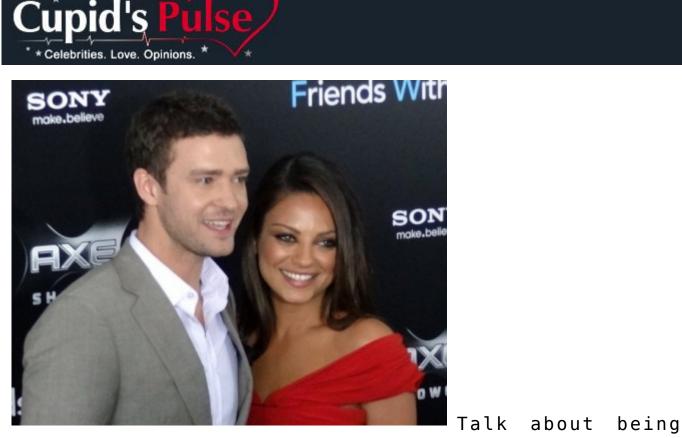
Mila Kunis and Justin Timberlake Confirm Marine Corps Ball Invitations



patriotic! What better way to give back to our armed forces than by going on a date with a Marine? Mila Kunis and Justin Timberlake are doing just that, reports <u>UsMagazine.com</u>. Kunis, 27, was invited by Sgt. Scott Moore to the Marine Corps Ball in Greenville, NC and Timberlake, 30, was invited by Corporal Kelsey De Santis to the Marine Corps Ball right outside of Washington D.C. The two are both planning to attend the November balls with their dates. Timberlake said he wasn't doing it as a favor, but because, "I don't ever get asked out ever! So I was very flattered by that."

How do you let someone you're not interested in down gently?

Cupid's Advice:

While Justin Timberlake and Mila Kunis were happy to accept their invitations to the Marine Corps balls, sometimes you're just not interested. Cupid has some tips on how to let someone down gently:

1. Make excuses: It may not be the most moral thing to do, but telling a little white lie makes things a lot easier. If someone asks you out and you say you already have a boyfriend or girlfriend, they won't get hurt by your rejection.

2. It's not you, it's me: Instead of saying "I don't like you," just say you're not looking to date right now. This takes the focus away from the person asking you out and puts the blame on you.

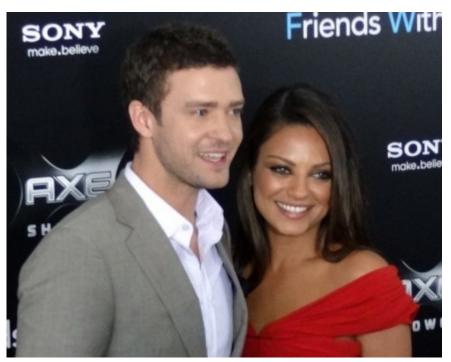
3. Honesty is the best policy: If you want to be honest, just admit you're not interested. Tell him or her it's not personal, and most people will get the hint and leave you alone.

What do you think is the nicest way to say "no" to someone you're not interested in? Share your comments below.

Exclusive Celebrity Interview: Former 'Bachelorette' Winner Jesse Csincsak Shares Opinions On

Ashley Hebert's Hometown Dates





Last night on The

Bachelorette, Ashley Hebert met the in-laws of the remaining four men: Constantine Tzortzis, Ames Brown, Ben Flajnik, and J.P. Rosenbaum. As she traveled to the contestant's hometown and met their families, her spark grew for some of the guys, while she questioned her relationship and love with others. In the end, she sent Brown home. Here's what Bachelorette expert Jesse Csincsak had to say about the episode in our exclusive interview:

Exclusive Celebrity Interview with Jesse Csincsak

Constantine's hometown date seemed so perfect. Do you think he'll be one of the last men standing, or do you think it was edited to look that way for a reason? Maybe there's something more coming that will shock us!

I think Constantine will be the next to go home. He has a strong connection with Ashley, but it's moving way slower than the rest of the guys, and I think that will be what gets him sent home. I don't think there are any tricks about his edit, but who knows — I have seen crazier stuff!

Do you think it's a red flag that Ben's relationships and love haven't lasted that long and that he's only brought home one other person?

I'm not going to lie – Ben is cool, but I just don't see Ashley moving to central California to be a mellow wine maker's wife. I personally think Ashley would be better suited with J.P. or Constantine, but I am not her.

Do you think J.P. has a jealous streak that could get in the way of his relationship with Ashley? Or will his lack of commitment lead to their demise?

Every guy has a point of jealousy. It's all about how much it takes to trigger that jealous bug. I think they are going to get into some deep conversations next week. Perhaps that's what the walking out of the room scene will be.

Related Link: <u>Celebrity Pregnancy: Former 'Bachelorette' Emily</u> Maynard is Expecting!

Planning Hometown Date Ideas

Who plans the hometown date ideas? For example, J.P.'s roller skating date – was that his own idea, or did the producers plan that?

The producers do all the planning, but you can tell them what you would like to do — such as snowboarding or go on a horse and carriage. They want it to be activities you would actually

enjoy doing!

How nerve-wracking are hometown dates? Is it true that this is the first time you are physically seeing your family since the show started?

When you go on the hometown dates, you don't even get to stay at your house or see your family except what everyone sees on camera! They make you stay in a hotel two miles from your house, so you can't talk to or see anyone you know. That's why everyone looks genuinely happy to see one another on camera.

Do all the families need to sign a waiver stating that they can't disclose the hometown dates before the season airs? What's the process?

All family members do have to sign a non-disclosure agreement before the contestants even get to their hometown. Once the fifth and sixth guys go home, the producers approach the contestants after the rose ceremony and ask them for the contact information of the person the *Bachelorette* will be meeting on the hometown date. Since the producers do it all, the guys don't get a chance to tell their parents what's going on.

Which of the remaining men do you think is best for Ashley?

Although I think Constantine or J.P. will fit her lifestyle the best, Ben is a great guy too!

Were you surprised to see Ames go? If so, who did you think would leave this week?

I wasn't surprised to see Ames leave. Somehow, I just can't see Ashley sitting by a massive indoor pool and Jacuzzi talking about how amazing Ames is for the rest of her life or being driven around in a horse and carriage by the butlers until she's 80. But then again, that's just me.

Related Link: Reality TV Star Ashley Hebert Instagrams Amazing

Post-Celebrity Baby Body

In next week's highlights, there's a knock on the door from someone who surprised Ashley by flying to Fiji. Who do you think that might be?

I think the surprise is either Ames or Ryan P.

There is also a scene where her family doesn't feel that one of the guys is right for her, and it looks like she chooses him anyway. Any guesses who that may be?

I think that has to be J.P. or Ben because it's down to the final two when you meet the parents.

Want more Bachelorette insider insights than what our exclusive interview gave? Tune into the Bachelorette Beatdown at 6pm PST every Tuesday on <u>www.RTVZone.com</u>. The Beatdown is hosted by Jesse himself, and he is always joined by notable show alums!

Jennifer Lopez and Marc Anthony Are Ending Their Marriage





Singer and actress

Jennifer Lopez, and husband, Marc Anthony, also a singer and actor, have split after seven years of marriage, according to <u>People</u>. "We have decided to end our marriage," they said in a joint statement. Lopez, 41, and Anthony, 42, married in June 2004 in a private ceremony at Lopez's Beverly Hills home. They have 3-year-old twins, Max and Emme.

How do you announce your divorce to family and friends?

Cupid's Advice:

When divorcing, it's always better to tell your family and friends right away rather than procrastinating. Here are some ways to break the news:

1. All at once: To avoid telling the same story time and time again, round everyone up at once. Invite your soon-to-be exhusband or ex-wife, and just as you announced your marriage to them, announce your divorce.

2. Don't mind judgment: Divorce is frowned upon by many people, and this may happen once you break the news to the important people in your life. However, you should overlook any negativity, because at the end of the day, you are doing

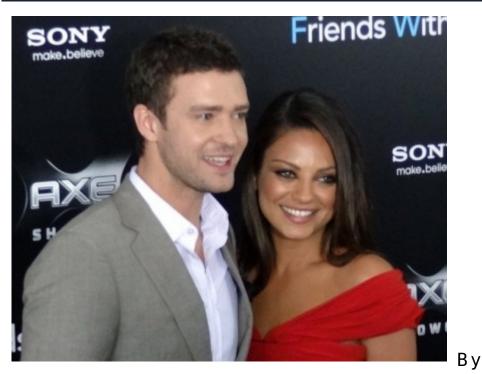
what's best for you.

3. Keep it cordial: No matter what the reason for the divorce may be, let your family and friends know that you will be mature about the situation. Keep it civil with your old lover. This should release a lot of the tension in the room and prevent any misunderstandings between your ex-husband or ex-wife and your family and friends.

How did you announce your divorce to your family and friends? Share in a comment below.

'The Bachelorette' Episode 8 Recap: Love Takes Time





<u>Jennifer</u>

<u>Harrington</u>

This week on <u>The Bachelorette</u>, Ashley has narrowed the pool to four men for the hometown dates. Coming up are visits with the families of Constantine, Ames, Ben and J.P. Let's see what it was like to meet the in-laws:

First up was food-lover, Constantine and a visit to his family in Cumming, GA. After a cozy chat by a lake, Ashley and her man ventured off to his Italian restaurant. Yes, Greek heritage with an Italian restaurant-interesting combo. Anyway, the heat was certainly on in the kitchen as the lovebirds cooked up some treats. Following their delicious quality time the pair went to meet Constantine's extremely close-knit family. All season, we've known Constantine was a family man, and after his hometown date we can now see why. Ashley not only met his immediate family but the couple was surprised when the doorbell rang and in walked about 20 more extended family members to greet Constantine for a Welcome Back Greek-style dance party. Despite the good times and cool dance moves, Constantine's parents emphasized over and over This seemed to be the theme of the that love takes time. night from most of the families.

Next Ashley flew up to Chadds Ford, PA to spend some time with Ames' family. Our bachelorette has been intrigued by Ames' "uniqueness" all season, and her day with his loved ones did not disappoint. In fact, Ames' older sister compared her brother to an onion with various layers. Speaking of layers, we learned that Ames attended boarding school and was an unpopular student. All afternoon, we heard Ashley (and Ames' family) questioning the spark and passion in their relationship, and despite sharing his motto that "life isn't all fireworks,' Ames promised to "step up the romance" with Ashley after the couple shared a picnic, conversation, and carriage ride together.

After two dates on the East Coast, our bachelorette flew west

for her hometown date with Ben in Sonoma, CA where they sipped on wine from his vineyard. After an "effortless" afternoon with her "sexy" long-haired man, Ashley settled in for a relaxed evening with Ben's mother and sister. Ben's father passed away several years ago and Ben expressed to Ashley that this process of being on the show has really helped him open up emotionally. He admitted that he had only brought home one girl to meet his family before, which could be a red flag for her. The hometown date was much more intimate than the others and a little more emotional. Ben's over-protective sister definitely was watching out for her brother's best interest but overall they seemed to accept Ashley into the family.

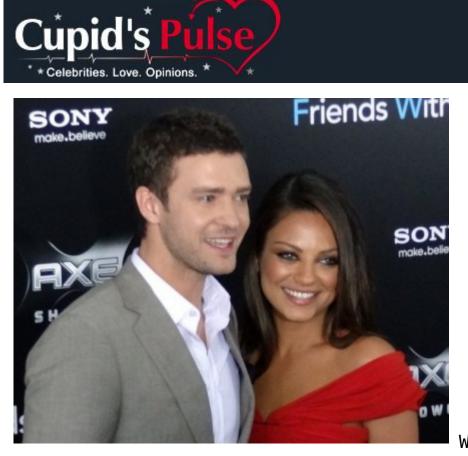
Last was J.P.'s hometown date in Roslyn, NY. J.P. treated Ashley to an afternoon of roller-skating, which she loved, remarking that she felt like she was in "seventh grade again. With the disco ball flashing, the chemistry between these two looked pretty heated on the rink. However, they did share some serious talk about why J.P. has been single for so long (Ashley has obviously never lived in NYC where the singles almost outweigh the married couples).

They finally joined J.P.'s family, where the defenses came up initially to protect him. Apparently, his last girlfriend broke his heart. When confiding in his family, J.P. shared that he was afraid to fully admit how he feels for Ashley.

The episode ended with roses going to Ben, Constantine, and J.P. Ames was sent home, eliminated and devastated — while it seemed obvious that Ashley was not able to find any spark with him, he had developed genuine feelings for her.

Join us next week for the exotic overnight dates in Fiji as we journey with Ashley towards the final rose! In the meantime, share your predictions with us — who do you think will be the final two men standing this season? And, if you can't get enough *Bachelorette*, be sure to check back later today to read *Bachelorette* expert Jesse Csincsak's take on the episode.

Vanessa Minnillo and Nick Lachey Get Married



When Vanessa

Minnillo and Nick Lachey tied the knot on Friday in a tropical paradise surrounded by their nearest and dearest, their guests had no idea what to expect. According to <u>People</u>, their wedding invitations came in the form of a place ticket with the only instructions being to dress "island chic." The day of the ceremony, the lucky guests were swept off to a secret island location. On July 30th, viewers everywhere will also get to witness this special ceremony at 9 p.m. ET/PT on TLC as part of the Nick & Vanessa's Dream Wedding special.

What are some creative wedding themes?

Cupid's Advice:

Having a theme wedding is a great way to make your wedding memorable for your friends and family. If you're considering revolving your wedding around a theme, here are some fun ideas:

Holiday theme: Have your wedding on your favorite holiday.
Valentine's Day is always a popular choice, but having a St.
Patrick's Day or Christmas wedding can also be fun.

2. Fire and ice: Even the best relationship can still run hot and cold once in a while. Embrace both the fiery and icy aspects of your relationship with some great decorations. Candles and ice sculptures are a great combination.

3. Wild Wild West: It may not be for everyone, but if you're a honky tonk kind of couple, go for it!

Was your wedding themed? Share your experience below.

How Social Media Changed Mila Kunis' Dating Life





By <u>Imani Brammer</u>

Surrounded by dust tracks and equipped with camouflage and war gear in the middle of Afghanistan, there is a Mila Kunis fan. This Kunis fan likes Mila so much, that he set aside time from his Marine Corps schedule to make a <u>video</u> asking Kunis to the Marine Corps Ball, November 18, in Greenville North Carolina. This fan goes by the name of Scott Moore … and that's Sergeant Scott Moore to us.

It turns out that the *Friends With Benefits* star had no idea what was going on until the topic was introduced to her during an interview with <u>Fox</u>. When Fox broke the news to her, though she was shocked, she automatically said "yes," after a bit of persuasion from her co-star, Justin Timberlake.

"Do it for your country," said Timberlake.

"I'll do it for *you*," Kunis said into the camera, speaking to Moore.

Let's face it — Moore has guts, not only when it comes to fighting for his country, but also when it comes to putting himself out there for love. What he did was such a sensation that his video can now be viewed on the Internet, from anywhere in the world. If it weren't for his public invitation, the news would have never landed in Kunis' ears. Social media has officially changed his dating life.

Fortunately, Moore's image will be altered for the better too. But social media isn't always healthy for your dating life. It can make, break, destroy and rebuild. Though a cliché, this remains true. Here are five ways the media can change a dating relationship:

1. Over the river and through the woods are rumors and rumors galore: Gossip has a bad effect on a relationship. However, it can be difficult to ignore when it's so easy to locate via social media vehicles. The worst thing you can do is allow it to take over your life.

2. How about some privacy, eh?: No. No, no, no. With media in your life, there is no privacy...unless you're really, really good at being secretive. If you want some intimacy in your relationship, don't post conversations on Twitter or your Facebook wall.

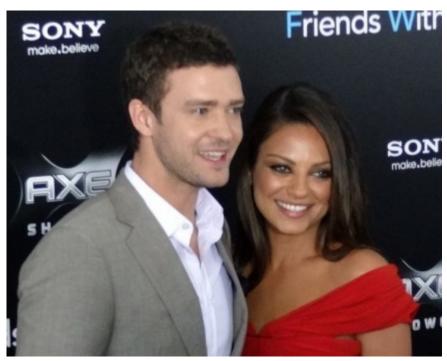
3. Live up to what he/she expects: People try the best to live up to what the public expects of them. Social media can lead to pressure to portray yourselves as a "perfect couple." The fact is, there's no such thing. Let go of expectations as much as you can, and live in the present.

4. Lasting impression: Social media can leave a lasting impression on your love life. You never want to regret the memories you've had, but if all of it revolved around false rumors on Twitter and drunken tagged pictures on Facebook, it can be hard to look back positively on your relationship.

5. Growth: Then again, there's always a bright side to it all. Social media makes it so much easier to stay in touch or check-out a potential partner. Of course, you can't rely solely on the new technology but it is a good method of finding out information about someone you're interested in dating.

Ryan Reynolds Is Dating Charlize Theron





New hot couple

alert! Ryan Reynolds, who split from ex-wife Scarlett Johansen last December, has been dating Charlize Theron for months, according to UsMagazine.com. An insider said, "They're both career-focused, but not in a crazy way." Could Reynolds have found his perfect match?

What do you do if your partner's career focus is becoming too obsessive?

Cupid's Advice:

Ryan Reynolds and Charlize Theron may be equally careerdriven, but sometimes in relationships, one partner may find the other partner a little too focused on work. How can you handle your partner when their motivation to work hard turns into an addiction and their entire life is centered around work? Cupid has some advice:

1. Accept your partner: It's important to remember that you can't change your partner. If work is central to his or her life, don't try to make him or her negotiate that. Respect your honey's priorities and give him or her space.

2. Communicate: So you want to give some needed space, but you also want to let him or her know that his or her career obsession is a problem, because it makes you feel neglected. As long as you put the focus on your feelings and emphasize your desire to spend time with your significant other, he or she shouldn't get offended.

3. Help him or her relax:When your partner comes home after a hard day at the office, give him or her a soothing massage and allow them to take their mind off serious matters. Let them indulge in a leisurely activity with you.

Got advice on how to deal with a workaholic partner? Share your comments below.

Olivia Wilde Says She Feels 'Wobbly' After Divorce





on the market after a painful divorce from Italian prince Tao Ruspoli, reports <u>People</u>. The couple eloped when Wilde was just 18, separated last winter and officially divorced in March. The 27-year-old actress told <u>Marie Claire</u>, "The trauma of the whole thing has been humbling, and for the first time, I'm a little bit wobbly." Although Wilde has been spotted out and about with Bradley Cooper, Justin Timberlake, Ryan Reynolds and Jake Gyllenhaal, she says she's still single.

How do you get your confidence back after a divorce?

Cupid's Advice:

Going through a divorce can be so traumatic, it's easy to lose your confidence. Cupid has some tips on how to get your swagger back after a split:

1. One is the loneliest number: Being by yourself after being part of a couple for so long is one of the hardest parts of a divorce. But it's important to relish the time alone to

figure out who you are without another person to define you.

2. No regrets: When you think back on your marriage, remember the love you had for each other and everything you learned. This will give you hope that you can find love again.

3. Bounce back: After you've spent some time alone, slowly start getting back into the dating scene. A few successful dates will definitely boost your confidence.

How do you get back to your old self after a divorce? Share your comments below.

10 Cool Summer Date Ideas to Heat Up Your Relationship





By Andrew Pryor

It's a known fact that opposites attract, but even those destined for each other need to find common ground. So this season, if you can't stand the heat while your partner is soaking up the sun — or if you're basking in 100 degree temps while your lover is counting the days to December — try switching things up a bit. Here are five fiery and five frosty things to do with your significant other this summer:

1. Schedule a hot stone massage for two: Heat is a natural tension reliever, so enjoy this relaxing experience together. Give your stressed out muscles a rest and take your mind off of your problems, whatever they may be.

2. Indulge in exotic and spicy cuisine: Thai, Indian, Moroccan, Cajun – pick your picante poison and indulge in a fiery mouthful. Spicy food is an aphrodisiac, so don't be afraid to stimulate your senses.

3. Throw it on the grill: Whether it's charcoal or gas, bring some sizzle to your summer with a delicious barbecue. Cook up a feast, and have an outdoor date together.

4. Light some fireworks: Watching sparks fly and explode

across the night sky is the perfect way to ignite the passion in your relationship. Brighten up your evening with a fireworks display and hope for a bright and engaging future with your loved one. Just be sure to check whether setting off these bad boys is legal in your state!

5. Catch fireflies in your backyard: Sure it's a childhood pastime, but sometimes, old traditions are the best ones. Stumbling around in the twilight, holding hands and grasping at blinking lights is a perfect way to work up a sweat and make great memories.

6. Make homemade ice cream: This is another traditional pastime that deserves to be brought back. Dump sweet cream and sugar in a bowl and whip up a cool and tasty treat for your sweetheart. Then sit on the porch and watch the sun set, one hand holding a cone while the other arm is draped around your partner's shoulder. How sweet it is indeed!

7. Take a refreshing swim: It's the greatest way to beat the heat in the summertime — what more needs to be said? Just try to stay away from crowded public pools and beaches. Find your own private spot if you can.

8. Keep cool with a water balloon fight: Why not make keeping cool fun? Instead of standing in front of a fan or sticking your head in a freezer, get your playful aggression out with a water balloon barrage.

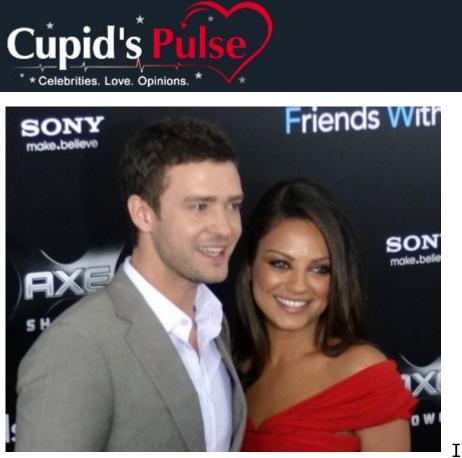
9. Celebrate Christmas in July: The summer isn't known for snowmen and sleigh bells, but you can bring some holiday spirit to a summer climate. Dig out that plastic tree from the attic, sing carols to each other and exchange gifts 'just because.'

10. Go skydiving: It's a radical suggestion, but there's nothing more invigorating and life affirming than feeling the wind whip past your face while you're thousands of feet above the ground. Try it with your loved one and you'll always have

a story to tell your friends.

Do you have any hot or cold weather ideas to stir up a relationship? Share them with us in a comment below.

Justin Timberlake Is Asked Out By Marine After Mila Kunis



It seems to be a

trend. According to <u>People</u>, after Sergeant Scott Moore of the Marines invited Friends With Benefits star Mila Kunis to the Marine Corps Ball, a female Marine decided to follow suit and give it a try with Justin Timberlake. Kelsey De Santis, a Virginia-based Marine, made her own YouTube video, asking Timberlake out to her own Marine Corps Ball, November 12. She added a little catch at the end: "...if you can't go, all I can say is cry me a river." Justin has not yet responded.

What are some ways to get your longtime crush to notice you?

Sometimes the hardest part about starting a relationship is actually catching your crush's attention. Cupid has some advice for you:

Steal the show: Look awesome. No one can resist an exquisite physical appearance. Come on, personality is great, but let's be honest, what do they see first?

Eye contact: Whenever you see that it's appropriate, look your crush dead in the eye. For one, it shows confidence. Secondly, it's the obvious: your crush is bound to notice you if there's some eye contact! Just don't make it awkward

Converse: Strike up a neutral conversation about an easy and relevant topic. Conversation can take a turn anywhere, and it's fun to see where it goes. Put your nerves in the back seat, and just go for it!

Have some tips of your own? Share your thoughts below.

Bar Refaeli and Rumored Beau David Fisher Go Out in Tel Aviv





Leonardo DiCaprio's

ex has officially moved on, according to <u>RadarOnline</u>. The Israeli-born model, Bar Refaeli, 26, was spotted Sunday in Tel Aviv leaving a club with her rumored new flame, David Fisher. It seems that the stunner, who dated DiCaprio on-and-off for five years, took a hint from her ex's recent fling with the likes of *Gossip Girl* star Blake Lively. He if he can do it, so can she!

What do you do if your partner's partying habits become too much?

Cupid's Advice:

Having fun is one thing, while being addicted to partying on a consistent basis is quite another. Cupid has some suggestions on what you should do if your partner's partying ways become too much:

1. Evaluate: The first and foremost thing you need to do is assess the situation. Is your significant other just partying

more than you would, or does he or she truly have a problem? Either way, if it makes you uncomfortable, it's something you need to confront.

2. Hint: Before coming right out and telling your honey that he or she is a party hound and you can't handle it, try a subtle approach first. If your partner has plans to go to the bar on the weekend, suggest going to dinner and a movie instead. If he or she is planning to hop on a booze cruise, suggest a tamer dinner cruise instead. There are many ways to get your point across without coming right out and embarrassing your significant other.

3. If all else fails, be blunt: Sometimes the best thing you can do is come right out and tell your partner that he or she is partying too much, and it's making you uncomfortable. Often times, your partner may not have known that what he or she is doing is affecting you. Once it's out in the open, you can work on coming up with a solution.

How did you deal with your partner's partying ways? Share your experience below.

Halle Berry's Stalker Is Arrested





It's been confirmed!

Halle Berry's alleged stalker was arrested on Monday night. The actress' private security agents apprehended James Franco after he jumped over the fence of the Berry's West Hollywood home. The LAPD informed <u>Access Hollywood</u> that this was the second time the man had trespassed on the star's property. Franco has been in custody since Tuesday morning.

How do you deal with someone who has an obsessive crush on you?

Cupid's Advice:

We all love to be loved, but being in the spotlight all the time can be overwhelming. Cupid has some advice for dealing with those who like us excessively:

1. Avoid them: It may seem obvious, but do it. If someone is majorly crushing on you and you don't feel the same way, try to spend less time with them at all costs. It may help him or her get over you. If you're too nice and spend too much time with him or her, it could give the wrong idea.

2. Be upfront: Don't be ambiguous. The last thing you wanna do is lead him or her on. Communicate your unavailability by

mentioning telling things, for example, how you're really into a person you just started dating.

3. Don't be hurtful: Unrequited love is no fun. Although you may never have been "obsessed" with anyone, chances are that at some point you liked someone who turned you down. Don't be pretentious with whoever it is that is showering you with attention. Let him or her know that you're not interested, but do it in a considerate way.

Have any advice for dealing with obsessive stalkers? Share your comments below.

Miranda Lambert and Blake Shelton Sneak In Alone Time at Kid Rock's Bash





She's a little bit country, and he's a little bit rock and roll. Miranda Lambert and her hubby attended a party for pal Kid Rock at the Hotel on Rivington in New York last weekend, reports <u>People</u>. Lambert and Blake Shelton, who were married in May, even found some alone time at the blow-out bash. After spending some time schmoozing with the 200 guests at the party, the couple was spotted sneaking away to enjoy the New York City skyline from the rooftop terrace.

Where can you take in some romantic views as a couple?

Cupid's Advice:

Make the most of the time you spend with your partner by visiting someplace new and enjoying the scenery. Cupid has some ideas on where you two can enjoy some spectacular views as a couple:

1. On the roof: Miranda Lambert and Blake Shelton had it right when they snuck off to the roof to enjoy the beautiful New York skyline. Lots of bars and restaurants now have rooftop terraces open during the summer.

2. On top of a mountain: If you and your mate like to get physical, try climbing a mountain together. Whether it's in

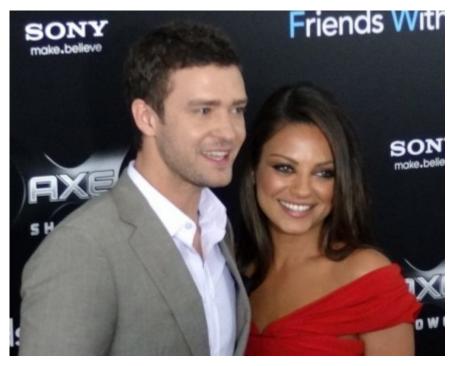
the Southwest or the Far East, you'll feel a sense of accomplishment when you reach the top and enjoy the gorgeous scenery together.

3. On the water: Another way to take in a view of your favorite city is by taking a cruise on the nearest river or ocean. Alternatively, you can enjoy the great outdoors and some romantic scenery by canoeing, kayaking or boating on a lake in the middle of nowhere.

Where do you go to enjoy a romantic view with your partner? Share your comments below.

Mila Kunis Agrees to Go On a Blind Date With a Marine





Want a date with a

celebrity? It turns out it's not quite as far-fetched as you may think! Actress Mila Kunis has taken us all by surprise by accepting a blind date offer from a soldier currently serving in Afghanistan, according to <u>People</u>. Sgt. Scott Moore, of the 3rd Battalion 2nd Marines, posted a video of himself asking Kunis to the Marine Corps Ball November 18th on <u>YouTube</u>. Kunis wasn't originally aware of the invitation, but as she and her *Friends With Benefits* co-star Justin Timberlake were being interviewed by Fox News, Timberlake encouraged Kunis to accept the offer. He said, "Have you seen this? Have you heard about this? You need to do it for your country." In reply, Kunis said, "I'll do it."

What are some ways to make a blind date more comfortable?

Cupid's Advice:

Blind dates can often times be incredibly awkward and uncomfortable. There's undoubtedly a lot of pressure involved. Cupid has some ideas on how to make your next blind date more comfortable:

1. Talking points: It sounds like overkill, but one way you can make sure there aren't many awkward pauses in conversation on your blind date is by coming up with a list of talking

points before you go. AskMen.com has a great <u>list of 10 first</u> <u>date conversations</u>.

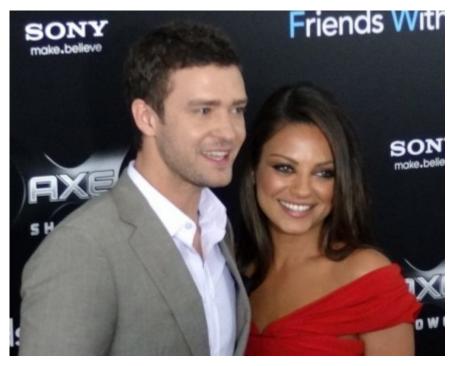
2. Double date: If one of your friends set you up on your blind date, have that friend bring a date and come with you. Having someone you know there as you meet your new potential mate will put you more at ease.

3. Keep it casual: Instead of spending your blind date at a fancy restaurant, go to your favorite hole-in-the-wall diner. Wear jeans, and say "no" to high heels. If you're physically comfortable, it'll help you become more emotionally calm.

What's the worst blind date you've ever had? Share your experience below.

Top Five Reasons Why Women Fall Out of Love





By Julia Slovich

Although stories of cheating men have been dominating the news lately and falling out of love seems to be happening a lot more frequently than people are falling in love, the situation isn't exclusive to men. Losing those loving feelings for your husband or boyfriend can happen just as easily to women. If you've experienced this in the past or maybe you're going through it with your partner now, the first step is to be aware of why it's happening. Follow these five reasons your fairy-tale romance could be slipping away:

1. Feeling Adored

It's important that a woman feels appreciated by her partner. Men are usually good at this in the beginning of a relationship when it's still new, but as the novelty ends, the attention may die down, too. Just look at Jennifer Aniston and John Mayer. She broke up with him because he was obsessed with Twitter, telling her that he was too busy for her, but in the meantime, his Twitter page was saturated.

2. Bored to Tears

We want excitement! And, if we can't have that, give us variety. If a relationship gets into a rut and you end up

doing the same things every weekend or having sex in the same positions every time, a woman can get bored and lose interest altogether. Both people need to put some work into the relationship or they'll find themselves quickly falling out of love.

3. Honeymoon is Over

Sometimes, we can be completely unrealistic and think that our relationship will turn out alright because "we love each other so much." Unfortunately, that's not always the case. Once the honeymoon phase is over, the reality of the relationship can be a slap in the face. Pamela Anderson and Kid Rock were married for a mere four months before they called it quits. Both agreed that it was time to end it, and Pam said that they just weren't meant to be together. It's easy to ignore all of the red flags when you're caught up in romance and passion.

4. Lack of Chemistry

Most women are looking for that spark that makes them feel all tingly and giggly whenever their man touches or looks at them. However, a relationship can't be built on sparks alone. Eventually they will fade if the relationship doesn't have substance.

5. Emotionally Disconnected

Poor communication (or no communication at all) is one of the main reasons women fall out of love. We need to feel connected to our partners emotionally as well as physically in order to love and be loved. When there's little communication, some women will shut down. Maria Shriver was extremely unhappy in her marriage to Arnold Schwarzenegger. Apparently, they hadn't been spending much time together in the last few years, and she was frequently absent from Sacramento where Arnold was the governor. If that doesn't signal a problem, nothing does. It happens to the best of us. Sometimes we just fall out of love, but if you don't want to be another divorce rate statistic and want to make it work with your partner, use these five signs as a starting place to determine what may be going wrong and see if there's a way to fix it before it's too late.

Julia Slovich is a writer passionate about health, fitness & blogging. When she's not running with her dog she can sometimes be found writing about <u>laser liposuction</u>, cooking and a myriad of other topics.

Ashlee Simpson and New Beau Vincent Piazza Pack on PDA





Pete Wentz's ex was

spotted cranking on the PDA with new boyfriend Vincent Piazza during a brunch date in the Big Apple on Sunday. Ashlee Simpson was visiting Piazza in New York a month after he had visited her in LA. An insider told <u>UsMagazine.com</u>, "Vincent's a chill guy, very artsy, the quiet type. He likes her."

How do you overcome the struggles that come with a longdistance relationship?

Cupid's Advice:

1. Trust: Spending time apart can present itself as a challenge for a couple's commitment. This means that you and your partner both need to trust each other in order for the relationship to survive. If either one of you gets paranoid, there's going to be trouble. But if your trust can tolerate the long distance, it'll make your relationship grow stronger.

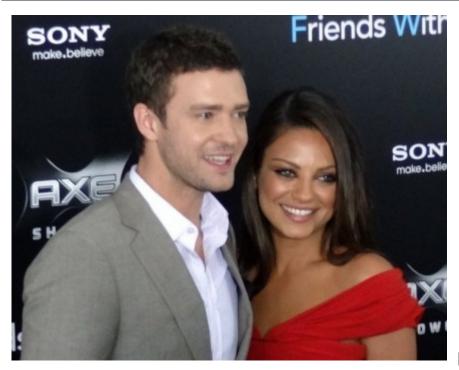
2. Communicate: Fortunately, contemporary media enables us to overcome geographical barriers. So, being physically apart does not mean you can't still interact on a daily basis. It's important to frequently keep each other in the loop.

3. Be romantic: Ironically, it's likely that your distance has brought you closer. Not being able to see each other every day will hopefully teach you to appreciate each other's presence. So when you do have a chance to reunite, take advantage of it and express your love for each other.

How can you handle the time apart from your partner? Share your ideas!

Jewel and Ty Murray Welcome a Baby Boy





Looks like Jewel

will be singing lullabies to her new baby boy, Kase Townes Murray. Jewel, the co-host of Bravo's new hit show 'Platinum Hit' found out she was pregnant the first day of filming for the show, according to <u>People</u>. The singer was overjoyed when she found out she was expecting a child with Ty Murray, because she was having troubles conceiving. Unfortunately, she was involved in an accident where she was hit by a fire truck back in March while 5 months pregnant. Luckily, she and her unborn child were unharmed and the rest of her pregnancy was easy sailing!

How do you deal with pregnancy side effects at work? Cupid's Advice:

Being a career woman and a new mom is definitely a lot to

handle, and when you throw in some side effects from the pregnancy, forget about it! Cupid has some tips on how to deal with pregnancy side effects at work:

1. Focus on work: Don't let the side effects of your pregnancy get to you. If you're distracted by your work, it will help to forget your upset stomach (and other aches/pains).

2. Try some different techniques: If you feel like you're dealing with a lot of side effects from your pregnancy at work, try to do some simple relaxation or breathing techniques to keep your mind off of the symptoms.

3. Embrace them: Yes, maybe having morning sickness or undeniable cravings can be rough at work, but embrace them and accept that it's all part of motherhood. It will be a lot easier to cope with them if you're willing to acknowledge that it's all worth it in the long-run.

What are some ways you deal with pregnancy side effects at work? Share your thoughts below!

Prince William Says He's 'Not a Good Loser'





As part of their visit to California, Prince William and Kate paid a visit to the Santa Barbara Polo & Racquet Club in Carpinteria this Saturday and played in a polo match. Before he played, William gave a brief speech in which he jokingly admitted he's "not a good loser," according to <u>People</u>. The Duchess smiled and clapped as her Duke went on to score four points for his team, which won four to five.

How do you handle your beau's competitive side?

Cupid's Advice:

Having a competitive partner can be tough, especially if you're not into the whole "winning" shebang. If you've ever been in this situation, you probably know how hard it is to tolerate your boyfriend or girlfriend's competitive spirit. Cupid has some advice for easing off the stress:

1. Be supportive: Take a hint from Duchess Kate and cheer your partner on as he or she engages in competition. You may be tempted to avoid that tennis match your sweetie takes way too seriously, but don't. Show you're there for him or her and take an active interest. 2. Celebrate together: There's no better way to let your partner know that you really want to be a part of his or her life than by celebrating his or her successes. Celebrate victories as a couple.

3. Relax them: Not every day is a winning day. Remind your partner that winning isn't everything. Yes, it's important to be supportive and take his or her interests seriously, but at the same time you don't want it to get out of hand. Give him or her a calming massage.

How have you dealt with a competitive beau? Share below.

Choose the Perfect Perfume for Your Guy





By Sarah Ellis

A smell can ignite a flood of memories. Your mom's perfume may remind you of snuggling with her as a child, and your fruity body splash may remind you of awkward middle school days where you passed notes to your best friend and giggled about your crush. Your first boyfriend's cologne may remind you of your first kiss and innocent love. And like these memories all hold a special place in your heart, you want your perfume to be a sort of signature, right?

Perfume is personal. It's meant to be an intimate adornment – something that's noticed when your guy leans in to give you a kiss or gets a whiff when he whispers in your ear. And I'm here to tell you there's more to buying perfume than choosing it by how it smells in the bottle.

Have you ever noticed how you'll spritz a perfume sample in the air at the store, fall in LOVE with it, make the purchase, but later realize that it doesn't smell quite as good as you remember? Perfume actually reacts with your body chemistry, which can affect the way it smells after you wear it.

There's one rule you MUST follow when choosing a scent: Don't choose a perfume based on which celebrity endorses it or by

how adorable the product packaging is, no matter HOW posh they make the bottle look! If you're investing in perfume, you don't want to be wasting money on a scent that you'll end up hating. Trial and error is crucial.

The most common scent categories:

- Musky
- Floral
- Fruity
- Fresh
- Amber or Oriental
- Wood or Pine
- Citrus
- Gourmand (a fancy term for dessert fragrances, typically vanilla, cake, or other decadent treats)

Perfumes are pretty complex in nature, as they're made up of "notes" that take on different layers. There are top, middle and base notes that, when played together properly, mix into a lovely scent. The top notes are immediately recognizable when you apply the perfume. The middle notes will emerge right after the top note dissipates, and you may not notice the base notes for up to 30 minutes after you've applied the scent. Different combinations of these categories make up different fragrances. Mixologists spend their days playing with different essential oils and finding unique combinations.

If you're unsure of what type of fragrance you prefer, get playful! Although most of us run away from perfume counters while shopping, discussing fragrance with an expert is truly fascinating. Take a shopping pal and ask some questions! Have fun playing, but don't be pressured to purchase immediately. Spritz the fragrance in key areas: wrists, neck, decolletage (because it sounds classier than cleavage), or behind the ears. But don't overdo it! Perfume is meant to be intimate, not overpowering. And ask your guy what kind of scent he prefers. Everyone has different tastes, and while you should ALWAYS choose for yourself first, it's fun to indulge your guy in this way. My high school boyfriend *loved* vanilla perfume, and it was fun to get compliments on how lovely I smelled!

Find your signature scent, and it will serve you through the years. It will also bring back a flood of memories as you grow and change.

While Sarah Ellis wouldn't exactly label herself as a perfume expert, her time spent working the beauty counter certainly did give her a one up on the average shopper! In her day job, she enjoys sharing style advice for pairing affordable handbags with equally fabulous ensembles at Handbag Heaven. And she's always on the lookout for affordable ways to be more fabulous.

Minka Kelly Cheers for Boyfriend Derek Jeter's 3000th Hit





Saturday was a time of ultimate applause for Yankees baseball player, Derek Jeeter. With Jeeter's 3,000th career hit against the Tampa Bay Rays at Yankee Stadium, he landed a home run that has made him the first Yankee and the 28th player to reach a milestone in Major League baseball, according to <u>People</u>. There to witness her beau making history was Jeeter's girlfriend Minka Kelly cheering him on. In fact, Jeeter had a luxury box full of support. Kelly shared in the applause for her boyfriend alongside his family and friends.

How do you show support for your partner's career?

Cupid's Advice:

You may not actually be interested in you partner's career, but that doesn't mean that you should pay it absolutely no attention. So listen up. Cupid has some advice:

1. Hear your partner out: If your companion is giving you a description of his or her job and and what he or she likes or doesn't like about it, listen intently. Try to put yourself in his or her shoes. Understanding your partner is key.

2. Show interest: Occasionally ask about his or her career.

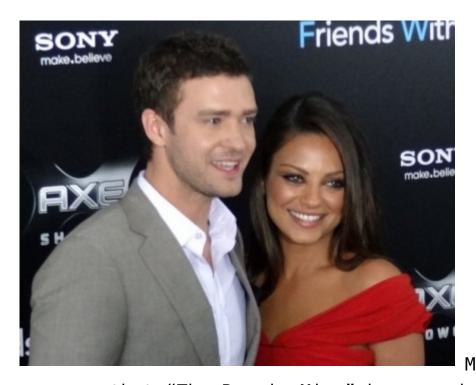
This doesn't mean that you have to have a full blown conversation about your partner's job, but something as simple as "How was your day at work? Did you get _____ done the way you said you would?" can go a long way to show you care.

3. Help to prioritize: If you feel your partner is juggling between priorities and you notice that his or her career is being put on the back burner, step in and remind him what his career means to him. Be his support. He will see that you have his best interest at heart.

Have something you would like to add? Don't be shy, share your comments below!

Singer Monica and LA Laker Husband Have Second Wedding





Monica showed

everyone that "The Boy is Mine" by marrying Los Angeles Laker Shannon Brown – again. <u>UsMagazine.com</u> reports that the pop singer threw a huge party in Los Angeles last weekend to celebrate her nuptials, even hiring a celebrity wedding planner. Monica, 30, and Brown, 25, and their guests dined on food from Fat Burger and enjoyed a Charm City Cake. The couple, who was first married in a small private ceremony at their L.A. home last November, met each other on the set of Monica's music video for her single "Love All Over Me."

What are some reasons to have a second wedding?

Cupid's Advice:

Sometimes your love is so good, you need to celebrate it twice! Cupid has some ideas on why having a second wedding is a good idea:

1. Small ceremony: If you initially got married at city hall or at an intimate ceremony, you may want to walk down the aisle again just to have a big blow-out party like Monica and Shannon Brown did.

2. Renewing vows: Some couples renew their vows as often as

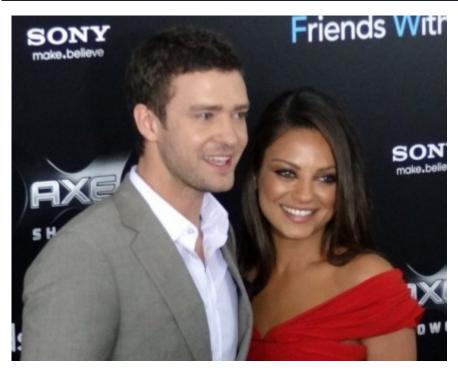
once a year. If you want to reaffirm your commitment to one another, why not have a second wedding?

3. Pleasing everybody: Maybe your hubby wanted a small ceremony, but you wanted an extravagant wedding. What better way to satisfy you both than by getting married twice?

Would you ever consider having a second wedding? Share your thoughts below.

Kiefer Sutherland Splits With Longtime Love Siobhan Bonnouvrier





Bad boy Kiefer

Sutherland is back on the market after splitting from longterm girlfriend Siobhan Bonnouvrier. <u>UsMagazine.com</u> reports that the couple was together for nearly three years. According to a source, "They've split for now," but things are "transitional and ever changing." Sutherland has been married twice before and was engaged to Julia Roberts in 1990 before she called off the wedding.

In an on-again-off-again relationship, when is it time to call it quits for good?

Cupid's Advice:

When you and your mate find yourself constantly breaking up and making up, you'll reach a point where you can't go on. Cupid has some tips on when to end an on-again, off-again relationship for good:

1. Same fights: When you and your partner keep having the same fights over and over and can't seem to resolve your issues, it might be time to break up.

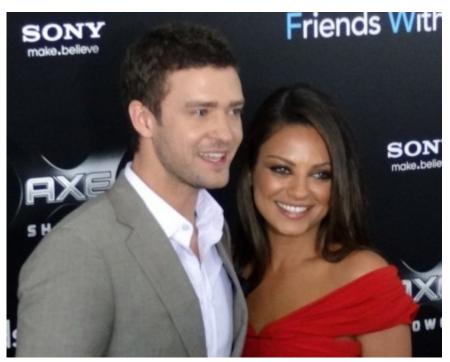
2. Unwanted stress: If your relationship is contributing more stress to your life, you should consider ending it. Your significant other should make you happy, not anxious or angry.

3. No stability: Sometimes even when you're crazy about someone, you just don't need the emotional rollercoaster. If you want something permanent and long-lasting, it's time to end your on-again, off-again relationship.

What would have to happen to make you decide to permanently end an on-again off-again relationship? Share your comments below.

Lady Antebellum's Hillary Scott Is Engaged





There was yet

another reason to celebrate on July 4th, as Chris Tyrrell proposed to Hillary Scott during a romantic sunset on Independence Day. "Chris proposed exactly the way I've always dreamed. Our families were close by, but it was just us out on a beautiful deck overlooking a lake in East Tennessee," the Lady Antebellum lead singer told <u>People</u>. The proposal was romantic, yet casual, as it took place during a hike and the couple was wearing work-out attire. Although the wedding date is not yet set, the couple looks forward to "forever together."

What are some laid back yet memorable ways to propose?

Cupid's Advice:

It can be tricky to strike a balance between simple yet

special ways to propose to your loved one. Cupid has some advice on how to make your engagement low-key, yet a memory you will treasure forever:

1. During your favorite activity: Do whatever you enjoy doing together, whether it's going for a hike, like Hillary Scott and Chris Tyrrell, or watching a movie. What matters is that you're surrounded by a serene atmosphere, so that you can tune in to each other.

2. At home: When your sweetie gets home after a day at work, surprise him or her by laying out some rose petals in the bedroom and playing some soft music. Then get down on your knee and pop the question. This is a romantic way to propose, yet it doesn't involve anything extravagant.

3. During a meal: Presenting the sparkler over dinner at home or at a restaurant can be a spontaneous way to ask the question. You don't have to follow the scripted ring-in-the-food technique. Just go with your instincts.

Do you have any ideas for a creative proposal? Share your thoughts below.

Prince William and Kate Squeeze In Alone Time In

Canada





Kate Middleton might be busy while sightseeing abroad, but that doesn't mean they weren't able to spend some time alone together. *People* reported that the royal couple had three hours of solitude while visiting Canada's Northwest Territories known as "Honeymoon Island" on Tuesday. The area is known to have the slowest sunset on the planet, which the royal couple was able to enjoy. This is said to be the second time the couple were able to spend the day together alone. On Canada Day, Prince William and his wife paddled a canoe and had a picnic in a log cabin.

What are some creative ways to enjoy quality time together alone?

Cupid's Advice:

It's nice to spend time with a group of people, but sometimes

enjoying quality time alone with your love is important. Here are a few ways to do just that:

1. Road trip: Take a few days off and hit the road with your partner. You'll both discover new places and interests when you don't have an exact destination to visit.

2. Picnic: Pack your love's favorite food and take him or her on a picnic. Plan on setting the picnic area on top of a hill or at a park that lacks visitors.

3. Dinner at your place: Invite your significant other to a meal at your house. Your partner will feel special when you take the time to cook for him or her versus going out to a restaurant.

Do you have other ways to enjoy quality time with your love? Share with our readers by commenting below.