cake; some individuals want grand ballrooms for their guests to dance in, but for some getting married in one's backyard may just be the trick. Here are some pieces of advice from Cupid when considering a wedding at your home:

1. Free venue: Weddings are not cheap and if you are able to host the ceremony and wedding at home, do it! It's a great way to save money which you could then put back into the wedding in the form of favors or in more expensive food options.

Related: [Let Alan and Denise Fields Help You Plan Your Dream Wedding, Even On a Tight Budget!](#)

2. Intimate setting: The memories that your home holds will hopefully have you smiling even more on your big day, while also helping you stress a little less. So many good things have happened in your home so far, why not add a wedding ceremony to that stack of happiness? Not only will you appreciate the down to earth, home-y feel of your wedding, your guests most likely will as well!

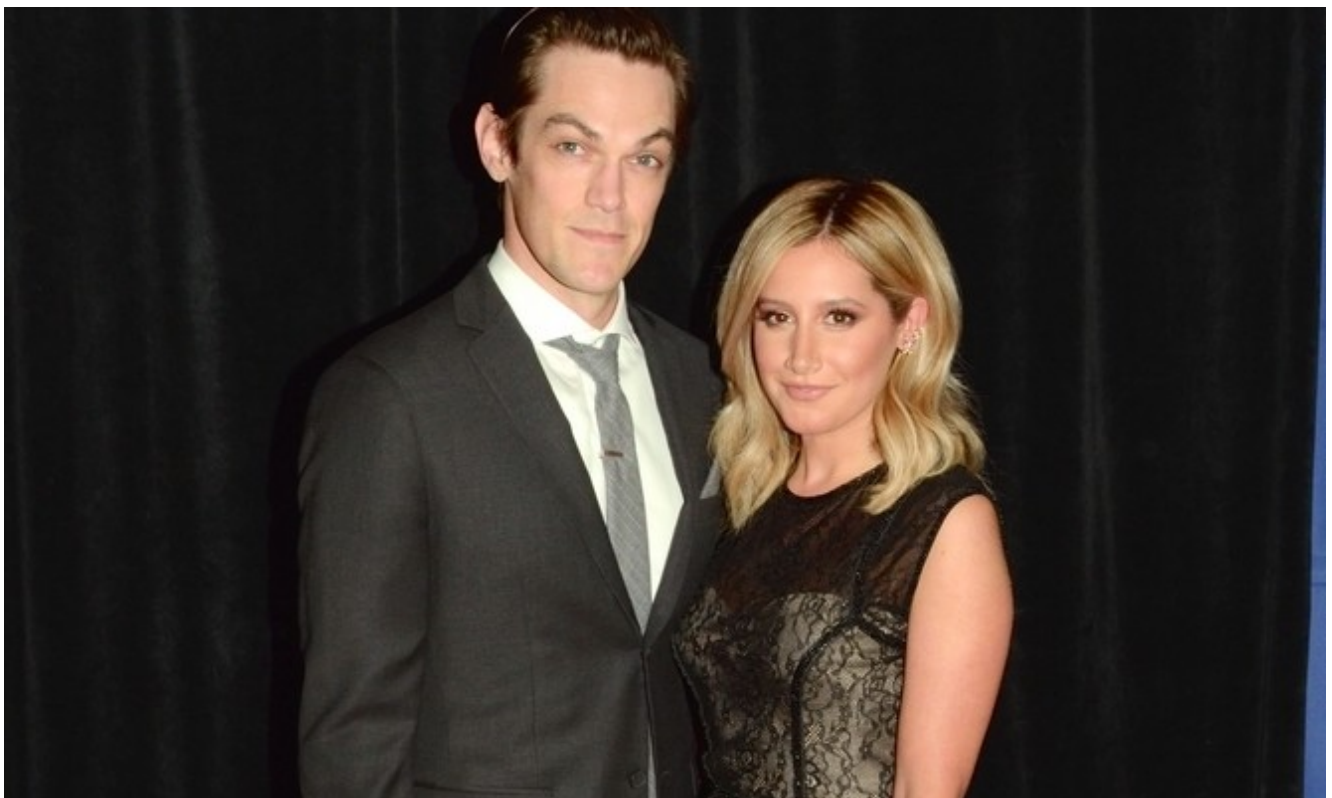
Related: [Alanis Morissette's Secret Home Wedding](#)

3. Privacy: Another perk to having your wedding at home is the added privacy. With a larger venue that may be hosting multiple events, you won't need to worry about unwanted guests

waltzing their way into your reception.

If you and your partner were married at home, how did you enhance the space for the wedding ceremony? Please comment below!

Beyoncé and Jay Z Lock Lips at MTV Video Music Awards



By Kaley Allard

Recently, there have been rumors swirling that power couple Beyoncé and Jay Z were headed for splitsville. As reported by

[E! Online](#), the two put that gossip to rest when they kissed at the 2014 MTV Video Music Awards as the rapper presented his wife with the Michael Jackson Video Vanguard Award. Beyoncé thanked God, her daughter Blue Ivy, her husband, her fans, and MTV for this award and couldn't hold back the tears.

What are some ways you can support your partner's career?

Cupid's Advice:

The human race is a self-centered one. We want others to pity us in times of need or to praise us in times of joy. When you are in a committed relationship, that attitude must change in order for your partnership to stay strong. Here are three ways to support your partner's career and show how much you truly care:

1. Surprise them: If your partner receives a promotion at their job, surprise them with a nice dinner or even a simple card. Anything to say how proud you are of this exciting announcement will make the promotion even more special.

Related Link: [How to Handle Being More Successful of Your Partner](#)

2. Lend an ear: If your partner is worried or stressed about a project at work, take the time to actively listen to their concerns. Allowing them to vent will show them that you really care about what's going on and that you're there to help them work through any issues they may have.

Related Link: [Celebrity Athletes and the Women Behind Them](#)

3. Plan a date night: If your partner loses their job or even just has a really rough day at the office, take them out for a night of fun and relaxation. Put off discussing the tough situation until tomorrow, but don't put it off for good. If needed, help your partner in their job search. No matter what,

be positive – tomorrow will be a better day!

What have you done to show your support for your partner's career? Please share below!

Adam Levine and Behati Prinsloo Make Debut as Married Couple



By Kaley Allard

Women around the world wept when the news of Adam Levine's

engagement and wedding was announced. The Maroon 5 lead singer is easy on the eyes, so it's surprising that it took someone so long to nab him! As reported by UsMagazine.com, *The Voice* coach and his Victoria's Secret model wife Behati Prinsloo attended the 2014 MTV Video Music Awards in their first official outing since they said their vows earlier this summer. The pair were gorgeous and looked so in love as they strolled down the red carpet. We wish them a lifetime of happiness!

What are the pros of being a married couple rather than just being in a relationship?

Cupid's Advice:

Being in a committed relationship with someone is a wonderful experience, and when the two of you decide that it's time to get hitched, your love reaches a new level. You both care for and trust each other enough that you're willing to commit for the rest of your lives. Here are a few perks that go along with being a married couple:

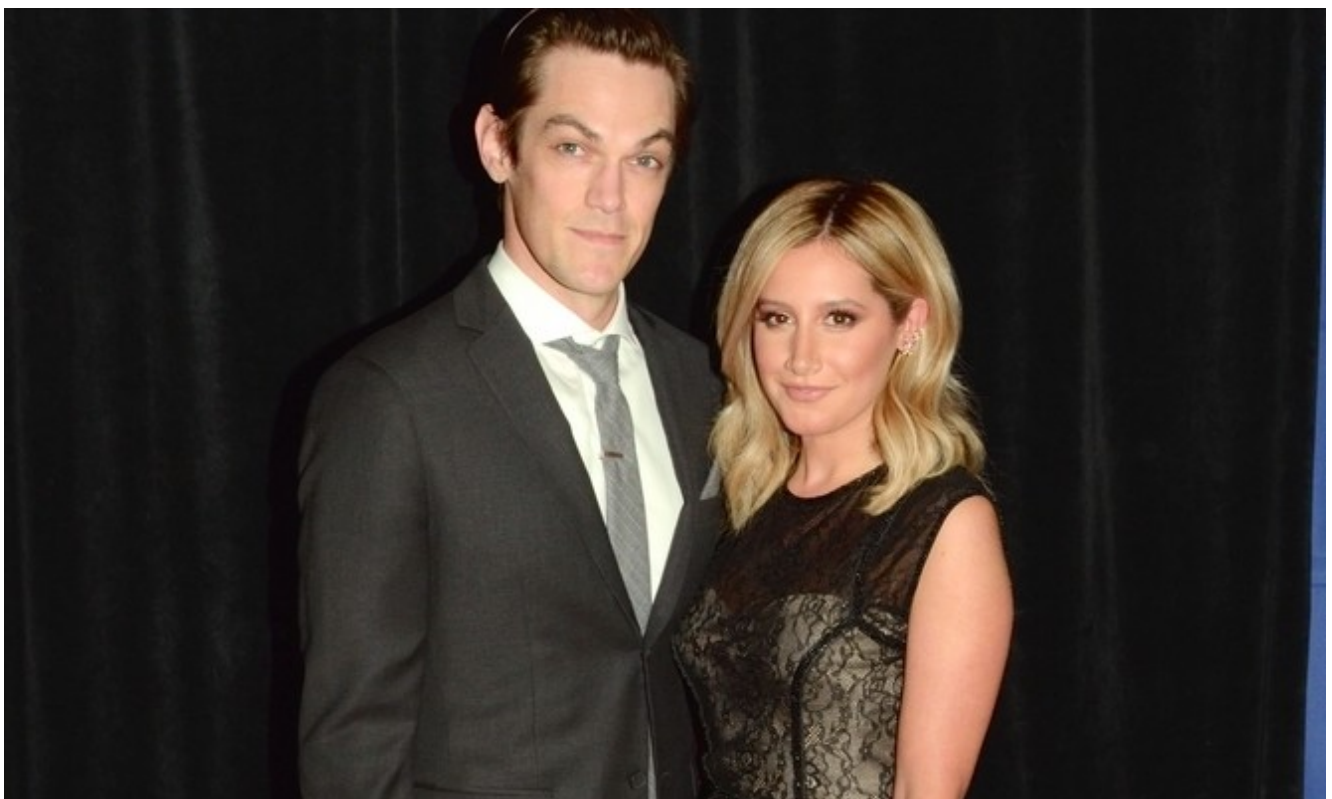
1. Honeymoon phase: One thing that people always talk about is the so-called honeymoon phase that newlyweds experience. There is an overwhelming sense of joy now that your wedding is finally over. It's time to relax and just enjoy each other's company as a married couple.

Related Link: [Find Out About Adam Levine and Behati Prinsloo's Wedding Reception](#)

2. You're now a unit: After you and your partner officially tie the knot, those around you will see you as one. Your marriage shows your family and friends that you have made a lifelong commitment to one another and are completely dedicated to each other. Your relationship has hopefully grown stronger because of this big step!

What positive experiences have you had now that you and your partner are married?

Courtney Stodden Reconciles With Estranged Husband Doug Hutchison



By Laura Seaman

Teen bride Courtney Stodden and *Lost* actor Doug Hutchison have gotten back together after their separation, and they plan on renewing their vows, according to UsMagazine.com. The two were

married in 2011 when Stodden was only 16 and Hutchinson was 51, attracting plenty of criticism from the public. Since then, the young model has been on *Celebrity Big Brother* in the UK, which is where “she realized that there is this whole world out there to explore,” according to a source. “She was so reliant on Doug up until doing the show, but after going so far away, she realized she could survive by herself.” The pair said that the age gap was the main reason for the split, but now it appears they are ready to try again.

What are some factors to consider before getting back with an ex?

Cupid’s Advice:

Sometimes relationships fall apart, but that doesn’t mean they’ll never work out in the future. If you’ve ever gotten back with an ex, you know exactly what this means. Maybe the timing wasn’t right, or you both had some issues to work out. Either way, sometimes it’s worth a second shot. You two were close once, so maybe you can be close again. Just keep a few things in mind before you start making a move on your ex:

1. You have to know what went wrong the first time. Clearly something went wrong, otherwise you wouldn’t be exes. You need to know what this fatal flaw was, otherwise there’s no way you can fix it the second time around. And don’t just guess, but be one-hundred percent sure. Maybe you or your ex said, “It’s not you, it’s me,” or “I’m just not ready for a relationship right now.” Were these the real reasons? This is the time to find out.

Related: [Doug Hutchison and Teen Bride Courtney Stodden Separate](#)

2. You need to know that things have changed. If things haven’t changed, then your relationship won’t change either. It didn’t work the first time, so unless there’s a change, it

won't work a second time. Make sure you've talked about what went wrong and how this new relationship is different and has fixed whatever that problem was.

Related: [Hillary Duff Writes Song About Estranged Husband Mike Comrie](#)

3. You should have tried other options first. Don't go back to your ex because you don't think you have any other options, or because you don't know how to live life without them. Try being single for a while! Go on dates with other people first. Who knows, maybe your ex is truly the one for you, but you need to know how to be happy by yourself and explore all your other options. Only then can you be truly confident in your decisions to try again with your ex.

Have you ever gotten back with your ex? What did you consider beforehand? Let us know in the comments.

Kim Kardashian Legally Changes Name to Kim West





By Laura Seaman

It's not Kim Kardashian anymore, it's Kim West! This reality TV star has officially changed her surname from that of her famous family's to her famous rapper husband's. With a new passport photo to go with her new name, she recently took to Twitter to announce her new name with the hashtag #Mrs.West. According to [People](#), the former Kardashian has been a West on the social media site for a few months, and it was only a matter of time until she made it official.

How do you know whether to change your name post-marriage?

Cupid's Advice:

It's tradition for the bride to change her surname to that of her new husband's, but recently more and more women have been keeping their own names instead. It's a decision that takes a lot of thought, as changing your name is like changing part of who you are. It's a commitment that fits the importance of marriage, and if your marriage doesn't make it, your name will have to change yet again. It's a very public way of announcing

that you're hitched, so there are a few things to think about before you make the choice:

1. Think of which name you will be using in your career. Many women might keep their own last names because it is the name that their clients and coworkers know them by. It would take a while for everyone in the workplace to get used to the new name, and you'd have to change things like your business cards, signature lines, and maybe even your email address if they contain your last name.

Related: [Kim Kardashian Says She and Kanye Will 'Always Be in the Honeymoon Phase'](#)

2. Consider how important it is to the groom. True, it's your name that's changing, but it's his name you're changing it to. Some grooms might not care whether or not you take their name, but others may feel strongly about the issue. It's something you should probably talk about before getting married, but something you should definitely discuss if you're not sure either way.

Related: [Kanye West Shows Off His Wedding Ring](#)

3. Ask yourself why you wouldn't. Yes, changing your name is a huge step, but it's a step you should be willing to take if you're serious about your marriage. If you can't commit to changing your last name, how can you commit to living your life with this person until death do you part? Maybe you have your own personal reasons, but make sure lack of commitment isn't one of them.

How did you make the choice of whether or not to change your last name? Let us know in the comments below!

Beyonce and Jay-Z Continue to Avoid Each Other on Tour



By Laura Seaman

All the signs point to trouble in paradise for Beyonce and Jay Z. The couple is currently on tour together, appearing to be fine working together on stage. However, a source tells UsMagazine.com, "They stayed separately in both New York and L.A. for several nights." Another source reported that Beyonce was seen looking at apartments by herself in New York City. There are multiple predictions that the couple will officially split after their tour, but an insider close to Beyonce insists that they are fine. "They have issues, like every other couple," the source said.

How do you keep your troubled marriage under wraps?

Cupid's Advice:

Marriages go through rough patches, but that doesn't mean anyone else has to know about it. Sometimes it can be embarrassing, and maybe once others find out they might start trying to 'fix' things or telling you that it was never going to work in the first place and encouraging a split. Here are some ways to keep your marriage troubles a secret:

1. Avoid going to events by yourself. You can probably get away with saying that your partner is busy during one family event, but when you start showing up everywhere without your significant other, things start to look suspicious. This is when you need to talk to your partner about working together to keep up appearances or just announcing a split.

Related: [Beyonce and Jay-Z Share Wedding Video on Tour](#)

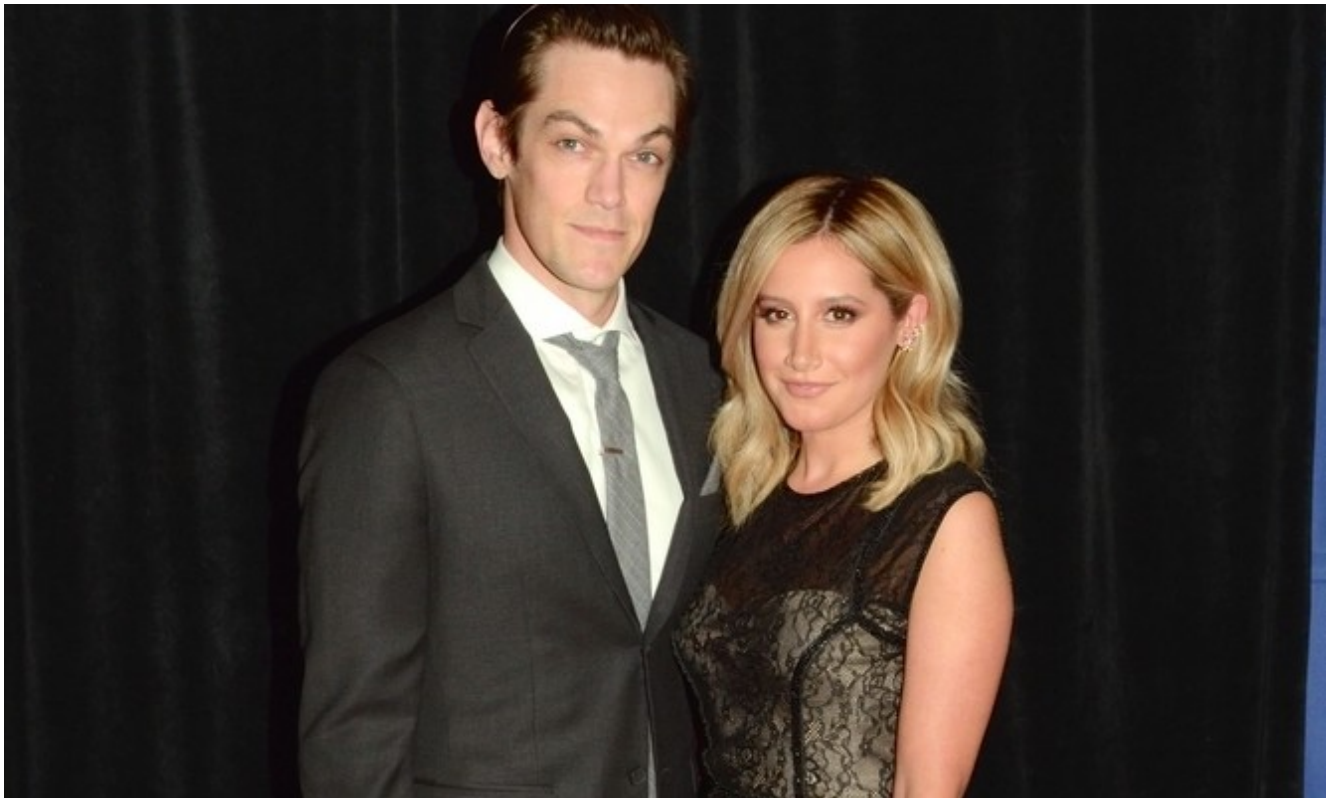
2. Show a little PDA. If you're still going places together, that's a good step! However, it won't help much if you're sitting far apart and refuse to even touch each other. Try holding hands or sharing a kiss every once in a while. Tension can be easy to see, but affection is a great way to settle any doubts. And who knows, maybe it can help you feel closer as a couple and work on settling your issues!

Related: [Beyonce's Sister Solange Attacks Jay-Z](#)

3. Keep your fights between yourselves. This can mean two different things. First, don't have fights when you're with friends or family, even if they're tiny little snide remarks back and forth. These people know you, and they'll pick up on it. Second, don't talk about your fights with others. It's probably tempting to rant about a fight to your friends, but unless it's only one friend that you are absolutely sure can keep a secret, try to keep it to yourself.

How would you keep marriage issues a secret? Let us know in the comments!

Adam Levine Shares First Post-Wedding Pic with Wife Behati Prinsloo



By Laura Seaman

Newlyweds Adam Levine and Behati Prinsloo were showing off their serious sides in a selfie that Levine posted on Instagram. The couple wore sunglasses and emotionless expressions as they posed at the camera. The two were married on July 19 in Mexico and had their 300 party guests gushing about how amazing the occasion was. "Adam and Behati set out to make this the most fun wedding that anybody has ever

experienced and they truly did just that,” a source told UsMagazine.com. Well it looks like the fun didn't end there for the couple, as they continue to post pictures on Instagram documenting their new lives as husband and wife.

What are three exciting things to do right after tying the knot?

Cupid's Advice:

Your wedding is supposed to be one of the best days of your life, but that doesn't mean you can't have amazing fun afterwards! Most couples go on their honeymoon soon after their wedding, but maybe you want to take it a step further and kick it up a notch. These ideas will help you keep that giddy newlywed feeling alive long after you've said 'I do':

1. Go on a cross-country road trip. Instead of going the traditional route and going to the beach for your honeymoon, take some extra time to explore the entire country! Start in your hometown and make your way around until you've come full circle. You'll get a variety of exciting experiences, and you'll get to share them all with your new spouse. Not to mention this is a great opportunity to take tons of cool pictures together like Adam Levine and Behati Prinsloo.

Related: [Find Out About Adam Levine and Behati Prinsloo's Wedding Reception](#)

2. Take a mission trip together. Share your happiness with the people of the world and use your honeymoon time and money to help those who have less. Travel as a couple to a place where you can (safely) do charity work and immerse yourself in a foreign culture. It's an experience you can tell your children about and remember as a couple for many years to come.

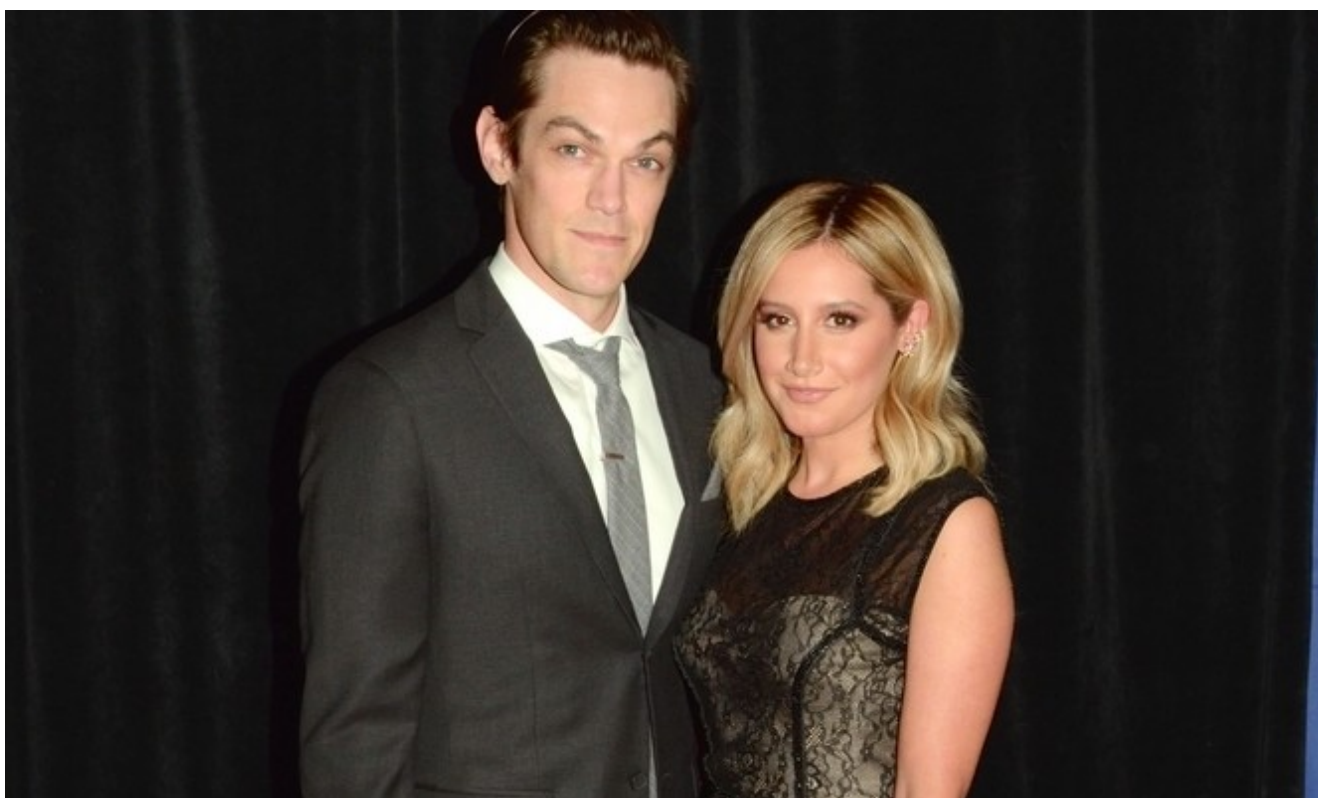
Related: [Adam Levine Married Behati Prinsloo in Mexico](#)

3. Work on a big-time project. This could be a number of

things, whether it's building your dream house or writing a book together. The process will let you become closer as a couple and the result is a testimony of how much you can accomplish together. Imagine how proud you'll feel when you can tell your friends and family "we built this together".

What kinds of exciting things did you do after your wedding? Tell us in the comments!

Nicole Richie Opens Up About Marriage with Joel Madden



By Laura Seaman

Nicole Richie recently opened up on Oprah's *Where Are They Now?* show and told viewers what it was like being married to rock star Joel Madden. The pair has been married since 2010 and have two children together, Harlow and Sparrow. "We met and we were partners from day one," says Richie, quoted on UsMagazine.com. When asked about motherhood, Richie commented, "I do know I do the best that I can. I'm probably constantly—every day—talking to other moms figuring out the best way to have a strong relationship with our kids."

What are three things that make for a steady marriage?

Cupid's Advice:

When you get married, you want it to last forever. After all, that's what "till death do us part" means. However, not all marriages last forever. To avoid letting your marriage fizzle out and break apart, do the best you can to keep the relationship steady and passionate. If those words stump you, here are a few tips to help you along the way:

1. Have the same goals as a couple. This should really be figured out *before* you get married, but make sure you want the same things for the future, like kids or a house in a certain area. Once you have these goals set up, work on them as a team and support each others' personal goal as well. Success is best shared together, and when you reach your goals, whether that means being a great parent or buying the house of your dreams, your spouse should be the person you want to share that feeling with.

Related: [Behati Prinsloo Has 'Definite' Plans to Have Kids with Adam Levine](#)

2. Be open and honest about everything. People make mistakes, and you should be honest about all of yours. This could be something in your past or something you've done recently. Your spouse will probably find out eventually, and it will be a lot

worse if they don't find out from you. This could be anything, from financial problems to past relationship troubles. If it affects you, it affects them now, too.

Related: [Matchmaker Nicole Richie: "I Set Up Cameron Diaz and Benji Madden"](#)

3. Try new things if the old ways aren't working. Sometimes relationships wear down because they've been in a rut for far too long. Maybe the way you've always done things isn't cutting it anymore. Try new ways of handling things, whether it's a new routine or taking it a step further and moving somewhere else entirely. No matter how big or how small, changes are important in any relationship.

How have you maintained a steady marriage? Let us know in the comments!

Donald Faison Says Jessica Simpsons Wedding Was a 'Major Dance Party'





By Laura Seaman

Jessica Simpson's wedding, which took place on July 5, was big and beautiful, as anyone can see from the massive media coverage. The reception that followed, according to one of Simpson's good friends actor Donald Faison, was "awesome". Faison's wife told UsMagazine.com that they had a wonderful time. Faison added, "We danced the night away!"

What are some unique ways to incorporate dancing into your wedding?

Cupid's Advice:

For some people, dancing is awkward. For others it's a passion, maybe even a career. But to many of us, it's just plain fun and to be expected at any good wedding reception. Some people might have a hard time getting over the initial nervousness of actually walking onto the dance floor, so here are some tips to get your gets out of the seats and onto their feet:

1. Play songs that encourage group dancing. It might sound

cheesy, and initially they might make you go “uugh”, but songs like the Cha Cha Slide, the Cupid Shuffle, and the Wobble are all hits that many people recognize and know how to dance to. Even if they don’t know at first, the steps are pretty easy to learn.

Related: [Eric Johnson Hits the Golf Course Pre-Wedding to Jessica Simpson](#)

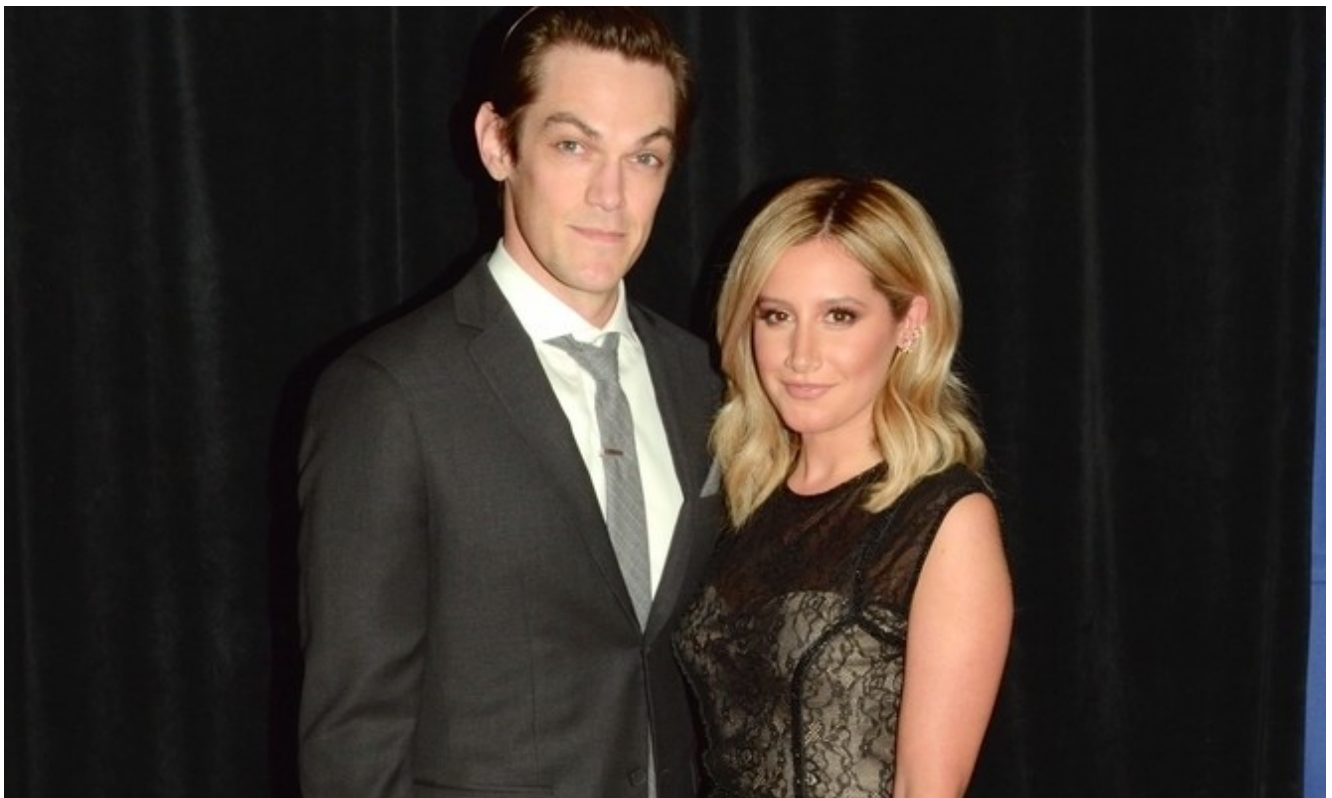
2. Coordinate a dance with the wedding party. It’s becoming more and more popular for wedding parties to put together a choreographed dance for the guests at their reception. It doesn’t have to be a work of art, or even super rehearsed. If your guests see the wedding party putting it all out there on the dance floor, they’ll be more comfortable doing it, too!

Related: [Jessica Simpson and Eric Johnson Include Their Kids in Lavish Wedding](#)

3. Do a dollar dance! This is a tradition done by some couples at some point during the reception. The bride and groom go out on the dance floor and the wedding guests can come up and pay a dollar (or any amount really) to dance with either the bride or groom. The dance will usually last just a minute or two, as a line will begin to form eventually. Not only will it fill the dance floor, but it will help you get more money to spend on your honeymoon!

How did you get guests dancing at your wedding? Let us know in the comments!

Pamela Anderson and Rick Salomon: Filed for Divorce Again



By Laura Seaman

Second time isn't the charm! It seems like this couple just wasn't meant to be, as Pamela Anderson and Rick Salomon recently split up yet again. The couple has been married twice, with the first marriage ending in 2008 only months after the wedding. According to UsMagazine.com, they were then spotted together on the beach in 2013. "It's recycling," Anderson joked, then saying "No, I'm very happy. We're happy. He's a great guy." The couple secretly got remarried, but are now filing for divorce for the second time in their on-again-

off-again relationship.

What are some things to learn from an on-and-off relationship?

Cupid's Advice:

On-and-off relationships can go one of a few ways: They could constantly follow the pattern and you'll never truly have a stable relationship, the cycle breaks and you decide to really dedicate yourselves to the relationship, or the cycle breaks and you decide to part ways for good. No matter how your rocky relationship ends, here are some things to learn from it:

1. Be happy by yourself. Maybe you went back to your ex because you didn't like being single. It can be a big change if you've been in a lot of relationships or your previous one lasted a long time, but it's a change you have to deal with. You can't be happy with someone else until you're happy with yourself, so learn to be happy and single before considering your ex (or anyone else) again.

Related: [Q&A: Should I Delete or Unfriend my Exes on Social Networks?](#)

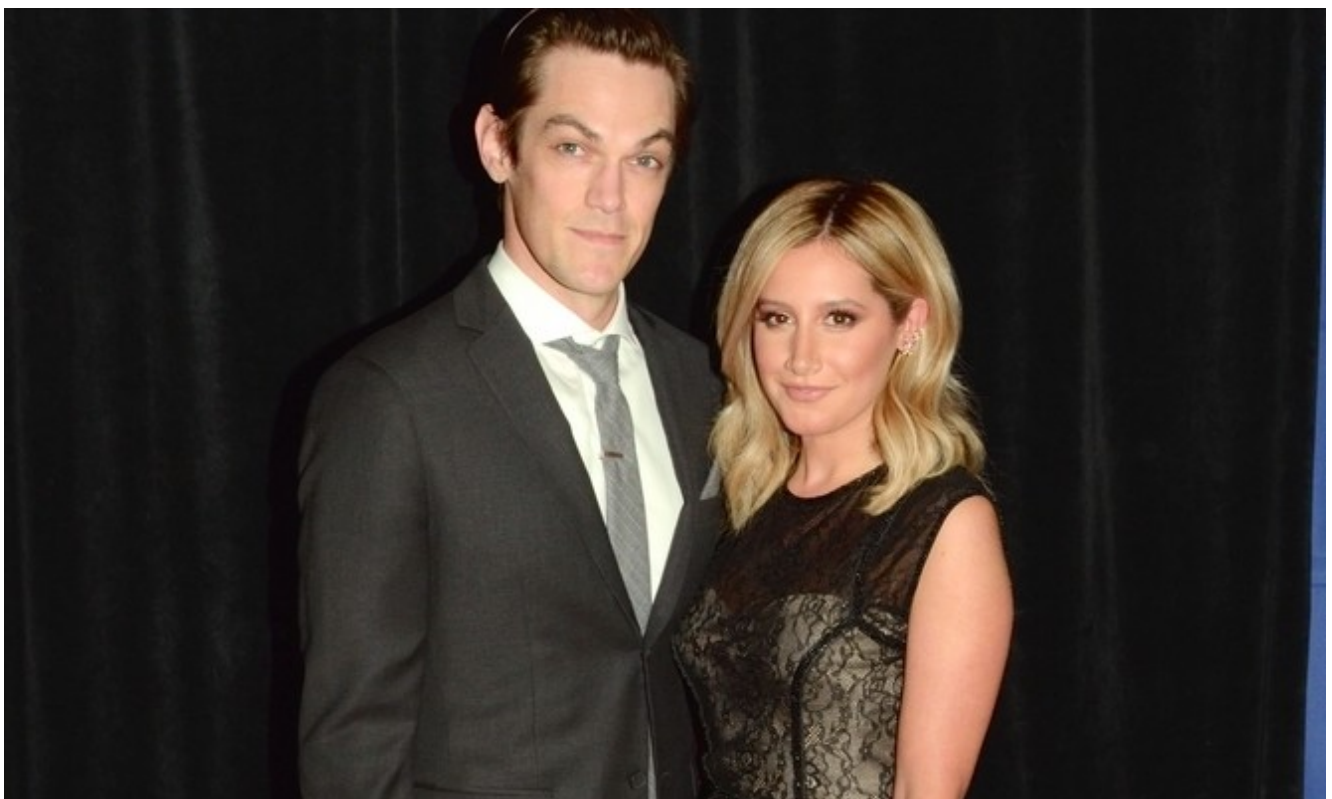
2. Get some impulse control. Sometimes you might get the urge to text or call your ex 'just to chat', or to check their Facebook page to see how they're doing. Resist the urge and distract yourself. If you give in to these nagging wants, you'll only pull yourself back into the relationship without fully being out of it and having a clear head.

Related: [How to Recover from a Hurtful Split](#)

3. Make some changes. If you had certain routines with your partner or had your schedule revolving around them, it might be difficult to get used to life without them. This can add to the pressure of wanting to get back together, but if you make some changes and live your life more like *you* want to, the pressure will slowly drift away.

Have you been in an on-and-off relationship? What did you learn from it? Let us know in the comments!

Ryan Reynolds and Blake Lively's Body Language: Confidence is Key



By [Jared Sais](#)

Ryan Reynolds and Blake Lively are one of Hollywood's golden couples, so I thought it'd be fun to look at their body language and see what it reveals about the pair.

Photo 1 (above): Here, the *Gossip Girl* star looks confident. She is standing straight with her head held high and wearing somewhat of a smile, one that looks like a facial expression of contempt. Contempt, in this case, is shown because Lively feels morally superior and empowered by her looks and environment. You can see the unilateral facial expression with a corner of her lip raised. In this particular moment, she feels true power. It also may help that her husband is some good-looking arm candy!

Related Link: [Find Out About Ryan Reynolds and Blake Lively's Life Before Marriage](#)

Speaking of Reynolds, he is holding his wife close as he does the typical hand-in-the-pocket stance. Usually, I like to stay away from keeping my hand in my pocket, as it can be seen as closed off. The best thing to do is just rest your arm to your side as he does in Photo 4.

Photo 2: Lively is demonstrating a held tilt, which can be seen as endearing, sweet, and vulnerable. Combined with her smile, which is a bit pinched and stretched towards her ears, it indicates that the actress is feeling shy and fearful. Seeing that Reynolds isn't in this photo with her, she could be feeling a bit overwhelmed. I've seen the actress in many photos before, and she typically has her hair down and is a bit more, well, lively. But in this photo, with her hair is up, she appears stiff, which adds to the fact that's she's feeling scared and helpless.

Related Link: [Blake Lively and Ryan Reynolds Take a Mini-Honeymoon in Virginia](#)

Photo 3 and Photo 4: In Photo 3, the beautiful blonde is showing a fake smile. As you can see, there is a lot of movement in the mouth region but nowhere else. Usually, a real smile includes the eyes, cheeks, *and* mouth. We can spot her real smile in Photo 4.

In Photo 3, we see Lively's hands on her hips; some call this pose the Superwoman or Wonder Woman pose. It's a way to demonstrate dominance, strength, and being in control. In many cases, it's a great way to seem confident without actually being confident. Sometimes, faking confidence works just as well as actually having it! By looking at these photos, you can see that the actress is self-assured but also shy, and this strong pose counteracts her shyness.

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

New Born Baby Bonding the Love Between Bachelorette DeAnna Pappas and Stephen Stagliano





By Laura Seaman

A newborn baby girl has brought DeAnna Pappas Stagliano and husband Stephen Stagliano closer than ever. The couple, married in 2011, told [People](#) about their love as parents: “I didn’t know that you could love like this. Obviously I love DeAnna to pieces and we have a wonderful marriage, but the love that a parent has, it’s just different,” said Stagliano. The now 5-month-old baby Addison Marie Stagliano has brought a happy and completely new experience to the couple. “Nothing can really prepare you for what it’s like to have a child and how your life will change, but I will say we’re really good at it,” said the new mother. “We’re a really good team.”

How can a child bring you and your partner closer together?

Cupid’s Advice:

Being in love with your partner is one thing, but being in love with your partner while raising a child is another. The process of raising a child puts your relationship through situations to which nothing else could even compare! Through all the dirty diapers, walks in the park, and 6AM wake-up calls, your relationship can become stronger and more

wonderful than ever before. Cupid has some advice:

1. Working together to raise a child makes you a team. If you've ever worked on a project with your partner, maybe you know a bit of what this feels like. Raising a child requires a lot of work on both ends, so when small achievements like a first step or a first word start happening, you can be proud together and know that all the wonderful things your baby accomplishes are due to the great bond of you and your partner.

Related: [Olivia Wilde Talks Seeing Son Otis Laugh with Jason Sudeikis](#)

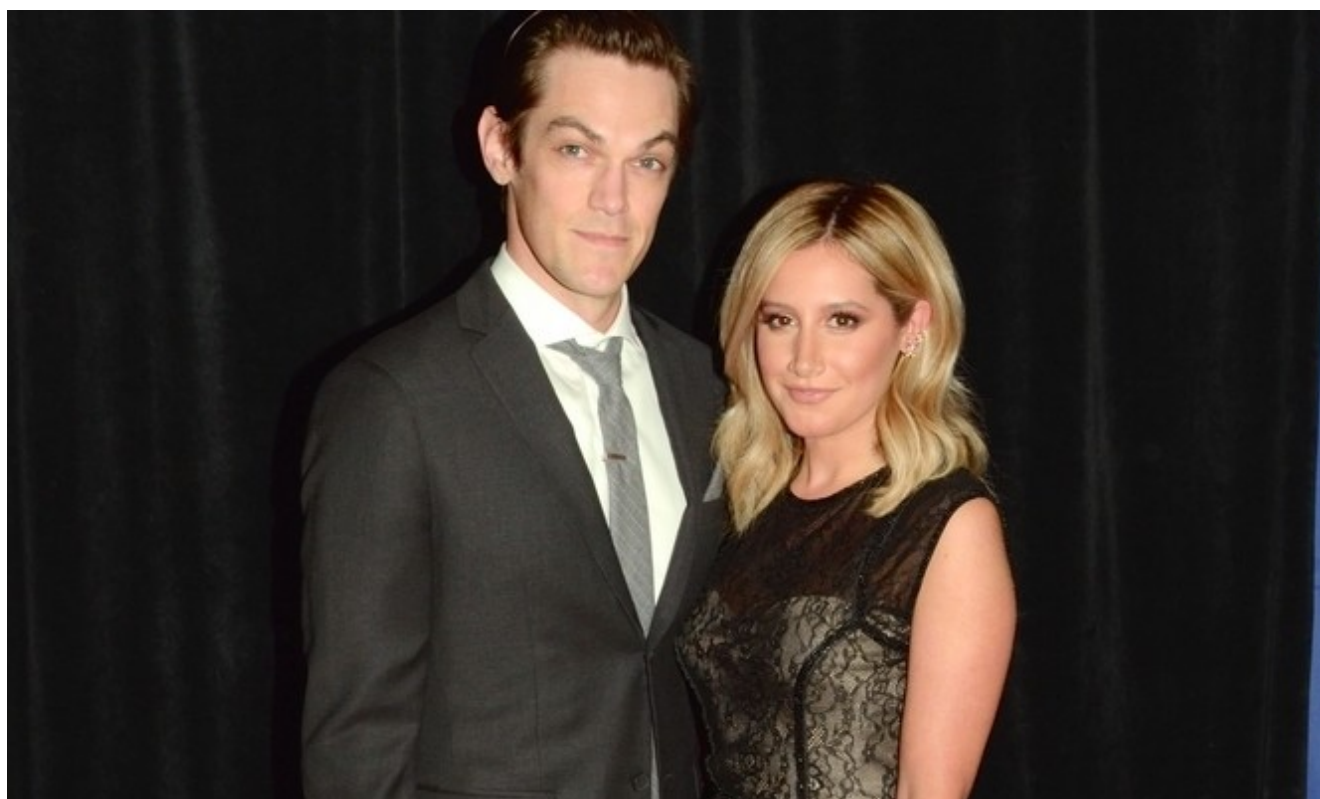
2. Sharing the love for your baby is powerful. A love for one's child is unique, but one other person can truly understand; your partner. You both have this strong, amazing love for your child and that shared love is something nobody else can have. It's like a wonderful secret only you two know.

Related: [Vanessa Carlton Is Expecting a Baby with Husband John Mc Cauley](#)

3. Struggling together through the process can strengthen your bond. Raising a child isn't easy, but you're going through all of the ups and downs with your partner. When times get tough, you can both understand what the other is feeling and be a better support system.

How did your child bring you and your partner closer together? Let us know in the comments!

Courtney Cox Is Engaged to Snow Patrol's Johnny McDaid



By Sanetra Richards

Another soon-to-be husband and wife! According to UsMagazine.com, Courtney Cox is on her way to becoming a married woman. The *Cougar Town* star and boyfriend Johnny McDaid both sent out their announcement via Twitter on June 26th: "I'm engaged to him!" and "I'm engaged to her!" The two were first spotted as a couple back in December 2013 at a holiday party hosted by actress Jennifer Aniston in Los Angeles. Ed Sheeran, the couple's mutual friend, spread the word in April that the pair moved in together. "I'm not sure that it's public knowledge, so maybe I shouldn't have said anything—but, yes, they're already living together," the

singer told *The Mirror*, a UK magazine. “Things are moving fast. He moved in and, judging by the last time I saw them, they couldn’t be happier.” Later on that month, the love birds gushed about their relationship and singled out each other at Cox’s directorial debut premiere, *Just Before I Go*. “He supports me in every way,” Cox said. “He supports me creatively. He really believed in the movie...and not just because he likes me, though I know that helps.” McDaid added onto the gushiness: “Courteney is the most completely confident person I’ve ever met—at everything.” He continued on to say, “She gets music. She gets art. She gets the way a scene gets constructed, the way dialogue works. And she puts it all together in her mind and then explains it to the world and makes movies that make people laugh and cry, squirm and jump, all those things.”

How do you know when your relationship is ready for marriage?

Cupid’s Advice:

You and your partner have had conversations in the past about what the future may hold. The questions probably revolved around whether or not you’ll still be a couple, buy a house together, and have children together. Now, you’re ready to take it to the next level and actually turn those conversations into a reality. The only problem is, you are unsure of how to exactly make this happen and if the timing is right. Cupid has some tips to help:

1. You don’t want to be with anyone else: You’re pretty sure you have met your soul mate. This person understands you completely, and you understand them in the same way. You daydream about waking up to their face every morning and kissing them good night at the end of the day. If this describes what you are feeling, you may be ready to exchange vows.

Related Link: [Courteney Cox and David Arquette Finalize Their](#)

[Divorce](#)

2. You don't have any major problems: Of course, it's normal for a couple to have a fight here and there. Still, you seem to agree on things most of the time and have the same values/morals. And let's not forget, the two of you don't fear the thought of an eternal commitment! I hear wedding bells – do you?

Related Link: [David Arquette Says Having a Second Child Is 'Less Scary'](#)

3. You're stable as a couple: This means mentally, emotionally, and financially. It is smart to be all three (or close to it) before thinking about marriage. Once you and your significant other become one in matrimony, you become one in these three factors as well.

What are some ways to know your relationship is ready for marriage? Share your thoughts below.

George Clooney is Granted Protection Laws in Lake Como Pre-Wedding





By Laura Seaman

George Clooney is taking some extra precautions before his upcoming marriage to Amal Alamuddin. The actor has been given two protection laws making it illegal for fans and paparazzi to come to close to his residence in Lake Como, Italy. These laws state that it is illegal to stop on the road outside Clooney's house or the water in front of his villa 24-hours a day. "It's a question of traffic and security," the town's mayor tells UsMagazine.com. "It is very dangerous and it's also an issue of privacy." The new laws will be in place until September 30.

What are some ways to prevent wedding crashers at your reception?

Cupid's Advice:

It's easy to understand why you don't want uninvited guests at your party, and even more so when the party is celebrating one of the most important events of your life. However, it does happen, and trouble usually follows. Here are some tips from

Cupid to keep party crashers at bay, whether they're unruly friends, relatives with family issues, or just strangers who happen to show up:

1. Make it clear to guests that it is a private occasion. This might mean adding a small note to the end of the invitation or going so far as to call each guest and explain the situation, but if it's really important you will make sure all of your partygoers understand. If it's not clear, they might try to invite more people or accidentally blab to an uninvited friend or relative about the time and location.

Related: [Social Media Etiquette for Your #Wedding Day](#)

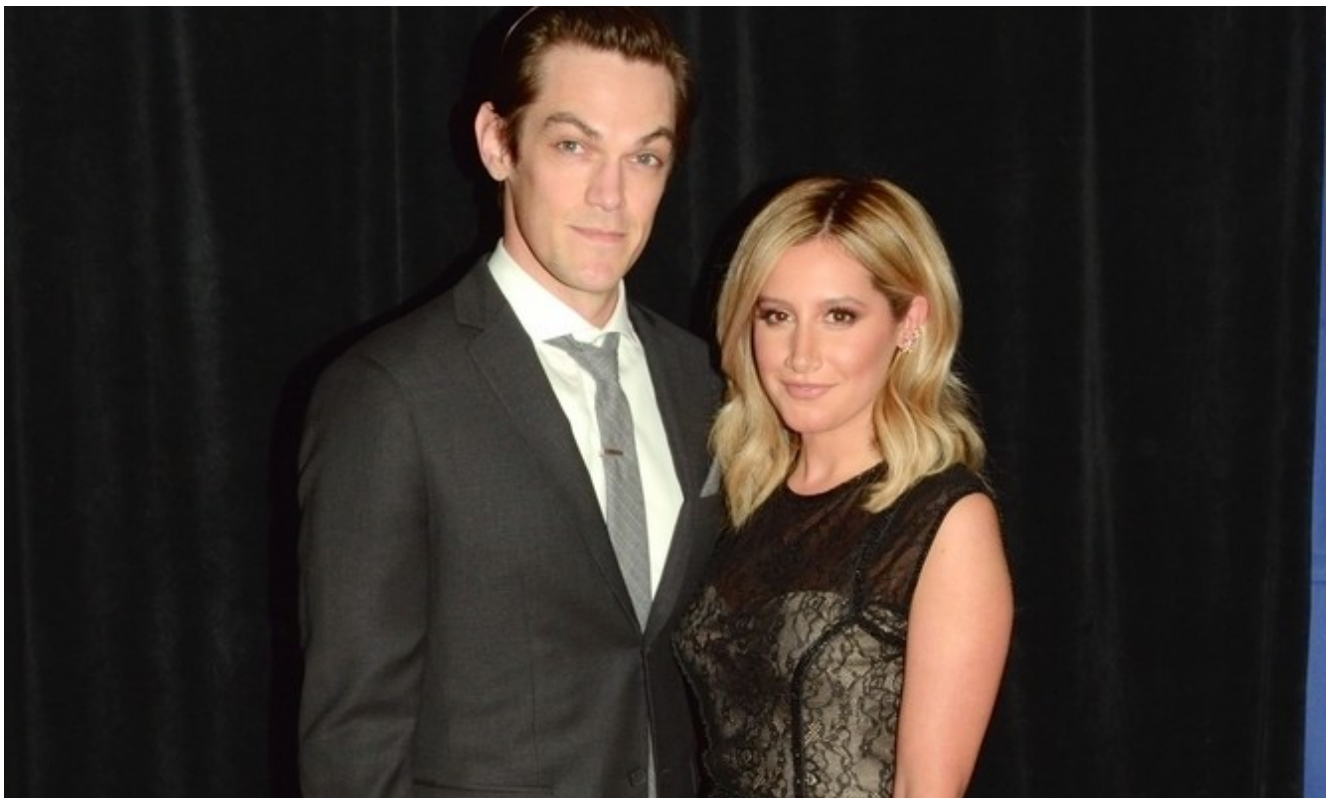
2. Pick a proper venue. If your reception is outdoors or in a popular public space like a park or pavilion it might be a bit difficult to ensure that nobody crashes. Private, indoor locations are easier to secure and less likely to catch the attention of hopeful party crashers.

Related: [George Clooney's Aunt Says Brad Pitt Will be Best Man at Wedding](#)

3. Pay for the extra security. You don't have to go to the extent that George Clooney did, but a little extra security can go a long way. One or two workers at the door checking the guest list are much more likely to catch an uninvited guest. It's not your job to monitor the party; it's your job to have fun and make memories!

How did you keep wedding crashers away from your reception? Tell us in the comments!

Andre Leon Talley Says Kimye's Wedding Kiss Was 'Extremely Long'



By [Courtney Omernick](#)

Just in case you've been living under a rock for the past month, Kim Kardashian and Kanye West were married in Italy in May, and apparently, the first kiss after they said their "I do's" was anything but quick. According to [UsMagazine.com](#), on his June 15 appearance on *Watch What Happens Live*, Andre Leon Talley told host, Andy Cohen that Kim and Kanye's first kiss as husband and wife was "extremely long."

How do you decide the best course of action for your wedding kiss?

Cupid's Advice

A quick peck or a lasting impression, your first kiss as husband and wife is kind of important. You're officially starting a new chapter in your lives, and that's what seals the deal. So, what do you go for? Ultimately, it's a decision that comes down to you and your partner. Struggling with this topic? Cupid has some advice on how to decide the best course of action:

1. Think about your audience: Yes, your audience is going to be filled with friends and family members that adore you, so why not let loose? But, be sure to consider the actual demographics. Are there more elder individuals, kids, close relatives, friends? Think about how each demographic in the audience is going to feel about your first kiss.

Related: [Social Media Etiquette for Your #Wedding Day](#)

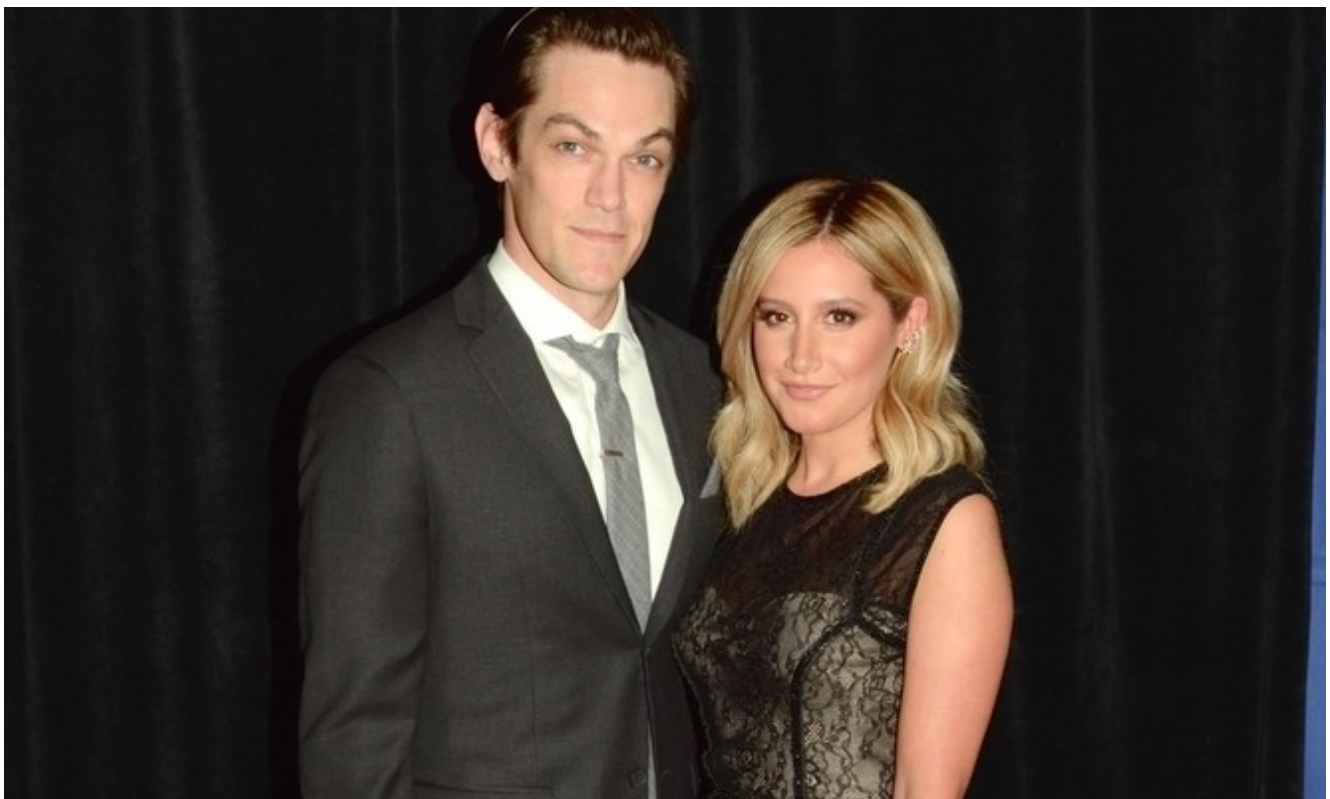
2. Ask around: Know someone that has had a wedding party similar to yours? It may sound silly, but asking a question will get you an answer! Why not ask your friends, close family members, or even your parents what you should do. It can't hurt, right?

Related: [5 Celebrity Couples Who Married Young](#)

3. When all else fails, throw caution to the wind: At the end of the day, you might get too swept up in the moment, or you just might not care. Whatever you do, you have to do you. If in the moment it feels right to go with a longer kiss, go for it! Try your best to keep your audience in mind, but don't hold back so much that it turns into an awkward moment.

How did you decide the best course of action for your wedding kiss? Share your stories in the comments!

10 Favorite Celebrity Weddings



By [Courtney Omernick](#)

The designer wedding dress, the insane guest list, the mile high wedding cake, and more! Celebrity weddings, what's not to love, right? Even if we can't throw as big of a wedding bash as Kim and Kanye, it can be fun to imagine what our own lavish wedding would look like. Below are 10 of our favorite celebrity weddings.

1. Kim Kardashian and Kanye West: Of course they're number

one; they're wedding was plastered everywhere, and the pictures from it were some of the highest viewed photos on Instagram...ever! The party started a week before the actual wedding date (Saturday, May 24) in Paris where Kim, Kanye, and a few of their family members relaxed before the big day. Their "I do's" were exchanged outside in Italy next to a giant wall of flowers. Guests such as LaLa Anthony, Joyce Bonelli, Monica Rose, and more were in attendance.

Related: [Social Media Etiquette for Your #Wedding Day](#)

2. Emily Blunt and John Krasinski: Another Italian wedding! The two actors tied the knot back in 2010 and used George Clooney's Italian villa on Lake Como to do so. It was an outdoor ceremony and the guest list included George Clooney (obviously), Matt Damon, Meryl Streep, David Schwimmer, and more.

Related: [The Most Publicized Celebrity Pregnancies](#)

3. Kendra Wilkinson and Hank Baskett: The former Playboy Playmate and NFL star were married on the front lawn of the Playboy Mansion in June 2009. Wilkinson wore a \$20,000 duchesse-silk gown (that she co-designed) that had more than 55 yards of fabric and was covered in 1,2000 crystals with R-Mine Bridal's Armine Ohanessian. Talk about glitz and glamour! Their guest list included Hank's teammates from the Philadelphia Eagles, Hugh Hefner, Holly Madison, Bridget Marquardt, Jon Lovitz, and more famous faces.

4. Katie Holmes and Tom Cruise: In November 2006, seven months after the birth of their daughter, Suri, the two actors were married at the 15th-Century Odescalchi Castle outside of Rome. The bride and groom both wore Armani, and their guest list included Victoria Beckham, Jennifer Lopez, Mark Ronson, and others.

5. Celine Dion and Rene Angelil: Back in December 1994, the singer married her manager at the Notre Dame Basilica in

Montreal, Canada. Dion wore a Mirella and Steven Gentile gown that included a 20-foot train and took over 1,000 hours to complete. Oh, we almost forgot to mention Dion's seven-pound tiara that was made of 2,000 Australian crystals...

6. Nicole Kidman and Keith Urban: The couple was married on June 25, 2006 in an all-candlelight ceremony that took place just after sundown in Sydney, Australia's Cardinal Cerretti Memorial Chapel on St. Patrick's Estate at Manly. Kidman wore a dress by Nicolas Ghesquiere for Balenciaga. The black-tie event included friends such as Russell Crowe, Hugh Jackman, Naomi Watts, and Rupert Murdoch.

7. Gwen Stefani and Gavin Rossdale: These two rockers had not one, but two weddings back in 2002! First, they were married in London and then had their second ceremony two weeks later at a private home in L.A. Stefani wore a dip-dyed silk faille gown that was created specifically for her so she could show off her girlie, yet punk, personality. Brad Pitt and Jennifer Aniston were among the many stars in attendance.

8. Khloe Kardashian and Lamar Odom: Who could forget Kim's sister Khloe's crazy nuptials to LA Laker, Lamar Odom? The couple tied the knot just one month after they started dating! The ceremony took place at a private residence in Beverly Hills, and the couple said their vows in front of triple arches of white roses created by celebrity florist, Mark's Garden. The bride wore a Vera Wang gown and was walked down the aisle by her step-father, Bruce Jenner.

9. Katy Perry and Russell Brand: When the singer and actor wed back in 2010, it was nothing short of magical. Perry wore an Elie Saab Haute Couture gown and \$7,000 Casadei heels to their ceremony at Rajasthan, India's Amani-i-Khas resort. And, don't forget! The two entered their ceremony by riding on top of an elephant! How's that for extravagant?

10. Ellen DeGeneres and Portia De Rossi: The talk show host

and model/actress wed in 2008 at their home in L.A. among their closest family and friends. Although the couple didn't have their wedding in an elaborate location, certain items included on their special day sure made for an elaborate event! Both brides wore designs by Zac Posen and Mark's Garden provided the candles and flowers. Later that evening, all guests dined on an all-vegan menu prepared by the couple's personal chef, David Silberkleit.

What's your favorite celebrity wedding? Share below.

'RH00C' Reality TV Newbie Lizzie Rovsek on How the Show Helped Her Celebrity Marriage: "You've Got to Keep the Passion and the Fire Alive"





By Brittany Stubbs

Our favorite Bravo ladies are back in the *Real Housewives of Orange County*. You may have thought you met all the bombshells this season, but joining the reality TV cast on tonight's episode is the much-anticipated wife, mother, and former pageant star Lizzie Rovsek. As any *Housewives* fan knows, with new women, we can expect new drama. And Rovsek makes it clear her debut will be no exception to the rule.

Related Link: [‘RHOA’ Star Phaedra Parks Talks New Book and Marriage: “Remember What Made You Fall in Love”](#)

Celebrity Interview with *RHOOC* Reality TV Star

Not only does she fall down at her first filmed party, but she also has to defend herself from the very beginning. “Vicki and I definitely had a rocky start,” the newly-minted reality TV star admits. “I didn’t feel welcomed by her and felt like I

was a burden because she doesn't like new people. I don't think she likes what I do for a living or even my name."

As the only veteran OC housewife still remaining from the first season, Vicki Gunvalson has had issues with newbies in the past. But between Rovsek and Shannon Beador, the other rookie housewife joining the cast this season, Rovsek definitely believes she was in the firing line the most. While she was judged and picked on from the very beginning, Beador seems to have had an easier welcoming from the legendary veteran. "It might be because Shannon and Vicki have a lot more in common than Vicki and I do. They're the same age, and they've been married for a long time."

Despite her roller coaster of drama with Gunvalson, she still manages to make friends this season. "I was warned a little bit and told to be careful of Tamra, but she was actually very nice when I met her," she candidly shares in our celebrity interview. "She's very fun, and we have that in common."

Related Link: [Relationship Taglines for the Ladies of 'The Real Housewives of New York'](#)

Besides Tamra Judge (formerly Tamra Barney), the mother of two also forms alliances with fellow brunette Heather Dubrow. "She is so classy, and I truly look up to her. Throughout the season, Heather is someone I find myself going to for advice, and she's been my friend basically through the whole thing."

With beauty queen and model on her resume, it's no surprise people have a lot of misconceptions when it comes to Rovsek's looks, brains, and personality. "There was an article that I had a nose job, but I've never had plastic surgery on my face," she explains. Valedictorian in high school and graduating college Cum Laude, the housewife assures us that she has much more to offer than just her looks. "I'm actually a big science geek," she says with a laugh. "I'm definitely not just a bimbo or pretty face."

Despite some false judgements, she faces a lot of the same challenges as other working mothers. Between taking care of two young boys and a husband who loves home cooked meals and running a swimwear company, she's just trying to juggle it all. On top of that, she still wants more children. "We're definitely talking about having another baby and thinking that will happen by the end of this year or beginning of next year," the celebrity mom says, making it clear that viewers can expect to see some of these discussions on the show.

Related Link: [Gary and Cassie Chapman from 'Nashville Wives' Talk Marriage and Adoption](#)

Lizzie Rovsek Talks About Her Celebrity Marriage

While the *Housewives* franchise has shown the destruction of several [celebrity marriages](#) in the past, especially in the OC, this pageant queen feels like doing the show with her husband Christian has actually brought them closer. "This experience has made us stronger and made us take a closer look at our relationship and love life. Marriage is hard work! You've got to keep the passion and the fire alive, and it's not always easy. We're working at it all the time."

For other parents of young children struggling to fit in romance, Rovsek encourages setting aside time to be alone together. "Go on a trip, even if it's just a two-day drive somewhere. You need to spend time alone – away from your kids, away from your work – and really make time for each other."

Besides strengthening her celebrity marriage and getting closer to her husband, she also hopes her appearance on the show will inspire viewers who look up to her. "I hope they get to see my loving nature, and I hope they learn that it's okay to make mistakes. Sometimes, you learn the most valuable lessons by messing up," she shares. "Life is a gift, and we're

all in this together.”

To learn more about Rovsek and the Real Housewives of Orange County, tune into Bravo every Monday at 9/8c. You can keep up with Rovsek on Twitter @LizzieRovsek.