# Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court





By Rhodesia Williams

In latest <u>celebrity news</u>, Kevin Federline is trying to settle his custody battle with Britney Spears out of the courtroom. According to *UsMagazine.com*, the ex <u>celebrity couple</u> have been going through a long drawn out custody battle since their <u>celebrity divorce</u>. Just a couple of months ago, Federline asked for more child support but is also willing to settle out of court. It looks like this

In celebrity news, the custody battle between Kevin and Britney is still going strong unfortunately. What are some ways to keep your kids out of disputes about money?

#### Cupid's Advice:

Custody battles are never fun and can often affect your children. Cupid has some advice on how to keep your kids out of disputes about money:

1. Think about the kids: It's important to keep your kids in mind when you are going through a custody battle. While it's natural for kids to blame themselves for the split, hearing you and your ex fight about money will only make things worse. Keep their feelings in mind and try to make the break-up as comfortable as you can.

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2. Compromise: When fighting about money, the children will unintentionally be pulled in. A compromise is the easiest way to avoid dragging the children through any fighting. While wanting to fight for what's right, it is important to remember that your kids are well aware of what's going on. Sometimes the best thing to do is to compromise.

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3. Keep a straight face: Tensions are high and you don't want to back down. To not drag your kids into the fight, stay calm around them. Making comments or arguing around the kids will only make things worse. It is important to keep the kids out of it. Kids remember everything; don't make them think your

break-up is about money to be spent on them.

What are some ideas on how to keep kids out of disputes about money? Share below.

# Celebrity News: Jack Osbourne Allegedly Punches Estranged Wife's New Boyfriend





By Rhodesia Williams

In <u>celebrity news</u>, an upset Jack Osbourne has recently gotten

himself into some trouble just months after his split from wife Lisa. According to *UsMagazine.com*, Jack Osbourne has been going through a <u>celebrity break up</u> from his estranged wife, Lisa. Apparently, Osbourne went to talk to his wife when her boyfriend showed up. After a heated argument, Osbourne punched him. The <u>celebrity couple</u> say that although their <u>celebrity relationship</u> is over, they will continue to co-parent and enjoy their kids.

In celebrity news, Jack Osbourne apparently isn't a fan of his estranged wife's new beau. What are some ways to handle jealousy coming from an ex moving on?

#### Cupid's Advice:

Moving on after a break up is always hard. Some take it better than others, so it is important to consider your ex partner's feelings. Cupid has some advice on how to handle jealousy from an ex:

1. Stay away: The easiest and safest way to handle a jealous ex is to stay away! While you don't have to hide like you're in the Witness Protection Program, keeping your distance may be best. Everyone is different, so you can't know for sure how your ex feels. Running when you see them is a bit too much but if you deliberately go looking to see your ex, just be prepared for anything that may happen. If you are seeing someone else, please heed this warning. You know what they say... "If you knock on the Devil's door, he will answer." Be smart and be safe.

Related Link: Dating Advice: Secrets to Letting Go of the Outcome of a Relationship

2. Respect the break up: For whatever reason, your relationship unfortunately ended. For you and your partner, it is important to respect your break up. Showing respect towards your ex could ease the tension and may help your partner to move on. Parading a new flame around too soon may egg your ex on and cause a huge, unnecessary commotion. Keep the peace and have respect.

Related Link: Dating Advice Q&A: Should I Remain Friends with My Ex Online?

3. Stay quiet: If your ex is acting out, sometimes the best response is no response. Not every action deserves a reaction. Whether your ex is genuinely upset or purposely trying to hurt you, keep calm and continue on. Eventually, your ex will get tired of not being answered and will hopefully work on healing themselves. Silence is the loudest answer you can give.

What are some ways to handle a jealous ex? Share below.

## Celebrity News: How Brad Pitt Came Out of Split from Angelina Jolie Better Than Ever





By <u>Haley Lerner</u>

In <u>celebrity news</u>, <u>Brad Pitt</u> seems to have come out of his celebrity break up with Angelina Jolie better than ever. After his shocking split with Angelina Jolie, with her filing for divorce and requesting full custody of their six children, Pitt seemed to be in a bad place. Despite cheating allegations and custody fights, Pitt has relied on therapy, solitude and sobriety to "strip down the foundation and break out the mortar," as the 54-year-old actor said in an interview with GQ Style. Pitt also said, "For me every misstep has been a step toward epiphany, understanding, some kind of joy. Yeah, the avoidance of pain is a real mistake. It's the real missing out on life. It's those very things that shape us, those very things that offer growth, that make the world a better place, oddly enough, ironically. That make us better." According to EOnline.com, an insider said Pitt and Jolie have "had a pretty dramatic year and [Pitt] wants things to remain calm in the future." One source said the actor has been on a few dates, but hasn't focused on any serious relationship yet. Another insider said Pitt maintains an active social life and that "Brad spent a lot of time alone and in private looking at

himself and reevaluating what was most important and who he wanted to be. Now he's in a place where he's implemented those changes and has a lot more clarity. He's come out of that dark time and is in a much better place."

### In celebrity news, Brad Pitt has never been happier. What are some ways to know it's time for a change in your relationship status?

#### Cupid's Advice:

Sometimes, it's time for a relationship to end. Cupid has some ways to know it's time for a change:

1. You constantly fight: If you and your partner are constantly fighting, it may be time to end the relationship. You shouldn't be in a relationship where you are unhappy, so even if you really care about your partner, it might be the right thing to do to let them go.

Related Link: <u>Celebrity News: Brad Pitt Was 'Done Being Mr.</u>
<u>Nice Guy' in Custody Agreement with Angelina Jolie</u>

2. You feel stuck: Even if there isn't any drama in your relationship, sometimes it can be rough when you feel a lack of passion or interest in your partner. If you feel your relationship is only holding you back, you should consider changing your relationship status.

Related Link: <u>Celebrity News: Brad Pitt is Casually Dating as</u>
He Adjusts to Single Life as a Dad

3. You don't have time for each other: Sometimes, two people just aren't meant to be together when it comes down to timing. If you and your partner never seem to have time to hang out or

go on dates, it might be time to take a break. If you miss each other, you can always try working it out again. But, it might be best for you to take some time alone.

Know any more ways to tell that you need to change your relationship status? Comment below!

Celebrity Break-Up: 'Real Housewives of Orange County' Alum Alexis Bellino & Husband Jim Split After 13 Years of Marriage





By Rhodesia Williams

In <u>celebrity news</u>, it looks like *Real Housewives of Orange County* stars Alexis and Jim Bellino will be going through a <u>celebrity divorce</u>. According to *UsMagazine.com*, although the <u>celebrity couple</u> share three children together, the <u>celebrity break up</u> comes after 13 years of marriage. Based on irreconcilable differences, the pair are calling it quits.

# Real Housewives fans are upset by this split for sure. What are some ways to work on your marriage before calling it quits?

#### Cupid's Advice:

It takes hard work to get to the point of marriage and even more work to maintain it. Don't be discouraged if you are going through a rough patch. Cupid has some advice on ways to work on your marriage before calling it quits:

1. Communication: One of the easiest ways to fix your marriage is communicating. If communication is part of the problem, it will take both of you to fix it. Expressing yourselves in a calm, respectable manner will not only fix the issue, but strengthen your relationship. Maybe sitting down over dinner or going for walks will help to set the mood and tone of the conversation. Being respectful is very important, and make sure you are both listening. Nobody wants to be seen and not heard, so respect your partner and really pay attention to what is being said.

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2. Take time apart: While this may sound drastic, space can help your relationship tremendously. That doesn't necessarily mean going out and dating other people, but maybe staying at a family member's house or a close friend's house for a week is a good idea. Time away will make you miss your partner, and sometimes that's what relationships need. The space will also give you time to think and regroup. That being said, don't let too much time pass. When you leave someone for a long period of time, you teach them how to live without you. If you want to work things out, agree on the terms and conditions, and take it from there.

## Related Link: Relationship Advice: How to Stay Confident in a Long-Term Relationship

3. Quality time: Though it's the opposite of taking time apart, maybe the issue is that you aren't spending enough time together. While there can be various factors playing into why you aren't spending time together, it is important to come together and discuss the issue. You have worked this hard to get to marriage, so don't throw it away over something so silly. Sometimes you have to reignite the spark, so it's time to get the lighter. This is not a one-sided commitment. As a couple, you have to come together and make time for each

other. Start simple with a date night or a surprise homemade dinner; you'll be surprised how the little things can make the biggest impact.

What are some ways you would work on your marriage before calling it quits? Share below.

## Celebrity Divorce: Blake Shelton Reveals He Hit 'Rock Bottom' After Split from Miranda Lambert





By Rhodesia Williams

In <u>celebrity news</u>, <u>Blake Shelton</u> admits to hitting rock bottom after his <u>celebrity divorce</u> from Miranda Lambert. According to *UsMagazine.com*, the <u>celebrity couple</u> were married for four years before their <u>celebrity break up</u>. Before Shelton and <u>Gwen Stefani</u> tried <u>celebrity dating</u>, the two often checked on each other through texts and emails. Stefani was also going through a rough patch with her then husband, Gavin Rossdale. From simple texts and emails to thoughts of a possible <u>celebrity marriage</u>, the <u>celebrity couple</u> are three years into their relationship. The couple made it through one of the hardest times of their lives together and are still going strong.

This celebrity divorce hit Blake Shelton hard. What are some steps you can take to recover after a

#### tough break-up?

#### Cupid's Advice:

Break ups are one of the hardest things you go through in life. Through the pain, you have to find the light even if it takes some time. Cupid has some advice on how to recover after a tough break up:

1. Cry: Never ever be ashamed to cry! Man or woman, everybody has a heart and can have it broken. The best self therapy is to just let it all out. Whether it happens when you are in front of people or when you are alone, you will feel so much better. Holding back the tears won't help you because you aren't expressing how you feel. Building up emotions isn't healthy and can cause issues later.

### Related Link: Relationship Advice: Working Through Your Heartbreak

2. Talk: Talking is another therapeutic way to help recover from a tough break up. Speak about what happened. It will only help ease the pain away. Say you accidently spilled your coffee. Initially, in anger you say, "Darn! I spilled my coffee." As the day goes on, you soon lose the anger and when you explain what happened, the anger is no longer there. Speaking on what happened and repeating things somehow helps put your mind and in this case, your heart at ease.

### **Related Link:** Relationship Advice: I'm scared to Get Back Out There and Date!

3. Go out: While we're not saying head out to the clubs or immediately sign up for speed dating, taking baby steps and enjoying yourself will help with recovery. Start small, like a movie date with friends or even by yourself. Surrounding yourself with loved ones always helps, but sometimes you just need to be alone. Dating yourself for a while is a great way

to heal your broken heart. Sometimes simply taking yourself for ice cream can help.

How do you recover from a tough break up? Share below.

# Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie





By <u>Haley Lerner</u>

In <u>celebrity news</u>, the custody battle between <u>Brad Pitt</u> and Angelina Jolie is getting contentious. A source told UsMagazine.com that amid the celebrity divorce, Pitt is "very angry" with Jolie for being "controlling of their children" and will "do anything to see his kids and have them in his life." Court documents show that the judge said "it is critical each of [the Jolie-Pitt children] have a healthy and strong relationship with their father and mother" and that it is "harmful" for Maddox, Pax, Zahara, Shiloh, Knox and Vivienne to not have a relationship with their father. The papers also state that if Jolie does not allow the children to build relationships with Pitt, she could lose full custody of them. An insider said "Brad has taken the high road through all of this; he could have gone to court much sooner to ask the judge to intervene. He was done being Mr. Nice Guy and rolled the dice." After the custody agreement leaked, Jolie released a statement through her spokesperson on June 13 saying, "This misleading leak is not in the best interests of the children. From the start, Angelina has been focused only on their health and needs, which is why it was so important that this last court hearing be conducted privately."

In celebrity news, Brad Pitt is fighting for time with his children. What are some ways to affect your kids the least after a split?

#### Cupid's Advice:

A breakup is always hard, but it's even harder when there are children involved. Cupid has some tips to make it easier for your kids:

1. Work with your ex: Even after breaking up with your partner, it's important for the sake of your children that you two work together. You and your ex need to coordinate when you will be spending time with your kids and help each other out in providing what your children need. Plus, you want your kids to see you and your former partner as a united front even after the split, because fighting parents will really upset your children.

Related Link: <u>Celebrity Divorce</u>: <u>Brad Pitt & Angelina Jolie's</u>
<u>Lawyers Are Trying to Hash Out Custody Agreement</u>

2. Maintain old routines: After your breakup, it's important things don't feel completely different for your children. While they will have to deal with separate households, it's important you stick to traditions and routines your children are used to. This way, things won't feel completely different for them.

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3. Show your love: It's most important that in this time you show love and support for your children. Let your children know that your split with their other parent is not their fault at all and that you both still love them completely. Make sure to each spend as much time with your children as you can, because your breakup is a time where they will a lot of comfort.

Know any more ways to make a breakup easier for your children? Comment below!

## Celebrity News: How Blake Shelton's Divorce Led Him to True Love





By Rhodesia Williams

In <u>celebrity news</u>, Blake Shelton found love after his <u>celebrity divorce</u>. According to <u>FOnline.com</u>, Shelton went through a <u>celebrity break up</u> with wife, Miranda Lambert. While going through his divorce, fellow <u>The Voice</u> castmate, Gwen Stefani, approached him to let him know that she was also going through a tough time. Not too long after that, Stefani officially broke up with her husband of 13 years. At first, the <u>celebrity couple</u> say they didn't think anything of their support chats, however, that quickly changed. Before the

couple realized it, they were dating. Although it was tough in the beginning, the new <u>celebrity couple</u> were able to get past the challenges and enjoy each other.

# In celebrity news, Blake Shelton moved on from devastation to true love. What are some ways to know you've found true love?

#### Cupid's Advice:

Falling in love is one of the most exciting yet nerve wracking things after a heartbreak. Besides coming down with constant cases of "the butterflies", Cupid has some advice on knowing if you've found true love:

1. You're glowing: Are the people around you noticing you with a particular glow? Glowing is good; sometimes we can't help it but people can tell when you are genuinely happy. From your attitude, the way you are beginning to carrying yourself, and that constant smile, you can't help it. While it seems embarrassing when people bring it up, own your glow!

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2. Your missing piece: Do you feel like you've found the missing piece to your puzzle? Do you feel like your days are getting easier with your partner in your life? This is surely a sign that you have found love. When everything starts to make sense and naturally flow together, there is no other feeling like it. It's like a sigh of relief or a breath of fresh air. It seems like life has gotten easier and you're not hating it.

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3. For the better: Of course you're happy that you have found someone but is this person for the better? How does this person add to your life? While it is exciting to be in love, remember, the person you fall in love with needs to add to your life in some way. Maybe you can't go a day without speaking to them or you can't sleep without saying goodnight. Needing your love's presence is natural and a true sign of falling in love.

What are some ways you can tell that you have found true love? Share below

# Jack Osbourne on Celebrity Divorce from Wife Lisa: 'It Is What It Is'





By <u>Haley Lerner</u>

In <u>celebrity news</u>, Jack Osbourne has opened up about his <u>celebrity divorce</u> from wife of six years, Lisa Osbourne. The youngest Osbourne child told *UsMagazine.com* that "Things are going good. We're trucking along and it is what it is." Osbourne announced that he and his wife were splitting back in May in an Instagram post. In the post, he said him and his wife "tried everything we could for many years to make this work" and that they were "disappointed but feel confident that we will continue to grow our relationship as co-parents and best friends."

This celebrity divorce comes after six years of marriage. What are some tell-tale signs that your relationship may not be able to

#### withstand the test of time?

#### Cupid's Advice:

Everybody wants to know if their relationship is going to last the long run. Cupid has some signs that signal a relationship won't be long lasting:

1. Poor communication: If you're fighting with your partner all the time and can't seem to communicate effectively, then your relationship might not be durable through the years. Sure, every couple has the occasional fight, but constant bickering is not okay. You should be able to communicate your problems maturely and be able to talk through your issues with your beau.

**Related Link:** <u>Jack Osbourne Announces Engagement and Soon-to-</u> Be Fatherhood

2. Your lifestyles don't match: Sometimes, no matter how hard two people try in a relationship, logistically it just can't work. If you and your partner never have time to see each other because of conflicting schedules, keeping a relationship up for many years might not be possible. Even if you two may love each other, sometimes your lifestyles aren't the best fit together.

Related Link: <u>Jack Osbourne Admits His Baby-to-Be Wasn't</u> Planned

3. Lack of trust: A good relationship is built on trust. If you're constantly doubting your partner's actions and think they might often lie to you, it's clear the relationship won't have much longevity. You shouldn't have to worry about who your love is texting or where they've been the night before.

Do you know any more signs that signal your relationship may not withstand the test of time? Comment below!

# Celebrity News: Meghan Markle's Ex-Husband Gets Engaged 2 Weeks After Royal Wedding





By Rhodesia WIlliams

In <u>celebrity news</u>, looks like Meghan Markle's ex, Trevor Engelson, has announced that he is getting married. According to *People.com*, Engelson, 41, popped the question to his girlfriend, Tracy Kurland, two weeks after the royal wedding of his ex. Engelson and Markle were married for two years

before their <u>celebrity divorce</u>. Apparently, the ex <u>celebrity couple</u> agreed to sacrifice being together so Markle could continue her role on *Suits*. Unfortunately for Engelson, this major sacrifice cost them their celebrity relationship. On the brighter side, Engelson and Kurland can have their own special day. On an Instagram post, Engelson posted a picture of the diamond ring he gave Kurland. He captioned it, "Luckiest guy I know. Get ready to party."

# In celebrity news, Meghan Markle's ex isn't about to be overdone! What are some ways to show the world you're over your ex?

#### Cupid's Advice:

Sometimes people say they are over their ex when they religiously still check their social media or drive past their ex's house. Whether you miss your former partner or not, Cupid has some advice on some ways to show the world you're over your ex:

1. No pettiness: This is probably the hardest one. While you may or may not be over your ex, either way, the worst thing you can do is be petty and do something out of spite. Cupid believes in karma and that whatever you do can very well come back to bite you in the butt. No matter what kind of emotional pain you are in, it won't be worth going out of your way to do something means-spirited. You can't show the world that you still care. Just remember, they don't say karma is always nice.

#### Related Link: Relationship Advice: How to Heal a Broken Heart

2. Go out: Enjoy yourself! Don't worry about jumping into the next relationship or taking the next step because you see an

ex doing it. Everything will work out for you; don't worry. Enjoy your "me time" and have fun. Laugh and live more with the people who love you. If your ex is lurking, they will definitely see your glow and feel some type of way. Your smile will be your biggest act of revenge.

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3. Love yourself: This is a very important, especially if you are still having a rough time. Splits are never easy and it will get better with time. Until then, you can put all that love you have into yourself. Treat yourself to a spa day, or go hang out with friends. You only need positive vibes around you at this time. Once you are around loved ones, you will feel so much better and you can help use that love to guide you back to loving yourself and begin to heal. Loving yourself is allowing to not only love yourself, but to embrace the love of others.

What are some ways you show the world you are over an ex? Share below.

# New Celebrity Couple: Jesse Williams Is Dating Sports Reporter Taylor Rooks





By Rhodesia Williams

In <u>celebrity news</u>, Jesse Williams is now dating Taylor Rooks. According to *EOnline.com*, Jesse Williams, well known for his role in *Grey's Anatomy*, is now dating Taylor Rooks. an anchor for *SportsNet New York*. After Williams' <u>celebrity divorce</u>, he dated actress Minka Kelly. After they called it quits earlier this year, Williams met Rooks. The new <u>celebrity couple</u> were seen Memorial Day weekend in Atlantic City, attending Kevin Hart's comedy show.

# Celebrity couple alert! Jesse Williams has moved on after his divorce. What are some ways to know you're ready to date after a split?

#### Cupid's Advice:

Sometimes you don't want to start over, but in most cases you have no choice. Cupid has advice on ways to know when you're

ready to date after a split:

1. You need time: Nine times out of 10 if you think you are ready to date after breaking up with someone a day earlier, you aren't ready. Once you've taken a good amount of time for yourself, then you will be ready. There is no specific amount of time, but when you are ready, you will feel it mentally and emotionally. Don't be afraid to take time for yourself; date yourself. It sounds cheesy, but this will help you in the long run because we all know you will kiss a few frogs before you meet your prince.

Related Link: Relationship Advice: I'm Scared to Get Back Out There and Date!

2. Listen to your feelings: Are you waking up every day with a smile or a frown? When you finally start waking up with a smile and are able to go about your day, you are just about ready. On the contrary, if you a still hurt and cry a lot, you may not be ready. Some say the best way to get over someone is to jump back on the horse, but sometimes we are just not emotionally ready. Be mindful and careful because just like you don't want to get hurt, you don't want to hurt someone else either.

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After You Meet a Man You Like?

3. Check your vibes: Putting time and feelings together pretty much makes up your vibes. What kind of vibe will you be giving off? When you project positive vibes, you usually get them back. Will you be able to go out on a date without mentioning your ex? Will you be able to mention the break up without getting upset? Your vibes have to be just right because people will pick up on them. Nobody wants to go on a date with the person that constantly brings up their ex or, once they mention the break up, the mood of the date changes. The best practice is with friends and family.

After a split, what are the indicators that you use to know when you are ready? Share below.

## Kendra Wilkinson Shares the Pain of Packing Up Her Things Amid Celebrity Divorce





By <u>Haley Lerner</u>

In <u>celebrity break-up news</u>, Kendra Wilkinson documented the pain of packing up things amid her <u>celebrity divorce</u> from husband Hank Baskett. The former *Playboy* model wrote on her

Instagram story on Monday, "I'm starting to box up and my heart can't hurt any more. I need prayers n strength today. I worked so hard for my home," along with a picture of an empty cardboard box. The reality star also shared a photo of her framed family portraits of her children, Hank IV and Alijah Mary, with the caption, "My pride and joy wall is coming down." According to People.com, Wilkinson filed for divorce from Baskett in April, citing irreconcilable differences. The 32-year-old star is requesting joint legal and physical custody of her and Baskett's two children and is seeking to restore her maiden name, Wilkinson. In a separate Instagram post on Monday, the mother of two wrote, "I'm doing the best I can in my life with the cards I've been dealt and I will continue to do that. I'm hurt because the world I thought was promised to me forever is now coming to an end."

### This celebrity divorce hasn't been an easy one for Kendra Wilkinson. What are some ways to ease the pain of the divorce process?

#### Cupid's Advice:

Moving on after a divorce is hard. Cupid has some tips to make it easier:

1. Separate your belongings: Just like Wilkinson, it's important to quickly separate spaces and belongings after a divorce. If you don't do it right away, you'll have to deal with the pain of it later on. Keeping yourself busy with the process of deciding who gets what is a great way to distract yourself from the pain of your divorce and keep things practical.

Related Link: Newly Single Celebrity Kendra Wilkinson Is

#### 'Excited to Start Dating Post-Divorce from Hank Baskett

2. Focus on yourself: After a divorce, it's best you spend some time alone and put yourself first. Take time to focus on your mental and physical health. Whether it's through therapy, doing activities you love or even implementing a new skin care routine, your attention should be on yourself.

Related Link: Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split From Hank Baskett

3. Spend time with family and friends: The best people to help you go through a tough divorce are the people you're closest to. In your difficult time, call upon your loved ones to be there for you and help take your mind off all the drama with your ex.

Have any more tips to make the divorce process easier? Comment them below!

# Newly Single Celebrity Kendra Wilkinson Is 'Excited' to Start Dating Post-Divorce from Hank Baskett





By <u>Haley Lerner</u>

In <u>celebrity news</u>, Kendra Wilkinson is ready to start dating again, despite filing for divorce from husband Hank Baskett just one month ago. According to *EOnline.com*, the newly <u>single celebrity</u> is ready to put herself back on the market. A source told the outlet that Wilkinson is "ready to put herself out there in the dating world" and is "looking forward to this new chapter of her life." Following Wilkinson's dramatic <u>celebrity divorce</u>, the reality TV star showed off a new brunette bob replacing her signature platinum blonde locks. The former *Playboy* model is clearly ready for her comeback and the possibility to explore new men.

Single celebrity Kendra Wilkinson is ready to get out there and start dating again. What are the best

#### ways to meet potential partners?

#### Cupid's Advice:

Wilkinson isn't letting her recent divorce stop her from venturing out into the dating world. Here are Cupid's tips for meeting a new special someone:

1. Consult your friends: No one knows you better than your closest friends. They know your personality and what you're into. When you're ready to start dating again, confide in your friends and let them know. Your besties can help try to set you up with some dates with people they think you might work well with. Even if these dates don't work out, they are perfect warm-ups to get you ready for real contenders. If you end up clicking with someone you were set up with, it's even better!

Related Link: <u>Celebrity News: Kendra Wilkinson Asks Fans for</u>
Dating Advice After Split From Hank Baskett

2. Online dating: Yes, there might be some stigma around it, but online dating really is a great option for meeting a new partner. Whether it's through a website like *Match.*com or an app like Tinder, you'll be exposed to plenty of people you otherwise would never meet. You might have to get through some duds, but it's possible you could meet someone really special.

Related Link: <u>Celebrity Marriage</u>: <u>Kendra Wilkinson Takes Off</u>
<u>Wedding Ring and Breaks Down on Instagram</u>

3. Actually go out: Putting setups and online dating aside, there's nothing better than meeting someone by the classic approach: getting yourself out there! Instead of spending a Friday night in watching romantic comedies on Netflix and dreaming of a new beau, put on something nice and go out to a bar, club or local joint with your friends. If partying isn't your thing, spend your newfound single time at a museum,

concert, café or other social setting. If you're constantly around lots of people, you're bound to potentially run into that special someone.

Have any other advice for meeting potential partners? Share your thoughts below!

Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split From Hank Baskett





By <u>Haley Lerner</u>

In <u>celebrity news</u>, Kendra Wilkinson is asking her fans for dating and sex advice after her split from Hank Baskett. According to EOnline.com, Wilkinson officially filed for celebrity divorce from her husband of eight years in April. Monday on Twitter, Wilkinson asked her followers, "What's your opinion... do i start dating/sex now or give myself more time? but broken, Мy heart is Ι have needs. Lmaoooo. #notgettingyounger #33hereicome." Wilkinson and Baskett have two kids, 8-year-old Hank Baskett IV and 3-yearold Alijah Baskett.

In celebrity news, Kendra Wilkinson is appealing to her fans for advice one month after filing for divorce from Hank Baskett. What are some

## ways to know you're ready to move on after a split.

#### Cupid's Advice:

Deciding when to move on after a split is tough, because you want to make sure your heart is ready. Cupid has some tips:

1. You've stopped internet stalking your ex: It's okay to admit it, we all do it. After a tough break-up, it's natural to be checking up on your former lover on social media. A surefire way of knowing if you're over your ex is if you lose the urge to see your old flame's latest picture on Instagram or their most recent tweet. If you've moved on, you shouldn't care about what your ex is up to.

Related Link: <u>Celebrity Marriage</u>: <u>Kendra Wilkinson Takes Off</u>
<u>Wedding Ring and Breaks Down on Instagram</u>

2. You're okay on your own: After a break-up, you can often feel pretty lonely and isolated without having your significant other around all the time. Before hopping into another relationship, it's important that you're able to be independent and are confident in yourself. This way, you can make sure your next relationship is a genuine one and not a rebound from your last!

Related Link: <u>Celebrity Exes: 'The Bachelor' Star Lauren</u>
<u>Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently</u>

3. The prospect of dating excites you: Being single can definitely be a freeing thing, but if you can't help but start picturing yourself coupled up with potential suitors, then you're probably ready to try dating again! You don't need to rush into anything, but follow your instincts. If you feel the time is right, go for it!

What are some signs you think show you're ready to move on?

## Celebrity News: Pamela Anderson Never Talked to Kid Rock Again After Celebrity Divorce





By <u>Carly Horowitz</u>

In <u>latest celebrity news</u>, actress Pamela Anderson and musician Kid Rock have not spoken since they split. The two had a

short-lived marriage in 2006 from July to November, and their celebrity divorce was finalized by 2007, according to <u>UsMagazine.com</u>. Even though the pair had an extravagant yacht wedding, the glue of their relationship didn't seem to hold. Anderson also has two <u>celebrity kids</u>, Brandon Thomas Lee and Dylan Jagger Lee. She shares her sons with her first exhusband, Tommy Lee.

In celebrity news, Pamela Anderson confessed that she never spoke to her ex Kid Rock again after their divorce. What are some benefits of a clean break when you go through a split?

#### Cupid's Advice:

It is a struggle to completely cut ties with the person you were just so close to, but sometimes, it is necessary. Prolonging a break-up can serve unfair to both of you. Here are some great things about having the strength to completely cut ties after a split:

1. No wasted time: No time is wasted if it was spent doing what you wanted at the time. But, when you keep in contact with an ex and it is unhealthy for both of you, it can halt the opportunity for you to let go, move on, and find someone new. Be excited for what is to come!

Related Link: Pamela Anderson Says 'Marriage Has Its Ups to Downs'

2. More positive energy: It is not fun to have your ex texting you asking about that Instagram photo you just posted with

someone new. If you two make a pact to let go and conduct your lives freely, it will be much easier and you will be happier.

Related Link: 6 Best Rock & Roll Celebrity Couples

3. No possibility of slipping up: We all know that sometimes we fall back into meeting up with our ex for a drink and then end up regretting it. If you have completely cut ties with your ex, this won't happen. Maybe in a few years after the break-up isn't fresh anymore you two run into each other and catch up, but that isn't a bad thing. The good thing about a clean break-up is eliminating the unhealthy interactions that occur right after the split.

What are some other good things about a clean break? Comment below!

# Celebrity Break-Ups: Evan & Staci Felker Were Trying to Have a Baby Before He Met Miranda Lambert





By <u>Carly Horowitz</u>

In <u>latest celebrity news</u>, Evan Felker went on tour with Miranda Lambert and never returned home to his wife, Staci Felker. According to <u>UsMagazine.com</u>, Evan did not come home and did not answer Staci's calls. Then, she found out that Evan had filed for a <u>celebrity divorce</u> on February 16 from the local newspaper. Yet, we now have information that a source recently revealed the two were trying to have a baby right before he left to go on tour. Evan started dating Lambert in February while he was still married to his wife and while she was still dating <u>Blake Shelton</u>. This relationship formed between Lambert and Evan effected many people!

This <u>celebrity break-up</u> is anything but a clean break. What are some ways to make sure your split lacks

### drama?

#### Cupid's Advice:

Clearly this situation at hand is very sticky. No one would want to be involved in something like that. Here are some tips on how to make sure your break-up isn't as crazy as this:

1. Be open and honest: If you are having feelings of doubt, tell your partner before it gets to a bad point. Hopefully your partner will understand and you two will be able to work from there. Before you break-up, make sure you say everything you have to say so that you two can go on with the rest of your lives drama-free.

Related Link: <u>Celebrity News: Blake Shelton Allegedly Throws</u>

Shade at Ex Miranda Lambert Via Twitter

2. Remember that you are in control: If information keeps popping up after you and your partner break-up, remember that it is up to you if you wish to have it affect you or not. You can put energy into the drama or you can decide that you are better than that.

Related Link: Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?

**3. Try not to get other people involved:** The more people that you let in on your business, the more potential there is for drama to occur. Deal with the situation with your partner and go from there.

What are some other tips on how to eliminate break-up drama? Comment below!

## Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt





By <u>Carly Horowitz</u>

In <u>latest celebrity news</u>, Chris Pratt finally broke the silence in regards to his <u>celebrity divorce</u> from Anna Faris. Pratt and Faris announced that they were "legally separating" in August 2017 after eight years of marriage, and they filed for divorce by the end of that year. "Divorce sucks," Pratt ultimately revealed in an *Entertainment Weekly* interview this week. He continues to explain that him and Faris are still friends and are kind to one another for the sake of their five-year-old son, Jack. From Faris' view, she said, "We have

a great friendship, we really do and we always have. And it's always tough to envision your future as one thing, but I think there is a lot of love," on a SiriusXM's Hits 1 in Hollywood interview. According to EOnline.com, Faris added, "I think it's a lesson learned a little bit in terms of keeping relationships a little more private, potentially, even though I pride myself on being a pretty open person. But, I don't know, it's tough when you're under the scrutiny." In other news, Faris is currently dating Michael Barrett, while Pratt is allegedly still single.

This is the first we are hearing about the opinions of Chris Pratt and Anna Faris since their celebrity break-up. What are some benefits to keeping your post-relationship details on the down-low?

### Cupid's Advice:

It can truly be a tough time in your life after you split from a partner you were together with for so long. You don't need to expose all of the details to every single one of your friends and family if you do not wish to. If you keep to yourself and a few close friends, here is what can happen:

1. You will be able to explore your true self: Without the input from others, you will have the opportunity to really understand what you are feeling. Sometimes, it isn't bad to have input from the ones you trust most, but this can occasionally lead to you thinking that you are feeling one way when you are really not. It is most beneficial to get to know

yourself alone during this time.

Related Link: Celebrity Break-Up: Anna Faris Is 'Fantastic' Amid Chris Pratt Divorce, Says Allison Janney

2. You won't receive as much judgement: This is hard for you as it is, you don't need further scrutiny to just make this situation even worse. When people go through break-ups, it is really difficult for outsiders to truly understand the emotions and feelings that you go through. Therefore, they may judge. You can minimize that by conducting your life in a more private manner.

Related Link: Celebrity News: Is Anna Faris Dating Again After Split from Chris Pratt?

3. You won't be bombarded: The more details you put out there, the more people will crowd you with questions. "Why did you break-up?" "Was there cheating involved?" "Are you guys still talking at all?" It can become overwhelming. It is okay to just stick to talking to one specific person that you trust most to help get you trough this time and then let the magical self-growth occur.

What are some other reasons to keep your post-relationship information private? Comment below!

## Nicole 'Snooki' Polizzi Slams Celebrity Divorce Rumors





By <u>Carly Horowitz</u>

In the latest <u>celebrity gossip</u>, rumors have been swirling about Nicole 'Snooki' Polizzi and her husband, Jionni LaValle, getting a <u>celebrity divorce</u>. It is confirmed that these rumors are not true. In fact, the pair has decided that they want to expand their family even more despite these negative reports. According to <u>UsMagazine.com</u>, Snooki said, "We are planning to have kids at the end of July. So hopefully I will have another baby by August/ September. I want two more babies," she continued. "I'm super excited. We will see." Snooki has also worked to make sure the public knows that her celebrity <u>relationship</u> with Jionni is going strong. "I love him to death," the <u>reality TV star</u> said. "I think people worry because we never take pictures together and post on Instagram. He hates pictures, he hates this fame life. He likes to be quiet and reserved, which humbles me." Snooki adds that she loves her husband to death and he's her best friend; he is just a little shy.

## There's no truth to these celebrity divorce rumors! What are some ways to keep negative rumors from affecting your relationship?

#### Cupid's Advice:

Sometimes it is beyond our control when negative rumors start to arise in regards to your own relationship. The most important thing to do is stay calm and laugh at the silliness of these rumors. Although, it is important to make sure that this gossip doesn't get into you and your partners heads. Here are some ways to keep negative rumors from affecting your relationship:

1. Show affection: Make sure your partner knows that there is no truth to these rumors. If there is a rumor going around that you and your partner are going to split, your partner may think that you might have told people that you want to break-up and that is why these rumors are going around. Although, that is probably not the case. Ensure that your partner feels secure despite these unsatisfactory lies that are stirring. Show them that you love them so much and all that matters is that you two know the truth.

Related Link: <u>Celebrity Divorce</u>: <u>Jenni 'JWoww' Farley Talks</u> Snooki & Jionni Divorce Rumors

2. Be open and honest: As we know, communication is key. Respond quickly. Before the rumors get to a very negative point, communicate the truth to the people you associate with. If you are open and honest in the first place, hopefully rumors won't even begin to occur. Sometimes though, people just honestly enjoy making up stuff. You can only do so much to prevent them.

Related Link: <u>Snooki Stands Up for Celebrity Love Jionni</u>
<u>LaValle Amid Ashley Madison Reports</u>

3. Take the higher moral ground: Even though you and your partner may be upset about these rumors being spread, don't stoop to their level. It may be tempting to begin spreading other rumors because you feel upset that there are rumors being spread about you. This will just create more chaos and strain on your relationship and life in general. We cannot control what others do, but we can control our reactions. Be positive and remember that everything is going to be okay. As long as you and your partner love and support each other, these rumors should not be detrimental to your relationship.

What are some other ways to keep negative rumors from affecting your relationship? Comment below!

## Celebrity Divorce: Matt Lauer Moves Out of Family Home Amid Divorce





By Rachel Sparks

Former *Today* anchor Matt Lauer was forced out of his family home in the Hamptons by current wife Annette Roque amid their ongoing divorce. An insider told *UsMagazine.com* that Roque threatened legal action due to Lauer's hesitation, stating that Lauer was more concerned with how the press would view his new living arrangements after being fired for sexual harassment. Roque and insider said Lauer should care more for what is best for his family. This <u>celebrity divorce</u>, a result of the #MeToo movement, is worrisome for the affect it has on their three children.

Amid this celebrity divorce, Matt Lauer finally moved out of the family home after initially refusing. What are some ways to

## make your divorce more amicable?

#### Cupid's Advice:

A celebrity divorce is just as volatile as what we deal with when we endure divorces ourselves. There will always be collateral damage; children will have emotional backlashes, sometimes after everything has calmed down. Living situations change, oftentimes with financial hardship amongst the legalities of the split. While your divorce may not be the latest celebrity news, Cupid's relationship advice will help you navigate those choppy divorce waters in order for a more amicable split:

1. Evaluate your goals: Within any action, there is a primary end result that we would like to see. In a divorce, it may be that you want to keep the house or the kids, that you want shared custody or holiday visitation rights. Recognizing what it is that you want most out of a divorce will help alleviate the minute details. There will be enough stress already, so choose what's worth fighting for.

Related Link: Celebrity News: Harvey Weinstein Lied About
Having Intimate Relations with Gwyneth Paltrow

2. Evaluate your priorities: Similar to knowing what you want, you need to evaluate what really matters. Like Matt Lauer, is public appeal worth costing your family more stress? In emotionally-intense situations, it's easy to lose sight of your priorities. Remind yourself what matters, and fight for whatever that may be.

Related Link: <u>Celebrity News: Matt Lauer Fired from NBC News</u> <u>for 'Inappropriate Sexual Behavior'</u>

3. Respect your family: Lauer and Roque were married for 19 years, and now their familiar family structure is crumbling. No matter the length of time you and your spouse spent

together, at some point, it was built on mutual love and respect. It's much harder to see this amidst a divorce, but realizing that you once loved your ex and still love the children you raised together means that you should be willing to make sacrifices for the greater good of everyone involved.

What advice do you have for splitting on good terms with your spouse? Share your own relationship advice below!

# Celebrity Divorce: Drew Barrymore Says She Was In a 'Very Dark and Fearful Place' After Divorce





By Jessica Gomez

In <u>celebrity news</u>, Drew Barrymore opens up about the hardship she went through after her divorce from Will Kopelman. According to <u>UsMagazine.com</u>, she will not be acting any time soon. The former celebrity couple's divorce had a big impact on her. "I personally was in a very dark and fearful place, and then this script came along, and I was like, 'Yeah, I don't think it's a good time,'" she said."I was not looking for a job," Barrymore continued. "I had actually stopped acting for several years because I wanted to raise my kids, but then a shift happened in my life and I was separating from their father and it was just a very difficult time." We sure are glad Barrymore is no longer in that dark place!

This <u>celebrity divorce</u> was not easy for Drew Barrymore. What are some helpful tips to coping with the

## divorce process?

#### Cupid's Advice:

We know that divorce is not easy. And unfortunately, for some of us, it's a time where we undergo a deep sadness. Cupid has some tips on getting through a hard divorce, and most of it is mental:

1. Know that you are sure about the divorce: Sometimes love can blind us, but it is important to know the reason for the divorce and that it is in fact the right decision. Try your best to skip any denial stage to make it easier for yourself. Think things through, analyze and examine your situation. But don't overdo it to the point you're blaming yourself or driving yourself crazy.

Related Links: <u>Has Justin Bieber Moved On from Selena Gomez</u> With Baskin Champion?

2. Think of the positive outcome: It is hard to see the light during a time as dark as going through a divorce — but it is essential that you do find it. Things can look hopeless and that can drag you into a downward spiral. It is important to find the good in all the bad situations we're in, no matter how small it may be. Just know that you are going through a hard time right now that will make you stronger, and the future holds something much better. Positive thinking goes a long way.

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3. Take care of yourself emotionally and physically: Make sure you eat well and exercise. Both eating and exercising are essential to your health and make you feel better after. As for emotionally, don't overwork yourself mentally. Give yourself a break to relax. Also, if you don't want to be alone

during this time, then don't be. Reach out to family and friends. It's okay.

Have any advice on coping with a hard divorce? Share below!

## Celebrity Break-Up: Donald Trump Jr. Had an Affair with Aubrey O'Day During Marriage





By Carly Horowitz

In <u>latest celebrity news</u>, it turns out that Donald Trump Jr.

had an affair with *Celebrity Apprentice* contestant Aubrey O'Day while he was still married to his wife, Vanessa Trump. A source told *UsMagazine.com* that "Things started up with Aubrey and Don Jr. toward the end of the taping." This time spanned from the end of 2011 into March 2012. The affair ended at that time because Trump Jr.'s wife Vanessa allegedly found emails between the two. Vanessa and Trump Jr. had made up, but now, Vanessa has filed for a <u>celebrity divorce</u> on March 15.

Donald Trump Jr.'s <u>celebrity break-up</u> may have something to do with his infidelity. What are some signs that your partner is being unfaithful?

#### Cupid's Advice:

If things have just not been the same lately between you and your partner, there may be something sneaky occurring. Don't jump to conclusions, as we all have a tendency to do. But, if you notice any of these signs, sit down with your partner and have a mature conversation about the thoughts you are having. Here are some signs that indicate that your partner may be cheating:

1. Intimacy has halted: It is normal during long-time relationships that the intimacy between you two may slow down at points. If it has completely stopped and when you try to get close to your partner they back away constantly, then that is a red flag.

Related Link: Celebrity Divorce: Vanessa Trump Files for Divorce from Donald Trump Jr.

2. Constant private phone usage: If out of the blue your

partner starts to use their phone a lot more often in a very private manner, then that is a little fishy. If your partner has always been a big phone user, then maybe it is normal. Ask them if they have something going on at work or another occurrence that may be causing them to use their phone instead of spending time with you.

Related Link: Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break

3. Excuses: You and your partner should have an honest relationship where you make time for each other because you truly want to! If lately your partner is making an array of excuses as to why they can't meet up, you may need to get to the bottom of what is truly occurring.

What are some other tell-tale signs that your partner is being unfaithful? Comment below!

## Celebrity Divorce: Vanessa Trump Files for Divorce from Donald Trump Jr.





By <u>Jessica DeRubbo</u>

It looks like Vanessa and Donald Trump Jr. are calling it quits on their marriage. According to <code>FOnline.com</code>, Vanessa filed for a <code>celebrity divorce</code> on Thursday in Manhattan Supreme Court. The <code>celebrity couple</code> have been married for 12 years and share five children. Since she filed for an uncontested proceeding, it looks like there more than likely won't be a custody battle. Donald Trump Jr. married Vanessa in 2005 at President Donald Trump's Mar-a-Lago estate in Palm Beach, FL. The President reportedly played matchmaker for the duo, as he introduced his eldest son to the model at a fashion show in 2003.

This celebrity divorce is very unfortunate for the pair's five children. What are some important

## factors to consider regarding your children during a split or divorce?

### Cupid's Advice:

Divorces and/or splits are never fun for anyone involved, but sometimes it has the most lasting effects on kids. Cupid has some things to consider:

1. Always be open and honest with your kids: There's nothing worse than lying to your children, even if they're little white lies, because eventually the truth with come out. Sure, you don't necessarily want to air your dirty laundry about issues you have with your significant other with your kids, but try to be as straightforward as possible when letting them know about your split and the ramifications of it. They'll appreciate it in the end.

Related Link: Celebrity Couple Predictions: Mariah Carey,
Prince Harry and Donald Trump

2. Do what's best for your children, not necessarily for yourself: Consider your kids and the affect your split is going to have on them in all respects. Instead of thinking about what is best for you, keep your kids at the forefront of your decisions.

Related Link: Helping Your Child Through a Divorce

3. Listen to what your children are saying: Make sure to keep open lines of communication with your kids during this trying time. It's important that they feel they can talk to both you and your significant other and can ask any questions on their minds.

What are some other considerations to make when it comes to kids caught up in a split or divorce? Share your thoughts below.

## Relationship Advice: Don't Let Distance & Lifestyle End Your Relationship





By Dr. Jane Greer

People in distance relationships, whether by choice or necessity, are able to have success with a great deal of effort and flexibility. In order to make the relationship work, there must be s a strong desire to be together, and a willingness between both partners to make room for each other's respective needs. However, love does not conquer all, regardless if you are a celebrity or not.

## Is it possible to find a resolution? Read on for more relationship advice:

Recently, <u>celebrity couple</u> <u>Jennifer Aniston</u> and Justin Theroux announced their <u>celebrity divorce</u> after two years of marriage, stating it was a mutual decision to part ways. While Aniston and Theroux love and respect each other, they said they simply couldn't agree on a lifestyle that worked for each other. This is a common issue couples may face: you can love someone, and still desire to live differently than them, or even desire to live in an entirely different place than them.

Splits like the one between Aniston and Theroux are often caused by the inability to find the middle ground when trying to successfully make a home in the same place. Compromise is hard enough for two people who live under the same roof, but when partners are separated by differing work schedules or physical office placement, compromise can be extremely challenging. The key to keeping the peace is to commit to a place together, making sure that both partners are happy and do not feel as though they have sacrificed their happiness and well-being.

**Related Link:** Relationship Advice: What If Your Family Doesn't Approve Of Your Partner?

So, if you're in a long distance relationship right now, what should you consider before packing up your life and moving to a new place with your significant other, to best guarantee a successful outcome? How can you be sure you or your partner are sacrificing enough, without negatively impacting your relationship?

Above all, you and your partner must be in love. This is the most important box to check, as it gives each of you the

ability to be open to change because you'll be with your loved one. While this is a starting point, it might not be enough, as we saw with Jennifer and Justin. When deciding to take the plunge, be sure to ask yourself: do you actually like the place you're moving to? Will it take away your happiness?

#### Related Link: Relationship Advice: Is a Bad Boy Good for You?

Here's some food for thought. If one of you lives in a sunny place, but the other one simply hates the sun, or if one of you lives in a rural community and the other thrives on city life, where to move might not be an easy choice to make. If all your friends live in your current town, would you resent moving away from them to be with your love? Think about how all of this might affect your day-to-day life, mood, and eventually, your relationship. If, on the other hand, your partner lives in New York City, a place you've always wanted live, great! Leaving your loved ones behind won't matter as much. Talk to your partner and hash out the details. A temporary move might not be a deal breaker. A permanent one may be, though.

It is most important to think about your relationship, what it means to you, and where you can find happiness and friends in your new home. Is this decision mutual? Do each of you want it as much as the other? Does moving mean you're ready to take the next step towards engagement?

### Related Link: Relationship Advice: When Is the Old New Again?

It is also important to consider the strength of your connection, especially during the triumphs and tribulations. Up until now, most of the time you've spent together was special and seemingly perfect. (It's called the honeymoon phase for a reason!) You have probably tried to be on your best behavior at all times to maintain the picturesque image. Once you move, it will be more difficult to keep up the guise.

Ultimately, if you are moving for the right reasons; for love

and for openness to adventure, it is less likely that you will feel as though you have lost yourself. What really helps is when you are connected with a partner who has similar aspirations, wants, likes, and needs. In the end it, it should not feel like either of you are sacrificing your "me" to be a "we." This wasn't possible for Jennifer and Justin, but hopefully they can both move forward and find happiness apart.

the Doctor on Tune i n t o Ca11 radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <a href="http://www.drjanegreer.com">http://www.drjanegreer.com</a>.

# Celebrity Divorce: 'Modern Family' Star Julie Bowen Files for Divorce from Husband Scott Phillips





By Jessica Gomez

In <u>celebrity news</u>, Julie Bowen filed for divorce from husband Scott Phillips on Tuesday, according to <u>FOnline.com</u>. It was revealed less than a week ago that the former <u>celebrity couple</u>, who was married for 13 years, separated. However, Bowen listed their separation date as December 17. She marked irreconcilable differences as the reason for their parting and is asking for joint legal and physical custody of their three children, according to the documents that *E! News* obtained.

This celebrity divorce after 13 years of marriage is very unfortunate. What are some ways to know it's time to move on from a marriage?

Cupid's Advice:

Some of us may try to fight off a divorce for as long as possible… but honestly, that's just a waste of time. Cupid has some suggestions on signs that can mean it's time to move on:

1. You're worried about what your kids, friends, or family will think: Staying together for your children isn't a good idea. And staying together for the sake of dodging judgment from family and friends is even less of a good idea. Those you love don't usually want you to be unhappy, and neither do your children. Kids want parents who are happy and love them. You can go your separate ways, but still be a family. Build a friendship when possible, don't continue building an unhappy marriage. Your friends and family will just need to accept it. You are the one living with this decision, not them.

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2. You've tried counseling and gave it all you've got, but it's still not working: If you gave it your biggest shot, but you guys are still not coming together the way you should, then it may be a sign that it's time to go. Staying in an unhappy marriage is unhealthy for you. As long as you can look back and say "I gave it my all," there's no shame in knowing it's time for a divorce. Time to take action. All you can do at the end is try, if that doesn't work then there's nothing to do but what's in your best interest.

Related Link: Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever

3. You no longer respect nor trust your spouse: Trust and respect are both key things to have in a marriage. Sometimes we can gain that sense of trust and respect back, but sometimes we can't. If you don't see yourself ever trusting or respecting your spouse again, then it's safe to say that your marriage has hit its end point. Being married to someone that is not the same person you married happens sometimes, and it sucks. It really does, but instead of dwelling on it, start

making moves.

Related Link: <u>5 Communication Keys Every Relationship Needs</u>

And just as a last piece of advice: do not continue in an abusive marriage — whether it's physically, mentally, or emotionally abusive! An abusive relationship is one of the biggest signs it's time so leave. Seek help if need be.

What are some ways you knew your marriage or relationship was over? Share below!

## Celebrity Divorce: Jenni 'JWoww' Farley Talks Snooki & Jionni Divorce Rumors





By Karley Kemble

Though rumors have been flying that <u>Nicole "Snooki" Polizzi</u> and her husband Jionni LaValle are facing relationship problems, it looks like there is nothing to worry about. LaValle addressed the rumors head-on last week on his Instagram, denying all allegations of a <u>celebrity divorce</u>, and also shared he will not be part of the "Jersey Shore" reboot. Now, it looks like Polizzi's bestie is speaking out! According to <u>UsMagazine.com</u>, Jenni "JWoww" Farley said that it was "really heartbreaking" that LaValle had to combat the nasty rumors, but she supports the <u>celebrity couple</u> and loves "everything about them and what they have going on." What a great friend!

These celebrity divorce rumors are very unfortunate. What are some ways to keep rumors from affecting

## your relationship?

### Cupid's Advice:

Uh oh, is your relationship the current talk of the rumor mill? Don't worry, love. This too shall pass. If rumors are bringing you down, Cupid has how to fight through these challenging times:

1. Stay busy: This is an important factor because it tests and shows your true inner strength. When you are actively excelling at work, at school, or at home, it shows you cannot be kicked down by petty rumors. In time, the rumors should pass because people will realize you're way too strong to be affected by their nonsense.

Related Link: 'Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival

2. Give the benefit of the doubt: When you hear something unnerving or seemingly unlikely about your partner, it's important to take a step back and not jump to conclusions. Your emotions will be running high, and you're definitely entitled to your feelings. Just think: are you going to jeopardize an entire relationship over the possibility of a rumor being true? Before you do something you might regret, consider waiting and acting when you have the facts.

Related Link: <u>Snooki Stands Up for Celebrity Love Jionni</u>
<u>LaValle Amid Ashley Madison Reports</u>

3. Talk to your partner: At the end of the day, what's most important is you and your partner's take on things. If the rumors are affecting your relationship, you two *must* talk about it. If you don't, then your relationship will have a very challenging chance at survival. Communicating will help fill in the blanks and clear the doubts you could be having.

How have you stopped rumors from affecting your relationship? Let's talk about it!