

The Bachelor: Lesley M. Breaks Record for the Show's Longest Kiss



By Meghan Fitzgerald

We're only three weeks into the current season of *The Bachelor*, and tensions are already high. It seems as if one lucky contestant, Lesley M., made *Bachelor*, Sean Lowe, want more after their initial meeting. Lowe toured Lesley to the Guinness World Records Museum. As the tour approached its end, Chris Harrison popped out of nowhere and explained the point of the date. According to UsMagazine.com, the two love birds would kiss on screen for 3 minutes and 16 seconds. Huffintgton Post reports that the couple enjoyed a rooftop dinner after.

How can a kiss help you determine if your partner's 'the one'?

Cupid's Advice:

It is always challenging to determine if your partner is 'the one' or not, and the kiss you two share is a telling factor. The kiss should emit fireworks! Cupid has some other ways a kiss can help you determine if your partner's 'the one':

1. Butterflies: Butterflies are relatively self explanatory. You either feel them, or you don't feel them. The butterflies felt vary from person to person however, if you get the ultimate feeling of flurries in your stomach when you're with your partner, it is easier to determine. Having butterflies with your partner makes it easier to know that their 'the one.'

2. You feel "it": This can also relate to butterflies however, when you kiss, you just know they're 'the one.' You automatically know that your partner is the only one who "gets you." The only person you want to wake up to. The one person you can share everything with. When you kiss, you simply just feel "it."

3. They lifts up your chin: Although this may seem like a small gesture, it means a lot. When your partner lifts up your chin to kiss you, it shows that they want to gaze into your eyes. It shows you how much they truly care for you and possibly love you. It shows that they're gentle yet romantic. It shows that they just may be 'the one.'

How does kissing help you determine how much you like someone? Share your thoughts below.

Kim Kardashian Says She Would Love to Be Divorced



By Meghan Fitzgerald

Kim Kardashian wishes to be legally single again. She wants to commit herself to her current boyfriend and baby daddy-to-be Kanye West. According to [People](#), Kardashian is done with all of the rumors and wants to settle down in life with someone who is worth her love. Her retort to rumors that her marriage to Kris Humphries was all for press is, "...that staying married for the sake of the public's opinion is what *really* would have been fraudulent," according to [Hollywood Life](#).

What are some reasons to start dating before your divorce is finalized?

Cupid's Advice:

1. Love: Love is love. You can't stop the movement of love upon another person. Love is strong gust of wind that comes

in unexpectedly and is only embraced, never pushed away. Even though the divorce may not be finalized, you shouldn't be penalized for falling in a deeper love than your soon to be ex-husband. If you believe that you love another person, don't wait until the divorce is finalized, don't lose that person by waiting. Go for it.

2. Rough divorce: Experiencing a turbulent divorce can take a heavy toll on a women. Their vulnerability is high, their confidence is low, they're looking for someone to treat them better than their ex did. Trying to rid them self of these horrendous feelings, it is okay to jump in and start dating again. You need to find a sense of hope and love in the world because your life lacks both of the two. So don't feel bad to try ad find love again, you deserve it.

3. Emotions: Your emotions are most likely scattered if you are going through a divorce, whether it was a rough divorce or not. Dating again will inevitably settle out the mixed feelings.

What do you think about dating before a divorce is finalized? Share your thoughts below.

Falling Out of Love and Back into Life





By Kimberly James

With the recent announcement of Bethenny Frankel and Jason Hoppy's marriage coming to an end, "soon-to-be divorced" becomes their current relationship status. This transition period of deciding to no longer be together to a finalized divorce can be a lengthy and emotional time period. Similar to the limbo period between heaven and hell, the waiting for closure can create a place of purgatory for even the strongest of people.

It would be very easy to spend this time in mourning for the death of a relationship. Although this is a normal and healthy process to acknowledge the ending, it's also a time to recognize a new beginning. This time can be used for self-improvement and re-evaluation. Although painful and unexpected, Jennie Garth used the transition time before her divorce to Peter Facinelli finalized to focus on her children, new work projects and on improving her health and fitness. Finding healthy outlets to transfer emotions to is not only beneficial to healing, it's a way to reconnect with life.

While falling out of love, there are various ways to start the process of falling back into life:

Related: [Top 5 Reasons Why Women Fall Out of Love](#)

1) **Connect.** Spend time with friends and family members who will support you and the decision that is being made. Being around others who have your best interest at heart can help you draw love and support from them. They can pick you up when you are feeling down.

2) **Involve.** Get involved with other parts of your life that you may have been neglecting. Become more active in your children's activities, do an early spring cleaning on your house or pick up a new hobby. Becoming active in the things that bring you joy will bring more happiness into your life.

Related: [Fishing for Mr. Right – Types of Guys to Throw Back](#)

3) **Exercise.** It can be as simple as a daily 3 mile walk or as challenging as preparing for an upcoming marathon. Exercise is a stress reducer and naturally increases endorphins, the feel good brain chemical associated with happiness. Get your body moving and you will be start feeling better, one step at a time.

4) **Plan.** Envision and begin to design how you want your life to look a year from now. Create a vision board or start a journal. Plot out how you want your life to be and move in the direction of making those new dreams come true.

The end of a relationship is also the start of a new beginning. By embracing the "what could be" with positivity and grace, you are allowing yourself a gentle compassion and kindness needed as you go from one stage of your life to the next.

Kimberly James is the Founder and a MatchMaster for FindYourPlusOne.com, an online dating and matchmaking service for members in the United States and Canada. Visit www.findyourplusone.com/advice for more dating advice and tips. Follow twitter.com/findyourplusone for daily updates.

How to Fall in Love With Yourself in 2013



by Marina Sbrochi

for GalTime.com

10 Love Resolutions to Make to Yourself

Here we are at the beginning and end of a year, all in one. That means it is time to set some resolutions. Maybe you're thinking, "Oh, no! Not me! I don't do resolutions." Not to worry. We're not talking about anything that has to do with a weight scale or bank account or de-cluttering that junk drawer in the kitchen. This is the year you can really focus on yourself and build great habits to take good care of you every single day.

Here's how to get started:

1. Love Thyself and Count the Ways – You rock, you know you do. Take a piece of paper and write down 10 great things about you. Now tape it to your bathroom mirror and every morning when you wake up you read them as you brush your teeth. It sounds hokey, but it really does feel good way to shower yourself with compliments and acknowledge all the good stuff you've done rather than look in the mirror with criticism.

2. Bubble Bath Sundays – Why the heck not? You've got a tub. Get yourself some bubbles and a candle and have a date with some hot water. Wash away the week and get ready for another. When the time is right, you can invite your special someone to join you.

3. Honor Your Breath – Take a brief moment each night before you fall asleep and take a long deep breath. Say thank you for the breath you breathe.

4. Take a Chance – Make this the year you will take the chances you get to be more YOU. Always wanted to go rock climbing? Go ahead and say hello to that cute guy standing in line in front of you at the coffee shop. Feel ready to look for a new job? Go out on that blind date. Sign up for an online dating site. Try out the hot pink lipstick. See how well you can rock a sheer shirt. Reconnect with a grammar-school friend on Facebook. Write a poem. Say out loud what you'd like to make happen in 2013. You never know what can happen when you take a chance!

5. Be More Kind – Look for opportunities to show little acts of kindness here and there. Go ahead and let that car get in front of you. Open the door for someone. Write a love letter or thank-you note. Call your mother. Hold the elevator even though you are in a hurry. Take notice and be kind.

6. Here's to Your Health – You want to live to make many more New Years Resolutions, right? You have to be healthy. Make

small changes. Cut the soda. Eat more fruits and veggies. Walk instead of drive. Quit smoking. Join a gym. You have to treat your body right to really love it.

7. Watch “The Notebook” – It’s the loviest love story and Ryan Gosling is smoking hot in it too. Remind yourself of what type of love you want in your life.

8. Design Your Love Potion – Go ahead and love something yummy. Plan your signature love cocktail for 2013. Something special will happen every time you drink it, you will meet someone fabulous. (May I suggest Three Olives brand Bubble Vodka with soda and a splash of pink lemonade?)

9. Never Say Never – This is no Debbie Downer year. This is the year of YES. The old you maybe NEVER used to dance. But the new you – dances.

10. Let it Go – This year you aren’t going to be hyper focused on finding someone. You are just going to be you and do things for yourself. Take ownership of you and do everything you have ever wanted to do. In time, that right person will come to you.

11. Say “I Love You” More Often – Life is short. This is a lesson we have learned too many times this year. Say I love you to your family, your friends and anyone that means something to you. Say it often.

12. Find Your Signature Scent – Sniff around until you find something that works with you. Something subtle, but noticeable. Something that not every else wears. Buy the body cream too. Wear it every time you go out. People will learn to know you by your scent.

How will you be good to you this coming year?

Ring In The New Year With A New Relationship



By Jennifer Ross

The New Year is always that time to let go of the old and stagnate parts of your life to make room for the new and exciting ones. With all the spine-tingling sensations coming your way, now is a good time for you to start a new relationship. This does not mean that you dump your current relationship to find a new one. Rather, view this as making a new start with your current partner. To create a memorable 2013, filled with an invigorating romance to last well beyond the year, here are five steps to lead you to a “new” relationship:

1. Your mindset: The number one step to starting a new

relationship with your current love is to mentally vow to have a new relationship with your current love. Sound too simple? It actually is that easy. You don't need to know all the answers on January 1. Instead know this. Your relationship is on a new journey, with you and your partner as co-pilots. Once your new relationship takes off, there is no going back! Feel yourselves veering off course? That doesn't matter; just nudge your relationship slowly back on track. And remember, as long as you and your mate are still heading towards the direction of love, you are always making progress to your final destination.

Related: [Shrink Wrap: Has Your Relationship Hit a Speed Bump?](#)

2. A new language: With a new relationship comes new vocabulary or rather a new way to speak to each other. Think of this as your relationship's very own language of love, fluently spoken by only you and your partner. Instead of saying "I" or "you," use the word "we." Instead of saying "problem," use the word "challenge." Instead of saying "but," use the word "and." Instead of saying "can't," use the word "can." Finally, instead of saying "why," use the word "how." An example of the old language is, "You have a problem but I can't fix it. Why can't you fix it?" Your new language is, "We have a challenge and we can fix it. How can we fix it?" The difference is to focus on a solution and not the problem. With a little practice, it will come natural.

3. Remember what year it is: If you are holding on to issues from 2012, it is time to let go. That doesn't necessarily mean you act as if the issues never happened. Can anyone do that? Instead, have those conversations with your partner, talking about how each of you feel. The best way is to listen to your mate without interrupting. Don't keep a tally, while he/she is speaking, of what you think he/she has done wrong. Honestly try to understand only from their perspective before reacting. Remember, you love each other. No one is deliberately hurting the other. Often the case is, both of you are reacting to

preconceptions of intentional pain.

Related: [Does Your Past Interfere with Your Present?](#)

4. Be Open: In the late 1800's, inventor Thomas Edison, and his team, experimented with thousands of different filaments in order to get the right material to make a long-lasting light bulb. What does this have to do with your relationship? Throughout 2013, you and your partner will also experiment with thousands of different ways to make a long-lasting relationship. Just like Edison, be open to other interpretations or ideas. More importantly, ask for help or advice when needed. Edison didn't succeed alone and neither will you.

5. Control only what you can: Realize that just like last year, there will be situations to create setbacks in 2013, times where you will feel personally hurt or your relationship threatened. That doesn't have to halt all progress. Make the decision to continue forward. Just because someone or something has attempted to hurt you does not mean you are required to react negatively. You cannot control what happens but you can control how you react. Once you master this, you will see that the negative issue is only 10% of the situation and how you react is 90%.

How do you plan to re-new your relationship in 2013? Share your ideas with us below.

Taylor Swift and Beau Harry

Styles Kiss at Midnight for the New Year



By [Jennifer Ross](#)

It was definitely a “[rockin’](#)” night for Taylor Swift and Harry Styles on New Year’s Eve. The swooning duo celebrated the evening in Time Square with an official [kiss](#) that was captured by a [witness’](#) fuzzy photo, which has now gone viral. Swift, 23, was in New York City to perform “I Knew You Were Trouble” and “We Are Never Ever Getting Back Together” that Monday night on Dick Clark’s New Year’s Rockin’ Eve with Ryan Seacrest. With millions of people watching that night, Swift and Styles’ New Year’s kiss was a romantic moment seen round the world.

What are some ways to welcome the New Year with your partner?

Cupid’s Advice:

Who doesn’t want to start a New Year perfectly by stealing a

[kiss](#) from your beau at the stroke of midnight?! If standing for endless hours jam packed with thousands of strangers, waiting for the Big Apple's ball to drop, don't worry. Here are a few optional ways to celebrate the New Year with your partner:

1. Host a party: Just like you and your [mate](#), there are probably other couples that enjoy a great glass of champagne at midnight. If so, host a small party at home with great friends, hors d'oeuvres and plenty of bubbly to go around.

2. Make reservations: To take the party out on the town, make reservations for a [romantic dinner](#) for two at your favorite place. It doesn't have to be a fancy place; so be creative. Also, be sure to book months in advance.

3. Stay in: If Dick Clark is your idea of fun but can't be in Time Square that night, a great option is to stay in with your [partner](#). Watching the NYE countdown with a glass of champagne and sexy pajamas will surely be a night worth remembering.

How did you welcome the New Year with your partner? Tell us below.

Forever is Overrated





by

Terri

Trespicio for GalTime.com

..unless you're a vampire

In the final scene of *Breaking Dawn, Part II* (trust me, this is hardly a spoiler), our immortal lovers make out in a field of daisies, promising they will love each other forever. As the scene fades to black, the word “forever” burns across the screen.

After watching *Breaking Dawn* one night, it occurred to me why we love these two wan-looking lovers: They are never ever breaking up. Ever.

And it occurred to me shortly thereafter, in the bathroom at Davio's, staring over my knees at the polished marble floors, that this is why we love these two wan-looking lovers: They are *never ever* breaking up. Ever.

Of course, that's pretty easy for them to do, right? They don't have to work, sleep, eat, or pay bills. All they have to do is raise their daughter for a few weeks until she's full grown, hunt the occasional mountain lion, and have crazy hot vampire sex in a cottage designed by Thomas Kinkade.

Imagine that: A true love that could last for centuries,

untested by pestilence or famine, financial woes or demanding careers, age or exhaustion. For many, that would be ideal. For others, a kind of hell.

True Love is Forever, Right?

The idea, brought to you again courtesy of Hollywood, is that true love is impervious to boredom or strife—and that it never, ever ends. And while the *Twilight* series is hardly a dictate for modern mortals, it promotes this idea that anything worthwhile lasts, period. And anything that doesn't is a failure, or makes you a failure. Prioritizing the 'forever' over the 'now' is one of the reasons why you stick with and struggle in a relationship that isn't working, for instance. It's choosing a fairy tale future over what's right in front of you and plain as day.

OK. So, let's look at another, and arguably far superior film, sure to sweep the Oscars this year: *The Sessions*, starring Helen Hunt and John Hawkes, which tells the poignant story of real-life poet and writer Mark O'Brien who was confined to an iron lung after contracting polio as a child.

At 38 years old, O'Brien knew what he wanted: to experience physical love—now, before it was too late. And he does. Sex surrogate Cheryl Cohen Greene exposes him to intimacy for the first time, and changes his life. He goes on to have a romance with a woman named Susan that lasts until he dies at 49.

He was not focused on whom he'd be with 30 years from now; it didn't matter. He wanted to love *now*, and he took brave measures to give himself that opportunity. Are you?

Get Out of Your Iron Lung

We're not that different from Mark O'Brien, you and me. We're weak, scared, desperate to love and be loved. We may not need apparatus to survive, but we live in an iron lung of our own

making, a machine that runs on conjured ideas about how life and love should be. We hide inside its protective armor, rather than venturing, vulnerable and breathless, into the world like he did. Maybe you're paralyzed, too—by your own fears about love and intimacy, and think if you only “knew” for sure something would last, you might have the strength and fortitude to pursue it.

True strength lies in an awareness and acceptance of our vulnerability, not the lack of it—and that means doing what feels right to us, regardless of what the future holds.

Rethink 'Relationship'

If the *only* successful relationship is one in which they pry you from your dead partner's corpse, you are limiting your potential to love and be loved. Because sometimes things end—and that doesn't mean the relationship didn't serve a rich and vital purpose.

I don't take commitments, especially marriage, lightly. But if you only make decisions based on some image you have of yourself 50 years from now, you're not acting in real time. And it's hurting you. And you know it.

One woman told me her ex-husband was the perfect person for her to marry when she did—and the perfect person to divorce. They have children they adore, and no regrets. Wouldn't it be great if marriages lasted forever and people stayed happy? Sure. Does it always happen? Nope. Does life go on and do people play vitally important roles at different points in our life? You bet.

How many times have you gone out with someone or found yourself interested and then wrote it off because you're sure it wouldn't last? Or, the opposite: Started every new relationship thinking that THIS would be IT—and it would surely carry you the very end...and when it didn't, thought you made a mistake?

Love makes us feel immortal and so we think we should be impervious to everything. But we're not. And we need to get over this idea that forever is the only thing that matters. All you can do is the give to and nurture the relationships you have as long as you have them. Forget forever. For now.

Celebrity Couples Who Have Turned Over a New Leaf



By Courtney Allen

Hollywood just may be the one place where the phrase “love is a battlefield” is an understatement. The land of fortune and fame is the forefront for some of the most scandalous relationships and splits we’ve ever witnessed.

But finding love is not the problem for these celebs; it’s

keeping it. For many, passionate romances and 'I do's' end as suddenly and tragically as their last. But luckily, every love story has a different ending... and some endings turn into new beginnings. These four celebrity couples came armed the second time around on the battlefield of love and came out on top:

1. Kourtney Kardashian and Scott Disick: Kourt and Scott's relationship has been public since the debut of *Keeping up with the Kardashians* in 2007. Their relationship proved to be the most entertaining in the E! hit reality show thanks to Kourtney's headstrong, sarcastic personality and Scott's wacky, drunken behavior. The couple was known for their rocky relationship, the majority of the blame being placed on Scott's infidelity and immature lifestyle. Kourt pulled the plug on Scott multiple times during their relationship as well as her pregnancy with their first child, Mason. By this point, we all thought Scott had crashed and burned for the last time. Scott finally straightened up his act after Kourtney banned him from seeing Mason. And now seven seasons later, the two are going stronger than ever with the recent birth of their second child, Penelope. If this couple can bounce back, there's hope for us all.

Related: [Celebrity Couples Who Made Love Last](#)

2. Miley Cyrus and Liam Hemsworth: The relationship between Miley and Liam is nothing but a match made in heaven. The grown-up Hannah Montana star met the blue-eyed Aussie in 2009 while filming *The Last Song*, where they played the roles of young adults who fell in love over summer break. As it so happens, their love story transferred off the big-screen into real life... taking both the good and bad. In the movie, the couple actually breaks up, much like they way they did in 2010. The exact reason may not be known, but the two just couldn't stay away from each other. Cyrus and Hemsworth gave it another try in 2011. The actor popped the question to the singer earlier this year and have been engaged for nearly six

months. If there was ever a sequel to “The Last Song,” this would be it!

3. Sammi Giancola and Ronnie Magro: If you’ve ever seen *Jersey Shore*, you know all about Sweetheart Sammi and Ronnie the Guido. The only thing their relationship was known for was extreme inconsistency and drama. Ronnie’s unfaithfulness led us to believe their relationship was practically doomed. Sammi and Ronnie’s relationship was without doubt unhealthy, opening doors to verbal and what appeared close to physical abuse. After breaking up countless times throughout multiple seasons, we all anticipated when their rocky romance would end for good. We now know the answer to that: apparently never. The couple is still together today. The good news is that they seem to actually be in a functioning relationship these days. Their love has proved strong enough to overcome their seemingly irreparable past.

Related: [Celebrity Couples Who Are Better Off Apart](#)

4. Audrina Patridge and Corey Bohan: Audrina Patridge is known for her role on *The Hills* but her relationship with BMX biker Corey Bohan was displayed on her VHL reality show *Audrina*. Her Aussie beau was prince charming until the show revealed one of his less favorable qualities: possessiveness. Throughout the season, Audrina struggled with her controlling boyfriend who proved to also have a bit of a temper. By the end of the season, Patridge dumped Bohan with the support of her mom. But little did we know that the couple would rekindle their flame a couple months later. Since the show’s end, we haven’t heard much on their relationship besides the occasional romantic getaway or public event, but everything seems to be in the clear. They have been going steady since the summer of 2011.

What other celebrity couples have made the biggest comeback in their relationships? Share your thoughts with us!

Recovering Neuroscientist Don Vaughn Talks About Finding Love and Changing the World With Music



By Jennifer Ross

Winner of Cosmopolitan's 2012 Bachelor of Texas, Don Vaughn is more than just a hot body with gorgeous dimples. He's also a neuroscientist, a musician, a model and, more importantly, a man with a big heart. Originally from San Diego, California, Vaughn was a "huge nerd" growing up and found his first love in high school: science. With little attention from girls, he spent much of his spare time learning music and figuring himself out. Fast forward to today, his hobbies have stayed the same, but some things have definitely changed.

After winning the title of Bachelor of Texas, Vaughn was automatically nominated into the Bachelor of the Year competition, going up against some of the hottest men in America, one from each of state. Ultimately, the winner was Mr. Louisiana. Even so, Vaughn is very grateful to have been considered at all and wouldn't change anything about his experience. "The world has ways of working things out; you don't always get what you want. I'm happy with everything that happened."

When it comes to finding that special woman, this 25-year-old bachelor is keeping his heart and mind open. Coming from a science background, he understands how experiments – even in love – usually don't turn out exactly how you plan them, no matter how strict you are with the parameters. So for him, having an idea of his "perfect girl" is out. "What ends up happening is somebody comes along who's totally different and better than you expected," he says. "So, while there are a couple of things I want in a girlfriend, I'm open."

Even though he doesn't have an official checklist, he still has two important traits that he looks for in women: "I need someone who's incredibly supportive, given all the demand on my time, and someone who's definitely fun."

As for starting a relationship with someone new, Vaughn skips out on the traditional "drinks or dinner" for a first date. Instead, he prefers to learn about a potential partner's personality through her passions and by spending time with her in her natural elements. "Who cares about what kind of pink lipstick you wear for three hours at dinner? I want to know what you normally do, where you normally drive, what you normally eat," he shares. "That's the real person I'm going to be with at the end of the day."

Related Link: [How to Tell If He's 'The One' After One Date](#)

Until Vaughn finds his perfect woman, he is focusing his time

and energy on making this world a better place through music. In his first attempt to revolutionize this industry, Vaughn and fellow neuroscientist David Eagleman have created a mobile iPhone application called eyeFi, which allows you to “see the world through auditory feedback.” Essentially, you can view your surroundings by listening to musical notes rather than using your eyes. By combining these two passions, Vaughn and Dr. Eagleman have created a way to help visually impaired people “see” through their ears.

However, this neuroscientist won’t stop there. Inspired by his undying love for music, Vaughn routinely disc jockeys or plays the drums while teaming up with local DJs at various clubs and events. His next experiment is to create an app that will forever change his music gigs. Think in terms of a major jam session where every audience member can participate as Vaughn performs on stage. The concept is to allow concert goers to share what they want to hear through their phones; the information will transfer to Vaughn, who can integrate the ideas into his music set. “Everyone’s a part of it,” he explains with excitement. “Now, we have the technology to make it happen. We didn’t have that 20 years ago.”

Even with so many projects in the works, Vaughn still finds time to share his love of music through teaching. Currently a member of the Rotary Club of Houston Skyline, he was introduced to Darren Hightower of the Children’s Music Foundation. From there, he began volunteering his time with sick children at the Ronald McDonald House, teaching them to play a song on the guitar. As simple as it is, a song brings a moment of comfort to the children and a world of joy to Vaughn. “Some of the kids have so many IVs in them, living with cancer, lung transplants and all sorts of serious stuff.”

Related Link: [Date Idea: Volunteer Together this Holiday Season](#)

By the end of the visit, the children’s lives are brighter,

even if only for a moment, and they have learned a new skill to help them cope with heartache and pain. When Vaughn leaves the Ronald McDonald House, he always lets the kids keep the guitars. He shares, “We always say something like, ‘You know what? This guitar is your’s forever. We just ask that you play it forward and teach someone else that song.’”

Given what Vaughn has already done to combine neuroscience with music, there’s no telling what ventures will come next. Of the future, he says, “What I want is to connect and inspire the world through music in a personalized concert for everyone with generalized empathy, which is the focus of my neuroscience research. How do we access and let people show empathy for more than just friends and family? How do we generalize this feeling to the entire planet?”

“Imagine what a world that would be,” Vaughn adds. “A lot of people may say, ‘That’s just ridiculous. That could never happen.’ But I don’t buy that.”

For more information about Don Vaughn, you can visit his site at DonVaughn.com. You can also follow him on Facebook and Twitter.

‘Glee’ Creator Ryan Murphy Welcomes a Baby Boy





By Jennifer Ross

Glee creator is singing with joy! On Dec. 24, [E! News](#) confirms that Ryan Murphy and his husband David Miller have welcomed their first child – and what a name?! Son Logan Phineas Miller Murphy was born at 9:47 am, measuring at 21 inches long and weighing a good 6 lbs., 6 oz. The couple quickly sent out a birth announcement of baby Logan photographed in a Christmas stocking to their family and friends. This past October, Murphy had mentioned to *The Hollywood Reporter* that he wants to start a family very soon. “I think I’ll be incredibly fun and overwhelmed and all about manners.”

How do you announce the arrival of your baby?

Cupid’s Advice:

Announcing the birth of your baby is a very exciting time. However, gone are the old fashion days of handing out cigars. For innovative ways to spread the word, here are a few modern ideas:

1. Update Status: Social networking sites, such as Facebook and Twitter, are easy ways to announce your baby’s birth. Besides it virtually costing you nothing, you and your partner can even update friends and family during the delivery

process.

2. Family Website: Consider creating a family website. Here, you can share more than just the announcement, such as pictures and any family news. It's a great way for your family to stay connected throughout the years.

3. Say it sweetly: For something more substantial than a birth announcement card, why not order edible announcements in the form of a chocolate bar. The wrapper can have printed all the vital information. You can even have the bar hand stamped with the baby's name.

How did you announce the arrival of your baby? Tell us below.

Channing Tatum Shows Off Wife Jenna Dewan's Baby Bump





By Jennifer Ross

On Christmas day, Channing Tatum posted a picture of himself holding Jenna Dewan-Tatum's baby bump. *People's Sexiest Man Alive* had just announced earlier this month that he and wife are expecting their first child. The picture was posted on Tatum's *WhoSay* page with the comment, "Merry Christmas." The day before, on Christmas Eve, Dewan-Tatum, 32, tweeted to her fans, "Merry Christmas and happy holidays to you all!! Hope you are having fun with loved ones! Xox." When first talking about starting a family, Tatum, 32, told [People](#), "The first number that pops into my head is three, but I just want one to be healthy and then we'll see where we go after that."

What are some ways to get involved in your partner's pregnancy?

Cupid's Advice:

A pregnancy is usually considered to be a woman's thing. However, as her partner, there are many things you can do to become involved before the baby arrives. Here are a few ways you can support your partner and feel involved:

1. Be present: Understand that you can be present during the entire pregnancy by being an active observer. Memorialize

every step of the way with photos, keep track of the baby's development, give massages when needed and prepare a hospital route.

2. Get healthy too: Since mommy-to-be will need to change her diet to nourish the baby, why not change your diet as well. This means, give up alcohol and any bad-for-baby foods so as not to tempt your partner. Also, take in a little added exercise together.

3. Make decisions: With a baby on the way, you and your mate will need to make many decisions, such as buying clothing and baby furniture, whether to breast feed or not, and whether to use disposable diapers or reusable ones. To help out, take the initiative to make some of these decisions for her in order to relieve extra stress.

How did you get involved in your partner's pregnancy? Share with us below.

Rihanna and Chris Brown Spend Christmas Together at Lakers Game





By Jennifer Ross

It was Christmas in LA for Rihanna and Chris Brown this year. On Dec. 25, the returning duo celebrates Christmas together at the LA Lakers vs. New York Knicks basketball game being held at the Staples Center. An eyewitness tells Usmagazine.com Rihanna, 24, and Brown, 23, were “laughing and chatting.” Also, they seem to look “happy together.” The attire for the evening is all black, with Rihanna bearing her midriff and Brown wearing a leather jacket. Although Rihanna and Brown have spent more time together lately and tweeted photos showing them together, Rihanna still considers herself single. On Dec. 18 she tweets, “Being single sucks.”

How do you know when to give your ex a second chance?

Cupid’s Advice:

The fact is, there are many reasons why a relationship doesn’t work the first time. Yet, no matter what broke you and your ex apart, you both are once again ready to rekindle your love for each other. Should you do it or move on? Here are a few clues to tell you whether or not to reconcile:

1. Better timing: Perhaps one of you wasn’t ready for a serious relationship in the past. Now, you both are ready and

in the right place/right time, mentally and emotionally. Only when you two are on the same path can your relationship have a real chance at flourishing.

2. Things are different: After analyzing your first time around, you and your ex have realized where things went wrong and want to try again in a different manner. Without understanding the past, you and your mate will return to being exes again.

3. Acceptance: At the end of the day, you and your ex partner truly accepted each other in true form. Furthermore, you both realize that the things that broke you two apart weren't really that serious at all. Having someone that loves you for you is a great foundation to start with in a relationship.

How did you know to give your ex a second chance? Share your story below.

Beverley Mitchell Announces She's Having a Baby Girl





By Jennifer Ross

[People's](#) newest celebrity blogger Beverley Mitchell starts her blogging with big news. In her debut writing, Mitchell, 31 announces that she and husband Michael Cameron are expecting their first child in April. Mitchell is best known for playing Lucy Camden on the TV show, *7th Heaven*. As an added bonus, she also claims that they will have a baby girl! In describing her feelings over getting pregnant she writes, "We were not trying, but this magical little accident has already enriched our lives so very much... we are thrilled to be welcoming a beautiful baby girl into our family! And yes, she has already stolen my husband's heart." Meeting back in their college days, Mitchell and Cameron have been together for 20 years and married for just four years. As unborn baby continues to grow, Mitchell is happy to blog her experience every step of the way. "I am so excited for this crazy adventure and I am honored to have the opportunity to share it with you."

How do you prepare for a baby girl versus a baby boy?

Cupid's Advice:

Are you having a baby boy or girl? Lots of people are going to ask you and your partner that question; sometimes even yourself. Although you may decide to wait till delivery for

the answer, there are different preparations to consider when preparing for having a girl versus a boy. To get you started, here are a few ideas:

1. Color differences: If neutral beige has never been your color of choice, finding out the gender as soon as possible will help you and your partner pick a color – pink or blue – and making life easier for baby gifts.

2. Toys to buy: Many baby girls begin to speak much sooner than boys, due to the difference in their brain development speed. So feel free to get your little girl toys that help with speech development at an early age.

3. Clothing: Since girls don't outgrow their clothing as fast as boys, your little girl's clothes will last longer in the first 6 months of her life. Therefore, you may feel a little better when splurging for her first designer outfit.

How did you prepare for a baby girl versus a baby boy? Tell us below.

**Megan Fox Says Reese
Witherspoon Helped Her
Deliver in Secret**





By Jennifer Ross

After giving birth on Sept. 27, Megan Fox and husband Brian Austin Green have yet to release a photo of baby Noah. However, Fox is willing to give us a visual image. In an interview on the *Ellen DeGeneres Show*, Fox says, “He looks, I would say, 70 percent like Brian... recently he’s been getting chubbier and everyone’s like, ‘Oh, he’s so chubby – now he looks like you.” Jokingly, she can’t decide if that is a compliment. According to UsMagazine.com, Fox then claims that she has Reese Witherspoon to thank for indirectly helping her to deliver in secrecy. “She went into labor the day before I did, and all of the paparazzi followed her to Santa Monica. So when I went into labor, I went to Cedars [Sinai Medical Center in L.A.], and nobody cared or knew I was there. So I got in and out. I left the next day and nobody knew. It was a big secret for three weeks.” The word got out when Fox posted a comment about baby Noah on Facebook. “We are humbled to have the opportunity to call ourselves the parents of this beautiful soul.”

What are some reasons to keep your labor under wraps?

Cupid’s Advice:

Going into labor is one of the most wonderful experiences in

life that you may want to share with your family. On the other hand, you and your partner may want to keep the delivery a secret. Can't decide whether to notify or not? Here are a few valid reasons when to keep your labor a secret:

1. Negativity: You may decide not to tell anyone when you are in labor if you might receive negative reactions from friends or family. Unfortunately, sometimes there are people that just don't want to see you happy.

2. Personal moment: Another acceptable reason to not share the labor news is when you and your mate want to experience the delivery with the least amount of distractions or stress. This is especially the case when the mother-to-be had a difficult pregnancy.

3. Adoption: Should you decide that you are giving your baby up for adoption, it is understandable that you won't tell anyone when the delivery starts. Going through this alone can be traumatic. Therefore, be sure to at least talk with someone afterwards.

Why did you decide to keep your labor under wraps? Share your story below.

Kristen Stewart Apologizes for Making People Angry





By Jennifer Ross

For the second time, Kristen Stewart is publicly apologizing. This time, however, her apology is addressed to the world. Several months after publicly apologizing over her cheating scandal, the *Twilight* star tells *Newsweek*, “I apologize to everyone for making them so angry. It was not my intention.” Although she has been the most hated and loved topic of interest since her infidelity with her *Snow White and the Huntsman* director Rupert Sanders, Stewart says, “It’s not a terrible thing if you’re either loved or hated.” Even so, her main concern, besides reconciliation with boyfriend Rob Patterson, is working on her talent. “I don’t care [about people’s opinions]...It doesn’t keep me from doing my s—.”

What are some of the main repercussions of cheating?

Cupid’s Advice:

In a relationship, the discovery of infidelity can greatly damage and destroy the bond between you and your partner. It definitely destroys your perception of each other. The work required to reconcile is often so difficult that many relationships never recover. So if you are thinking about cheating, here are some of the consequences you may deal with afterwards:

1. Broken trust: Trust is at the very foundation of your relationship. Without it, one of you will constantly live wondering if you will ever stop having to prove yourself; while the other will live in fear, worrying about the next possible infidelity.

2. Loss of respect: Once caught cheating, to lose respect from your partner means you are no longer viewed in the same loving way. Although your partner may stay with you, he/she will never love you like before and not see you as an equal anymore.

3. Constant memory: Even if your mate wants to forgive you, he/she may never forget. This means that in times of conflict, the memory of cheating may surface repeatedly, forcing you to relive your punishment. This creates an emotional prison term with no parole for both of you.

What were the repercussions of cheating in your relationship? Comment below.

Channing Tatum and Wife Jenna Dewan-Tatum Are Expecting a Baby





By Jennifer Ross

It appears Channing Tatum has made magic with wife Jenna Dewan-Tatum. A rep for the Hollywood couple confirms to UsMagazine.com, "Jenna Dewan-Tatum and Channing Tatum are pleased to announce that they are expecting the birth of their first child next year." The couple met in 2006 while both were on the set of *Step Up* and were married just three years later in Malibu, CA. Regarding whether the pregnancy was planned, an source says, "It was a total surprise." The *Magic Mike* star, 32, is planning on taking time off next year to be with his pregnant wife and baby-to-be. When asked earlier this year of having a family by Usmagazine.com, Dewan-Tatum, 32, said she would want a family with Tatum but isn't sure when it will happen. When it's meant to be, it will happen." Guess she doesn't have to wait much longer.

What are some ways to decide when to have your first child?

Cupid's Advice:

When should we start a family? Now? Next month? Next year? You and your partner small talk the subject back and forth over dinner, not really diving into it seriously. But sooner or later, questions will be asked and a time frame will need to surface. To help the conversation move into full force, here

are a few ideas to think about in deciding when:

1. Take the plunge: For couples that are eager to start a family, it's common for the pregnancy contraception to stay in the medicine cabinet and just let it nature decide when. Although little to no planning is involved in this way, you and your mate may want to starting preparing once you are pregnant.

2. Pros and Cons: In having trouble deciding when to start a family, it is often helpful for you and your partner to each may a separate list of the pros and cons. Then, you can take turns reading each other's list and talking things out to find the best answer as a couple.

3. A key question: When looking for the answer to when to have a baby, a very key question to ask yourselves is, "Are there any reasons why we should wait?" This can bring up concerns about financial readiness or that new promotion coming up soon. Use this question to communicate any worries now before baby comes.

When did you decide to have your first child? Share with us below.

Gwen Stefani Says Raising Kids with Gavin Rossdale Is the 'Ultimate Collaboration'





By Jennifer Ross

With her long list of accomplishments, Gwen Stefani claims her biggest moment is having a family with husband Gavin Rossdale. The couple just celebrated their 10-year anniversary, a huge accomplishment in the music industry. In an interview with [Vogue](#), published in the January 2013 issue, the *No Doubt* lead singer describes her lasting marriage as, “It’s pride. You feel proud. There are just so many rewards that come with it... It’s like these wars that go on and then you kind of get through to the other side, and it’s like, ‘Wow.’” The glue to their marriage – their two children, sons Kingston James McGregor, 6½, and Zuma Nesta Rock, 4. “Having kids takes the whole relationship to another place. It is the ultimate collaboration.” From success at work to at home, Stefani, 43, sometimes can’t believe anyone can be this lucky in life. Every day I’m like, ‘Really? Are you serious? Thank you, God. This is too good.’”

How does raising children bring you closer together as a couple?

Cupid’s Advice:

It may seem like adding a child into your relationship will deplete everything your and your partner cherish – your love,

money and time. On the contrary, children bring the lessons of unity and unconditional love for someone else. Have doubts about this? Here are a few ways children will bring closeness:

1. More than two: As a couple, you two will have a loving bond for each other. However, when children are added, your relationship literally transitions into something more significant and even greater than before. It transitions into a family.

2. Common life goal: Although you and your mate definitely love each other, it's nothing compared to the love you two will feel for your children. Even better, the ability to share that common goal of loving and nurturing your children is what will bring you two even closer as a couple.

3. Symbiosis: Because raising children requires so much more than just love, you and your partner will immediately learn to cooperate with each other simply to get through the daily stresses of a family. Working together repeatedly is what teaches you both to live in harmony and togetherness.

How did raising children bring you and your partner closer together? Tell us below.

5 Ways that You and Your Honey Can Give Back During the Holiday





By Courtney Allen

'Tis the season to be jolly, especially with the one you love. Take advantage of this year's exciting end with your significant other by spreading holiday cheer the best way possible: by giving back. Show thanks for everything in your life, including your sweetie, by bringing fortune into the lives of others. Here are five great ways for you and your honey to wrap up the year right:

1. Organize dinner at a soup kitchen: Go above and beyond this year by offering to plan, prepare and serve dinner to the less fortunate at your local soup kitchen. Get creative with your love as you plan a delicious three-course meal and put together a spirit-filled set-up.

2. Deliver Christmas presents: Join a church or work group to deliver Christmas presents to deserving families who cannot afford to buy gifts. Surprise them at their door with lots of love and holiday wishes. Let the spirit of giving fill up your heart with your sweetie by your side.

Related Link: [How to Ring in the New Year like a Celeb](#)

3. Help build a house: Pull out the nails and the hammers and go to work with Habitat for Humanity to build a new home for a

family in your community. Provide a family the best Christmas gift you could ever give. Create a fulfilling experience with your darling that you will never forget.

4. Adopt a family: Commit to providing an unfortunate family with necessities, cooked meals and unconditional love for an entire weekend. Get to know the family by visiting with your man. Make the holidays worth more than any gift you could receive by bringing joy into someone else's life.

Related Link: [Create a New Years Resolution with your Partner](#)

5. Spend time at a nursing home: Spend a day visiting the elderly at a nursing home in your city. Help put a smile on the some of the sweetest faces in the world. Sing Christmas duets with your favorite guy as the residents enjoy your prepared egg nog and gingerbread cookies to bring just enough holiday cheer to their day.

How will you and your man give back during the holiday season? Share your stories with us.

Sources Say Bethenny Frankel is 'Unhappy' with Husband Jason Hoppy





By Jennifer Ross

Sources confirm, Bethenny Frankel is not happy with husband Jason Hoppy. On the third season of Bravo's *Bethenny Ever After*, the theme seems to be a whole lot of fighting. Now, sources tell UsMagazine.com, things are much worse. "Things have gotten even more strained in recent months. They're fighting a lot." With the feuds escalating to what they are, the self-made mogul, 42, and businessman Hoppy are spending more and more time apart. Recently, Hoppy spent the day golfing while Frankel hosted her Skinnygirl's Christmas party. Also, Frankel escaped in late November to a girls' getaway, therefore, excluding Hoppy, 41. What's a major reason for all the arguments? A source says it's the differences in career ambition. Bethenny is said to be "very focused" while Hoppy is "not driven." But don't count these two broken up yet; Frankel still "wants to make it work. "

How do you know when to call it quits in your marriage?

Cupid's Advice:

There can be many reasons why a marriage breaks down and falls apart. Sometimes, couples may run to divorce too quickly, following impulsiveness due to heated discussions. Other times, the slow build-up of breaking each other down will lead

you to the same path. Whether you crawl or run towards divorce, understand if it's time to pull the plug with these few clues:

1. You have tried it all: You and your spouse have tried the marriage counseling, the relationship nurturing retreats and the heart-to-heart communication. Even still, the relationship has not gotten any better. On the contrary, it only leads you further away from each other. Listen to yourselves; it's time to go separate ways.

2. Abuse: If you are ever suffering from emotional, physical or even financial abuse from your spouse, this is a strong sign to end your marriage. It is one thing to disagree with personal matters in the relationship. However, no person EVER deserves to be abused. The best advice is – get professional help.

3. Exit planning: Once you or your partner begins researching and preparing for separation, it is safe to say that the end to your marriage is beginning. It's one thing to think about how to legally get out of your relationship. However, taking action is clear indication that you or your mate has thought about divorce long enough to want it more than reconciling.

What reason led to know it was time to end your marriage? Share your story below.

Hugh Hefner and Crystal Harris Are Re-Engaged



By Jennifer Ross

It looks like these two love-birds are back at it again. At 86 years-young, Hugh Hefner is engaged again to Crystal Harris. To make it official, the couple took to Twitter to announce the news. Playboy's founder tweeted, "I've given Crystal Harris a ring. I love the girl." Soon after, the 26 year-old fiancée posted pictures of her ring, calling it "my beautiful ring." With all these announcements going around, what wasn't mentioned at all was a wedding date. However, sources reveal to [People](#) the wedding will be on New Year's Eve at the Playboy Mansion in Los Angeles, which was the same wedding plan after their first engagement. In 2011, Harris called off the wedding days before the big day. Then, both Harris and Hefner bad mouthed each other; Harris calling Hefner a two-second man and Hefner stating he "missed a bullet" when the wedding was called off. Hopefully, these two can leave 2011 in the past.

What are some things to be careful of in an on-again off-again relationship?

Cupid's Advice:

From break up to make up, that's all some relationships do. Your heart is broken and you worry how you can live without him/her. After endless hours of crying, your ex is suddenly back, professing love again. Sound familiar? Before jumping back into their arms for what could be another painful ride, consider these tips before getting hurt again:

1. Expectations: Even though you both may be very familiar with each other the second time around, expect to find a different person in your mate. For the one that broke up the relationship, realize that your partner may still be heartbroken and unable to trust you completely. For the partner that was dumped, understand that your mate may not have learned their "lesson" the first time around.

2. Repeating history: A common mistake reunited couples make is repeating their past relationship, especially when reconciling so soon after the breakup. Remember, that relationship failed. In order to prevent this, you and your partner need to give each other adequate time and space to reflect and heal in order to move forward together.

3. Know thyself: Are you too forgiving? Is your ex's ego too confident that you will accept all their crap? Often times, these two personality types attract each other and entertain roller coaster relationships of up and down craziness. Understanding what your strongest personality trait is will help you to keep your feet grounded and your heart whole.

What lessons did you learn in your on-again off-again relationship? Tell us below.

Jenna Bush Hager Is Expecting



By Jennifer Ross

After several months of secrecy, ex-first daughter Jenna Bush Hager and husband Henry Hager announce that they are expecting their first child. In an exclusive interview with [People](#), the *Today's* Correspondent exclaims, "We're so excited. We can't wait." That's exactly how the rest of the Bush clan feels about the new addition, set to arrive next spring. The first grandchild for former President George W. Bush and former First Lady Laura Bush, the Bush's called into Wednesday's *Today Show* to publicly congratulate their daughter and son-in-law. "We're both really thrilled. We've been looking forward to being grandparents for a long time and we're very excited about it," says Laura Bush. The former President added, "I'm fired up...I could barely contain the news." When it comes to buying gifts for baby Hager, the Bush family will have to choose neutral colors. The proud parents-to-be are waiting to learn the baby's gender.

How do you prepare your relationship for a first child?

Cupid's Advice:

When pregnant with your first child, you may have the overwhelming urge to buy every latest baby item ever created. However, one thing that will definitely need to be baby-proofed is your relationship and you won't find this item at your local baby store. By considering the following tips, you and your partner will be much closer to being ready for your little bundle of joy:

1. Be realistic: No matter how hard you and your partner prepare for the new baby, you are going to have relationship issues during the first few months. One of you may even think the relationship is falling apart and possibly need couples counseling. The reality is you two are redefining your relationship to include a newborn, which isn't easy.

2. "Me" time: Once a newborn is in your life, you and your mate can kiss your private time good-bye unless you make it a priority. With all the daily repetitive chores your baby will require, both you and your partner will need to take a little "me" time out to unwind and, possibly reset yourselves. Without it, one or both of you will lose your sanity.

3. Sleep schedule: Because of your newborn's feeding schedule, a major adjustment will be the lack of sleep. To prevent you and your mate from becoming zombies, plan in advance a night time schedule, equal for both parents. Remember that it doesn't make sense for both parents to be awake in the middle of the night at the same time.

How did you prepare your relationship for your first child? Share with us below.

Small-Screen Costars Who Turned Their TV Romances into the Real Deal



By Jennifer Ross

It is not surprising that when actors have chemistry on-screen, feelings can keep rolling after the director screams “cut!” The lines between fiction and reality can get blurry with all those hormones raging. No matter how professional an actor claims to be, when it comes to love, sometimes you just can’t fight the resistance for too long. For many TV fans, the reel-to-real romance is exactly what they want. Take a peek at some of Hollywood’s romantic couples, on-and-off screen.

Related Link: [Patti Stanger Explains How to Reconnect Like Ashton Kutcher and Mila Kunis](#)

1. Ashton Kutcher and Mila Kunis: What started out as a

dysfunctional high-school relationship between characters Jackie Burkhart (Mila Kunis) and Michael Kelso (Ashton Kutcher) on Fox's *That '70s Show* finally came to reality earlier this year. The cute Wisconsin couple was on-and-off again for the first 4 seasons of the show, which began airing on August 1998. However, it wasn't till about a decade later that Kutcher, 34, and Kunis, 29, decided to date off-screen. Before that time, Kutcher was married to ex Demi Moore. Now, sources report to UsMagazine.com that Kutcher has always had a thing for Kunis.

2. Lea Michele and Cory Monteith: *Glee* fans everywhere simply adore the on-screen relationship between characters Finn Hudson (Cory Monteith) and Rachel Berry (Lea Michele). Fortunately, the off-screen actors are just as happy to turn Finchel into a reality. The twosome, playing a high school couple, has been dating since last fall. Michele, 26, has gushed to *People* that she loves working with Monteith, 30. "He really, really inspires me, and he motivates me and I think he's just so talented," the *Glee* club diva professes.

Related Link: [Nina Dobrev Admits to Fighting Feelings for Costar Ian Somerhalder](#)

3. Anna Paquin and Stephen Moyer: The complicated on-screen relationship between characters Sookie Stackhouse (Anna Paquin) and Bill Compton (Stephen Moyer) on the *HBO* show *True Blood* has unfortunately ended. However, the real life union between the actors is still going strong. Married in 2010, the couple began dating back in 2008. Growing their family, Paquin, 30, recently gave birth to twins last month. No news yet as to the gender or names of the newborns. Although the twins were born a few weeks early, both babies and mom are said to be doing fine, according to Usmagazine.com. The twins are the first children for Paquin while Moyer, 43, has two additional children Lilac, 10, and Billy, 12, from a previous relationship.

4. Will Chase and Debra Messing: On the *NBC* television series *Smash*, a steamy love affair ensued between Broad lyricist and musical's co-writer Julia Houston (Debra Messing) and musical theater star Michael Swift (Will Chase). Although Messing's character broke off the affair and struggled to save her on-screen marriage, off-screen she and Chase, 41, have been continuing their hot yet private relationship. Just last year, Messing, 44, ended her 10 year marriage to theater guru Daniel Zelman. Prior to his relationship with Messing, Chase also left his wife of 2 years, actress Stephanie Gibson. It looks like both of them made the right decision and are happily enjoying each other's company.

What small-screen couples would you like to see dating in real life? Tell us below.

How Queen Elizabeth Found Out About Kate Middleton's Pregnancy





By Jennifer Ross

Now that the word is out that the Duke and Duchess of Cambridge is expecting their first child, family and friends are excited and concerned. A royal source tells [People](#), “There is a real excitement but obviously people are anxious about the Duchess.” On Dec. 6, the Duchess, 30, was released from the hospital, after being treated for a severe form of nausea, known as hyperemesis gravidarum. Prince William, 30, and the Duchess were hoping to keep the pregnancy a secret until Christmas, had she not become ill. But how were the royal family, including Queen Elizabeth, notified about the pregnancy? A source reports that Prince William informed the Queen, Prince Charles and Prince Harry about the great news just before his wife was hospitalized. Friends were informed by the public announcement. Incredibly, the pregnancy was planned for new baby to come into the world without stealing the spotlight from the Queen’s Diamond Jubilee or any foreign tours. Majesty editor Ingrid Seward says, “Kate is probably one of the most organized [royal] women we’ve ever known.”

What are some ways to announce your pregnancy as a couple?

Cupid’s Advice:

“We’re pregnant!” is probably the phrase you hear repeating in

your head since the positive results were in. And while you and your partner may want to shout it on every street corner, it is best to let your friends and family in on the news first. To help you two, here are a few creative ways to announce your pregnancy:

1. Capture the surprise: A great way for you and your mate to tell your family and capture their surprise is to get it on film. Have a family gathering; rather than just announcing it, gather the family together with mommy-to-be in the center and daddy-to-be taking the photo of everyone. Before everyone yells “cheese,” you two can yell out, “We’re pregnant!”

2. Dinner party: When hosting a dinner party for your friends and family to announce your news, there are a couple ways to include the baby. One thing is to have a baby theme with the food, baby-back ribs, baby spinach, baby carrots and baby corn. Also, the dad-to-be can make a toast, saying what he is thankful for and ending with the addition to the family.

3. Modern technology: If you are able to plan ahead, it is possible to announce the news to all family and friends at the same time without gathering them together. First, secretly video tape announcing the pregnancy to the father and capture his wonderful surprise. Then, simply upload the video to both of your Facebook accounts and wait for their replies.

How did you announce your pregnancy as a couple? Share your story below.

Miranda Lambert Says Blake

Shelton Loves to Decorate for Christmas



By Jennifer Ross

Country music stars Blake Shelton and Miranda Lambert are definitely into having a very merry Christmas time. It not only is a holiday they love to celebrate, it is their “light at the end of the tunnel.” In the Dec. 3 issue, Lambert tells UsMagazine.com, “We can stop rushing around and just be together.” Going back to his childhood days, Shelton loves “to decorate” for the holidays and choose “food out of magazines” for his 29 year-old bride to make. Also, Shelton, 36, asked his talented singing wife to accompany him in a duet on “Home” for his *NBC* special, *Blake Shelton’s Not So Family Christmas*. Without hesitation, Lambert was more than willing to contribute. “I’m glad to be a part of it. I loved watching him sing with Reba McEntire and Kelly Clarkson. He was so comfortable with the biggest divas on the planet!”

What do you do if your partner isn’t a fan of the holidays?

Cupid's Advice:

The holidays are wonderful opportunities to be with friends and family, creating memories. However, your holiday fun can be dampened when your partner doesn't see the joy in it. That shouldn't discourage you from celebrating them anyways. To help keep the holiday spirit alive, here are a few ways to leave the coals out of your relationship's stocking:

1. Understand why: There may be an underlying issue as to why your mate isn't a fan. Is it social awkwardness? Childhood issues surrounding holidays? Maybe he/she doesn't like your family? Whatever it is, be understanding to their reasons; together, you just may come up with a solution.

2. Start off simple: If your partner is not accustomed to making such a fuss over the holidays due to his/her childhood, start off small. Instead of a Christmas party for thirty, have a holiday dinner for six maximum. The stress and complications of holidays may be what deters him/her.

3. Plan anyways: While you cannot force holidays on your partner, you can continue on with your plans regardless of his/her involvement. After all, your mate is not required to attend the party. That shouldn't stop you from having your fun and enjoying what you love.

How did you handle your partner not being a fan of the holidays? Tell us below.