

# Anne Hathaway's Engagement Party Revealed



Though her wedding is not until October 2013, Anne Hathaway and her fiancée celebrated their engagement in February.

According to [UsMagazine.com](http://UsMagazine.com), it was quite an interesting affair. "It was held in a New York City bookstore, Hathaway opted for unexpected details, like serving vegan fare and tucking her favorite flowers, ranunculus and anemones, inside bird-shaped vases." Their wedding is expected to be just as quirky. Hathaway dated her soon-to-be husband, Adam Shulman, for three years before he proposed.

**What are some ways to celebrate your engagement?**

**Cupid's Advice:**

Sometimes it can be difficult to plan a celebration in honor of your engagement. Cupid has some tips:

- 1. Vacation:** Take a mini-vacation with your new fiancée. Consider it a time to have a little [celebration](#) of your own before sharing it with the world.
- 2. Theme party:** Do you or your partner have a favorite show or movie? Make it into a themed engagement party. Have your guests dress up if you want to really have fun before you get married.
- 3. Classic:** A classic engagement party can be enjoyable, too. Have a cute brunch with your closest friends and family or a cocktail party to invite a few more people. Share your love story with those you love.

What are some ways to celebrate an engagement? Share your thoughts below.

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## How to Get the Best Sleep You Can With Your Partner





By David O Volpi, M.D.

Sleeping habits aren't exactly first date conversation topics, but the reality is that more than a quarter of couples say their partner's sleep habits prevent them from getting a good night's rest, according to the National Sleep Foundation. Sleep incompatibilities are a top reason why one in four couples sleep in separate beds, and snoring is actually one of the top three reasons for divorce in the U.S.

So, how can women sleep in sync with their guys? Often times, simple lifestyle changes can help busy couples make their sleep routines mesh, and stop the snoring and bad sleeping habits that prevent them from sleeping soundly together. To get the best sleep possible, try the following tips:

**Related:** [Five Conversations to Avoid on the First Date](#)

**Sync up your sleep schedules.** Going to bed and waking up at different times every day is a sleep destroyer, and it's easy to do when couples have different work or social schedules. In order to practice good 'sleep hygiene,' couples should get

into a pattern of going to sleep and waking up around the same time every day, including weekends.

**Change your position.** For some people, an increased amount of airway obstruction occurs when they sleep on their backs.

This is called positional snoring. The obstruction can be reduced or eliminated if the snorer sleeps on their side, which is why bed partners always try to get their snoring counterpart to wake up and “roll over.” In this case, a simple solution is to keep the snoring person off their back.

To do so, you can try sewing a ball into the pocket of a t-shirt, and having the snorer wear it backwards during sleep. Sleeping with an extra pillow can also help, because it elevates the head and opens the airways.

**Reserve the bed for two things: Sleep and intimacy.** Try to avoid eating, watching TV or using electronics in bed. It’s been scientifically proven that the light from TV and computer screens affects melatonin production and throws off circadian rhythms. Plus, working in bed won’t help couples bond, or wind down and ease into sleep.

**Related:** [Celebrity Couples Who Could Use an Extra Hour of Sleep](#)

**Make sure neither of you use alcohol or sleeping medications before bedtime.** Alcohol and medicines that make you drowsy can actually prevent you from sleeping through the night, even though they may make you drowsy initially. Alcohol and sedatives also cause the throat and tongue muscles to relax even further than usual, exacerbating snoring.

**Create a relaxing bedtime routine.** When your body gets used to a nighttime routine (whether it’s a beauty routine or an activity like reading), the brain is tricked into knowing that it’s ready for bed. Try doing a crossword puzzle together or taking a warm bath. A study in *Sleep*, the Journal of the American Sleep Disorders Association, suggests taking a hot

bath 90 minutes before bedtime can help you fall asleep. The hot water raises body temperature, and cool air in the bedroom lowers skin temperature, which triggers your body to produce melatonin and become drowsy.

Finally, always see a doctor if you or your partner struggles from sleep problems. Sleep disorders affect millions of people. Even celebrities like Rihanna and Shaquille O'Neal are known for struggles with snoring! But taking time to fix sleep problems is always worth it. In fact, it can help save relationships!

*David O. Volpi attended Hahnemann Medical College in Philadelphia and completed his post graduate training in General Surgery at the Hospital of The Medical College of Pennsylvania in Philadelphia and a residency in Otolaryngology, Head and Neck Surgery at the New York Medical College Affiliated Hospitals and the New York Eye and Ear Infirmary. He is also the co-author of the book Wake Up! You're Snoring... which was conceived and written to be an authoritative information source for people seeking guidance on treating the many causes of snoring.*

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## **'Jersey Shore' Star Vinny Says Snooki Will Be a 'Good Mom'**





It looks like all of Snooki's *Jersey Shore* cronies are stepping out in support of their pregnant cast mate. The most recent? Vinny Guagnano. "She'll be a great mom," he said, according to *People*. "She's already drastically changed her life." Nicole "Snooki" Polizzi is known for her crazy partying antics on the show, but recently announced she's expecting with boyfriend Jionni LaValle. "I had no idea," said Guagnano. "Actually people would call me, like, 'Is the show still gonna work?'...And I was like, 'What are you talking about, she's not pregnant.' And then all of the sudden, that whole thing came out and I was like, Oh my God."

**What are some ways to prepare your life during an unexpected pregnancy?**

### **Cupid's Advice:**

When you're planning to get pregnant and have kids, you already have some idea as to how your life will change. When it's unexpected, however, it can be a shock to your system.

Cupid has some advice:

**1. Stop smoking and drinking:** This one may be the most obvious course of action when you find out you're pregnant, but it's important to give up things that will harm your growing baby. Consuming a lot caffeine is another thing you should avoid.

**2. Settle into a stable home:** When you're not planning a pregnancy, where you live and what you currently do may not be the best environment to raise a child. You have nine months, so make the most of them.

**3. Establish a support system:** During an unplanned pregnancy, make sure to lean on those family and friends closest to you. They can give advice or simply be a shoulder to cry on.

**What are some other ways to prepare during an unexpected pregnancy? Share your ideas below.**

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## **Fergie Says She Doesn't Want Kids with Josh Duhamel Yet**





Black Eyed Peas singer Fergie is enjoying her time off with her husband, actor Josh Duhamel, after being on the road eight years touring with her group the Black Eyed Peas. “We like each other. We like hanging out together and we have fun,” Fergie told MTV News. “We have fun in the kitchen cooking and singing silly songs. Not to give too much away – I’m not going any further than that – but we have a good time together, and it’s nice to get to have that quality time. We enjoy it.” Though they recently celebrated their three-year anniversary, don’t expect the Hollywood duo to make a pregnancy announcement anytime soon. “It’s not happening yet, I can tell you that definitely,” the singer says. “But we want to have a family, so that’s in the cards, but it’s just not this second.”

**How do you know when it’s time to start having children?**

### **Cupid’s Advice:**

Having kids is usually the next step to take after marriage. Here’s how to determine when you and your spouse should start planning for your new addition to the family:



**1. Live like newlyweds for a while:** Enjoy your time with your spouse for a little while before having kids. The first few years of your marriage are when you and your lover can take advantage of spoiling each other with “just because” gifts and enjoy your time together taking romantic vacations.

**2. You’ve done what you wanted to do:** For some people, their life truly begins when they have kids, but if you’re the type of person that wants to live a little before having children, then be a little selfish and cross some things off of your bucket list.

**3. You’re ready to expand your family:** After treating your puppy as though it’s your own kid and both you and your spouse still feel like something is missing in your life, then it may be time to start planning for a family.

**How did you know when it was time to have kids? Share your experiences below.**

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## **Prince William and Kate Middleton Go on Ski Trip in France**





Prince William and Kate Middleton took a trip to the Three Valleys ski resort in France as a treat from the Middleton family, who tagged along as well! This isn't the first time the Duke and Duchess of Cambridge have been seen hitting the slopes with Middleton's family, and according to [UsMagazine.com](http://UsMagazine.com), an onlooker at the resort who saw the family of five together at lunch said, "They looked very happy together." Although William and Kate were recently reunited after William's six-week tour of duty in the Falklands, the two will have to wait to get some alone time since the entire family has decided to share the same chalet.

**What are some things to do on vacation that will bond you as a couple?**

**Cupid's Advice:**

Whether you're on vacation together alone, as a couple or with your family and friends, Cupid has some ideas that are sure to strengthen the bond of your relationship:

**1. Adventure:** Seek the thrills that your vacation spot has to

offer, whether it's something as extreme as skydiving or something a little more low key such as snorkeling. Doing something together that tests your limits or gives you a new perspective on life will create a moment that neither of you will ever forget.

**2. Relaxation:** It's called a vacation for a reason, so take time to relax. Enjoy a couples massage, lay out on the beach and listen to the crash of the waves against the shore, or sink into a hot tub under the stars. Having the chance to unwind will release any stress or tension you've been carrying around. It could also make you more patient with you partner, who usually has to suffer the lash of your negative energy.

**3. Meditation:** Remind each other why you're in love, and talk about the reasons you're crazy about them. It's always nice to have a reminder, because we can often feel like we're being taken for granted when our partners stop doing the little things. It will give you the chance to reignite the flame you felt when you first met, and could even give you the chance to share some laughs or tears.

**What activities brought you closer to your loved one during a vacation? Share your comments below.**

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## **Rumor: Are Liam Hemsworth and Miley Cyrus Engaged?**





With *The Hunger Games* harvesting rave reviews and grossing a record-breaking \$155 million at the box office its opening weekend, it seems as though Liam Hemsworth has a lot to celebrate. But did the actor end his grand weekend by proposing to his girlfriend Miley Cyrus? The on-again-off-again couple, who have been dating for three years, attended the Muhammad Ali's Celebrity Fight Night XIII event in Phoenix, Ariz, where the former Disney star was spotted wearing a huge ring on her finger. Despite a ton of speculation about the duo tying the knot, Cyrus confirmed via her Twitter page saying, "I'm not engaged. I've worn this same ring on this finger since November! People just wanna find something to tal[k] about! It's a topaz people!"

**How do you combat engagement rumors when they're not true?**

### **Cupid's Advice:**

Rumors are inevitable, but when they're about your relationship, they aren't always easy to deal with. Cupid has some tips:

**1. Prove them wrong:** Instead of letting everyone continue to assume that you and your partner are engaged, let them know you're not at the level in your relationship yet by confirming it yourself.

**2. Shrug it off:** If you don't mind people speculating that you and your lover are engaged, or you simply feel as though you don't owe an explanation, take the higher road and overlook the gossip.

**3. Don't encourage it:** Sometimes, when people see a ring on your finger, they automatically assume they hear wedding bells. If you've tried the following steps and are still annoyed with the rumors, the least you can do is choose not to give them something to talk about.

**How do you handle engagement rumors about your relationship? Share your comments below.**

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## **Going the Distance: Celebrity Couples Who Make It Work**





By Jennifer Harrington

Everyone has heard the saying that “relationships are hard work.” But it seems that in Hollywood, relationships are even harder work, and celebrity news is always full of star couples calling it quits. We’re only a few months into 2012, and this year we’ve already heard of Russell Brand and Katy Perry’s divorce, the conclusion of Drew Carey’s five-year engagement to Nicole Jaracz, and the shocking end to Heidi Klum and Seal’s seven-year marriage.

We are always looking to celebrities for the latest trends in clothing, music, and movies. But with these couples frequently dissolving in divorce and disputes, are there any famous couples we can look to for inspiration in the love, romance, and marriage department? Cupid checked it out, and here are three couples who have been lucky in love, despite the constant glare of the spotlight:

**Kurt Russell and Goldie Hawn:** These lovebirds have been together for a quarter of a century, despite never tying the knot. Goldie was quoted in a 2007 *Woman’s Day* article saying,

“We have done just perfectly without marrying...I like waking up every day and seeing that he is there and knowing that I have a choice. There is really no reason to marry.” What’s the best part of their romance? They make their own rules and live life their way. Make your own rules in your relationship and do what works best for you and your honey.

**Related:** [Are Celebrity Cougars Becoming Extinct?](#)

**John Travolta and Kelly Preston:** The *Saturday Night Fever* star and *Jerry Maguire* beauty have been married since 1991. While both have built enduring, interesting careers in the film industry, personally they have experienced great sorrow with the death of their son Jett in 2009 (due to a seizure) and joy in 2010 when they welcomed son Benjamin into the world. What can we learn from them? John and Kelly share a common foundation in their religion, Scientology, and it’s obvious that these shared beliefs have guided them through life’s trials and tribulations. Whatever your beliefs, it’s easier to cope with life when your partner shares a similar belief system.

**Related:** [What Celebrity Marriages Can Teach Us About Love](#)

**Mark Consuelos and Kelly Ripa:** Millions of people start each day with Kelly on the show *Live! With Kelly*, and she’s always an open book on all aspects of her life, including her marriage to Mark, which started after they met on the set of *All My Children* in 1995. Between two showbiz careers and three children, Mark confided in a YourTango interview that the secret behind their successful marriage is remarkably simple. Mark said, “We have a lot of respect for each other. Our children are our priority and we come from two families where both parents are still together, and we hold that in high regard.” Keep that in mind with your other half; don’t lose sight of the basics, such as respecting your partner and putting family first.

So while it may initially seem like Hollywood is full of short-lived romances, it turns out there are successful love stories as well. Thanks to Kurt and Goldie, John and Kelly, and Mark and Kelly for showing us all about love – Tinseltown style!

What are some other celeb couples who continually make it work? Share your ideas below.

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## Actress Beth Littleford Adopts a Baby Girl



*Crazy, Stupid Love* actress Beth Littleford is a new mom.



Littleford, 43, and husband Rob Fox adopted daughter Halcyon "Hallie" Juna Fox, reports [UsMagazine.com](http://UsMagazine.com). Hallie was born Friday at 1:05 a.m., weighing 6 lbs. 9 oz and measuring 18" long.

## **What are some reasons to adopt a baby?**

### **Cupid's Advice:**

Adopting a baby can be just as rewarding as giving birth to a baby of your own. Here are a few reasons to adopt a child:

**1. You can't have children of your own:** No matter how hard you try, it's very possible that you may never get pregnant. If you are having difficulty having children of your own, contact an adoption agent.

**2. You don't want to wait for marriage:** Many women want to become mothers, even if they aren't married or in a serious relationship. Single mothers are becoming more and more common, so adopting a child may be easier than you think.

**3. Do a good deed:** There are many children in the world without a home, especially in countries like Russia, where orphanages have to turn away children once they turn 16. Visit an orphanage or contact an adoption agent to adopt a baby that is in need of a home.

**Have you ever considered adoption? Feel free to leave a comment below.**

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# Brian Austin Green and Megan Fox Are Accused of Assaulting a Man



Actress Megan Fox and her husband of nearly two years, actor Brian Austin Green, are defendants in a lawsuit where the two allegedly assaulted paparazzo Delbert Shaw. While the lovebirds were vacationing in Hawaii, the photographer was apparently trying to snap shots of them in the sand and surf, but they quickly became angry and began arguing with the man. Documents report that the argument escalated, leading Green to “pummel” Shaw, while Fox cheered him on. According to [UsMagazine.com](http://UsMagazine.com), the lawsuit claims that Shaw suffered serious injuries and that Green threw the man’s iPhone into the ocean.

**In the midst of legal trouble, how do you stand by your**

partner?

### **Cupid's Advice:**

On your wedding day you signed up for better or for worse, and sometimes things can get pretty bad sometimes. Cupid has some tips to help you stand by your partner during trying times:

**1. Trust:** Of course there are going to be two sides of the story, and there may be things that make you want to doubt your partner, but not trusting them will lead to fighting.

**2. Support:** Going through legal troubles is going to be a lot of added stress to your everyday life, so you need to support each other in order to stay positive and confident about your situation.

**3. Advise:** Your partner is going to have to make a lot of decisions along the legal road, so take the time to weigh the pros and cons. The results of their choices will affect both of your lives.

**Have you ever had to stay by your partner during legal troubles? Share your comments below.**

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## **Snooki's Pregnancy: Can You Salvage Your Image?**





By EJ Parfitt

What happens if you have a certain image at work, and then you change that image? If everyone expects you to be a particular type of person, will they still accept you if you are suddenly different? Can you be effective in your job if you alter your personal “brand”?

We all change as we go through life, and in many cases those changes can affect the way people see us on the job. Even someone with a job as unusual as *Jersey Shore*’s Nicole “Snooki” Polizzi has to deal with these issues. Snooki is pregnant, and the question remains as to how that may affect her career as a reality TV star. Here are two ways to look at it:

### **The Pessimist**

If you look at the situation from a negative point of view, being pregnant could destroy Snooki’s career. From this viewpoint, Snooki’s fame is based on being a wild and crazy party girl who takes the freedom of being single to

deliciously tacky extremes. This is what viewers have become used to, and this is what they want to watch. It won't be any fun to see her settle down into motherhood. Pregnancy could ruin Snooki's "brand."

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### **The Optimist**

Though there's no denying the potential ruin of Snooki's career, there's another more positive way to look at the situation as well. It's possible that it's mostly Snooki's personality, rather than her crazy antics, that keeps viewers interested. If that's the case, then Snooki's pregnancy won't stop her from continuing to be a star. If people watch her because they feel they can relate to her, then they will be eager to see what will happen next in this new phase of her life. Her pregnancy and motherhood could even give the show a boost for viewers who were becoming tired of the endless partying.

**Related:** [How Decoding Your Love Map Can Heal a Broken Heart](#)

What's true for Snooki is true for everyone. You don't need to have satellite TV providers beaming your life story across the world in order to think about your personal "brand." The key is to make your brand about the things that will last throughout your lifetime, such as your personality, intelligence and skills, not about the things that will change, such as being young, single and childless.

If your image at work is based on being cute and perky, think about the traits you have that will last over the long haul.

If you're a partier like Snooki or a young rebel, realize that you are likely to make a transition to a calmer and more stable stage of life eventually. Don't put all your career eggs in the basket of who you are right now. Hook people on your long-lasting qualities and abilities, and you'll be able to use life's changes to your advantage. You don't need to be

a Guidette to learn this lesson from Snooki.

*Tech writer EJ Parfitt has been writing for a short time now and has already picked up steam with several tech and sports sites. During his free time , you're sure to catch him competing in local chess tournaments in downtown Fort Lauderdale, Florida.*

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## **Kim Kardashian Says Her Divorce Changed Her for the Better**



Kim Kardashian wasn't married long, but her divorce has made all the difference in her life. According to [TooFab.com](http://TooFab.com), Kardashian saw her divorce with Kris Humphries as one of the "toughest" things she's had to go through. "It's changed who I am as a person, I think for the better, and the things that I care about in life have completely changed because of this," she said. "I really think everything happens for a reason."

Apparently the split has changed the priorities in Kardashian's life.

**What are some ways that divorce can help you grow?**

### **Cupid's Advice:**

Divorce is never an easy experience, but difficult situations can help you grow. Here's how:

**1. Prioritize:** Like Kardashian, divorce can make you reevaluate what you find important in life. Things that seemed critical may not seem so daunting after divorce.

**2. Strength:** Divorce can help you find strength from the most unlikely sources. Your family and closest friends will be important relationships in this challenging time. You'll also find strength in yourself that you might not have realized was there.

**3. Love life:** It may sound weird, but a split will ultimately help your love life grow. As you leave one unhealthy relationship, it leaves room for a healthier and more mature relationship in the future.

**How has divorce helped you or a loved one grow? Share your thoughts below.**

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# Jon Hamm Explains Why He'd Be a 'Terrible Father'



Jon Hamm, currently starring *Friends with Kids*, says he doesn't want kids. The 41-year-old actor told [UsMagazine.com](http://UsMagazine.com), "I'd be a terrible father!" Hamm, a devoted actor, doesn't know how his friends can balance a demanding career and children. His girlfriend, Jennifer Westfeldt, 42, also recently spoke out about why she Hamm never started a family.

She said that her life has gone in many unanticipated directions, and that she's happy the way things are. "The chance that we'll regret it doesn't seem like a compelling enough reason to do it," she said. "I may wake up tomorrow with that lighting bolt, and I'll have to scramble to make it happen."

**How do you know if you're cut out to be a parent?**



## **Cupid's Advice:**

It's usually not about if you'd love and care for your child, but if you are ready to have one of your own. Here are some ways to tell if you're cut out to be a parent:

**1. You're in a committed relationship:** The most important factor when having a child is the state you're in with your significant other. You both need to be committed in the long run if you are going to have a child together.

**2. You're both stable:** The most important years of a child's life are when they first begin growing up. You need to make sure you're financially stable as well as able to settle down in one place for a while as your child grows up.

**3. Family must come first:** When you want to have a child, that should come before anything else. You need to be able to put your family above your career, because if you plan to be an absent parent, then you aren't ready to raise a child.

**How do you think you know if you're ready to be a parent? Share your comments below.**

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# **Jennie Garth Says Her Personal Life is "Crazy" Amid Divorce**





Jennie Garth recently spoke out about her split from husband Peter Facinelli, according to [People](#). The former *90210* star said, “My life is a little hectic right now and my personal life is kind of crazy.” With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are “doing great”. The family (sans Facinelli) are currently filming CMT’s *Jennie Garth: Little Bit Country* in farmland outside L.A.

**How do you protect your children from public scrutiny post-divorce?**

### **Cupid’s Advice:**

Splitting from a spouse is not only hard on you, but it’s hard on your family as well, especially if you have kids. Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

**1. Remain positive:** The worst thing you can do is to bad mouth

your former other half in front of your children. It's important to stay positive in front of your kids.

**2. Explain:** It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.

**3. Act normal:** You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

**How did you protect your children amid your divorce? Share your comments below.**

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## Kaley Cuoco Has a New Beau





*Big Bang Theory* star, Kaley Cuoco, may officially be moving on from ex-fiancé, Josh Resnik. According to [People](#), the actress was seen on St. Patrick's Day celebrating her *Zoey* magazine cover with a mystery man at Bardot nightclub in Hollywood. The two were spotted in the VIP section kissing and dancing. They even broke out into an impromptu photo shoot. "Kaley seemed like she was truly having a good time and was completely being herself," said an onlooker.

**What are some dates that allow you to ease into a relationship?**

### **Cupid's Advice:**

After a bad breakup, getting into a new relationship can be the quite difficult. However, going on a few low key dates can get you back out in the field in no time:

- 1. Dinner and a movie:** Stick with the classics. It will take the pressure off when you know what to expect.
- 2. A group or double date:** Going out one-on-one can be awkward for the first date. The more people around, the more rich the

conversation.

**3. Get into action:** A high action date doesn't mean what you may think. Go to a fitness class or an amusement park together. When there's a lot going on, you can forget about your worries and focus on having fun.

**What are some other fun low pressure date you can go on after a hard breakup? Share your suggestions below.**

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## April Fools Pranks to Play on Your Significant Other



By Ryan Boyle

Whether it's the prank of all pranks, or a cute and funny trick you play on your better half, taking part in some April Fools Day shenanigans is a great way to reacquaint your partner with your playful side. A couple harmless escapades can be exactly what you need to create those memorable laughs that help keep your relationship strong. If you're having trouble coming up with ideas, Cupid is here to help. Here are five tricks that are sure to get a rise out of your mate:

## **1. Bogus Lottery Ticket**

It's no secret that we'd all like to be millionaires. So, it's time to trick your love with a fake ticket to Paradise. All you need to do is mix a bogus lottery ticket from a trick shop into a pile of real ones you've purchased from the local gas station. Leave them on the kitchen table, or a place in the house he'll be sure to frequently visit. When he gets home, tell him you were feeling lucky and decided to buy a few tickets for the two of you to enjoy together. Watch as his eyes light up with thoughts of all the ways he's going to spend his newfound fortune. Of course, when he returns from his triumphant jog and realizes the ticket was fake, you'll have to be there to playfully laugh at him and give him a long consoling [hug](#).

**Related:** [Chris Martin Says Marrying Gwyneth Paltrow is Like Winning the Lottery](#)

## **2. Have Him Think You're Planning a Massive Prank**

Psych majors gather around in an effort to employ a little reverse psychology this April Fools. This non-trick will prove to be a bit more difficult to carry out, but will leave a lasting sense of trickery paranoia on your partner throughout the day.

Start a few days before the first of the month and tell your mate that you have something spectacular planned for April

Fools and he's the target. Let them know that you've been talking about it with your friends and they're all in on the joke. As the days go on, he'll grow increasingly curious and when he asks you about it, [be sweet](#) and sinister in the way you let him know that he'll just have to wait and see. Of course, at the days end, he'll be sure to ask you about the prank, to which you reply "April Fools!"

**Related:** [Date Idea – Create Magic in Your Relationship](#)

### **3. Scratch Decals**

If your partner adores their car, a few well-placed scratch decals will be sure to not only make it look old and in poor condition, but it'll put a quick scare into him or her on the morning of April 1<sup>st</sup>. Watch from the window as they notice the marks and erupt into a panic attack. Be sure to meet them at the curb with a smile on your face and your arms stretched out as you let know them just how easy these decals are to pull off.

### **4. Mildew Sandwich Bag**

You were nice enough to make your partner that special turkey sandwich that he loves so much. Today however, embrace the April Fools trickery, and put that delicious lunch treat in a faux moldy sandwich bag. These bags appear to be your standard Ziploc lunch carrier, but upon further inspection, it becomes clear that there are green splotches painted on the outside that mimic the signs of old, molded bread. He or she will get a real shock when they tear open that brown paper bag at noon to see the sandwich they were looking forward to has turned into its own living organism.

### **5. Electric Shock Mouse**

We'll set aside all offensiveness to our hairy pals at Geico, but it's obvious that you and your lover aren't cave people.

If you have electricity, chances are you're a part of the new

age of technology. From texting on your iPhone, to Skyping, video chats, tweeting and status updates, our lives have become more and more blended with the results of advanced technology.

This April Fools Day, set up a new mouse for you and your love to use on your desktop computer ... only this isn't an ordinary mouse. When he or she goes to sit and test it out on their favorite computer game, every time they presses the left and right select buttons they'll get a gentle shock into the palm.

Be sure to watch on as they start frantically clicking around on the computer, but be sure to come to the rescue with a smirk on your face.

This year, hone those pranking skills, and turn this April 1<sup>st</sup> into one for the scrapbooks.

**What prank did your partner pull on you last year? Tell us in a comment below.**

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## **January Jones Said Returning to 'Mad Men' Post-Baby Was Tough**







January Jones, made famous by her role as Betty Draper (now Betty Francis) on AMC's hit show *Mad Men*, described her feelings of coming back to work seven weeks after giving birth to her son, Xander, as first day of school nerves. According to [People](#), the long days on the set were tough for her, especially with her son being so little, but work did everything possible to make it comfortable for her.

"The first episode I'm always finding my way back into my character's shoes. But, then after a few days, I'm able to fall pretty easily back into her, and find her voice and her body language and everything that I do for her," said Jones.

**What are some ways to balance your career and your family?**

### **Cupid's Advice:**

Finding work and family balance is never easy, but it's not impossible. As long as you're getting equal support from your family and work, finding a work/life balance is completely possible. Here's how:

**1. Be honest and open a work:** Let your boss and co-workers

know that though your life at home may have changed, your dedication and performance at work will not. Make arrangements in advance as to what to do if you have to leave work at a moment's notice for your family.

**2. Be supportive:** Support your partner and co-workers with their careers and growing families, and they will in exchange do the same for you.

**3. Be thankful:** Take a moment every day to be thankful for everyone in your life and the support system they have formed.

**What are some ways you can support a co-worker dealing with the stress of their job and a growing family? Share your thoughts below.**

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## **Sources Say Reese Witherspoon is Expecting Her Third Child**





We were ecstatic when Reese Witherspoon married Jim Toth after her seven year marriage to Ryan Phillippe ended. It was only a matter of time before the happy couple decided to extend their blended family. Sources told [UsMagazine.com](http://UsMagazine.com), that Witherspoon is 12 weeks along with her third child, and first child with Toth. Could Witherspoon be waiting for the right time to tell ex-hubby Phillippe and her kids Ava, 12, and Deacon, 8, about the good news? Witherspoon and Roth may be keeping their pregnancy a secret, but we can't hold in our excitement for the couple.

**What are some reasons to keep your pregnancy a secret?**

### **Cupid's Advice:**

Some women wait to tell family and friends about a [pregnancy](#) for valid reasons. Here are some reasons why you should keep your pregnancy a secret and not feel guilty about it:

- 1. Health:** Most females wait until after their first trimester to reveal the big news, because miscarriages are more likely.
- 2. Time:** Is this your first child with your partner? It's

okay to take some time to enjoy the good news with each other, as this will bring the two of you closer.

**3. Privacy:** Keeping your pregnant as secret as long as you can is your prerogative, and you are entitled to your privacy.

**Why would you keep your pregnancy a secret? Share your comments below.**

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## Lady Gaga Confesses Her Soccer Mom Dreams to Oprah



It seems Lady Gaga is fed up with talking to people. According to [UsMagazine.com](http://UsMagazine.com), the pop star spoke with Oprah

and said, "Other than this interview, Oprah, I do not intend to speak to anyone for a very long time." And in that final interview, Gaga also divulged her dreams for the future. "I want kids, I want a soccer team," she said about wanting a large family. "And I want a husband. Well, I'm being superfluous. I don't want to have one kid. I want to have a few." Now, all she has to do is find that dream guy!

**If you're ready to settle down, but can't find the right partner, what do you do?**

### **Cupid's Advice:**

Sometimes your biological clock is telling you it's time to settle down and have those kids you always wanted, but you simply can't find the right person with whom to do it. Cupid has some advice:

**1. Embrace independence:** Even if you don't have a partner, you should be able to have enough independence to be happy on your own. Coming to terms with who you are and learning how to satisfy yourself is the first step to finding a significant other. Confidence attracts.

**2. Hold out:** If you absolutely do not want to embrace settling down alone, then hold tight for a couple more years. Utilize online dating, speed dating and other businesses set up just for matchmaking purposes. Get out there and meet your soul mate.

**3. Analyze your expectations:** If it's been a while since you found someone you want to date and it seems like you've been sifting through partners quickly, it may be time to examine your expectations. Discuss these with a professional, as they may not be realistic. Do you really need a 6-foot-tall built redhead with freckles? Probably not.

**What did you do when you couldn't find a partner? Share your**

ideas below.

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# Vanessa Minnillo Talks Up Pregnancy on Double Date



Pregnancy can be tough, so it's no wonder Nick Lachey took mom-to-be Vanessa Minnillo on a double date this weekend, right? Well, no. According to [People](#), Minnillo spent the double date in Brentwood, Calif. gushing about how wonderful her pregnancy has been. An onlooker said, "She has this cute little belly."

**How much about your pregnancy should you share with friends?**

## **Cupid's Advice:**

There's thin line between just enough information and too much information. Cupid has some tips on how much you should be sharing about your pregnancy:

**1. Facebook:** Pregnancy updates on facebook are TMI. It's nice to share this moment of happiness with friends, but not so much with your entire friend list which contains coworkers and old teachers.

**2. All in the details:** It's not a crime to want to share your pregnancy with anyone and everyone. The difference is in the details. If you're not especially close with someone, you should know how much is too much. No one needs pregnancy advice from too many people.

**3. It's okay to fib a little:** Don't want to tell your friends about that morning sickness you had before brunch? It's okay to tweak how your pregnancy is going so that you don't have to share some of the more unpleasant details.

**What do you share about your pregnancy with friends? Share below.**

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# **Love Advice For Making Your Long-Distance Relationship Work**





By Jemima Lopez

He lives in L.A, and she lives in London. While having a trans-Atlantic relationship is tough, if there's anything British celebrity couple David and Victoria Beckham prove, it's that long-distance relationships *can* work. Married for 12 years, they just welcomed their fourth child. Their American counterparts, Hollywood couple Brad Pitt and Angelina Jolie, have made it work too. Despite separation between films, they've managed to stay in a committed relationship for seven years, and they share six children.

But non-celebrities have remote relationships too. In fact, more than 3.5 million Americans were in a long-distance relationship in 2005, according to the latest statistics. With the development of new technology, that number is most likely on the rise. While us common folks can't afford to jet set or send extravagant gifts, that doesn't mean our long-distance relationship can't last just as long. Use this love advice to help maintain your relationship and love like the stars:



# Love Advice For Long-Distance Couples

**1. Use all forms of communication:** Let's get the obvious out of the way: Physical interaction is scarce, so communication is key. Text messaging, instant messaging, or even Facebooking is a start, but make your "communication" more interactive. Here are some examples:

**Related Link:** [Five Ways Social Media Can Help Your Relationship](#)

– **Date nights:** "Skype dates" are the norm – a designated time couples agree to video chat. But try to have a *real* date instead. Each week, pick a movie and a meal to prepare or purchase. Arrange your laptop, screen facing you. Eat and engage in conversation like in a restaurant. Then, pop in the movie. This way, you can hear and see each other's reactions to scenes. Bonus: Other movie-goers won't tell you to pipe down!

– **Send photos:** Sending self-portraits are great, but always try to send photos of things that you find interesting or funny. It will allow your mate to become more in-tune with your personality and give them some insight into your world.

– **Make videos:** Hearing someone's voice and seeing their face is more personable than a text. But people don't always have time to videochat. Instead of sending a text, create a 30-second SMS video. Your significant other can view or respond when they have time, and it's still special. There are apps that deliver "voice text messages," like Voxer.

**Related Link:** [Do's and Don'ts of Flirtexting and Sexting](#)

**2. Send them a package:** Sending your partner a gift for no reason is great love advice that can keep a smile on their face. Remember that you can also treat your boo to lunch

or dinner because it's easy to get online and order a pizza that can be delivered to his or her front door. You can send traditional letters too. There is something incredibly personable about seeing someone's handwriting.

## How to Strengthen Your Relationship and Love

**3. Schedule monthly trips:** You can talk for hours, but unless you see each other in the flesh at least once a month, your relationship will most likely fizzle. There are exceptions, like military relationships, which don't have the luxury. But for those that can travel at their own leisure, take turns planning monthly visits.

**4. Be secure:** Lastly, most remote relationships fail due to lack of trust. While understandable, if there is no trust, you shouldn't be together. Try not to let your jealousy get the best of you. That said, never completely ignore your intuition either. If something doesn't feel right, speak up.

*Jemima Lopez is a freelance blogger and writer who writes for Zen College Life, the directory of higher education, distance learning, and best online schools. She welcomes your comments at her email: [lopezjemima562@gmail.com](mailto:lopezjemima562@gmail.com).*

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## Jennie Garth Steps Out Without Wedding Ring



Jennie Garth is already moving on. The former *Beverly Hills, 90210* star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports [UsMagazine.com](http://UsMagazine.com). Garth and ex-husband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. “We both share the same deep love and devotion to our children,” the couple said in a statement. “We remain dedicated to raising our beautiful daughters together.”

**How do you handle public scrutiny in the aftermath of divorce?**

**Cupid's Advice:**

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

**1. Talk to your friends:** By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don't be afraid to open up.

**2. Minimize drama:** Make your divorce as amicable as possible. A dramatic divorce will only attract more attention from outsiders. Staying friendly and honest will make the split much easier to handle.

**3. Ask for privacy:** If you can't minimize public scrutiny, there's no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

**How would you handle public scrutiny after a divorce? Feel free to leave a comment below.**

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## **Goldie Hawn Says Kate Hudson and Matt Bellamy Are Not Married**





Actress Kate Hudson has been engaged to the Muse lead vocalist and guitarist, Matt Bellamy for about a year, and he will remain her fiance for now. Hudson's mom Goldie Hawn was recently misquoted saying, "When my daughter Kate married an English rock star it didn't worry me," but she took to Twitter to set the record straight. "Darling once again twisted the truth. They aren't married." said the tweet according to [People](#). The happy couple gave birth to their son Bingham last July, but are waiting to tie the knot until a later date.

**What are some ways to keep your wedding date a secret?**

### **Cupid's Advice:**

Weddings can be a big to-do, and some couples who want to keep things low key may decide to keep their wedding date a mystery. Cupid has some tips to keep the word of the wedding getting out:

**1. Run away:** Perhaps the easiest way to keep anyone from finding out about your wedding is to elope sporadically. If you plan to elope, you might break down in excitement and tell

someone, but if you go on a whim, only you and your fiance will know.

**2. Don't go public:** Sure, people may know you're engaged, but who says you have to announce a wedding date? Keep the date strictly between yourself and a few loved ones so you can keep things as private as possible.

**3. Last Minute:** Planning a wedding can be stressful, so take the stress out and plan a quick last minute wedding without all the fuss of decorations and a guest list. Only tell the people close to you a few days beforehand and word is less likely to get around.

**What do you believe are some of the benefits of keeping your wedding hush-hush? Share your comments below.**

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## Mario Lopez and Fiancé Load Up on Spring Scents





Spring is in the air, and actor Mario Lopez and his fiancée Courtney Mazza started the season with some fresh scents. The couple loaded up on the latest spring collection at Bath and Body Works, and Mazza joked about how she loves to hoard their products. According to [People](#), Mario mentioned that he loves it when his fiancée wears a coconut scent as they were testing out the new products.

**What are some fun ways to celebrate spring with your partner?**

**Cupid's Advice:**

Spring has finally come after a long winter, so get out and enjoy it with the one you love. Cupid has some tips to help you shake off your winter blues and get spring rolling:

**1. Be active:** Snow is melted and the sun is shining, so take advantage of what Mother Nature has to offer by planning an outdoor date. Rollerblading or going to play putt-putt where you can breathe in some of the fresh new air are great options.

**2. Kick back:** It's always nice to relax with the sun warming

up your face and giving you a healthy glow, so plan a picnic with your partner somewhere where you can enjoy each others' company and take in the newly budding nature around you.

**3. Re-accessorize:** It's time to ditch those winter clothes and hall out your summer wardrobe. Hit the shopping mall with your partner, and load up on some new spring trend essentials.

**How do you plan to celebrate the start of the season? Share your comments below.**

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# Are Celebrity Cougars Becoming Extinct?





By Ché Blackwood

Until the early 2000s, most women hadn't even considered moving backward a generation in their search for a partner, and if they did, their friends and the rest of society served them with a cool dish of disapproval. Then, the cougar craze peaked when couples like Demi Moore and Ashton Kutcher became household names. Single women everywhere finally felt free to scope out younger men in their hunky hunt for love. Now, nearly a decade later, the publicity over cougars has slowed to a crawl and with the dissolve of the Kutcher-Moore marriage, some have been left to wonder if the phenomenon has passed. Newsflash: it hasn't! The press may have moved on to newer stories, but these couples prove that women have been following their hearts, regardless of age, long before the cougar craze hit, and they'll continue to do so long after:

**Related:** [Demi Moore Proves There's Hope After Divorce](#)

**1. Mariah Carey and Nick Cannon: Married April 30, 2008**

With 11 years between them, this duo's whirlwind romance proved to be more than a fling when Cannon placed a rock hard diamond on Carey's hand. The birth of their twins in 2011 only solidified their union, and the pair shows no sign of slowing down.

**Related:** [10 Most Beautiful Celebrity Couples](#)

**2. Deborra-Lee Furness and Hugh Jackman: Married April 11, 1996**

Mrs. Wolverine slashed her way into sexy Hugh Jackman's heart in the 90s, stepping over their 13 year age difference long before being a cougar was trendy. Fifteen years and two children later, Furness isn't regretting her decision to ditch society's sense of normalcy as the couple prepares to celebrate another anniversary in April.

**3. Jennifer Lopez and Casper Smart: Together Since November**

**2011**

After going through a very public divorce with music legend and ex-hubby Marc Anthony, Lopez has found happiness with her backup dancer Casper Smart. With an 18 year age difference causing a backlash of criticism, Lopez has taken to Twitter to fight back. She's explained that 'age is merely a "log" of the time we've been on Earth' and that 'society needs to shut their ears and open their hearts.' With pictures surfacing of the two lovebirds enjoying their time together, it appears that this Bronx girl has certainly opened hers.

#### **4. Goldie Hawn and Kurt Russell: Together Since 1983**

With their story starting in 1983, this twosome demonstrates a classic case of love outlasting all obstacles. Other than their six year age difference, the couple overcame blending their families together (both had children from previous marriages) and rumors of Russell's alleged infidelity. With a romance that's lasted 25 years, we think Hawn is one of the the best examples of the longevity of a cougar's love.

#### **5. Melanie Griffith and Antonio Banderas: Married May 14, 1996**

This adorable couple have been married for fifteen years, long since laughing off their three year age difference. While both have had successful acting careers, nothing has been more fulfilling than their relationship, marriage and child. While their age difference isn't the most shocking, it appears as if these two would have hooked up no matter their ages.

**Do you think the cougar phenomenon is over? If not, are you the cougar in a successful relationship? Tell us in a comment below.**