

Kelly Bensimon Is Back in the Dating Scene with Good Morning America's Josh Elliott



Not afraid of trying things out the second time around, former *Real Housewives of New York* star Kelly Bensimon, has officially stepped back into the dating scene. After ending her marriage with ex-husband Gilles Bensimon, the new author is being urged by her daughters to search for Mr. Right again. "Both her daughters, Sea and Teddy, are encouraging her to get out and to find the right guy. Kelly would like to marry again," a source told UsMagazine.com. Taking heed to her daughters' advice, she stepped out to dinner with *Good Morning America* anchor Josh Elliott April 27. Though they appeared to hit it off over dinner, a source close to Elliott, 40, explains that their outing was a one-time thing and that the pair are not

“dating.” The two met on set while she was promoting her new diet book, *I Can Make You Hot*.

How do you know when it's time to start dating after a split?

Cupid's Advice:

Breakups can be tough, and sometimes it can be even more difficult to jump back into the dating pool. But, how do you know when it's time to dive back in after calling it quits with your former flame? Cupid has some signs that it's time to get out:

1. You're feeling lonely: Your ex no longer considers you a factor in their life and your friends barely know who you are anymore since you've secluded yourself in your bedroom listening to Beyonce's *“Me, Myself and I”* on repeat. The split probably hurt, but you'll hurt even more if you continue to isolate yourself.

2. Lesson learned: After any breakup, there's always something you should mentally take from it. Things may not always work out as planned, but the important thing is to realize what mistakes you made and how not to make them again.

3. Time: After you've given yourself some time to regain your strength and you're no longer feeling vulnerable, then you should step back into the dating scene.

**How do you know when it's time to start dating after a split?
Share your comments below.**

Snooki Announces She's Having a Boy



An excited six-months-pregnant Nicole “Snooki” Polizzi officially announced this week that she and fiancé, Jionni LaValle, will be having a baby boy, according to UsMagazine.com. The *Jersey Shore* star was thrilled to share her good news, having said in the past, “If it’s a boy, I would dress him like Pauly D.” The newly engaged couple have a lot to look forward to between marriage and parenthood. Choosing not to live in the *Jersey Shore* house for Season 6 is one of many preparations they will have to make before their first child arrives.

How do you prepare for having a son versus a daughter?

Cupid’s Advice:

Whether or not a couple chooses to know the gender of their unborn child is entirely up to them. Some prefer the surprise,

while most of the time, people find it easier to prepare for the baby if they know they are expecting a boy or girl. If the doctor tells you those fateful words, “It’s a boy,” here are some things to keep in mind:

1. Blue, blue, blue: You may or may not have been secretly envisioning pretty pink bows and dresses, but tuck those ideas away for the meantime and get ready to see a lot of blue. Luckily, there are plenty of other boy-friendly colors, such as green, yellow, and gray, but those bright pinks and purples are probably out for now.

2. Barbie won’t make the cut: You may still have your doll house from when you were a little girl, but unfortunately that’s probably not going to be of much interest to a growing baby boy. Toys are relatively universal up to the first year or two, but after that, anything that has wheels or goes fast will be in your son’s hands at all times.

3. Father-son bonding: The relationship between father and son is certainly a special one. Every man fantasizes of their first catch together or teaching his little guy to ride a bike. Boys will always be boys, but don’t feel like you can’t join in on the fun. The rough facade won’t be on all the time, and your son will need and want his [mommy](#) time just as much.

What major effects has gender had on your new-baby preparations? Share your experiences below.

Kelly Clarkson Says She’s

'Too Happy' With Her Boyfriend



Is it a romance too good to believe? Former *American Idol* Kelly Clarkson told UsMagazine.com that she's incredibly pleased with her relationship with talent manager Brandon Blackstock. "I'm too happy!" she said. "He's ruining my creativity!" Clarkson may be known for her unlucky love life and sad songs like "Behind These Hazel Eyes," but she says that her feelings for Blackstock are keeping her from writing other breakup melodies. As Clarkson said, "It's an awesome problem to have."

What are some signs your relationship is too good to be true?

Cupid's Advice:

It's easy to be head-over-heels in a new relationship, especially if it's been a long time since you last dated someone. However, keeping your relationship grounded makes it

last longer. If your relationship has any of these signs, it might be time to take a step back into reality:

1. You stop wanting to see other people: It's always great to spend a lot of time with your partner, but it's important to maintain your own personal friendships. If you find that you don't want to see or hang out with anyone else, your relationship might just be too strong to last.

2. You lose interest in things you used to enjoy: Your interests and talents are important parts of who you are. If you feel like these are being stifled by your partner, it's possible that you've gotten too close for comfort. Make sure to take time out for yourself once in a while.

3. You can't envision yourself not being in the relationship: Of course, we all want a good relationship to last. But focusing too much on it can be difficult and straining for both of you. Try to remember who you were before you began dating in order to keep your partnership in perspective.

Have you ever been in a relationship you couldn't believe was true? Tell us below.

Kristen Stewart Calls Robert Pattinson's Dog a Baby





With her upcoming roll in *Snow White and the Huntsman*, it looks like Kristen Stewart is like the Disney Princess in more ways than one. Not only does the actress have an 8-year-old cat named Max, but she also helps care for her boyfriend, Robert Pattinson's, dog Bear, according to [People](#). When asked which animal loved her more, Stewart said, "They both love me in very different ways. Bear is literally a child." In reference to her cat Max, she stated, with an unpleasant face, "I mean, we live together. He's like my roommate." In 2010, the actress even said, "I'm going to be a crazy cat lady one day, I'm sure."

How can caring for a pet together bring you closer as a couple?

Cupid's Advice:

Caring for an animal with your beau can really bring you together as a couple. Here's how:

1. It enables you to watch your partner in action: How your mate treats an animal is a strong indication of how he will treat you and your potential future family. If he couldn't care less if the dog has enough food or water, or locks it up in a cage all day, chances are he will become a self-centered father and husband.

2. It is a symbol of commitment: Adopting an animal together is a serious thing. It shows that you are willing to form an emotional bond together revolving around another life. It shows that you are not intending on leaving anytime soon.

3. You are responsible for a life together: Caring for an animal the two of you both love is the first step to being accountable to someone other than each other. This can be the first step in deciding whether or not you want a family with this person.

How did your pet bring you and your love closer together? Share your thoughts below.

Brad Pitt Says Celebrity Engagement With Angelina Jolie 'Made Sense'





One half of the hottest Hollywood couple – Brad Pitt and Angelina Jolie – attended the Cannes Film Festival on Tuesday. The actor took the time to discuss his recent celebrity engagement to his leading lady. According to [People](#), Pitt said the engagement was “something that made sense.” Although he was in France to promote his new gangster movie *Killing Them Softly*, he also put to rest a rumor that he and his celebrity love were planning to marry in August. He explained, “There is no date. We’re still hoping for marriage equality in the United States before we get married.” With that said, Hollywood may just have to wait a little longer for their walk down the aisle.

Pitt knew he was ready for his celebrity engagement. What are some ways to tell it’s time to pop the question?

Cupid’s Advice:

An engagement is one of the most important steps in a relationship, The biggest decision is choosing when to make the move. How did Pitt know that his celebrity engagement was

at the right time? Here is some relationship advice on when to pop the question:

1. Consider her constant hints: If a girl is ready for that next step, she will usually let you know in some way or another. She may start to discuss her dream engagement ring or a friend's recent wedding. Listen out for any clue your partner may be giving.

Related Link: [Lady Gaga Celebrates Celebrity Engagement to Taylor Kinney](#)

2. Talk of the future: If your significant other always includes you in his or her future plans about relationship and love, it may be time to starting thinking about taking that next step. The word "our" rather than "my" means a lot more than you think!

Related Link: [Angelina Jolie and Brad Pitt Tie The Knot!](#)

3. You're 100 percent committed: If you are crazy in love, completely faithful, and can't imagine being with anyone else, maybe it's time to prove this commitment to your partner. Show your mate that you want them in your life forever by proposing.

How would you show your man that you're ready for him to pop the question? Share your ideas below.

'Bachelorette' Emily Maynard Discusses Sending Home Joe



Season

8's *Bachelorette* Emily Maynard recently talked about her tough decision to send home hopeful bachelor, Joe, in her blog for [People](#). Maynard discussed her date with Joe, mentioning how fun of a time she had with him. However, she said, "I knew that we were just in different place in our lives." So, even though she had a blast with fun-loving bachelor, she knew they weren't a good match and let him go.

How do you know when to cut ties early in a relationship?

Cupid's Advice:

1. Know both of your intentions: If one of you is just looking for someone to go on dates with and simply keep them company and the other wants marriage, that's an issue that needs to be addressed immediately. Like Emily Maynard, you have to recognize when the person you're dating is in a different place in their life than you. You can't keep a relationship going if the two of you have battling goals.

2. Don't make the same mistake twice: If you notice something that your new lover does that ruined your relationship, talk

to them and see if this is a problem that can be fixed. If not, it might be time to cut your losses. There's nothing worse than repeating a bad relationship.

3. Accept that not everyone is your perfect match: Too many people cling to a relationship even when it isn't working just for the sake of "seeing how things play out." If it isn't working now, chances are it won't work in the long run. Why waste your time?

How do you know when it's time to cut your losses on a new relationship? Share your stories in the comments below.

Celebrity Couple Angelina Jolie and Brad Pitt Indulge in a Romantic Museum Date





Celebrity couple Angelina Jolie and Brad Pitt made a stop by London's Lucian Freud exhibit this past Thursday without the kids, according to the latest celebrity news on [Pop Sugar](#). However, they did recently have a family outing to see the matinee showing of *Billy Elliot the Musical*. Soon, the famous couple and their celebrity kids will be heading to the South of France together for the Cannes Film Festival. The celebs will have a chance to spend some family time together while walking the red carpet.

This celebrity couple spent some quality time together at the museum. What are some other cultural date ideas?

Cupid's Advice:

Spending time with your loved one while getting a taste of culture at the same time isn't only for celebrity couples. Here are some great date ideas for a cultural experience:

1. Attend a festival: Look up the great cultural festivals

happening in your area. You'll get the chance to meet a lot of people together and also experience a little bit of a new or different culture.

Related Link: [Date Idea: Garage Sale](#)

2. Eat at an ethnic restaurant: Literally get a taste of another culture by going to a foreign restaurant and trying the different foods available. It's a great way to spice up your relationship and love!

Related Link: [Famous Couple Angelina Jolie and Brad Pitt Enjoy a Weekend Celebrity Getaway Without Kids](#)

3. Take a trip: Instead of choosing somewhere close to home for your next date idea, take a trip somewhere unique and new. There's no better way to experience another culture than by actually visiting the country.

What are some culture date ideas? Share your ideas below.

What Role Does Ambition Play In a Relationship?





By Steven Zangrillo

Women and men have ways of motivating each other for the greater mutual success. The need for a partner with drive and ambition is an overarching common criterion among people looking for healthy relationships. Ambition affects how we choose our partners and is an attractive quality when a person gives you the confidence that they will always be looking to improve on their successes. It begs the question of what role ambition plays in the dynamic of our relationships; how do we reconcile our need for better things? It is important to know that when ambition, positively or negatively motivated, is driving or dragging on your partnership. Here are just a few ways ambition plays a significant role in a relationship:

1. Career: This is where the prospect of ambition becomes a two-pronged situation. Ambition is a dangerous factor in the scope of a relationship – it can bring goal-oriented love birds together or it can split you in two different directions. Someone ambitious for a life as a successful writer who is dating someone ambitious for immediate success in a finance career might have a hard time making that work. Our level of ambition affects the way we make career and social choices.

Related: [Snooki's Pregnancy – Can You Salvage Your Image?](#)

2. Finances: The whimsical notion that “love conquers all” is difficult to uphold when you have a mortgage to pay. This, of course, is different than gold digging. However, when people are looking for their potential life-long mate, they are essentially searching for someone who is, or plans to be, financially stable. In that reality, ambition walks hand in hand with how far you’re willing to take your relationship.

Related: [Celebrities – Love, Marriage and the Money in Between](#)

3. Love: Ambition should, at the very least, determine what kind of partner you pursue. It’s unfair to pursue someone who won’t help you achieve the things for which you’re ambitious. While it isn’t someone else’s job to adjust their entire life strategy in the interest of solely supporting the life you want, you should find someone who is willing to compromise in the means of supporting both you and their endeavors. In this sense, you should also make sure that you are both following paths that are more or less on the same track. The search of lasting love, being taken care of emotionally and being loved for who you are all timeless notions. People want that, and will go to great lengths to ensure they are in an emotionally stable and healthy relationship.

There is no universal advice to be given on how ambition should define the scope of your relationship. Everyone is ambitious for different reasons – success, money, healthy love, being taken care of financially or being able to provide. How that ambition affects the steps you take together is up to you. Don’t put yourself in a position to be disappointed. Above all, the things that we are ambitious for determine the arc of our life paths; so, if you’re ambitious for happiness you’ll never fall short.

What role does ambition play in your relationship? Share your comments below.

Justin Bieber Brings a High School Fan to Billboard Awards



Teen sensation

Justin Bieber took a lucky date to the Billboard Music Awards on Sunday, and it was not long-time girlfriend Selena Gomez. One of Bieber's biggest fans, Cady Eimer, an 18-year-old from Virginia, had been asking Bieber to attend her senior prom through her website for years. The pop star could not make it to her prom, but he did one better. Bieber told [People](#), "I couldn't make it [to prom] so I said I need you to fly to the Billboard Awards and you can be my date." This super fan was one less lonely girl, at least for the night.

What are some ways to make a blind date more comfortable?

Cupid's Advice:

Blind dates have been stereotyped most often as awkward set-ups from close friends. The fear of getting stood up, or worse, not clicking with your date, can overwhelm you. That said, blind dates can muster up exciting feelings of getting to know a complete stranger, and who doesn't love that? Cupid has some tips to get over your fears:

1. Acknowledge the awkwardness: You and your date will start to open up more if you come right out and have a laugh about the unique manner of blind dating. Once the ice is broken, you can breathe a sigh of relief and become comfortable enough to be yourself.

2. Go somewhere low-key: The fancier the place, the stiffer the conversation. For instance, a good pizza joint creates a warm and relaxed environment whereas a four star restaurant calls for poise and elegance, creating a lot of pressure.

3. Find a mutual interest: Right off the bat, try to find something you have in common with your date. It can be anything from a love of action movies to traveling. Finding similarities creates comfort and sparks interest.

How do you think you could make a blind date more comfortable? Share your thoughts below.

Mark Zuckerberg Updates His Facebook Status to 'Married'



Facebook founder

and billionaire Mark Zuckerberg has changed his relationship status to “married,” according to UsMagazine.com. Zuckerberg, 28, married Priscilla Chan, 27, Saturday at his home in Palo Alto, Calif. and was quick to post the announcement on Facebook. The “life event,” which includes a photo of the couple holding hands and smiling, was posted early on Sunday. Zuckerberg and Chan met while attending Harvard University and have been dating ever since.

How can social media play a positive role in your relationship?

Cupid's Advice:

Social media can be a great way to keep friends and family updated on the pluses in your relationship. Here are a few ways to keep positive conversation going:

1. Avoid relationship overload: Relationship posts are great when they're not clogging up everyone's newsfeeds. Keep your posts limited, and people will respond to the two of you in a

more positive manner.

2. Keep your pictures appropriate: While your friends may love to see shots of your vacation in Hawaii, no one wants to go through an album filled with photos of the two of you kissing. Save PDA-style photos for wedding or engagement shoots.

3. Make announcements: The people you love will appreciate knowing when new things happen to the two of you – getting engaged, getting married, buying a home, and having kids are almost as exciting to them as they are to you. Share the joy of your relationship with others.

How do you portray your relationship on Facebook? Let us know below.

Hollywood Relationships: Love, Marriage, and the Money in Between





By Victor McGlothin

Katy Perry was in love with Russell Brand. They got married, and then 14 months later, they experienced a celebrity divorce. When Hollywood relationships heat up so fast and end just as quickly, we all go running to blogs and message boards looking for answers. Often, reasons why celebrity couples break up are obvious...and it usually involves money.

Causes of Failed Hollywood Relationships

In Perry's case, she was a popular singer before marrying Brit uber-talent Brand. Both of them were exceedingly busy on photo and movie shoots, concert tours, and everything else that accompanies stardom. With so much time spent apart, it's no wonder they experienced problems that ultimately resulted in a failed celebrity marriage. The question is: What makes celebs think they can sustain a healthy relationship and love while living apart and chasing the almighty dollar rather than the connection that keeps the home fires burning?

Related Link: [Why Celebrities Fall In and Out of Love So Quickly](#)

Perry and Brand aren't the only culprits to this type of demise. Perhaps the biggest wedding sham of all time was Kim Kardashian's televised nuptials to NBA power forward Kris Humphries of the New Jersey Nets. After 10 million viewers watched the choreographed broadcast on *E!*, 72 short days later, it was all over. Once it occurred to Humphries that Kardashian got what she wanted – astronomical wedding coverage gracing dozens of magazine covers and an \$18 million payday for the exclusive rights – he filed to have the marriage annulled, citing fraud allegations. It was merely an attempt to save face after being used and branded in the national tabloids as the villain and then subsequently lambasted online by Kardashian's family.

Kardashian refused to ante up the \$9 million owed to Humphries for his role of a lifetime in the wedding plot, but then, she offered \$7 million as a consolation prize. Over 90 days after the 72 day scam marriage ended, their celebrity divorce is still pending and adoring fans are still choosing sides. Yet another hot mess caused by money!

Related Link: [What Kim Kardashian Taught Me About Marriage](#)

Money, Relationships, and Love

Stories of Hollywood relationships like Brand and Perry's or Kardashian and Humphries's are all over the place, and there's usually the issue of money behind all of them. Even if money doesn't destroy a relationship and love, it always has a place. Even famous couple Brad Pitt and Angelina Jolie use money to buy happiness on occasion (see her massive engagement ring and \$25 million donation toward children's image rights).

Although us normal folk don't typically have the type of cash that popular celebrities bring to the table, it's still good to learn from the often careless ways in which they throw that money around. We should keep cash in the back of our minds, if at all possible, while pursuing a deep connection.

Victor McGlothin is a best-selling novelist and writer for wastedcash.com, providing commentary on celebrity spending and consumerism.

Mena Suvari Reaches Divorce Settlement with Simone Sestito



Longtime *American Pie* actress Mena Suvari and ex-hubby Simone Sestito ended their marriage on a cordial note after a year and a half of marriage, according to UsMagazine.com. Suvari's rep tells *TMZ*, "Neither party will pay the other any support," after Sestito formerly requested a little over \$17,000 dollars a month. The 33-year old star denied rumors that being in the spotlight played a role in her split with the concert promoter in *Boston*

Common magazine. Suvari said, "It's taken years to get to know myself. I had never really taken time to cultivate who I was." This marks the actress' second divorce after her 2005 split with cinematographer Robert Brinkmann.

How do you compromise in the midst of a split?

Cupid's Advice:

Splits are always tough on both individuals in a relationship. Here are some important things to keep in mind in order to end on a good note:

- 1. Communication is key:** Reach an understanding about the split and find common ground. This will help put things in perspective.
- 2. Stay positive and civil:** Kindness goes a long way, especially during a split. Being genuine to one another is just as important after a relationship ends.
- 3. Keep it clean:** Avoid pursuing revenge or any sort of negative reactions from your soon-to-be ex. Nothing is worse than a messy divorce.

How have you handled a split in the past? Share your story with us.

Lauren Conrad and William Tell Go Public With Their

Relationship



Although they've been dating since Valentine's Day, UsMagazine.com reported that Lauren Conrad and William Tell were finally sighted together in public. Conrad, a fashion designer and the star of *The Hills*, and Tell, a law student at the University of South California and the former guitarist of the band Something Corporate, got lunch together last Saturday in Brentwood, Los Angeles. Though Conrad broke up with actor Kyle Howard a year ago, she's hopeful that this new relationship will last. According to a source, Tell is "either deeply in love or he's on to the next thing. He's the kind of guy you marry."

How do you know when to make a relationship public?

Cupid's Advice:

Everyone gets excited in a new relationship, but rushing to reveal it to the world can put you and your partner's happiness at risk. Consider these points before making your

relationship public:

1. Make sure you're serious: Don't tell everyone about your relationship until you're sure you want to remain committed to it. Waiting is better than making an announcement of something that you're not sure is going to last.

2. Consider the steps you've taken: If you've already been on several dates and told some of your closest friends, telling the world about your relationship might not be as difficult as you think. When you're already spending most of your free time with your partner, going public is a natural progression of the relationship.

3. Ask your partner: You shouldn't go public with your relationship if your [partner](#) isn't ready. Ask for his or her opinion before spreading the word to others. This will keep you from taking a step that could make your partner uncomfortable.

How do you know when it's time to go public with your relationship? Tell us below.

Melissa Gorga Tells Sister-in-Law to Stay Out of Her Marriage





On Sunday's episode of *The Real Housewives of New Jersey*, Teresa Giudice couldn't keep quiet any longer about her sister-in-law, Melissa Gorga's relationship. The tension boiled into an ugly confrontation. According to UsMagazine.com, the main issue was that Gorga said she'd leave her husband if a richer man came along. Giudice then accused her sister-in-law of ruining her relationship with her brother, Joe Gorga.

What do you do if family members start to come in between you and your partner?

Cupid's Advice:

As much as we love them, family members tend to get over involved in our relationships. Here are some ways to get them to back off a bit:

- 1. Don't give out too much information:** Though lying to your family is never a good idea, if you don't want them to get too involved with your love life, only tell them what they need to know.
- 2. Tell them you can take care of yourself:** When your family tries to get too involved in your business, it's okay to say, "Thanks, but no thanks."

3. Get them to see the situation from your point of view: Chances are the family members getting too close for comfort into your love life would want you to get into theirs. Politely remind them of that.

What are the negative consequences of getting too involved in someone else's relationship? Share your stories below.

Kim Kardashian & Kanye West Double Date with Rob Kardashian & Rita Ora



The Kardashian's shared their love together while enjoying a double date in London on Wednesday night. Kim Kardashian sat comfortably beside her recent beau, Kanye West, while Rob Kardashian

snuggled next to his girlfriend, Rita Ora at Zuma. Rob and Ora have been dating since last December, and she and Kim seemed to get along perfectly during the dinner, an onlooker for UsMagazine.com reported. West and Kardashian were even showing some affection during the dinner. "When Kanye got up to leave he gave Kim a lovely tender kiss on the lips," the witness added. Kanye West's collaborator and long time friend Jay-Z was also spotted in Zuma.

How can double dates bring you closer together as a couple?

Cupid's Advice:

Double dating can test out how your relationship works around other people. If you double date with your family or best friends, then it's all even more important as to how well the date goes, because when someone dates you, they date your family, too. These are some reasons as to why double dates can bring you closer together as a couple:

- 1. You're being social, together:** If you're dating someone, you most likely have a good time together, but for the most part without other people. If you can both have a great time with other people, then you're even more compatible.
- 2. Get to know the people in each others' lives:** Double dating can be a great way for both of you to get to know each others' friends and family. It could be a time to open up, under less pressure.
- 3. Learn more about each other:** You know how your partner is when you're alone, but double dating could allow you to see how they are around the people who know them best. You learn more about what they like and how they are.

What are ways you think a couple can benefit from double dating? Share your thoughts below.

Snooki Plans to Wear Leopard Print in the Delivery Room



Nicole 'Snooki'

Polizzi may have changed her partying ways due to her pregnancy, but the mom-to-be will still remain true to her popular animal print heavy, self-described 'Guidette' sense of style, even while giving birth. "I want to wear, like, leopard shoes and a leopard gown- like the hospital gowns that they have," the *Jersey Shore* star told [Celebuzz](#). "I think that would be cute." Apparently, there's no such thing as too much animal print in Polizzi's world. "If it's a boy, it's gonna be maybe something Disney or safari. If I have a girl, it's going to obviously be animal print- zebra, leopard and pink," the reality star said while speaking of her nursery.

Should you give up being fun and sexy when you're a mom?

Cupid's Advice:

If you were fun and sexy before having a baby, then you definitely shouldn't throw it out of the window now that you're a mom. Here are some reasons why you should remain true to your style:

1. It's who you are: Granted, when you go through a major life experience, such as having a child, you may have to rearrange some things in your life, but if you enjoyed putting on those two coats of mascara, walking in your 5-inch heels and wearing your hair in voluminous curls every day before giving birth; then you should still keep up with it.

2. You're a role model: Even if your little girl obsesses over Selena Gomez, you're still the main person whom she plays 'Monkey-see, monkey-do' with. If she sees that you can work your day job, make the absolute best macaroni and cheese, help with math homework *and* still take time out of your day to play 'tea party' with her and her stuffed animals, she'll appreciate who you are and will want to be the same way.

3. Confidence is key: Sure, you may have gained a little happy weight during your pregnancy, but don't beat yourself up for it. Take yoga classes or head to the gym with your friends to get your body and confidence to where you want it. Your [partner](#) and friends would much rather be around the fun and confident person you were before having your child.

Do you think you should give being fun and sexy when you become a mom? Share your comments below.

Nick Cannon and Mariah Carey Bid \$2,000 on Shoes at a Charity Event



Mariah Carey and

Nick Cannon were spotted at the Opera Gallery in New York City for an event that benefited the Urban Arts Partnership. According to [People](#), the giving couple, who had just celebrated their twins' birthdays and renewed their vows, bid on a pair of Project Canvas shoes and a diver watch, designed by Audemars Piguet. It looks like the married couple are excited to share some of their happiness and money with others.

How can giving back as a couple help your relationship?

Cupid's Advice:

Finances can be a strain on any relationship, but giving to charities or your community as a couple can really help make

it stronger. Here are some reasons to give back as a couple:

1. Togetherness: Making a decision about what charity to give to and how much can build the communication skills between you and your partner.

2. Turn-on: A man or woman who cares about a cause is super sexy! Earn bonus points with each other in the sexy humanitarian area of your relationship.

3. Share the love: Couples who give a little get more in return. Sharing your love for a cause shows others and each other your dedication.

How has giving back helped your relationship? Share your comments below.

Do Fairytale Relationships Only Exist in Hollywood?





By Keryl Pesce

When Richard Gere came galloping back on his white horse (AKA stretch-white limo) to rescue Julia Roberts (AKA Cinderella), a not-so-small piece of the dreamer in us melted as we sighed and secretly wished real life were just like that. I mean, fairytale relationships only exist in childhood stories and movies, right?

If you want to get closer in touch with what relationships are really like, tune in to *The Real Housewives of NJ, NY, Atlanta* or wherever. That's more like it. Relationships are hard work, next to impossible to maintain and filled with drama, jealousy and cruelty. Umm, how about not!

I'm going to let you in on two very big secrets:

Secret #1. What you believe equals what you receive.

Secret #2. Fairytale relationships DO exist in real life.

There. I said it. I know it's not what you're used to hearing. That's precisely the problem.

Related: [It's Time to Stop Asking, 'When Will It Be My Turn?'](#)

We're bombarded with statistics, negative news stories and a personal thorn in my side – reality TV which hammer into our

brains that divorce, affairs, selfishness and crap relationships are the norm and what we should expect. Make a note. What we focus on expands.

Related: [How to Avoid the Reality Show Relationship Curse](#)

If you're wondering why you've had a difficult time finding Mr. Right or why your "was hoping he would turn into Mr. Right" made a left, I've got good news for you. There are fantastic people and amazing relationships waiting to be had. They exist. They are real. I know, because I'm in one.

I had the "get married in case no one better comes along" relationship. He cheated. I left. And truthfully, I'm not knocking him. It was simply the wrong two people coming together.

Fast forward to today and the newer, younger (by 8 years – go me!) version is quite frankly, a fairytale. My happiness is more important to him than his own. He cooks, helps with laundry, is generous in bed and yes, calls me "Baby." Hate me if you wish, but I'm not here to brag. I'm here to raise your expectations. Because that is the one and only thing you need to do to bring yourself closer to the same thing.

The problem isn't you, life or the lack of quality people. The problem is that we believe (wrongly) that we should expect all the negatives about relationships. That's the bad news. The good news is that the solution is pretty simple. Hit reset.

You attracting an amazing relationship begins with deciding what you want and believing you can get it. When I crawled out of the pitiful depths of despair, I began to think in terms of what I wanted, not what I didn't want. From there, it was simply a matter of training myself to stay focused on that and to trust. Think and act out of faith that what you want will come to you, not fear that it will not. Make this one small shift in your thinking, and watch what happens.

Keryl Pesce is the author of "Happy Bitch – The girlfriend's straight-up guide to losing the baggage and finding the fun, fabulous you inside." She is co-host of the weekly talk radio show "Happy Hour" and is co-founder of Happy Bitch wine.

Tony Romo Says His Marriage Is Better Thanks to Parenthood



Dallas Cowboys

quarterback Tony Romo and wife Candice Crawford didn't think their marriage could get any better until their baby boy, Hawkins, came into their lives. "If it's possible to bring you and your wife closer together, something like this really does," Romo told [People](#). "It strengthens your family values and your family and the love you have, which is already really

strong. It's been a great blessing from God to put us in this situation. We feel very honored." The star NFL quarterback has a very busy schedule, but he makes as much time for his beauty queen wife and newborn son as possible, and Romo says he feels very fortunate to have a wife that understands the demands of his athletic career and supports him all the way.

What are some ways that being a parent can bring you closer as a couple?

Cupid's Advice:

Marriage might have been the best day of your life, but having a child can easily become the new front runner. Cupid has some tips that can bring you and your partner closer:

1. The pregnancy: This nine month process is going to be a roller coaster ride of emotions along with preparation and planning, and they're all things that you should go through together. You'll see the best and worst of each other, and in the end, the prize is beyond anything you could have imagined.

2. The birth: Whether your partner has your hand in a death grip or you're watching the miracle of life right before your eyes, the birth will be a moment that you and your partner will cherish together for the rest of your lives, especially since the baby will be your little miracle and you become mom and dad.

3. Parenthood: Raising a child is no easy task, and parents before you will have all kinds of warnings and tips to make it easier, but it's something that you and your partner will have to figure out for yourselves. It's a journey that you will adore taking with your partner and your child, because you will all grow and become the best you can be as a family.

In what ways did having kids strengthen your marriage? Share your comments below.

Katherine Heigl and Josh Kelley Step Out with Newly Adopted Daughter



Katherine Heigl and

Josh Kelley have finally stepped out with their newly adopted daughter. The couple brought their baby girl to a friend's house in Beverly Hills on Saturday, reports UsMagazine.com. The couple announced the adoption on April 25th, though they did not release the name of their new daughter or other details. Heigl and Kelley are already parents to Naleigh, who they adopted from South Korea in 2009. "Josh and I started talking about [adoption] before we were even engaged," said Heigl in February. "My sister Meg is Korean, and my parents adopted her three years before I was born. I wanted my own family to resemble the one I came from, so I always knew I

wanted to adopt from Korea.”

How do you introduce your new child to your friends and family?

Cupid’s Advice:

Introducing your new children to friends and family is always an exciting task. Here are a few ideas:

1. Small get-together: Parties are much too overwhelming for children, and especially babies, to handle. Have a small get-together instead so you can introduce your new child to friends and family in a calm, friendly setting.

2. Prepare your friends: With adopted children, it’s important that your friends and family don’t intimidate your new son or daughter. Talk to your friends before hand and tell them a bit about your child’s situation.

3. Continued meetings: Most children will not remember a face that they’ve only seen once. If you want your friends and family to be a part of your child’s life, make sure that they are frequent visitors. The sense of familiarity will be a comfort to your child.

How would you introduce a newly adopted child to your friends and family? Feel free to leave a comment below.

Find Out Why Sofia Vergara and Nick Loeb Broke Up



Sofia Vergara and

Nick Loeb seemed to have the perfect relationship. But, underneath their success and PDA, it turns out the couple were on completely different wavelengths. While Vergara's focus was on her entertainment career, his was more concentrated on politics. As an insider told [People](#), "It was never a good match. She is fiery and free-spirited and wants to enjoy life to the fullest by traveling and going to parties and events. He's very concerned with his businesses, political aspirations and ultimately settling down." Though the couple are said to have broken up and gotten back together many times, the *Modern Family* star also has a history of sticking by her man both after a serious car accident and during Loeb's run for the Florida U.S. Senate.

What are some signs that it's time to call it quits?

Cupid's Advice:

Being in a relationship can be a beautiful thing, but not if it's the wrong relationship. If it really isn't working out, there's no shame in ending your relationship and starting

over. Cupid has some tips:

1. Separate interests: While having a certain amount of independent interests is part of any healthy relationship, if you are on totally separate levels of stages of life, it may be time to call it quits.

2. Infidelity: If you can't be loyal or honest with one another, you're not in a good relationship.

3. Lack of interest: Once you've lost interest in your relationship to the point where you've stopped fighting because it's just not worth the energy, it's time to get out.

Is there ever a bad reason to break up with someone? Share your thoughts below.

Stars Who Go Public With Love and Affection





By Samantha Mucha

Finding the right person is a thrilling experience, but keeping your hands off of one another in public is often a challenge. A new relationship is filled with flirty kisses, not-so-secretive butt grabs and romantic handholding.

In some cases, a little PDA is cute and picture worthy. Finding the balance between over-the-top scandalous make-out sessions and a cute peck on the cheek is the key to being a favorite couple versus a hated couple. These celebrity couples are all successful at acting like a couple in the spotlight without going overboard with their PDA:

1. Selena Gomez and Justin Bieber: Every time a photo of this duo surfaces, they are usually smiling, [holding hands](#) or sharing a kiss. Since Gomez and Bieber are young and have a young fan base, acting appropriately in public is important for them not only in the relationship world, but for their careers as well. Nothing Bieber and Gomez do would be banned PG rated film.

Related: [Justin Bieber Proves Honesty Is the Best Policy](#)

2. Khloe and Lamar Odom: This celebrity couple is famous for their baby talk and goo-goo eyes, however they do it in a way that makes people fall in love with their love. These

lovebirds share a special bond that's obvious to those who see them interact. Sweet kisses and giggles are all this couple allows the press to capture, making them appear innocent and sweet.

3. Liam Hemsworth and Miley Cyrus: This is another fairly young couple who shares their love for one another with linked arms, holding hands or gentle kisses. Each photo seen of Hemsworth and Cyrus appears happy and simple. Whether it be a giggle on the beach or a deep glance into each other's eyes at an award show, this couple is the epitome of happiness and love.

Related: [Liam Hemsworth Says Miley Cyrus Would Beat Him in 'Hunger Games'](#)

4. Nick Cannon and Mariah Carey: Smiling faces are an understatement with this celebrity pair, especially when pictured with their beautiful babies. The duo is usually spotted holding hands and placing kisses on each other's cheeks, creating a special glow about them whenever they are together.

5. Katie Holmes and Tom Cruise: Holmes and Cruise are another charming couple whose photos demonstrate their closeness and the way they deeply care about one another. Cruise always wraps his arms around Holmes or has his hands poised on her face while he plants a kiss on her lips. Their long, trusting relationship is evident in the simple, but pleased way, this celebrity couple glances into one another's eyes.

What couples do you think go public with love and affection? Share your stories below.

Fergie and Josh Duhamel Attend a Friend's Birthday Bash



Fergie and Josh

Duhamel happily trekked over to West Hollywood's Chateau Marmont for a friend's birthday celebration Thursday night, according to [People](#). An onlooker reported that the small group of friends were enveloped in "enthusiastic group conversation" over the course of the night. "Fergie wore a big smile for much of the night," said the source. "It was obvious she was having a really good time. Though the couple's PDA was at a minimum, it was clear the two were enjoying the company and the conversation." The group indulged in many different desserts throughout the evening and even sang "Happy Birthday" to the guest of honor together. At the end of the get together, Duhamel lovingly put his arm around his wife and escorted her to the valet so the pair could head home.

What are some unique events to attend together as a couple?

Cupid's Advice:

Many couples can get stuck in a rut together if they don't try a few new things every once and a while. The easiest way to keep this from happening is to spend some time together doing unique things. Cupid has some tips:

1. Music festival: Throughout the country, there are fun and affordable music festivals that you and your beau can indulge in any time of year. This allows you to take in some of your favorite bands together and maybe even discover some new tunes you both can enjoy.

2. Marathons: Sign up for a marathon together. This event is not only a one-day experience the two of you can share, but it also takes weeks of training. Who better to push and motivate you to do your best than the one you love?

3. Go fishing: With summer on its way, spend the day on a charter fishing boat. The two of you can enjoy some fun in the sun together and maybe even catch a delicious dinner for two to prepare when you get home.

What are some unique events you and your man have attended as a couple? Share your experiences with a comment below.

Ben Affleck Calls Jennifer Garner a 'World Class Mom'





Ben Affleck took to

social media to wish his wife, Jennifer Garner, a happy Mother's Day. Affleck, 39, posted a video on his Facebook page advocating for women raising children in the Democratic Republic of the Congo, reports [People](#). Affleck founded a nonprofit, the Eastern Congo Initiative, in 2010, and is almost as dedicated to the charity as he is to his family. "I want to say Happy Mother's Day to the moms in my life: my mom Chris and my amazing wife Jennifer, who is an incredible, spectacular, world-class mom," said Affleck in the video. "[Being a mother is] the hardest job that there is, every single day."

What are some ways to thank your partner for being a good parent?

Cupid's Advice:

Though Mother's Day has passed, there are still plenty of opportunities to show appreciation for your partner's good parenting. Here are a few ideas:

1. Spa day: Parenting can often be very stressful, so try rewarding your partner with a gift certificate for a day at the spa. Your partner will come home feeling relaxed and grateful.

2. Take turns: If your partner provides most of the childcare on a day-to-day basis, try switching it up. When possible, take the kids for a day, and let your partner enjoy their newly found free time.

3. Enlist the children's' help: Being a parent is often a reward in itself. Enlist your children to make a heartfelt card or art project for your partner. Your partner will appreciate the gift, and your kids will have fun making it.

How do you thank your partner for their parenting skills? Feel free to leave a comment below.