

Celebrity Exes: Teresa Giudice Honors Estranged Husband Joe on Father's Day



By Alycia Williams

In latest [celebrity news](#), [reality tv star](#) Teresa Giudice honored her estranged husband Joe Giudice on Instagram for Father's Day. According to *UsMagazine.com*, Teresa's post was of Joe and their four daughters captioned, "Happy Father's Day, the girls miss you today & everyday!" Joe commented under the post and said, "Thank you for being my angels, for showing the world you are superstar."

These celebrity exes may be estranged, but they're keeping their parental duties front and center. What are some ways to keep things civil with your ex for your kids?

Cupid's Advice:

A break-up is never an easy thing, and a lot of the times you never want to see your ex again, but if there are kids involved, then that's out of the question. If you are looking for ways to keep things civil with your ex for your kids, Cupid has some advice for you:

1. Only talk when you have to: If you and your ex ended things badly and you have kids together make sure that the only reason that you both are communicating is the kids. Keep every conversation, phone call, or text message pertaining to the children. Don't talk about what went wrong in your relationship, it'll just create bad blood between you two.

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2. Set your hurt/anger aside: Wearing your emotion on your sleeve won't benefit anyone and especially not your kids. It's ok to be hurt, but separate your feelings from your behavior because you don't want to put your kids in the middle of your drama.

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3. Don't try to be in control: Walking all over your ex when

it comes to decisions about the kids is not helpful, and it won't be good for your co-parenting relationship. Keep the communication gate open when it comes to the kids and make sure that you both make decisions for the kids together.

What are some more ways to keep things civil with your ex for your kids? Start a conversation in the comments below!

Reunited Celebrity Couple? Exes Nick Viall & Andi Dorfman Spotted Running Together





By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* alums Nick Viall and [Andi Dorfman](#) were spotted on a run together in Santa Monica, according to *UsMagazine.com*. The [celebrity exes](#) were seen two days after Viall revealed he was dating someone on his podcast, the *Viall Files*. While the [reality TV](#) star didn't give any details, he discussed "a conversation with someone that [he's] dating." A few weeks prior, Dorfman joked about reaching out to her exes during quarantine, sharing a post that read, "I'm about two days and/or three martinis away from texting all of my exes." She included a screenshot of a blank group text to Viall and Chris Soules, who were both contestants on her season of *The Bachelorette*.

Exes Nick Viall and Andi Dorfman are starting celebrity couple rumors after they were spotted

running together. What are some ways to know if you should reunite with your ex?

Cupid's Advice:

Your relationship ended for a reason, but you can't stop thinking about your ex. How do you know if you should really give it another chance with your ex? Cupid has some advice for you:

1. Time has passed: You and your ex have spent time apart. Maybe, you've both grown. Maybe, you can't remember what fight broke you up. You may be able to start again with a clean slate. If extended time apart helped you realize you still want to be with your ex, why wait any longer?

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

2. You fixed the problem: Remember the reason you broke up in the first place? Maybe it's not a problem anymore. If there was a specific issue that broke you two up—like long-distance no longer being an issue—and that issue has been solved, it might be worth it to try again.

Related Link: [Reality TV Update: Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

3. You're on the same page: Sometimes relationships end because you and your partner don't want the same things. Maybe you couldn't agree on where to live or if you wanted kids. People can change their minds! If you and your ex want the same things now, it sounds like the timing is right.

Would you be open to giving your ex another shot? Start a conversation in the comments below!

Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?



By Diana Iscenko

In the latest [celebrity news](#), Kelly Clarkson and soon-to-be ex-husband Brandon Blackstock have filed for divorce. A source close to Clarkson revealed that issues have been plaguing the [celebrity couple's](#) marriage for a long time. "They clashed on so many levels and being in quarantine together heightened their problems to the point of no return," the source *told UsMagazine.com*. Hosting her own talk show and coaching on *The*

Voice required Clarkson to spend a lot of her time in Hollywood. However, the source reveals that the singer's [celebrity ex](#) "prefers their quiet life in Nashville."

In celebrity divorce news, quarantine heightened Kelly Clarkson and her husband's relationship issues. What are some ways to work on your relationship in quarantine?

Cupid's Advice:

Quarantine can be hard on any relationship, but it can take an especially heavy toll on those who are already having issues. If you're worried about COVID-19 ending your relationship for you, Cupid has some advice for you:

1. Make sure you're on the same page: Everyone is extra stressed out right now. Take time to discuss what is troubling you both most. Once you're both aware of what about the pandemic is worrying you most, you can work as a team to find ways to deal with it.

Related Link: [Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years](#)

2. Find an activity to do together: You and your partner are probably spending much more time together. While every waking moment doesn't need to be spent together, find something you and your partner can do together that lets the two of you have quality time together. Do a puzzle, have movie nights, anything to make quarantine still feel like dating.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay](#)

[Cutler Reach Temporary Child Custody Agreement](#)

3. Focus on communication: Having healthy communication with your partner is always important, but it's even more vital when you're with them 24/7. Especially in such a high-stress time, you're bound to have disagreements. Make sure to be empathetic and steer clear from trying to "win" the argument by belittling your partner.

How have you been working on your relationship during quarantine? Start a conversation in the comments below!

Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years





By Diana Iscenko

In the latest [celebrity news](#), Kelly Clarkson and husband Brandon Blackstock file for divorce. The [celebrity couple](#) were married in 2013 and have two kids together, five-year-old River and four-year-old Remington. The singer cited irreconcilable differences when filing for divorce in Los Angeles. Despite these differences, the [celebrity exes](#) have been quarantining with their children at the pair's ranch in Montana.

In celebrity divorce news, Kelly Clarkson has decided to part ways with her husband after seven years of marriage. How do you know your relationship is over and not fixable?

Cupid's Advice:

It's hard to come to terms with things when your relationship is ending. Is it something you can work through or is it over? If you're thinking about calling it quits with your partner, Cupid has some advice for you:

1. They're no longer your go-to: You just got amazing news, but your partner isn't the first to know. You want to go to a concert, but you don't think to bring them as your plus one. While this might not seem like major problems, it shows that your partner is losing importance to you. You're feeling closed-off from your partner, which could show that your relationship isn't working as well as it was.

Related Link: [Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing](#)

2. You've stopped talking about the future: Planning for your future together is an important part of being a couple. If you find yourself no longer looking forward to a future with your partner (or don't see them in your future at all!), it might be time to let them go. If you're no longer in it for the long haul, you're holding both you and your partner back.

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3. You're bored: Not only are you feeling bored with your relationship, but with your entire life. If you're feeling dissatisfied with everything, it may be because your relationship is stagnant and that's seeping into other areas of your life.

How do you know it's time to call it quits on your relationship? Start a conversation in the comments below!

Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing



By Diana Iscenko

In the latest [celebrity news](#), Ewan McGregor and Eve Mavrakis have finalized their divorce more than two years after filing. The [celebrity couple](#) was married for 22 years, with McGregor filing for divorce in January 2018, citing inconsolable differences. There were rumors of this [celebrity divorce](#)

before it was filed, with McGregor spotted kissing *Fargo* costar Mary Elizabeth Winstead in October 2017. The couple went public with their relationship after McGregor's divorce was filed and are still together today.

In celebrity divorce news, it's officially over for Ewan McGregor and his now ex-wife Eve. What are some ways to get through tough divorce proceedings?

Cupid's Advice:

No one is expecting to get divorced on their wedding day. Even if your divorce was a long time coming, it can be hard to come to terms with the end of your marriage. If you need help getting through your divorce, Cupid has some advice for you:

1. Let yourself mourn: Your marriage is over and you're supposed to be upset about it. Whether you're heartbroken over betrayal or just bummed it didn't work out, you need to let yourself feel your emotions. Let yourself be upset.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

2. Stop fighting with your ex: You might be tempted to call your ex out on their bad behavior. If you keep fighting with your ex, you're letting the unhappiness of your past marriage get in the way of your moving on. Remember you aren't married anymore and you don't need to fight with them.

Related Link: [Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy](#)

3. Open up to someone: It's important to find someone to

confide in. Talk to a trusted friend, family member or therapist. You shouldn't keep your frustrations inside, but you also shouldn't complain about your divorce to your ex's voicemail or to your children.

How do you handle things with your ex? Start a conversation in the comments below!

Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough



By Alycia Williams

In latest [celebrity news](#), Brooks Laich expressed his desire for kids following his recent split from Julianne Hough. According to *UsMagazine.com*, the former professional hockey player was discussing his “journey” to learn more about racism on a “How Men Think With Brooks Laich and Gavin DeGraw” podcast episode when he said, “It’s important to me. I hope to be a father one day.” The [celebrity exes](#) split in May, but that doesn’t change the way he feels about one day having children.

In celebrity news, Brooks Laich isn’t letting his split from Julianne Hough keep him from having kids in the future. What do you do if your partner isn’t interested in having kids, and you are?

Cupid’s Advice:

Figuring out if you want to be a parent is such a big decision and even though you may have found who you think is “the one” they might not have the same plans as you to become a parent. If your partner isn’t interested in having kids and you are, Cupid has some advice for you:

1. Figure out if there’s an underlying issue: A lot of the time if someone doesn’t want to have kids, it’s not necessarily because they don’t want to be a parent, but because of something that they think may prevent them from being the best parent they can be. For instance, lack of time, lack of money, or lack of space could be factors. Talk to your partner and see if this is an issue that can be resolved

before starting a family.

Related Link: [Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages](#)

2. Be patient: Rushing into a big decision like becoming a parent isn't a good idea. If you are ready to have kids and your partner isn't, give them some time. They may change their mind over the course of time and when they do then you'll both be ready to have a baby.

Related Link: [Parenting Trend: The Science Behind Baby Fever](#)

3. Keep an open mind: Try not to be stuck on exactly what you want. Hear your partner out and see if you can come to a compromise and agree on something that you both are happy with.

What are some other things to do if your partner isn't interested in having kids, and you are? Start a conversation in comments below!

**Celebrity Break-Up:
'Bachelor' Alum Colton
Underwood Jokes About Split
from Cassie Randolph**



By Alycia Williams

In latest [celebrity news](#), former [reality TV star](#) Colton Underwood joked about his split from Cassie Randolph with the help of Sean Lowe ahead of the premiere of *The Bachelor*. According to *UsMagazine.com*, Lowe took to Instagram the night before ABC is set to air condensed version of season 17 of *The Bachelor*. Underneath the photo of Lowe and his now wife Catherine Giudici, Underwood commented, “Hopefully you are still with her.” Many fans responded, complaining how it’s too soon to joke about his break-up with Randolph. Underwood then stated, “Sometimes people are just meant to be friends and that’s okay. We both have grown immensely and been through so much together so this isn’t the end of our story, it’s the start of a whole new chapter for us.”

In celebrity break-up news, Colton Underwood is already joking about his recent split from Cassie Randolph. What are some ways to use humor in the healing process after a break-up?

Cupid's Advice:

Although break-ups can be difficult, laughing about it can really take the edge off. If you want to be able to use humor in the healing process after a break-up, Cupid has some advice for you:

1. Develop a smarter sense of humor: Using humor in tense situations can be hard to pull off. You want to be sensitive your ex's feeling but still make light of everything. Avoid mean spirited jokes. Saying something hurtful in a joke form could come of even worse than just being hurtful.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Don't use humor to cover up your emotions: Even though humor can help you heal from a break-up, if you use humor to hide or avoid your emotions than it can be unhealthy. If you're going to joke about your past relationship, make sure it's not for the wrong reasons.

Related Link: [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

3. Make sure you're both in on the joke: Humor only works if both parties are in on it. If you are joking about your past

relationship make sure your ex is okay with it. If not it'll just seem like you're picking on your ex and it won't make you feel any better either.

What are some other ways to use humor in the healing process after a break-up? Start a conversation in the comments below!

Celebrity Break-Up: Jordana Brewster & Andrew Form 'Quietly Separated' Earlier This Year





By Alycia Williams

In latest [celebrity news](#), Jordana Brewster and her husband Andrew Form “quietly separated” earlier this year after 13 years of marriage. According to *People.com*, the [celebrity couple](#) have the utmost respect for each other and they remain committed to co-parenting their two sons, Rowan and Julian, as a team.

In celebrity break-up news, Jordana and Andrew have separated, but are co-parenting their kids as a team. What are some tips for co-parenting successfully?

Cupid's Advice:

Co-parenting isn't anyone's ideal situation, but it's a lot of people's reality. It can be hard to maneuver the best way to

co-parent with your ex. Cupid has some advice for you:

1. Always communicate: It can be difficult to keep talking to your ex after you break-up, but if you have children together it's so important to keep communicating. You are both still parents whether you're together or not, and that means you still need to make decisions together pertaining to your kids. Keep your ex informed, and they should do the same with you.

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2. Have a plan: Once you and your partner break up, you need to create a plan when it comes to the kids. Sit down with your ex and figure out who the kids are going to live with, when the kids are going to visit the other parent, who's going to have the kids on which holidays, who's going to take the kids to school and all of the other little details. Agree on the details, and stick to them for consistency in your kids' lives.

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3. Try not to involve to kids: You and your ex broke up for a reason. Whatever that reason may be, try not involve your kids in your adult business. Don't talk negatively about your ex to your children, because that's their parent and you wouldn't want that done to you. Try to portray you ex in the best light possible in front of your kids.

What are some more tips for co-parenting successfully? Start a conversation in the comment below!

Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian



By Alycia Williams

In latest [celebrity news](#), Scott Disick and Kourtney Kardashian spent some time in Utah with all three of their kids for Disick's 37th birthday. According to *UsMagazine.com* these [celebrity exes](#) have been through so many ups and downs since the beginning of their relationship, but after their celebrity break-up, they seem to get along much better, especially when it comes to co-parenting. Recently, Disick and Sofia Richie called their relationship quits after three years. Many wonder

if Kardashian is the reason they broke up, so that she and Disick can get back together.

These celebrity exes are keeping things way above and beyond friendly. How do you know if you're still hung up on your ex?

Cupid's Advice:

After a long relationship ends, it's incredibly easy to get held up on the idea that you guys might get back together. If you think you are still hung up on your ex, Cupid has some advice for you:

1. Do you stalk them on social media?: If you constantly find yourself going to your ex's social media pages a few times a day, then you are definitely still hung up on them. Trying to look on their pages to see what they're doing, who they're hanging out with, and if they're seeing anyone else, just isn't healthy. Try deleting the apps from your phone to stop yourself from going to their pages. The longer you go without thinking about them, the better.

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2. Do you still refer to them as your partner?: When you're talking to someone else about your ex partner and you refer to them as your boyfriend, girlfriend, husband, or wife accidentally, then you are still not over them. This can be really hard to correct, especially when you're fresh out of a relationship, but after a few months you should be looking to correct yourself. Have your friends and family point it out to you every time you say it. Or, you can use the swear jar method, expect only put a dollar in the jar when you refer to

your ex as your partner.

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3. You're not interested in dating again: If you find yourself not finding anyone attractive or not wanting to get back out there and go on dates, then you are still holding on to your past relationship. You don't want to go on dates because you're still in a "relationship" kind of head space, when you should be in a single state of mind. Try to get back out there in the dating world and go a little out of your comfort zone; consider someone completely different than your ex.

What are some other ways you know your still hung up on your ex? Start a conversation in the comments below!

Celebrity Break-Up: Josh Lucas' Ex Wife Claims He Cheated During Pandemic





By Alycia Williams

In latest [celebrity news](#), Jessica Ciencin Henriquez posted a tweet slamming her ex-husband Josh Lucas for cheating on her. According to *UsMagazinge.com*, Henriquez captioned her tweet, "Exes are exes for a reason." She went on to explain that it's easier to forgive people for cheating when you have a child with them, but it takes a terrible person to cheat on someone during a pandemic. These These [celebrity exes](#) have broken up before in the form of a very public celebrity divorce [celebrity divorce](#) in 2014, but recently they have been trying to reconcile their relationship. Due to the recent cheating scandal, however, Henriquez decided to take it to Twitter, ending her tweet saying, "I deserve better than this, Our son deserves better than this."

In celebrity break-up news, Josh Lucas' ex-wife is airing her

grievances publicly. What are some things to consider before going public with relationship disagreements?

Cupid's Advice:

Having a disagreement with your partner can really be difficult, and sometimes you can be airing your dirty laundry without realizing it just because you need to vent. If you tend to go public with your relationship disagreements before considering all of the consequences, Cupid has some advice for you:

1. Think of the kids: Relationship disputes can be a really delicate situation, but when there are kids involved, it only makes it more complicated. You don't want your kids to be involved in adult conflict, and when you go public with your relationship drama, it can easily be overheard by your children. So, before you publicize your relationship disagreement, think about your kids. Put them first.

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2. What will your family and friends think?: When you tell your family and friends about your relationship feud, it can really paint a negative picture of your partner in their heads. If you decide to work out your differences and forgive your partner, your family and friends might not forgive them so easily, which will make gatherings really awkward. Your complaints can be taken to heart by your family and friends, making your partner seeming like a terrible person.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. You'll receive everyone's two cents: Having everyone know that you and your partner are having relationship issues can result in everyone giving their unwanted opinions. Hearing their thoughts about your relationship can stress you out. Sometimes unwanted opinions can lead to blowing smaller issues out of proportion, which only results in more conflict. When you deal with your relationship issues internally, you'll focus on your opinion alone, and that's ultimately the only one on that matters.

What are some other things to consider before going public with relationship disagreements? Start a conversation in the comments below!

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split





By Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filled for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Cutler "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according to an Instagram post.

In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing

warnings about your relationship?

Cupid's Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

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2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

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3. Find a compromise: You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie ended things to give Disick space to work on his mental health and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking

terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?

Cupid's Advice:

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

1. Allow yourself to grieve: This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

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2. Focus on yourself: Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

3. Lean on friends and family: Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to

listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

What do you do to heal after a relationship? Start a conversation in the comments below!

Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie





By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?

Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating whether you should stay civil with an ex, Cupid has some advice for you:

1. You need closure: A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

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2. You run in the same circles: Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

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3. You still trust them: If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

Do you try to keep things civil with your ex? Start a conversation in the comments below!

Celebrity Exes: Jessie J

Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split



By [Hope Ankney](#)

In the latest [celebrity news](#), Jessie J. wished [Channing Tatum](#) a happy birthday over the weekend. Just weeks after these [celebrity exes](#) called it quits, *EOnline.com* states that the “Domino” singer took to social media to give Tatum a big 40th birthday shout-out. “Happy 40th birthday to this special man right here,” Jessie wrote alongside a photo of Channing in the water. “I am so grateful you were born, and even more grateful that we met.” She even shared a video of him in the water with the caption, “Keep living your BEST life.”

These celebrity exes seem to be taking the high road. What are some benefits to keeping a civil relationship with your ex?

Cupid's Advice:

Everyone knows how difficult it can be to stay on good terms with an ex. It's possible, but it can take a while to get to a point where you're both balanced enough to have some sort of friendship outside of the relationship. If you're figuring out the pros and cons of taking the high road with an ex, don't worry. Cupid has some [love advice](#) on the benefits that staying civil with your ex can bring:

1. Someone to confide in: No one else was apart of the relationship other than your ex. So, if you're having a difficult time healing or moving on in other relationships, they can be the perfect person to confide in. They know parts of you no one else does, and that can be very beneficial in the long run.

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2. Beneficial for the kids: If you and your ex have children together, it is very good to try and keep a civil relationship with their other parent. It can be difficult enough to split your kids up between the two of you, but it will be a lot better for everyone if you're able to still act as that family unit around your children.

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3. The work environment: Sometimes, you find that splitting up

can be sticky for more reasons than one. If you both work around each other, the work environment can get awkward and tense real quick. If you're able to find a common ground to stand on with an ex, it can make both of your work spaces that much more bearable. Trust me, your coworkers will thank you.

What are the benefits you've found while staying civil with your ex? Let us know down below!

Celebrity Exes: JLo and Diddy Reunite for a Good Cause



By Ellie Rice

In the latest [celebrity news](#), friendly celebrity exes JLo and Diddy reunited 20 years after their split! The pair were seen dancing and chatting on Instagram Live for Diddy's Dance-a-Thon Fundraiser that ended up raising over \$3 million dollars. According to *UsMagazine.com*, the money was being donated to an organization called Direct Relief, which supports healthcare workers in poverty stricken areas. We love to see this pair reunite for such an awesome cause!

In celebrity news, celebrity exes JLo and Diddy reunited on social media for his dance-a-thon fundraiser. What are some ways to know you're ready to be friends with an ex?

Cupid's Advice:

Rekindling any sort of relationship with an ex is tricky, whether getting back together or developing a friendship. If you think you're ready and want to be friends with an ex, Cupid has some advice for you:

1. Your feelings are platonic: If you feel as though you have completely moved on from any lingering emotions and heartache that one was, a friendship could be your next step. Understand yourself and your heart first and foremost and only embark on this path if you are truly ready for it. You don't want to fall right back into romantic love and wind up heartbroken again, so take it slow!

Related Link: [Celebrity News: Diddy Navigates Life as a Single Father After Kim Porter's Death](#)

2. You've set boundaries: Understand that even though you are developing a friendship with this person, they are still your ex. The history that you share with this former partner was once very intimate so make sure you are setting boundaries for yourself and them. Sit down with your ex and establish the do's and don'ts of this newfound platonic union.

Related Link: [Fashion Tips: Fashion Takeaways From Icon Jennifer Lopez](#)

3. You've moved on romantically: If you've been with or at least thought about being with other people since the split, this is a sign you are ready for the path of friendship. Feeling yourself move on romantically from your previous relationship is a wonderful and freeing experience so be sure that you're ready for this interesting step. Many people won't develop a friendship after a breakup because they still have lingering feelings for their former partner, but if you miss this person in a platonic way, go for it!

Would you begin a friendship with an ex? Start a conversation in the comments below!

Celebrity Exes: Bradley Cooper & Renee Zellweger Reunite at Oscars 2020





By [Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes](#) Bradley Cooper and Renee Zellweger were spotted mingling together at the 2020 Oscars. *UsMagazine.com* reported that the two were being cordial with one another before taking their seats as the award show started. The pair began dating soon after working together on the thriller *Case 29* in 2009. They then split back in 2011.

These celebrity exes kept it cordial and mingled at this year's Oscars. What are some reasons to remain cordial with your ex after a break-up?

Cupid's Advice:

Staying cordial with an ex can sometimes be tricky. If you and

your ex ended on less than ideal terms, it can be even trickier to find a medium ground between the two of you. It doesn't help if you have to see each other more often than you would like. If you're having trouble keeping it amicable with an ex, don't worry! Cupid has some [relationship advice](#) to help you wade through those waters after a break-up:

1. Let time pass: Sometimes, the best healing agent is the act of absence. Even if you are forced to be at the same functions or events as an ex, it's easier to stay clear of them until both of you are at a point that you can talk to one another cordially. It'll be less stressful and much more rewarding if you keep your distance when you work on interacting publicly.

Related Link: [‘Bachelorette’ Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People’s Choice Awards](#)

2. Meet up to discuss problems: If you both are at a place that you can meet and hash out your issues, that would be a great step for forging a cordial relationship with an ex. You guys can get everything out into the open, understand why one of you felt the way you did, and find common ground. Besides, this is a perfect opportunity to get closure if you didn't already have it.

Related Link: [Single Celebrity: Tyler Posey Confirms He’s Single After Split](#)

3. Bring friends as support: If you know you're going to have to interact with an ex at a function or event, surround yourself with friends to make sure it all runs smoothly. They won't allow the conversation to go off the rails, and they are a great barrier between any awkward tiffs you and your ex might have if you both were alone.

What are some ways you've learned to be cordial with an ex? Let us know down below!

Celebrity Break-Up: 'Bachelor in Paradise' Couple Kendall Long & Joe Amabile Split



By Ellie Rice

In the latest [celebrity news](#), *Bachelor in Paradise*'s beloved Grocery Store Joe Amabile and Kendall Long have split. The pair released a lengthy statement citing distance as the reason behind the breakup. According to *UsMagazine.com*, the decision was mutual as they both still hold a lot of love for each other. It's sad to see a fan favorite couple turn into [celebrity exes](#), but we hope they find love and happiness on

their own journeys!

In celebrity break-up news, this *BIP* couple is no more. What are some ways to know your relationship is over and can't be fixed?

Cupid's Advice:

Acknowledging that your relationship is over can be difficult, but moving on to something healthier and happier is worth it. Cupid has some advice for you on when to know when its really over:

1. Your mental health is suffering: If you aren't feeling like yourself anymore, and the relationship is the root cause, it's time to move on. Letting your mental health suffer for the sake of another person isn't healthy or positive. Love the life you live, with confidence and strength!

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split](#)

2. The spark is gone: When your relationship feels more like a friendship, then maybe it's become just that. Relationships evolve over time, sometimes deepening that initial romantic connection and other times shifting into a platonic partnership of comfortability. Recognize this shift and have an honest conversation with your partner. It's not fair to either of you, staying in a romantic relationship that you aren't 100% invested in.

Related Link: [Expert Dating Advice: How To Have Tough Talks With Your Partner](#)

3. The cons outweighs the pros: If you feel like you're

fighting about minor or meaningless issues and everything has become a challenge, it's time to analyze your relationship. When you're both unhappy, it can lead to small things becoming big things. Once the bad times start to overpower the good, it's time to go.

What are some healthy ways to move on from a partner? Start a conversation in the comments below!

Celebrity Couple News: Justin Timberlake Is Trying to 'Prove Himself' to Jessica Biel Post-PDA Drama





By Ellie Rice

In the latest [celebrity couple news](#), Justin Timberlake has been in hot water after pictures surfaced of him getting cozy with his *Palmer* costar in New Orleans this past November. Timberlake has been married to actress Jessica Biel for over seven years and they have a child together. According to *UsMagazine.com*, Timberlake is doing everything he can to earn back his wife's trust. We hope they can rebuild their relationship and not become the next pair of [celebrity exes](#)!

In celebrity couple news, Justin Timberlake is doing his best to come back from displays of PDA with a co-star who was not his wife. What are some ways to regain trust in a relationship?

Cupid's Advice:

Rebuilding trust within a relationship can be difficult, but potentially worth it with the right person. Cupid has some advice on how to repair your relationship:

1. Figure out what went wrong: Ask your significant other for honesty. Allow them to explain their thoughts and feelings as to why they may have strayed and broken your trust. Once you've established what was missing within the relationship, you can work towards moving forward.

Related Link: [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Thoughts on Season 2 and Physical Infidelity vs. Emotional Connection](#)

2. Leave the past in the past: If this is the person you truly want to be with, then rebuilding the relationship is a priority. Once you've talked about what went wrong, begin moving on from the situation. Try to go out and experience new things together and build memories that you can feel confident looking back on. Plan date night once a week and pick somewhere new to check out each time!

Related Link: [Ask the Guys' Guy: Dirty Talk for Beginners](#)

3. Put in the effort: If talking it out together just isn't working, then maybe try seeking professional help. If Timberlake and Biel are making it work with couple's therapy, maybe you can too!

What are some ways you've rebuilt trust in your relationship? Start a conversation in the comments below!

Celebrity News: Kylie Jenner & Travis Scott Will Spend Christmas Together for Daughter Stormi



By [Hope Ankney](#)

In the latest [celebrity news](#), it seems that Kylie Jenner and Travis Scott will be spreading the holiday cheer together with daughter, Stormi. According to *EOnline.com*, the [celebrity exes](#) will be spending Christmas as a family to make it as wonderful as possible for Stormi. He will be at family gatherings and other outings with Kylie and his daughter in the upcoming week. They're both excited to share this experience with Stormi, together.

In celebrity news, Kylie and Travis will spend the holidays together despite not being together. What are some important ways to be the best co-parents you can be?

Cupid's Advice:

Co-parenting isn't always the easiest job, especially when it comes to being at odds with your ex. But, it doesn't have to hinder your child's experience with both of you! If you're having a difficult time figuring out how to be a family together, don't worry! Cupid has some [parenting advice](#) to make sure you're being the best co-parent you can be:

1. Find a healthy way to communicate: Co-parenting is hard enough as it is. You don't want to make it even harder by not having a sense of communication with one another. Meet in the middle with your ex, and find a way for both of you to communicate so you can come together for your children and give them the best memories possible.

Related Link: [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

2. Set boundaries: Make sure that you both have a deep understanding of which boundaries not to cross with one another. An easy way to fix any potential blow-ups is to know what's a touchy subject for your ex. This allows you both to exist in the same space without wondering if one of you is going to cross the line about a certain topic.

Related Link: [Celebrity Parents: Kendall Jenner Jokes on Social Media About Starting a Family](#)

3. Put your child first: The most important aspect of co-

parenting is to always do what's in the best interest of your child. It isn't about you as exes. It's about making sure that your kid has the best experience they can with each of you as a family. If you can't come together for the well-being of your child, then it will be a very difficult journey being co-parents together, and the outcome of that could affect them in the long run.

What are some of your most helpful co-parenting tips? Let us know below!

Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting





By [Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes Ben Affleck](#) and [Jennifer Garner](#) have kept an amicable coparenting relationship amidst “underlying tension.” According to *UsWeekly.com*, Garner has high expectations for Ben, and it’s difficult for him to live up to it, sometimes. However, the couple has agreed to keep their three children out of their “former problems.”

These celebrity exes work at a civil relationship, but they still have tension when it comes to coparenting. What are some ways to work together on parenting?

Cupid’s Advice:

Whatever brought about the divorce, coparenting can be an absolute nightmare if not fleshed out correctly. You’re trying

to keep the peace with the kids, but it's hard when you and your ex are not seeing eye-to-eye. If you're having trouble keeping the conflict down and putting the children first, don't worry! Cupid has some [parenting advice](#) for those struggling to work together:

1. Communicate when you're in a good emotional place: When it comes to tension with an ex, it's important to take time to cool off. Keep calm, and put your emotions by the door. Keep the conversation about coparenting duties brief, informative, and respectful. You don't need more fuel for the fire.

Related Link: [Celebrity News: Justin Timberlake Breaks Silence on Alisha Wainwright PDA Pics](#)

2. Focus on the children: At the end of the day, it's what's best for the kids that should take priority over the divorce. Creating a new life and keeping a healthy family dynamic is way more important than outwardly battling with an ex. Find time, together, to figure out what would be best for your children before moving forward.

Related Link: [Celebrity Parents: Garth Brooks Gets Real About Raising Daughters After Split from Ex-Wife](#)

3. Find a support network for difficult times: Coparenting after a divorce can revolve around tensions after tensions. It's important for both of you to have someone to talk with when things have become more difficult in this department. Whether that be a friend, a religious leader, or even family, finding someone who helps you see clearly about both sides make such a difference in how you handle situations going forward.

How have you led a successful coparenting relationship? Let us know down below!

Celebrity Exes: Britney Spears & Kevin Federline 'Don't Have Much of a Relationship'



By [Ahjané Forbes](#)

In [celebrity news](#), these [celebrity exes](#) don't have much of a relationship with each other. Instead, [Britney Spears](#) and ex husband Kevin Federline have a cordial relationship with each other. The two plan to focus on their [celebrity kids](#) Preston, 14 and Jayden, 13. According to *UsMagazine.com*, a source said,

“Britney does not have much of a relationship with Kevin other than everyday co-parenting stuff.”

These celebrity exes are definitely not close, though they share two kids. What are some ways to keep things civil with your ex when children are involved?

Cupid's Advice:

A change in your family situation is not always easy to navigate. What you call “home” has now been broken. This can create tension between both individuals and creates stress in the family unit. Cupid has some advice on how to keep a solid co-parenting relationship with your ex:

1. Don't dwell on the past: When you break up with your partner, it often leads to digging up details about what happened throughout your relationship. For the sake of your kids, try to avoid negativity while speaking about your ex-partner. This will not happen overnight. However, it is important that you show respect toward the person you are co-parenting with, because this will show your children and that both of you are mature adults.

Related Link: [Parenting Advice: Collaborative Parenting](#)

2. Try not to invade their personal lives: If your ex-partner starts dating again, avoid intervening or saying something about it. It is not your place. You too have agreed to complete a job together regarding your children. You don't have to be happy that they are moving on, but you must respect them.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give](#)

[Co-Parenting Tips!](#)

3. Be friendly, but not too friendly: You both have agreed to end the relationship. Therefore, there is no longer a sense of entitlement. Both parties are responsible for their respective activities with the kids. You don't need to get into deep conversations or details about your social life outside of the kids. One or both parties might still be hurt from the break-up. You will need to get into the right mindset to be able to be cordial with your ex-partner.

How did you handle co-parenting with an ex partner? Share experiences in the comments below!

Celebrity Exes: Jon Gosselin Says Kate Gosselin is 'Warped' By Fame





By [Hope Ankney](#)

In the [latest celebrity news](#), Jon Gosselin has stated he thinks [celebrity ex](#)-wife, Kate Gosselin, has changed for the worse after the couple's fame skyrocketed from *Jon and Kate Plus 8*. According to *UsMagazine.com*, Jon expressed his concerns on an upcoming episode of *Dr. Oz*. Preview clips of the interview feature him stating, "I believe that her belief system is skewed. I believe her intentions, in the beginning, were good intentions. Bringing kids into the world that she fought to have, these kids. But I think once fame and money got involved, it twisted her belief system. On my end, I've been fighting to get my kids off TV forever."

These celebrity exes are still taking digs at each other. What are some ways to keep negativity about your ex out of your life?

Cupid's Advice:

Sometimes, when it comes to exes, it's hard to stay on friendly terms. The split is messy. The friend circle is too small. The wounds aren't easy to heal. If you're struggling with keeping yourself out of the drama with an ex, don't worry. Cupid has some [relationship advice](#) to help you keep their negativity out of your life:

1. Give a disclaimer to friends: If you and your ex share a friend group, make sure you have a conversation with the friends about how you feel. If you tell them that you'd rather not hear anything about your ex, they'll more than likely accommodate your request than if you didn't communicate with them beforehand. It also keeps the peace between the friend circle.

Related Link: [Celebrity News: Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian](#)

2. Unfollow them on social media: Negativity seems to follow exes who stalk each other on social media. If you really want to distance yourself from the drama and pessimism that is triggered by an ex, unfollow them or even block them on your social sites. This helps you not be tempted to check their page and sour your mood.

Related Link: [Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt](#)

3. Don't fan the fire: Most times when an ex is causing negativity in your life, they're expecting a reaction. Ignoring someone might sound like an obvious piece of advice, but it is important to not allow yourself to give in and snap back. This only causes more drama and makes your ex susceptible to acting out again.

How do you keep the negativity about an ex out of your life? Let us know down below!

Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher



By [Ahjané Forbes](#)

In [celebrity news](#), [Demi Moore](#) tells her story on Red Table Talk. She spoke about her relationship with [celebrity ex Ashton Kutcher](#), and her struggle to sobriety. The actress admits that she relapsed after 20 years of sobriety. The interview comes a month after the release of her new book *Inside Out*. According to *UsMagazine.com*, Kutcher told her once, “I don’t know if alcoholism is a real thing – I think

it's all about moderation." Moore tells Jada Pickett-Smith and her daughters that, "I wanted to be that girl. The girl who could have a glass of wine at dinner, or do a tequila shot at a party. In my mind, Ashton wanted that, too." The actress also admits that losing her [celebrity baby](#) was her fault. Rumer, Moore's daughter, said that she felt like she had lost her mom while she was in the [celebrity relationship](#) with Kutcher. She felt as though she "wasn't good enough" for her mom.

In celebrity news, Demi Moore says she was addicted to Ashton, and it wasn't healthy. What are some ways addiction can affect your relationship?

Cupid's Advice:

Having an addiction can be very toxic in any form in your relationship. Whether it's a big or small addiction, it will have a negative affect. Drinking and smoking are the most common addictions, and they can tear your bond apart. However, there can be other addictions that have the same effects as a substance abuse. Cupid has some ways is to know if your addiction is affecting your relationship:

1. Communication starts to become strained: If you notice that your partner or your children do not want to communicate with you as often anymore, then you have to look into what you are doing differently than you used to. For example, if you are used to having family night and watching the football game together, and now no one has an interest in watching with you anymore, your addition could be the source of the problem. Ask your partner and your children why they're communicating with

you less. If they respond with, “I don’t like it when...” then your addiction is a serious problem.

Related Link: [Parenting Advice: Tips to Get Your Child Talking](#)

2. Lots of interest in public events: You would rather stay at home and drink a glass of wine or skip a family event to go and play poker. If this is the case, your addiction might be affecting your life. You’ll start to seclude yourself from people, including your family members, because you want to perform the action that everyone hates.

Related Link: [The Smarter Way to Meet New People and Actually Enjoy It!](#)

3. No effort in quitting: When your family members and friends tell you that your addiction is very harmful to yourself and others, will you try to stop? If you have the “tunnel vision” mindset when it comes to your addiction, you’ll never be able to see the affect it has on everyone around you. Quitting will not be easy, but it is the effort that counts. If you seriously want to quit, then find a support group nearby that will help you through the process.

How can you tell if your addiction is affecting your relationships? Let us know in the comments below!

Celebrity Exes: Selena Gomez Breaks Silence After Drama with Hailey Baldwin Bieber



By [Ahjané Forbes](#)

In [celebrity news](#), Selena Gomez released two new songs. “Lose You To Love Me” is reportedly about her break up with [celebrity ex](#) Justin Bieber. As a result, fans thought that Hailey (Baldwin) Bieber purposely threw shade at Gomez on her Instagram after the song came out. They voiced their disapproval of Hailey as a result. Hailey responded, saying, “Please stop with this nonsense... there is no ‘response.’ this is complete BS.” Gomez also cleared the air saying, “Don’t go off and say things that you just feel in the moment. Just please, for me, know that that’s not my heart. My heart is only to release things that I feel are me, and that I’m proud of. And that’s all I’ll say.” According to *UsMagazine.com*, the Disney Channel alum released a new song called “Look At Her Now” right after this misunderstanding.

Selena Gomez isn't about the drama when it comes to her celebrity ex Justin Bieber's wife. What are some ways to keep drama with your ex to a minimum?

Cupid's Advice:

relationship advice on how to avoid the bad interactions with your ex:

1. Stay away: Now that you both have broken up, there is no need for you to constantly check up on them. If you don't have anything nice to say about this person, then you need to distance yourself. In order for you to get over what happened in the past you have to let go.

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2. Respect that they have moved on: It may hurt to see your ex with another person. However, you should not bring up old times as a way to reel them back in. Avoid conversations about the past with them. This will help to reduce conflict with their new partner.

Related Link: [Ask the Guys' Guy: How Much Is Too Much On Exes?](#)

3. Let them see you happy: Start going out more with your friends. This will make you think less of your relationship and a little more about yourself. Don't show them your vulnerable side.

What are some ways that you have produced drama with your ex? Share your experience in the comments below!