

# Exes Ashlee Simpson and Pete Wentz Reunite for Son Bronx's Birthday



By April Littleton

Ashlee Simpson and her ex-husband Pete Wentz reunited to celebrate their son's fifth birthday in L.A.'s Studio City neighborhood, Saturday, Nov. 16. Both exes brought along their new significant others. Wentz arrived with girlfriend of two years Meagan Camper, while Simpson showed up with Evan Ross.

"It didn't seem awkward at all between Evan Ross and Pete Wentz. They took a family photo and were all in it – Pete, Meagan, Ashlee and Evan," a source told [UsMagazine.com](http://UsMagazine.com).

**How do you remain civil post-breakup for the sake of your**

children?

### **Cupid's Advice:**

A breakup is always tough to handle, but even more so when kids are involved. You may want to get rid of your ex altogether, but whether you like it or not, the two of you have to cooperate if you both want to maintain a stable relationship with your children. Cupid has some tips:

**1. Set boundaries:** When it comes to your children, you and your partner need to come up with a clear set of boundaries. It's very easy to let the negative feelings you have toward your ex get the best of you, but you have to remember that the two of you will be in each other's lives permanently. Keep your relationship platonic and only communicate with each other when the kids are involved. You don't need to be in each other's personal life anymore.

**Related:** [Minka Kelly and Chris Evans Call it Quits](#)

**2. Don't badmouth:** There's no need to bring up your ex around your children. When you do have to bring him/her up, make sure you're not saying anything negative about them. Your kids don't need to feel like they have to choose sides. They love you both. If you can't contain your frustrations, vent them to a friend or a family member in private when your babies aren't around.

**3. Take your time:** Just like with any breakup, you and your ex will need to take time to move on from each other. Don't rush into a new relationship and don't bring multiple potential partners into your home where your children live. Take it one step at a time and help your kids understand why their parents aren't together anymore before you start dating around.

**Related:** [Michael Morris Steps Out with Wife Post-Katherine McPhee Scandal](#)

What are some other ways to remain civil post-breakup for the sake of children? Comment below.

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# Jennie Garth Says Dating after Divorce is “a Weird Type of Torture”



By April Littleton

According to [UsMagazine.com](https://www.usmagazine.com), Jennie Garth is still having some trouble getting back in the dating scene after her divorce

from Peter Facinelli. "It's super challenging," Garth said during an interview on *Bethenny*. "It's fun, and it's awful all at the same time. It's like a weird type of torture. But it can be fun." The *Beverly Hills, 90210* alum has three daughters. Facinelli and Garth were married for 11 years before splitting in June.

**How do you know when you're ready to start dating after a divorce?**

### **Cupid's Advice:**

Getting over a divorce can take some time, especially if kids are involved. How do you know when you're really ready to give love another try? Cupid is here to help:

**1. Your anger is gone:** All of the resentment and other negative feelings you had for your ex are gone. When the two of you do see each other, it's strictly about the kids (if you have any together). If you're able to co-parent in a peaceful manner and you're no longer hoping that the two of you can reconcile one day, you may be ready to move on.

**2. You're looking:** You know you're ready to get back out there, when you notice a cute guy staring right back at you. Noticing other men again is one of the first signs of moving on. Don't rush into anything though. Take your time, test the waters and have some fun.

**3. You're OK with being by yourself:** Before you can let anyone into your heart, you need to be comfortable with being alone first. Take some time to get to know yourself. You may need to reevaluate what you want out of a relationship and a love partner before you start dating again.

**How did you know you were ready to start dating after a divorce? Share your experience below.**

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# Celebrity Divorce Attorney Laura Wasser Gives Tips on Divorcing Peacefully In New Book



By Priyanka Singh

With the climbing divorce rate reaching over 50 percent, many Americans fear the catastrophic events of a messy split. However, celebrity divorce attorney Laura Wasser has some words of wisdom to help divorcees in her new book, *It Doesn't Have to Be That Way: How to Divorce Without Destroying Your*

*Family or Bankrupting Yourself.* The author's southern California location opens her up to a world of A-list celebrity clients, including Kim Kardashian, Britney Spears, and Heidi Klum. Even though the private lives of these stars are under constant media scrutiny and exposure, Wasser explains that divorce disputes have the potential to be fairly painless, particularly in the familial and financial aspects of a settlement. She also spends quite a lot of time working with pro bono cases for the Harriett Buhai Center for Family Law, calling divorce a "great equalizer" because of the emotional distress couples experience is the same across the board.

In an exclusive interview with CupidsPulse.com, Wasser talks about the evolving world of divorce and provides some tips to guide you through a separation as seamlessly as possible.

**Related Link:** [Short-Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

**You've been in your line of work for nearly two decades. What is one common mistake that you see couples make during their divorce?**

Over the past twenty years, particularly during the last five, it occurred to me that parties going through the dissolution process often go in hugely uninformed. Ignorance paired with an emotionally and financially devastating life crisis can be dangerous. Family law attorneys will often make a lot of money to the detriment of clients and their families. There are so many clients who have said, "If only I knew then what I know now."

I have a message in my book to give to people contemplating or going through this experience, one that spans socioeconomic, gender, and age groups: *It doesn't have to be that way.* Our generation has the tools available to us by virtue of education, the Internet, and mental health and counseling

opportunities that our parents' generations and those before them didn't have. By employing these tools and having a relatively user-friendly guide, I believe the divorce process can be simplified and improved.

**What are some tips you can give our readers about how to maintain financial and emotional stability?**

Marriage is a contract. Dissolving that contract should be handled as an arm's length business transaction. Remember that this person will no longer be your spouse, but he or she will continue to be your co-parent, family member, and possibly business partner in certain assets or entities. Be nice; be reasonable; and be brief. Try not to let emotion, hurt, fear, or anger dictate the circumstances of your discussions or negotiations.

**Do you think the divorce rate will continue to rise in the coming years?**

It is my hope that it will be reduced because people are waiting until they are older before getting married and people are making a more concerted effort to work through their marital differences. Although divorce has become a far more viable option than it was in the past, it certainly should not be used as the easy way out.

**You've acknowledged that current generation's realities have evolved a lot in recent years. How has this change played a role in the divorce rate?**

The American family culture has changed significantly in the past 50 years. There are same-sex couples who marry or register as domestic partners and become parents; couples who live together for prolonged periods of time and have children; and stepparents who are integrated into family life more than ever before. An attitude of "it takes a village" often permeates our culture.

There is a whole new way to dissolve your relationship – really a whole new choice of ways to do it. The evolution in family law has been accompanied by advances in mediation, collaborative practice, and self-representation. Plus, there's been a substantive body of data that impacts dissolution, direct and indirect, on all parties. There is also a movement of divorce attorneys – like me – who know how to help their clients navigate this territory and emerge from it strong in mind, spirit, and resources and eager to move on to the next stage of their lives.

**Related Link:** [Second \(and Third\) Marriages: Destined for Divorce?](#)

**It's no secret that you're a supporter of prenuptial agreements. Why do you think they're so important?**

A prenuptial agreement is appropriate when a couple is seeking to opt out of the laws regarding marital property and/or spousal support which govern the state in which they live or are planning to live. Not everyone should have one; they're appropriate on a case-by-case basis. They're not only based on income levels but can clarify an individual's assets coming into the marriage, certain testamentary issues, gifts between spouses prior to and during marriage, and more. It's important to discuss financial expectations and expenses *prior* to entering into the marriage contract, and a prenuptial agreement is one way of leading into that conversation.

I am always astounded at the couples who come to me after being married for some period of time and reveal that they never had such a conversation, whether a prenuptial agreement was in place or not. Conversations about money certainly aren't sexy or romantic, but they should give each of you some clarity and enable you to enter into your marriage with a better understanding of each other.

*To purchase It Doesn't Have to Be This Way, check Amazon or*

*your local bookstore. You can also read more about her background at [www.wcmfamilylaw.com](http://www.wcmfamilylaw.com).*

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# Bruce and Kris Jenner Announce Their Separation



By Kristyn Schwiep

Reality TV stars Kris and Bruce Jenner have finally confirmed their separation. According to [People](#), the couple has been avoiding rumors of their rocky relationship. Kris told People in July, that the couple had a “pretty fabulous relationship.” The couple, who were married for 22 years,

have not filed divorce papers and keep in touch every day. “We will always have much love and respect for each other. Even though we are separated, we will always remain best friends and, as always, our family will remain our number one priority,” the pair told [E! News](#).

## **What are some ways to work on your troubled marriage?**

### **Cupid's Advice:**

Keeping a marriage healthy can be tough after 20+ years of marriage. So what are some ways you can work on a troubled marriage? Cupid has some advice:

**1. Communicate:** You and your partner need to sit down and communicate your feelings and emotions. Try making a list for each other of what you think is wrong with your marriage and ideas for your two to improve on your relationship. Talking about your feelings can be difficult, but talking through your problems needs to be done so you are aware of what is going on.

**2. Listen:** Communicating may seem like the hardest part of fixing a troubled marriage, but listening is even tougher. Make sure that you listen to what each other are saying. If you don't listen, you won't get anything accomplished.

**3. Plan:** Make a plan with your partner once you've communicated and listened to each other. Making a plan will provide a path so that you can sort out what was wrong in the first place and help you work on the problem areas.

**What are some ways to work on a trouble marriage? Share your thoughts below.**

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# Kate Gosselin Says She Has Pity for Ex-Husband Jon



By Gabriela Robles

Over three years ago, Kate Gosselin and Jon Gosselin's marriage untangled and left a bitter taste in the ex-couples mouths. The two were most known for their TLC hit, *Jon and Kate Plus Eight*, but now that program seems to be ancient history. According to [UsMagazine.com](http://UsMagazine.com) when Kate went on Bethenny Frankel's talk show, she was asked if she still was in love with Jon, to which Kate responded, "Somebody once told me that if you feel sadness and empathy and pity for someone the root of that is love. I feel like the person that I married nearly overnight was not that person anymore."

**What are some ways to keep things civil with your ex?**

## **Cupid's Advice:**

When you end things on bad terms, it doesn't necessarily mean that you won't ever see them again. You have to keep yourselves somewhat composed and realize that you've both changed and aren't going in the same direction. Cupid has some advice to how to keep things civil if you are faced with the mention of your ex:

**1. Keep calm, cool, and collected:** Remember that you are different. Some time has passed and you're put in a situation where your ex is either in front of you or someone brings him up. Instead of getting upset or angry, take a deep breath. Don't let old feelings bother you.

**2. Look at the big picture:** You have to keep your mind in check that you're different from where you were. There are bigger things in your life than what happened with your ex – better things. Keep things in perspective and you'll be happy you did.

**3. Let it go:** Releasing your own harsh feelings from your ex will not only make you feel better emotionally, but it'll take a huge weight off your shoulders. You'll feel more comfortable when he's in sight and you'll feel freer when he's out of sight.

**What are some ways you kept things civil with your ex? Share with us in the comments below.**

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## **Source Says Michael Douglas**

# and Catherine Zeta-Jones Are 'Not Back Together'



By [Whitney Johnson](#)

Michael Douglas recently revealed that he's "working things out" with wife Catherine Zeta-Jones, but a source close to the couple confirmed to [People](#) that they are "not back together" quite yet. While the pair are still talking – and even have been spotted with their wedding rings on – they aren't spending time together. Most recently, they even spent their shared birthday of September 25th apart.

**What are some factors to consider before getting back together with an ex?**

**Cupid's Advice:**

It's tempting to get back together with your ex. After all, they know you well and already fit into your life. Still, you must remember why you two split in the first place and truly consider the decision at hand before jumping in again. Cupid encourages you to consider the following questions:

**1. Why did you breakup?** It's easy to remember only the happy times as you embark on your second chance romance, but you have to consider what drove you apart and led to your breakup. Was it just a silly fight or a rough day? Or were you unhappy for a long time before you finally went your separate ways?

**2. Do you share the same core values?** If you don't share similar goals or visions for the future, your relationship will never work – it's as simple as that. Take the time to sit down with your ex and talk about the nitty-gritty details that may have been pushed to the wayside during your first shot at happily ever after. Don't be afraid to dig deep and really open yourself up. You have to take a risk to reap the reward of a happy love life!

**3. Are you *both* willing to do the work?** Relationships are never easy, but rekindling a failed flame requires even more effort than usual. You must be willing to work through your past issues and focus on the future of your relationship. You also must be confident that your ex will stand by your side and be a true partner as you sort things out.

**Have you ever reconnected with an ex? Share your story in the comments below!**

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# Richard Gere and Carey Lowell Call It Quits



By Gabriela Robles

Richard Gere and Carey Lowell have called it quits after 11 years of marriage. According to [People](#), the two have been living separately lately, with Gere living in Bedford, N.Y., and Lowell in North Haven, N.Y. They were last seen in public together at a fundraiser in New York City in June.

**What are some ways to tell it's time to go your separate ways?**

**Cupid's Advice:**

You haven't felt the same lately. You want to spend more time

alone than together. You're unsure about your relationship and now you don't know what to do. Is it time to end things? Cupid can help you through this decision:

**1. Reflect on what your daily plan is:** Do you guys have some couple-time, or are you always alone? Do you prefer spending time alone or with friends than with your partner? If so, you might be ready to end the relationship. It's possible that you're just in a rut, but if it's been going on for more than a few months, then it's likely that you're both feeling the same thing.

**2. Think about how you feel:** Ask yourself, are you still having fun? Is he still the love of your life? Do you still enjoy being around him? No matter how long you've been together, you want to always enjoy each other – even when you're in an argument. If that feeling's gone, then there might not be anything there anymore.

**3. Talk about it:** Ask him how he feels. Does he think it's something you guys can work out? If you both believe you can work on it, don't leave. But if not, then it's probably time to make an exit. You always have to be on the same page and have to figure out what you both want. If it doesn't match up, then it might not be the right relationship.

**How do you know when to separate? Share in the comments below!**

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# **Michael Douglas Says He and Catherine Zeta-Jones Are ‘**

# Working Things Out'



By April Littleton

Michael Douglas' separation from wife Catherine Zeta-Jones was announced in August, but Sunday he told [People](#), "We're working things out, talking and we'll see how she goes." Douglas won an Emmy for lead actor in the movie *Behind the Candelabra*. On stage, he said, "I want to thank my wife, Catherine, for her support."

**What are some ways to work on your relationship?**

**Cupid's Advice:**

Every once in a while, your relationship will hit a bump in the road. It's normal to be at a odds with your partner at times. It's how you try to make it work that matters in the

end. Don't give up at the first sign of trouble. You and your significant other need to be fully invested in what you have if you want to make romance last. Cupid is here to help:

**1. Agree to disagree:** Don't threaten to break up with your honey every time you have a fight. Breaking up won't solve anything, especially if the argument is over something silly. Try to solve your disagreements peacefully and move on from it.

**2. Bring the romance back:** Spend some much needed time together. Plan out a special date, but don't tell your partner any of the details. Doing something unexpected for your boo will reignite the spark that might have fizzled out a bit. Compliment each other over a candlelight dinner and end the night with a romantic bubble bath. By the end of it all, you'll feel like you're getting to know each other all over again.

**3. Don't overshare:** When you're in a fight with your significant other, the first thing you want to do is run to your friends and tell them everything that's going on. It's OK to want to confide in someone, but this won't help with your relationship. What's going between the two of you, should stay private. To avoid making the situation worse, don't involve anyone else in your private life.

**What are some other ways to work on your relationship? Comment below.**

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## **Julie Benz on Her Marriage:**

# “We Put Our Relationship First Even If That Means Turning Down Work”



By Kerri Sheehan

Unlike many performers, 41-year-old Julie Benz didn't have dreams of appearing on the big screen. In fact, she began her career as a competitive figure skater and didn't consider acting until an injury forced her off the ice. You may recognize her as Darla, the vampire from the television shows *Buffy the Vampire Slayer* and the popular spin-off *Angel*, or Rita, the wife of the title character on *Dexter*. Expanding her resume, she'll next be playing mother Stevie Parker in Lifetime's *Taken: The Search for Sophie Parker*, which premieres tomorrow night at 8 p.m. ET. Benz describes her

character as “a tough NYPD detective who has to work against the clock to save her daughter and her daughter’s friend from the Russian Mafia and sexual slavery ring.”

The bubbly blonde was drawn to the role for a number of reasons. “The issue of human trafficking and violence against women is important to me,” she shares. “And the script features a woman in power instead of a woman in peril.”

**Related Link:** [Hollywood: Portrayals of Domestic Violence](#)

Given these two factors, that actress had to prepare for such a demanding job. “The role required a lot of physical strength and stamina from me.” On an emotional level, Benz had the “honor of speaking to a woman who had been abducted, sold into sex slavery, and rescued by her family when she was a teen,” which helped to personalize the story for her. Thanks to her diligence, she truly understands the actions taken by her character. “If I had a daughter and if she was kidnapped, I’d do whatever was in my power to find her. I just hope I’m never put in the position to find out what extremes I would go to.”

While Benz is not yet a mother herself, she is a newlywed: The Pittsburgh native married Rich Orosco in May 2012. They both work in the entertainment industry, so hectic schedules and travel often keep the couple in different cities. “We never go more than two weeks without seeing each other. We Skype every day that we’re apart,” Benz says. “Our careers are busy, but we put our relationship first even if that means turning down work.”

The couple was originally fixed up by a friend “just to have fun,” and neither of them were looking for a commitment, but as Benz says, “That’s why I think it worked.” They got the chance to know each other without the pressure of questioning where they wanted their relationship to go. “Just spending time together was – and still is – the best!”

There was, of course, a turning point in their coupledness. Her husband knew she was a keeper when he tasted her cooking. “My husband claims that he knew I was The One when I made him my chicken wings. We now refer to them as my ‘marry me chicken wings!’”

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Benz first married at the age of 22 and divorced her ex-husband after 13 years together. “Dating in your mid-30’s is tricky, especially in Los Angeles,” she says of learning to date as an adult. “Plus, I hadn’t dated in over a decade. I’m blessed that I have a great group of female friends that helped me navigate the dangerous waters of finding love.”

For other women looking to get back into the dating game, the actress believes that “second chances are a gift, and they should be treated that way. Do the work on yourself after your divorce, so you don’t end up making the same mistakes again.”

*For more on Benz, you can follow her on Twitter @juliebenz. Be sure to catch her in Taken: The Search for Sophie Parker on Lifetime on Saturday, September 21st at 8 p.m. ET. You can also see her in the new season of the sci-fi show Defiance.*

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## **Kelly Rutherford On Her Divorce: “The One Thing I Know Is That My Kids Are**

# Loved and That We're Working It Out"



By [Whitney Johnson](#)

*Gossip Girl* fans recognize Kelly Rutherford as prim and proper socialite Lily van der Woodsen, a character who captured our hearts despite her shortcomings. You could fault Lily for a number of things but being a protective parent wasn't one of them. When speaking about her character on the show, the actress says, "It was a lot of fun. She was a very different type of mother than we're used to seeing on television."

Now, Rutherford is tackling an even more challenging role in Lifetime's *A Sister's Nightmare*, which premieres this weekend. The blonde beauty plays Jane Rydert, a police officer whose

life changes drastically when her older sister Cassidy (Natasha Henstridge) shows up after being released from a psychiatric hospital. Unable to convince anyone that her sister is still dangerous, Jane must protect her niece Emily (Peyton List), who she's been raising for the past 16 years.

Rutherford was initially attracted to the movie because it was "very different than what I had done before. It was nice to do something that was a big contrast to *Gossip Girl* and the character that I played for six years – to shake things up a little bit."

And, of course, the cast is always an important piece of any project. For this role, she reunited with one of her love interests on *Gossip Girl*, Matthew Settle. "It was wonderful to work together again," she exclaims. "Natasha and Peyton are incredible too. They made it very believable for me. It was really a lovely experience."

Ultimately, though, the ending hooked her. "There's this huge twist that you don't see coming. It made me really like the script," the Kentucky native shares. "It was really fun to play a character who ends up being totally different than you thought."

Naturally, being a parent herself – to six-year-old son Hermés and four-year-old daughter Helena – impacts the way she approaches each project. For Rutherford, her kids are always her priority. "I do my best to work around them," she explains. "It all goes by so fast that you don't have time for guilt. When I'm with my kids, I want to be totally present. And when I'm working, I want to know that my kids are attended to and happy."

**Related Link:** [Celebrity Couples Who Cannot Wait to Become Parents](#)

It's no surprise that motherhood has changed the single mom. "I learn something new every day. I want to be a better

example for my children. It's a different type of pressure to be a good person when you have little eyes looking up at you!" she says with a laugh.

Part of being the best mother she can be is going with the flow. "As a parent, you realize that every day brings new things." This summer brought a lot of fun for the family of three. "I asked my kids what they wanted to do, and they said, 'We just want to be with you.' So that's what we did! We went to the Hamptons for a few weekends. We did everything we love to do in New York City too: go to the museums, ride scooters in the park. They took swimming and piano lessons. My daughter took ballet and French classes."

Unfortunately, Rutherford has been dealing with some more serious problems. In June, she filed for bankruptcy due to financial problems stemming from her lengthy custody battle with Daniel Giersch. Her ex-husband, who resides in Monaco, was barred from returning to the United States – which means that Rutherford must travel back and forth to see her children.

"It's not always easy, that's for sure," she says of her divorce. "The biggest thing is to stay positive when you talk about the other parent. You have to be honest; you don't want to lie, but you want to say it in a way so it doesn't have an edge. My kids really pick up on whether I'm okay emotionally. As long as I'm okay, they're okay. If I lose it, who do they have to look to for strength?"

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The actress adds, "When they have questions, I sit down and answer them. I try to be as kind and respectful of them as possible. I let them know that I don't always know either, that I'm figuring it out too. The one thing I do know is that they're loved and that we're working it out. I encourage them to just enjoy every moment, whether they're with me or their

dad.”

Rutherford applies this philosophy to her own life as well. After a relaxing but busy summer, she’s ready to step back into a role on primetime and is excited to be joining the cast of *Reckless*, a show premiering on CBS this fall.

Plus, she’s considering expanding her work as an activist for custody issues into a book. “A few people are encouraging me, but I don’t know if it’s the right time yet. I’m just waiting to see how things play out.” One thing’s for sure: We’ll be cheering for her every step of the way!

*You can catch Rutherford on A Sister’s Nightmare on Lifetime on Saturday, September 7th at 8 p.m. ET. You can also follow her on her personal site, <http://www.kellyrutherford.com/> or [Twitter](#) @KellyRutherford/ and [www.facebook.com/thekellyrutherford?fref=ts!](http://www.facebook.com/thekellyrutherford?fref=ts!)*

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## Kate Gosselin Accuses Ex-Husband Jon of Computer Theft and Phone Hacking





By April Littleton

According to [People](#), Kate Gosselin filed a lawsuit accusing her ex-husband Jon Gosselin of stealing her hard drive and hacking into her computer and phone in order to get information for a tell-all book. The book in question is titled *Kate Gosselin: How She Fooled the World*. It has since been pulled from Amazon since the information was obtained illegally. The former couple starred in *Jon and Kate Plus 8* together before separating in 2009 and eventually divorcing.

**How do you remain civil after a divorce for your children?**

### **Cupid's Advice:**

Going through a divorce is difficult, especially when kids are involved. Just because you and your ex are going your separate ways doesn't mean you won't be in each other's lives. You'll have to find a way to communicate well with one another for the sake of the children. Cupid has some advice:

**1. Stay out of each other's private lives:** The worst thing you can do is continue to meddle in your ex-husband/wife's

business. What they choose to do with their free time is no longer a concern of yours. You shouldn't know who he/she is dating and the same goes for them about you. Don't ask your children for any information either. They shouldn't be put in the middle of what's going on between you and your former spouse.

**2. Communicate:** Talk to your ex with respect. Don't talk to him/her about anything personal. Keep the conversation focused on your kids. You'll need to be able to work out a visiting schedule without arguments or other distractions getting in the way. Of course, you'll disagree with each other, but listen to what the other has to say. At the end of the day, you're both just trying to do what's right for the little ones.

**3. Space:** Once you've worked out everything involving the kids, you'll want to give each other space. There's no reason for the two of you to remain in close contact right after the divorce. Both of you are angry, hurt and probably resentful. Take the time to let those negative feelings subside before you decide to talk on a regular basis.

**How did you remain civil after a divorce? Share your experience below.**

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**Lindsay Lohan Shows a Different Side in 'The Canyons'**



By April Littleton

Directed by Paul Schrader, *The Canyons* is a story about a young couple trying to work through a past infidelity. Christian (played by James Deen) is a movie producer who works to maintain his trust fund by creating films. When he becomes aware that his actress girlfriend, Tara (played by Lindsay Lohan) is hiding an affair with another actor from him, his life takes a violent turn, filled with twists and unexpected misfortunes.

### **Should you see it:**

Lindsay Lohan has been out of the game for awhile. Fans of hers will more than likely rush to local theaters to see this film. *The Canyons* falls under the mystery and suspense category, so if you like to be kept guessing until the very

end of a movie, this would be the one for you.

### **Who to take:**

Unfortunately, this movie is unrated, but rumors have been swirling around about sexually explicit scenes and plenty of nude flashes from *The Parent Trap* actress herself. So, naturally, it's not recommended to take young children to this movie. Would a movie about infidelity make a good date movie? Probably not. If you're still heartbroken over a breakup yourself, take a few of your close friends to see this movie. The destructive love story portrayed in the film might make you feel better about your own situation.

**Related:** [When Can You Trust Him?](#)

### **What do you do when your partner has cheated on you?**

#### **Cupid's Advice:**

Knowing that you've been cheated on is probably one of the worst feelings in the world. You end up blaming yourself for your partner's actions and for everything that went wrong in the relationship. You're not sure if you want to forgive your significant other for his/her infidelities, or move on with your life and find someone who would treat you with the upmost respect. Cupid has some advice:

**1. Confront them:** In order for you to make a clear decision about your relationship, you need to confront your partner about their wrongdoings. If you have solid proof, show them. Ask them why they did what they did. Be prepared for whatever answers they may give you. Your love may lie to you or he/she may admit to having cheated on you in the past. In any case, make sure you are mentally ready for the discussion before you go through with it.

**2. Think about it:** It's easy to cause on a scene the instant you find out your boo is cheating. Before you make any

mistakes you'll regret, think about what you've just found out. Take a couple of days to let the information sink in before you bring it up. You might even want to share the bad news with some close friends you trust. They might have been through a similar situation and will have plenty of advice for you.

**Related:** [Your Partner Has Cheated. Should You Reconcile?](#)

**3. Let go:** Do you think your relationship is worth saving? Can you see yourself mending a relationship with someone who has cheated? You need to decide if you're willing to forgive or if you want to move on. Trust will always be an issue once infidelity becomes a problem in a relationship. If you can't trust who you love, what kind of future will you have with them?

**Have you had a loved one cheat on you? How did you deal with it? Share your experience below.**

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## Jennifer Aniston Hints at Brad Pitt Years, Saying She 'Needed Therapy'





By Kristyn Schwiep

Jennifer Aniston and Brad Pitt were married for five years, but it seems that Aniston would've done a few things differently if she could go back in time. Aniston, 44, let her *We're the Millers* costar, Jason Sudeikis, interview her at a dinner party at her Los Angeles home. According to [UsMagazine.com](https://www.usmagazine.com/entertainment/story/jennifer-aniston-interview-jason-sudeikis/), Aniston told Sudeikis about how she wishes she would have gone to therapy in her thirties, but why she's finally happy with fiancé Justin Theroux.

**What are some ways to get over a heartbreaking divorce?**

### **Cupid's Advice:**

Moving on after a divorce can take time, but cupid has some advice for you to help you get through a heartbreaking divorce:

**1. Get outside help:** If you need outside help don't be afraid to get it. Reaching out to others is a hard thing to do, especially when talking about your emotions. Seeing a counselor or joining a support group could be a positive

experience for you during a divorce. Make sure you find a person or place that you feel comfortable opening up, so you can work through the divorce.

**2. Friends and family:** Spend time with people who support, love, and care about you. Spending time with people who truly value you and your emotions are the people you need to reach out to during this hard time. Surrounding yourself with positive, loving friends and family who will listen to you will help you feel less alone.

**3. Explore:** Explore something new and exciting. A divorce is the end of a relationship, but can be the beginning of a better and happier life. Take this time to explore new interests and activities. It will clear your head and help you enjoy life in the moment.

**What are some ways you have gotten over a heartbreaking divorce? Share your stories below.**

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## Former 'Species' Star Natasha Henstridge Files for Divorce





By Kristyn Schwiep

Natasha Henstridge has filed for divorce from husband Darius Campbell, ending their two-year marriage. According to [People](#), Henstridge, 38, filed for divorce on July 23 according to documents filed in a Los Angeles county Superior Court. The papers reveal the exes have been separated since April 10.

Campbell, 32, told [The Daily Mail](#), “We decided to file for divorce and we ask for privacy at this time.” It was a mutual decision to end their marriage, Campbell said.

**How do you know when it's time to call it quits on a relationship?**

### **Cupid's Advice:**

Ending a relationship is never an easy decision. If you're feeling confused about ending a relationship you need to consider some red flags. Cupid has some advice for you:

**1. Isolation:** If your partner starts to drive everyone that you care about away from you it is a red flag and you need to kick them to the curb. You deserve to be in a relationship

with someone who loves that you have your own life and friends and family that care about you. So, if you are feeling lonely and dependent on your partner it is time to call it quits.

**2. Crying:** It's time to call your relationship quits if you can't stop crying or if the tears start to appear at any given moment. You deserve to be in a relationship that has you smiling, not crying.

**3. Abuse:** If you start to experience physical or verbal abuse it is time to put an end to your relationship. If you are physically abused it is safe to say that it will happen more than once. Also, if your partner uses any words to put you down frequently its a clear sign to leave. You need to be in a healthy-non violent relationship with someone who respects you.

How do you know when it's time to call it quits on a relationship? Share your thoughts below.

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## Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival





By Kerri Sheehan

The divorce of Brad Pitt and Jennifer Aniston is one of Hollywood's most talked about as it's eight-years-old, yet still manages to make headlines. Ex-lovers Pitt and Aniston may have a run in at the Toronto International Film Festival as both stars have movies set to premiere there. According to [UsMagazine.com](http://UsMagazine.com), Aniston's film *Life of Crime* also stars John Hawkes and Mos Def whereas Pitt's film *12 Years a Slave* costars Michael Fassbender, Benedict Cumberbatch, Paul Giamatti, Alfre Woodward and Chiwetel Ejiofor.

**What are some ways to deal with seeing your ex after a bitter breakup?**

### **Cupid's Advice:**

While it would be ideal for your ex to move far, far away after your breakup, that is not likely to happen so a run-in with your former fling is probable. If you've ever gone through a bad breakup then you know running into an ex is the last thing you want to do. Cupid has some advice about how to

deal:

**1. Keep your head held high:** The only way to get over the initial shock of seeing your ex is to let your confidence smack him in the face. Just go about your business as normal and try not to let your heart race out of your chest. If you're on speaking terms then a quick hello is encouraged, but don't run up to him right away, as that will appear too needy.

**2. Play it cool:** Although you've probably been acting out revenge fantasies in your head, there's no reason for your ex to know just how many times you've dreamed of him being forcefully ejected from the planet. The bitterer you act towards him, the more hurt he'll think you were by the breakup. As it's unlikely that you two will get back together there's no reason to play a sad puppy around him.

**3. Don't stress:** At the time the run-in will seem oh so dramatic, but in reality it's a very insignificant moment in your life. The insane urge to disappear into thin air or casually blend into the wall will go away once the encounter is over and you'll go about your life like the run-in never even happened.

**What do you do when you see an ex? Share below.**

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**Charlotte Ross of 'Hit the Floor' Says, "Waiting for Mr. Right Won't Get You Anywhere"**



By [Whitney Johnson](#)

Charlotte Ross has a Hollywood story meant for the big screen: she fell in love with acting at an early age and began pursuing her dream while growing up in Winnetka, Illinois. She worked at Second City and the Goodman Theatre until graduating from high school. Just a month later, she moved to Los Angeles and was quickly cast as Eve Donovan on the infamous soap opera *Days of Our Lives*, a role that later garnered her two Emmy nominations. Audiences now recognize her as Quinn Fabray's uptight mother Judy on the hit show *Glee* as well as Olivia Vincent in the summer series *Hit the Floor*.

**Related Link:** [‘Glee’ Star Cory Monteith is Found Dead in Hotel Room](#)

The popular VH1 show, which airs it's final episode of season one tonight at 9/8c, is about "a professional basketball

cheerleading squad; the back stabbing that ensues to get and stay on the team; and the inner workings of the corporate side of this world.” Her character was a star dancer in her younger years and now serves as the director of the Devil Girls. As the actress explains, “Olivia’s extremely driven, expects complete professionalism and won’t settle for less than perfection at every performance. She can be a bit relentless, but she’s also like a protective mother who just wants her girls to succeed.”

“It’s a ripe background for juicy drama, and the writer and executive producer, James LaRosa, doesn’t disappoint,” she adds with a laugh. I think he was born to write this show!”

As much as she loves being on stage, Ross’s heart belongs to Max, her nine-year-old son with ex-husband Michael Goldman. The couple divorced in 2008 after four years of marriage but continue to co-parent their son. True to her optimistic personality, she chose to remain positive during this difficult time. “The truth is, we all have a good argument as to why our ex isn’t the best partner, parent or friend, but I worked really hard not to focus on the negative because I wanted what was best for my son.”

And what’s best for Max is two parents who are able to “come into each other’s houses without tension or stress. I’m beyond blessed that my son is very well-adapted to having two homes,” she candidly shares. “I enjoy it as well. I get to be fully ‘on’ when I’m with him and then ‘off’ when his father has him.”

Her advice for parents in a similar situation is simple: “Try to deal with the challenges as best as you can because it really makes a difference for your kids. They can actually learn something good from it, like how to work through tough things and treat people with respect.”

**Related Link:** [Solo Parenting: Reconsidering Your Ex](#)

Of course, jumping back into the dating game after divorce is never easy. The single actress says being proactive is the best way to meet someone new. "Sitting and waiting for Mr. Right won't get you anywhere. Instead, step out of your comfort zone and normal circle of friends," she says. "And don't be afraid to be set-up! Remember that your friends know you well and know what kind of partner you want."

As shown by her diverse professional choices, stepping out of her comfort zone is nothing new to Ross. This fearless attitude extends to her personal life too; she's even training to climb Mount Kilimanjaro later this summer. The blonde, who says "nature is like a church," sees this trek as number one on her bucket list. "It's been a dream of mine for years. We all have that list of 'One day, I will...' Well, time is passing, you know?" Reflecting further on the upcoming journey, she explains, "Challenging ourselves can be very healing. This adventure is both a physical one and a spiritual one."

The actress knows firsthand the effects of living a healthy lifestyle. "I truly believe that working out and clean eating (most of the time) is the fountain of youth. I look and feel better than I did decades ago. It amazes me!" As if that's not enough reason to head to the gym, she adds, "When you sweat for an hour or so each day, daily stress doesn't take the toll that it normally would. I think everyone should make time for fitness no matter how busy their life may be."

*Don't miss tonight's season finale of Hit the Floor on VH1 at 9/8c! For more information about Ross, check out her website [charlotteross.com/](http://charlotteross.com/) or follow her on Twitter @charlotteross.*

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# Nick Lachey Wishes Jessica Simpson 'the Best' After Birth of Baby Ace



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), when [E! News](http://E! News) asked Nick Lachey if he still speaks with ex-wife, Jessica Simpson, Lachey said, "We're not in touch." Simpson gave birth to her second child, Ace Knute Johnson on June 30. "I certainly wish her the best, and I would like to think the same on her end, but we don't speak," Lachey said. The two have been divorced since 2006.

**What are some ways to remain civil after a divorce?**

**Cupid's Advice:**

Going through a divorce is one of the hardest things a person can deal with. Once a divorce is finalized, you might still be involved in your ex's life, especially if you have kids together. If the divorce was amicable, it shouldn't be too hard to remain friendly with your former spouse. However, it may be a little more difficult to remain on good terms if the breakup was nasty. Cupid has some advice:

**1. Know your limits:** Now that the two of you are no longer a couple, it's important to set personal boundaries. Your ex doesn't need to know the details of your love life and he/she shouldn't be discussing dating with you either. You may still consider each other a friend, but that doesn't mean you should continue to tell each other everything. Choose what you tell your ex-spouse wisely. If possible, stay away from personal topics altogether.

**2. Get a third party:** The best thing to do when dealing with an ex-wife/husband is to always seek out a person who can do the mediating between the two of you. If you're still at the stage where everything ends in a fight, find someone who is unbiased in the situation to help with final decisions (ex. visitation schedules for the kids) and to help smooth things over.

**3. Give each other space:** Take the time to move on from the divorce and all of the bad feelings that come with it. Refrain from making contact with each other for awhile. Putting some space between you and your ex will help both of you move on and you might eventually be able to form some kind of friendship later in the future.

**How did you remain civil after a divorce? Comment below.**

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# Nigella Lawson Is 'Devastated' Over Charles Saatchi's Divorce Filing



By Kristyn Schwiep

When Charles Saatchi decided to file for divorce, Nigella Lawson was caught off guard. According to the [New York Post](#), Lawson had no idea that her husband was about to announce their separation in a statement to a Sunday newspaper. She is devastated that their family is falling apart, and she has no control over the situation, an insider told [UsMagazine.com](#).

**How do you cope when your partner breaks your heart?**

**Cupid's Advice:**

It's never easy when your partner breaks your heart. The end of a relationship can put your life in shambles and trigger painful emotions. So what are some ways you can cope when your partner breaks your heart? Cupid has some advice:

**1. Find support:** Open up to family and friends or join a support group. Being able to open up and share your feelings will guide you through this difficult time. Isolating yourself through this period can add stress and depression to you. Don't be afraid to talk to other about your emotions, people are willing to listen.

**2. Take care of yourself:** It's crucial to take care of yourself emotionally and physically. This can be a hard time for anyone so remember to exercise, eat well, and relax. Also, take the time to do something you've always be interested in, spending time with your friends and family, and focusing on you. Doing something that will make you happy will go a long way. Think positively, life will get back to normal.

**3. Look to the future:** Don't look back with regret. Once you've accepted the end of your relationship you will begin to heal. Also, it may seem hard to believe you will find love again, but remember you are allowed to – and will love again. So set your sights on the future and don't look back.

**How do you cope when your partner breaks your heart? Share your thoughts below.**

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## **Nigella Lawson's Husband Is**

# Divorcing Her



By Kristyn Schwiep

Charles Saatchi is seeking divorce from Nigella Lawson. According to [People](#), Lawson failed to publicly defend him during the fallout over their disturbing public fight. Saatchi was seen grabbing the celebrity chef's throat at a London restaurant on June 9. "I feel that I have clearly been a disappointment to Nigella during the last year or so, and I am disappointed that she was advised to make no public comment to explain that I abhor violence of any kind against women," said Saatchi.

**How do you know when to stand by your partner in a scandal?**

**Cupid's Advice:**

Standing by your partner is an essential part of any relationship, but there are certain times when there are no excuses for your partner's actions. So, how do you know when to stand by your partner in a scandal? Cupid has some advice:

**1. Twisted perception:** Only you know how your partner acts on a day-to-day basis, which means only you know how to react to your partner's behavior. Out lookers can twist a situation way out of proportion, so if you know your partner was being harmless or meant it all in good faith it is your decision to stand by your partner even when others are ridiculing your relationship.

**2 . Protecting your family:** Sometimes standing by your partner in a scandal is a good way of damage control. Many times you decide to stand by your partner to protect your family. Showing support to your partner will show your family how much you truly care about one another and that the accusations can't amount to the love you share.

**3. You don't want to lose hope:** Don't lose hope in a relationship over one minor fallback. Relationships come with a lot of stress, sometimes leading others to act out of character. If your relationship is something you believe in make sure you stand by your partner in times of needs. You will then have the opportunity to discuss the situation in private at a later time.

**How do you know if you should stand by your partner in a scandal? Share your thoughts below.**

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# Russell Crowe, Danielle Spencer Reunite For Dinner With Kids



By April Littleton

The Australian couple who are rumored to have split last fall spent the evening with their sons and friends at the Polo Lounge in Beverly Hills Thursday, June 27. “Russell and Danielle were sitting next to each other and seemed to get along well – but were never affectionate,” an eyewitness told [UsMagazine.com](http://UsMagazine.com). Later in the evening, after the children left the table, the pair continued to hold a discussion with another couple with Crowe “smoking a cigarette and talking very animatedly, [seemingly] about politics.”

## How can you stay friends with an ex?

### Cupid's Advice:

You've parted ways with your significant other, but the two of you still hope to become friends one day. Sometimes, two people just aren't right for each other romantically, but they make the best of friends. If the breakup was amicable and you still find yourself being able to freely talk to your ex about anything, you might be able to turn your old relationship into a new friendship. Cupid has some advice:

**1. Be kind to each other:** If you really want this new friendship to work, you have to be there for each other. Listen to each other's problems and try to lend a helping hand. Good friends support each other's needs. When communicating with your ex, don't bring up the past or anything that could cause tension. After all, the two of you are friends now, not lovers. So, keep the relationship strictly platonic.

**2. Don't talk about new lovers:** The last thing you want to do is bring up a new romance, especially if the breakup with your ex is still mildly fresh. If you have someone new in your life, don't talk about it. Bringing up your love life can cause confusion and feelings of jealousy, which can ruin the friendship you and your ex are attempting to have. After awhile, talking about new love with your former boo may be the right thing to do, but put it off until you're sure he or she will be able to handle it.

**3. Time and space:** Before you can embark on a friendship, take some time apart first. Staying connected with your ex will be impossible if you still have feelings for each other. You need to move on from the breakup. Plan some fun events with old friends, and do some activities on your own before you start hanging out with your old flame again.

Are you friends with your ex? How did you make the transition from being a couple to being friends? Share your experience below.

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# Eliza Coupe Served With Divorce Papers by Husband Randall Whittinghill



By April Littleton

Two months after the cancellation of *Happy Endings*, the actress of the acclaimed ABC sitcom, Eliza Coupe, has been

served with divorce papers by her husband Randall Whittinghill. According to [UsMagazine.com](http://UsMagazine.com), Whittinghill, a puppeteer and acting coach, cited irreconcilable differences and asked for spousal support. The couple has been together for more than 12 years. The actress has yet to comment on their split.

## **How do you tell your partner you want a divorce?**

### **Cupid's Advice:**

Divorce is never an easy subject to bring up, especially to your significant other. Regardless of how much love a couple has for each other, some marriages just don't work out. Whether your partner is aware of the tough decision you have made or not, it's up to you to be upfront and honest. If you think it's time to start thinking seriously about divorce, Cupid is here to help:

**1. The location:** Where you tell your spouse about your decision to divorce is crucial. If you have kids together, send them to a friend's house or have a family member take care of them for awhile. To avoid any potential outbursts, pick a private location. Telling news like this in a public place might make your partner feel embarrassed and can lead up to an irrational response.

**2. Don't play the blame game:** When you explain your decision to your significant other, try to avoid statements where it seems as though you're blaming him or her. Your partner will already be upset, so it's best to express your feelings without using an accusatory tone. The relationship is already over, don't waste time pointing fingers at each other.

**3. Talk about the kids:** If you have children together, it's important that your spouse knows he or she will always be involved in their lives. Assure your partner that your intentions are not to tear him or her away from the kids, but

as a couple, the two of you just don't work anymore.

How did you tell your spouse you wanted a divorce? Share your experience below.

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## Celebrity News: Jodie Sweetin Opens Up About Recent Separation



By April Littleton

According to *UsMagazine.com*, former *Full House* star Jodie Sweetin took to Twitter to address the news of her separation

from husband Morty Coyle. “Thank you for to everyone for being kind and supportive...I really appreciate all the fan love”, she tweeted. “Life can have its challenges, for sure!” This is Sweetin’s third marriage. She was previously married to Shaun Holguin (from 2002 and 2006) and to Cody Herpin (from 2007 to 2010), with whom she has a 5-year-old daughter, Zoie with.

**How do you know when it’s time to call it quits on a long-term relationship?**

### **Cupid’s Advice:**

Ending a relationship is a hard decision to make, especially when a couple is together for a long period time. There are times when a relationship loses its spark and it can be very tough to get it back. When is it time to let go of someone you once kept so close to you heart? Cupid has some advice:

**1. Feelings change:** Have your feelings for your significant other changed? Do you no longer get that warm, fuzzy feeling every time your partner grabs for your hand? The feelings you once had for your love may return in time, but if you’re still not feeling it, it’s time to sit down and evaluate your relationship. Don’t string your boo along when you know you no longer want to be involved with them.

**2. Drifting apart:** One of you might have gotten that big promotion at work and has been busier than usual. Conflicting schedules can cause a couple to lose touch of each other. If this has been going on for some time now and you’ve been seeking attention from somebody else, it’s time to end the relationship you’re in. Although, if the two of you make some time for each other, you might be able to reconcile.

**3. Nothing works:** You’ve tried couples therapy and sought the help of friends and family on your situation, but nothing seems to be working. If you can’t revive the relationship on your own and your partner isn’t interesting in putting forth

the effort to fix whatever is wrong, then it's time to let it go. You shouldn't have to work so hard for love, especially if you're not getting any support from the person you're trying so hard to keep.

When did you know it was time to call it quits on your relationship? Comment below.

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## Celebrity News: Jodie Sweetin Files for Legal Separation from Husband of Less Than a Year





By Marisa Spano

A *Full House* star is on the verge of ending her third marriage. According to [People](#), Jodie Sweetin filed for legal separation from Morty Coyle, her husband of just a little over a year. Sweetin is seeking custody of the ex couple's 2  $\frac{1}{2}$  - year-old daughter, Beatrix. The actress and her ex got engaged on Sweetin's birthday in January 2011. They decided to keep their marriage secret for a year. On their first year anniversary, the two made their marriage public.

**How do you know when to call it quits on your marriage?**

### **Cupid's Advice:**

Divorce can be complicated and nasty, so when do you know whether to keep trying or to call it quits? Cupid has some advice:

**1. Do whatever it takes:** Ask yourself, have I done everything I can to save the marriage? Perhaps couples counseling is the answer, or maybe time is all you need. Either way, you won't be happy if you know you threw away your marriage without

trying to make it work.

**2. Plan:** Make sure you have researched, planned and prepared yourself legally for a divorce. If it's a spontaneous decision and you haven't done the necessary legwork prior, you probably aren't ready to call it quits.

**3. Forgiveness:** Has something happened that can't be forgiven? Anyone can live with someone, but if something unforgettable has happened it will no longer be a happy marriage. It is about being completely honest. The real question is, are you able to forgive?

**When would you call it quits? Let us know below.**

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## **Celebrity News: Katy Perry Admits Russell Brand Said He Was Divorcing Her Via Text**





By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Katy Perry told [Vogue](http://Vogue) in an interview how her ex-husband, Russell Brand brought up his plans for divorce, "He's a smart man, and I was in love with him when I married him. Let's just say I haven't heard from him since he texted me saying he was divorcing me December 31, 2011." The "Wide Awake" singer, 28 and Brand, 38 married in October 2010 after meeting at the 2009 MTV VMAs. Since their breakup, Perry has had an on-again, off-again relationship with John Mayer.

**What are some things you should not use social media for in a relationship?**

### **Cupid's Advice:**

Nowadays, a relationship isn't truly official until it's "Facebook official." Spilling the beans on your latest crush to your virtual friends may seem cute at the time, but if things get serious between you and the new boo, you might be setting yourself up for failure. Some things should be left

completely private and left off of your Twitter updates. Cupid has some advice:

**1. Cyber fighting:** Many couples use social media sites like Twitter and Facebook to vent about their latest relationship problems. This would be OK if it weren't for the negative public commentary you'll be bound to receive. Putting your private business out there is never a good look for you or your partner. Plus, nasty comments left on your site could lead to bigger problems in your relationship.

**2. Talking to the ex:** If your ex sends you an "innocent" friend request, decline it. It's more than likely he/she will just stir the pot and cause a rift between you and your new love. If your ex is already apart of your social networking community, keep the conversations to a minimum. Your beau doesn't want to see you getting friendly with your ex for the whole world to see, and stay away from that dreaded "Like" button if you're dealing with an insecure partner. Commenting, or showing your appreciation for an old flame's picture or status will lead to an argument.

**3. PDA:** A few pictures of you and your boo kissing is OK, but don't overdo it. Your network of friends don't need to see what you and your partner do behind closed doors. Besides, taking too many inappropriate pictures will be a cause for your site to be blocked or permanently suspended if enough people complain about it. Keep it PG-13 when you feel like sharing the love on the World Wide Web.

**What are some other things you shouldn't use social media for in a relationship? Comment below.**