

# 'Jackass' Star Chris Pontius' Wife Files for Divorce



*Jackass* star Chris Pontius has split with his wife of nearly seven years, Claire Nolan, reports [UsMagazine.com](http://UsMagazine.com). Nolan filed for divorce last week in L.A. County Superior Court. The couple share no children.

**If your partner files for divorce, how should you react?**

## **Cupid's Advice:**

While most people are aware if their spouse files for a divorce, there are occasions where one is caught by surprise. Here's how to handle being caught off-guard:

**1. Confront your spouse:** Ask your spouse what made him or her file for divorce. Make sure you know and understand your partner's reasoning. Talk until you do.

**2. Try to work out issues:** If a sudden call for a divorce has caught you off-guard, chances are that there are issues you and your spouse have not addressed. Take some time to talk about the problems at hand and see if there's any way to repair the marriage.

**3. Contact a lawyer:** If your issues cannot be resolved, your divorce will most likely need to be settled in court. Take some time to find a good lawyer, as good lawyers can make the divorce proceedings much less painful.

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## Chris Brown Is Upset He Cannot Move On from Past With Rihanna



Rapper and R&B star

Chris Brown can't seem to shake his past with former flame Rihanna, reports [People](#). Brown became visibly upset and violent on Tuesday morning during an interview for *Good Morning America* when interviewer Robin Roberts began to inquire about his past with Rihanna. A source close to the actor says, "He's been trying to move on from his past and focus on his music, and he's finally putting out an album..." Brown tweeted later on that day giving a shout out to his fans, "Thank you to everyone who supports my music!!! Key Word (music) !!! Love y'all."

## **How do you start new after you cheat on someone?**

### **Cupid's Advice:**

Nobody can answer for you or explain why you cheated, but making sure that you don't repeat the past is imperative to your future. Cupid has some tips on how to start fresh:

- 1. Take some time:** Take time off from dates and pick-ups. The down time will give you the opportunity to reflect on your recent relationships.
  - 2. Figure it out:** What was the reason that you cheated? Were you unhappy? Did you do it just because you could? Knowing the motive behind your actions is the first step to correcting any future decisions.
  - 3. Be honest:** In your next relationship, be open and forthcoming. Before things get too serious, have a heart-to-heart and explain your past, what you did and why. Being up front from the beginning will show your new partner that you've turned over a new leaf.
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# Reese Witherspoon Prepares for Big Wedding Day



The big day is just days away, and you can bet Reese Witherspoon is finalizing the last touches to ensure her wedding is perfect. [RadarOnline](#) reported Monday that Witherspoon met with stylist Lorri Goddard-Clark at Prive Salon to color her hair amid the dreary Los Angeles weather. The bride-to-be will marry Hollywood agent Jim Toth at her Ojai Valley ranch in California this Saturday. We're sure this is just one of many things on Witherspoon's wedding checklist, and we wish her the best of luck!

**How can you keep the pressure off right before your wedding?**

## **Cupid's Advice:**

Cupid knows that no matter how calm and collected any woman like Reese Witherspoon is, her wedding day is one occasion

where the pressure is on. Here are some tips to keep you from being (and looking) frazzled the week before your nuptials:

**1. Make a list:** This is no time to rely on your elephant memory. Write down everything that needs to be done and have your maid of honor, mother or wedding planner look it over. You'll feel extra satisfied each time you cross something off that list.

**2. Delegate your tasks:** You have a bridal party for a reason! By including everyone in the planning process, you'll get the work done faster – and keep your head from spinning.

**3. Just breathe:** When wedding frustrations get in your way, think of all the happy moments you've had with your betrothed. The party only lasts a night, but a marriage is forever. By reminding yourself of the love you and your partner share, you're bound to make sure everyone will see that love when you both say "I do."

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## Selena Gomez Admits Justin Bieber Is More Than a Little Brother





While appearing on *Ellen* this week, Selena Gomez had to defend some comments she made about her alleged boyfriend, Justin Bieber, according to [People](#). Last September, when Ellen DeGeneres asked Gomez, 18, about Bieber, 17, she replied, “He’s little. He’s like my little brother.” This time around, DeGeneres put her on the spot and asked, “He’s like your little brother? ... What do you have to say now?” The couple was spotted kissing in the Caribbean in January and a month later, they attended the Vanity Fair Oscar party together. However, the Disney star still refuses to confirm they’re dating, telling Ellen, “He’s just sweet.”

**How do you stay quiet about a relationship without lying?**

### **Cupid’s Advice:**

Sometimes you just need some privacy in a relationship, but it’s hard to keep it a secret without hurting people’s feelings or lying. Cupid has some ideas on what to do in this kind of situation:

- 1. Change the subject:** When someone asks about your relationship, casually change the subject. They should get the hint and stop asking about your significant other.

**2. Avoid nosy people:** You know that friend that can't keep a secret? You might want to avoid telling them about you and your mate if you want to keep it quiet. And not telling them is not the same as lying.

**3. No PDA... for now:** If you don't want to get into a situation where people ask you about who you're dating and you have to lie, avoid it all together by keeping PDA to a minimum. Once you're ready to tell the world about your significant other, you can get back to being affectionate in public.

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## Tiger Woods' New Girlfriend Just Looking for a Good Time



Tiger Woods' rumored girlfriend Alyse Lahti Johnston may not be in for the long haul, reports [RadarOnline](#). A source close to Johnston revealed

that the 22-year-old may only be looking for fun. “[Johnston] sent a BBM to a mutual friend of ours saying she didn’t consider herself Tiger’s girlfriend,” says the source. “They were just having a good time hooking up.” Johnston and Woods, who were introduced by Johnston’s golf instructor, have dodged many rumors regarding Johnston’s motives. “Alyse wouldn’t care about Tiger’s money. That’s never motivated her and she comes from a very well-to-do family anyway,” says the source. “She just wants to have a good time and lots of fun. I can definitely see her considering sex with Tiger a lot more fun than a relationship with him.”

### **How do you know if he’s committed?**

#### **Cupid’s Advice:**

The line between a committed relationship and a purely fun relationship is very thin. Here are a few ways to tell if your beau is truly committed:

- 1. Revisit your conversations:** A partner who is only looking for fun will not want to bring up serious topics in conversation. If the conversations you have with your partner are always light-hearted and playful, it may be time to try discussing deeper issues.
- 2. Observe his helpfulness:** If your beau is comforting and supportive after a rough day, then it’s likely that he is committed. A partner merely looking for fun would not stick around to help on the “bad” days.
- 3. Ask him:** As your partner, he should be able to answer questions about your relationship. If you have doubts, ask about his commitment. You will probably get an honest and enlightening answer.



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# Holly Madison and Boyfriend Jack Barakat Split



It looks like Holly Madison's romance with Jack Barakat is over, according to [People](#). The duo met on Twitter and continued to date under the radar until her December 31st birthday party, when they went public with their relationship. Madison didn't let the breakup get in the way of a fun weekend, however, as she seemed in a good mood while hosting a party with Brody Jenner at Chateau nightclub in Las Vegas last weekend. Despite the sad ending, Madison proved that there's more to be said for Twitter than status updates.

**What are the benefits of meeting your partner online?**

**Cupid's Advice:**

Of course meeting someone face-to-face has its own perks, but there are certain benefits to meeting your partner online as well. Cupid has a few:

**1. Looks aren't as much of a factor:** Sometimes people let physical attraction get in the way of getting to know someone personally. Although you may see a photo here and there, by meeting online you get to know the person before judging his or her appearance.

**2. It's easier to be honest:** When you're having a conversation with someone in person, it can be difficult to say what you really mean. If your potential partner asks a difficult question, your first inclination may be to lie. When you're typing out your answers, it's simply easier to be 100% truthful.

**3. You can go slow:** In person, it can be easy to get caught up in the moment. If you meet online, you can take things as slowly as you need to without feeling as pressured to move forward.

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## LeAnn Rimes and Brandi Glanville End Feud Over Eddie Cibrian





The ongoing internet feud between country crooner LeAnn Rimes and her fiancé Eddie Cibrian's ex wife Brandi Glanville is over, reports [UsMagazine.com](http://UsMagazine.com). Rimes has been accused of creating a fake Twitter account and cyber bullying Glanville, but both women are denying any harassment has taken place. "We have communicated and have a direct understanding that we are only ourselves on Twitter and have no other accounts that try to destroy one another," Rimes tweeted.

### **Should you be concerned about your partner's ex?**

#### **Cupid's Advice:**

Your partner is with you for a reason. Always remember, you were chosen over everyone else:

**1. Underlying issues:** If you're self-conscious about your love life for some reason or you began to date your partner while he was still connected to an ex, this can cause issues. Sometimes you should just ignore the past and focus on the present.

**2. Over the line:** Does your partner's ex continuously step over the line? If the ex in question continues to make themselves known in an unwanted situation, speak up and tell him or her how you feel.

**3. You're naive:** If your partner's ex is still around because your partner is keeping them around, perhaps you should look into this. Is your partner being 100% honest with you about letting his ex down slowly and carefully? A breakup takes one conversation, not three weeks.

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## Dating Tips for Renee Zellweger and Other Singles Over 40



By Rosalind Sedacca,

CCT

The pain of dating and breaking up isn't just reserved for the young. Singles dating in mid-life and beyond face the same heartbreak, confusion and anxieties as those in their 20's and

30's. These challenges are compounded by the insecurities that frequently come with age, especially for women: Am I still desirable? ... Am I still attractive? ... Will I ever find another partner?

Celebrity couples are no exception. After 24 years of marriage, Tony Danza, age 59, filed for divorce from his 52-year old wife, Tracy Robinson. Jennifer Aniston, who has been in the headlines with several unsuccessful relationships over the past decade, is now telling reporters that she's happily single.

Recently, celebrity couple Renee Zellweger and Bradley Cooper, considered one of Hollywood's top power couples, broke up after dating for two years. When asked during an interview about the nature of their relationship, Cooper mentioned that marriage was not in the picture. Chances are that Zellweger thought she was in a different relationship – one with a more committed and long-term outcome. It appears both partners were not “on the same page.”

This is one of the most common deal-breakers for long-term relationships. Often, couples get together and make assumptions that the other person shares their goals and intentions. The problem is that they don't discuss these options and spell them out clearly. If you're not on the same page when it comes to monogamy, time spent together, decisions about raising children, as well as other values and cultural beliefs, you set yourself up for disappointment and inevitable conflict.

**Some other success tips for over 40 singles entering a new relationship include:**

**1. Be aware of unresolved baggage:** Emotional scars and wounds from your past can easily sabotage any new relationship. Take the time to identify unresolved feelings of anger, hurt, guilt and disappointment from the past and accept these

feelings as lessons learned. It then becomes easier to move on.

**2. Avoid “fairy-tale” thinking:** It’s not your partner’s job to make you happy. It’s your responsibility to love and value yourself when you enter a relationship. Dependency and neediness are not attractive qualities. It is also an illusion to assume any one person can meet all your needs or desires.

**3. Start with friendship first:** This level of comfort translates into a solid foundation for love to blossom and intimacy to develop. Be friends first before you open the door to the physical and emotional closeness that is so essential to a solid partnership.

**4. Be sure your expectations are realistic:** Are your demands about weight, age, height, financial success and other factors limiting your ability to find the right partner? Being flexible, objective and fair prevents us from setting ourselves up for the pain and disappointment of unrealistic expectations.

**5. Communicate effectively by encouraging open, honest dialogue:** In addition to your words, be attuned to your partner’s nonverbal cues and body language. Also, be aware of your own cues that can trigger messages and unconscious signals to your partner.

*Rosalind Sedacca, CCT, is the co-author of the new book, 99 Things Women Wish They Knew Before Dating After 40, 50 & Yes, 60! Visit [www.womendatingafter40.com](http://www.womendatingafter40.com) to receive a complimentary Tip Sheet, along with a Tip of the Week which spans every facet of dating success – from preparing for your first date to determining whether your partner is a “keeper.”*

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# Saturday Night Live Alum Maya Rudolph Is Expecting



Saturday Night Live alum Maya Rudolph, 38, revealed her baby bump on Sunday at the Milk and Bookies Second Annual Story Time Celebration in L.A, [UsMagazine.com](http://UsMagazine.com) reports. She's expecting her third child with her husband, Paul Thomas Anderson and the couple is already parents to two daughters, Pearl, 5, and Lucille, 1. Although pregnant, the Bridesmaids actress will continue working. "I seem to be pregnant through all my movies, so I never seem to give anything up, do I?" Rudolph said last June while promoting Grown Ups.

**What are some ways to stay active with your partner while pregnant?**

## Cupid's Advice:

Being active is more fun with your significant other, especially when you're pregnant. It's great to know that your partner supports you and wants to share the moment. Here are some ways you can both be active during the pregnancy:

- 1. Exercise:** Being pregnant shouldn't be an excuse to get out of shape. Consult with a doctor on what physical activities are safe. Not only will you be there to support her, but it'll be a way to spend quality time with each other.
- 2. Take a walk:** Take a stroll around town or in a park. It'll help reduce your back pain and increase your energy levels.
- 3. Yoga:** Take a yoga class with your significant other. It'll help strengthen your abdominal muscles and make you relax.

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# Cameron Diaz and A-Rod Are Happy Family with His Kids







In honor of their on-again romance, Cameron Diaz and Alex Rodriguez took A-Rod's two children to Busch Gardens amusement park in Tampa, Florida. According to [UsMagazine.com](http://UsMagazine.com), the actress looked incredibly motherly holding hands with the baseball star's two daughters Natasha, 6, and Ella, 2, from his previous marriage to Cynthia Rodriguez. It looks like this couple may have hit a home run in the kid department after they rekindled their romance in November. Cameron Diaz was also seen bonding with the girls late last year on a family trip to Mexico.

### **How can you bond with your new partner's kids?**

#### **Cupid's Advice:**

Bonding with a new partner's children can be one of the most magical and most difficult parts of a new romance. Here are some tips:

- 1. Show respect:** Though you may be very excited about getting to know your new partner's children, it's always important to respect their boundaries and their previous relationships with both of their parents. The last thing you want to do is trash your partner's ex in front of the children or get in the way when you partner wants to spend quality time alone with his or her children.

**2. Come bearing gifts:** It's never a good idea to try to buy someone's love. However, kids love getting gifts. It makes them feel important that you thought of them. Also, getting them a little something you knew they have been wanting or would like shows that you are making an effort to get to know them.

**3. Go on a date with the kids:** Cameron Diaz and A-Rod had the right idea when they took the kids to an amusement park. Dating someone with children is a completely different playing field, so expect a mix of sophisticated dinners and dates with the kids at Chuck E Cheese.

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# Prince William and Kate Middleton: Australian Honeymoon?





Now that the world has most of the details on the royal wedding ceremony, the next question on everyone's mind seems to be where the Prince and his soon-to-be wife plan on spending their honeymoon. The fact that the pair can take their pick of pretty much anywhere in the world, makes the answer to this question that much more interesting. According to [People](#), Prince William has hinted toward an Australian honeymoon while visiting the areas of the continent that were damaged from last month's Cyclone Yasi, saying, "I love scuba diving. I have always wanted to dive the [Great] Barrier Reef, I will have to come back – maybe we'll have a honeymoon in Cairns [Australia]?"

### **Where are the best places to go for a honeymoon? Cupid's Advice:**

Although most of us don't have the luxury of taking our pick of anywhere in the world for our honeymoon, there are a few classic choices:

- 1. Hawaii:** If you're leaning more toward a tropical destination, Hawaii has been a classic honeymooner spot for years. Between the beach, the sun and the luaus, you and your new spouse will have no problem getting a romantic getaway.
- 2. Italy:** Some couples choose to go the more cultural route.

If this sounds like you and your beau, a honeymoon to Italy is sure to bring great meals, fine art and traditional romance.

**3. Florida:** If your budget is a little tight after the wedding, Florida is a fantastic pick for newlyweds. With its festive atmosphere, beautiful beaches and famous amusement parks, Florida has something to offer all new couples.

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## After The Breakup: Should You Stay in Contact With Your Ex?



By Natalie from

Baggage Reclaim

One of the trickiest aspects of modern dating and relationships is the etiquette minefield that is keeping in touch with your ex.

There are two important things to consider:

**Are you over them?:** Have you worked through the loss of the relationship, grieved your feelings good, bad, and indifferent, accepted that it's over and reached a point of not being emotionally invested?

**What is your *purpose* for staying in contact?:** If it's friendship pure and simple, working together or sharing kids necessitates contact, these reasons are understandable. Anything else is a hidden agenda.

Unless you were 'over' him by the time you broke up, you need space before contact.

Many people believe that the mark of a good person is one that can remain friends with an ex...even one that didn't treat them well in the relationship. As a result, often the 'dumper' pushes for contact because gaining agreement makes them feel less guilty. The 'dumpee' might push for contact so that they can be validated and try to potentially 'win' their partner back.

Those who break up pretty amicably and understand and accept why the relationship ended are often OK with letting a friendship evolve naturally. Those who want to ease their conscience or keep a foothold in case they change their mind or who are seeking validation and don't want to let go will not have the patience for space. They're afraid of their partner moving on without them.

If your motives are not purely friendship or for professional/civil reasons, evaluate what you're doing because your agenda will create expectations that your ex cannot or shouldn't meet. You're likely to seek emotional and affectionate displays that are not appropriate for a friendship, and you may inadvertently try to control their agenda so that you don't have to let go. If you're keeping in

contact in case you change your mind, you could be wreaking havoc in their lives. If you still look for things such as sex and attention from them, you are using them.

Remember if you have any other agenda beyond being friends or professional/civil, it means you're not their friend so you shouldn't be keeping in touch.

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## Billy Ray Cyrus Calls Off Divorce From Wife Tish



In a shocking announcement last week, Billy Ray Cyrus told the ladies of *The View* that he had decided to drop the much-publicized divorce between himself and wife, Tish. The 17-year marriage that spawned teen sensation Miley Cyrus was in danger of dissolving last year when the Cyruces filed for divorce, citing

“irreconcilable differences.” After seeing how much the divorce was hurting the family, Billy Ray decided to call it off, reports [RadarOnline](#). “I dropped the divorce. I wanted to put my family back together,” he says. He also cited communication as one of the their biggest problems, and added, “I think for the first time me and my entire family are finally communicating with each other.”

## **What are some ways to work on your rocky relationship?**

### **Cupid’s Advice:**

If you and your mate are headed toward a breakup, it’s not too late to try to save the relationship. Cupid has some ideas on how to work on a troubled relationship:

- 1. Make the grand gesture:** When you or your partner just can’t get what you want from the other person, it’s time to make the grand gesture. For example, if your mate thinks you’re afraid of commitment, maybe it’s time to ask him to move in.
  - 2. Communicate:** Lack of communication is one of the most common reasons for a breakup. Make sure you are both comfortable sharing your thoughts and feelings with each other.
  - 3. Do little things:** Sure, the big things are important, but a little goes a long way. Try doing small things like cooking dinner or buying your mate flowers. They’ll appreciate it more than you know.
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# Bradley Cooper and Renee Zellweger Split



She'll be writing about this one in her diary. Reports from [RadarOnline](#) say that *Bridget Jones* star Renee Zellweger and Bradley Cooper, the star of *The Hangover* and *Limitless*, have broken up after two years together. Neither have commented on the split, but sources have told [UsMagazine.com](#) that things ended following the release of photos which depict Cooper with another woman.

"I just don't want to talk about that," Cooper told Howard Stern while on the shock jock's radio show. *Star Magazine* revealed Cooper was sneaking around with Hollywood girls such as Sandra Bullock and Jessica Biel.

**What are signs that you should move on from a relationship?**

**Cupid's Advice:**

No relationship is limitless. Cupid has some signals that



things have reached their breaking points:

**1. No more sparks:** If you can't remember why you initially became attracted to your lover, then chances are it's time to end things.

**2. Feelings for someone else:** An old rule of dating goes, "If you have time to cheat, you have time to break up." There's no reason to cheat when all it takes is a talk with your partner, explaining to them that you have feelings for someone else.

**3. 'Happiness is a warm gun':** Although not every minute of dating is fun, if you and your significant other are not generally happy, then it may be time to take a break or say goodbye for good.

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## 'Teen Mom' Leah Simms Was Overwhelmed with Wedding Plans





It's hard enough planning your wedding without kids, but add twin 15-month-olds to the mix and it can be even more stressful! Just ask *Teen Mom 2* star Leah Simms. The 18-year-old mom, who was planning her upcoming nuptials with her babies' father Corey in the show's latest episode, was beginning to get frustrated with wedding planning and raising her kids at the same time, according to [UsMagazine.com](http://UsMagazine.com). "I'm getting frustrated about it. I haven't got my dress, Corey hasn't gotten my wedding band," Leah told her mom, Dawn. "We were talking today about postponing it, but I don't know what we're going to do. I'm completely stressed out about it."

### **How can you avoid getting stressed by wedding planning?**

#### **Cupid's Advice:**

Your wedding will probably be the happiest day of your life, but it's not easy getting it to run smoothly. Cupid has some tips on how to cut back on the frustration of the planning process:

- 1. Think in perspective:** Let's face it. Your wedding is just one day out of the rest of your lives together. Of course you want everything to run smoothly and be memorable, but chances are that the fact that you're marrying the love of your life

will trump anything that goes wrong with the cake.

**2. Delegate:** The best thing you can do is give the people who care about you jobs to do. Your wedding party, family and close friends will be more than willing to help in any way they can!

**3. Plan in advance:** Get everything done as early as possible, so that you can relax in the weeks leading up to your big day.

Make sure you aren't stressed from planning right before you wedding.

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**Beastly featuring Vanessa  
Hudgens, Alex Pettyfer and  
Mary-Kate Olsen**





*Beastly*, a modern day depiction of *Beauty and the Beast*, tells the tale of Kyle Kingson (Alex Pettyfer), the ideal handsome high school student who has anything he could ever want. His only downfall is his love for picking on those inferior to him. Things take a turn for the worse after Kyle ditches a goth girl (Mary-Kate Olsen), who casts a spell and transforms Kyle into a hideous creature. The spell can only be broken if he can find someone who's able to love him for his inner qualities. Kyle's father (Peter Krause) isn't one who can do this, sending Kyle off to live in Brooklyn where he vows to protect a local addict if he lets his beautiful daughter (Vanessa Hudgens) live with Kyle. Over the course of the film, this couple forms a deep relationship unlike anything Kyle had in high school.

**How important is physical attraction in a relationship?**

**Cupid's Advice:**

Sure, good looks draw attention, but how far does that really go? Cupid has a few things to consider and other important traits to look for when finding a long-term mate:

**1. Old age:** As gruesome as it sounds, everyone gets old, and looks will fade in time. Dating based entirely on physical attraction probably isn't the best idea.

**2. Carrying conversations:** Probably the best long-term commitment is one where you and your partner are able to sit down and talk for hours about anything ranging from current events to your deepest feelings. Once looks are gone, the only thing left is your ability to communicate.

**3. Moral character:** You may get along with someone on the surface, but if you're not on the same page morally, your relationship may be doomed. The longer you're in a relationship, the more moral character plays an important part.

Release date: March 18, 2011

Cupid's rating: 3/5

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## Chad Ochocinco and Evelyn Lozada Not Rushing to Marry





Cincinnati Bengals star Chad Ochocinco may have rushed his engagement to fiancée former *Basketball Wives* star Evelyn Lozada, but don't expect to see them walking down the aisle anytime soon. "He has four kids. I have one. We want to be engaged for at least a year and enjoy our time with our children, and then we're going to plan our wedding," said Lozada at *Cosmopolitan's* Fun Fearless Males of 2011 party. Ochocinco thinks that his relationship with Lozada works so well because they are completely open with each other, according to [People](#). "I know everything about her, so there are no surprises," said the football player.

**Is it important to know your partner's every secret?**

### **Cupid's Advice:**

There's no doubt that it's important to know your partner well before you decide to spend your life with him or her, but it's not necessary to know every last detail. Here's why:

- 1. Keep the mystery alive:** There's no fun in knowing everything about your partner right from the start, because then there's nothing to discover or reveal throughout the rest of your lives together.

**2. It's not possible:** The bottom line is that it's not possible to *fully* know someone. We don't remember every detail of our lives, so there's no way we can relay everything to our partners.

**3. You're entitled to secrets:** If your secret has nothing to do with your partner and isn't in any way deceiving him or her, it's completely fine if you have a secret or two. Being open doesn't necessary mean you have to share every detail of your life.

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## Rob Pattinson and Kristen Stewart's Date Gets Crashed By Fans



It's tough to get a

private date these days, especially for Rob Pattinson and Kristen Stewart. The duo was caught out on a movie date to watch *Red Riding Hood* in Squamish, British Columbia, which is close to where they are filming *Breaking Dawn*, according to [People](#). The date was not so private as fans crashed the scene and posted the sighting on Twitter. “They were alone. [Pattinson] was nice. [Stewart] was just awkward. Didn’t really wanna take photos.”

## **How do you ensure a romantic date alone?**

### **Cupid’s Advice:**

It isn’t easy to get away for a private date with your significant other. Cupid has a few pointers that may help:

- 1. Avoid cliché dates:** This time, pass on dinner and a movie. Think of something a little different because it will be unpredictable, plus it’ll give your relationship a new spark.
- 2. Pick different times:** Instead of 7 p.m. on Saturday night, perhaps a lunch date Tuesday will throw people off!
- 3. Location, location, location:** Although we enjoy familiarity, going to a place where everyone knows your name can get old. Try a new restaurant if you do choose to head out to get a bite to eat.

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# **Selena Gomez Talks Justin Bieber with David Letterman**





Disney star Selena Gomez has still not confirmed her relationship with Justin Bieber. In fact, when asked about the rumored romance on *Late Night* with David Letterman, she quickly changed the subject by saying, "It was like a little prom night, wasn't it?" in reference to a picture of them together at the *Vanity Fair* Oscar party. According to [People](#), however, David Letterman did manage to get some information out of the teen actress. She has known the singer for two years now and they met through their agents. "He's been in my life for so long, and it's just nice to have someone that understands what you're going through," she said.

**Is it important that your partner understand you all the time?**

### **Cupid's Advice:**

Though no one can ever understand another person 100% of the time, if you listen to and love your partner, you should be able to come close:

**1. Listen:** The more you listen to your partner the more you

will understand them.

**2. Know their likes and dislikes:** Once you know what your partner likes and dislikes, you should be able to predict how they will react in certain situations.

**3. Be understanding:** In the event that you don't understand each other, don't make a big deal about it. Just decide if it's something you're willing to live with, and go from there.

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## Bryan Adams Is Expecting at Age 51



Canadian rocker Bryan Adams is becoming a dad for the first time ... at age 51. Adams, who is known for hits like "I Do It For You" and "Summer of '69" is expecting a baby with his personal

assistant, Alicia Grimaldi. According to [E! Online](#), Adams and Grimaldi have been living together as a couple for awhile, unbeknownst to their families and friends. Grimaldi helped form the Bryan Adams Foundation, a charitable organization started in 2006 to help victims of the Asian tsunami. Adams wrote on his personal website, "She helped me start my foundation years ago, and it looks like she'll be running the family now!"

## **How old is too old to have children?**

### **Cupid's Advice:**

Some people welcome children into their lives at a young age, while others wait until later in life. Cupid has some ideas on when is the best time to have kids:

- 1. You're active:** It doesn't really matter what age you have children, as long as you're a good parent. It might help, though, to be at an active age so you can keep up with your kids.
  - 2. You're healthy:** If you're a woman, depending on your age, the later you have a child, the more likely there will be complications at birth. Make sure you are healthy enough to carry a child in the first place.
  - 3. Different strokes:** The bottom line is, there's no age limit when it comes to having children. Some prefer to have them younger while others prefer to wait. Have children whenever you feel ready.
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# Bradley Cooper Explains Brief Marriage to Jennifer Esposito



*Hangover 2 hottie*

Bradley Cooper came clean last week about his four month marriage to Jennifer Esposito during a Howard Stern interview, reports [UsMagazine.com](http://UsMagazine.com). Cooper, who has been linked most recently with Renee Zellweger, tied the knot with Esposito back in Decemmer 2006 and, according to Cooper, the two decided amicably to divorce in March of 2007. Cooper told Stern, "The good thing is, we both realized it...Sometimes you just realize it."

**Why does a marriage sometimes not work out the first time?**

**Cupid's Advice:**

Unlike getting a license to drive or taking the SATs to get into college, getting married does not require a well thought out plan of action:

**1. You were young:** If your first marriage followed a quick engagement and an even quicker courtship, you may have never gotten the chance to think things through rationally.

**2. You didn't understand:** In today's society with TV shows rushing everyone to the alter and Las Vegas offering one-stop shops for weddings, the actuality and sanctity of marriage can be easily forgotten.

**3. You didn't know yourself:** Before a relationship with someone else will work, you need to be in a good relationship with yourself.

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## Eva Longoria Celebrates Birthday with Eduardo Cruz



Eva Longoria may

have recently split with ex-husband and NBA star Tony Parker, but it's not holding her back. She recently celebrated her 36th birthday with new boyfriend Eduardo Cruz at a 1920's themed bash. According to [People](#), other celebrity attendees included Eduardo's big sister Penelope Cruz and husband Javier Bardem, Kim Kardashian, Heidi Klum and Kanye West. A source says, "Eva and Eduardo were so cute. They were kissing and making out all night. He's so genuine."

## **How do you make your partner's birthday special?**

### **Cupid's Advice:**

Birthdays are the one holiday a year where you and you alone get to feel special. So, it's important to honor your partner the best way you know how on his or her big day. Cupid's got some tips:

- 1. Throw a surprise party:** It may seem generic, but if you can really pull it off, a surprise party will make your partner feel all sorts of special. Just the fact that you went to the trouble says a lot!
  - 2. Plan a vacation:** If you want to go all out, plan a trip for two to somewhere tropical. If you're married, consider it a second honeymoon. There's so much thought that goes into planning a vacation, and your partner will surely appreciate it.
  - 3. An "out of the box" gift:** It's easy enough to stick with candy, jewelry and flowers for a woman and sports tickets, cologne or a watch for a man. Try to think outside of the norm for your partner's present so he or she can see how much you truly know him or her.
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# Teens Break Into Justin Bieber's Hotel Room



Looks like Bieber Fever has struck again! According to [UsMagazine.com](http://UsMagazine.com), two teenage Bieber fans found an incredibly clever way to sneak into the pop star's hotel room at the Hard Days and Night Hotel in Liverpool. According to a source, the two die hard fans apparently snuck in through a side entrance, stole housekeeping outfits and pretended to be part of the staff to get inside the Bieber's room. Once inside, they started to pretend to polish a few things before taking photos of the singer's belongings. Eventually, their girly giggles gave them away and the two were escorted off the premises. Needless to say, Justin Bieber was less than pleased and checked out of the hotel immediately afterwards.

**What should you do about an obsessive crush?**

**Cupid's Advice:**

We've all had that crush that we can't stop thinking about. But, for some, that crush can quickly turn from harmless to destructive. Cupid has some tips on what to do when your crushing becomes an obsession"

**1. Control your thoughts:** When you catch yourself thinking about your crush, actively divert your attention to something else. Call a friend or go to a movie ... anything to get your mind off of it.

**2. Find a new interest:** Many times, we become infatuated with one thing or person because of the lack of excitement in other aspects of our lives. Try to find a big project or something that will take up a lot of your time and make you happy, so that you are not relying on this one person for your source of happiness.

**3. Find out if they are your type:** Most of the time, the reason we become so obsessed with a person is due to the mystery factor and the fact that they are unattainable. Try to get to know him or her, and go from there.

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## Alyssa Milano Is Expecting a Boy







Alyssa Milano can't keep a secret. This week, the pregnant 38-year-old actress revealed to fans the sex of her baby, according to [People](#). "As fun as it was reading all of your gender predictions on Twitter, I'm really bad at keeping secrets and had to share (not to mention, I was bound to unintentionally slip at some point)," Milano wrote on her website. "David and I are elated to announce that we are having a baby boy. We can't wait to meet him. Boys names, anyone?" The *Who's The Boss* and *Charmed* actress has been married to husband David Bugliari since August 2009.

## **Should you name your child after a family member?**

### **Cupid's Advice:**

When choosing a baby name, you can go the traditional route and name your child after a family member, or you can come up with a totally new and different name. Cupid has some tips on how to know what name is right for your baby:

- 1. Keep it in the family:** If there is someone really special to you in your family that you want to honor, name your child after a family member. Many people use their father or mother's names or reuse an old family name and make it new.

**2. Use the middle name:** Just because you don't choose a family name for your child's first name doesn't mean you can't still respect tradition. If you want, use a relative's name for your child's middle name.

**3. Try something new:** If you want to totally depart from traditional family names, go for it. Name your child after a song, an actor, a writer... or just pick a name you heard and liked.