

# Charlie Sheen and Brooke Mueller Don't Reach Custody Agreement



With no luck in reaching a custody settlement over the weekend, Charlie Sheen and Brooke Mueller will battle it out in court on Tuesday. Sources tell [TMZ](#) that several issues stood in the way of an agreement. Mueller insists that a monitor is present whenever Sheen has the twins, Max and Bob, at his house. And she wants to make sure that any current or future partner Sheen has doesn't have the right to "exercise parental responsibilities." In order for the estranged couple to gear up for the court fight, Sheen's lawyer must contact Mueller's lawyer on Monday.

**What should you tell your kids during a custody fight?**

## Cupid's Advice:

When you're in court fighting over your children, it can be tough on them. Cupid has some things you can tell them during the battle:

- 1. Positive image:** No matter how much you dislike your ex-spouse, never trash him or her in front of your kids. Your children should have a positive image of you both, and not be swayed by any conflict.
  - 2. No one's fault:** Let them know that it's not their fault and has nothing to do with them.
  - 3. Spending time:** Let them know that by getting a divorce, it won't change the fact that you will always be their mother or father. Things will be mostly the same, except you all won't spend time together as much.
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## Brooke Mueller Gets Restraining Order Against Charlie Sheen





The never-ending drama sparked by Charlie Sheen keeps expanding, this time with estranged wife Brooke Mueller filing for a restraining order this past Tuesday, [People](#) reports. Sheen, who has recently been in the media spotlight for his bizarre escapades and strange interviews, even caused taping of the prime-time show *Two and a Half Men* to suspend production. Although Mueller may have ordered Sheen to stay at least 100 yards away from her, the custody issues of Mueller and Sheen's two-year-old twin boys have yet to be discussed.

**If your partner has a mental breakdown, what should you do?**

**Cupid's Advice:**

It seems as though Charlie Sheen has quite simply lost his mind. And as strange and bizarre as these sudden outbursts may be, a mental breakdown is an illness sometimes:

**1. Offer love and support:** This may come to be harder than you think if the one you love seems to have a sudden change of heart and comes off as a completely different person himself. Remember the person you know and love, not the disease.

**2. Get somewhere safe:** There is no telling what someone with an unstable mind may attempt. Make sure you and your children

are somewhere safe, and always keeps a cellphone on you for emergencies.

**3. Have someone to talk to:** You may not be the one with the breakdown, but that doesn't mean it won't directly affect you. Have a confidant that you'll be able to lean on for extra support when things start to get tough.

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## Source Says Pete Wentz Couldn't Trust Ashlee Simpson



While Ashlee Simpson and Pete Wentz's divorce announcement on February 9th may seem to have come out of the blue, [UsMagazine.com](http://UsMagazine.com) reports that the couple "have been talking about splitting up forever." The couple, who share son Bronx, 2, cited no reason for the

divorce, but an insider feels that Simpson's late-night partying played a large role in the split. Simpson frequently spent her time with a crew of pro skateboarders in San Clemente, California, and would often not return home until sunrise. Sources say that Wentz "started getting burnt out" by Simpson's behavior and "would constantly check in on Ashlee, and he'd have his friends call the house and her cell to make sure she said she was where she said she was going to be....He felt like he couldn't trust her."

## **What are some ways to know your partner is trustworthy?**

### **Cupid's Advice:**

Gauging your partner's trustworthiness is a difficult task, especially as most people are prone to suspicion. Here are a few ways to find out if your partner deserves your trust:

- 1. Look at past experiences:** If your mate has had many relationships in the past, try figuring out why the relationships ended. While the vast majority of them probably ended due to character differences, there may have been infidelity or arguments leading to the breakup.
  - 2. Take note of his behavior:** If you feel that your partner has some character irregularities (such as anxiety), it may be cause for concern. The varying mood swings may be a sign that your partner is keeping something from you.
  - 3. Give the benefit of the doubt:** If you feel that your partner is trustworthy, then it's probably true. There's no sense in digging for clues that don't exist. Relax, and have faith.
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# Kelsey Grammer's Daughter Spencer Gets Married



Kelsey Grammer's 27 year-old daughter, Spencer wed longtime beau James Hesketh at City Hall in New York this past Friday, [People](#) reports. The 55 year-old actor's rep confirmed that Kelsey was in attendance along with his own fiancée, 29 year-old Kayte Walsh. Kelsey, who recently divorced Camille Grammer, plans to follow in his daughter's footsteps and wed Walsh at the end of February.

**Is the timing of your wedding important?**

## **Cupid's Advice:**

When it comes to wedding planning, sometimes timing is everything. Cupid has some advice on factors to consider:

**1. Cost and convenience:** It costs less to host a wedding on a

Friday than on a Saturday or Sunday. Depending on what day you set the date will reflect on how many RSVP's you'll receive.

**2. It's your day:** It may be nearly impossible to avoid setting the date on someone else's birthday or anniversary, but as long as you don't mind sharing your big day with your Aunt Gertrude's 67th birthday, you should be in the clear.

**3. Avoid holidays:** These days come with higher booking fees. It may sound like a cute idea in theory, but nobody really wants to give up their New Year or Valentine's Day for a wedding.

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## Ashley Simpson and Pete Wentz Have Lunch Post-Split







Proving that their split is amicable, Ashley Simpson and Pete Wentz met for lunch Monday and brought along their son, Bronx. According to a source, being good parents is their main priority right now.

“They’re both focused on making this transition as easy as possible for him.” The duo announced last week that they would be going their separate ways, reports [People](#). Pals say that the pair simply grew apart due to marrying too young and not having enough time to spend together.

**How do you cut out time from a busy schedule to spend with your partner?**

**Cupid’s Advice:**

**1. Cut out fluff:** Chances are that you’re spending time doing things that aren’t important. Do you really need to soak that extra 15 minutes in the bath? In order to have time with your partner, it might be time to cut out some unnecessary activities.

**2. Plan a lunch date:** If you both work, you also both probably have lunch breaks. Instead of spending more time with your co-workers than you already do, plan to meet up with your significant other. Even if it’s only 45 minutes of face time,



it's worth it.

**3. Do things together:** Say you're both into staying fit and work out every day. Instead of doing it separately, make it a routine to exercise together. Gym time is better than no time at all.

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## 'House' Star Olivia Wilde Separates from Husband Tao Ruspoli



*House* star Olivia Wilde and her husband, Italian prince Tao Ruspoli, have decided to end their marriage, reports [People](#). The couple, who eloped together when Wilde was only 18, were together for

eight years. “They have been living apart for quite some time to make their relationship work,” reveals an insider.

### **What are ways to work on your relationship?**

#### **Cupid’s Advice:**

When you hit a rocky point in your relationship, it’s important not to give up without putting in some effort first. Here are a few ways to smooth over your rough relationship:

- 1. Space:** Try distancing yourself from your partner, so that the two of you have time to cool down and reevaluate the issues that have been plaguing your relationship. When both of you have clear heads, it’s should be safe to give the relationship another try.
- 2. Considerate acts:** Especially when your relationship is at a low point, being considerate can make a huge difference. Try to do ‘the little things,’ like taking the trash out or packing a lunch for your partner. It may not seem like much, but your partner will appreciate the effort.
- 3. See a counselor:** If the problems in your relationship are too much for you to handle, try seeing a counselor. While it can get expensive, it may be worth it in the end.

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## **Eva Longoria Goes Public With New Boyfriend Eduardo Cruz**



Just one week after finalizing her divorce with Tony Parker, Eva Longoria finally went public with her new boyfriend, Eduardo Cruz. If that name sounds familiar, it's because Longoria's new flame is none other than actress Penelope Cruz's younger brother. According to [RadarOnline](#), the couple were first spotted together in October at her restaurant, Beso, followed by a few other encounters in December and January. While it was clear that those encounters were meant to be a secret, the pair seemed open on Saturday while sailing on a luxury yacht in Miami.

**Should you keep your new relationship under wraps?**

### **Cupid's Advice:**

Amidst all of the normal chaos of life and responsibilities, sometimes it's nice to have something that's just your own. Cupid has some ways to tell if you should keep your relationship on the down-low:

**1. If you are both comfortable with it:** Many times in the beginning of a relationship, we say things that we think the other person wants to hear. If you're deciding not to let anyone in on your secret courtship, make sure it's a decision you've both agreed upon.

**2. If you're not sure where it's going:** When you begin to date someone, there's a period of time where you're feeling each other out. If you think there's a chance you won't make it past the previews, now may not be the time to alert the media.

**3. If you just got out of a relationship:** Sometimes we find people when and where we least expect it. If that time for you is right after you ended a longterm commitment, you may want to give it some time before you introduce someone new to your friends and family.

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## Halle Berry and Gabriel Aubry Fought Over Kim Kardashian





Although Gabriel Aubry and Kim Kardashian's recent romance fizzled soon after it began, [People](#) reports that Halle Berry was not happy to see her ex out with a reality TV star. Aubry, 35, and Kardashian, 30, took in a Lakers game and a movie in late November before calling it quits. Halle Berry, 44, who split with the French Canadian model last year, was angry about the relationship because of her daughter, according to a source close to the actress. "Halle was very upset... She just didn't want Nahla exposed to the cameras that are undoubtedly around a reality star." But Aubry had no intention of bringing someone new into his daughter's life right away. "Gabriel wanted to make sure he dated someone for six months before he introduced them to his daughter," says the source.

**How soon should you bring a new partner into your child's life?**

### **Cupid's Advice:**

After a breakup, it's hard to know when to bring a new partner into your kid's life. Cupid has some tips on when and how to make the introduction:

**1. Talk to your child:** Give your son or daughter a chance to

come to terms with his or her parents' separation. Once they realize that Mommy and Daddy aren't together anymore, they will be more ready to accept someone new.

**2. Warn your partner:** Tell your new mate what your child is like so he's prepared. Giving him as much information as possible will help make the introduction go smoothly.

**3. Wait until it's serious:** While there's no time limit on when your child and partner are ready to meet, it's a good idea to wait at least a couple of months. Then, it's up to you to know when the relationship is serious enough to bring someone new into your child's life.

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## Halle Berry and Gabriel Aubry Begin Ugly Custody Fight







Award-winning

actress Halle Berry and her model ex Gabriel Aubry have begun what seems to be a brutal battle of custody over 3-year-old daughter, Nahla, [People](#) reports. Berry and Aubry, who split last year after four years together, have brought their battle public. Earlier this week, Berry released a statement voicing, “serious concerns for her daughter’s well-being while in the care of her father.” Sources close to Berry claim that Aubry became verbally abusive to her after their break-up, even using a racial slur. Still, Aubry’s friends stand by his side. One source said, “I never saw someone more dedicated to their child.”

### **How can you keep your child out of your custody fight?**

#### **Cupid’s Advice:**

Nobody wants to be involved in a custody battle. But if you do find yourself drawing up visitation papers, make sure to keep your children calm, happy and distracted:

**1. Keep them busy:** Arrange for your kids to go home with a friend after school or spend the weekend with their grandparents. The more you distract your children and keep them away from the fights, the less they’ll worry.

**2. Activities and clubs:** After-school activities and clubs, whether it be a sports team or drama club are great outlets for children to release pent-up energy and anger. By the time their activities are done, they're home for dinner, homework and bed.

**3. Stay in check:** This is you and your partner's battle, so don't involve your children. Even though it may be tempting to say something harsh about their mom or dad when tempers rise, don't do it. Children take in everything, and we forget just how observant and impressionable they are.

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## Jaime Pressly Splits with Husband Simran Singh After 16 Months





Jamie Pressly and Simran Singh have decided to call it quits, according to UsMagazine.com. It doesn't seem to be a good year for Pressly, as she was also recently arrested on suspicion of a DUI. An insider says of the split, "It's over. I don't think they have officially filed anything yet though." The source added, "I think it comes down to she married this guy too fast. He seemed like a good guy but he is super full of himself and puts her down for everything. He picks fights with her for any little thing."

### **How do you avoid unnecessary arguments?**

#### **Cupid's Advice:**

Every relationship has its ups and downs, but some fights are more avoidable than others. Cupid has some tips on how to avoid unnecessary arguments:

**1. See the other side:** It's easy to see things from your perspective. Take a minute to put yourself in your partner's shoes. Understanding is key.

**2. Avoid sensitive topics:** The closer we are to people, the more we know what buttons to push. If you a particular topic

is sensitive, try to avoid it. If it's absolutely necessary, approach it with caution.

**3. Ponder it first:** Make sure you filter your thoughts before saying them out loud. If you're upset about something your partner did, make sure it's really worth an argument. The best way to do that is to keep it to yourself for a few hours or days. If you still think you need to bring it up, at least you know it's worth it.

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## Even Jesse James Deserves a Second Chance



Right now, it seems the internet is a buzz with the news of Jesse James and Kat Von D's engagement. I was fairly surprised at the intense

debate their announcement fueled, but then I got to thinking about second chances and leaving the past in the past. We all know what transpired between Jesse James and Sandra Bullock.

America's sweetheart was left betrayed and left to adopt a son alone, so who wouldn't be on her side? Now there's Jesse, the resident bad boy now starting a new life with Kat Von D, who is about as opposite from a Sandra Bullock type as you can get. Same story, different couple.

The thing is, nobody really knows what goes on in a relationship, but the two people who are in it. Jesse James and Sandra Bullock are no more, but does that mean that Jesse doesn't deserve happiness with someone else? I'm not saying Jesse and Kat will last forever, but who can you really say that about, as nothing in life is guaranteed, anyway?

People can change, although to what extent, nobody knows. People also do really terrible things in relationships and hearts get broken ... but life goes on and hearts continue to beat. I don't believe someone should be punished for the rest of their life after one mistake. It's so easy for us to write someone off as a horrible person; in fact, it's too easy. It's more difficult to give someone the chance to redeem him or herself, and second chances can be so worth it.

Should Kat be aware of what she's getting into? Heck yes! I am not suggesting one should disregard the past actions of another. I'm fairly certain there are tons of people just waiting to tell her, "I told you so!" But if it feels right in her heart, then really, who are we to judge?

Speaking of judgment, what do you guys think of this announcement? Comment below.

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# George Clooney Says 'No' to Another Wedding



Will reporters ever stop asking George Clooney if he's getting married? Probably not, and according to *People*, Piers Morgan had a shot at asking last week when Clooney appeared on his CNN show, *Piers Morgan Tonight*. "I hate to blow your whole news story, but I was married," Clooney told Morgan. Nick Clooney, George's father, appeared on the show with his son and used his own 51-year marriage to George's mom Nina as an example of why he should reconsider. However, George, who was wed to actress Talia Balsam from 1989 to 1993, believes once is enough. He added, "I've proven how good I was at it, and I just. ... I'm allowed one."

**After divorce, should you give marriage another shot?**

**Cupid's Advice:**



After a marriage dissolves, you may feel like you never want to get married again. Cupid has some ideas on whether to tie the knot a second time:

**1. Second time's a charm:** If you've found someone and *want* to get married again, why not walk down the aisle a second time? Just because it didn't work the first time doesn't mean it won't work the second time with the right person.

**2. Don't blame marriage:** So you never want to say "I do" again. But remember that the marriage ended because you were with the wrong person: you shouldn't blame the institution.

**3. Marriage isn't for everyone:** If you feel like you're just not the marrying type, let any future partners know that while you're interested in commitment, you're just not willing to tie the knot.

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## Jesse James and Kat Von D Are Engaged





It's wedding bells for one of the most controversial couples in Hollywood: Jesse James and Kat Von D have announced their engagement. James and now ex-wife Sandra Bullock split in June after news of his multiple affairs surfaced. The motorcycle mogul, who began dating Kat Von D shortly after the divorce, professed his love for his fiancée to *People*. "You know sometimes the public and press gets it wrong. This is one of those times. 2010 was actually the best year of my life because I fell in love with my best friend. An amazing woman who stood behind me when the world turned their backs."

**How do you know when someone is truly committed?**

### **Cupid's Advice:**

It can be tough to tell if the person you're dating is planning on being in the relationship for the long haul.

Cupid has some ideas and how to tell if he's truly committed:

- 1. There for you:** When the going gets tough, and your partner stands by you in a time of crisis, it's safe to say he's not a flight risk.
- 2. All about PDA:** If your mate isn't afraid to sing your

praises in front of anyone and everyone, it's more than likely true love.

**3. Don't care what people think:** When it comes to your relationship, sometimes there will be naysayers. If your partner doesn't seem to care about the critics, he's there for the count.

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## Melissa Etheridge Is In a New Relationship with Best Friend



After a nasty split from wife Tammy Lynn Michaels last year, Melissa Etheridge has entered the dating world again – with her best friend. Etheridge began dating *Nurse Jackie* creator Linda Wallem three months after the breakup. A friend of the couple tells

People, “Melissa and Linda have been best friends for over 10 years,” adding that Linda was “best man” at Melissa’s wedding to Tammy in 2003. The new couple, who share the same birthday and turn 50 in May, “are in a committed relationship. They’re happy,” says the pal.

**Should you risk losing a friendship by taking it to the next level?**

**Cupid’s Advice:**

If you’re feeling something more for your friend and want to take a risk, is it worth it? Cupid has some tips on how to know if you should take the jump:

**1. Observe:** Before actually asking your friend if he has feelings, too, and making things awkward, observe. Watch his interactions with other girls, and see if he treats you differently.

**2. Ask yourself if you’re in love:** Some confuse closeness and intimacy with love. Make sure you really have romantic feelings before you take the next big step. If you just think he’d make a good husband, but aren’t actually attracted to him, it might lead to heartbreak.

**3. Think about the future:** Not all couples are meant to last. Are you and your friend compatible romantically? If you don’t see the relationship lasting, it’s probably better to stay friends.

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**Sandra Bullock and Ryan**

# Reynolds: New Couple Alert?



Former *Proposal* co-stars Ryan Reynolds and Sandra Bullock were seen ringing in the new year at Bess Bistro in Austin, Texas, according to *UsMagazine.com*. Sources said the two looked “very playful” and were “smiling all the time and sometimes touching.” Reynolds, who filed for divorce from Scarlett Johansson at the end of last year after a two-year marriage, and Bullock, who’s been divorced from Jesse James since last June, may be bonding over their breakups. And although Bullock’s rep says there is nothing going on between Reynolds and Bullock, a friend of Reynolds said that chemistry is obvious between the two.

**Can you trust a man to get serious again only a few weeks after leaving his wife?**

**Cupid’s Advice:**

As intoxicating as a new relationship can be, starting one

with someone who is just ending a major chapter of his life can be toxic. Cupid has some tips:

**1. Understand the situation:** Even if he says he's ready to be with someone again, don't be so quick to believe him. He may *want* to be over his last relationship, but that doesn't mean that he *is*.

**2. Get the facts:** Find out the specifics of your parent's past relationship. The longer and more intense the relationship was, the harder it's going to be for him to make a commitment to someone else so soon, especially if his heart is broken.

**3. Move forward with caution:** New relationships are always fun and exciting, but having one with a newly single man can be dangerous. To prevent yourself from heartbreak, go into the situation slowly and with caution.

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**Courtney Cox Admires  
Estranged Husband David  
Arquette for Entering Rehab**







Courteney Cox let David Arquette know that she's there for him in spite of their separation, *People* reports. When Arquette entered rehab a few days ago, Cox was one of the first to show her support. The actor entered the rehab facility for alcohol and depression, almost three months after separating from wife Courteney Cox. Arquette, who is also the father of their six-year-old daughter, Coco, was not handling the separation well, sources say. Cox said, "I really admire David and his choice to take charge and better his life...I love and support him." **How do you support your partner through a hard time?**

### **Cupid's Advice:**

Sometimes in a hard situation, less is more. By letting your partner know that you're there with an open ear and a shoulder to lean on may be all that he needs to hear. Here are some tips:

- 1. Listen:** Hear all that he has to say, and pay attention to how he acts as well. If he's the type of person who needs space, give him some. If he needs a comforting touch, oblige!
- 2. Be there and mean it:** Ultimately, let your partner know that you're there for him anytime he needs to talk, and then

don't let him down. When you get that call, make sure you give him all of your attention.

**3. Know your role:** Depending on how long you and your partner have been together, it may determine how much of a supporting role you play during his tough time. If you just started seeing each other, don't be surprised when he takes a little longer to open up to you and goes to his parents or friends first.

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## Singer John Mellencamp and Wife Elaine Split



It looks like singer John Mellencamp is starting the new year as a single man. After 18 years of marriage, Mellencamp and his wife Elaine

have decided to call it quits. According to *People*, the pair met in 1991 when supermodel Elaine Irwin was hired to pose on the cover of Mellencamp's 'Whenever We Wanted' album. No concrete reason has been given for the split, but Mellencamp's spokesperson Bob Merils told *The Hollywood Reporter* [that](#) they "are proud of their 20 years together and are very happy with their accomplishments both as parents and as a family" and that "they will continue to raise their two children in Indiana, but have decided to call it a day as a couple."

## **What are ways to get out there after a long marriage ends?**

### **Cupid's Advice:**

Like many others coming out of a long marriage, John Mellencamp and Elaine Irwin are a little rusty when it comes to the dating game. Cupid thought of some steps to getting yourself out there after a divorce:

- 1. Focus on numero uno:** Before you can find someone new after a divorce, you need to feel good about yourself. Take some time to lift your spirits by doing things that make you smile. Once you're happy on your own, you're more likely to attract a great guy!
- 2. Hang with singles:** Once you're ready, start going out with friends and meeting new people. This can be anything from going out dancing, attending sports events or traveling. Mingle with the singles everywhere you go, and you're bound to find yourself a date who shares similar interests.
- 3. Online dating:** When all else fails, try meeting someone online! Find a dating site that feels right for you, set up a profile and let the computer do the work. We're in the generation of technology, and hundreds of people are meeting their spouses online every day. You could be next!

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# LeAnn Rimes and Eddie Cibrian Barred from New Year's Eve A-List Party



What's a celebrity couple to do when they're barred from attending a birthday bash? They just attend a party thrown in their honor to ring in the New Year of course! LeAnn Rimes and Eddie Cibrian found themselves missing from the guest list for a party hosted by the ex-boyfriend of Cibrian's ex, Brandi Glanville. According to E! Online, "They tried to get on the list, but he said no because of his allegiance to Eddie's ex-wife." It's time for Plan B! The newly engaged couple spent the night at Pink Kitty nightclub in Cabo.

## What are ways to overcome animosity from ex partners?

### Cupid's Advice:

Going separate ways is unfortunately not always a pleasant experience, but don't let the past keep you from moving forward. Cupid has a few tips on overcoming ill will from an ex:

- 1. Take the higher road:** In the words of Sandra Bullock, "Whoever established the high road and how high it should be should be fired." Yet Bullock still maintains grace and poise by refusing to allow her ex to bring her down – as should you!
- 2. Let it go:** Holding a grudge requires retaining a lot of negativity. Instead, focus not only forgiving your ex partner, but yourself as well. Move on.
- 3. Settle your differences:** Forgiveness goes a long way, especially when you can both come forward and apologize for the past. Everyone makes mistakes!

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## Ryan Reynolds Officially Files for Divorce from Scarlett Johansson





As much as we had hoped they would work it out, less than two weeks after their separation, Ryan Reynolds and Scarlett Johansson have officially filed for divorce, according to USMagazine.com. According to their documents, neither is asking for spousal support.

### **How do you know when it's time to make a separation permanent?**

#### **Cupid's Advice:**

Separations are usually a last attempt to make your marriage work. Unfortunately, they often precede divorce. Cupid has some ways for you to know when it's time to make a separation permanent:

- 1. You can't get along:** If taking a break from each other doesn't get rid of some of the hostility in your marriage, it may be a sign that it's too late to work things out.
- 2. You're only in it for the kids:** As much as every parent wants to make their children happy, there comes a time when you may need to put yourself and your spouse's needs first.



**3. You've been unhappy a long time:** A separation is a time to reflect on your relationship. If you can't recall a recent time when you were content with your spouse, it may be time to move on.

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## Ryan Reynolds and Scarlett Johansson Split



Another prized Hollywood couple has decided to call it quits. Ryan Reynolds and Scarlett Johansson have officially separated with the intent to divorce, according to [People](#). In a joint statement they say, “After long and careful consideration on both our parts, we’ve decided to end our marriage. We entered our relationship with love, and it’s with love and kindness we

leave it. While privacy isn't expected, it's certainly appreciated." Although the pair were just seen out in NYC together last month, a source close to the situation says that it was Johansson who initiated the split. The two wed in 2008 in a private ceremony in Reynold's hometown of Vancouver.

## **How do you start over after a divorce?**

### **Cupid's Advice:**

There's no doubt about it: divorce is devastating. Here are some tips on how to transition from living with your partner to living alone:

- 1. Get some "me" time:** First and foremost, take some time out for yourself before dealing with the "media" of your family and friends. Grab a close friend and head south a la ScarJo-style for some down time.
- 2. Indulge in a hobby:** Spend some time doing things that make you happy before your divorce. The familiar routine will keep you sane for a little bit longer.
- 3. Work it out:** Try exercise as a form of stress release. Endorphins will make you feel better, as they are natural pain and stress fighters.

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# **Elizabeth Hurley and Arun Nayar: Separated**





After four years, Elizabeth Hurley and Arun Nayar have decided to call it quits. The British model-actress and Indian textile heir were wed at a castle in England and then at a palace in India back in 2007. On Sunday, Hurley, 45, tweeted, "For the record, my husband Arun and I separated a few months ago." According to [Us Weekly](#), Hurley's declaration corresponded with a report claiming that she had an affair with Australian cricketer Shane Warne.

### **What are good ways to work on a rocky marriage?**

#### **Cupid's Advice:**

Sometimes couples such as Elizabeth Hurley and Arun Nayar just can't get their marriage back on track, but that doesn't mean you shouldn't try. Cupid has some tips:

**1. Make time:** In order to work on problems with your special someone, you need to make time for him first. Whether it's romantic nights out or just a nice meal at home without the kids, alone time will play a big role in keep the romance alive.

**2. Communicate:** If you feel like you and your partner are

distant, work on communicating with him. Don't forget to listen as much as you talk, because communication goes both ways.

**3. Be honest:** Above all else, make sure you are being honest with each other. Always try to be open about everything, and hide nothing. Trust is the core a great relationship.

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## Kelsey Grammer and Girlfriend Kayte Walsh Are Engaged



Who says that the third time's a charm? *Frasier* star Kelsey Grammer is going to recite wedding vows for the fourth time! The Emmy-winning

actor and third wife Camille divorced only six months ago, but that didn't stop him from giving love another try. Grammer, 55, and flight attendant Kayte Walsh, 29, have been "engaged for a while," according to [UsMagazine.com](https://www.usmagazine.com).

**After divorce, how can you avoid rushing things with your new partner?**

### **Cupid's Advice:**

Kelsey Grammer's whirlwind post-divorce romance may or may not turn against him in the future. Here are a few tips to avoid moving too fast after a split:

- 1. Live separately:** After a divorce, it's normal to want to jump right into a new romance right away. Make sure to get to know each other's good and bad qualities before you share an apartment!
- 2. Hold off on saying "I love you":** It's normal to want love again after a long relationship ends. But make sure you're truly loving and not just lusting before you spit out those three important words. If you speak too soon, you could hurt both your partner and yourself.
- 3. Keep the kids away:** Meeting your new partner's kids or vice versa isn't just a big step in the relationship; it's a big weight on the kids. Be sure your partner will be in your life long-term before you bring your children into the picture.

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## **Eva Longoria Parties with**

# Pals After Divorce from Tony Parker



Eva Longoria was spotted out and about for the first time since filing for divorce from husband Tony Parker, [Us Weekly](#) reports. The starlet was sipping champagne and chatting with friends at Hollywood hot spot Chateau Marmont over the weekend. Dressed in all black, Longoria was smiling and chatting with Jason Biggs and Kate Bosworth. Sources say she looked defeated and that, “She had a grin on her face, but every so often she would stare off into space and looked very sad and somber.”

**After a divorce, what are ways to cope?**

**Cupid's Advice:**

Public break-ups can be brutal, especially for celebrities. Who can forget Shannon Moakler's notorious divorce party? Cupid has some ways to deal:



- 1. Lean on your friends:** You may feel alone, but you aren't. Even if your friends are paired up, the BFF code means that you have support that is only a phone call away.
  - 2. Take a break:** Get your mind off of your current situation by taking a much-needed vacation. Bring a friend along, or go solo to clear your head.
  - 3. Celebrate with class:** Throw a break-up celebration of sorts, but keep it private and low-key. A public display of anger can come back to hurt you later in life, so it's best not to go overboard.
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## Chelsea Handler Trashes Angelina Jolie for Jennifer Aniston







Chelsea Handler has a mouthful of expletives ready for actress, Angelina Jolie when it comes to defending new best friend, Jennifer Aniston. [Us Weekly](#) reported that while performing in Newark, NJ, Chelsea Handler did not hold back – even going so far as to include Angelina Jolie’s children. “She can rescue as many babies from as many countries as she wants to,” Handler said. Does this mean the *Chelsea Lately* comedienne won’t be seeing Jolie’s newest movie, *The Tourist*?

## How can you help a friend after a breakup?

### Cupid’s Advice:

Consoling and supporting your friend after a tough break-up is important. It’s a tough job, but if there’s anyone ready and willing, it should be her best friend:

- 1. Be patient:** Going through a break-up is never easy. While it may seem to be the only topic of conversation for a while, let them express how they feel – anger, guilt, remorse, and hopefully eventually, happiness. It’s all part of the process of moving on.
- 2. Keep busy:** After your friend has gotten everything out, get

her out of the house! Go out to dinner, indulge in a shopping spree, or hit the town to remind her how many opportunities await.

**3. Laugh it up:** They say laughter is the best medicine. While *Sex and the City's* Charlotte's incident in Cabo san Lucas might not be an option, put a smile back on your friend's face.