### Bride-to-Be Reese Witherspoon Focuses on Upcoming Wedding





Wedding bells are ringing for Reese Witherspoon! After a divorce from her exhusband, Ryan Phillippe, the actress is now engaged to Hollywood agent, Jim Toth. In fact, she recently went wedding shopping in Paris with three of her girlfriends and a source says that she's thrilled about starting a new life with her fiancé. "He's a grown-up who's really ready to take the next step," says Witherspoon's friend. "He's a family-oriented guy, and that's all she ever wanted."

How do you know if your partner is family-oriented?

#### Cupid's Advice:

Now that you've fallen in love, you're ready to settle down.

But how do you know your partner is family-oriented? Cupid has some telling signs:

**1. Family time:** Your future spouse has a close relationship with his or her family and enjoys spending quality time with yours.

2. Interactive: Does your fiancé like interacting with children? If so, this is an indication that your significant other more than likely has a soft spot for children and may want some of his or her own.

**3. Children:** He or she has openly talked about having children and building a family with you.

### Jesse James and Kat Von D Are Engaged





It's wedding bells for one of the most controversial couples in Hollywood: Jesse James and Kat Von D have announced their engagement. James and now ex-wife Sandra Bullock split in June after news of his multiple affairs surfaced. The motorcycle mogul, who began dating Kat Von D shortly after the divorce, professed his love for his fiancee to *People*. "You know sometimes the public and press gets it wrong. This is one of those times. 2010 was actually the best year of my life because I fell in love with my best friend. An amazing woman who stood behind me when the world turned their backs."

How do you know when someone is truly committed?

#### Cupid's Advice:

It can be tough to tell if the person you're dating is planning on being in the relationship for the long haul. Cupid has some ideas and how to tell if he's truly committed:

1. There for you: When the going gets tough, and your partner stands by you in a time of crisis, it's safe to say he's not a flight risk.

2. All about PDA: If your mate isn't afraid to sing your praises in front of anyone and everyone, it's more than likely

true love.

**3. Don't care what people think:** When it comes to your relationship, sometimes there will be naysayers. If your partner doesn't seem to care about the critics, he's there for the count.

### Spotted: Zac Efron and Vanessa Hudgens Together



Can

n separation

actually bring people closer together? It looks like that may be the case for ex-celebrity couple Zac Efron and Vanessa Hudgens. According to *People*, the pair were "constantly touching and kissing each other" at Friday evening's SHG'S Eden Hollywood opening. Efron and Hudgens announced their split in December, but appeared to be more than friends on the dance floor. "Vanessa was bopping around with her arms up while Zac had his hands all over her," the source says. "Vanessa had a smile on from ear to ear and the two were inseparable after that."

#### How can you hang out with an ex after a public breakup?

#### Cupid's Advice:

When you and your ex make your breakup public, any contact you have from then on becomes the talk of the day. If you had a public breakup but want to continue to hang out, Cupid has some tips:

1. Be honest: If you don't want the rumors to start, be up front. The best way to avoid talk is to tell your friends honestly that you and your ex are starting to hang out again, and it's nothing more than that. The more you tell them, the less they have to make up.

2. Stay out of the limelight: For some people, it's easier to go with the low key approach and risk the rumors than to face their friends. If telling those close is too much pressure, keep it to yourself a long as possible.

**3. Return to spotlight:** The best way to start fresh with your ex is to make your make-up just as public as your breakup. Invite your friends when you hang out with your ex. That way you can avoid the stress of secrets and put all rumors to a halt.

# Michelle Williams Upset Over 'Nightline' Interview Focus on Heath Ledger





While promoting her

new movie, *Blue Valentine*, Michelle Williams had what she calls a "devastating" experience with *Nightline*. *E! Online* reported last week that Williams didn't like how *Nightline* producers edited the interview to focus almost entirely on Heath Ledger's death. "They used those few quotes, and the way they edited the piece to sell the interview, it appeared as if I were breaking some kind of silence and sitting down with the express purpose to discuss something that is very private to me," says Williams, who still finds talking about her former partner's death a "struggle."

How can you avoid unnecessary questions about a lover who's no longer in your life?

### Cupid's Advice:

When you lose a partner, whether it's through a breakup or an unexpected tragedy, it's hard to talk about at first. Cupid has some ideas on how to avoid prying questions:

1. Say 'no': When someone brings up your ex, simply tell him you're not ready to talk about it yet. Most people will understand that you still need time to mourn.

2. Date someone new: Once you've taken time to grieve, go out with a new person. People will stop asking questions about your old partner and start asking about your new one.

**3. Don't avoid it forever:** While it may be difficult to answer questions about a painful subject, remember that most of the time, people ask because they're worried about you. Accept their help when you're ready to move on.

# Kelly Osbourne Says She is Head Over Heels for Ex-Fiance, Luke Worrall





Despite a recent

rant about ex Luke Worrall over Twitter, Kelly Osbourne tells the British version of *Cosmopolitan* that she's still not over her former fiance. According to *People*, Kelly Osbourne says that she has not been with anyone since splitting from Luke Worrall six months ago. "I think we need to spend time working on ourselves, but it doesn't erase the fact that I'm head over heels in love with him… I haven't been with anyone since Luke."

How do you get over your ex?

#### Cupid's Advice:

Sometimes when we can't get over someone, we use anger to cover up our leftover feelings. Here are some tips on how to stop getting mad and start getting over him:

1. Stop communication: Delete your ex from your phone, don't answer his e-mails and refrain from checking up on him on Facebook. A clean break is almost always the best bet.

2. Rebound: While you should avoid getting in another serious relationship too soon after a breakup, get back out there and date around. It'll give you the confidence you need to start over.

**3. Lean on friends:** Don't expect to get over your ex alone. Complain, cry and forget about him with the help of your friends.

# Valerie Bertinelli Marries Boyfriend of 7 Years, Tom Vitale





Valeri Bertinelli is

hitched! The actress married her boyfriend of seven years, Tom Vitale, on New Year's Day at their home in Malibu, *People* reports. "We're so happy!" said Bertinelli. There were approximately 100 guests at the wedding, including Bertinelli's son Wolfie from her previous marriage to Eddie Van Halen, who also attended.

### Should you invite your ex to your wedding?

### Cupid's Advice:

Now that you've accepted your fiancé's proposal for marriage and are making your wedding guest list, it's time to decide whether to invite your ex to the big day. Cupid has some things to consider:

1. What your fiancé thinks: Will your spouse-to-be feel comfortable with having your ex present at the wedding? If your ex-partner is a stranger to your future spouse or they aren't friends, it's better to leave him off the list.

2. Your friendship: How has your relationship with your ex been since you broke up? If you're on good terms and harbor no lingering feelings, consider inviting him to your wedding, only after consulting with your fiancé.

**3. Ulterior motives:** If your only reason for inviting your ex is so that he can wish you and your spouse-to-be the very best in life, it's probably not a good enough reason.

## Gwyneth Paltrow Says Dating Brad Pitt and Ben Affleck Was Weird





Before marrying rocker Chris Martin and becoming a family woman, Gwyneth Paltrow was a serial dater. In the 90's, she was known for her high-profile relationships with men like Brad Pitt and Ben Affleck. Paltrow now confesses that now she feels a little weird about her famous ex-boyfriends, according to <u>Us Weekly</u>. "It was strange to be part of a public couple," she says in a new E! special, *Gwyneth Paltrow*.

#### What are personality traits to avoid in a potential partner?

#### Cupid's Advice:

To avoid a "strange" relationship, there are some things you should look out for in a potential partner. Cupid has some tips:

**1. Bad boy:** He may be hard to resist, but dating a bad boy is, ironically, a bad idea. Oftentimes he's afraid to commit and will be unfaithful.

2. Power-hungry: It's good to be ambitious and want to advance in your career. But you should avoid a guy who is obsessed with money and power because he won't give you the attention you deserve.

3. Too vain: Who doesn't love a pretty boy? But if he spends

more time staring in the mirror than looking at you, he's way too into himself.

### Tony Romo is Engaged to 'Gossip Girl' Star's Sister, Candice Crawford





Tony Romo is engaged to Chace Crawford's sister, Chandice Crawford, <u>People</u> reports. Crawford, a pagent queen and a KDAF-TV anchor in Dallas was out celebrating her 24th birthday when Romo popped the question. The two began dating in 2009, shortly after Romo broke things off with Jessica Simpson. The engagement between Tomo and Crawford comes in third behind a slew of newly engaged celeb couples, including Jessica Simpson's other ex, Nicky Lachey to Vanessa Minnillo and then Simpson's own engagement to Eric Johnson. This chain of ex's getting engaged leaves Cupid asking:

How do you overcome the news of your ex's engagement?

Cupid's Advice:

It's hard to feel genuinely happy for an ex when he announces his new engagement. But instead of stewing, focus on what is going well for you in your own life:

1. The shock factor: It's normal to be a little hurt when hearing the news that your ex is engaged. Take some time for to accept the news, and then move on.

2. Realize what you have: You may not have a ring on your finger, but you surely have plenty of other things going on in your life to be proud of, whether thats a promising career or wonderful friends.

**3. Remember why you broke up:** Your ex is your ex for a reason and even though it may seem like you're missing out, you're not. Grab a friend and relish in the perks of not being tied down.

# Chelsea Handler Trashes Angelina Jolie for Jennifer Aniston





Chelsea Handler has

a mouthful of expletives ready for actress, Angelina Jolie when it comes to defending new best friend, Jennifer Aniston. <u>Us Weekly</u> reported that while performing in Newark, NJ, Chelsea Handler did not hold back – even going so far as to include Angelina Jolie's children. "She can rescue as many babies from as many countries as she wants to," Handler said. Does this mean the Chelsea Lately comedienne won't be seeing Jolie's newest movie, The Tourist?

How can you help a friend after a breakup?

#### Cupid's Advice:

Consoling and supporting your friend after a tough break-up is important. It's a tough job, but if there's anyone ready and willing, it should be her best friend:

1. Be patient: Going through a break-up is never easy. While it may seem to be the only topic of conversation for a while, let them express how they feel – anger, guilt, remorse, and hopefully eventually, happiness. It's all part of the process of moving on.

**2. Keep busy:** After your friend has gotten everything out, get her out of the house! Go out to dinner, indulge in a shopping

spree, or hit the town to remind her how many opportunities await.

**3. Laugh it up:** They say laughter is the best medicine. While *Sex and the City*'s Charlotte's incident in Cabo san Lucas might not be an option, put a smile back on your friend's face.

### Kim Kardashian and Gabriel Aubry: Newly Dating?





New couple alert!

Rumors are flying after Gabriel Aubry and Kim Kardashian were spotted sitting together at an L.A. Lakers game. A source tells <u>People</u>, "They've been dating a little bit." Gabriel Aubry's ex, Halle Berry has already moved on after their split earlier this year, and it looks like the Canadian model is doing the same with Kim Kardashian. While the curvy reality star was enjoying being single, she had also complained about her lack of a love life. How do you take your time in a relationship?

#### Cupid's Advice:

If you want a relationship to last a long time, you have to move at your own pace. Here's how:

**1. Wait until you're ready:** Don't hit the milestones in a relationship just because they're there. For example, say, "I love you" only when you feel ready.

2. Lighten up: If you just ended a serious relationship with someone like Gabriel Aubry did, don't get serious again right away. For now, date without thinking about where it could lead.

**3. Don't use labels:** If you want to take your time in a relationship, wait a while to make it official. Using the labels "boyfriend" and "girlfriend" too early could put pressure on the relationship.

## Jon Gosselin's Ex-Girlfriend Calls Him a Chronic Liar





like a heartfelt message to his family and friends via Twitter, Jon Gosselin's ex-girlfriend Hailey Glassman is calling him out on his chronic lying habit. Gosselin tweeted, "I am acutely aware of the mistakes I made in 2009 and I am ashamed of the choices I made. I have apologized to Kate, my family, and to my friends. Through counseling I have learned to own my actions. My goal is to move forward in a positive direction." Despite Gosselin's seemingly good intentions, Glassman insists that his Twitter apology was just a "negotiating tactic to gain sympathy from the public," according to <u>RadarOnline</u>. Glassman called her ex a "pathological liar" whose life coach once told her and her parents to "accept his lying and not get mad at him for it because he will then never tell the truth."

#### Is there any time in a relationship when lying is okay?

### Cupid's Advice:

Honest communication is the crux of a healthy relationship, but sometimes telling white lies is necessary in certain situations. Cupid has some examples of instances when it's okay bend the truth:

1. You look so thin!: If she asks, "Does this make me look

fat?" tell her "no," whether it's true or not. Sometimes you need to fib to spare her feelings, especially when talking about her appearance. There's no need to bring insecurities into your relationship.

2. Thanks, I love it!: Whether it's a diamond ring or a pair of socks, this is always the correct response when receiving a gift. If you don't want to offend your mate, pretend you love it... then if necessary, quietly return it later.

**3. I'm not attracted to other people:** Just because you notice when a total babe walks by doesn't mean you have to tell your partner! Some things are better left unsaid.

# Avril Lavigne Parties With Boyfriend AND Ex





If you think you and your new beau can't be friendly with your ex, think again. <u>People</u> reports that Avril Lavigne and boyfriend Brody Jenner recently partied with Lavigne's exhusband, Deryck Whibley of Sum 41. Even with her ex nearby, the pop star and her reality-TV boyfriend couldn't keep their hands off of each other at the Hollywood club. Reports say that Lavigne, 26, and Jenner, 27, were kissing and snuggling up to each other all night after Whibley, 30, spent some time chatting with them at their table. The PDA-friendly twosome have been together since the spring. Here's hoping that the couple that parties together (with an ex), stays together!

#### How friendly should you be with your partner's ex?

#### Cupid's Advice:

While it might seem difficult to befriend the person who let your partner go, there might be some benefits to being friendly with your boo's ex. Cupid has some tips on exactly how friendly you should be:

1. Watch and learn: Use your sweetie's relationship with his or her ex as a guide to show you how friendly to be. It won't do any good to become best friends with the person your partner swore to never talk to again.

2. Don't get discouraged: Befriending your mate's former flame provides a great opportunity to commiserate about your partner's bad habits and stupid jokes. But don't let the ex poison your mind when they talk about your partner's role in the failure of their relationship. Every relationship is different, and history doesn't always have to repeat itself.

**3. Keep a safe distance:** An ex may befriend you or your partner because they still have some leftover feelings for your beau. Make sure to keep them at arm's length, and learn their true intentions before being too welcoming.

### Rumer Willis & Micah Alberti Are No More





Demi Moore's famed

daughter Rumer Willis and beau Micah Alberti have called it quits, reports <u>People</u>. But Willis isn't letting a breakup get her down. She was seen celebrating her 21st birthday at Tao in Las Vegas last weekend. Sources say Willis was dancing and having a good time: even chatting up *Glee*'s Mark Salling. It seems Willis has chosen laughter over ice cream when it comes to getting over her ex.

#### Is it necessary to "prove" you're over your ex?

#### Cupid's Advice:

Rumer Willis' exciting 21st birthday may have been the extra boost she needed post breakup. Girls are often expected to maintain a low profile the first few days after a breakup, but going out and clearing your head with some friends and good music could be just the thing to let the world know you're okay:

1. A catch-22: Staying in post break-up is definitely the way to play it safe. Friends understand and are willing to keep you company while you mourn the end of your relationship. Although it's healthy to get out and distract yourself for a night, having too good of a time might send others the wrong message. Create a balance by giving yourself time to grieve as well as time to smile. 2. True to yourself: You don't have to prove to anybody that you're over your ex. If you find yourself going out on endless party binges, take a step back and ask yourself if you're just trying to prove to yourself that you're over him. If the only person who needs convincing is you, perhaps it's time to call it a night.

**3. Small-town girl:** It seems to be nature's evil sense of humor that we always run into our exes when we're either looking our worst or right after a breakup. If it's the latter, keep your head held high. Smile politely and excuse yourself from the situation. By sticking around and exerting your "I'm over him" mantra, it may do more harm than good.

### Tiger Woods Porn Mistress Threatens to Kill





It doesn't look like

the drama surrounding pro golfer Tiger Woods will end any time soon. Devon James, a porn star who admitted to an affair with Woods, apparently threatened Joslyn James, another of Woods' mistresses, in an e-mail sent to a mutual friend obtained by <u>RadarOnline</u>. Joslyn accused Devon of stealing from her during the filming of a porn-flick about their affairs with Woods. The accusation prompted Devon to chastise the friend for not seeing through Joslyn's "bulls\*t" and threatening, "Trust me I swear to you I will kill over this."

#### What are the repercussions of cheating?

#### Cupid's Advice:

Cupid knows cheating doesn't always end in death threats, but it usually ends in someone getting hurt. Here are some of the most common results of infidelity:

1. Loss of trust: Your partner may worry that you're cheating every time you're not together, and this added stress could show itself in more fights, less togetherness, and a faster breakdown of the relationship.

2. Create feelings of revenge: Your partner may feel that there is now an unfair imbalance in the relationship, where

one partner got something the other didn't. This could lead to deep-seeded feelings of revenge that could break apart a once-stable relationship.

**3. Messy breakup:** Cheating can break apart couples, but because it causes negative feelings and involves taboo topics, it makes the breakup difficult to talk about with family, friends, or children the couple may have together. This can lead to bitterness and internalized anger, thereby hurting both parties even more.

# George Lopez and Wife Divorce After Long Marriage





After 17 years of

love, partnership and parenting, George Lopez, host of *Lopez Tonight*, and his wife Ann Lopez have announced they will end their marriage. The couple wed in 1993, and have one daughter, Mayan Lopez. Earlier this year, rumors circulated about Lopez cheating on his wife, but a Lopez rep told *People* the decision to separate was amicable and mutual. "They remain dedicated parents, and committed partners in business and their philanthropic organization, The Lopez Foundation," the rep said.

How do you know when your marriage is over?

Cupid's Advice:

Though most people vow to remain together "till death do us part," it may not always work out that way. Knowing when to divorce may save both people a lot of heartbreak and suffering. Cupid has some tips on when to walk away:

1. Harboring anger: Disagreement and conflict is part of any relationship, but when deep seated feelings of anger or hatred cannot be resolved, they can threaten to destroy not only the marriage, but also both people involved. If counseling or therapy doesn't work, distance may be the only healthy option.

2. Loss of respect: Even if the relationship seems healthy from the outside, if one or both partners lose respect for each other, the relationship is bound to fail. A marriage is a union of equals based on love and respect, and if one of those cornerstones is missing, there cannot be equality in the relationship.

3. Growing apart: It is often inevitable that people will change, but sometimes, that change is too great for a relationship to withstand. If you or your partner is not the same person that said "I do," and it has put a strain on the relationship, have discussions about what has changed and see if compromises can be made before calling your lawyer.

# Cheryl Hines Stays Friends With Ex-Hubby





Curb Your Enthusiasm

actress Cheryl Hines has managed to do something rare in Hollywood: avoid a messy divorce and remain friends with her ex. Hines told <u>E! Online</u> that she plans to stay close to exhusband, producer-manager Paul Young. "You know what, it's an adjustment [but] I married a really great guy, so we still have a really great relationship." Hines and Young have a 6year-old daughter, Catherine Rose. The two quietly filed for divorce on July 20, but according to a statement released by Hines' rep, "They will remain extremely close friends."

What are the benefits of staying friends with your ex?

### Cupid's Advice:

After breaking up with someone, it might seem impossible to go from lovers to friends. But with a fair amount of effort, it is possible to have a good relationship with an ex. Cupid shows you how staying close to your ex can be a good thing:

1. Learning experience: By completely stopping all contact with your ex after breaking up, you lose the opportunity to talk to him about what went wrong and why. If you stay friends, you have the chance to resolve any confusion or hurt feelings and learn how to avoid making the same mistakes in future relationships.

2. "Why Can't We Be Friends?": When you break up, not only do you lose your ex as a friend, but also losing mutual friends who feel like they have to take sides. But if you stay friendly with your ex, you can still hang out with him and his peeps!

3. "The Kids Are All Right": If you have kids, staying friends with your ex shows them that even though your romantic relationship has ended, it doesn't mean that you and their father can't still be close. It might help your kids avoid the jaded view of love and marriage that children of divorced parents can sometimes have.

# Tiger Woods & Elin Nordegren Finalize Their Divorce





rumors and scandals surrounding Tiger Woods and his wife Elin Nordegren, the two have called it quits. "Elin Nordegren and Tiger Woods confirmed today that they have divorced," Nordegren's Virginia-based law firm, McGuireWoods, confirmed last Monday in a statement to <u>Access Hollywood</u>. "The Judgment provides for shared parenting of their two children." The former couple released a joint statement to the public reinforcing that their children are their primary concern. They also added, "We are sad that our marriage is over, and we wish each other the very best for the future."

months

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#### How can you find love again after a divorce?

#### Cupid's Advice:

Moving on from a commitment like marriage can be a slow transition. Once you're back in the dating world, the idea of love can finally start to take form again. Cupid has some tips to help you along:

1. Over it: Before venturing into the dating world, make sure

you aren't still licking old wounds. If the divorce papers or breakup discussions are finalized, then treat whatever is left of the relationship the same way. Otherwise, you might be setting yourself up for future pain.

2. Don't rush: There's no need to hurry into a new relationship. Many people rebound quickly and become deeply involved too soon after their divorce or breakup. Sometimes it can lead to dating someone similar to your ex. Make sure it feels right before becoming too committed.

3. Changes: If you're dipping your feet back into the waters of dating, chances are you have a new outlook on life and a new attitude to go along with it. This might be a good time to submit to a makeover, too! During a serious relationship, many people have a tendency to let themselves go. Now is a great time to fit and try out new fashions. Have fun with it!

### Are Jennifer Aniston & John Mayer Back On?





🏴 Celebrity 🛛 tabloids

have been reporting a possible romantic rekindling between Jennifer Aniston and John Mayer this week, according to <u>E!</u> <u>Online</u>. Sources say they saw Aniston in the wings watching Mayer's most recent concert. Although reps for the actress deny she attended the concert, the rumors persist!

What do you do when you can't let go of an ex?

#### Cupid's Advice:

Breakups are difficult, and sometimes it's hard to let go. Cupid has some suggestions about how to move on:

 Realize this has to happen: Whether you understand the reasons behind your breakup or not, you need to move on. There's no sense in staying attached for longer than

necessary.

2. Don't be desperate: If your ex tries to contact you, don't drop everything to make yourself available. If things aren't meant to be, this will only delay the pain.

**3. Have self-confidence:** It's important to work on your selfesteem after a rough break-up. By no means should you feel completely responsible for the split. "What ifs" do nothing but bring you down further.

## Maci Bookout & Ryan Edwards in a Parenting Battle





Ouch! If being a

teenage mom wasn't hard enough, things just got harder for the MTV's 16 and Pregnant star, Maci Bookout. After splitting up with her baby daddy Ryan Edwards, the devoted Teen Mom star tells <u>US Weekly</u> that she and her ex-beau have a hard time agreeing on how their son Bentley should be raised. She talks about how she struggled to ween her 22-month-old son off his pacifier, and learned that Edwards gives Bentley his pacifier whenever the child is with him. Bookout says, "I think Ryan spoils Bentley and really has no boundaries as far as discipline. With me, I don't want Bentley to grow up and be a

brat when he's 4 years old."

What do you do when you and your ex can't agree on how to raise your child?

Cupid's Advice:

Raising a child can be very difficult. Co-parenting with different views can make things even worse. Cupid has some tips to make things easier:

1. Compromise: If you and your ex can't agree on something, then it's best if both parties relinquish a little control and find middle ground that will ultimately benefit your child.

2. Communicate: It's important that both parents put their differences aside and talk things out with one another. Poor communication opens the door for children to manipulate situations to his or her benefit. If your child can't have desert this week, then your ex needs to know that, too! Worst-case scenarios can lead to a child not being picked up after school or missing important medical treatments.

**3. Equality:** Don't throw all responsibility at one parent. It makes for a more civil atmosphere and better upbringing for your child if you and your ex share an equal amount of the responsibility.

### Marilyn Manson & Evan Rachel

### Wood Are Off Again!





After numerous

hookups and breakups, Marilyn Manson and Evan Rachel Wood have ended their relationship again. This time, the couple split up nearly eight months after Manson popped the question. <u>People</u> reported that the newly single rocker hit the streets of Los Angeles last Saturday night to eat dinner with friends. <u>E! News</u> also reported an "unidentified brunnette" who Manson apparently referred to as "his new girlfriend."Would you give your ex another chance?

#### Cupid's Advice:

On-again, off-again relationships can put you on edge. You never know when it's over, and you may assume the two of you will just get back together later. How do you know when it's time to move on for good, or to give it another chance? Cupid's got some tips:

1. Over is over: You don't necessarily have to do anything.

If your ex is crawling back to you claiming they've changed, don't take them back because you feel bad. If it's really over, then accept it.

2. No pressure: If you need to think it over, don't let them manipulate your decision. If you need time or space, your ex will respect your decision, and back off until you've come to a conclusion.

**3. Trust:** If trust between you and your partner has been broken then you need to really think about whether or not that trust can be rebuilt. Think about how angry or upset you were when it ended versus how happy you can see yourself with your current ex in the future. Which thought is stronger?

### Kelsey Grammer's Ex Could Get \$30M in the Divorce!





Kelsey Grammer's ex, might be walking away with almost half of the actor's fortune after she filed for divorce last month. She cited "irreconcilable differences." Soon after Grammer filed for to request that Donatacci be excluded from profits made from his note-worthy show, *Frasier*. But, according to a source from <u>New York Post</u>, "Camille stands to get half of all syndication of '*Frasier*' made during the years they were married. That's seven years of episodes, as well as income from other shows the company made, including 'Medium' and 'Girlfriends.'" This is because she owns half of his TV company, Grammnet Productions. This leaves her eligible to lay claims to almost half of his \$80 million estate – a staggering \$30 million!

### How do you deal with the financial setbacks after a divorce?

Cupid's Advice:

Divorce can leave both parties strained. And, in an already economically difficult world, a divorce can make finances even more difficult:

**1. Budget:** Keep track of your income and expenses. You need to understand where most of your money is coming from and going to in order to make changes to your lifestyle; spending

less is the key.

2. Wake-up call: Learn to adapt to a new standard of living. If you used to buy designer shoes and a Starbucks coffee every morning then it's time to cut some things out of your life. Examine your spending habits and figure out what things you can't afford anymore.

**3. Help is available:** Divorce doesn't mean destitute. If you end up with some financial burdens because of a divorce, it's okay to ask for help. There are governmental and community programs that are designed to help newly divorced people find a balance.

### Jude Law's Ex Speaks Out!





Jude Law tried to

put a stop to it, but ex-wife Sadie Frost is about to let it all hang out in a tell-all memoir focusing on the deterioration of their marriage, her post-natal depression, and dealing with fame, <u>E! Online</u> reported this week. The former couple, whose marriage ended in 2003 following Law's affair with their nanny, battled about the production of the book in court before reaching a settlement. The autobiography, titled *Crazy Days*, will be published next month.

### What should you do when your ex talks negatively about your relationship in public?

Cupid's Advice:

After a breakup, it's tough to know how to act or what to say when you hear about your ex speaking badly to other people about your past relationship. Cupid has some suggestions to help you cope:

1. Play it cool: It may be your natural reaction to take revenge, but you'll feel better in the end by taking the high road. There's most likely a good reason your relationship is over, so it's best to focus on moving forward.

2. Keep things in perspective: Try to remind yourself that it's human nature to combat insecurity with negativity. By learning how to stay confident during life's toughest times, you have a better chance of achieving much-needed independence after a relationship ends.

**3. Ignore the situation completely:** Sometimes the best idea is to leave it alone. Although what your ex is doing is hurtful, nothing positive can come from reacting to a situation, so not addressing it in the first place may be the right answer.

### Jonathon Schaech & Jana Kramer: It's Over!





Jana Kramer and

Jonathon Schaech, who met while filming the movie *Prom Night*, have given up on their marriage, and are planning their divorce just over a month after their nuptials were exchanged. "Jana and Jonathon have agreed to dissolve their marriage," the couples' rep told <u>*E! News*</u>. "Jana is humbled by the outpouring of support from her fans, friends and family, and appreciates the respect of her privacy."

What do you do when a marriage ends so soon?

Cupid's Advice:

According to the Center for Disease Control and Prevention, about half of the couples who marry in the U.S. end up divorced. If the marriage can't be saved, Cupid has found some ways to help you move on:

1. Ending amicably: This may or may not be possible, but in order to get back on track, you'll do better knowing that you gave it your all. Although the marriage failed, you don't have to hate your ex.

2. Take some time: When a relationship makes it to the marriage point and then ends, you should spend some time alone with yourself to reflect. By learning how to live on your own, you have a greater chance of meeting someone who you're really meant to be with in the future.

**3. Look to the future:** Once you're ready to put yourself back out there, plan your approach by implementing your recent reflections, know what to avoid in future partners, and start small.

# Jesse James' Ex Janine Lindemulder is Following Along!





Jesse James' ex-wife

Janine Lindemulder is heading south to Austin to be with her daughter, <u>E! News</u> reported this week. After a court battle, Lindemulder was granted joint legal custody of daughter Sunny, but the celebration was cut short when James received physical custody, deciding to move down to Austin, TX with their child. The former adult film actress was originally uncertain about the move because she wasn't sure if she could provide a lifestyle of equal standards for the child like James and former step-mom, Sandra Bullock, had given her. In addition, E! News reports that Lindemulder requested additional funds. Sunny's parents deliberated the \$6,500 increase in support in court Monday.

Would you move near your ex to be closer to your children?

### Cupid's Advice:

If your divorcee is moving away with the kids and you plan to follow, Cupid has some things you should consider first:

1. Reason: Make sure you understand the reasons for the move. He or she may not be doing it to hurt you, especially if there are financial reasons involved. The move may be what's best for your children, so don't simply follow along because you think your ex is trying to keep you away from the kids.

2. Move along: Any move is life-altering. You'll need to change your address, house, and possibly your career and friends. Before making such a big step, consider your financial resources, and ask yourself if you're really willing to make this change.

**3.** Awkwardness: Maybe your ex moving away is a good thing. Have you considered all the possibilities? How would you react if your ex started dating again? Being nearby with so many mutual connections outside of your children (like teachers and doctors) might spur up some awkward meetings and conversations.