

Celebrity News: Johnny Depp Opens Up About Split with Vanessa Paradis



By April Littleton

UsMagazine.com has news that Johnny Depp has finally broken his silence about the end of his 14-year relationship with Vanessa Paradis. In the July 4 issue of [Rolling Stone](http://RollingStone.com), Depp said, "The last couple of years have been a bit bumpy. At times, certainly unpleasant, but that's the nature of breakups, I guess, especially when there's kiddies involved." The ex-couple never married and are parents to Lily-Rose, 14 and Jack, 11. Recently, Depp has been dating 27-year-old actress Amber Heard.

How do you know when the downs outweigh the ups in a relationship?

Cupid's Advice:

It can be hard to tell when your relationship has taken a permanent turn for the worst, especially if you're working so hard to keep it intact. All relationships go through their ups and downs, but how do you know when it's time to let go of what you once had and move on? Cupid has some tips:

1. You're not satisfied: Is it hard for you and your partner to communicate well? Do you find yourself crying more often and smiling less? This may be a sign that your relationship is spiraling out of control. If you haven't been happy with your significant other in a while, then you need to thinking about ending the relationship – no matter how painful it will be.

2. Change in behavior: Has your partner become distant? If there's a change in your behavior or your boo's, it's time to evaluate what's important in your relationship. Maybe the two of you just need space from each other, or maybe there's deeper issues the two of you haven't fully let out in the open yet. Whatever the case, now's the time to figure out whether you want to try one more time to salvage the relationship, or leave it behind.

3. Commitment: If you find it more and more difficult to stay committed to your significant other, now is the time to throw in the towel. The pressure may be too much for the both of you, or the spark may have fizzled out for good. If you can no longer envision yourself sticking it out for better or for worse, get out of the poor situation before it gets worse. You never know, maybe the two of you can eventually become friends in the end.

How did you know when the downs outweighed the ups in your relationship? Comment below.

Celebrity News: Katy Perry Admits Russell Brand Said He Was Divorcing Her Via Text



By April Littleton

According to UsMagazine.com, Katy Perry told Vogue in an interview how her ex-husband, Russell Brand brought up his plans for divorce, “He’s a smart man, and I was in love with him when I married him. Let’s just say I haven’t heard from him since he texted me saying he was divorcing me December 31, 2011.” The “Wide Awake” singer, 28 and Brand, 38 married in October 2010 after meeting at the 2009 MTV VMAs. Since their breakup, Perry has had an on-again, off-again relationship with John Mayer.

What are some things you should not use social media for in a

relationship?

Cupid's Advice:

Nowadays, a relationship isn't truly official until it's "Facebook official." Spilling the beans on your latest crush to your virtual friends may seem cute at the time, but if things get serious between you and the new boo, you might be setting yourself up for failure. Some things should be left completely private and left off of your Twitter updates. Cupid has some advice:

1. Cyber fighting: Many couples use social media sites like Twitter and Facebook to vent about their latest relationship problems. This would be OK if it weren't for the negative public commentary you'll be bound to receive. Putting your private business out there is never a good look for you or your partner. Plus, nasty comments left on your site could lead to bigger problems in your relationship.

2. Talking to the ex: If your ex sends you an "innocent" friend request, decline it. It's more than likely he/she will just stir the pot and cause a rift between you and your new love. If your ex is already apart of your social networking community, keep the conversations to a minimum. Your beau doesn't want to see you getting friendly with your ex for the whole world to see, and stay away from that dreaded "Like" button if you're dealing with an insecure partner. Commenting, or showing your appreciation for an old flame's picture or status will lead to an argument.

3. PDA: A few pictures of you and your boo kissing is OK, but don't overdo it. Your network of friends don't need to see what you and your partner do behind closed doors. Besides, taking too many inappropriate pictures will be a cause for your site to be blocked or permanently suspended if enough people complain about it. Keep it PG-13 when you feel like sharing the love on the World Wide Web.

What are some other things you shouldn't use social media for in a relationship? Comment below.

Celebrity Couples in Interracial Relationships



By [Courtney Allen](#)

Rich, famous and in love... the characteristics we assume every celebrity couple embodies through their glamorous photos of romantic Caribbean getaways and riveting red carpet PDA. However, the image of every celebrity couple is different from how it's portrayed in the media.

Through their interracial relationships displayed in the media, celebrity couples show us there's more than meets the eye. Our fixation on Hollywood may be over-the-top, but

whoever said we couldn't take away a solid lesson from it? We learn to accept love in all shapes, sizes and colors, especially in the case of these couples:

1. Kim Kardashian and Kanye West: The E! reality star and the outspoken rapper, who were originally old friends, hooked up just months after Kim filed for divorce from Kris Humphries. Even before their relationship, Kim and Kanye were no strangers to interracial love with a dating list that includes Miles Austin, Reggie Bush and Amber Rose. From the looks of it, the list will end here. Kimye are expecting their first child this year.

Related: [When Opposites Don't Attract](#)

2. Khloe Kardashian-Odom and Lamar Odom: The marriage of Khloe and Lamar is one we all can't help but love. The two lovebirds met back in August of 2009 and tied the knot just a few weeks after. Fans of the *Keeping up with the Kardashians* star and the NBA player had their doubts on whether the duo would make it. Three years later, the couple is still head-over-heels for each other. Now we're all patiently waiting for a Baby Odom.

3. Paula Patton and Robin Thicke: These high school sweethearts have turned into one of the most beautiful and successful couples in Hollywood, but it's been a long time coming. Patton hasn't always been comfortable with her interracial relationship with the singer. In an interview with *Essence* magazine, the actress admitted, "I didn't want all my high school friends to know that I'd fallen for a white boy." Lucky for Paula, the secret is out now. The couple is living a fairytale with their only child, Julian.

Related: [Celebrities Couples Who Have Made Love Last](#)

4. Camila Alves and Matthew McConaughey: When Brazilian bombshell Camila Alves first met Matthew McConaughey in 2006, she had no idea they would be married six years later. Their

13-year age difference and ethnicity didn't stop these two from building a life together, having three kids and being named one of the hottest Hollywood interracial couples.

Who are some of your favorite celeb interracial couples? Share your thoughts with us!

Celebrity News: Denise Richards Says She Enjoys Hanging with Ex Charlie Sheen



By Kerri Sheehan

Last week Denise Richards dubbed Charlie Sheen the “greatest ex,” after he arranged for his jet to fly her home in time for Mother’s Day. This week Richards is giving more insight as to

how the two keep their relationship friendly. According to [People](#), Richards revealed that she feels, "One can feel one way and one can feel another way, and there's lots of feelings and emotions there, but at the end of the day we want our daughters to benefit by us getting along. For myself, I don't want to have an unhealthy relationship with him ... life's too short for that and we actually enjoy hanging out and being with the kids, and it's much easier."

What are some perks to remaining friends with an ex?

Cupid's Advice:

Staying friends with an ex is often beneficial, especially when there are kids involved. Cupid has some reasons why:

1. Keeping your group of friends intact: Being in a long-term relationship with someone means you're bound to garner the same group of friends. By staying friends with your ex you will be able to ensure that you won't lose any friends in the process of breaking up.

2. Raising the children: If there are kids involved then it's vital to keep the relationship with your ex as civil as possible. Raising kids in a hostile environment will force them to feel the tension constantly. They also may feel forced to pick a side (mom vs. dad) and that's not fair to anyone.

3. Help with future relationships: Although it may take you two a while to reach this point, eventually you will be able to help each other out in the dating world. No one knows about your bad and annoying habits better than your ex so they can help you determine where your future relationship are falling flat.

Are you friends with your ex? Share your story below.

Celebrity News: Denise Richards Calls Charlie Sheen the 'Greatest Ex Ever' for Lending Jet



By Meghan Fitzgerald

UsMagazine.com reports that 42-year old actress Denise Richards was in NYC filming the new ABC series *Twisted* on Mother's Day. Ex-husband Charlie Sheen let her fly his jet home the next day back to L.A. Richards tweeted a Instagram picture of herself looking out the window and wrote, "Greatest ex @charliesheen." The caption of the picture was, "My mom's day gift flying me home on his plane so I can take the kids to school."

What are some things to be cautious of when remaining friends with an ex?

Cupid's Advice:

It is necessary to be cautious if you are going to remain friends with an ex. You will never feel the same about someone after you've dated them. Cupid has some tips:

1. Relationship analysis: When it comes to being friends with your ex, you should be cautious of analyzing your relationship. You do not need to hash out all the reasons why you didn't work, and why you two are no longer together. Friends do not talk like that. So don't. Stick as much as possible to your typical friend conversation.

2. Current partners: If you allowed your ex to remain in your life, be careful if you're currently in a relationship. When your ex starts to ask questions about your partner, what they're like, your current affairs with them – beware. It is not in any way necessary for your ex to ask you about the small details of your current relationship. That is for you and your mate only.

3. Feelings: Be super careful of developing feelings back for your ex. If they remain in your life after a breakup, feelings are most likely still fresh. If you know feelings are going to arise if you keep them in your life, reconsider. It's not worth falling for the person you swore you were never going to fall for again. If you think your ex is developing feelings again, be careful.

How have you stayed cautious when remaining friends with an ex? Explain below.

Celebrity News: Regina King Vacations in Cancun Post-Breakup From Malcolm-Jamal Warner



By [Jessica](#)

[Conigliaro](#)

After her breakup with boyfriend of two years, Malcolm-Jamal Warner, Regina King was seen having some fun in the sun. The 42-year-old actress took a trip to Cancun, Mexico, according to [UsMagazine](#). She stayed at the Villa del Palmar Resort & Spa with a group of girlfriends to clear her mind of the recent heartbreak.

What are some ways to keep your mind off of recent heartbreak?

Cupid's Advice:

You and your man have decided to call it quits a few weeks ago. You have been struggling to get over him and just want to feel like yourself again. Cupid is here to help lift your spirits after a breakup:

1. Get rid of his stuff: The relationship ended and you are still finding your exes things around your house. Now's the time to do some cleaning and remove all of his belongings from your life entirely. Having his old jacket around will only make you remember him instead of letting him go.

2. Don't stalk his Facebook: After a breakup, it is so tempting to continuously check his Facebook page to see if he is upset—or perhaps found someone new already. This is a bad idea and will only hurt you in the long run. Block your exes statuses and posts for a while so they don't constantly appear on your news feed. You'll never move on from him if Facebook doesn't let you.

3. Date someone new: You have been single for a few months now and are unsure if it is time to start dating. If you are still broken up about your last relationship ending, it might help to go on a few casual dates. You will be reminded of how much fun it can be to flirt with someone new—and who knows, you might even find a keeper.

How did you get your mind off your recent breakup? Share below.

Relationship Advice: Finding

Your True Destiny After Losing Love



By Susan Russo

The other day a friend asked me, "What am I going to do? I can't live without him in my life. How do I go on? He was my life." When faced with being alone after your relationship ends, it literally feels as if you don't know who you are, where you are and how you got there.

Your life was so intertwined with your partner's life that it seems that the two of you became one. No wonder people tend to use the cliché, "A part of me is missing."

Related: [Returning to the Dating World](#)

NEWS FLASH

You're normal!

How do you think you're going to feel after you've spent years sharing *everything* together? That includes family, friends, vacations, pets, children, life ... and the most private and intimate details of who you are with the person you believed would be there forever. Is it any wonder you can't get your head on straight after this emotional volcano erupting in your life?

But rest assured, even though you feel like you'll never find your way out of the darkness, there is a light shining so bright at the end of the proverbial tunnel that you will bask in its glory when you're through it and this heartbreak is behind you.

I'll never forget the time Nicole Kidman was on *The Oprah Winfrey Show* after Tom Cruise had filed for a divorce. Her pain was so palpable you could hear it in her voice, feel it through her words, and see it on her face.

I was crushed and it wasn't even happening to me!

I'm sure millions of viewers could relate to Kidman's pain because they know there isn't anything quite like the devastation you feel when the person you love decides they don't want to be with you anymore.

But...look at her now!

PICKING UP THE PIECES

1. GRIEF: *Cry until you're dry!* Grief is a process. You can't go around it, under it or over it. You have to go through it. Get it out so you can get on with your life.

2. ACCEPTANCE: This is the first step in letting go of the past. You will begin to pick up the pieces when you finally let go of all of the lamenting of how you wished things would've turned out differently and accept the reality of your situation.

3. FORGIVENESS: This can be one the toughest things to do, but at the same time when you find forgiveness it is the most freeing thing you can do. It is a gift you give yourself.

Related: [Falling Out of Love and Back Into Life](#)

MOVING ON

The end is just the beginning. There is life after this relationship and it's going to be a great one. Look at all of the people who have loved and lost and who are now happy. You'll find your soul mate when you let go of the past. So, embrace the future one day at a time and before you know it you'll be living the life you so richly deserve.

Susan Russo is the author of: There Is Life After What's-His-Name, The 7 Keys to Unlock the Power Within You and is co-author of, Success and Happiness-16 Experts Reveal Their Secrets. A graduate from the EPIC Coaches Academy and with over 10 years' experience as a Life and Relationship Coach, she teaches you how to transform adversities into life changing opportunities.

Celebrity News: Chris Brown Parties with Ex Karrueche Tran While Rihanna Tours





By [Jessica](#)

[Conigliaro](#)

Singer Chris Brown celebrated his 24th birthday with a big bash in Hollywood this past weekend. According to [UsMagazine.com](#), his on-again, off-again girlfriend Rihanna was in New York City for her *Diamonds* tour, unable to attend. During the celebration, he was accompanied by several friends – including, notably, ex-girlfriend Karrueche Tran, whom he dated for a year before getting back together with Rihanna.

How do you keep jealousy at bay in your relationship?

Cupids Advice:

Your relationship seems to be pretty strong, but every once in a while you feel your partner gets jealous during nights out. Here are some ways to avoid the jealousy bug and keep things good between you:

- 1. Avoid your ex:** Your ex boyfriend is still in your friends group, so of course you see him from time to time. Dodge an argument with your new beau by keeping conversation with your ex to a minimum. Be polite and make small talk every once in a while—make sure your new love is always by your side when talking to your ex. This way, he doesn't feel like you are

doing it behind his back.

2. Keep your eyes on your man: As a single women on a night out, you would scope the room in search of cute guys to flirt with. Now that you are taken, it is time to let go of your old ways. If your man sees you looking around and staring at other guys, he of course will be jealous. Focus on your date at all times. Make him feel like you don't want to spend the night with anyone else.

3. Don't flirt around: Having so many guy friends, it can be hard to tell the difference between flirting and joking around. Your new love is not used to the friendly relationship you have with some of these guys and interprets it as flirting. Be more cautious of the way you act around other guys—even if you know they are just friends.

How did you keep jealousy at bay in your relationship? Share in the comments below.

Celebrity News: Lindsey Vonn's Ex-Husband Jokes About Tiger Woods' Masters Penalty





By Andrea Surujnauth

Thomas Vonn showed a sense of humor towards his ex-wife's relationship with pro-golfer Tiger Woods in a tweet on Saturday, April 13th. Woods got into a bit of trouble when a television viewer called in on a violation in Wood's play on Friday. He was then penalized to strokes. After the incident Woods tweeted, ""I didn't know I had taken an incorrect drop prior to signing my scorecard. Subsequently, I met with the Masters Committee Saturday morning." Thomas Vonn took to Twitter to respond to the incident as well. UsMagazine.com reported that Vonn tweeted, "No problem Masters tournament happy to call in and help. You always have to keep an eye on those cheaters ;)" Thomas and Lindsey Vonn had been married for four years before they decided to call it quits in November 2011. The two finalized their divorce in January 2013, two months before Lindsey and Woods went public with their relationship.

How do you deal with a jealous ex when you're in a new relationship?

Cupid's Advice:

You are in a new healthy relationship. Unfortunately, your ex seems to be waiting for a chance to attack your relationship.

Obviously they are jealous but what can you do about their jealous behavior? Cupid is here with some advice to help you:

1. Distance: Keep your distance from your ex. Do not inform them on where you are going and who you are with. The more you let them in your life, the more ammunition they have to torment you with.

2. Confrontation: Confront your ex on their behavior. Tell them that you have moved on and it is about time that they do the same. Make it clear that you are happy in your new love and you do not want them around messing it up.

3. Professionals: If all else fails, get a restraining order to keep you ex from harassing you. It may seem extreme but if they are continuously trying to ruin your life out of spite, the best thing to do is put your foot down. You need to protect yourself as well as your new beau.

How do you deal with a jealous ex when you're in a new relationship?

Celebrity News: Tom Cruise Opens Up About Divorce From Katie Holmes





By Andrea Surujnauth

Tom Cruise finally speaks out about his 2012 divorce from actress, Katie Holmes. After a 5 year marriage, Holmes filed for divorce 5 days before Cruise's 50th birthday. "I didn't expect it," he confesses to German TV Network *ProSieben*. According to UsMagazine.com, Cruise admits "To be 50 and to have experiences and to think you have a grip on everything, and then it hits you – this is it, what life can do to you. Life is a tragicomedy. You need to have a sense of humor." Holmes, who now resides in New York with the couple's daughter Suri, is moving on with her life as well. She is in a new Broadway play and also has a fashion line. Director and friend of the couple, Adam Shankman, says "They are incredibly happy. I've just been emailing with [Tom]. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy as a clam. I know he sees his daughter."

What do you do if your partner springs an unexpected split or breakup on you?

Cupid's Advice:

No one ever expects their marriage to come to an end. But what do you do if your partner suddenly wants a divorce? Cupid is here with some advice for you.

1. Don't seek revenge: If your partner springs divorce on you, never act out in revenge. Not only does it make you look crazy but if law officials are brought into the situation, you might lose a lot more than your marriage.

2. Protect your assests: If you and your ex have joint bank accounts or anything along those lines, contact a lawyer to help sort out the financial situations.

3. Therapy: Divorce or seperation can be hard and many people find themselves falling into a endless black hole of depression. Try getting therapy. Therapy can help you get over the depressed feelings and help you get your life back on track.

What would you do if your partner sprang an unexpected split or breakup on you? Share your ideas below.

Is Taylor Swift Impersonating Ex-Beau Harry Styles in New Music Video?





By Andrea Surujnauth

According to [UsMagazine.com](https://www.usmagazine.com), Taylor Swift seems to be impersonating her ex-boyfriend, Harry Styles, in her new music video for her track “22”. She was seen dressed up in a green beanie and baggy white shirt, identical to her ex-sweetheart during the video shoot on February 12th. *UsMagazine.com* also mentions that the song “22” starts off with the lyrics “It feels like a perfect night to dress up like hipsters and make fun of our exes.” She is also seen eating an ice cream in a “Harry Styles outfit” for another portion of her video. As if that was not a big enough burn, Swift will also be recreating the lift scene from *Dirty Dancing* that her and Styles were photographed doing together at a party in NYC. These ex-lovebirds broke up in early January after only a few months of dating and from the looks of things, it did not end well.

What are some ways to deal with anger resulting from a breakup?

Cupid’s Advice:

1. Write in a journal: Usually when you feel anger, it feels better to express your anger. Do it in a safe way by writing your feelings in a journal so you get the feelings out and you won’t feel like you are exploding with anger.

2. Cry it out: Crying always feels like a release of feelings. When you cry or scream, you won't have anything bottled up so there won't be build up of anger.

3. Treat yourself: Go for a day at the spa, hang out with friends, or go on a vacation. Taking care of yourself and making yourself feel good will make you forget about all the anger you are feeling.

How do you deal with your anger from a breakup? Comment below and let us know.

Brandi Glanville Says Drama Will End When LeAnn Rimes Has Her Own Kids





By Andrea Surujnauth

Brandi Glanville and LeAnn Rimes have not been on good terms for a while now. Glanville's ex-husband Eddie Cibrian had an affair with Rimes while the two were still married. This led to their split in 2010. Since then, Rimes and Glanville have been publicly feuding. Glanville and Cibrian have two kids together Jake, 5, and Mason, 9. These kids have been the center of most arguments between Rimes and Glanville. In one incident, Rimes called the children "my boys" on Twitter, which cause Glanville to become extremely upset. Now it seems that Glanville is tired of the fighting with the country music star. According to UsMagazine.com she told *Access Hollywood*, "This is my final chapter. This is me closing to door on our public fight. I want it out of the media. I'll just deal with it as best I can with them." She went on to say, "I don't think we'll be friends, but I hope we can coexist peacefully. Once she has a child of her own, I think she will understand boundaries and what's respectful to do and how to handle things a little better."

How do you cope with a step mom/dad of whom you don't approve?

Cupid's Advice:

You can not choose who your ex-spouse marries or starts a

relationship with. What should you do if you do not approve of who they choose to be with? Not to worry, Cupid is here to help you learn to cope:

1. Do not take the relationship personally: Realize that your ex did not start this new relationship to hurt you. They are just trying to get on with their lives. By realizing this, your hostility towards the new relationship won't be as severe.

2. Do not jump into a new relationship: Do not get yourself into a new relationship before you're ready. If you jump into the next person's arms that comes along, you are likely to get hurt. If you get hurt in your new relationship, you will feel even more upset about your ex being in a new stable relationship.

3. Acceptance: Accept that your ex is in a new relationship and once it is serious, your kids will be getting to know your ex's new partner. Do not fight over your children, they still know who you are to them and they will still love you. Fighting over them will only cause them to feel depressed.

How do you cope with your ex's new partner? Comment below and let us know.

Justin Bieber and Selena Gomez Reunite in L.A.





By

Jessica Conigliaro

Only a month after they called it quits, Justin Bieber and Selena Gomez have been seen together. [UsMagazine.com](https://www.usmagazine.com) reports that Gomez spending the night at his house in L.A. It is unknown if they will be getting back together or have even rekindled the romance in any way; however, the two celebrities can't seem to stay away from each other.

How do you know whether to get back with your ex-partner or not?

Cupid's Advice:

Determining whether or not you should get back together with your boyfriend is something a lot of people struggle with. They were a big part of your life and now they are completely removed from it. You are left feeling empty and alone, no matter how the breakup occurred. Here are some ways to tell if you should get back together with your ex, or if the relationship was never meant to last:

1. Offers emotional support: In order to know if you are truly meant to be with someone, you have to figure out what is most important to you; if you are the type of person who needs a

sensitive guy that lets you know how he feels, don't settle for anything else. If your ex was not able to support you emotionally, they should remain your ex. However, if you realize the breakup only occurred out of a stupid fight, reconsider the situation.

2. Remember why you broke up: In every relationship there are obstacles to overcome. Having made the decision to end things, there was clearly a major issue between you and your partner. Don't just focus on what you miss in your ex—focus on how bad it got as well. Otherwise, you'll find yourself making the same mistake twice.

3. Ask what your friends think: A great way to get a second opinion on the matter is by asking the people that are closest to you. They usually know what is best for you and will have strong perspectives. If they are completely shocked by the breakup and didn't see it coming, it is possible you made a rush decision out of anger and should try talking to your ex again.

How did you know getting back together with your ex was the right thing to do? Share your experiences below.

Why Are You Hanging On to Old Photos and Letters From Your Exes?





By Jane Greer, Ph.D

for Galttime.com

Even though star Bradley Cooper stood conspicuously solo in pictures taken at the Golden Globes, there are still plenty of images floating around of him with his now- ex girlfriend Zoe Saldana.

Celebrities have to deal with this all the time – published pictures of them with former loves. The images are out there, on magazine covers and blogs, impossible to erase completely, even after they have moved on. But what happens if you aren't in the public eye?

Say, for example, that you've been dating for a few months now. Everything is great and your new relationship is growing at a comfortable rate. But last night he found that big box behind the couch, the one with all the pictures and letters from your old boyfriend. It was the first time you saw him get really angry, jealous even. He accused you of holding onto the stuff because you are still attached to your ex. So what do you do? Do you have to get rid of it all? What if you don't want to?

The most important thing that can come into play here is communication. Explain that you are not holding onto these

things because you still have feelings for your former partner, but rather because you are holding onto the part of yourself you discovered then. In truth, it has less to do with the person you left behind and more to do with the shared history that was a marker on your past. Instead of thinking of it as a barrier between you and your new partner, think of it as a breadcrumb trail to who you were, and that way you can share how you've grown.

If, on the other hand, the mementos have no real meaning, then it is fine to just throw them out. But before you do that, accept that they can often be less about the person you were involved with, and more about who you were when you were with that person. Knowing that gives clarity to the meaning of those pictures and letters.

Notre Dame Star Manti Te'o's Real Ex-Girlfriend Speaks Out





By Meghan Fitzgerald

The Manti Te'o [girlfriend](#) hoax story has been constantly in the news since [Deadspin](#) released the first article reporting the entire [relationship](#) was bologna. Te'o's ex-girlfriend Alexandra del Pilar is a Junior at a Notre Dame sister school who says nothing but kind words about Te'o. According to [People](#), she states that he is kind and gentle, and loved Lennay Kekua. When Te'o called Pilar to tell the [truth](#) about the hoax, she couldn't believe it. She still believes that he had nothing to do with the 'catfishing' scenario and genuinely loved Kekua.

What are some ways to stand up for your partner in the face of controversy?

Cupid's Advice:

There will always come a time when your partner will be in trouble and it is necessary for you to stand up for them no matter the circumstance. In the face of controversy, it is challenging to know what steps to take. Fortunately, once you love someone, you will do anything possible to help them out. Here are some ways to stand up for your partner:

1. Tell the truth: Telling lies in the midst of controversy is

never a great idea. When you are standing up for your partner, simply tell the truth. Even if the truth isn't flattering for your [partner](#) , it is essential that you speak wisely and honestly. People will respect that you told the truth; even if it's in the face of controversy, it's honest.

2. Express love: *The Beatles* said "All you Need is Love," which is entirely true! By expressing your love for your partner, you are showing the world that even though they may express deviant behavior, you will always be by their side. This is also key for your partner, as they will know how much you truly [love](#) them.

3. Fight on: When your partner is facing an issue, it is best to put on your suit of armor and fight on. There will be a lot thrown at you that you will not like, but you have to realize that you and your partner will inevitably get through this speed bump in your [relationship](#).

Have you ever stood up for your partner in the face of controversy? Share below!

Five Relationship Game-Changing Plays from 'Silver Linings Playbook'





By Kimberly James

In the blockbuster film, *Silver Linings Playbook*, Pat Solatano, played by Bradley Cooper, seeks the counsel of a psychiatrist. After disclosing details about his dysfunctional relationship with his ex-wife, Dr. Patel offers Pat sage advice: “True love is about letting her go and seeing if she returns.”

When you still have strong emotions for an ex, it is very easy to romanticize about the past. Good memories become great and bad memories become better. The problems that you had suddenly minimize and every argument, fight or issue can be rationalized away. If you are looking at a previous relationship with rose colored glasses, you may not have unplugged your heart strings. When you are still holding on to love gone wrong, you can begin to think an unhealthy relationship was the best thing that has ever happened to you.

If you are pining over your ex, take a few notes from *Silver Linings Playbook* to determine if there's something there or if it's time to move on:

1. Turn to your family. Your family can be the eyes when you cannot see. Discussing your intentions of reconciliation can often be met with resistance or embraced with acceptance. If

your family was privy to the inner workings of your relationship, let them know how you are feeling about your ex.

Related: [How to Kick That Bad Relationship to the Curb](#)

2. Find a diversion. Finding an outside hobby will not only keep your mind occupied but it will also put you in close vicinity of people who share your same interests. You may meet someone new to befriend or possibly date.

3. Spend time with your friends. Be around people who knew you before and after the break-up. They can let you know if you are handling the break-up ok or if you are spiraling. Your friends are the lifeguards who can save you if you start drowning in a pool of sorrow.

Related: [Cameron Diaz Discusses Her Break-Up Style: Break Up and Move On](#)

4. Be open to new experiences. The old way didn't work. If it did, you would still be together. This is a time to invest in self-help books or seek professional help. Breakups are difficult and can break a heart wide open. It may take time and self work to heal properly.

5. Accept your role in the relationship. By taking responsibility for any wrong doing, you are accepting that it takes two to tango. If you know the steps you took that may have led to the end, you can consciously work to avoid these mistakes again. Rather than waltzing through life as if everything was someone else's fault, you know take ownership for your own two step.

Learn to win at the game of love by looking for your personal silver linings. A break up can be an opportunity to make yourself up to be healthier, happier and more emotionally mature.

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Celebrity Relationships in Need of a New Year's Resolution



By Courtney Allen

The New Year is here, and even the biggest celebs in Hollywood know what that means: it's time to pull out the glorious pen and paper. There is no better time like the present than to leave the daunting past behind in the tabloids, whether it is

love drama with exes, juicy scandals or shocking infidelity. 2012 may have proved to be rocky for these celebrity couples, but the upcoming year just may be looking up if they write their New Year's Resolution list with these things in mind:

Kristen Stewart and Robert Pattinson: These two *Twilight* stars had us watching in amazement as their seemingly perfect relationship flourished both on-screen and off. It wasn't until this summer that their 'fairytale' took a turn for the worst. Stewart became the center of a cheating scandal between her married *Snow White and the Huntsman* director Rupert Sanders. Stewart caused jaw drops amongst her *Twilight* fans and co-stars as news of the flaming affair became public. Speculation over whether Stewart and Pattinson would stay together swirled for months. The answer to the question we were all once dying to know? Yes. The couple is together today. But one piece of advice for their partially tainted relationship: keeping Kristen's deceit in the past in order for it to successfully recover in the new year.

Related: [Is Your Past Interfering with the Present?](#)

Rihanna and Chris Brown: Chris Brown and Rihanna have quite the troubled past. The two world-famous singers started dating back in 2008. Between Rihanna's stunning face and body and Chris Brown's undeniably handsome facial features and lullaby-like voice, they instantly became one of the hottest, power couples in Hollywood. But in February of 2009, tragedy struck for the lovebirds. Brown was arrested for allegedly assaulting the "Disturbia" singer after a pre-Grammy bash. The two obviously went their separate ways as Rihanna filed a restraining order against Brown which was later dropped in 2011. Shortly after, rumors began to fly about the two rekindling their flame with the release of Rihanna's "Birthday Cake Remix" featuring the R&B singer. Looking back, the rumor seemed nothing less than the truth. Brown recently dumped ex-girlfriend Karrueche Tran and now appears to be dating Rihanna

based off pictures on her Instagram. Let's just hope these two have a healthier relationship this time around. If they commit to this New Year's Resolution, nothing can stop them.

Halle Berry and Oliver Martinez: Halle Berry and fiancé Oliver Martinez seem to be doing just fine besides one small problem: her ex. Model Gabriel Aubry is causing trouble in paradise for the couple. Berry and Aubry are right in the middle of custody battle over their four-year old daughter Nahla after splitting up back in 2010. Things got pretty heated over Thanksgiving when Aubry got into a physical altercation during a custodial hand-off with the bombshell's current boyfriend, French actor Gabriel Martinez. Aubry seems to be creating quite the mess for Berry and her new relationship. The cause of the fight is unknown, but pleasant words are definitely out of the question. Sounds like the three need to somehow find a way to kiss and make up for the New Year and for the future. With Nahla in the picture, Aubry isn't going anywhere.

Related: [How to Master Being in a Relationship](#)

Rupert Sanders and Liberty Ross: The couple on the other side of Kristen Stewart's cheating scandal has been through trying times since the infidelity went public last summer. Turns out *Snow White and the Huntsman* director Rupert Sanders was not only in a relationship, but was married to English model Liberty Ross. The couple was not seen together for several weeks following the scandal, leaving us to wonder if Sanders' position as director in the *Snow White and the Huntsman* sequel was the only thing he had lost. Luckily for Sanders, Ross seems to be giving him another chance after his slip-up with 22-year old Stewart. Sanders will now be walking on thin ice with his wife as he enters into 2013. All the New Year's resolving between them should come mostly from his end: proving that he can be trusted again; and of course for Liberty, giving him the fair chance.

What are some of your New Year's Resolutions for your

relationship? Share your ideas with us!

Zooey Deschanel and Ben Gibbard's Divorce Is Finalized



By Jennifer Ross

The wait is finally over. One year after filing for a divorce, Zooey Deschanel and Ben Gibbard are no longer married, according to [People](#). The court documents filed in Los Angeles County Superior Court date the marriage officially over on Dec. 12. Also written in the divorce documents, the reason for the marriage dissolution is, "Unhappy and irreconcilable differences have arisen between the parties, which have caused the irremediable breakdown of their marriage. There is no

possibility that counseling ... or mediation could save the marriage." The couple was married in Sept. 2009. Since the official separation in Oct. 2011, neither Deschanel, 32, nor Gibbard, 36, have ever given details about the breakup. However, later on, the *New Girl* TV star claimed they are amicable with each other. "We're friendly. It's all fine."

How do you know when there is no hope of fixing your marriage?

Cupid's Advice:

Even though divorce is such a common occurrence, many couples are shocked when it happens to them. You and your partner may focus on trying to love each other again. However, this sets you both up for missing the signs. To help you see clear, here are a few signs that confirm the marriage is over:

1. Character assassination: A clear sign that your marriage is over begins with you and your partner's many attempts at assassinating each other's character. The belittling, public insults, name-calling and embarrassing attacks are fatal to your marriage, ensuring a true dissolution.

2. Intimacy is gone: Although marriage is not only about a physical connection, it will never last without some form of intimacy between you and your mate. Without a way for a couple to strengthen the relationship's closeness through loving contact, one of you will feel neglected and ready to leave.

3. Dead silence: Complete silence in a marriage with neither one of you willing to talk it out will get you two speaking to divorce lawyers. Without any further communication, the reconciliation will never begin. This makes it officially over.

When did you realize there was no hope of fixing your marriage? Share your story below.

Tiger Woods Parties the Night Away with Multiple Women After Golf Tournament



By Jennifer Ross

Tiger Woods is back to his partying ways. On Dec. 1, the pro-golfer danced all night long at California's Westlake Village Inn right after his 14th Annual World Challenge Golf Tournament. An eyewitness reports to UsMagazine.com that Woods, 36, was surrounded by gorgeous women for most of his time on the dance floor. "Tiger was dressed in jeans and a beige sweater...At one point he was surrounded by a group of six women on the club's dance floor!" To further get into the partying mood, Woods requests the DJ to play, 'Tonight I'm F-ing You' by Enrique Iglesias. This set the mood just right

as the ladies loved his persuasive music choice. As Woods enjoys his single life, ex-wife Elin Nordegren is busy creating her dream home on the coast in North Palm Beach, FL.

How do you know when it's time to stop serial dating and settle down?

Cupid's Advice:

The single life is a wild ride, full of meeting new people and partying nights. No matter what day of the week, you can easily find a hot partier for the evening or several evenings, always keeping true love at arm's length. Yet, something has changed and you no longer want to be single. To help you cross over to the monogamy side, here are a few clues telling you it's time to settle down:

1. Being alone: You no longer feel the need to fill every spare minute of your single life with party time. Instead, you now enjoy being alone with your own thoughts. Feeling comfortable in your own skin with no one around is a good sign that you might be ready to share that time with just one person.

2. Slow party nights: On the nights that you do go out, your main interest isn't how many hot random people you can meet for future play dates. Instead, you now prefer to have a slower, quieter night out with a few good friends in a relaxing atmosphere. Clubbing all night just doesn't appeal as much anymore.

3. Open mind: When you spend time with potential mates, you are more open to understanding their quirks instead of comparing them to your "perfect mate" list. Matter of fact, sometimes you even leave the list at home and let yourself simply have fun exploring each other's personalities.

When did you know you were ready to stop serial dating and

settle down? Tell us below.

Halle Berry's Ex Gabriel Aubry Says Olivier Martinez Threatened to Kill Him



By Jennifer Ross

There are more legal documents in Halle Berry's life these days. After a brutal Thanksgiving Day fight that ended with Berry's ex Gabriel Aubry being arrested, Aubry claims that it was Berry's fiancé Olivier Martinez who started the fight, according to [People](#). Written in Aubry's application for a restraining order against Martinez, Aubry claims that "Mr. Martinez jumped me on the side of my body... continued to punch me at least two or three times, kicked me in the ribs with his

knee or foot, and took my head in his hands and slammed it to the concrete driveway.” Aubry also alleges that Martinez yelled, “When you see the judge, you’re going to tell him you’re going to Paris, or I’m going to kill you.” Because of the fight, Aubry has a restraining order against him to stay away from Berry, Martinez and his daughter Nahla. All this stemmed from a court battle between Berry and Aubry over Nahla. Berry hoped to move to France with Martinez and Nahla, but a judge ruled against Berry. With regards to Aubry’s injuries, he states, “I ended up suffering a fractured rib, multiple bruises on my face and my forehead, an area under my left eye, and three areas in my mouth required stitches.”

How do you keep your ex and current partner from butting heads?

Cupid’s Advice:

Anytime your ex and your current partner are involved in matters together or involving you, it can be awkward and possibly dangerous for everyone. Whether their communication is required or unnecessary, there are ways to deal with it. To keep the peace, here are a few ideas on preventing any disruption:

1. Let go of your ex: You are still a friend to your ex, but your current partner is not happy about this. If there is nothing legally or financially tying you to your ex, the best thing to do is let that relationship go. Otherwise, you will end up losing your current mate.

2. Keep relationships separate: If you must stay in contact with your ex due to children or financial matters, you will need to keep your relationships with each one completely separate from the other. That includes no complaining to one about the other. It will be difficult, but it’s the only way to ensure peace between them.

3. Stay out of it: Suppose your ex and your current partner are friends and want to remain that way. Then, you will have to stay out of their relationships with each other. You will not be able to be involved with any conversations about them with either one of them. Instead, let them figure out things on their own.

What did you do to keep your ex and current partner from butting heads? Tell us below.

Justin Bieber ‘Hasn’t Stopped Reaching Out’ to Selena Gomez Post-Split



By Jennifer Ross

It's a game of on-again off-again for these two confused love birds. Selena Gomez and Justin Bieber just can't seem to decide whether to call it quits or stay together these days. After breaking up on Oct. 31, Bieber has continued to reach out to Gomez, 20. On Friday, Nov. 16, the two had a sushi date that was followed by a horrible fight. Eventually, the couple made up sometime after Bieber had a great night at the American Music Awards. Bieber, 18, and Gomez have also been spotted together in Encino, CA on Nov. 19. The issue between them is Bieber's inability to stop looking at other girls. "Justin has a wandering eye," a source reported to UsMagazine.com. Also, Bieber wants to date other girls and possible hold on to Gomez. "He isn't sold on the possibility that this is forever but isn't sold on that it's not."

How do you know when to call it quits in a relationship?

Cupid's Advice:

A supportive and loving relationship can be the best thing in life. However, when necessary factors in keeping the relationship strong are abused or broken, it is time to say goodbye. Important factors, such as the three listed below, will help you to understand when it's time to leave:

1. Avoidance: If either one of you stops talking to the other, especially about important matters in the relationship, it is time to end it all. Your love for each other will only survive with positive, and sometimes negative, communication. Once the communication stops, so does the love.

2. Lack of respect: When the disrespect begins, such as bad name calling or yelling in public, this only leads to breaking up. In order to spend the rest of your life with someone, you and your mate will need more than just love to get you there. Respect to love and care for each other is vital for the times when life's challenges will stress you both.

3. Isolation: If you are in a relationship where your partner is driving all your loved ones away from you, leaving you completely reliant on one him/her for love and support, this is not a good sign. It's one thing for your mate to want to support you. However, this type of support is more like domination. Get out fast!

When did you know to call it quits in a relationship? Share your story below.

Leaving Your Mark: Celebs Who Profess Their Love with Tattoos



By Nic Baird

The rich and famous get tattoos for the same reasons as everyone else: They're about self-expression and an unchanging reminder in a changing life. A celebrity's brand is their image, and that's often something to consider when deciding between Mike Tyson's tribal face design or Drew Barrymore's navel butterfly. While we common folk might get a little attention for a bold new tat, it doesn't compare to the [celebrity news](#) created by famous new ink. Here are some of the reasons celebs get tattoos. For the most part, they're not that different from anyone else!

Celebs And Their Ink

1. Self-expression: Maybe our expectations of rock stars like Amy Winehouse push artists to mark themselves as such. Music superstars seem like credible artists with some eye-catching body art. *Rock Of Love* 2 runner-up Daisy de la Hoya was a human canvas. Her iconic three-quarter sleeve led to her own dating spin-off show and attracted the attention of heavily painted rocker Tommy Lee. The bottom line is that whether it's for the fans or for themselves, real rock stars get ink.

Related Link: [LeAnn Rimes Announce Love for Eddie Cibrian with a New Tattoo](#)

2. Proof of change: [Miley Cyrus](#) went under the needle again last month to get a Teddy Roosevelt quote on her wrist. She may be trying to remind us that she isn't 14-year-old Hannah Montana anymore but instead a more serious – or at least more tattooed – adult celeb. Actress [Angelina Jolie](#), who seems to be the lead celebrity spokesperson for tattoos, described them to *USA Today* as “something permanent when you've made a self-discovery, or something you've come to a conclusion about.” Just as a serial killer might etch the names of victims into his skin, you can record important life events by marking the occasion on your body. Jolie takes this to a whole new level.

3. Memory makers: Fond memories and self-discovery inspired Jolie to collect at least 14 tattoos over the years. Her body is a map of her life. A Buddhist Pali incantation to protect her adopted Cambodian child sits on her left shoulder blade. All six of her children have a place beside it on her shoulder where geographical coordinates represent their scattered birthplaces. Jolie says she uses body art to remember the good times. When it comes to relationships and love, a lot of celebrities are guilty of this celebratory use of ink.

Tattoos For Celebrity Couples

4. For love: In fact, Jolie's infectious love of tattoos has spread to husband Brad Pitt. He's been marked with his celebrity loves' birthday in Khmer script on his chest. Thankfully, tattoos are not really all that permanent for those who can afford to get them removed. Jolie knows this because she was able to laser off three pieces of Billy Bob Thornton memorabilia and a Japanese symbol on her arm she had shared with Johnny Lee Miller. She also covered several others; after all, not everyone is comfortable sporting memories of their celebrity exes! Rocker Avril Lavigne shares four matching tats with her former boyfriend, reality TV's Brody Jenner, including his name under her right breast. And she's still hanging on to two with ex-husband Deryck Whibley of Sum 41, despite being engaged to Nickelback's Chad Kroeger.

Related Link: [Angelina Jolie's Tattoo Is 'for Brad'](#)

5. Brand billboard: While it's clear that celebs mostly get tattoos for all the usual, relatable reasons, there are exceptions. Pop icon Lady Gaga is blurring the line between self-expression and self-marketing. Recently, she gave her nearly 29 million Twitter followers and 53 million Facebook fans a look at her tenth tattoo. A picture showed ARTPOP printed along her wrist, which was also revealed as the title of her upcoming album. The confidence is admirable at the very

least.

The only problem after getting inked up is regret. People change, but tattoos don't. It seems ironic to commemorate something as fleeting as a celebrity couple with something as lasting as a tattoo. But artists at every level have always been attracted to body art. For Gaga's sake though, ARTPOP better not bomb.

What are some unforgettable tattoos that you've seen? Comment below.

Selena Gomez Beams at Bash Post-Split with Justin Bieber



By Jennifer Ross

Even though her breakup with ex Justin Bieber is still fresh, Selena Gomez is out on the red carpet, looking fabulously single. At Glamour's 22nd Annual Women of the Year Awards in New York City, Gomez looked "bubbly and upbeat," sources reported to UsMagazine.com. "She looked genuinely happy...not like she was sad or bummed out at all." Dressed in all white by Giambattista Valli, with a deep v-neck up top, this singer was especially excited when she won her Woman of the Year award and gave a hopeful speech to the audience. "I just want to share with all the girls out there – you have a voice, you have a chance. Just do what you love."

What are some ways to move on quickly after a breakup?

Cupid's Advice:

Although it's difficult to go through, a breakup is not the end of the world. Sometimes, it can actually be a good thing. You now have time to re-find yourself and do the things you love again that got lost in the relationship. Don't know where to start? Here are three tips to get you moving forward:

1. Clean house: First, collect all the things around your home that remind you of your relationship and move them out. The goal is to make a space that is only yours, not a shrine to a past love. Also, don't worry about getting your things back from your ex. You're better off buying them again then risking a relapse.

2. Make plans: Now that you have free time, make plans for all the things you didn't have time for when you were dating. Meet up with old friends, dust off your surf board or roller blades take up a new class. Whatever it is, get out there again and have fun.

3. Take time: Regardless of whether you or your ex broke up, you are going to need time to heal. Therefore, save some of your time to be alone and reflect back on what went wrong. You

must reevaluate the past issues in order not to repeat them.

What did you do to move on quickly after a breakup? Comment below.

‘Hollywood Exes’ Daphne Wayans on Divorce: “We’re Still A Family”



By [Lori Bizzoco](#) and

Sarah Ribeiro

When Daphne Wayans got divorced, she didn’t let her broken marriage keep her from finding happiness – or stop her from making a name for herself. The ex of comic Keenen Ivory Wayans will be on the upcoming season of ‘Hollywood Exes’ with an

agenda to present herself not as an ex-wife but as a woman. "I've been avoiding being in the public eye for a very long time," Wayans says. "I stopped looking at how I couldn't do it and started looking at how I could. I'm not very interested in necessarily being famous, but I'm interested in the good that comes out of it."

While some women may find themselves embittered after a divorce, Wayans isn't joining the cast of VH1's hit reality show to get anything off her chest. Instead, she wants to help other divorced mothers like her. "I get told that I have a little bit of a different viewpoint in life. I tend to try not to look at the minutia of things. I try to take a big step back and have a bird's eye view of the scene."

Related Link: [Think You Need a Man at Your Side? Think Again!](#)

Because of that, she says, 'Hollywood Exes' gives [divorced](#) women a new perspective on how to deal with their divorce. A pivotal moment that brought Wayans on camera happened during last season of 'Exes': "I was watching one of the interviews on the show, and they focused on the friendship that was left there after the divorce – not what wasn't there or what was destroyed."

That friendship, she says, is the outlook that kept her relationship with Keenen strong after things ended – and the reason she is on board for this upcoming season.

Wayans explains, "That's the kind of thing we expressed during the pitch for the show. Originally, I got cold feet, and I couldn't go on the first season. But in the end, I was really proud of the women – there was no ex-husband bashing."

This, she says, is why her divorce worked out for the better: "It was hard and heartbreaking, but I kept the picture of our friendship in the back of my mind. I just started caring for him as a person, as someone I wanted to care for, and we got back to that point where we cared about each other again."

Related Link: [7 Lessons We Can Learn from Celebrity Divorces](#)

Her positive view on a split is what Wayans hopes to bring to 'Hollywood Exes,' and she hopes viewers can take that and apply it to themselves. "The biggest thing that I've learned is – particularly when you've had children – you're still a family. Keenen and I may not be a married couple anymore, but we're tied together by these five children. That's what's left when the smoke clears. Through all the fighting and dismantling of the marriage, you're still left with a family. You need to figure out what you couldn't when you were married: how to get along."

Tune into the upcoming season of 'Hollywood Exes,' scheduled to premiere this spring, on VH1 to keep up with Daphne Wayans. You can also follow her on Twitter at @DaphneWayans.