

Sherri Shepherd Ties the Knot With Longtime Beau



The View has another

newlywed on its hands. According to [People](#), Sherri Shepherd married fiancé, Lamar Sally, in her hometown of Chicago at the Fairmont Hotel on Saturday. Co-host, Elizabeth Hasselbeck, served as one of her eight bridesmaids along with Nicey Nash and Yvette Nicole Brown. The bride shared her wedding jitters with her Twitter followers tweeting things such as, “What happens when you are in your wedding dress and you have to tinkle? Uh-oh!”

How do you decide whom to include in your wedding party?

Cupid’s Advice:

With all of the factors you have consider, such as friends, family, and who included you in their wedding, choosing a wedding party can often be difficult. Here are some ways to

make it easier:

1. Family first: Start with the people with whom you are closest. They don't necessarily have to be biologically related to you to feel like family.

2. The type of wedding: Do you want a large wedding or a small one? If you choose a small wedding, then the wedding party should also be minimal.

3. The weddings you have been in: Just because you were in someone's wedding doesn't mean you have to ask them to be in yours. But, you can give them extra consideration.

How big of a wedding party do you plan on having? Share your ideas below.

Bachelor Pad 2: Jake Pavelka Asks for Help From Vienna Girardi





Reality star exes

Jake Pavelka and Vienna Girardi may have been previously engaged after the 14th season of the *Bachelor*, but it turns out the two are definitely at odds when it comes to working together on the new season of *Bachelor Pad 2*. A preview shows an almost defeated Jake Pavelka asking to make an alliance with Girardi as a last resort to remain in the competition, according to UsMagazine.com. Girardi doesn't seem very keen on the idea, though, since she is still hurt and is finally happy and moving on with her new beau Kasey Kahl. The pair are rumored to be looking for an apartment in Los Angeles together.

What are some reasons to get rid of expectations of your ex-partner?

Cupid's Advice:

It's difficult to get over a prior romantic fling, especially an engagement like Jake and Vienna's, but Cupid has some advice on why you should get rid of the expectations of your ex:

1. You get hurt: If you're holding out hope that your ex will change his or her ways, you're going to have expectations that he or she won't be able to meet, and it will let you down. If

you're trying to move on and not get hurt, don't look back.

2. It'll make it difficult to move on: If you continue to have expectations of your ex, it will make it very difficult to move on and become happy again. In order to move forward, you have to realize that you aren't with your ex for a reason and drop the expectations.

3. You second guess: Even if you're ready to move past your previous relationship and find someone new, if you hold on to expectations of your ex, you may second guess your new mate. This can lead to trust issues.

What are some reasons to get rid of expectations of your ex-partner? Share your thoughts below.

The Reason 'Bachelorette' Ali Fedotowsky Delayed Her Nuptials to Roberto Martinez





Ali Fedotowsky is happy with her recent decision to delay her wedding to Roberto Martinez. According to UsMagazine.com, the couple was engaged in May of 2010 and one of the main reasons for putting off the nuptials was that her knee surgery in July, which made Fedotowsky unable to hit the gym. She wants to get in some good gym time before the big day ... and she'd also like to walk (instead of hobble) down the aisle. Though the couple aren't in a rush to get married, there could perhaps be a wedding next summer.

What are some good reasons to put off your wedding for the time being?

Cupid's Advice:

In our society, people often feel pressured to get married quickly, but that isn't always the best course of action. Here are some good reasons to postpone your wedding:

1. You're not ready: If you're really having doubts that go beyond cold feet, it's okay to wait to get married. Being absolutely sure is the most important thing.

2. The kids: If you have young children that don't fully understand what is going on and what the changes in your life

mean for them, you might want to wait a little longer.

3. Money issues: If you find that you can't afford your original plans, which is very common in this economy, take a step back and regroup.

What are some other reasons to put off a wedding? Share your thoughts below.

'The Help' Star Viola Davis Plans to Follow Hollywood Trend and Adopt a Child



Yet another celebrity is jumping on the adoption bandwagon, reports [Hollyscoop](#). At the premiere of her new movie *The*

Help, Viola Davis and husband Julius Tennon confirmed that they are about to adopt a baby domestically. This is the first child for the couple and third for Tennon, who has two children from previous relationships. Davis is following in the footsteps of many celebrity moms who have also recently adopted, including Sandra Bullock and Denise Richards. Bullock adopted son Louis Bardo after splitting from husband Jesse James. Denise Richards, who has two children with Charlie Sheen, adopted daughter Eloise Joni around the time her new book, *The Real Girl Next Door*, was released. Who will be next?

How do you decide whether to adopt a child or not?

Cupid's Advice:

The decision to adopt a child is extremely important and should not be taken lightly. Cupid has some tips on how to decide if adoption is right for you:

- 1. Timing:** Deciding to adopt requires the same amount of thought and preparation as having a child naturally. If you and your mate are emotionally ready to take on the responsibility of raising a child, then consider adoption.
- 2. Money:** Adopting a child is very expensive. You and your partner must be financially stable before you consider it.
- 3. Other options:** Nowadays, there are a lot of different ways to have kids. Consider all the other options, like having a child naturally, through a surrogate or becoming a foster parent before you settle on adoption.

What are some other factors to consider when deciding whether to adopt? Share your comments below.

Justin Beiber Plays Cupid for Kendall Jenner



It appears as if Justin Beiber is extending his talents outside of music and into the matchmaking industry. The 17-year-old singer has been trying to set up friend Kendall Jenner with his writer/producer buddy Julian Swirsky. Her response, "Only if you and Selena Gomez join us. Double date," she tweeted Tuesday. However, Jenner may not have time to date. The Kardashian 15 year-old kid-sister will be the new face of Leah Madden's summer 2012 swimwear campaign, Pirouette.

What are the advantages to trusting your friends to set you up on dates?

Cupid's Advice:

It's always good to have faith in your friends, but how relevant is that in the dating realm? Cupid takes a look at the pros:

1. Trust the right friends: You may want to ask your friend what their motives are for setting you up. If they seem less than admirable, then be cautious.

2. 'The Right Stuff': The ideal friend sets you up with someone who compliments you very well or someone with which they see you having a good time.

3. Awkward turtle: On your blind date, try to make it more of a social gathering, because it helps ease tension and should help prevent some awkward moments.

Have you ever had a friend set you up on a date that went terribly wrong? Share your experiences below.

Bachelor Pad 2: Kasey Kahl Says He'd Love Vienna With Any Size Nose





Reality TV

lovebirds, Vienna Girardi and Kasey Kahl really seem to love each other inside and out, according to [People](#). Girardi may have felt she wasn't pretty because of the size of her nose, but boyfriend Kasey Kahl says, "I honestly think she's gorgeous and beautiful inside and out so it doesn't matter to me." So even though her beau feels she's perfect, he flew out to Houston to be with Girardi during her rhinoplasty in July. As if that wasn't sweet enough, Kahl also told Girardi, "I am here for you and I support you no matter what you want to do" after the surgery. That's true love right there.

How do you know when your partner loves you, for you?

Cupid's Pulse:

It's tough to know if your beau really loves you for you, but Cupid has some tips on how to tell if your partner is real with you and cares for you no matter what:

1. They don't try to change you: Yes, everyone tries to change their significant other a little bit, whether it be their wardrobe, their eating habits or even the TV shows they watch. How you know the 'change' is going too far is if your partner is forcing you into changes you can live without.

2. They are honest with you: Kasey Kahl didn't feel that girlfriend Vienna Girardi needed a nose job, and he even told her he loved her inside and out despite any size nose she had. If your honey is honest with you and isn't afraid of sharing his or her opinion, that's a sign they are here for all the right reasons.

3. They support you: Even if you and your mate don't agree on something, he or she should always support you. Like Kahl said, he is there for Vienna Girardi no matter what. Simple things like that will show you that your boo is for real.

How do you know when your partner loves you, for you? Share your thoughts below!

Levi Johnston's Sister Says Her Brother and Bristol Planned Unplanned Pregnancy





Things are heating up again between the Palins and the Johnstons. According to [People](#), Mercede Johnston has been bashing the Palins. She accused Sarah Palin of using Levi Johnston as a “prop” for her 2008 presidential campaign. She called Bristol Palin a “sociopath,” who planned her pregnancy, which she strategically announced when her mother joined John McCain’s campaign. Mercede also claimed that Bristol’s and Levi’s engagement was part of the fabrication to prevent Levi from speaking out against the Palins.

What are some reasons *not* to have a child?

Cupid’s Advice:

Most of us probably don’t have a soap opera kind of ex-girlfriend who uses her pregnancy in a manipulative kind of way. But there are perhaps other reasons why you should not have a child. Cupid has some ideas:

1. Stability of relationship: If you’re considering whether or not to have a child with your partner, analyze the state of the relationship with that partner. If you’re in a fragile place, there’s no need to rush to be a parent. Take it easy and wait until your relationship is more secure. You want your child to grow up in a nurturing, loving place.

2. Work: Have you considered the job situation? If you're in a not-so-stable place, either because you're looking for a solid position or because you're trying to work your way up a notch, you may want to hold off on the baby situation until your professional life gets a little more certain.

3. Doubts: If you or your partner feel uncertain when it comes to the idea of having a baby, you're probably not ready to be parents. Before you plan to conceive, you should both discuss whether you feel that parenthood is right for you. It's okay to not feel 100% ready, but this should be something you're both sure that you want.

Are there any other reasons someone may not be ready for parenthood? Share your thoughts below.

Bachelor Pad Stars Vienna Girardi and Kasey Kahl Are Moving In Together





The new season of *Bachelor Pad* recently premiered, and just as new reality stars are moving in for the cameras, reality TV stars Vienna Girardi and Kasey Kahl are looking for a pad to call their own. According to [People](#), the love birds are looking for a nest somewhere in Los Angeles. Girardi said, “We are looking at apartments and will take the next step in our relationship.” Sounds like love is truly in the air for these two, who started dating several months ago and have been going strong ever since.

What are some ways to tell it’s time to move in together?

Cupid’s Advice:

It was easy for *Bachelor Pad* stars Vienna Girardi and Kasey Kahl to figure out it was time to move in together because they knew they were ready to take their relationship to the next level. Cupid has some advice on how to know when the time is right to make the big move:

1. You love each other: As if this point wasn’t obvious enough, if the two of you truly love each other, the next step is to make sure you’re really compatible as a couple. Living together is the ultimate test because it allows you to fully know your partner and his or her everyday quirks.

2. You're practically always together: If you and your beau are always together, the most rational thing to do would be to make the big move and see how things pan out. This can help bring the two of you closer together or show you that that two of you maybe aren't ready for such a serious commitment. Plus, you'll also save money on rent and/or household expenses.

3. You want to take it to the next level: A good way to know you're ready to move in together is to realize that you and your mate want to take your relationship to the next level. Take some advice from Vienna and Kasey: you know it's time when the two of you know you want things to go further.

What are some ways to tell it's time to move in together? Share your thoughts below!

Five Dates That Will Brutally Backfire





By Sam Greenspan

There's a fine line between thinking of innovative ideas for dates and ending up with disastrous thoughts for dates. About five years ago, I happened to see that a circus from Mexico was here in Los Angeles. I had a first date that night and took the girl to that circus, even though neither of us spoke Spanish. I thought it was brilliant and would help us bond. She got an "emergency call" from her "grandma" who had suddenly come down with "dying" and left after 45 minutes. That's a date backfire on a grandiose scale.

In my semi-bestselling book *11 Points Guide to Hooking Up*, I have a list of 11 Dates That Will Brutally Backfire. Because I blew through 25 percent of my allotted words for this guest post with that circus anecdote, I will only be able to relay abbreviated snippets of five of them:

1. Comedy club: Because somehow, every comedian on the planet has a built-in radar for a nervous couple on a first date. It must be a side effect of cheap beer and mild depression. Anyway, he'll joke you guys right into never seeing each other again.

2. Massages: The problem is, a good masseuse takes you to a place in a different realm than sex. Afterward, you and your

date won't want to be physical with each other – it'll just ruin how good your neck and shoulders feel.

3. Your friend's party: You know everyone there. Your date doesn't. It'll be hard to get to know each other while you talk to your friends and he or she just kinda awkwardly hangs at your side like you're Tom Hanks and he or she is Rita Wilson.

4. Errands: Twice in my life (with about 10 years' separation in between), a girl ran errands while we were ostensibly on a date. And all I could think of both times was, "You think our date's going so poorly that *errands* are going to liven it up?" Especially the time the girl diverted us to a post office so she could mail her taxes. In January. She wasn't in that much of a rush.

5. An overnight trip: Save the overnight trips for when you actually know each other. There's nothing worse than realizing 20 minutes into a two-day trip that you really don't like each other. (Other than realizing it 20 minutes into a two-year relationship, like Ben Affleck and Jennifer Lopez.)

Sam Greenspan is the founder of the website 11Points.com (because top 10 lists are for cowards). His first book, the 11 Points Guide to Hooking Up, just came out in June.

'Bachelorette' Ashley Hebert and J.P. Rosenbaum Celebrate

Celebrity Engagement in NYC



A congratulations is in order for *Bachelorette* star [Ashley Hebert](#) and her fiancé [J.P. Rosenbaum](#), as they celebrated their [celebrity engagement](#) over the past weekend. [UsMagazine.com](#) reports the couple enjoyed a lovely dinner at hotspot Beauty and Essex. Saturday included breakfast at Coffee Shop in Union Square and some time with friends, including Chrystie Hebert-Corns, Hebert's sister who initially rejected Rosenbaum. Now, the two are on "good terms," according to one source. That night, Rosenbaum threw a party for his friends to meet his celebrity love. Treats at the party included massive cupcakes from *Cake Boss* star Buddy Valastro. Throughout the weekend, the pair were said to be "good sports" and just enjoyed being an open celebrity couple. "They're so happy to be able to just be a couple and show everyone how in love they are with one another," an insider said.

***The Bachelorette* couple celebrated their celebrity engagement in style. What are some creative ideas for engagement parties?**

Cupid's Advice:

The best engagement parties don't only have to be for celebrity engagements! Anyone can throw a fun and unforgettable night. Here are some of Cupid's tips when attending or planning a party to celebrate love:

1. Give a special gift: The best gifts don't have to be expensive. Try to think of something useful or unique to the relationship. Anything personalized or monogrammed is great too!

Related Link: [April Fools? T-Pain Says Famous Couple Robert Pattinson and FKA Twigs are Engaged](#)

2. Be inspired by their relationship: It's always fun when the party can somehow tie into the couple's relationship and love. For example, plan dinner at the restaurant of their first date or head to a bowling alley that they frequent. The more original, the better!

Related Link: ['Bachelorette' Famous Couple Ashley Hebert and J.P. Rosenbaum Talk About Life With Newborn Son Fordham](#)

3. Keep it simple: An engagement party doesn't have to be over the top. Sometimes, just inviting the right people and kicking back with them is all you need to have a great time.

What was your engagement party like? Share your experience below.

Hollywood Actress and Socialite Alexandra DiNovi Opens Up For the First Time About Her Virginity and Saving Herself for Love



By **Vicky Sullivan**

of **Aspiring Socialite**

It was only a few years ago when Hollywood actress and socialite, Alexandra DiNovi, was discovered in a restaurant in her hometown of Hinsdale, Illinois. Soon after, she was dancing with Vince Vaughn in the poker scene of *The Break-Up*.

Having been romantically linked to celebrities, such as Jack Osbourne, DiNovi has a lot to say on Hollywood dating.

However, despite the temptation and appeal of the glamorous red carpet life, she remembers to stay true to herself and her values when it comes to relationships.

In 2010, DiNovi took home Best Actress at the New York Film Festival for *Purity: A Dark Film*, a short film about virginity, sex, and emotion that she wrote, directed, and starred in. Seeing that art often imitates life, much of the film is based on real events in her life, including her virginity. For the first time ever, this rising star is opening up about her very personal decision to remain pure and save herself for love. As she explains it, "Love isn't about sex; it's about friendship and respect."

How much of your personal life was incorporated into the film *Purity*?

Most of it was completely true.

I heard you wear a purity ring. Can you tell us more about it?

I bought myself a purity ring the week before I moved to L.A. I had it shipped to myself because I wanted to remember to stay true to myself in L.A. I wanted a constant reminder of who I am and what I believe in. I was thinking I would be dating different types of guys, and I didn't want to lose my virginity or myself to some random hot guy.

Why is saving yourself for love so important to you?

I think that my soul mate will appreciate me giving my body and soul to him. He won't be sharing me with anyone else. When I do fall in love, I will love him unconditionally.

What advice would you give girls looking to save themselves for the right one?

What is the point of having sex without love? That doesn't even make sense to me. Sex is a special gift, and it's really supposed to be for marriage. It is something that soul mates share. I wouldn't have it any other way. I've been in love, so I understand how the rush feels. I won't settle for sex without love ever. Self-control is underrated in our society.

How would you describe true love?

I've been in love once in my life, and it's the best feeling in the whole world. Sometimes, you can't even eat. It's like an entire body high. Love is patient. True love is not about sex. It's about friendship. True love has to do with a genuine partnership where two people love unconditionally, forgive, and respect each other. It has to do with listening and being there for each other always.

Who is your celebrity crush?

I have a few crushes, and I'm actually already talking to them. The only other slight celebrity crush that I have is Ryan Phillippe. He's such a cool guy. I admire him. I also think he has a great work ethic, especially regarding health and fitness. Ironically, I like bad boys.

What do you look for in a guy?

I like a guy who is genuine, athletic, and fun to be around. He has to make me smile a lot. I love a playful guy who I can laugh with.

What do you do to get ready for date and where do you like to go?

I work out, head to the steam room, get a few new dresses, get my hair and nails done, and assemble the perfect outfit (preferably with one of my gay friends). I have two favorite "secret" spots where I like to go when I'm on a date in West Hollywood. One is a private hotel and the other is a low key

Italian restaurant that has a great vibe.

How do you keep yourself from giving into temptation?

It's sometimes a challenge when guys who I admire want to hook up, and there's nothing behind it. I think that sex is empty without love. I used to date this actor and he always told me that. We're still really close. He said, "From my many sexual experiences, sex without love is meaningless." This is coming from an extremely attractive movie star. He encourages me to wait for my soul mate. Although, he often tells me he thinks we will end up together and that I am his ideal wife. Who knows? We might.

To learn more about Alexandra DiNovi, visit her website at www.AlexandraDiNovi.com. You can also follow her on Facebook and Twitter.

Susan Sarandon Says Her Son-in-Law To-Be Is 'Fabulous'





Susan Sarandon is excited about daughter Eva Amurri's engagement to the "fabulous" Kyle Martino. The proud almost mother-in-law is not taking part in the wedding planning, however. Sarandon told [People](#) that Amurri is "very smart and very organized" and that she "trust[s] her judgment." But that doesn't mean she's not assisting in other ways, from finding the right cake topper to advising Amurri on her gown.

What do you do if your parents don't like the person you're going to marry?

Cupid's Advice:

Not all of us have mothers who, like Sarandon, would use the expression "fabulous" to describe our spouse-to-be. In fact, many of us have probably been in the situation in which our parents disapprove. It's a difficult place to be in, but Cupid has some advice:

1. Get them to talk: First of all, you need to figure out why it is that your folks disapprove of your spouse-to-be. Is it because they don't think he or she is good enough for you? Is it simply because they're afraid of losing their child? If

you sit down and have a word with them, at least you'll have something to work with.

2. Talk to them: So you've given them their chance to explain themselves. The floor is now yours. Tell your parents that you love your partner and want to be with him or her. Show them that the relationship makes you happy and you hope that they can be happy for you. Talking about it directly will make it easier for them to accept the marriage.

3. Be patient: Your folks may be disapproving for the time being. That said, be patient. Allow them to get to know your partner better and find common points of interest. Often times, our parents may feel an overprotective instinct toward our suitors because they perceive them as potential threats. With time, they may become more welcoming and let your partner into their hearts.

Do your folks disapprove of your fiancé? Share your story below!

Emma Watson Is Caught With a New Man





Emma Watson has cast her spell on a new man. The *Harry Potter* actress, 21, was spotted smooching actor Johnny Simmons outside a Santa Monica L.A. restaurant on Thursday afternoon, according to UsMagazine.com. Simmons, 24, is Watson's costar in *The Perks of Being a Wallflower*. According to an eyewitness, Simmons dropped Watson off at the restaurant to dine with friends, and they parted ways very cautiously. The pair "looked very loved up," the observer said. "Holding and hugging each other for awhile and playfully kissing. They seemed very open and not trying to hide their affection."

What are some things to consider when you're dating a co-worker?

Cupid's Advice:

You won't be able to keep dating a coworker a secret for long, so just expose yourself from the start. Here are three ways to do so:

- 1. Be open:** We understand that relationships are only supposed to be between the two people involved. However, when you're dating a co-worker, that theory isn't going to hold up. Everybody always knows everybody's business at the workplace. It's best you tell everyone about it before somebody else gets

the chance to.

2. Treat it like any other: Once step one is out of the way, there's no need to be secretive anymore. Treat your new relationship the same as you would any other. Let everyone else see you and your honey holding hands or even smooching on breaks. That's a sure way to make it known that it's official.

3. Be happy: Give your partner your all and love him or her completely. Don't let anyone's judgments get to you. Appreciate what you have while you have it.

What are some things you need to be cautious of when it comes to a workplace relationship? Share your thoughts below.

Tori Spelling Offers to Plan Shannen Doherty's Wedding





Tori Spelling has taken her wedding planning to the next level by offering a helping hand to former 9021 co-star Shannen Doherty, according to [People](#). Spelling, who has been keeping busy with her new show *Tori and Dean: sTORIbook Weddings*, would like to help Doherty plan as part of a yet-to-be-titled WE TV series next year. Spelling was approached by ET Canada about whether or not she would be interested in helping Doherty with her wedding, and Tori quickly replied “I’ll do the wedding” although she doesn’t know what kind of wedding she wants. Whatever her friend may want, Tori Spelling is up for the challenge!

How can you include your friends in wedding plans?

Cupid’s Advice:

Even though your wedding is your special day, it can also be a good idea to include your friends in your wedding plans in order to take some of the stress off of yourself and your family. Cupid has some ideas:

1. Theme suggestions: The theme of your wedding is something that everyone who attends will remember, and it sets your big day apart from everyone else’s. Have a brainstorming session with your friends, and make it into a party.

2. Opinions: Yes, your special day is “all about you”, but if you don’t want to be a birdezilla, let your friends share their thoughts on the wedding plans without totally shutting them down. Show that you care about what they have to say and actually listen.

3. Bridesmaids dress selection: The one thing every bridesmaid dreads is having to wear a hideous dress that gets stuck in the back of her closet, never to be seen again. So instead of forcing your friends to wear something just to make you happy, why not allow them to have some say in what they will wear?

Do you have any ideas on how you can include your friends in wedding plans? Share your thoughts below.

5 Steamy Summer Celebrity Couples





By Tanni Deb

Summer's arrival not only brings in warm weather, but also creates new relationships. New romance sparks – such as Hollywood's hot couple, Justin Bieber and Selena Gomez, while other couples' love for each other continues to grow. Since many relationships are emerging, here's a list of this summer's top five steamy celebrity couples who are hot as well as committed:

1. David Beckham and Victoria Beckham: The famous soccer player and his wife have been noted as the Brangelina of UK. They have four children and have been married for 12 years. Although there were rumors of David having an affair during their relationship, the Posh Spice said the news strengthened their marriage.

2. Will Smith and Jada Pinkett Smith: Married for 14 years, everyone's favorite Hollywood couple made *YourTango's* Top Ten Longest Hollywood Marriages list. What's their secret to a successful marriage? The couple agreed that "divorce just can't be an option."

3. Mark Consuelos and Kelly Ripa: The duo first met on the sets of *All My Children* and married in 1996. Ripa, the hilarious co-host of *Live with Regis and Kelly*, and her

husband were noted as one of Hollywood's Hottest Married Couples by *US Magazine*.

4. Orlando Bloom and Miranda Kerr: Who could forget about the Victoria Secret model and her husband who stole our hearts away in *Pirates of the Caribbean*? Married in 2010, the couple had their first child in January. The two are always making time for each other despite their busy schedules.

5. Brad Pitt and Angelina Jolie: Of course this list wouldn't be complete without Brangelina. Known best for their huge family – three biological and three adopted children – and their humanitarian efforts, they are referred to as Hollywood's power couple.

Want to see one of your favorite celebrity couples on this list? Let us know who in a comment below. In the meantime, lookout for new celebrity relationships this summer.

Ali Fedotowsky Postpones Wedding Due to Femur Injury





One of the few successful couples from ABC's *Bachelor/Bachelorette* franchise have canceled their wedding – but fortunately, not for good. Former *Bachelorette* Ali Fedotowsky and the man she picked, Roberto Martinez, had to postpone saying “I do” because Fedotowsky is still recovering from a femur injury. “We had a date set, and that date has now passed,” the reality star, 26, told [People](#). “The decision to postpone [the wedding] was very difficult. I definitely shed some tears.” Fedotowsky underwent surgery in July and said that they decided to defer walking down the aisle until she could actually, well, walk. “I don’t want to limp down the aisle,” she said.

What are some ways to decide when to have your wedding?

Cupid’s Advice:

It seems like setting a date for your wedding should be the easy part, but sometimes unexpected factors get in the way.

Cupid has some tips on how to decide when to say “I do”:

- 1. Seasons:** Love the heat? Or are you a winter weather fan? Lots of couples want their wedding to be in a certain season, so deciding on having a spring wedding, for example, should help you narrow down the date.

2. Family: If you really want your grandmother to be at your wedding, but she can only travel in the summer, you may want to plan your wedding around her (or other family or friends') availability.

3. Planning: When you're planning a huge wedding, you may need up to a year to plan everything. Think about how much time you need to prepare and set the date accordingly.

**Are there any other factors to consider when setting the date?
Share your comments below.**

Justin Bieber and Selena Gomez Show the Love at Teen Choice Awards





When it comes to celebrity couples and the media, the feuding couple is always more interesting than the happy pair. That's probably why there are so many rumors surrounding lovebirds like Selena Gomez and Justin Bieber. The young couple decided to put these rumors to bed at the Teen Choice awards by arriving together and engaging in various public displays of affection, according to UsMagazine.com. Bieber even stated that he couldn't wait to see his girlfriend perform, "Because she's awesome!"

What are some ways to squash break-up rumors?

Cupid's Advice:

Sometimes rumors surrounding relationship problems can be lethal and can actually lead to a split. To make sure that doesn't happen, Cupid has some tips on how to stop the poisonous talk once and for all:

1. Utilize social networking: Use tools like Facebook or Twitter to post loving pictures of you and your beau to show everyone that you most definitely have not broken up and are in a good place.

2. Plan a trip together: When two people plan a trip in

advance, it shows that you plan to be together for an extended period of time.

3. Ignore it: The best way to fight a rumor is to not buy into it at all. As long as the tall tale is not actually affecting your relationship, there's no reason to make yourself crazy trying to disprove it.

What are some rumors surrounding you and your relationship and how are you handling them? Share your experiences below.

Is Scott Disick Heading Back to His Partying Ways?



After going through rehab and alcohol counseling in 2010, Scott Disick claims he's been laying off the booze. But Kourtney Kardashian is worried

that her baby daddy is reverting back to drinking. According to UsMagazine.com, in Sunday's episode of *Keeping Up With the Kardashians*, Disick had to fly to Las Vegas and reassured his girlfriend that it was for business, but the hot mama was concerned when she dropped him off at the airport and saw Disick's friends drinking champagne.

How do you help your man with an addiction to partying?

Cupid's Advice:

If your partner has an addiction to partying, this may be a touchy issue. You're in a difficult position if you're trying to help your man with his problem, but he's pushing you away. Cupid has some tips:

1. Get help: You've probably already tried to get him to an AA meeting, but without much success. If he's reluctant toward seeking help, you can't physically drag him. You may not be able to control him, but you can control your own behavior. So start going to those Alc Anon meetings and get informed. You may get the advice you need to feel prepared to deliver an effective intervention.

2. Set limits: You may be afraid to offend him, but you have to be firm. Tell him that when he's drunk, you don't want to be around him ... and then stick to this rule. If he's thinking of calling in sick at the office, but you know he's actually suffering from a hangover, forbid him from taking the day off. He's gotta own up to his actions and you won't let him get away with it.

3. Confront him: Aside from delivering a formal intervention, you also want to communicate with him informally. He's probably in denial, and you'll have to shake him out of it. Keep emphasizing that his drinking is a disease and that it's unacceptable.

Is your partner a hard-core partier? Share your story below.

Jennifer Lopez Isn't Sitting Around Crying After Split



Jennifer Lopez could not be more relieved to be out of her seven-year marriage with Marc Anthony. According to [People](#), while Anthony called the split “painful,” J. Lo is at peace and moving on with her career. The singer/actress’ two current major projects are shooting the movie *What to Expect When You’re Expecting* and renewing her contract as a judge on *American Idol*.

How do you deal with going back to work after a tough break-up?

Cupid’s Advice:

After a break-up, you may not be ready to date again or even

have a night out on the town with friends, but you usually don't have a choice about going back to work. Here are some ways to make it through the work day post-break-up.

1. Focus on the task at hand: Going to work can actually be a positive thing after a split. Dive into your work. Not only will you be more productive than ever, but you'll forget all about your ex.

2. Get a new outfit: Break-ups may mark the end of a relationship, but they're really all about new beginnings. Show up to the office on Monday feeling fresh in a new outfit and hairstyle.

3. After-work drinks: Invite your co-workers out for drinks after work. Who knows? You may find your next love interest by getting out there.

How else can you manage life at the office after a break-up? Share your thoughts below.

Christina Applegate Says It's Been Rough to Work Post-Baby





Christina

Applegate's new sitcom on NBC, *Up All Night*, mirrors that of her own life these days. The show centers around a couple with a new baby trying to balance parenting with their careers. Being a new mom herself, Applegate gave her thoughts on the topic to [People](#). "It's a really hard thing to do because you miss them. But I'm doing well," said the 39 year old new mother, admitting that its "been so rough" since giving birth to her daughter Sadie Grace. Though her career is important to her, Applegate admits, "Parenthood just changed me in the sense that nothing really matters but [Sadie]. None of it really matters. The importance I placed on things prior to this moment, they don't matter anymore. All that matters is I get to go in there in the morning and see her face. She smiles at me and my life is better."

How do you know when it's time to go back to work after having a baby?

Cupids Advice:

1. Evaluate: Giving birth doesn't mean that you have to throw away all other dreams and goals when it comes to your career. Weigh the pros and cons of staying home and make an educated decision when deciding whether or not to go back to work.

2. Think about your happiness: Realize that being a stay-at-home mom may not be for you. While some women are natural housewives, giving up the career you worked so hard for may cause resentment toward your child or spouse.

3. Finances: Be realistic. Babies are expensive. If you can't afford to take years off to stay at home with your child, then don't do it. You'll be doing your baby a favor by having the money to give him or her a secure life.

How did you know you were ready to head back to work after giving birth? Share your experiences with a comment below.

'The Change-Up' Starring Ryan Reynolds and Jason Bateman



Family man Mitch (Jason Bateman) and his best friend Dave (Ryan Reynolds), a swinger with minimal responsibilities, head out for a typical night of drinking. When they wake up the next morning, instead of having a hangover, their lives became magically switched. After experiencing each other's day-to-day routines, they both work to find a way to switch back to their normal lives, attempting to cause as little damage as possible. *The Change-Up* should have its funny moments, if you enjoyed movies such as *The Hangover*, *Shanghai Knights* and *Wedding Crashers*. Expect a fair share of crude moments, causing a date night to be either successful or awkward, depending on your tastes.

Is it okay to be jealous of your single friends?

Cupid's Advice:

Ideally the answer would be "no", but sometimes on bad days, it's easy to lapse into jealousy. Cupid has some positive suggestions:

- 1. Count your blessings:** Take a page from the Christmas movie, *It's a Wonderful Life*. Try to recall all of the little blessings you take for granted and how your life would be different without them.
- 2. Hypothetically speaking:** Take some time to really think about your alternative life if were were to trade places with your friends. Although it's easier to look at the pros, ask yourself about the cons and possible consequences that come with being single again.
- 3. Love stories:** If all else fails, try to vividly remember

how you and your partner met and fell in love – then ask yourself if that’s really worth trading in for a life of debauchery.

Release Date: 08/05

Cupid’s Kiss Rating: 3 out of 5 kisses

Carey Mulligan and Marcus Mumford: Engaged After 5 Months?



Two talented Brits are ready to walk down the aisle ... after only 5 months! Carey Mulligan and her musician boyfriend, Marcus Mumford of Mumford & Sons, reconnected last winter after being childhood pen pals

in London. Mulligan, 24, and Mumford, 26, started dating seriously after the actress attended a secret Mumford & Sons show in Nashville in February. The Oscar-nominated actress had split from Shia LaBeouf last October. A friend of the two tells UsMagazine.com, "They're a great couple. Very sweet."

Is time a factor when it comes to getting engaged?

Cupid's Advice:

Some people believe that you should date for awhile before getting engaged, while others think that when you know you've found the one, why wait? Cupid has some advice:

1. Past the honeymoon phase: Once you've gotten past that initial butterflies-in-your-stomach phase and still want to be together, then you might be ready to walk down the aisle.

2. No point in waiting: Some people subscribe to the theory that when you know, you know. If you're 100% confident that you've found the one, there's no reason to wait any longer before getting engaged. Plus, you can always have a long engagement.

3. Living together: Time might also be a factor if you're considering moving in together. While opinions differ on whether to live together before getting married, if you want to take this step before popping the question, wait a little while to get settled before getting engaged.

How long do you think you should be dating before getting engaged? Share your comments below.

Eddie Cibrian Defends Criticism Over Wife LeAnn Rimes' Body



LeAnn Rimes is getting hit with the criticism that her weight loss may be the result of an eating disorder, even though she tweets every time she eats. “LOVE Thin Mint Cookies!” she said in one such tweet, according to [Hollyscoop](#). However, health expert Dr. Farid Zarif said that her weight drop could be due to stress. Regardless, her new hubby, *Playboy* actor Eddie Cibrian, defended her honor by calling her body “perfect.” “I think she looks wonderful,” he said. “She is very healthy, and to me—perfect.”

How do you know when to defend your partner's decisions?

Cupid's Advice:

Not all the time is everyone going to be ecstatic about a choice his or her partner makes. However, most of the time, we expect the ones we love to support us no matter what. But when is it OK to stick up for your significant other? Cupid has some thoughts:

1. Health conscious: Are you sure your partner's decisions will leave his or her health in good shape? As long as your mate's decision aren't affecting his or her well-being, you probably shouldn't step in.

2. The long run: Though it isn't always fun to think about the effects that decisions have long-term, you may as well get it over with sooner rather than later. It's the only way to know if a decision is truly a good one.

3. Eternal smile: Will this decision truly make your partner happy? If his or her smile will only be temporary as a result of this decision and will then turn to a permanent frown, then think a little harder about it.

Have you ever supported a partner's decision that you didn't agree with? Share your experiences below.

**Jesse Csincsak Hosts
'Bachelor Pad Beatdown' on
RTVZone.com**





The Season 2 Bachelor Pad Beatdown – Episode 1 from Patrick O'Neill on Vimeo.

The Season 2 Bachelor Pad Beatdown – Episode 2 from Patrick O'Neill on Vimeo.

The Season 2 Bachelor Pad Beatdown – Episode 3 from Patrick O'Neill on Vimeo.

The Season 2 Bachelor Pad Beatdown – Episode 4 from Patrick O'Neill on Vimeo.

The Season 2 Bachelor Pad Beatdown – Episode 5 from Patrick O'Neill on Vimeo.

The Season 2 Bachelor Pad Beatdown – Episode 6 from Patrick O'Neill on Vimeo.

After The Final Beatdown – Episode 1 from Patrick O'Neill on Vimeo.

After The Final Beatdown – Episode 1 Part 2 from Patrick

ONeill on Vimeo.

You've come to this post because you are obviously a fan of ABC's *Bachelor* and *Bachelorette*. Or, maybe you're just curious what a Beatdown is all about. If you're like many of us fans, you're probably wondering what it's like behind-the-scenes on ABC's hit matchmaking show and why your favorite contestant just denied a rose to a man who seemed so dreamy on camera. Now, you no longer need to sit alone pondering all those questions.

Season 4 *Bachelorette* winner, Jesse Csincsak has launched a weekly hour-long Webisode series called *The Bachelor Pad Beatdown*, which features a panel of 8-10 former Bachelor and Bachelorette contestants dishing about the current season of ABC's *The Bachelor Pad*.

You'll hear directly from folks who've not only been on the show but those who have won as well, including Trista Sutter (*Bachelorette* Season 1), David Good and Natalie Getz (winners of the first *Bachelor Pad*), Tenley and Kiptyn Locke (contestants who found love after their seasons were over), to name a few. And the best part is: it's completely uncensored!

Viewers can watch the show by visiting RTVZone.com and clicking WATCH LIVE on the main page. On demand viewing will be available within a few hours of airing. The program will also feature live video and interaction amongst the panel, who will occasionally take viewer questions from Twitter, chat and video mail.

Be sure to check it out on **Tuesday, Aug. 9 at 9 p.m. EST**, submit your questions via Twitter (@RTVZone) and share your thoughts about Jesse's *Bachelor Pad Beatdown* series with us below.

Happy watching!