

Celebrity News: Rihanna Opens Up About Why She Got Back Together with Chris Brown



By Abbi Comphe

Rihanna has finally opened up about her relationship and subsequent celebrity break-up with Chris Brown and why she chose to get back together with him for a short time after he abused her. This [celebrity news](#) has been on all of our minds for quite some time! According to [UsMagazine.com](#), Rihanna shared with *Vanity Fair* the details of her celebrity relationship with Chris Brown. She thought she would be able to change him at the time. She told *Vanity Fair*, "Sometimes you just have to walk away." She still cares about Brown, but the two aren't friends and are not in each others' lives. Glad

to hear [Rihanna](#) is in a much better place in her life now!

This celebrity news has been a long time coming. What are some ways to move on after an abusive relationship?

Cupid's Advice:

Getting out of an abusive relationship is never easy, but the aftermath of it can be even worse. Here are some ways to move on after this type of relationship:

1. Find yourself: Don't let this relationship define you. At one point, you were a happy person who loved the life you lived, so it's time to find that person again. Take some time for yourself, go out on walks, go to the movies by yourself, learn how to be happy by yourself and remember your self worth!

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2. Move on: Do not let this past relationship hold you back from finding love! It can be hard to trust again, but not everyone is going to be like the last person you were with. Who knows, if you actually give someone a try they could turn out to be the one!

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3. No regrets: When you think back on this relationship, don't beat yourself up and wish that it had never happened. Yes, it ended up in horrible circumstances and this should have never happened to you, but it has only made you stronger as a

person. You can take this and turn it into something positive, perhaps helping others to avoid making the same mistake.

What do you think are some ways to move on from an abusive relationship? Share below.

Selena Gomez Celebrates Celebrity Ex Justin Bieber's Comeback



By [Katie Gray](#)

The heart wants what it wants! Singer [Selena Gomez](#) recently celebrated the accomplishments of her [celebrity ex](#), [Justin Bieber](#). According to [People.com](#), Selena Gomez has nothing but positive things to say about Bieber. Gomez is quoted as saying, "While people were writing that I was stupid for being in it, this is what I always saw in him." Whether they are a celebrity couple or celebrity exes, these two have only kind things to say about one another – which is the way it should be. She sets a good example and has proved the old adage, "If you don't have anything nice to say, don't say anything at all."

After a break-up, it's possible to move forward as friends like this former famous couple. What are some ways to show your ex that you're happy for them?

Cupid's Advice:

Whether you have broken up with a significant other on good terms or not, it's good to try to be civil. If you can remain friends then that is even better. Regardless of the status of your relationship, there is no denying that you obviously both cared for one another at some point. Be happy for them! Bonus points: good karma. Cupid has some relationship advice on how to show your ex you're happy for them:

1. Congratulate them: If your ex has earned an achievement, don't be afraid to reach out and congratulate them! That is really thoughtful and there is nothing wrong with doing so. It can even be an email or text message. It shows you are being friendly and kind.

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2. Send good vibes: Even if you don't want to verbally reach out to your ex partner to let them know that you wish them well – you can always keep them in your thoughts and send good vibes their way. They don't even have to know you are doing so. But it's good to want them to be happy.

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3. Support: Support your ex by sending them a note or flowers when they achieve something or reach a milestone in their life. If it's their birthday reach out. If you know they have an interview or something of that nature – wish them good luck. Always let them know that you support them still!

How have you shown an ex that you are happy for them? Share your stories below!

Jon Gosselin Denies Joking About His Celebrity Ex Kate Gosselin's Recent Split





By [Katie Gray](#)

Kate Gosselin has recently split from her millionaire boyfriend. Post-celebrity break-up, her ex-husband Jon Gosselin slammed the rumors that he was joking about her breakup in a social media post. According to [UsMagazine.com](#), "Amid the news, it was rumored that Jon posted the 'praising celebration hands' emoji on his private Facebook page. The dad of eight reveals the incident did happen – but on a fake account." These [celebrity exes](#) have no current relationship and love life and are not on good terms. They split in 2009 and are the parents to eight children, twins Cara and Mady, 14, and 11-year-old sextuplets Aaden, Collin, Hannah, Alexis, Leah, and Joel.

These celebrity exes are definitely not on good terms. What are some ways to remain civil with your ex

for the sake of your children?

Cupid's Advice:

It's hard to maintain a civil relationship with your ex sometimes, but in circumstances where you are co-parenting it is extremely important to remain on the best of terms as possible for the sake of the children. Cupid has some advice on how to remain civil with your ex for the sake of the children:

1. Don't talk badly about your ex: It's important that the children don't feel torn between their two parents, because they love each of them equally and do not need to pick a side. Don't talk negatively about your ex in front of your kids. Let the children feel okay to talk about their other parent freely, without them feeling guilty for doing so. Keep a united front!

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2. Maintain a schedule: Kids need a healthy balance to maintain a happy childhood. The key aspect is to maintain a schedule and keep that pattern. Children do well with stability. When the kids are alternating between parent's homes, keep the schedule the same. Too much inconsistency will put stress on the kids.

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3. Stick to your rules: Sometimes parents try to come up with the same set of rules to have your children follow, even when you are split up. This is great if it is doable. If not, just have your children stick to your rules when they are with you and they can follow the other parent's rules when they are with them. Experts say that children have the ability to adapt to this, it really isn't an issue if you and your ex can't come to the same terms – so don't worry about it!

How have you and your ex remained civil for the sake of your children? Let us know below.

How to Get Over a Broken Heart During the Holidays



By Abbi Comphe'l and [Whitney Johnson](#)

There are so many things to be excited about during the holidays: fun-filled family time, delicious home-cooked meals, presents waiting to be unwrapped and perhaps a much-deserved vacation. However, if you're nursing a broken heart, this festive time of year may seem burdened with only cold and

lonely days. You may never forget your heartache, but someday, you will be healed and happy again. Just make sure to get some solid [relationship advice](#) in the meantime.

Until then, the ten tips below may make your holidays seem a bit more bearable and that damaged heart feel a little less painful:

1. Volunteer: No matter the time of year, giving to others can mend a hurt soul and fix any frown. During the holidays, the opportunities to volunteer seem to multiply, making it extra easy for you to make a difference in someone else's life.

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2. Listen to holiday music: There's something so innocent and child-like about holiday music. It'll take you back to those days when your biggest worry was whether or not the item at the top of your wish list would be waiting for you to unwrap it. Although Nick Cannon and Mariah Carey had a rough [celebrity divorce](#), Carey still is positive and puts out beautiful holiday music that you can listen to!

3. Take up a new hobby: Attend a cooking class (Whole Foods offers great options) or take a knitting course and make a homemade gift for someone special. If you live in a snow-filled spot, give snow skiing a try. By being outside of your comfort zone, you'll not only distract yourself from your heartbreak, but you'll also regain your confidence.

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4. Enjoy hot cocoa by the fire: A cozy spot and delicious drink are sure to warm your heart during this holiday season.

Snuggle up with a good book or have some girl-bonding time with your mother, sister or best friend. When [Taylor Swift](#) broke up with celebrity ex Harry Styles, she spent time with her best friends during the holidays to make her feel better.

5. Watch a feel-good holiday movie: It's important to remember that you *will* find love again, and a holiday movie is the perfect way to do just that. The options are endless: *The Holiday*, *Four Christmases*, *Miracle on 34th Street* and more. As Hugh Grant's dreamy voice tells us in *Love Actually*, "If you look for it, I've got a sneaking suspicion...love actually is all around."

6. Reconnect with old friends: Re-establishing a friendship that was lost due to distance or busy lives will boost your spirits and remind you that there are plenty of people who love and support you. When former celebrity couple Selena Gomez and Justin Bieber split, Gomez surrounded herself with her closest friends again.

7. Book a quick getaway: Whether it's a snowy vacation in the mountains or a relaxing weekend on the beach, pick a place that makes you feel like yourself again. Most of the time when a hollywood relationship ends badly, the two in the relationship probably end up taking a quick trip to themselves. It can be very relaxing.

8. Buy yourself something special: Yes, it *is* the season of giving, but sometimes that giving needs to be self-directed. Use the money that you would've spent on your ex to buy yourself that much-desired handbag or new pair of shoes.

9. Cook a new dish for your family's annual holiday get-together: Tackling a challenging recipe will surely keep you busy – from picking out the dish to shopping for the ingredients to pulling it all together, you'll hardly have any time to think about that broken heart.

10. Meditate. It sounds so simple, but closing your eyes and paying attention to each breath allows you to shut out the rest of the world and focus on yourself. You can let go of those negative thoughts and sad memories and be ready for your next adventure (in love or otherwise) by New Year's Eve!

How did you recover from a broken heart? Share your thoughts below.