

Celebrity News: Katie Holmes Says She's 'Open' to Having More Kids



By Meghan Fitzgerald

The beautiful, single actress, Katie Holmes, 34, has her life entirely wide open. After separating from her ex, Tom Cruise, she has made her way to the cover of *Allure*. Although the two remain civil, reports [Huffington Post](#), Holmes hopes this upcoming year will be a peaceful one. The April issue of *Allure* discusses Holmes's future. [UsMagazine.com](#) reports that Katie Holmes is open to having more children! She's even considering becoming a lawyer! You go Katie.

How do you decide how many kids to have?

Cupid's Advice:

Kids are great, they're funny, they love you, you love them, you created them, they're your world. However, there is a certain amount of children one couple should have. The Duggars decided that they want a trillion kids, and it works for them. The big deal here, is what works for you and your partner. Cupid has some more advice on this:

1. Personal: Deciding to have children is a joint effort, between you and your mate. If it wasn't, you could have as many kids as you damn please. However, this is not the case, and you have another person you have to communicate with. When deciding whether or not to have more kids, or kids in general, think about your relationship with your partner. Can they handle one kid, three kids, six kids? Can you deal with your partner as a parent? Can you be a parent with six kids? Three kids? One kid?

2. Financial: Kids are expensive! And not just a few paychecks here and there, try almost something from each paycheck. The more children, obviously more of your paycheck goes. Can you and your beau handle two children with your current financial situation? Make sure you are able to balance your children's lives, and your bank accounts. As much as you may want to have more kids, you need to keep reality in check.

3. Medical: I know many people who were told they could not have any more children, that it was a serious danger to themselves and the doctor didn't advise it whatsoever. Yes, having a lot of children is great for you and your kids. However, you can not put yourself in jeopardy medically. Your kids need a mother, and that is that. Do not go for another child if your life is on the line.

Did you decide to have more kids? Explain below.

Celebrity News: Cindy Crawford Blames Her Divorce From Richard Gere On 17-Year Age Gap



By Meghan Fitzgerald

UsMagazine.com reported that although Cindy Crawford and Richard Gere's relationship didn't last, Crawford learned a lot of lessons from the four-year marriage. On March 11th, Crawford was on *Oprah's Master Class*, discussing how their 17-year gap was the largest problem in their relationship. The

[New York Post](#) reports Crawford's appearance on *Oprah*, "I think a lot of what happened with Richard and I was, I was still 22 and at 22 – as a young woman – I was kind of still figuring out who I was and what I wanted to be and he was already 37." The two are now happy, with children.

How do you know if an age gap in your relationship will affect it in the long-term?

Cupid's Advice:

Age gaps in relationships can cause a myriad of problems, especially in the long term. It can also be a fresh thing between you and your mate. Depending on your personalities, the age gap, how comfortably you are with each other and what not, the relationship can last. Cupid has some advice on how this gap will affect the long term:

1. Emotional maturity: Emotional maturity is an aspect you want in a relationship if a age gap is present. You do not want twelve years between one another and the younger person acting immature and their own age. If you are going to be with this person for the rest of your life, they have to be able to keep up with you emotionally. If this is not a possibility in the beginning, it may challenging to make it for the long haul.

2. Similarities: Similarities are usually what brings a couple together in the first place. They should still be present throughout the relationship if there is an age gap present. You and your mate will not make it if you have absolutely nothing in common because of your age. If your music, humor, morals, or anything important are vastly different; consider getting yourself out of the relationship and move on.

3. In sickness and in health: If the age gap is not a problem until after the wedding, well ladies and gents, just remember 'in sickness and in health.' Although divorce is common

amongst many couples these days, you should resort back to the vows you took as a couple. If you have already reached the marriage stage, technically you've reached the long term, and simply are just going to have to deal with it day by day.

**Has a age gap affected your relationship in the long haul?
Explain below!**

Celebrity Divorce: Tom Cruise and Katie Holmes Are 'Incredibly Happy' Post- Divorce





By Andrea Surujnauth

Katie Holmes and Tom Cruise seem to be having a very happy post-divorce period. The ex-couple's infamous divorce was finalized last year and since then, everything seems to be running smoothly. Adam Shankman told UsMagazine.com that the ex-couple is doing very well living separate lives. "Katie seems really happy. You just fight through all the noise. And it's noisy!" he said. The couple's daughter, Suri, is still getting to spend time with both mom and dad. Shankman said of Cruise, "I've just been emailing with him. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy as a clam. I know he sees his daughter." Another source also told *E! News*, 'She spent five days with him. He has been working quite long hours on the set, but he was able to have some time off to be with her. They had a really lovely time.'

What are some ways in which divorce can be a good thing?

Cupid's Advice:

Divorce can be a very difficult thing to go through, especially when you have kids. But what is the bright side of

divorce? How can divorce be a good thing? Here are some ways:

1. No more tension: Before divorce, there is always tension in the house from fighting and being unhappy. Once you decide on having a divorce, the tension is gone! Getting rid of tension is good for you, your partner, and your kids. When there is stress and tension in the house, kids can pick up on that and it can make them depressed.

2. No more fighting: Fighting in a relationship is one of the biggest causes of stress. You go to work upset and stressed out which causes you to not be able to concentrate. When you are fighting with your partner everyday, it is difficult to find peace in any part of your day.

3. Chance at happiness: You were very unhappy in your relationship, that is what caused the divorce. Now you have the chance to find happiness and live the life you have been wanting to live. Divorce does not have to always be a sad time. Look at it as a new chance at life.

In what ways do you think divorce can be good? Comment below and let us know!

Celebrity Breakup: Josh Brolin Hits the Town with the Boys Post-Split With Diane Lane



By Andrea Surujnauth

Actor Josh Brolin was seen enjoying a guys night out only a few weeks after announcing his split from his wife of eight years, Diane Lane. The group consisted of Brolin's buds Bradley Cooper, Benicio Del Toro and Michael Fassbender, who were all seen hanging out by Skybar at the Mondrian Los Angeles together. An onlooker told [People](#) that Fassbender ordered a round of drinks for the group. The source goes on to add that the guy's night out lasted well past closing time. "They were in good spirits having fun! It looked like a very relaxed night out." the source told *People*. Brolin and Lane's split was said to be mutual by both parties.

What are some ways to help your friend move on after a breakup?

Cupid's Advice:

Your friend just went through a painful breakup and it hurts you to see your buddy hurt. How do you help your friend great through this heart breaking time? Cupid is here with some advice for you:

1. Listen: Listen to your friend talk about their feelings. Let them tell you how hurt they are over the breakup. During this time the most important thing your friend needs is an ear to complain to and a shoulder to cry on. So be there for your friend and let them talk as much as they want to.

2. Go out: Going out does not necessarily mean going to the club or bar and hunting for a new relationship. Actually, do just the opposite. Take your friend out for the day and go for a walk, go out for lunch, go to the beach, or go to the gym. Your friend needs quality “friends only” time so go out, do some physical activity, and have fun!

3. Do not preach or lecture: This is a huge DONT when trying to help your friend get over a break up. Never say “I told you so”. Your friend already knows that the relationship was a flop and they do not need you to rub it in or pretend to be the all knowing relationship god. Just be there for your friend, don’t make them feel like they should have known better.

How do you help your friends get over breakups? Comment below and let us know!

Tiger Woods and Elin

Nordegren Reunite for Sake of Children



By Jessica Conigliaro

Tiger Woods and Elin Nordegren finalized their divorce back in the summer of 2010—and not on the best of terms. They have made the mature decision to stay on good terms for the sake of their children. [People](#) reports a member of Woods's crew saying, "He's not getting back with Elin. That's never going to happen. They are co-parenting the children. Like any other mature adults, they have set aside their differences and are striving to be the best parents they can possibly be."

What are some ways to set aside your differences for your children?

Cupid's Advice:

Divorce can be messy no matter what the circumstances are. The love you once shared with you spouse turns to hurt and resentment. Your kids will surely be affected by this drastic family feud. Cupid offers some advice on how to keep them from feeling the burden:

1. Let go of the past: Spending time with your ex is inevitable if you have kids. Your son has a baseball game that both of you will be attending; things like that will always come up. Don't rehash on old arguments—especially not in front of the kids. It's in the past and will only hurt everyone involved when brought up again.

2. Be friendly: We all know how intuitive children can be. They notice everything around them. When their parents are fighting, kids become upset as well. Befriending your ex husband will not only make it easier for you to be around them, but will also make your children feel comforted knowing their parents can act civil around each other.

3. Do things as a family: For their whole lives, your kids spent most of the time with both a mother and a father. Now that you are divorced, it is safe to say that will change for them—but it doesn't have to completely. Invite your ex to the park next time you go, or plan family dinners. Your child will be happy to have his/her family together again—even if just for a meal.

How did you stay close to your ex for the sake of the children? Share below.

Angela Kinsey Says Her Love Life Is 'Like Dating in the Renaissance'



By Meghan Fitzgerald

41-year old *Office Star*, Angela Kinsey spent her Valentine's Day with her 4-year old daughter, Isabel. Kinsey told [People](#), "My daughter and I are going to make our own Valentines! We've got stickers, markers. I love going to Target and hitting the arts and crafts aisle." Kinsey talked to *The Celebrity Cafe* about co-parenting, and she insists that both she and her ex really have respect for one another. Kinsey is grateful for her relationship with ex-husband, Warren Lieberstein.

What are some ways to take things slow after your divorce?

Cupid's Advice:

After a divorce, your emotions are all over the place. Jumping into another relationship may seem like a great idea or something which will never happen. There are many ways to take

things slow after your divorce. Cupid has some advice:

1. Dating: You will most likely have two opinions on dating after a divorce. You either want to delve into a relationship again and attempt to find love. Or you want to crawl up in your bed, and never leave. With dating after a divorce, you need to make sure that you take things slow. You need to completely know what you want in your dating life before you jump right in to it.

2. Know what you want: With your emotions everywhere, knowing what you want in life is challenging. You absolutely should not dye your hair a “cool” color and get your nose pierced. Look through the haze of the divorce and realize exactly what you want. This will be hard to do however, you need to make sure you know what you want before you act on it.

3. Take time for yourself: After a divorce, you need to spend time with yourself. You need to realize that the one person who will always love you, is yourself. Spending time with yourself can clarify problems in your life which need to be solved. You can rethink your divorce and your past relationship as much as you'd like with yourself. Take bubble baths, drink wine, write down your feelings, exercise, and eat healthy. Do things for you.

Did you take things slow after your divorce? Explain below!

Kim Kardashian Tells the Judge She Needs a Divorce Now

for Her Baby's Sake



By Meghan Fitzgerald

Kim Kardashian is trying her best to end her marriage with Kris Humphries before her baby is born. According to [People](#), Kardashian stated “I firmly believe that an immediate dissolution of our marriage will help create a new, full life for me.” Kim explained in court that she is pregnant with another man’s baby, not Humphries. [Huffington Post](#) reported that Kim simply did not wish to be married to Kris since she is having a baby with current beau, Kanye West. Kim is struggling through paper work and court appearances trying to make a good life for her baby.

What do you do if you have a baby with someone else before you're divorced?

Cupid's Advice:

Having a divorce is stressful, and learning to love after a divorce is challenging. If you do find another person who you love after a rough divorce, hold on to that. If you happen to get pregnant, do not worry about it. Cupid has some advice:

1. No worries: Don't worry about a single thing, worrying about how your soon to be ex-husband may feel about your new child will only stress you out more. You have to focus on yourself and your family to be. There is no need to concern the troubles which might occur, simply focus on you and your incoming child.

2. Explain the situation: Talk to your soon to be ex-husband about the situation going on. If you thoroughly explain what is happening in your life at the moment and how happy you are, he will hopefully understand. If he doesn't understand, that is his fault and not yours. You are moving on with your life and should not be punished for being in love.

3. Life goes on: You must realize that your life has to go on! You can not wallow in your own self despair and constantly be sad. You must soldier on darling. Put on your big girl pants and trump your way on.

Have you ever had a baby with someone before a divorce? Explain below!

Kris Humphries Refuses to Speed Up Divorce for Kim

Kardashian's

Pregnancy

Unplanned



By Andrea Surujnauth

Kim Kardashian recently announced her pregnancy with her boyfriend, Kanye West's, child. Unfortunately, her 72 day marriage to estranged husband, Kris Humphries is still haunting her. Kardashian believes that Humphries is purposely stalling the divorce, according to [People](#). However, Humphries lawyer states "what is really going on here is that an 'urgency' in the form of an apparently unplanned pregnancy" is being used by Kardashian as "an opportunity to gain a litigation advantage (to) prematurely set this matter for trial." Kardashian denies the allegations and instead says that "God brings you things at a time when you least expect it. I'm such a planner and this was just meant to be. What am

I going to? Wait years to get a divorce? I'd love one. It's a process." The divorce has been in the works since October 2011.

What are some ways to keep your child out of your messy divorce?

Cupid's Advice:

Putting a child through a divorce can be heart-wrenching and extremely difficult to do. You tried everything to make your marriage work but came to the realization that the marriage needs to end. You want your divorce but you do not want to hurt your child in the process. How can you go through with a divorce without having your child thrown into the messy situation? Cupid is here to help you figure it out:

1. No arguing: Do not argue with your ex in front of your child. This will cause your child to feel depressed or even feel obligated to choose sides. Seeing the two of you argue will hurt your child, so don't let it happen.

2. Don't create a messenger: Don't make your child a messenger between the two of you. Keep your child as far away from the problem as possible. Don't ask them to spy on your ex and don't get them involved in your arguments.

3. Communicate: Let your child know that the divorce was not their fault. Make time to talk with your child often and ask them about their feelings. Make sure your child knows that despite the divorce issues his/her feelings still matter and they are still loved.

How would you keep your child out of your messy divorce? Comment below and let us know!

Russell Brand Speaks Out about Ex-Wife Katy Perry Dating John Mayer



By Andrea Surujnauth

Russell Brand and Katy Perry have been divorced for about seven months now and according to UsMagazine.com, Brand says that he has moved on. He was on Howard Stern's Sirius XM radio show on February 4th and Stern got him to open up about his feelings on the divorce. Stern asked Brand how he felt about his ex-wife dating John Mayer. "What do you make of your ex-wife dating John Mayer?" Stern asked. "Doesn't she know that he's

a worse womanizer than you?" Brand jokingly replied, "Worse or better, depending on how you view it." But on a serious note, Brand spoke highly of his ex. He claims he has nothing bad to say about Perry or her new boyfriend, who she has been dating since July 2012. Despite Stern trying to dig a little deeper, Brand continued to claim that his ex-wife was perfect from top to bottom. He also admits that he is single at the moment and although he would love to have a wife and start a family, he is focusing on himself for now.

What do you do if someone you once cared about is dating someone you view as dangerous?

Cupid's Advice:

When you care a great deal about someone, you just want to see them happy. But what if the new person they are dating seems dangerous to you? What should you do? No worries, Cupid is here for you:

1.Voice your opinion: Tell the person that you are concerned about their new relationship, but do not start questioning their relationship or become too nosy. Just let the person know that you have a concern and that you do not want them to get hurt in their new relationship. After voicing your opinion one time, do not bring it up again otherwise this will chase the person away from you.

2. Let them know you're there: Let the person know that you care for them and you will be there for them no matter what. Let them know that you want them to be happy and you will back them up in any situation. This way if they decide to leave their boyfriend/ girlfriend, they will know that they have your shoulder to cry on and they won't be alone.

3. Stay out of it: After voicing your opinion and letting the person know you are there for them, you have to stay out of their relationship. Do not constantly voice your opinion and

do not pick apart their relationship. They are the one that is in the relationship so they are the only one that knows if it is a bad relationship or a good relationship. You can't force them to do anything that they don't want to do. So stay out.

What would you do if you believe that someone you cared about is dating someone dangerous? Comment below and let us know!

Liberty Ross Files for Divorce from Rupert Sanders: Find Out What Went Wrong



By Andrea Surujnauth

Liberty Ross has filed for divorce from her husband of 10 years, Rupert Sanders. According to UsMagazine.com, Ross has been unhappy for a long time, even before Sanders' scandal with actress Kristen Stewart. In July of 2012, Sanders was caught kissing Stewart who was working with him on the film *Snow White and The Huntsman*. Ross apparently tried to work things out with Sanders but eventually gave up and filed for the divorce in January. A source said that Ross was unhappy about having to move from England to the United States, but she did it for her husband. She also had a hard time being a housewife and having a husband who was never home. Ross admitted to *YOU Magazine* in July 2012 that she felt isolated. After finding out about Sander's inappropriate behavior, Ross wanted to make it work for their children, but came to realize that she just could not get over being betrayed by her husband.

What are some ways to trust your partner again after they cheat?

Cupid's Advice:

It can be difficult to trust someone after they betray you, but sometimes you feel the need to do it for reasons such as children. Cupid has some tips:

1. Communication is key: Tell your partner how their affair made you feel but also listen to why they cheated in the first place. Sometimes people cheat because they feel that something was wrong with their relationship. Listen to what they say but do not blame yourself for their actions, they chose to cheat. Figure out what needs to be improved in your relationship and fix it. This is a chance to communicate about what each of you can do to make the other happier.

2. Keep the past in the past: Once you decide to move past the

affair and continue your relationship with your partner, do not bring the affair up in future arguments. This will only cause the arguments to escalate and neither of you will ever be able to move past it. You decided to forgive your partner therefore you chose to move past it, this means keeping it in the past.

3. Trust takes time: Rome was not built in a day and neither will your trust for your partner. It will take time for you to regain trust in your significant other. You will feel stressed and you will think about the affair often, but time will heal the wounds.

How would you go about regaining trust for your partner if they cheated? Comment below and let us know!

Ashley Judd and Dario Franchitti End Their Marriage





By Andrea Surujnauth

Actress Ashley Judd and her husband Dario Franchitti have decided to call it quits after being married for 11 years. The couple tied the knot in December 2001 after being engaged for 2 years.. Franchitti, who is a three-time Indianapolis 500 winner, made a statement with Judd to [People](#), “We have mutually decided to end our marriage. We’ll always be family and continue to cherish our relationship based on the special love, integrity, and respect we have always enjoyed.” Judd and Franchitti do not have any children together, but they still choose to remain friends. Judd posted a tweet after news of the divorce hit headlines stating, “Family forever. @dariofranchitti.” Dario Franchitti replied back with “@ashleyjudd family forever.”

How do you know when to give up on your marriage?

Cupid’s Advice:

It is difficult to say good-bye to your significant other, especially if you have been married for a long time. You might feel as though you are unsure whether it is time to walk away

from the marriage or if your problems can still be fixed. Cupid is here to help you decide whether the relationship has hope or if you should just run to the nearest exit:

1. Loss of respect: Respect is an important factor in any relationship. If you feel that you have lost respect for your significant other, or if they lost respect for you, then it is probably time to call it quits. Respect is the basis of a friendship, relationship, and marriage. Loss of it can cause everything to tumble down. You shouldn't be with someone who doesn't respect you or who you don't respect.

2. Never-ending fights: Fights happen in every relationship, they can actually make relationships stronger. However, if you and your significant other have huge blow-outs over the smallest, most trivial matters then that is a problem. Fighting over and over all day about issues that don't even matter is a big flashing sign that could be pointing to the end of the relationship.

3. No more attraction: If you find that you are no longer attracted to your partner or vice versa, you may have a major problem. This can unfortunately lead to you or your partner looking for that missing attraction with someone else.

How would you know that it was time to end your marriage? Comment below and let us know!

Selena Gomez Opens Up on Life After Justin Bieber Split



By [Nic Baird](#)

Selena Gomez made several references to [moving on](#) from a [breakup](#) during a private UNICEF benefit concert on Jan. 19, according to a [People](#) source who attended the event. Gomez performed an acoustic cover of Justin Timberlake's "Cry Me a River," which recent [ex](#) Justin Bieber had done in concert a few months before. She "seemed so angry" during the song, the source reports. Gomez told the crowd that she'd "been through a lot the past few months. It's been weird and sad and cool."

How do you move on from a bad breakup?

Cupid's Advice:

Even if you're still balling from a fresh [breakup](#), have hope! Your feelings will settle and things will get better. Life's not over and there's many more worthwhile connections to make. First of all though, you have to move on! Here's how:

1. Understand your feelings: The [end of a relationship](#) can hit hard or fast. And you feel it for sure, but you don't always know exactly what you're feeling. Obviously talking about with friends and family helps you sort things out. Listen to some music and use it as a catalyst for your thoughts. Make sure to move towards closure, but don't shy away from your emotions.

2. Find perspective: Not to undermine how difficult this is for you, but you're not alone. Ever since we evolved from the alpha male system and his harem of child-bearers, people have been getting [dumped](#). Ask Taylor Swift, she'll tell you! No doubt the effect of a personal tragedy like a significant breakup can't be belittled, but, really, these things happen. Will you persevere despite this undeserved hit?

3. Live life: Go out and enjoy life as a single person. It can be a fantastic experience. You can be whoever you want and act with spontaneity. Put more into your life, and you'll get more out of it. Sports, exercise, art, music, new skills, new projects, new friends, old friends, and anything else that raises your interest. Spend your time wisely, even if you suddenly have much more on your hands.

How have you moved on from a broken heart? Share your experiences below!

Is Bethenny Frankel Dating a New Man?





By [Nic Baird](#)

Hedge fund mogul Warren Lichtenstein has been helping Bethenny Frankel during her [divorce](#) with Jason Hoppy, [People](#) reports. She stayed at the billionaire's Manhattan home for one night with her 2-year-old, Bryn, while he was away, according to a *Daily Mail* source. The publication also reports that Hoppy is still living in the former [couple](#)'s Tribeca loft.

What are some ways to know it's time to enter the dating scene after divorce?

Cupid's Advice:

The sense of loss and [loneliness](#) that washes in [post-breakup](#) can leave you fragile and bitter. Don't reminisce about the good times. There's no point in dwelling on someone who doesn't want to be a part of your life. Cupid has some advice:

1. You've moved on from your ex: You have to accept your ex-spouse is no longer part of your life. It's hard to identify yourself now as single. Don't weigh yourself down with the lingering feelings of the past. You can only find love again

once you've moved on. Otherwise, you could risk sabotaging future relationships.

2. You've found strength independently: Your sense of worth and purpose are being challenged by this recent breakup, don't let it dominate your self worth. If you've put more into your life, and that void has started to close up, maybe it's time to get back in the [dating](#) game.

3. You've developed other relationships: If you've formed a community of support out of friends and family, then it becomes a lot less intimidating to [play the field](#). Rely on those connections you already have as you look for a new partner. You shouldn't have to rely on finding romance to be happy with your other relationships.

How did you know it was time to date again after a split? Share your experiences below.

Kim Kardashian Says She Would Love to Be Divorced





By Meghan Fitzgerald

Kim Kardashian wishes to be legally single again. She wants to commit herself to her current boyfriend and baby daddy-to-be Kanye West. According to [People](#), Kardashian is done with all of the rumors and wants to settle down in life with someone who is worth her love. Her retort to rumors that her marriage to Kris Humphries was all for press is, "...that staying married for the sake of the public's opinion is what *really* would have been fraudulent," according to [Hollywood Life](#).

What are some reasons to start dating before your divorce is finalized?

Cupid's Advice:

1. Love: Love is love. You can't stop the movement of love upon another person. Love is strong gust of wind that comes in unexpectedly and is only embraced, never pushed away. Even though the divorce may not be finalized, you shouldn't be penalized for falling in a deeper love than your soon to be ex-husband. If you believe that you love another person, don't wait until the divorce is finalized, don't lose that person by

waiting. Go for it.

2. Rough divorce: Experiencing a turbulent divorce can take a heavy toll on a women. Their vulnerability is high, their confidence is low, they're looking for someone to treat them better than their ex did. Trying to rid them self of these horrendous feelings, it is okay to jump in and start dating again. You need to find a sense of hope and love in the world because your life lacks both of the two. So don't feel bad to try ad find love again, you deserve it.

3. Emotions: Your emotions are most likely scattered if you are going through a divorce, whether it was a rough divorce or not. Dating again will inevitably settle out the mixed feelings.

What do you think about dating before a divorce is finalized? Share your thoughts below.

Jennie Garth Steps Out With a New Man





By Michelle Danzig

After ending her 11-year marriage with *Twilight* actor Peter Facinelli, Jennie Garth seems to have found a new man. According to [People](#), the former *Beverly Hills, 90210* star—who most recently shed 30 pounds—has been dating musician Jeremy Salken, 31, since October. Garth and the Big Gigantic drummer looked cozy in pictures posted on New Year's Eve via Instagram. After suffering several breakups since her split from Facinelli, Garth, 40, is happy to have found someone with positive energy. Her ex has been recently dating *Loosies* actress Jaimie Alexander. Although Garth says that her and Peter are happy, she recently said that she yearns for a time when the split won't sting.

How do you know when it's time to move on after a divorce?

Cupid's Advice:

Even if it is a clean, mutual split, no divorce is easy. Not only is the process difficult and stressful, the recovery period can be even harder. After experiencing this major life change, it may be difficult to even think about starting to

dating. Maybe you haven't dated in years and the whole online dating thing sparks your nerves. Maybe the divorce was messy and you just aren't emotionally ready for someone else. Whatever the case, there are plenty of ways to determine if you are ready to move on:

1. You don't think about your ex anymore: You may find over time that you move from thinking about your ex every hour, to every day, to every week. Slowly, you discover that negative thoughts surrounding your ex and your divorce no longer consume your thoughts. This is a major sign that your heart and mind are opening up to the idea of meeting someone new.

2. You have an excellent sense of self: A marriage or long-term relationship can cause both partners to lose sight of who they are as an individual. After spending so much time as a couple, it may take some time to figure out who you are again. If you have established a happy and successful single life after a divorce, and you truly believe you are content with who you are as an individual, you are ready to open up to new people. Who knows, after discovering who you truly are, like Jennie Garth, you may find that you want someone or something completely different.

3. You have the time: It may be hard to recall, but dating is extremely time and mind-consuming. It is extremely rare to find someone after going on one date, so anticipate needing some time to devote to the process. Although online dating is extremely convenient, creating a profile and sorting through multiple matches can be time-consuming. When you begin a relationship with and incorporate into your life is an important thing, make sure you take the time to do it right.

How did you know you were ready to move on after your divorce? Share below.

Justin Bieber and Selena Gomez Break Up 'for Good'



By Nic Baird

Justin Bieber and Selena Gomez have ended their relationship for good, according to UsMagazine.com. Bieber has since been caught, days later, smoking weed in some TMZ photos. Bieber and Gomez did travel to Puerto Vallarta, Mexico, on a New Year's trip, but the holiday romance was cut short when Gomez abruptly flew home to Los Angeles on Dec. 30 where she spent the New Year with friends at a house party.

How do you know when your relationship is truly over?

Cupid's Advice:

There's nothing more painful than a one-sided relationship. Don't pour your heart down a bottomless pit. Relationships need sharing, vulnerability, and devotion. Find out if your partner has these qualities by looking for these signs:

1. No values: Getting a baseline for the personal values of your partner is a good way to decide if they're ready for a serious relationship. Discuss the principles you hold when you enter into a relationship, such as monogamy and honesty. It should be clear if they're looking for one person, or if they have a constant flirtatious attitude.

2. Separate goals: Does their lifestyle support your relationship? Recognize if they'd rather spend time with you, or go out drinking with mixed company. If they don't have room for you in their schedule, it could be that they're very career oriented, but make sure you're their preference. If they're willing to spend the time to develop as a couple, it shows sincerity.

3. Growing distance: Fostering a connection with your partner, takes time and patience. If they're afraid to open up to you, maybe they're afraid to be honest. Players, though charismatic will be reluctant to share too many details of their life. As zealously enigmatic creatures, the fact that you haven't yet figured out if they're a player or not is a bad sign.

How did you clue in that your relationship was over? Share your experiences below!

Bethenny Frankel Files for Divorce from Jason Hoppy



By Michelle Danzig

It's official—after announcing a separation over the holidays, author and TV personality Bethenny Frankel, 42, and hubby Jason Hoppy, 41, filed for divorce, according to [People](#). After months of allegations that the two were having problems, TMZ reported that Frankel officially began the filing process earlier this week in New York. Frankel, star of *Bethenny Ever After* and founder of Skinnygirl Cocktails says it was an very difficult decision but accepts that it is the best choice for her and her family. The two, who married back in 2010, have a daughter Bryn, 2. A friend told people that Frankel is devastated.

How do you know when to call it quits on your marriage?

Cupid's Advice:

Marriages take work. Many couples find themselves working through various problems. Whether you are attempting to save your marriage or going through a separation, sometimes it is best to sit back and see that your marriage may just not be working. Here are some telltale signs that it may be time to call it quits:

1. Everything becomes an argument: Arguing in any relationship is inevitable and healthy—to an extent. If you find that every conversation or discussion is turning into a heated argument, you are having difficulty resolving issues, and the art of compromise seems nonexistent, you may want to sit down and reevaluate your union.

2. You aren't intimate: Intimacy is extremely important to the success of a relationship. When you lose communication and trust, chances are intimacy is closely following.

3. You or your spouse are cheating: If one, or both, of you is cheating, there is no longer a sacred bond between the two of you. Spending half your life devoted to someone and then suddenly focusing your time and thoughts on another is a clear sign that something just isn't working.

When did you know your marriage was over? Share your experiences below.

Courtney Cox Says She and Ex-Husband David Arquette Are 'Better As Friends'



By Michelle Danzig

While taping an episode of *The Ellen DeGeneres Show*, actress and Courtney Cox said that, despite their recent divorce, she and ex-husband David Arquette are on excellent terms, according to UsMagazine.com. Since announcing their separation in October 2012, Cox, 48, and Arquette, 41, have remained friends throughout the entire process. The *Cougar Town* star and Arquette have a daughter Coco, 8. Although Arquette is dating *Entertainment Tonight*'s Christina McClarty, Cox remains single. The two have requested joint legal and physical custody of their daughter and the removal of Cox's surname.

Cox does not recommend divorce, but she says that she appreciates David even more and that they both have grown through this experience. Arquette will remain an executive producer of *Cougar Town*, which will now move from ABC to TBS this Tuesday.

What are some ways to tell you're better off as just friends with someone?

Cupid's Advice:

Whether you're curious if your friendship is worth examining on a romantic level or you and your significant other suffer a split but remain friends, it is difficult to decide whether you are better off in one situation or the other. Here are some ways you can tell that you and your partner are better off as friends:

1. You have the companionship but lack intimacy: This is probably the easiest way to tell that you and your significant other are better off as friends. If you enjoy doing activities together and genuinely care about the other person but the intimacy has been lost, it's almost certain that your relationship has simply become one between friends.

2. You both wouldn't mind seeing other people: If both parties are okay with the other dating or seeing other people, it is pretty obvious that you have lost the romantic attraction to each other. This goes double if you don't feel even the slightest bit of jealousy when thinking about him/her seeing someone else.

3. If you have different expectations: If you find that you and your partner have so many different interests that you barely do things together anymore, or you disagree of future plans such as having children and moving away, it may be time to think if your relationship is really romantic and not just a friendship.

How do you know when it is better to just be friends? Share your ideas below.

Brandi Glanville Donates Wedding Dress to Army Wife



By Nic Baird

Brandi Glanville, star of *Real Housewives of Beverly Hills*, announced with a Jan. 5 Twitter post that she was donating the wedding gown from her broken marriage to a “soon-to-be army wife,” UsMagazine.com reports. Glanville and Eddie Cibrian divorced in September 2010 after nine years of marriage. “I

still haven't heard about who received it," Glanville said about the donated dress. "I hope it makes someone very happy."

What do you do with your wedding dress after your wedding day?

Cupid's Advice:

It served its purpose and now it just takes up space. A trash can is too cruel for something so personal, and too foolish for something so expensive. There are a few options to make the most of your leftover wedding-wear:

1. Heirloom: If you don't mind cutting your dress to pieces, you can keep its significance in your family by refashioning it as part of a blanket, bassinet skirt, or a pillow for your daughter. Otherwise, you can always offer it to the weddings of future generations.

2. Donation: There are charities set up to use the resale of wedding dresses to support cancer research and other causes. Consider that part of your marriage's legacy could be putting this otherwise useless dress towards a good cause.

3. Alteration: If you're determined to get the most bang for your buck out of this dress, than you could always try the risky maneuver of altering it into a more conventional outfit. You can definitely shorten the dress, and in some cases even dye it. Since when do you get a piece of clothing tailored to your exact measurements?

What did you do with your wedding dress? Share your comments below!

Jennie Garth Says Looks Aren't Important to Her Anymore With Dating



By Nic Baird

Actress Jennie Garth is back in the dating game and says “looks aren’t important,” [People](#) reports. The 90210 alumna split from husband Peter Facinelli in March. “When I’m in excruciating pain, like with what I’ve been through with my breakup and that grief and loss that’s just immobilizing, it helps to remember that it only lasts for 13 to 15 minutes, max,” she told *Health* in its January issue. What is Garth looking for now? “I like positive energy.”

How do you know when you’re being too picky about looks in the

dating world?

Cupid's Advice:

There are a lot of fish in the sea. Some of them are weird, some of them are smelly, and some will explode from the pressure if they ever surface. If you get a bit, don't let unreasonable standards jeopardize a quality catch. These are signs you might be being too picky in the dating world:

1. You overlook qualities: If you find other people appreciating qualities about your partner you hadn't noticed, maybe you're not looking at them hard enough. Be sure you don't take any part of them for granted. Part of being happy in relationships is knowing when you have a good thing.

2. You focus on a few faults: If you're having second thoughts, make sure to ask yourself if a reasonable person would look at your date the same way. You could be nitpicking on a few detractors that you won't even notice after becoming more comfortable with this person.

3. You expect acceptance: If you're simultaneously hung up on trivial aspects of your partner and unable to appreciate their appeal, maybe they're not the right one for you. However, it could be you hold yourself to a lower standard. Especially if you're going to be shallow, there's a limit to just how shallow you can afford to be.

Have you ever been too picky when dating? Share your experiences below!

Jason Hoppy Sports Wedding Ring Post-Split



By Nic Baird

Four days after his wife Bethenny Frankel announced their separation after a two year relationship, Jason Hoppy is still wearing his wedding band, according to UsMagazine.com. Hoppy sat alone in an NYC cafe on Thursday as he sipped a hot beverage while talking on his cell phone. TV personality Frankel said: "We have love and respect for one another and will continue to amicably co-parent our daughter who is and will always remain our first priority." Frankel will host the upcoming talk show *Bethenny*.

What are three first steps toward closure after a split??

Cupid's Advice:

There is a sense of loss that's unavoidable at the end of a relationship. Don't let this sinking feeling cripple you. It's time to move past the agonies of the present and look optimistically to the future. Here's how:

1. Accept it: It's supposed to be hard to sever an emotional connection that was so important to you. If you saw this person as your partner, and now they can't fill that role, trying to figure out a new dynamic or identity is useless and painful. Stop picturing a future with someone who's not there.

2. Be your best: Be the person you want to be. Don't question your sense of worth. Fill your life with positive energy, like sports, exercise, art, music, new skills, new projects, new friends, old friends, and anything to take up your time. Here's your chance to do the things you've always wanted to do. Take action and make your plans a reality!

3. Have hope: You haven't lost your shot at love. There are plenty more chances at a meaningful relationship that will come along. Don't feel that you have to go looking for them, but be open to the opportunities when they arise. Rekindle old friendships, and establish your power as a single individual.

How do you attain closure after a split? Share your experiences below!

Katie Holmes and Tom Cruise

Celebrate the Holidays Together with Suri



By Nic Baird

For her first Christmas since Tom Cruise and Katie Holmes' divorce, Suri split the holidays between both parents, [People](#) reports. Suri spent Christmas Day with her mother in Ohio, and then joined Cruise and his two older children, according to a source. "We have got lots of very special things planned," Cruise said at the premiere of his new film *Jack Reacher*. He mentioned he was looking forward to spending the holidays with his kids. "We are all going to be together," he said.

What are some ways to present a united front to your children post-split?

Cupid's Advice:

It's difficult to maintain a positive relationship with an ex, but when they co-parent your children you must set aside your differences. Find ways to work together, and avoid any slips that will add tension to your already worn dynamic:

1. Respect: No matter how you tailored your relationship in the past, it should have included respect. This must continue even now. You should be careful to treat each other well when your children are around, and avoid instigating any fights or arguments. Appreciate them as an important part of your child's life and foster a mutual respect.

2. Team Decisions: A united front means making decisions as a parenting unit. It's important both you and your ex understand that there has to be a consensus between the two of you before discussions with your child. Undermining a parent will make them less respected, so be careful what you say in front of impressionable eyes. Don't negate their input!

3. Sharing Responsibility: Make sure your child is able to experience special occasions with both parents. A child will have an easier time with a separation if both of you can offer positive feedback during their development. Even if you don't want to attend soccer games with your ex, rotate the responsibility game by game. This is how you keep a family intact after separating.

What are good strategies for parenting after a divorce? Share your experiences below!

Zooey Deschanel and Ben Gibbard's Divorce Is Finalized



By Jennifer Ross

The wait is finally over. One year after filing for a divorce, Zooey Deschanel and Ben Gibbard are no longer married, according to [People](#). The court documents filed in Los Angeles County Superior Court date the marriage officially over on Dec. 12. Also written in the divorce documents, the reason for the marriage dissolution is, "Unhappy and irreconcilable differences have arisen between the parties, which have caused the irremediable breakdown of their marriage. There is no possibility that counseling ... or mediation could save the marriage." The couple was married in Sept. 2009. Since the

official separation in Oct. 2011, neither Deschanel, 32, nor Gibbard, 36, have ever given details about the breakup. However, later on, the *New Girl* TV star claimed they are amicable with each other. "We're friendly. It's all fine."

How do you know when there is no hope of fixing your marriage?

Cupid's Advice:

Even though divorce is such a common occurrence, many couples are shocked when it happens to them. You and your partner may focus on trying to love each other again. However, this sets you both up for missing the signs. To help you see clear, here are a few signs that confirm the marriage is over:

1. Character assassination: A clear sign that your marriage is over begins with you and your partner's many attempts at assassinating each other's character. The belittling, public insults, name-calling and embarrassing attacks are fatal to your marriage, ensuring a true dissolution.

2. Intimacy is gone: Although marriage is not only about a physical connection, it will never last without some form of intimacy between you and your mate. Without a way for a couple to strengthen the relationship's closeness through loving contact, one of you will feel neglected and ready to leave.

3. Dead silence: Complete silence in a marriage with neither one of you willing to talk it out will get you two speaking to divorce lawyers. Without any further communication, the reconciliation will never begin. This makes it officially over.

When did you realize there was no hope of fixing your marriage? Share your story below.

Tiger Woods Parties the Night Away with Multiple Women After Golf Tournament



By Jennifer Ross

Tiger Woods is back to his partying ways. On Dec. 1, the pro-golfer danced all night long at California's Westlake Village Inn right after his 14th Annual World Challenge Golf Tournament. An eyewitness reports to UsMagazine.com that Woods, 36, was surrounded by gorgeous women for most of his time on the dance floor. "Tiger was dressed in jeans and a beige sweater...At one point he was surrounded by a group of six

women on the club's dance floor!" To further get into the partying mood, Woods requests the DJ to play, 'Tonight I'm F-ing You' by Enrique Iglesias. This set the mood just right as the ladies loved his persuasive music choice. As Woods enjoys his single life, ex-wife Elin Nordegren is busy creating her dream home on the coast in North Palm Beach, FL.

How do you know when it's time to stop serial dating and settle down?

Cupid's Advice:

The single life is a wild ride, full of meeting new people and partying nights. No matter what day of the week, you can easily find a hot partier for the evening or several evenings, always keeping true love at arm's length. Yet, something has changed and you no longer want to be single. To help you cross over to the monogamy side, here are a few clues telling you it's time to settle down:

1. Being alone: You no longer feel the need to fill every spare minute of your single life with party time. Instead, you now enjoy being alone with your own thoughts. Feeling comfortable in your own skin with no one around is a good sign that you might be ready to share that time with just one person.

2. Slow party nights: On the nights that you do go out, your main interest isn't how many hot random people you can meet for future play dates. Instead, you now prefer to have a slower, quieter night out with a few good friends in a relaxing atmosphere. Clubbing all night just doesn't appeal as much anymore.

3. Open mind: When you spend time with potential mates, you are more open to understanding their quirks instead of comparing them to your "perfect mate" list. Matter of fact, sometimes you even leave the list at home and let yourself

simply have fun exploring each other's personalities.

When did you know you were ready to stop serial dating and settle down? Tell us below.