

Rihanna Says 'Khloe and Lamar' Makes Her Want to 'Barf'



Rihanna recently tweeted that the new E! show, *Khloe and Lamar*, makes her sick ... but in a good way. According to [E! Online](#), the 23-year-old singer said, “@KhloeKardashian crazy, just watched ur show in the studio! Yall make me wanna #BARF... or atleast find a man!! ! 2 cute for words. Rah Rah.” It seems like Kardashian’s new show has gotten the stamp of approval from Rihanna, but does this mean that the beautiful Barbadian pop star is lonely? Khloe Kardashian responded by tweeting, “@rihanna LMAO! Trust me you just need to make your pick and baby girl you got a man. Thank you for watching! Rock it out in the studio!”

How do you avoid being bitter about others in love?

Cupid's Advice:

When you're single, sometimes it's hard to see friends who are happy and in love without feeling bad about your own love life. Cupid has some tips on how to stop the jealousy and bitterness:

1. Enjoy the single life: You may be jealous of your married friend, but the truth is, she's jealous of you, too. So while you're single, enjoy it by going out, meeting new people and having fun.

2. Don't lose hope: If you want to settle down in the future, just know that your time will come. Remember that you're single because you're picky, but one day the right person will come along.

3. Support your friends: Instead of feeling bitter toward friends who are in love, why not be happy for them? You know if the roles were reversed, they would support you and your relationship.

How do you keep from feeling bitter about love? Share your comments below.

When The Party Is Over In Relationships



By Marla Martenson, Author of *Diary of a Beverly Hills Matchmaker*

There's a new survey out in Britain that suggests the "three-year glitch" has replaced the "seven-year itch" as the tipping point where couples start to take each other for granted. I notice that when I'm asked how long my husband and I have been married, I get a response that is a mixture of surprise, shock and awe. "Ten years? Wow!" The reaction is then followed by a knowing nod of the head and a silly grin, as if we have unwittingly found the cure for cancer or something equally as impressive. That said, marriages do seem to be getting shorter and shorter. 50% percent of first, 67% of second and 74% of third marriages end in divorce, according to Jennifer Baker of the Forest Institute of Professional Psychology in Springfield, Missouri.

The British survey shows the top two passion killers as being

weight gain/lack of exercise and money/spend thriftiness.

It doesn't seem to make sense in the celebrity world, where couples seem to change partners as fast as Lindsay Lohan goes in and out of rehab. After all, celebs don't seem to gain weight; they all have personal trainers and private chefs, right? Money woes? Puhleeze! But one thing that celebs tend to do is rush into marriage. A few romantic scenes with their sexy co-stars and whamo! The oxytocin kicks in, and the girl is gliding down the aisle all decked out in Vera Wang.

What can we learn from our beloved celebs? Take it slow.

Really get to know the person that you are dating. Don't let your biological clock's tick tock rush you into thinking that it's now or never and that you'd better grab onto anything with a pulse. Finding out if this person has the qualities and values that you are seeking will help ensure a lasting marriage and happy family.

Prince William and Kate Middleton Invite Exes to Wedding





There will be six (yes, six!) former lovers in attendance for Prince William and Kate Middleton's royal wedding. According to an article on UsMagazine.com, a source leaked the guest list, and it was confirmed by three palace sources. Middleton invited Rupert Finch, her ex from St. Andrews University, and her high school crush Willem Marx. Prince William, on the other hand, invited Arabella Musgrave, from his university days, Rose Farquhar, his first girlfriend, Jecca Craig, who was rumored to be his first love, and Isabella Anstruther-Gough-Galthorpe. What were they thinking?

Are there complications that arise when you invite your ex to your wedding?

Cupid's Advice:

It can be difficult to decide whether to invite your former lovers to your wedding. After all, you may still be friends with some of them. Cupid's got some things to consider:

1. 'Graduation Goggles': There is a possibility that you will see your ex at your wedding and remember the "good ol' days"

of when you were good as a couple. If there's any chance of that happening, don't invite him or her. You want to be focused on the person you're marrying on your wedding day.

2. 'I, Ross, take you, Rachael': Although it's unlikely that you'll say the wrong name during your vows like Ross did on *Friends*, your ex may see you and realize what he or she is missing. The last thing you need is drama at your wedding!

3. 'Battle of the Exes': Similar to the old *Cheers* episode, your future spouse may become jealous if you feel the pull to invite your ex to your wedding. Either convince him that there are no leftover feelings and you only harbor platonic feelings toward your ex, or don't invite him.

Would you invite your ex to your big day? Leave a comment below.

Tori Spelling and Dean McDermott Are Expecting Third Child





Tori Spelling tweeted a special announcement on Monday, one that's been a long time coming. "I know there has been a lot of speculation, so I wanted everyone to hear from me...It's official...Dean and I are pregnant!!!" The actress effectively confirmed the persistent rumor that Spelling, 37, is expecting her third child with Dean McDermott. Speculation started after Spelling attended the GLAD awards on Sunday in Los Angeles. The former *90210* star and McDermott are currently starring in their own reality show, *Tori & Dean: sTORIbook Weddings* on Oxygen.

What changes do parents go through when they add a third child to the family?

Cupid's Advice:

Tori Spelling and Dean McDermott are proud parents to son Liam, 4 and daughter Stella, 2 1/2, and are excited to add a third member to the family. That said, there's a big difference between raising two and three kids. Cupid's got some things to expect:

1. Middle child situation: With three kids, you naturally have the “forgotten” or middle child, the oldest child that gets all the attention and the youngest child that gets babied. Try your hardest not to let your kids fall into these stereotypes.

2. Jealousy: When you start adding more than one child to your family, jealousy rears its head and the child who used to get all of the attention is all of the sudden forced to share. Make sure you teach your kids that sharing is important from an early age.

3. More expenses: With three kids instead of two, that means more everything. It's means more food, more room, more medical bills and more clothes. Make sure you can afford a third child before you have one.

Have some suggestions on how to handle a big family? Comment below.

Jennifer Aniston Says She's Not a Fan of Dating





She's 42-years old and has been with some famous guys, but in spite of her track record, Jennifer Aniston said she's not that into dating. "I'm not a big fan of dating," Aniston told [Red Magazine](#). The *Friends* star added that she wouldn't be anywhere without the support of her friends. "We come from homes far from perfect, so you end up almost parent and sibling to your friends – your own chosen family," she said. "There's nothing like a really loyal, dependable, good friend."

How do you keep your independence in a relationship?

Cupid's Advice:

It's great to share experiences while you're in a relationship, but at the same time, it's important to keep your independence as well. Cupid's got some tips:

- 1. Slow it down:** Don't jump into a relationship, because if you move too quickly then you'll have to meet the commitments that come with it.
- 2. Keep your space:** Although it's important to spend quality

time with each other while in a serious relationship, it's important to have your own friends and sometimes do things without your partner.

3. Time for you: Try to remember that it's important to take some time for just yourself. Your mate should understand this if you're in a healthy relationship.

Know any other ways to maintain your independence? Tell Cupid about it below.

Cameron Diaz Cheers On A-Rod at Yankees vs. Red Sox Game



There's nothing more heartwarming than couples being there for each other. Cameron Diaz showed her support for boyfriend Alex Rodriguez when she cheered him on at the Yankees-Red Sox game last weekend. [RadarOnline](#) reports that Diaz joined other players' wives and girlfriends in a luxury box at Boston's Fenway Park. The 38-year-old actress must have been good luck, too, as A-Rod helped the Yankees earn a 9-4 victory against their biggest rival with a run in the second inning and two singles. Rodriguez, 35, and Diaz have been dating since July 2010.

What are the best ways to support your partner's career?

Cupid's Advice:

Your significant other always needs your support, including for their career choices. Cupid has some ideas on how to show you care about your mate's job:

- 1. Show up:** If there's a work event and your partner wants you to come, clear your schedule and go to show your support for his or her career endeavors.
- 2. Advise:** If your mate has to make an important career choice, let him or her know you're there to offer any advice or to help him or her cope.
- 3. Learn about work:** We all know what our significant other does for a living, but sometimes we don't know the details about their workplace because we don't ask. Listen to your partner talk about his or her day, and ask questions to show you care.

How have you shown your support for your mate's career? Share your experience in a comment below.

Mark Ballas and 'Idol' Contestant Pia Toscano: Dating?



Looks like love may be in the air for *Dancing With the Stars* pro Mark Ballas and *American Idol* contestant Pia Toscano. The two were spotted at the Gulfstream restaurant in Century City, according to [TMZ](#), and were reportedly on their first date.

Despite being kicked off of *American Idol* last week, Toscano has been able to pick herself up in search for love.

Supposedly the crooner has had a crush on Ballas for quite some time, and their trailers were next to each other on the same studio lot. *DWTS* pro Chris Jericho, who is credited with

helping to facilitate the hook up, said that the two had a “great” first date and plan to go out again soon.

Is it important to have the same talents as your partner?

Cupid's Advice:

Both Pia Toscano and Mark Ballas are very talented with music, but it's not necessarily a requirement to have the same talents as your partner. Cupid has some things to consider:

1. Common values: As long as you live by the same morals and values in life, it's not necessarily to have exactly the same interests and talents as your partner. The key is to support each other.

2. Bond: The benefit of having common interests, hobbies and/or talents is that you can spend quality time doing things you both enjoy. It can lead to a better understand of each other.

3. Independence: Having different interests and career goals helps you each evolve as independent people. Although it would be great for Toscano and Ballas to sing duets together, it would be an issue if they didn't have anything else in common. One common talent doesn't a relationship make.

Do you and your partner have common talents? Share your story below.

Sean Penn and Scarlett

Johannson's Intensifies

Relationship



While the pair may not be 'officially' together, recent reports are all indicating that Scarlett Johansson and Sean Penn's relationship is intensifying. Rumors started circulating after Johansson took Penn as her plus one to Reese Witherspoon's wedding. EntertainmentWise.com reports that the couple's romantic visit to Mexico solidified their relationship. *Grazia Magazine* touched base with a source close to the couple. "It started out just as a hook-up thing. It was really casual, they were both in a pretty rough spot as far as break-ups go. It was just a friends-with-benefits situation. Things changed after they went to Mexico," explained the source. "They really connected and stayed up all night talking. Sean is a pretty fascinating guy and

Scarlett was just blown away by him. Things have progressed really quickly since then.”

How do you know when you have a connection?

Cupid's Advice:

While most relationships eventually run their course, the stronger the connection, the longer and happier the relationship. Here's how to tell if you have a connection:

1. Frequent communication: When you and your partner text or call each other at least once a day, you know the relationship is special. The two of you genuinely wish to see each other, which is a sure sign of a bond.

2. Conversation comes easily: Relationships that are blessed with easy-flowing conversation are special. Natural discussions are a byproduct of a connection.

3. You're enthusiastic: If you can't stop thinking about your significant other and get giddy every time you do, then it's very likely that the two of you share a connection.

Do you have an opinion or a story to share about your 'connection'? Leave a comment below!

‘Sister Wives’ Stars Kody and Robyn Brown Are Expecting





The large family that has all of America talking is about to get a little bigger. According to UsMagazine.com, Kody Brown from *Sister Wives* is expecting lucky number 17 with his fourth wife, Robyn. Although this is the 17th child for Brown between his other wives, Janelle, Christine, Meri and their kids, this is the first child for the couple, and they are expecting in mid-October.

What do you need to do differently when you have a big family?

Cupid's Advice:

How many kids you have is a personal choice between you and your significant other. Some couples choose to have one child, and others choose to have many more. Cupid has some things you may need to do differently if you plan on having a big family:

- 1. Bigger cars:** For a family of three, you can take your pick of automobile. If there are over five in your family, you may need to invest in a larger car, or possibly even two modes of transportation.
- 2. Time limits:** With a lot of children, budgeting time limits

is essential. At certain points of the day, you may need to set up a certain amount of time for the bathroom, the television and maybe even specific homework schedules. You need to make sure to support each child equally.

3. Budgeting: We all know how pricy children can be, and the bigger the family, the more expensive it gets. You're going to need to plan ahead for various expenses for each child, which involves major money planning.

Reese Witherspoon and New Hubby Jim Toth Spotted on Honeymoon





After the wedding that made Hollywood headlines, Reese Witherspoon and new husband Jim Toth were spotted on their honeymoon in Belize. According to [People](#), the actress' schedule has been completely packed lately with the wedding, celebrating her 35th birthday and promoting her new movie *Water for Elephants*, co-starring Robert Pattinson. For now, Witherspoon is spending quality time with her children and her new husband in the Belize sun. With the premiere of her movie on April 22nd, this movie star must head back to work very soon, making this vacation a bit shorter than the busy Hollywood couple would have liked.

How do you have a romantic honeymoon in a short period of time?

Cupid's Advice:

A good marriage is not about the honeymoon lasting forever; it's about the honeymoon *period* lasting forever. As long as your eyes continue to light up when you see your partner, you'll always feel like you're on vacation:

- 1. Plan a second honeymoon:** Vacations are always fun to plan either as a couple or as a family. If you feel that your honeymoon wasn't long enough, plan to go on another very soon.
 - 2. Vacation close to home:** If you cut down on the travel time, you will have more time to spend on vacation instead of getting to one.
 - 3. Plan ahead:** It may not seem romantic to have a honeymoon on a schedule, but it can be a real time saver.
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Kevin Federline and Girlfriend Are Expecting A Girl





Kevin Federline and girlfriend Victoria Prince just announced that they are expecting a baby girl, according to UsMagazine.com. Prince, 28, and Federline, 33, are excited and have already decided that they are going to name their daughter Jordan. According to Federline, Prince has always said that if they had a girl she wanted to name her Jordan, and then both Federline and Prince decided that even if they had a boy they would stick with the name Jordan because it fits both ways. A source close to Britney Spears, Kevin Federline's ex-wife and mother of two of his four children, said that she is "Happy for him and knows he is a good dad." Preston, 5 and Jayden, 4 are said to be "super excited" about the big announcement. As for Federline and Prince, they can't wait!

What should you do if you can't agree on a baby name?

Cupid's Advice:

The problem with choosing a baby name is that there's no telling why some people like a name and others don't. It's all about opinion and feeling, which can make things difficult. Cupid's got some things to consider:

1. Check out some books: Baby name books offer great suggestions for possible names and with thousands to choose from you and your significant other are bound to agree on one of them.

2. Ask your friends and family: If you and your significant other can't seem to agree on a baby name maybe it's time to turn to the ones you love and hear what they have to say. The more people you ask, the more options you will have and it will make making a decision that much easier.

3. Have a focus group: Ok, so maybe this isn't the most reasonable option, but on the trailer for the new series "Pregnant in Heels", Rosie Pope (a maternity concierge) set up a focus group for one of her client's in order to choose a baby name. For a more realistic version of this, why not put a poll on Twitter or Facebook and see what feedback you get.

Are Rob Pattinson and Kristen Stewart Ruining Their Relationship With Busy Schedules?





Rumor has it that *Twilight* stars Rob Pattinson and Kristen Stewart may have broken up after spending way too much time apart due to their busy schedules. According to [Hollywood Life](#), a source told [UK's Mirror](#), "The excuses why they couldn't meet up basically got weaker and weaker" and "Rob figured they should officially cool things off and have some time to figure out what they each want." The pair is currently shooting the final *Twilight* installment *Breaking Dawn parts 1 & 2*.

How do you make love work with little time?

Cupid's Advice:

In today's age, people are not only obsessed with their careers, but also with finding love. With busy schedules taking over lives, it can be difficult to make a relationship work. Cupid has some tips:

1. Make time: Being a workaholic can ruin a relationship, not to mention your life in general. Spare some time out of your busy schedule every day to be with your significant other, no

matter what it takes.

2. Phone calls: Spending quality time might not be an option for many, so make phone calls or text each day during your breaks. This will let them know that although you're busy, you're thinking about them.

3. Take off: If you have to, take work off to go on a mini vacation with your love. It's crucial to relax and not allow stress to get the best of you... especially when it might ruin your love life.

30 Rock's Tina Fey is Pregnant





Funny gal Tina Fey revealed some big news on a recent taping of *The Oprah Winfrey Show*. According to [People](#), the 30 Rock star announced that she is expecting her second child. Fey currently has a 5-year-old daughter named Alice with her husband, Jeff Richmond. The expectant mother went on *Oprah* to promote her new book, *Bossypants*.

How do you prepare your five-year old for a new sibling?

Cupid's Advice:

For a young child, the announcement of a new brother or sister can be both exciting and terrifying. Remind your children just how special they are to you and what a great role model they can be for their new sibling:

- 1. Spend quality time with your child:** Spending time with your son or daughter when you're expecting will make them feel secure in that they are not being replaced by the new baby.
- 2. Include them in your plans:** Take your child shopping with you to pick out the baby clothes and furniture. It's a great way for them to bond with you and their future sibling.

3. Answer their questions: Have open and constant communication with your child. Tell them that you will always be there for them and that they can come to you with any concerns about your changing lives.

Jake Gyllenhaal Keeps His Dating Options Open with 90210 Star



Jake Gyllenhaal isn't using the source code to go back to Taylor Swift. The 30-year-old actor was recently seen enjoying breakfast with star of 90210 Jessica Lowndes April 1,

according to an article on [UsMagazine.com](https://www.usmagazine.com). Gyllenhaal was later seen having a “friendly” lunch with Locanda Verde, who was described as a Swift look-a-like. His relationship with country star Swift ended late last year.

Is it okay to date around?

Cupid’s Advice:

Playing the field isn’t something of which to be ashamed, as it can be a healthy way to help find the perfect qualities in your future spouse. Cupid has a few pointers in mind if you choose to date around:

- 1. Be upfront:** As always, honesty is the best policy. It wouldn’t be right to lead someone into thinking you want a serious relationship when you aren’t ready for that.
- 2. Don’t pursue:** Although it’s okay to have a favorite date partner, try not to give them the wrong impression until you are ready for a real relationship.
- 3. Don’t go overboard:** Sure it’s fun to go on a lot of dates, but avoid trying to balance a huge quantity. Not only will it become more stressful, but it will increase the possibility of saying the wrong name to the wrong person.

Michael Bublé’s Wife Wears Two Wedding Dresses



Apparently one wedding dress just wasn't enough for Michael Bublé's new wife, Luisana Loreley Lopilato de la Torre. According to [People](#), Lopilato wore one dress for their civil ceremony on Thursday and donned two separate dresses for their religious ceremony and the reception, which took place on Saturday, all in Buenos Aires. Now that they have celebrated in Lopilato's hometown, the two are planning to have another reception in May in Vancouver, Canada close to Bublé's hometown of Burnaby. We're excited to see if Lopilato has another dress up her sleeve!

Is it OK to wear more than one dress at your wedding?

Cupid's Advice:

We buy multiple pairs of jeans, tops, shoes and bags every year, but is it okay to buy more than one dress for one of the most memorable days of your life? Here are some things to consider when deciding whether to wear more than one dress at

your wedding:

1. Cost: Weddings can get very expensive, so if you're skimping on parts of the reception to afford that second dress, it may not be worth it.

2. Comfort: We all want to wear that Cinderella ball gown at our wedding. But, if you decide to go for the elaborate dress, you may want to consider a second more comfortable dress for the reception.

3. Personal Preference: At the end of the day, you've dreamed of your wedding your whole life, and if having more than one dress is an affordable goal, then go for it!

'16 and Pregnant' Star Delivers Amber Portwood-Style Beating





Looks like we have another teen star domestic violence dispute on our hands. [E! Online](#) reported Tuesday that another young mom from the newest season of MTV's reality TV show gave her baby daddy an Amber-Portwood-esque bashing ... but it's her dad who was taken away in handcuffs. Jennifer del Rio, who delivered twin boys last October, is seen screaming, "Say goodbye to your kids, Josh, because you will never see them again!" in the trailer for season 3 of *16 and Pregnant*. It's so much drama, and show doesn't premiere until April 19!

How do you handle an angry partner?

Cupid's Advice:

Everyone knows violence is never the answer – even more so when it involves teen parents. Here are some tips to help diffuse tension between you and your partner:

- 1. Step back:** If you see the situation escalating to dangerous levels, take a breather so each of you has room to settle down. Nothing good can come from a blow-out fight.
- 2. Seek a mediator:** If things are too heavy for the both of

you to handle on your own, consider bringing in an outside party to help you each look at the situation objectively. Just be sure this person is someone who won't take sides, since that won't solve your problems, either.

3. Bring in the authorities: MTV got reprimanded for not reporting the Portwood attack on boyfriend Gary Shirley, which was caught on camera. If you're ever in a situation where fists are thrown, call the police. There's no excuse for any type of physical attack.

Facebook Founding President Sean Parker Is Engaged





Facebook co-president Sean Parker is engaged, reports [People](#). Parker's rep confirmed that the Napster co-founder proposed to long-time girlfriend Alexandra Lenas, a singer/songwriter from New York.

How do you make sure work doesn't get in the way of your relationship?

Cupid's Advice:

Balancing your personal life and your career is a task not even the most experienced workers have yet been able to master. Here are a few ways to make sure you have equal time for both:

1. Set aside time: You should make a little bit of time for your partner every day. Even if the time allotted is as little as an hour, your partner will appreciate that you feel your relationship is as important as your work.

2. Plan date nights: Even if you've been overloaded at work, that shouldn't stop you from planning nights that are dedicated completely to your relationship. Abandon your work

for an evening and go out to dinner.

3. Make it up: If you're overwhelmed with work on a certain night and have no time for your partner, make it up to him or her. Send her roses the next day or take her to dinner the next night.

Top 10 Ways to Get Invited to the Royal Wedding



By Tanni Deb

Prince William and Kate Middleton invited an astronomical number of guests to their wedding: 1,900 people! Yet most of

us are wondering how we can get invited without having to work the affair itself. Sure – you can watch the fanfare on NBC (at 4 a.m. EST no less!), but it's not the same as getting dressed, attending the event and bumping elbows with A-listers from around the world. If you feel left out and want to see the ceremony in person, here are strategies that worked for some of the hundreds of guests that will be at Westminster Abbey on April 29:

1. Embarrass yourself in public, Kanye West-style: West's infamous humiliation of Taylor Swift at 2009's MTV Video Music Awards didn't stop the royals from inviting him. While millions of us watch the wedding overseas, West has the honor of mingling with many notable international figures – and may even get to offend some of them as well.

2. Open a pub: Middleton's favorite pub owner, John Haley, is attending the nuptials. If you want an invite, follow suit! Open your own bar close to Buckingham Palace, pray that someone in the royal family is a regular visitor, and hope that you'll score an invite when Prince Harry gets engaged.

3. Stay close to the family: If Ellen DeGeneres, the queen of comedy, stayed in touch with her distant relative, she probably would've been dancing down the aisle at Westminster Abbey. Sadly, the 15th cousin of Kate Middleton won't get that opportunity. Check your genealogy – you just might be royalty.

4. Become a popular sports player: Think British football (or as Americans call it, soccer). It's no surprise that David and Victoria Beckham are on the guest list. If you want an invite, start working on your athletic skills now.

5. Mind your manners: Simon Cowell, former American Idol host, won't be in attendance. Last month, he told Jay Leno, "I may have said something to the Queen about her hat when I met her..." In that case, you can't *really* blame the royals for not

inviting him. It pays to play well with others, Cowell.

6. Be a nanny: Rumor has it that former royal nanny, Tiggy Legge-Bourke, will be a guest. While it's too late to take care of these princes, positions are sure to open up once they have kids, so stay on guard.

7. Don't humiliate your fellow royals: Prince Andrew, the Duke of York, and his daughters, Princesses Eugenie and Beatrice, received an invitation. However, ex-wife and mother, Sarah Ferguson, was left out. Well, that's embarrassing – and bound to happen when you try to sell access to your ex-husband. Moral of the story: If you ever wish to attend a royal event, never mess with the royal family.

8. Become a charity volunteer...: Volunteer at a charity where Prince William is the president; you'll automatically be invited. Who says it doesn't pay to volunteer?

9. ...or join the military: In Britain, of course. It was reported that 30 members of the country's Defense Services will see the nuptials in person. Join the forces now; that number might increase when the next ceremony takes place.

10. Don't run for President of the United States: If the emperor of Japan, sultan of Brunei, and the kings of Malaysia, Tonga and Thailand are invited to this affair, you'd think the president of a leading first-world country would be as well. Unfortunately, President Obama didn't make the cut. Why, you ask? Blame it on the expensive costs for security to protect him and the First Lady. Looks like the Prince has also been affected by the recession.

Well, there you have it! If any of these strategies work for you, let us know. However, if you're unsuccessful, the 'Not Flippin' Invited' party at London's Mahiki nightclub would love to have you around. And if that's too far for you, consider throwing your own, "Where's My Royal Wedding Invitation" party.

Jake Gyllenhaal's Exes Taylor Swift and Reese Witherspoon Bond



When Taylor Swift and Reese Witherspoon chatted at the Academy of Country Music Awards this past Sunday, they found they had at least one thing in common: Jake Gyllenhaal. But UsMagazine.com reports the 30-year-old actor was nowhere to be found when his two ex-girlfriends met and posed for pictures at the show. Swift, 21, who won the Entertainer of the Year Award, and newly married Witherspoon, 35, showed no hostility toward each other during the event.

Should you be friends with your ex-partner's ex?

Cupid's Advice:

It can be awkward meeting your ex's ex because you know you've both been in the same place. Cupid has some tips on whether to befriend your ex-partner's ex:

- 1. When it's complicated:** It depends on both of your relationships with the ex. If either of you had a nasty breakup, or heard bad things about the other, it may be difficult to strike up a friendship.
- 2. When there are still feelings:** If one or both of you still have feelings for the ex-flame, it's better not to get close because you'll probably end up resenting each other if one of you reunites with the ex.
- 3. When you're over it:** Sometimes, when a relationship is in the past, it stays there. If you feel like you've gotten over your ex, then why not make a new friend, even if it is your ex-partner's ex?

Alias Star Michael Vartan Gets Married





Michael Vartan, alias: hubby. Star of the show *Alias*, Michael Vartan, and his love Lauren Skaar tied the knot at Pelican Hill Resort Saturday in front of 150 guests, according to UsMagazine.com. “She’s my best friend in the world and that’s why I asked her to marry me,” Vartin said. “I have more fun with her than with anyone I’ve ever met. I just woke up one day and could not imagine living without her. The great thing about her and me, is that I feel like I can be 100 percent myself.”

Should your partner be your best friend?

Cupid’s Advice:

It makes the entire marriage easier if you and your spouse are best friends. Here are some things to consider when trying to determine if you and your partner can call each other BFFs:

- 1. A solid foundation:** It’s no secret that a marriage consists of hard work and a lot of stressful days. Having a close buddy in a partner makes things a lot easier.
- 2. Great talks:** An easy way to measure how strong your

friendship is is by looking at your conversations. If you and your partner can talk about the serious things as well as the random topics easily, then things look good.

3. A relaxed environment: Similar to Vartan and his bride, if you feel 100 percent calm and your spouse isn't running in the opposite direction, it's probably a great sign.

Elizabeth Hurley Files for Divorce



This past Friday, Elizabeth Hurley filed for divorce from her husband Arun Nayar. According to [People](#), Hurley blames the

divorce on husband, Nayar's "unreasonable behavior." What seems to be confusing to the public, however, are the photos that surfaced in December of Hurley kissing an Australian cricket star, Shane Warne, outside a restaurant in London. Hurley took the opportunity to explain herself via Twitter, saying, "For the record, my husband Arun and I separated a few months ago. Our close friends & family were aware of this."

If you're separated from a spouse, is it okay to stray?

Cupid's Advice:

Divorces are messy and can take months or even years to clear through the legal system. Some couples find it easier or less hassle to have a separation. Cupid has some things to think about when deciding what's acceptable to do during a separation:

1. Reasoning for the separation: If your separation is the first step in a divorce, it may be okay to begin to start your new life. If the two of you separated in hopes that the time apart will bring you closer together, then you still owe your time to your current spouse.

2. What you decide: When you and your significant other decide to separate, a conversation about what is appropriate during the time apart is necessary to avoid any confusion.

3. The other person's behavior: If your spouse is still attempting to work on things in your relationship and you're already on to the next one, you should let him or her know before you begin moving on.

Focus on Friendship for a Peaceful Dating Experience



By Naini Nakagawa

Spring is in the air, and so is dating! With the fresh spring air comes a new way to approach dating. The goal for this season? Focus on friendships, which may lead to romance later on when you truly know your mate-to-be. Celebrities like Ryan Phillippe could certainly use this wisdom right now.

Phillippe's recent relationship with Amanda Seyfried seems to be on and off, and he was also recently accused of having "innocent sleepovers" with Rihanna. It seems to be a game of celebrity musical chairs in Hollywood these days, filled with all sorts of drama. For the rest of us, who prefer to keep drama-free peaceful relationships, the following tips could go a long way:

1. Rid your life of toxic people: Keep those who are discouraging and who don't support and believe in you on the sidelines. Your energy field can take a turn for the worst with negative influences in your life.

2. Consider your spiritual path: Celebrities like Scarlett Johansson, who received an Ally for Equality Award at the 2011 Human Rights Campaign Los Angeles Dinner and Awards Gala, keep things in perspective by prioritizing things like helping those less fortunate than themselves. Give off positive energy by taking each interaction throughout your day and adding some cheer to it. Smile! It could make a big difference in someone's life. Plus, confidence attracts. It's one step closer to finding your future mate.

3. Exercise and eat right: Being healthy will not only make you feel good about yourself, but your healthy glow will attract potential partners. Bring out the Jennifer Aniston inside yourself! Some foods with special vibrations to consider are cherries, which bring joy, and strawberries, which foster dignity. Working out can help to keep you balanced so that you're in the mindset to make the right choices.

4. Be friends for 8 months before dating: Meet as many people as possible and keep it friendly, even if the attraction is strong. Longtime Hollywood actress Goldie Hawn had a deep friendship with Kurt Russell before they were romantically involved, and they're still together after 25 years !

5. What's meant to be will be: Let the gods get working already. Sometimes the universe needs some time to work its magic, so instead of micromanaging your love life, try to have faith that things will work out the way they're supposed to work out.

6. Meditate: Meditation brings on a sense of delicious peace, which no other activity can accomplish. A-list celebrities

like Richard Gere, Gwyneth Paltrow and Angelina Jolie are no strangers to the practice, as they're known to make quiet time for reflection a regular part of their busy schedules.

7. Be proactive: After you've taking the time to get to know someone on a spiritual level, it's time to make a move. Plan a date that doesn't involve drinking alcohol, so that your minds are clear and ready to connect.

By utilizing these tips, you can increase your magnetism to such a level that you'll attract someone with the same vibrations as yourself, even if he or she isn't currently anywhere near you. It will lead to a peaceful dating experience that few celebrity couples in Hollywood have thus far achieved.

Britney Spears and Jason Trawick Take Her Boys to Las Vegas





A week after her performance at Palms Casino Resort's Rain Nightclub, Britney Spears spent time with her boyfriend, Jason Trawick, and her two boys in Las Vegas. The four dined in a private dining room at Nove Italiano. According to [People](#), a source said, "Britney was very quiet ... but her kids were very nice and looked great."

Is Vegas a good vacation spot for kids?

Cupid's Advice:

Vacationing in Las Vegas, especially with your significant other, can be fun. But if you're planning a family vacation there and are unsure if it'll be an ideal place to take your children, consider the following tips:

- 1. Destination:** Most importantly, it depends on exactly where you're going in Vegas. If you'll spend most of your time in casinos and nightclubs, you're better off leaving your children at home.
- 2. Research:** There are plenty of activities for kids in Vegas. Pools and rides are just two options. This way your children

also have something to get excited about.

3. Age: If your children are infants, it might not be the best time to take them to Las Vegas, especially considering how crazy it can get there. Find a babysitter or wait a few years to explore all that Sin City has to offer.

Charlie Sheen and Brooke Mueller Reach Custody Agreement



Sometimes it's easy to forget that in the middle of the media frenzy, Charlie Sheen and wife Brooke Mueller have two young boys to worry about. [E! Online](#) reports that the soon-to be divorced couple have finally reached a custody agreement for their 2-year-old twin sons, Bob and Max. According to a source, Sheen gets the twins every other weekend and after four months, if he passes a drug test, he gets to see them up to four days a week. In addition, both parents must have nannies present at all times.

Should you fight for custody of your children?

Cupid's Advice:

A divorce is hard enough, but when there are children involved, things get a lot tougher. Cupid has some tips on what to do during a custody battle:

- 1. Fight for your children:** If you love your kids and want to be in their lives, you should fight to have custody. Showing you are a responsible parent will help your case.
- 2. Wait awhile:** When you go through a rough patch like Charlie Sheen, sometimes it's best to let your spouse take custody of the children. Once you're back on your feet, you can fight for more time with your kids.
- 3. Comfort them:** Reassure your child that no matter what happens, you will always be in their lives. Even if you don't see each other every day, let them know that you'll always be there for them.