

# Rumer Willis Opens Up About 'Dancing With The Stars' and Her Parent's Celebrity Divorce



By Meranda Yslas

Rumer Willis, actress and daughter of former famous couple Bruce Willis and Demi Moore, recently sat down and talked on [Larry King Now](#) about the current season of *Dancing with the Stars* and her parent's [celebrity divorce](#).

# Rumer Willis on Val Chmerkovskiy and *Dancing with the Stars*

According to Willis, season 20 of *Dancing with the Stars* is the season to watch her partner Val Chmerkovskiy. “I think it’s going to be his year,” she explains. “He’s so sweet and really cares about the dance.” Still, winning isn’t going to be an easy task, especially being partnered with such a determined dancer. The actress admits, “He’s definitely a strict teacher!”

**Related Link:** [Demi Moore and Bruce Willis Barely Interact at Rumer Willis’ Performance](#)

With such an intense practice schedule, it’s obvious that the dancing is important for the duo. “When you’re doing a show that’s a reality TV version of ballroom dancing, it can become more about the costumes or the performance, but what I really like about him is he really cares about the dancing and keeping the integrity of what you’re actually doing,” she reveals.

## Actress Talks About Her Parents’ Celebrity Divorce

Although Willis has her own career, she’s perhaps best known as the daughter of two A-list stars. Experiencing your parents’ divorce is never easy, especially if you’re the child of a Hollywood couple. As a 10-year-old, it was difficult for her to understand the role of the press and the tabloids in her everyday life. “I think one of the hardest parts was growing up with having your whole life kind of be on display and have people have an opinion about it before you learn how to get a tough skin and really just have confidence in who you are without letting other people’s opinions affect that,” she explains.

Fortunately, her parents' celebrity divorce was made a little bit easier to handle, thanks to the continual support from her mom and dad. "I am so thankful and grateful that my parents made such an effort at the time," she shares. "I never had to split up vacations or split up birthdays. They always made an effort to do all of the family events still together. They made such an effort to still have our family be one unit as opposed to two separate things."

**Related Link:** [Rumer Willis Moves On With New 'Glee' Beau](#)

Given her family's status in Tinseltown, the *Dancing with the Stars* contestant is subject to celebrity gossip. She tries to maintain a positive attitude about the rumors and be open to criticism. "If you want to judge me, I'm totally fine with that," she candidly says. "And if you don't like me but just take five minutes to get to know me and if after that your opinion stays the same and you *still* don't like me, then that's your prerogative."

Having a confident attitude while dealing with negativity from the press and general public isn't easy to pull off, but Willis has her mother to thank for her perspective: "She always says, 'Live in whatever your integrity is, and go out to the world and present yourself how you want to present yourself and how you want people to see you.'"

For the rest of the interview, visit [www.ora.tv/larrykingnow/2015/3/16/rumer-willis-0\\_5jsq5lpkgb75](http://www.ora.tv/larrykingnow/2015/3/16/rumer-willis-0_5jsq5lpkgb75).

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# Jennifer Aniston Says She Doesn't Find Divorce from Brad Pitt To Be 'Painful'



By Maggie Manfredi

The breakup that broke our hearts 10 years ago is still being talked about today! However, according to [Yahoo.com](https://www.yahoo.com), Jennifer Aniston recalls that her divorce from Brad Pitt was not a painful experience. The *Friends* alum said, "I think it's a narrative that follows you because it's an interesting headline. It's more of a media-driven topic." Both actors have since gone on to have amazing careers and solid personal lives. Whether you were team Bennifer or Brangelina, it is good to know there is no animosity between the exes.



# What are three first steps to take in order to recover from a divorce?

## >Cupid's Advice:

Divorce is a really awful experience, no matter who you are, so taking those first steps to move forward are key. Here are some tips from Cupid:

**1. Talk it out:** Whether you have a trusted friend or have hired a professional, it is therapeutic to talk about the situation. Another idea is writing a letter to your ex for your eyes only to get all of the leftover emotions out in your own way.

**Related Link:** [Chris Rock and Malaak Compton-Rock Are Divorcing After 18 Years](#)

**2. Have a bit of fun:** Go out with your besties or have a blowout party. Do something that makes you feel good, and most importantly, leads to some serious laughter.

**Related Link:** [Bruce Jenner Attends Ex-Wife Kris' Annual Christmas Eve Party](#)

**3. Get your affairs in order:** Get yourself organized and make sure to work through the things that need to be taken care of in light of this big life change. Leaving things to the last minute or avoiding them will only create additional chaos.

**What are your thoughts on moving forward after divorce? Share below!**

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# 5 Women Who Got Famous After Celebrity Divorce



By [Courtney Omernick](#)

Sometimes, the not-so-glamorous side of one's life is showcased and talked about more than their positive, beautiful moments. And when it comes to divorce, especially if you're a celebrity, get ready to be eaten alive by the tabloids!

**Below are five women who had a rise in fame after they dropped the ax on their marriage by getting a**

# celebrity divorce.

**1. Camille Grammer:** The famous ex-celebrity wife of Kelsey Grammer became even more famous when the couple went through an ugly celebrity break-up in 2011 after 14 years of marriage. While her [celebrity divorce](#) was being finalized from Kelsey, Camille signed on to the reality show *The Real Housewives of Beverly Hills*.

**Related Link:** [Four Changes You MUST Make to Avoid Falling Prey to the Unavailable Man](#)

**2. Katie Holmes:** While Katie had a great run on *Dawson's Creek* from 1998-2003, the actress didn't get a lot of attention until she surprised Tom Cruise with celebrity divorce papers in 2012. Since that time, Katie's been scouted for multiple film roles and received copious amounts of attention from the paparazzi.

**Related Link:** [Solange Knowles and Alan Ferguson Honeymoon in Brazil](#)

**3. Heather Mills:** This celebrity wife was only married to Beatles front man, Paul McCartney, for four years. But, she turned heads after her split from Sir Paul because she claimed that he was 'abusive,' 'a drug taker,' and more. McCartney was also forced to give Heather \$46.6 million after their split.

**4. Elin Nordegren:** Since her crazy divorce from Tiger Woods in 2010, every newspaper wants to know how she's moved on, if she forgives Tiger, and what she's been up to. Prior to the cheating scandal involving Woods, not many people could recall the name Elin Nordegren.

**5. Ivana Trump:** Soon after her divorce from Donald Trump in 1992, Ivana started making a name for herself. Since that time, Ivana signed on with William Morris Agency and developed lines of clothing, fashion jewelry, and beauty products. She

has also written several books and starred in her own reality television show.

What other celebrity women have gotten famous after their divorce? Comment below!

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# Kris Jenner Officially Files for Divorce from Bruce Jenner



By Amanda Boyer

According to [UsMagazine.com](http://UsMagazine.com) and the L.A. Superior Courthouse, Kris Jenner is ready not only for a new season of *Keeping Up*



*With the Kardashians*, but a new chapter in her life. After 22 years of marriage to Bruce Jenner, she officially filed for divorce from him on Monday, Sept. 22. Kris stated, “We are happier this way.”

**How do you know when it's time to end your marriage?**

**Cupid's Advice:**

Do you think it is time to cut ties with your partner? Cupid has some tips on how to know it's time to end things for good:

**1. Do some thinking:** Think long and hard, assessing the situation. Are you falling out of love? Are the things you used to love now annoying? If the answer is “yes,” it is time to make a decision.

**Related:** [LeAnn Rimes Breaks Down Over the Ending of Her First Marriage](#)

**2. Talk to your family:** In times of trouble, lean on the rest of your family for advice. Some may be willing to help move you out or let you stay at their place for a few weeks.

**Related:** [Jennifer Lopez and Marc Anthony Are Ending Their Marriage](#)

**3. Start the process:** If you find yourself beginning to look at what it would take to get a divorce, it's probably a solid sign that it's best to move on.

**Have anything to add when it comes to ending your marriage? Comment below.**

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# Celebrity Dating Rumors: Gwyneth Paltrow Is Dating 'Glee' Co-Creator Ben Falchuk



By Shannon Seibert

According to celebrity dating rumors, romance has once again struck on the set of *Glee*! Gwyneth Paltrow and Ben Falchuk were spotted on a flirty dinner date at East Borough in L.A., according to [UsMagazine.com](http://UsMagazine.com). Paltrow has made five guest appearances on the co-creator's show as Holly Holliday since 2010. Following her celebrity divorce from Chris Martin in March, Paltrow's relationship with Falchuk has progressed from professional to personal over recent months. Falchuk has also recently split from his ex-wife Suzanne of 10 years. Both the

actress and the producer share children with their celebrity exes and are seemingly close to their former partners. We're excited to see what Cupid has in store for the new [celebrity couple](#)!

## Rumor has it that Paltrow is already part of a new celebrity couple. How do you know when you're ready to move on after a split?

### Cupid's Advice:

Moving on can sometimes feel like you're climbing a never-ending mountain, but then one day, you finally reach the top, and you realize the view isn't half bad. When you feel that you have closure from your past relationship, the next step is moving forward. If you're wondering whether or not you're up to starting something new, consider these three pieces of love advice:

**1. You physically feel better:** Sometimes, emotional pain transitions into physical pain. There seems to be a never-ending pit in your stomach that leaves you feeling nauseous. When you've let go of past emotions and memories and accept that he isn't coming back, you feel lighter. The songs on the radio don't "speak" to you anymore; you aren't avoiding certain places you went together; and you find yourself forgetting to think about him from time to time. This weight that lifts is a sign that you don't have to be held back anymore. Paltrow has been able to let go of past grievances after her celebrity divorce, and they've even remained close friends. There is nothing keeping you in the past, so you can create your own future.

**Related Link:** [Gwyneth Paltrow and Husband Chris Martin Split](#)

**2. You've thought about dating again:** When you're ready to move on, thoughts of dating cross your mind more frequently, and they usually aren't about your past significant others. Finding new men to reach out to can help stimulate the healing process and allow you to consider new avenues for finding love. Celebrity couple Paltrow and Falchuk both waited until the right moment to be together.

**Related Link:** [Chris Martin Says He's 'Friends' With Estranged Wife Gwyneth Paltrow](#)

**3. You've had complete closure:** Closure is hard to come by, but when you finally have it, everything feels at peace. Though the truth about why things ended may hurt, it also allows you to feel more in tune to your senses. There won't be any more "what ifs" nagging at your mind before you go to sleep each night. You won't be analyzing everything that went wrong, and you'll be able to just have the memories of everything you did right. Use your past relationships and love to help you in the future.

**How did you know it was time for you to move forward? Share your story with us in the comments below!**

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## **'Hunger Games' Star Leven Rambin and 'True Blood' Alum Jim Parrack Are Engaged**







By Ann Luther

We all saw *True Blood* alum Jim Parrack's heartbreak when he ended his marriage to his wife of six years, Ciera Parrack. However, he quickly moved on, proposing to *Hunger Games* star, Leven Rambin, after only a few months of dating. According to [UsMagazine.com](http://UsMagazine.com), they even made their big news official on Facebook: Parrack changed his relationship status to Engaged over the weekend. The new couple does, in fact, seem very happy in this Instagram video they posted announcing their hiatus from social media. Best of luck to the adorable pair!

**How do you know when you're ready to move on post-divorce?**

### **Cupid's Advice:**

Divorce is one of the most difficult things a person can go through in life. It is the end of something that was supposed to last forever. It's hard to believe that you'll someday move on – and maybe even find love again – when you feel so wrought with despair. However, know that you *will* feel closure and

happiness again...eventually. So how do you know when the time is right to open up your heart to someone new?

**Related Link:** [Kendra Wilkinson Wears Telling T-Shirt After Meeting with Divorce Lawyers](#)

**1. You're going out with your friends:** If you can go out with your friends, you can go out on a date. Put a little extra effort into your beauty routine to make yourself feel your best. Even if you're not ready to get into a serious relationship, going on a date is a simple step in the right direction.

**2. You miss what you had but not your ex:** There is a big difference between missing a person and missing a feeling. When you lose a partner, it's almost always best to leave that person where they belong: in the past. A feeling, however, can always be found again. It may not be the same feeling you had with your ex, but it will be extraordinary because that is what love is. The important thing to remember is that you will have many loves in your life. Don't give up!

**Related Link:** [5 Celebrity Couples Who Are Still Friends Post-Divorce](#)

**3. You're okay with being alone:** Something we all struggle with is recognizing the difference between being alone and feeling lonely. Being alone is a part of life, even when you're married. You should be at peace with your thoughts, your choices, and your life. There is nothing scary about being alone. You are free in so many wonderful ways!

**How did you know that you were ready to move on after a breakup? Tell us in the comments below!**

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# David Arquette Says He Doubts He'll Attend Ex Courteney Cox's Celebrity Wedding



By [Courtney Omernick](#)

Even though David Arquette has remained close with his celebrity ex Courteney Cox, he doubts that he will be attending her upcoming [celebrity wedding](#) to *Snow Patrol* band member, Johnny McDaid. According to [UsMagazine.com](#), Arquette said about his relationship with Cox and her fiancé, "We are all very tight and very close and very supportive of everyone." These two celebrity romances have proven that, even among the stars, friendship with exes is possible!

# Celebrity romances don't always end in drama! What are some ways you can also remain supportive of your ex post-split?

## Cupid's Advice

It can be challenging to remain close or develop a friendship with your ex post-split, but if you're looking to remain supportive of them, Cupid has you covered! Check out our love advice below:

**1. Focus on yourself first:** If you want to go back to just being "friends" with your ex, the first thing you need to do is focus on yourself and lose your "couple" identity. Take some time to be away from the person and work on you as an individual. Deal with the break-up in your own way before connecting with the other person again.

**Related Link:** [Courtney Cox's Fiance Johnny McDaid's Mom "Loves" Her](#)

**2. Support their milestones:** After you've spent time away from the relationship and understand yourself as an individual, you can show the other person your support through simple texts, e-mails, and phone calls. For example, if your ex just finished their first marathon, extending your thoughts through a "congratulations" text can show them that you're still a part of their support system. We're sure that Arquette expressed his happiness about Cox's upcoming celebrity wedding!

**Related Link:** [Courtney Cox Is Engaged to Snow Patrol's Johnny McDaid](#)

**3. Be a resource:** If you hear that your ex is going through a



hard time with a family member or having problems with their computer, make sure they know that they can come to you for advice or help. Assisting them in finding a solution for their problems shows that you still want to remain active in their lives and support them through difficult situations.

**Have you been supportive of your ex post-split? Share your stories in the comments.**

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## **Kendra Wilkinson Wears Telling T-Shirt Post-Divorce Lawyer Meeting**





By [Courtney Omernick](#)

It looks like Kendra Wilkinson is letting her clothes do the talking. According to [UsMagazine.com](#), Kendra Wilkinson stepped out of her divorce lawyer's office on August 8 wearing a shirt that said, "I'm Not Sorry." As previously reported, Wilkinson's husband, Hank Baskett, cheated on her with a transgender YouTube model named Ava Sabrina London back in April.

**What are some ways to cope with the divorce process?**

### **Cupid's Advice:**

When you get married, the last thing you want to think about is the possibility of divorce. But, unfortunately, divorce is more common than we'd like to believe. So, if you find yourself going through this painful time, what are some ways you can cope with the process? Cupid has provided some tips below:

**1. Recognize that it's ok to have different feelings:** One moment, you may feel relief that your marriage is coming to an

end, and the next, you might become extremely frustrated with what's going on. It's normal to have a number of different emotions during this time. Leaving your past behind and exploring a new future is an emotional journey for anyone!

**Related:** [Jason Aldean Defends Relationship with Former Mistress](#)

**2. Give yourself a break:** As if you're life wasn't busy enough before the divorce process started, now you're dealing with paperwork, custody battles, and mixed emotions. It may seem weird to suggest a break during this hectic time, but don't be afraid of not giving it your all on the job or your fullest attention to your friend's needs. This process and how you handle it comes first.

**Related:** [10 Signs That You're in Love](#)

**3. Don't isolate yourself:** Sharing your feelings with friends and family members during this time is a healthy way to cope with the stress, anger, frustration, and more that a divorce process brings. You might even consider joining a support group or seeking a therapist.

**Have you ever gone through a divorce? How did you cope with the process? Share your stories in the comments.**

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## **Chris Martin Says He's 'Friends' With Estranged Wife Gwyneth Paltrow**



By Sanetra Richards

The love is still there for Chris Martin and Gwyneth Paltrow. According to [UsMagazine.com](http://UsMagazine.com), the estranged spouses have remained friends, despite the announcement of their split back in March. The *Coldplay* frontman talked about the relationship between him and his spouse during an interview with Ryan Seacrest on Thursday, July 31st. "I'm not the best interviewee on this kind of thing," Martin said when asked by the 102.7 KIIS FM host how him and Paltrow are able to remain friends during their separation. "But we're friends and proud parents. There's lots of love, and that's it," he added.

**What are some ways to remain friends with your ex post-breakup?**

**Cupid's Advice:**



When you think of an ex, you don't always think of the possibility of being cordial with each other, let alone friends. Matter of fact, the first thing that may come to mind is despising one another. Despite the pages of history, whether good or bad, there is a way to actually become friends. Cupid has some advice to get you and your ex to that point:

**1. Find your way to good terms:** Communicate thoroughly with your ex-partner to gain a full understanding on why the relationship ended. If there is no chance of reconciling, at least you will be able to avoid a ton of confusion later down the road when you all are working on rebuilding your friendship.

**Related:** [Chris Martin Blames His 'Issues' for Split with Gwyneth Paltrow](#)

**2. Control your emotions:** Avoid harboring those ill feelings. They can lead to even more major problems between you and your ex. Do not expect to any progress if you are a carrying a load or two of baggage from the past. Unfortunately, it's not as easy as it sounds and will take some time to adjust. What's most important is that you give it a try.

**Related:** [Source Says Gwyneth Paltrow and Chris Martin Look 'Genuinely Happy' in Hamptons](#)

**3. Move on:** If you are able to do exactly this, your post-breakup friendship has the possibility of flourishing. The two of you are no longer concerned about what the other is doing, per se. You have turned the page and started a new chapter. Embrace it. Go out for lunch like regular friends would do (as strange as that may seem).

**How can you remain friends with your ex post-breakup? Tell us!**

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# Hilary Duff Writes Song About Estranged Husband Mike Comrie



By Sanetra Richards

Music was Hilary Duff's therapy after announcing her separation from estranged husband Mike Comrie. The 26-year-old talked about writing songs about the former NHL player and their son Luca during a Billboard.com Pop Shop podcast on Thursday, July 31, according to [UsMagazine.com](https://www.usmagazine.com), "I'm separated from my husband right now, which has been a very difficult thing to go through, but we have a lot of love for each other and we have this beautiful baby," the actress-singer said. "There's a song about Luca and a song about my separation and

my love for this person, that maybe we're not meant to be together, or maybe we are," she added. "It's very, very personal." The couple announced their split back in January. Despite the separation, the two have remained amicable, with Comrie, 33, even stopping by with their 2-year-old son at her "*Chasing the Sun*" music video in July. Duff told listeners that her album was "a lot heavier and darker" after the split. "I think I just needed to get that out," she said. "And once I did get that out a lot of fun came." After nearly a five-year hiatus, Duff seems to be ready to take on her professional life once again. While away, she focused on two home renovations, learning to cook, getting to know her husband, and welcoming their baby boy. "The thing for me was that I really toured for five years straight...and I don't think anyone gave me the credit as an artist," she said. "I was having the best time," she concluded, "but after about five years, I was like, I have no life, I have, like, two friends, I'm never home, I'm never with my family," she explained of why she decided to take a break. "I kind of needed to shut it all down—it was time for me to be a person and learn who I wanted to be."

## **How can you incorporate music in your relationship?**

### **Cupid's Advice:**

Want to tell your partner exactly how you feel, but cannot quite say it aloud? Look no further for an answer, Cupid has a few ways to make it all possible just by using music:

**1. Lyrics change everything:** Ever listened to a song and felt like it was speaking to you on a personal level? The words described everything you have felt or were feeling. Consider lyrics the meat and potatoes of a song. If you have something particular you would like to say to your partner, write a ballad. Your significant other will know it came directly from the heart.

**Related:** [Hilary Duff: "I Love Being A Mom"](#)

**2. Depicts your love:** Many couples have a record in which they consider "our song." It is usually the perfect description of their relationship or a reminder of a special time. Either way, it brings back tons of memories.

**Related:** [Hilary Duff and Mike Comrie Announce Their Separation](#)

**3. Says what you are afraid to:** A few words can absolutely go a long way. Maybe you are bad at putting your feelings into words on your own and need a little assistance. A good song can help you do just that. It will let your partner know exactly how you are feeling with the help of verses and a beat.

**What has music done for your relationship? Tell us below.**

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## Emilie de Ravin and Joshua Janowicz File for Divorce for Second Time







By Sanetra Richards

One couple is headed to Splitsville, for the second time. Emilie de Ravin and husband Joshua Janowicz have filed for divorce once again, according to [UsMagazine.com](http://UsMagazine.com). “Emilie and her husband have filed for divorce,” de Ravin’s rep, Jeff Raymond, released in a statement. “They have recently been living separately and remain friends.” The couple first filed for divorce in January 2007, seven months after their wedding ceremony. Janowicz was served the papers two years later, however, and it was not finalized. This time around may be for good. The 32-year-old cited irreconcilable differences with the *Once Upon a Time* actress. The two have been separated since November.

**How do you know when to call it quits on a long-term relationship?**

**Cupid’s Advice:**

Every couple goes through their fair share of issues, whether minor or major. Sometimes you are left questioning if

separation is the best solution. Like the saying goes, "Warning comes before destruction" – which typically means the signs are always there before things really take a turn for the worse. Unfortunately, it is especially hard to break it off when you have been in a long-term relationship, simply because there is tons of history. Cupid has some ways to help you decide when it is time to call it quits:

**1. Tension is so thick:** ...you can cut it with a knife. The elephant has become evident in the room. Do not try to avoid the issue. Your relationship is on the rocks – you and your partner are constantly bickering and there is no resolution. It could possibly be time to call it quits.

**Related:** [Pamela Anderson and Rick Salomon: Filed for Divorce Again](#)

**2. Absolutely no improvement:** You should be able to recognize growth individually and as a couple. One specific aspect of a relationship is being each other's support system. If the relationship is stagnant and there is no hope for bettering, consider going your separate ways.

**Related:** [Considering Divorce? Ask Yourself Three Questions](#)

**3. The flame has fizzled:** The passion, the romance, the simple yet complex "I love yous" have all seemed to vanish over time. If there is no reason to why all the kind gestures have disappeared and communication is going downhill as well, it just may be time to part.

**What can lead you to calling it quits? Share below.**

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# Melanie Griffith Erases Antonio Banderas From Heart Tattoo Post-Split



By Shannon Seibert

Melanie Griffith made quite the statement at Italy's Taormina Film Festival on Tuesday, June 17, by covering up her husband Antonio Banderas' name on her famous heart tattoo. The couple just recently split after being together for almost 20 years. Griffiths' signature heart tattoo was covered with a flesh patch and make up to cover her ex's name. The ink had been a trademark for their love since 1998 when it first debuted, according to [UsMagazine.com](http://UsMagazine.com).

**What are some ways to show the world you love your partner?**

## **Cupid's Advice:**

Being in love is one of the most riveting experiences. There is no reason you shouldn't shout your hearts desires from every roof top and valley you come across. Ink may not be your thing, and it doesn't have to be. Check out these special ways you can show your love and the world how you feel:

**1. Make a documentary about your relationship:** What says love like being all over the internet? With all of the cool gadgets and gizmos there are plenty of ways you can digitally document your love story. We all get teary watching the proposal videos all over YouTube, there is no reason that your relationship doesn't deserve the same glory.

**Related:** ['Chuck' Star Zachary Levi Secretly Marries Missy Peregrym in Maui](#)

**2. Never stop dating:** It sounds crazy, but some couples forget that they're still dating while in a relationship. Yes, you have found your significant other, but that doesn't mean you should stop courting them. Treat your love with the same attention that you did when you first got together, and the two of you will undoubtedly have a strong, lasting relationship that will be noticeable to everyone.

**Related:** [Eve Marries Maximillion Cooper in Spain](#)

**3. Just being together:** As corny as it sounds, everyone can pick up on a couple who is in love by the way they act together. If you're constant smiling with your honey, holding his hand, and he protectively holding on to you, people are bound to notice. The constant Facebook posts, the way he looks at you from across the room, and the way your eyes light up at the mention of his name are all indicators of love that cannot be fabricated. When you're in love, you can't force it, it's just there, naturally.

**What are some big ways you've showed the world you love your**



partner? Tell us in the comments below!

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# Bethenny Frankel and Jason Hoppy Settle Custody Dispute



By Sanetra Richards

The smoke has cleared and everything is settled between Bethenny Frankel and Jason Hoppy ... at least for now. According to [UsMagazine.com](http://UsMagazine.com), the estranged couple has come to an agreement in divorce court, involving the custody battle for

daughter Bryn. Hoppy's attorney, Bernard Clair, released a confirmation statement saying, "My client is delighted that this custody dispute has been resolved; that his co-parenting status has been acknowledged; that the parties' child will have the benefit of being raised by both parents; and most importantly, that his daughter will no longer be at the mercy of a high-profile courtroom battle."

**What are some ways to shield your child from divorce proceedings?**

### **Cupid's Advice:**

Every divorce that involves children leads to questions revolving what is best for him or her. Whatever decision you and your ex make, you want to keep your child's best interest in mind, which includes not exposing them to the messy divorce proceedings. Cupid has some tips to help you achieve this:

**1. Have respect and decency:** The best way to not taint the image your child may have of the other parent is to avoid bashing, at all costs. Your child is already coping with the separation and any unnecessary arguing in their presence will only make matters worse. However, if you and your ex are respecting each other, your child will do the same.

**Related:** [New Celebrity Couple Alert: Bethenny Frankel Is Dating Marcus Lemonis](#)

**2. Be honest:** Do not keep your child completely out of the loop with what is going on between the two of you. If he or she has question involving the separation, answer it honestly to the best of your ability. As stated before, maintain that respect and reassure them that you and your ex will always be their parents.

**Related:** [Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday](#)

**3. Do not play the blame game:** This means absolutely not pointing fingers. Your child is in a very vulnerable state (just like you) and will possibly believe anything negative you may tell them about the other parent. Remember what is most important –being a parent and protecting your child from any danger, including those harsh words you may want to say.

**What are some ways to shield your child from divorce proceedings? Share your thoughts below.**

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## Jason Aldean Walks First Red Carpet With Former Mistress Brittany Kerr





By Sanetra Richards

A new couple has made their debut! That's right, Jason Aldean and Brittany Kerr are out of hiding and ready to show off their relationship. According to [UsMagazine.com](http://UsMagazine.com), after filing for divorce from his wife, Jessica Ussery, over year ago, the country star walked the CMT Music Awards red carpet with his new girlfriend Brittany Kerr on June 4<sup>th</sup>. After admitting to inappropriate behavior with Kerr in September 2012, Aldean called it quits on his 12-year marriage and later filed for divorce in April 2013. It was confirmed him and his former mistress were officially dating in March 2014. The couple was also spotted meeting up for dinner after April's ACM Awards.

**How do you know when to go public with your new relationship?**

**Cupid's Advice:**

You and your new partner have been in hiding so long, and now you are ready to take it to the next step and go public. Unfortunately, you are concerned about the timing and possible reactions. Cupid has some advice to make the decision a little



bit easier for you and your latest love:

**1. Everything is going smoothly:** When you cannot deny the feelings and there is nothing to complain about, you should probably begin to brace yourself for making the big announcement. You are more than satisfied and secure in the new relationship, so why hide it any longer? However, be sure you are absolutely comfortable and willing to inform everyone.

**Related:** [Jason Aldean Is Dating Mistress Brittany Kerr Post-Divorce](#)

**2. It is a mutual decision:** Both parties should agree on whom, when, and where to tell. If your partner has not quite warmed up to the idea just yet, give him/her some time and maybe ask for their reasoning. You want to confirm that they have the same vision of the relationship as you do.

**Related:** [New Couple: Zoe Kravitz and Noah Becker Stroll Hand-in-Hand](#)

**3. Longevity:** Have the both of you discussed a future life together? Is it a fling or forever? These are questions to ask and keep in mind when making the decision to announce your relationship. If there is any doubt of being together later down the line, be cautious of informing family and friends. You want to be able to share the news, and your loved ones can count on this person to be around months (even years) down the line.

**What are some ways to know if you should go public with your new relationship? Share your thoughts below.**

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# Bethenny Frankel Gives Emotional Testimony and Cries in Custody Battle



By Sanetra Richards

Bethenny Frankel opened up her heart on the court stand on Wednesday, May 28th. According to [UsMagazine.com](https://www.usmagazine.com), the former Real Housewife and talk show host gave her testimony in a custody case with ex-husband Jason Hoppy, with whom she has a 4-year-old daughter with, Bryn. The couple split back in 2012 and it has been a bumpy road since. In her statement, the 43-year-old was very emotional and even broke down in tears throughout various portions. Frankel recalled on the time when she and Hoppy lived together because he was unwilling to

leave: "Jason said to me, 'Get ready, we are going to war. It's over. We're done,'" Frankel remembered. "He would leave the house in shambles. There would be dishes everywhere. He would pee and poop and leave it in the toilets. He would hold Bryn, and he would say, "You're finished, you're done. I'm going to ruin you." Frankel also told the court a specific instance when her ex-husband would ridicule her in front of their daughter. Frankel claimed Hoppy's taunting happened numerous times in front of her daughter, and that he often tried to get the little girl to turn against her. "He would say, 'Mommy should be Ursula the witch. She's a great witch. You be the princess, I'll be the prince, Mommy will be the witch,'" said the Skinnygirl Dish author as the tears fell. An insider tells *Us*, "Bethenny is trying to just keep pushing forward. She's in a good place right now."

**What are some ways to keep things civil with your ex for your children?**

### **Cupid's Pulse:**

With every breakup or divorce that involves children, comes the decision to co-parent (or at least try to). However, before you and your ex can make that choice, there must be an agreement and understanding shared between the two of you. So, how exactly do you keep it civil for your child's sake? Cupid has some tips to help:

**1. Respect each other:** Which basically means no bashing, especially not in your child's presence, whatsoever. If you are habitually arguing in front of your child(ren), they will soon start to believe one parent is not fit – this could possibly lead to lashing out and ill behavior. On the other hand, if you and your ex are showing respect one another, your child will suspect nothing wrong.

**Related:** [Bethenny Frankel and Jason Hoppy Reunite for Daughter's Birthday](#)

**2. Come to terms:** You and your ex should face that the separation is real and the chances of you all getting back together are slim to none. You both have turned the page and are now on new chapters. No matter the circumstance, those old feelings should not interfere with your parenting.

**Related:** [Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday](#)

**3. Delete:** Let go of the anger and resentment. You must both remember, your separation was for the best. By staying together you were ultimately putting your child's happiness was at stake. Think of yourselves as parents before exes.

**How do you keep things civil with an ex when children are involved? Share your thoughts below.**

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## Evan Rachel Wood and Jamie Bell Split After 2 Years of Marriage







By Sanetra Richards

The wedding bands are off for! According to [UsMagazine.com](https://www.usmagazine.com), Evan Rachel Wood and Jamie Bell have decided to go their separate ways after two years of marriage. In an exclusive statement, a rep told *Us*, “Evan Rachel Wood and Jamie Bell have decided to separate. They both love and respect one another and will of course remain committed to co-parenting their son. This is a mutual decision and the two remain close friends.” A source also added, “They love each other so much but it just wasn’t right.” The pair met back in 2004 on the video set of Green Day’s “Wake Me Up When September Ends” and walked down the aisle eight years later in 2012. The 26 and 28-year-old also welcomed a new addition to their family last July. The new mom shared with *Us* in November what motherhood was like and her busy schedule: “I’ve been having separation anxiety because I’m so used to him being right here all the time. They kind of become a part of you, you know?” said Wood as she blushed about their baby boy. “It was my dream to be a mom, so I’m loving it. I love it.” “He’s smiling and laughing. He started rolling over,” she went onto add about his steps

through babyhood. “He’s grabbing things. You know, he’s making oohs and aahs.” The couple’s last red carpet appearance was also back in November for the LACMA 2013 Art + Film Gala held in Los Angeles.

## **How do you know when it’s time to call it quits on your marriage?**

### **Cupid’s Advice:**

Unfortunately, every marriage cannot be salvaged, and it’s best to know when you should part ways before letting time pass you by. Here are a few things Cupid thinks will help you come to the realization:

**1. Everyday bickering:** The time you spend together is consumed by arguments, whether petty or major. And at the end of the day, you and your partner cannot come to an agreement on anything. Compromise definitely does not exist in your household! Pay attention to the disputes revolving around some of the smallest issues and if there is constant finger pointing. Although proper communication can repair a relationship, there is not a 100% guarantee.

**Related:** [Evan Rachel Wood Welcomes a Baby Boy with Jamie Bell](#)

**2. Future? More like past:** Your significant other starts off as a good time – you can see planning and building your entire life with him/her . . . but then you begin to realize that you do not see them in your future. The dream of making a home, starting a family, etc., slowly vanishes. The nitpicking and dislikes become greater than ever – and so does calling it quits.

**Related:** [Evan Rachel Wood and Jamie Bell Tie the Knot](#)

**3. Attraction fizzles:** No more wild and spontaneous dates, or romance, period. You no longer desire to have your partner around. Do not ignore the warning signs! Keep in mind, they

are always there before the storm approaches.

**What are the signs that your marriage is in its last days?  
Share your thoughts below.**

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# Avril Lavigne's Ex Deryck Whibley Hospitalized Due to 'Hard Boozing'



By Louisa Gonzales

Deryck Whibley, former husband of Avril Lavigne, went on a

life changing trip to the hospital. According to [UsMagazine.com](https://www.usmagazine.com), the Sum 41 frontman, 34, was recently rushed to the hospital after collapsing in his home. The rocker spoke out about experience on his website and reveled the reason behind his trip to the hospital was because of “all the hard boozing” he’d done over the years had finally caught up with him. The musician said he learned from the frightening experience and will stop drinking for good, which is something former wife, pop star Lavigne is “proud” of him for.

## **What do you do if your partner is abusing a substance?**

### **Cupid’s Advice:**

Harmful substances can come in many shapes and forms, but one thing is for sure they all can be dangerous. It can be scary to witness someone you love and care about experiencing a substance abuse problem, especially when you have no idea how to help. Cupid has some advice on what you can do if your partner is abusing a substance:

**1. Lend your support:** Giving your support to someone in need is one of the best things you can do for them. There are many ways to show your support, you can talk to them, encourage them, help them out, and simply just be there for them. It’s important from your loved one to know you will stick by them even during difficult times.

**Related:** [Avril Lavigne Parties With Boyfriend AND Ex](#)

**2. Help them get help:** It can be hard to admit to yourself that you need help, which is why sometimes you need it from others. Do some research and see what can help or what has worked for others. You can also look up drug side affects and what can happen if you abuse them, it can help with getting them to understand the dangers and what could happen to them if they don’t receive help.



**Related:** [Chad Kroeger Says Wife Avril Lavigne Is an 'Amazing Cook'](#)

**3. Get them to realize they have a problem:** If your partner is having a hard time admitting they have a problem, the best way you can help them is by getting them to realize that they do. There are a number of ways to go about it, you can get help from their family or other people close to them and stage an intervention or you can talk to them on your own, just do what you feel is best for the both of you.

**What would you do if your partner is abusing a substance? Share in the comments below.**

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## Prince Harry and Cressida Bonas Split After Two Years





By Sanetra Richards

Prince Harry is back on the market! According to [UsMagazine.com](http://UsMagazine.com), after a two year relationship, the Prince and girlfriend Cressida Bonas have separated . . . for now. "They're off, but I don't think it's for good," said a source to *Us*. "They hit a rocky patch and this decision is the result of that. Harry is the type to want to take breathers and then try again." A Kensington Palace spokesman went on to say, "We never comment on private lives." The pair met when Prince Harry's cousin Princess Eugenie of York, also the 25-year-old socialite's friend, introduced the two and they hit it off by July 2012. Despite the breakup, the two have remained friends: "It's very sad that they have decided to split. It's very amicable, but they have decided to go their separate ways," says a Bonas family source.

**What are some ways to keep your split amicable?**

**Cupid's Advice:**

Many former couples have a theory that there is no possibly

way to end a relationship and be somewhat friendly to one another. It is far from easy! Subtract the hard feelings, irreconcilable differences, and that specific mentality and you will have the answer to keeping the breakup cordial. Cupid has a few tips to help you and your ex even things out and remain pleasant:

**1. No harboring:** Do not hold on to all of the negative things that happened in your relationship. You cannot expect to make progress individually and as an ex-couple if the past is constantly taunting you. Remember, heartbreak and anger is not a part of your closet's wardrobe!

**Related:** [The REAL Reason that Gwyneth Paltrow and Chris Martin Split](#)

**2. Come to terms:** There was a specific reason(s) why the relationship ended. Facing and accepting the breakup is a major factor when it comes to being able to keep things under wraps and the split amicable. Realize your ex may be moving on with their life, and you should do the same. Same book, new chapter!

**Related:** [Will Arnett Files for Divorce from Amy Poehler 19 Months After Separation](#)

**3. Keep calm:** Have complete control of your emotions. Avoid the random lashing out moments to your ex. This will prevent any chaos in your attempt to keep the (former) relationship on a good note.

**How do you keep a split amicable? Share your suggestions below.**

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# Will Arnett Files for Divorce from Amy Poehler 19 Months After Separation



By Sanetra Richards

Another one bites the dust! Will Arnett is ready to sign the papers (divorce ones, that is) and [legally] move on with his life. According [UsMagazine.com](http://UsMagazine.com), the 43-year-old *The Millers* actor has filed for divorce from his estranged wife, Amy Poehler, after 19 months of separation. The couple has two boys together, 5-year-old Archie and 3-year-old Abel, in which the *Arrested Development* star is asking for joint legal and physical custody, along with visitation rights.

**How do you know when to give up on your marriage?**



## Cupid's Advice:

Marriage takes tons of work and effort that should be forth without hesitation. You and your partner are struggling to keep the marriage alive and are losing hope. Well, sometimes it is best to let it go because there is nothing there anymore that is worth fighting for. Cupid has some signs to recognize when knowing whether to give up on your marriage:

**1. Increase in arguments:** There is constant bickering between the two of you and by the end of it, nothing has been resolved. You cannot even start a simple conversation without tension and anger eventually coming about. Asking for favors is completely out of the question because you are expecting backlash or complaints. These are a few examples that your marriage has fallen to the rocks and you should possibly consider separation. A marriage is made up of many key components to keep it going: understanding, communication, and giving. Being at each other's throats on a daily basis is not healthy and will not improve without those components.

**Related:** [Will Arnett and Katie Lee Dating, Kiss and Hold Hands at Dinner](#)

**2. No love in the air:** So long to the romantic dates, gestures, and getaways! You kissed that goodbye once bickering became a daily ritual in your marriage. You are no longer looking at your significant other the same, with the eyes that see nothing but love. Instead, resentment fills them and you would rather not look at your partner at all. These are clear signs to be wary of and you should consider separation for the best.

**Related:** [Will Arnett Says Dating Seems 'Very Scary' Right Now](#)

**3. Eyes begin to wander:** You begin to notice your partner not the only one who can catch or keep your attention anymore. Thoughts and envisions of being somewhere or with someone else start to form. Do not ignore this or think it is minor. If you

or your partner wishes to engage in other affairs, divorce should be considered.

**How do you know when to let go of a marriage? Share your thoughts below.**

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# Johnny Weir's Estranged Husband Blames 'Meddling' Mother-in-Law



By Sanetra Richards

If it is not one thing, it is definitely another for Johnny Weir and Victor Voronov. According to [UsMagazine.com](http://UsMagazine.com), there is no reconciling happening between the estranged couple: "The divorce is 100 percent still happening," says Weir to *Us*, "Johnny's meddling mother [Pamela] was definitely the source of the breakdown of our marriage." A source close to the couple also added that the famed figure skater is indeed "heartbroken" from the separation and wants to "live his life" and continue forth. "Victor is doing okay," the insider went onto say. "Victor and Johnny spoke two days ago. When this first started, Victor didn't think it was really over. Victor was duped, and now he feels like an idiot."

### **What do you do if your partner's parent is interfering in your relationship?**

#### **Cupid's Advice:**

Having your partner's parent constantly making their way into your relationship is nothing short of a headache. Whether your significant other realizes it or not, this interference is just a set up for trouble and possible failure. Do not fret, Cupid has some tips to help if you are in this situation:

**1. Talk with your partner:** The first thing you want to do is let your love know you are uncomfortable with their parent being a part of your relationship. There is a possibility your partner will be a bit defensive because it is their parent, but as long as you express your genuine concern, their guard will ease down and they will begin to understand what you are saying. Maybe suggest they speak with their parent as well.

**Related:** [Johnny Weir and Ex Victor Voronov Fight Over Family Dog](#)

**2. Inform the parent:** Invite the interferer over or spend some one-on-one time with them. Start off with a soft conversation. Why is this? Well, if you jump right into telling them they

need to quit butting into your relationship, they will without a doubt be offended. Once things are comfortable between the two of you, then it is acceptable to break the good/bad news. Of course they will pretend to be unaware of their actions, but thoroughly explain their behavior (with examples).

**Related:** [Figure Skater Johnny Weir Splits from Husband Victor Voronov](#)

**3. Issue boundaries:** If there are no limits set up, the interference will only continue and worsen. Let your partner and their parent know that there are going to be some changes made between all of you. Your partner must stop telling his or her parent everything that happens between the two of you. Their parent must stop feeling entitled to know every detail and want to be involved all of the time.

**What are some steps to take if your partner's parent is interfering in your relationship? Share your suggestions below.**

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## The REAL Reason that Gwyneth Paltrow and Chris Martin Split







By Sarah Christensen Fu

Unless you're under a rock, you've probably heard that Gwyneth Paltrow and Chris Martin recently consciously uncoupled. It's a bummer—I thought they were the golden couple that would shame all other Hollywood divorcees by going the distance. The truth is that it's not surprising they split if you look at their astrological compatibility. The REAL reason they split is because Gwyneth, a Libra, and Chris, a Pisces, are **completely star-crossed**.

First, and foremost, let's take a look at Chris's horoscope (this is copied directly from *Bad Birthdays: The Truth behind Your Crappy Sun Sign*):

*March 2: "Men are only as faithful as their options," said comedian Chris Rock. The Pisces ladies and gentlemen born on March 2 find themselves evaluating their options regularly, sometimes consciously and sometimes subconsciously. They love their partner deeply but can't help but fall prey to other sets of batting eyelashes and whispered sweet words from soft, cherry-like lips. Best to lock March 2 natives in some sort of*

*cage if you plan to maintain a relationship with one.*

Basically, Gwyn could have done everything right, and still lost her mopey Pisces poet to exotic temptations. However, Gwyneth brought her own share of icky personality traits to their relationship: she was born on September 27th, making her a vain, pretentious, wishy-washy Libra. No amount of money, class, live-in nannies, or self-righteousness, could have made this love match comfortable enough for people with this couple's sexiness and financial means to suffer through the rest of their miserable lives together.

**Related:** [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

At the core, Libras are obsessed with the thrill of the chase. While Pisces has a deep romantic streak, they are rarely proactive hunters when it comes to romantic interests. Gwyneth basically ended up playing a pathetic, partnerless game of Cat and Mouse, which I guess is just called "Mouse." Aw. On top of that, Libras born on September 27th have a competitive, determined fire in them, which would explain why Gwyn has tried so hard to be the best mother, wife and GOOP founder on the planet. If Chris had been supportive of all of those endeavors, the two may have found a way to remain the reigning king and queen Hollywood royalty. However, in his Piscean way, Chris very likely criticized and whined about Gwyneth's stupid lentil and lemon soup and her annoying GOOP colleagues—he actually may have literally gotten sick when she told him she planned to use the term "conscious uncoupling" to describe their split.

**Related:** [Cold Feet Before the Wedding? Reasons to Use Your Head](#)

Sigh. They were doomed from the start. However, if you, like me, are still feeling a little low about this celebrity breakup, you should find comfort in the fact that Gwyneth

Paltrow and Chris Martin probably had hotter sex during their marriage than many, many other celebrity couples. One thing's for sure: the Libra/Pisces combination emits a whole lotta sparks before it explodes and catches fire, burning everything down with it.

**Sarah Christensen Fu** is a Virgo (incredibly high-strung and mostly a pain). She lives in Colorado with her husband and three kids, whose astrological signs cause a great deal of chaos and neuroses around the neighborhood. Visit her at [www.hey-sarah.com](http://www.hey-sarah.com).

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## Actor Andrew Dice Clay Files for Divorce





By Louisa Gonzales

Andrew Dice Clay and his wife, Valerie Silverstein have decided to end their marriage after four years. According to [People](#), the legally named Andrew Silverstein, actor filed for divorce in Los Angeles Superior Court and have been separated since March 18. Dice Clay, reportedly said in a statement the divorce not only ended amicably, but was also the best thing for their relationship. He went on to say the term “marriage” was only adding unnecessary pressure to their relationship and now the two have more “love” and “respect” for each other than ever before, they even celebrated their divorce at the restaurant Craig’s in West Hollywood.

**How do you keep unneeded pressure out of your relationship?**

**Cupid’s Advice:**

There’s no question all relationship need work, but they should also be fun and not that hard. When you want to make some one happy, especially your partner it can be easy to get loss in unnecessary drama or let yourself freak out about



something more than what you should. Cupid has some advice on how to keep unneeded pressure out of your relationship:

**1. Don't focus too much on trying to please them:** It's true every couple has to each put in time and energy to make a relationship work, but that doesn't mean you have to devote all your time and energy to them. Focus less on trying to please them, because it will just force situations and that can make your significant other feel uncomfortable or it can come off as desperate. Just relax and focus on being yourself around them, after all they already fell for the 'real' you.

**Related:** [Richie Sambora Says Ex-Wife Heather Locklear Is 'Still Hot'](#)

**2. Don't Hold onto resentment:** If you're mad or have issues don't keep them bottled up inside, because if you do it will just continue to build and build until you explode. Talk out your problems right away so you can avoid having a big fight. If you're not fine don't say you are, the only way for your honey to help you out or for you to work out your problems is by letting them know you have an issue.

**Related:** [Nikki Reed and Paul McDonald Split After 2 Years of Marriage](#)

**3. Don't put them on a pedestal:** It can be hard to live up to people's expectations enough as it is, and you especially don't need it from your lover. We shouldn't have to change to please our sweethearts, nor should you think your other half is perfect or can do no wrong because the truth is no one is. Don't put too much pressure on the person you are with, it will only make things harder for the both of you.

**What do you think are the best ways to keep unneeded pressure out of your relationship? Share your tips below.**

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# To Move or Not to Move? Why This Decision Is Tough on Kids



By Michele Sfakianos, RN, BSN for [Hope After Divorce](#)

Divorce is one of those life events that forces huge changes in your life, whether you like it or not. During a divorce, a decision will need to be made on living arrangements. Let the court decide who needs to move out and what will happen with the home. Sometimes, one spouse will offer to move out but wants their part of the equity in the house. The partner who stays put may have to put it up for sale in order to pay the

other partner unless they can refinance, thus adding the amount of equity onto the mortgage.

Definitely get some legal advice before you make your choice. Leaving the home before the court date might have a detrimental effect on the outcome. Couples will want to communicate in a responsible manner to find a way to share the residence. If there's too much disagreement, then another solution may be necessary...but you still need a professional opinion before packing up those boxes.

Since they have just announced their desire to divorce, Gwyneth Paltrow and Chris Martin are one such couple who will be considering the effect moving will have on their two young children. Hopefully, through their "consciously uncoupling," the transition will be as smooth as possible for their kids – as well as themselves.

**Related Link:** [Gwyneth Paltrow and Chris Martin Separate](#)

There are times in each child's life when a change like moving to a new school, city, or state can be devastating. A young kid depends on the security of their home and school, while a teenager may simply want to finish high school with their friends. You need to take these situations into account when making your plans. The parent who has the children a majority of the time should do their best to stay put.

With divorce, the furnishings are often divided, which may leave the family home empty. Since it is your kids' house too, you should try to include them in the decorating decisions. This approach helps them to feel valued. Listen to the child's needs and tastes. It also provides opportunities for two important activities:

**1. Education:** You may know that it's an antique chair, but for your children, it's an old ugly chair until you teach them about the distinguishing signs and history.

**2. Shopping:** Head to local flea markets, auctions, or estate sales for old furniture. Refinish or repaint the old dresser. Your kids will feel like a part of the process and enjoy using the item they helped refinish.

Once you're finished decorating, throw a party and show off the new look of your place. By celebrating, you are showing the children that you love and respect their help and that everyone can enjoy the newly decorated home.

**Related Link:** [What Now? Transitioning From Married to Single](#)

If you must move, understand that a new place will not fix everything. Moving is traumatic and expensive, and when everyone has to move, someone will be upset. Yes, the new house may have clean paint and a fresh look, but those moving into it are still the same people. After the movers are gone, you may find yourselves standing around and looking at each other thinking, "What now?" Post-Move Syndrome Letdown (PMSL) is common.

Hang in there and try to enjoy setting up your new home. Make sure to include everyone. If you see your children having difficulty adjusting to a different home or community, address it immediately. Find someone for them to talk to. Be supportive and encouraging and let your children know that you'll be with them every step of the way.

*For more information about Hope After Divorce, click [here](#).*

*Michele Sfakianos, RN, BSN, is a Registered Nurse, Life Skills Expert, Speaker and Award Winning Author. She is the owner of Open Pages Publishing, which includes her series of "The 4-1-1" books on Life Skills, Step Parenting, and Surviving Teenhood. Michele is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com.*



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# New Docu-Series Will Show Tori Spelling and Dean McDermott's Marriage Troubles



By Louisa Gonzales

New docu-series on *Lifetime* starring Tori Spelling and husband Dean McDermott, will invite viewers and TV cameras into their home during a rough time in their marriage. According to [People](#), the couple's marriage was recently in hot waters because of a cheating scandal involving McDermott, 47, which caused the actor to enter rehab. The series, *True Tori*, will focus on the married duo and it will follow them as they work

on their problem, starting when McDermott's leaves treatment. Spelling, 40, has been married to her husband for seven years and they have four children together.

## **What are some ways to confront issues in your relationship?**

### **Cupid's Advice:**

Every relationship has problems, its normal. When you and your partner are having issues in your relationship it is better to face them than ignore them, but what's the best way to go about it? Cupid has some advice on ways to confront issues in your relationship.

**1.Practice Beforehand:** Before you confront your significant with your relationship woes, take the time to prepare what you are going to say, open with, end with, etc. Practicing on what you're going to say can help calm your nerves and help you focus on what exactly you want to discuss. Make sure you remember the purpose of your confrontation and that you're trying to resolve your issues not create new ones.

**Related:** [Tori Spelling Slams Rumors That She Is Divorcing Dean McDermott](#)

**2.Make private time to talk:** Take the time to sit down in private and discuss all the relationship problems you may be having with your lovebird. The issues you are having with your partner won't resolve themselves, which is why you both have to schedule a time to talk with each other. Also, be willing to listen to your lovers' side and then sit and think on it before making any rash decisions.

**Related:** [Nikki Reed and Paul McDonald Split After 2 Years of Marriage](#)

**3. Make a list or write out your thoughts:** Sometimes talking isn't enough, so why not write a letter of your feelings to your sweetheart. If that is not something you're good at you

can still write out a list of the issues in your relationship to help prepare you for your 'talk'. Writing is a good form of expression and writing could help you face your issues.

**What do you think are good ways to confront issues in your relationship? Share in the comments below.**