# How to Define Your Aura to Find Lasting Love





By Pamala Oslie

Ever wonder why you feel drawn to some people and not others? There's a reason why certain people are compatible, and that reason is that their energies, or auras, mesh well together. An aura is an energy field that radiates from you and broadcasts who you are at all times. People can feel your essence, just like you can sense theirs. In fact, different aura colors reveal different personality types, and certain color personalities are more compatible than others.

Take this simple quiz to find out what your aura colors say about you and your most compatible partner:

Related Link: Finding Lasting Love- The Last Blind Date

Aura (	Colors Quiz	2
Yes	No	Color #1
 up.		I like to laugh, play, and cheer people
	 tic or a	I tend to look younger than my age I like to be creative, artistic, healer.
		Total
Yes	No	Color #2
	 onal persor 	_ I enjoy working with computers,
	nes, or e  ng on detai	lectronics. I prefer to work for others & enjoyils.
		Total
Relate	ed Link: <u>T</u> i	ips For Having A Happy Love Life
Yes	No	Color #3
 accom	ctionist, plishing lists.	I tend to be a workaholic, ambitious, and strong-willed.  My top priorities are money and goals.  I am organized, efficient, and ofter
		Total
Voc	No	Color #4

I tend to help, counsel, and nurture

others.
Love, spirituality, and relationships
are my highest priorities.
I tend to be emotional and can cry
easily.
Total
Yes No Color #5
I have a strong desire to help save or
improve the planet.
I have always felt that I was going to
be famous, be a leader or do something big and important.
Freedom, travel, and independence are
major priorities to me.
Total
Highest number of "yes" answers: Color #
Second highest number of "yes" answers: Color #

#### Your Aura Color Key

#1 = Yellow

#2 = Tan

#3 = Green

#4 = Blue

#5 = Violet

Most people have two main aura colors, so the personality traits of both colors will apply to you. Below, notice what you'll need in a partner and which colors are your best match:

**Yellows**: The fun-loving Yellows need playmates. They need to laugh and enjoy life. They enjoy partners who are playful, happy, spontaneous, curious, optimistic, physically active and healthy. Best partners: Yellows, Blues, some Violets and Tans.

Yellows: Goldie Hawn (Yellow/Blue), Johnny Depp, and Mike Myers.

**Tans**: Practical, down-to-earth Tans value long-term commitment. They need partners who are logical, devoted, reliable, sensible and who can be content with a basic, secure lifestyle. Best matches: Tans, some Blues, Yellows, and Greens.

Tans: Clint Eastwood (Tan/Violet), Harrison Ford and Brad Pitt
(both Yellow/Tans.)

**Greens**: These movers and shakers are intelligent and ambitious with a strong, commanding presence. They're driven, often workaholics and may not be at home much, so partners need to be independent and self-reliant. Greens need mutual respect and to feel intellectually stimulated by their mates. Best partners: Greens, Violets, and some Tans.

Famous Greens: Barbara Walters, Bill Gates, and David Letterman (Green/Yellow.)

Blues: Blues are nurturing, devoted partners. They live for love and a committed, monogamous relationship. There is nothing Blues won't do to keep their relationship together. What Blues needs from a partner is love, loyalty, emotional connection, faithfulness, mutual trust, and long-term commitment. Best mates: Blues, Yellows, Violets, and some Tans.

Blues: Ellen Degeneres, Jennifer Aniston, and Kate Hudson (All Blue/Yellows.)

**Violets**: Violets have strong, dynamic personalities. They're visionaries and leaders. They typically radiate charisma and sexual chemistry. Violets need to live big lives so they need partners who can soar with them; equal, inspirational partners who share their visions. Violets must experience excitement, growth, expansion, and passion. Best partners: Violets,

Blues, Greens, and some Yellows.

Violets: the Beatles, Oprah, Martin Luther King Jr., George Clooney, and Spielberg. (All Violet/Yellows.)

For over 27 years, Pamala Oslie has helped people better understand themselves and live happier lives by using her psychic abilities and her rare ability to see auras. She has discovered different colors in the aura reveal a person's personality, best life direction, and more. Check out www.LoveColors.com and www.AuraColors.com for more information.

# Rosie O'Donnell Proposed With \$100,000 Ring





Rosie O'Donnell has no problem splurging for her love. The talk show host, 49, told her audience on Monday that she was engaged to girlfriend Michelle Rounds, reports <code>UsMagazine.com</code>. O'Donnell reportedly spent \$100,000 for the engagement ring. "The cushion cut center diamond is approximately 4 carats, and since it's set in platinum, the diamond will be held more securely," said jewelry expert Michael O'Connor. "There may be additional significance to the fact that the center diamond is surrounded by 'rounds' set into a platinum collar."

How do you know what style of engagement ring to buy your soon-to-be spouse?

### Cupid's Advice:

Picking out an engagement ring that suits your partner's personality can be difficult. Here are a few suggestions as to cut and style:

1. Solitaire: The most classic and timeless engagement ring is the solitaire. The solitaire has a single diamond set in a

band of platinum, gold, white gold, or silver. If your partner is traditional and elegant, this is the way to go.

- 2. High-Carat diamond: If your partner is outgoing and charismatic, an engagement ring with a big, attention-grabbing diamond may be the correct choice. However, big diamonds of a high quality are extremely expensive. If you're facing tough economic times, consider cubic zirconia as an alternative to a diamond.
- **3. Brand name:** If your partner loves fashion, a brand name ring may be her preferred choice. A ring from Tiffany & Co. or Cartier will be sure to please her.

How did you pick out your spouse's engagement ring? Feel free to leave a comment below.

# Hulk Hogan Sues Ex-Wife for Defamation





Hulk and Linda Hogan, who already claim one of the messiest divorces in Hollywood history, will soon be meeting in court once again. According to RadarOnline, Hulk Hogan, whose real name is Terry Bollea, recently filed a defamation law suit against his ex, Linda, over allegations made in her book Wrestling the Hulk — My Life Against the Velvet Ropes. "He's being accused of all sorts of vile conduct that he did not commit," said an attorney of Hulk. Linda is claiming that she feared ending up dead like Nicole Brown Simpson and that Hulk had a homosexual relationship with another pro-wrestler. Hulk and his legal team are claiming these allegations are false and are ruining his reputation. Linda recently received \$7.4 million along with houses and a car in their divorce settlement.

What do you do if your ex starts bashing you behind your back?

### Cupid's Advice:

Bashing your ex behind their back is about as about as low as you can go. The best you can do is ignore it and refrain from adding to the furry:

- 1. Take yourself out of the situation: If the gossip is so bad that you can't just ignore it, get out of town for a while or try to be in a place void of your ex.
- 2. Don't add fuel to the fire: The worst action you can take is to contact your ex and let them know how upset you are. It will just make matters worse and give them the satisfaction of knowing that they got to you.
- **3. Move on:** Don't let the rumors and the hate stop you from moving on with your life and finding someone new.

What would you tell a friend if they were being trashed by their ex? Share your stories below.

# Demi Moore and Ashton Kutcher Have Awkward Run-In





Recent exes Ashton Kutcher and Demi Moore bumped into each other while dining separately at a West Hollywood private members club, according to <u>UsMagazine.com</u>. The couple split after Kutcher's fling with Sara Leal became public. During the awkward run-in, according to sources, Moore was with a man (platonically) and Kutcher was with a group of friends. When Moore spotted Kutcher across the dining room, she approached him. From a distance, sources say the ex-couple's encounter was awkward and uncomfortable for both parties. After a friendly hug and some small talk, the necessary mingling was over.

### How do you react when you run into an ex after a bitter breakup?

### Cupid's Advice:

After a breakup, it tends to be impossible not to have a casual run-in with your ex, seeing as you both love that Tai place around the corner and stop at the same Starbucks on your morning commute. Here are a few tips to keep things short and friendly:

- 1. Be polite: Although you may want to throw your coffee in his face, refrain from making a scene. Your ex is expecting you to be bitter, upset and uncomfortable. Make small talk and take interest in their life, but not too much. Keep it short and sweet.
- 2. Be confident: No matter how happy or unhappy you may be without your ex, there is no need to show off. Bragging excessively about your new partner is just childish. It's okay to be better off without the one who broke your heart, but showing that off makes you look like a sore loser.
- **3. Smile:** The last thing your ex wants to see is that you are happier without them. No matter how the relationship ended, seeing your significant other happy without you is a slap in face. Be sincere and wish them the best of luck, while showing off a big smile.

Have you had a bad encounter with an ex? Share your experiences below.

### Celebrities + Love + New York City = New Year's Eve





Remember the celebrity-filled movie Valentine's Day and the classic film Pretty Woman? Well, just in time for the holiday season, stars are lending their talent again for another film full of love on a very special holiday. This movie tells the various stories of multiple couples and singles on New Year's Eve in New York City. Jessica Biel plays a woman with a baby on the way, Lea Michele and Ashton Kutcher get stuck in an elevator together, Josh Duhamel is on a journey to find a woman he met a year ago, and Michelle Pfeiffer needs to fulfill all her New Year's Day resolutions. The star studded cast will have you yearning for that magical New Year's kiss that happens at the stroke of midnight. Happy New Year!

### What are some ways to spend New Year's Eve with your partner? Cupid's Advice:

You don't have to travel to the city that never sleeps to have a romantic New Year's Eve. Here are some fun ways to spend the holiday:

1. Inside: Watching the ball drop in your warm living room

with egg nog and confetti is a great way to ring in the new year and the perfect place to share a steamy New Year's Eve kiss.

- 2. Outside: If you live in New York City or want to travel, how about being in Times Square when the ball drops? Yes, you might freeze your toes off, but thats gives you even more reasons to snuggle up with that special someone.
- **3. A New Place:** A fun way to spend New Year's Eve is in a place you have never been before. Start the new year off fresh by trying a new restaurant, movie theater, lounge, park or city.

Where do you and your partner plan on spending New Year's Eve? Share your comments below.

### Jeff Probst Marries Lisa Ann Russell





It's been confirmed! Jeff Probst and Lisa Ann Russell said "I do" during an intimate ceremony at a home in Los Angeles. According to <u>People</u>, this will be the second marriage for both of the newlyweds. Probst will host the season finale of CBS' <u>Survivor</u>: <u>South Pacific</u> on Dec. 18. He also has a selftitled talk show coming out in the fall of 2012.

How do you make your wedding an intimate affair?

### Cupid's Advice:

Intimate weddings are often the most memorable ones. Here are some ways to make your wedding a little more personal:

- 1. Be exclusive: An intimate affair usually doesn't involve a lot of people. Reserve spots at your wedding for only close friends and family. You can celebrate with everyone else another time.
- 2. Select a quiet spot: Private homes are usually the best places for an intimate affair. Hotels and party halls always seem to have strangers coming in and out, which can take away from the intimacy.

**3. Dress simply:** Simple brides and bridesmaids dresses will make the ceremony more intimate because you will focus on the people rather than what they're wearing.

Is your dream wedding big or small? Share your thoughts below.

### Rep Denies Reports that Selena Gomez and Justin Bieber Are Engaged





Justin Bieber is not about to tie the knot. Rumors of Bieber's engagement to girlfriend Selena Gomez started

circling Wednesday when the actress was photographed wearing a diamond ring, reports <u>UsMagazine.com</u>. Gomez's rep denied the rumor, stating, "She is not engaged." Gomez, 19, and Bieber, 17, were recently spotted in Cabo San Lucas, Mexico for a friend's wedding.

What are some ways to tell you and your partner are ready for marriage?

#### Cupid's Advice:

Some people are ready for marriage, and others still have some growing up to do before they make it official. Cupid has some ways to tell your mate is set to say "I do":

- 1. You talk about your future: If you and your partner find yourselves talking about wanting kids and buying a home, then it may be time to take the next step.
- 2. Your friends ask: Many times close friends and family are able to see things that you can't. A close friend may get you thinking about tying the knot, so take their viewpoint into consideration.
- **3. You feel ready:** If you feel as though you and your significant other will have a long and happy future, then consider marriage. If both of you desire marriage and a life together, then it's a clear choice.

How did you know when you and your spouse were ready for marriage? Feel free to leave a comment below.

### Rosie O'Donnell Says She's Been Engaged for Months





Boy, can Rosie O'Donnell and Michelle Rounds keep a secret! The duo have been engaged for months now, but kept it from prying ears until Monday when O'Donnell announced the soon-to-be nuptials on *The Rosie Show*. According to *People*, the usually outspoken talk show host confessed on Tuesday that she has never been comfortable discussing her relationships. "You don't want to become one of those celebrities that talks about their relationship ad nauseum and makes it into a fairy-tale thing, and then they go and have an affair with somebody," joked O'Donnell. No matter what the reason may be, it's out now: O'Donnell and Rounds are happily engaged.

What are some ways to tell family and friends that you're engaged?

#### Cupid's Advice:

Getting engaged is exciting, and telling your family and friends should be easy. Here's how to do it with style:

- 1. Flash your diamond: We all know you're proud of it, so wave your hands around in the faces of all your girlfriends until they notice. Point out random things around your apartment, and it won't be long until your friends are swarming around admiring your newest prized possession.
- 2. Host a get-together: What better excuse is there to have your family and all of your closest friends over for dinner then to celebrate your new partnership? A dinner party or even just cocktails is the best way to make your debut as an engaged woman, and of course to show off that rock.
- **3. Blurt it out:** When all else fails, and you can't contain your excitement a second longer, just shout it out. Getting engaged is one of the happiest moments of your life, until you say "I do", so why not tell those you care about?

How did you tell your family you were engaged? Share your stories below.

# Marc Anthony Threatens to Quit Latin TV Show After Fight with Jennifer Lopez





The split between Jennifer Lopez and Marc Anthony has been a rocky road, and after six months, Anthony still struggles to face Lopez, who has recently started a new relationship with 24-year-old backup dancer Casper Smart. In fact, Anthony refused to travel to Peru and Chile to host and executive produce the latest auditions on his reality show Q'Viva: The Chosen after a fight with Lopez. It was reported that Anthony spoke to creator Simon Fuller and told him he was considering quitting for good. His reason was "quite simply, J.Lo. I can't work with her," an insider told <u>Star Magazine</u>. The couple was married for seven years, and after the split, working together as business partners may be next to impossible.

How do you keep your ex partner's new relationship from affecting your life?

### Cupid's Advice:

It's hard to see your ex start a relationship with someone else. Cupid has some tips to help you deal with those feelings:

- 1. Move on: Venting is one step, but the ultimate goal is to move forward with your life. Don't get trapped in negative thoughts or dwell in the past.
- 2. Accept reality: You and your ex are no longer together, and and the sooner you realize this, the sooner you will be able to pursue new relationships of your own.
- **3. Avoid them:** If seeing your ex in a new relationship is too hard for you to handle, try your best to avoid bumping into them and block them from your thoughts.

How did you avoid being affected by your ex's new relationship? Share your comments below.

### Kristin Cavallari Celebrates Re-Engagement With Friends





Reality TV star Kristin Cavallari and NFL player Jay Cutler are engaged for a second time after their split in July. <u>People</u> reported that the starlet was gushing over her fiancé and showing off her ring (the same bling he presented her with for their first engagement) during dinner Friday evening at Union Restaurant & Lounge in Las Vegas where they dined with friends and business colleagues.

### Is it OK to get back together with an ex?

### Cupid's advice:

Go ahead and give him a second chance. Love is a powerful feeling to forget, and if you think you're meant to be together, then don't give up. Cupid has some tips to make sure you're ready before you take a second shot at love:

- 1. Mutual decision: After breaking off an engagement, your feelings might be crushed. Make sure you and your partner are both over past negativity and ready to move on as a stronger couple.
- 2. Confidence: Both you and your partner are going to have to

be incredibly confident in your love and trust for one another for this to work the second time around.

**3. Change:** There's a reason you broke up the first time, so make sure the problem has been resolved. You don't want to throw yourself back into the same problematic situation.

How did you know it was OK to get back together with your ex? Share your comments below.

### Michael Stagliano Taps into 'Bachelor Pad' Winnings





It looks like Bachelor Pad alum Michael Stagliano has finally

tapped into his winnings from the show, as he recently indulged in a getaway. The reality star vacationed in Mexico where he spent a week at Villa del Palmar at the Islands of Loreto. During his time there he enjoyed kayaking, paddle boarding and playing golf. He even displayed some holiday spirit by helping to decorate the resort's Christmas tree and gingerbread house. There's nothing like some R&R in the sun coupled with seasonal merriment!

### Rumor: Did Celebrity Couple Karina Smirnoff and Brad Penny Split?





Karina Smirnoff may have won a Mirror Ball Trophy on Dancing With the Stars, but rumor has it that she's lost baseballer Brad Penny. According to <u>UsMagazine.com</u>, the 30-year-old professional dancer is no longer in a Hollywood relationship with Penny. The celebrity couple went public with their relationship in 2009, but in October of this year they decided to postpone their wedding due to "conflicting schedules." Despite wanting to spend more time together, the celebrity couple have now separated.

Celebrity couple Smirnoff and Penny were close to getting married before announcing their split. How do you know when you've found "the one"?

### Cupid's Advice:

It can take a lot of bad relationships and love that end in

hurt feelings before finally find "the one." Cupid has some love advice and tips to know your partner is your true love:

1. Communication is key: You have no trouble talking and there's never an awkward silence. If you find that you can talk to your sweetheart about anything without being bored, that is sign of a lifelong compatibility.

Related Link: <u>Karina Smirnoff Loves Being Engaged to Brad Penny</u>

2. One in the same: If your life goals are similar, that's important. It's nice to be in love, but if you have no common life goals, trouble can occur quickly.

Related Link: Paula Patton Says She's a 'Real Woman Now' Post
-Split from Celebrity Ex Robin Thicke

3. Predict the future: When you think of your future and you can't imagine your partner not being there, he or she may be "the one." If you find yourself thinking about making a family with them and expanding your relationship and love, that may mean that they're meant to be in your future.

How did you know your partner was the one? Share your story below.

# Rosie O'Donnell Is Engaged to Michelle Rounds





Although it's been a while since they first met, Rosie O'Donnell and her now fiance Michelle Rounds are on the right page. Their engagement was announced Monday during the commercials on O'Donnell's show, and her audience and her rep have now confirmed it, according to <u>People</u>. She posted a picture of her future betrothed with the caption "love" on her Instagram page as well as a picture on her Twitter page with the caption reading, "happy — in love" Friday. The duo met at a Starbucks earlier this year. O'Donnell said she mistook Rounds to be a heterosexual, 28-year old woman. "It's fun and very exciting," O'Donnell said. "I did not expect it."

### What are some unique ways to meet a new partner?

### Cupid's Advice:

Bars and clubs aren't often the best ways to meet a partner. Cupid has some alternative suggestions:

1. Coffee shop: Although buying a drink doesn't involve alcohol, the relaxed nature of a coffee shop creates a perfect atmosphere to approach someone to whom you're attracted too.

- 2. Underneath the mistletoe: 'Tis the season! With the holidays quickly approaching, one of the many winter festivities could give you an opportunity to find your own snow bunny. Go skiing, snowboarding, sledding and more.
- 3. Breaking a sweat: Most people don't expect to find someone while working out, which gives you an opportunity to be the exception to the rule and sweep someone off the elliptical.

How did you find your mate? Share your experiences below.

# Simple Ways to Please Your Man





#### By John Powers

Contrary to popular belief, men are simple creatures. It doesn't take much to make us happy. All you have to do is find out what your man likes and then take an interest. That's honestly all it takes. Spend quality time together doing things you both appreciate and your relationship will flourish. Here are some ways to make that happen:

#### Enjoy each other's company.

Laugh, smile, and be silly and lighthearted. It may sound impossible, but it's necessary to eliminate stress. Do this by sharing inside jokes and special moments. A good relationship will bring out the best in both of you, and you should look forward to being together. Most guys are low-maintenance, and we want our downtime to be carefree.

Related: She's Got Game: The Women's Guide to Loving Sports

### Make together time count.

Each of us has a different schedule, and it's important to make the most of time together doing things you both enjoy like playing tennis, going wine tasting, or watching a movie. Plan exciting activities that involve cooperation and interaction and you will build great memories of time spent together. Take plenty of pictures but avoid distractions like text messages or phone calls.

### Appreciate relaxation.

Some guys like watching the game with a beer, while others prefer chess and pomegranate juice. Sit beside him, pour yourself a drink, and snuggle up to him. If you discover your guy enjoys road trips it might be fun to plan one. If your man likes playing guitar it would be good of you to listen, or take piano lessons.

Related: Signs to Know He Is The One

#### Rest assured.

There's nothing that will scare a man away faster than insecurity, but if your man is satisfied in bed and on weekends then you have nothing to worry about. Men are straightforward creatures and you should be confident that your man is happy unless he tells you otherwise.

So enjoy each other, relax, and stop asking questions.

John Powers is a heterosexual, single male. He does graphics for TV by day and standup comedy by night. He enjoys playing and listening to rock music, driving around with the top down on his convertible, walking aimlessly around Manhattan, and sipping on deep red wine near the beach.

### Kim Kardashian 'Doesn't Want a Battle' with Kris Humphries





Despite the fact that Kim Kardashian had considered getting an annulment herself, it still came as a surprise when Kris Humphries filed for one himself. According to <u>People</u>, "Kim doesn't want a battle." She wants to part ways with her ex amicably. Humphries requested the anulment this past Wednesday on the grounds of fraud, and if he recieves the anulment, it will be as if their wedding never took place. Kardashian had wanted an anulment, but was told it would be too difficult to prove and decided to go with a divorce petition instead. According to sources, "the split was devastating" for the reality starlet.

### How do you keep your divorce proceedings peaceful?

### Cupid's Advice:

When you decide to get a divorce, it can often lead to a bitter parting of ways. Cupid has some ways to keep it peaceful:

1. Understand that it will be hard: Although it's never easy, the end result is best for you and your former spouse. Try to

be friendly with each other, but understand that there will be some hurt feelings on both ends.

- 2. Cooperate: Don't butt heads with lawyers during the divorce process. If your lawyer or your spouse's lawyer requests information, don't dawdle. It's best to get things out in the open early on.
- 3. Keep stability: Find a new residence and surround yourself with a close group of friends. Try to go about your normal routine as much as possible in order to maintain stability. This will prevent you from lashing out.

What are some ways to keep divorce proceedings peaceful? Share your ideas below.

# Sources Say Charlie Sheen Paid Brooke Mueller's Bail





Charlie Sheen has taken a break from the spotlight and his 'winning' days, but he hasn't taken a break from his exes. On Saturday, Sheen bailed out his ex-wife, Brooke Mueller, from jail on charges of cocaine possession and assault. According to RadarOnline, Sheen stepped in when Mueller's parents wanted to keep her in jail. Sick of her irresponsible ways, Mueller's parents are fed up with her. Good thing for Mueller, Sheen still cares for her. Could this be a sign of the two starting up a new relationship again, or just a favor for an old love?

### How do you support your ex without overstepping?

### Cupid's Advice:

Helping an ex without meddling in their life or rekindling an old flame can be tricky. Here are some things to remember:

- 1. Ask: It may seem dumb to ask someone for help when they obviously need it, but asking shows that you want to help instead of making your ex feel incompetent.
- 2. Draw the line: While helping out an old love is nice, make

sure your you let them know your boundaries. Don't let your ex use you.

**3. Stay connected:** Keeping casual contact with your ex and not appearing just when they're in trouble will let them know you care and that you're not there to overstep boundaries.

Do you still help out your ex in sticky situations? Share your experiences below.

# Six Celebrity Couples We Never Imagined Together





By Abbi Comphel and Whitney Johnson

There are plenty of pairings that just make sense: peanut butter and jelly; flip-flops and the beach; bright red lipstick and that little black dress, to name a few. That's not to say that unexpected matches don't make their mark: bacon and chocolate (seriously); navy and black; cowboy boots in the summertime. This idea holds true for relationships, too. Sometimes, a couple just seems right, and other times, it takes a bit more convincing to understand why they're a good fit.

If nothing else, the celebrity couples below prove that love can pop up in the most unexpected places and that opposites do attract. As for bacon and chocolate, the jury is still out.

- 1. Johnny Depp and Amber Heard: In latest <u>celebrity news</u>, this A-list actor married the *Magic Mike XXL* star in February 2015. The celebrity couple have been together for quite some time now. With a 23-year age difference, the pair have definitely made headlines. Heard doesn't want to be known as Depp's wife. She wants to make a strong name for herself in the acting world. This is one beautiful power couple!
- 2. Heidi Klum and Seal: For Klum, it was love at first sight: she saw Seal in a New York City hotel lobby and knew that he was "the whole package." They were together for quite some time and were madly in love. The celebrity couple sadly did not make it like everyone thought they would, and the relationship ended up celebrity divorce. But they are still very good friends and enjoy raising their four children together.

Related Link: Heidi Klum & Seal Shoot Revealing Music Video

- 3. Lady Gaga and Taylor Kinney: Everyone was shocked when they heard Lady Gaga was dating someone and even more surprised when they found out it was actor Taylor Kinney. The two are talked about in the media because they keep their relationship very private. They have been together for about four years now and seem very happy together. They were first introduced when Gaga was filming her music video for "You and I."
- 4. Isla Fisher and Sacha Baron Cohen: This petite, fiery redhead and tall funnyman wed in a private ceremony in Paris in 2010 after eight years together. The couple are now raising their three children in Los Angeles. Keeping in line with the secrecy of their celebrity wedding, the couple waited quite a while to reveal the names of their celebrity kids: Olive, Elula Lottie Miriam, and Montgomery Moses Brian Baron Cohen.
- **5. AnnaLynne McCord and Dominic Purcell**: The *90210* starlet and *Prison Break* actor were first spotted together in June 2011 and the two were very in love. With a 17-year age difference this celebrity relationship had a few struggles. But it seems the two are back together and still in love. McCord celebrated her 28th birthday this summer and Purcell was there to celebrate.

Related Link: <u>Isla Fisher Vacations with Sacha Baron Cohen,</u> Kids

6. Ellen Pompeo and Chris Ivery: Viewers are used to seeing Pompeo, who is best known for playing the title character of Meredith Grey on ABC's medical drama, *Grey's Anatomy*. On the show she was courted by and now married to McDreamy, the lead neurosurgeon at Seattle Grace Hospital played by Patrick Dempsey. However, in the real world, she has found her own McDreamy in record producer Chris Ivery, who she married on November 9, 2007.

Who are some other unlikely celebrity couples? Share your

### Lady Gaga Says She May Stay Single Forever





In a interview for *Vanity Fair*, Lady Gaga opened up about her love life. The singer is known less for her romantic relationships, and more so for her dedicated relationship with her fans. According to <a href="E! Online">E! Online</a>, Gaga thinks that she will never know martial bliss. With the divorce plague that many stars face, it can be hard to find love in the entertainment business. Gaga told *Vanity Fair* that it isn't the men she dates that are the problem, but herself. Whatever the issue,

we hope Gaga finds love. But if she doesn't, her little monsters will still get great music out of it.

What are the advantages of playing the field and staying single?

#### Cupid's Advice:

Staying single can be a lot of fun, but it can also leave you feeling lonely and confused when a new relationship comes around. However, sometimes it can be the best thing for you and your future relationships. Here's how:

- 1. You: Being single means more 'me time'. Not having to worry about a partner's feelings lets you learn what you like or dislike for future relationships.
- 2. Networking: Flying solo can allow you to meet new people in places that you would have visited while in a relationship. It can open up your social circle and teach you how to communicate better in future relationships.
- **3. Freedom:** Not having to report to anyone or make decisions based on how it will affect you and your partner will leave you free to become an independent well-rounded person.

What have you gained from being single? Share your thoughts below.

## Kris Humphries Wants to Dismiss Prenup with Kim

### Kardashian





The public hasn't heard much from Kris Humphries since Kim Kardashian filed for divorce, but his plan to annul their marriage could change that, reported <code>Hollyscoop.com</code>. The annulment would dismiss their pre-nup, which includes a strict confidentiality clause that forbids either party from discussing intimate details of their relationship to the media. No pre-nup would mean no rules to follow, and Humphries could finally speak out. "Kris wants to be able to talk about the relationship without fear of being sued," a source close to Humphries told RadarOnline.com. He filed the annulment under claims that the marriage was a "fraud." He believes Kardashian deceived him as a tactic to benefit her success as a reality TV star.

What parts of your breakup are best to keep private?

#### Cupid's Advice:

After a breakup, your emotions often take a roller coaster ride, but venting excessively to your peers is not the way to handle the situation. Here are a few things you should consider before blabbing your troubles to the world:

- 1. Private information: First and foremost, keep private information private. You may have intimate details and information about your ex, but they have the same information on you. Save yourself the stress and embarrassment, and respect each other's privacy.
- 2. Details: It's ok to talk to close family and friends, but don't become an open book, because you could possibly make yourself look bad. If you're going through a divorce, wait for the final court decision before you start spilling all the details.
- 3. Negativity: You're going to want to talk badly about your ex, but resist if you can. You loved this person at one point, but things didn't work out. Although all you can focus on right now are the negative characteristics of the relationship, dwelling on it isn't good for your image or theirs.

Did you reveal things about your ex you wish you would have kept private? Share your comments below.

# Britney Spears Spends 30th Birthday Ice Skating With

## Jason Trawick





Britney Spears celebrated her 30th birthday on the ice, reports <u>UsMagazine.com</u>. The singer and her boyfriend, Jason Trawick, took a break from Spears' South American tour and went ice skating at a rink in Houston. Spears and Trawick started working together five years ago and started dating in 2009. "Jason is just amazing with [son Jayden and Sean]," said Spears. "They look up to him so much — they adore him. He's their hero."

What are some ways to make your partner's birthday special?

#### Cupid's Advice:

Birthdays can be especially memorable when they're spent with a partner. Here are a few ways to make your partner's birthday special:

- 1. Throw a party: If your partner is outgoing and social, throwing a party is a great way to make their birthday memorable. A surprise party could be even more exciting.
- 2. Invite their friends: Even though the two of you may share many mutual friends, your partner will be ecstatic if their friends are invited. Plus, it's a thoughtful gesture.
- **3. Plan some alone time:** If you and your partner spend the day with friends and family, remember to set aside some alone time after the day's events. Your mate will finally be able to relax after a day of activity.

Have you done anything special for your partner's birthday? Feel free to share in a comment below.

# How to Communicate with Your Ex Over the Holidays





By Amy Osmond Cook, Ph.D.

Reese Witherspoon is my favorite actress. Not only is she a beautiful woman and a classy mom, but she also starred in Legally Blonde, a girl-power movie that I watched every day (I kid you not!) for the first three months after my divorce. I cried when Warner dumped Elle and cried again when Elle emerged triumphant at Harvard. I kept thinking, "If Elle Woods can do it, so can I." So this year, I am cheering for Reese. She has moved on from what she called a "humiliating" and "isolating" divorce (Elle Magazine, April 2009) and has found happiness with Jim Toth and a peaceable relationship with her ex, Ryan Phillippe.

While it sounds like Reese has got it all together, she may have a little bit of anxiety as she and Jim manage their special occasions together for the first time. As a divorced and remarried mother of five children, I know what it's like to try to manage innumerable family get-togethers over the holidays. There are too many schedules, too many conflicts, and (let's face it) too many cookies. So, for what it's worth, here are my suggestions for surviving the holidays with

a newly blended family:

Related: Ways to Impress Your Future Family

Give your ex a present. Yep, a real one. His old razor that he left behind or a picture of the children that he doesn't visit often enough don't count. The other day, my ex complimented my son, Jake, on his new orange SkullCandy headphones as he was picking him up for the weekend. I had accidentally bought two pair, so I gave Jake's dad one for his approaching birthday. In the eight years that we have been divorced, I don't think I have ever seen him more excited. He has smiled more lately, and I swear it's because of the headphones.

Buy presents together. When it comes to holiday presents, is so tempting to compete with your ex. I admit I have asked the question, "What did your dad get you for Christmas?" with the secret hope that my present was better than his. But there are two reasons to give your children joint presents. First, it is a symbol of solidarity and communicates to your children that you and your ex are united in your parenting endeavors (even if you're not). Kids need to feel loved by both parents, and a joint gift communicates that effectively. Secondly, gifts become increasingly expensive as children age. They want iPods instead of Barbies. If you can swing a joint present, you can give your kids what they really want without spending too much money.

Related: 10 Holiday Gift Ideas For That Someone Special

**Know your limits.** When I was divorced and single, it was sometimes difficult to see married couples enjoying their lives. This was especially true during the holidays. I tried to focus on the things I could enjoy, but when it got too hard, I left. I could do parties, but not dates with couples. I enjoyed Christmas with the family, but not New Years' Eve (banging pots at midnight with toddlers—Nuff said). And I

never held babies, because if I did, then I wanted one—but not without a husband. As Reese aptly told *Marie Claire*, divorce is "really, really stressful" (October 2011), and it's okay to flee the scene when the stress starts to mount.

Celebrate the holidays . . . whenever. Who says Christmas has to be December 25? When the holidays get crazy, flexibility is truly a virtue. For example, this year my family is celebrating Christmas on December 23, so we can celebrate it with everyone. My kids love it, because they get two Christmases instead of one and don't have to feel left out of one family's traditions. If you can change the family party so your kids can be there, do it. If you can't, then create a few traditions that they can look forward to before or after the holiday.

The combination of exes, children, and the holidays can be as distasteful as a cup of wassail gone bad. But if you are flexible, know your limits, and reach out to your ex, you might find yourself tolerating—and even enjoying—the holiday season.

Amy Osmond Cook, Ph.D. is a faculty associate at Arizona State University, where she teaches Communication and English classes. She is the publisher of Sourced Media Books and coauthor of Hope After Divorce and Full Bloom: Cultivating Success. Amy and her husband, Jeff, have five children and look forward to welcoming baby #6 in April 2012. For more information about Amy, please visit amyosmondcook.com.

## Blake Lively and Ryan

## Reynolds Go On Romantic Ice Cream Date





Blake Lively and Ryan Reynolds embarked on a sweet old-fashioned date in Connecticut where they were seen holding hands and sharing an ice cream in downtown Ridgefield. According to <u>People</u>, they also participated in the town's holiday stroll. According to an eyewitness, the two stopped into Deborah Ann's Sweet Shoppe, where they "tried a few samples of ice cream off of those little spoons." The source also says that the two seemed very happy.

How do you make an ice cream date romantic?

### Cupid's Advice:

Any date can be romantic as long as you're with the right

person. So why not satisfy your sweet tooth on your next date? Here are some tips:

- 1. Share: For generations, the movies have shown us that an ice cream date can be romantic when you eat from the same bowl.
- 2. Relax: Eating something sweet with someone you love can be a wonderful experience. Enjoy the moment.
- **3. Have seconds:** You know you're secure around one another when you can splurge on a second helping of ice cream without shame.

What are some other fun simple dates you can experience with your partner? Share your thoughts below.

## Ali Fedotowsky Explains Why She Left Roberto Martinez





By now you've heard that another *Bachelorette* and her fiancé have called it quits. That couple, of course, is Ali Fedotowsky and Roberto Martinez. Although Fedotowsky was seemingly ready to wed right after the show aired, after an 18-month engagement and three postponements, it all finally ended on November 21. The former bride-to-be had this to say to *People:* "I wouldn't be being truthful if I said this came out of nowhere, we definitely had been having problems. But I had always believed that we could work it out." The duo tried to make the relationship last, even throughout their arguments. "We both realized we were unhappy more than we were happy, and we both deserved more."

## How do you know when you're unhappy more than happy in a relationship?

#### Cupid's Advice:

It doesn't take a scientist to tell us that relationships are hard work, but how do you know when the work and unhappiness outweigh the good times? Cupid has some tips:

- 1. Bickering and fighting: This is a tell tale sign that a relationship just isn't working. It's okay to have a few fights here and there (it can even be healthy), but if you're bickering over tiny things all the time, it's safe to assume something is wrong.
- 2. Not spending time together: When you're in a healthy, loving relationship you should be spending a fair amount of time together. If you routinely try to avoid one another, it may be time to re-evaluate.
- 3. Your relationship is stagnant: If it feels like you're at a stand still in your relationship, take a closer look. You may be dealing with thoughts that there's no point to your relationship or you can't deal with the constant arguing anymore. If you come to the conclusion that you both want more and that can't happen together, then it's time to call it quits.

How do you know when unhappiness in a relationship outweighs happiness? Share your thoughts below.

## Kim Kardashian Wears Love-Themed Hoodie Mid-Divorce





Going through a divorce isn't stopping Kim Kardashian from still believing in love. According to <u>People</u>, the reality star was spotted strolling through L.A. on Friday wearing a Peace Love World hoodie. In addition to featuring a heart on the back, the hoodie read, "I am love," and "Love is not something you are looking for, love is something you become!"

### How do you keep faith in love in the midst of a split?

#### Cupid's Advice:

Keeping faith in love in the midst of a split is difficult, but possible. Here are a few ways:

- 1. Keep an open mind: Understand that not all men are alike, and the reason it didn't work out with your ex is because there is someone better out there for you.
- 2. Talk to family and friends: Speak with those you trust and see how they made their relationship work, as well as get advice on how to deal with your split.
- 3. Join support groups: Interact with others and see how they

are or have overcome their split in order to fall in love again.

How did you keep faith in love during your split? Share your experiences below.