# Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split





By Carly Silva

In the latest <u>celebrity break-up</u> news, Julianne Hough has officially filed for divorce from <u>celebrity ex</u> Brooks Laich. According to *UsMagazine.com*, the pair, who tied the knot in 2017, announced their split five months before officially filing for divorce earlier this week.

In celebrity break-up news, it's officially over between Julianne Hough and Brooks Laich. How do you know when your relationship is irreparable?

## Cupid's Advice:

Trying to salvage a relationship can be tricky, so it's important to know when to call it quits. If you're looking for signs that your relationship is irreparable, Cupid has some advice for you:

1. You've already tried everything: If you're trying to decide if your relationship is able to be fixed, it's important to asses what you've already tried. If you and your partner have tried to fix things for quite a long time, or even tried therapy, and you find yourself exhausted because things still aren't working, it may be time to call it quits.

Related Link: <u>Celebrity Divorce</u>: <u>Ant Anstead Says He Lost 23</u>
Pounds Amid Divorce from Christina Anstead

2. Your relationship has become harmful to one or both of you: Another sign that may help you know that your relationship is irreparable is if you find the relationship to be doing more harm than good to one or both of you. Once your relationship makes you and your partner unhappy often or has caused damage or harm to you, that is definitely a major sign that it may not be salvageable anymore.

Related Link: <u>Celebrity Break-Ups: Lenny Kravitz Blew It</u>

<u>During First Meeting with Ex Lisa Bonet</u>

3. You no longer trust each other: Another sign of an unfixable relationship is a lack of trust. Continuing in a

relationship without trusting your partner will only cause more problems down the road, so if you have tried everything to rebuild trust, and you still can't rely on each other, your relationship may not be repairable at that point.

What are some other ways to tell that your relationship is irreparable? Start a conversation in the comments down below!

# Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing





By Carly Silva

In the <u>latest celebrity news</u>, Kristin Cavallari admitted that she thought about divorcing Jay Cutler every day for two years before actually filing. The <u>celebrity exes</u> were married for seven years, and have three children together. According to *UsMagazine.com*, Cavallari was open about how she knew it was time to part ways.

In celebrity break-up news, Kristin Cavallari definitely didn't take the idea of divorce lightly, and thought about it for two years before filing. How do you know your relationship is over and not saveable?

# Cupid's Advice:

Ending a relationship can be an extremely difficult decision, especially if you're not totally sure. If you're wondering how to tell if your relationship is over and not savable, Cupid has some advice for you:

1. If you've tried everything: If you and your partner have ongoing issues that you have tried to resolve but just can't, then it may be time to end the relationship. If you've tried interventions, therapy, and still keep running into the same problems, then it might not be possible to salvage the relationship anymore.

Related Link: Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties

2. If you can see yourself with someone else: Although relationships can change over the course of life, your love should still be evident to you. If you feel like your love for your partner has waned, or that you can picture yourself with someone else, it may be a sign that what you had is over.

Related Link: <u>Celebrity Break-Ups: Tarek El Moussa Is Sad for Ex Christina Anstead Amid Her Split</u>

3. If you're just not happy: One of the main signs to help you decide if your relationship is really over is how your relationship makes you feel. Even when your relationship goes through hard times, your happiness should be enhanced through your relationship. If you are unhappy in your relationship for an extended period of time, it may not be worth saving

How can you tell your relationship is over and not savable? Start a conversation in the comments below!

# Celebrity News: Brad Pitt's Girlfriend Nicole Answers Fans Asking Why She Hates Angelina Jolie





By Nicole Maher

In the latest <u>celebrity news</u>, Brad Pitt's new girlfriend Nicole Poturalski faced questions about her rumored hatred toward Pitt's <u>celebrity ex</u>, Angelina Jolie. According to *UsWeekly.com*, Poturalski was presented with an array of comments on one of her Instagram posts after captioning the image "Happy people don't hate," followed by three heart emojis. Fans were quick to question the caption after hearing rumors about Poturalski's ill feelings toward Jolie, but the

model silenced them instantly. Pitt and Poturalski's <u>celebrity</u> <u>relationship</u> was confirmed after the two were spotted in France together this past August.

In celebrity news, Brad Pitt's girlfriend is keeping things classy when it comes to her beau's ex. How do you deal with lingering drama with your partner's ex?

## Cupid's Advice:

When beginning or continuing a relationship with your current partner, the last thing anyone wants to face is drama associated with their ex. While you may want to believe that none of the rumors are true, it can be difficult to stop them from affecting your relationship. If you are looking for ways to deal with lingering drama with your partner's ex, Cupid has some advice for you.

1. Listen to your partner: Your partner cannot control the way their ex acts after their relationship has ended. Rather than focusing on whatever it is that their ex is saying, pay more attention to the way your partner is speaking and acting. If he or she is not paying attention to any lingering drama, then neither should you.

Related link: New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares

2. Limit their access: In a world where everything we do ends up online, it can be beneficial to limit someone's access to you. There is no shame in blocking your partner's ex from your social media accounts if you feel that they are visiting your page regularly. If a person can't see what you are doing, then

they can't start any real drama!

Related link: Celebrity News: Demi Lovato Buys \$7 Million
House After Getting Engaged to Max Ehrich

3. Stand your ground: Unfortunately, sometimes people can be relentless and turning a blind-eye to the drama will only work for so long. If this is the case, follow Poturalski's lead and give them a simple reply. Despite stirring up drama, some people are still afraid of confrontation, and acknowledging their actions once may be enough to get them to stop.

What are some other ways to deal with lingering drama with your partner's ex? Start a conversation in the comments below!

# Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split





By Ellie Rice

In the latest <u>celebrity news</u>, Brooks Laich was spotted out in Los Angeles without his wedding ring. The sighting comes after his recent split from Julianne Hough. The pair wed in mid-2017 and had been the source of multiple breakup rumors in recent months. We wish these two nothing but the best on their separate journeys!

This celebrity ex is letting his newly found single-dom be known. What are some small steps you can take to move on right after a split?

# Cupid's Advice:

Break-ups are tough and moving on can feel impossible. If you're looking for ways to get that train rolling, Cupid has

some advice for you:

1. Unfollow them: If you know you'll be itching to stalk their social media profiles and constantly check-up on what they are doing, unfollow them. During this process, it's important that you are focusing on yourself and doing what's right for you. Wasting your time on their socials will only make moving on more difficult and longer. Try taking a break from social media all together! Detox from your screen and work on your self-care routine instead.

Related Link: Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split

2. Cut the communication: While you may thinking reaching out and continuing to seek closure is a beneficial thing, it will only hurt you in the long run. Once you break up make sure you understand what went wrong and why. After you receive this closure, don't continue asking to talk, it will only sour the split. By cutting off the communication, you will be able to completely focus on yourself and spend time working on your personal growth. Use this time to better who you are whether that's in your career or with your loved ones.

Related Link: <u>Celebrity News: Brooks Laich Still Wants Kids</u>
<u>After Split from Julianne Hough</u>

3. Turn to your support network: Nothing heals a wounded heart better than spending time with your friends and family. Tell them what's happening with your split and allow yourself to be vulnerable around them. Try planning a wine night with your girlfriends or a dinner with your family! Surround yourself with love and people who care about you and it will be a step in the right direction.

What steps would you take when moving on from an ex? Start a conversation in the comments below!

# Celebrity News: Sources Say Kendall Jenner & Ben Simmons Are Dating Again





By <u>Jessica DeRubbo</u>

In <u>celebrity couple news</u>, source are saying that <u>Kendall Jenner</u> and Ben Simmons have rekindled their relationship. According to *EOnline.com*, the *Keeping Up With the Kardashians* star was recently spotted at a Philadelphia 76ers game supporting her alleged man and <u>celebrity ex</u>. "They took a break because it was difficult to sustain a relationship with their schedules. But they have stayed in touch and there was

never a messy breakup or hard feelings," a source shared with *E! News*. "Kendall has spent a lot of time with Ben over the last few weeks in Philadelphia. She's been flying in to see him whenever she can."

In celebrity news, Kendall and Ben may be giving their romance another chance. What are some factors to consider before giving your ex a second chance?

### Cupid's Advice:

When you break up with someone, it's meant to be a final decision. That said, sometimes things change and there are good reasons to consider giving your ex a second chance. It's important to make sure you're doing it for the right reasons, however. Cupid has factors to consider:

1. Why you broke up in the first place: There's a wild difference between breaking up because your partner cheated on you to splitting because you were both busy with your careers. If a trust issue was at the heart of your issues, it may not make sense to jump back into things. If it was simply a lack of time that led to your break-up, you two could very well be in a different place now, making it okay to give things a second chance.

Related Link: <u>Celebrity Parents: Kendall Jenner Jokes on</u>
<u>Social Media About Starting a Family</u>

2. What page you're both on now: It's crucial to have an open and honest conversation about where you both are in your lives right now. If the issues that led to your break-up before are still very real, there's no point in giving it a second shot,

hoping for a different outcome. If some key things have changed that will make things easier this time around, that's great!

Related Link: <u>Celebrity Workout: Group Classes That'll Have</u>
You Sweating With Obsession

3. The reasons you want to be in the relationship: When we break up with someone, it leaves a hole in your heart that your partner used to fill. Not only are you missing the romance, but you're missing that person you told everything to and who you spent the most time with. When you're deciding whether to get back together with someone, you need to make sure you aren't just doing it because you're lonely. The only reason to date someone is because you really see yourself with them romantically and they'll add to your life in a positive way.

What are some others factors to consider before getting back with an ex? Share your thoughts below.

# Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt





By Ahjané Forbes

In <u>celebrity news</u>, <u>Angelina Jolie</u> is moving on from <u>celebrity ex</u>-husband <u>Brad Pitt</u>. According to a <u>UsMagazine.com</u>, the actress "has been on a few dates," a source said. Jolie does want to find romance, however, the <u>Maleficent</u> star is not looking for a <u>celebrity marriage</u>. The mother of six has reached a custody agreement with Pitt and admits that marriage is something that she did not want to do. She is focused on her job, children, and finalizing her divorce.

In celebrity news, Angelina Jolie is moving on amid her divorce from Brad Pitt. What are some first steps you can take to move on after your marriage ends in divorce?

Cupid's Advice:

Ending a marriage can be hard, especially when there are children involved. The separation might be a good thing for both parties, but it can be emotionally draining. There's not one right answer to how to handle yourself after the divorce. Cupid has steps you can take to move on immediately after a split:

1. Take some time to heal: Everyone handles a break-up differently, but we all can agree that we will miss the good times that we had with our partner once its over. It takes time to adjust to this new lifestyle. Don't rush into a new relationship just because you want to get over your partner. Taking things slow will be better to handle the process.

Related Link: Expert Dating Advice: How To Put Yourself Out
There After A Break-Up

2. Ask for some space: Having people constantly asking you about how your divorce is going will not make it any better. Find a decent way to tell them that you are okay, and that you need your privacy at this time. This also can be used for family members. You might not be be ready to tell everyone how you're really feeling. If you have children, spend more time with them. The younger ones will have a harder time understanding what is happening.

Related Link: <u>Celebrity Parents:Inside Kate Hudson's Co-</u> <u>Parenting with Exes Matt Bellamy & Chris Robinson</u>

3. Find yourself again: Sometimes when we're in a relationship for so long, we forget what it feels like to do things by ourselves. Try a new hobby like yoga, a cooking class, or spending more time with your friends. This will help you take your mind off of things. Schedule these dates regularly as needed. Putting yourself in a different environment will alleviate some of the stress.

What are some steps you to overcome your divorce? Let us know when the commerce below!

# 'Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice Awards





By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, <u>Bachelorette</u> star Hannah Brown bumped into her <u>celebrity ex</u>, Tyler Cameron, at Sunday's People's Choice Awards. According to <u>UsMagazine.com</u>, Brown commented on their interaction before the show started, saying there was no bad blood. She discussed how sweet it was that

Cameron brought his mother as his date. When asked if she was nervous about seeing him, she replied positively, "I think I have so much going on right now. I mean, I came straight from practice for the show tomorrow, so there's no place for nerves and honestly, I'm just really focused on myself right now and I'm just really glad that I am able to be here and to celebrate the nomination of the award."

# These celebrity exes crossed paths at the People's Choice Awards. What are some tips for keeping your cool in the presence of an ex?

### Cupid's Advice:

A break-up is never easy. It's even harder when you know you're going to have to see your ex again whether you plan on it or not. Standing in the presence of someone that you have a history with would make anyone sweat bullets, but it doesn't have to an interaction you dread. Instead, if you're worried about keeping your blood pressure down the next time you see your ex, don't worry. Cupid has some relationship advice on how to stay as cool, calm, and collected as possible in their presence:

1. Think about the positives: If you know you're going to have to be around an ex in a public setting, make sure you don't focus on the negatives of your relationship. Associating their presence with hurt will only hinder you from having a cordial interaction with them. Try to keep your mind on the positives of your guys' time together. Then, when the time comes, you'll be level-headed enough to have a friendly passing conversation.

Related Link: Celebrity News: Jed Wyatt Vacations with New

### Woman After Hannah Brown Split

2. Be surrounded by friends: Being around an ex, alone, can be a daunting task. But, if you know there might be a possibility that you'll run into your ex somewhere, bring a couple of your friends to cushion the blow. You'll feel much more confident and positive being around them. And, you won't have to worry about suffering through any awkward silences that might occur.

Related Link: Celebrity News: 'Bachelorette' Hannah Brown & DWTS Partner Clear Up Romance Rumors

3. Focus on yourself: The best advice to keeping your cool when you're around an ex is to do what Hannah Brown did and focus on yourself. Don't allow yourself to think too much about their presence. Keep doing what you're doing, and don't worry about them being there. This helps in alleviating the stress of seeing your ex and acting kindly towards them when you do bump into them.

What are some ways you keep your cool around an ex? Sound off in the comments below!

# Single Celebrities: Selena Gomez Clarifies Relationship Status After Being Spotted with Ex





By <u>Ahjané Forbes</u>

In <u>celebrity news</u>, "Lose You To Love Me" singer <u>Selena Gomez</u> recently went out with her <u>celebrity ex</u> Samuel Krost. According to *UsMagazine.com*, the pair arrived at a restaurant called La Esquina in New York City on October 29 with their friends in tow. The next day, the Disney Channel alum cleared the new celebrity relationship rumors by telling her Instagram followers, "I've been single for two years. I'm on Gods timing not mine." Although Gomez hasn't been in a relationship for a while, the star seems to enjoy flying solo.

This <u>single celebrity</u> hasn't been in a relationship for two years. What are some benefits to being single?

# Cupid's Advice:

Even though being in a relationship can be nice, staying

single has its benefits as well. First, don't think about the negatives. Just because you are a party of one does not mean you can't still have fun. Next, keep a positive mindset. If someone is truly there for you, they will gravitate toward you. Lastly, stay true to yourself. Don't jump into a relationship because your friends say it's been "too long." Start dating when you are ready. Cupid has some advice on how to make the process of being single a little bit easier:

1. Focus on yourself: Sometimes when you are in a relationship you forget the importance of self-love. Treat yourself to Spaday. Start going to yoga classes. Reconnect with your innerself.

Related Link: Top 2019 Fitness & Wellness Trends to Watch

2. Take opportunities to grow: This does not mean that you have to better yourself for the next person you're going date. Find areas in your life that you feel need some improvement. For example, if you've always wanted to do something, but you've never had the chance to do it before, now is that time. Motivate yourself to accomplish your goal.

Related Link: <a href="Dating-Advice">Dating Advice</a>: <a href="Don't Lose Weight to Find Love">Don't Lose Weight to Find Love</a>!

3. Set new standards: You might have been single for a while, but that does not mean you are any less attractive. After you have spent some time on yourself, reevaluate what type of partners are a match for you. List all the qualities you would like your future partner to possess first, and then go from there. Building up your confidence and staying true to yourself can you turn a lot of heads.

What are some ways you improve you life while your are single? Let us know in the comments below!

# Celebrity News: Kendra Wilkinson Is Looking for a 'Family Man' After Divorce





By Ahjané Forbes

In <u>celebrity news</u>, the *Girls Next Door* star, Kendra Wilkinson, is searching for Mr. Right. The former playmate recently split from her celebrity ex, Hank Baskett, who is a former wide receiver for the Minnesota Vikings. According to *UsMagazine.com*, Wilkinson is looking for love. "I want to see her with a family man because that's all that she wants. She doesn't want the spotlight or the crazy success," says

Wilkinson's friend Jessica Hall. As a mom, the <u>reality TV</u> <u>star</u>'s priority is her children and how a new partner will impact their lives.

In celebrity news, Kendra Wilkinson has specific parameters around her next choice of man. What are some qualities to look for in your next partner?

## Cupid's Advice:

Finding a new love after a recent divorce can be hard, especially with children are involved. You might not want your next partner to be too similar your last. Instead of looking for a suitor who will fulfill your desires, you need to also consider your children within your decision. Cupid has some questions you should ask yourself before committing to a new partner:

1. Are they willing to talk about past relationships?: You aren't going to learn this about a person after dating them for a first couple of months. However, if they are willing to openly speak about their past that's a good sign of them wanting something more long term. Everyone has growing pains, but it's important that those lesson don't jeopardize your future with a new lover. Look out for warning signs like them comparing you to their ex. You don't want to be someone's second choice!

Related Link: Celebrity News: Orlando Bloom Reveals How Past
Divorce Affects Katy Perry Relationship

2. How do they interact with your children?: You have to like new person you're with as well as your children. Take notice

if your new boot trying to get to know your kids or just "babysitting". Are they helping you with basic tasks around them? No you're not asking the to replace your ex, but does it seem like they actually enjoy doing stuff with your for your kids. If they want you all to themselves it's time to go.

Related Link: Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation

3. Do they understand your relationship with your ex?: For the sake of your children together you and your ex have to work together to make this work. Tell your new partner about the basis of you and your ex's relationship. Make sure that they understand that the best outcome for your children is the goal. Sometimes, your new love will not appreciate this and want the communication with your ex to stop. If the trust is not there there's no foundation to build a healthy relationship.

How do you chose a new partner after a divorce? Share your stories in the comments below!

# Celebrity Divorce: Adele Files for Divorce from Simon Konecki





By Ahjané Forbes

In <u>celebrity news</u>, singer Adele sets "fire to the rain" after she files for divorce from her <u>celebrity ex</u> Simon Konecki. The <u>celebrity couple</u> have been together for eight years and share a son, Angelo, together. The two plan to go their separate ways, but will raise their son in a loving environment. The songwriter has not spoken out publicly, but continues to send positive vibes on social media. According to <u>EOnline.com</u>, Adele posted on Instagram back in May about her willingness to make this a better year, saying, "30 tried my so hard but I'm owning it and trying my hardest to lean in to it all."

In celebrity divorce news, Adele has officially filed for divorce from her husband Simon. What are some ways to announce your divorce

# to family and friends?

### Cupid's Advice:

Telling someone that you and your ex lover have decided to split is not the easiest tasks especially when there is family involved. Some couples live separate lives, but stay together in order to please their family members. This is not the best idea especially when you are not happy being with this person. Cupid has some relationship advice when it comes to telling your family and friends about your divorce:

1. Don't break the news at a family event: This can become awkward very quickly. You don't want to ruin a fun filled event with some bad news. Avoid making any "grand entrance" with news about a separation. You don't want to be put on the spot to answer private questions about your relationship.

2. Try not to play the blame game: Pointing fingers at why the relationship ended is the easiest way for many to avoid talking about what really happened. Even if it is the other person's fault try not to be petty about what happened. Accepting what when wrong is the first part of the healing process. Learn how to tell the story in a positive light. Use words like "this was the best decision for us" or "we've come to a mutual agreement". Not only is this mature, but this language will be best for telling important people like your children.

Related Link: Expert Dating Advice: Moving On After a Divorce

3. Let everyone know that you are still processing this: Whether you called it quits or your partner its important that you take the time to process it all. You might be wondering what went wrong or how you will get over this person. The

warning signals could have been there, but you didn't know it would go downhill so fast. Take your time and needed space to reflect.

How would you tell people about your divorce? Share your ideas in the comments below!

# Celebrity News: Demi Moore Suffered Miscarriage at 6 Months Pregnant While Dating Ashton Kutcher





By Ahjané Forbes

In <u>celebrity news</u>, Ghost star and actress <u>Demi Moore</u> opened up about her miscarriage with <u>celebrity ex Ashton Kutcher</u>. Her Inside Out memoir shares details of her battles with body image, career, childhood trauma, and infidelity. Moore admits in her memoir that she started to drink after she found out that her then-husband was being unfaithful. According to UsMagazine.com, the <u>celebrity couple</u> was expecting a girl whose name would have been Chaplin Ray.

In celebrity news, Demi Moore opened up about a miscarriage she suffered with Ashton Kutcher in her memoir. What are some ways to support your partner who has gone

# through a miscarriage?

## Cupid's Advice:

Seeing the "positive" come up on a pregnancy test for many women can be very exciting. Welcoming a bundle of joy to the family can be the happiest time in a woman's life. However, some pregnancies result in a miscarriage and can leave a heavy impact behind. It's not easy to uplift a person who has just encountered something traumatic. Cupid has some advice that will help you and your partner get through this difficult time:

1. Don't expect them to tell you how they are feeling right away: Everyone has a different way of processing hurtful situations. It's important that you keep an open heart and be mindful of the situation. Avoid saying insensitive things like, "You can have another one". Not everyone is able to conceive right away or it might be hard for them to do so. Be there for them and offer any help they will allow.

**Related Link:** Relationship Advice: Talking Through the Tough Times

2. Offer to attend therapy sessions with them: Therapy can help bring ease to the situation if your partner is willing. The therapist will be able to discuss the "root" of the problem and give you ways to make appropriate approaches to help with conversations at home. This also may take several sessions for them to be comfortable about telling you how they really feel. Don't force or rush them to talk.

Related Link: <u>Celebrity News: Jana Kramer & Mike Caussin Share</u>
<a href="How Therapy Helps Their Marriage">How Therapy Helps Their Marriage</a> and Parenting

3. Find ways to take their mind off of the situation: A good distraction is always a way to alleviate the mind. Start a new hobby with your lover. Take them to a cooking class or Yoga.

Doing something relaxing will help them release all their stress and breathe in positive vibrations.

What are some ways you helped your partner through a difficult time? Tell us about it in the comments below!

# Celebrity News: Nick Cannon Reacts to Ex Mariah Carey's Take on #BottleCapChallenge





### By <u>Katie Sotack</u>

The #BottleCapChallenge has taken over the celebrity world, and Mariah Carey accepted the challenge. Normally, the participant performs a roundhouse kick to the bottle cap and sends it flying away. However, according to *UsMagazine.com*, Carey added her own twist when she hit her legendary high note to pop the bottle open. Nick Cannon, who was once part of a married celebrity couple with Carey, commented on the video, saying "hilarious".

# In <u>celebrity news</u>, Nick Cannon still supports his celebrity ex, Mariah Carey. What are some ways to keep the peace with your ex?

### Cupid's Advice:

Nick and Mariah seem to be making divorce work. Their public displays of support and peaceful co-parenting of their twins would suggest a good post-separation relationship. Here are tips to maintain the peace with your ex:

1. Remember why you loved them: Just because things didn't work out doesn't make your ex is a demon. They're the same person you fell for many moons ago and relearning to see them in a positive light will be beneficial to your friendship.

Related Link: <u>Celebrity News: 'Bachelorette' Hannah Brown</u>
Admits to Intimate Relations in a Windmill

2. Ctrl, alt, delete them: Moving is hard to do, it's cliche for a reason. Part of keeping the peace is knowing when to go your own way. If seeing your ex's posts causes you to bubble up with rage and resentment, hit that unfollow button. You broke up for a reason and that means they're allowed to no

longer be a part of your life.

Related Link: <u>Celebrity Vacation</u>: <u>Jason Momoa & Lisa Bonet</u> <u>Explore Italy After Zoe Kravitz Wedding</u>

3. Focus on yourself: Put yourself first. Prioritizing your growth and other intimate relationships will naturally stray your mind from your ex. Suddenly, it'll be obvious that you didn't fit together, given the new paths you've taken, and it'll be easier to wish them well when you're thriving solo.

How do you deal with you ex? Share in the comments below!

# Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness





By <u>Mara Miller</u>

In <u>celebrity news</u>, Nikki Bella revealed at the 3rd Annual Best Buddies Mother's Day Celebration in Malibu that she wishes nothing, but the best for John Cena. According to *People.com*, the <u>celebrity exes</u> were in a <u>celebrity relationship</u> for six years before she called off their engagement. "I loved [seeing him moving on]," she said of Cena at the event. "I've been so happy for him because I think of the decisions I've made...walking away and just needing to find myself because I felt like I lost it." Cena has moved on with a new flame, Shay Shariatzadeh, while Bella has been dating Artem Chigvintsev. She does not yet want to label their relationship.

Nikki Bella wishes her celebrity ex John Cena nothing but the best. What are some ways to stay positive

# after a split?

### Cupid's Advice:

Staying positive after a split is the best way to keep yourself motivated to move on. Cupid has some ideas on how to keep your head up:

1. Find yourself again: If you've been in a relationship for a long time, you might find that you are able to have more freedom than you did when you were with your ex. Now is the perfect time to explore who you are as a person!

Related Link: Celebrity Break-Up: Adele & Simon Koneckis Call It Quits

2. Stay strong: Break-ups suck for everyone. Stay strong by getting rid of anything that reminds you of him too much. Don't seek revenge because you'll only get hurt further if it was a bad break-up.

Related Link: Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir

**3. Don't blame anyone:** Break-ups happen. It's not necessarily your fault or your ex's fault that your relationship didn't work. You'll grow and change as you get older. Don't blame them for this because it can take you down a long path of negativity.

What are some ways you can remain positive after a split? Let us know in the comments below!

# Celebrity News: Find Out Why Lady Gaga Called Off Her Engagement





By <u>Mara Miller</u>

In the <u>latest celebrity news</u>, <u>Lady Gaga</u> revealed why she broke off her engagement to <u>celebrity ex</u> Christian Carino. It turns out he had some jealousy issues. According to *UsMagazine.com*, a source revealed, "Chris didn't really treat Gaga well toward the end of their [two-year] relationship." He kept trying to find her and texted her a lot, according to the same source. In the weeks following Gaga's broken engagement, she leaned on friend Jeremy Renner. Renner and Gaga have been spending time together since her

In celebrity news, the reason behind Lady Gaga's broken engagement is finally coming to light. What are some tips for dealing with jealousy?

### Cupid's Advice:

A jealous partner does not mean you have to immediately break up with them. Cupid has some tips to deal with jealousy. But just remember, if it ever starts to feel too out of control, you are right in calling off the relationship:

1. Stay calm: Listen to your partner and the reasons that they are jealous. Most likely it isn't something you have done and they might have some insecurities about the relationship that you both need to work on. Remember, a key to a strong relationship is communication, and if you can't listen to their concerns, then it might not work out.

Related Link: Celebrity News: Rita Wilson Opens Up About What She Told Tom Hanks After Breast Cancer Diagnosis

2. Create boundaries: Your partner needs to know and respect your boundaries, but you also have to know and accept theirs. If they are concerned about your friendship with someone of the opposite sex, make it clear that you are only friends and there is no reason to be suspicious of the friendship.

Related Link: <u>Celebrity News: Put Yourself First Like Lady</u>
<u>Gaga</u>

3. Show affection: As long as you feel like the situation isn't abusive, show your partner some extra affection after

you discuss their jealousy and dispel any reasons to be jealous. Holding hands or cuddling on the couch to watch a movie might help them feel more secure in the relationship.

What are some other tips you have for dealing with jealousy? Let us know in the comments below!

# Celebrity News: Kate Beckinsale's Ex Matt Rife Tells Pete Davidson to 'Run'





By <u>Mara Miller</u>

According to *UsMagazine.com*, Matt Rife had some advice for Pete Davidson about <u>celebrity ex Kate Beckinsale</u> in <u>celebrity news</u>. "Advice for Pete? Man to man...run," Rife told TMZ. Beckinsale and Rife were first linked in 2017 after her divorce from Len Wiseman. They dated for a year. Beckinsale and Davidson have been in a <u>celebrity relationship</u> for about two months.

In celebrity news, Kate Beckinsale's ex isn't saying good things about his former love. What are some ways to keep your ex from ruining a new relationship?

#### Cupid's Advice:

When you decide to move on from your former relationship, an ex can get jealous or want to slander your name. Here's some advice from Cupid on how to stop them from ruining your new one:

1. Reassure your current partner: If something your ex says about you makes your new partner question your relationship, reassure them by answering any questions they might have about your past.

Related Link: Celebrity News: Travis Scott Shouts Out to 'Wifey' Kylie Jenner Amid Cheating Allegatitons

2. Don't engage: Getting in contact with your ex after they say something inappropriate might make your new partner suspicious of why you're contacting them in the first place. Not talking to them while they try to cause trouble is the better thing to do.

Related Link: <u>Celebrity Couple News: Justin Timberlake Posts</u>

<u>Adorable Birthday Message for Jessica Biel</u>

3. Think of your new partner first: Putting their needs and wants above that of your ex is more important than caring about what the other person says to you. If your previous relationship ended on a bad break, it's better to leave it be rather than to put what your new relationship needs to have prioritized.

What are some ways to keep you've kept your ex from ruining your new relationship? Let us know in the comments below!

## Celebrity News: Bradley Cooper's Ex Wife Reacts to Rumors of Lady Gaga Romance





By Lauren Burczyk

In <u>celebrity news</u>, <u>Bradley Cooper</u>'s <u>celebrity ex</u> Jessica Esposito, 45, reacted to a joke made at the *American Sniper* star's expense. According to *UsMagazine.com*, David Spade made a comment about the *NCIS* actress' former spouse following his sultry 2019 *Oscars* performance with <u>Lady Gaga</u>, 32. The *Rules of Engagement* alum, 54, captioned a shot of Cooper's duet with the pop superstar, "Is there any chance these 2 aren't f-king?" Esposito remarked with a simple, "Ha." There's been a lot of speculation by fans about a romance between Bradley Cooper, 44, and his *A Star is Born* co-star following their *Oscars* performance on Sunday.

In celebrity news, Hollywood is alight with rumors surrounding a romance between Bradley Cooper and Lady Gaga. What are some ways to

### keep rumors from ruining your relationship?

#### Cupid's Advice:

Whether a rumor surrounding your relationship is true or not, it can take a toll on both of you. Here are some ways to keep rumors from ruining your relationship:

1. Surround yourself with people who support you: Your true friends will stick by your side regardless of what's being said. Be sure to talk to them about your feelings and remember that they care about you, even through the toughest of times.

Related Link: <u>Celebrity Couple Bradley Cooper & Irina Shayk</u>
Have Discussed Marriage

2. Keep yourself busy: Make sure to keep up with your activities and still give it your all at work. Showing people that you're staying strong, despite what's being said about your relationship, may put an end to the silly gossip.

Related Link: New Celebrity Couple Bradley Cooper & Irina Shayk Make Red Carpet Debut

**3. Talk to your partner:** Your partner's true colors will show when there are rumors surrounding your relationship. If your partner is supportive and you both know the truth of the matter, stick together and be there for each other.

Can you think of some other ways to stop rumors from ruining your relationship? Comment below.

# Celebrity Wedding: Blake Shelton Was 'Not Given a Heads-Up' About Ex Miranda Lambert's Wedding





By Lauren Burczyk

In <u>celebrity news</u>, <u>Blake Shelton</u> wasn't told in advance about his <u>celebrity ex</u> Miranda Lambert's secret <u>celebrity wedding</u> to Brendan McLoughlin. According to *UsMagazine.com*, a source said, "Blake found out about the wedding at the same time everyone else did." The country superstar, 35, who divorced Shelton, 42, in July 2015, revealed on Saturday, February 16th that she had tied the knot with the New York City Police Department officer, 27. This was the first time she had

publicly mentioned her new husband, who she began dating after her split with Evan Felker in August 2018.

This celebrity wedding was a complete surprise to Miranda's Lambert's ex Blake Shelton. What are some ways to be considerate toward your ex about a new relationship?

#### Cupid's Advice:

It's extremely difficult to deal with your ex moving on and finding someone new. Here are some ways to be considerate toward your ex about a new relationship:

1. Unfriend your ex: The first step to acknowledging your ex's new relationship and trying to be okay with it, is deleting from your social media accounts. It's hard to be considerate when you still have feelings for your ex and they're posting photos with their new partner.

Related Link: <u>Blake Shelton Reveals He Hit 'Rock Bottom' After</u>
<u>Split from Miranda Lambert</u>

2. Concentrate on yourself: To allow yourself to be considerate toward your ex and his new relationship, you have to be mindful of yourself. Try to focus on how you're feeling and what you can do to stay positive.

Related Link: Celebrity News: Miranda Lambert Throws Shade at Celebrity Ex Blake Shelton With Key Lyric Change

3. Write a list: Try to remember the reasons why you weren't compatible and write them down. Practicing this exercise will

make you aware of why it's a good thing that your ex has moved on.

Can you think of some more ways to be considerate toward your ex in a new relationship? Comment below.

#### Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'





By Lauren Burczyk

In <u>celebrity news</u>, Mandy Moore opens up about her rocky marriage with <u>celebrity ex</u> Ryan Adams. According to *UsMagazine.com*, Moore accused Adams of being psychologically abusive during an interview with the *New York Times* that was published on Tuesday, February 13th. Moore, 34, claims that "music was a point of control for him." She added that "he would always tell me, 'You're not a real musician, because you don't play an instrument." The *A Walk to Remember* actress continued, noting that they would write songs together that Adams promised to record, but never did. Adams released a statement denying the claims made by his ex-wife, saying that "the picture that this article paints is upsettingly inaccurate."

Mandy Moore found herself in an abusive relationship with her celebrity ex. What are some types of abuse you need to protect yourself from?

#### Cupid's Advice:

Abusive relationships are unfortunately very common, they happen when one person wants to maintain power or control over their partner. Here are some types of abuse that you need to protect yourself from in a relationship:

1. Physical abuse: This can be any type of hitting, punching, or scratching brought on by your partner. Even if this type of abuse doesn't leave a bruise, it's not healthy and needs to be addressed.

Related Link: <u>Celebrity Wedding: Mandy Moore Opens Up About</u> <u>Her New Engagement</u> 2. Emotional and verbal abuse: Even without physical violence, a relationship can be subject to unhealthy emotional and verbal abuse. Although it doesn't cause physical damage, verbal abuse leads to emotional pain and scarring.

Related Link: <u>Celebrity News: Mandy Moore Wants to Have Kids</u> 'Sooner Than Later'

3. Sexual abuse: Just because you are married to someone or have been with them for a long time, doesn't mean you have to be forced to engage in behavior that you're not comfortable with. This activity should be fun and you shouldn't feel like you are being pressured into anything you don't want to do.

Can you think of any other types of abuse you need to protect yourself from? Comment below.

# Celebrity Parents: Audrina Patridge Says Progress Has Been Made in Co-Parenting with Corey Bohan





By <u>Ivana Jarmon</u>

In <u>celebrity news</u>, celebrity exes Audrina Patridge and Corey Bohan are slowly making it work in the parenting department one month after reaching a temporary custody agreement. "That's progress in the works. Hopefully, I mean we'll see what happens," Patridge told *UsMagazine.com* at her Prey Swim Resort Swimwear Celebration. "We go to mediation in January so hopefully things can be worked out cordially and done in the right way for our daughter. The <u>celebrity exes</u> were only married for 10 months.

These celebrity parents are working things out so that they can effectively co-parent their child. What are some ways to compromise when it comes to co-parenting?

#### Cupid's Advice:

Co-parenting is not easy. But is what's need to provide an amicably with your ex can give your kids the security and stability they need from both parents. Cupid has some ways to compromise when it comes to co-parenting:

1. Co-parent as a team: Although you two aren't an item anymore, your both still parents. Cooperating and communicating without fighting will make decision making easier.

Related Link: Celebrity News: Ariana Grande Sets Record Straight on Ricky Alvarez Romance Rumors

2. Be flexible: Good parenting often means compromising. You do this by placing one common goal and that is raising a happy and healthy child together. Co-parenting works best when both parents can work together.

Related Link: Celebrity News: Nicki Minaj Defends Rumored New Beau Kenneth Petty

**3. Open to changes:** Like can be pretty unpredictable and could cause you or your co-parent to have to make sudden changes. Instead of getting mad at your ex or giving them the third degree, try to be understanding and allow for the change

What are some ways to compromise when it comes to coparenting? Share your thoughts below.

#### Celebrity News: Ariana Grande Sets Record Straight on Ricky

#### **Alvarez Romance Rumors**





By **Ivana Jarmon** 

In <u>celebrity news</u>, <u>Ariana Grande</u> and Ricky Alvarez have sparked romance rumors again after the singer commented on an Instagram photo of her former beau. The comment sparked a social media frenzy with rumors that the celebrity exes had reunited flying. Grande quickly shut down rumors by replying to her followers, saying, "We're friends everyone take a big ol breather." The celebrity exes called it quits in the summer of 2016, *EOnline.com* reports.

#### In celebrity news, these exes are

### just friends. What are some ways to keep rumors about your relationship status at bay?

#### Cupid's Advice:

No matter what the relationship status, people will always want to make nothing into something. Cupid has some ways to keep rumors about your relationship status at bay:

1. Stay off social media: If you have as many followers as Ariana Grande does, you'll know that people will be watching your every move. Anything you say or do will be scrutinized. So, be careful with what you say or post on your social media.

Related Link: <u>Celebrity News: Diddy Navigates Life as a Single</u> Father After Kim Porter's Death

2. Watch your mouth: There are eyes and ears everywhere; you'd be surprised at who's listening to your conversations at any given time. Out and about it's easy to let your guard down, but be careful who you trust because some people are devils in disquise.

Related Link: <u>Celebrity News: Wells Adams Praises GF Sarah</u>
<u>Hyland One Week AFter Her Cousin's Death</u>

**3. Keep quiet:** Don't say a word, even if it's the truth! Your relationship status is no one's business. The only people that matter is you and your partner or friend.

What are some ways to keep rumors about your relationship status at bay? Share your thoughts below.

# Celebrity News: Ariana Grande Says She Will Always Have 'Irrevocable Love' for Ex Pete Davidson





By <u>Ivana Jarmon</u>

Ariana Grande stands by her ex-fiancé, Pete Davidson. In celebrity news, Grande is sending celebrity ex Davidson good vibes after bullies recently took aim at him. The singer took to her Instagram to defend the comedian after he spoke about being bullied post break-up. "I know you already know this, but I feel I need to remind my fans to please be gentler with others. I really don't endorse anything but forgiveness and positivity. I care deeply about Pete and his health. I'm

asking you to please be gentler with others, even on the internet," Grande wrote. A day earlier, Davidson called out Instagram bullies for bashing him since he started dating Grande. "I just want you guys to know. No matter how hard the internet or anyone tries to make me kill myself. I won't. I'm upset I even have to say this. To all those holding me down and seeing this for what it is-I see you and I love you." Grande called off her engagement to Davidson in October. A source recently told <code>UsMagazine.com</code> that the actor was dating again.

In celebrity news, Ariana Grande is defending her ex Pete Davidson. What are some ways to keep the fall-out from your past relationship civil??

#### Cupid's Advice:

Nothing can keep you from a happier future than an open wound from a past relationship. Cupid has some ways to keep the fall-out from your past relationship civil:

1. It's okay to still love each other: Your relationship may be over, but that doesn't mean the love disappears. Love is a beautiful and painful thing, and it is a gift. Part of growing up is recognizing that love by itself isn't always enough to make a relationship work. Breaking off a relationship that isn't working isn't about ending the love you feel. Sometimes loving someone means letting them go for your happiness and for theirs.

Related Link: Celebrity Exes: Megan Fox Finally Confirms Past
Romance with Shia LaBeouf

2. Keep the conversation simple: If you have to talk to your ex, keep it civil and simple. Avoiding an ex is impossible; after all, it is a small world. So, keep the conversation as light as possible, and try not to bring any baggage to this conversation. Greet them! Ask them how they are doing. Laugh, joke and be open-minded and friendly. Above all else, keep things moving.

Related Link: Celebrity News: Find Out Why Kristin Cavallari Keeps Finances Sperate from Jay Cutler

3. Remember your boundaries: There's a difference from knowing someone casually and knowing them intimately and at times the line blurs. There will be a point when your ex jumps back into the dating game and you'll wonder if he or she thinks of you. You have to remember things are different now. When a relationship ends, you can't expect to treat your ex the same way because the role you have in his/or her life now is completely different.

What are some ways to keep the fall-out from your past relationship civil? Share your thoughts below.

## Celebrity Break-Up: Find Out Why Michael Sheen & Sarah Silverman Split





By <u>Ivana Jarmon</u>

Michael Sheen recently opened up about his relationship with celebrity ex Sarah Silverman. In celebrity news, Sheen says international politics played a huge role in his celebrity break-up with Silverman. "After the Brexit vote, and the election where Trump becomes president, we both felt in different ways we wanted to get more involved," Sheen told The Daily Telegraph. "That led to her doing her show I Love You, America, and it led to me wanting to address the issues that I thought led some people to vote the way they did about Brexit, in the area I come from and others like it." While the celebrity exes bonded over politics and social justice, they both knew that being together was not right for them at the time. The exes dated for nearly four years before calling it quits in December 2017, UsMagazine.com reports.

### In this celebrity break-up news, Michael Sheen finally explains what

## led to his split from Sarah Silverman. What are some ways politics can affect your relationship?

#### Cupid's Advice:

Some couples embrace political differences, some don't care, and others consider having similar views non-negotiable. Cupid has some ways politics can affect your relationship:

1. Political differences: Not seeing eye to eye can at times lead to an opportunity of learning and growth. Having different opinions can enrich and sometimes positively affect a relationship. But sometimes political viewpoints can easily become personal and sensitive matters. Couples have been torn apart by different political viewpoints.

Related Link: <u>Celebrity Baby News: Prince Charles Teases Baby Names for Duchess Meghan & Prince Harry</u>

2. Believing your political view is the only correct perspective: A quick way to destroy a relationship when it comes to politics is to believe your way is the only way. Be open to your partner's perspective, because you don't have to like it, but you must agree to disagree. This goes with anything in life; you have to compromise.

Related Link: Celeb News: How Miley Cyrus and Liam Hemsworth
Beat the Odds to Become One of Hollywood's Most Solid Couples

3. Inability to respect someone different view: In a relationship, you share many differences. By not respecting your partner's view, you're ignoring how they feel, which is very disrespectful. To make a relationship work, you must respect your partner's views even if you don't like them.

What are some ways politics can affect your relationship? Share your thoughts below.

## Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend





By <u>Ivana Jarmon</u>

Tia Booth is off the market! In <u>celebrity news</u>, Booth has found love again after having her heart broken by <u>celebrity ex</u> Colton Underwood. The former *Bachelor in Paradise* contestant

shared a photo of herself with Cory Cooper at a football game in Nashville. A source close to Booth tells *EOnline.com*, "Tia has been traveling back and forth to Nashville recently within the past month to visit him, and they are very happy." The source also shares, "Tia really likes Corey, and they are enjoying getting to know each other right now."

In celebrity news, Tia Booth is no longer single and on the market, it seems. How do you know when to become an "official" couple with someone you've been dating?

#### Cupid's Advice:

It's never crystal clear when exactly you should have "the talk." Some couples slide into a committed relationship with ease and for others, it's a bit harder. Cupid has some tips on how to tell if you're ready to become an "official" couple with someone you've been dating:

1. Meet each other's friends and family: When you're really into someone, you won't want to hide them. Instead, you will want to show them off. If your plans usually include socializing with their friends and co-workers, it's a great sign that you're headed toward an exclusive relationship.

Related Link: Celebrity Break-Ups: Kaitlyn Bristowe Reveals
Shawn Booth Forgot Their Anniversary Last Year

2. PDA: If you're holding hands, kissing, or cuddling in public in front of family and friends, these signs of affection will show the world that you're official.

Related Link: Celebrity News: Halsey Responds to Rumors She's

#### Dating John Mayer

3. A key to their home: If you and your partner exchange keys, that's letting you know that you have the key to your partner's heart. You're definitely in an official relationship and trust each other.

What are some ways to tell if you are ready to become an official couple with someone you've been dating? Share your thoughts below.

# Celebrity Break-Up: Shawn Booth Breaks Silence on 'Painful' Split from Kaitlyn Bristowe





By <u>Ivana Jarmon</u>

Shawn Booth recently opened up about his recent split. In celebrity news, Booth shared his first message about his recent split from celebrity ex Kaitlyn Bistowe. The celebrity exes fell in love in 2015 on season 11 of The Bachelorette. After months of not being spotted together and denying split rumors, the couple called off their engagement on November 2nd, UsMagazine.com reports. Booth wrote on Instagram, "I just want to thank everyone who has been so supportive of my relationship with Kaitlyn over the years. You've made me feel incredibly special, supported and very loved. So, from the bottom of my heart, thank you. It truly means a lot."

In celebrity break-up news, Shawn Booth is speaking out about his split from Kaitlyn Bristowe. What are some ways to handle announcing

### your break-up to family and friends??

#### Cupid's Advice:

Break-ups are never easy, and it's especially hard when you have to tell your family and friends. Cupid has some ways to handle announcing your break up to family and friends:

1. Be open and honest: Tell your closest family and friends the truth. It is over, and it didn't work. You and your expartner are no longer compatible, and you are both trying to move on.

Related Link: <u>Celebrity News: Halsey Responds to Rumors She's</u>
Dating John Mayer

2. Tell people quickly and publicly: To avoid unnecessary gossip and rumors, share the news in person. While it might feel easier to drop a quick headline on Facebook, you don't want to be overwhelmed with a million questions and reactions all at once. Once you tell a few friends, the news will spread quickly.

Related Link: Celebrity Couple News: The Weeknd Cheers on Girlfriend Bella Hadid at Victoria's Secret Fashion Show

3. Reassure family and friends it's for the best: Sit down with family and friends and be open and honest to hearing their concerns. Then, reassure them as best as you can, both during that conversation and through your actions over the following weeks and months, that it's for the best. Your family and friends all love you and want you to be happy, so they should understand your decision.

What are some ways to handle announcing your break-up to family and friends? Share your thoughts below.