## Oprah Grills Kardashians on Kim's Brief Marriage to Kris Humphries





0prah

Winfrey interviewed the entire Kardashian 'klan,' but it was Kim and her abrupt marriage to Kris Humphries that peaked her interests the most. Winfrey admits that she had never seen any of the Kardashian reality shows, making her question all the more why they have become such a cultural phenomenon and the cause of much media speculation. People reports that Winfrey took to Facebook to express her thoughts and wrote, "This interview I'd say was another level of forthrightness and honesty. Why did she leave after 72 days? Her answer leveled me." We'll have to wait for Kim to open up about her muchtalked-about divorce when the highly anticipated interview airs on OWN.

#### How do you avoid getting married before you're ready?

#### Cupid's Advice:

Many people like Kim Kardashian get lost in the fairytale perception of marriage when, like relationships, it comes with ups and downs for which you have to be prepared. Here are some ways to avoid rushing into marriage:

- 1. Don't say 'yes' just because your partner proposes: Proposals are most often unexpected, which means you don't have time to think about the consequences of your answer because you are caught up in the moment. If you feel any hesitation, do not say 'yes.' It doesn't mean you don't love your partner; the timing could be wrong. Explain your reasoning, and they will understand.
- 2. Focus on the present, not the future: When you've been dating someone, it's easy to get lost in the romance and talk about your hopes for the future. These talks could be giving your partner false hints and hope. Do not get carried away in talking about marriage and children to a person you are not sure you want to marry or have kids with.
- **3. Set a goal:** Set a goal, and stick to it. Plan a certain age that you would like to be married so that when the time and age comes, you will know you are making a reasonable decision.

How would you avoid getting married too early? Tell us below.

### Bethenny Frankel Addresses

### **Divorce Rumors**





Rumors

have been going wild that Bethenny Frankel and Jason Hoppy are getting a divorce, and now Frankel is finally speaking up. On the premiere episode of *Bethenny*, Frankel claims, "I haven't seen a divorce lawyer and my husband hasn't seen a divorce lawyer." The reality star said that the truth is out there for everyone to see. She also said that she knows her marriage isn't perfect, but they work through their problems and they're in a good place.

How do you keep your friends and family away from the problems in your relationship?

#### Cupid's Advice:

When you're in a relationship, you shouldn't let the people around you control your relationship. Here are some ways to keep your friends and family away from your relationship

#### problems:

- 1. Tell them not to get involved: If you don't want your friends or family involved in your relationship, simply let them know. If you're straight up with them, and if they care about you, that will usually be enough for them to know to back off.
- 2. Don't make it a huge deal: If a problem arises, talk about it with your friends and family, but don't make it a huge deal. If you make a big hype about what's going on in your relationship, usually the people around you will, too, and they'll end up getting involved.
- **3. Simply don't tell them:** Your friends and family don't have to know everything about your relationship, let alone the problems you may be having within it. So, the best way to keep them out of your business is to just keep that business to yourself.

How do you avoid your friends and family getting involved in your relationship problems? Share your comments below.

## 'Gossip Girl' Star Kelly Rutherford Gets a Court Date for Marital Battles





Ιt

looks like another long celebrity breakup is finally winding down. Two years after their split in 2010, *Gossip Girl's* Kelly Rutherford and ex-husband Daniel Giersch have set a court date for July 12 in order to finalize their divorce. *E! Online* reports that the major issue of this trial is custody of their two children. Though the two had previously decided on joint custody, Rutherford later issued a restraining order against Giersch after claiming he threatened her nanny and affected her parenting.

What are some ways to solve relationship issues out of court?

#### Cupid's Advice:

Even the best relationships have their occasional problems. The difference between successful relationships and unsuccessful ones is how these issues are handled. Before spending time, money and energy to find solutions in court, consider the following tips:

1. Talk to your partner: Communication is the simplest way to solve relationship problems. If you talk to your partner and address your issues early on, they won't grow into the sort of major disputes that need to be handled in court. Plus,

building openness in your relationship will help prevent new problems from developing.

- 2. Go to counseling: Before taking legal action, consider talking to a marriage counselor or going to couples therapy. Getting an expert's opinion can give you the answers you need to bring the romance back. Even better, it can give you a sense of where your relationship should be headed.
- 3. Bring in a third party: If you're unwilling to take your relationship to counseling, try starting by talking to a close friend. Find a person who's willing to listen and consider both sides of your issues and have them help you find a solution. Even if you can't come up with an answer, you'll feel better knowing your problems have been shared.

How do you handle relationship problems? Tell us below!

### 'Bones' Star Tamara Taylor Finalizes Her Divorce





Summer

may be the time for love and romance for some couples, but for 41-year-old actress, Tamara Taylor, and her attorney husband Miles Cooley, it's time to finalize their divorce, according to <u>People</u>. The couple put the kibosh on their marriage back in February, with Taylor being the one to file for divorce. Since their union in 2007, the two never had any children. This has made the split a lot less messy, and it's easier for each of them to accept the situation in order to move on from their failed relationship.

What are some ways to remain amicable after a split?

#### Cupid's Advice:

Breaking up is never easy, which is true in any relationship or marriage. If you and your partner are going separate ways, it's important to remain amicable towards one another. Cupid has some tips:

1. Give each other some breathing room: You're both experiencing a lot of hurt, so it's not going to help either of you if you're constantly at one another's throats. Keep some space between the two of you so that you can each take your own approach in handling it.

- 2. Be nice: You don't even have to go out of your way to do this one. Just treat your past loved one with kindness, because it may be the end of the road now, but you did once love each other.
- **3. Don't pick unnecessary fights:** Obviously what's done is done, so don't waste your energy on arguments with your ex. That negativity will only stress both of you out more, so pick and choose your battles to avoid petty drama.

Do you find that breaking up is easier if you remain amicable after a split? Share your experiences below.

## Jennifer Lopez and Marc Anthony Reunite on Stage in Vegas





Recentl

y split couple Jennifer Lopez and Marc Anthony appeared on stage together at their variety show *Q'Viva! The Chosen* in Las Vegas on Saturday. The two stood on stage together, holding hands, at the end of the show, initiating cheers as they embraced, according to <u>People</u>. After breaking up in July, Anthony officially filed for divorce in April.

What are some ways to be civil during a bitter breakup?

#### Cupid's Advice:

After a breakup, it's tough to face your ex. Here are some ways to combat the hurt and stay civil:

- 1. Remember the good: You and your partner didn't always hate each other. Recognize that your relationship didn't work out, but that doesn't mean you two have to be enemies.
- 2. Think of your surroundings: You likely share many parts of your life with your ex. In Jennifer Lopez and Marc Anthony's case, they share very similar careers. Take a note from them to stay mature and professional and work together when you need to, for the sake of everyone around you.

**3. Apologies feel good:** Sometimes clearing the waters with an ex is a great way for you to move on with your life and feel better about yourself. Take the initiative to talk things out, and you may even be able to be friends one day.

How do you stay civil with your ex? Tell us in the comments below.

## Hollywood Relationships: Love, Marriage, and the Money in Between





By Vict

or McGlothin

Katy Perry was in love with Russell Brand. They got married, and then 14 months later, they experienced a celebrity divorce. When Hollywood relationships heat up so fast and end just as quickly, we all go running to blogs and message boards looking for answers. Often, reasons why celebrity couples break up are obvious…and it usually involves money.

## Causes of Failed Hollywood Relationships

In Perry's case, she was a popular singer before marrying Brit uber-talent Brand. Both of them were exceedingly busy on photo and movie shoots, concert tours, and everything else that accompanies stardom. With so much time spent apart, it's no wonder they experienced problems that ultimately resulted in a failed celebrity marriage. The question is: What makes celebs think they can sustain a healthy relationship and love while living apart and chasing the almighty dollar rather than the connection that keeps the home fires burning?

Related Link: Why Celebrities Fall In and Out of Love So Ouickly

Perry and Brand aren't the only culprits to this type of demise. Perhaps the biggest wedding sham of all time was Kim Kardashian's televised nuptials to NBA power forward Kris Humphries of the New Jersey Nets. After 10 million viewers watched the choreographed broadcast on E!, 72 short days later, it was all over. Once it occurred to Humphries that Kardashian got what she wanted — astronomical wedding coverage gracing dozens of magazine covers and an \$18 million payday for the exclusive rights — he filed to have the marriage annulled, citing fraud allegations. It was merely an attempt to save face after being used and branded in the national tabloids as the villain and then subsequently lambasted online

by Kardashian's family.

Kardashian refused to ante up the \$9 million owed to Humphries for his role of a lifetime in the wedding plot, but then, she offered \$7 million as a consolation prize. Over 90 days after the 72 day scam marriage ended, their celebrity divorce is still pending and adoring fans are still choosing sides. Yet another hot mess caused by money!

Related Link: What Kim Kardashian Taught Me About Marriage

#### Money, Relationships, and Love

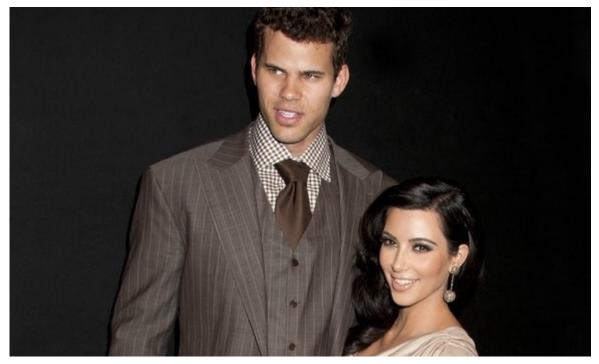
Stories of Hollywood relationships like Brand and Perry's or Kardashian and Humphries's are all over the place, and there's usually the issue of money behind all of them. Even if money doesn't destroy a relationship and love, it always has a place. Even famous couple Brad Pitt and Angelina Jolie use money to buy happiness on occasion (see her massive engagement ring and \$25 million donation toward children's image rights).

Although us normal folk don't typically have the type of cash that popular celebrities bring to the table, it's still good to learn from the often careless ways in which they throw that money around. We should keep cash in the back of our minds, if at all possible, while pursuing a deep connection.

Victor McGlothin is a best-selling novelist and writer for wastedcash.com, providing commentary on celebrity spending and consumerism.

## Mena Suvari Reaches Divorce Settlement with Simone Sestito





Longtim

e American Pie actress Mena Suvari and ex-hubby Simone Sestito ended their marriage on a cordial note after a year and a half of marriage, according to <u>UsMagazine.com</u>. Suvari's rep tells TMZ, "Neither party will pay the other any support," after Sestito formerly requested a little over \$17,000 dollars a month. The 33-year old star denied rumors that being in the spotlight played a role in her split with the concert promoter in Boston Common magazine. Suvari said, "It's taken years to get to know myself. I had never really taken time to cultivate who I was." This marks the actress' second divorce after her 2005 split with cinematographer Robert Brinkmann.

How do you compromise in the midst of a split?

#### Cupid's Advice:

Splits are always tough on both individuals in a relationship. Here are some important things to keep in mind in order to end on a good note:

- 1. Communication is key: Reach an understanding about the split and find common ground. This will help put things in perspective.
- 2. Stay positive and civil: Kindness goes a long way, especially during a split. Being genuine to one another is just as important after a relationship ends.
- **3. Keep it clean:** Avoid pursuing revenge or any sort of negative reactions from your soon-to-be ex. Nothing is worse than a messy divorce.

How have you handled a split in the past? Share your story with us.

## Russell Brand Unfollows Katy Perry on Twitter





British

comedian Russell Brand and and singer Katy Perry will be officially divorced soon, but Brand is getting rid of any kind of connection between the two and unfollowed her on *Twitter*. The two had only been married for a little over a year before they decided to split, and it appears that the pop star isn't having any trouble moving on. Perry was caught making out with musician Robert Ackroyd at Coachella, and although their relationship is still new, an insider told <code>UsMagazine.com</code>, "They're having a fabulous time."

What are some advantages to cutting all ties after a split?

#### Cupid's Advice:

Once you split with your ex, it can be best to lose any connection you have to them to avoid drama or heartache. Cupid has some tips:

1. No jealousy: If you spend time stalking their latest facebook pictures or checking their most recent friend activity, you'll begin to create scenarios in your head about how much better off they're doing, and it'll create unnecessary and false jealousy.

- 2. No constant reminders: They became your ex because you wanted them out of your life, so get them out. You don't need any reminders, whether it's pictures or Twitter popping up to give you a little memory of your time together.
- **3. Fresh start:** By cutting all ties you can get the fresh start that you need to move on to a better tomorrow. Leave the past in the past and start trekking down a more hopeful, exfree road!

What helped you move on from your ex after a break up? Share your comments below!

## Jennie Garth Says Farm Animals Help Her Cope with Divorce





Jennie

Garth is dealing with a divorce from her ex-husband Peter Facinelli in a new way. According to <u>People</u>, four dogs, two goats, five cats, two miniature horses and a pig are helping her cope. "Having all these animals fills a void for me because I'm kind of going through a rough time right now. The animals give you unconditional love, and that feels good," Garth said on the premier of her new show <u>Jennie Garth:</u> A <u>Little Bit Country.</u> "I think that my animals give me a sense of like relief, like they make me feel like none of that other bull matters," Garth told her assistant. Garth's slow, paced country lifestyle is just what she needs to get back on her feet after her break-up.

#### How can pets help you cope with a split?

#### Cupid's Advice:

Dealing with a split is always difficult. Here are some tips on how your pets can help the healing process go more smoothly:

1. You always have a companion: Your cat will love you unconditionally. With or without your ex, you will always have your pet around to make you feel better. Try snuggling up on

the couch and watch your favorite movie.

- 2. Occupied attention: Taking care of your pet will keep your mind off your recent breakup. Give your dog an extra walk during the day instead of chatting with your ex. Your dog will love you for it.
- 3. Pick up a new beau: Walking your dog around the neighborhood could even lead you to meeting someone new.

How did your pet help you cope with your split? Share your stories below.

## Scarlett Johansson Speaks Out About Divorce from Ryan Reynolds





Actress

Scarlett Johansson opened up about the men in her life's past and present in an interview with <u>Vogue</u>, including her painful split from actor Ryan Reynolds. Although the <u>We Bought a Zoo</u> actress is happy and in love once again with boyfriend, Nate Naylor, she says the memory of her divorce from Reynolds was devastating and painful, but something she doesn't regret, according to <u>The Daily Mail</u>. The couple, who split in December of 2010, led a private and love-filled marriage, but their busy careers got the best of them. 'This was something I never thought I would be doing. And there's no way to navigate it," said Johansson of her divorce. "Nobody can give you the right answer. It's never anything you want to hear. It's a very lonely thing. It's like the loneliest thing you'll ever do, in some way."

#### How do you move on after a divorce?

#### Cupid's Advice:

After a divorce, you can feel like you've lost your entire world or your best friend, but it doesn't have to be so bad. Cupid has some tips to help you stay positive and move on gracefully:

- 1. Don't waste time: After a split, a grieving stage is necessary, but don't let it take over your life because regret can be a difficult emotion with which to cope. Give yourself time to accept the past, settle into the present and embrace what the future has in store for you. Life is filled with ups, downs and unexpected turns, so be strong and carry on because things will get better again.
- 2. Get out of denial: The marriage is over, and there's no use in thinking about the "what if's," or the "if I would have done this," because you can't go back. The only way to move is forward with a new perspective on how you're going to learn from your mistakes and improve your life.
- 3. Find yourself: You can't be that person you were when you were with your ex, because life is going to be different without them. There's an authentic "you" in there somewhere, and maybe you haven't revealed it in a while, but it's time to be independent again.

What advice do you have for someone trying to move on from a divorce? Share your comments below.

# Marc Anthony Officially Files for Divorce from Jennifer Lopez





After

publicly announcing their split in July, Marc Anthony has finally filed for divorce from Jennifer Lopez at the Los Angeles Superior Court. Regardless of the ex couple's "irreconcilable differences," they continue to work together on their Latin music and dance competition series, *Q'Viva! The Chosen*. The separation date of Anthony, 43, and Lopez, 42, still remains to be determined, but Anthony has requested legal and physical custody of their twins Max and Emme, 4.

How do you know when it's time to turn a separation into a divorce?

#### Cupid's Advice:

A divorce isn't an easy thing to go through, but sometimes there's nothing else you can do to save a relationship. Here are some ways when you know it's time to really call it quits:

- 1. Continuing to argue: During a separation, you should both have your space, but continue to work on things at the same time. If you're still arguing and fighting with each other, then maybe things really won't work out in the end.
- 2. For the kids: A separation is tough for the kids, but you

can't continue to play with their emotions. Kids need a stable family and lifestyle, so if you can't come together as a family, decisions need to be made to establish your separate lives rather than continue to confuse them.

3. You're just not happy: During a separation, you should be able to have some time to figure out what you really want and what's important in life. Do what makes you happy, and if you're happier being separated from your spouse, then maybe its time to make the separation real and move on.

When do you think it's time to move from a separation to a divorce? Share your opinions below.

## Melissa Etheridge and Ex Tammy Lynn Fight Over Money





Melissa

Etheridge and Tammy Lynn Michael's divorce battle is still ongoing. Michaels recently requested for a bump in child support payments, reports *E! Online*. Etheridge, 50, replied to the request with 100-plus pages of custody-related documents. In the documents, Etheridge claims that Michaels is "angry and vindictive" and sees herself as their twins' "primary parent and as the person who should control their time." A hearing for this latest conflict is scheduled for May 22nd.

What are some ways to keep money from coming between you as a couple?

#### Cupid's Advice:

Dealing with money and day-to-day aspects of life can sometimes put a damper on your relationship. Here are a few ways to keep money from coming between you:

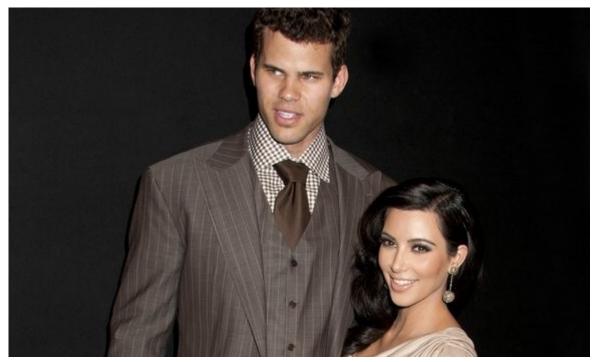
1. Humility: Chances are, you and your partner have different salaries. You may earn a significant amount more than your partner, or vice versa. If this is the case, remember to remain supportive and humble. Don't brag about your earnings or be jealous of your partner's earnings.

- 2. Equal contribution: If you and your partner have been together for a long while, you should both contribute to your living expenses. Try to split the costs as evenly as possible to minimize any conflict.
- **3. Pre-nup:** If you and your partner are hoping to be married, consider a prenuptial agreement. With the agreement, you and your partner can keep your financial assets separate. In the unfortunate event of a divorce, the divorce proceedings will be made much simpler.

How do you and your partner handle money and spending? Feel free to leave a comment below.

## Teen Mom' Star Leah Messer Marries for the Second Time





0 n l y

one year after filing for divorce from ex-husband Corey Simms, Leah Messer has tied the knot again. At only 19-years-old, Messer married fiance Jeremy Calvert last week. This time though, Messer is convinced the marriage will last. "We have a really good connection...It's different from Corey and my relationship, because we were kinda like forcing it... With Jeremy, you know when you're supposed to be with somebody and you're not," Messer said, according to <u>UsMagazine.com</u>.

#### Is age a factor when it comes to marriage?

#### Cupid's Advice:

Sometimes people get married too young, but how do you know when age is a factor when it comes to marriage? Cupid has some tips:

- 1. Money: Though not always true, the older you are the more likely you are to have established yourself financially. It's important to be able to pull your weight in the relationship.
- 2. Independent: You have to determine if you are at that age where you know who you are as a person outside of a relationship. For some, that age may be 19, but for others it

could be 35. If you are happy alone, you can be happy with someone else.

**3. Divorce:** According to studies, the divorce rates are lesser for those who marry later in life. When you marry later in life, you're more like to be stable in all aspects of life which makes for a stable marriage. Ultimately, though, when you know someone's *the one*, you just know.

Is age a factor for you when considering marriage? Let us know in a comment below.

## Peter Facinelli Speaks Out About Split with Jennie Garth





Twiligh

t star, Peter Facinelli, opened up to Kelly Ripa about his divorce with Jennie Garth on Wednesday's Live! with Kelly. According to People, Facinelli told Ripa that Garth will always be in his life. He's right about that, as the couple are parents to three daughters: Luca, 14, Lola, 9 and Fiona, 5. Facinelli said that he and Garth are trying to stay out of the limelight for the sake of their little ones. "We're very dedicated to being great parents," he said.

How do you make a divorce drama-less for your children?

#### Cupid's Advice:

Divorces can get nasty, but it's important to protect you and your ex's greatest asset-your children. Here are some ways to get through your breakup without your kids having to deal with the drama:

- 1. Keep it between grown-ups: There is no need to let your children in on every little detail of the divorce. Keep kids out of grown-up business.
- 2. Don't ask them to take sides: Pinning your children against your ex will only backfire. Keep them happy by respecting your ex around them.
- **3. Talk it out:** It's a good idea to ask your children about their feelings regarding the divorce. Divorce means change, and it's important to take the time to validate your kids' emotions.

How have you made your divorce drama-free for your children? Share your comments below.

# Five Celebrity Divorces We Really Weren't Expecting





Ву

Francesca B.

The world of celebrity is fraught with ups and downs. Scandals of drug abuse, cheating husbands and lying wives make for gripping and sensational stories when they come to public attention. We have come to expect a bit of drama from Hollywood romances, but even so, there have been some celebrity divorces that we really didn't see coming. Here are a few:

Related: 10 Most Beautiful Celebrity Couples

Tom Cruise and Nicole Kidman

The original Hollywood sweethearts, Tom and Nicole met on the

set of the hit movie, *Days of Thunder*, in which they played a young and romantically entwined couple very believably indeed.

It was therefore no great surprise when their on-screen romance started to become apparent off screen as well, and they were eventually wed on Christmas Eve, 1990. A popular and adorable couple, they stuck it out for over a decade before "irreconcilable differences" saw them seeking the advice of divorce solicitors and putting an end to the fairy tale romance the whole world had enjoyed. Still, both parties have now happily remarried and have children with their new partners.

#### Kate Winslet and Sam Mendes

The beautiful actress of *Titanic* fame, who we all thought would marry the gorgeous Leonardo DiCaprio, instead fell for dashing director, Sam Mendes. Despite being 10 years her senior, he definitely wasn't her sugar daddy, with Winslet being worth about double the Mendes fortune. They painted a picture of domestic bliss, but following the making of *Revolutionary Road*, a film starring Winslet and directed by Mendes and ironically about a couple stuck in a failing marriage, their relationship hit the rocks. To the surprise of the couple's friends and fans, they split in March 2010, leaving Winslet with two children from two marriages at just 34.

Related: Why Celebrities Fall In and Out of Love So Quickly

#### Courteney Cox and David Arquette

One of the world's best-known faces of the '90s for her role in *Friends*, Courteney Cox surprised everyone when she hooked up with David Arquette after starring in the *Scream* movies with him. However, even more shocking was the news that after 11 years of marriage and a child together, the couple had decided to split. Despite speculation about the real reasons, Cox stated that she "was tired of being (David's) mother."

#### Madonna and Guy Ritchie

We all love Madge, and when she decided to marry a quirky British director and settle down in the English countryside, the place we held in our hearts for her grew a little bit bigger. The announcement that the couple were splitting up in 2011 came as a complete shock to most, with Madonna claiming that Ritchie 'drinks too much' as the reason for the split. That's OK, Madge, we still love you.

#### Jennifer Aniston and Brad Pitt

Another celebrity of *Friends* fame and so popular she had an entire generation of young ladies going into hairdressers and asking for 'a Rachel,' Jennifer Aniston tied the knot with the most eligible bachelor in the world, Mr. Brad Pitt. Without a doubt the hottest couple in Hollywood, it seemed nothing could come between them. But that was until naughty Brad went off to film Mr. and Mrs. Smith and reportedly fell in love with Miss Luscious Lips herself, Angelina Jolie. Brad and Jen split a few months later, back in 2005, but even today Hollywood still rumbles with the scandal from time to time.

Whether expected or unexpected, Hollywood splits never cease to rock the Tinseltown boat with rumors and gossip. If only everyone could just be happy all the time!

Francesca is a freelance writer and blogger who enjoys writing about a variety of subjects from celebrity gossip and fashion, to travel and food. Be sure to let her know what you think of this guest post by leaving a comment below or Tweeting her @franki blogs.

## Jennie Garth Says She and Peter Facinelli Are 'Great Parents Together'





Jennie

Garth and Peter Facinelli have tried to make their divorce as painless as possible for their three daughters Luca, Lola, and Fiona. "We are great parents together, so when it's about the kids, it's wonderful," said Garth, according to <u>People</u>. Having discussed the couple's divorce with the kids, they are all on the same page and understand what is happening, without feeling the need to choose sides. Garth and Facinelli want nothing more for their family to be happy and healthy. The former 90210 actress is even considering moving back to Los Angeles so that the girls have more access to their dad.

How do you remain united in parenting after a split?

#### Cupid's Advice:

When you're in the middle of a divorce, it's also very difficult for your children. Here are some ways you can work together to be good parents, even when separated:

- 1. Make a schedule: Now that you aren't living together anymore, it's difficult to collaborate your schedules. Therefore, set certain days and times where you each want to spend time with the kids so there are no arguments or confusion.
- 2. Talk to your children: A good parent will talk to their kids about what is going on and get their feedback. Ask them how they feel and how they want to spend their time with each parent.
- 3. Share Holidays: The most stressful times are when it comes to holidays. Your kids don't want to have to choose how they will spend the best times of the year. Try sharing these important dates, for the kids.

What do you think are ways to remain good parents while being separated? Share your ideas below.

# Peter Facinelli Officially Files for Divorce From Jennie Garth





Due to

irreconcilable differences, Jennie Garth and Twilight star Peter Facinelli officially filed for divorce on Wednesday, TMZ reports. That said, sources told <u>UsMagazine.com</u> that the two have been separated for quite some time already. "It's been over for months, maybe even a year," one source says. The duo hasn't taken the separation lightly because of their three daughters, Luca, 14, Lola, 9, and Fiona, 5. "They kept up some sort of charade for their kids," the source claims. Facinelli and Garth are working together to make this separation as painless as possible for their children. Facinelli has asked for joint custody of the daughters and both have agreed to pay legal fees. At the announcement of their split, they released the following statement: "We both share the same deep love and devotion to our children. We remain dedicated to raising our beautiful daughters together."

What are some ways to cope when your partner wants a divorce?

#### Cupid's Advice:

A divorce can be a long, pain staking process. But, you eventually have to move on with your life and stop analyzing

what went wrong. Here are some ways to make the process of recovering from a divorce a little easier:

- 1. Join a class: There's nothing better than signing up for a class to keep you busy. If your mind is busy, you don't have time to drown in your sorrows at home. Take a cooking class or yoga, meet new people and keep busy.
- 2. Take a vacation: Get away from all the stress in your life for a couple of days, and take a nice relaxing vacation. Go with a couple of friends to the Bahamas or make it a fun trip and visit Vegas.
- 3. See a life coach: At the start of a divorce, you may feel a little lost in life. Go see a life coach, as he or she will help motivate you into doing new things with your new life and will help you feel better about yourself.

Do you know anyone who has been through a divorce? What do you think is the best way to cope? Share your thoughts below.

## Kim Kardashian Says Her Divorce Changed Her for the Better





Kim

Kardashian wasn't married long, but her divorce has made all the difference in her life. According to <u>TooFab.com</u>, Kardashian saw her divorce with Kris Humphries as one of the "toughest" things she's had to go through. "It's changed who I am as a person, I think for the better, and the things that I care about in life have completely changed because of this," she said. "I really think everything happens for a reason." Apparently the split has changed the priorities in Kardashian's life.

#### What are some ways that divorce can help you grow?

#### Cupid's Advice:

Divorce is never an easy experience, but difficult situations can help you grow. Here's how:

- 1. Prioritize: Like Kardashian, divorce can make you reevaluate what you find important in life. Things that seemed critical may not seem so daunting after divorce.
- 2. Strength: Divorce can help you find strength from the most unlikely sources. Your family and closest friends will be important relationships in this challenging time. You'll also

find strength in yourself that you might not have realized was there.

**3. Love life:** It may sound weird, but a split will ultimately help your love life grow. As you leave one unhealthy relationship, it leaves room for a healthier and more mature relationship in the future.

How has divorce helped you or a loved one grow? Share your thoughts below.

## Jennie Garth Says Her Personal Life is "Crazy" Amid Divorce





Jennie

Garth recently spoke out about her split from husband Peter Facinelli, according to <u>People</u>. The former 90210 star said, "My life is a little hectic right now and my personal life is kind of crazy." With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are "doing great". The family (sans Facinelli) are currently filming CMT's Jennie Garth: Little Bit Country in farmland outside L.A.

How do you protect your children from public scrutiny post-divorce?

#### Cupid's Advice:

Splitting from a spouse is not only hard on you, but it's hard on your family as well, especially if you have kids. Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

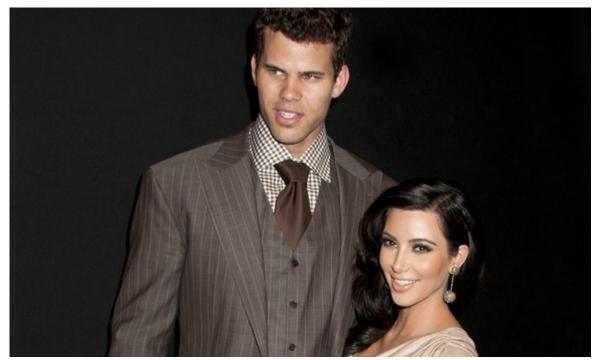
1. Remain positive: The worst thing you can do is to bad mouth your former other half in front of your children. It's important to stay positive in front of your kids.

- 2. Explain: It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.
- **3. Act normal:** You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

How did you protect your children amid your divorce? Share your comments below.

## Jennie Garth Steps Out Without Wedding Ring





Jennie

Garth is already moving on. The former Beverly Hills, 90210 star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports <u>UsMagazine.com</u>. Garth and exhusband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. "We both share the same deep love and devotion to our children," the couple said in a statement. "We remain dedicated to raising our beautiful daughters together."

How do you handle public scrutiny in the aftermath of divorce?

#### Cupid's Advice:

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

- 1. Talk to your friends: By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don't be afraid to open up.
- 2. Minimize drama: Make your divorce as amicable as possible.

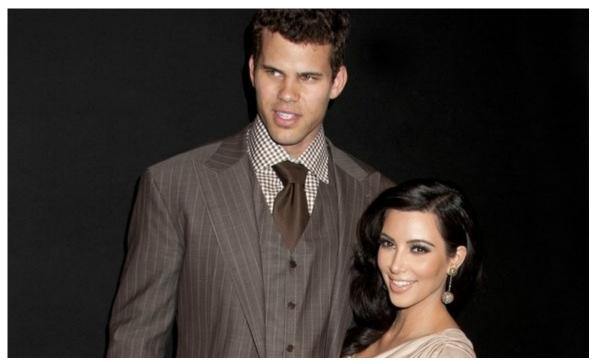
A dramatic divorce will only attract more attention from outsiders. Staying friendly and honest will make the split much easier to handle.

**3. Ask for privacy:** If you can't minimize public scrutiny, there's no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

How would you handle public scrutiny after a divorce? Feel free to leave a comment below.

# Jennifer Lawrence Compares 'Hunger Games' to Kim Kardashian's Divorce





After a

battle almost as fierce as *The Hunger Games* itself, actress Jennifer Lawrence scored the role of Katniss for the upcoming film. During an interview with *Parade* magazine, Lawrence related people's love for the *Hunger Games* with Kim Kardashian's divorce. "I was watching the Kardashian girl getting divorced, and that's a tragedy for anyone. But they're using it for entertainment, and we're watching it," said the actress. "The books hold up a terrible kind of mirror: This is what our society could be like if we became desensitized to trauma and to each other's pain."

How do you keep your divorce as drama-free as possible?

#### Cupid's Advice:

Going through a divorce without any complications or disagreements is unheard of, but Cupid has some tips to keep things as drama-free as possible:

1. Keep quiet: Blabbing about your divorce to everyone you know will only get the rumor mill churning, and before you know it you'll have more stress than you started with. Lucky for you, you're not Kim Kardashian who had the world watching her mistakes and eventually her marriage's demise.

- 2. Stay private: The divorce is your business and your ex's business, so be respectful of that and be appropriate when dispersing any information on the matter. You don't want or need outsiders getting wrapped up in your affairs.
- 3. Act maturely: You and your ex may not like each other anymore, and that's why you're separating, so be on your best behavior until you're out of each others hair. Things can get messy when emotions are running high, especially in court where decisions about money or children are being discussed, so don't give the judge or your ex-partner any ammo to use against you.

How did you keep your divorce on the DL? Share your comments below.

## Heidi Klum Protects Her Kids from Public Split





In an

effort to stand strong after her very public split with Seal, Heidi Klum isn't speaking publicly about the details of what lead to their unexpected divorce for the sake of her children. "I'm a lioness. I have four cubs. I'm a mom. I want to take care of my kids and protect them. I don't want to talk about them, or him, or me," said Klum. However, she did reveal that things between her and the singer weren't always as perfect as they seemed. According to <u>People</u>, the model is spending time at home with her children and avoiding reading about her divorce in the news.

How do you keep the drama of your divorce away from your kids?

#### Cupid's Advice:

- 1. Be careful what you say: Never argue or talk about the details of the divorce in the front of the kids.
- 2. Answer their questions: Encourage your children to come to you with their questions and concerns about the changing situation.
- 3. Don't put them in the middle: The worst thing you can do when kids are involved in a divorce is to put them in the

middle of a custody battle or a fight.

If your marriage isn't working out, should you stay together for the kids? Share your thoughts below.

## Sources Say Ashton Kutcher Visited Demi Moore





Though

Ashton Kutcher has kept quiet about his split from estranged wife Demi Moore, his concern is apparent. The *Two and a Half Men* star, 34, visited Moore after her hospital stay, reports *People*. Kutcher and Moore "are not getting back together," said a source. "[He went because] he knew it was important to her daughters."

#### Is it OK to support an ex through a difficult time?

#### Cupid's Advice:

It's hard to see an ex struggling through a tough time without lending them a hand. Here are a few things to consider before reaching out:

- 1. Your status: If you and your ex are good friends, then supporting will not be an issue. However, if your relationship is strained, you should let your ex's friends do the comforting.
- 2. Their situation: Why is your former love upset? If they're struggling due to relationship issues, especially issues concerning you, it may be best to remove yourself from the situation.
- **3. Your intentions:** Before lending support, make sure that your intentions are clear. Make sure that your ex knows you have no intention of getting back together and that friendly concern is your only motivation.

Have you ever helped an ex through a tough time? Feel free to leave a comment below.

# Is Kobe Bryant Reconciling With Ex-wife Vanessa?





What

better day for L.A. Lakers basketball star, Kobe Bryant to rekindle the love with estranged wife, Vanessa Bryant than on Valentine's Day? Filled with adrenalin and confidence from his victory against the Atlanta Hawks, Bryant was photographed kissing Vanessa on his way back to the locker rooms, according to TMZ. Vanessa Bryant filed for divorce back in December. As a result of their divorce settlement, she was recently given full ownership of the ex-couple's three Newport Beach Homes at an estimated \$18.8 million. Maybe this encounter with love will mean good things for the former couple, who have two daughters together, ages 9 and 5.

How do you make the relationship work the second time around?

#### Cupid's Advice:

The best part about giving your relationship a second shot is that you know what not to do. Don't continue to do the things that tore your relationship apart the first time. Here are some ways to make it work the second time around:

1. Trust each other: A successful relationship is built around trusting one another. You can't be happy with someone if you can't rely on them.

- 2. Start new: You're giving your relationship another chance for a reason. If you both keep digging up old dirt then there's no way you will be able to move forward to a fresh start.
- **3. Spend some time alone:** Try to rekindle the love you once had by doing the things you did together when you were both happy. Sometimes all you both need is some one-on-one time to get back to that happy place.

What are some other things to consider the second time around in a relationship? Share below.