

# Celebrity News: Elsa Pataky Says Marriage to Chris Hemsworth Is 'Not Easy'



By Alycia Williams

In latest [celebrity news](#), Elsa Pataky says her [celebrity marriage](#) with Chris Hemsworth is not easy. According to *EOnline.com*, Pataky explained in a new interview with Australia's Body + Soul, she and Hemsworth have been through many highs and lows together over the years. "It's funny that people think of us as a perfect couple," Pataky said. "No way. It's been ups and downs, and we still keep working at the relationship."

# In celebrity news, Elsa Pataky claims that marriage with Chris Hemsworth isn't easy. What are some ways to get through rough patches as a married couple?

## Cupid's Advice:

When you've been married for a while rough patches are inevitable, but it's all about you work through them that will define the rest of your relationship. If you are looking for ways to work through a rough patch in your relationship, Cupid has some advice for you:

**1. Never stop loving them:** Love is unconditional. That means your love is strong during the good times and the bad. Even during this difficult time, never stop loving them. This is easier said than done. You could be mad at your partner or feeling negatively toward them. In order for the relationship to work, the flame can't go out.

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**2. Remember the good times:** During the bad times, it's always easy to be negative and feel resentment toward your partner, but you get what you put out into the universe. If you want the relationship to work out, start feeling more positive. The easiest way to do this is by remembering the good times. Maybe it was a special day, like your first date or a wedding day. Even focusing on what you love about your partner can also bring positivity.

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**3. Ask advice from family and friends:** No one knows you and your relationship better than your family and friends. That's why they will have a thing or two to say about the situation. Who knows, they have probably been through a similar situation. Ask their advice. They may have something valuable to say.

**What are some other ways to get through a rough patch as a married couple? Start a conversation in the comments below!**

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## **Celebrity News: Lauren Adkins Talks Saving Herself for Thomas Rhett in New Book**





By Alycia Williams

In latest [celebrity news](#), Lauren Adkins talks about saving herself for Thomas Rhett in her new book. According to *UsMagazine.com*, Adkins talks a lot her [celebrity relationship](#) with Rhett, including how the two met and what their relationship was like when they were in high school and in college. Adkins talks about staying true to their values while they were in college by saving themselves for marriage. “I mean, don’t get me wrong, it’s not like we didn’t kiss a ton or get a little too close a few times,” she writes. “We just always made a choice to stop short of breaking the promise we’d made to save ourselves for marriage.”

**In celebrity news, Lauren Adkins is opening up about her life with country star Thomas Rhett. What are some ways to cope with a partner**

# who has a demanding job?

## **Cupid's Advice:**

In a relationship you always want to be supportive of what your partner is doing, even if it feels like it's stealing time away from your relationship. If your partner has a demanding job and your looking for ways to cope, Cupid has some advice for you:

**1. Don't nag:** Annoying your partner about the long hours that they work isn't going to make the situation any better. Instead have a conversation with them about it when you get the chance, it'll result in a better outcome.

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**2. Show unconditional support:** It can be difficult to show interest in your spouse's career after your own long day of work. But it's important that you're thoughtful and present in your conversations relating to your partner's career, and that your support is unconditional toward their work. Without such support, a lack of understanding and resentment can breed in your partner, making it difficult to act as a couple.

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**3. Come up with a solution together:** After talking to your partner, you should try to come up with a set day and time once a week that you know you count on your partner to be around. That way even when it feels like you haven't seen your partner in a while, you can look forward to the set time that you both put together.

**What are some other ways to cope with a partner who has a demanding job? Start a conversation in the comment below!**

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# Celebrity Marriage: Michael Buble's Wife Luisana Lopilato Defends Their Marriage After Fans Slam Him for Elbowing Her



By Ellie Rice

In the latest [celebrity news](#), Michael Buble's wife, actress Luisana Lopalito, defends the singer after a video of him appearing to elbow her creates a stir on social media.

According to *UsMagazine.com*, the actress took to Instagram to address the claims and deny any sort of marital abuse had taken place. The pair met in 2009 and share three children together.

## **This celebrity marriage is strong, despite fan speculation. What are some ways to keep rumors about your relationship from affecting it?**

### **Cupid's Advice:**

Rumors spread quickly and inaccurately all the time. If they are factoring into your current relationship, Cupid has some advice for you:

**1. Address it with your partner:** Sit down with your partner and openly talk about what's going on. Maintaining transparent and honest communication is crucial for any successful relationship. If the rumors that are hearing about your relationship are completely false, then talk them through with your partner and then brush it off. Unsubstantiated claims and falsehoods should not come between you two.

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**2. Ignore it:** If you and your partner have determined that the rumors are false and have no basis, then just start ignoring the hate! If you don't give something the power to affect you, it won't. Trust your partner and continue having conversations about your feelings to ensure you're both on the same page. Nothing can stand in the way of a happy and healthy relationship unless you let it.

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**3. Talk to those spreading them:** If you know who has been saying these things and spreading misinformation around about your relationship, definitely confront them. Have an open and honest conversation with them about what's been happening and why. Enter the chat level-headed and calm as this doesn't need to become a screaming match! Hopefully you will both find closure and answers to why this has been a part of your lives.

**How would you deal with these types of rumors? Start a conversation in the comments below!**

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# **Celebrity Marriage: Harry Connick Jr. & Jill Goodacres' Secret to a Successful Marriage**







By [Hope Ankney](#)

In the latest [celebrity marriage news](#), Harry Connick Jr. has opened up about his secret to keeping a successful marriage. Being a [celebrity couple](#) with Jill Goodacres' for 25-years, Connick Jr. exclusively told *UsMagazine.com*, "I married my best friend and I married a woman who I look up to infinitely. We have the same values so it's easy for us to try and impart those on our children."

**This celebrity marriage is long-lasting, and they dish on their relationship keys. What are some ways to nurture a long-term relationship?**

**Cupid's Advice:**

It's a feat within itself to be fortunate enough to be in a loving, long-term relationship with someone. But, anyone who

is in one knows that it isn't easy to maintain. You must be willing to put in the work on both sides to make it work. If you're a couple looking for ways to keep your partnership healthy, don't worry! Cupid has some [love advice](#) on how to keep a long-term relationship nurtured and healthy:

**1. Keep a line of communication open:** The most important part of a relationship is always how much communication you have between you as a couple. It's difficult to see a relationship last if neither side knows how to sit down and talk with one another. If you want to see it last, try and keep a door to communication open with your partner at all times.

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**2. Make time for small reminders of love:** Even if it's just remembering to buy groceries, making breakfast for a spouse that always does it for you, or buying small trinkets that remind you of the other person, it can keep a relationship thriving. You never have to wonder how much your partner loves you, and it keeps the relationship romantic and refreshing for as long as possible.

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**3. Be supportive:** Sometimes, it can feel like once you get in a routine of a long-lasting relationship that certain aspects that got you there seem to fade between a couple. One of these can be in how supportive you are of each other's dreams and career. For a relationship to make it, you must always know that your spouse is your biggest fan. Support is huge when it comes to keeping the backbone of a partnership healthy.

**What are some of your own tips for having a long-lasting relationship? Let us know down below!**

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# Celebrity Wedding: Justin Bieber & Hailey Baldwin Tie the Knot for the Second Time



By Ahjané Forbes

Singer [Justin Bieber](#) has us feeling “As Long As You Love Me” vibes in [celebrity news](#) after posting a sweet intimate post with his wife, Hailey Baldwin. According to *UsMagazine.com*, the [celebrity couple](#) had their wedding reception a year after they tied the knot, on Monday, September 30. The [celebrity marriage](#) took place at a New York City courthouse in September 2018. The Biebers decided to express their love in an intimate

fashion by inviting a total of 100 family members and friends.

## **This celebrity wedding came a year after the couple's first nuptials. What are some benefits to renewing your vows?**

### **Cupid's Advice:**

Renewing your vows can be an exciting thing to do in your married life. You can start to edit what your goals are after you get to really know your partner. This is a good time to look at your views of the future from a different mindset. If you are thinking about professing your love to your partner again, Cupid has some relationship advice for you:

**1. Celebrate your marriage:** Not all marriages are crystal clear, have the amazing mansion and luxury cars, or life insurance policies. Every relationship has its kinks that need to be ironed out, but for the most part all relationships share good times. Focus on the joy you two share. It's a way to show you still care for that person even though life may have gotten in the way. No matter how far you are in your marriage this gesture really shows you're in it for the long run.

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**2. Makes your marriage stronger:** It's never too late or too early to try to better your relationship with someone. Express that you are trying to work to understand the person more like learning how to finish their sentences. Find a goal that you want to accomplish with this renewal of love, Building a sturdy foundation could create a stronger bond.

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**3. Prepare for long term goals:** When you said “I do” you weren't sure what lays ahead with this person. Now, you both have gone through life together and have new expectation on how you want this relationship to go. This a good way to reestablish the goals you have set initially and how it should be altered for the coming journey ahead!

**What are some criteria you used to renew your vows? Let us know in the comments below!**

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## **Celebrity Couple News: Why Jana Kramer & Mike Cuassin Are So Open About Their Marriage**





By Hope Ankney

In [celebrity news](#), [celebrity couple](#) Jana Kramer and Mike Cuassini discuss why they are so open about their marriage. According to *EOnline.com*, the two stars explained their openness after being asked why people feel connected to their podcast: *Whine Down With Jana Kramer*. Kramer said, “Because we don’t hold back and we talk about real stuff and we don’t sugarcoat anything and we’re not like, ‘Our marriage is perfect.’ We are very open and honest about our struggles, which then opens the door for our listeners to have that same experience and be able to relate.”

**In [celebrity couple news](#), Jana and Mike are very open and honest about the ups and downs of their [celebrity marriage](#). What are some**

# ways being open about the issues in your marriage can help you resolve them?

## Cupid's Advice:

The way a couple decides to communicate within their marriage can tell a lot about how successful and sustainable that marriage will be. Discussing issues when they arise can save a lot of heartaches later, and it also builds a sense of trust and vulnerability within the two of you. It can be tough, but Cupid has some [love advice](#) on how being open about problems in your marriage can actually lead to a healthier and stronger relationship:

**1. Allows you both to be heard:** A marriage is a two-way street. In a relationship, it's only natural to want to feel heard and validated when things that upset you. When healthy communication is enacted in a marriage, the two of you will be able to feel like your need for being heard has been met. It also helps present issues not turn into bigger issues down the road.

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**2. Creates a safe-space:** More often than not, marriages can fall into a routine of tiptoeing around the other when it comes to certain subjects. It's almost like you're both keeping secrets just to appease each other and not start a conflict. But, consistently being open about issues within your relationship can create a place of vulnerability and calm between the two of you. Having this comfort of never feeling judged around your partner helps in facilitating a safe space that allows both of you to confide in each other anytime something feels off.

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**3. Helps in understanding one another:** The most critical aspect of being open about your issues in a marriage is that it causes your partner to understand why you're upset. Bad communication can cause one-sided perspectives that blind someone as to why their spouse is reacting the way they are. Sitting down and being open about your issues can help in understanding why something has caused an issue within your marriage. It strengthens a relationship and allows you both to understand each other's point of view when something like this arises in the future.

**What are some ways that being open in your marriage has helped you resolve conflict? Sound off below!**

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**Celebrity News: Brooks Laich Says He's Proud of Wife Julianne Hough For Saying She's 'Not Straight'**







By [Bonnie Griffin](#)

In the latest [celebrity news](#), former *Dancing With the Stars* judge, Julianne Hough came out as “not straight” in an interview with *Women’s Health*. Her husband, former NHL player Brooks Laich fully supports her. According to *UsMagazine.com*, Laich supported Hough on his Instagram saying he is, “So proud of my wife ... for the woman she is, and her courage to share her journey.” It is important for married couples to support each other and it’s clear that this [celebrity couple](#) is proud to watch out for one another.

**In celebrity news, Julianne came out with her truth, and her husband is standing by her side. What are some ways to support your partner through tough times?**

**Cupid’s Advice:**

Everyone faces hard times or inner battles that they struggle to face. Sometimes it can be hard to share parts of yourself with the world. Having a partner who supports you when you're struggling can mean everything. Cupid has some advice on ways to support your partner through tough times:

**1. Let them know they're appreciated:** We can't always solve problems for our partners, even if we would love nothing more than to wash away their worries. It's important to take steps to make them feel safe home with you; they know they are loved and you are their safe haven. Tell them how you appreciate them, and that you value them and their place in your family.

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**2. Don't be critical:** If your partner is having a hard time they likely feel like they are being criticized by the world around them. Be the opposite for them. Listen and be supportive but be sure not to take over the conversation. Ask them open-ended questions and really listen to what they have to say without being critical or judging them. They need to be able to lean on you just as you would if the roles were reversed.

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**3. Remind them to have fun:** Life can be stressful and we all face challenges from time to time. When life has your partner feeling down remind them that it can also be fun. Take them out for a night on the town, enjoy a night together under the stars, whatever the two of you enjoy doing together.

**What are some things you would do to support your partner? Let us know your thoughts in the comments below.**

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# Celebrity News: Tori Spelling Says It's 'Hard to Be Monogamous' Years After Dean McDermott's Affair



By [Mara Miller](#)

In [celebrity news](#), Tori Spelling dished about her [celebrity marriage](#) with Dean McDermott, according to *UsMagazine.com*. Spelling spoke candidly about staying faithful for the five years after her husband had an affair. "The reality is that you're two people. I feel like humans,

instinctively, it's really hard to be monogamous because you're always changing," Spelling said on McDermott's "Daddy Issues" podcast released on Monday, June 17. "And if you're not on the same page, you have to try to change again, and evolve and be on the same page."

## **In celebrity news, Tori Spelling admits that being monogamous isn't easy. What are some ways to resist the temptation to cheat?**

### **Cupid's Advice:**

Spelling is right—humans find it difficult to stay monogamous because it is in our nature even though we may not want to admit it. It's normal to wonder *what-if...*but isn't worth the heartache that can follow a break-up or divorce because you cheated. Cupid has advice on ways to resist temptation and stay faithful to your partner:

**1. Think about the consequences:** You have to ask yourself if cheating is *worth* the heartache and drama that will follow if your spouse finds out. Do you want to risk ruining a solid relationship because you can't resist that cute coworker? To hurt your kids if your spouse can't forgive you when they find out?

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**2. Refocus on your relationship:** Try putting lusty energy back into your relationship where it belongs rather than focusing on your crush. If you feel like the romance is dying down, talk to your partner about it. Even though it might hurt...think about being honest about your temptation to cheat. An open-

honesty policy with your partner will help you work through tough times. Try dating again by experimenting with [date ideas](#) or picking up a new hobby together. You might be surprised by how much your love with your partner grows after you start putting aside more time to spend with them.

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**3. Take any developing crushes seriously:** We've all done it. A funny ha-ha, "I think that guy from high school is hotter than when we were teens." Today it's much easier to find someone you could have a connection with outside of work or your usual circle of friends. Social media affects 50% of relationships in a negative way. It's easy to hop into someone's DM's for a conversation that can lead to something else. When you start to realize this might be happening, it might be better to end communication so the temptation does not become something more if they ask you out for coffee.

**What are some other ways to resist the temptation of cheating? Let us know in the comments below!**

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## **Celebrity News: Jana Kramer Reacts to Husband Mike Caussin Saying Cheating Would Be a Dealbreaker**



By [Mara Miller](#)

[Celebrity couple](#) Mike Caussin and Jana Kramer had a miscommunication when Caussin claimed he would call it quits on their [celebrity marriage](#) if his wife was unfaithful, according to *UsMagazine.com* in the latest [celebrity news](#). While at the iHeart Radio Wango Tango Podcast Suit sponsored by Sugarbear Hair in LA on June 1 with *Us*, Kramer said, "I am still scratching my head about that, too, because it feels very one-sided to me, and honestly it kind of hurts my feelings that he wouldn't stand by me if I did that." Kramer and Caussin split briefly in 2016 after he cheated on her with multiple women. They later reconciled and renewed their vows in 2017.

# In celebrity news, Jana Kramer is scratching her head after a comment from her husband. What are some ways to clear up miscommunication with your partner?

## Cupid's Advice:

Miscommunications between you and your partner like the one Kramer and Caussin had can happen between couples occasionally. Cupid has some advice on how to clear up any misunderstandings:

**1. Avoid always having to be "right":** In a situation where you've had a misunderstanding with your partner, things can escalate quickly if you try to stand your ground and say you're right. The "always right" mentality stonewalls any farther communication. Be willing to admit that you might not have understood your partner so the situation does not get worse.

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**2. Listen:** Listening to your partner not only shows them you are willing to work together but it will also that you value their opinion. It's easy to misword something when you speak so if one of you misunderstands what the other says, don't immediately get angry with your partner.

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**3. Take a break if the situation escalates:** Sometimes it's better to just walk away and cool down. Take this time to reflect on what was said between you and your partner. Once

you've both calmed down, give each other both a chance to speak so both sides have a chance to explain what happened.

What are some other ways to clear up miscommunication between you and your partner? Let us know in the comments below!

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## **Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir**







By [Mara Miller](#)

In [celebrity news](#), [Demi Moore](#) is set to release a “deeply candid and insightful” memoir titled *Inside Out* that reflects on her [celebrity marriages](#) to [celebrity exes](#) [Ashton Kutcher](#) and Bruce Willis, according to Harper Collins. *UsMagazine.com* reports Moore was married to Willis from 1997 to 2000 and have three daughters, Rumer, Scout, and Tallulah. Kutcher and Moore were together from 2005-2011, with their celebrity divorce being finalized in 2013.

**In celebrity news, Demi Moore will open up about her failed marriages in her memoir. What are some ways writing can help you cope with a break-up?**

**Cupid's Advice:**

Demi Moore wrote an entire memoir after two of her marriages

ended in divorce. While writing might not be your coping mechanism for a break-up (and it's a *really* good way to cope), here are some other ways to get through your relationship ending:

**1. Talk about it:** Get some coffee with a friend or go to a restaurant for lobster and steak to dish all about the break-up. It's not good to hold in emotions after a break-up and your friend is sure to be willing to listen to you vent! Use it as a chance to catch up with them too if you haven't seen each other in a while.

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**2. Practice self-care:** It's time to put yourself first for a while. It is not selfish. You are putting your own well-being first for once. Get a mani-pedi, binge-watch your favorite show on Netflix, or eat an entire pizza by yourself. Or all do all three! You need to learn to care for yourself again.

**Related Link:** [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

**3. Practice positivity:** Try not to let yourself dwell on everything negative that happened in your relationship. If you don't want to think about it at all, that's okay. Start a gratitude journal and write about all of the good things happening in your life. Or, if you need to write about your relationship, write about the positives and the things you have learned that you can take with you when you are ready to start dating again.

**What are some other things you can do to help you cope with the end of your relationship? Let us know in the comments below!**

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# Celebrity Marriage: Why Harry Hamlin's Marriage to Lisa Rinna Works



By [Mara Miller](#)

In the latest [celebrity news](#), Harry Hamlin revealed how his [celebrity marriage](#) works with Lisa Rinna, according to *UsMagazine.com*. The celebrity couple tied the knot in 1997. Although they have their differences—he doesn't care about pop culture and she has little interest in cooking—they have managed to make it work. "Lisa and I are of the same mind," Hamlin said. "So we have a very functional relationship and we

respect each other and listen to each other and admire each other and we let each other be. We're not helicopter husband and wife."

## **In this celebrity marriage, Harry and Lisa aren't "helicopter husband and wife." What are some signs you're becoming a helicopter partner?**

### **Cupid's Advice:**

We all micromanage to an extent, and you've probably heard the term "helicopter parent". It's when it starts to become *too much* that being a helicopter husband and wife can cause problems:

**1. You have to train each other:** You always worry they might say or do the wrong thing, so you feel the constant need to teach other on how to act.

**Related Link:** [Celebrity News: Jana Kramer & Mike Caussin Share How Therapy Helps Their Marriage and Parenting](#)

**2. You don't consult each other:** Your spouse never consults you, and you never consult your spouse. Decisions get made before the other person is ever informed of anything, which can lead to arguments.

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**3. You both hover:** Neither one of you can let the other text or be on social media without knowing what is going on. In fact, you may even both share a social media account so there's no suspicion, ever.

What are some other ways to know if you and your partner are a helicopter husband and wife? Let us know in the comments below!

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## Celebrity Couple News: Cardi B & Offset Make Reunion Red Carpet Official at Grammys



By Megan McIntosh

Breaking up is hard to do. Sometimes it's so hard that some couples don't remain broken up. [Celebrity couple](#) Cardi B and

Offset have been on and off again since his cheating scandal last year. According to *People.com*, Cardi B and Offset finally had a public reunion at the *Grammys*, making it red carpet official. Cardi B has maintained that her relationship with her husband, while rocky, remains focused on their daughter, Kulture. Like many [celebrity break-ups](#), Cardi B and Offset had to decide for their own family whether their [celebrity marriage](#) was worth another chance.

## **Break ups can be hard but deciding whether or not to give a relationship another chance can be even harder. What are some tips to deciding where or not to take an ex back?**

### **Cupid's Advice:**

Some celebrity couples call it quits and never try again. Others, like Cardi B and Offset, find themselves revisiting that old flame and keeping the fire going. As long as you go into a potential rekindling with a different mentality than the one that made you decide to break up, getting back with an ex can be a good idea when done right. Cupid has some tips:

**1. Acknowledge that you have both grown:** You may have broken up and the wounds may still be fresh but in order to move on together you have to let go of past hurts. You are both not the same person that you were when you ended your relationship previously.

**Related Link:** [Celeb News: How Miley Cyrus and Liam Hemsworth Beat the Odds to Become One of Hollywood's Most Solid Couples](#)

**2. Don't ignore the elephant in the room:** Whatever the reason

was for the break up, you can't pretend that it never happened. Don't be afraid to open up the communication about the break up without holding on to grudges or letting resentment build up. Be willing to have open communication like Miley Cyrus and her once ex (but now husband), Liam Hemsworth.

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**3. Don't be so serious:** Don't be afraid to let your hair down and relax with your potential significant other. You were comfortable together before, let them back in and trust again. With open communication, trust, and lots of laughter, you'll be celebrating an anniversary like celebrity couple Pink and her husband, Carey Hart, in no time.

**What are some more ways to successfully reconnect with an ex? Share below.**

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## **Celebrity News: 'Parenthood' Star Joy Bryant Gives Marriage Advice**





By Courtney Shapiro

In [celebrity news](#), Joy Bryant dished on her career, her love of sports, and her marriage to stuntman Dave Pope. The actress, well known for her role in NBC's *Parenthood*, shared that she was not always the outdoorsy type, but has become more accustomed to the lifestyle through her husband. As she's been in a [celebrity marriage](#) for 10 years, Bryant shares her advice on how to keep her [celebrity relationship](#) fresh. In an interview with *Men's Journal*, she says, "You've got to do your own thing... there are plenty of people who spend every single day together and hate each other or get divorced."

**In celebrity news, Joy Bryant talks about how to keep marriage fresh. What are three ways to keep your marriage fresh and the spark alive?**

**Cupid's Advice:**



Everyone has ways of keeping their marriage spark alive, but will they always work? Cupid has some tips on how to keep your marriage fresh and the spark alive:

**1. Try new things together:** It gets tiring and boring when you and your spouse are always doing the same thing. Breaking out of the typical routine and trying a new activity, or even a new food, can bring excitement to both of you. It'll be special for just the two of you, and you'll be able to hold on to that memorable experience as a couple.

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**2. Continue to talk to each other:** Talk frequently to one another. Don't just go through the motions, and talk about work or other daily routine items, but really sit down and talk to each other. If you are feeling a certain way or something really got in your head, share it with your partner. Having these deeper conversations will help further the relationship, as well as keeping things interesting.

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**3. Create shared goals:** Being married automatically gives you a partner for life, so why not create goals as a couple. The goals can be anything the two of you want to accomplish, and they are more likely to be achieved if you are constantly supporting one another throughout the process. Find something you both can enjoy, and work towards that accomplishment together.

**What are some tips that kept the spark alive for your marriage? Tell us in the comments below!**

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# Celebrity Exes: Dennis Quaid Says Relationship With Meg Ryan Was His 'Most Successful'



By Jessica DeRubbo

Dennis Quaid has a lot of fond memories about his 10-year celebrity marriage to celebrity ex Meg Ryan, according to *UsMagazine.com*. Quaid opened up about his past marriage to the *You've Got Mail* actress in a recent interview. "[It was] my most successful relationship," Quaid, 64, said on *Megyn*

*Kelly Today* on Monday, July 23. “When we met, you know, I was the big deal. And then my career [came to a halt]. ... We’d go out on the streets of New York and it would be like, ‘Meg! Meg!’ And I have to admit it, I actually did feel like I disappeared. I didn’t think I was that small, but I was. It was a growth opportunity. I learned from that.” Quaid and Ryan fell in love on the set of their movie *D.O.A.* and wed in 1991. They welcomed a son named Jack, now 26, the following year, and then divorced in 2001.

**These celebrity exes aren’t on bad terms; in fact, Quaid thinks of his relationship with Meg Ryan fondly. What are some benefits of focusing on the positive when it comes to your ex?**

#### **Cupid’s Advice:**

There’s really no point in holding grudges, even when it comes to your exes. Cupid has some advice on why staying positive about your ex is the best thing:

**1. It cuts down on stress:** Thinking and feeling negatively about someone can take its toll on you mentally. Simply put, it can stress you out! Positivity always trumps negativity when it comes to keeping peace of mind.

**Related Link:** [‘What to Expect When You’re Expecting Has an All-Star Cast!’](#)

**2. Good karma:** Whether you believe in karma or not, it can’t hurt to put positivity out into the world. If you stay positive about your ex, he or she may do the same in return.

**Related Link:** [Meg Ryan & John Mellencamp Split After 3 Years Together](#)

**3. Keep bridges intact:** It's never a good idea to burn a bridge that may help you out later in life. Keep as many connections that you make intact along the way in life so as to have a bigger network to pull from when you really need something.

**What are some other positives to staying on good terms with your ex? Share your thoughts below.**

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**Celebrity Anniversary: Barbara Streisand Celebrates 20th Anniversary with James Brolin Wedding**





By [Haley Lerner](#)

Barbara Streisand celebrated her 20<sup>th</sup> [celebrity wedding anniversary](#) with James Brolin on July 1. Streisand shared a photo of her with her longtime love on Instagram and captioned it, “Has it really been 22 years since our blind date @jamesbrolin\_? Married for 20 years. Happy anniversary honey. Bee. X.” According to *EOnline.com*, the [celebrity couple](#) tied the knot back in 1998 on July 1, exactly two years after the day of their first date.

**This duo is celebrating their 20th celebrity wedding anniversary. What are some unique ways to celebrate your wedding anniversary with your partner?**

**Cupid's Advice:**

Want to celebrate your wedding anniversary in an extra special way? Cupid has some tips to help you do so:

**1. Recreate your first date:** There's no sweeter way to celebrate your wedding anniversary than by recreating your first date. Whether it's going to the same restaurant you and your partner ate at, watching the same movie you saw or doing the same activity, recreating your first date will help you and your beau remember how far you two have come.

**Related Link:** [Celebrity Marriage: 'The Bachelor' Star Catherine Giudici Reflects on 4-Year Marriage to Sean Lowe](#)

**2. Renew your vows:** If you and your partner have been married for many years, renewing your vows can be a special way to reestablish the love you two have for each other. You can opt to keep the renewal private or make it a big party and invite all your family and friends.

**Related Link:** [Celebrity Wedding: Justin Timberlake Pens Wife Jessica Biel a Love Letter for 5th Anniversary](#)

**3. Make a new tradition:** On your anniversary, forge a new tradition to continue for years to come with your partner. Whether it's going to a museum, eating a certain type of food or attending a concert, the tradition will be sure to make your bond closer.

**Do you know any more unique ways to celebrate your wedding anniversary? Comment them below!**

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## **Celebrity News: Hugh Grant**

# Says He Should Have Gotten Married Sooner



By Rhodesia Williams

In [celebrity news](#), Hugh Grant seems to be enjoying the married life. According to *EOnline.com*, last month Grant and girlfriend Anna Eberstein had their [celebrity wedding](#). This [celebrity marriage](#) comes after the birth of the [celebrity couple](#)'s three children. Grant admits that he should've married sooner. This [celebrity relationship](#) looks like it just gets better and better.

**In celebrity news, previously long-**

# time bachelor Hugh Grant wishes he would have tied the knot sooner. What are some benefits to marriage over simply being in a relationship?

## Cupid's Advice:

While some dream of a big wedding, others are content without it. With people often asking about your marriage plans, Cupid has explains some of the benefits to marriage over a relationship:

**1. Connections:** Not only do you now share the same last name, you now share everything. To the world, no matter what, you two are connected and are seen as a unit. Even when things get tough, this new connection binds you together, forcing you to fix things.

**Related Link:** [Expert Marriage Advice: Your Choice of Mate Can Make or Break Your Career](#)

**2. Insurance:** While you are probably shocked at this, you shouldn't be. Once you are married, you as a couple can protect each other. God forbid something happens or somebody gets sick; it is important that one of you have insurance. As a married couple, you will be able to help each other as well benefit from other healthcare benefits. When in a regular relationship, you unfortunately can't do anything as a boyfriend or girlfriend but as a wife or husband, you are entitled to so much more.

**Related Link:** [Marriage Advice: How to Keep the Spark Alive After Having Kids](#)

**3. Commitment:** Similar to connections, marriages symbolizes



the fact that you both are ready for that strong connection. As a couple you are taking vows to be together and work through issues that may arise. Although you are committed when you are in a relationship, the commitment to marriage is a huge step up and should only be taken when ready.

**What are other benefits of marriage? Share below**

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## **Celebrity News: Carrie Underwood Kisses Husband Mike Fisher After Winning the CMT Female Music Video of the Year**





By [Haley Lerner](#)

In [celebrity news](#), after it was announced that [Carrie Underwood](#) won the award for CMT Female Video of the Year for her collaboration with Ludacris titled “The Champion,” the singer gave her husband Mike Fisher a quick hug and kiss on the cheek before accepting her trophy. This celebrity couple is goals! The country singer thanked her fans in her acceptance speech, saying “Thank you God for all of us who are lucky enough who sit over here that we get to do what we get to do. And thank God for you guys—the fans. You guys really are the reason that we get to do what we do. Whoever went and voted for anybody, just thank you for taking the time. It means everything.” According to *People.com*, this is Underwood’s 18<sup>th</sup> CMT award, continuing her streak of having the most wins in CMT history.

**In this celebrity news, Carrie Underwood and her hubby are**

# celebrating good news! What are some ways to celebrate a career win with your partner?

## Cupid's Advice:

A career win is something both you and your partner should celebrate! Cupid has some tips on how to do it:

**1. Get dinner:** After a big success in your career, the best thing to do is go grab some food with your beau. Make it special and go to a fancier restaurant than your two normally would go to. Order your favorite food and don't forget the champagne!

**Related Link:** [Carrie Underwood Wins Big at the CMT Awards – And Her Husband Hugs Brad Paisley First!](#)

**2. Go on a mini vacation:** Spend some quality time with your partner and go on a weekend trip. Stay at a nice hotel either in a nearby city or somewhere further away if you want to splurge. Take the time to relax before the next steps in your career.

**Related Link:** [Carrie Underwood Says Mike Fisher Loves All of Her Crazy](#)

**3. Buy something you both want:** With a career win, it could be the right time for you and your hubby to invest in something you both have been dying for.

**Have any more ways to celebrate a career win with your partner? Comment them below!**

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# Celebrity Marriage: Kendra Wilkinson Takes Off Wedding Ring and Breaks Down on Instagram



By [Carly Horowitz](#)

In [latest celebrity news](#), Kendra Wilkinson is seemingly having marriage problems with her partner, Hank Baskett, once again. The two had their [celebrity wedding](#) in 2009, but they were recently spotted at their son's soccer game in L.A. both not wearing rings according to [EOnline.com](#). The pair shares two children together: Eight-year-old son Hank Baskett IV, and three-year-old daughter Alijah Mary Baskett. Another occurrence that is causing speculation in regards to Wilkinson

and Baskett's marriage problems are the Instagram stories that were posted on Sunday night. Wilkinson posted multiple black and white selfies with sayings like "How much strength does it take to be strong?", "I need to love myself again and I will. Life is too precious", and "No matter what...I am labeled. *Playboy* party girl. Bad mom. D list celebrity. Crazy. Always wrong." She posted another Instagram story on Monday morning stating "I'm proud of myself," and she was not sporting her wedding ring yet again.

## **This [celebrity marriage](#) may almost be over. What are some ways to re-establish a love of yourself amid relationship issues?**

### **Cupid's Advice:**

The deepest love you can have is for yourself. You are the only person who has been there since birth and through all your struggles. When everything else isn't going your way, the only person you can count on is yourself. It is so important to love yourself! But, it is much easier said than done. Cupid is here with some tips on how to re-establish a love for yourself:

**1. Make contact with your inner-self:** The first thing you must do is truly get to your core. You can do this through meditation, self-reflection, or by just taking a few quiet moments with yourself to ponder your innermost thoughts and feelings. Things become a lot more clear and refreshing when you truly understand yourself and why you make the decisions that you do. Most importantly, forgive yourself. This is a very important step in re-establishing this intimate love.

**Related Link:** [Celebrity Couple Kendra Wilkinson & Hank Baskett](#)

## [Don't Watch Marital Struggles on TV](#)

**2. Go on a date with yourself:** Take time to embark on activities that you enjoy. Do you love to go hiking, biking, boating? Whatever it is, plan to do an activity that you really like to do, and then take yourself out to your favorite lunch spot! Practice the love that you wish to receive.

**Related Link:** [Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'](#)

**3. Make positive affirmations everyday:** It is a daily, constant effort to maintain this attachment with yourself. You don't want to become disconnected by worldly stresses. Say out loud to yourself every day things like: "I love and accept myself unconditionally." Take breaks throughout the day to remind yourself of this as well. You are a wonderful and unique soul, don't forget that.

**What are some other tips on how to re-establish a love of yourself amid relationship issues? Comment below!**

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# **Celebrity News: Cameron Diaz 'Has Become a New Person' with Husband Benji Madden**





By [Carly Horowitz](#)

In [latest celebrity news](#), Cameron Diaz has been taking some time out of the spotlight as she spends time with her husband, Benji Madden, since their [celebrity marriage](#) in 2015. According to [People.com](#), a source stated, "Cameron has made a wonderful life for herself. Marriage agrees with her." It is also explained that Diaz feels "very fulfilled" in her quiet life with Madden. The last time Diaz was seen on screen was in 2014 during the *Annie* remake. Lately, she has been getting more involved in the health and wellness world. Rumor has it that the two would like to have a family together. Best of luck to this happy [celebrity couple](#)!

**In celebrity news, Cameron Diaz is loving her life out of the spotlight with her husband. What are some ways to adapt to your**

# partner's lifestyle?

## Cupid's Advice:

When you spend so much time with your partner, you begin to take on some aspects of their lifestyle. That isn't a bad thing! In some cases, it can really be an enlightening experience. Here are some ways to open your mind when it comes to adapting to your partner's lifestyle:

**1. Take it slow:** Whenever you are going through any life change, it is always a good idea to take it slow! You can adopt aspects of your partner's lifestyle slowly and see how they work with you.

**Related Link:** [Cameron Diaz Takes Break from Hollywood to Try for Celebrity Baby](#)

**2. Compromise:** You don't have to fully take on the exact lifestyle that your partner conducts. If it turns out that their lifestyle is perfect for you, then that is great. But, if not, try your best to understand their ways and take on whatever aspects that you feel comfortable with.

**Related Link:** [Benji Madden Sends Celebrity Love Cameron Diaz a Cute 'Miss You' Message](#)

**3. Have a positive outlook:** Isn't it so amazing that this soul came into your life and infused such great energy onto you? Now you have an opportunity to expand the way you live and learn new things about yourself and your relationship. Change is good, embrace it.

**What are some other ways to adapt to your partner's lifestyle? Comment below!**



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# Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years



By [Carly Horowitz](#)

Actress Alicia Silverstone and singer Christopher Jarecki have split after 20 years of [celebrity marriage](#), according to [EOnline.com](#). This [celebrity break-up](#) is being handled in a very mature manner. Silverstone and Jarecki plan to co-parent their 6-year-old son Bear Blue Jarecki. Silverstone's rep said

that this former [celebrity couple](#) still has love and respect for each other. Best of luck to the two in the future!

## **This long-time pair are calling it quits with a celebrity break-up. What are some solid reasons to separate after a long-term relationship?**

### **Cupid's Advice:**

Even if you have been with someone for a long time, sometimes you realize that you may be better off as friends. It can take a lot of time to truly get to know someone. It is not a waste if you realize that the person you have been with for so long is actually not the one for you. Cherish the moments that you did get to share together and be thankful for that wonderful time. Here are some common reasons that a pair may separate after being together for a long time:

**1. Not enough in common:** It takes time, and living together, to really realize how well you and your partner fit together. Sometimes it even takes raising a child together to actually find out that your relationship isn't the best suited. At first, you may have just been so in love that you did not realize the gaps in your relationship.

**Related Link:** [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

**2. It's just not there anymore:** As sad as it is to say, sometimes people can fall out of love. That's not a bad thing though. Life happens and maybe you go through experiences that change you and make you realize some stuff that you weren't able to see before. Accept this realization and look forward

to being just companions with your ex-partner.

**Related Link:** [Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His Birthday](#)

**3. Lack of experience being alone:** If you have been with someone for a long time, you may come to fathom that you don't know your true self anymore. It is easy to lose yourself in another person if you were not completely aware of your true being before the relationship started. It's not selfish to take the time to really get in touch with yourself outside of your long-term relationship.

**What are some other reasons to end a long-term relationship? Comment below!**

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## **Celebrity Break-Up: Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston**





By [Carly Horowitz](#)

In [latest celebrity news](#), it turns out that Justin Theroux did not view his [celebrity marriage](#) to [Jennifer Aniston](#) as a necessity. According to [UsMagazine.com](#), a source said, “Justin was absolutely head over heels in love with Jen – and probably always will be – but marriage was never important to him.” The source further explains, “Marriage was always just a piece of paper to Justin, and he didn’t need it.” On the other hand, the source has the impression that Aniston contained different views- “Constant scrutiny of Jen’s personal life, including whether she would ever find her happily ever after, played a huge role in her marriage to Justin.” All in all, Aniston and Theroux seem to have enjoyed their time while it lasted, although some may argue that this lack of congruence from the start may have proved their [celebrity break-up](#) inevitable.

**This celebrity break-up comes after some hesitation to get married in**

# the first place. What are some ways to know you're 100% ready for marriage?

## Cupid's Advice:

It is important that you and your partner are on the same page, especially when it comes to marriage. Here are some clues you can look for that can show you are ready for marriage:

**1. You feel open:** If the love you have for your partner leads you to a mindset of open-ness and excitement, than that is a good sign. It is great if you feel as if you would try anything or go anywhere as long as you have your partner by your side.

**Related Link:** [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

**2. You see the world the same way:** It is definitely a plus if you and your partner have similar outlooks on life. Although, it is not an absolute necessity that you two agree on everything. Sometimes it is good to have some different views. Opposites attract! Overall, it would make for a smooth, healthy marriage if you and your partner at least had similar views on a majority of aspects.

**Related Link:** [Celebrity News: What Reese Witherspoon Learned After Leaving an Abusive Relationship](#)

**3. They bring out the best in you:** The best part about marriage is that you have found someone that compliments your greatest attributes, as you do the same for them. If you love the person you are when you are with your partner, it may be time to walk down the isle!

What are some other things that can indicate you are ready for marriage? Comment below!

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# Celebrity Marriage: 'The Bachelor' Star Catherine Giudici Reflects on 4-Year Marriage to Sean Lowe



By [Carly Horowitz](#)

[The Bachelor](#) stars Catherine Giudici and [Sean Lowe](#) celebrate the four year anniversary of their [celebrity marriage](#) today!

Giudici shares some secrets to [EOnline.com](http://EOnline.com) about maintaining a great marriage over time: “I think I have learned better patience when it comes to our marriage and that rage is kind of a waste of time. I’ve been slower to anger when I remember how much Sean loves me and better at explaining how I feel. At least I hope!” Giudici goes on to exclaim that Lowe is the “best thing that has happened” to her. Best of luck in the future for this celebrity couple!

## **This *Bachelor* celebrity marriage is still going strong! What are some ways to continuously work on your marriage?**

### **Cupid’s Advice:**

Marriage is a lifelong commitment that takes effort. It is a beautiful thing to be able to go through life with your best friend by your side. You want to ensure that your partner still feels the love that you have in your heart for them as you continue in your marriage. Cupid has some ideas on how to continuously work on your marriage:

**1. Give complements to your partner and to yourself:** Take time to give honest complements to your partner when you feel as they deserve the recognition. Don’t be shy to tell your partner that you really did appreciate the simple action that they did of pulling out your chair for you at the dinner table and let them know how much you admire their kind soul. In addition, don’t forget to complement yourself on how caring you are in your relationship! It may sound silly but look in the mirror and complement yourself on the efforts you have made in your marriage.

**Related Link:** [Celebrity News: How Jessica Biel & Justin](#)

## [Timberlake Keep Their Marriage Strong](#)

**2. Take time to look into each other's eyes:** Umm... what? Yes- licensed marriage and family therapy experts have proven that looking into your partners eyes strengthens emotional intimacy that may be lost otherwise. Take time to remind yourself of the overwhelming love that you have to give to your partner.

**Related Link:** [Marriage Advice: How to Keep the Spark Alive After Having Kids](#)

**3. Keep the curiosity:** Treat your partner as if you have just met- don't hesitate to ask questions about their day, or about their past, or just about them in general. There is always more exciting things to learn about your soulmate- it's not like the journey just stops when you get married, it is really just the beginning.

**How do you continuously work on your marriage? Comment below!**

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# **Celebrity News: How Jessica Biel & Justin Timberlake Keep Their Marriage Strong**







By [Karley Kemble](#)

[Celebrity couple Jessica Biel](#) and [Justin Timberlake](#) are stronger than ever! According to [UsMagazine.com](#), an insider close to Biel says that couple love “spending time together” and “don’t have to be doing much, but they are still laughing and having a good time.” In the latest [celebrity news](#), Biel and Timberlake were seen dancing, nuzzling, and cuddling at Timberlake’s latest album’s listening party. The pair has been together for 11 years and has been married since 2012. We’re so happy to see this couple is still going strong!

**In celebrity news, Jessica Biel and Justin Timberlake are one cute married couple. What are some ways to make your marriage stronger?**

**Cupid’s Advice:**

Even after you and your partner have been together for some

time, it's important to keep the magic alive. That way, you'll have a long and happy marriage. Cupid has some tips to make sure this happens:

**1. Do things alone:** It's important to maintain your individual identity. Sometimes, it manages to get lost when you are a couple. Allow each other to pursue your own interests and make sure to hang out with friends sans your partner. You'll find the alone time to be fulfilling!

**Related Link:** [Celebrity Wedding: Justin Timberlake Pens Wife Jessica Biel a Love Letter for 5th Anniversary](#)

**2. Keep to yourselves:** If you and your partner are going through a rough patch, it's probably smart to limit your venting. When you include too many people into your business, it can lead to people being overly and unnecessarily involved. This also leads to others perceiving your partner negatively. Be sure to balance the negatives with the positives!

**Related Link:** [Celebrity News: Justin Timberlake Says He's 'So Proud' of Wife Jessica Biel](#)

**3. Be positive:** Make sure you and your partner are constantly affirming each other! This is important to a strong relationship because it shows you don't take them for granted. Go out of your way to say "thank you" or give them a compliment that goes deeper than the surface level. A little gratitude goes a long way.

**What has worked for you and your partner? Share with us in the comments!**

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# Celebrity News: Source Says Kanye West & Kim Kardashian's Marriage Is 'Stronger Than Ever'



By [Ashleigh Underwood](#)

[Celebrity news](#) following [Kanye West](#) has been sparse recently as the rapper has taken a step back from the lime light. Since cancelling the last bit of his *Saint Pablo* tour last year, West has been focusing on his health and maintaining his sanity. According to [UsMagazine.com](#), he is “the best he’s ever been...you’re going to see a calm Kanye who is taking it day by day. He and [Kim Kardashian](#) are stronger than ever.” West has been focusing on his [celebrity relationship](#) with Kardashian

and their growing family.

## **If we're to believe this celebrity news, Kimye's marriage is strong. What are some ways to work on the strength of your relationship?**

### **Cupid's Advice:**

Being in a relationship is amazing and can be one of the best aspects of your life. However, not every one will last. To give yours a better chance at survival, here are a few ways to work on your relationships strength:

**1. Communicate:** The best way to build a connection with someone, is to talk with them. Get to know who they are and what they like, but also what they can't stand. Communicating with your partner allows you explore a part of them that others may not be able to see. Your relationship grows stronger because you know each other on a more personal level!

**Related Link:** [Celebrity Baby News: Kim Kardashian Confirms She's Expecting Her Third Child](#)

**2. Argue:** While this advice may go against everything you have been taught, it's true. Arguing is essential in a relationship. You and your partner are not going to agree on aspect of your lives and you're going to butt heads. This is normal and even needed! This forces you to learn about conflict resolution within your relationship, and compromise—very important lessons.

**Related Link:** [Top 5 Most Famous Celebrity Kids](#)

**3. Give space:** When you are in a new relationship it is easy to spend all day every day with them. Though it is nice at the

time, it can prove to be detrimental to yourself and your relationship. Even though you are joining lives with someone else, you need to keep a private life for yourself. Continue to see your friends, go to work events alone, or pick up a hobby. This will allow you to build up yourself and inevitably help your relationship.

**How do you keep your relationship strong? Comment below!**