Valentine's Day Advice: Follow Famous New Yorkers





By Jeryl Brunner

Someone once told me that when it comes to dating, especially early on, it's important to place you and your date into the epicenter of something fun and amusing. So, in case you aren't clicking or the conversation is generally going south, the environment around you can pick up the slack, offering instant entertainment.

So this Valentine's Day, instead of going for the quiet table at the dimly lit restaurant, opt for something a bit more lively that will spark conversation. Honestly, I've been told that the circus makes a nice date option, and is good for people watching and observation. ("Look at that clown juggle"

14 plates! Get a load of that tightrope walker!") But since the circus isn't in town, I turned to famous New Yorkers and their favorite romantic New York City spots for advice:

1. Let me sell you a bridge

For the ultimate people watching and architecture viewing, do what makes John Oliver and Ana Gastayer go breathless: Walk across the Brooklyn Bridge. "Something as simple as walking across the Brooklyn Bridge can be a heart-stopping experience," explains Gasyeyer. "As a New Yorker there are a few moments that you can repeat over and over again that echo the original experience of coming here if you weren't born here."

Related: Take a Walk on the Wild Side of the Caribbean

2. Be a karoke king (or queen)

Pals Jason Sudeikis and Will Forte say there's nothing like bonding over karaoke in a private room. The pair and their friends will hit Sing Sing or Boho Karaoke and belt REO Speedwagon standards like "I Can't Fight This Feeling," TV theme songs (think Family Ties and Good Times) or tunes from Shrek. As Sudelkis notes, "You sing six or seven songs in an hour and can take chances. You can take risks."

Related: <u>Justin Bieber Serenades Selena Gomez During AMA</u>
Rehearsal

3. Pizza, much hotter than you think

How about a road trip for pizza and more compelling people watching? Kevin Spacey prefers Joe's, while Daniel Boulud says Di Fara rules. Owner Dom DeMarco, says Boulud "makes each pie one by one. People line up out the door to get in. It's the old-fashioned Brooklyn pizza—thick, bready dough, good tomato sauce ... He adds more cheese after it's cooked and lets it melt over the hot pizza, rather than cook the cheese

4. Never underestimate the zoo, sing-alongs and gardens

For interesting people (and animal) watching, head over to Alex Rodriguez's go-to spot, the Central Park Zoo. Then, mosey on over to Meredith Vieira's beloved Strawberry Fields and sing along with the musicians crooning Beatles tunes. Combine that with a trip to the Conservatory Gardens, Bette Midler's favorite locale. The six-acre tucked away refuge is filled with bronze sculptures and fountains.

5. Drink in that view

Thirsty? Follow Gayle King's lead and have a drink at the 35th floor Lobby Lounge at the Mandarin Oriental Hotel. Nothing enhances date buzz like a killer view with the twinkling lights of Manhattan as your backdrop.

So go ahead, step out of the same old heart-shaped box this Valentine's Day. You may just discover some seriously cool shared treasures.

Jeryl Brunner is the author of My City, My New York: Famous New Yorkers Share Their Favorite Places, www.mycitymynewyork.com. She has also contributed to 0, the Oprah magazine, Parade, National Geographic Traveler, Delta Sky, Travel + Leisure, Huffington Post and many other publications. Jeryl lives in New York City, adores walking though Central Park and has downloaded an embarrassing number of show tunes on her iPod.

Valentine's Day Duos: 5 Hollywood Relationships That Spiraled Out Of Control





By Katanya Royster

Relationships can be hard work, and they require a lot of effort to be put in from both ends. When you both commit, it makes it all worthwhile- in most cases. While many relationships start off on a high note and continue on the path of blissfulness, others plummet to a place of irreconcilable differences, physical altercations and repeated infidelity. They end up heading straight to Splittsville. In fact, all you have to do is ask the following couples:

1. Chris Brown and Rihanna: Typically, the phrase "first love" invokes visions of butterflies, sunsets and all things untainted. But, in 2009, we saw an ugly side of first love. Singer, Chris Brown, was accused of assaulting his popstar girlfriend, Robyn "Rihanna" Fenty. At the time of the assault, Brown was 19 and Rihanna was 20. After pictures of Rihanna's badly beaten face surfaced, fans immediately took sides. Some were ready to dismiss Brown's actions as a forgivable misstep, while others were relentless in their criticism of him. Either way, it was the worst possible ending to a seemingly beautiful love story. Or was it? Recent tweets make it seem as if reconciliation may be on the horizon.

Related: <u>5 Celebrity Couples We Want to See Reunite</u>

- 2. Russell Brand and Katy Perry: A shocked public let out a collective gasp when Russell Brand filed for divorce from his wife of 14 months. Failed Hollywood marriages are no surprise, but for some reason, we thought these two would be different. So what if Brand is a recovering sex addict and Perry is the daughter of evangelical ministers? We still thought this couple had a fighting chance. Brand's boredom with the couple's sex life and his inability to be alone, may have contributed to the couple's marital problems, reported US Weekly.
- 3. Kim Kardashian and Kris Humphries. Many thought Kim and Kris' lavish wedding was a publicity stunt. So, when Kim filed for divorce after only 72 days of marriage, no one was shocked except maybe Kris. The NBA star claimed he was surprised by Kim's actions and that he wanted to make the couple's marriage work. After the split went viral, Kim was embarrassed and, in a rare move, retreated from the public eye while her ex-hubby was booed in NYC during a basketball game. Thus, if the marriage was a publicity stunt, it may have been the worst one in history.

Related: What Kim Kardashian Taught Me About Marriage

- 4. Kobe and Vanessa Bryant: In 2003, Kobe was accused of sexually assaulting a 19-year-old hotel employee. Kobe proclaimed his innocence, but admitted to infidelity and famously apologized to his wife, Vanessa, with a \$4 million ring and a custom-made Lamborghini. It seems that Kobe's relationship patchwork was a bit like someone putting a Band-Aid on broken leg a nice gesture, but it didn't actually fix the problem- a cheating husband. In 2011, after 10 years of marriage, Vanessa finally filed for divorce citing "irreconcilable differences,". Either way, a woman scorned, plus a husband worth \$150 million dollars, minus a prenup, equals trouble. With that kind of money up for grabs, this downward spiral may have only just begun.
- 5. Tiger Woods and Elin Nordegren. Tiger Woods' fame had just as much to do with his clean cut image as it did with his amazing golf game. However, a one-car accident near Woods' and Nordegren's Florida home changed his reputation forever. A parade of women subsequently emerged and admitted to having affairs with the golf pro. In an attempt to save his marriage, the father of two spent six weeks in a rehabilitation program for sex addiction. Nonetheless, Nordegren filed for divorce granted on the basis that the couple's marriage was "irretrievably broken." Nordergren was awarded an undisclosed settlement amount thought to be in the neighborhood of \$100 million dollars.

How did you know when you or a friend's relationship was over? Share your stories below.

Scarlett Johansson and Ryan Reynolds Sell their L.A. Home





Scarlett Johansson and Ryan Reynolds, two of Hollywood's brightest young stars, have put their former Los Angeles, CA, love nest on the market. Shortly after the couple's divorce, they took the next step in their separation and put their amazing 4bed/3bath up for sale. It will be hard for the former couple to say their goodbyes to the house's beautiful views of West Hollywood and the Pacific as well as their exclusive walled garden and outdoor bath. Their move can be a positive step towards closure in their relationship.

Valentine's Day Outfit Ideas: Sophisticated





By Sarah Thaman

Excited about an upcoming Valentine's Day date? Even if you're going out with your husband or long time bf, it's a great excuse to shake things up and go out for a night on the town. Lost on what to wear? Never fear! I'm here with different looks that are sure to please you and your man. Here's the final of the three looks:

This Valentine's Day look is great if you're meeting up with your date after a long work day. Switch out your shoes for a flash of metallic and a big cocktail ring to jazz it up. Keep your makeup minimal and freshen it up with a highlighter to give your face a subtle glow. When swiped down the bridge of

the nose, the Cupid's bow, and near the temples, highlighter gives your face a gorgeous, fresh look. The pop of seafoam green in the fold-over clutch adds a surprising and polished detail. Again, keeping with the "fresh" and sophisticated look.

Enjoy a romantic night out looking fabulous! For more Valentine's Day inspiration visit this Gal's Guide to Valentine's Day at handbagheaven.com!

While Sarah Thaman may not be a professional stylist, she prides herself on choosing fashion that looks polished and classic, and she's always helping friends choose their date outfits. Although she's a writer for Handbag Heaven by day, outside of work she takes joy in being a matchmaker, a newlywed, and a momma to her precious puppy, Luna.

'The Vow' Actor Channing Tatum and Wife Plan on Having Kids





Channing Tatum's next big project may just be starting a family. The Vow actor and his wife, actress Jenna Dewan, told Hollyscoop.com that they are opting to have kids at some point in the future. "We're married, so it doesn't get any further than that," Tatum said. Although the couple plans to procreate, it won't be anytime soon, given that the two are busy working on other projects. Despite having a demanding schedule, the couple manages to keep their marriage fresh by being creative and communicating. Tatum admits that he loves leaving notes around for his wife to show how much he loves her, while Dewan states they make sure to see each other. "We have a like a two week rule. So we see each other every two weeks...If you want to make it work, you make it work."

How do you know when your relationship is ready for kids?

Cupid's Advice:

"First comes love, then comes marriage, then comes the baby in the baby carriage." That's how the saying goes, but how do you know when it's time to have children? Starting a family is the next big step after tying the knot in your relationship. Cupid has some tips:

- 1. Enjoy each other first: The first few years of your marriage should be just about you and your lover. Take romantic vacations to tropical locations, surprise each other with "just because" gifts and go on spontaneous dates and trips. It's definitely possible to do this with kids, but it may not be as easy.
- 2. Practice makes perfect: Before having a child, babysit for a family member or a friend to get an idea of what to expect if you haven't been around kids in a long time. For the animal-loving couple, getting a dog wouldn't be a bad choice as this can somewhat prepare you for the future as well.
- **3. You're both ready:** When you communicate to your spouse that you're ready to have children and they agree, then you can anxiously start planning for offspring.

How did you know you were ready for kids? Share your thoughts below.

Is Zac Efron Dating 'Mirror Mirror' Star Lily Collins?





It looks as if Zac Efron may have a new woman in his life. According to <u>People</u>, Lily Collins, 22, the star of the upcoming film <u>Mirror Mirror</u>, was spotted having dinner with Efron in Los Angeles at STK on Saturday night. A source says the couple arrived together holding hands. They were there to celebrate one of Efron's friend's birthdays. After having a drink at the bar, they joined the birthday party on the patio. To clear up any confusion about Demi Moore and her daughter Rumer, Efron told <u>Extra</u>, "Me and Rumer have been friends for a long time. I know Demi is going through some personal stuff right now. I just wish her well. I hope she's doing okay."

What are three strong dinner date conversational points?

Cupid's Advice:

Being nervous about a dinner date is perfectly normal. Conversation can be a serious challenge when your nerves have the best of you. Here are some great go-to points to discuss:

1. Education: Discussing your college life can be a great way

to get to know someone. Uncovering that your date was a music major may make you 10 times more interested. Sharing his experiences can give you a new outlook, as well as a great way to get to know one another.

- 2. Work: Knowing what your new man does for a living is a deal changer. However, don't let work steer the entire conversation, as it would get boring very quickly. Bring up how much you enjoy your job as a nurse, but don't give any gruesome emergency rooms horror stories.
- 3. Hobbies: Talking about what you love to do in your spare time is the number one way to get to know someone. Maybe you both enjoy skiing, or biking. Either way, once you discover what you have in common, your conversation will steer itself in the right direction.

What are your dinner date conversational points? Share your stories below.

David Beckham Says Kids Are Competitive Like Him and Victoria





With parents like David and Victoria Beckham, it seems natural to say that Brooklyn, 12, Romeo, 9, and Cruz, 6, have been raised with a competitive spirit built in. "It would be easy for our kids to sit back and not work for anything, but they're not like that," David, 36, told Men's Health. "They're as competitive as Victoria, 37, and me." The couple plans to instill the same values into Harper Seven who was born in July 2011, according to <code>UsMagazine.com</code>. "We're very luck with our boys: They want to win. They want to work at something. They know their values. That's the way we've brought them up so far, and that's the way we'll continue to bring them up," said David. "Family is the most important thing to me."

How do you teach your kids that being competitive can be a good thing?

Cupid's Advice:

Instilling values in your children is important, and it has to be done early. Here are some tips on how to teach *healthy* competition:

- 1. It's okay to lose: Teaching your child it is okay to lose is extremely important. Raising your child to win and always be right will be a huge disappointment when, someday, they are not chosen first for kickball at recess.
- 2. Life isn't fair: Giving your kids everything they want will lead to them a lifetime of attitude. Showing your children that they have to work toward goals and then accomplish them in order to receive a prize is key.
- 3. Sportsmanship: Knowing how to keep from being a sore loser is just as important as not being an over-the-top winner. Winning is exciting, but children should know it's not okay to rub their glory in their friends' faces.

How did you teach your kids that being competitive is a good thing? Share your stories below.

Check Out 'The Vow' This Valentine's Day





By Matthew Dougherty

With Valentine's Day coming up, this movie is sure to be a hit. Rachel McAdams and Channing Tatum star was Paige and Leo, a happily married couple whose lives could change forever after a fateful car accident leaves Paige without the memories of their entire relationship. To make matters worse, Paige believes she is still engaged to her ex, who likes the idea of having her back. Leo must make her fall in love with him all over again.

Should You See It? Don't expect quality cinema here, but it should be a fun way to spend a night at the movies.

Who To Take: Take your mother to this one, or maybe your best friend — someone you know will enjoy the movie as much as you will and enjoy spending time with you. This is probably a bit too sappy to bring a boyfriend to, especially since the same weekend a *Star Wars* movie is getting re-released in 3D.

Don't want a forgettable relationship? Here are some tips to make memories that neither of you will ever forget.

Cupid's Advice:

In *The Vow*, all of Paige and Leo's great memories are gone, but Leo is willing to relive them to get her back. In the unlikely chance that this happens to you, you want your boyfriend or husband to do the same thing! Here are some ways to create memories you will want to revisit all the time.

- 1. Do something different. Typical dates are a lot of fun but there are only so many times you can do dinner and a movie. To mix things up go to an amusement park or take a day trip to somewhere neither of you have been before.
- 2. Keep it simple. Not every date has to be an extravagant affair. Some of the best memories can be made by doing something you would never think of doing. Stuff like stopping by the local toy store or going to the beach at night are simple, yet different enough to stand out when you think back on them.
- **3. Chemistry.** Memories can be made simply by having great chemistry with your partner. This is where inside jokes come from that you could be joking about in your twilight years. The memories you are making will only be worth it if you have good chemistry.

What are some of your greatest date memories? Share your experiences below.

Valentine's Day Love Advice: Does Your Relationship Add

Up?





By Donetta Huffman

Finding out if you and your sweetheart are meant to be is sometimes a gut feeling, judged by your relationship's strengths and flaws. However, many couples (more often women) seek clarity by visiting psychics and astrologers. Whether for fun or to validate some serious decision-making about the fate of a relationship, these 'supernatural' predicting methods are a trend for young women looking for advice. If you're a numbers gal, numerology may be the thing that you crave.

Numerology is the study of the symbolism of numbers to determine a couples life path, destiny, soul and overall compatibility. It can lead you to some

interesting romance facts. You may have heard about numerology, but thought it was a complicated mathematical process that was difficult to master. Don't worry; it's not like those hard to memorize, crazy x-y equations that made your palms sweat and gave your stomach butterflies while taking high school algebra tests. It's much simpler and can be easier applied and utilized in your everyday life. The math is fairly simple. Here's what you do:

Related: How to Define Your Aura to Find Lasting Love

First, take the birthday of your boyfriend, husband, fling or love crush and add the numbers together one-by-one. For example, Justin Timberlake was born on: 1-31-1981. So add 1+3+1+1+9+8+1. The sum that you get should be double digits. In this example we get the number 24. Now add those two numbers together to get the single digit Life Path for that person. In this case, Justin's Life Path number is 2+4= 6. This number has a meaning that numerology specialists use to decode relationships.

Take a look at these three celebrity couples below to see if numerology ranks true for these Hollywood Sweethearts:

Justin Timberlake and Jessica Biel

These two have very compatible numbers, Justin is a 6 and Jessica an 8. Both are goal-oriented and do not shy away from responsibilities. These two may pursue their goals in different ways, but as long as they play off of each other's strengths, their relationship has a chance to last. In addition, Jessica has an 8 Soul and Personality and Justin has an 8 Destiny, so the couple feels like they understand one another on a deeper level. Jessica feels protected by Justin, with his nurturing 6 Life Path. They actually share numbers with an actress who eventually became a princess. Grace Kelly transformed into Princess Grace when she left Hollywood and married Prince Rainier of Monaco in 1956. This is still known

as one of the greatest love stories of all time.

Related: Justin Timberlake and Jessica Biel Show PDA at Dinner Party

LeAnn Rimes and Eddie Cibrian

This couple got off to a somewhat rocky start, as they were both married to other people when they met. LeAnn is a Life Path 2 and Eddie is a Life Path 6. Considered one of the most loving unions, this is a romantic combination, as both numbers love easily, without holding back. Neither number is afraid to show their true feelings. Also, with LeAnn's 2 Life Path, she sees herself in Eddie's 2 Personality. His 6 Life Path recognizes her 9 Soul, thus having a deep artistic connection. LeAnn and Eddie are in great company when it comes to lasting relationships. With the same number combinations, Hollywood icon Bob Hope and his wife Delores were married for 69 years, while Kelly Ripa and Mark Consuelos have it all — three lovely children and very busy, successful careers.

Brad Pitt and Angelina Jolie

Somewhat of a curious combination of numbers, with Angelina's 5 Life Path and Brad's 4 Life Path. This can sometimes be a challenging combination, as 4's usually like routine, whereas 5's love change and the unexpected, but that is where the initial attraction might have started. They are so different, but could have found admiration in these qualities. Angelina not only has a 6 Soul, but also a 6 Destiny — it is no wonder she keeps having and adopting children. 6's are the maternal, paternal number. When she met Brad, she saw this in Brad's 6 Personality. The qualities they show to the world are that of loving parents. With Angelina's adventurous Life Path 5, life with her promises never to be boring!

Originating from the most well-known Greek mathematical thinker, Pythagoras, Numerology predates Tarot, and is quickly

becoming the biggest craze in self help. Semi-Circle Numerology cards can give people the ability to feel powerful in the realization that they have been sent here for a purpose and given many tools to accomplish life's mission.

For more information on Donetta Huffman and Numerology or to purchase one of her many services, visit www.semicirclenumerology.com.

Find Out What Jennifer Aniston Likes About Justin Theroux





It seems Jennifer Aniston is no longer concerned with her exhusband Brad Pitt. She's now very happy with her new guy, Justin Theroux. According to <u>People</u>, the actress' relationship with Theroux is "going strong," and she says that she's in a "joyful and peaceful" place in her life. What's their secret to a healthy relationship? Not only do they have a love for acting in common, filming Wanderlust together, but they also share a sense of style.

What are some important things you should have in common with your partner?

Cupid's Advice:

Although many say that opposites attract, it's good to have some things in common with your partner, too. Cupid shares some important similarities:

1. Shared interests: You don't have to like everything that your partner likes. However, it's a good idea to like some of the same things. Take a cue from Aniston and Theroux who point to their shared love of acting and fashion.

- 2. Goals: You and your sweetheart should share similar goals. What are your thoughts on marriage and children? Your viewpoints on this question should eventually coincide or intersect so that your relationship can continue into the future.
- **3. Opinions:** If you or your partner has strong opinions on certain topics, it may be a good idea to have similar thoughts on those subjects. If you don't, you'll need to be able to agree to disagree in order to avoid yearning for the single life.

What are some things you have in common with your partner? Share your comments below.

Robert Downey Jr. and Wife Welcome a Baby Son





Robert Downey Jr. welcomed a son, Exton Elias Downey, into the world at 7:24am on Tuesday, Feb 7 in LA. Downey's wife, Susan, delivered her son at 7lbs 5oz. "Everyone is healthy and couldn't be happier," a friend said, according to People. The Sherlock Holmes star revealed the sex of the baby on national television back in August, which was unexpected for his wife. "I could never really stay mad at him, but I can tell you it genuinely wasn't something we planned to reveal," Susan later commented. The married couple is thrilled to have given Indio, Downey's 18 year-old son from his previous marriage, a little brother.

What are some reasons to keep the sex of your baby a secret?

Cupid's Advice:

Some people choose to keep the sex of their baby a secret.

Cupid has some possible reasons:

1. Avoiding expectations: The sex of your baby can be accompanied by expectations. You avoid comments like, "Since it's a boy, he's going to be a handful."

- 2. Avoid the pressure of choosing a baby name: Once everyone knows the sex, everyone will be jumping in to give you ideas for your child-to-be's name. Either that, or they'll be bugging you to find out what you've chosen.
- 3. Gender neutral gifts: Getting gifts that aren't specifically for one gender or the other is actually a blessing if you plan on having more children in the future. If you end up with all pink baby clothes, you can't hand them down to a future little boy.

Do you think the sex of the baby should be kept a secret?

Share your opinions below.

Valentine's Day Advice: Indulge In Simple Pleasures





By Renee Lee

It doesn't matter if you live life in the fast lane, with family in the suburbs, or somewhere in between, Valentine's Day is a time to take a moment to appreciate yourself and those we love. My rule of thumb is to remove all pressures associated with the holiday and instead indulge in life's simple pleasures. Because I am a Matchmaker here in NYC, I've ended up working in a very celebrity focused market. Therefore, let's take a look at recent heart break and hookups as examples on how to make Valentine's Day that much sweeter.

Treat yourself to chocolates

Going through a Demi Moore style break up is awful! The dread of Valentines Day looming ahead can feel more excruciating than the idea of an all day screening of *The Notebook*. But the key thing to remember is the Diva you are within. Forget the "I am no one, until someone loves me" stigma, and instead take a moment to be kind and celebrate the most awesome love of all — the love for yourself! Why be upset you didn't end

up with some sad drugstore chocolate, when you truly deserve something as sophisticated as Frangelico Truffles? These truffles, created by my favorite sweet liqueur, are the perfect simple pleasure when it comes to treating yourself. Plus, once you realize your worth in chocolates, you will never again accept a boy to do a man's job.

Bring back the first meal you had together

For couples like Justin Timberlake and Jessica Biel who have been through the break-ups, shake ups, and make ups, why not take a moment to celebrate the joys of what brought you to the strong place you are in now? A great way to go back to the simple pleasures for dinner is to cook the first meal you ever made together. For a gift highlighting your life together, create a photo book of your life so far, with the last page saying "to be continued..."

Predict your own future

This will be the first Valentine's Day that Justin Theroux and Jennifer Aniston spend together, so why not get a little frisky? Jennifer is probably over tabloids predicting her future, and perhaps your family and friends do the same thing to you. This time it's your turn. Create her own future with some custom fortune cookies. Nothing will be more of a surprise than an after dinner dessert that holds sexy hints to your next move for the evening.

Dedicate and decorate cupcakes

It's Heidi Klum's first Valentine's Day with just the kids and no Seal, so a great idea is to make cupcakes with a heart. Put all the family members names in a hat, and have each person grab one or two. For the person you selected, you will decorate a cupcake as a dedication to them. No matter if it's for an ex-husband, best friend, book smart cousin or meddling sister, it's a creative way to remember those who make your life sweeter.

So this year, take a minute, de-stress and think about those simple pleasures that make life sweet; whether it's a Frangelico truffle, time with your children or something as easy and nice as a meal and a great book.

Renee Lee is a Matchmaker in NYC and has a Master's Degree in Counseling from New York University's Department of Applied Psychology. She's been featured in publications such as OK! Weekly, In-Touch Weekly, People Magazine, and The New York Daily News, and also hosts her own radio show "Your Dating Truth with Renee Lee."

Jennifer Aniston and Justin Theroux Enjoy a Snuggly Dinner Date





Jennifer Aniston and boyfriend Justin Theroux went for an early dinner at a restaurant in one of their favorites hotels, L.A's Sunset Tower Hotel. An onlooker claims the couple looked very happy while they enjoyed their low-key evening in matching leather jackets, according to Usmagazine.com. The two ended their early dinner, and walked out with their arms around each other.

What are some ways to spice up an ordinary dinner date?

Cupid's Advice:

The same <u>dinner dates</u> all the time can get boring. Here are some ideas on how to make them more interesting:

- 1. Go restaurant hopping: Try going to more than one restaurant throughout the night for a variety of atmospheres. Have some drinks at your local bar, appetizers in the hip lounge down the street, and your main course at your favorite restaurant.
- 2. Make it a double date: Bring along your best friend and her date to dinner with you and your beau. There's nothing like

having your best friend there to loosen things up.

3. Cook for each other: You and your date each pick something you've never cooked before, and test out your new recipes on each other.

How do you spice up your dinner dates? Share some ideas below.

Sources Say Heidi Klum and Seal Have No Plans to Get Back Together





No serenade can change Heidi Klum's mind. Sources say that

Klum does not wish to get back together with Seal, her husband of seven years, according to *HollyScoop*. Though Klum and Seal still wear their wedding rings, a source close to Klum says, "They have zero plans to get back together." Klum is reportedly miffed that Seal "won't shut up" about their separation.

How do you keep from falling back into an unhealthy relationship?

Cupid's Advice:

Though looking back on old relationships can be emotionally trying, it's important to stick to your decisions. Here are a few ways to avoid going back to an ex who's not right for you:

- 1. Remember your breakup: Though anger fades over time, the reasons behind your breakup are still present. Think back on the mistakes made in your previous relationship and hopefully those thoughts will deter you from reentering the relationship.
- 2. Stick with your friends: Spending time with friends—people with whom you have a healthy relationship—will help you realize just how imperfect your previous relationship was.
- 3. Look to the future: Instead of looking back at your relationship, try looking forward to future relationships. Be optimistic and hope for one that's better than the last one.

Have you been in an unhealthy relationship? Feel free to leave a comment below.

'The Bachelor' Contestant Jennifer Says Ben Should Run from Courtney





Although Jennifer Fritsch was eliminated during the rose ceremony last week by *The Bachelor*'s Ben Flajnik, she isn't holding it against him. That said, she *is* rooting for all the final girls but one, and that's front-runner Courtney. Fritsch claims to no longer be bitter towards Flajnik for his surprising elimination, but says that Courtney is not the girl for him. She believes the skinny-dipping model is in it for her career, and she doubts that she even has feelings for Flajnik. In her opinion, Courtney is as bad of a person as she's portrayed to be on the show. In an interview with *People*, Fritsch said she would advise *The Bachelor* to "run for

the hills" when it comes to this contestant.

How do you know when to take your friend's relationship advice seriously?

Cupid's Advice:

Some people have been your friend your entire life, while others act as your friend when they need or want something. Cupid has some tips to help you recognize a good friend without an ulterior motive:

- 1. Trust: Relationships provide gossip for everyone, so make sure that you're not spilling your love life problems for everyone to hear, and only take advice from friends who are close to you and know more about your relationship.
- 2. Motive: If a person whom always seemed to be in love with your partner buddies up with you the minute they hear you're having issues, be skeptical. If they think the best way to resolve your problems is to break up, they may try to snatch up your potential ex when they're vulnerable.
- 3. History: The best person to take advice from is someone who knows your relationship history. Just because they may tell you something you don't want to hear doesn't mean they're trying to sabotage you. It probably just means they care enough to point out the obvious when you're too blinded to see it.

Who's dating advice have you found the most helpful? Share your comments below.

Valentine's Day Date Ideas: Five Unique Ways to Spend the Holiday





By Erika Mionis

Valentine's Day is the one holiday completely dedicated to our love lives. If you're single, you'll survive. If you're in a relationship, then congratulations! Now you can worry about gifts and date ideas for the coming holiday. Though there's nothing wrong with the classic dinner date, you can be sure you and your significant other won't be the only couple with the same idea. Here are a few unique date ideas to make this Valentine's Day one you'll never forget:

- 1. Hot air balloon ride: Hot air balloon rides are well worth the expense. Find the nearest hot air balloon company (it may be a bit of a drive, depending on where you live) and set out to see the sunrise or sunset. Most companies offer a light breakfast or dinner after the ride. Hot air balloons can easily carry up to five people, so try splitting the cost with another couple.
- 2. Horse-back riding: For the animal-loving couple, a date on horseback can be fun and romantic. Most ranches offer trail rides that bring you through isolated parts of nature. Make sure to talk over lunch or dinner afterward, as loud conversation mid-trail often startles the horses.
- 3. Hiking: Tough out the last of winter on an outdoorsy date with your partner. Make sure to pick a trail that suits your athletic abilities, because though exercise is fun, it's hard to feel attractive when you're sweating and gasping for air. Pack a picnic for a quick lunch/snack once you reach the end of the trail or the top of a mountain.
- **4. Paint pottery:** Decorating pottery is a fun and creative way to spend the holiday. You can work as a team on a single pottery piece, or you can each work separately and compare your craftsmanship. For the especially artsy couple, try making pottery instead of just painting it.
- **5. Play games:** Try visiting an upscale arcade to play some pool. To make the game a little more interesting, decide on a friendly wager, like a massage exchange. After the game, grab some quarters or tokens and visit some of the other games in the arcade. Your next competition comes in the form of skee ball.

Do you have any Valentine's Day date ideas? Feel free to share them below.

Katy Perry Is Caught Flirting With a New Man





Though Katy Perry may not be fully ready to move on from exhusband Russell Brand, she is getting there. According to <code>UsMagazine.com</code>, the singer was seen at a pre-Super Bowl party where she was seen mingling with many sexy athletes in attendance. She may not be hearing wedding bells again anytime soon, but she's certainly back to her old joking self. "You'll be the first straight man I've had a photo with in a long time, so live up to it," she said to Carolina Panthers quarterback Cam Newton, as they posted for a picture together.

How do you know how long to wait before moving on after a

Cupid's Advice:

It can be difficult to determine when the right time comes for you to move on from your last relationship. Cupid shares some advice:

- 1. Mental closure: If you think of your ex late at night and are filled with feelings of hate, anger and jealousy, you need some time before attempting to move on and begin a new relationship.
- 2. You stop thinking about them: When you realize that you've gone more than just days without thinking of them, you're probably ready to begin dating again. You have to be happy by yourself before you can be happy with a new partner.
- **3. When dating helps:** If you're potentially interested in someone and they already help you forget your ex, you may be able to move on with them. However, make sure that whoever you begin dating isn't a rebound.

When did you know it was the right time to move on? Share your stories below.

Julianne Hough Reveals the Secret to Her Relationship with Ryan Seacrest





Julianne Hough does not take her relationship for granted. <u>People</u> reports that the dancer has a difficult time coordinating schedules with radio personality Ryan Seacrest, her beau of nearly two years. "[Balancing your career and a relationship] is a hard thing to do, especially when you're so caught up in your work and bettering yourself," said Hough. "I'm so lucky that I have a great relationship. I'm very blessed and I don't take anything for granted. I think if you alienate people and just focus on your work then it just becomes lonely and it's not fun anymore."

How do you balance your career and relationship?

Cupid's Advice:

Balancing your career and your personal life is tough, but it's even more difficult when you have to coordinate with your partner. Here are a few ways to balance your career and

relationship:

- 1. Plan a date night: For the extraordinarily busy worker, a date night is a must. Set aside time at least once a week where your only focus is on your partner. Put away all cell phones and laptops and enjoy the evening together.
- 2. Include your partner: On nights when you have too much work to go out, invite your partner to help you. Ask for your significant other's insights on your latest project or ask for their help sorting through old emails.
- 3. Be open with your partner: Don't feel guilty about your career. If you know work will soon be overwhelming, let your partner know that you'll be a little occupied in the coming weeks. Your mate will appreciate your honesty and will help you work around your schedule.

Do you have a difficult time managing your career and a relationship? Feel free to leave a comment below.

Amanda Seyfried Discusses Remaining Friends With Her Ex





Amanda Seyfried covers the March 2012 <u>Glamour</u> Magazine and is uncensored when it comes to dishing on her personal life. The actress, who may star as porn actress Linda Lovelace in the upcoming biopic <u>Lovelace</u>, admits that the next guy she commits to may be the one she decides to have kids with, and if not, there's always her ex-boyfriend British actor, Dominic Cooper. "My God, yeah. He was my last real boyfriend. We still joke about having kids, like, 'If it doesn't work out with other people, we might as well just have a child.' And there's a part of that that feels…possible."

What are the advantages to staying friends with your ex?

Cupid's Advice:

Who says you can't be friends after a breakup? Some people may think it's best to forget about your ex, but here a few benefits to staying on good terms with your old flame:

1. Friends with benefits: Everyone has their wants, but you can't get them from everywhere. Depending on the terms of the split, it may be convenient for you to get what you want from

your ex while looking for something new. Be careful not to get confused in the process.

- 2. Don't burn bridges: If your relationship ended on good terms, try to keep it that way. You never know who you may need in the future to talk to when you could use a quick "cheer-me-up."
- **3. Patch it up:** Maybe your breakup didn't end so well. But, reaching out to your ex may be just what you need to help you move on. Most of the time, when you receive closure from a past relationship, it makes it a lot easier to be cool with your former love.

Are you still friends with you ex? Share your comments below.

Find Out Victoria's Secret Angel Adriana Lima's Valentine's Day Wish





Winning a supermodel's heart this Valentine's Day may be easier than it looks. As Victoria's Secret Angel Adriana Lima told <u>People</u>, roses seem to be the key. "If my husband sends them to me at home, I'll be very happy. There's nothing better than to receive flowers from someone you love," said Lima. Other supermodels said they desired gifts with a personal touch such as hand-written notes on Valentine's Day.

What are some ways to show your partner you care on Valentine's Day?

Cupid's Advice:

Showing that special someone you care on Valentine's Day or any other day of the year doesn't have to be expensive or over the top. It seems to be the little things that make the biggest impressions. Cupid has some tips:

1. Tell them how you feel: If you love someone, you can't say it enough. There are so many ways to say "I love you," such as via social media or the old fashioned way with a handwritten note.

- 2. Send a gift: Make your partner feel special by sending them a small gift such as flowers to their home or office.
- **3. Go out with eat:** Show your partner you care and want to spend time with them over a special meal. Stay home and cook or make reservations at a classy restaurant.

What are you dreaming of getting from your partner this Valentine's Day? Share your wishes below.

New Couple Emily VanCamp and Josh Bowman Pack on PDA





Revenge star Emily VanCamp has found love off-screen.

<u>UsMagazine.com</u> reports that the actress is dating costar Josh Bowman. The two have been linked to each other since January, but a PDA-packed lunch date at Little Dom's in Los Feliz, California on Sunday confirmed the rumors. Bowman, who has been linked to Miley Cyrus and Amy Winehouse, says that he is attracted to women with class. "She can be anything as long as she holds good conversation," said Bowman. "I'm attracted to intelligence."

What are some ways to announce your relationship to the world?

Cupid's Advice:

Telling your friends and family about your new relationship is daunting, but necessary. Here are a few ways to break the news:

- 1. Word of mouth: Sometimes your friends can spread the news for you. Tell a few friends about your new relationship and wait while others soon find out.
- 2. Facebook: In this technology-crazed age, most people get their news through Facebook or Twitter. Change your relationship status and sit back to see your friends' comments.
- **3. Let them guess:** Sometimes it's fun to keep your relationship on the down low at first. Eventually your friends and family will draw the right conclusion eventually.

How did you announce your relationship? Feel free to leave a comment below.

Angelina Jolie, Stacy Keibler and Their Beaus Have Awkward Run-In





Is there some tension brewing between Angelina Jolie and Stacy Keibler? According to <u>UsMagazine.com</u>, the two ladies awkwardly ran into each other while accompanying their nominated men recently. Jolie's longtime lover Brad Pitt and Kiebler's boyfriend of six months, George Clooney saw each other at the Screen Actors Guild Awards last weekend. Keibler was reportedly fixated on Pitt when the two couples caught up with each other and even posed for what seemed to be an awkward group shot while walking the red carpet. This isn't the first time Jolie and Keibler have had a weird moment when bumping into each other. A few weeks ago, the skies weren't

so friendly when Jolie and Keibler both hopped on the same private plane with their men while heading to the Palm Springs International Film Festival.

What do you do if you don't get along with your beau's best friend's girlfriend?

Cupid's Advice:

Sure, you won't get along with everyone you meet, but when it comes to your boyfriend and his close friends, getting along with them can be a big deal. Here are a few tips to help get you through any awkward moments while dealing with your potential "frenemy":

- 1. Girl talk: Next time your sweetie's best friend and his girlfriend visit, invite her to go with you to the store or mall so you can talk to her about the issue and hopefully straighten everything out.
- 2. Be the bigger person: Even if she's being rude when you are around each other, smile and be kind anyway. Treating her in a polite way may cause her to treat you the same ... eventually.
- 3. Avoid the situation: If you've exhausted all of your options while trying to make peace with your beau's best friend's girlfriend and you two still can't patch it up, then it's probably best to leave her alone and only speak if necessary.

How did you handle not getting along with your partner's best friend? Share your experiences below.

Valentine's Day Outfit Ideas: Sexy





By Sarah Thaman

Excited about an upcoming Valentine's Day date? Even if you're going out with your husband or long time bf, it's a great excuse to shake things up and go out for a night on the town. Lost on what to wear? Never fear! I'm here with three different looks that are sure to please you and your man. Here's the first one:

Go for an understated, sexy look this Valentine's Day. Instead of baring it all, choose a dress with a fair amount of coverage, and just the right amount of skin. This one-shoulder body con dress is sure to do the trick. Plus, it's

navy, which happens to be the new black. Keep accessories nude and minimal to bring the focus to your face. A nude lip and smokey eye would pair beautifully with this look, and so would a low messy bun. The clutch purse with a large buckle is a great match for this look! Be fierce and fabulous in this sexy look.

Enjoy a romantic night out looking fabulous! For more Valentine's Day inspiration visit Handbag Heaven's Gal's Guide to Valentine's Day!

While Sarah Thaman may not be a professional stylist, she prides herself on choosing fashion that looks polished and classic, and she's always helping friends choose their date outfits. Although she's a writer for Handbag Heaven by day, outside of work she takes joy in being a matchmaker, a newlywed, and a momma to her precious puppy, Luna.

Emily Maynard is 'Scared to Death' to Date on TV Again





When Emily Maynard and *The Bachelor*'s, Brad Womack, ended their engagement, she had absolutely no intention of being the the star of the next season of *The Bachelorette*. But, next month, that's exactly what she'll be doing. "I had no intentions of ever being the next Bachelorette. I genuinely meant that," said Maynard. "I feel like the biggest hypocrite because I said that, and now I'm doing it." According to *People*, though she knows dating on TV can work, she admits to being scared about diving into the reality TV dating pool once again. The blonde beauty also admits that it's difficult to date as a single mom. The show will be filmed in Charlotte, North Carolina, where Maynard is raising her 6-year-old daughter as well as in other locations.

How do you get over the fear to date again after a failed relationship?

Cupid's Advice:

After a failed relationship, it's okay to take some time off dating. But, when you fall down, you need to get back up again. Cupid has some advice:

- 1. Go out with friends: You don't need to actually go on a date to put yourself out there in a social situation. Go out on the town and socialize.
- 2. Try online dating: With so many relationships beginning online these days, it never hurts to look. Plus, there's no doubt that it's convenient. You can filter by the qualities you do and don't like before the first date!
- **3. Reward yourself:** Give yourself small rewards for taking steps to get back into the dating scene. It can certainly be easier said than done.

What are some ways to put yourself out there in order to get back into the dating scene? Share your thoughts below.