

Celebrity Break-Ups: Kelly Clarkson Gets Primary Custody of Kids Amid Split



By Carly

Silva

In the [latest celebrity news](#), Kelly Clarkson was awarded primary custody of her children with soon-to-be ex husband Brandon Blackstock. After announcing their [celebrity divorce](#) earlier this year, the two exes, who share a daughter River, 6, and son Remington, 4, will share joint custody in Los Angeles, with Clarkson having primary custody.

In celebrity break-up news, split proceedings are still ongoing with

Kelly Clarkson and her soon-to-be ex husband Brandon Blackstock. What are some ways to keep the divorce process from affecting your kids?

Cupid's Advice:

Going through the divorce process can be extremely stressful, and it can be even more difficult to navigate for the kids involved. If you're looking for some ways to keep the divorce process from affecting your kids, Cupid has some advice for you:

1. Keep the legal talk to a minimum: When you're going through the legal process of a divorce, try not to let your kids hear too much about this. You will have to be honest about new living situations and rules, but they don't need to know all the details of the custody battle and legal ramifications. This will only add to their stress and sadness.

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2. Stick to their routines: Another important factor in keeping your kids from being affected by the divorce process is to minimize disruptions to their routines as much as possible. You don't want them to feel like too much has changed, so try to maintain a sense of stability for them. This will keep them from feeling like their whole life has been uprooted because of the divorce.

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3. Don't talk negatively about your ex: Even though it may be tempting, talking negatively about your ex in front of your

children may only confuse them. You don't want your relationship issues with your ex to carry into their own relationship. Your children still deserve a good relationship with both of their parents, so try to refrain from blaming or bad mouthing your ex in front of them.

What are some more ways to keep the divorce process from affecting your kids? Start a conversation in the comments down below!

Celebrity Divorce: Julianne Hough Posts Cryptic Quote Amid Brooks Laich Divorce



By Carly

Silva

In the [latest celebrity news](#), Julianne Hough took to Instagram to express her new definition of love last Sunday. According to *UsMagazine.com*, the actress, who moved forward with a [celebrity divorce](#) from Brooks Laich earlier this year, posted a Bianca Sparacino quote about love and the beauty of change.

In celebrity divorce news, Julianne Hough is venting on social media using cryptic quotes. What are some ways to use social media to cope with a split?

Cupid's Advice

Getting over an ex and dealing with a break-up can be a difficult journey, but there are some tricks that can help you cope. If you're looking for ways to use social media to cope with a split, Cupid has some advice for you:

1. Unfollow or block your ex: One of the best things you can do for yourself when coping with a split is unfollowing, muting, or blocking your ex on social media. Even if you ended on good terms, cutting off contact on social media will help you to start moving on instead of constantly focusing on what they are posting.

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2. Post things for you: Using social media can be extremely empowering if you're using it for the right reasons. Instead of posting to impress others, gain approval, or show your ex how well you're doing without them, focus on using your accounts for your own self expression. Only post things you want and use social media to empower yourself.

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3. Follow accounts that make you feel good: Another great way to use social media during a break-up is to follow accounts that make you feel good. Whether that means following accounts that give relationship or break-up advice, or accounts with inspirational quotes, paying attention to these types of users can help make your social media experience useful and beneficial.

What are some other ways to use social media to cope with a split? Start a conversation in the comments down below!

Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together





By Nicole

Maher

In the latest [celebrity news](#), *Real Housewives of Beverly Hills*' couple Erika Jayne and Tom Girardi have announced their split. According to *EOnline.com*, their [celebrity break-up](#) comes following 21 years of marriage. The couple had originally met while Jayne was working in West Hollywood and were engaged after six months of dating. Despite being married for two decades, Jayne expressed frustration about the public's continued reference to the couples' age gap.

In celebrity break-up news, it's over for Erika and Tom, who have been together for over two decades. How do you know when a long-term relationship has run its course?

Cupid's Advice:

Break-ups are never easy, no matter how long you and your partner have been together. However, spending years, or even decades, with another person can make the process of breaking

up even more challenging. If you are looking for signs that your long-term relationship has run its course, Cupid has some advice for you:

1. Holding on to happier times: Creating memories together can be one of the best parts of a relationship, but it can also cause people to remain in relationships that are reaching their end. If you find yourself holding on to memories that happened months or years ago, but have not made the same type of memories since, your relationship may have run its course. Breaking-up doesn't mean you have to forget all the great times in your relationship, it opens you up to new experiences.

Related Link: [Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split](#)

2. You've grown in different directions: People are constantly growing and changing over the years. It's possible that you and your long-term partner have grown in different ways since the beginning of your relationship. While this is no one's fault, staying together despite your different paths in life may continue to cause conflicts that you're already facing.

Related Link: [Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids](#)

3. Loss of feelings: No one wants to be told that their partner has lost feelings for them. Likewise, many people might not want to admit they've lost feelings for their partner. However, it's possible over the course of a long-term relationship for feelings to change, and holding on to past feelings of love that have disappeared will eventually lead to an unhealthy relationship.

What are some other signs a long-term relationship has run its course? Start a conversation in the comments below.

Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids



By Nicole

Maher

In the latest [celebrity news](#), Kristin Cavallari and Jay Cutler celebrated Halloween together with their kids despite being in the midst of a divorce. According to *EOnline.com*, Cavallari shared an Instagram post showcasing the [celebrity exes'](#) costumes, along with those of their three children. The couple first announced their divorce in April of this year after ten years of marriage, and Cavallari has been rumored to be casually dating comedian Jeff Dye.

In celebrity news, these exes took the high road and celebrated Halloween together with their kids. Why should you come together as a family for holidays if you're not together as a couple anymore?

Cupid's Advice:

Holidays can be challenging for separated families, especially when both parents want to be present. Even though it may be difficult to come together for a holiday with your ex, it may be worth it. If you are looking for some reasons to come together as a family for the holidays, Cupid has some advice for you:

1. Create new memories: Holidays are the perfect occasion for creating memories with your children. It is important not to skip out on these types of memories just because you are no longer with your partner. Looking back, both you and your children will be happy you chose to spend these days together as a family despite any differences.

Related Link: [Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post](#)

2. Demonstrate healthy relationships: Spending the holidays together despite no longer being together is a great way to demonstrate healthy relationships to your children. They will learn that even if two people have a differing opinion on something, it is still possible to compromise and communicate effectively. They will also learn how to set realistic expectations and boundaries in their future relationships.

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[About Choosing Peace Over Drama After Split](#)

3. Relieve family stress: Whether people are showing it or not, the holidays can be stressful for everyone involved in a separated family. While you may be worrying about not being able to see your children on a specific holiday, they may be facing the same fear. By making an effort to all be in the same house, you'll be relieving stress for everyone involved.

What are some other reasons you should come together as a family for the holidays? Start a conversation in the comments below!

Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead





By Carly

Silva

In the [latest celebrity news](#), Ant Anstead got candid in his Instagram comments regarding his apparent weight loss. The British TV star, who is currently going through a [celebrity divorce](#) from Christina Anstead, posted a photo at work, and fans quickly noticed his significant weight loss. According to *EOnline.com*, Anstead responded to comments about his weight loss, admitting to losing 23 pounds, but assuring fans that he will gain it back soon.

This celebrity divorce had both an emotional and physical effect on Ant Anstead. What are some ways to be kind to your body amid a break-up?

Cupid's Advice:

Going through a break-up can have a serious effect on both your mental and physical health, making self-care super important. If you're looking for ways to be kind to your body

amid a break-up, Cupid has some advice for you:

1. Stay active: One way to take care of your body when going through a break-up is to stay active. Getting up and keeping your body moving will not only keep you healthy, but it is also a great way to de-stress and keep your mind busy. Staying in shape is also a great way to keep your body health and stay confident in yourself, even after a tough break-up.

Related Link: [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

2. Be kind to your mind: Another way to be good to your body during a break-up, is to also show kindness to your mind. Practicing time for mindfulness, showing yourself extra self-compassion and self-love, and even getting a better night's rest will help you to be more relaxed and make your body feel good. Meditation is a great tactic to practice, especially if you're still thinking about your break-up, meditation will keep both your mind and body peaceful.

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3. Treat yourself: While it is definitely important to stay active and fit, it's also a great idea to show yourself some love. Treating yourself, whether it is a bubble bath, a face mask, or eating your favorite snacks can help remind you of your favorite things and keep your body feeling cared for and fulfilled. Try to do things that will stop you from thinking about your ex, and instead allow you to focus on what you want and what will make your body happy.

What are some other ways to be kind to your body amid a break-up? Start a conversation in the comments down below!

Celebrity Divorce: 'Bachelorette' Stars Ashley Hebert & JP Rosenbaum Split



By Carly

Silva

In the latest [celebrity divorce](#) news, *Bachelorette* alums Ashley Hebert and JP Rosenbaum have decided to end their marriage. The two [reality TV stars](#) have been married for nearly eight years, after getting engaged on the ABC show in 2011, and they share two children together. According to *UsMagazine.com*, they both posted the announcement on their Instagram accounts, explaining their decision and asking fans for privacy.

In celebrity divorce news, these *Bachelorette* stars are calling it quits after months of separation. What are some ways to know your relationship is unfixable?

Cupid's Advice:

Ending a relationship, especially a marriage can be a tough decision to make. It's difficult to know if you should keep trying to work on it, or if it is time to call it quits. If you're having trouble in a relationship and need some signs that your relationship is unfixable, Cupid has some advice for you:

1. You don't trust each other anymore: One of the most difficult issues to resolve in a relationship is a lack of trust. Although trust and loyalty can be regained sometimes, once they are lost over and over again, it becomes even more difficult to replace. If you and your partner have tried regaining trust, and it is just not working, it may be a sign of irreversible damage.

Related Link: [Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich Messy Split](#)

2. You make each other unhappy more than you make each other happy: Another tell-tale sign of an unfixable relationship is unhappiness. If you and your partner usually make each other unhappy or upset more often than you make each other happy, this may be a sign that the good parts of the relationship are long gone. Although you can try things to fix this problem, if negative feelings and unhappiness are persistent in your relationship, it may be difficult to change that.

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3. You've tried everything: The most telling sign that your relationship is unfixable is when you both feel a sense of exhaustion because you have tried everything, and nothing has worked. Before giving up on the relationship, make sure you have tried every possible solution to work through your problems. Once you have tried everything without seeing progress, it may be time to call it quits.

What are some other ways to know your relationship is unfixable? Start a conversation in the comments down below!

Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split





By Nicole

Maher

In the latest [celebrity news](#), exes Cardi B and Offset were spotted kissing at Cardi B's birthday party one month after announcing their divorce. According to *UsMazagine.com*, the two rappers shared a series of Instagram stories and posts of each other at the party, which included them dancing together and sharing a quick kiss. The couple announced their [celebrity break-up](#) earlier this year after tying the knot in September of 2017. Since making their divorce official, Cardi B has clarified the reason for ending their relationship involved too much arguing and not any infidelity.

In celebrity news, Cardi B and Offset may be having second thoughts about their split. How do you know when your relationship is truly over?

Cupid's Advice:

It can be hard to determine when a relationship has officially

run its course, and even harder to let go when you two share a long past or children. If you are looking for ways to determine if your relationship is truly over, Cupid has some advice for you:

1. You're not yourself: It can be difficult to determine just how much a failing relationship is affecting your life. If you find yourself getting tired or irritated in situations that have nothing to do with your current relationship, the emotions can still be coming from this source of stress. Take a moment to access your current state of mind and see if relationship drama is carrying into other areas of your life.

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2. You've split many times before: Sometimes you truly need to break-up with someone to understand just how much they mean to you. In some cases, a temporary break can lead to a more solid relationship in the future. However, if you have split multiple times with your current partner, or have started taking breaks more frequently, it may be a sign that your relationship is coming to an end.

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3. You've spoken with professionals: Many people turn to relationship counselors when they are experiencing trouble with their partner to find new ways to problem-solve. If these new communication methods or techniques aren't helping to repair your relationship, it might be time to consider breaking up. Relationship counselors will also sometimes recommend splitting from your partner if they feel your relationship is irreparable.

What are some other ways to determine if your relationship is truly over? Start a conversation in the comments below.

Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce



By Nicole

Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock, announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for

seven years before officially announcing their [celebrity break-up](#) in June of this year.

This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some support systems to have in place during a dramatic divorce?

Cupid's Advice:

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

1. Family and friends: The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

2. A lawyer: The last person you probably want to spend more time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are

actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Counselors and therapists: It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.

Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties





By Nicole

Maher

In the latest [celebrity news](#), Kelly Clarkson and Usher opened up about the pains they both experienced as they were going through [celebrity divorces](#). According to *UsMagazine.com*, the two discussed some of the challenges that follow a divorce in the spotlight on Clarkson's talk-show, the *Kelly Clarkson Show*. Clarkson had recently announced her [celebrity break-up](#) from Brandon Blackstock in July of this year after nearly seven years of marriage, while Usher has gone through divorces with both Tameka Foster in 2009 and Grace Miguel in 2017.

Kelly Clarkson and Usher connected over their celebrity break-up struggles. What are some ways to support someone who is going through a rough split?

Cupid's Advice:

Watching someone we care about go through an emotional break-up can be almost as painful as going through a break-up

ourselves. If you are looking for ways to support a friend or family member through a rough split, Cupid has some advice for you:

1. Listen to them: The best way to show your support for someone in any situation, especially someone going through a rough split, is to simply listen to them. While it is great to offer advice and insight into similar situations you have been through, it is also important to make sure you are simply listening as the other person expresses their feelings. The last thing you want is for someone to falsely think you are trying to make the situation about yourself.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

2. Spend time together: One of the most difficult things that follows a break-up is filling the time that you used to spend with your significant other. If you know someone who is going through a painful break-up, a great way to support them is to offer them your time. Make plans to go out to lunch or watch a movie and allow them to escape from thinking about their break-up for a few hours.

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3. Reserve your opinions: Right after a break-up, many people turn to talking poorly about their new ex as a way of processing what they are going through. While you may have opinions about this person's ex or their relationship in general, it is better to reserve these opinions in the beginning. Whether you have been waiting for the couple to break-up or shocked that their relationship didn't work, waiting until all emotions have subsided to express your opinions can prevent any confusion or ill feelings between you and the person you are supporting.

What are some other ways to support someone you is going

through a rough split? Start a conversation in the comments below!

Celebrity Divorce News: Cardi B Files for Divorce from Offset After Three Years



Maher

By Nicole

In the latest [celebrity news](#), rapper Cardi B has filed for a [celebrity divorce](#) from her husband Offset of Migos after three years of marriage. According to *EOnline.com*, the former celebrity couple began to spark dating rumors after being seen together at the 2017 Superbowl, and were married in secret in September of that year. Throughout the three years of their

marriage and the birth of their daughter Kulture, the pair had faced many infidelity rumors. Despite reconciling in the past, Cardi B has declared their [celebrity relationship](#) is “Irretrievably broken.”

In celebrity divorce news, Cardi B filed for divorce from husband Offset How do you know your relationship is officially over?

Cupid’s Advice:

When we truly love someone, we often find it difficult to determine when a relationship is officially over. Despite the fact that staying together may now be causing one or both of you discomfort, it can be challenging to let go. If you are looking for signs that it is time to end your relationship for good, Cupid has some advice for you:

1. Nonstop disagreement: It is obvious that a relationship isn’t working when both people involved are fighting constantly. However, even nonstop small disagreements, such as never agreeing where to eat or what day to hangout, can be unhealthy in a relationship. While these mild disagreements may not be enough to warrant a break-up initially, they can lead to underlying tension or lack of communication if they are present in every conversation.

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2. Lack of Excitement: If agreeing to an activity with your partner causes you to feel stressed rather than excited, it might be a sign that the relationship has reached its limit. It should never feel like an obligation to be around the person you love. If you find yourself dreading the idea of

spending time with your partner, it is likely time to sit down for the conversation.

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3. Consult your friends: While the relationship is taking place between you and your partner, sometimes it is necessary to get an outsider's perspective. Find a trusted friend that will have no problem being honest with you and ask for their feedback. This friend will likely see the signs long before you, and will have no problem telling you if you've been acting differently or getting irritated easily, which are often signs of a troubled relationship.

What are some other signs that a relationship is officially over? Start a conversation in the comments below.

Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock





By Nicole

Maher

In the latest [celebrity news](#), singer Kelly Clarkson opened up about some of the challenges she has been facing since her [celebrity divorce](#) from estranged husband Brandon Blackstock. According to *UsMagazine.com*, Clarkson and Blackstock filed for divorce in June of this year, putting an end to their seven year marriage. While the couple was experiencing problems before, these issues were heightened while the pair was quarantining together amid the coronavirus pandemic.

In celebrity break-up news, Kelly Clarkson is having a tough time amid her divorce from Brandon Blackstock. What are some ways to keep the drama at bay during a split?

Cupid's Advice:

One of the unfortunate added side effects that often follows a break-up is drama. Despite all the efforts we may make, it is

normal to be faced with rumors or awkward questions once a relationship ends. If you are looking for ways to keep the drama at bay during a split, Cupid has some advice for you:

1. Keep it neutral: Negative words seem to travel the quickest during the time of a break-up, and are likely to make their way back to your ex partner if you share mutual friends. While it is necessary to process your break-up with others, avoiding an excessive amount of negativity around the situation can help alleviate some of the drama. Try to keep statements as neutral as possible when speaking with your mutual friends to avoid anything accidentally being taken out of context.

Related link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Focus on yourself: Drama is often started when we are focusing on another person. Instead of worrying about if your ex partner is going on dates or talking to someone else, focus on what you are doing post break-up. If you refuse to give this budding drama the time of day by prioritizing yourself, then it will not be able to grow!

Related link: [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

3. Find an outlet: Just as Clarkson did through her music, finding an outlet to help you process your feelings can help avoid some unnecessary drama. Songwriting, keeping a journal, or even recording quick voice-memos are good ways to channel how you are feeling without involving anyone else. Once you have a better handle on how you are truly feeling, then it can be easier to address any questions without feeling like you will be stirring up drama.

What are some other ways to keep drama to a minimum during a break-up? Start a conversation in the comments below!

Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle



By Nicole

Maher

In the latest [celebrity news](#), messy details about Jaime King and husband Kyle Newman's divorce continue to surface. According to *UsMagazine.com*, the celebrity exes tried to finalize their divorce in early June of this year, but were unable to reach an agreement. King has now reportedly cleared the couple's joint bank account and refused Newman access to their family home.

In [celebrity break-up](#) news, some not-so-pleasant details are coming out about Jaime King and Kyle Newman's divorce battle. What are some ways to keep you split amicable?

Cupid's Advice:

Break-ups are always challenging, even if they are not happening in the celebrity spotlight. If you are looking for ways to keep your break-up as cordial as possible, Cupid has some advice for you:

1. Be professional: Emotions run high during the process of breaking up, and may cause some people to act out of character. It is important to remain professional in the early stages of a break-up to prevent creating unnecessary conflict. Agreeing on dates for your ex to collect their belongings or return keys if you were living together is a good way to keep the break up harmonious.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Vent to a friend: The break-up is going to be one of the most prominent things on your mind during this time, and your feelings toward it could change daily. There may be times when you are upset or angry about the circumstances, and other times when you are relieved the relationship is over. Rather than confusing your ex partner, find a trusted friend that you can process your feelings with.

Related link: [Celebrity Break-Up: 'Riverdale' Star Vanessa Morgan & Michael Kopech Split Days After Announcing Pregnancy](#)

3. Consider everyone involved: Even though the break-up is taking place between you and your partner, there are often other people involved such as family members and friends. While it is important to prioritize yourself in these types of situations, it also may be necessary to consider the feelings of others. By taking into account how your break-up is affecting other people, you may be able to have clearer conversations with others involved and alleviate some unnecessary tension.

What are some ways you have tried to keep a break-up amicable? Start a conversation in the comments below!

Celebrity News: Kim Kardashian Is Meeting with Divorce Lawyers After Kanye's Tweets





By Diana

Ischenko

In the latest [celebrity news](#), [Kim Kardashian](#) is contemplating divorce from husband [Kanye West](#). A source close to Kardashian told *UsWeekly.com* that “Kim has been meeting with lawyers to explore and talk about divorce.” This was prompted by West revealing the [celebrity couple](#) almost terminated Kardashian’s first pregnancy at a presidential rally in South Carolina. The following day, West tweeted several allegations against Kardashian and her mom, [Kris Jenner](#). “Kim was trying to fly to Wyoming with a doctor to lock me up like on the movie *Get Out* because I cried about saving my daughter’s life yesterday,” West said in a now-deleted tweet. A second source revealed that Kardashian has “tried so hard to help him, but now Kim and her family feel as though he’s really crossed a line.” West has previously been diagnosed with Bipolar Disorder, but he is not receiving treatment at this time.

In celebrity news, Kim Kardashian is nearing her breaking point with husband Kanye West. What are some

ways to work on your relationship before resorting to divorce?

Cupid's Advice:

You might be near your breaking point with your partner. Even when your relationship seems bleak, there are still ways to fight for it. If you feel like your relationship is slipping away, Cupid has some advice for you.

1. Reach out to your partner: When your relationship feels doomed, the last thing you'll want to do is snuggle up and show affection to your partner. Do it anyway! It may feel a little unnatural at first, but showing affection and love reminds you both there's something worth fighting for. Don't be afraid to send a sappy text or send some flowers.

Related Link: [Celebrity Couple News: Kim Kardashian & Kanye West Are on 'Different Pages' Amid Quarantine](#)

2. Acknowledge your role: During rocky times in your relationship, it's easy to play the blame game with your partner. It's crucial that you take accountability for some of your relationship issues. Take the time to spot your role in these issues and take the steps to fix them.

Related Link: [Celebrity Couple News: Kim Kardashian Needs Space From Kanye West](#)

3. Focus on the "why": It's easy to lose sight of why you're fighting for your relationship when there's so much negativity. Discuss with your partner the benefits of staying together, especially if it's an uphill battle. Remember the good times and fight to create more positive times together.

How do you strengthen your relationship? Start a conversation in the comments below!

Celebrity Exes: Amber Heard Says Johnny Depp Accused Her of Cheating with Channing Tatum & Leo DiCaprio



By Alycia

Williams

In latest [celebrity news](#), Johnny Depp accused his ex-wife Amber Heard of having multiple affairs with her co-stars while they were married. According to *UsMagazine.com*, after their [celebrity break-up](#), Depp has accused Heard of having affairs with Eddie Redmayne, James Franco, Jim Sturgess, Kevin Costner, Liam Hemsworth, Billy Bob Thornton, Channing Tatum, and Kelli Garner. Depp has also claimed that the actress had a affair with Leonardo DiCaprio after she once

auditioned with him. “He would taunt me about it especially when he was drunk or high and had derogatory nicknames for every one of my male costars he considered a sexual threat,” Heard continued. “Leonardo DiCaprio was ‘pumpkin-head,’ Channing Tatum was ‘potato-head’ and ‘Jim Turd Sturgess.’”

These celebrity exes are battling it out in court, and accusations are being thrown around in the process. What are some ways to keep your split amicable?

Cupid’s Advice:

While break-ups can tend to be messy, especially when coming out of a long term relationship it’s important to try to keep things as clean as possible. If you’re looking for ways to keep your split amicable, Cupid has some advice for you:

1. Don’t talk negatively about your ex: It’ll be hard to be friendly with your ex if you’re talking negatively about them or vice versa. Make sure all the comments you make about your ex is positive and if you have nothing nice to say, don’t say anything.

Related Link: [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

2. Wish the best for them: Part of splitting amicably is wanting the best for your ex in life. Secretly wishing negativity on them is going to show through your actions. Sincerely want the best for them and that’s what will show through your actions.

Related Link: [Celebrity Exes: Kristen Stewart Is ‘So Happy’ Ex](#)

[Robert Pattinson is Batman](#)

3. Don't blame your ex: When things go wrong in a relationship it can be easy to place the blame of your break-up on your ex. Don't blame anyone for your past relationship, it's nobody's fault, not everyone is meant for one another.

What are some more ways to keep your split amicable? Start a **conversation in the comments below!**

Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split



By Diana

Ischenko

In the latest [celebrity news](#), Julianne Hough is having a hard time with her recent separation from ex-NHL player Brooks Laich. The [celebrity couple](#) split in May after almost three years of marriage. A source told *UsMagazine.com* that the *Dancing with the Stars* alum is “super upset” about the pair’s upcoming [celebrity divorce](#) saying, “Julianne and Brooks’ split was a long time coming... There’s still a love there, but not in a romantic sense.”

In celebrity break-up news, Julianne is having a tough time dealing with her recent split. What are some happy things you can do while coping with a split to boost your mood?

Cupid’s Advice:

The end of a relationship is always hard. You need time to grieve no matter how it ended. It’s also important not to let the grief be the only thing you feel. If you’re having a hard time feeling positive after your breakup, Cupid has some advice for you:

1. Reconnect with friends: It’s easy to distance yourself from your friends during your relationship, but it’s important to spend time with them after a breakup. Your close friends are there for you and this is when you need them most. If they’re long-distance friends, schedule times to call them!

Related Link: [Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough](#)

2. Fall in love with your hobbies: Some of your free time will

be spent being upset about your breakup and that's okay. Try spending more of that time getting back into hobbies you may have stopped doing during your relationship. This is your time to experiment with new activities, too!

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Say yes to new experiences: Accept every social invitation you have. Spend a night out with friends or have lunch with your family. Even if it doesn't feel genuine at the beginning, you'll be glad you spent time with people you care about instead of holing up and watching Netflix again.

What are some ways you pick yourself up after a breakup? Start a conversation in the comments below!

Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?





By Diana

Ischenko

In the latest [celebrity news](#), Kelly Clarkson and soon-to-be ex-husband Brandon Blackstock have filed for divorce. A source close to Clarkson revealed that issues have been plaguing the [celebrity couple's](#) marriage for a long time. "They clashed on so many levels and being in quarantine together heightened their problems to the point of no return," the source *told UsMagazine.com*. Hosting her own talk show and coaching on *The Voice* required Clarkson to spend a lot of her time in Hollywood. However, the source reveals that the singer's [celebrity ex](#) "prefers their quiet life in Nashville."

In celebrity divorce news, quarantine heightened Kelly Clarkson and her husband's relationship issues. What are some ways to work on your relationship in quarantine?

Cupid's Advice:

Quarantine can be hard on any relationship, but it can take an especially heavy toll on those who are already having issues. If you're worried about COVID-19 ending your relationship for you, Cupid has some advice for you:

1. Make sure you're on the same page: Everyone is extra stressed out right now. Take time to discuss what is troubling you both most. Once you're both aware of what about the pandemic is worrying you most, you can work as a team to find ways to deal with it.

Related Link: [Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years](#)

2. Find an activity to do together: You and your partner are probably spending much more time together. While every waking moment doesn't need to be spent together, find something you and your partner can do together that lets the two of you have quality time together. Do a puzzle, have movie nights, anything to make quarantine still feel like dating.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

3. Focus on communication: Having healthy communication with your partner is always important, but it's even more vital when you're with them 24/7. Especially in such a high-stress time, you're bound to have disagreements. Make sure to be empathetic and steer clear from trying to "win" the argument by belittling your partner.

How have you been working on your relationship during quarantine? Start a conversation in the comments below!

Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years



By Diana

Ischenko

In the latest [celebrity news](#), Kelly Clarkson and husband Brandon Blackstock file for divorce. The [celebrity couple](#) were married in 2013 and have two kids together, five-year-old River and four-year-old Remington. The singer cited irreconcilable differences when filing for divorce in Los Angeles. Despite these differences, the [celebrity exes](#) have been quarantining with their children at the pair's ranch in Montana.

In celebrity divorce news, Kelly

Clarkson has decided to part ways with her husband after seven years of marriage. How do you know your relationship is over and not fixable?

Cupid's Advice:

It's hard to come to terms with things when your relationship is ending. Is it something you can work through or is it over? If you're thinking about calling it quits with your partner, Cupid has some advice for you:

1. They're no longer your go-to: You just got amazing news, but your partner isn't the first to know. You want to go to a concert, but you don't think to bring them as your plus one. While this might not seem like major problems, it shows that your partner is losing importance to you. You're feeling closed-off from your partner, which could show that your relationship isn't working as well as it was.

Related Link: [Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing](#)

2. You've stopped talking about the future: Planning for your future together is an important part of being a couple. If you find yourself no longer looking forward to a future with your partner (or don't see them in your future at all!), it might be time to let them go. If you're no longer in it for the long haul, you're holding both you and your partner back.

Related Link: [Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian](#)

3. You're bored: Not only are you feeling bored with your relationship, but with your entire life. If you're feeling

dissatisfied with everything, it may be because your relationship is stagnant and that's seeping into other areas of your life.

How do you know it's time to call it quits on your relationship? Start a conversation in the comments below!

Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing



By Diana

Iscenko

In the latest [celebrity news](#), Ewan McGregor and Eve Mavrakis

have finalized their divorce more than two years after filing. The [celebrity couple](#) was married for 22 years, with McGregor filing for divorce in January 2018, citing inconsolable differences. There were rumors of this [celebrity divorce](#) before it was filed, with McGregor spotted kissing *Fargo* costar Mary Elizabeth Winstead in October 2017. The couple went public with their relationship after McGregor's divorce was filed and are still together today.

In celebrity divorce news, it's officially over for Ewan McGregor and his now ex-wife Eve. What are some ways to get through tough divorce proceedings?

Cupid's Advice:

No one is expecting to get divorced on their wedding day. Even if your divorce was a long time coming, it can be hard to come to terms with the end of your marriage. If you need help getting through your divorce, Cupid has some advice for you:

1. Let yourself mourn: Your marriage is over and you're supposed to be upset about it. Whether you're heartbroken over betrayal or just bummed it didn't work out, you need to let yourself feel your emotions. Let yourself be upset.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

2. Stop fighting with your ex: You might be tempted to call your ex out on their bad behavior. If you keep fighting with your ex, you're letting the unhappiness of your past marriage get in the way of your moving on. Remember you aren't married anymore and you don't need to fight with them.

Related Link: [Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy](#)

3. Open up to someone: It's important to find someone to confide in. Talk to a trusted friend, family member or therapist. You shouldn't keep your frustrations inside, but you also shouldn't complain about your divorce to your ex's voicemail or to your children.

How do you handle things with your ex? Start a conversation in the comments below!

Celebrity Break-Up: Josh Lucas' Ex Wife Claims He Cheated During Pandemic



By Alycia

Williams

In latest [celebrity news](#), Jessica Ciencin Henriquez posted a tweet slamming her ex-husband Josh Lucas for cheating on her. According to *UsMagazine.com*, Henriquez captioned her tweet, "Exes are exes for a reason." She went on to explain that it's easier to forgive people for cheating when you have a child with them, but it takes a terrible person to cheat on someone during a pandemic. These [celebrity exes](#) have broken up before in the form of a very public celebrity divorce [celebrity divorce](#) in 2014, but recently they have been trying to reconcile their relationship. Due to the recent cheating scandal, however, Henriquez decided to take it to Twitter, ending her tweet saying, "I deserve better than this, Our son deserves better than this."

In celebrity break-up news, Josh Lucas' ex-wife is airing her grievances publicly. What are some things to consider before going public with relationship disagreements?

Cupid's Advice:

Having a disagreement with your partner can really be difficult, and sometimes you can be airing your dirty laundry without realizing it just because you need to vent. If you tend to go public with your relationship disagreements before considering all of the consequences, Cupid has some advice for you:

1. Think of the kids: Relationship disputes can be a really delicate situation, but when there are kids involved, it only

makes it more complicated. You don't want your kids to be involved in adult conflict, and when you go public with your relationship drama, it can easily be overheard by your children. So, before you publicize your relationship disagreement, think about your kids. Put them first.

Related Link: [Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy](#)

2. What will your family and friends think?: When you tell your family and friends about your relationship feud, it can really paint a negative picture of your partner in their heads. If you decide to work out your differences and forgive your partner, your family and friends might not forgive them so easily, which will make gatherings really awkward. Your complaints can be taken to heart by your family and friends, making your partner seeming like a terrible person.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. You'll receive everyone's two cents: Having everyone know that you and your partner are having relationship issues can result in everyone giving their unwanted opinions. Hearing their thoughts about your relationship can stress you out. Sometimes unwanted opinions can lead to blowing smaller issues out of proportion, which only results in more conflict. When you deal with your relationship issues internally, you'll focus on your opinion alone, and that's ultimately the only one that matters.

What are some other things to consider before going public with relationship disagreements? Start a conversation in the comments below!

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split



By Diana

Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filed for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Cutler "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according to an Instagram post.

In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing warnings about your relationship?

Cupid's Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. Find a compromise: You can't force your friend and partner

to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy



By Alycia

Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to

EOnline.com, Olsen requested an emergency divorce filing initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

In celebrity break-up news, Mary-Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?

Cupid's Advice:

Break-ups can be very difficult thing to process, especially when you're married. Dealing with the those first steps of the break-up can be be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

1. Deal with the logistics: When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's you're belongings or you're home, you guys should decipher who's going to keep what and just come to a common ground.

Related Link: [Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break](#)

2. Make a plan for friends: Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. Seek help to navigate your emotions: Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This help doesn't even have to be professional, it can be a family member or a friend. As long as they are willing to listen to you vent about the break-up.

What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!

Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy





By Ellie

Rice

In the latest [celebrity news](#), Mary-Kate Olsen and Olivier Sarkozy are headed for divorce. According to *UsMagazine.com*, Olsen's emergency divorce filing was denied because of its "non-essential" categorizing. Olsen cited that she was afraid Sarkozy would force her out of their living space as her reasoning behind the emergency filing. The pair had been married for five years prior to the split, after meeting back in 2012. We hope these two are able to peacefully go their separate ways!

In celebrity divorce news, Mary-Kate won't be a single woman for a while yet, as her divorce filing wasn't deemed essential. What are some ways to navigate the transition from married to single amid a divorce?

Cupid's Advice:

Going through a divorce signifies a time for new beginnings and change. If you're curious about how to move forward and navigate this transition, Cupid has some advice for you:

1. One step at a time: Feeling comfortable in this new chapter of your life will take some getting used to. It's important that you acknowledge what went wrong and understand your emotional needs. Divorce is a serious and final solution to a relationship that isn't working out. By recognizing what led to its demise, you will be able to learn from it and move forward with your life. Seek professional help or group therapy if you are having trouble figuring your path out!

Related Link: [Celebrity News: Mary-Kate Olsen's Transformation From Tabloid Queen to Happy Homebody](#)

2. Build your support network: Surrounding yourself with loved ones and people you care about is crucial during this period of adjustment. There is nothing more powerful than the love of your friends and family, especially when moving on from a former lover. They will be there for you throughout this process to help you move on and live your wonderful life. Not only will your network be supportive while you're going through pain, but also when you feel ready to embark on the dating world once again! Don't be afraid to lean on these people and let them know just how you are feeling.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

3. Find what makes you happy: Look at this new period of your life as a time for yourself. You're unattached from a relationship and all of the emotional constraints that come with it. This change doesn't have to be seen as a negative if you're able to find happiness within yourself. Start finding activities or things that bring you joy. Whether that's meditation, cooking, or spending time outside, it is all up to you!

How would you navigate this transition? Start a conversation in the comments below!

Celebrity News: Jenna Dewan Opens Up About Love, Divorce and Healing in New Book



By [Meghan](#)

[Khameraj](#)

In [celebrity news](#), Jenna Dewan opens up about her life and journey in her new book titled *Gracefully You*. The actress released her a joint statement with her ex-husband, [Channing Tatum](#) in April 2018 in which they announced their [celebrity divorce](#). According to *UsMagazine.com*, the [celebrity couple](#) ended their nearly ten-year relationship on positive terms and

work together to raise their six-year-old daughter, Everly. Since then, Tatum has been in a relationship with singer Jessie J, and Dewan is expecting a child with new boyfriend, Steve Kaze. In her book, Dewan shared what got her through her divorce with Tatum, stating “acknowledge your emotions and do the work. Meet with a therapist, look into breathwork, meditate, take walks in nature, and have wine with your friends.”

In celebrity news, Jenna Dewan turned to writing to help heal her broken heart. What are some other healthy avenues for coping with lost love?

Cupid's Advice:

Jenna Dewan shared her [relationship advice](#) on how to deal with and heal from a devastating break-up. She was able to move on and find peace and love again. Cupid has some advice to help you find yourself again after a difficult break-up:

1. Therapy: If you're feeling an overwhelming amount of emotion, a therapist can help you cope with them in a healthy way. Speaking to a therapist will allow you to discover how to handle intense emotions while also guiding you through this rough time so you don't have to go through it alone.

Related Link: [Celebrity Baby News: Blake Lively & Ryan Reynolds Reveal Sex of Third Baby](#)

2. Dive into a new hobby: After a break-up, you're going to have more free time. Avoid spending that time reminiscing of your past love and use it to foster a new hobby. Choose a fun activity that you've always wanted to try and before you know

it you'll forget about your ex and have a new talent.

Related Link: [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

3. Spend time with your friends: Spending time with your friends is probably the best way to get over a lost love. Surround yourself with people who will support you when you're crying and help you find yourself again after a break-up.

How do you get over a lost love? Let us know in the comments below!

Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split





By Ahjané

Forbes

In [celebrity news](#), former *Real Housewives of Atlanta* star, Kenya Moore, is filing for a [celebrity divorce](#) from her husband Marc Daly. The [celebrity couple](#) has been married since June 2017 and share their 11-month old daughter, Brooklyn. According to sources from *UsMagazine.com*, the divorce filing comes after an alleged extramarital affair involving Moore's husband. Daly reportedly got very upset when discussing a possible prenup, saying, "You can take everything, I'll build it again!" Moore has requested her privacy at this time, while her soon-to-be [celebrity ex](#) husband has not commented.

In celebrity break-up news, Kenya Moore's estranged husband may have cheated on her with multiple people. What do you do if you find out your partner is cheating?

Cupid's Advice:

It's a hard pill to swallow when you find out that your

partner has been having an affair with another person. It's even harder to accept the fact that you have been "replaced". Being upset is a normal emotion to feel at a time like this. However, how do you deal with this realistically? Cupid has some advice on how to deal with your lover's cheating ways:

1. Talk about it: Now, this is easier said than done. If you haven't given your partner a chance to explain him or herself, then you won't really know what's happening. Nobody likes hearing the potential unfaithful person's perspective, but it's important to talk to your partner before you take any further action. It is also important to point out any noticed changes in your love life. Tell your partner that you've notice the change in behavior. This will let them know that you are still paying close attention to them.

Related Link: [Relationship Advice: Signs Your Partner May Be Cheating](#)

2. Go to therapy sessions: If a conversation is not obtainable, please seek professional help. Tell the therapist what's happening and how you feel about this. Your partner should also be willing to attend sessions to take steps to repair your relationship, if that's something you're willing to do. Try to let them tell their side of the story without interrupting. This will be the only way to get them to open up. Also, try to talk about how things were prior to the infidelity. This will help target a sequence of events and a timeline.

Related Link: [Celebrity Divorce: Why Liam Hemsworth Quickly Filed for Divorce from Miley Cyrus](#)

3. Don't rush a decision: If you have children, this may affect them as well. Consider them as well when you're deciding how to move forward with your partner. Don't make any hasty decisions. As much as you may want to leave, take some time to think. Your partner's actions may not be justifiable,

but choosing a plan of action in the heat of the moment is not a good move. Distance yourself and talk about the important things that involve your children or your household. If there's no repairable solution to fix your relationship, and they are living a separate life, take steps to tell your children what's going on and start filing for a divorce.

What are some ways you've dealt with a cheating spouse? Let us know in the comments below!