

Cameron Diaz Discusses Her Break-Up Style: Break Up And Move On



They say breaking up is hard to do, but that certainly isn't the case for 'Bad Teacher' star Cameron Diaz. Diaz told UK's 'News Of The World', "We break up, we move on," in response to recent reports that she split from baseball hottie A-Rod, according to [RadarOnline](#). Diaz's new movie 'Bad Teacher' in which she plays a raunchy, go-for-broke educator is set for release June 24th, and her character in the movie isn't far off from who she is in real life. When Diaz appeared on Jimmy Kimmel in February, she proclaimed, "I love porn" and told a British newspaper that sex is her favorite sport. Seems like a break up is the last thing the actress is concerned about!

What are some ways to quickly move on from a breakup?

Cupid's Advice:

It's not always easy to get over a break up, but Cupid has some advice on how to quickly move on from a break up:

- 1. Just accept it and move on:** Take a tip from Cameron Diaz and simply accept that people break up and move on. Clearly it's working for her!
- 2. Put it out of your mind:** Distract yourself with work and friends so that you don't even think about your split.
- 3. Focus on yourself:** Try a new activity, hit the gym or read a book; focusing on yourself is the best way to get over a break up while helping yourself feel empowered.

How did you quickly get over a break up and move on? Share your thoughts below.

**Scott Disick Questions
Kourtney Kardashian's
Interior Design Choices**





Kourtney

Kardashian's latest obsession is redecorating her new home that she shares with longtime boyfriend, Scott Disick. However, according to [People](#), Disick is a little creeped out by his other half's over the top design choices and her uncanny love for checkered patterns. "Our house looks like it's out of *Beetlejuice*," commented Scott Disick on their \$1.7 Million home in Los Angeles. So far, he's gone along with Kardashian's unique decorating ideas. "If she's into it, let her have her fun," he said. "I hang out in the garage."

How do you compromise on design choices as a couple?

Cupid's Advice:

Though a couple may be very much in love, they may also have very different tastes when it comes to interior decorating. Considering how much time we spend at home, this could become a serious issue in your relationship. Cupid has some tips:

1. Go with it: In every relationship you have to pick your battles. If in the end, the decor really isn't that big a deal to you or is something you could get used to, it may not be worth it to pick a fight, especially if designing makes your partner happy.

2. Compromise: If one person chooses the sofa and the other picks out the coffee table, both of you can be happy.

3. Get a man/woman cave: Establishing a part of the house that is all your own can actually strengthen your relationship and satisfy your decorating needs.

How did you compromise with your partner on design themes? Share your experience below.

Blake Lively Says Breakups Are Never Dramatic For Her



According to Blake Lively, things are OK between her and *Gossip Girl* costar and ex-beau Penn Badgley. “Every relationship you have, you’re learning and growing and taking something from that,” she said

in the most recent [Us Weekly](#). “So for me, it’s never been too dramatic of a thing when something ends.” She added that she doesn’t let public opinion influence her decisions, whether that means talk about her split from Badgley or her European excursion with actor Leonardo DiCaprio. “I have a strong sense of myself,” Lively said. “That gives me a sense of security, you know? If I define myself by things that are always changing, like the public’s opinion, or what I’m wearing, or what job I’m doing, there’s no stability in that.”

How do you assure that your breakup is drama-free?

Cupid’s Advice:

Ending a relationship doesn’t always have to be messy, so Cupid has a few suggestions to keep the drama-levels low:

- 1. Clean-cut:** When it’s time to throw in the towel, it’s very important that the two of you get some separation for a while.
- 2. Time heals all wounds:** It’s extremely difficult to go from a relationship to “staying friends.” It’s best to give it some time and then eventually try to be friends.
- 3. Independence Day:** Similar to Blake Lively, it’s important to have a strong foundation of self-confidence. After a break-up, take some time for yourself and don’t go jumping into another affair.

What is the best way to keep a breakup simple? Tell Cupid below.

Jennifer Aniston Introduces New Beau Justin Theroux to Pals



Things have been heating up between Jennifer Aniston and her new man, actor/screenwriter, Justin Theroux. According to [People](#), Aniston recently introduced her new love interest to her nearest and dearest by throwing a small get-together attended by some of the actress' closest friends, including Chelsea Handler and Courtney Cox. According to a source close to the couple, the introductions went famously and everyone seemed to enjoy each other's company.

What are some ways to introduce your new partner to your friends?

Cupid's Advice:

Introducing your new partner to your friends and family is a huge milestone in your relationship. Here are some fun ways to make an introduction:

- 1. Go out to eat:** Everyone needs to eat, so meeting your friends at a restaurant is an excellent way to introduce your partner to the special people in your life. Plus, you don't have to cook.
- 2. At a party:** Whether you're throwing a party or going to one together, it's always a great place to meet new people and break the ice.
- 3. Surprise them:** Showing up somewhere with your new partner can be a pleasant surprise for your friends.

What are some ways you have gone about introducing your partner to your friends and family? Share below.

'Teen Mom' Maci Bookout Says New Beau Is Her 'Perfect Lover'





Teen Mom star Maci

Bookout may have had relationship problems in the past with her baby daddy and ex-boyfriend Ryan Edwards, but things seem to be looking up with her new beau, Kyle King. According to UsMagazine.com, Bookout twetted, “I love my perfect lover, Kyle King!” last Sunday. Bookout gave birth to her son, Bentley, 2, in October 2008. She moved in with her then-boyfriend Edwards, but bitter fights and drama led to her moving back in with her parents in Chattanooga, Tennessee.

Shortly after moving back, she became reacquainted with her childhood pal, King ... and love spawned from there!

What makes your man the “perfect lover”?

Cupid’s Advice:

There may not be an absolutely perfect lover, but some couples mesh so well that it may seem that way. Cupid has some ways to know you’ve landed a good one:

1. Butterflies: If your stomach churns every time you’re around him, and your mushy thoughts center around him when he’s not there, it’s definitely a good sign.

2. Sweet gestures: Your man buys you flowers “just because” and is thoughtful when it comes to things that count.

3. Chemistry: There's definitely something to be said for chemistry. If it seems like he's your other half and you're a better person when you're around him, he might just be the perfect guy for you!

What makes your beau the "perfect lover"? Share your thoughts below.

Is Hayden Panettiere Dating NFL Star Mark Sanchez?



Hayden Panettiere, who just ended her relationship with Ukrainian heavyweight champion Wladimir Klitschko, might be on the rebound with yet another professional athlete. Less than two weeks after the breakup, the *Scream 4* star was spotted having fun with New York Jets quarterback Mark Sanchez at an In-N-Out Burger in

Laguna Hills, California. UsMagazine.com reports that Panettiere, 21, split from Klitschko, 35, after their long-distance relationship proved too difficult.

What are some ways to tell if your relationship is a rebound romance?

Cupid's Advice:

Jumping into a new romance right after ending a long-term relationship can be considered a rebound. Cupid has some questions you may want to ask yourself:

1. How much time has passed?: If you just broke up with someone and are already seeing someone new, you're probably in a rebound relationship. It's important to realize that these flings usually aren't permanent.

2. Do you still have feelings for your ex?: So you've started dating a new person, but everything they do reminds you of your ex. If this is the case, you might consider taking some time alone to heal and move past the breakup.

3. Is the new romance serious?: After ending a serious relationship, it's usually difficult to feel strongly for someone new right away. So if you find that your feelings aren't nearly as intense for your new partner, maybe you're still on the rebound.

Do you think it's a good idea to get into a new relationship right after a breakup? Share your comments below.

Angelina Jolie Speaks Out About Love Brad Pitt



Can't get enough

Brad Pitt and Angelina Jolie? Well, that may not be an issue for long. After talk of getting married in the near future, Jolie recently opened up to [People](#) about her relationship with Pitt and their kids. "I love being with Brad," she revealed in a statement. "I'm very lucky with [him]. He is a real gentleman, but he is also a real man's man." Their six children play a significant role in their relationship, and the couple includes them whenever possible. However, they do play up the balancing act in some ways, as Jolie explains their alone time is important as well. "It's special time for daddy when mom works for a few months," says the actress and UN Goodwill Ambassador. "And Brad is such a great dad. When I'm working, he's putting in the extra dad time, and that's special for their relationship, too."

How does your relationship grow after you have kids?

Cupid's Advice:

Children are supposed to bring joy to your life, but really they can either solidify or destroy a relationship. Cupid has some way your relationship can grow after having kids:

1. Quality time: You're working more closely together now and are taking turns with the children. This can help enhance communication, and it's something you handle as a team. Also, those times you do get to relax, it's nice to have your partner there to cuddle.

2. Support system: Both of you will be stressed out at first, especially if it's your first child. A baby is a big adjustment, and you both need to make sacrifices. Vent to each other and reassure your partner that you're in this together.

3. Family matters: After marriage, this is a tremendous factor in your relationship. Not only are you spending the rest of your life together, but now you're raising a family. Do what Brad and Angelina do-include the kids whenever possible, but admire and take advantage of the alone time you guys get.

How did kids change your relationship? Share your experiences below.

**Adrianne Curry and
Christopher Knight Split**





It looks as if

Father Brady is back on the market, ladies! Former *Brady Bunch* star Christopher Knight and former *America's Next Top Model* contestant Adrienne Curry have decided to call it quits, according to UsMagazine.com. "After starting a relationship with what seemed to be irreconcilable differences, the couple has reached a period where those differences are no longer appreciated," said Phil Viardo, the couples' manager. The pair met when they were housemates on the VH1 series *The Surreal Life* and then married in 2006. Earlier this month, Curry admitted that she wasn't satisfied with her home life and turned to Twitter for attention. Another Hollywood romance is now a part of history!

When you grow apart, what are some steps you can take to reconnect?

Cupid's Advice:

Like Adrienne Curry and Christopher Knights, differences can grow to be a bigger and bigger issue as your relationship lasts longer and longer. Cupid has some ideas on how to reconnect:

1. Be open: The best thing you can do in a relationship is communicate. Stay open and accepting about your differences.

If you start to feel annoyed by something your partner is doing, make sure to let him or her know instead of blowing up when it gets really bad.

2. Go back to the beginning: One of the best ways to reconnect in a relationship is to take a look at the happy times you've had in the past. Open up the photo albums, and make reservations at the place you had your first date. Thinking about good memories may remind you why you started dating your partner in the first place.

3. Carve out time: Make sure you're spending quality time together on a weekly basis. Lives get busy and it's easy to forget to schedule in time alone with your partner, but it's an important part of your relationship. Simply spending more time together is a good way to reconnect.

How did you reconnect with your partner in order to avoid divorce? Share your comments below.

Kourtney Kardashian Says Kim Is Herself Around Kris Humphries





It looks like Kim

Kardashian, who recently got engaged to New Jersey Nets star Kris Humphries, has her sister Kourtney's blessing. Kourtney Kardashian told [People](#) that Kim and Kris are perfect together. "He fits in [with the family] already. I think they're just themselves, and I think that's the most important thing," said Kardashian. "Kim is totally herself in front of him. Everything is easy, comfortable, no stress."

How can you keep your relationship stress-free?

Cupid's Advice:

When it's easy to be yourself around your partner, you know the relationship is right. Cupid has some tips on how to make sure it stays effortless:

- 1. No drama:** If your mate makes a big deal out of the smallest issues, talk to him or her about it. Sure, relationships take hard work, but you don't need unnecessary drama.
- 2. Have fun:** When things get heavy, go out and forget about it for awhile. If you and your significant other can have fun together no matter what, the stress will melt away.
- 3. Let your guard down:** It may be difficult, but if you want

to be able to be yourself around your sweetie, you need to stop acting so perfect. By showing you have flaws, you'll grow closer and more comfortable with each other.

What do you do to keep your relationship uncomplicated? Share your comments below.

How Internet Dating Creates A New Mindset



By Dr. Simon Casey

Internet dating has created a different mindset among individuals and has changed the dating game forever. There are some people who may give the appearance of exclusive dating, but they aren't giving up their online profiles. There are two major reasons for this:

1. Doubt: About 40 percent of people fall into this category.

What happens is, after the first couple of dates, one person starts realizing that something is missing in the relationship and/or that the other person doesn't completely meet his or her expectations. As casual dating slowly starts turning into more of a relationship, one partner becomes more committed (while believing that the other person is feeling the same way), and the other one choose to be pretentious and somewhat dishonest with his/her feelings. Keeping an online profile active is a clear indication that someone wants to keep his or her options open. This is what I call "emotional cheating."

Any relationship that starts with this kind of dishonesty is doomed to fail. If you find out your partner is still involved in the online dating community after you've committed to each other, walk as far away from that person as possible.

Any person who starts a relationship in this fashion is more than likely to continue their dishonesty even after marriage.

2. Inability to commit to one person: There are many people who love the excitement of internet dating. Creating relationships without leaving your home can also be called "fantasy dating." This built-in excitement is a modified addiction and a large ego booster. The score and mind games are a priority. There's always an agenda and being honest in order to form an intimate and loving relationship is not one of them. But don't fret! There are ways to find out about your date's motives providing you are willing to ask the right questions. If you're somewhat emotionally involved or have some feelings for the other person, it may blind you or hold you back. Remember, desperate people end up finding other desperate people. Knowing what you want comes from achieving emotional mastery. Don't ever settle for less because, you're worth more!

Maria Shriver Spends Memorial Day With Kids In Malibu



If she's upset, she

sure isn't showing it! Maria Shriver looked happier than ever when she visited Tra Di Noi restaurant with her kids Katherine, Christina and Christopher; a few friends; and her bodyguard on Sunday night. [RadarOnline](#) reported that Shriver hired a high-profile divorce attorney, Laura Wasser, to represent her against ex-spouse Arnold Schwarzenegger.

Schwarzenegger admitted to fathering a child by his and Shriver's former housewife.

What are some life changes you can make after a divorce?

Cupid's Pulse:

Going through a divorce is tough, but moving on with your life afterward is tougher. Cupid offers suggestions on some life changes you can make after a divorce:

1. Move forward slowly: It takes time getting used to being single. Letting others know how you feel will help you move on with your life slowly and steadily.

2. Meet others: It might take some time, but go out of your comfort zone and mingle with others when you're ready. You'll meet new friends and possibly the person who is truly right for you.

3. Embrace new opportunities: With all the time you'll have on your hands, get involved in extra-curricular activities. You'll be surprised when you discover new hobbies and talents.

What did you do after your divorce? Share your experiences below.

Are Brad Pitt and Angelina Jolie Finally Considering Marriage?





Don't get your

hopes up, team Jennifer fans. Rumor has it that Brad Pitt and Angelina Jolie may wed in the near future. "The kids ask about marriage. It's meaning more and more to them," Pitt told [People](#). "So it's something we've got to look at."

Originally the plan was to wait until everyone can legally marry, but the children have changed the duo's hearts. Pitt also spoke of the parenting ways he and Jolie use to bring up their children, as well as how they get their alone time.

"Angie and I do everything we can to carve out some semblance of normalcy for them, to re-create the kinds of moments that were special for us."

How do things change once you tie the knot?

Cupid's Advice:

Marriage is a big step, and you both need to be serious about it. Cupid knows what's coming, so here's what to prepare yourself for before you tie the knot:

1. Less effort: Some look at marriage as the grand prize. If this is you, you may feel you worked hard enough to get here, so now it's time to relax. Not putting in as much time and

effort to keep the relationship strong can lessen the meaning and power it once had.

2. Interest level: Forever is a long time. It's also enough time for one to get bored of the same old thing. Sometimes you're going to need to give your partner more space or spend extra time together to keep the relationship fresh.

3. Sharing and the future. There are so many important factors couples must consider before tying the knot. Prenups, living situations, and of course, children, are primary. Remember that, from now on, this person is a part of you. Make decisions together.

How did marriage change your relationship? Share below!

Nick Lachey and Vanessa Minnillo Have Wedding Shower





Nick Lachey and

Vanessa Minnillo celebrated their upcoming nuptials this past Sunday at the London Hotel in West Hollywood with an extravagant and unforgettable wedding shower, according to [People](#). The couple and their friends and family seemed excited about their wedding as they took in the amazing views and delicious food from chef Gordon Ramsay's kitchen within the hotel. The party had both a laid back and sophisticated atmosphere where all the guests were able to enjoy themselves and have a great time.

What are some reasons to have a wedding shower before your nuptials?

Cupid's Advice:

Nick Lachey and Vanessa Minnillo enjoyed themselves at their wedding shower, and Cupid has a few reasons why having a wedding shower before *your* nuptials is a good idea as well:

1. It helps calm your nerves: What better way to calm your wedding jitters than to have a fun party with family and friends where you can relax and enjoy each others' company? Having a wedding shower is a great way to celebrate each other without worrying about planning-related stress.

2. It gets you even more excited: Having a wedding shower before your nuptials helps get you and your significant other even more excited for the big day by having a pre-celebration with family and friends.

3. It allows everyone to get to know each other: Having a wedding shower before your nuptials helps your family and friends get to know each other better before the wedding so at the reception they'll have an even better time. This is the time where you can introduce family and friends from both sides and make sure everyone gets along.

Did you have a wedding shower before your nuptials? Share your experience below.

Tony Romo and Candice Crawford Tie the Knot





Pro football player

and infamous celebrity dater Tony Romo is officially off the market, according to [E! Online](#). Romo and Candice Crawford, his girlfriend of a year and a half, wed in Dallas last weekend. The Dallas Cowboy proposed to Crawford on December 16th, her 24th birthday. Candice Crawford is a former beauty queen and sports reporter and is also the younger sister of *Gossip Girl*'s Chace Crawford. Romo has a history of dating beautiful blondes, as he can count Carrie Underwood and Jessica Simpson among his exes.

How do you choose a date to propose?

Cupid's Advice:

To make your proposal extra-special, choose a date that means something to you. Cupid has some suggestions on when to pop the question:

- 1. Anniversary:** Try proposing on the day you met your sweetheart if you want to recognize how far you've come and remind each other of what it felt like when you first started dating.
- 2. Birthday:** Give your partner a gift they'll never forget by popping the question on his or her birthday.

3. Holidays: Make the holidays extra special by proposing on Christmas, the 4th of July or whichever holiday means something to your sweetie. Plus, your mate will already be in the holiday spirit and will be more likely to say 'yes'!

What is the best date to propose to your significant other?
Share your comments below.

'Vampire Diaries' Stars Ian Somerhalder and Nina Dobrev Pack on PDA



Two vampires were seen in Paris walking in daylight Tuesday. According to UsMagazine.com, stars of the CW show *Vampire Diaries* Ian Somerhalder and Nina Dobrev held hands while walking around

the streets of the city of love. Despite their vacation, the two have yet to come out and admit they're dating. "We expected the rumors. Like, if I wasn't dating Ian, I'd be dating Paul [Wesley]," Dobrev said in April's Teen Vogue. "A lot of people who work together end up dating, so it wouldn't be unusual, but I've never dated anyone I've worked with."

How do you make dating a coworker less risky?

Cupid's Advice:

Dating someone you work with is tricky to handle. Think of Jim and Pam from *The Office*, as they're a great example of the ideal way to handle yourself in the workplace with your partner. Cupid has a few things to keep in mind:

1. On the same level: Things can get messy if one of you is a superior or a manager. Not only does it give a bad image to others, but if you break up, it might be the ugliest one you've ever experienced.

2. Separation helps: Your interoffice relationship goes a lot smoother if you're in different departments. You'll be away from each other for most of the day, and it'll give you a little more to talk about when discussing work.

3. Say 'No' to PDA at work: It makes coworkers feel uncomfortable and is an HR seminar waiting to happen. Keep it at casual flirting and no real physical contact while on the clock.

Ever dated a coworker? Tell Cupid about it below.

The Dating Double Standard



By High Yield

Hottie

Ever thrown a drink in a man's face because he said something piggish? I have (and highly recommend it). However, while recently out to dinner with a male friend – let's call him Master Key – I curbed my natural reflex and listened to what he had to say. As we cocktailed, our conversation turned to how many intimate partners were acceptable for men and women in this day and age. Master Key crudely summed it up as follows:

"It's a key/lock situation. Well, a man is naturally the key. The woman is the lock. A key that opens many different locks is an amazing key. But a lock that is opened by many different keys isn't worth anything at all."

Cue my desire to give him a martini facial and poke his eyes out with the plastic olive skewer.

Yet despite my disgust for his sexist point of view, he has a point. While women have been tirelessly shattering glass ceilings and income bracket double standards professionally, there's one area where the double standard seems to persist, and that's in dating. Even as adult women, in the eyes of many men (and women, too), we're still held to the binary categorization of "slut" or "nice girl." So what's a gal like you to do with this infuriating double standard? Take a cue from some of our celebrity friends and choose to own it, call it out, hide it or accept it.

1. Own It: In the words of Rihanna, "I might be bad, but I'm perfectly good at it!" You're comfortable with your sexploits and prefer to flaunt them.

Ex. Madonna: Not only was she the "material girl," but she was the ultimate alpha female. She embraced her sexuality and made a whole career out of it, which has since been emulated by many.

2. Call It Out: Not quite rising to the level of an "Own It" woman, you operate in a gray area between "nice girl" and "slut." You prefer to fight the double standard with verbal double entendres, rather than with double Ds in people's faces.

Ex. LeAnn Rimes: Labeled a home wrecker, she spoke out against this double standard. While I certainly don't approve of dating a married man, her comments are right on the mark; a cheatin' woman is always lambasted more than a cheatin' man. This woman might slink around, but she never slinks away in silence.

3. Hide It: This woman seems to be your classic "nice girl" on the surface, put together and demure looking. While she might not show her naughtiness to the world, someone has seen it. There might even be irrefutable proof!

Ex. Natalie Portman: Knocked up. Is there any other way to say it? Despite her good girl image, she shocked us when she got herself prego (sans ring) with her *Black Swan* co-star.

4. Accept It: If you can't beat 'em, follow along. You're the type of woman who adheres to the Sandra D 1950's nice girl code: "Keep your filthy paws off my silky drawers!"

Ex. Jessica Simpson (well, before Nick Lachey): She took Master Key's lock/key theory to heart and kept her own lock key-less until marriage.

While Master Key may disagree, there's no universal right choice when it comes to how you feel about the dating double standard and how many keys unlock your lock!

High Yield Hottie is an independent (and sometimes intimidating) woman. Originally from a flyover city in the Midwestern United States, she now lives in a major metropolitan city and has spent the last decade pursuing both her romantic and career goals. Her blog, Six Figure Siren, explores dating as a successful professional woman. You can friend Six Figure Siren on Facebook or follow her on Twitter: @SixFigureSiren.

Kim Kardashian and Kris Humphries Are Engaged





Kris Humphries

proposed to Kim Kardashian in her Beverly Hills home on May 18th. After six months of dating, the New Jersey Nets forward waited in Kim Kardashian's bedroom and took her by surprise when she came home to find him on one knee with the words "Will You Marry Me?" written in rose petals. She was completely surprised. "I was in such shock. I never thought it would happen at home, and I never thought now." According to [People](#), Kris Humphries popped the question with a classically stunning custom-designed, 20.5-carat Lorraine Schwartz diamond sparkler because he wanted the ring to be big. Congratulations to the happy couple!

What are the benefits of proposing at home?

Cupid's Advice:

Home is personal and comfortable. The saying, "home is where the heart is" makes proposing there the perfect location:

- 1. Casual dress:** Proposing in a casual setting can be more comfortable for both of you. Plus, you don't have to worry about getting dressed up.
- 2. Privacy:** You can have more of a private moment as a couple on this special day. There's no need to worry about people in

public looking on.

3. Going out to celebrate: If you propose at home, you can go out afterward to celebrate in style.

What's your take on proposing to your partner at home? Share your comment below.

Ex-Husband of Arnold Schwarzenegger's Mistress Speaks Out



Betrayal has definitely been a popular topic in the media the past couple of weeks, and now another person affected by the Arnold Schwarzenegger affair has decided to speak out. Rogelio

Baena, ex-husband of Arnold Schwarzenegger's mistress, Mildred Baena, had something to say. Baena was just as shocked about the affair as Maria Shriver was, and to make things worse, up until a week ago Rogelio assumed that Mildred's son was in fact his biological son, according to [People](#). Rogelio decided to speak out about the betrayal he faced on *Entertainment Tonight*, and how he had considered Arnold Schwarzenegger, who employed his wife Mildred or 'Patty' for 20 years, a 'hero'. Looks like Rogelio no longer feels the same way.

If you're betrayed by your partner, how do you move on?

Cupid's Advice:

Being betrayed by your partner isn't an easy situation to deal with, but here are some tips on how to move on after facing it:

1. Realize that the situation doesn't define you: It's important to realize that after any situation that involves betrayal that you are still the same person you always were, and that in fact you are able to move on with your head held high.

2. Keep yourself busy: Start moving on and rebuilding your life by enjoying hobbies that will hopefully distract you from all of the bad memories of the past.

3. Find yourself: It may sound a little corny, but after going through a tough situation, one of the best things to do is to focus on yourself. Try new things, and try to discover a little more about yourself.

Have you ever faced betrayal from your partner? Tell us how you were able to move on below.

Love Wedding Marriage featuring Mandy Moore, Kellan Lutz and Jessica Szohr



A marriage counselor, Ava (Mandy Moore) is thrown for a loop when her parents decide to get a divorce in [Love, Wedding, Marriage](#), which hits theatres June 3rd. Ava, who has recently married Charlie (Kellan Lutz), is now questioning everything for which her marriage stands. To counter that feeling, she decides to get her parents back together by moving her father in with her and her new husband, much to Charlie's dismay.

Through laughs and tears, this family finds a way to make it work despite all the emotional struggles they're going through.

What are the benefits of marriage counseling?

Cupid's Advice:

Marriage counseling does not guarantee a lack of divorce, but there are definitely benefits to the process even if it doesn't work:

1. Communication: The main thing that counseling does is provide a place to air all of your grievances. You can tell your partner all of the things you've been holding in. That way, everything you need to work on is on the table ready to be tackled.

2. Solutions: Whether the solution ends up being a divorce or getting back together, a decision is definitely necessary when you're at odds with your spouse. Marriage counseling provides a neutral place to decide.

3. Last shot: Marriage counseling comes before a split so that if there's any chance whatsoever that you may be able to work out your issues, you can do it. It's the last stop shop before making the decision to call it quits.

Have you had experience with marriage counseling? Share your experience below.

Is Jennifer Aniston Dating Justin Theroux?





Hollywood's

favorite single girl has got the rumor mill churning yet again, this time with actor Justin Theroux, 39. [RadarOnline](#) reports that Jennifer Aniston, 42, spent the entire weekend together with the actor. However, the mother of Theroux's longtime girlfriend is speaking out to put an end to the speculation. Marilyn Bivens, mother of Heidi Bivens, said, "It's not true at all. That's from Justin's own mouth. He said he was with her at a dinner party with a lot of other people. It's been just a big, big misunderstanding – and you can take that as the truth."

How do you keep gossip about your relationship status to a minimum?

Cupid's Advice:

There's one thing that everyone loves to gossip about: relationships. Cupid has some ideas on how to keep the whispers about your dating life under control:

1. Keep it under wraps: If you don't want people talking about your relationship, keep it secret... for now. Once you're ready for people to know, introduce your partner to friends and family.

2. Be honest: If you are upfront about your relationship status, you can stop the gossip before it starts.

3. Don't pay attention: By refusing to dignify rumors with an answer, you are showing gossipmongers that you don't care what they think.

What do you do to quell rumors about your relationship? Share your comments below.

'Bachelor' Alum Emily Maynard Is Spotted Without Engagement Ring



The rocky relationship between *The Bachelor's* Brad Womack and Emily

Maynard may have finally reached an impasse. [People](#) reports that last weekend, Maynard, 25, was spotted without the engagement ring Womack, 38, presented to her in the show's finale. The two released a statement in March, saying: "It has been a bumpy couple of months for us, and our priority right now is to focus on our relationship."

How do you know what engagement ring to choose for your partner?

Cupid's Advice:

If you want her to say "yes," start out by getting her the right ring! Cupid has some tips on how to know what engagement ring is right for your partner:

- 1. Ask for help:** Poll her friends and family (swearing them to secrecy, of course) about what kind of ring she'd want. They can at least steer you in the right direction.
- 2. Think about her taste:** What kind of jewelry does she like to wear? Pay attention to whether she likes gold or silver and over-the-top or understated pieces.
- 3. Go with your gut:** Buy the ring that feels right, the one you can see yourself proposing with and see her wearing for the rest of her life.

What's your idea of the perfect engagement ring? Share your comments below.

Pippa Middleton and Beau Spend Weekend at Family Home



Pippa Middleton and

her boyfriend of one year, Alex Loudon, left London on Friday to spend the weekend at her parent's home in the countryside. An insider told UsMagazine.com that Middleton spent her Friday afternoon in a short business meeting. Loudon picked her up in the early evening and they headed for her parent's house.

"Soon it will be Pippa's time to shine," a source said.

When is it time to introduce your partner to your parents?

Cupid's Advice:

Not only is finding a significant other difficult, but introducing him or her to your parents is also a feat. If you aren't sure when it's best to have your partner meet your parents, Cupid has some suggestions:

1. Serious relationship: Before introducing your partner to your parents, make sure you're in a serious relationship. There's no use in going through the introduction stress if the relationship isn't going anywhere.

2. When they ask: If your parents specifically ask to meet your current partner and ask you both to dinner, don't refuse. If you say "no," they'll start to get suspicious and things will only be worse when you do decide to have them meet.

3. Parent's reaction: Figure out how your parents would react. Some parents are more accepting than others, so make sure to gauge their reaction before you subject your partner to their scrutiny.

How did your parents react when you introduced them to your partner? Share your experience below.

Fergie and Josh Duhamel Are Ready to Start a Family





Black Eyed Peas

singer Fergie has babies on the mind, reports [People](#). When asked about starting a family with her husband Josh Duhamel, the singer replied, " Oh yeah, of course. Not right this second. [I'm] not pregnant, for the record. But, yeah." Fergie, who is taking a break from the Black Eyed Peas as her bandmates work on solo projects, is glad to be "getting more of that personal time. Josh and I have gotten to spend a lot more time together this year than other years, which is great."

How do you know it's time to start building a family with your partner?

Cupid's Advice:

Starting a family is one of the biggest changes your life will ever face. Here are a few ways to determine if you're ready:

1. Your marriage is in a good place: Make sure that you and your husband are absolutely comfortable together and that your marriage is happy and stable before bringing a baby into the world.

2. Financial stability: Children are expensive. Before having a child, make sure your bank accounts are able to handle the

burden. Being financially stable will save you from much frustration down the line.

3. Your feelings: Analyze your own feelings on the subject. If you don't feel 100 percent ready to start a family, then don't. You need to be completely sure of your decision before you commit to such a life-changing experience.

When did you know you were ready to start a family? Feel free to comment below.

Russell Brand Is Deported From Japan While Visiting Katy Perry



Katy Perry's hectic

Japan touring schedule was interrupted on Saturday, reports [E! Online](#). The *Teenage Dream* singer was distraught when news came that her newlywed husband Russell Brand had been deported. Perry took to her Twitter account to share the news. " So...my husband just got deported from Japan. I am so sad," tweeted Perry. "I brought him all this way to show him my favorite place." Brand was deported due to criminal incidents that occurred over 10 years ago. Brand, however, did not seem too upset. The comedian-turned-actor also took to his Twitter, exclaiming, "Stockholm syndrome kicking in. Just asked my guard out for (vegetarian) sushi. He giggled."

What do you do if your partner has a prior criminal background?

Cupid's Advice:

Not everybody has a squeaky clean past. Here are a few things you should be aware of when dating a reformed criminal:

- 1. Get the facts:** Underage drinking and bank robbery are two very different crimes. Make sure you know what your partner was charged with and how serious the crimes were before you enter into the relationship.
- 2. Prepare yourself:** It's harder to live life with a criminal record. Travel becomes difficult, as does getting a loan or applying for a job. Make sure that you are willing to carry some of the burden for your partner's past mistakes.
- 3. Shake it off:** Plenty of individuals make unwise decisions when they are young. Though the thought of dating someone who has had trouble with the law may scare you, don't be too prejudiced. Your partner now has different ideals and life experience to bring to the relationship.

Have you ever dated someone with a criminal past? Feel free to comment below.