

Celebrity News: Miley Cyrus Appears to Shade Exes Kaitlynn Carter & Liam Hemsworth in Post About Love



By [Hope Ankney](#)

In [celebrity news](#), [Miley Cyrus](#) might've just indirectly shaded both of her [celebrity exes](#). On Sunday, Cyrus took to Instagram to post about love and loyalty that could be pointed at Liam Hemsworth and Kaitlynn Carter. According to *UsMagazine.com*, her Instagram story showed her in bed surrounded by her pups. The caption of the stories read, "Happy Sunday from me & 2 stinky dogs! waking up surrounded by animals is my favorite way to start a morning. I am immediately reminded about LOVE

without conditions.... the best part about animals is that they are careless about the details. They live by the golden rule ... Love & Be Loved. Nothing in between. No questions regarding wealth, career, talents, race, age sex They love back 100X ... all they ask is to be cared for in exchange for loyalty, reliability, and faithfulness. (reminds me of someone)."

In celebrity news, Miley Cyrus sent a message to her exes via Instagram. What are some ways social media can help you cope with feelings?

Cupid's Advice:

Even celebrities air their dirty laundry on social media from time to time. It's hard not to, especially when you're trying to handle your feelings that can be difficult to ignore. But, it can get messy if you throw your feelings out on your social platforms without thinking it through. If you're having a hard time coping with feelings by yourself, don't worry! Cupid has [relationship advice](#) on how using social media, in a healthy way, can help you sort through your feelings:

1. Private Instagrams: Something I'm sure you've heard before, but FINSTAS (or fake Instas) are accounts that are private for you to vent and cope over your feelings in a space that only a few people have access to. By creating a private IG, you're allowing yourself a place to comfortably discuss and post about things you're having a hard time dealing with. It's therapeutic to have a sense of freedom when it comes to not censoring yourself online, and accounts like these can act as a personal diary.

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2. Private Twitters: Another way to cope on social media is through something similar to the FINSTAS- a private twitter. Private Twitter accounts are something that, from personal experience, has been even better at coping with feelings because of the format of the platform. Instead of having to post photos and write captions underneath to vent, Twitter allows you to simply post a tweet and even write threads that hold all your thoughts together in a cohesive manner. This type of account feels most like a diary because it's like you're writing down excerpts from your day. You can also quote tweet others without them seeing it, so that can also help to vent if you're sorting through feelings about a certain person.

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3. The 'close friends' option: Lastly, with the progress in certain social media to include options that allow you to post without others seeing, the Close Friends option allows someone to post their feelings on their own account, like their Instagram Story, without having to create a whole private account just to do so. This is much more accessible to the average person, and it can feel even more liberating to do it on your main account. The only issue here is to be sure you're careful in how you word things or choose to vent because even though things seem to be private, you must be observant which accounts on your main are allowed to see these stories. Trusting some friends to not share things you post in confidence might not be the best idea.

What are some ways that you find social media can help you cope with your feelings? Let us know down below!

Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage



By Ahjané Forbes

“[It’s] impossible to live together as husband and wife,” said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to “incompatibility of temperament between the parties.”

According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her [celebrity ex](#) does wish to have shared custody of their son, Trig, who has Down syndrome.

This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?

Cupid's Advice:

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond "until death do us part" and "I do", but what happens when you begin to respond "I don't"? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

1. Communication starts to change: We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It's healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it's time to have a serious conversation about why this might be happening.

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2. Not making time for each other: A relationship does not end

when you get married. It's important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don't continue to maintain it. If you have children and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

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3. Start noticing suspicious behavior: Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman





By Hope Ankney

In [celebrity news](#), it's nice to know that [Kristen Stewart](#) and [Robert Pattinson](#) are [celebrity exes](#) who are actually on good terms. According to *UsMagazine.com*, over the weekend, Stewart gushed over how happy she was for Pattinson snagging the role of Batman. Speaking to *Variety.com* at the Toronto Film Festival, the actress exclaimed, "I feel like he's the only guy that could play that part. I'm so happy for him. It's crazy ... I'm very, very happy about that. I heard that and I was like, 'Oh man!' It's awesome."

These celebrity exes still show each other support in their careers. What are some benefits to staying on good terms with your ex?

Cupid's Advice:

Kristen Stewart and Robert Pattinson are exes that have tons

of history, yet they still stand on good terms with one another. They make it look easy to continuously support an ex after a break-up, but we all know how difficult that can be. But, there can be upsides to staying friendly with an ex. Cupid has some advice that can have you reaping the benefits of staying on good terms with one of your exes:

1. This person knows you better than others: If your relationship started off with the both of you being friends, chances are this ex knows you better than most people do. If the relationship didn't have a messy end, it may be good to keep this person a part of your life. Besides, if you're both up to it, you can give each other [relationship advice](#) since you both dated each other. Who else can give you better relationship advice than that?

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2. Your ex brings out your strengths: It's obvious that one of the main reasons they were in a relationship with you is because they saw how wonderful you were. If you can stay friends after a break-up, this ex is a valuable person to come to when your self-confidence has been beaten down. They'll be able to remind you of the best parts of who you are. Not to mention, they'll be able to give you this pick-me-up from an outsider's perspective.

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3. It can be rewarding: Having very positive and genuine interactions with your ex after a relationship has ended can be a very healthy part of the healing process. It's rewarding to be able to know you are both mature enough to handle being friendly towards one another. The fewer people you so hastily cut from your life, the more people you will have in your corner. It also gives you a sense of growth if you make an

effort to stay friends with someone you had a failed relationship with.

What are some ways that you have benefitted from staying friendly with an ex? Tell us down below!

Celebrity Exes: Tyler Cameron Sets the Record Straight on Feelings for 'Bachelorette' Hannah Brown





By Hope Ankney

In [celebrity news](#), [The Bachelorette](#) runner-up, Tyler Cameron, has officially set the record straight about where he stands with Hannah Brown. According to [EOnline.com](#), the star popped on Twitter Wednesday to dismiss claims that he had been shading *The Bachelorette* star. What started with an accidental liking of a tweet shading Brown ended with Cameron writing a series of tweets defending her. Sharing how much respect he had for Brown, he stated “...that girl deserves no shade and nothing but success. She empowers women and deserves all the accolades. She empowers women and created so much conversation on how women should be treated. I am grateful for our time together and all that I learned from her.”

These [celebrity exes](#) are keeping their feelings positive all the way around. What do you do if your ex

is throwing shade at you?

Cupid's Advice:

When an ex decides to throw shade your way, it triggers an almost immediate emotional reaction. It's hard to ignore the issue and not let it affect you or your behavior. It's even worse if this ex has thrown something like this at you before. But, is it worth giving them the satisfaction of visibly showing how upset it made you? Not at all. Take a look at a few of Cupid's suggestions for [relationship advice](#) on how to deal with an ex that is trying to shade you:

1. Delete their social media from your accounts: A big mistake people make is keeping their exes on their social media as friends, followers, etc. It not only keeps a break-up fresh, but it's easy to go on their pages and keep up with their every move. Deleting them as friends or unfollowing their accounts will help you deal with an ex that might cryptically tweet about you or like shady tweets that could be indirectly addressed towards you. In fact, after wiping them away, you might not even know they're doing it anymore.

Related Link: [Celebrity News: Tyler Cameron Addresses Future with 'Bachelorette' Hannah Brown](#)

2. Take a breath: Taking a long, deep breath can do wonders for how you react towards an ex throwing shade. It'll help you balance your composure by trying to keep your mind and body calm. And, if you feel like you need to respond, taking a moment to collect yourself and your thoughts before you reply can do wonders for how the entire situation will go.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Says 'Thank You, Next' to Questions about Tyler Cameron & Gigi Hadid](#)

3. Surround yourself with positivity: There's nothing worse

than being alone or around negativity when an ex decides to throw something your way. The isolation and negative energy will only fuel you to respond with something you'll regret later. When an ex is exhibiting this behavior, try and find friends full of positivity to surround yourself with. They'll bring your mood up while further encouraging you and keeping you motivated to be above the nonsense.

How have you dealt with an ex that's thrown shade at you? Tell us down below!

Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus & Ex Kaitlynn Carter





By Hope Ankney

Three cheers for supportive exes! In [celebrity news](#), Brody Jenner is speaking out about his ex, Kaitlynn Carter, and her new fling with [Miley Cyrus](#). According to *UsMagazine.com*, Jenner is “happy that Kaitlynn’s moved on and found love.” The two [celebrity exes](#), reportedly, have no hard feelings towards one another. They had a clean split that helped them to stay close friends, allowing Jenner to not be bothered by Carter and Cyrus’s relationship.

In [celebrity news](#), Brody Jenner isn’t holding any ill will toward his ex, Kaitlynn Carter and her new relationship with Miley. What are some ways to keep jealousy at bay

when your ex moves on?

Cupid's Advice:

Even Hollywood's stars go through jealousy after break-ups. It's a normal feeling to have, especially after seeing an ex with someone new. Jealousy can consume, but it doesn't have to be that way. Fortunately, Cupid has some [relationship advice](#) on how to keep the eye of jealousy away when your ex has moved on:

1. Distract yourself: Keeping one's mind busy after seeing an ex with a new fling is an important step in keeping jealousy at bay. Distraction can be your best friend when all else fails, and you just need time to turn your brain off from it all. Throwing yourself into a new hobby, double-downing at work, or even spending more time with friends could be the perfect way to keep your mind from wandering to your ex and the person they're with.

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2. Try to bring closure to the relationship: Many studies state that journaling, venting to loved ones, and creating arts and crafts are just some things that bring closure after a break-up. By creating a safe space where you can let out all your feelings without judgment, the less likely you'll become jealous and act on that jealousy. It could also help you find out more about where this jealousy is stemming from, and how you can de-construct it.

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3. Embrace your 'wins:' Break-ups take such an emotional toll on us. It's even worse when it seems like they've moved on before you. You've got to learn to let go by discovering all

the 'wins' that the relationship gave you. By studying the positive sides of the relationships and understanding that those things were 'wins' to you even if the relationship ended, it helps you come to terms with the loss before jealousy overrides it. What did this person teach you about yourself? Did they encourage you to embrace something you wouldn't have otherwise? That's the 'win' that keeps the memory of the relationship positive.

Have you ever had to overcome jealousy after you saw an ex with someone new? How did you do it? Sound off in the comments below!

Celebrity News: Kendall Jenner & A\$AP Rocky Attend Sunday Service After He's Released from Prison





By Ashley Johnson

In [celebrity news](#), upon his return to the U.S. on Saturday morning, August 3, A\$AP Rocky was photographed exiting his private jet and wearing a big smile (and of course, his classic designer babushka in true [celebrity style](#)). According to *UsMagazine.com*, the rapper had spent one month behind Swedish bars before being released Friday, August 2. Just two days later, he was filmed wearing the same smile, as he chatted it up with former flame and [reality TV](#) star Kendall Jenner while attending Kanye West's weekly Sunday Service.

In celebrity news, Kendall Jenner and A\$AP Rocky wasted no time getting together after he was released from prison. What are some ways to support your partner after

a traumatic event?

Cupid's Advice:

While the celebrity exes spent no time getting reacquainted with each other after Rocky's release from prison, Cupid has some advice on how to navigate a relationship and support your partner after a traumatic event:

1. Be communicative with each other: Communication is important, especially if the one you love has been gone for months. In order to rebuild the relationship and understand parts of your partner's experience you may not be all that familiar with, having open and honest conversations is helpful. Most of the time, survivors of trauma have a lot on their mind and just need someone to talk to in a safe space without judgment.

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2. Comfort your partner: Sometimes when words fail, physical touch can do wonders. Whether you comfort your partner by kissing them on the forehead or tightly embracing them, you are providing a safe and supportive environment for them. Words are not always enough, but just your presence can be appreciated and let your partner know that you are there for them.

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3. Understand triggers: Depending on the trauma, survivors may have a list of triggers, including loud noises, dark places, and confined spaces. Triggers can suddenly recreate trauma for your partner and make them relive an experience they would rather not relive. By knowing your partner's triggers you can help make them feel safe and avoid exposure to their certain

triggers.

Can you think of any more ways to support your partner after a traumatic event? Let us know in the comments below!

Celebrity News: JWoww Celebrates Daughter's Birthday with Her Boyfriend & Estranged Husband



By [Emily Green](#)

In the latest [celebrity news](#), Jenni “JWoww” Farley and her estranged husband Roger Mathews celebrated their daughter Meilani’s 5th birthday this past Saturday, with Farley’s boyfriend, Zack Clayton Carpinello in attendance, according to *UsMagazine.com*. This former [celebrity couple](#) split in September 2018 after three years of marriage, and have been working toward co-parenting their children together.

In celebrity news, it’s the more the merrier for JWoww’s daughter’s birthday celebration. What are some ways to play nice with your ex for the sake of your children?

Cupid’s Advice:

Being on amicable terms with your ex is the ideal co-parenting situation for any parents. By remaining friendly with your former partner, your children can transition more smoothly into their own version of a typical day-to-day lifestyle. Cupid has a few ways to play nice with your ex for the sake of your children:

1. Ask them how they are doing: Simply asking how someone is doing can brighten their day and give them the sense that you truly care about what is going on in their lives. Whether you listen to them talk about their job, how they are feeling mentally, or even their newfound love life, it is important to show that you still care for your ex’s well being, despite not being together anymore.

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2. Be supportive of their decisions: Just like you, your ex is

a competent individual. Whether they decide to venture into a new career opportunity, or even begin to start dating a new person, let them know that you are supportive of them in their decisions, and they will do the same in return.

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3. Don't bring up any sensitive topics: It is important to remember that you and your ex broke up for a reason. If you're going to talk about the past, try to focus on the happy times, and not times where things were a bit rough. By focusing on the happier times, you and your ex will be able to stay civil for not on your children, but friends and family as well.

What are some other ways to play nice with your ex? Let us know in the comments below!

Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage





By [Bonnie Griffin](#)

In [celebrity break-up news](#), after almost four years of marriage, Allison Williams and Ricky Van Veen have split. According to *UsMagazine.com*, the [celebrity couple](#) gave a joint statement saying, “With mutual love and respect, we have made the decision to separate as a couple.” Reports say the two have been living apart. It is nice to see they were able to split on friendly terms.

This celebrity break-up comes after four years of marriage. What are some ways to know your marriage has cracks that can't be fixed?

Cupid's Advice:

Sometimes what seems like the best of marriages run into issues that create cracks in the relationship and cannot be repaired. This celebrity couple made the decision to separate

while they were still able to be friends. Cupid has some tips to help you decide if the cracks in your marriage are beyond fixing:

1. You live life like you're single: If you're married and either you or your partner are essentially living separate lives, it may be a sign that your marriage is beyond fixing. As partners, you should be putting each other first, and enjoying spending time together. If you are both spending most of your time apart, and making decisions without considering your spouse first, it's a good chance your marriage may be nearing the end.

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2. Thinking of your spouse with someone else doesn't hurt: Your spouse should be your priority; someone you want to spend time with and who you want to prioritize the love between the two of you. If you think they may be spending time with someone else and that doesn't bother you or make you sad, then your marriage is hurt and this may be a sign it is cracked beyond repair.

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3. You stop having sex: Sex isn't everything, but when you're married, it is something. It isn't necessary that you have sex several times a day or even weekly, but if months go by and neither of you is interested in having sex, this is a bad sign. It is a definite sign that your marriage is not looking so great.

What are some things you look out for when determining if a relationship has run its course? Let us know your thoughts in the comments below.

Celebrity Break-Up: 'Bachelorette' Jed's Ex Haley Cries After Learning He Allegedly Cheated



By [Bonnie Griffin](#)

In [celebrity break-up news](#), country singer Haley Stevens learns that *Bachelorette* frontrunner, Jed Wyatt, allegedly cheated on her. According to *UsMagazine.com*, Stevens learned of the alleged affair on an episode of the *Reality Steve Podcast*. Steve revealed that Jed allegedly cheated right after

the couple took a trip together to the Bahamas. The news brought Stevens to tears. Sadly these [celebrity exes](#) did not have an equally committed relationship, and Stevens is feeling the pain of Wyatt's betrayal.

In celebrity break-up news, *The Bachelorette* drama between Jed Wyatt and his ex Haley is far from over. What are some ways to know your partner is committed?

Cupid's Advice:

Sometimes it can be hard to tell if your partner is as committed to your relationship as you are. When you care for someone deeply you want to know that they are in it as much as you. There are signs you can look out for if you want to know if your partner is committed. Cupid has some advice to help you decide if your partner is committed:

1. You enjoy spending lots of time together: Life is busy, but at the end of the day you and your partner should be spending the majority of your free time together. Not only should you be together, but you should be content and happy to be around each other and genuinely enjoy each other's company.

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2. You talk about your future together: Both of you spend time planning a future together. You make plans that take each other into consideration because you want the other person to still be in your life months and years down the road.

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3. You're a top priority: You should have social lives and friends, but when push comes to shove if your partner is committed then they should put you as a top priority. Your happiness and well-being should outweigh hanging out with friends; you should come first.

What are some things you look for when deciding if your partner is committed? Let us know your thoughts in the comments below.

Celebrity News: Kourtney Kardashian & Scott Disick Vacation in Costa Rica Without Sofia Richie





By [Mara Miller](#)

In the [latest celebrity news](#), everyone keeps asking, “Where’s Sofia?” [Celebrity exes Kourtney Kardashian](#) and Scott Disick were spotted on June 19 on a [celebrity vacation](#) without Disick’s celebrity girlfriend, Sofia Richie, according to *UsMagazine.com*. The [celebrity exes](#) hit the beach with their three kids, 9-year old Mason, 6-year old Penelope, and 4-year old Reign, as well as [Kim Kardashian](#) and her daughter, North West, in Costa Rica. But don’t think the [celebrity couple](#) has called it quits just because Richie didn’t go on the vacation. *Popsugar.com* reported that while Disick and Kardashian are no longer romantically involved, they are committed to remaining a family and parenting their children. Richie remained in the States, attending events in New York and Los Angeles, including a gathering for Miranda Kerr’s Kora Organics.

In celebrity news, the words on

everyone's lips are, "Where's Sofia?" What are some ways to keep your jealousy in check when your partner interacts with his or her ex?

Cupid's Advice:

Despite the rumors that may be flaring up because Kourtney and Scott took their kids on a vacation, Sofia seemed comfortable enough to remain home so she could attend work events. Sometimes we can't help it if our partner has to interact with their ex if they have children together. Cupid has advice on how to keep your jealousy in check:

1. Remember, your partner is with YOU: Your partner and their ex split up for a reason. Even if they are on friendly terms, you have to realize they didn't work for a reason. Your partner would not be in a relationship with you if what you have between you both isn't working.

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2. They might not have a choice: This is especially true if your partner has children with their ex. Would you want to keep a parent away from their children? It's healthier for kids to have parents who don't fight, so try not to let jealousy get in the way of your partner's relationship with their kids. Your relationship may be in jeopardy if you try.

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3. Talk to your partner: If your jealousy and insecurities are getting the better of you, it's a good time to sit down and

talk to your partner. Talk to them about how you feel. Chances are, they'll understand, and they'll help you put any worries at ease.

What are some other ways to keep your jealousy in line if your partner interacts with their ex? Let us know in the comments below!

Celebrity Baby News: Roger Mathews Defends Estranged Wife Jenni 'JWoww' Farley Amid Parenting Criticism





By Emily Green

In the latest [celebrity baby news](#), Roger Mathews of *Jersey Shore*, defends his estranged wife Jenni 'JWoww' Farley via Instagram on Monday, in the midst of an overflow of negative comments regarding their co-parenting skills. These negative comments come after new [celebrity couple](#) Farley and boyfriend, Zack Clayton Carpinello, were seen celebrating Memorial Day in Las Vegas, according to *UsMagazine.com*.

In celebrity baby news, Roger Mathews is supporting his ex JWoww through criticism about their parenting. What are some ways to keep parenting criticism from affecting your children?

Cupid's Advice:

As a parent, receiving any criticism about how you are raising your children can be hard to hear, especially if it's from an outside source. These criticisms can make you begin to question if you are truly raising your children in the "right way." Every parent has their own unique way that they want their children to be raised. Here are Cupid's advice on remembering that your parenting style is the "right way" for you:

1. Ask yourself about their intentions: Some parents are what some would call "too confident" in their parenting style, thinking their way is the only right way to raise a child. Consider where their criticism is coming from: are they a random stranger that wants you to do things a certain way, or are they a close friend or family member offering advice? Through experience, you will find the parenting style that works best for you and your family.

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2. Everyone is different: No parents are going to have the exact same type of parenting as others. Every household is different, with different parents and children, with different morals and ideals. If you are not sure about how to go about a situation, that's okay! Reach out to your partner, any close friends or family members, even do some research! It takes time to figure out exactly how you want to raise your children, so don't be afraid to try new things or ask for help.

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3. You know your children best: No one knows your children better than YOU! You've been the one who has seen them grow up first hand, so you know how they react and adapt to certain situations and experiences. If you want to change up something in your parenting to better fit your family, that's fine! Just

stick to what you know will benefit your family, don't conform to any criticisms from any outside perspective. You know what is best!

What are some ways how you don't let parenting criticism affect your children? Let us know in the comments below!

Celebrity News: Kaitlyn Bristowe Slams Nick Viall's Reasons for Joining 'The Bachelorette'





By Megan McIntosh

Though they are no longer a [celebrity couple](#), Kaitlyn Bristowe is still has opinions about ex Nick Viall after their [celebrity break up](#). According to *UsMagazine.com*, though it was all fun and games, Bristowe didn't hesitate to diss her ex in a word association game saying Viall's name negatively in association with "the right reasons." Though it's been years since they've dated, it's clear there's still bad blood even after all this time.

In celebrity news, these exes are clearly not on good terms after their break-up. What are some ways to keep old hurts from your exes from affecting your current life?

Cupid's Advice:

It can be hard to move on from an ex when you've broken up on bad terms. It's best not to let those old wounds reopen and keep you from living your life. It's not always easy to be friends with your ex, like Kourtney Kardashian is with Scott Disick, but it is possible to prevent that old relationship from holding you back like [Khloe Kardashian](#) after her break up with Tristan Thompson. Cupid has some tips:

1. Be comfortable moving on: Sometimes when you're afraid of being alone, you tend to hold on to toxic people. Holding on to exes who are not good for you can lead to being resentful and holding onto bitterness, like Bristowe with her ex Viall.

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2. Let go of any possible future together: If you're still holding onto to the idea of you and your ex being together, it stops you from building a life with someone else. It also stops you from growing as a person because you may be stuck in the past.

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3. Don't talk about your ex: Don't talk about your ex-partner. Just don't. Talking about them is a sign that you're not over them. If you talk about them, you're thinking about them. If you're thinking about them, you're not moving on. Stop talking about them and you will stop thinking about them and you'll finally move on to better things.

What are some other ways to keep old hurts from a past relationship from affecting your current life? Share your thoughts below.

Celebrity Break-Up: Adele & Simon Koneckis Call It Quits



By [Mara Miller](#)

In [celebrity break-up](#) news, [celebrity couple](#) Adele and Simon Koneckis have decided to call it quits after two years of marriage. They broke up eight or nine months ago, according to a source for *UsMagazine.com*. A second source said, "Their relationship evolved and they became more friends than lovers." The [celebrity exes](#) have a six-year-old son and are committed to raising him together.

In celebrity break-up news, Adele and her husband have decided to go their separate ways. What are some ways to work on your romantic love?

Cupid's Advice:

Unfortunately, love sometimes fades in a relationship. Cupid has advice on how to work on your romantic love to keep the spark alive:

1. Keep dating: Date nights are important when keeping your love with your partner alive. It gives you both a chance to get away from the kids for the night so you can focus on each other instead of school events, doctor appointments, or work issues.

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2. Take on a challenge together: Whether it's adopting a new puppy, tackling a sink full of dishes, or potty training a new puppy, taking on challenges with your partner encourages the both of you to learn how to work together rather than apart.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Buy each other gifts: It's cheesy and it's been suggested over and over again, but buying gifts for each other really will keep the romance alive. You don't have to show affection for your partner only on holidays or special occasions like an anniversary. Let them know you love them by getting something simple like a candy bar or that coffee they've been eyeing all week!

What are some other ways to work on your romantic love? Let us know in the comments below!

Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir



By [Mara Miller](#)

In [celebrity news](#), [Demi Moore](#) is set to release a “deeply

candid and insightful" memoir titled *Inside Out* that reflects on her [celebrity marriages](#) to [celebrity exes](#) [Aston Kutcher](#) and Bruce Willis, according to Harper Collins. *UsMagazine.com* reports Moore was married to Willis from 1897 to 2000 and have three daughters, Rumer, Scout, and Tallulah. Kutcher and Moore were together from 2005-2011, with their celebrity divorce being finalized in 2013.

In celebrity news, Demi Moore will open up about her failed marriages in her memoir. What are some ways writing can help you cope with a break-up?

Cupid's Advice:

Demi Moore wrote an entire memoir after two of her marriages ended in divorce. While writing might not be your coping mechanism for a break-up (and it's a *really* good way to cope), here are some other ways to get through your relationship ending:

1. Talk about it: Get some coffee with a friend or go to a restaurant for lobster and steak to dish all about the break-up. It's not good to hold in emotions after a break-up and your friend is sure to be willing to listen to you vent! Use it as a chance to catch up with them too if you haven't seen each other in a while.

Related Link: [Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi](#)

2. Practice self-care: It's time to put yourself first for a while. It is not selfish. You are putting your own well-being first for once. Get a mani-pedi, binge-watch your favorite

show on Netflix, or eat an entire pizza by yourself. Or all do all three! You need to learn to care for yourself again.

Related Link: [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

3. Practice positivity: Try not to let yourself dwell on everything negative that happened in your relationship. If you don't want to think about it at all, that's okay. Start a gratitude journal and write about all of the good things happening in your life. Or, if you need to write about your relationship, write about the positives and the things you have learned that you can take with you when you are ready to start dating again.

What are some other things you can do to help you cope with the end of your relationship? Let us know in the comments below!

Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made





By [Mara Miller](#)

In the latest [celebrity news](#), [Brad Pitt](#) is officially a [single celebrity](#) after a bifurcated judgment handed down last week, according to *EOnline.com*. [Angelina Jolie](#) has now taken back her maiden name since the judgment also declared her single. The [celebrity exes](#) are doing everything they can to work together, although they are continuing efforts to iron out custody and financial settlements. Pitt seems to be focusing mostly on his children and career despite [celebrity dating](#) rumors.

This single celebrity is ready to move on now that his divorce is almost complete. What are some first steps to moving on after a split?

Cupid's Advice:

Brad Pitt is officially single now and seems to be focusing on himself and his children. If you're in a similar situation, here are a few things to consider about moving on after a split:

1. Do your thing: It's hard to figure out how to be yourself when you have been with someone for so long. Whether it's 3 AM dance sessions in your underwear or a vampire movie binge, take time for yourself to figure out where you want to go now.

Related Link: [Celebrity News: Jenni 'JWoww' Farley Shares Photo While On Date with Mystery Man](#)

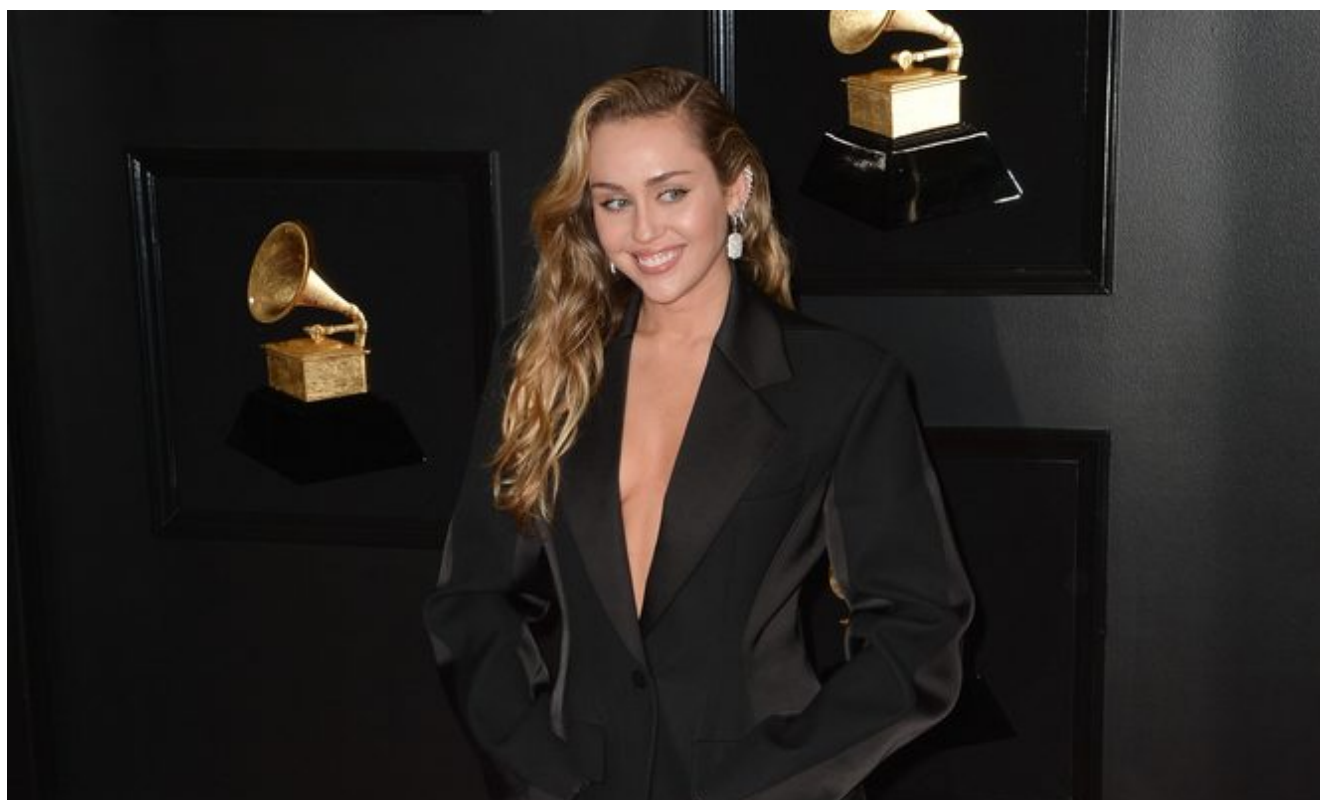
2. Start dating: There is going to be a time when you have to get out there and start dating again. It's okay if you're not ready yet, but it doesn't hurt to poke around a dating site or to go to a bar for a few drinks just to talk to strangers to explore your new options.

Related Link: [Celebrity Couple News: Kaitlyn Bristowe Dishes About Getting 'Hot & Heavy' with Jason Tartick During Hook Up](#)

3. Spend time with loved ones: Whether it's your kids needing time with Mom or Dad on the weekend or reconnecting with an old friend you haven't seen in years because life got busy, reconnecting with someone important in your life can negate any negative thoughts that may pop up over the situation that caused your split.

What are some other first steps to moving on after a split? Let us know in the comments below!

Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson



By [Mara Miller](#)

In the latest [celebrity news](#), [celebrity parent Kate Hudson](#) makes co-parenting work with [celebrity exes](#) Matt Bellamy and Chris Robinson, according to *UsMagazine.com*. Hudson, 40, shares her boys Ryder, 15, and Bingham, 7, with Bellamy and Robinson respectively. Bellamy and Hudson see each other a lot due to Bingham, and Robinson comes down from Northern California to visit Ryder. It seems like this celebrity mom has a well-thought-out co-parenting plan with her boys'

fathers, and she now has a new baby girl, Rani, with current boyfriend Danny Fujikawa.

These celebrity parents do their best to co-parent their children. What are some things to keep in mind when it comes to co-parenting?

Cupid's Advice:

This celebrity mom has been keeping things civil with her celebrity exes for the sake of her children, and it even seems like they still all have a good time together as a family. Here are a few things to keep in mind when it comes to co-parenting:

1. Keep communication open: You'll need to text, call, or see the other co-parent in person. Keep yourself open to speaking with them and try to maintain a decent relationship even if you aren't together anymore.

Related Link: [Celebrity Baby: Kate Hudson Opens Up About "Genderless" Parenting](#)

2. Plan for holidays and vacations: Always keep each other in the loop on plans for holidays and vacations. If it's summer break and you want to take the kids to the beach and it's your co-parent's time to be with the children, for example, clear the air before you make any reservations.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Focus on your child: Focusing on your child(ren) and putting them first before any personal needs are important. You don't want your kid(s) feeling like they're the reason

they caused you and your ex to split, and they don't need to feel any guilt over wanting to spend time with their other parent.

What are some things you keep in mind when it comes to co-parenting your children? Let us know in the comments below!

Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party





By [Mara Miller](#)

In the latest [celebrity news](#), [celebrity exes](#) Khloe Kardashian and Tristan Thompson threw a birthday bash for their 12-month-old daughter, True. According to *UsMagazine.com*, they even took a picture together on Instagram, where Kardashian shared pictures of True's party. Happy birthday, True!

These celebrity exes came together for their daughter, despite their differences. What are some pointers for successfully co-parenting?

Cupid's Advice:

Even if you and your ex aren't together anymore, you will have to keep things amicable, like Khloe Kardashian and Tristan Thompson, when it comes to your kid(s). We've got a few pointers:

1. Put them first: Always put your kid(s) first, no matter what. They depend on you both.

Related Link: [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

2. Improve communication: The easier you can both communicate because you have put aside the past, the better your child(ren) will benefit.

Related Link: [Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True](#)

3. Think of co-parenting as teamwork: If you approach co-parenting as working together as a team, it will make things easier. If you have rules, boundaries, and a schedule, then being there for your kid(s) will remain your top priority.

Do you have any pointers for successfully co-parenting your children? Share your thoughts below.

Celebrity News: Find Out Why Lady Gaga Called Off Her Engagement





By [Mara Miller](#)

In the [latest celebrity news](#), [Lady Gaga](#) revealed why she broke off her engagement to [celebrity ex](#) Christian Carino. It turns out he had some jealousy issues. According to *UsMagazine.com*, a source revealed, “Chris didn’t really treat Gaga well toward the end of their [two-year] relationship.” He kept trying to find her and texted her a lot, according to the same source. In the weeks following Gaga’s broken engagement, she leaned on friend Jeremy Renner. Renner and Gaga have been spending time together since her split from Carino.

In celebrity news, the reason behind Lady Gaga’s broken engagement is finally coming to light. What are some tips for

dealing with jealousy?

Cupid's Advice:

A jealous partner does not mean you have to immediately break up with them. Cupid has some tips to deal with jealousy. But just remember, if it ever starts to feel too out of control, you are right in calling off the relationship:

1. Stay calm: Listen to your partner and the reasons that they are jealous. Most likely it isn't something you have done and they might have some insecurities about the relationship that you both need to work on. Remember, a key to a strong relationship is communication, and if you can't listen to their concerns, then it might not work out.

Related Link: [Celebrity News: Rita Wilson Opens Up About What She Told Tom Hanks After Breast Cancer Diagnosis](#)

2. Create boundaries: Your partner needs to know and respect your boundaries, but you also have to know and accept theirs. If they are concerned about your friendship with someone of the opposite sex, make it clear that you are only friends and there is no reason to be suspicious of the friendship.

Related Link: [Celebrity News: Put Yourself First Like Lady Gaga](#)

3. Show affection: As long as you feel like the situation isn't abusive, show your partner some extra affection after you discuss their jealousy and dispel any reasons to be jealous. Holding hands or cuddling on the couch to watch a movie might help them feel more secure in the relationship.

What are some other tips you have for dealing with jealousy? Let us know in the comments below!

Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True



By [Mara Miller](#)

In the latest [celebrity parenting](#) news, [Khloe Kardashian](#) is upset with Tristan Thompson for not being more involved in their daughter's life. [Celebrity baby](#), True, is 11 months old.

While Kardashian understands that he has a busy NBA schedule and lives in Cleveland, Thompson has shown little interest in seeing his daughter. He has more of an “I’ll see her when I see her” attitude, according to a source from *UsMagazine.com*. The celebrity exes split after rumors of Thompson cheating with Jordyn Woods, although that wasn’t the first time, with Thompson also being unfaithful during Kardashian’s pregnancy with True.

These celebrity parents are at odds with one another. What are some ways to stay on the same page with your child’s other parent?

Cupid’s Advice:

Staying on the same page with your child’s parent when the two of you aren’t together anymore can become difficult, especially when the other parent doesn’t seem like he or she wants to be involved in actively co-parenting. Cupid has some tips on how to communicate more efficiently:

1. Communicate: You’re both going to have to talk to each other eventually, and this can be hard if the breakup wasn’t easy. But you will both need to speak to each other eventually for your child. And keep the conversations about the child only. Everything else isn’t relevant.

Related Link: [Celebrity News: Tristan Thompson Likes Khloe’s Sultry Instagram Pic Amid Cheating Scandal](#)

2. Try to understand the other parent: Even though you might not be a couple anymore, trying to understand your child’s parent is important in getting them to listen to you. It’s not out of line to ask for their work schedule or to plan ahead far in advance when they can take the time off to spend with

your child.

Related Link: [Celebrity News: Jordyn Woods Also Hooked Up With Khloe Kardashian's Ex James Harden](#)

3. Be flexible: If you can be flexible with the other parent, it's likely that they will be more willing to work with you later. That way, when something does come up and you need them to take your child, then they'll be more willing to cooperate.

What are some ways to work with your child's other parent? Let us know in the comments below!

Celebrity News: Tristan Thompson Likes Khloe's Sultry Instagram Pic Amid Cheating Scandal





By [Mara Miller](#)

In the latest [celebrity news](#), Tristan Thompson liked [Khloe Kardashian's](#) sultry Instagram photos with her sisters, [Kourtney Kardashian](#) and [Kendall Jenner](#). According to *UsMagazine.com*, his liking spree didn't stop there—he also liked a photograph of his and Kardashian's 10-month-old daughter, True. The two split when Kardashian found out that he cheated with Jordyn Woods.

In celebrity news, it looks like Tristan isn't ready to be cast aside by Khloe. What are some ways to win back your partner after trust is lost?

Cupid's Advice:

It can be hard to win your partner's trust after you break it. Here is some advice on how to win them back:

1. Give them space: You hurt them. Own up to it. Space away from each other is the best thing you can give them right now.

Related Link: [Celebrity News: Are Khloe Kardashian & Tristan Thompson Still Together?](#)

2. Be present: It might not be easy to give them space if you have kids together. Be there for your children, but don't try to force yourself into your partner's life if they aren't ready to have you there yet.

Related Link: [Celebrity Couple: Kylie Jenner & Travis Scott Pack on PDA at Grammys](#)

3. Listen to them: Eventually, your partner is going to need to vent. Let them have the time they need and hear them out. Talk about why you hurt them and how you can do better.

What are some other ways to win your partner back after you've hurt them? Let us know in the comments below!

Celebrity Divorce: Mandy Moore Reflects on 'Sad' and 'Lonely' Marriage to Ryan Adams





By [Mara Miller](#)

In the latest [celebrity divorce news](#), Miley Moore opened up about her seven-year roller-coaster marriage to singer-songwriter Ryan Adams, according to *UsMagazine.com*. The [celebrity exes](#) met when Moore was 23, and she became smitten with him. They married a year later. Things fell apart in Moore's immediate family when her mother left her father and so she thought, "I'll create my own family," Moore admitted on the "WTF with Marc Maron" podcast. She explained that her career quieted down soon after the marriage. "I couldn't do my job because there was just a constant stream of trying to pay attention to this person who needed me and wouldn't let me do anything else." Moore and Adams divorced in June of 2015. She is now happily married to Dawes frontman Taylor Goldsmith.

This celebrity divorce ended up being a blessing in the end. What

do you do if you find yourself in a marriage that's bad for you?

Cupid's Advice:

If you're truly being abused by your partner, the best thing you can do is get out of the relationship. Call this domestic abuse hotline if you ever need it: 1-800-SAFE (7233). Local women's shelters and community-based services may be able to provide help as well.

When you're in a bad marriage, it can be a tough call to decide whether you should leave or stay. But, you have to think about yourself and your children (if you have any) before you think about the longevity of your marriage to someone who makes you unhappy. Cupid has some tips:

1. Stop making excuses: It's easy to make excuses if you're in an unhealthy marriage. They're working too hard for you and your family, or they had a bad day at work, so that's why they insulted you, especially when it happens constantly. *Stop this.* You're letting your spouse get away with treating you badly. It's easy to find yourself in a loop of reasons why it's okay to let your spouse treat you this way. Remember this: the *only* person that can get you out of this situation is yourself.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Take a good, hard look at your role in the relationship: Does the house fall apart when you aren't home no matter how many times you've asked for help? Do they expect you to hold a full-time job *and* do all of the housework? Take care of the kids by yourself? If every single thing falls on you and they aren't trying to help, or they try to make you feel awful when you haven't gotten everything done, then it might be time

to get out.

Related Link: [Celebrity Divorce: Channing Tatum & Jenna Dewan's Split is Becoming 'Challenging and Emotional'](#)

3. Reach out to friends and family: It can be easy to lose touch with friends and family when you're busy. This is normal. But one of the first signs of being abused is for the abuser to start isolating their partner so they can't reach out for help. Being in a relationship that requires an occasional venting session with your bestie is one thing, but feeling completely isolated with no way out is another beast entirely.

What are some things you can do if you find yourself in a bad relationship? Let us know in the comments below!

**Celebrity Exes: Justin
Theroux Wishes 'Fierce'
Jennifer Aniston a Happy
Birthday**





By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes](#) Justin Theroux and [Jennifer Aniston](#) will mark their one-year anniversary of their post-Valentine's Day announcement of their divorce. Despite their break-up, Theroux wished his ex a very happy birthday in an Instagram post. On Monday, he captioned a photo of Aniston holding a pair of bull horns above her head with her muscular arms, saying "Happy Birthday to this fierce Woman." It is unclear if Aniston received the well wishes because she doesn't have an Instagram, but one of their mutual friends commented on his post. So, chances are she gladly got the message.

It seems these celebrity exes are keeping things amicable post-divorce. What are some reasons to remain civil with your ex after a

break-up?

Cupid's Advice:

Though it may be tough to remain civil with your ex following a break-up, there are many reasons to keep things amicable post-divorce. Here are some reasons to remain civil with your ex after a break-up:

1. They know your backstory: Having been through so much together, your ex knows everything about you. Keeping them around as a friend is a great idea so that you have someone you can go to if you need advice.

Related Link: [Celebrity Exes: Jennifer Garner Will Support Estranged Husband Ben Affleck 'No Matter the Circumstances'](#)

2. Your relationship was too important to just end things completely: So, you couldn't find a way to make things work as partners, but that doesn't mean you can't remain friends. After being together for so long, you can't just pretend your ex doesn't exist, so, it's best to stay civil with them.

Related Link: [Celebrity Exes: Justin Theroux Breaks Silence on Split from Jennifer Aniston](#)

3. It's easier to get over the break-up: One of the most difficult things after a break-up is missing the person you used to share your life with. If you're both cool with still being friends, then it can make your split easier to get over.

Can you think of any other reasons to stay civil with your ex following a split? Comment below.

Celebrity News: Brad Pitt Attends Ex Jennifer Aniston's Birthday Party



By [Mara Miller](#)

In the latest [celebrity news](#), [Brad Pitt](#) went to [Jennifer Aniston's](#) 50th birthday party, according to *EOnline.com*. Pitt and Aniston split in 2005, but are still on good terms with each other. Pitt wanted to support Aniston as a friend with other people in her life, but sources say that they won't be rekindling their romance any time soon. It's great to see that these [celebrity exes](#) are still friends on amicable terms.

In celebrity news, Brad Pitt attended his ex-wife's star-studded birthday party. What are some rules of thumb for keeping the peace with your ex?

Cupid's Advice:

There's no reason you have to completely cut your ex out of your life if you can see yourselves being friends down the road. This is especially true if you have children or the same circle of friends. Here are some ways you can keep the peace:

1. Keep it simple: Don't bring up anything from the past, and keep your conversation pleasant. There's no point in rehashing old fights when you have no intention of getting back together. Keeping things surface level is usually best.

Related

Link: <http://cupidspulse.com/128565/celebrity-exes-cardi-b-off-set-working-things-out-assault-case-adjourned/>

2. Avoid a dating atmosphere: Avoid places that bring back old memories. There's no reason to introduce nostalgia into the picture, and you don't want to be at a place with clear date vibes. Keep it casual.

Related

Link: <http://cupidspulse.com/128244/celebrity-exes-chris-pratt-anna-faris-co-parenting-tips/>

3. Keep yourself in check: It's okay to question yourself about old feelings about your ex. This is why giving each other space if you both need it is fine, especially if you run in the same social circles or have children together.

What are some ways you can keep the peace with your ex? Share your thoughts below.

Celebrity Divorce: Channing Tatum & Jenna Dewan's Split Is Becoming 'Challenging and Emotional'



By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes Channing Tatum](#) and Jenna Dewan are having trouble keeping an amicable relationship. According to *UsMagazine.com*, a source told them that the couple's split is becoming challenging and emotional. The couple separated in April 2018 following nearly nine years of marriage. Tatum, 38, filed for joint custody of their daughter, Everly, 5, and the process is becoming very lengthy. The doting father detailed, in his hearing, how much he loves

to spend time with his daughter and included the fact that he decorated her room in his rental home in a fairy-tale theme just so she'd feel comfortable there.

This celebrity divorce started out amicable, but it's becoming challenging. What are some ways to stay rational in the midst of a split?

Cupid's Advice:

Breaking up with someone you truly cared about and shared your life with is extremely difficult. It can put a lot of stress on you, both physically and emotionally. Here are some ways to stay rational in the midst of your split:

1. Unfriend them on social media: Keeping a close watch on what your ex is posting on social media can make what you're going through so much more difficult. To avoid any irrational behavior that may be triggered by their social media posts, unfriend them immediately!

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Are Still Living Together Post-Split](#)

2. Stay active: Keeping up with your exercise routine is scientifically proven to help you feel better. Staying active will build up your endorphins to help fight off stress. Go for a run or take a fitness class to meet new people, it will boost your mood and have you feeling like your normal self in no time!

Related Link: [Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce](#)

3. Connect with friends and family: Depending on how serious your relationship was, you may have lost touch with some important people in your life. Try reconnecting with them, it will help you take your mind off of your ex and is a great start to helping you move on.

What are some other ways to stay rational in the midst of a split? Comment below.