

Taylor Swift Recovers After Split with Jake Gyllenhaal



Taylor Swift's breakup with actor Jake Gyllenhaal has not had any lasting effects on the country crooner, reports UsMagazine.com. Swift is heading out on a worldwide tour for her new album *Speak Now* and is excited for the opportunity. "I can't wait!" revealed Swift on a Nashville radio station. "Getting back on the road is something I have been looking forward to for a really long time." Gyllenhaal, 30, broke up with Swift, 21, last month. Since the breakup, the two have briefly reunited for a dinner at Nashville restaurant Bound'ry. Though Swift was "thrown" by the date, Gyllenhaal wished "to see if there was anything still between them, if they could recapture the magic," revealed a source. "Sadly, it wasn't there."

What are ways to distract yourself from heartbreak?

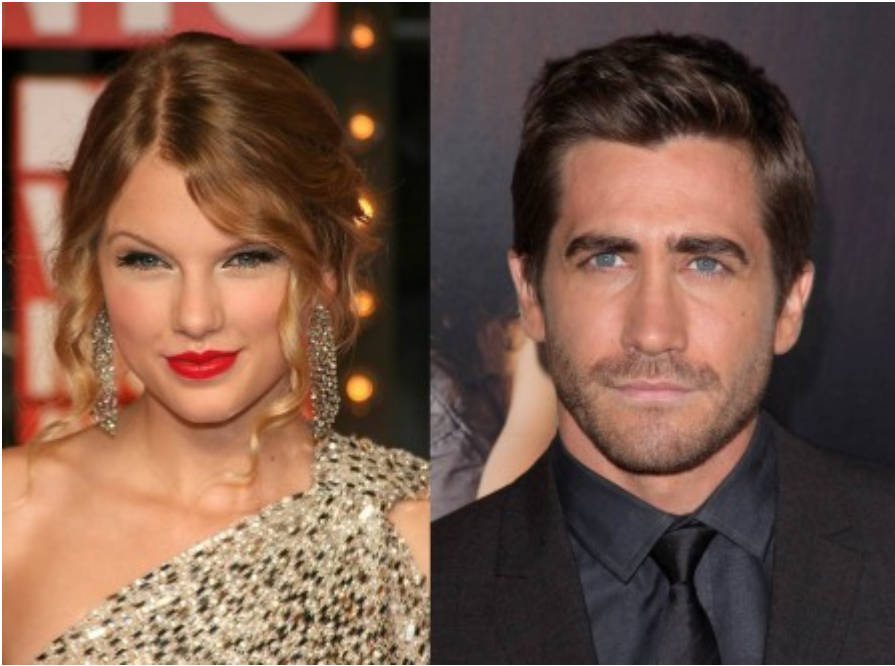
Cupid's Advice:

All individuals react to breakups differently. While some immediately put the past behind them, others turn to a gallon of chocolate ice cream. Here are a few ways to distract yourself from heartache:

- 1. Keep busy:** Try volunteering in your spare time, or pick up a part-time job. If your current job is already time-consuming, then try putting even more effort into it. Don't allow yourself too much time to mourn your past relationship.
- 2. Meet new people:** Take a class, attend a sporting event or go to a concert. Going somewhere with a large group of people will help you socialize and make new friends, which will fill part of the void left by your ex-partner.
- 3. Visit family:** Find an excuse to visit your parents or a sibling for the weekend. Your family will not only distract you, but they will probably help you recover because they understand you better than anyone else.

Jane Lynch Admires Wife's Bikini Bod





Glee star Jane

Lynch showed her appreciation for her wife Lara Embry at an *Entertainment Weekly*, according to [People](#). The actress, who embodies outspoken Sue Sylvester on Fox's hit show, admitted that she loves seeing Lara Embry in a bikini. But, Gleeks won't be catching Jane Lynch in a midriff baring swimming suit anytime soon. "She wears bikinis – not me," said Lynch. That said, hot-tubbing is one of the couple's favorite pastimes.

"We like to drink coffee, do a lot of talking and go hot-tubbing. Hot tub time is great," insists Lynch. **Should you publicly appreciate your partner's body?**

Cupid's Advice:

Everyone wants to feel wanted and attractive. Cupid has some appropriate ways to show appreciation for your partner's best physical assets:

1. Show off: When you and your partner get dressed up to go someplace nice, it's always good to compliment your partner within ear shot of others.

2. A Kodak moment: You can show your appreciation for your partner's physique with friends and family by showing pictures of you and your partner together. Say things like, "Doesn't

she look great in that one?"

3. A group compliment: If you compliment how your partner looks in a group of friends, it may result in multiple compliments when your friends agree. Voicing your opinions to others will make your mate feel special.

Tony Romo and Candice Crawford Celebrate Super Bowl With Family



Tony Romo has a lot to be thankful for this Super Bowl season, and a lot of it revolves around his fiancée, Candice Crawford. The duo have been pre-celebrating the game throughout the week, and they've

even made it a family affair. According to a source, Romo and Candice's brother, *Gossip Girl* star Chace Crawford, are already friends. Chace has been joining his happy bride-to-be sister and future brother-in-law for pre-Super Bowl festivities as well, reports [People](#). Even Candice's parents joined in on the fun at an exclusive dinner party hosted by Audi in Dallas. An observer said, "Tony and Candice have been at party after party together, and they are always snuggling or laughing with each other or with friends."

How do you incorporate your family into your relationship?

Cupid's Advice:

Once your relationship turns serious, it's important to keep your family involved so that they can share in your happiness.

Cupid has a few tips:

- 1. Invite them to events:** Take a cue from Candice Crawford and Tony Romo and invite your family along to parties and other fun happenings. Even if you just invite them over to your home for dinner, the more exposure they have to your relationship, the better.
 - 2. Ask for advice:** Make sure your family members know that you value their opinions. Get their advice and recommendations about where to go on dates or gifts you plan on buying for your partner.
 - 3. Update them:** It may seem simple, but keeping them abreast of any goings on in your relationship will keep your family involved. The fact that you aren't hiding the relationship or keeping secrets will do nothing but help you.
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Halle Berry and Gabriel Aubry Fought Over Kim Kardashian



Although Gabriel

Aubry and Kim Kardashian's recent romance fizzled soon after it began, [People](#) reports that Halle Berry was not happy to see her ex out with a reality TV star. Aubry, 35, and Kardashian, 30, took in a Lakers game and a movie in late November before calling it quits. Halle Berry, 44, who split with the French Canadian model last year, was angry about the relationship because of her daughter, according to a source close to the actress. "Halle was very upset... She just didn't want Nahla exposed to the cameras that are undoubtedly around a reality star." But Aubry had no intention of bringing someone new into his daughter's life right away. "Gabriel wanted to make sure he dated someone for six months before he introduced them to his daughter," says the source.

How soon should you bring a new partner into your child's life?

Cupid's Advice:

After a breakup, it's hard to know when to bring a new partner into your kid's life. Cupid has some tips on when and how to make the introduction:

1. Talk to your child: Give your son or daughter a chance to come to terms with his or her parents' separation. Once they realize that Mommy and Daddy aren't together anymore, they will be more ready to accept someone new.

2. Warn your partner: Tell your new mate what your child is like so he's prepared. Giving him as much information as possible will help make the introduction go smoothly.

3. Wait until it's serious: While there's no time limit on when your child and partner are ready to meet, it's a good idea to wait at least a couple of months. Then, it's up to you to know when the relationship is serious enough to bring someone new into your child's life.

Are Chelsea Clinton and New Husband Headed for Divorce?





Some celebrities

have to spend more time defending their relationship than actually having one. According to UsMagazine.com, this has been the case lately with Chelsea Clinton and husband, Marc Mezvinsky. Many tabloids have wrongfully reported that the couple who tied the knot with a lavish fairy tale wedding in Rhinebeck, NY, last August, are headed for divorce. As a friend of the newlyweds recently stated, "They're one of the best and most in love couples I've ever known." The former first daughter and her husband were also recently seen having dinner in New York where they seemed very much in love.

What are ways to combat break-up rumors?

Cupid's Advice:

The only thing worse than break-up rumors is an actual break-up. When it comes to these ridiculous untruths, either fight them head on or ignore them all together:

- 1. Seeing is believing:** When rumors strike, go out in public as couple to show everyone just how happy you really are.
- 2. Give them the cold shoulder:** Ignoring the rumors completely is always a solid option. As long as you know the truth, that's all that matters.

3. Make a statement: If this is something you decide to be vocal about, make it short and sweet.

Jennifer Aniston Shoots Down Pregnancy and Pet Rumors



Despite what you may have heard, Jennifer Aniston is not having pups of any kind! Since Aniston's rep issuing a denial statement to [People](#) had little to no effect on the rumors, the 41-year-old actress decided to shoot them down herself during a taping for Thursday's *The Ellen DeGeneres Show*. When DeGeneres asked if she was adopting another dog, Aniston jokingly replied, "I think you're confusing that with the Mexican child I'm supposedly adopting." When the laughter died down, she reassuringly answered, "No, I'm not adopting any children" and

added, "And no doggies right now."

What are ways to keep family and friends from pressuring you to have a child?

Cupid's Advice:

Family pressure to have children can get overwhelming pretty quickly, so Cupid thought of a few ways for you to handle yourself in the situation:

1. Show: Without saying it, make it clear to your guests that you're simply not ready for a child. Reference work a lot so they realize a child doesn't fit well with your schedule, and let them see that the house isn't baby-proofed. Sometimes actions speak louder than words.

2. Tell: If they can't take the hint, it's time for a family meeting. With your spouse or partner by your side, very calmly explain to your family and friends that having kids is a huge decision, and it's not theirs to make. Tell them that the pressure is too much and reassure them that when you do make the decision, they'll be the first ones to know.

3. Consider: The most effective way to get rid of the pressure is to give into it. Sit down and have a serious talk with your partner to see if having a baby is something you want to do. Are you both emotionally, mentally and financially ready? If the answer is still 'no,' it will at least reassure your family that you've thought about it.

'Chuck' Star Sarah Lancaster Is Married and Pregnant



Actress Sarah

Lancaster is married and pregnant, reports [People](#). Lancaster, who stars on NBC's *Chuck*, married her boyfriend of two years, attorney Matthew Jacobs, in a ceremony in Southern California on Saturday. "It's a really happy time in our lives," said the newlyweds. "We are thrilled to be starting a family and our wedding weekend was simply perfect." The nuptials were small, but included several heartfelt touches that made the ceremony unique. Lancaster wore her mother's pearl earrings and her grandmother's gold mesh bracelet, a wedding gift from her parents.

What are personal wedding touches you can incorporate?

Cupid's Advice:

Nearly all couples want to have a unique ceremony tailored to

their own interests. Here are a few ways to include a few personal touches:

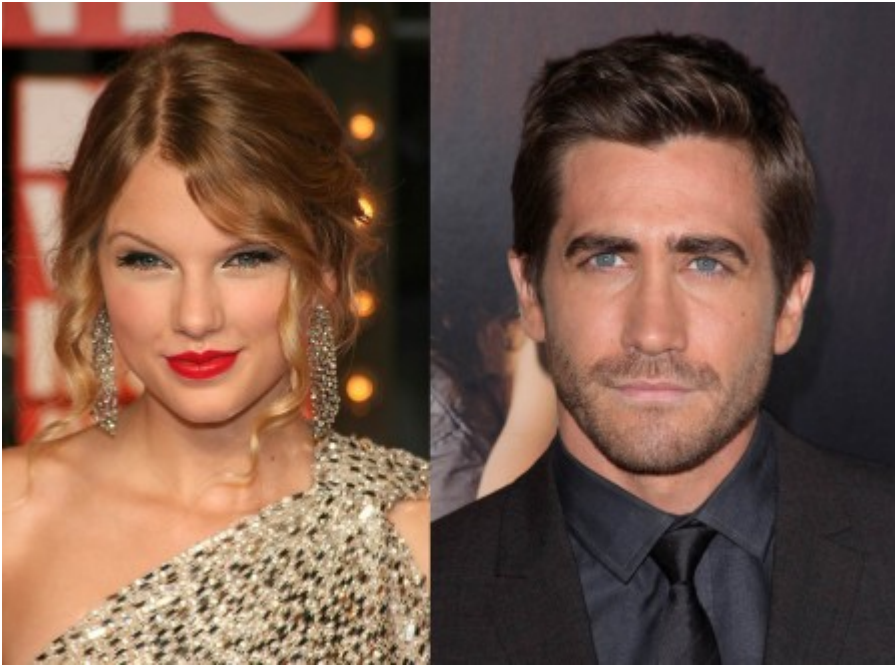
1. Personalized place cards: If you have a relatively small wedding, try personalizing the place cards. Instead of only writing 'Charlotte' or 'Steve', try adding a small note to the person, perhaps a description of your favorite memory together or something you admire about your guest.

2. Family heirlooms: Borrowing your mother's diamonds or your grandmother's hair clip make the wedding much more personal. The majority of your guests may not notice these touches, but the lack of attention doesn't make it any less special.

3. Music: Instead of having the DJ or band perform generic songs, have songs from your childhood played. Older songs will make you and your guests laugh and reminisce.

Mariah Carey and Nick Cannon Are Having a Boy and a Girl





Ever since Mariah

Carey and Nick Cannon confirmed their pregnancy last year, everyone has been wondering about the sex of their twin babies. It's both a boy and a girl, a close source to the pair told UsMagazine.com. The couple has been cautious about revealing too many details, as they struggled to conceive after a miscarriage in 2008. But when President Obama asked them about the pregnancy, they couldn't resist and broke the news about having twins. The source said, "Those kids will have everything. Mariah and Nick are ecstatic."

How do you prepare for opposite sex twins?

Cupid's Advice:

Nothing can prepare you for that excited feeling you get when you discover that you're expecting opposite sex twins. Wondering about how you should prepare for their arrival? Cupid is here to offer some advice:

1. Necessities: Although you're ecstatic about the arrival of fraternal twins, financial worries can sometimes get in the way. Supplies such as diapers, food, toys and other baby gear can be shared. However, you have to invest in items that every opposite sex twin needs, such as clothing and safety

seats.

2. Bedrooms: Are your twins going to share the same room for a long time? It's best to divide the space in half, decorating the sides based on their gender. If they won't be sharing, then choose a neutral color for the rooms by staying away from pink and blue.

3. Stereotypes and comparisons: Studies show that parents treat opposite sex twins differently and are also frequently comparing them. If the girl learns to talk before her brother, it doesn't mean that there's something wrong with him. Make sure to treat each twin equally, and understand that they are unique and will have individual talents.

Vanessa Minnillo and Nick Lachey Are Savoring Engagement





After getting

engaged, most couples practically race down the aisle like there's a finish line at the end. That's not the case for soon-to-be married couple Vanessa Minnillo and Nick Lachey.

Minnillo, 30, and Lachey, 36, are savoring their engagement. According to [People](#), the two were engaged in November and have been enjoying it ever since. "We're enjoying being engaged," Minnillo says. "Everyone rushes to the next step and I like this step. I'm in love and we're happy, so when it comes and it happens organically I will welcome it with open arms."

How long should you be engaged before marriage?

Cupid's Advice:

Although most couples believe that sooner is better, Vanessa Minnillo and Nick Lachey are proof that taking the engagement process slow is very rewarding. Cupid has a few good things that can come out of waiting:

- 1. Growing comfortable:** Being engaged really puts a relationship into perspective, and it's a great way to tell whether or not you're truly ready to commit to this person forever. Waiting will not only help you both become more comfortable and sure of your decision, but it can give you

some time to ease into the transition from engagement to marriage.

2. Making decisions: Taking your time with wedding arrangements will give you and your fiancée not only more time to make your own decisions, but also to come together and find a common ground on your perfect wedding. The longer you wait, the less stressful the planning becomes!

3. Right time: Many couples make the mistake of getting married right away without thinking about the rest of their priorities. Give yourselves sometime to finish school, or wait until your jobs are less hectic before you request time off. Wedding stress becomes a lot less scary when it's the only thing you have to worry about.

Miranda Cosgrove Opens Up About 'the One Who Got Away'





Miranda Cosgrove

learned a hard lesson recently, heartbreaks can hit at any age. The 17-year-old *iCarly* actress revealed that she and an ex-boyfriend recently called it quits after three years, according to an interview with [Seventeen](#). "I've only had one serious boyfriend, but we dated for three years. He's the one guy I really, really liked," she said. Cosgrove added that despite the fact that she and her ex don't talk much anymore, she feels he was the one who got away from her.

How long should you fight for a relationship to work?

Cupid's Advice:

Breakups are tough, and what makes them more difficult is knowing when to keep fighting for better times and when to end things and move on. No two relationships are the same, which makes things even more difficult. Cupid has some tips:

1. Listen to your heart: Nobody is going to be able to better explain your feelings than yourself. When going through a rough patch with your partner, remember to ask yourself if you still want to be in the relationship. If the answer is yes, fight for it. If not, move on.

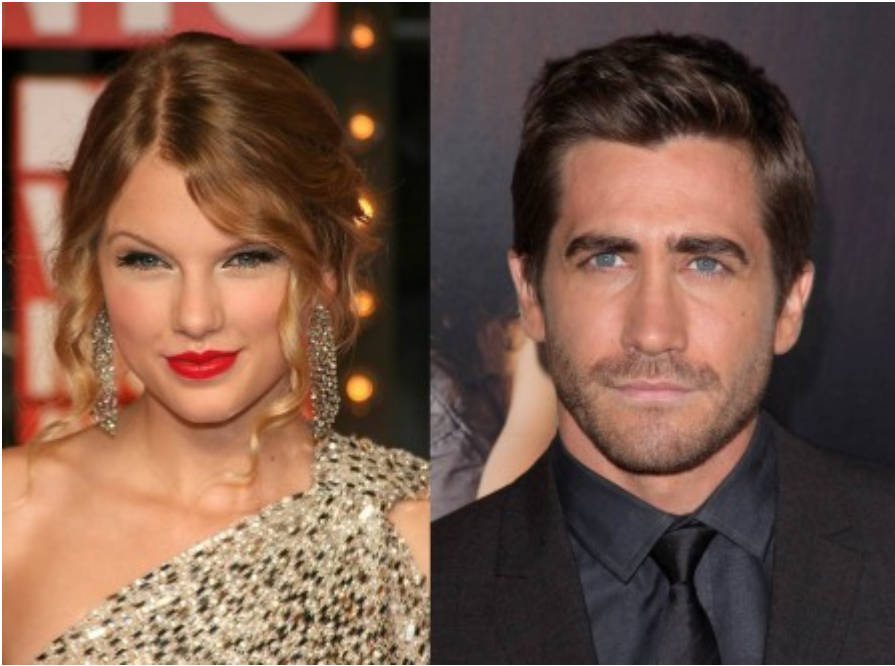
2. Active communication: An open channel of communication

between you and your partner is most important. Knowing what your partner is thinking can help you decide what's best for the relationship.

3. Make a choice, and stick to it: As tough as it can be, stick to your instinct. If you want to keep trying to make your relationship work, then give it 100 all you have. On the flip side, if you chose to break-up, then remember the reasons it happened. Everyone has that one person who got away, and it's better to learn from love than to never have taken the risk.

Joe Jonas and Ashley Greene Have Sushi Date in Baton Rouge





Hot new Hollywood

couple, Joe Jonas and Ashley Greene were spotted on their late night date at a Hibachi restaurant in Baton Rouge. According to [People](#), managers at the restaurant they were dining at, *Ichiban*, said, "They were really friendly, they just walked in, sat down, and the word started going around that they were here." The source also said that the duo didn't ask for a private table or special treatment. They also consented to posing for pictures and signing autographs after their meal.

What makes a restaurant romantic for a date?

Cupid's Advice:

- 1. Dimly lit:** A restaurant that is low on lighting tends to give a feeling of privacy and usually proves to be the most intimate dating experience.
- 2. Smaller:** You don't necessarily need the hottest restaurant in town to have the most romantic time. Sometimes the smaller restaurants have a cozy feeling.
- 3. Ethnic decor:** Restaurants with an atmosphere that make you feel as though you're abroad adds a sense of mystery to the evening, which can be ultra romantic!

Diane Kruger In Glamour: 'I Don't Believe In Marriage'



Diane Kruger has learned her lesson when it comes to marriage: it isn't for everybody. The German actress, who was married to French actor and director Guillaume Canet for five years, told *Glamour* that once is enough for her. "Without sounding pessimistic, I learned that I don't believe in marriage. I believe in a commitment that you make in your heart. There's no paper that will make you stay." The [Huffington Post](#) reports that while Kruger may not want to walk down the aisle, she is looking forward to having kids one day with TV star and long-time boyfriend Joshua Jackson.

Is tying the knot actually necessary?

Cupid's Advice:

Some people need to say "I do" to make a commitment, while others believe it's unnecessary. Cupid has some tips on how to know if marriage is right for you:

1. Complete your fairy tale: If you've always dreamed about your wedding and starting a family with a spouse, then marriage is necessary for you. Go for it if you don't feel right not making it official.

2. Don't do it to please others: Get married for yourself. It may sound selfish, but if you're taking a walk down the aisle because someone else wants you to, you'll regret it.

3. You don't need a piece of paper: Getting hitched is not required to make a life-long commitment. If committing "in your heart" is enough for you and your mate, then tying the knot isn't necessary.

Which Celebrity Couples Will Show Up at Super Bowl XLV?





By Tanni Deb

Get ready to rumble! On Feb. 6, the Pittsburgh Steelers and Green Bay Packers will face off in Arlington, Texas to battle it out for the Super Bowl XLV title. But don't think sports junkies will be the only ones in the stands – the football extravaganza is an event many stars attend. Which celebrity couples will make it to Cowboys Stadium on Sunday?

Five-time Grammy winner Christina Aguilera will perform the National Anthem. Since the singer's recent divorce from her husband of five years, Jordan Bratman, she has been dating *Burlesque* set assistant, Matthew D. Rutler. We can count on the couple to arrive together, since their relationship is said to be getting "serious."

Another serious couple sure to attend the Super Bowl is Fergie and her husband, Josh Duhamel. Her Grammy Award-winning group, the Black Eyed Peas, will take the stage during the Half-time show. According to USMagazine.com, the couple renewed their wedding vows earlier this month. But will Duhamel be in the stands or in the fields during his wife's performance?

Other performers include *Glee*'s Lea Michele, singing "America

the Beautiful,” while Keith Urban and Maroon 5 will perform during the pre-game show. Will Nicole Kidman make an appearance with daughter Faith Margaret? After all, Keith has been by her side during this year’s awards season!

Other celebrity couples in the stands may include Demi Moore and Ashton Kutcher. Although Kutcher is a die-hard Chicago Bears fan, Moore has been seen rooting for the Packers at their games. Faith Hill and Tim McGraw, who is friends with former quarterback Brett Favre, are also fans of the team. And Justin Timberlake, the former ‘N Sync band member who brought sexy back, loves the Packers. We’re all curious to see who’ll be by his side if he shows up – Jessica Biel or Olivia Munn?

Let’s not forget about the Pittsburgh Steelers fans who we can count on to be there for their team: Bret Michaels, Rush Limbaugh, Jeff Goldblum, Snoop Dogg and Adam Sandler – who played a former quarterback for the Steelers in the 2005 movie, “The Longest Yard.”

While the big game is obviously the main attraction, celebrities will also indulge during the many Super Bowl parties happening over the weekend. In addition to performing, the Black Eyed Peas will team up with *Sports Illustrated* to host a Super Bowl Bash. “It will be the kick-off to an amazing weekend in Dallas and we can’t wait to get it started,” said Fergie. While guests are sure to include some *SI* models, like Genevieve Morton and Julie Henderson, Fergie’s own supermodel bod will keep Josh Duhamel in check.

Pamela Anderson will also be in town, throwing a pre-Super Bowl Party on Feb. 4, called SuperBash 2011. Past guests included Kim Kardashian, John Travolta and Carmen Electra.

And Diddy, the master of being the master of ceremonies, will host multiple parties during game weekend. Event tickets range from \$500-\$25,000 (yes, that’s correct; \$25,000!). Last

year, rumors flew that Diddy was dating Nicki Minaj. Current reports say that the rapper is single, but it'd be nice to see someone at his side during his parties.

Too bad we have to wait to see who ends up at the game! Don't forget to tune into FOX on **Sunday, Feb. 6 at 6:30 PM ET** to watch Super Bowl XLV.

Alex Pettyfer Calls Dating Glee's Dianna Agron 'Amazing'



I Am Number Four

actor Alex Pettyfer revealed a few details about his relationship with *Glee* star Dianna Agron on *The Ellen Degeneres Show* on Friday, reports UsMagazine.com. "She's an amazing woman and she's got this old school, classic movie

star elegance to her..she's a very nice girl," said Pettyfer.

Degeneres playfully dug for more details as the actor sipped from his coffee cup, eventually eliciting the response, "I'm just very happy in my personal life."

How do you know if your relationship is on the right track?

Cupid's Advice:

Constant dating can become routine for many, but it's important to know when you have genuinely struck gold. Here are a few signs that your relationship is on the right track:

1. It's easy to make plans: If the two of you seem to be able to plan dates efficiently and with little delay in between, it's a sure sign that both you and your partner are clearly interested.

2. Dates are effortless: Dates that include flowing conversation and frequent jokes are a sure sign that the two of you are connecting.

3. You genuinely like him: If you catch yourself admiring his emotional and physical attributes, then your relationship is on the right track. Genuinely liking someone is the first step toward caring for him or her.

When Friends Have Babies and You Have Your Career



Statistics show that many people are getting married later in life, and many are questioning whether they want to get married at all.

If you're a twenty or thirty-something who has put your climb up the corporate ladder (in Louboutin heels, of course) or achieving your personal dreams, ahead of the traditional 3-step plan—get married, get pregnant, and live happily ever after (or get divorced), you will see married couples with kids or newlyweds with babies on the way, everywhere you look.

And, if you're anything like me—an unmarried thirty-something who loves her career, lives with her boyfriend, and whose biological clock only ticks to adopt a dog right now, then you understand the questions it raises when surrounded by those who have made starting and raising a family their business of choice.

I've worked through this biological paradox and have helped hundreds of my clients do the same. Here are my top four suggestions:

Embrace Your Freedom

After every first, second, or third birthday party for our friends' children, my boyfriend and I do something spontaneous to remind ourselves how great it is that it's just the two of us—for now. Enjoy every moment of your life. There's no need to rush. Plan a safari to Africa, go back to school to get a degree, write a book, buy an expensive and impractical handbag, and live on your own. Get excited about your life, and live with no regrets! Too many new mothers say, "I wish I would have done that before I was married and pregnant."

Get Healthy

No matter how feminine we are on the outside, we all have masculine energy. Masculine energy is the force behind our goal-setting process, the direction we take in life, and the one-track thought process that gets us to where we want to go.

Many women have a challenging time getting pregnant because they do nothing to nurture their feminine energy after they start dating. The more you can create a space in your life for your feminine side to shine through, the more you will attract men who could be the father of your children. This energy can also make it easier for you to conceive. Begin preparing your body for pregnancy or start building the 5-star accommodations your unborn child will be living in. Cleansing your body can take months. Become more self-aware and learn as much about yourself as possible.

Prepare with Positivity

A positive response can make all the difference. If you feel fine with your decision to wait to get married and have kids, then this will translate in your face, voice and expression.

But, just because YOU are happy with your choice, you will still be asked why you are waiting to start a family. For me, it comes up in every conversation with the grandparents, the parents, the parents' friends, and now even our friends.

People can't help themselves—so I chose to forgive them! It's better to answer their questions with a positive response and with a commitment to your decision.

Women's Wisdom

I love the fact that my friends all have had kids before me. I respect them as women and as mothers. I feel so confident knowing that I can reach out to them when it's my turn. The lesson here is to learn from your friends' experiences. Try on their choices and see what works for you and what doesn't. Their experience can be your greatest teacher.

Remember, you can have everything you want: the accomplished professional life and the fulfilling personal life. Consider how you would be able to enjoy both if they didn't happen at the same time. Try these suggestions and let me know how they work for you.

Stephanie Florman is a Relationship Coach and Advice Expert for Master Matchmakers, the company behind VH1's Tough Love Series. Stephanie is most passionate about teaching people how to have a healthy and happy relationship with themselves because she knows it is the starting point for developing a meaningful and rewarding relationship with another. Visit her online at www.StephanieFlorman.com or at www.mastermatchmakers.com.

Modern Family's Jesse Tyler Ferguson Goes Public with New

Boyfriend



Modern Family

cutie, Jesse Tyler Ferguson, made his first public appearance with new boyfriend, 35-year-old lawyer, Justin Mikita on Thursday night at the ELLE Women in TV event in Hollywood. According to [Access Hollywood](#), although Ferguson has yet to make an official comment about his budding romance, he did announce his date via *Twitter*, saying “So @justinmikita and I are at the Elle Women in TV party,” and then adding a picture of two nameplates that read “Jesse Tyler Ferguson” and “Guest of Jesse Tyler Ferguson.”

How do you know when to go public with your relationship?

Cupid's Advice:

1. You feel comfortable: A relationship is about you and the other person. Don't worry about everyone else, and let them know when the both of you are ready:

2. You think it's going to last: The older we get, the more serious our relationships tend to be. There's no sense in alerting the masses if you think it's just a fling.

3. You're starting to deny: Once people are starting to figure things out, you're just wasting your energy hiding something that is going to come out sooner or later.

Michael Bublé to Make Proper Home with Wife in England



Singing sensation Michael Bublé may have found his dream home. According to *The Sun*, Bublé announced he plans to live in Surrey, England, with his bride-to-be Luisana Lopilato. The couple will wed in April, and Bublé says he wants his £3 million, or \$4.5 million

Purley estate to be “a proper home,” according to [Digital Spy](#). A source elaborated, saying, “Michael’s bought a really smart house. He’s getting married this year to Argentine actress Luisana Lopilato and hopes to spend six months a year here. He wants it to be a proper home.”

What constitutes a ‘proper home’ for you and your partner?

Cupid’s Advice:

The term “proper,” although ambiguous in nature, can be resolved for both Buble and your future family. Cupid has some suggestions for you to keep in mind when its time to build your nest:

1. Keep it clean: A spotless home might be in order if you want to keep things proper for you and your family. An hour or two a week is all it takes to make your home dirt-free. Plus, your friends and family will enjoy visiting a lot more!

2. Keep things family-oriented: Be mindful of what is said between you and your partner, especially if kids are present. There’s a Jamaican saying that goes, “monkey see monkey do.” In order to keep your home “proper,” adult issues should stay in a private room.

3. Keep the little things in mind: Remember that when you live with someone, the little things you do such as saying “I love you” and “thank you” are important. Plus, they keep a healthy and happy atmosphere in your now “proper” home.

Denise Richards Protects

Children From Charlie Sheen



It's no secret that

Charlie Sheen has constantly been in and out of rehab, but now it's affecting his children. As a result of the media frenzy surrounding the actor's rambunctious behavior, according to *People*, ex-wife Denise Richards has been trying her hardest to protect their daughters Sam, 6 and Lola, 5. With new drama about the *Two and a Half Men* star in the news every day, shielding the kids is getting to be a full-time job for Richards, who has said she still cares about her ex a great deal. The actor also has 2-year-old twins with ex-wife, Brooke Mueller.

When should you protect your children from your ex?

Cupid's Advice:

It's the parents' job to protect and shelter their children

for as long as possible. In certain cases, that responsibility extends to protecting them from your ex. Here are some of those cases:

1. When drugs or alcohol are involved: Until your partner or ex-partner can sober up, he or she should not be allowed around the kids.

2. When they are abusive: If your mate is physically or emotionally abusive to you or the kids, cut off all contact. Protect your kids by telling them that they are safe and that abuse is not acceptable behavior.

3. Mental or physical illness: Though it may not be your partner's fault that they are ill, children need to be protected from the pain serious illness can cause. At least shelter them from some of the gruesome details.

Kate Hudson Talks Pregnancy and Engagement Rumors





Actress Kate

Hudson's pregnancy is igniting many rumors, most of which are absurdly untrue, reports UsMagazine.com. While on the England-based talk show *The Graham Norton Show*, Hudson effectively debunked several rumors. She revealed that while she is pregnant with boyfriend Matt Bellamy's child, she's not engaged to him. When asked about the possibility of a marriage, she replied, "I don't like putting that sort of pressure on it and I don't feel it necessary to get married." The actress went on to explain, "I just want to be happy."

Is getting married unnecessary pressure to a relationship?

Cupid's Advice:

Many feel that a relationship is only worthwhile if it results in marriage. However, more and more people are finding this untrue. Before you begin to stress over a dead-end relationship, consider the following factors:

1. Don't rush: Your relationship will pan out in its own time. Even if it seems to have a long way to go before marriage enters into the equation, have no fear.

2. Think things through: Before you sprint to the altar, think about the reasoning behind your decision. Do you want to

marry to please others, or is it really what *you* want? Marriage is life-changing, so take it seriously.

3. Your happiness: Ultimately, the point of marriage is for the couple in love to be happy together. If you and your partner are happy already and you don't think marriage will enhance it, it's totally fine to keep things the way they are.

Bride-to-Be Reese Witherspoon Focuses on Upcoming Wedding



Wedding bells are ringing for Reese Witherspoon! After a divorce from her ex-husband, Ryan Phillippe, the actress is now engaged to Hollywood agent, Jim Toth. In fact, she recently went wedding shopping in Paris with three of her girlfriends and a source

says that she's thrilled about starting a new life with her fiancé. "He's a grown-up who's really ready to take the next step," says Witherspoon's friend. "He's a family-oriented guy, and that's all she ever wanted."

How do you know if your partner is family-oriented?

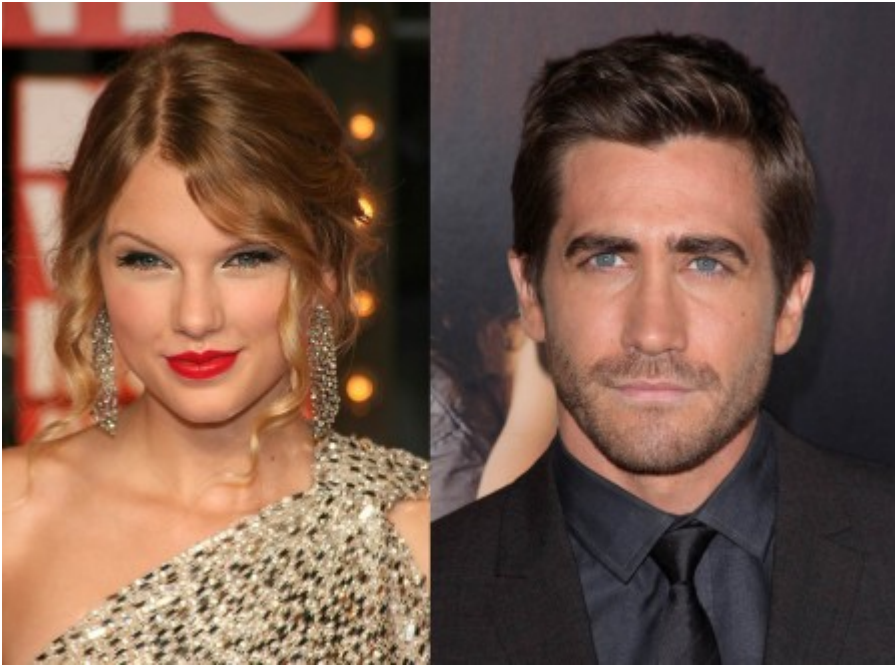
Cupid's Advice:

Now that you've fallen in love, you're ready to settle down. But how do you know your partner is family-oriented? Cupid has some telling signs:

- 1. Family time:** Your future spouse has a close relationship with his or her family and enjoys spending quality time with yours.
- 2. Interactive:** Does your fiancé like interacting with children? If so, this is an indication that your significant other more than likely has a soft spot for children and may want some of his or her own.
- 3. Children:** He or she has openly talked about having children and building a family with you.

Are Scarlett Johansson and Jason Sudeikis Dating?





Actress Scarlett

Johansson and SNL's Jason Seudeikis are not dating, *People* reports. The two were spotted at dinner together along with Seudeikis's former SNL cast-mate, Will Forte. The duo claims the dinner was just friendly and not romantic. Johansson recently separated from her husband of two years, Ryan Reynolds and filed for divorce shortly after. Her rep says that she is not dating Seudeikis, or anyone else for that matter.

Is it truly possible to be “just friends”?

Cupid's Advice:

Why is it okay to have boy-friends as a kid, but it's considered weird as an adult? Cupid thinks you can be just friends with someone of the opposite sex:

- 1. If it starts at work:** If you meet someone of the opposite sex at work, it's a lot easier to keep it on the friend level. There's no expectation to take the relationship past being friendly, because a work environment keeps romance out of the equation.
- 2. If you grow up together:** If you've been friends with him or her from the time you were little, it's easy to stick with

your close friendship. When you meet someone at a bar, it's tough to start a friendship, as there are expectations of making it more. Knowing someone from back in the day takes away that expectation.

3. It just happens: Some people simply have an easier time making friends with the opposite sex and connecting with them on a friendly level than they do with someone of their own gender. No one goes out in hopes of landing themselves a great friend of the opposite sex. It's something that happens without even realizing it.

Will Kelsey Grammer Beat His Daughter to the Altar?



Kelsey Grammer's

eldest daughter, Spencer Grammer, recently announced her engagement to longtime boyfriend James Hesketh, but will she have to pick out a dress for her dad's wedding before her own wedding dress? Kelsey plans on marrying girlfriend Kayte Williams in February, even though his divorce from his wife Camille is not yet final. Thanks to California divorce law, if a judge agrees to "bifurcate" the proceedings, he will be able to remarry while continuing to battle over the assets.

According to RadarOnline, Spencer has yet to pick a date to walk down the aisle.

Why should you get married sooner rather than later?

Cupid's Advice:

Some couples spend years getting to know each other before walking down the aisle, while others wait only months. Cupid thought of a few situations where it's good to get married sooner rather than later:

1. If you're older: As the years go on, the dating rules change a bit. We're more comfortable with who we are and what we like. As we get older, the rest of our lives seem less intimidating! If you find true love later in life, don't waste any time!

2. If you're divorced: After being married once or twice, you know the ropes. So maybe you weren't with the right person, but now that you're alone it's difficult to be single again. If you find someone who makes you feel that puppy love you missed so much and you know what mistakes to avoid this time around, don't procrastinate with the "I do's!"

3. If you're widowed: Losing a spouse is incredibly painful. Lying in bed with nothing next to you, but an empty space will constantly remind you of the empty space left in your heart. If you're lucky enough to find someone that truly makes you happy, let him or her help fill those spaces right

away.

Jaime Pressly Splits with Husband Simran Singh After 16 Months



Jamie Pressly and

Simran Singh have decided to call it quits, according to UsMagazine.com. It doesn't seem to be a good year for Pressly, as she was also recently arrested on suspicion of a DUI. An insider says of the split, "It's over. I don't think they have officially filed anything yet though." The source added, "I think it comes down to she married this guy too fast. He seemed like a good guy but he is super full of himself and puts her down for everything. He picks fights

with her for any little thing.”

How do you avoid unnecessary arguments?

Cupid's Advice:

Every relationship has its ups and downs, but some fights are more avoidable than others. Cupid has some tips on how to avoid unnecessary arguments:

1. See the other side: It's easy to see things from your perspective. Take a minute to put yourself in your partner's shoes. Understanding is key.

2. Avoid sensitive topics: The closer we are to people, the more we know what buttons to push. If you have a particular topic that is sensitive, try to avoid it. If it's absolutely necessary, approach it with caution.

3. Ponder it first: Make sure you filter your thoughts before saying them out loud. If you're upset about something your partner did, make sure it's really worth an argument. The best way to do that is to keep it to yourself for a few hours or days. If you still think you need to bring it up, at least you know it's worth it.

Jennifer Love Hewitt Picks Out Three Wedding Rings





Jennifer Love

Hewitt is making it really easy for her boyfriend to propose by picking out three engagement rings for him to choose from. The 31-year-old actress has been dating Chicago actor and director Alex Beh for seven months, and things must be going well for the couple. Hewitt told Ellen Degeneres that she found the rings at Tiffany's, according to *People*. "I feel like I'm doing the guy a favor. I don't want to be upset if he picks a bad ring, so I feel like having three picked out and saying, 'Look! Look at this plethora of things you can choose from!'"

What are ways to make sure your groom-to-be picks out the right ring?

Cupid's Advice:

Getting engaged is exciting, but getting engaged with the right ring? Perfect. Cupid has some tips on how to make sure your mate proposes with the right rock:

1. Drop hints: If you want him to shop at a certain store, get him on the mailing list or rip out ads from the store and put them where he'll find them. He should get the hint eventually.

2. Use a celebrity example: Pick up a copy of *People* and point out a particular celebrity's engagement ring as beautiful. Giving him an idea of the style and design you want will help guide him when picking out a ring.

3. Have breakfast at Tiffany's: If you are really picky and know exactly the ring you want, tell your man that when he proposes, you'd love to be able to pick out the ring yourself. Being proposed to in Tiffany's with your choice of ring is also very romantic (see: *Sweet Home Alabama*).