

# Justin Timberlake Sang to Jessica Biel at Wedding Reception



By Jennifer Ross

With their elegant wedding in Italy, this past Friday was a night to remember for Jessica Biel and Justin Timberlake. The former 'NSYNC band member and his new bride had a white wedding, with white flowers literally everywhere, in the very posh Borgo Egnazia resort in southern Italy. One witness reports to [UsMagazine.com](http://UsMagazine.com), "Even the balconies facing the main courtyard were dressed with white blooms." The wedding reception was also held inside the hotel resort and draped in white fabric with; you guessed it, more white flowers. Biel, 30, changed from her white-and-pink wedding gown to something more comfortable for partying. With many of Timberlake's songs being played at the reception by deejay ?uestlove, guests and Biel were in for a surprise when Timberlake, 31, sang a never-

been-heard-before song in dedication to his new bride.

**How do you use music to bring romance to your relationship?**

**Cupids Advice:**

Music is the primary language of love. It can translate into many cultures and send a message around the world. In music, we can strengthen love in a matter of minutes, express our deepest feelings and permanently bookmark a moment in time that we will never forget. To tell your partner that you care, show your love through music examples, such as these:

**1. Create a love playlist:** If you have trouble talking about your feelings, why not let the professionals do it for you? Create a love playlist that includes a mixture of yours and his favorite artist. The best part, even when you are away, your love will come through the audio speakers every time he presses play.

**2. Attend a concert:** Another way to incorporate music is to find out who is your partner's favorite singer/band and attend their concert together. Just imagine the surprise look of joy your mate will have when you present those tickets. It gives you two an event to explore together and memory to cherish in the future.

**3. Sing a song:** Singing a song to your partner is a very romantic way to show your love and allows yourself to be open and vulnerable to them. Regardless of whether you have a beautiful singing voice or you cannot carry a tune, there is a song out there for everyone. All you have to do is find your song and practice before your special moment.

**Did you romance your partner with music? Tell us your story below.**

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# Robert Pattinson and Kristen Stewart Cuddle at Hollywood Club



By Jennifer Ross

Saturday night was a memorable night for celebrity watchers in Hollywood. Robert Pattinson and Kristen Stewart were spotted out at Chateau Marmont in Hollywood. The *Twilight* couple was there to celebrate a friend's birthday. Witnesses reported to [UsMagazine.com](http://UsMagazine.com) that Pattinson, 26, and Stewart, 22, arrived together and "snuck into the garden from a private side entrance." A low-key event, the reunited love birds were dressed in t-shirts and jeans and "whispering very close and intimately."

**How do you know when to forgive and forget your partner's**

## **betrayal?**

### **Cupid's Advice:**

When a partner betrays your trust, the pain can be debilitating to yourself, along with your relationship. Betrayal acts like scissors, cutting the millions of strands you both worked hard at tying together between your hearts. Nevertheless, there are situations when a couple is able to move past it and reconcile. If you are in one of these relationships, here are a few tips to consider on when to forgive and forget:

**1. The relationship is important:** When you two and the relationship are more important to each other than the betrayal, it is a sign that reconciling is possible. That is not to say that it will be easy; it won't. However, the importance factor shows you and your partner are on the right path to a possibly stronger union.

**2. Actions:** Another good sign is when your partner has apologized AND acted on that apology. Is your partner apologizing repeatedly when you need it? Does he hear your pain? Does he answer you so it no longer haunts you? Consistent action is what you'll need to get there.

**3. The pain is forgettable:** Most importantly, forgiveness is possible when you are not completely consumed by the pain. No matter how much he tries to help you heal, you must be able to let go. Otherwise, you will only create a hell for both of you.

**When did you know it was time to forgive and forget your partner's betrayal? Tell us below.**

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# Jennifer Aniston Gets Teary-Eyed Discussing Engagement to Justin Theroux



By Jennifer Ross

Jennifer Aniston's engagement to fiancé Justin Theroux brings her tears of joy, according to [People](#). Last Monday night on E!'s *Chelsea Lately*, the actress, 43, became teary-eyed when Chelsea Handler, host of the show, began to speak of the engagement. "I just got verklempt," Aniston said as she wiped a tear away. Handler went on to say that Aniston and Theroux, 41, are "the greatest couple ever." Then the conversation changed to making fun of Handler imitating Aniston's life. "I just saw my sport's doctor backstage...and I haven't seen my yoga teacher since we went to Cabo two years ago," Aniston states as proof. All in good fun, Aniston thinks it would be nice for Handler to imitate her by also getting engaged. "Any takers?" she asked.

## **What are some ways to know you're smitten?**

### **Cupid's Advice:**

People who are smitten with their partner live in a completely different world than the rest of us. It's easy for them to give the benefit of the doubt in situations. They tend to focus on the positive side, with an assumption of good will. Also, they generally feel a constant sense of enthusiasm or enchantment, expressing passion and feelings of tenderness. Here's how to tell if "smitten" describes you:

**1. You talk him up to your friends:** If he is meeting your girlfriends for the first time and they already know everything about him, you are crazy about him. Wanting to constantly talk about your new partner to any friend that will listen is a good sign of how well your feelings are for him. You might get teased, but it's worth it.

**2. You like doing mundane activities together:** Another example is the thought of helping him do his laundry, clean his apartment or go with him to run HIS errands makes you giddy inside. You may be perceived as the most boring couple ever by your friends. Even so, you prefer doing this because you two are together.

**3. You can't get over how handsome he is:** Have you caught yourself staring at him when he's staring at the TV? Better yet, has he caught you doing that? An obvious clue that you are smitten is the overwhelming urge to stare at his beautiful face. Let's face it – you're hooked.

**How you know you were smitten about your partner? Comment below.**

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# Olivia Wilde Opens Up About Relationship with Jason Sudeikis



By Jennifer Ross

At a recent [Glamour](#) magazine hosted event in NYC, Olivia Wilde gushed to the audience over her new boyfriend, Jason Sudeikis, although she didn't name him directly. When comparing Sudeikis, 37, to the likes of say David Beckham, the *House M.D.* star said she "would drop him [Beckham] off at the pound." This in no way was a jab at Beckham, but rather an example of how smitten she is over her new beau. During her monologue reading, Wilde spoke about the raw truth on personal matters such as her divorce, her body and her strong feelings for her partner.

**How do you know if you're really into someone?**

## **Cupid's Advice:**

When you begin to fall in love with someone, it can be one of the best times of your life. Your thoughts wonder to where he is and what he's doing. Your heart beats faster when he first approaches you. His eye contact takes your breath away. Here are a few tips that point to the fact that you might be falling in love:

**1. He's Your Go-To Person:** If you find yourself in a challenging work situation and immediately text/email your new partner about it, you are probably into him. Having the urge to tell him what's going on throughout your day, moments that can be considered unimportant or urgent, is a sign that you are thinking of him constantly and want to be near him.

**2. You Open Up About Your Past:** Sharing personal stories about your youth, especially ones about your awkward stages, relays a message that you feel comfortable enough to express your vulnerable side. Vulnerability is not easy for many people to show and is normally reserved for those who you've known a long time or people you trust in your heart. When you start opening up, it is a clear indication that you want more than a temporary partnership with the person you're dating.

**3. Your Friends, Family or Co-workers Have Met Him:** One of the most obvious signs that you are into someone is when you introduce him to your friends, family or co-workers. This is definitely big! Attempting to incorporate your new relationship into your personal life shows him and yourself that you want him around often and you want others to know he exists.

**When did you know you were really into someone? Share your story with us below.**



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# Guy Ritchie Is Engaged to His Pregnant Girlfriend



By Jennifer Ross

The word is out! She said “yes” and Guy Ritchie could not be any happier. Recently confirmed by [UsMagazine.com](http://UsMagazine.com), the British director proposed to his longtime girlfriend, Jacqui Ainsley. Ritchie, 44, and Ainsley, 30, were at a dinner date last Sunday at Madeo Restaurant in L.A., where she showed off both her baby bump and her round-cut engagement ring. The baby-to-come will be the second child for Ainsley with her fiancé, one which she revealed to the world on the red carpet at the London premiere of the movie, *The Dark Knight Rises*. The happy couple has been dating since 2010. Before Ainsley, Ritchie ended an eight year marriage with Madonna in 2008, and shares two sons with her.

## What are some cute ways to propose to your pregnant girlfriend?

### Cupid's Advice:

Although proposing to your girlfriend after she is pregnant may be a reversal of traditions, it is still as romantic and exciting as the original way. Depending on which trimester she is in, you may have limitations to the ways you can propose. However, with her being pregnant, you have the unique opportunity to get creative and even try to include your unborn child into the details. Here are a few ideas that are sure to make any proposal a huge success:

**1. Written for the stars:** If your girlfriend is near the end of her pregnancy, a great way to propose is to take her to the movies. Before you go, have the proposal, along with a picture of you two or the new baby, added to the advertisements shown before a movie. Then sit back, relax and enjoy the show. You can even invite your friends and family and let them be surprised as well. Contact your local cinema for the details.

**2. Get the OBGYN involved:** If your OBGYN is up for it, ask him/her to help you with the proposal at your next appointment. Have the doctor perform the normal consultation as they usually would. Towards the end of the visit, the doctor could "recommend" another supplement for overall health and well-being of both baby and mom. Watch her surprise as she is handed a prescription that states, "Will you marry him?"

**3. A gift for the baby:** Since the baby will need lots of things, why start clothes shopping right away. Buy a newborn onesie and have the words, "Will you marry my daddy?" added on it and wrap it nicely. You can give it to your girlfriend either alone over dinner or at a special time with friends and family around. It will be a wonderful proposal she remembers every time your newborn wears the onesie.

When you were pregnant, how did your partner propose to you?  
Tell us below.

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# Sources Say Rob Pattinson and Kristen Stewart Are a Couple Again



By Jennifer Ross

The love story of Robert Pattinson and Kristen Stewart – take two! Several sources have confirmed to [People](#) that the *Twilight* on-and-off-screen couple is back together at last. To recap, the two broke up back in July when Stewart, 22, admitted to having a short affair with her *Snow White and the Huntsman* director, Rupert Sanders, who himself was a very married man. Soon after, Pattinson, 26, put their L.A. home up

for sale and moved out. After much time separated, the two decided to meet up in L.A. around September 15 and have been practically inseparable since then. The newly reunited couple has yet to make their formal public debut on the red carpet, which is scheduled to happen while promoting *The Twilight Saga: Breaking Dawn – Part 2* movie at the end of this month.

**How do you know when to forgive and forget in a relationship?**

### **Cupid's Advice:**

No matter what horrible thing has happened, letting go of the bitterness and anger surrounding it will benefit your love life. It's imperative that you do this, If not for the sake of your relationship, then for your health and peace of mind. The alternative only imprisons you in a cell you create. Understanding these few tips below to will give you strength to let go and lead you towards a better attitude within:

**1. Get rid of the resentment:** When being interviewed by the *New York Times* in 1998, author Malachy McCourt said, "Resentment is like taking poison and waiting for the other person to die." He could not be any more correct. Holding on to resentment will not only kill your inner self, it definitely stops your relationship from strengthening and growing. Learn to let it go.

**2. Look for the lesson:** Some spiritual people believe that bad events are a test of our character, a challenging of our inner strength. Whether you believe this or not is up to you. However, when working on forgiving and forgetting your partner, focus on the lesson behind your situation. Something emotionally within you may be hindering your self-growth. Here is a perfect chance to find out what.

**3. Purposefully forgetting:** Obviously some situations are going to be too difficult to naturally forget. In these instances, look at it from a different perspective. Each time

you remember this bad moment, teach yourself to associate it the happy times that came as a result of it. It is not a matter of never forgetting the pain, but a determination of consciously choosing to remember the good.

**Were you able to forgive and forget in your relationship? If so, how did you do it? Share your story with us below.**

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## **Behind-the-Scenes Guys Who Became the Leading Man**



By Melissa Caballero

It's very common and predictable when co-stars and celebrities start dating each other. They meet on the set of their new hit films and attend the same award ceremonies. They surround each other on a regular basis so why wouldn't they find another who

they are interested in? I mean, who else are they going to meet and date? Then you hear news like the fact that Natalie Portman was engaged and pregnant, and you think, “But with who? How could that be?” Well, it turns out you don’t have to be an A-lister to date one.

Here are five of your favorite female celebrities who found love with behind-the-scenes guys:

**1. Natalie Portman and Benjamin Millepied:** Portman and Millepied met during the filming of the *Black Swan*. Sure enough, Millepied served as choreographer for the film and was blown away by Natalie’s talent and grace on the dance floor. Millepied is a principal dancer in the NYC ballet and is now this ballerina’s Cavalier.

**Related Link:** [Natalie Portman and Benjamin Millepied Get Married](#)

**2. Jennifer Lopez and Casper Smart:** After working together for some time, their professional dancing relationship turned a bit more personal. Lopez and Smart connected only a short time after her split with Marc Anthony, but they seem to be getting along better than ever. It is obvious that there’s a lot of love and attraction between the two – and boy does she deserve it!

**Related Link:** [5 Reasons Why Opposites Attract](#)

**3. Julia Roberts and Danny Moder:** Roberts met Moder while filming the movie, *The Mexican* in 2001 – he was the cameraman! While he may not have been her leading man in the film, Roberts said after meeting him that she was “born to love and be the wife of this man.” Ten years later, this notion still proves true and they have three beautiful children together.

**4. Whitney Port and Tim Rosenman.** We first met Whitney on *The*

*Hills*, where she worked side-by-side with Lauren Conrad in the fashion biz, and then we followed her to the Big Apple where she starred in her own reality show, *The City*. Whitney then announced that she was dating *The City*'s Associate Producer, Tim Rosenman. While the show is no longer on the air, it was a still a success for Port's love life.

**5. Kandi Burruss and Todd Tucker:** We heard of the news that *Real Housewives' of Atlanta* star Kandi Burruss was dating one of the show's cameramen during last year's reunion show, and it was all thanks to her cast-mate Phaedra Parks for encouraging him to pursue Kandi. I guess Phaedra knew best, because rumor has it that the two have secretly engaged.

**What are some other behind-the-scenes guys who found love with an A-list sweetheart? Share your comments below.**

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## **Patti Stanger Explains How to Reconnect Like Ashton Kutcher and Mila Kunis**





By [Jessica DeRubbo](#)

Love and relationship expert Patti Stanger is doling out some love advice yet again, this time related to new couple Ashton Kutcher and Mila Kunis. Only romantically linked since April, the celebrity duo met on the set of *That 70's Show* more than 14 years ago, according to [People](#). Although Stanger is not picking Kunis over Kutcher's ex, Demi Moore, she loves this new relationship development because it gives her a chance to discuss how to spark a new love after touching base with someone from your past. One piece of advice she gives it to set yourself up now for a romance in the future. She advises not to dwell on relationships that aren't ready to happen as of yet and to continue meeting new people and trying new things. According to Stanger, space and experience are key.

**What are some ways to reconnect with an ex or crush after much time has passed?**

### **Cupid's Advice:**

Sometimes reconnecting with someone you used to have a connection with in the past can spark a new love. Here are some ways to approach it:

**1. Social media:** In this day of technology, social media may



be the best way to go about reconnecting with a past crush. Log on to Facebook or Twitter and compose a quick flirtatious message meant to spark new conversation.

**2. Mutual friends:** Chances are that you may have mutual friends to lean on. If you want to reconnect with someone, ask your mutual friend to plan a group activity. This will give you a no-pressure way to see each other again.

**3. Text:** If you still have your ex or past crush's number, texting may be the way to go. It's not quite as in-your-face as a phone call, and you can easily keep things simple. A quick, "How's it going?" may be just what you need.

**What are some other ways to reconnect with a past crush? Share your ideas below.**

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## **Ashton Kutcher and Mila Kunis Spend a PDA-Filled Weekend Together**





By Jennifer Ross

It appears that love is still in the air. The PDA sightings of Ashton Kutcher and Mila Kunis last week in Central Park continued on through the weekend and were photographed throughout New York City. From holding hands through dinner at The Lion on Friday night to matching blue T-shirts and jeans while watching football in a sports bar on Sunday, Kutcher, 34, and Kunis, 29, could not go long without a hug or a kiss from each other. As reported to [People](#) by an observer, the love birds even had a cozy dinner with another couple at Spasso restaurant on Saturday night and were “all lovey-dovey.” It looks like the love that began April is still holding strong.

**What are the benefits of being affectionate in public?**

### **Cupid’s Advice:**

We’ve all done it. At one point in our lives, we have all either participated in a little PDA or watched from a distance. That feeling you get inside that makes you want to hold their hand or give them a sweet kiss, regardless of where you are, is a wonderful feeling. However, have you ever thought why do we do this? Here are a few reasons to understand what’s good about PDA:

**1. Confirming your feelings:** Reaching out to hold your mate's hand, or give them a kiss, in public is a great way to confirm your feelings for them, if they are insecure about the relationship. It boldly states that you care and you what you don't care about is who knows. So the next time your partner questions your love for them, show it in public to get the message across.

**2. It can boost a person's mood:** Against what most people might think, being affectionate in public can have a positive effect on the people watching. A scientific study has shown that whether you are actively involved in PDA or simply watching, both have a strong and positive effect on your brain. So give your partner that extra kiss; it may lift someone else's spirit.

**3. It just feels good:** Let's not forget about ourselves. As the initiator of PDA, we do this simply because it feels good to us. With all the stresses of our world, why not allow ourselves to indulge in a little positive action with our loved one? After all, we are attracted to them and we genuinely care. So, if your urge is to give your mate a hug or kiss out in public, do it! Just remember to keep it "family friendly" for the little ones that may be watching.

**What benefits do you get from being affectionate in public? Who initiates it more? Comment below.**

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## **7 Behaviors That Are Keeping You Single**



By The Women's

Insider, Camille Perkins, for GalTime.com

are you scaring mr. right away?

Ladies, have you been wondering why your friends have an easy time dating and maintaining their relationships but somehow you have difficulty maintaining your romances? Have you been noticing a trend in the way that your relationships end? If you answered yes, it may be time to consider that the problem may be YOU. Admitting that we may be the problem is never easy, but if you're doing the same things and reaping the same results, it's time for some self-reflection.

As a Love Coach, I've coached many single women on forming and maintaining healthy, successful relationships. Over time I've noticed several recurring themes that prevent women from doing just that. I'm going to share these behaviors with you.

**1. BEING INTIMATE TOO SOON:** Many women feel pressure to be intimate with a man because they feel that it will keep the man's attention. Doing so with a man who is not emotionally

connected with you will keep his attention – but only for the short run.

**Solution:** Resist the urge to be physical with a man before you're ready. Also, do not be intimate with a man before there is a mutual emotional connection. Think: If you got pregnant, would he be there for you, or would he run for the hills?

**2. NEGATIVE ATTITUDE:** If you have the attitude that all men are dogs, all men cheat, all men are pigs, this attitude will definitely repel men. Even if you do not vocalize these thoughts, it will be evident in your actions.

**Solution:** Be positive. Be present. Smile with every man that you meet.

**3. WASTING TIME:** Too often women stay in dead-end relationships or put up with being the booty call / friends with benefits girl. Settling to be in a dead-end relationship or the booty call girl will only waste your time and prevent you from meeting the right guy.

**Solution:** Look at your relationship. Where is it going? Is it what you want? If not, you are missing out on meeting the right guy. Don't settle.

**4. LOW SELF-WORTH:** Having low self-worth is never a good thing. It can prevent you from realizing when you are in a bad relationship. Usually when a woman has low self-worth, she will only attract negative men.

**Solution:** You are beautiful and you deserve to be with a great guy. For the next two months, take note of all the compliments that you receive from family and friends. Make a list of the compliments you receive and write down the name of the person next to each compliment. Each night, read the list of compliments. In no time your confidence will be boosted and you will agree that you are amazing!

**5. TOO PICKY:** You will not date a man if he does not match your long list of requirements.

**Solution:** Make a list of three non-negotiables. Take 10 minutes to write down traits that you must have in a man, then prioritize your list and select the top three things that you ABSOLUTELY must have in a man.

**6. LOSING YOURSELF:** Something that I see very often is that once a woman starts dating a guy that she's interested in, she forgets her friends and the life she had before meeting him. For example, have you ever had plans with your girlfriends, but immediately dropped your girlfriends because your new guy invited you out on a date? Men (and people in general) are attracted to people who have a well-rounded life full and are more appreciative of you and your time when you fit them into your schedule.

**Solution:** Don't make your life revolve around his life. Don't be afraid to have a life of your own.

**7. BEING OVERLY AGGRESSIVE:** Typically, men do not respond very well to what they view as pushy women. Generally speaking, men enjoy the chase and want to be the one to pursue you. If you try to push for a relationship or marriage with a man before he is ready, it will only push him away.

**Solution:** Keep your cool. You're amazing. Allow the man to court you.

What are your thoughts? Do you agree? Are you guilty of these behaviors?

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# Blake Lively and Ryan Reynolds Take a Mini-Honeymoon in Virginia



By Jennifer Ross

Keeping in theme with their South Carolina wedding, Blake Lively and Ryan Reynolds decided on a mini-honeymoon at Virginia's Inn in Little Washington, South Carolina, according to [People](#). Located an hour and a half west of our nation's capital, the Inn is operated by Chef Patrick O'Connell. It includes a French inspired restaurant, locally grown food and a 14,000 wine bottle cellar. As reported by the [Washington Post](#), Reynolds, 35, wore a light blue shirt and khakis when he and his bride dined in the garden for a late dinner. The couple then spent Saturday night there before heading back to New York City.

**What are some quick honeymoons to take as a couple?**

## **Cupid's Advice:**

Although a wedding is one of the most memorable moments in your life, it may come at a time when your work schedule is full. If this is your case, here are a few examples of how you can have a mini romantic honeymoon that is sure to please:

**1. In your own backyard:** No, this is not in reference to the yard behind your home. Rather, it's about creating a wonderful experience of enjoying what your town has to offer. Whether you live in rural town or a bustling city, every town has spas, fine dining, luxury hotels or resorts, along with events and nightlife that can make for a very exciting time. Plus, it includes the shortest drive home in the end.

**2. Head west to wine country:** Another honeymoon that does not require a passport is the wine regions of California. There are many wine resorts and villa rentals to set the romantic mood. Besides all the great wine tasting, there is also hot-air balloon rides, golfing, and spas. Just remember to hire car service to prevent any drinking and driving.

**3. Beach destination:** For a romantic beach destination without leaving the U.S., head over to Kiawah Island, South Carolina. While it is not actually an island, it is predominantly surrounded by water. Although Kiawah Island is known for their professional golf courses, you can also enjoy playing tennis, fishing, canoeing through the beautiful marsh-lined creeks, shopping, fine dining or simply laying on the beach. It contains all the joys of the Florida Keys, at a lower cost and without the over-crowdedness.

**Did you and your spouse take a quick honeymoon? Tell us all about it below!**

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# Is Russell Brand Dating a Spice Girl?



By Jennifer Ross

It seems that Russell Brand, the British Comic, has a taste for ginger – Ginger Spice that is. Brand, 37, and Geri Halliwell, 40, are reported to be dating, according to [The Sun](#), British paper. Out in public, the two have been seen together in London at Hampton Court Palace, along with Halliwell's daughter from a previous relationship, 6-year-old Bluebell. More recently, Brand posed with the Spice Girls in a Twitter picture at the London Olympics' closing ceremony, which was considered to be the Spice Girls' amazing reunion performance. With his divorce from ex-wife, Katy Perry, only a month old, Brand also briefly dated Isabella Brewster, younger sister to Dallas star Jordana Brewster. Let's hope this relationship lasts!

**How do you know if someone is boyfriend material?**

## **Cupid's Advice:**

With so many personalities in this world, finding a boyfriend may not always be sugar and spice and everything nice. Here are some things to consider when searching for a new love interest.

**1. Communication is key:** When you speak, does he hear you? Better yet, does he remember what you've said? Good communication starts with an open space to express your thoughts and includes someone on the other end listening, being able to understand, and even challenge you in a positive manner.

**2. Attraction:** Good communication without attraction is the same as having a relationship with your brother – sure you love each other, but not in the romantic way. In order to have a boyfriend, there must be a mutual intimate connection to each other, and that starts with physical attraction.

**3. You've bettered yourself:** Another thing to consider is who you were before you met him and who you have become. With all this physical attraction and communication between you two, thoughts and feelings are inevitably going to change. Have you changed for the better? If spending this much time with him encourages you to be a better you, then it looks like you may have a keeper!

**What made you choose your boyfriend? What are the traits you admire most about him? Tell us!**

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# 4 Things Jennifer Aniston Taught Me About Relationships And Love



By Liz of

[WeLoveDates.com](http://WeLoveDates.com)

I've always been fiercely and annoyingly Team Jen, so when the news of her celebrity engagement to Justin Theroux broke out, I was possibly a bit too excited. As a complete and utter romantic, I'm just happy she's found her happy ending. In honor of America's Sweetheart, here are four things Jennifer Aniston has taught me about relationships and love:

## Relationship And Love Advice from

# Jennifer Aniston

**1. Keep on keepin' on:** *"There are no regrets in life, just lessons."*

It's easy to look at someone like Aniston and wonder if she would have done anything differently. Would she have fought to stay married to celebrity ex Brad Pitt and gotten into a cat fight with Angelina Jolie? Would she have begged him to stay with her? But by having no regrets and choosing to learn from her past, she is telling the world that nothing that has happened to her in life will ever define who she really is.

**Related Link:** [10 Love Lessons From Bruce Springsteen](#)

**2. Take responsibility:** *"Relationships are two people; everyone is accountable. A lot goes into a relationship coming together, and a lot goes into a relationship falling apart. Even if it's 98 percent the other person's fault, it's 2 percent yours.... You can only clean up your side of the street."*

Even the best relationships and love can turn sour. A lot goes on behind the scenes, whether you're part of a famous couple or not. Instead of playing the role of a heartbroken victim, good love advice is to evaluate where you went wrong in the relationship. You didn't fall in love over night, and your relationship didn't end in the blink of an eye.

**3. Don't try too hard:** *"If you try and be sexy, you'll never be sexy."*

You never get the impression that Aniston is trying too hard. She doesn't dress like she's giving something away for free, and she isn't overly gratuitous when it comes to her sexuality. There is a reason why she's often referred to as the girl next door, and women all over the world look to her for style inspiration. Simply put, she's not desperate, and

you shouldn't be either!

**Related Link:** [Khloe Kardashian Gives Tips For A Happy Marriage](#)

**4. Love doesn't play by the rules:** *"You know, it isn't designed. Love just shows up and you go, "Oh, wow, this is going to be a hayride and a half."*

Nothing about relationships and love makes sense, and the sooner you accept that, the more fun you'll have dating. To get the most out of love, you have to be willing to let go of control and just go with the flow. Sometimes things won't work out your way, and you'll be heartbroken and alone, but other times, you'll be full of butterflies, loved beyond belief, and excited about the future – like we sure Aniston is over her celebrity engagement.

*Liz is the social media manager for We Love Dates, a worldwide online dating site. Join for free now using code WLD GUEST, and check out the popular We Love Dates blog for more dating advice and tips.*

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## Kanye West Serenades Kim Kardashian at His Concert





Kimye is at it

again. Bad-boy Kanye West held a solo concert in Atlantic City this weekend in which Ms. Kardashian attended. The rapper performed for thousands as the reality star sang and danced in the V.I.P. box. According to [UsMagazine.com](http://UsMagazine.com), West sang directly to his equally famous girlfriend as he performed his hit song "Way too Cold," in which Kanye sings "I admit I fell in love with Kim." The musician later yelled to the crowd, "If you love someone tonight... hold on real tight!" Although the pair weren't side-by-side, it is clear the rapper is taking his own advice when it comes to his love for Kim K.

**What are some ways to publicly show you care about your partner?**

### **Cupid's Advice:**

Showing your significant other you care is important in every relationship because words are not always enough. Here are some great ways to express how you feel in more active ways:

- 1. PDA:** Showing affection to your love is the simplest yet sweetest gesture to show you care. Simply holding their hand or kissing their forehead can go a long way.
- 2. Recite a poem:** Bring your honey to an open mic night and

surprise them with your poem. Share your deepest feelings for them in front of a crowd of strangers.

**3. Invite them to a special event:** Take them to an awards show or a fancy business dinner. Sharing a special moment with them really shows how important they are and how much you want to show them off.

**What does your partner do that shows they care about you? Share your experiences with us.**

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## Find Out How Andy Samberg Fell for Joanna Newsom



Andy Samberg was falling for Joanna Newsom before he even met her! “He liked her music and would go to her shows,” Samberg’s friend tells

[UsMagazine.com](http://UsMagazine.com). "He had the biggest crush on her." The couple has been together for five years, and they are still standing strong. They enjoy spending time at home, where Newsom loves cooking dinners for them, and listening to his goofy music. "They have great chemistry," the friend says. "She's so proud of everything he has accomplished." Newsom was right there to support Samberg when he made the difficult decision to leave *Saturday Night Live*.

**How do you know when it's "meant to be"?**

### **Cupid's Advice:**

Whether you've been with someone for a while, or you've fallen head over heels right away, you may start wondering if he is "the one." Here are some signs that you and your partner could be in for a lifetime of romance:

**1. You support each other:** It's important to be with someone who will constantly empower you to be your best self. If he encourages you to go after your goals and recognize your own greatness, this may just be a sure thing!

**2. You communicate well:** Just because the two of you work well together doesn't mean you won't hit some speed bumps. If you can get through your arguments by speaking your part while still listening to and appreciating his, it shows how much you care, even if you disagree on certain points.

**3. You're genuinely happy:** The emotions and energy you have when you're with your significant other are the best way to tell if he's right for you. If you feel great about yourself and he makes you want to be a better person, stick with it! If you feel fearful or put down, it's time to let him go.

**How did you know you and your man were "meant to be"? Share your story below!**



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# Julianne Hough Proclaims Love for Ryan Seacrest On Air



Julianne Hough has nothing to hide when it comes to the love she has for her man. The *Rock of Ages* star declared her love for boyfriend Ryan Seacrest on Friday while promoting her new musical movie on his radio show. According to [People](#), 22-year old Hough closed the flirty interview with a simple, “Alright. Love you. Bye” after Seacrest complimented the movie and shared how proud he was of his gorgeous gal. The radio host was later teased by members of his staff for not returning the ‘I love you.’ But between Seacrest’s praise over his girlfriend and Hough’s declaration, love seems to be the least of their worries.

**What are some ways to tell your partner you love them for the first time?**

## **Cupid's Advice:**

Telling your significant other you love them for the first time is a huge step in any relationship. Here are some tips to help you communicate your feelings in the best way:

- 1. Go on a special date:** Plan an amazing, romantic date that sets the mood for what you want to say. Show your honey how the night is different from the rest.
- 2. Present a nice gift:** Great gifts can easily serve as an 'I love you.' Imprinting those three magic words on a piece of jewelry can be a unique way to always remember the moment.
- 3. Invite them to meet your family:** Show your sweetie how important they are by allowing them to meet your family. A family dinner is a great step to take right before you say 'I love you.'

**How did you tell your other half you love them for the first time? Share your story with us.**

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# **Justin Theroux Says He's the 'Luckiest Guy in the World!'**





Justin Theroux could not be happier in his current relationship with Jennifer Aniston. "I always go to bed thinking I'm the luckiest guy in the world," he told *Extra*. The couple recently went on a romantic vacation to Paris together and where they were spotted linking arms as they walked past the Tuileries Gardens. Although Aniston is known for her rocky relationship past, she insists that Theroux is nothing like Brad Pitt or John Mayer. "The relationship is completely different than the other ones," Aniston's friend told [UsMagazine.com](http://UsMagazine.com). "Everything about Justin feels right."

**How do you show appreciation about being happy in a relationship?**

**Cupid's Advice:**

**1. Speak:** You don't have to constantly tell your man how great he is, but every once in a while let him know how lucky you feel to be in such a great relationship. Remember to always be considerate about the little things, too. Say please and thank you, compliment him when it's deserved, and tell him you love him every day.

**2. Go on dates:** Remembering to spend time alone, no matter how busy each of you are, is the most important way to show you

care. Go out to eat once in a while or take walks after dinner. Stay connected to each other by separating yourselves from everyone else.

**3. Plan a surprise you know he'd like:** Is your guy a huge Lakers fan? Get him tickets to the next game! Does he love going to the beach? Make a day of it. Even doing small things like stocking the fridge with his favorite beer or cooking his favorite dinner are great ways to show you care.

**How do you show appreciation for your significant other? Share your advice below.**

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## Is That You, Mr. Right?



By Melissa Caballero

Is there such a thing as 'Mr. Right?' Hollywood and the movie

producers have made us to believe so! It is very difficult to sift through reality and sweep our fantasies under the rug when it comes to our own personal love lives. We watch our favorite female celebrities being lifted off their feet (many times) on the big screen while riding off into the night hand-in-hand with a George Clooney or Zac Efron while we are left drooling and fantasizing about our own love story. We leave the movie theater captivated by this notion of 'Mr. Right,' and we're deceived by love more than ever. Let's take a look at a few important factors to keep in mind when aiming to find your 'Mr. Right':

**1. Reality vs. the big screen.** It's important to take the concept of 'Mr. Right' off of a pedestal. While finding love is a wonderful thing and we are creatures who were made to share this emotion, the reality of how love can exist escapes us. We take mental notes while watching movies and make bullet points of all the things we think are important to find in a man, ultimately fabricating in our minds this person we call 'Mr. Right.' We all need to accept that love comes in many different shapes and sizes and usually in the most unexpected places. These places are often times not found in the movies. Keep an open mind, and you may find yourself pleasantly surprised by what comes your way.

**Related:** [Do Fairytale Relationships Only Exist in Hollywood?](#)

**2. The man resume.** When you're dating or analyzing the relationship you are already in, we all have a set of standards and guidelines. However, if you only like his qualities because they look good on paper, you may get caught up in thinking he is "the one." We get so wrapped up in the fantasies we have created for ourselves that we forget to see him for who he really is instead of someone you may or may not be able to grow with in the future.

**3. Love yourself.** You are the most important person, so be

right for yourself first. Finding the right man will not make you happy in the long run, despite what you may think. A man will not fill the voids in your life, so that's why it's essential to love who you are inside and out, alone or in a relationship. Whether your physical appearance has you troubled or you find yourself wishing you went back to school for another degree; go out and do something about it! Once you embrace yourself for everything you are, you will shine, and that is sexy to any guy.

**Related:** [It's Time to Stop Asking, 'When Will It Be My Turn?'](#)

**4. Never settle.** You should never feel that you have to modify yourself in order to fit the needs of any man. If you are not being yourself in an effort not to lose him, it will start to catch up to you and cause an eruption of frustration and unhappiness. While a man may not be able to fill our internal voids, he should be encouraging you to be yourself, and no conflicts should arise because of it. In the beginning of a relationship, those couples that are right for each other will come across far less problems and issues. And, even when you do face troubles, getting out of it will be must faster. When you find the right person to share your life with, they will only enhance your true self.

**What do you look for when searching for 'Mr. Right?' Share your comments below.**

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## **Rosie Pope Welcomes a Baby Girl on Mother's Day**



*Pregnant in Heels*

star, Rosie Pope, announced welcoming her third child via Twitter on Mother's Day. Pope and husband, Daron Pope, both took part in tweeting updates during labor. The two are already parents to two boys, J.R., 3, and Wellington, 15 months. According to [Us Magazine](#), Pope was surprised to add a baby girl to the family. "I'm so shocked! Honestly, I thought we were going to have boys," said Pope.

**What are advantages to having your child on a holiday?**

### **Cupid's Advice:**

Any birth date is a celebration, but when your baby is born on a holiday, it's double the fun. Here are some advantages to having your child on a holiday:

**1. Guaranteed theme:** When your child is born on a holiday, there is no need to figure out what his/her birthday party theme should be. Halloween birthday? Here's to cake and candy corn.

**2. No need for multiple parties:** A birthday party and a holiday celebration will keep all the stress of a party constricted to one day.

**3. Money saver:** If your child's birthday lands on a holiday that calls for [gift](#) giving, you're in luck. No need to buy double the presents, although you may want to splurge a little more than you were planning on for just one of the two occasions.

**What are some advantages to having a baby on a holiday? Share your comments below.**

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## **Nick Cannon and Mariah Carey Bid \$2,000 on Shoes at a Charity Event**







Mariah Carey and

Nick Cannon were spotted at the Opera Gallery in New York City for an event that benefited the Urban Arts Partnership. According to [People](#), the giving couple, who had just celebrated their twins' birthdays and renewed their vows, bid on a pair of Project Canvas shoes and a diver watch, designed by Audemars Piguet. It looks like the married couple are excited to share some of their happiness and money with others.

### **How can giving back as a couple help your relationship?**

#### **Cupid's Advice:**

Finances can be a strain on any relationship, but giving to charities or your community as a couple can really help make it stronger. Here are some reasons to give back as a couple:

- 1. Togetherness:** Making a decision about what charity to give to and how much can build the communication skills between you and your partner.
- 2. Turn-on:** A man or woman who cares about a cause is super sexy! Earn bonus points with each other in the sexy humanitarian area of your relationship.
- 3. Share the love:** Couples who give a little get more in

return. Sharing your love for a cause shows others and each other your dedication.

How has giving back helped your relationship? Share your comments below.

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## Jessica Simpson Says 'Motherhood Is the Best Thing I've Ever Experienced'



Singer and *Fashion Star* judge, Jessica Simpson, 31, took to Twitter to proclaim her love for her new addition, Maxwell Drew. "I want to cry every time I look at her. Motherhood is by far the best thing I've ever experienced," said Simpson. According to [People](#), the [new mom](#) isn't the only one in love with Maxwell Drew, as

grandfather Joe Simpson and aunt Ashlee Simpson can't get enough of her.

**What are some ways to prepare your relationship for kids?**

**Cupid's Advice:**

Every relationship has milestones and having a baby may be the biggest one. Here are some ways to prepare for kids:

**1. Pep talk:** The two of you are a team. Sit and talk to your partner about how you're going to set rules and discipline your child together.

**2. Fears:** What are your fears or your partner's fears about adding a new member to the family? This is the time to be honest before the baby comes.

**3. Expectations:** Make sure you discuss finances and delegate chores that will make both of you happy when the baby arrives.

**How have you prepared your relationship for kids? Share your comments below.**

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# **Celebrity Trainer Gunnar Peterson Discusses Relationships, Health and his 8-Week Gunnar Challenge**



By Nisha Ramirez

Celebrity trainer Gunnar Peterson, is all about keeping celebrities in top shape for when they're on and off camera. For those who are looking to get in shape celebrity-style, Peterson is debuting a new diet and fitness program called The Gunnar Challenge. The trainer guru says that his 8-week challenge is great for couples and a must for anyone looking to boost their confidence. He doesn't advocate for training couples together, but he did make the point that couples should have mutual fitness goals. By accepting The Gunnar Challenge for yourself first, you can make a dedication to yourself that will yield positive results. The interactive online challenge starts May 21st and Gunnar wants you to accept the challenge for yourself and your love life. Beach season is only a few weeks away, so why not get started?

To find out more about Gunnar Peterson and how you can get involved with The Gunnar Challenge, [www.gunnarchallenge.com](http://www.gunnarchallenge.com).

*For more videos from CupidsPulse.com, check out our YouTube*

channel.

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# Hollywood Couple Brad Pitt and Angelina Jolie Visit Legoland with Kids



Newly engaged

Hollywood couple Brad Pitt and Angelina Jolie were spotted at U.K's Legoland with their children. According to *People*, Pitt and Jolie were "very much in love. And a really happy family." In past visits, Jolie took the children to Legoland on her own, but this time, her celebrity love was happy to tag along. After Legoland, the family visited a petting zoo, Odds Farm.

# This Hollywood couple found a way to still be romantic while on a vacation with the family. What are some creative outings that can still be enjoyed by the parents?

## Cupid's Advice:

It's great to have romantic dates minus the kids, but sometimes, it can be difficult to pull off. Taking a cue from this Hollywood couple, there's a way to focus on your relationship and love and also be together as a family. Here are some love advice for date ideas that the whole family can enjoy:

**1. A day in the park:** The outdoors are the perfect place for your kids to let loose while you and your partner cuddle in the grass. Pull out a basket and make lunch a romantic picnic.

**Related Link:** [Celebrity Interview: Katherine Heigl Says 'Family Comes First'](#)

**2. Beach love:** At the beach, your kids can build sand castles and get their feet wet at the shore. At the same time, you and your sweetie can soak up some sun.

**Related Link:** [Chris Hemsworth Spends a Beach Day With Family](#)

**3. Rainy day fun:** Every kid loves to play in the rain! Let your kids get muddy while you and your partner dance in the rain.

What family outings have you and your partner been on? Share your comments below.

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# Source Says Michelle Williams' Daughter 'Loves' Jason Segel



Despite some his more humorous roles, according to sources and [UsMagazine.com](http://UsMagazine.com), Jason Segel is “ready to be a grown-up.” As he and Michelle Williams’ relationship goes more public, this is undoubtedly a good thing. Williams isn’t the only one enamored with the comedian-actor, as her daughter “loves Jason” and Jason Segel definitely knows how to “entertain children.” Having your partner’s kids like you, is definitely a good step toward a more serious relationship.

**What are some ways to bond with your partner’s kids?**

## **Cupid's Advice:**

Once you start to get serious with a partner who has kids, it's crucial to start bonding with them too. Cupid shares some advice:

- 1. Ask them about themselves:** Kids like to talk just like anyone, so ask them about their interests and get to know them.
- 2. Do what they want to do:** Take them to the park, the mall or a concert. Do the things they want to do, and further build that relationship.
- 3. Be good to your partner:** It might seem obvious, but be good to these kids' parent. They like when their parent is happy, and will automatically respect someone who can make that happen.

**What do you do to bond with your partner's kids? Share your comments below.**