

# Melissa Rycroft and Husband Move to California With Baby Daughter



After much deliberation, Melissa Rycroft and hubby Tye Strickland made the big decision to move to California with their 6-month-old baby Ava, according to [People](#). Rycroft admitted, "Adding a baby to the equation makes my job much harder. It involves travel and it was impossible to travel without her, but at the same time it was impossible to travel with her." Even though the new mother is stressed between working and raising her daughter, she says it's all worth it for that 'one little smile' she gets from Ava after a huge temper tantrum. Luckily, Strickland is a great father, according to Rycroft, and definitely takes his fair share of

the parenting responsibilities.

**How do you balance traveling for your job and your family?**

**Cupid's Pulse:**

It's difficult to balance raising a family and working, especially when you must travel for work. Cupid has some advice on how to 'do it all'.

**1. Only go if necessary:** It's not always required to travel everywhere for your work, so it's up to you to decide if the trip is absolutely necessary, or if it can be cancelled or postponed. Instead of trying to do it all, it's time to prioritize.

**2. Take a break:** Everyone needs a break once in a while, and busy moms who have to travel are no exception. If you feel like you're spending a lot of time traveling, be sure to fit in a week of downtime in between so you don't overdo it. A little break to spend with your family is absolutely necessary.

**3. Bring your family along:** Why not bring your family on a business trip with you? Extend the trip by a few days and have some family fun.

**How do you balance traveling for your job and your family?  
Share your thoughts below!**

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**'Bachelor Pad 2' Recap**

# Episode 3: Jake Pavelka Vs. Kasey Kahl



By Tanni Deb

This week's episode of *Bachelor Pad 2* featured two of our very own, Natalie Getz and David Good. And boy did they make a splash judging the synchronized swimming challenge.

## **Synchronized Swimming Challenge:**

Synchronized swimming is no easy task. You need rhythm and coordination in order to achieve a great performance. With former cheerleaders and dancers on the girl's team, your first impression is that the girls would have it in the bag. Guess again! It was a mere foreshadowing when the first two girls in

the line-up could not even dive into the pool. Lucky for them, their bright, flowery head caps and matching bathing suits kept us distracted from their lack of grace. It was a total shocker when Michelle Money planted a big fat kiss on Holly Durst but it helped win her a vote.

To our surprise, the guy's performance looked great, and that's without taking into account their chiseled, sun-glimmering bodies in Speedos. However, it was their athletic builds and coordination that pushed the guy's performance over the top. We weren't too surprised when Jake Pavelka turned out to be the star ballerina, giving his experience on *Dancing with the Stars*. But, it was Mike Stagliano's big dive at the end with one hand holding his package that won the judges over. Needless to say, the guy's conquered the girl's in their performance, but as for bathing suit choices, that's a pretty tough call!

**Challenge Winners:** Michael Stagliano and Michelle Money

### **Immunity and Dates:**

The following day, Michelle took Graham, Kasey and Blake on a date to a vineyard to discuss strategy and tactics. Taking Blake aside, she explains that if he doesn't work things out with Melissa, he might risk being eliminated from the show. After settling the business side of things, Michelle takes Graham aside and confesses that she has a crush on him. Aww. "You barely know me," Graham retorts before locking lips with her. The rose is granted to Graham.

Now off to the stables! Michael chose his ex-fiancée Holly (of course), Ella and Vienna to go horseback riding with him. That Michael is such a sweetie giving Vienna a date out of the house because he feels bad that she's been cooped up inside. However, while everyone was enjoying their time away, the non-stop complaining Vienna wouldn't stop talking about the heat, the stink of the horses and even the pollution in

the sky. It didn't last long. Holly received the immunity rose from Michael and when everyone left, they were greeted with a little irony from none other than Bret Michaels (we love Bret). Bret serenaded them with "Every Rose Has It's Thorn." Now isn't that the truth! Good job from the producers to get that gig and have it with Holly and Michael. It's like watching a soap opera in action.

### **Back at 'The Pad':**

Jake and Erica:

Back at the Pad, Jake tries to turn everyone against the power couple. He pulls out all the moves when talking with Erica, caressing her arm and even leaning in for a kiss. "I was willing to do whatever I needed to do," he told the cameras. Now with Erica thinking she may have a chance of hooking up, we were left with the image of the most disgusting kiss in Bachelor Pad history. Erica admits, "I definitely have good lips that I maintain by getting injections every six months." Yikes! Well, we all know that at this point most people in the house will do whatever it takes to get Kasey and Vienna out of the house (or so we think)!

Kasey and Vienna:

As the couple celebrates their six-month anniversary lounging by the pool, Kasey pulls out what looks like a ring box and presents it to Vienna. In response, Vienna freaks out and says, "I don't want it to be an engagement ring." Lucky for her, it turned out to be a promise ring, which he then slipped on her finger and broke into a song.

Maniac Melissa:

While everyone is making last minute decisions on who to eliminate, Melissa is still running around like a chicken with her head cut off. Crying, smiling, leaving, staying, and confused. We are pretty much over the drama of Melissa.

However, most of the girls seem to like her and Blake decides to suck it up and be her partner again. After all, it is for \$250,000.

In this week's rose ceremony, Chris Harrison informs the house that this week all the girls are safe and only one guy will be voted off. With four roses to be given, the last two guys left standing are Kasey and Jake. At the rose ceremony, the scene ends with one last rose, and Chris Harrison saying, KASEY. Then, out of nowhere the screen the television screen goes blank. It's like ABC wants you to think there's more but after watching every single episode of this franchise, doesn't the name being called mean that's the person who gets the rose?

In that case, Jake would go home. They're trying to be dramatic but I don't know if it will be a winning move unless Kasey is the one to really walk to the limo. In that case, let the show really begin because Vienna in a house unprotected from Jake will be a lot of fun to watch!

### **Predictions:**

Our bet is still on Michelle Money, Michael Stagliano and Ella Nolan.

Stay tune for next week's recap. In the meantime, if you have questions about the *Bachelor Pad 2*, send them in. We will have former winners, Natalie Getz and David Good with us all season to answer them.

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# **Miley Cyrus and On-Again BF**

# Liam Hemsworth Grab a Bite With His Brother



Teen queen Miley Cyrus and on-again beau Liam Hemsworth were seen out and about this week, reports [People](#). The newly-reunited couple joined Hemsworth's older brother, *Thor* star Chris Hemsworth, for lunch at *M Street Kitchen* in Santa Monica, California.

**How do you avoid feeling like the third wheel when you're out with a couple?**

## **Cupid's Advice:**

Spending time with couples is difficult, especially if they get lovey-dovey. Here are a few tips to help you keep your

cool:

**1. Be wary of the location:** If you're planning on joining a couple for dinner at a nice restaurant, you may want to reconsider. Lunch at a cafe is much more casual and less romantic, making the meal less awkward for you.

**2. Know your friends:** If the couple you plan on spending time with are in a relationship that can get touchy-feely and romantically gooey at times, you may want to avoid making plans.

**3. Give the couple a heads up:** There's no shame in sharing your worries with a friend. Pull your pal aside and tell him or her that you're worried about being a third wheel. Hopefully, your friend will do his or her best to make you feel included.

**Do you have any experience with being a third wheel? Feel free to share your thoughts in a comment below!**

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## **Country Crooner Chely Wright Ties the Knot**







Chely Wright finally found her happy ending after tying the knot with partner Lauren Blitzer last weekend, reports [UsMagazine.com](http://UsMagazine.com). The country singer, 40, met civil rights activist Blitzer, 30, just weeks after coming out. Last year Wright told NBC's *Today Show* that she "was hiding. I was gay, and I didn't want anyone to know that I was." The differing religions of the two brides meant that both a rabbi and a reverend were present at the interfaith ceremony.

**What do you do in a wedding if you and your partner have differing religions?**

**Cupid's Advice:**

When you and your fiance practice different religions, your wedding ceremony will have to be altered. Cupid has some tips on how to make an interfaith union a success:

- 1. Two celebrations:** One option is to have two ceremonies, one for each family and each religion. This way you'll make sure to accommodate everyone, and plus you'll have two awesome parties to attend.

**2. Interfaith:** You can also combine your two faiths in one wedding by having, for example, both a rabbi and a reverend preside over the ceremony like Chely Wright and Lauren Blitzer did.

**3. Compromise:** If you're not religious, but getting married in a church has always been your partner's dream, be flexible and let he or she pick the place. Maybe that means you can choose the wedding cake.

**What's the best way to make sure no one feels left out in an interfaith wedding? Share your comments below.**

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## **Madonna and BF Brahim Zaibat Vacation In ... Guéthary?**





Guethary is now on the map. The little French village with a population of 1,600 was the recent vacation spot for Madonna and her much-younger dancer boyfriend Brahim Zaibat last Tuesday for two weeks, according to [People](#). The couple was spotted Wednesday morning in matching exercise gear biking on the village's cycling paths before meeting with her 14 year-old daughter Lourdes at a beach close to the village port. Still, the biggest question remains to be answered is, why Guethary? "We have three hotels, six small restaurants and no nightclub," said a representative from the local tourist office. "We're known for our three surfing beaches, but besides from that there's nothing. Only reason she would come here for ... is ... is the quiet."

**What are some "out of the way" vacation spots good for couples?**

### **Cupid's Advice:**

Sometimes it's nice to have some time away from rest of the world with your partner. Cupid has a few getaway ideas:

**1. Go camping:** There's no better way than to be surrounded by nature with your lover. Just remember to pack bug spray and the fixings for s'mores.

**2. Book a hotel:** It doesn't have to be far from home, but book a suite for a weekend and shut off your phones and computers. Spend a lazy two days in bed, on walks and in restaurants.

**3. Avoid major cities:** Avoid any obvious vacation choices, such as big cities or beaches seen on the Corona commercials. Chances are they've been commercialized and are super touristy. Try to think of something out of the box.

**What are some other "out of the box" ideas for a getaway with your partner? Share your comments below.**

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## **Kasey Kahl Serenades Vienna Girardi With Love Song**





Kasey Kahl showed Vienna Girardi his true feelings for her with a song on this week's episode of *Bachelor Pad 2*. In a clip from the show on *UsMagazine.com*, Girardi seems to truly enjoy this display of affection, but she is unable to contain her composure as she giggles throughout the intimate love song.

**What are some romantic gestures to make your partner feel special?**

**Cupid's Advice:**

**1. Text your love:** In the middle of the day, for no reason at all, send a quick and easy text. Tell your partner "I love you," or "I miss you." This unexpected message will put a smile on their face and have them thinking of you all day long.

**2. Help out:** Spend a little extra time here and there making your partner's life easier. Do a bit of his or her to-do list. If you lighten the load, there will be more time for the two of you to play together.

**3. Give a kiss:** After being in a relationship for a long time, sometimes we forget to slow down and show each other we care. One of the simplest ways to do this is to give your partner a simple, yet passionate kiss on his or her way out the door or while he or she is cooking dinner.

**How do you make you love feel extra special? Share your experiences with a comment below.**

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## Jessica Simpson's Best Friend Cacee Cobb Is Engaged



It seems like Jessica Simpson won't be the only one heading

down the aisle soon. [RadarOnline](#) reported that the singer's best friend Cacee Cobb is engaged to her longtime boyfriend Donald Faison. The excited groom tweeted, "If you like it you better put a Ring on it. – Beyonce." Cobb responded with, "If she likes it then she better say YES!!" Faison revealed his feelings for Cobb in an interview last November. "I'm sure I know in my heart I love her and I definitely want to be with her forever, but sometimes you throw marriage in situation and it ruins everything," he told Vibe.com. Fortunately, he got over his fear and proposed to his girlfriend of nearly six years.

## **How do you support your best friend with wedding plans?**

### **Cupid's Advice:**

Since a wedding day is one of the most important days in a woman's life, your best friend will count on you to support her throughout the planning process. Here are three ways to do so:

- 1. Support:** Assist her in finding the perfect dress and organizing the ceremony and reception. Celebrate with her at the bachelorette party and bridal shower.
- 2. Ceremony:** Help her get dressed and ensure that she looks elegant. Give her a reassuring grin whenever she glances your way.
- 3. Reception:** Stay until the very end to assist your best friend with anything she needs.

**What are some other ways to support your best friend with wedding plans? Share your thoughts below.**

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# Kim Kardashian and Kris Humphries Say 'I Do'



Kim Kardashian is officially married and off the market. The Armenian beauty tied the knot with Kris Humphries on Saturday at a beautiful estate in Montecito, California. 450 guests were in attendance. According to [People](#), the two were married in a traditional Christian ceremony officiated by the Humphries family's pastor, Joel Johnso. Kardashian paid tribute to her late father, attorney, Robert Kardashian, in a heartfelt message in the program, "I so wish my dad could be here today to walk me down the aisle, But I know in a way he is here, and I feel his loving presence all around me. I love and miss you, dad."

**How do you deal with nerves on your wedding day?**



## Cupid's Pulse:

Your wedding day is one of the most memorable days of your life. What makes it memorable isn't the dress or the lavish party, but the feelings of excitement and nervousness. Here are some ways to calm your nerves on the big day:

- 1. Take a deep breath:** Your yoga teacher has the answer. Don't forget to breathe. The time it takes to inhale and exhale will put everything into perspective.
- 2. Ask for help:** Getting ready for your wedding is difficult for you to do alone, so ask your friends for help. After all, what are bridesmaids for?
- 3. Feel the love:** It's easy to get caught up in the superficial aspect of a wedding, but in the end the only thing that matters is celebrating your love.

What have you done to relive stress? Share your tips below.

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## Bachelor Pad 2: Gia Allemand Finds Love In the NBA





Love appears to have finally pulled through for an upbeat *Bachelor Pad 2* alum Gia Allemand. The 27 year-old model said that her relationship with boyfriend Ryan Anderson, power forward for the Orlando Magic, fell into place back in February when the two began dating, according to [UsMagazine.com](http://UsMagazine.com). Allemand and Anderson met while *Bachelor Pad 2* star was doing a photo shoot in The Bahamas in February and from there, the two were inseparable. Fate was on the couple's side as Allemand was offered a job that enabled her to live in Florida and be flown into The Bahamas on the weekend for modeling engagements. "Not only was it love at first sight, but it seemed like a touch of destiny. We now both live in Orlando and couldn't be happier," she said. "I think I finally found the one!"

**What are some ways to stay positive about finding love?**

**Cupid's Advice:**

Although sometimes it gets difficult, optimism for love is the always the best attitude. Cupid has some suggestions for when times get tough:

**1. Looks can be uplifting:** You don't have to play dress up, but if you feel good, your confidence will increase and help you out when you're looking for a new partner. Get a quickie makeover.

**2. Catharsis:** Although not always recommended, sometimes it's just easier to let out all your emotions and work from the ground-up. Cry if you want to cry. Scream if you want to scream (but maybe into a pillow!).

**3. Attitude is everything:** Although easier said than done, it's important to stay positive and keep your doubts and negativity in check. Even if you don't *feel* positive, fake it a for a while and maybe it'll end up taking hold.

**How do you keep a positive outlook on love? Share your thoughts below.**

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## **'One Day' featuring Jim Sturgess and Anne Hathaway**





Dexter and Emma (Jim Sturgess and Anne Hathaway) are two college-friends who sleep together on the night of their college graduation, and then they go their own ways while still remaining friends. Dexter goes into the entertainment business and Emma becomes a teacher. The film shows the two of them each year on the anniversary of their college graduation to see where the two are in their lives. Sometimes they're apart, and other times, they're together. An original idea for a romantic movie, "One Day" captures the power friendship has in a person's life.

**Is it possible to remain just friends after it crosses the line once?**

**Cupid's Advice:**

Yes it is possible, but it at times be difficult to keep it a platonic friendship. Cupid has a few suggestions:

**1. Boundaries:** It's important that you and your friend keep your distance and don't have your friendship turn into something more if you're not ready.

**2. Talk to your lover:** Your partner shouldn't feel threatened by a friendship, you just have to reassure them you are just friends.

**3. Mutuality:** You and your friend need to stay on the same page on the status of your friendship, meaning if feelings blossom, they need to know so you two can act accordingly.

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## Kevin Federline Is a Dad Again





Happy day! Kevin Federline is a father again, according to [People](#). The former backup dancer and onetime rapper welcomed his fifth child, daughter, Jordan Kay, at 6:33 p.m. on Monday. This is the first child for his girlfriend, Victoria Prince. Federline, 33, and Prince, 28, a former competitive volleyball player from Washington State, began dating toward the end of 2008. Federline is also father to sons Jayden, 4 and 1/2, and Preston, 5 and 1/2, with ex-wife Britney Spears and son Kaleb, 7, and daughter, Kori, 10, with ex-girlfriend Shar Jackson.

**How do you explain your broken relationships to your children?**

### **Cupid's Advice:**

The best thing you can do is be upfront and honest with your children. Cupid has some tips:

**1. Honesty is the key:** Situations are always a lot easier when you are honest with yourself and others. No matter what age, just be honest with your children. Let them know that nobody is perfect and everyone makes mistakes. Also, just because your past relationships didn't work out, it doesn't mean they

were all bad experiences. Let them know that.

**2. Don't play the blame game:** Be sure to admit to your faults. Teach your kids that right is right and wrong is wrong. Don't make it seem like it's all the other person's fault, when it most likely wasn't. A relationship consists of two people and each has their own issues.

**3. Reassure them:** Tell your children that you don't plan on making the same mistakes again. Then, show them through your actions that you're serious about that statement.

**How did you explain your broken relationships to your children? Share in a comment below.**

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## **Celebrity Lighting Designer, Bentley Meeker Offers Advice for the Perfect Date**





By Whitney Baker and Krissy Dolor

You spent hours preparing tonight's meal. You carefully selected the background music. You even pulled out the "special occasion" dishes. With your date set to arrive at any moment, you quickly – and without any real thought – set the lighting: you turn off the overhead lights and ignite a beautiful scented candle in the center of your table. You step back to admire your efforts; everything's perfect, right? Not quite. With help from lighting expert, Bentley Meeker, a little bit of tweaking can add just the right touch.

"If you're going to use candles, use them sparingly and keep them out of the direct line of you and your partner's vision," advises Meeker, event lighting extraordinaire and president of Bentley Meeker Lighting & Staging, Inc. "I do recommend using candles because of the quality of light and how flattering they can be, [but] a little thought needs to be put into the placement."

If you haven't heard of Meeker, no doubt you've heard of the places and events that he's touched. He's staged designs for a multitude of soirées, ranging from Chelsea Clinton's



wedding, concerts for Kanye West and Elton John, runway shows for Victoria's Secret, birthday parties for celebrities like P. Diddy to events and dinners at The Plaza, and The White House. This man is one of the top, if not *the top*, lighting designers in the country. His new book, *Light X Design: 20 Years of Lighting*, is a compilation of all his work, in which he shares his inspirations and motives for the wonderful illuminations he produces.

It's no surprise, then, that he also knows just the right kind of effect to make your date a splendid success. "Lighting that is too bright and uncomfortable can kill the mood very easily and quickly. Even if it's the street light shining in through the window," he says.

If you're having trouble setting the room just right for that special date, you're not alone. It can take a little trial and error to figure out how to make things perfect. Meeker has had his own dating experiences where the lighting was just not right.

"I've been in situations where bad lighting kills the mood, and I've been in situations where great lighting just makes you feel so good that anything can happen."

Fortunately, Meeker has some suggestions for couples who want those sparks to fly. He recommends Blue Hill and Erminia, both in New York City. In his own words, Blue Hill "nailed it!" and Erminia "is an amazing Italian restaurant [in which the] lighting is so conducive to the environment, it actually makes the whole place and the experience romantic."

Lighting is more than just a switch flicked on and off. It's about creativity; it's about romance; and it's about achieving the mood that you desire. "You'll know when the lighting is right," Meeker says. "It just feels unbelievable, and there's a feeling of resonance that you can't find anywhere else!"

His Website beckons visitors to enter with a simple thought in

mind: "Light is the energy of truth." Meeker's work truly embodies this idea, with his past projects ranging from The Museum of Modern Art to the ravishing wedding of Catherine Zeta-Jones and Michael Douglas. He is a creator of more than just romance, and his book will tell you so; he is a man of innovation.

*To learn more about Meeker, you can check out his website at [www.BentleyMeeker.com](http://www.BentleyMeeker.com) or purchase his illuminating book on Amazon.*

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## **Brooke Burke Finally Weds David Charvet**





Five years after announcing their engagement, Brooke Burke and David Charvet have finally tied the knot, according to [UsMagazine.com](http://UsMagazine.com). The *Dancing With the Stars* cohost, 39, and her *Baywatch* beau tied the knot in St. Barts Friday, Burke's rep confirmed. The couple were joined by their four children during the Caribbean ceremony. "Want to thank everyone for their support," Charvet, 39, tweeted Saturday. "It has been a great day!" The couple are parents to son Shaya, 3, and daughter, Rain, 4. Burke also has two children from her previous marriage to plastic surgeon Garth Fisher, daughters Sierra, 9, and Neriah, 11.

**What are some good reasons to date a long while before marriage?**

**Cupid's Advice:**

It's important to dig as deep as possible to make sure you know your lover inside and out before marriage. Cupid has some reasons not to move too quickly:

- 1. Get all your questions out:** Don't let any questions go

unanswered. No matter how minor they may be, every detail is crucial to getting to know the man or woman you plan on spending the rest of your life with.

**2. Ask his or her family and friends:** Family and friends are the ones that know you the best. Chances are if they are aware you are serious about their loved one and plan on getting married to him or her, they will be honest with you.

**3. As the time goes by:** There are some things you may start to realize about your mate that you didn't notice earlier in the relationship. As the time goes by, the filter lessons and the quirks come out.

**Why do you think it's good to date awhile before marriage? Share your answer in a comment below.**

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# 'Project Runway' Judge Michael Kors Gets Married





Fashion icon Michael Kors recently tied the knot with longtime partner Lance LePere in stylish Southampton, NY. According to [People](#), the private ceremony took place on Dune Beach and was officiated by Southampton Mayor Mark Epley. Shortly after same-sex marriage became legal in the state of New York, the 51-year-old fashion designer announced on *Project Runway* his plans to marry LePere. As Kors told *Women's Wear Daily*, "To marry someone as wonderful and special to me as Lance barefoot on a glorious beach is more than I could have dreamed of."

**How do you know when you're ready to tie the knot?**

### **Cupid's Advice:**

Knowing you're ready for marriage is more of a feeling than anything else. You have to be ready to completely commit. Here are some strong indicators:

- 1. When your eyes sparkle:** The moment your eyes begin to sparkle more than your engagement ring is the moment you should walk down the aisle.
- 2. Your partner is always on your mind:** If your mate is all

you can talk, think and dream about, it's time to put on that white dress.

**3. You can't stop smiling:** One can always spot a person in love from his or her radiant smile. If your smiles outweigh your frowns by a long shot, you might consider tying the knot.

**When did you know it was time to make it official and get married? Share your thoughts below.**

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## Bachelor Pad 2: Jackie and Ames Have Already Split



Shock! *Bachelor Bad 2* contestants Jackie Gordon and Ames Brown have already parted ways, according to [People](#). On Monday's episode, Brown romantically chose love over money (a chance at winning \$250,000) and left the competition to be with Jackie when she was eliminated. However, when reporters caught up with the duo, it has come to light that they only lasted a few weeks after the elimination. Brown told reporters, "Um, well, we had a great time on the show and chose love over money in the competition. We are not still dating, but we enjoyed every moment we had together. After a little while, we split up. Nothing too exotic about it. We just maybe weren't the ideal match."

**What are some ways to tell early on that a relationship will last?**

### **Cupid's Advice:**

There are always flags that will tell you whether your relationship will last or not. Here are just a few ways to spot out a lasting relationship:

- 1. He brings you home to Mom:** When a man brings you home to meet his mother, it's clear that he is serious about having a long-term relationship with you.
- 2. He brings you to a work function:** Bringing you to a work engagement means that he thinks highly of you. He respects you and knows you will impress his co-workers. He wants to show you off.
- 3. He makes plans in advance:** If it's only Labor Day and you've already booked a trip in January together, he has the intentions of being with you for more than just the time-being.

**How did you know whether or not you were in a storybook romance or if your relationship was doomed from the start?**

Share your thoughts in a comment below.

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## Kristen Bell and Dax Shepard Make Out on the Red Carpet



Kristen Bell and Dax Shepard have been engaged for nineteen months and still couldn't be more in love, according to [UsMagazine.com](http://UsMagazine.com). The pair showed their amour for each other on the red carpet of the Do Something Awards on Sunday in Hollywood by making out for the cameras. Bell says she loves Shepard because, "He constantly keeps me laughing: when I'm sad, mad, frustrated, annoyed. Regardless of what it is he can lighten the mood. He'll do anything that the mood



requires. I can't get frustrated and that is a very powerful weapon. Comedy is a very powerful weapon. He's so funny that it's overwhelming."

**What are some ways to show you love your partner in public?**

**Cupid's Advice:**

Packing on the PDA isn't for everyone. Here are some other ways to show your love in public:

1. **Touch:** You can tell by the way two people touch each other as to whether they're in love. Hold hands or walk arm-in-arm.
2. **Take photos:** When you're out for a stroll or at a party, take turns snapping cute shots of each other, and take a few pictures of you together. Not only will this show people you value this moment with your partner, but later on you can share them online to further display your love for one another.
3. **Peck on the cheek:** If the thought of a make out sesh like Dax and Kristen's makes your skin crawl, simply give your beau a little kiss on the cheek to let the room know that this is your man and you are completely in love with him.

**How do you and your beau show your love in public place? Share your thoughts in a comment below.**

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**Jay-Z    Raves    About    Wife  
Beyonce    During    Interview**



It looks like love got the best of him! Jay-Z finally broke his longstanding silence when it comes to talking about wife Beyoncé to the media. He just couldn't contain himself during a phone call into a Miami, Florida, radio station, according to [UsMagazine.com](http://UsMagazine.com). And when he opens up, he *really* lets it fly. "What I've learned from her is similar to what I learned from Mike [Jackson] – and I know that's blasphemy to compare the two because Mike was such an innovator – but I think she's like the second coming," said Jay-Z. "You know, the hard work and dedication that she puts into her shows. It just makes you want to work harder at your own craft. She's like a machine."

**How do you publicly show your support for your partner?**

**Cupid's Advice:**

Some people are more forward about their relationships than others in public. Regardless, it's important to show your love

and support to the world ... at least once in a while. Cupid has a few suggestions:

**1. Cheer:** If your partner is being honored for an accomplishment, it's extremely important that you are there with a beaming smile on your face and your hands wildly clapping together. Seeing the support of the one you love makes the occasion even more memorable.

**2. Be attentive:** Sometimes it's the small things that count the most. When you're out with your mate, keep a watchful eye on him or her. If she's getting hit on at the bar and doesn't seem to be liking it, step in. If she trips on a crack in the sidewalk, catch her.

**3. Plan dates:** Going on dates typically involves going out in public. Make sure your significant other has no doubts that you're paying attention to her and only her while you're surrounded by others. The phrase, "I only have eyes for you" comes to mind.

**How do you show your partner support in public? Share your thoughts below.**

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**Tara Reid: Engaged and Married All In One Day**





Just hours after tweeting that she “just got engaged,” Tara Reid tied the knot with her fiancé Zack Kehayov in Greece on Saturday. [UsMagazine.com](http://UsMagazine.com) reported that the *American Reunion* actress recently split from her boyfriend Michael Lilleun. She was also previously engaged to Internet entrepreneur Michael Axtmann, but called it off in April 2010. Even further back, she was engaged to Carson Daly – *The Voice* host – and they ended their relationship in June 2001. Things might be happening very quickly for Reid, but we wish her all the best.

### **What are the advantages to eloping?**

#### **Cupid’s Advice:**

Weddings are expensive and can be stressful to plan. Here is why Cupid thinks eloping can be the best decision for you:

**1. Cost:** Couples who elope will pay a nominal fee compared to those who have a wedding. Marriage licenses range from \$10 (Colorado) to \$100 (Minnesota). Your other expenses will only be your outfit, transportation and lodging.

**2. No stress:** Planning a wedding is stressful. If you elope,

you won't be overwhelmed because all you have to plan is when and where you want to marry the one you love.

**3. Avoid drama:** If your parents object to the marriage, then avoid the drama the wedding will cause. By eloping, you'll have a simpler ceremony and won't have to deal with people who don't support you both.

**Do you think it's a good idea for couples to elope? Let us know about your thoughts by commenting below.**

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## **Top Summer Hotspots If You're a Celebrity Couple**





By Diamon Hall

Hard work and dedication. Cameras constantly flashing. People relentlessly gossiping. Not to mention, lack of free time and sleep. We must admit, celebrities have very hectic schedules, ones that the typical person probably couldn't handle. Therefore, not only do they desire long and relaxing vacations, but they also deserve them.

Take a look at the top five hot spots that a lot of celeb couples swarm to when it's time for recess:

**1. Los Cabos, Mexico:** Better known as Cabo, Los Cabos, Mexico is one of the most popular spots for A-listers from Tinseltown to vacation. Offering beachfront villas, indoor and outdoor suites, top-of-the-line restaurants and high-quality spas, this is the perfect place for celebrity couples to be. And to prove it, Gwyneth Paltrow and musician Chris Martin honeymooned in one of the beachfront villas. Other celebrity couples that have visited include Will Smith and wife, Jada Pinkett-Smith and Michael Douglas and wife, Catherine Zeta-Jones.

**2. Cannes, France:** This popular vacation spot, located on the French Riviera, hosts the annual Cannes Film Festival, which is a pretty big deal to most celebs. This is one of the many places where celebrity couples get to show off their new trends, and add to their collections by shopping at some of the city's luxurious shops. What sizzling celeb couple wouldn't want to be in the midst of all the glitz and glam in Cannes?

**3. Vail, Colorado:** When celebrity couples are looking to cool off, they hit the slopes in Vail. As if skiing isn't enough fun in itself, the Red Lion in Vail Village lays live music nightly and has therefore earned its reputation as the spot to be after skiing. When it's time to wind down, The Tap Room is the place that all the hot commodities scatter to for martinis. Celebrity couples don't want to miss being cool at these famous ski ruins.

**4. Saint Barthelemy:** This hot, beautiful vacation spot, more commonly known as St. Bart's, is located in the Caribbean. This island collects so many celebs each year that it has gained the nickname "Hollywood South" by some writers. As if the fact that this romantic island was discovered by Columbus isn't enough reason to visit, celebrity couples can get very intimate at St. Bart's.

**5. Aspen, Colorado:** Another popular ski resort for the stars is this place. Some even have second homes in Aspen, while others simply vacation there for the holidays. Either way, Aspen has all the celebrity couples attracted to wearing fur coats and cuddling with each other after long ski cycles. The uniquely-named ski trails such as "Buttermilk Mountain" have all the celeb buzz.

Want to vacation like the A-listers? These five hotspots are only a sample of some of the fun and relaxing vacations that they routinely enjoy. Be on the lookout for more of your favorite celebrity couples and their exclusive vacation

spots. You'll be surprised!

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# Hilary Duff Announces She Is Expecting



In the midst of celebrating their first wedding anniversary this past Sunday, Hilary Duff and husband Mike Comrie announced they are expecting their first child, [E! Online](#) reports. While reflecting on her year of marriage, Duff made the big announcement on her official website. "We also want to share the exciting news that... BABY MAKES THREE," she wrote. "We are extremely happy and ready to start this new chapter of our lives."



**How do you creatively announce your pregnancy to family and friends?**

**Cupid's Advice:**

News of a baby on the way isn't just exciting for the expecting couple, but also for friends and family. Here are a few creative ways to make the big announcement:

**1. Give an ultrasound picture as a gift:** Send out copies of your first ultrasound to family members and put it in personalized picture frames (Think: "Grandma/Grandpa/Aunt/Uncle-to-be" frames).

**2. Be the gift:** During the next holiday or family get together (preferably involving gift giving), tie a big red bow around your belly and see how long it takes for friends and family to realize what you're trying to tell them.

**3. Use a surprise website:** Creating a free website is fairly easy; make a site with a message about your pregnancy (something along the lines of "\_\_\_\_\_ is pregnant!"). Send your close ones an email with the link telling them to check out a "shocking" website you found.

**How did you announce your pregnancy to everyone? Share your experiences in a comment below.**

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**Jessica Alba and Cash Warren  
Welcome Daughter Haven Garner**



It's baby number two for actress Jessica Alba and hubby Cash Warren. They welcomed daughter Haven Garner into the world this past Saturday and Alba couldn't wait to share the news. Sunday morning, she posted it on her Facebook page, according to [OK! Magazine](#). The busy mother who was working right up until she gave birth promoting her new movie *Spy Kids: All The Time in The World*, says her 3 year-old daughter loves having a little sister and was just as excited about the newborn as her parents. Now Alba is focusing on balancing a busy career, motherhood and a loving relationship with her beau.

**What are some ways to lose the baby weight quickly after giving birth?**

**Cupid's Advice:**

Every woman knows it's difficult to shed weight, but it's even tougher to lose the baby weight after giving birth. Cupid has

some advice on how to drop the pounds so quick that people won't believe you were even pregnant:

**1. Pilates and yoga:** Not only is this a perfect way to relax and chill out, but both of these activities are great ways to tone your body and get your shape back. If you're up for a challenge, instead of doing traditional yoga, try hot yoga or bikrim. You'll sweat everything out of your body and feel cleansed. Plus, you'll sweat off the pounds.

**2. Diet:** Whether you decide to try Weight Watchers, Jenny Craig, or any other diet, as long as you start to eat healthy and watch what your eating, you are sure to shed the pounds fast. Keep track of what your eating and make subtle changes in your diet.

**3. Plain old exercise:** When all else fails, hit the gym and lose the weight the old fashion way, by working out. Not only does this give you some alone time, but it also makes you feel good and will most likely cause you to make healthier decisions throughout the day.

**What are some ways to lose baby weight quickly after giving birth? Share your thoughts below.**

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## **'Bachelor Pad 2' Recap Episode 2: Ames Brown Trumps them All**





By [Lori Bizzoco](#)

Usually when a former *Bachelor* or *Bachelorette* leaves the show voluntarily, like two-time 'Bachelor Pad' contestant and swimsuit model, Gia Allemand did last night, it becomes the episode news headliner the next day. But last night's storybook ending even knocked out coverage of the attention-seeking love triangle usually reserved for Jake Pavelka, Vienna Girardi and Kasey Kahl. It was a scene that leaves us understanding why even bad reality shows are beating out long-standing soap operas. You can't make this stuff up!

Last night there were two scenes that made single women everywhere believe in love again. First was the closing scene with Ivy-League, world-traveling, portfolio manager, Ames Brown. After he said a heartfelt good-bye to his newfound love and eliminated housemate, Jackie Gordon he turned around to head back towards the house. What happened next made hearts stop everywhere. Instead of continuing his walk toward the contestants, Ames slowly stopped, raised his hand and waved good-bye to them. Giving up the \$250,000 prize, he sprinted back towards the limousine with Jackie inside. That

fairy-tale exit trumped everything else on the show and gives romance fanatics a reason to believe that Mr. Right is a possibility, especially if you go after the awkwardly smart, rich guy wearing the hot pink pants. In Ames' own words, "This is the happiest limo ride in Bachelor history."

The second love scene comes with ex's, Michael Stagliano and children's book author, Holly Durst. They just ended their engagement two months before the show taped and haven't had the chance to talk it out. During last night's episode, they finally get some one-on-one time and share their thoughts with one another, but their emotional exchange and gripping embrace is almost impossible to watch without your heart feeling heavy or rooting for them to get back together. Watching them express their feelings and Michael telling Holly he still loves her with tears in his eyes is enough to make you want to jump through the television and slap them silly for being so blind. Get back together, already!

### **Mysterious Monday**

There was an odd, eerie undertone on last night's Bachelor Pad 2, with egg fights, haunted hospital tours and a masked man creeping around the kitchen at the end. Yes, mysterious Monday came with love, drama and a fairy tale ending but it makes you wonder for a minute if the show is preparing for Halloween a little too soon.

### **Egg Toss Challenge:**

Let's begin with the Bachelor Pad 2 challenge. The women were asked a handful of questions relating to the men on the show (Who are you least attracted to? Who do you want to see go home?) and with colored paint-filled eggs in hand the women threw their responses directly at the backs (or shoulder, legs and head) of their intended target.

Thanks to Vienna's campaigning, Jake displayed a colorful

array of red, yellow and blue on his body when the ladies were asked who they wanted to see go home next. Then the reverse scenario happened and the men targeted the women with eggs. However, the pain ran deeper than the physical impact as Erica was selected as the least attractive in the house. That definitely stung in more ways than one, especially when Michael Stigliano forgot that he wasn't on the field and pitched a fast ball at Erica. The objective of the challenge was to be the person who hit the most targets.

**Challenge Winners:** Melissa Schreiber and Michael Stigliano ended up winning the challenge.

### **Immunity and Dates:**

Instead of taking one person on a date, Melissa and Michael were granted the chance to each take three members of the opposite sex, with one of them being given the rose at the end. Without surprise, Michael chose Holly (his ex-fiancé), Michelle Money (who is our fan favorite) and Erica (sympathy choice). As if it wasn't awkward enough having two former lovers on a date together, the group was taken by limousine to Linda Vista, a haunted hospital. Didn't Michael win (not lose) the challenge? It seemed like a strange reward. I guess it's all about staying on the show and with that, Michael gave Holly the immunity rose.

When it came to Melissa's date, she got the luxury of going on a yacht date with her chosen three: Kirk Dewindt, Blake Julien and Kasey Kahl. Kasey was a bit of a shocker pick at first but Melissa did have a strategy in place. Her plan, she explained to Kasey, was to align with him promising to give him the rose and save him if he saved her next time. Unfortunately, that was before two-timing dentist, Blake (who has a thing for Holly), played into Melissa's weakness by flirting, touching, sweet-talking and going in for a kiss during their one-on-one time. Melissa reneged on her promise to Kasey and gave Blake the rose instead.

## **Back at 'The Pad':**

Jake, Vienna and Kasey:

Tension was high as Jake did what he could to stay in the house, offering not once, but twice to speak to Vienna. Whether he's really sincere or just trying to redeem himself for the cameras is yet to be seen, but Vienna wasn't having any of it. She continued to escalate the drama and complain about Jake being in the house. That is until Chris Harrison put her in her place, showing her the exit doors and letting her know that she wasn't being forced to be there. Could it possibly be that he's had enough of her drama, too? He even called out how nicely previously engaged Michael and Holly got along. Oh, Vienna!

Melissa, Blake and Holly:

Talk about another messed up love triangle. Blake likes Holly (or so it seems) and he's been ignoring Melissa. This is all after Melissa spent a romantic evening with Blake on the yacht and gave him a rose instead of Kasey who she promised. We're not sure how long Blake will be around, or can keep it up but someone's about to have a meltdown.

Gia and Graham:

First she got duped by Jake when he didn't save her last week and gave a rose to Vienna instead. Now, her friend Graham stabs her in the back by disclosing her plan to break-up the power couples. He went to Kasey and told him. Although Gia has been on the 'Bachelor Pad' before and she knows how the game is played, she decides to leave the mansion voluntarily. Why risk her dignity of being kicked off by the contestants or her integrity of being deceitful to friends for the mere chance at \$250,000? Or, at least that was her reason for leaving. Will she be back next summer? We doubt it. Maybe the next Bachelorette, now that would be fun.

## **Predictions:**

I guess we can cancel Ames out for our early prediction, although he's a winner in our eyes.

We're still going strong with Michelle Money, Michael Stagliano and Ella Nolan.

If you're looking for more insight on the Bachelor Pad 2, check out our weekly He Said/She Said with former winners, Natalie Getz and David Good.

So, there you have it. All in a week's work!

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# **Funny Girl Tina Fey Welcomes a Baby Daughter**







Tina Fey's comedy troupe just got bigger. The funny girl welcomed daughter Penelope Athena on Wednesday, reports [People](#). The *30 Rock* actress, 41, is already mom to 5-year-old Alice with husband Jeff Richmond, 50. During her "easy" second pregnancy, Fey joked with Ellen Degeneres about waiting to discover her baby's gender. "I'm just going to see what it chooses to wear to prom," said Fey.

**What are the advantages of waiting to find out the gender of your child?**

### **Cupid's Advice:**

Though discovering your child's gender can soothe your curiosity, waiting for the surprise does have advantages. Here are a few:

**1. Surprise:** Nothing can beat the surprise of meeting your son or daughter for the first time. If you know the gender beforehand, some of that initial surprise will have disappeared when you finally give birth.

**2. Guessing games:** Guessing the gender of your baby can be

very entertaining. Researching old wives' tales or even taking a poll amongst your friends is a great way to raise excitement. In fact, it could make a great baby shower game.

**3. No stress:** While ultrasounds are nearly always correct, they do make mistakes. If you're on a budget, it may be better to prepare for a child of either gender. If you prepare for a girl and end up with a little boy, you may have a lot of new shopping to do.

**Did you wait to find out the gender of your baby? Feel free to share your experience in a comment below!**

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## **Do's and Don'ts of Flirt texting and Sexting**





By Olivia Baniuszewicz and Debra Goldstein

We were eating dinner the other night with our best guy friend, and the topic turned to sexting. Not too soon after, he handed us his cell phone to show us close to a hundred naked photos of different girls. Can you believe he actually created a folder on his phone to archive them because there were so many? Sigh. Anyways, all of these girls sent him photos for one reason and one reason alone ...because he asked. He didn't think twice about showing them to us nor is he shy about sharing them with his boys.

Ladies, we don't particularly want to see your privates on our friend's phone, in the news (yes, you Andrew Weiner, Blake Lively, Vanessa Hudgens...) or anywhere else for that matter. We thought a nice refresher on some do's and don'ts of sexting may be just what we all need to keep our privates, well, private.

### **What is Flirtexting?**

Flirtexting is what you do in the beginning stages of a relationship to build a connection.

## **What is Sexting?**

Sexting is sending suggestive flirtexts that are bold and blunt and used to spice up an existing relationship.

### **Do's:**

- Sexts should be used by mature adults in a committed relationship to avoid risky backlash
- Stay classy by sending simple sexts telling him what you want to do when you see him later, or what you plan on wearing
- Use the casual and safe environment of text to forgo shyness by sexting to reveal your fantasies
- Spark fire in a long distance relationship with an exciting bedtime sext
- Send a flirtext to spice up an existing relationship during work
- Less is more, send sexy photos of new lingerie or a picture of your legs to get him aroused

### **Don'ts:**

- Never include your face in a naked photo text.
- Avoid your kids seeing these photos by deleting them immediately from your phone after sending them.
- Don't reveal everything in a text message exchange, leave him wanting more.
- Stay away from racy photos unless you're in a serious relationship to avoid unwanted leaks and criticism.

### **You Should Know:**

- Guys have said that they will often test girls by sending them a sext to see how they will respond.
- Nothing is going to happen if you refuse to take it all off for a sext, except for maybe gaining more respect from the person asking you for it.
- Unlike phone sex, you don't need to be anywhere private to send a sexy text.

Flirtexting: How to Text Your Way into his Heart is a dating guide that spells out the rules, the guidelines and the do's and don'ts of the dating phenomenon of flirting over text message. "We date, therefore we text," was Debra Goldstein and Olivia Baniuszewicz's motto and inspiration for writing Flirtexting. Once guys stopped calling and started courting them over text, they decided to equip themselves, their friends, and the greater cell carrying public, with the tools to cleverly respond to get what they want. [www.flirtexting.com](http://www.flirtexting.com)