Ashton Kutcher Indulges in PDA at Oscars Bash with Gal Pal





Ashton Kutcher, 34,

took Lorene Scafaria, 33, as his date to Madonna and Guy Oseary's annual Oscars after party. According to <u>UsMagazine.com</u>, the couple socialized with Cameron Diaz, Diddy, Katy Perry, and Leonardo DiCaprio. Although Kutcher's rep has denied the duo being couple, a source said, "They were affectionate. They held hands and she rubbed his back and neck." This was all very different for Kutcher, whose date for the past several years had been Demi Moore.

What are some ways to introduce your new partner to friends?

Cupid's Advice:

Introducing your new lover to your friends can go great or

horribly wrong. Cupid has some tips to make sure it goes smoothly:

- 1. Prep: Tell your new man about your friends, and dish to your friends about your new man. A surprise meet and greet will be awkward for everyone. If you forewarn your man about your goofy friend who laughs when she meets new people, he won't feel like she is laughing at him and the process will be effortless.
- 2. Neutral location: Don't show up at your girlfriend's house, which is like your second home, with your new boyfriend. It will surely be uncomfortable for him. Try having a group of friends meet a bar or bowling alley. That way, you can all mingle and everyone meets your new beau in one shot.
- 3. Be proud: Have confidence when you introduce your sweetheart to your friends. If they think you're embarrassed of him, they are going to assume something's wrong. The last thing you want is friends who disapprove of your new man and a boyfriend who feels insecure about your relationship.

How did you introduce your new partner to your friends? Share your stories here.

'The Bachelor' Ben Flajnik Sends One of Three Women Home





Ben Flajnik had an eventful weekend in Switzerland with the final three contestants of *The Bachelor*, Courtney, Lindzi and Nicki. Previously eliminated Kacie B. even made a surprise appearance. According to *People*, Kacie said, "I didn't see that coming at all," talking about their breakup to Flajnik. "It's hard for me to get that out of my head." Ben explained that he felt he was protecting Kacie by ending things when he did. She replied with a final piece of advice about Courtney. "I feel like if you were to choose Courtney you would get your heart broken. It seems like she's in it to win it... It makes me sick to think that you could be hurt again." Disregarding Kacie's advice, Flajnik gave roses to Courtney and Lindzi. "I just hope you're making the right decision," Nicki told Ben, who said, "Believe me, I do too."

What do you do if you see your friend making relationship mistakes?

Cupid's Advice:

Watching your friend make mistakes is hard, but so is trying to intervene with his or her relationship. Here are some friendly ways to have your pal's back:

1. Get your facts straight: Before taking your referee skills

center court, be sure you know what you are breaking up. For all you know, your friend could be giving you one-sided stories and their partner is completely guilt -free. Observe as a separate third party to be sure your assistance is necessary.

- 2. Approach your friend: When you are positive there's an issue, point it out to your friend. She may not even be aware that her boyfriend is sounding like her father. Once his flaws are showing, your friend will hopefully clear things up on her own.
- **3. Offer advice:** If your gal pal doesn't help herself, it's time to step in and try to make some changes. Give her some advice; tell her how you would handle the situation. Don't tell her exactly what to do, though, because that could just cause problems within your friendship.

What did you do when you saw your friend making relationship mistakes? Share your stories below.

Exes Kate Hudson and Owen Wilson Have Surprise Reunion at Oscars Bash





Kate Hudson and Owen

Wilson prove that exes can be friends after a breakup. The former couple who dated from 2006-2007 after working together on the set of *You*, *Me and Dupree*, had a surprise reunion at the *Vanity Fair* Oscar party on Sunday. A partygoer told *UsMagazine.com* that the two "totally had a moment" as they "hugged and kissed each other on both cheeks." The source also revealed that the two stars talked about their kids and how old they are now (Hudson welcomed son Bingham in July 2011 with fiancé Matt Bellamy and Wilson and Jade Duell welcomed son Robert Ford in January 2011; Hudson also has son Ryder, 8, with ex-husband and Black Crowes front man Chris Robinson). "They pulled out their phones to show each other pictures," the partygoer said. "They both oohed and ahhed over them."

What are some ways to become friends with your ex after a split?

Cupid's Advice:

So you and your ex didn't make it to the altar like you thought would, but that doesn't mean the two of you still can't be friends. Don't know how to get over the awkwardness? Cupid has some tips:

1. Give yourself some time: You may not be ready to

immediately come face-to-face after your relationship ends, which is understandable. Allow yourself time to heal after splitting, especially if it ended on bad terms.

- 2. Get over the grudge: The breakup might not have ended so well, but if it's been years since then, you shouldn't hold onto a grudge forever. Sometimes, not holding a grudge with your former flame can be what you need to move on to the next best thing.
- 3. Be friendly: If you have the same friends, you might run into each other often. When this happens, smile and make small talk. This may not reignite the spark in your old relationship, but it may lead into becoming friends again.

Were you able to become friends with your ex? How? Share your stories below.

Rihanna Is Supporting Chris Brown in iPhone Theft Allegation





Rihanna is standing

by her ex, Chris Brown, while he awaits the decision on whether or not he'll be charged in theft of a cell phone, <code>RadarOnline</code> reported. Brown has been accused of stealing a woman's iPhone as she snapped a picture of the R&B singer while he sat in the back of his car. Brown purportedly snatched the phone saying, "B-tch, you're not going to put that on the internet" and drove off. A source close to the situation told the site that Brown is claiming that he absolutely did not steal the phone. Rihanna has subsequently stated that she will stand by him during the investigation and whatever the future holds. Given the past these two have together, Brown was humbled by Rihanna's firm support. "He told her he appreciated her despite the criticism she has endured for recording songs with Chris [Brown] and welcoming him back into her life," the source said.

What do you do if your partner gets involved with the law?

Cupid's Advice:

Getting in trouble with the law is not fun, especially when it involves your lover. While it all depends on the situation and how you choose to handle it, Cupid has some advice to help:

- 1. Be their support system: "Through sickness and health, and 'til death do us part..." Getting involved in the law can fall somewhere in between those two. Having your significant other in trouble with the law can be a stressful situation for the both of you, but try to be there through the difficult time.
- 2. Ignore the negative feedback: In this situation, there's always going to be at least one person who's going to degrade your decision to stand by your mate. While the backlash may get to you, develop thick skin and try to remain positive about the circumstances.
- **3. Move along:** If your partner is in serious trouble with the law and it gets to the point to where you no longer have the patience to deal with it, then it may be best for you to move on and live your life.

What would you do if your partner got involved with the law? Share your comments below.

Uma Thurman Is Expecting with Arpad Busson





The baby bump may have gone unnoticed at last month's New York Fashion Show, but <u>People</u> confirms that Uma Thurman is expecting her third child. The actress, who will appear on NBC's new drama <u>Smash</u> during a five episode stint, has two children with ex-husband Ethan Hawke, and this will be her first child with her boyfriend since 2007, Arpad Busson.

How do you know when it's time to reveal your pregnancy?

Cupid's Advice:

Once you find out you're going to have a baby, it can seem impossible to think about anything else, and there's no best time to make the announcement. There are, however, advantages and disadvantages to telling people early or waiting to share. Cupid has some things to keep in mind:

- capita has some thirtigs to Reep in militar
- 1. Advice: If family and friends know from the get-go of your pregnancy, they may have some useful advice throughout. If they try to cram it all into a short period of time, however, it might become overwhelming.
- 2. Support: Having support through all the stages of your pregnancy may prove very helpful emotionally and psychically, but if too many people know, the outpouring of support may end

up stressing you out.

3. Miscarriage: You should definitely wait until you're at least 8 weeks pregnant to start spreading the announcement. It might be nice to have the support from family and friends if things go wrong, but taking back the announcement will force you to relive the thought and moment constantly.

When did you know you were ready to announce your pregnancy? Share your comments below.

Kate Gosselin Reveals She's Lonely on Dr. Drew





It's been two years,

but Kate Gosselin still isn't ready to move on. Gosselin, 36, revealed that she is lonely and unhappy with her love life on

Dr. Drew Wednesday, reports <u>RadarOnline</u>. Gosselin separated from her now ex-husband Jon Gosselin two years ago, but doesn't feel the time is right to find the man who would be willing to take on eight kids yet. "I absolutely [want to find someone]!" said Gosselin. "The odds are so against me, one mom and eight kids...so it would be great. I mean, I'm so lonely. I clean up the house, put the kids to bed and there I sit. Ideally I would find that person...I don't know if I feel ready for that."

How do you get over the feeling of being lonely after a split?

Cupid's Advice:

Living the single life takes some adjusting to, especially if you're used to being in a relationship. Here are a few ways to help you get over your loneliness:

- 1. Keep busy: Loneliness really settles in during your extra time. Staying busy will help keep your mind off of your feelings. Also, getting out more may be a way for you to meet new people.
- **2. Call your friends:** A romantic partner isn't the only person who can make you feel wanted. Your friends have been supporting you for years and will continue to do so. Call them up and organize a time to hang out.
- **3. Avoid routines:** Having a scheduled, routine life will only make you feel lonelier. Shake things up, and be careful not to live on auto-pilot. Spontaneity can be a blessing.

How did you comfort yourself after a breakup? Feel free to leave a comment below.

Justin Timberlake and Jessica Biel Plan to Wed This Year





After a long

courtship of nearly five years, it's no wonder that newly engaged couple Jessica Biel and Justin Timberlake would want to exchange vows later this year, according to <u>UsMagazine.com</u>. Timberlake proposed only this past December, and according to an insider, "The big day's this summer at a private estate." This couple is known for it's privacy, so it'll be interesting trying to figure out the details of their wedding.

How do you plan your dream wedding in a short amount of time?

Cupid's Advice:

Planning your wedding can be a stressful time, and adding in the time element just increases one's worries. Cupid shares some tips on how you can plan a wedding quickly:

1. Location: Some places offer last-minute discounts. Try to

schedule your wedding and reception at the same location. Also, be flexible on the exact date and time.

- 2. The dress: If your wedding is in three months or less, it's unlikely that you'll be able to custom design a dress. That doesn't mean you can't find your dream dress. Check out boutiques which have wedding gowns in a variety of sizes so that you're able to find the perfect outfit for this important date.
- **3. Invitations:** Take care of invitations first. It's important to give guests at least six weeks notice, so sit down with your partner and decide on a guest list. Doing this will ensure that those you love most will be there to see you tie the knot.

How would you plan a wedding with little time? Share your thoughts below.

5 Celebrity Couples Who Should Rekindle Their Romance





By Samantha Mucha

There are some things in life that go together like peanut butter and jelly or a refreshing glass of lemonade on a hot summer day. Some of our favorite celebrity couples compliment each other in the same way. Although many of our most loved duos have split and moved on, there's no shame in wishing they would reunite. Think way back to Britney Spears and Justin Timberlake; they always seemed like the perfect couple on "The Mickey Mouse Club." What would life be like if all of our favorite Hollywood couples got back together? Here are a few Tinseltown twosomes we would love to see respark their old flames:

1. Jennifer Aniston and Brad Pitt: So maybe Pitt allegedly cheated on Aniston, but who didn't love them together? This seemingly perfect blonde couple seemed as if they were going to live happily ever after, but that changed once Pitt filmed Mr. and Mrs. Smith, and Angelina Jolie stepped into the picture. Both Pitt and Aniston denied that Jolie was the reason for their divorce filing in 2005.

Related: Brad Pitt Trashes Marriage to Jennifer Aniston

2. Jennifer Lopez and Marc Anthony: A recent split for this dynamic duo came as a surprise to most. With such high

intensity careers, however, it was almost expected that the couple would eventually butt heads. Although Lopez approves of Anthony's new girlfriend, it's simply not possible to replace this previously successful and passionate couple.

3. Demi Moore and Bruce Willis: This former duo's divorce came as a shock to the public. The pair had three children and a seemingly happy marriage, so a separation seemed almost impossible. After over 10 years of marriage, though, the couple agreed to divorce without disclosing a reason and came to a fair settlement. They're close friends to this day.

Related: Demi Moore Proves There's Hope After Divorce

- 4. Jessica Simpson and Nick Lachey: With this pair, a reality television series had no positive outcome other than revenue. According to People, Joe Simpson, Jessica's father and manager said, "Do they fight? Hell yes, they fight. Have there been moments when Nick has wanted to leave Jessica or Jess has wanted to leave Nick? Absolutely." Their reality show, "Newlyweds," was a first of its kind, allowing a look into celebrity marriage bliss; but apparently the show falsely depicted the couple. Life on the show appeared happy, but behind the scenes, these two were arguing to the point of demise.
- 5. Britney Spears and Justin Timberlake: This former young couple met as members of "The Mickey Mouse Club" in front of the cameras as teenagers. After three years of dating, it seemed that Spears and Timberlake were meant for each other. Unfortunately, fame and fortune took a toll on their relationship, as they battled drama sparked by rumors.

What other celebrity couples do you think should rekindle their romances? Share your thoughts below.

Is Kobe Bryant Reconciling With Ex-wife Vanessa?





What better day for

L.A. Lakers basketball star, Kobe Bryant to rekindle the love with estranged wife, Vanessa Bryant than on Valentine's Day? Filled with adrenalin and confidence from his victory against the Atlanta Hawks, Bryant was photographed kissing Vanessa on his way back to the locker rooms, according to TMZ. Vanessa Bryant filed for divorce back in December. As a result of their divorce settlement, she was recently given full ownership of the ex-couple's three Newport Beach Homes at an estimated \$18.8 million. Maybe this encounter with love will mean good things for the former couple, who have two daughters together, ages 9 and 5.

How do you make the relationship work the second time around?

Cupid's Advice:

The best part about giving your relationship a second shot is that you know what not to do. Don't continue to do the things that tore your relationship apart the first time. Here are some ways to make it work the second time around:

- 1. Trust each other: A successful relationship is built around trusting one another. You can't be happy with someone if you can't rely on them.
- 2. Start new: You're giving your relationship another chance for a reason. If you both keep digging up old dirt then there's no way you will be able to move forward to a fresh start.
- **3. Spend some time alone:** Try to rekindle the love you once had by doing the things you did together when you were both happy. Sometimes all you both need is some one-on-one time to get back to that happy place.

What are some other things to consider the second time around in a relationship? Share below.

Zoe Saldana Goes On Movie Date with Beau Bradley Cooper's Mom





Kitchen and then went to see The Vow.

Things seem to be heating up between Zoe Saldana and Bradley Cooper. The *Avatar* star now seems to be bonding with the mother of her "Sexiest Man Alive" boyfriend. According to <u>People</u>, Saldana and her sister were seen on a ladies' day outing with the actor's mother, Gloria Cooper. The trio had lunch at California Pizza

How do you know when to introduce your partner to your parents?

Cupid's Advice:

Introducing your partner to your parents shows that you are serious about making your relationship work long term. Here are some signs that it's time to take this significant step:

- 1. You're exclusive (and you wouldn't have it any other way:) When you can't imagine being without your partner and you're not interested in seeing other people, it could be time to meet the parents.
- 2. They're always on your mind: When you are constantly thinking about someone, picking up little things for them when you shop or considering what they would like even if you're not together, it's a sign that things are getting heated. But

the test is if you can envision your partner laughing with your mom, hanging with your dad and tossing the football with your brother. If that's the case, it could be time to introduce them to the people who are most important in your life.

3. It comes up in conversation: You've heard a lot about each other's family and they're coming into town. Or, you're taking a trip to see them and your partner speaks up saying he or she wants to come. This could be a clue that it's time to listen.

When's the best time to introduce your partner to your parents? Share your thoughts with us below.

Tom Brady and Gisele Bundchen Vacation in Costa Rica





A vacation in Costa

Rica with wife Gisele Bundchen and 2-year-old son Benjamin was more than enough compensation for Tom Brady's loss in the Super Bowl recently. Supermodel Bundchen had an outburst after the loss, blaming Brady's teammates, according to People. However, that now seems to be water under the bridge as they vacationed at her home in Santa Teresa. There's nothing like romance to cure a broken spirit.

What are some reasons to go on vacation as a couple?

Cupid's Advice:

Sometimes our logical and rational minds can't justify going on vacation. Cupid's here to help! Here are some reasons to cut loose and get away:

- 1. To de-stress: Not only does Gisele Bundchen have a stressful job as a model and mother, but Tom Brady probably needed some relaxation after his tough loss in the Super Bowl. If you or your partner has a stressful job, a vacation can do the trick to help you both relax.
- 2. To get some time away: Hard to find some alone time with your sweetheart? A vacation, even if it's just for the weekend, can be just what you need.

3. Family time: Spend some time with your love and immediate family. There's nothing better than a one-on-one get-to-know-you opportunity; especially if you're considering making the relationship more permanent.

Share some reasons you've gone on vacation with your sweetheart!

Rumor: Is Drew Barrymore Pregnant?





After being spotted

leaving a doctor's office holding a sonogram, as seen on <u>TMZ.com</u>, it is rumored that Drew Barrymore and her fiancé Will Kopelman could be expecting their first baby. According to <u>People</u>, the couple would like to become parents. "Drew is so motherly. Will would like to be a dad. Family is so

important to him," said a source. However, Barrymore's rep had no comment regarding the pregnancy. In 2006, Barrymore told *People*, "I definitely feel the beginnings of a ticktock. Whether I have children or adopt, whatever form a family comes in, I would absolutely love to have it." Recently, Barrymore has been seen wearing loose fitting clothing whenever she was in public.

What do you do if you find out you're pregnant before your wedding?

Cupid's Advice:

Discovering you are having a baby is a special moment in your life. Knowing your baby can be present at your wedding only makes the whole experience more special. Cupid has some tips:

- 1. Tell your friends and family: Share the news with the ones you love, especially those who will be attending the wedding and might notice a baby bump. This surprise should only make the wedding more exciting.
- 2. Cut back on wedding costs: Having a baby is costly. Rather than spending big bucks on extra flowers and candles, think about all the diapers you are going to need. As for wedding gifts, add things that can double as baby gifts to your registry.
- 3. Take belly into account when dress shopping: When looking for your gown, keep in mind what your belly will look like on the big day. It will be a blessing to share this day with your baby; however, looking like a princess will be a tad bit different than you may have imagined.

What did you do when you found out you were pregnant before your wedding? Share your stories below.

Exes Rihanna and Chris Brown Collaborate on Song





Rihanna and Chris

Brown recently spent time working on the other's songs, which were released on Monday. This collaboration was completely unexpected after the domestic violence drama the two went through in 2009. However, according to <u>People</u>, the pair were spending time together the night of the Grammy's, which marked three years since the incident. On Twitter the former couple have been displaying friendly behavior. The lyrics Brown sings in Rihanna's song are inappropriate; however, they do suggest he is missing her. Rihanna's lyrics are more straight forward: "I love you baby," she sings.

Why would a woman reconnect with an ex who physically hurt her?

Cupid's Advice:

Dealing with past abuse is a very difficult topic for a woman to discuss. Here are some reasons it's natural (yet dangerous) to reconnect with an abusive ex:

- 1. He is forcing her: It's rare for someone to run back to their abusive partner, but often times threats have something to do with it. These threats could be dangerous, as well as powerful and frightening for a woman who does not know what options she has.
- 2. She thinks it will be different: Some women believe that when a man says, "I've changed" that he means it. However, an abusive man rarely ever fully changes, and there is always a chance of history repeating itself.
- 3. She is in denial: When men are abusive, they are often able to force a woman into believing that the abuse is her own fault. This is never the truth. No one deserves to be abused. When a woman does not realize that what is going on is a serious problem, they will often return to the man.

Do you know a woman who reconnected with her abusive ex? Share your stories and advice below.

Rumor: Chris Brown Reportedly Has Disgusting New Pickup Line





According to

<u>UsMagazine.com</u>, a woman was reportedly approached by Grammy winner Chris Brown, 22, with one absurd pickup line. Brown is rumored to have told the woman, "Can I get your number? I promise I won't beat you!" After pleading guilty in 2009 to beating ex-girlfriend and singer Rihanna, 24, many think Brown should take domestic violence seriously, to say the least.

What are some ways to know when a pickup line is sincere?

Cupid's Advice:

Pickup lines get bad reps, but sometimes a guy can really be trying to compliment you. Here are some ways to know if a pickup line is sincere:

- 1. Serious: If a guy tries to talk to you and gives a line that doesn't leave him or his friends laughing, he may be sincere about going on a date.
- 2. Compliment: There is a thin line between giving a compliment and being a bit disrespectful. If the line makes

you feel confident and not harassed, romance might be in the making.

3. Conversation: The best pickup line gets a potential partner to talk. Asking about the weather, sports or how someone is feeling can spark chemistry.

How do you respond to sincere pickup lines? Share your comments below.

5 Low Profile Online Dating Strategies





By Heidi Lee Munson

Dear Heidi Lee,

Help! I think I'm a Toad!

I'm on an online dating site, and I lie about who I am ... I use my sister's photo. I play down my interests — leaving out that I'm Jim Carrey's ex and a former Playboy model. I feel guilty for lying, but I can't be honest because of stalkers, psychos and creeps. I want a regular, low-key guy who can throw back a burger and a beer in a bowling alley ...

Don't these guys have the right to know up front that my world is paparazzi and tabloids? Do I have the right to lure them with false promises of an All-American romance with the girl next door?

Who am I to lie to these men? A Toad?

xoxo, Jenny

Related: Fishing For Mr. Right — Types of Guys to Throw Back

Dear Jenny,

Even asking such a question shows that you are a strong, lovely and thoughtful woman. Whether a Big Screen Celeb or a Midwest Farmer's Daughter, you and your future Prince Charming have the right to be honest with each other now.

Fortunately, my friend, you've found a Midwestern girl. I understand your unique need for privacy within the Toad Kingdom as well as your pull toward the rugged sexiness of the strong, meat-eating types. In small towns, we are all celebrities in our own right. Toads who recognize us may be interested in our career status, income or somewhat gullible reputations. So, Ms. All American in L.A., let me share a few small town girl strategies to help you avoid the Toad label:

5 Small Town Strategies for a Celebrity

1. Communicate proactively: Initiate conversation first to have control over the flow of it, and reveal yourself as early

as appropriate.

Related: How to Communicate to Get What You Need

- **2. Go au natural:** Use a natural picture of yourself a naked face with a warm smile preferably with a shadow from a tree or a ball cap shielding your true identity.
- 3. Minimize exposure: Hide your profile when you are talking to a handful of promising men.
- **4. Use geographic camouflage:** Register your account using a zip code outside of your location to throw the Toads off your trail.
- **5.** Be a rhinoceros: Grow a thick skin, doll. Even the best laid plans have holes. Not only does a rhino have thick skin, but he or she can crush the Toad in one mighty step.

Most importantly, have fun! I'm proud to hear that you chose online dating to meet "the one". We Citizens of the Toad Kingdom share good company having you here. Thanks!

Warmest Regards,

Heidi Lee

P.S. May I offer you a copy of my eBook, How To Toad Proof Your Online Dating Profile?

From struggling single mother to Happily Married Author, Marketer, Blogger and Online Dating Professional, Heidi Lee Munson kissed the toads so that you don't have to. From Couch Potato Toad to Lounge Lizard Toad and Freeloader Toad to Bad Toupee Toad, Heidi Lee kissed them all.

Chris Brown Wishes Rihanna a Happy Birthday Via Twitter





Three years after

pleading guilty to assaulting his ex, Chris Brown and Rihanna seem to have come to some sort of a truce. This week, Brown sent his former girlfriend a message for her birthday via Twitter: "HAPPY BIRTHDAY ROBYN!" Rihanna then thanked him via her own Twitter account, according to *People*. Lately, controversy has been brewing as the duo are back on speaking terms and rumors that they may be getting back together are circulating. The pair have even collaborated with their music, as Brown is singing on a remix of Rihanna's track "Birthday Cake," called "Cake."

Is it OK to stay in contact with an ex who treated you poorly?

Cupid's Advice:

When someone you love treats you badly and it eventually leads

to a breakup, it can be a hard thing to get past. Sometimes it's impossible, and other times it just takes a very long time. Cupid has some advice:

- 1. Let time pass: The most important thing you can do is to take enough time that it's actually likely that your ex has changed. If you jump back into a friendship prematurely, you may end up getting hurt all over again.
- 2. Regain trust: It's very possible that you'll never be able to fully trust your ex again, especially if what he or she did was bad enough. If you can't regain that trust, there's no point in re-establishing a relationship. On the other hand, if you think trust is possible again, just take things slow.
- 3. Consider benefits: Consider what the perks are of retaining contact with your ex. If you can't imagine that it'll add something positive to your life, then cut ties completely.

What are your thoughts on staying in contact with an ex who treated you poorly? Share your comment below.

Victoria Beckham Discusses Being a Working Mom





Former Spice

Girl Victoria Beckham presented a collection at the New York Fashion show, and critics said she looked a little disheveled and unhappy. That said, they couldn't be more wrong. "Look, if people want to say I'm miserable, then so be it," she said, according to <code>UsMagazine.com</code>. "I'm really not. I have a lot on my plate. I'm not going to lie about it, I'm tired. I'm really tired, but I'm also very happy with my life." Victoria has four children with soccer star husband David Beckham and the newest addition to the family, Harper Beckham, is only seven months old. "I'm not getting much sleep at all," she added. "Harper's not sleeping that great, and I've been taking Skype business calls throughout the night, too, because of the collections. I'm up with the baby as all mums are, and I wouldn't have it any other way. There's not a team of people doing it for me."

What are the benefits of being a working parent?

Cupid's Advice:

Being a good parent and a good employee is a balancing act, but so is life in general. That said, being a working parent has some great benefits. Cupid has some tips:

1. Living standard: By having a job with a steady income,

you'll be able to provide your children with their basic needs without stress on yourself or your budget.

- 2. Role model: Young children are always mimicking adults, so by showing them that you're a hard worker and goal-oriented, they will hopefully follow in your footsteps.
- 3. Balance: Learning to balance everything on your plate as an employee and a parent will give you a sense of duty and accomplishment. You'll learn to prioritize what's important in your life, and hold on to things that are the most meaningful to your happiness.

How does having a job while being a parent benefit your life? Share your comments below.

Elizabeth Smart Ties the Knot in Hawaii 9 Years After Kidnapping





Elizabeth Smart has beaten the odds once again— this time by planning a wedding in record time. Smart, 24, and Matthew Gilmour, 22, were married Saturday afternoon in Hawaii, reports *People*. The couple have been dating for over a year and were engaged just last month. Smart originally planned on having a summer wedding, but changed the date only two weeks ago. "It's everything you can imagine with planning a wedding," said Smart. "Only, it's compressed into a few days."

How do you plan a wedding quickly?

Cupid's Advice:

Though nearly all weddings take months of planning, it's possible to plan a wedding in a short time span. Here are a few ways to plan a wedding quickly:

- 1. Stay local: Picking a local venue will make the planning process much simpler. More of your friends will be able to attend, and there will be less hassle with furnishings, transportation and last-minute changes.
- 2. Simplify your choices: Instead of going through every possibility, try limiting your options. Visit two cake

bakeries instead of three or try on five dresses instead of ten. Your choices will be easier to make, and you will spend less time searching for alternatives.

3. Wedding planner: If you have the means, a wedding planner can take a huge load off of your shoulders. Pick a wedding planner that knows you're on a tight deadline and have them do the majority of your work for you.

How long did it take you to plan your wedding? Feel free to leave a comment below.

Hilary Duff and Mike Comrie Get Mushy for the Cameras





Lizzie McGuire alum

Hilary Duff is loving her pregnancy— and has no problem

telling her fans. McGuire, 24, tweeted a picture of herself with husband Mike Comrie, 31, reports <u>UsMagazine.com</u>. The photo shows a pregnant Duff holding her baby bump while kissing Comrie upside down. Duff thanked her fans for their support, tweeting, "Glad you guys like my new pic! Much love to all you guys."

What are some ways to celebrate your pregnancy?

Cupid's Advice:

Though being pregnant is a reward in itself, it's important to celebrate such an important stage in your life. Here are a few ways to celebrate:

- 1. Take photos: Document your pregnancy by taking photos of your growing belly every two weeks. After the baby is born, arrange the photos to show your pregnancy's progression.
- 2. Massage: Use your pregnancy as an excuse to pamper yourself. Get a pedicure, or go for a massage. The massage will help you relax, and it will soothe your aches and pains.
- 3. Prenatal yoga: Prenatal yoga is an excellent way to stay physically fit without putting too much stress on your body. Learning how to breathe correctly (an important part of yoga) will prepare you for the birth. It's also an opportunity to make friends with other pregnant women in the area.

How did you celebrate being pregnant? Feel free to leave a comment below.

Power Celebrity Couples: Hollywood Relationships That Command Our Attention





By Whitney Baker

Some <u>celebrity couples</u> have the "it" factor that just draws us in and makes us interested in everything happening in their lives. Other Hollywood relationships have to work a bit harder for our attention, but still, we can't help but take notice. They make headlines because of their enviable romances, high-profile careers, and cute kids, and we anxiously await their next moves. Below are five power celebrity couples that, for better or worse, never fail to command our attention:

Power Celebrity Couples

1. Prince William and Princess Catherine: The royal wedding lived up to everyone's expectations, and the Duke and Duchess

of Cambridge have continued to capture our attention — and our hearts — ever since. It seems that these lovebirds garner media coverage for every move they make, even when they do something as mundane as grocery shopping.

Related Link: Prince William and Kate Middleton's New Year's
Eve Plans

- 2. Mariah Carey and Nick Cannon: Whether Carey is flaunting her post-baby body, Cannon is doing one of his many hosting gigs, or the duo is showing off their adorable twins, this famous couple seems to have a hand in everything. The attention-seeking family will certainly be captured in tabloids in May this year as Roc and Roe celebrate their first birthdays and Carey and Cannon mark their two-year wedding anniversary.
- 3. Brad Pitt and Angelina Jolie: These superstars manage to juggle two demanding careers and multiple charitable commitments all over the world, all while raising six children under the age of 10. Despite their busy lives and hectic schedules, they still manage to make time for date nights.

Related Link: Angelina Jolie and Brad Pitt Celebrate Her Film with Dinner

Private Hollywood Relationship Still Grabs Attention

4. Beyoncé and Jay-Z: This celebrity duo is famously private, but that doesn't mean they command our attention any less. Having been together for over a decade, Beyoncé and Jay-Z have been seen at sporting events and concerts as well as on romantic celebrity getaways. They recently received even more attention for their culinary choices: The new parents were both following a partially vegan diet in order to keep their energy up for their first child's arrival. Their daughter,

celebrity baby Blue Ivy Carter, was born on Jan. 7.

Related Link: Kelly Rowland Accidentally Reveals Sex of Beyoncé's Baby

5. Nicole Kidman and Keith Urban: This marriage between Hollywood royalty and a country music superstar appears to be a match made in celebrity heaven. They continuously support one another at award shows, showing their love for each other on the red carpet. Urban credits Kidman for helping him overcome his alcoholism, calling her an "extremely pure spirit." The low-key couple has settled in Nashville to raise their daughters, Sunday Rose and Faith Margaret.

Who are your favorite power celebrity couples? Share your comments below.

Bruce Jenner Says Kim Kardashian's Next Guy Goes Through Him





After

Kim

Kardashian's whirlwind wedding and quick separation from Kris Humphries, her step-dad Bruce Jenner says her next man has to go through him first. The former Olympian and his wife Kris Jenner appeared on the *Ellen Degeneres Show* where they discussed their reality star children's lives, and Jenner said he "can tell if it's going to work or not." According to *People*, Jenner said he had his questions when the NBA star asked for his approval to marry Kim. "In the back of my head I said, 'I don't know if she's going to say yes,'" he said. "But it's not my decision. Go for it."

How much should you trust your parents to help you choose a mate?

Cupid's Advice:

Some people are close with their families while others aren't, but your parents may have better instincts than you think about your potential partners, and their opinion can prove quite useful. Cupid has some tips to help you sort through your emotions verses your parents':

1. Honesty: When it comes down to it, your parents want what they believe is best for you. They may not always be right, but they're not going to shy away from telling you their

honest thoughts about your partner or fiance.

- 2. Knowledge: Although we would all like to believe that there's no way our parents have ever been in our situation or felt the way we have, most likely they've been there and done that. Listen to what they have to tell you about their own experience, and you might get some very helpful advice.
- **3. Opinion or fact:** Only you and your partner truly know your relationship, because you experience it 24/7. Sometimes parents will make assumptions or share biased opinions, so don't let their lack of knowledge about you and your partner get in the way of something great!

How much influence do you allow your parents to have in your relationships? Share your comments below.

Denise Richards Sheds Light on Being a Single Mom





Denise Richards has

certainly proven herself to be a dedicated single mom. Richards is a former supermodel and mother of three (two of who she had with ex-husband Charlie Sheen). When Sheen had his outbursts last year, Richards knew better then to continue to lie to her children and keep them in the dark. She decided to educate her daughters about the cause of those outbursts: addiction. According to UsMagazine.com, Richards said, "It's too early [for them to understand], but I told them enough for them to make sense of things that were going on." There's no doubt that single parents can use Richards as an example.

How do you explain to your kid(s) why you're a single parent?

Cupid's Advice:

Sometimes it can be difficult raising kids on your own. Cupid shares how to handle the time when kids ask why you're a single parent:

- 1. Don't bash your ex: When explaining why you're no longer in a relationship and why your partner is absent, don't criticize them. Like Richards, take it as an opportunity to educate your child.
- 2. Don't lie: Some parents like to sugarcoat things

for their child, but that's not always the best option. It's usually better for them to hear the truth from you, even if it's not the whole story of your separation.

3. Memories: Explain that sometimes all you have are memories. Share the good times with your child, but let them know that it wasn't always happy and that your being a single parent was best for both you and them.

How do you help your child understand your being a single parent? Let us know in a comment below.

Top 5 Celebrity Love Mistakes We Should Avoid





By Abiola Abrams

Some of us view Hollywood stars as lifestyle role models. You

want Sofia Vergara's lipstick, Beyonce's curly hair or the Balenciaga bag that everybody and their mother was rocking on the red carpet recently. While it's cool to mix celeb style with your own once in a while, it's important to remember that the people who entertain us with movies, TV and music are just that — people.

That said, the famous are more human than we realize, and some of our favorite celebrities have one thing in common that we should never seek to emulate — their tumultuous relationships. In fact, let's learn from the love, sex and dating mistakes of the stars.

Here are some celebrity relationship snafus to avoid:

Love Mistake: Never Being Single.

It seemed like Jennifer Lopez was barely divorced from her crooner hubby Marc Anthony before stepping out with sexy back up dancer Casper Smart. Before that, she made a seamless transition from her Bennifer engagement to her JenAnthony marriage. What's up with that?

Going from relationship to relationship is a mistake. Taking a break between longtime loves is the best way to heal and ensure that we come to the next marriage or engagement as whole human beings.

Related: 10 Love Lessons from Bruce Springsteen

Love Mistake: Marrying too soon.

Kim Kardashian and what's-his-face Humphries had the 72-day fairytale heard 'round the world. It seemed like Kimmie was set to continue the Dash girls tradition of meeting and immediately ending up happily ever after. Look at her little sister Khloe and her b-baller Lamar Odom. Their less than one month courtship has yielded a relationship that's still going strong.

Bottom line? Khloe and Lamar are a wonderful fluke. Marrying someone before you've even had the "where will we live" conversation is a huge mistake. Sorry, Kris Humphries!

Related: <u>Kim Kardashian's Divorce - A Reminder About</u> Relationship <u>Mistakes to Avoid</u>

Love Mistake: Stealing someone else's lover.

Man and woman stealing is a time honored Hollywood tradition. See LeAnn Rimes, Tori Spelling, Angelina Jolie and even old school movie star Elizabeth Taylor. It's a big world out there. If your love cheated to be with you, then how can you ever trust that this pattern won't be repeated? The answer is, you can't.

Karma is a mean goddess, and hell hath no fury like karma scorned. Just sayin.'

Love Mistake: Getting a mistress pregnant.

Arnold Schwarzenegger sure did seem preachy about family values as the Republican governor of California, didn't he? Little did we know that the Governator was not only sleeping with the maid, but he'd had a love child with her as well. Oy vey.

Obviously, this is a relationship no-no to be avoided at all costs.

Love Mistake: Bashing your ex.

When we watched Kelsey Grammer's previous wife Camille Grammer battle the divorce demon on "The Real Housewives of Beverly Hills," our hearts broke for her. Her A-list husband cheated and ran. Sure, she had choice words about him on her reality show, but then Mr. Grammer behaved deplorably by bashing his former Mrs. in an interview with Pierce Brosnan.

A smarter move is always to take the high road. See Jennifer

Aniston for lessons on grace under fire. Okay, it didn't work out, and she moved on. Sure, it's probably messy. Life is a contact sport.

What are some other celeb love snafus? Dating different versions of the same jerk a la Halle Berry, returning to the scene of the crime like Rihanna or falling apart after a breakup like Demi Moore are all examples *not* to follow.

Ah, le love. You're much better off copying a celebrity hair cut than imitating their love styles. Here's to shiny, happy and healthy relationships!

Abiola Abrams is a lifestyle expert and host of "Abiola's Kiss and Tell TV." Her next book is entitled The Official Bombshell Handbook. Find her fun and scandalous love advice and interviews at http://www.AbiolaTV.com. She tweets @abiolatv.

Marcia Gay Harden Files for Divorce After 15 Years





Marcia Gay Harden,

best known for her roles *Pollock* and *Mystic River*, has filed for divorce after 15 years of marriage to husband, Thaddaeus Scheel. According to *People*, the Oscar winner has asked for privacy during this difficult time for the sake of their three children, $7\frac{1}{2}$ -year-old twins Hudson and Julitta Dee and a 13-year-old daughter, Eulala. A rep has released the following statement: "No further comments will be made on this matter, and we thank you for your understanding."

What are some ways to regain independence after a long-term relationship?

Cupid's Advice:

Adjusting to life and your identity without a plus one after a longterm relationship can be very difficult. However, if you don't let your marital status define you, it becomes a lot easier. Cupid has some tips:

- 1. Enjoy being single: Spend time letting loose and enjoying the fact that you are no longer tied down.
- 2. Join a dating site: You don't have to commit right away, but it can't hurt to shop around.
- 3. Take up a hobby: Healthy distractions serve as a great

means to move on. Learn how to ski, or pick up some handiwork like knitting or crocheting.

Are long relationships more difficult to get over than short ones? Share your thoughts below.