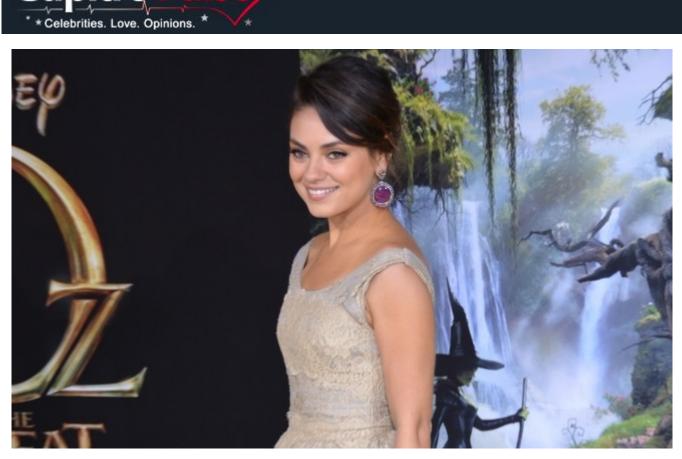
# Mila Kunis Hits Red Carpet 4 Months After Having Celebrity Baby, Talks Raising Kids



By Delaney Gilbride

Cupid's

In <u>celebrity news</u>, <u>Mila Kunis</u> looked absolutely *stunning* as she hit the red carpet for the first time after giving birth to her baby boy, Dimitri, in November. According to <u>UsMagazine.com</u>, the actress spoke to STX films about her new life as a mother of two while promoting her newest film A Bad Mom's Christmas at CinemaCon in Las Vegas claiming, "It's different, [Dimitri is] also 3 months old, so you forget what sleepless nights are like. I remember, guys, in case you're wondering." Back in May, Kunis spoke about her family life during a <u>celebrity interview</u> with <u>Entertainment</u> Tonight claiming that her and husband <u>Ashton Kutcher</u> were pretty selfish before starting a family: "I think having a kid made me realize how incredibly selfless I want to be. It does change the way you think and look at life. I would never trade it for the world." The <u>celebrity couple</u> are also parents to two-year-old daughter, Wyatt.

This <u>celebrity baby</u> boy makes two kids for Mila Kunis and Ashton Kutcher. What are some ways to keep the spark alive in your relationship when you have kids?

#### Cupid's Advice:

Being a parents is as much rewarding as it is draining, so it may be hard to keep the romance alive between you and your partner after you have kids. What are some ways to change this? Cupid's here to give you some love advice:

1. Have a date night at least once a week: It's important for you and your love to have some alone time after having kids. This doesn't make you selfish; if anything it's best for the whole family. This way you and your love will be able to relax, have a little fun, and be refreshed and ready to tackle another week with the kids.

**Related Link:** <u>Celebrity Baby: Kim Kardashian Reveals Plans to</u> <u>Have Third Child with Kanye West</u>

2. Make time every day to talk: Having a kid makes your life hectic, especially if you have more than one. This means a majority of your time becomes devoted to taking care of your children rather than spending quality time with your significant other. Make *sure* that no matter how busy your day has been, that you and your love spend some time and talk with one another.

**Related Link:** <u>Celebrity Baby: Jared Padalecki & Wife Genevieve</u> <u>Cortese Welcome Baby Girl</u>

3. Take advantage of nap time: Although it may not last long, nap time for your kids means romance for you and your boo! No matter what you plan to do with those couple minutes, nothing beats some alone time with your love. Everyone needs a break every now and then.

Do you and your significant other have kids? Comment below with how you keep your love life going strong!

# Celebrity News: Mary-Kate Olsen's Transformation From Tabloid Queen to Happy Homebody





By <u>Delaney Gilbride</u>

In <u>celebrity news</u>, it looks like *Full House* alum Mary-Kate Olsen has gone from actress, to fashion designer, to a happy homebody! Way back in the early 2000's, Mary-Kate and her twin sister Ashley Olsen were taking over tabloids left and right in relation to some good and bad publicity. The two were known for their clothing lines such as The Row and Elizabeth and James while Mary-Kate was being targeted for feuds and her treatment for anorexia back in 2004. The same year the 30 year-old actress retired from acting, Olsen started dating 47 year-old Oliver Sarkozy, half brother to former French President Nicolas Sarkozy. According to <u>EOnline.com</u>, tabloids labeled their relationship "grotesque" and "twisted", leading the couple to keep their <u>celebrity relationship</u> under wraps. In a <u>celebrity interview</u> with NET-A-PORTER.com magazine, Olsen opened up about her surprise marriage with Sarkozy back in November 2015 and life at home with the family saying, "I have a husband, two step-kids and a life; I have to go home and cook dinner. I run on the weekend. You find the thing that helps you relax and if you don't have it, you have to look for it."

### This <u>celebrity couple</u> is finally owning their relationship and we couldn't be happier! What are some ways to be unapologetically YOU?

Cupid's Advice:

Being yourself can be hard when you have people constantly monitoring and judging your every move — just ask Mary-Kate Olsen. It has us wondering, how can we be unapologetically ourselves? Cupid's here with some quick tips:

1. Stop caring about what people think: This is the main reason why people are afraid to be themselves; there's judgement *everywhere*. Why should you care what other people think when they're insignificant to you? YOU are the source of your own happiness, you don't need anybody else to be the judge of that!

Related Link: <u>Celebrity News: Eva Mendes Opens Up About</u> <u>Raising Daughters With Ryan Gosling</u>

2. Surround yourself with people that love you for who you are: This way you'll have no problem being yourself! There's no reason to give your time and energy to people who want to try and change you. Spend your time with quality people who wouldn't want to have you any other way than the way you genuinely are.

**Related Link:** <u>5 Most Romantic Celebrity Couples</u>

**3. Learn to love yourself:** In order to be unapologetically you, you have to learn to love yourself for everything that you are. You're perfect from the inside out, you just have to realize it! Once this step is done you wont have a problem being you for the rest of your days.

Are you unapologetically yourself? Comment below with some ways that got you to where you are now!

# Celebrity News: Eva Mendes Opens Up About Raising Daughters With Ryan Gosling





By Delaney Gilbride

In <u>celebrity news</u>, actress Eva Mendes is all about that family life! In a recent <u>celebrity interview</u> with *Shape* magazine, the 43 year-old actress opened up about her home life with handsome husband Ryan Gosling, 36, saying, "What people don't know about me is that I love being home. Instead of hitting the red carpet, I'd rather be with our girls." The <u>celebrity</u> couple are parents to their two daughters Esmeralda, 2, and Amanda, 10 months, and it looks like they couldn't be more in love with their little family! According to <u>UsMagazine.com</u>, the actress also shared her struggle with losing extra baby weight, but it looks like her kids might be helping her out as she said, "It's not as hard as I thought it would be, because I'm always running around with the kids. I never sit down — I'm on the move all day."

### This celebrity mom has no problem being home with her <u>celebrity kids</u>. What are some benefits to being a stay-at-home parent?

#### Cupid's Advice:

Chances are that when you have kids you're never going to want to leave the little munchkins! So, if you're able to be a stay-at-home parent, what are the advantages? Cupid's here to tell you all about it:

1. If there's every an emergency – you'll be there: If you're a stay-at-home parent you'll be able to act on any emergency immediately. You wont need to be worrying about what could happen to your kids while you're stuck behind a desk at work. You'll be right there ready to handle whatever is thrown at you!

**Related Link:** <u>Celebrity Baby News: Natalie Portman Gives Birth</u> to Daughter Amalia Millepied

2. It's economically friendly: If you're able to rely on only one partner for your income, being a stay-at-home parent can

help save a lot of money in more ways than one. You'll save on gas, car maintenance, and most importantly child care. All of those things are bound to add up if you're working away from home.

**Related Link:** <u>Celebrity Baby: Tori Spelling & Dean McDermott</u> <u>Welcome Fifth Child, a Baby Boy</u>

**3. You'll have a constant routine:** If you're staying at home with your kids you don't have to worry about being pulled out of meetings or being late to work because of your hectic life at home. You'll be able to have a normal routine at home that most likely won't change too often.

Are you a stay-at-home parent? Comment below with some of its pros!

# Celebrity Baby: Tori Spelling & Dean McDermott Welcome Fifth Child, a Baby Boy





By Delaney Gilbride

In <u>latest celebrity news</u>, <u>celebrity couple</u> Tori Spelling and Dean McDermott welcomed the newest member of their family on Thursday, March 2. It's a beautiful baby boy! Beau Dean McDermott was born at 1:48 pm weighing 5 lbs., 12 oz. measuring 18 1/2 inches long. According to <u>EOnline.com</u>, the former <u>Beverly Hills</u>, <u>90210</u> actress took to Twitter later that night introducing her new baby boy to the world by posting a photo of his tiny hand. Following the birth of their child, the couple conducted a <u>celebrity interview</u> with <u>People</u> <u>Magazine</u> expressing their excitement over the family's newest member: "We are over the moon in love with baby Beau. He is a true blessing and his brothers and sisters were overjoyed to meet him! We are all truly grateful for our big beautiful and healthy family." Congratulations Tori and Dean!

# This <u>celebrity baby</u> joins four older brothers and sisters. What

#### are some advantages to having multiple children with your partner?

#### Cupid's Advice:

It looks like another celebrity baby has made it's way into the world; the more the merrier! The McDermott's are loving their growing family and it has us thinking, what are some pros to having more than one child? Cupid's here to help you out:

1. Your kids will always have a playmate: By having more than one child, your kids will never be bored. They'll grow up always having someone to play with, someone to lean on, and someone to learn lessons with. It also doesn't hurt that you and your partner will be able to have more alone time as your kids will be busy playing together.

**Related Link:** <u>Celebrity Baby: George & Amal Clooney Will Avoid</u> Dangerous Travel During Pregnancy

2. You'll get your money's worth: Preparing for your first baby is expensive; after they've grown out of their clothes, toys, and strollers what are you supposed to do with them now? Having another child puts all of those materials back in use again. You'll also be able to spend less money the second time around now that you know whats necessary for a baby and what's not.

**Related Link:** <u>Celebrity News: Mandy Moore Wants to Have Kids</u> <u>'Sooner Than Later'</u>

3. It gets easier the second time around: This time around you'll know what to expect; you're basically a pro at this whole pregnancy thing at this point. Bringing your second child into the world will be much more relaxing because you've

already done it once before. Plus, you already have the skills to continue on being super parents!

Do you have multiple children? Comment below with reasons why you love having a big family!

# Celebrity Wedding: Newley Engaged Kirsten Dunst Opens Up About Wedding Planning with Jesse Plemons





#### By Delaney Gilbride

In <u>latest celebrity news</u>, it looks like *Fargo* co-stars Kirsten Dunst and Jesse Plemons are in no rush planning their <u>celebrity wedding</u>. During their first outing as an engaged couple at the 2017 Independent Spirit Awards this past Saturday afternoon, Plemons told *Eonline.com* that the two are "taking it somewhat slow," proclaiming that they'll "find the time." During a second <u>celebrity interview</u> with *Eonline.com* at the 2017 Oscars, Dunst teased a wedding date saying, "Maybe next Spring." The duo's relationship was kept mostly to themselves until they were seen kissing in May 2016. Now, not even a year later, Dunst has no problem showing off her new engagement ring ... and we couldn't be happier!

### This celebrity wedding-to-be should be great, when the time comes. What are some reasons to take the wedding planning slow?

#### Cupid's Advice:

Celebrity weddings are always exciting. We can hardly wait! Although we may be antsy for a wedding date, it doesn't look like this celebrity couple is in any rush. It begs the questions, what are some pros in taking wedding planning slow? Cupid's here with some <u>relationship advice</u>:

1. If you're really in love, there's no rush: There's no reason to rush a wedding if you're truly in love! There's no shame in taking your time when planning your wedding. This way you both have a stage to really talk about what you both want your wedding to be like; planning takes time!

**Related Link:** <u>Celebrity Break-Up: Kylie Minogue & Fiancé</u> Joshua Sasse End Engagement 2. Being engaged is fun: Being engaged is such an exciting moment in your lives, so why rush it? A happy marriage will last forever but your engagement is only a small blimp in you life... you should make it last! Enjoy the honey-moon, headover-heels phase for as long as you can before you decide the time is right to tie the knot.

**Related Link:** <u>Celebrity Couple News: Gwen Stefani Gushes Over</u> <u>'Love' Blake Shelton</u>

**3. Don't rush your perfect wedding:** When it comes to every aspect of your wedding, don't you want it to be perfect to the last detail? If you plan your wedding too quick you may overlook some things that you'll regret in the future. Make sure your wedding is perfect by taking it slow!

Are you in the midst of planning your wedding? Let us know how you and your beau are planning it by commenting below!

'Martha & Snoop's Potluck
Dinner Party' Producer
SallyAnn Salsano Talks About
Her Hit Reality TV Shows &
Possible 'Jersey Shore'
Revival





Interview by Lori Bizzoco. Written by Delaney Gilbride.

The queen of reality TV, <u>SallyAnn Salsano</u>, has taken VH1 by storm and is back and better than ever! The self-made American television producer is the CEO and president of 495 Productions, which launched in 2006 and has been a success ever since. Salsano has produced a number of widely-loved television shows, including MTV's <u>Jersey Shore</u> with its equally successful spin-off *Snooki & JWoww*. The entrepreneur has also produced popular reality TV series such as *Friendzone*, *Party Down South*, *Blue Collar Millionaires*, and the new VH1 show that everyone has been raving about, *Martha & Snoop's Potluck Dinner Party*.

### Celebrity Interview with Reality TV Producer SallyAnn Salsano

In our recent <u>celebrity interview</u>, Salsano opens up about the idea behind her latest project. She had collaborated with VH1 in the hopes of creating a new, unique show that viewers would

fall in love with — and boy, did they! When speaking about the birth of *Martha & Snoop's Potluck Dinner Party*, Salsano says the new president at VH1 asked her what kind of show she had been dying to create. She answered the question with an immediate response: "I would *love* to do a crazy, energetic celebrity cooking show," which everyone at VH1 jumped right on board with. When going back and forth about who they wanted to co-star in the show, Salsano tells us she asked the room, "Why are we even discussing other people? I think Martha Stewart and Snoop Dogg would be the best show ever."

#### **Related Link:** <u>Celebrity Interview: 'Ex Isle' Executive</u> <u>Producer SallyAnn Salsano Talks Reality TV</u>

After discussing the idea with the world-renowned chef, 495 Productions reached out to the rapper, but when they called him, he had already known about the show through Stewart. "They really are friends," says Salsano. "It's such an honor working with them." Salsano relates the mega-stars to those on another one of her shows, CNBC's *Blue Collar Millionaires*, by expressing how they started out just like every other aspiring blue collar worker: as entrepreneurs. "Even now, at this stage of their careers, they don't take it for granted," she adds.

Feeling inspired by the reality TV stars of her many shows, Salsano shares an important piece of career advice, saying, "You don't have to be a rapper or an NBA star to make it big. You just have to have an interest in something, dedicate yourself to it, and be good at it. And sometimes, loving your job, regardless of what it is, is enough."

Martha & Snoop's Potluck Dinner Party is the number one rated non-sports cable program in its time period with over three million viewers after only the second episode was released. Plus, it's already been renewed for a second season. Salsano believes that the reason why the reality TV show is such a hit is because the duo makes the show extremely fun-loving and humorous for people of all ages.

She adds that the show has an underlying message of, "Come on, everyone – knock it off. We can all get along." The renowned rapper and famous chef continue to cross generations and demographics with their <u>celebrity relationship</u>. People may wonder how they can be friends, but as Salsano explains, "When you look at who they really are as people, you come to realize that they have the same interests and the same sense of humor." It doesn't get any simpler than that.

Related Link: <u>Relationship Advice: Stay True to Yourself</u>

It's no surprise that the reality TV producer loves working on the show. "If Snoop and Martha are on set, I'm on set," she reveals. "It's a fun day." The stars actually have a lot of leeway when it comes to what they want to make in the kitchen. While Stewart makes, well, anything and everything she puts her mind to, Snoop is more of a "home cook" and uses recipes passed down by his mother. As Salsano shares, "He claims his mother always used to tell him, 'You know what girls like? A man that cooks.' And from then on, he has been making his signature dishes, like fried shrimp and catfish, for his family and friends." Great <u>relationship advice</u> from Mamma Snoop!

### SallyAnn Salsano Teases Future Bravo Reality TV Show & *Jersey Shore* Revival

Salsano also talked about her future projects in our celebrity interview. "There's still so much I want to do," she shares. The producer teased us with the notion that her first Bravo show will be coming out in the spring, but she's not able to tell us much more than that she's extremely excited to share it with everyone when the time comes. She also revealed that she's constantly thinking about reviving her past reality TV shows, including *Friendzone*, which is still one of her "favorite shows of all time."

**Related Link:** <u>Celebrity Break-Up: 'Famously Single' Stars</u> <u>Ronnie Magro & Malika Haqq Have Split</u>

Of the continued success of the Jersey Shore stars, Salsano says, "I love it. I get excited for them, watch everything they do, and root them on. I feel like I have a different kind of love for them — I feel like I've known them from birth." She also wants people to know that the stars of the hit MTV show are more than how they're presented on camera. People don't truly see "what great kids they are and what great families they're from."

Given her love for the reality TV stars, we had to ask if she ever thinks about doing a *Jersey Shore* revival. Without skipping a beat, she exclaims, "Like every day! Every show runs its course, but you never know." We've got our fingers crossed!

Be sure to tune in to Martha & Snoop's Potluck Dinner Party on Monday, March 6 on VH1 at 10pm ET. You can keep up with Salsano's many projects on Twitter @sallyannsalsano!

# Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton





By Delaney Gilbride

In <u>latest celebrity news</u>, it looks like <u>celebrity couple</u> Gwen Stefani and Blake Shelton are still loving each other like teenagers! Gwen Stefani, 47, couldn't contain herself when talking about her country-singer boyfriend and fellow coach on The Voice, Blake Shelton, 40, during a celebrity interview on Late Night With Seth Meyers Tuesday, February 21st. According to <u>UsMagazine.com</u>, when Meyers asked about Stefani's romance with the country star, she gushed: "It's so unbelievable. I love Blake. He's the most incredible guy. Everybody loves Blake and that's the thing, there's no way around it. He's just a sparkly, happy, amazing person." The couple had met before working on The Voice in 2014 and have been dating since November 2015. Stefani is returning for the 12th season of the hit show and claims that she is determined to beat her beau this time, declaring: "He's in trouble this season!"

### This celebrity couple is still very much in love. What are some out-ofthe-box ways to show your partner your love?

Cupid's Advice:

If you're still head over heels for your longtime love like Gwen and Blake, you might want to shake things up a bit. Cupid's here to help you show your love in new ways with the latest <u>relationship advice</u>:

1. Revisit your first date: There's nothing like going back to where it all began. Whether it was a restaurant, an art museum, or a simple walk in the park, revisiting the place you went for your first date is a great way to express your love for your partner! When the memories come flooding in, so will a newfound appreciation for your relationship.

**Related Link:** <u>Celebrity Couple Blake Shelton & Gwen Stefani</u> Pack on PDA During Concert

2. Write a love letter: The difference between a quick "I love you" text and a written letter expressing how much you appreciate your boo is staggering. It's been proven time and time again that people express the most gratitude when receiving something physically written than something typed. So, if you're truly looking for new ways to express your love, a written love letter is perfect!

**Related Link:** <u>Celebrity News: Blake Shelton Spends Christmas</u> <u>Eve With Girlfriend Gwen Stefani & Her Kids</u>

**3. Unplug:** One of the best ways to express your love for someone involves putting your phone away, shutting your laptop, and enjoying personal one on one time with them.

Nothing says "I love you" more than truly listening and engaging in conversations with somebody you care about. If you want to show your love, you gotta be in the moment!

Are you in a long term relationship? Comment below with some fresh ways to express your love for one another!

# Celebrity Baby: George & Amal Clooney Will Avoid Dangerous Travel During Pregnancy





By Delaney Gilbride

In latest celebrity news, it looks like Amal Clooney will have to hold off on some of her human rights cases due to her pregnancy that was announced earlier this year. In a recent <u>celebrity interview</u> with *Paris Match* magazine, <u>George Clooney</u>, 55, admitted that he and Amal have "decided to be much more responsible" in regards to traveling. The actor also added that "Amal will no longer go to Iraq and she'll avoid places where she knows she isn't welcome," as she recently took on ISIS for a human trafficking survivor, Nadia Murad. According to <u>UsMagazine.com</u>, the <u>celebrity couple</u> still has multiple safe options to raise their <u>celebrity babies</u> as they have houses in Italy, America, and England. George also went on to explain his devotion to Amal as he said, "People think that we are never together, but we haven't been separated for more than a week." The couple will welcome their twins sometime this coming June.

This couple is taking no risky chances with their soon-to-be celebrity babies! What are some precautions to take when you're pregnant?

#### Cupid's Advice:

Although it must be hard for Amal to put her job on hold, she's already doing everything in her power to protect her babies. It has us thinking, what are some of the best ways to take care of your unborn child? Cupid's here with baby advice:

1. Stay away from seafood: Although fish is one of the best low-carb sources of nutrition for a healthy diet, it could be very harmful for your baby. It's been said that eating seafood during pregnancy could negatively affect your babies development since some types of fish contain very high levels of mercury. Although sushi might be tasty, you gotta put it on hold!

**Related Link:** <u>Celebrity Baby: George & Amal Clooney Are</u> <u>Expecting Twins</u>

2. Be cautious around caffeine: If coffee and/or other caffeine related drinks are a part of your every day life, it may be hard to give up during pregnancy. Although it's still under investigation, scientists have said that caffeine consumption during pregnancy could be related to premature births and other birth defects. It would be best to decrease your caffeine consumption day by day once your pregnancy begins.

**Related Link:** <u>Celebrity Baby News: Beyoncé Announces She's</u> <u>Expecting Twins with Jay-Z</u>

**3. Avoid saunas and hot tubs:** While the previous tidbits about what not to do during pregnancy may have sounded familiar, this one may not be known too well around the pregnant community. Because saunas and hot tubs maintain a temperature higher than the human body, they could overheat your baby leading to defects on their development. Keep your baby happy and healthy by avoiding this!

Are you pregnant? Comment below with some precautions you use during pregnancy to keep your baby healthy!

## Celebrity News: Does Kate

# Hudson Use Dating Apps?





By <u>Delaney Gilbride</u>

In <u>celebrity news</u>, is it true that <u>Kate Hudson</u> uses dating apps? According to <u>UsMagazine.com</u>, the 37 year-old actress opened up about her dating life during a recent <u>celebrity</u> <u>interview</u> with Ellen DeGeneres Friday, February 17th. Hudson explained that "there's a lot of [...] celebrity types on these dating apps, which kind of makes you go, 'Oh, maybe.'" However, don't go looking for the actress on Tinder or Bumble just yet, as the star concluded her thought saying she "[couldn't] imagine" using dating apps. Hudson then went on to explain that she likes to meet guys "the old-school" way, like going up to people and introducing yourself at social venues like Starbucks.

### This celebrity news had us wondering for a minute. What are some positive parts to using dating apps?

#### Cupid's Advice:

Although it looks like some of Hollywood's <u>celebrity dating</u> comes out of dating apps, it doesn't look like we'll see celebrities like Kate Hudson on there anytime soon. But, what are some good things that come from these dating apps? Cupid's here to shine some light on the latest <u>dating advice</u>:

1. It's easy to meet people: Meeting people in the real world can be difficult sometimes, but meeting people on apps such as Tinder is easy! Once you create a profile, it will link you to tons of people in your area. All you have to do is look for people you might be interested in.

**Related Link:** <u>Relationship Advice: The Guy's Guide to Dating</u> <u>Like a Man</u>

2. You know them before you even meet them: When making a profile for your dating app, you add a description of yourself for possible suitors to read through. When looking through people you could possibly date, it's good to know what you might be getting into. This way, you'll have more to talk about during your first date!

Related Link: <u>New Celebrity Couple: Amy Poehler Is Dating</u> Lawyer Benjamin Graf

**3. You have loads of options:** When you're trying to meet people the "old-school" way, it may be hard to find a variety of people. If you're feeling like you keep meeting the same type of guy, dating apps are perfect for you! This way, you'll

see a ton of different people that you'll be able to pick and choose from.

Are you using a dating app to meet new people? Comment below with reasons why dating apps work out in your benefit!

# Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Viewers Can 'Expect a Bit of Everything'





#### By Cortney Moore

If you're a fan of sci-fi and super hero television series, then Lexa Doig is a familiar face! This Filipina and Irish-Scottish actress has played the roles of medical specialist Sonya Valentine on the hit Canadian show *Continuum*, and the fierce Talia al Ghul on The CW's *Arrow*. Most recently, Doig snagged a role in the upcoming drama, *The Arrangement*, which is set to air in March. In our exclusive <u>celebrity interview</u>, Doig opens up about her her part in the new E! scripted series, family life, romance and how she balances it all.

### Take a peek at what Lexa Doig is up to on the *E*! scripted series *The Arrangement* in this exclusive celebrity interview!

E! is at it again with their second scripted romantic drama. The Arrangement is a 10-episode series that follows the journey of an up-and-coming actress who receives a lucrative offer to enter a staged marriage. Doig plays the role of Deann Anderson, who is a producer that aims to make the fake Hollywood marriage work for the sake of story telling. Without giving too much away, Doig says her character is "defined by her relationships with the men in her life, she knows who she is and what she wants to accomplish." The concept of the show explores what goes into making a celebrity brand, and how it affects a star's living. "I think that viewers can expect a bit of everything: there are power plays, personal dramas, intrigue, suspense," teases Doig. Some have wondered whether The Arrangement was inspired by <u>celebrity news</u> involving <u>Tom</u> <u>Cruise</u> and <u>Katie Holmes</u>, but audiences will be able to decide for themselves in a few weeks.

Related Link: <u>Celebrity Interview: 'Hollywood Medium' Star</u>

Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"

Doig is fortunate enough to be married to someone who understands her passion. She is married to fellow actor Michael Shanks, and has learned many lessons from their celebrity relationship. "Honesty, trust and good communication are so, so important in a marriage," Doig explains. She also stresses that it's importance of making time for loved ones. "It seems a bit obvious to say that, but it's shocking how much we forget that and take for granted the people we love." Aside from being a wife, Doig is also a mother of three. She and her husband try their best not to work at the same time, but that doesn't always go according to plan. Doig is fortunate enough to have a supportive best friend and nanny to help achieve her work-life balance. "I have loads of help from lots of different places so I'm quite privileged in that way," she unabashedly says.

**Related Link:** <u>Celebrity Interview: Christina Milian Says</u>, <u>"Homemaker was just mom, and now it's also grandma, it's</u> <u>grandpa, it's stepmom, it's a combination of different</u> <u>people."</u>

Although Valentine's Day has now come and gone, Doig didn't have anything special planned. With 13 years of marriage under her belt, the starlet says she and her husband aren't big on the holiday. "We're a little unromantic that way, but we're both kind of unsentimental so it works great for us. I'd rather randomly do something beautiful or just appreciate and love my husband every day than pick an arbitrary day to go out for dinner and get chocolate," Doig explains. When asked what was the most romantic thing someone has ever done for her on V-Day, Doig recalled a time when a boyfriend sent her on a treasure hunt. She had found his gesture to be "sweet," but it ultimately didn't work out. "I totally crapped on it by waiting until rush hour to drive all over the city, got impatient with his clues and yelled at him." She went on to admit that her impatience is probably why she's no good at romance.

With being a regular on two big network series, you'd think Doig would have her hands full. Despite a busy schedule, Doig continues to practice her craft. She recently finished filming the sixth installment of *The Aurora Teagarden Mysteries* for the Hallmark Movies and Mysteries Channel, and is prepping to shoot the seventh very soon.

For more information about Doig, follow her on Twitter @LexaDoig. The Arrangement is set to premiere on Sunday March 5 at 10 p.m.

Celebrity Interview: Christina Milian Says, "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people."





Interview by Lori Bizzoco. Written by Cortney Moore.

There's very little Christina Milian can't do. She's a performer that can sing and dance, as well as act. These three traits definitely came in handy during her role as Magenta in the Fox broadcast of The Rocky Horror Picture Show: Let's Do the Time Warp Again, which aired on October 18. In our exclusive <u>celebrity interview</u>, Milian opens up about her relationships, Thanksgiving plans, career and what it's like being a homemaker.

### Learn what Christina Milian thinks it means to be a homemaker in this exclusive celebrity interview!

Milian has recently made news with her friendship to celebrity ex <u>Nick Cannon</u>. The pair dated for two years in the early 2000's, but since then have recently been seen hanging out with each other. Milian confirms that they are only friends, saying, "It was good to catch up, it's been over 10 years, so that was a friendship that I always valued." She also says it's been nice experience for them to reconnect as parents, and that it has been fun discussing family life with someone who understands. Is the next logical step getting back together? Milian laughed, saying, "Well you never know, we'll see what happens!"

**Related Link:** <u>Christina Milian Talks New Reality TV Show, Viva</u> <u>Diva Wines and the Status of Her Love Life</u>

Meanwhile, Milian's 6-year-old daughter Violet keeps her on her toes. "Now she lets me know how I should be making the decisions in my life and how we should reschedule my life to make sure she's incorporated in every single part of it," which is something Milian went on to say she loved about her daughter. When asked if Violet had any interest in show business, Milian says she's steering her toward education, but would be supportive of her daughter either way. With regard to raising Violet, Milian says her mother and father were a big help. "It really took a village to raise the household, to keep the house clean and safe, especially around the holidays," she says. Everyone in the Milian home contributes in some way, whether it be serving the table or cleaning up after each other. This especially holds true on Thanksgiving As for family traditions, Milian likes to enjoy her Dav. Thanksgiving in her pajamas and cooking delicious food. "You better make two types of stuffing," Milian jokes in reference to differing palates. If you're ever making stuffing for Milian, make sure it has raisins in it!

**Related Link:** <u>Carmen Milian Talks Reality TV Show and Dating</u> <u>Advice in Exclusive Celebrity Interview: "Love Can Conquer</u> <u>All"</u>

More recently, Milian has partnered with Pine Sol to redefine what a homemaker means. "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people," Milian explains. The initiative hopes to get people to share their stories on social media through #MakersOfHome, to show that other family members contribute to making a home. She is also involved with Pine Sol's charity Together We Rise, which aims to improve the lives of foster children. "This time of year I think it's really great for people to help other people," Milian goes on to add. "Philanthropy is very important to me, especially in the foster care system." Aside from her partnership, she's moved on from her <u>reality tv</u> show to other projects. Keep an eye out for new music in 2017. She also has a role on the new *Fox* show *Superhuman* alongside Mike Tyson and Dr. Rahul Jandial, which will begin to air next year.

For more information about Milian, check out her website, www.christinamilian.com. Follow her on Twitter @ChristinaMilian.

Celebrity Interview: 'Hollywood Medium' Star Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"





Interview by Lori Bizzoco. Written by Kayla Garritano. <u>Tyler Henry</u> is best known as the young, Macaulay Culkin lookalike who talks to spirits of deceased celebrity relatives on his hit reality show, *Hollywood Medium*. Now on a small break from filming during season two, the E! superstar has published his first book, *Between Two Worlds: Lessons from the Other Side*.

Released just last week, Henry's memoir walks us through his journey and talks about the stars he has worked with and the spirits who have come through. "I'm only twenty, so I don't have the longest of memoirs," the California native says with a laugh. "But it does tell my story and answers a lot of those questions that I get on the street every single day." Lucky for us, the majority of the clients he reads are everyday people, not just the celebrities we see on his show.

**Related Link:** <u>Celebrity Interview: Hollywood Medium Tyler</u> <u>Henry Talks Upcoming Season, New Memoir & His Love Life</u>

#### *Hollywood Medium* Reality Star Releases New Memoir

In his exclusive <u>celebrity interview</u> with CupidsPulse.com, the newly-minted author explains how his book will help others understand what it's like to be a clairvoyant. "I think we all have an intuition, and the book covers that idea," he explains. "I always say, getting in touch with your intuition isn't really an additive process; it's a subtractive one. It's about trying to be present and be in the moment."

He adds, "I hope that everyone who reads the book is able to find a sense of relatability in that healing and finds a sense of healing through other people's stories."

While discussing his method for connecting with the other world, he mentions that *Between Two Worlds* can teach readers how to channel spirits themselves, "We all have this inner intuition and a capability to connect information and find a deeper sense of guidance in our own lives," Henry shares. Given that his waiting list for readings is 100,000 people deep, buying his book and learning to channel spirits on your own may be a lot faster.

When asked if his mother came with him on his East Coast book tour, the reality star laughs while rolling his eyes and waving his hand. "No, I left her home," he says. Anyone who has ever watched the show knows that Henry's mother plays a very important role, driving her son from place to place for readings and often times getting starstruck when she hears which celebrity he just had the privilege of meeting.

An only child, Henry tells us after our celebrity interview that he has finally moved out of his parents' home and bought a home of his own in Malibu. Then, he adds, "Now, my parents live with *me*!"

Related Link: Celebrity Interview: Hollywood Medium Tyler

<u>Henry Talks About His Near-Death Experience & Biggest</u> <u>Celebrity Crush!</u>

### Tyler Henry Talks About His Career as a Medium in Celebrity Interview

Henry has read everyone from Sarah Paulson (his first offcamera celebrity reading!) to Jaime Pressly and Boy George and is now known as a celebrity himself. In fact, having previously read the Kardashians, he was recently contacted by Kris Jenner to help the family identify the person responsible for Kim's robbery during Paris Fashion Week. Sources have reported that he refused to help. However, Henry says that he has helped families connect with members who have gone missing. "I would like to do more of that," he admits. "It's something that is very sensitive, and I think that there's a way to do it."

The reality star never knows who he is reading until he shows up at their home, and even then, he sometimes doesn't know who they are or what they do — and he actually prefers it that way. "I don't get starstruck. I don't get distracted," he shares. "Fundamentally, it just feels like two people connecting on a very deep soul-to-soul level."

Even at such a young age, Henry knows that being a medium is his calling and is something he will do for the rest of his life. "This is fundamentally what I'm meant to do," he passionately says.

For others still searching for their life path, he adds this piece of valuable advice: "If we can follow our calling in being compassionate, being caring, helping the world, and enjoying ourselves along the way, then anything is possible."

If you want to inquire about a reading, you can visit

Tyler's <u>website</u>. Catch the rest of season two of Hollywood Medium on E!, starting in January 2017. You can keep up with Tyler on Twitter and Instagram @tyhenrymedium and on <u>Facebook</u>.

# Celebrity Interview: Chloe Lukasiak Talks 'Dance Moms': "I'm Kind of Doing My Own Thing Now"





Interview by Lori Bizzoco. Written by Kayla Garritano.

From the age of two, Chloe Lukasiak knew she wanted to step foot on the dance floor, only to dance her way into fame. She starred in the first four seasons of *Dance Moms*, but this blonde performer has recently left to further her dance career with her self-titled channel, *Chloe on Pointe*, on *Ownzones.com*. Now working on season two, the 15-year-old dancer has much to share in this exclusive <u>celebrity interview</u> with CupidsPulse.com on what's ahead in the upcoming season, as well as life after leaving *Dance Moms*.

### In our celebrity interview, Chloe Lukasiak opens up about her career and gives some advice for young girls following their dreams.

Lukasiak's proven that she can handle being on her own. Her channel, which focuses on dance tutorials, also provides fans insider exclusives on her life through vlogs, and even offers beauty DIYs. So it's no surprise as to why Chloe on Pointe was renewed for a second season with the great content she's uploaded thus far. When asked why she wanted to create her own show, Lukasiak responded with, "I thought this would be a great way to teach, and give fans a look into the dance life. They can learn with me." This move to Ownzone has also helped Lukasiak gain new skills, which she appreciates because she's been exposed to things she's never tried before. Such as helping choreograph and teach her own dance solo! Being able to create, perform and teach has turned Lukasiak into a triple threat to be reckoned with. You'll be able to see the solo on her channel within the next couple of weeks. "I'm hoping that people really like it," she says.

#### Related Link: Date Idea: Dance the Night Away

Despite all her success, Lukasiak took a moment to reflect on

how her career started. She left Dance Moms after season four, when instructor Abby Lee Miller made negative comments on her appearance and said her routine was a "hot mess." But instead of crying about it, Lukasiak says she's doing her own thing now and acknowledged that she hasn't kept in contact with her former dance teacher. She went on to mention that she still talks to a few of the girls here and there, but everyone has their own lives and busy schedules. "It's just hard to keep in touch with everyone, since our schedules have taken us different places." However, she admits to being close with Paige and Brooke Hyland, who were also on the show and left at the beginning of season four. As far as other experiences she had on the show, Lakasiak opens up about how it's had a lasting effect on her. "I was nine, and I left when I was about thirteen, so I grew up really fast in that environment." She goes on to say that the show helped her come out of her shell and overcome her shyness. However, it is clear that Lukasiak is staying away from her past as best as possible. In recent weeks, there has been talk about canceling Dance Moms season 7. Responding to the news, she says, "I guess this might be the end of Dance Moms." She was also unaware of the rumor regarding Kendall Jenner joining the show, which she thinks would be a strange and interesting change.

#### Date Idea: Date Idea: Beat of the Music

Now that Lukasiak is occupied with her channel, dance and other exciting events, it's hard for her to make time for friends and school. When asked how she balances her responsibilities and fun, she responded with, "You have to figure out what's important and what's not important. It's about what you do with your time and how you handle it efficiently." She mentions that she focuses a lot of time on school, but stresses that it's important to be social and hang out with your friends. Lukasiak also shares some advice for young girls who are looking to dance competitively: "Do what makes you happy, because at the end of the day, you are your own person. If you're not happy, then something's wrong. Remember at the end of the day you're just getting a trophy," she jokes.

What can we look forward to seeing from Lukasiak? Aside from a potential Christmas special on her channel, she will appear in two upcoming movies. She's also been thinking about college and what she will do with her life. "If I had to guess, I'd still dance, but I don't know if I could study dance."

You'll be able to find Chloe On Pointe on <u>Ownzones.com</u>. For more on Chloe Lukasiak, you can check out her <u>YouTube Channel</u>, <u>Instagram</u>, and <u>Twitter</u>.

# Celebrity Interview: Comedian Matt Bellassai Talks About Living Single Life: "I'm Comfortable in My Own Skin!"





By Kayla Garritano

This guy has come a long way from his first web series Whine About It for BuzzFeed. Comedian Matt Bellassai has progressed from journalism to comedy, and his hard work has paid off. Winning a People's Choice Award in January 2016, Bellassai has plans to continue his career full of laughs. In this exclusive celebrity interview, he opens up to us about his upcoming show, To Be Honest, as well as his new campaign with snack company Soy Vay, all while living the life of a single celebrity in New York.

## In our celebrity interview, Matt Bellassai talks about his career and sheds some light on the single life.

Bellassai's new show, *To Be Honest*, takes place in his apartment. The show is similar to what he's done in the past,

where he gets drunk by himself, gives advice and "complains about stuff" to his viewers. "The idea is watch me have some drinks and get angry about something," he shares. Always open to requests from his fans, Matt takes some time, about a day or so, to think about a topic before he rants about it. He tells Cupid that it depends on what he's feeling usually the day of the show, or a couple of days prior. "Stay tuned," Matt says, keeping us in suspense. However, it wasn't until recently that he thought he could turn comedy into a career, about a year and a half ago in fact. "I always thought about being a writer," he shares. "I went to journalism school; I wanted to move to New York and be a writer. But it wasn't until recently where I thought , 'Oh, I could actually do comedy, be funny for a living.'"

**Related Link:** Love & Laughs: Comedian Eric Patrick Shares His Relationship Advice

Now that he's in New York, Matt talks about his life, which is about more than just humor. He is currently single and even has a live show based off of that fact called *Reasons Why I Will Be Single Forever*, on his *Drunk and Alone* tour. "I'm very comfortable in my own skin, and there's probably a handful of reasons why it'll probably stay that way for a good amount of time," he says on why he is single. But with a positive attitude, he offers relationship advice to those looking for a meaningful partnership. He says you have to get to know a person to figure them out and understand why they are who they are today.

Aside from his shows, Matt has done more with his comedy and has partnered up with Soy Vay, a Chinese-inspired snack line. They create marinades, as well as other culturally-inspired foods. Now, snacks! Soy Vay's new line of rice clusters are hitting the market, and Matt is teaming up with the brand for new advertising! Their new campaign is called *SnackHour*. Matt says, "It's like happy hour, except it's in the middle of the day, and you get to eat snacks." The idea is that when it is the middle of the day, and you just need a break from everything, you can relax, eat some snacks, and watch videos that Soy Vay and Matt put together, all while eating some of their snacks. The video shows Matt with "hanger" (a mix of "hungry" and "anger") ranting about random things, much like on his own show. "The idea is that you satisfy that sort of urge with some fun, Soy Vay snacks."

Related Link: Date Idea: Laugh Out Loud Fun

What else is in store for Matt Bellassai? He is currently working on a book he wants to come out soon, and hopes to pursue a TV show as well as continuing with his live tours. "I'm just going to continue doing fun stuff, like I am doing now with Soy Vay."

You can view these videos out on snackhour.tumblr.com as well as order some of these snacks for yourself!

For more on Matt Bellassai, you can check out his <u>Facebook</u> <u>page</u>, <u>Twitter</u> and <u>Instagram</u>.

# Celebrity Interview: Casting Director and Actress Becky Wu Compares Dating and Acting: "You Should Trust Your Own Story"





By Kayla Garritano

It's no secret that there's a lot of work — both behind-thescenes and on-screen — that needs to be done in order to make a successful show, music video, or movie. You can even say that casting directors act as "matchmakers" for their clients, finding the perfect harmony between actor and project. That's what Myx TV's new reality show *Cast Me!* is all about. Becky Wu is one of the casting directors that appears on the series, but fans may recognize her from her acting roles on shows like *Desperate Housewives*, *All My Children*, and *Grey's Anatomy*. In an exclusive <u>celebrity interview</u> with CupidsPulse.com, Wu talks about her latest project as well as how she balances her hectic schedule and her love life.

## Becky Wu Talks About *Cast Me!* in Our Celebrity Interview

*Cast Me!* reveals what goes on in the casting world as aspiring actors and actresses compete in hopes for their big break. It puts contestants through unusual and eccentric auditions as they pursue roles in upcoming television commercials, movies, or music videos. "Viewers will get an inside look at what we do day in and day out as casting directors," explains Wu. "There are so many crazy and hilarious moments on the show. We have a lot of fun doing our jobs, and that's totally reflected in the series. It's honestly hard for me to pick a favorite episode because each one has its valuable lessons. None of the episodes should be missed!"

With this new show, Wu hopes that viewers who are entertainers will learn what casting directors are looking for during auditions. "People need to understand that you have to build thick skin and that everyone will have an opinion," she shares in our celebrity interview. Aside from educating new actors, she wants her appearance on the show to inspire people to follow their dreams and to realize that just because one casting director doesn't like you doesn't mean you can't improve and get better.

#### **Related Link:** <u>Balance Work and Love Like a Celebrity Couple</u>

Given her experience both behind and in front of the camera, Wu can offer a lot of great advice to hopeful actors: "Always be prepared. Constantly work on your craft, so when an opportunity arises, you are ready and can take it head on because you've been practicing for so long. It's so common for people to land an audition and feel lucky; then, they don't get the role because they weren't prepared. Success comes when preparation meets opportunity."

In addition to her new show and rewarding career as a casting

director, Wu will be making an appearance on an FX scripted series, which will premiere soon. She couldn't tell us much more about it, but she's "so excited for the opportunity."

## Celebrity Casting Director On Balancing Her Relationship With Work

Despite her busy lifestyle and long hours on the job, Wu still makes time for romance. "At one point, I had to put my foot down because it was affecting my relationship with my boyfriend," she says. "I was giving it all at the office and not able to spend as much time with him. Now, I've hired a lot more people to help me out, and there's a much better balance."

Fortunately, her boyfriend is a stuntman in Los Angeles, so they both understand how the industry works and encourage each other in their respective jobs. "We both know what this profession entails, so that makes it easier on our relationship," she adds.

**Related Link:** <u>New Celebrity Couple: Sienna Miller Is Dating</u> <u>'Foxcatcher' Director Bennet Miller</u>

So how does acting compare to dating? Wu finds similarities in the need to trust yourself and your instincts. "You have to trust the decision that you make as an actor in a story. In a relationship or on a first date, you should also trust your own story and who you *really* are rather than making things up because you're feeling insecure," she shares. "Just like in an audition, anything can happen on a first date, so it helps to get the jitters out and do what you need to feel confident and loosen up." We couldn't agree with this relationship advice more!

Cast Me! airs Tuesday nights on Myx TV at 8/7c. Each episode

is available online at <a href="http://www.myxtv.com">www.myxtv.com</a> every Wednesday.

# 'DWTS' Pro Allison Holker on Her Celebrity Baby with Stephen "tWitch" Boss: "Carrying a Baby Around the House is the Biggest Workout!"





By Kayla Garritano

Not only have their dance careers flourished since they appeared on *So You Think You Can Dance* but so have their love lives. Professional dancers Allison Holker, who competed on *SYTYCD* during season 2, and Stephen "tWitch" Boss, who first auditioned during seasons 3 and 4, met on the famous reality TV show when they both returned as All-Stars during season 7. Three years later, in 2013, they were married, and Boss became a stepfather to Holker's daughter Weslie.

Of course, 28-year-old Holker and 34-year-old Boss are more than just a power pair in the dance world. In our exclusive <u>celebrity interview</u>, the <u>celebrity couple</u> opened up to <u>CupidsPulse.com</u> about their family life and reality TV careers as well as their recent partnership with <u>Airtime Labs.</u>

#### Allison Holker and Stephen "tWitch" Boss Open Up About Celebrity Baby and Reality TV Careers

This past spring, the musically-inclined duo welcomed their first <u>celebrity baby</u>, son Maddox Laurel, together. It's no surprise that his big sister is relishing her new role. "She changes diapers; she does the feedings; she always wants to help," Boss says of 8-year-old Weslie. "She's been really excited about having a sibling for a very long time."

**Related Link:** <u>'Dancing With The Stars' Celebrity Couple Maksim</u> <u>Chmerkovskiy & Peta Murgatroyd Are Expecting</u>

Holker and Boss announced their celebrity pregnancy live onair during season 21 of *Dancing With the Stars*, where Holker was paired with singer Andy Grammer and finished in 7th place (when she was five months pregnant!). After taking time off for the birth of her son, she's back for her fourth season on the dance competition show and already in great shape. "Carrying a baby around the house is the biggest workout you could ever imagine," she jokes.

But the excitement of her return doesn't stop there: For season 23, the pro is dancing with R&B musician, singersongwriter, and record producer Kenneth "Babyface" Edmonds. When asked about working with the iconic man, Holker shares, "I wasn't really nervous. I felt honored – I feel like I'm learning so much from him. He's so knowledgable about life and who he is."

Boss, on the other hand, was ecstatic to hear the news, saying, "I grew up on him!"

As fans know, Boss has quite a history with *SYTYCD*. After he finished as the runner-up during season 4, he returned during season 5 to perform the Emmy-nominated piece "Mercy" that he danced the year before. He was a frequent All-Star during seasons 7 through 9 and performed many memorable dance routines. Then, during season 12, he served as Team Captain for "Team Street."

**Related Link:** <u>Celebrity Interview: SYTYCD Finalist Meg Alfonso</u> <u>Inspires Other Dancers Saying, "Don't Be Afraid of Who You</u> <u>Are"</u>

Most recently, Boss made an appearance as a guest judge on the latest season of *SYTYCD*, which is mixing things up by featuring young dancers between the ages of 8 and 13. "When they first announced it, I wasn't completely on board. Switching formats so drastically, I didn't know how to feel about it," he explains when asked about *So You Think You Can Dance: The Next Generation.* "But then, after watching an episode, getting to know the contestants, getting to see the dances, and – when I was a judge – seeing it live and getting a dose of their personalities, I was like, 'Wow, this makes a lot of sense.'"

Keeping busy, the reality TV star who makes regular

appearances on *The Ellen Show*, is developing an exercise/dance fitness program, and is continuing to attend dance auditions. As he puts it, he is "waiting to create the next opportunity, whatever that may be."

#### Celebrity Couple Partners with Airtime Labs

For Holker and Boss, it was a no-brainer to partner with Airtime Labs, a mobile telecommunication solutions company that strives to find affordable and safe technology options for families by offering monthly phone and tablet plans for children and teens. The celebrity couple will inform and educate parents about the company's flexible mobile services and inexpensive devices. By providing their children with their own phones and/or tablets, parents can teach them responsibility but still monitor their usage.

**Related Link:** <u>'DWTS' Star Antonio Sabato Jr. on Switch-Up</u> Partner Allison Holker: <u>"I Couldn't Ask For Anyone Better!"</u>

This celebrity couple is already using Airtime Labs for their daughter. "It's family-based. It's about connecting better. Not only were we able to get Weslie a phone, but we were able to teach her how to use it," Boss explains. "We are still able to monitor what websites she's going to and how she spends most of her time on the phone, whether it's playing games or watching YouTube videos. That made me feel better about getting her a phone."

Chiming in, Holker adds that she wanted their daughter to have a phone but with a fair amount of supervision. "I wanted her to be able to reach out to me, but she can't just be on her phone all day," she shares.

Be sure to watch Dancing With The Stars on Mondays and Tuesdays at 8PM ET on ABC! You can follow the couple on Instagram @allisonholker and @sir\_twitch\_alot.

# Celebrity Interview: Professional Aerialist & Celebrity Trainer Jill Franklin Talks About Aerial Physique, Fitness And Love Advice





#### By Cortney Moore

When you hear the word "aerialist," colorful imagery of gravity defying circus performances might come to mind. Not many can say they make a living soaring through the sky, but world-renowned aerialist and celebrity trainer Jill Franklin has found a way to make aerial her business. In our exclusive celebrity interview, Franklin opens up about her experience as an aerialist and founder of Aerial Physique, what it's like training her clients, and fitness related <u>relationship advice</u>.

## A World Famous Aerialist Offers Us Great Fitness & Relationship Advice In This Celebrity Interview

Franklin became enchanted with aerial at age 14 when she attended her first Cirque du Soleil show. As someone who was trained in dance, Franklin admired the graceful acrobatics these performers exhibited, but like most people she doubted she could be capable of such feats. Seven years later, Franklin found herself in New York City looking for work; until one day she saw an advertisement for a circus school and decided it would be a great opportunity to knock aerial off her bucket list. "I was convinced I wasn't strong enough, I was totally afraid of the whole thing. I was afraid of heights," Franklin admits, "my first class- I was totally awful. I couldn't do anything they asked me to do!" However, Franklin did not allow herself to get discouraged and continued with her classes the same way she had when she studied dance.

**Related Link:** <u>Make Your Love Soar On Date Night With Aerial</u> <u>Classes In NYC</u>

Fast forward to 2016, and now Franklin has become the teacher rather than the student with her Los Angeles based aerial

studios, Aerial Physique. "I just really love watching people's progress as far as someone comes in and says they're nervous about it, they're not really sure if this is for them. And then in a few months just watching their bodies literally change," she says in regards to what made her open up her own studio. Teaching everyday people how to do aerial is a rewarding experience for Franklin, especially since she was once apprehensive about doing the sport and doubted she'd get as good as she is today. For those who are interested in aerial, Franklin believes you should pursue your curiosity, "Everyone is totally afraid and thinks they're too old to try it now, and all these things, these excuses go through your heard. Which is normal, but you just got to do it and it gets much better." Not only has Franklin's reputation as a talented aerialist made celebrity news on more than one occasion, but it has also attracted very famous clientele. Some celebrities that Franklin has had the opportunity to train include Revenge star Christa B. Allen, one of Chris Rock's daughters and many more.

**Related Link:** <u>Celebrity Interview: Celebrity Trainers</u> <u>Sebastien and Danielle Lagree Talk Famous Clients,</u> <u>Relationships & Love</u>

In terms of fitness and relationship advice, Franklin was able to provide an abundance of insight from her relationship with her husband. "My husband and I, on the very first date we went on, he took me on a picnic and I asked him what I can bring. And I was like thinking, 'Okay should I bring something to eat? Should I bring like cookies? Like what do I bring?' He said bring three things, 'authenticity, fearlessness and a smile.' That's kind of been our ongoing things that we live by." Four months after their first date, Franklin and her husband were married! As a couple, fitness is an important factor of their lives- this is especially apparent since they met each other at the gym. "It's a great place to find a date. It's definitely better than a bar, that's for sure," Franklin says in regards to where women can find a quality date, "you know that person is taking care of themselves, and caring for their health and bodies. So I think it's a great place to find a date for sure." When asked if aerial classes were a good option for couples to try together, Franklin says it's worth giving a shot, even if you're starting a new relationship. "It's a fun way to break the ice for sure because you're stretching, you're doing things that are new, so both people feel a little uncomfortable but also get to learn about each other." And she would know since she invited her husband to an aerial class back when she first met him. "We ended up spending that whole night chatting. I think he thought it was really cool and was intrigued by it because it was unique from what other people do." Franklin went on to joke that if you want to get a husband quick, do aerial.

Not bad for a someone who was once afraid of heights! You can schedule a class with Franklin if you're in the Los Angeles area, or watch her performances and instructional videos on her Youtube channel, Aerial Physique. And keep an eye out for her beginner and intermediate aerial guides and coloring books that are available on Amazon!

For more information on Jill and Aerial Physique, you can visit her <u>website</u>!

# Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New

## Memoir & His Love Life





By Cortney Moore

Unlike most young adults trying to find themselves in life, 20-year-old Tyler Henry has made an impressive name for himself in the reality TV scene with his clairvoyant abilities. As the star of the hit show *Hollywood Medium*, Henry helps his celebrity clientele reconnect with lost loved ones. The small town California native captivated audiences with his detailed readings and secured a second season on E! which premieres tonight, August 10. Aside from having an active medium practice, this reality TV star has also written his own memoir. Learn more about the upcoming season, his new book, and his love life in this exclusive <u>celebrity interview</u>.

### Hollywood Medium Star Opens Up About His Talents, Dating Life & Second Season In Exclusive Celebrity Interview

As to be expected, this young medium's life changed drastically after filming the first season of his show. One aspect Henry is still trying to get used to after his television debut is being recognized by fans in his coming and goings. "Getting stopped on the street by people who've been personally affected by the show has been one of my favorite experiences," the reality TV star shares in our celebrity interview, "I love getting to meet fans of the show and hear their stories - everyone has one." And speaking of stories, there's many to tell in this upcoming season of Hollywood Medium. "There are so many moments that are deeply profound, some of my favorites being with people who may have started off as skeptics," Henry reveals. He especially enjoyed conducting a reading for singer and songwriter Moby, who Henry assures received touching results. Other celebrities to keep an eye out for in season 2 include Melissa Joan Hart and Kris Jenner, both of whom left the medium starstruck. The young psychic revealed that he'd like to read Lana Del Rey and Cher because "both are amazing performers with intriguing stories."

**Related Link:** <u>Celebrity Interview: Hollywood Medium Tyler</u> <u>Henry Talks About His Near-Death Experience & Biggest</u> <u>Celebrity Crush!</u>

In addition to being a medium to the stars, Henry finds time to do readings for non-celebrity clients as well. "The show only represents a small demographic of my overall clientele," he says, "I still read the public and people who need it. It's essential for me to have a balance during filming as readings can become physically and mentally draining." And despite having a busy schedule, this talented clairvoyant has written his first book, titled Between Two Worlds: Lessons from the Other Side that will be released in November. The book is a memoir of Henry's journey to becoming a medium, discussing life events that profoundly affected his upbringing, such as the passing of a childhood friend. "I think people will be surprised to see that many of the stereotypes people associate with don't apply to my situation," the psychic says. "In telling my story, I kind of demystify more of the outlandish ideas that people often assume mediums believe. It isn't like The Sixth Sense, and healthy skepticism is something I embrace." Henry hopes that readers will find resonance in his experiences and learn that we're all interconnected. The book will also go in-depth about the lessons people on the other side can offer to the world of the living. In five years, Henry hopes to still be working on Hollywood Medium, conducting readings cross-country and setting up a charity for young people who've experienced loss.

**Related Link:** Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One

Thanks to his clairvoyant abilities, Henry's been lucky enough to avoid nightmare date nights. Though there have been times he's felt "more connected to a date's deceased grandmother," but he typically goes with the flow during these situations. The 20-year-olds career as a medium has helped keep his life free from relationship problems. "When I'm dating someone, I often find I know whether we'll be going on a second date before the first one even really begins." But he also says that he isn't opposed to having his mind changed. His abilities just simply provide intuition about people's intentions or motivations. However, this rarely happens since many with ulterior motives "run for the hills" anyway when they discover his abilities.

Tune in for the new season of Hollywood Medium with Tyler Henry on E! on Wednesdays at 10/9c. Catch the premiere on August 10! You can keep up with Tyler on Twitter <u>@tyhenrymedium</u>.

# Celebrity Interview: 'Botched' Star Dr. Paul Nassif Discusses Being Single, Skincare and Spin-Off Shows





Interview by Lori Bizzoco. Written by Stephanie Sacco.

Dr. Paul Nassif is more than a doctor on reality TV. He's a renowned facial plastic surgeon and skincare specialist. Though people may remember him from *The Real Housewives of Beverly Hills*, he's even more recognizable for his *E*! reality series, *Botched* which he co-hosts with former RHOC star, Dr. Terry Dubrow. The success of *Botched* has even led to a few upcoming spin-off shows, *Botched By Nature* and *Botched Post-Op*. Last week, Nassif spoke to us in an exclusive celebrity <u>interview</u> about the upcoming spin-off shows, his new antiaging skincare line and his very single relationship status.

#### Reality TV Star Dr. Paul Nassif Talks 'Botched' Success

Back when Nassif first developed the concept for *Botched* and pitched the show, his co-host was doubtful, calling Nassif "crazy" for wanting to put plastic surgery on TV. "Now look at us," the former *RHOBH* star says. *Botched* is in its third season and the show has led to multiple spin-off series. One of the many reasons for the show's success is that all the cases are legitimate, and Nassif and Dubrow are passionate about their clients. The doctors really enjoy helping their patients through their issues. Nassif says the role of a plastic surgeon is "part doctor and part therapist." Although extreme cases are common in this line of work, the reality TV star shares that the worst is yet to come. "For me personally, once you see the episodes of *Botched By Nature*, those are going to be the most riveting and the hardest cases we've had to do," he admits.

**Related Link:** <u>Celebrity Interview: E!'s 'Famously Single'</u> Dating Coach Laurel House Says "Every episode has drama"

One of the differences between *Botched By Nature* and *Botched* is the client's reason behind getting plastic surgery. "Some people got struck by lightning, went through severe accidents,

and had deformities," the plastic surgeon says about the spinoff series. This brings the doctors even closer to the clients. "You really get into the heart of it by going into these people's homes," he shares. "You see their families and loved ones, and you're allowed to discuss these incredible human interest stories about what they've had to go through their entire life." That added personal layer is something the fans haven't seen before. Due to the extreme cases that they're dealing with, Botched By Nature has the surgeons on the road, traveling all over the country. But it's not all serious business. The two friends have some adventures along the way. Nassif explains, "We'll be going to different parts of the country and doing something fun in each city." Being on the road has its perks and these two won't disappoint. "You're going to see more of a reality between Dubrow and I because we're traveling. So you get to see a little bit more of that bromance," Nassif says.

# Reality TV Star on Dating & His New Skincare Line

Though he's always been successful in the operating room, Nassif hasn't been as successful with romance. He admits that he isn't dating anybody right now and that he's found that dating takes a lot of time and energy. "I cleared my slate so I could come home, work out earlier, and get more sleep. Dating is fun, but it's very taxing," shares the father of three. He's already been a part of a <u>celebrity couple</u> for many years, and he isn't interested in having it again at the moment. While his career flourishes, he's putting his love life on hold and is focusing on his new skincare line. The NassifMD Bio-Rhythmic and Bio-Clock Dermaceuticals skincare lines are out already, and Nassif uses the collection. When asked how the products differ from others on the market, he explains that he has an understanding of the face and body, and is qualified to know what works. "As a plastic surgeon, I

look at skin differently than a dermatologist," he says.

**Related Link:** <u>Celebrity Interview: Brandi Glanville Is More</u> <u>Than a Housewife on 'Famously Single'</u>

As a facial reconstruction specialist in Beverly Hills, Nassif also knows that there are many different motivations for getting plastic surgery. The idea that women get work done for their man sometimes happens, but when it comes up in his office, Nassif is strongly against it. "If there's a wrong reason, I simply won't do the surgery," he shares. Typically, his clients are aware of the problem and want to fix it for their own health. "When it comes to facelifts, eyes, and noses, my patients are pretty spot on about wanting to do it for themselves." The reality TV star has also had some work done himself, such as some reconstruction surgery on his nose here and there. But, the most recent celebrity news is that the doctor hinted he may potentially get Botox on television. He says, "You gotta watch the show. Watch *Botched By Nature* to see something different regarding me."

Botched By Nature premieres on August 3rd at 9/8c.

You can follow Dr. Paul Nassif on <u>Twitter</u> and watch Botched on Tuesdays at 9:00 on E!

# Celebrity Interview: E!'s 'Famously Single' Dating Coach Laurel House Says

# "Every Episode Has Drama!"





Interviewed and Written by Cortney Moore.

Last month, *E*! debuted it's newest reality TV show, *Famously Single*, which features one of Cupid's own, Laurel House. As an experienced relationship expert, House has had the opportunity to work closely with celebrities to fix their love lives, so it was only natural that *E*! selected her as one of the dating coaches to bolster their celebrity cast. In our exclusive <u>celebrity interview</u>, House opens up about her experience on the show and the <u>relationship advice</u> she offered the celebrity cast members.

#### Celebrity Interview: Laurel House

#### Talks E!'s Newest Star-Studded Reality TV Show 'Famously Single'

Famously Single explores the dating lives of eight celebrities: Brandi Glanville, Aubrey O'Day, Pauly D, Jessica White, Willis McGahee, Somaya Reece, Calum Best and Josh Murray. With House's expertise and guidance, each celebrity is able to examine their behavior and past experiences in order to understand why their relationships have failed. But why do celebrities often experience failed relationships in the first place? House says, "The reality is that just because they're celebrities, doesn't mean that they're really all that different when it comes to entertaining difficulties and insecurities." She went on, saying, "Anyone can relate to the dating problem the celebrities are struggling with." In her expert opinion, celebrities are relatable because their insecurities stem from fear. Their careers require them to have both public and private personas, which sometimes conflict and are damaging if revealed.

**Related Link:** <u>Celebrity Interview: Reality TV Matchmaker</u> <u>Carmelia Ray Says, "Take Actions That Are Consistent With Your</u> <u>Commitments"</u>

Prior to meeting the cast, House expected the celebrities to be "high maintenance or catty," but was pleasantly surprised when she was able to work with them. "They were all truly amazing human beings, with the most gigantic hearts," she says. She also expressed how delighted she was to see these stars open up and reveal their more vulnerable sides. Two celebrities who stood out in her mind when discussing authenticity and kindness were Pauly D and Calum Best, both of whom are known for their wild party sides. "There is so much more than that," she reveals, referencing who they truly are. As far as which cast member inspired her, House says it was Somaya Reece who opened her eyes. She adds, "She's been through a tremendous amount of pain and difficulty in her life, and she's overcome it more than anyone I've ever seen." House believes the challenges in Reece's life made her fragile, which is similar to the stories of many celebrities. "There is some fragility with these celebrities. Yes, they're very strong and put up strong exteriors, but that's for public consumption. They *do* have a very fragile and soft side, and that's the beauty of them."

Though House was able to get most of the celebrities to open up, her experience as their dating coach was not all smooth sailing. A number of the celebrity cast members gave her a difficult time at some point or another while filming. Two such celebrities were Willis McGahee and Josh Murray, both of whom she met in episode 2 during the cast's outing to a club. "I was personally very surprised by Willis's request to join him in the bathroom," House admitted when asked about the incident. Although she was surprised by his invitation, she wants audiences to understand that a situation like this isn't uncommon for a professional athlete. "In the sports industry, women are throwing themselves at you," she explains. "So while it was surprising to me, it's not a surprise that it happened. And it's not reflective of Willis as a human being because he's a really good man; it's just that he has been shown that this is the norm throughout his life as a football player." Murray's standoffish behavior towards her, on the other hand, was very disheartening. "Instead of taking the connection that we had and turning that into a conversation, he took the connection and immediately thought that I was conniving," House says about their interaction at the club. Despite Murray's harsh treatment, she understood where he was coming from. "He's the newest celebrity in the house and he's not used to all this additional attention," House says. She went on to explain that many celebs are defensive because they're unsure of people's ulterior motives.

Another challenge House faced while trying to mentor the

celebrities were changed personas when the cameras were rolling. With Calum Best in particular, House's skills were tested in getting him to show his real self while the cameras were on. Aside from changing personalities, House reveals that the most challenging and fun celebrity to mentor was Aubrey O'Day. "She didn't just take my advice and do what I said. She wanted to discuss it and really come to wrap her head around it and understand the theory behind it and why," House explains in our celebrity interview. "The questions that she asked showed me that she was invested in making change and analyzing herself so she could be in a real sustainable, loving and happy relationship, which she found in Pauly D." And O'Day isn't the only celebrity who has found love through the show. According to House, Reece has also found love with a woman where there is "mutual respect and mutual adoration," which were essential pieces she was missing in her past relationships.

#### **Related Link:** <u>Celebrity Interview: Virtually In Love's Kansas</u> <u>Discusses Falling In Love Online</u>

House hopes the other, currently single, celebrity cast members will be able to find love through the relationship advice she provided for them during the show. The piece of advice she believes is crucial to their success is having real and substantive conversations. For celebrities, she says it's important "to get away from the 'I'm a celebrity' conversation and get into the real conversation where the celebrity no longer feels like a celebrity, but feels like a normal person." Aside from valuable love advice, House assured us that *Famously Single* is still a reality TV show packed with entertaining drama. "Every episode has a big surprise, every episode has drama. Truly every single day I could not wait to get into that house and see what was going on." But despite having fun on set, cast members on the show took their roles very seriously. There was not a single person House doubted and she hopes viewers will see how pure everyone's intentions

were. "Everyone at their core is looking for love and connection. No matter what they say, that's the desire."

Famously Single airs Tuesdays on E! at 10 p.m. EST.

You can keep up with Laurel House on <u>Cupid's Pulse</u> or find more information on her Twitter @DatingLaurel and <u>website</u>.

# Celebrity Interview: Brandi Glanville Is More Than a Housewife on 'Famously Single'





Interview by Lori Bizzoco. Written by Stephanie Sacco.

Brandi Glanville is more than a "real housewife" and reality TV star. She's also a single mother looking for a good man. Known mostly for her infamous (drinking) escapades on *The Real Housewives of Beverly Hills (RHOBH)*, the mother of two has joined the cast of the new reality television series, *Famously Single*. The new E! series centers around eight single celebrities living in a house together with the goal of mending their broken hearts and relationship issues once and for all. The singles are advised by relationship coaches, practice dating techniques and attend group therapy sessions throughout the season.

Glanville opened up to <u>CupidsPulse.com</u> in an exclusive <u>celebrity interview</u>, where she gave us the scoop on her recent Instagram booty post, filled us in on her tryst with Calum Best and dished on all things marriage, love and her experience on the new reality TV show, *Famously Single*.

### Reality TV Star Brandi Glanville reveals who the booty Instagram & Tweet were for in our celebrity interview.

Glanville has kissed a lot of frogs in her dating life but last week she addressed her most recent (ex) flame on social media by sharing two pictures of her booty on Instagram and on Twitter, where she reclaimed her body and said it no longer belonged to him. The photo created a lot of <u>celebrity</u> <u>news</u> headlines but Glanville gave us the real scoop on who that booty shot was intended for saying, "There's always that guy that you go back and forth with and you know it's not good for you, but he's there when no one else is."

She says the relationship was on again, off-again for about a year before she decided to end it for good on social media. "We would just hook up but we would never really go out together," explained Glanville. "He's an actor and he didn't want to be seen with someone on a reality show because I guess it makes him less legitimate as an actor."

#### **Related Link:** <u>Celebrity Interview: Virtually in Love's Kansas</u> <u>Discusses Falling in Love Online</u>

Glanville decided to go along with the half-relationship and let it play out. But last week, on her way to his Fourth of July party, her love interest called and told her not to come because it wasn't the best idea that she be there. Her response? "I got a bottle of rosé, I went to my gay husband's house, we made Instagram videos, and I taught him how to walk on a runway, and that was my Fourth of July." Instead of letting her flames rejection consume her, she took to social media and ended it-her way!

## Reality TV Star Addresses Recent Celebrity Gossip

The most recent <u>celebrity gossip</u> has focused on the fact that Glanville claims she never wants to get married again and while she admits that to be true she also says that she "would love to meet someone who changes her mind." Glanville says that she is open to the possibility if it happens but "she doesn't need a paper to define the relationship." I guess never say never. On *RHOBH*, Glanville says that she wasn't seen as a mother with emotions and a woman with a romantic side, but instead as 'your drunk friend Brandi.' *Famously Single* shows a different side to the former model and allows her to be herself.

The former RHOBH star says that she was skeptical about doing another reality show and unsure how open she should be about the process. "I used to be very touchy feely, and I used to snuggle and now for seven years I don't do PDA, I don't snuggle," she says. Her doubts proved unnecessary because she did connect emotionally on the show with her new Bestie, Calum Best. "Luckily I met someone in the house that I ended up having feelings for," says the *Famously Single* star. "It made me feel good again. It made me feel like I'm ready for this again and I don't have to be so tough and scare everyone off. I really just need to put myself out there and if I get hurt, I get hurt." The most important part of life is learning how to cope with change and moving on after hard times.

**Related Link:** <u>Celebrity Interview: Virtually in Love's Iyanya</u> <u>Discusses His Online Relationship</u>

Famously Single taught Glanville a lot about herself, although she didn't find lasting love in the end. She says Best, her equally famous and single love interest, played a huge part in helping her figure things out. "Ultimately I love him, I adore him. If he was five years older and lived here, things would be different."

Being on the show was a life changing experience for Glanville and she received plenty of great <u>relationship advice</u>. "I realized that I have to be softer. I have to let people in and give them the chance to get to know me."

Instead of exploiting single celebrities and trying to make them look bad, the dating coaches on *Famously Single* try to help them fight through their dating past to make a better future. "I want to be a girl sometimes. I want to let that side of me down and I want to be vulnerable, but having said that I know that's how I get hurt," Glanville says. "So it's just about finding that recognition and Laurel and Darcy helped me find it."

**Related Link:** <u>Celebrity Interview: Reality TV Matchmaker</u> <u>Carmelia Ray Says, "Take Actions That Are Consistent With Your</u> <u>Commitments"</u>

Glanville doesn't want to dwell on the past and she isn't interested in ever going back to the RHOBH show that made her famous. According to Glanville, her time on *Famously Single* was nothing like *RHOBH*. "It was completely different," she says. "They weren't trying to have us fight with each other. We were all there to work on ourselves. I fell in love with all of them a little bit. It was nice. It was a completely different experience."

Famously Single airs on Tuesdays at 10 p.m. on E!

You can read all about Brandi Glanville's love life in her books on <u>Amazon</u> or follow her on <u>Twitter</u>.

# Celebrity News: 'Bachelorette' Star 'Bad Chad' Johnson Claims Contestants Are Cheating on Their Girlfriends





By Nicole Caico

In the <u>latest celebrity news</u>, Chad Johnson, a former contestant on the current season of *The Bachelorette*, continues to cause drama. Though star <u>JoJo Fletcher</u> has already eliminated Johnson from the competition for his bullylike behavior toward the other guys, he's not done yet. <u>UsMagazine.com</u> reported that in a <u>celebrity interview</u> with Andy Cohen on Monday, June 27, Johnson claimed that guys on the show are "acting all nice and like they're such good guys when at the end of the day, they're cheating on their girlfriends, half of them broke up with girlfriends to go on the show." On June 20th, Johnson posted a picture of himself kissing contestant Robby Hayes' ex-girlfriend. Johnson chalks his behavior up to the fact that the show is a competition, saying, "It's a competition … I'm going to do what I have to do. I treat my women very well. That's my thing, like yeah, I'm willing to do what I gotta do to get what I want when it comes to competition, but I'm very nice to my girls."

In celebrity news, *The Bachelorette* drama continues! What are some ways to tell that your crush is still attached to a former fling?

#### Cupid's Advice

It's clear that Chad isn't letting go. While causing drama on a reality television show is not something people do on the regular, falling for someone who is still attached to a former fling is a pretty common occurrence. Here's how to tell if your crush's heart isn't up for grabs:

1. Wearing your heart on your sleeve: If your crush is still wearing the clothes his or her ex left behind, the attachment is probably still there. If the person you're crushing on has made no attempt to remove or get rid of reminders of an ex, take it as a warning sign.

**Related Link:** <u>Celebrity Couple News: Lindsay Lohan & Egor</u> <u>Tarabasov Are Red Carpet Official</u> 2. Topic of conversation: If all your crush can talk about is an ex, watch out. Whether your crush is praising or bashing the past relationship, the fact that it is being frequently brought up means it's still on his or her mind.

**Related Link:** <u>Celebrity Couple News: Get Details on Taylor</u> <u>Swift & Tom Hiddleston's Intimate Dinner Date</u>

**3. BFF:** If your crush claims to now be best friends with an ex-texting, liking pictures, and maybe even meeting up-steer clear. These two could be on their way to getting back together. No matter what, it's a threat to your relationship .

How have you dealt with crushing on someone who is still attached to a former fling? Comment below!

# Celebrity Interview: Virtually In Love's Kansas Discusses Falling In Love Online





Interviewed and Written by Cortney Moore.

Kansas met Natiece on Instagram, which many wouldn't think of as a reliable platform for dating, but they made it work and began a relationship. This story isn't too unusual in this day and age. However, their story is just one of the many relationships followed on Oxygen's newest reality TV show, *Virtually in Love.* This show that has been a hit with audiences since its debut because it takes online dating faceto-face. Couples on the show encounter their own series of challenges, and Kansas and Natiece were no exception. With sneak peeks of their episode released by Oxygen, Kansas and Natiece have not been completely honest with each other. Will love prevail? Cupid had the pleasure of getting to know Kansas and heard her side of the story in our exclusive <u>celebrity</u> <u>interview</u>.

## Virtually In Love's Kansas discusses online relationships &

# provides relationship advice in celebrity interview.

It would seem that specialized dating websites are no longer the only tool for making a connection online. In an unlikely series of events, the photo sharing app, Instagram, brought Kansas and Natiece together. "Well, when I saw her, she had posted something sad," Kansas said regarding their first online encounter. "When I see people post sad things I just let them know that if they need someone to talk to, they can talk to me. And she wanted to talk, so that's what happened." Their initial interactions were platonic. Kansas helped Natiece get through a break-up she was going through, and as time went on, the pair eventually found themselves in a relationship.

#### **Related Link:** <u>Dating Advice Q&A: How Can You Know If Someone</u> is Being Honest Online?

Kansas, who also happens to be a Kansas state native, wasn't worried about meeting the North Carolina basketball star. She admits that she was more concerned about whether or not she could fulfill Natiece's expectations. In regard to her first reality TV appearance, Kansas said, "It was fun in a sense." However, at the same time, she was there to meet Natiece and get to know her better. "We had stuff that we wanted to talk about, and it kind of felt like we were talking to everybody." Despite the cameras following their journey, Kansas expresses gratitude at having an opportunity to share her story.

As seen in past episodes of *Virtually in Love*, the couples aren't only meeting each other for the first time, but they are also facing their issues head on. Online video teasers released by Oxygen show that Kansas and Natiece have been keeping secrets from each other. For instance, Natiece refrains from telling Kansas that she was engaged before and still holds on to her ring. Also, Kansas doesn't tell Natiece that she had been seeing someone else for a time, while also keeping her relationship with Natiece a secret from her mother. To shed some light on her actions, Kansas explained, saying, "I didn't know what to expect, that's why I wasn't really ready to say anything." Pertaining to the situation that involved her mother, who doesn't approve of same-sex relationships, Kansas said, "I thought it'd be better to have [Natiece] there." Kansas went on to say that having Natiece present when she talked to her mother would force her to tell the truth about her sexuality.

When asked whether or not a long distance relationship impacted her views positively or negatively, Kansas said that her experience has been both. "I've had, with dating online, good experiences and bad experiences. I think it could be very similar to dating someone in real life, except they're not there." Additionally, Kansas expresses her sadness at the tragedy that unfolded in Orlando this past week at the Pulse nightclub. "It didn't just affect the victims and their families; I feel that it affected the whole United States." Kansas also went on to express that she believes the world needs to stop hating and start loving. "We just got to figure out where to start."

**Related Link:** <u>Celebrity Interview: Virtually In Love's Iyanya</u> <u>Discusses His Online Relationship</u>

When it comes to <u>relationship advice</u> and online dating tips, Kansas believes it's important to do research and stay true to oneself. "If you're going to do it, go in a hundred percent because you don't know what the other person is feeling for you," Kansas said. "You don't want to be confused in an online relationship." After her experience on the show, Kansas stresses honesty as the best policy, but of course online daters need to do their research to avoid instances like catfishing. "Be yourself," she advised. "If you start off being yourself there won't be any surprises."

Keep up with Kansas and Natiece's relationship on Virtually in Love, and find out if they stayed together or drifted apart.

Virtually in Love airs on Tuesdays at 9 p.m. ET/PT on Oxygen Media.

# Celebrity Interview: Virtually In Love's Iyanya Discusses His Online Relationship





Interview by Lori Bizzoco. Written by Dena Linzer.

Iyanya and Maria met and began dating online. Their story is just one of the many relationships followed on Oxygen Media's new reality TV show, *Virtually in Love*. The show takes the popularity of online dating and creates an exciting reality TV experience, where we follow young and eager couples as they progress in their relationships. Cupid's Pulse had the pleasure of getting to know Iyanya and Maria in our exclusive <u>celebrity interview</u>.

## Virtually In Love's Iyanya Discusses Online Relationship & Provides Relationship Advice in Celebrity Interview

An unlikely place to find love, the social networking app, Instagram brought Maria and Iyanya together. "I was not looking to date anybody. I liked her humor and I thought she was attractive," Iyanya says of Maria, a 33-year-old lash stylist living in Sweden. After several months of talking through direct messenger on Instagram, the two got to know each other and soon found themselves in a relationship.

#### Related Link: Dating Advice: The Psychology of Online Dating

The Brooklyn native was not concerned about the distance between himself and Maria, although he resides in Brooklyn, NY and she was living in Sweden. He considered it a "low-pressure situation." At first, Iyanya did not rush into the relationship, wanting it to form organically and not feel forced. The current model, actor, and DJ had no intention of dating and was focusing on his career. But the couple instantly fit together, "It didn't take long to realize we actually enjoyed each other."

The concept of *Virtually In Love* is that audiences get to know a couple that has been in an online relationship while watching them as they break down barriers by meeting in person and being introduced to their significant other's friends and family. For Iyanya and Maria, they dated for four months before deciding to take their relationship to the next level and meet in person. Their initial meeting was in Brooklyn, in front of the show's cameras and they definitely felt the pressure. However, Iyanya said he was happy to finally connect with Maria face-to-face, "I felt alive," he says of their first encounter. Maria stayed with Iyanya for a week. "I loved the way she smelled," something unattainable and unknown through an online connection.

When asked if there was anything unexpected that he felt when they first met, Iyanya mentioned that Maria was shorter than he expected. But meeting in person did not change the emotional part of their relationship too much,"the vibe was always there" he said in our celebrity interview. He went on to explain that there were some big differences between talking online and meeting in person, and the emotional aspect of their relationship was online, but now in-person they introduced the physical aspect as well.

**Related Link:** Love Advice: What Makes A Great Online Dating Profile

When it comes to relationship advice and tips for dating online, Iyanya stresses the importance of naturally getting to know someone and not forcing a relationship. "In relationships, people tend to prematurely get together," he says. The self-described people person feels it's crucial to be true to yourself in online relationships because the truth will come out either way. "Know yourself," he advises.

Keep up with Iyanya and Maria's celebrity relationship on *Virtually In Love* and find out if they stayed together or drifted apart.

Virtually In Love premieres Tuesday, May 24 at 9 p.m. ET/PT on Oxygen Media.