Bachelor Pad's Michael Stagliano Reacts to Ex-Fiance Holly's Engagement to Blake





Michael Stagliano,

27, may have won The Bachelor Pad, but he ultimately lost exfiance Holly Durst, 28, to fellow contestant Blake Julian. Durst's engagement to Julian was revealed to Stagliano on the show's finale. Putting that shocking news aside, our jars also dropped when we read the jilted bachelor's statement to <u>People</u>, which read, "We were engaged and therefore I will always care about and love her so it makes me happy when she is happy." Way to take it like a man, Michael.

How do you deal when your ex decides to marry someone else?

Cupid's Advice:

Seeing your ex with another girl is a hard pill to swallow.

Hearing your ex is engaged to someone else can be pure torture. Thankfully, we've got a few tips so that you can move on with your life without taking someone else's happiness away:

1. Happiness: Were you happy with your ex? If so, try being happy for him or her to return the favor.

2. Think about yourself: Being happy for someone else first means being satisfied with your own accomplishments.

3. No need to go congratulating your ex: As long as you know that you've moved on, that may be all that matters. At the bare minimum, don't ruin your ex's special time by being negative toward him. As the old adage goes, "If you can't say anything nice, don't say anything at all."

How did you react when your ex got engaged? Share your experience below.

Paul McCartney to Marry In Small Intimate Wedding This Weekend





Intimacy with a dash

of elegance is the feel for Paul McCartney's upcoming nuptials to fiancée Nancy Shevell. The wedding, taking place this weekend at McCartney's farmhouse in England is the first of two celebrations the couple has planned. A source tells <u>UsMagazine.com</u>, "It will be a small intimate wedding. It's going to be very elegant and classic." With an engagement ring worth \$650,000, it's no surprise that the pair's up close and personal ceremony will be nothing short of sophistication. Hopefully McCartney's third marriage holds, as he's dealt with the death of one spouse and an extremely public divorce with the other.

Is a small intimate wedding for you?

Cupid's Advice

Small-scale weddings are a unique spin on the traditional large wedding route that many couples take. If you're still unsure which size is best for you, here are a few incentives to having an intimate wedding:

1. Intimate feel: Small celebrations provide a romantic and relaxed atmosphere for the bride, groom and their guests.

2. Smaller budget: With less of the obvious glamour of an

over-the-top wedding, petite weddings give your pockets a little more breathing room.

3. Lavish honeymoon: With the money you saved by having a more intimate ceremony, you can take a longer or more upscale honeymoon with your spouse.

Do you like the idea of a small intimate wedding? Tell us how you feel below.

Stacy Keibler Gushes About George Clooney at 'Ides of March' Premiere





People just what she thinks of her new beau George Clooney on

Friday at the premiere of his new film, *The Ides of March …* "Everything!" she said. That said, the fresh duo is taking baby steps into the public eye together. For example, rather than walking the red carpet arm-in-arm, Keibler and Clooney attended an after party with friends at the Deq Lounge at the Ritz-Carlton where they were seen chatting and laughing. One party goer said, "They have good chemistry, and she can hold her own with the boys. They both can equally be the life of the party."

How do you know when to take your romance public?

Cupid's Advice:

When things are new in a relationship, it can be a hard decision to take it into the public eye for fear of ruining something. Cupid has some tell-tale signs it's time to head out:

1. You're comfortable: First make sure that this is a relationship you definitely want to be in. You need to be comfortable before you declare your love to the world; otherwise, the relationship won't stand a chance.

2. Be aware: Make sure there aren't external factors that will hurt your relationship. For example, a jealous ex or an overbearing parent can put a halt to any relationship.

3. Be understanding: There are inevitably people out there who will not be happy for you and your new relationship. Don't let this cause a rift between you and your partner. Don't buy in to rumors that are spread. Trust your gut.

How did you take your romance public? Share your thoughts in a comment below.

Eva Longoria Is Opposed to Long Engagements





Eva Longoria is

speaking out against long engagements. The Desperate Housewives actress says, "I never believe in long engagements. People think engagement is another step. It's not another step. You're single and then you're married. The engagement is the planning part." She goes on to say that if she were the bride, she'd be like, "All right, let's get going." Although Longoria's three-year marriage to Tony Parker ended in January 2011 after rumors of an affair on his part, she has found happiness again with Eduardo Cruz. When asked if she would consider marrying again, she said, "I'm not opposed to it, I just don't really give it a lot of thought right now." Well, here's to the happy couple! What are the benefits of a short engagement?

Cupid's Advice:

Some people choose to have short engagements (like Tara Reid), while others choose to ride it out for years (like Brooke Burke). Let's take a look at the benefits to the Tara Reid school of thought:

1. Less time to worry: The lead-up to a wedding can cause a lot of stress. With a short-term engagement, it may still be a lot of stress packed into a small amount of time ... but before you know it, it's over.

2. You get what you want more quickly: The reason you get engaged is most likely because you're ready to spend your life with the person you said "yes" to or to whom you proposed. By not prolonging the engagement, it's more of an instant gratification.

3. No second guessing wedding plans: Sometimes having more time to plan your nuptials is not exactly a blessing. As the clock keeps ticking, you have more time to change your mind about things that were already set in stone months ago. It can cause a lot of work and chaos.

What are some other benefits to a short engagement? Share your thoughts below.

'Bachelorette' Winner J.P.

Rosenbaum Loves Ashley Hebert's Dog Boo





At the end of the

seventh season of the reality TV show *The Bachelorette*, <u>Ashley</u> <u>Hebert</u> chose <u>J.P. Rosenbaum</u> and accepted his heartfelt marriage proposal. Now that the <u>celebrity couple</u> is preparing to walk down the aisle, Rosenbaum has one last family member to win over: Hebert's pet yorkie, Boo. After they met for the first time earlier this month, the pint-sized puppy got better acquainted with Rosenbaum and the two seemed to be well on their way to a great relationship. "They're good. They will be best friends," the former Bachelorette told <u>People</u>. With plans to relocate Boo to the Big Apple as soon as possible, Hebert is excitedly basking in what seems to be the start of her celebrity love story.

Bachelorette winner Rosenbaum gets along fine with Hebert's pet, Boo. What do you do if you don't get along with your partner's pet?

Cupid's Advice:

Introducing your new partner to your pet can be a big step in your relationship and love. Pets can sense emotions like fear and anger, so you need to be sure to relax and enjoy yourself. Here are some tips to consider when your love meets your pet:

1. Go on a date that includes the pet: It doesn't have to be anywhere fancy. A nice picnic at the park along with a few games of fetch is a perfect example. Pack some sandwiches for you and some treats for your furry friend!

Related Link: Dating with Dogs: Picking Out a Pet Together

2. Spend a little one-on-one time with them: Just like people, pets need uninterrupted attention as well. Offer to take them on a walk for 15 to 20 minutes so they can get used to you without your partner present.

Related Link: <u>Dating with Dogs: What to Discuss Before Getting</u> <u>a Pet</u>

3. Bring them treats: No pet can resist the temptation of a new play toy or a delectable treat. A few of these will have them happy to see you in no time.

How did you get your partner's pet to like you? Share your experiences below.

Megan Fox Explains Why She's Waiting to Have Children





Megan Fox definitely

wants to start a family ... just not right now, according to USMagazine. The 25-year-old actress who co-parents her husband Brian Austin Green's 9-year-old son said, "I absolutely want biological children. I've always wanted kids. It's just about the timing." She explained that they are waiting to be financially stable before starting a family. "I have it in my mind about what amount of money I want in the bank so that I can protect that child's future, and really protect it, so that kid never struggles," she said. "Once I feel safe with that, then I'll have kids."

What are some preparations to make before you have kids?

Cupid's Advice:

When deciding to start a family, there are many things to consider and for which to prepare. Here are three of them:

1. Financially stable: In order to support a child, make sure you doing financially well. If you don't have a good enough job, attempt to get a new one. If you need more time to save, take those weeks or years you need.

2. Shelter: It's important to live in a safe environment where you can raise your child. If you're currently living in the middle of a sitting in a loft apartment and you don't feel that's the type of atmosphere in which you want to raise a child, wait until you're somewhere you feel your family life is meant to be.

3. Ready: Make sure you and your spouse are ready to start a family and take care of all the responsibilities that come with it. If you have doubt, don't go through with having kids quite yet.

What are some preparations you think one should take before having children? Let us know in a comment below!

Rumor: Has Jennifer Lopez Moved On With Bradley Cooper?





Jennifer Lopez and

Bradley Cooper are being linked after having a dinner date on Saturday at Per Se in New york. Could the now-single Lopez be over her ex Marc Anthony? A source told <u>People</u> that the couple were "in discussions regarding a project." Even though Cooper would be a great rebound for Lopez, we think the multitalented beauty should be able to go through her divorice without the rumors.

How do you combat destructive rumors about your relationship?

Cupid's Advice:

No one likes a rumor, especially if it involves your love life. You can't stop them, but you can combat them with these easy steps:

1. Address the rumor: Pretending you've never heard the rumor only lets it grow bigger. Acknowledge the rumor and get to correcting it.

2. Tell it like it is: Don't feel like you don't have to explain yourself to others. Let people know that a rumor about your relationship is not true. Leave the "no comment" cliche to the celebrities.

3. Embrace the rumor: If the rumor continues, embrace it. Look for a positive swing on the rumor. If Jennifer can live with being linked to a hot guy, so can you.

Have you ever had to combat a rumor?

Maria Shriver Discusses Support Received After Divorce Announcement





Maria Shriver

endured a difficult year, but she's thankful for all the support she has been receiving from family and friends. At a bicycle race on Saturday, <u>People</u> reports that Shriver told the crowd, "I appreciate your support, particularly this year, for

sticking with me." She also spoke of a recent experience with a friend. "When I was going through my own challenges this year; feeling down and confused, I got an email from him. He wrote me a note saying, 'You're my best friend Maria and you will never be left out,' " she said. "When the world is so complicated, the simple gift of friendship is within all of our hands. Thank you to everyone who came up to me this weekend and wished me well."

What are some ways to deal with the aftermath of a divorce announcement?

Cupid's Advice:

Going through a divorce is difficult, but trying to deal with it once it's official is a whole new experience. Since moving on can be harder than you expected, Cupid offers some advice:

1. Express your feelings: In order to heal, you must speak about your feelings with someone you trust, instead of keeping them bottled up.

2. Activities: Stay busy by participating in activities or picking up new hobbies. When you're engaged in something, you're less likely to think about your divorce.

3. Travel: Take advantage of being single by traveling wherever you want to go. This experience will make you feel less lonely, and you only have to worry about yourself in the planning process.

Do you have suggestions on how to deal with the aftermath of a divorce? Share your ideas below.

Surprise! Amy Smart Ties the Knot With Carter Oosterhouse





Shameless actress,

Amy Smart, recently married HGTV's Carter Oosterhouse in Traverse City, Michigan. According to <u>UsMagazine.com</u>, the bride looked stunning in a Carolina Herrera gown, as did her bridesmaids in navy Ann Taylor dresses. "We feel so excited and blessed to celebrate this happy day with our family and friends," said the wholesome Hollywood newlyweds. Both Smart and Oosterhouse are known for being environmentally friendly. In fact, the couple met in November 2010 at a green-charity event.

What are some important things to see eye-to-eye on before getting married?

Cupid's Advice:

Marriage isn't just about the dress and a reception; it's a

union between two people. While it's healthy to have differences of opinion when it comes to the little things, you have to be on the same page when it comes to the fundamentals:

1. Kids: If one of you wants to have children and the other couldn't be less interested in adding children to your lives, you are going to run into problems later. Talk about this indepth with your partner before taking the next step.

2. Finances: It is always important to be financially responsible. But, that means different things to different people. If you can't come to an agreement on budgeting, consider separate bank accounts.

3. Home: People are often very attached to where they grew up. If the two of you grew up in different places and each want to start a family in your perspective hometowns, this could mark the end of your relationship if you can't compromise.

What techniques can you use to come to an agreement before the wedding about the important things? Share your thoughts below.

Justin Bieber Says He Wants to Be Married By 25-Years-Old





Teen sensation

Justin Bieber already has marriage on the mind, reports <u>People</u>. When asked where he sees himself in five years, the 17-year-old pop singer told *Women's Wear Daily*, "By 25 or 26, I want to see myself, like, married or start looking for a family. I want to be a young dad. I want to be able to have done what I wanted to do — to be successful, to do a movie or whatever."

Is age a factor when it comes to marriage?

Cupid's Advice:

Though the age-old mantra "age is just a number" often holds merit, it's important to take age into consideration when committing to marriage. Here are a few things to consider before making a decision:

1. Future experiences: When you truly love someone, you shouldn't feel like you're giving anything up. When you marry, you potentially forever rule out any future relationships. At a young age, you are giving up a lot of future relationships. Be sure that you don't feel as though you're missing out.

2. Your goals: When you're young, you don't always have your

priorities set in stone. You may mature and decide to take your life in a different direction. Be confident with your place in life before marrying.

3. The age of your partner: Though you may be the rare young person who is mentally prepared for a marriage, your partner may not be. Make sure that your partner is as ready as you are for this commitment.

Did you marry young or you know anybody who has married young? Share your story below.

Eddie Cibrian's Ex Brandi Glanville is Dating A-List Actor Gerard Butler





It looks like Brandi Glanville has moved on! Eddie Cibrian's ex was spotted on August 27th at a beach party, getting hot and frisky with Alist actor Gerald Butler, according to <u>Hollyscoop</u>. Glanville has a spot on Bravo's 'The Real Housewives of Beverly hills' and has traded her TV actor ex for a movie star. It's not too bad for a girl who got cheated on and dumped.

How do you make it clear to your ex that you've moved on?

Cupid's Advice:

It's important to show your ex that you have moved on when a relationship ends. We're not talking about busting his car windows in or posting shameless pictures of you making out with random guys on Facebook. Cupid has some classy ways to go about it:

1. Change your relationship status: If social networking is your thing, than make it known on Facebook or with a quick Twitter post that you are now a single lady. Note: This should be the last post about you and your ex left behind in the cyber world.

2. Take a hint from Brandi Glanville: If you're not ready to

date, why not have a little fun? A fling or make out session with a hot guy says you've moved on and are focusing on you.

3. Get a new look: Get a new haircut, wardrobe or hobby; celebrities do it all the time! It's time to let loose and have some fun.

How have you showed your ex that you're over him? Share your experience below.

Nick Jonas and Delta Goodrem Pack on PDA in Cabos





Speculators say the

purity ring could be a thing of the past for Nick Jonas. The 18-year old star was seen with girlfriend Delta Goodrem sharing beach chairs and holding each other intimately in Los Cabos over Labor Day weekend, according to <u>UsMagazine.com</u>. In addition to the sexy vacation, Jonas tweeted a message causing some to suspect an impending engagement. "I'm getting so excited about sharing my big news with all of you!" he said. "Who thinks they know what it is?" The two were first seen holding hands in May.

What are ways to bond with your partner on vacation?

Cupid's Advice:

It doesn't matter where you go on vacation, as the most important thing is to spend time with your partner. Here are some suggestions:

1. Try something new: Enjoy vacation by doing things you wouldn't normally do. Part of being away is letting go of the daily grind. For example, go skydiving or bungee jumping with your partner.

2. Make time for simple pleasures: Do things with your lover you usually don't have time for, such as cuddling in the mornings.

3. No idiot box: Try not to just watch TV together while on a trip. Instead, relight that spark by spending quality time swimming in the pool or cuddling in the hot tub.

How did you bond on your latest vacation with your partner? Share your experiences below.

Jake Gyllenhaal Spends Time With Three Eligible Women In One Week





Jake Gyllenhaal is

definitely enjoying the single life! The 30-year-old actor was spotted with no less than three women in one week, reports <u>People</u>. First, Gyllenhaal stopped at a gas station with Anna Kendrick on their way back from Las Vegas. Next, the eligible bachelor joined pal Rashida Jones for lunch at an organic, vegan café in L.A. Finally, he hung out with married *Cougar Town* star Busy Philipps, who is a longtime friend and fellow godparent to Matilda Ledger, Heath Ledger and Michelle Williams' daughter. Although all three women are said to be "just friends" with the *Love & Other Drugs* star, it looks like Gyllenhaal is still one of Hollywood's most popular bachelors.

What are things to be cautious of while dating around?

Cupid's Advice:

When you're single, you want to play the field without going overboard. Cupid has some tips on how to be careful, and yet still have fun while dating:

1. Overbooking: Even if you're a heartthrob movie star like Jake Gyllenhaal, more than three dates in a week can be a little overwhelming. It's not like you can't go out with more than one person at a time; just make sure you're giving each of your dates enough attention.

2. Being dishonest: When you're seeing someone new, you should be truthful right away. If you're not looking for a serious relationship, tell them that to avoid any confusion or hurt feelings.

3. Falling into a pattern: If dating bad boys hasn't exactly worked out for you, try changing your habits. By dating outside of your comfort zone, you'll find out what you like and in the process, you may also find "the one."

What else should you be wary of while casually dating? Share your comments below.

'Friends' Alum David
Schwimmer and Zoe Buckman
Renew Wedding Vows





It seems this duo is

still 100-percent committed. David Schwimmer and Zoe Buckman renewed their wedding vows recently outside London in a ceremony officiated by actor, Joey Slotnick. According to <u>UsMagazine.com</u>, Schwimmer's Friends co-star, Matt LeBlanc, was among the 200 guests. The couple's 4-month-old daughter, Cleo, also took part in the festivities. Other famous guests included Thandie Newton and Oliver Parker.

What are some reasons to renew your wedding vows?

Cupid's Advice:

Besides being madly in love, couples never really need a cause to renew their vows. But, here are some fun reasons to formally profess your adoration to your partner once again:

1. It's an excuse for a vacation: Bruce and Kris Jenner renewed their vows during a family vacation to Bora Bora. If you didn't get the chance to have a destination wedding (or even if you did), renewing your vows on location can be a fun and romantic adventure.

2. You saw a wedding dress you loved: Even if you're already happily married, there's nothing like coming across the perfect wedding dress. Now that you have the right dress, all

you will need is a guest list and the perfect venue to renew your vows.

3. Thanking your partner: Years and years of a happy life together are often hard to come by. Saying 'I Do' again is an opportunity to show how thankful you are for the happiness and support your partner provides.

If you could renew your vows anywhere in the world, where would it be? Share your thoughts below.

Jon Gosselin Has Life Advice for Ex-Wife Kate





Kate Gosselin spoke

out to <u>People</u> expressing concern about her family life after her show Kate Plus 8 was cancelled, and now her ex, Jon Gosselin, has some harsh pieces of advice for her. Speaking to <u>RumorFix.com</u>, Jon said, "Reality TV is not a career. Get back to a normal life – a simple life." The bitter exes played out the end of their marriage on TV in in 2009. Since then, they have quarreled about their kids and the reality TV life they lead. "Things will work out the way they should work out," said Jon. "Obviously, there are families out there that have several kids – people work normal jobs, and things work out."

How do you make life normal for kids after a divorce?

Cupid's Advice:

Sometimes when a divorce is sparked by big differences and involves a lot of bitterness, it can be tough to make life normal for your kids during the process. Cupid has some tips:

1. Establish a routine: One of the best things you can do during your split is to keep a routine for your children. If things are always up in the air and unstable, it'll make them uneasy. Keeping a consistent schedule is reassuring.

2. Be civil to your ex: No matter how bitter your breakup may be, suck it all in while in the presence of your children. It's important to portray a united front no matter the circumstances.

3. Keep your differences quiet: Your child's life won't be normal if he or she has to decide which side of an argument to believe. Keep your fights and disagreements behind closed doors so that your children't aren't forced to pick favorites.

What are some other ways to keep your child's life normal during a divorce? Share your thoughts below.

Are Justin Timberlake and Jessica Biel Back Together?





On-again off-again

couple Jessica Biel and Justin Timberlake seem to be back together, reports <u>People</u>. The duo were spotted on an outing in Steamboat Springs, Colorado. They attended Biel's friend's wedding, and ended up spending the entire weekend together. Says an onlooker, "There was plenty of P.D.A., and they seemed happy."

How do you know when you should give a relationship another shot?

Cupid's Advice:

Getting back together with your ex is a difficult choice to

make, and it can be even further complicated by lingering feelings. Here are a few things to consider before making a decision:

1. Your feelings: After a breakup, you're often so lonely that you return to your ex. It's important to decide whether you're just lonely or if you have actual feelings for your former partner.

2. Reasons for your breakup: Figure out why you called off your relationship in the first place. If the two of you had a trivial fight, it may be something you can overlook. If your partner has serious character flaws or has wronged you in some major way, you may wish to rethink getting back together.

3. Your future happiness: If you feel that your ex will make you truly happy, then go ahead and rekindle the relationship. However, if you feel that there's someone better for you out there, then end your relationship for good and get back onto the dating scene with an open heart.

Have you ever gotten back together with an ex? Feel free to share your story in a comment below!

Prince William and Kate Middleton Re-Gift Land Rover Wedding Present





This royal couple

loves to give back. Upon receiving a Mountain Rescue Team Land Rover as a wedding gift, Prince William and Kate Middleton passed it on as charity to the Mountain Rescue England and Wales. After a raffle, it was awarded to the Patterdale team, according to <u>UsMagazine.com</u>. "The vehicle will be greatly appreciated. Our present vehicle only has a shelf life of about six months and we were embarking on a major fundraising exercise to raise more than £45,000 to replace it," said Keith Montgomery, honorary secretary of Glossop Mountain Rescue Team.

What do you do if you don't like a gift you get at your wedding?

Cupid's Advice:

Getting questionable gifts is an inevitable part of getting married. You're not going to like every single gift you receive from your guests. Here are a few ways to deal with that situation:

1. Regardless, send a thank you card: No matter what the gift, you still must send a "thank you" note even if you can't stand what you received. Just because this particular guest may have

misread your tastes, that doesn't mean he or she doesn't have the best wishes for you and your marriage.

2. Give back: Chances are you may receive more than one toaster or food processor. Instead of sticking them in a drawer never to be seen again, donate these items to a shelter or group home for children. These types of facilities are not able to afford luxuries, and giving back to them is a great way to bring good karma to your marriage.

3. Use your gift receipt: You can always return the unwanted present to the store and use the cash for something you really wanted. However, if you choose to go this route, don't tell your guest. Although they most likely want you to have what you need, they might be hurt if they find you didn't like their gift.

What did you do with your unwanted wedding gifts? Share your experiences below.

Zara Phillips Talks Babies and Skipped Honeymoon





It's amazing that

Zara Phillips could even fit a wedding into her busy schedule when she says she and her rugby player husband don't have time for a honeymoon. <u>People</u> reports that the equestrian royal, 30, and her new hubby Mike Tindall, 32, haven't had a moment to rest since their wedding in July. "There are always other competitions and other dreams that you want to achieve. Winning Badminton and Burghley, the Olympics, another World Championship," said Phillips, daughter of Princess Anne and Captain Mark Phillips. Focusing on their careers also means putting off having children. "I'd love to have kids, but not at the moment. You know — I'm just happy competing and putting the work in."

What are the advantages of delaying your honeymoon?

Cupid's Advice:

While the majority of couples who have honeymoons choose to do so right after their wedding, there are some advantages to putting it off. Cupid has some thoughts:

1. Save money: You've probably gone nearly broke financing your wedding or cleaned your parents out of cash. If you wait a little while, you can earn some extra money to make your

honeymoon extra special.

2. Take a breath: After the wedding festivities are over, traveling (even to an exotic destination) creates extra stress. When you want a real break, just chill out at home and save the trip for later.

3. Wait for the weather: If you got married in the summer, but really want to go to Aspen for your honeymoon, there's no harm in waiting a few months until the weather suits you.

Are there any more reasons to put off a honeymoon? Share your comments below.

He Said/She Said: Natalie Getz and David Good Answer Questions about Bachelor Pad 2 Episode 5





Βу

Jennifer

Harrington

As Labor Day weekend wrapped up, we were all treated to a suspense-filled episode of *Bachelor Pad 2*! During the <u>episode</u>, viewers witnessed a strategic challenge, romantic fireworks between Michelle and Graham, Erica's over-the-top overtures towards Blake, and a final showdown between Blake/Erica and Kirk/Ella. To make sense of this crazy installment of summer's guiltiest pleasure, we spoke to David Good and Natalie Getz, winners of *Bachelor Pad 1*.

Michelle and Graham's relationship took a big step forward this week — were you surprised they won the competition, given they have not been together for that long? What did you think about their strategy during the game?

He Said: I think it has been growing; we have just not seen much of them because of the Jake/Vienna/Kasey BS. Best strategy in a game I have seen yet on the *Pad*!

She Said: Their strategy was genius. David and I had a similar strategy last year. We picked answers that were easy for us to remember, versus the truth. They are going to win, I just know it. Keeping quiet and out of the drama is the best thing you can do in the game. I enjoyed seeing them fall

in love this week! If they got married and had children, the kids might actually be too beautiful.

What were you thinking during Erica and Blake's date? Did Erica's aggressive behavior surprise you, and did you agree with how Blake handled the situation?

He Said: It did not, because I know her. She is hilarious, and that is Erica. A different bird for sure, but love her and she is her own person. I respect that. I thought Blake did very well handling the situation.

She Said: Blake handled the situation incredibly well, but Erica is my hero! She is so entertaining to watch and is not afraid to say or do anything on camera. Her behavior didn't surprise me one bit and had Blake not already started a relationship with Holly, Erica would have gotten her way. Trust me!

Why do you think Erica and Blake gave Vienna and Kasey the roses? Why are Vienna and Kasey still around, if everyone supposedly dislikes them so much?

He Said: They are still around because people are scared to go against them. Erica and Blake thought if they teamed up with them, they would be safe. Fail!

She Said: Kasey is great at manipulating people to do what he wants them to do. I am shocked Erica and Blake did that! They could have given the roses to Ella and Kirk and gathered the gang to all vote off Kasey and Vienna! I think people like Vienna and Kasey, but they are just exhausted by their fights. They are both very nice people, but being cooped up in a house definitely tested their relationship! Rest assured, they are still in love.

Ella has been very vocal about her desire to win the money – what's your take on her approach? Is it winning her sympathy votes?

He Said: Of course it is winning votes. Lots of people can relate to that. She has not had an easy life, but in my opinion, the best diamonds form under the most pressure. I don't like the fact that she is saying she needs the money so bad though. There are a lot of single moms making it with way less than what she has. But it would be nice to see someone with a good heart win.

She Said: It's definitely winning her sympathy votes. It's officially saved her twice at this point. I, for one, would never vote her off if I was in the house. As much of it is a game, I have a super soft spot for children and wouldn't be able to vote her off, even if she was my biggest threat! I want her son to have a backyard and a home so bad.

After Holly voted Blake off, do you think there is any chance of them re-kindling their romance post *Pad*? And, with Blake gone now, how do you think Holly and Michael's relationship will change?

He Said: I think they for sure could see each other after, but don't think it will last long. Just my opinion, which in Bachelor history has been 100 percent accurate so far. I gave Ames and Jackie two weeks; they lasted 5 days I heard. So I was off a little! When Mike watches this show, I hope he realizes he is better without her.

She Said: I think we haven't seen a lot of what's going on in the house. I think Holly and Blake have spent a ton of time together that we aren't seeing and I also think she has spent some quality time with Michael. It hurts to watch because they are both my friends. When Holly called off the engagement, Michael was beyond devastated. When she decided she made a mistake and wanted him back, he couldn't do it and then she was devastated. I'm just glad they can both still love each other as friends! I don't think these two will be getting back together. Be sure to tune in **next Monday night for the next chapter in Bachelor Pad** history! And send us your questions for David and Natalie while you're watching!

How to Size Someone Up For the Long Run





By Dr. Samuel

Barondes, author of *Making Sense of People*

When we meet someone new, we immediately form a tentative picture of his or her personality. We generate this first impression in a matter of seconds, because we need it to guide our initial give and take.

Our amazing ability to rapidly size people up works so well that we continue to rely on it as we get to know the person better. In doing so, we keep building a more elaborate intuitive impression—an impression that we rarely bother to consciously examine. Although we may spend hours methodically assessing a new smartphone before deciding what we think of it, our assessment of someone's personality keeps being made by the seat of our pants.

There are times, though, when we want to consciously think over what we've observed. We may, for example, want to figure out if a person we are dating has the right stuff for a permanent relationship by discussing it with our friends. But these conversations are often uninformative because few of us have been taught a systematic way to assess personalities. This limits our ability to come up with a thoughtful appraisal of the person we have in mind, even with the assistance of those who are eager to help us.

I have a system for going beyond a first impression by consciously assessing the personality of someone who interests you. With this system, you and your friends can discuss the many observations you've made, and come up with a clearer and more useful picture. It begins by showing you how to thoughtfully assess basic characteristics such as sociability, warmth, competence and emotional stability. This will help you decide how much it matters to you that the person is shy or outgoing, warm or cold, reliable or unreliable, and content or easily upset.

You will then be ready to look for signs of troublesome patterns such as compulsiveness, narcissism, sociopathy and paranoia, and to consider how this might affect you. Having clarified these matters will put you into a position to make a moral appraisal of the person's character, using your own personal standards. You'll also learn how to put this all together with what you know about the person's view of who he or she really is, a sense of identity that includes goals, ideals, and a life plan. Making sense of someone in this systematic way will help you decide how compatible the two of you are. Although a first impression tells you if you want to get to know someone better, a thoughtful appraisal may reveal both admirable and dangerous aspects of a personality that you might have overlooked, and that may prove to be important in the long run.

Samuel Barondes is the Jeanne and Sanford Robertson Professor and Director of the Center for Neurobiology and Psychiatry at the University of California, San Francisco. A leading psychiatrist and neuroscientist, he is a member of the Institute of Medicine and the American Academy of Arts and Sciences. His books include Mood Genes, Better than Prozac, and the Scientific American Library title Molecules and Mental Illness. He lives in the San Francisco Bay area.

'Bachelor Pad 2' Couple Michelle and Graham Are Still Talking Every Day





o stars of

Bachelor Pad 2, Michelle Money and Graham Bunn, have managed to keep their relationship going long after the cameras stopped rolling, according to <u>People</u>. Money, who returned to Utah after the show, and Bunn, who now resides in New York, make sure they keep in contact almost every day. How do they do it? Well, it's not visiting each other every weekend or doing "hanky panky" over the phone. The two keep their relationship going strong with communication.

What are some keys to making a long distance relationship work?

Cupid's Advice:

It can be nearly impossible to see your partner every weekend when he or she lives so many miles away, and can even be tough to talk multiple times a day with a hectic schedule. Once you've decided to take on the challenge of a long distance relationship, you're going to have to put in some work! Here are some ways:

1. Skype: This technology is a great way to talk to your significant other face-to-face sans the airline ticket prices and long lines . All you need is a computer and webcam. Also,

it's free!

2. Have a Friday night movie date: Movie dates are a dating staple. With Netflix, you can both watch the same movie at the same time in party mode. The Netflix package is available through Xbox live, Playstation, and Nintendo Wii. Plus, what guy doesn't already own an Xbox?

3. Unlimited plan: You're going to be making some expensive phone calls, so make sure your phone plan has the best possible deal you can get.

What are some ways you make your long distance relationship work? Share your experiences below.

Oskana Grigorieva Discusses Why She Settled with Mel Gibson





It's official!

Russian musician Oksana Grigorieva accepted last week's truce deal — worth \$3 million — with Mel Gibson, <u>RadarOnline.com</u> reports. A forensic accountant analyzed this deal with the \$15 million settlement from 2010. "The previous offer was structured in a way that made its value less than \$1 million," her lawyer Daniel Horowitz said. "Moreover, it required Oksana to surrender to Gibson all evidence in the criminal case against her, which could have made her subject to criminal charges ranging from bribery to destruction of evidence." Grigorieva's lawyers value the present settlement, which includes 16 years living rent free in a \$1.8 million home, \$750,000 in periodic payments, payments to attorney fees and rights to her album and videos, "at over \$3 million."

How do you know when to drop an argument in a relationship?

Cupid's Advice:

When you're quarrelling in a relationship, what you want most is to end it. Here are some suggestions on when to drop an argument:

1. Identified main issue: Once you have both figured out what caused the argument and shared how deeply it impacted each

other, it's safe to move on from it.

2. Fixed the issue: When a resolution to the issue has been decided so you can avoid the argument from resurfacing in the future, it's best to stop discussing it.

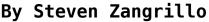
3. Apologized: The best ending to an argument is when one or both of you has apologized sincerely.

When do you think it's best to drop an argument in a relationship? Let us know by commenting below.

'Bachelor Pad 2' Recap Episode 5: Vienna and Kasey Start to Crack, Graham and Michelle Hit it Off.







The Nearlywed Challenge:

This episode kicked off with Blake and Erica teaming up for the Nearlywed Challenge, an offshoot of the Newlywed Game, despite his real desire to be with Holly. However, Holly had promised Michael that she would stick with him to the end, although her behavior throughout the episode indicated that she might be having second thoughts about that decision.

For the Nearlywed Challenge, couples were paired up and asked questions about their partner. One person would write down the answer and the other person would try to guess what the other person said. If the answers matched up, they would get a point.

Kasey and Vienna, the de facto couple of the house, weren't exactly on point when answering questions (much to the delight of the other housemates). Michelle and Graham, however, used a brilliant strategy of pre-determined answers to steal the game and snag an incredible date. Surprisingly, Blake and Erica took second place and although they didn't get immunity roses, they did earn a date of their own.

Challenge Winners: Michelle and Graham

Immunity and Dates:

Michelle and Graham were the winners and ABC flew them via helicopter to downtown LA where they were dropped off on a rooftop, complete with a pool and private screening of "What's Your Number?", a new comedy starring Anna Faris.

The two newly coupled pair hung out in the pool while the film played, seemingly hitting it off. They even shared a passionate kiss.

Blake and Erica were the runners-up. However, they were granted a one-on-one date at a beautiful Spanish Mission. To say this date was out of the ordinary would be sugar-coating it. First, the couple didn't even want to be paired together. Then, they win the challenge and get a date. They don't have immunity, but there are two long stemmed red roses staring at them over dinner. As it turns out, these flowers were given to them in order to save another couple (who inevitably would save them). Or, if you're Blake you may only care about the rose for the sake of spending more time with Holly because we all know that's really all he cares about at this point anyway. So, the second place non-lovers give the roses to Kasey and Vienna – much to the disgust of the other housemates and unintentionally sealing their bad fate.

What's even funnier is that Erica decides to seduce Blake on the date. It was almost comical, as Blake deftly shot down her advances one after another. At this point, Erica threw a wacked-out and bizarre temper tantrum, accusing Blake of disrespecting her. The best part of all of this, of course, is that Erica was as sober as a bird.

Back at The Pad:

Michael, Holly and Blake:

The drama only continues to heat up between these three. Michael, presumably in the spirit of jealousy, decides to profess his undying love to Holly. Further, he tells her that he will be there waiting for her whenever she wants to come back to him. This prompts Holly to call Michael out on his lack of communication over the previous three months. Mostly, she was upset that he never expressed these feelings when the cameras were off. Needless to say, this soap-opera moment was all for Blake... that is, until he and Erica were sent home.

Ella and Kirk :

Ella, meanwhile, was having serious doubts about her and Kirk's future on the show after they didn't receive Immunity Roses.

Elimination:

Blake and Erica came into this episode like a roller coaster, they poorly managed their opportunities to get ahead. They had no option but to partner up at the end but played the Nearlywed game well enough to gain some leverage. Their lack of love connection probably set them back from staying in the house.

Predictions:

Cupid's Pulse is still spot on with our predictions of Michelle, Michael, and Ella. However, that basically leaves one member of every power couple – except for Vienna and Kasey. Wow, good job we did choosing all of them. But, if we had to pick the last standing couple, we would go with Michelle and Graham. They would win love and money. That would be historical. We can find out next week during the Season Finale, so stay tuned!

In the meantime, if you have questions about the Bachelor Pad 2, send them in. We will have former winners, <u>Natalie Getz and</u> <u>David Good</u> with us all season to answer them.

Lauren Bush and David Lauren: Newlyweds





After a year of

planning, Lauren Bush, the niece of former president George W. Bush, and David Lauren, the son of fashion designer Ralph Lauren, finally tied the knot. The couple were wed at the massive Double RL Ranch in Colorado, reports <u>People</u>. The ranch, named for Ralph Lauren and his wife Ricky Lauren, covers 17,000-acres of land in the Rocky Mountains. Though the ceremony was on Sunday, the entire weekend was devoted to family activities such as picnics, softball and rodeos. Lauren Bush faced a tough decision when it came to choosing her married name, but finally settled on Lauren Bush-Lauren, choosing to both take her husband's name and avoid confusion.

How do you decide whether to take your partner's last name?

Cupid's Advice:

Many marriages are becoming more and more modern, with many women choosing to keep their last names. Here are a few things to consider before making your decision:

1. Outside pressure: Make sure to recognize any outside influence on your decision. It's your name, so your family's traditions or your friend's ideas should have no major impact.

2. Your ideals: Are you old-fashioned? If so, you may want to take your husband's name. If you're more modern, you should consider keeping your name. You need to be comfortable with your name, so make sure it's something that fits with your goals and values.

3. Compromise: It isn't bad to compromise if you can't make a decision. Try hyphenating your last name or combine your last name with your partner's for something unique and personal.

Do you think a woman should take her husband's last name? Feel free to share your opinion in a comment below.