

# Dianne Burnett Steps Out of the Shadows in Her New Book, 'The Road to Reality: Voted Off the Island!...My Journey as a Real-Life Survivor'



By [Lori Bizzoco](#), with transcription by Kaitlyn Herzog

An hour before her book launch, Dianne Burnett is nothing but smiles as she walks into the room at the Kimberly Hotel in New York City to meet us for an interview. A clearly happy Burnett speaks with ease about her new book, her former marriage and the exciting ventures that lay ahead.

Dianne released her memoir, *The Road to Reality: Voted Off the Island!...My Journey as a Real-Life Survivor* last Tuesday. Her ex-husband Mark Burnett has been the mastermind behind some of television's greatest reality shows, including "The

Apprentice," 'The Voice' and Survivor,' one of the most successful programs of all time. But this Reality King didn't get there alone, or at least not according to Dianne and her tell-all book.

Nine years after their divorce, the ex-wife of the the TV powerhouse is stepping out of the shadows to tell her side of the story. But, if you are looking for her to bash and destroy her ex, you won't find it here.

Burnett opens the book with her and Mark's decision to move to Morocco and then flashes back in Chapter Two to provide a glimpse into her own childhood growing up on Long Island, New York. She describes in detail her family and the confusion she faces being a young child of divorced parents in the 1960s. She then shifts to her relationship with Mark, the handsome Englishman who swept her off her feet. The story flows through their travels, the beginning of 'Survivor' and their struggles prior to – and after – their divorce. Dianne highlights the good times in their marriage, in particular the beginning of their relationship and how smitten she was with Mark. She writes, "Throughout the entire summer, whatever the day, whatever the hour, wherever I was, I felt intoxicated."

After reading the book and then sitting there with Burnett, the burning question on our mind was why was the book getting so much negative press from Mark. Burnett nodded and admitted that the release of the book has created a rift between the typically amicable exes. "I don't really know him that well right now," she explains. "Just last month we were all together at Nobu for my son's birthday, but since the book, it's been a little bit...different." However, they both try to keep a brave face for their two children, Cameron, 15 and James, 19. The author even says that part of the reason for writing this book was so that her children would know the truth.

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“I gave up everything to be Mark’s cheerleader, his support system,” Burnett explains. “That’s what kept Mark going. I was doing it for all of us though, for our family.” She looks back on her marriage to Mark with no regrets and often smiles while discussing their happy times. The one thing she does regret, however, is not giving herself a title when ‘Survivor’ first aired. “I didn’t give myself an individual credit because we were a team; I thought everyone knew it was Mark and Dianne.”

So what are Burnett’s final words to Mark? “I wish he would read the book,” she says. “I think if he reads the book, then he’s going to reflect on his reaction in the press and be sad.”

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With the release of the book giving her some closure, Dianne dedicates much of her time to more positive things. After her mother was diagnosed with esophagus cancer, Burnett began a charity in her honor called Joan Valentine – A Foundation for Natural Causes. The basis for the foundation is that medicine needs to be more personalized for each person’s ailment. She believes that “not everything works for everyone. Everybody is treated the same; the person and their individual sicknesses aren’t taken into consideration.”

Keeping up the positive vibe, Burnett is also launching a new drink called Mulberry Love, made with fruits, coconut water and antioxidants, which can help prevent disease. She describes the drink as not only healthy but “very yummy.” It hits store shelves later this year.

“This will be my year,” Dianne says affirmatively. With a new book, television and film deals and a healthy drink coming

out, how could it not be? “I’m happy now; I’m reinventing myself and finding my own way.”

*Burnett’s new book, “The Road to Reality: Voted Off the Island!...My Journey as a Real-Life Survivor,” is in stores and online at Amazon. To learn more about Burnett, you can follow her on Twitter at @DianneBurnett.*

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## Erin Andrews Says Potential Partners Have to ‘Compete’ With Her Dad



If you ask Erin Andrews about her place in the pantheon of women’s sportscasters, she will graciously credit the ladies who came before her. However, there’s no doubt that she is a

trail blazer in sports broadcasting. She has gained notoriety and admiration for her work ethic, knowledge, and natural on-camera abilities. All of this, she says, is part of being an “unapologetically strong woman.” Recently, [Lori Bizzoco](#) had the chance to chat with Erin about her new career path, touting her father’s influence as a main proponent of pushing her as far as she’s come. Further, she says, her father stands as a standard for when she’s dating. “He [her father] is a strong man by my side, and I think that’s why I can’t find anyone on the other side yet because they have to compete with my old man!”

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## **Musician Kimberly Cole Says to “Embrace the Butterflies” When Dating**





By Steven Zangrillo

Reality TV has become a melting pot for people from all walks of life. There are those people who take part for the spectacle, and others who use it as a springboard for bigger career opportunities. Although not a star on Oxygen Network's *The Bad Girls Club*, musician Kimberly Cole used reality television to jumpstart her music career by promoting the show with the hit single "Smack You" off of her 2010 album, *Bad Girls Club*.

Cole chatted with us about the challenges she faces as an artist, shedding perspective on what creative personalities deal with as they navigate their career. She even spoke about her love for fashion and how what you wear can translate on the first date. The most important take-away from our conversation with Cole is that being true to yourself and doing what you feel is in your heart is the best approach.

Perhaps this philosophy can be best explained in Cole's recent single, "U Make Me Wanna," which features an infectious dance beat with Keith Apicary (Nathan Barnatt) who is absolutely killing it on the dance floor. "We originally had this 'video vixen' idea for the shoot, so it was really surprising that Keith came out and blew us away with his moves," Cole gushes. When you get a good look at Apicary, he embodies the

kind of feel-good goofiness that pop music does not always seem to embrace.

His audition was classic, and the video, even better.

In addition to her singing career, Cole hosts FM (short for Fashion + Music). “When you create a song, you immediately think about what you’re going to be wearing. When you put on an outfit, it creates a mood – even a ‘swag.’” Cole successfully combines the two. When asked about fashion advice for a first date, Cole’s response: “Well, that depends... do I or don’t I want to see this person again? If it’s someone who I think I’m interested in, I’ll definitely pare it down a little bit.”

Cole feels that being an artist poses a unique circumstance. “There really shouldn’t be any rules in fashion. Artists walk a fine line, and sometimes, we catch criticism for it. Obviously, you wouldn’t be out wearing a meat dress like Lady Gaga on a first date. At the end of the day, wear something that makes you feel good. It’s hot to be comfortable in what you’re wearing.”

Of course, this discussion brought up the question of Cole’s personal love life, which she navigated with stealth. “I do keep a few things under wraps,” she says. “However, I will say that if you’re not exploring relationships, feeling the highs and the heartbreaks, then you’re not gaining much inspiration. That inspiration definitely comes out in my music.”

Delving even deeper into her dating philosophy, Cole believes that “we all have those butterflies. If navigating a relationship was easy, it would be no fun!” She continued, “There aren’t any real tricks for moving past that nervousness – but I will say that it is what makes us human. We should embrace that.”

**Related Link:** [Amy Laurent Tells Us How to Navigate a New Relationship and Go From ‘8 Weeks to Everlasting’](#)

As far as her upcoming projects, she has a ton of new music coming out. Throw that together with her work at FM, some new television projects and preparation for an upcoming tour – it’s safe to say she has a full plate. “A lot of hard work is paying off, and I couldn’t be looking forward to it more,” she says.

*You can find out more information about Kimberly and catch the latest FM episodes, which are part of Stylehaul, at [www.youtube.com/stylehaul](http://www.youtube.com/stylehaul). And, of course, don’t forget to check out “U Make Me Wanna” on iTunes!*

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## New York Fashion Week: Whitney Port Steps Out in Style for Nine West



New York’s Fashion Week



kicked off in typical style with the unveiling of a brand new footwear retail entity. Nine West hosted an event at the opening of the first Nine West Vintage America Collection concept shop – a culmination of Nine West’s collaboration with Kate Ciepluch. It features a collection of American-inspired modern footwear and accessories. Whether you’re single or have a significant other, it looks like you have new options for those nights out on the town.

To celebrate the new store, Nine West’s Brand Ambassador of Culture and Noise, Kelly Cutrone, TV personality and fashion consultant to Whitney Eve, Whitney Port and the new America’s Next Top Model judge, Katy Perry stylist Johnny Wujek all made special appearances for Fashion’s Night Out. In addition to opening the new store, Nine West took the spirit of vintage out onto the streets of SoHo and partnered with mobile accessories boutique The Styleliner. They featured curated vignettes of Styleliner exclusives and Vintage America product. If you ladies were having a hard time looking for a new pair of shoes for that upcoming date, you may be in luck.

To celebrate the evening, guests enjoyed cocktails, beverages provided by Arizona Iced Tea, and experienced a piece of Kate’s American road trip as they snacked on treats by Tiny Pies of Austin, TX. The store featured an interactive social photo booth, opportunities to win tickets to Coachella 2013, an experience with Kate Ciepluch, and more. The newly launched collection will be available exclusively at the Nine West Vintage America Collection SoHo store, as well as online at Vintage America Collection. We’re not even 24 hours into Fashion Week and Nine West is already helping you get a leg up on looking great for that potential Prince Charming.

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# Mother and Son, Tammy and Justin Lane, Share What Happened 'The Week the Women Went'



By Deanna Atkins

On Lifetime's 'The Week the Women Went,' the men and women of a small South Carolina town, Yemassee, abruptly find out what it's like to live in a world without the opposite sex. Sounds scary, right? The social experiment turned reality show explores modern gender roles in this new unscripted series. Everyone wants to know how the males will handle their own families along with running businesses and just regular day-to-day life. It would seem that the men are really in for it, but surprisingly, the women aren't exactly having the time of their lives during their getaway. Many of the females are homesick and sincerely worried about their families – so much that one mother, Misty, drops out after only two days of being

away.

We had the opportunity to chat with mother and son cast members, Tammy and Justin Lane. This pair brings tons of drama to the show: much to his mother's dismay, Justin, a 21-year-old fire chief, proposed to his girlfriend of three years, Amy, just before the women took off. Amy said "yes," leaving Tammy disappointed in her son and his new fiancé. The women left for Florida before their differences were resolved, ensuring that these three participants are in for a rocky ride when they're reunited.

**Related Link:** ['That's My Boy' Can Teach You a Thing or Two About Surviving Your Crazy In-Laws](#)

Even though Justin is no longer a bachelor, he's still a total mama's boy. "It's not that I don't think Justin can take care of himself; it's just more of a comfort for me," Tammy explains. Justin lives at home and has everything done for him: Tammy does his laundry, puts food on the table and picks up after him. "I know things are done right, and I don't have to worry about him. It's a comforting thing, not a control thing."

When it comes to Justin's new fiancé, Tammy can't help but be protective over him. Although it seems like she doesn't approve of Amy, it's the engagement in general that upsets her. She believes that 28 years old is the best age to get married. "He's having the time of his life now, and he's just way too young to get married," she shares.

The seemingly overbearing mother adds, "Amy is fine. I would feel the same way about any woman who wanted to marry my son."

**Related Link:** [5 Ways To Reconcile Arguments With In-Laws](#)

While the women were away, Justin was not afraid to share that he missed both Amy and his mother in different ways. "I couldn't last without my mom – she does a whole lot more for

me than Amy does, and our relationship is just tighter,” he says.

Will Tammy give her blessing to Justin and Amy? Will the couple take moving out of their parents’ homes seriously? Will Justin be able to get by without his mother’s constant help? They all have a lot of figuring out to do, but Tammy boldly holds nothing back when she says, “I don’t know what’s going to happen if Justin and Amy move in together. I’ve been telling myself every day that it’s eventually going to happen, and when it does, I’ll give you a call from the emergency room.”

*Watch what happens to the tight-knit community when the men realize that they’ll need to take on the female’s roles since their wives, mothers and fiancé’s will be vacationing in Florida for the week. ‘The Week the Women Went’ airs on Tuesday’s on Lifetime at 10pm EST.*

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## **Anna Post Talks Etiquette Rules for Dating**





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Oh, you think you've found the perfect man, haven't you? Everything is going swimmingly right up until... he lets off a biblical belch right in front of your friends. Or maybe he isn't entirely courteous to your server at the dinner party you planned with four other couples. Even worse, his sense of style leaves you cringing at the thought of anyone seeing the two of you together. Deal breakers or bad habits? Whatever the case may be, Anna Post, the great-great-granddaughter of etiquette queen Emily Post, knows what the books say about bad manners, and now, she's teaming with Ponds to help women put their best face forward.

What's great is that Anna is also up-to-date when it comes to technology etiquette in the dating world. For example, is it right for a man to ask me out via text? When should you change your Facebook status? To gain perspective, we chatted with Anna about the small behavioral details that add up to big relationship problems. From eating with your mouth open to digital dating techniques, Anna sheds insight on all of the things you may need to know.

*To get more tips from etiquette expert Anna Post and join the beauty conversation, log on to [www.facebook.com/PONDS](http://www.facebook.com/PONDS).*

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# 'Design Star' Champion Leslie Ezelle Offers Relationship Advice for a Happy Home



By Sarah Ribeiro

This season of HGTV's 'Design Star' showcased former contestants vying for the winning spot one more time. After her participation in season six, Leslie Ezelle returned with her eyes on the prize. And in the dramatic finale episode, which aired August 21st, her focus paid off: she won the \$25,000 prize and an appearance on an HGTV show. The interior designer, breast cancer survivor, former Dallas Cowboy's cheerleader and mother of a blended family has a lot on her plate, but she isn't letting anything get in her way.

Ezelle says she thrives off her design career. She has been producing her own design clips since her first round on

'Design Star' in hopes of getting her own show. Her personal home remodeling, coupled with her lessons in how to "tame your domain," has been keeping her busy, and she says she'd love to use television as a means of sharing her ideas and helping others find solace in their home.

"I'm producing a little show now called *The Real Modern Family*," she says. "I'm currently three months behind schedule and it's been very stressful having my family as my clients and taking input from the kids! Whenever these type of things come up, I'm swamped from the beginning of the day to the end of the day."

**Related:** [Season Five Premiere of 'Million Dollar Listing': Josh Altman Says, "Relationships are Harder Than Owning a House"](#)

Despite these struggles, Ezelle says her life doesn't get in the way of her family. Her "tame your domain" theory comes from the connections she has found between design and everyday life. According to Ezelle, "your energy comes from your home, and design plays a huge role in that. Your home is in direct correlation to your family – if you have a kitchen that works physically and if you have a dining room that works with that kitchen, then you have a great space to spend time together."



A design clip from Lezlie Ezelle's portfolio. Photo: Lezlie Ezelle

Ezelle and her wife Libby don't always agree on design though. Ezelle has a more contemporary style, while Libby prefers traditional decor. The pair combat this difference with "sweetness," Ezelle says, a method they learned from a relationship expert on a couples' retreat. Leslie encourages couples building a home together – whether new or old – to remember that physical belongings are solely physical. "If you have a happy relationship with your spouse and you're trying to blend your style, the best thing to do each night is to compliment each other," she advises. "Instead of using criticizing words, you just have to be diplomatic and remember that you're talking to someone who you love. You're trying to blend styles – why would you want to be critical and mean? That does zero good."

**Related:** [7 Signs You Might Need Marriage Counseling](#)

The design star has three pieces of advice for couples looking to blend their style:

- 1. Write down your must-haves, and share them with each other.**
- 2. Design is not just about having pretty things in your house. It's about having a home that is a reflection of your lifestyle.**
- 3. Practice talking to each other like strangers and being sweet and polite. You have to maintain that level of respect and be mindful of each others' feelings.**

Design has helped Ezelle with more than just her family life. In 2008, she was diagnosed with breast cancer – a rollercoaster involving six weeks of radiation and two years of reconstructive surgeries that left her embittered. "I didn't struggle with breast cancer; I struggled through treatment," she shares. "I didn't feel sexy; I felt weak, broken down and bitter. I kept saying, 'I'm not a victim,' and I was really angry."



But she took her mother's advice in pursuing her design career and made it on to 'Design Star.' "When you're going through something bad," remarks Ezelle, "you can't see why you're going through it. It became clear to me when I got on the show. I never would've auditioned for the show had I not gotten breast cancer. I said, 'I can't let my breast cancer be what's motivating me.'"

After competing on 'Design Star, Ezelle connected with Courtney Arbour, a marketing manager for Susan G. Komen, and together, they came up with the idea that "you can't strap a good woman down" – a sculpture of a metal bra crawling the tree of life.

Ezelle's sculpture, Ann-e Girl, which was named after her children's aunt who passed away from breast cancer, travelled around Texas, turning buildings pink for the day and raising awareness. "This was my way of embracing breast cancer rather than being angry about it," proclaims the designer. "The inner strength you gain from pursuing your goals is where you get your empowerment. If you're not going after your dreams, you won't feel sexy; you won't feel powerful; and you won't feel like a woman."

While design may have helped her cope with the ups and downs of life, Ezelle's real comfort is in her family. "The relationships I have my wife and my children completely outweigh everything else," she says. "Design, work, cancer – it's our love that matters."

*You can keep up with Ezelle on her Web site at [www.LeslieChristineDesigns.com](http://www.LeslieChristineDesigns.com).*

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# 'Miss Advised' Star Emily Morse Says, "I'm Not Choosing Monogamy; I'm Choosing to Date"



By Jessica Nappi

Radio show host, author and reality star – what can't Emily Morse do? If you haven't seen Emily navigate her dating life on the new hit show 'Miss Advised,' produced by Disney darling Ashley Tisdale, read her book, 'Hot Sex: Over 200 Things You Can Try Tonight!,' or listened to her radio show, 'Sex with Emily,' no doubt you soon will because this young lady is just getting warmed up. She's even been dubbed the real-life Carrie Bradshaw, although she openly admits that she has never watched an episode of 'Sex and The City.'

After seven years of hosting her radio show, Morse was approached to be a part of 'Miss Advised,' which follows

three single dating experts (Amy Laurent, Julia Allison and Emily Morse) who must put their own advice to the test. While the other stars may have learned that it's hard to practice what they preach, Morse stuck to her guns. She says, "I definitely take my own relationship advice to heart. But, I've made mistakes in my relationships – I'm not perfect."

Morse has stayed true to herself by finally acknowledging that she's "not choosing monogamy right now; [she's] choosing to date." But she didn't just come to this revelation overnight. "I've evolved into this person by saying it publicly and being on national television. I think it made me realize that it's okay to be me. It's okay to live my life differently than other people live their lives."

**Related:** [Going from 'It's Complicated' to Monogamy: 5 Tips Every Woman Should Know](#)

After receiving hundreds of emails in support of her dating philosophy and unrushed desire to settle down, Morse noted that she felt so much more "validated and accepted." But being open and vulnerable hasn't always been easy for her. "The greatest lesson I've learned is to "be honest with yourself; stay true to yourself; and be self-aware," she says. "The more honest you are with yourself, the more you'll know what you like, and the easier dating will become."

Since monogamy is crossed off her list, Morse is free to date and have fun with no constraint. "I've never been a woman who plays by the stereotypical dating rules," she says. Since there are so many dating advice books, she says you just have to "pick and choose what feels good to you because blanket rules for everyone just doesn't make any sense."

She may not be a fan of rules, but she is certainly a fan of helping others spice up their relationships. Emily notes that her favorite section of her book deals with partner massages. "By massaging your partner, you will feel

reconnected again. I think it's a really nice, sweet thing you can do to become attached to your partner again."

As you may know by now, Morse doesn't hold anything back. That's why we get to see her dating life firsthand on 'Miss Advised.' Here is where we get to observe from afar as Emily goes on all types of dates. We even watch when she dates her newly-divorced fifth grade crush, David Rubin, and they drive to Napa Valley for a romantic night. Of the finale, which will be airing tonight, Morse promises that their relationship "takes an interesting turn. It's surprising, and it's a really fun episode, " she says.

So what's next for Morse? She aspires to be the Dr. Ruth of our generation – and she's already well on her way. As she continues to grow her career, she will be getting her doctorate in human sexuality and coming out with a third iPhone App. She will also be hosting her radio show and keeping her fingers crossed for a second season of 'Miss Advised.'

*Be sure to catch Emily Morse tonight on the SEASON FINALE of 'Miss Advised' at 10/9c on Bravo. You can also check out her personal site at [www.EmilyMorse.com](http://www.EmilyMorse.com) and follow her on Twitter @SexWithEmily.*

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**Olympian Ryan Lochte Speaks  
Out About Love and**

# Relationships



With the 2012 Olympics in full swing, there have certainly been a lot of amazing athletic feats to enjoy. Of course, when they're not spending time with their training regimens, the Olympians find time to date just like we do. [Women's Health](#) chatted with swimmer Ryan Lochte about what he looks for in a partner and how he starts a relationship. Here's what he had to say:

**1. When you see a woman you want to meet, you:** Make eye contact. Some guys keep staring, but I'll give a wink and come back later, because it keeps her thinking.

**2. What confuses you about the opposite sex?:** It's impossible to know what they're thinking. If I could have one superpower, I'd be like Mel Gibson in *What Women Want*, where he reads women's minds.

**3. You're very stylish. How important is it for a guy to have fashion sense?:** Really important—it's how your personality comes out. I don't have a set style, but I try not to dress

like everyone else.

**4. What do women look hottest in?:** One of my long-sleeve button-down shirts and that's all. The second sexiest thing: white jeans.

**5. You're surrounded by dudes constantly. Be honest: Do guys swap sex stories?:** Yes.

**6. Rapid Fire Questions:**

**Sexy women always...:** keep a fit body.

**Celeb crush?:** Carmen Electra.

**What do you sleep in?:** I'm mostly naked.

**Lights on or off?:** On.

We at *Cupid's Pulse* wish Ryan Lochte and all of the athletes competing the best of luck both at this year's Olympics and in all of their future romantic endeavors!

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**'Beverly Hills Nannies' Star Marika Tsirocou Says, "My Baby is My Life"**





By Deanna Atkins

ABC Family's new reality series, 'Beverly Hills Nannies,' premiered on Wednesday, July 11th, and although the nannies may run the show, stay-at-home mom Marika Tsircou brings tons of humor and personality to the table. In the pilot, Marika's nanny, Justin, is blown away by Marika's 10-month-old, Xander's, lavish wardrobe – he's asked to iron the baby's Burberry. The 90210 mommy lives fabulously but always puts her son and husband first.

Marika and husband Kyri were married for seven years before bringing their baby into the world. The couple enjoyed a luxurious marriage filled with exclusive events and dinners, travel and friends, which they put the brakes on entirely to be with their little one at every possible moment. The new mom shares, "All that matters is this little baby; newborns need their mommy all of the time, so you have to make sacrifices."

**Related:** [Jessica Simpson Says, "Motherhood is the Best Thing I've Ever Experienced"](#)

Being an attorney, Kyri endures long work days, but Marika tells us that both her and her husband take shifts with Xander during the week and enjoy trips to the park, zoo and Grandma's house on the weekends. Before Kyri starts his work day, he spends time with Xander: they eat breakfast together and play, while Marika jumps at the opportunity of an extra hour of

sleep. The two certainly make a good team, which Marika believes is due to their relationship's strong foundation.

"Before having a baby, we actually took the time to be a couple. We'd already gone through everything together, so we knew that we were in it for the long haul," Marika says. She believes that in order to be the best parents you can be, your relationship needs to be at its strongest. She and Kyri weren't used to dirty dishes piling up or the change in their sex drive, but they knew it wouldn't last and, in time, their relationship returned to normal. Most couples have a hard time realizing that because they're not used to things being different or difficult.

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"We are both very different people, and I think that is what makes us work so well together," reveals the reality star. On the show, Justin claims that Kyri is a lot more laid back than Marika, and she doesn't hesitate to agree. "He's calm, cool and collected, while I'm more artistic and always eager to be the center of attention – which is why we complement each other so well." The love birds accept and embrace each other's similarities and differences, which truly keeps their union thriving. Because of the success of her own marriage, Marika recommends that people don't look for a mate who's exactly like them.

As a stay-at-home parent, Marika doesn't necessarily need a nanny, but the extra help doesn't hurt. She prefers to be the one to put Xander down for all of his naps, but when she takes some time for herself to paint, it's nice to have someone she can count on to watch her pride and joy for that small portion of the day.

The nannies on the show include the most sought-after sitters in the world, but when choosing the perfect nanny, the Beverly Hills mom shares some universal advice. She explains, "You



really need to find someone who is loving, compassionate, educated and well-certified.” She also stresses how important it is to trust the person that cares for your child. “I need to know that they’re somebody like me, that they’re going to love this baby like there’s no tomorrow.”

**Related:** [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

All new mothers can relate to the uneasiness of leaving their child in another person’s hands, and that’s why, since Xander was born, Marika has only missed putting him to bed at night twice. Everyone takes a different approach to parenting, but these reality show parents appear to be naturals – and we think their happy baby would agree.

*You can keep up with the twosome and their Gucci-wearing little guy on ABC Family’s new hit show ‘Beverly Hills Nannies,’ airing on Wednesdays at 9/8 PM CT.*

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## Supermodel Ines Rivero Says Confidence and Communication Are Important For Finding Love





By Daniela Agurcia

After nearly two decades of walking the runways and posing for photographers, Victoria's Secret Angel Ines Rivero is experiencing the *other* side of the modeling industry as she sits on the panel of judges for nuvoTV's new reality show 'Model Latina South Beach.' In this exclusive interview, the Argentine supermodel, who has been featured on the cover of renown fashion magazines such as 'Elle' and 'Vogue,' talks about her role on the show as well as her experience as a model, her family and her advice for women everywhere.

**Related:** ['General Hospital' Star Jen Lilley Says "Confidence is So Sexy"](#)

Being a judge on 'Model Latina South Beach,' which premiered on Monday, May 28, sounds like an easy job. But of course, drama is inevitable when the stakes are so high: ten Latina models will compete for a chance to win \$25,000, a position as nuvoTV's spokesperson and a contract with international modeling agency, Q Management. Even so, Rivero enjoys playing judge. For her, the most rewarding part of the experience is being able to pass on the lessons that she's learned as a model and help the young women grow in the industry.

Lesson number one: Rivero stresses that confidence is sexier than physical appearance. Many single women focus on their looks when trying to get a man's attention. Even Rivero was

guilty of this mistake, telling us, “I used to be worried about all of the little things wrong with my body, but now I don’t care what people think.”

It looks like Muriel Villera, 21, of Hialeah, Florida, took Rivero’s advice to heart. Last night, she was crowned this season’s winner. She believes that her personality played as big of a role in her success as her beautiful face and perfect figure, recently saying, “There is nothing more attractive than ambition and confidence.” Next stop for this Latina? A move to New York City to use what she learned on the show and focus on her modeling career.

While Muriel hopes to be a positive example for aspiring models, Rivero believes that women get the wrong impression from this industry, often thinking that they need to be as skinny as them or that they need surgery to look a certain way. She argues that men are generally attracted to women who are natural, so instead of trying to cover up, just be confident with you you are. Recognizing the great influence that models have on women everywhere, she says, “I think we can inspire women by being healthy and in shape and showing off our bodies with confidence.”

As for finding that self-confidence, Rivero thinks that “finding a balance,” both physically and emotionally, is the most important step. She tells us that she’s learned to live her life by being optimistic and trying to find the good in all situations. “Confidence comes from having joy inside you, not necessarily by the way you look in the mirror,” she shares.

**Related:** [Why Amazing Confident Women Remain Single](#)

When asked if husband Jorge Mora is supportive of her career, Rivero says, “Absolutely.” Regardless of how demanding and revealing her career may be, he understands her lifestyle – after all, he is a professional singer and relates to being in

the public eye. Despite her hectic schedule, her husband and daughter always remain her top priority, and she supports them both in whatever they do.

As for the secret to her lasting relationship? Communication. Rivero says she and Mora know how to respect each other's space and to always talk through their issues. "One of the first things we did was learn how to fight effectively, so that helped us through a lot of problems," she says. "Learning to talk about things is key, and we're pretty good at it now."

*Be sure to catch the reruns of 'Model Latina South Beach' on nuvoTV!*

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## **'L.A. Hair' Reality Star Anthony Pazos Says He'd Ask Khloe Kardashian for Love Advice**





By Jessica Nappi

If you haven't heard of celebrity hairstylist Anthony Pazos yet, you'll certainly be familiar with some of his clients. From reality queen Khloé Kardashian to 'Twilight's' Ashley Greene, Pazos is in the fast lane with his star-studded clientele. He's even become a star himself, taking center stage in the reality television show 'L.A. Hair' on WE tv. As fortunate as he's been in his career, it looks like he's even luckier when it comes to love.

Pazos is in a six-year "committed and monogamous" relationship with his partner whom he "loves to death." Like Pazos, his partner is not shy in front of the camera. Unlike Pazos, whose radiant personality can be seen on reality TV, his partner is an actor who wishes to remain anonymous. But Pazos assured us that we've "probably seen him in some stuff."

**Related:** [Five Top Tips On How To Find "The One"](#)

Even with his hectic schedule, he says that he always makes time for his one and only. "We both have goals, so we understand that during the day, even if we don't see each other, we still love each other," he shares. "Then at night, it's our chance to reconvene and connect."

Pazos' relationship wisdom comes both from his own experiences and the abundance of clients who spill their hearts out to

him. His best advice? “Write down what you need in a man, get out there and date. See if all those requirements are being fulfilled by that guy – but just know that nobody’s perfect.”

If Pazos wanted love advice from any of his clients, he said he’d choose Khloé Kardashian. “I’ve seen Khloé and Lamar [Odom’s] relationship first hand, and they are very much in love,” he says with confidence.

**Related:** [Love in the Limelight: Why You Should Be Happy You Aren’t Famous](#)

Speaking of reality TV, Pazos defends his show, saying, “People think that the show is not real, and I want to make it clear that the show is very real. Everything you’re seeing is really happening – it’s not scripted.” That means that even Pazos insulting Omarosa, the infamous ‘Apprentice’ star, is true: he really did say that she had “camel breath” after she offended him.

Giving us the behind-the-scene dirt on this showdown, Pazos reveals that Omarosa’s people ended up tweeting him. “They wrote, ‘We don’t want you tweeting Omarosa anymore saying that she has camel breath.’” Pazos stood his ground and did not apologize.

Whether he’s planning a date night with his partner or getting into egotistical fights on ‘L.A. Hair,’ Pazos believes that “love makes the world go round.” Given his fast-tracked career and big personality, we are sure that his time in the spotlight is only beginning.

Of course, staying true to his background as a hairstylist, he leaves us with this date night advice, “Never be afraid to pop in some hair extensions!”

*Catch Anthony Pazos every Thursday on ‘L.A. Hair’ at 9/8c on WE tv. You can also check out his Facebook fan page or follow him on Twitter.*

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# Celebrity Stylist June Ambrose Tells Us How Women Can “Find Their Fabulous”



By Daniela Agurcia

Celebrity stylist June Ambrose has worked with A-listers including Alicia Keys and her husband Swizz Beatz, Jay-Z and Sean Combs, and now, she's sharing her fashion tips with CupidsPulse.com. "Fashion is your voice, your expression. It's how one exudes confidence from the inside out," she explains. Watch our video interview with Ambrose to learn more about her personal style advice, her go-to date night outfit and her role as a Caress Fabulista.

*For more videos from CupidsPulse.com, check out our YouTube*

channel.

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# Judge Lynn Toler of 'Divorce Court' Says Katie Holmes and Tom Cruise Had "Too Much to Lose By Dragging Out Their Divorce"



By [Whitney Baker](#)

Earlier this week, Katie Holmes and Tom Cruise signed their divorce settlement, reaching an agreement faster than most Hollywood couples. While details of the arrangement remain private, sources say that Suri, the couple's six-year-old daughter, will live in New York with her mother, while her



father will have generous visitation rights.

In order to better understand the ins-and-outs of this process, we spoke with Judge Lynn Toler, who hosts 'Divorce Court,' the longest-running court show on television. Since 2006, Judge Toler has brought both tenacity and compassion to the courtroom, focusing on the relationship at hand and dispensing helpful advice to real litigants.

The media has paid much attention to the role of Scientology in Holmes's decision to divorce Cruise. And for good reason, according to Judge Toler. While it's not something that she sees frequently in her courtroom, she understands why it's very intense when it does happen. "Religion doesn't often have a role in divorce cases, but when it does, it is very difficult to deal with because people's beliefs aren't something you can really compromise on."

Another point of interest in this divorce case is Holmes's request for full-custody of Suri. Judge Toler, though, isn't surprised by her bold approach. "She knew what she wanted, and she moved quickly and decisively. I think that she asked for what she wanted because of the concerns that she had for her daughter."

She adds, "After all, isn't that a mother's job?"

**Related:** [Find Out How Katie Holmes Felt in Her Marriage to Tom Cruise](#)

In a joint statement, Holmes and Cruise said that they are doing whatever they can to keep Suri's best interests in mind. By agreeing to the terms of their divorce in such a rapid manner, Judge Toler believes that they already did a tremendous thing for their daughter. "Sometimes, the best thing you can do for your children is to *not* get everything you want. Tom gave up legal custody but settled for generous visitation rights."

While it may seem like Cruise should fight for more time with his daughter, Judge Toler supports the resolution to their custody battle. "You have to ask yourself if dividing their time between you and your ex is the best thing for you or the best thing for your kids," she explains. "Children need a stable environment, some place they can call home where the rules are always the same."

Perhaps the most surprising part of this celebrity divorce is the swiftness of their settlement. "I believe that both of them had too much to lose by dragging it out," Judge Toler explains. "I also believe that the church of Scientology didn't want to get involved with it, which certainly would've happened. Tom didn't want to expose himself or his church to that kind of scrutiny."

**Related:** ['Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill"](#)

Next up for Holmes and Cruise: They will present their settlement to the courts and wait for it to be approved before they'll be granted a divorce decree. Judge Toler doesn't foresee any future issues though, explaining that "the courts love when couples settle as quickly and amicably as these two. They really like the parties to come to a resolution on their own."

As for any advice for the pair as their divorce continues to play out, Judge Toler says she has none. "I think they're doing it right! They didn't let their emotions get ahead of what they needed to do. I say continue on and good luck."

*Visit [DivorceCourt.com](http://DivorceCourt.com) for local listings of 'Divorce Court,' which is currently airing its thirteenth season in syndication nationwide. Keep your eyes open for Judge Toler's new book, 'Making Marriage Work: New Rules for an Old Institution,' set to be released later this summer.*

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# 'Remodeled's' Paul Fisher Wants a Woman Who is Beautiful Inside and Out



By Nisha Ramirez

Paul Fisher is surrounded by beautiful women everyday – he is a modeling agent, after all. The passionate, no-nonsense agent, who has represented fashion icons like Naomi Campbell and Kimora Lee-Simmons, made it big in the 90's and is now the star of television reality series *Remodeled* on the CW Network. But, *Remodeled* isn't just another show about models; it actually provides Fisher with a platform to change the face of the modeling industry and what society deems beautiful.

From doing drugs to getting dumped, Fisher opens up to us about his career, love life and his fight to redefine beauty. He admits to being “girl crazy” and spiraling out of control

as he climbed to the top. "When I decided to get back into the modeling industry again, I had to beg for forgiveness because I was an animal for 20 years. I did drugs; I slept with the girls; I was just an animal," he explains. "But I did find my faith about five years ago. I walked into The Kabbalah Centre, and it literally changed my life."

Related Link: [Five Hollywood Relationships That Spiraled Out of Control](#)

Fisher decided to rejoin the modeling world and transform the industry into a safe place for young models. In doing so, he created The Network, a company that helps to create models who are also role models instead of models who are defined by their looks and beauty. It's quite the undertaking. Right now, his firm is comprised of 12,000 models represented by small agencies around the world.

Comfortable with his role behind-the-scenes, Fisher first declined to star in *Remodeled*. He says, "My partners came to me, but I'm a private man. I didn't want to be out there in the public eye; that's just not who I am. Then they came back to me and said, 'Paul, this show could really expedite our mission.'"

**What is the mission?** To contact the fashion magazines and designers and ask them to rethink their definition of beauty. "I want to go to war with any designer that has a thin, 16-year-old girl walk down the runway, who inadvertently encourages young girls around the world to put their finger down their mouth because they think they have to weigh 116 pounds," he says. "The average woman is 5'4 and 143 pounds. That is beautiful. That is sexy!"

Expanding on this idea, Fisher believes that the fashion industry has created a false picture of what a woman should look like. Through The Network and his work on *Remodeled*, he inspires his female and male models to be confident and

healthy in an industry that scrutinizes their every feature. The powerhouse agent knows that self-esteem issues caused by magazines and designers extends to real women everywhere.

**Related Link:** [4 Things Men Worry About](#)

“This isn’t a business to me. It’s a movement, and you’re a part of my movement. I’m really working, with every fiber of my being, to change the industry,” he reveals. “And I am going to sit at a Calvin Klein fashion show a year or two from now, and we’re not going to see skinny kids walking down the runway.”

Since Fisher is representing models in an industry that he calls “destructive,” he tells his clients that beauty is only skin deep. “You are going to find a man or woman out there who is going to think that you are perfect and that you shouldn’t change one little thing about yourself. Your physical reality is irrelevant anyways.”

Despite his work in an industry that focuses on appearance above all else, Fisher believes that looks aren’t everything. “I’ve dated the most beautiful women in the world, and I’ve lived with the most beautiful woman in the world,” he says. “Yes, physical attraction is important, but much more important is being on the same path spiritually, wanting the same things as far as giving back to the world and truly trying to make a difference.”

Fisher is looking for a woman in his personal life who is beautiful inside *and* out. “About two years ago, right before I was supposed to get married, I got dumped by my beautiful fiancée, and I have not been with anyone since then.”

**Related Link:** [Rachel A. Sussman Helps Us Recover After a Breakup in ‘The Breakup Bible’](#)

Going into more detail, he adds, “I am very passionate about my family, my faith and The Network because I really believe

that we're trying to do something special. I hope that soon, I become passionate about finding my soul mate because I certainly would love to have children and be a role model for a couple of kids."

With a mission to reinvent the fashion industry like he reinvented his life, Fisher is excited for the new season of *Remodeled*. As he explains, "We're creating some stars, and it's pretty damn exciting. I give these models some pretty damn tough love, and I think people are going to really enjoy it."

*If you want to be a part of Paul Fisher's fashion movement and learn more about The Network, check out his [www.TheNetwork.com](http://www.TheNetwork.com). Remodeled returns to the CW network on Monday, July 9th at 9/8c – be sure to tune in!*

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**'Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill"**





By [Whitney Baker](#)

As a relationship expert and executive matchmaker for the past seven years, Amy Laurent has plenty of advice when it comes to navigating the dating world. And, now she's putting it out there publicly starring on Bravo's new reality series 'Miss Advised,' a show that features three single relationship experts as they attempt to follow their own dating advice in the search for love.

Given Laurent's background, we thought she'd be the perfect source to comment on the most talked about divorce of the week (and most likely the year), the infamous TomKat split. By now, we've all read the tabloids or heard the news that Tom's obsession with Scientology was a huge factor in their divorce (source), but how important is religion to a marriage?

"For some people, religion is an absolute deal-breaker, and you have to respect that when choosing a potential partner," Laurent explains. "I think it's a waste of time to try to put two people together with different religious opinions."

**Related:** [Katie Holmes Files for Divorce from Tom Cruise](#)

Although Laurent advises against coupling up if you have religious differences, many people do marry outside of their religion and go on to have happy and healthy relationships.

However, most of them aren't A-list celebrities who live a very public life while one of them is strong-arming the other about the beliefs of the secretive practice of Scientology. In this case, Cruise's religious beliefs and intention to have Suri attend a Scientology "boot camp," according to *The Sun*, may have been more important than the views of his catholic-raised wife, Katie.

"I encourage my clients to be very open and to not have a laundry list," Laurent says. "Ultimately, if you're going to find the right match and not waste your own time or the other person's time, you have to be very honest about what's important to you."

With Katie now on the singles market, everyone is left guessing who she'll date next. It's definitely too early to tell, but Laurent says that she's always seen Katie with someone who is "more mellow and chill."

"I see her being with someone who has more of a laid back approach to their relationship because I feel like that will really let Katie shine." As for Tom, "Definitely a Scientologist," Laurent says with a laugh. "She needs to be very type-A and a perfectionist – someone with the same level of intensity as he has."

**Related:** [Heidi Klum and Seal: Marriages Don't End Overnight](#)

Of course, neither Holmes nor Cruise should dive back into the dating world any time soon. For the time being, their primary focus should be on their six-year-old daughter, Suri. "Anyone going through a divorce with children needs to be very sensitive to figuring out how this new dynamic is going to work. No matter what happened, Katie and Tom still have to be a team for Suri's sake," Laurent explains.

When she's not setting up her clients or analyzing other people's relationships, Laurent has her own love life to sort out. As viewers will see on this season of 'Miss Advised,' she



gives romance a shot for the first time in a long time. “I end up having a few great dates where I can finally relax and enjoy it without being totally type-A and trying to control everything. Maybe I should date Tom!,” she chuckles.

“Obviously, there are things that I still struggle with throughout the show,” Laurent adds. “But I will say that there is someone who I see a few times who is a really amazing guy. I’m kind of excited for my dating future – maybe there is hope for me.” As fun as it may look, Laurent notes that this show provides a great opportunity for viewers to learn from her mistakes and improve their own love lives.

**Related:** [5 Ways Playing Hard to Get Can Damage Your Love Life](#)

Laurent is releasing her first book next month, ‘8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.’ “It’s very easy for me to coach my clients and give them the rules that work. But it’s very hard for me to follow my own guidance, and that’s where I got the inspiration to write this handbook,” she explains. “It’s a girl’s dating bible that really breaks down, step-by-step, the first eight weeks after meeting someone new.”

She adds, “I started writing this book in the middle of shooting ‘Miss Advised’ because I recognized that no matter who you are – whether you’re a matchmaker, a teacher, whoever – everybody needs a support system. It’s been helpful for me – I realized that my rules really work!”

*Check out Laurent via her Web site, AmyLaurent.com Twitter or Facebook, and be sure to watch ‘Miss Advised’ on Mondays at 10/9c on Bravo. Also, keep your eyes open for her new book ‘8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.’*

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# EXCLUSIVE: The 'Hollywood Ex' of Will Smith, Sheree Fletcher, Says, "I Never Should've Filed For Divorce"



By Bernadette McCadden

In the first season of 'Hollywood Exes,' which premiered on VH1 on Wednesday, June 27, viewers will see the real life of Mrs. Sheree Fletcher – not to be mistaken for that of ex-Mrs. Will Smith. In the season premiere, Fletcher goes to dinner with the other cast members, where she meets Andrea Kelly, the recent divorcee of R&B artist, R. Kelly. Kelly desperately seeks advice from the other women about how to get through the hurt of a break-up, and Fletcher encourages her to focus on her kids – something that she did in the wake of her

own divorce.

Smith and Fletcher, who divorced in 1995, had one son together, Willard Christopher Smith III, better known as Trey, who is now 19 years old. Looking back on it, Fletcher realizes she had been naïve about marriage, forgetting that it takes hard work to keep a relationship strong. “I went into that marriage with false expectations of what marriage should be. I thought I would be happy every day; I didn’t know there would be up’s and down’s,” she shares. “Based on my situation with Will, I never should’ve filed for divorce. It wasn’t that bad, it wasn’t that serious.”

The divorce took a toll on Fletcher, who now understands that no matter what, after a divorce, you have to give yourself time to mourn. You can’t just ignore the heartache and rush into another relationship. She says, “I went to a therapist; I cried, I cussed and I screamed. It was a safe place. She made me think, and she made me do the hard work necessary to overcome the pain.”

**Related:** [Rachel A. Sussman Helps Us Recover After a Break Up in ‘The Break Up Bible’](#)

For Trey’s sake, Fletcher and Smith have remained friends. In fact, the two families have even spent Christmas together, just so Trey wouldn’t feel bad about choosing one parent over the other. So how does Fletcher’s current husband Terrell feel about this arrangement?

“Terrell absolutely loves Will and Jada, and we all get along well. It wouldn’t have worked otherwise. I needed someone who would be on the same page as us and put my child first,” Fletcher explains. “I felt so guilty after the divorce, like I did my child a disservice. I needed to forgive myself and then become a good co-parent with Will to ensure that Trey remained the priority. Terrell completely understood.”

The two have been happily married now for over a decade.

Fletcher's husband is a pastor at Hope International Church in San Diego, California, where she also works. As seen on 'Hollywood Exes,' the couple only get to see each other a few days a week because her primary residence is in Los Angeles, not San Diego. "Because we're in different cities, it can be easy to get caught up in your day, so we always make the effort to stay connected," she says.

**Related:** [Making the Most of Your Long Distance Relationship](#)

So when they are together, what is their favorite thing to do on a date? Go to the movies!

"We're simple people," Fletcher says. "There's this movie theatre called iPic in Pasadena, California. We drive thirty miles just to go there because they have these big plushy seats, and you push a button to order food! They'll bring you lamb chops and filet mignon sliders – it's very gourmet!"

*You can catch Fletcher on 'Hollywood Exes,' which airs on Wednesdays at 9/8 CT on VH1.*

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**EXCLUSIVE: Bachelor Contestants Ann and Jesse Csincsak Defend Their Family By Appearing on Discovery Channel's 'American Guns'**



By [Whitney Baker](#)

According to recent polls, twenty-three percent of females now own a gun – up from thirteen percent in 2005. However, plenty of women are still fearful of this powerful weapon. Ann Csincsak, 'The Bachelor' Season 13 contestant and wife of 'The Bachelorette' season 4 winner Jesse Csincsak, knows this feeling all too well.

“I grew up in a ‘no gun home,’” Ann says. “We strongly believed in the right to own firearms but never did so ourselves. Until my late twenties, I had never even touched a gun.”

This all changed when the couple faced a string of robberies in their neighborhood. Ann and Jesse agreed that with a sixteen-month-old son at home, it was time to decide how they would best defend their family but the happy couple disagreed about keeping a gun in their home. That was until they met up with Rich Wyatt, owner of Gunsmoke and star of the Discovery Channel series 'American Guns,' who lives near the Csincsak's in Wheat Ridge, Colorado. Ann and Jesse opted to take Wyatt's three-day self-defense course, which was filmed for the

reality show.

**Related:** [‘American Guns’ Meets ‘The Bachelor’](#)

As viewers will see on this week’s episode, Ann was hesitant about buying a pair of handguns when they arrived at Wyatt’s store. But, her hesitancy soon turned to confidence when she ended up with the fastest draw time in the class. Not only that, but despite her fear of guns, Ann even beat out Jesse in a shooting competition.

“Because of this experience, I now understand the importance of being able to protect yourself,” Ann says. “Women are more vulnerable to attacks, so you have to be prepared to take care of yourself and your [children](#), no matter what the cost.”

**Related:** [Bachelorette Episode 6: The Dos and Dont’s of Trusting Your Gut](#)

Knowing how to handle a gun with confidence is a valuable skill to have, especially for single women who may live alone or be looking for love in today’s digital dating world. Of course, facing your fear is only the first step. To combat any uncertainty, Ann strongly recommends taking a gun education class.

“Carrying a gun or even just owning one will always make me a little uncomfortable, but the benefit of having one far outweighs the fear,” she says.

*Watch ‘American Guns’ this Wednesday at 10 PM/9 PM CT on the Discovery Channel to see what happens when Ann and Jesse meet Rich and his family at Gunsmoke.*

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# EXCLUSIVE: 'Teen Mom' Farrah Abraham Says "I Want a Man Who is the Guy Version of Me"



By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.' Furthering her success, she recently announced her partnership with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended,' which is due later this summer.

However, she says she won't let her fame get in the way of her

relationship with her daughter. “Nothing hinders me from being a great mother,” she says. “I will always use my accomplishments to help others and to find more worthwhile projects for myself.”

**Related:** ['Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter](#)

The “Momtrepreneur,” as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named ‘Mom & Me.’ Her motivation, she says, always comes from within: “If you have drive to make a comfortable life for yourself and your family, make no excuses and take action.”

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the ‘Teen Mom’ premiere, she visits the grave of Derek Underwood, Sophia’s father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn’t want to force herself into finding love and tries to think it through before she says yes to a date. She explains, “Now, I only go on dates if I really like someone, rather than going on dates just because.”

Of course, she has certain criteria that she looks for in a man. It’s important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. “If a guy cannot fit in my life naturally, then I don’t know how he can ever really be a part of it,” she says.

Even so, she emphasizes that her success won’t get in the way of dating. “I want someone who is basically the guy version of me,” she reveals. “He needs to work hard and have a good sense of humor. It’s important that he is intelligent, friendly and



family-oriented too.”

**Related:** [Five Top Tips On How To Find “The One”](#)

Dating as a single mother is challenging but Abraham says that honesty makes it easier. “I’ve learned from other dates that it’s best to say you have a child up front, she says. “Guys look at me differently when they think I’m single and twenty-one.”

For single parents looking to date, her advice is “Stay true to who you are!” And for those people dating a single parent, she begs that they “be understanding of the time the parent needs to spend with their child.”

Although she knows what she wants when it comes to finding the right man, she reveals that we won’t see much of her dating on this season of ‘Teen Mom.’ Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, “Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!”

While she’s ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of ‘Teen Mom’ and believes that they’ve helped her make it this far. “It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true,” she shares. “Everything is at your fingertips – you just have to put your best effort forward to make it happen.”

*You can catch Abraham on season four of ‘Teen Mom,’ which airs on Tuesdays at 10/9CT on MTV. You can also follow her on [Twitter](#) or [Facebook](#). To pre-order her book ‘My Teenage Dream*

Ended,' [click here](#).

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# EXCLUSIVE: 'Bachelor Pad 2' Winner and Newlywed Holly Durst Tells Us About Her "Perfect" Wedding and Honeymoon



By Whitney Baker

Fans know Holly Durst as the bubbly winner of 'Bachelor Pad 2,' but now, she's content just being a newlywed. Durst and Blake Julian, who met while competing on the reality show, tied the knot in South Carolina on June 2, 2012. The big day was perfect and more than she ever imagined. "I'm so happy! I

love married life. It's just the best," she gushes.

Durst says her best piece of advice for brides-to-be is to hire a wedding planner. She adds, "I planned my whole wedding on Pinterest. I wanted to make sure that I remembered all of the little things."

For Durst, it was those small details that made the day so special. Even her wedding dress had a personal touch. She always thought she'd wear a Cinderella gown, but she tried "so many of them on and always felt overwhelmed." Her final pick, however, was the perfect fit. "It elongated my already long body. I made it my own by removing the rhinestones and adding a sash."

**Related:** [Exclusive: Bachelor Pad 2 Winner Holly Durst Plans Honeymoon in St. Lucia with Fiancé Blake Julian](#)

Surprisingly, Durst's favorite moment of her wedding happened *before* the ceremony. "Blake and I both were in the same room, but we couldn't see each other – there was a wall in between us. We got to reach around and pray together right before the wedding," she reveals.

Even though Durst was the star of the show, she wanted to make sure that her guests felt loved too – especially the single ladies. She added a personal touch to the bouquet toss, making the lucky girl who caught it feel even luckier. "I wrote a little note and stuck it in the flowers," she shares. "I told her to be patient, and when she finds love, it's going to be perfect. I hope that, someday, she experiences the same love that I have with Blake."

As for their honeymoon in St. Lucia, Durst says, "It was so good! I didn't want to come back."

The couple took a very practical approach to planning their trip. First, they wanted to stay in the same time zone. She tells us, "We thought about Fiji or Bora Bora, but we would've

wasted so much time traveling. The Caribbean was a perfect choice.”

Plus, Durst let Julian make most of the decisions. “He actually did all of the searching, and I just okayed things,” she says. “I planned a wedding, so I let him plan the honeymoon!”

During their time in St. Lucia, the couple enjoyed the amenities at an all-inclusive resort. They signed up for “everything” – pool and beach volleyball, paddleboard racing, ping-pong. They even rallied the other honeymooners into playing too. Durst explains, “One day, we left the resort and did an excursion around the island. We came back, and everyone was like, ‘No one did anything today because you guys weren’t around!’ We were the ones grabbing other people to join.”

Now that they’ve returned from paradise, it’s back to reality. As they settle into life as man and wife, they are keeping busy. According to an interview with Wetpaint, Durst, who has no desire to film her love life for reality television anymore, revealed that she would love to be a judge on ‘Bachelor Pad 3.’ However, when we asked her about any upcoming plans to do so, she simply replied, “No.” Perhaps she changed her mind when ABC announced that ex-fiancé Michael Stagliano would be one of the cast members.

As for tuning in to watch the show? Durst hesitantly replied, “We’ll see. I have so much to do!”

*You can keep up with Durst on Twitter and her personal website, [HollyDurst.com](http://HollyDurst.com). Be sure to check out her new children’s book [‘Chocolate Socks’](#) as well. Congratulations to the happy couple!*

**Cupid wants to know: Will you be watching ‘Bachelor Pad 3’ this summer?**

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# EXCLUSIVE: Happily Single 'That's My Boy' Actress Abigail Klein Says Love "Will Happen When It's Supposed to Happen"



By Jessica Smith

You may have already caught glimpses of Abigail Klein cheering for the Dallas Cowboys or appearing on the CW Network's *90210*. Now, you'll be getting another peek of her in a role that she hopes will launch her acting career. The rising star, who's been compared to model Brooklyn Decker, still pinches herself when she thinks about playing a bridesmaid in the upcoming Happy Madison film, *That's My Boy*.

As a young actress, she says that she is flattered to be working alongside A-list celebrities, including Adam Sandler, Andy Sandberg, Leighton Meester and James Caan.

“It was insane,” Klein says. “Everyone was so brilliantly funny and wonderful. That was the most pleasing thing, I think, because everyone was so welcoming.”

Klein describes being on set as the “best of both worlds,” especially considering she spent a month in Cape Cod. “It was really cool to work with these amazing actors and then watch them in their everyday lives too.” Klein explains how Adam Sandler had his children on set and how amazing it was to see him go from actor to dad. “Although I play one of the bridesmaids who is there to have fun and take part in the wedding festivities, I also got to observe how all these amazing actors interact both personally and professionally.”

**Related:** [What Role Does Ambition Play in a Relationship?](#)

Her best piece of advice, however, came from costar Meagan Fay. “I remember chatting about how to take on the industry with the right mindset. We talked about people in the industry and how having good qualities for yourself, in your everyday life, translates into your work.

Positive things come from being positive,” Klein recalls. “At the end of the day, it’s a career, and you have to love it. Meagan had a lot of good advice.”

Although her acting career seems to be taking off, her love life remains at a standstill – something that she doesn’t really mind. Despite rumors that she’s dating legendary quarterback Troy Aikman, she claims that she’s “as single as they come.” Instead, she’s focusing on becoming a better actress and going with the flow.

“I’ve always thought of romance as something that will come along when it’s the right time, so for now, I’m focused on

myself and what I'm doing with my life. Everyone says it happens when you're not looking, but I'm at the point where I'm almost hoping it *doesn't* happen," she adds. "I want to focus on my career, and I want to focus on me. I want to experience things by myself."

She also wants to encourage her peers to think about themselves and their own happiness before they start worrying about partnering with another person. "When you do meet that person, you get to share your life and come together and be proud of the experiences that you've had as individuals. Then, you make new experiences with that person," advises Klein. "I think it will happen when it's supposed to happen. I think it should be easy and just feel right."

Don't let her fool you, though. If she landed a role with action star Chris Hemsworth, she might change her mind. "[He's] a big reason why I liked *The Avengers*," she says with a laugh.

**Related:** [Which Avenger Would Be the Best Date?](#)

If Klein had her choice, she would love to make an action film, but for now, the starlet is keeping an open mind. "I'm just excited to take things day by day and see what else is out there," she reveals.

*Don't miss Abigail Klein in That's My Boy, which hits theaters on June 15! You can also follow her on Twitter @abigailklein.*

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## U.S. Women's Soccer Star Hope

# Solo Chats About Her Training and Love Life



By [Whitney Baker](#)

Despite her hectic schedule as she prepares for the 2012 Summer Olympic games, Hope Solo, goalkeeper for the United State's Women's National Soccer team, strives to live a balanced life – both on the field and off the field. When she's not training, she loves being social and enjoying life. As for romance? She is looking for a confident and honest partner, someone who wants the best in everything that they do.

Solo's also partnering with Unilever to promote their Simple Skincare line. As someone with sensitive skin, she understands the importance of a skincare line that she can trust as she travels from city to city.

For a chance to win a trip to Los Angeles and meet Solo, visit



the Escape with Hope Facebook page!

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# Celebrity Trainer Gunnar Peterson Discusses Relationships, Health and his 8-Week Gunnar Challenge



By Nisha Ramirez

Celebrity trainer Gunnar Peterson, is all about keeping celebrities in top shape for when they're on and off camera. For those who are looking to get in shape celebrity-style,

Peterson is debuting a new diet and fitness program called The Gunnar Challenge. The trainer guru says that his 8-week challenge is great for couples and a must for anyone looking to boost their confidence. He doesn't advocate for training couples together, but he did make the point that couples should have mutual fitness goals. By accepting The Gunnar Challenge for yourself first, you can make a dedication to yourself that will yield positive results. The interactive online challenge starts May 21st and Gunnar wants you to accept the challenge for yourself and your love life. Beach season is only a few weeks away, so why not get started?

To find out more about Gunnar Peterson and how you can get involved with The Gunnar Challenge, [www.gunnarchallenge.com](http://www.gunnarchallenge.com).

*For more videos from CupidsPulse.com, check out our YouTube channel.*

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## **Exclusive Interview: Sweet Home Alabama Star Paige Duke Says It's True Love with Jeremiah Korfe**





By Daniela Agurcia

We all fell in love with Paige Duke, the small town girl from South Carolina on season three of CMT's reality dating show, *Sweet Home Alabama*. We interviewed the down-to-earth sweetheart, learning about her experience as the bachelorette and how listening to her heart led her to choose her true love, Jeremiah Korfe.

It seems as if the decision was an easy one for Duke; she connected instantly with the country boy. It was love at first sight: Korfe was physically her type, and they clicked from the start. In fact, on the first day of meeting the guys, she wrote a letter to her mom and said, "And then there's Jeremiah. He's the only one I can't stop thinking about, and it scares me." Fortunately, the feelings were mutual. Korfe even snuck love letters into Duke's boots, telling her how much he admired her.

**Related: [Cupid Exclusive: Former Bachelorette Winner Jesse Csincsak Gives His Take on the Season Finale](#)**

Even though a lot of fans rooted for Duke and Bubba Thompson to end up together, nothing could keep fate from taking its course. Duke shares, "Bubba is an amazing, awesome guy, but I never felt the spark or chemistry with him. Yes, I want him to be in my life forever, but you can't make your heart feel something it doesn't feel."

Duke and Korfe received a lot of criticism once the show ended, but they learned to deal with it. “When one of us would get upset, the other one would get us both back in the right mindset,” she explains.

Thanks to the editing of *Sweet Home Alabama*, the show may have given viewers a different impression of what Korfe was truly like. Even though fans mostly saw his bad boy image, he actually has a sweet side. Duke claims, “People didn’t see anything about the letters. They didn’t see how he would look at me or how long he would hug me.”

When asked what he thought about how he was portrayed on the show, Korfe refuted his image by telling us, “I’m more of the work hard, play hard kind-of guy, and even if I do have a bad boy side, the show made me look more like a whiner, lonesome guy than a bad boy.”

What seems to have saved Duke and Korfe’s relationship is that they stayed true to their hearts. Duke, a true believer in finding the perfect one, gives us her insight on following your heart, saying, “Gosh, if you don’t follow your heart, you will always live with regret. So what if things don’t turn out like you thought? You still never regret something that once made you smile.”

**Related:** [Reality Stars Who Found Real Love](#)

As for the most important thing to focus on when starting a new relationship, Duke shares, “Honestly, once the must-haves on your list are checked off – things like the same morals and values – and you’re able to create a solid foundation for your relationship, I’d say that the butterflies and feelings that come from a new relationship are most important. That’s especially hard to find as you get older.”

“After I was hurt a few times, I never thought I’d feel so excited or get butterflies over a guy. I became sort of jaded and closed off. I didn’t want anyone to ever have the power to

hurt me,” Duke adds. “I had been waiting a long time to feel what I felt with Jeremiah.”

The sweet, southern belle and country boy were a perfect match from the start, and since the end of the show, their relationship has only become stronger. Duke and Korfe are a great example of pushing everything else aside and following your heart, having overcome much criticism to ultimately find true love. As long as the feelings are real, maybe finding love on a reality show is possible after all.

Duke made it clear that she truly believes there’s someone out there for everyone, sharing these inspiring words: “I don’t think people should settle just for the sake of not being alone. It’s cliché, but don’t find the one you can live with; find the one you can’t live *without*.”