

# 'Bachelorette' Reality TV Stars Ashley Hebert and J.P. Rosenbaum Speak Out About Waiting for Marriage



By Jessica Conigliaro

According to [People](#), the newest reality TV couple Sean Lowe and Catherine Giudici are saving sleeping together for their celebrity wedding night...unlike famous couple Ashley Hebert and her *Bachelorette* winner hubby, J.P. Rosenbaum, who chose not to wait for marriage. "Those are their own personal beliefs, and we're not going to judge them," Rosenbaum says. "We do our thing; they do their thing."

# Two reality TV couples have different opinions when it comes to waiting for marriage. What do you do if you and your partner have conflicting beliefs?

## Cupid's Advice:

Your boyfriend seems to have differing beliefs from you. However, you don't want them to damage your relationship and love in any way. Cupid offers some love advice on how to work through your differences:

**1. Compromise:** You and your love have different religious beliefs. Your man wants to go to church, and you want to go to temple – what now? Make a compromise: Go to church with your man one week and have him come to temple with you the next. You will both appreciate each other's support.

**Related Link:** [Reality TV Stars Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions](#)

**2. Try new things:** Your partner has always wanted to move to a different state before settling down. You, on the other hand, have no interest in leaving. Try going on an extended vacation over the summer and travel from state to state for a few months. You never know what you will end up enjoying, so don't be afraid to try something new!

**Related Link:** [Famous Couple Sean Lowe and Catherine Giudici Speak Out Against the New 'Bachelorette' Twist](#)

**3. Pick your battles:** Your boyfriend has been dead set on getting a dog for the past few months. He has been nagging you about it, but you say no, knowing you'll end up taking care of the pet instead of him. If he continues to bug you about it,

perhaps it's time to cave. He clearly won't give up until he gets his furry friend. Sometimes, you have to do things you'd rather not do – like cleaning up dog poop! – for the one you love. He'll surely take notice of your kindness and will some day return the favor.

**How do you deal with conflicting beliefs between you and your partner? Share below.**

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## **Celebrity News: Tiger Woods Confessed 'Everything in His Past' to Lindsey Vonn**





By Andrea Surujnauth

Tiger Woods and Lindsey Vonn have finally made their “down-low” relationship public. According to *Usmagazine.com*, the couple announced their relationship over Facebook on March 19th. They also posted their professionally photographed couple’s portraits along with the Facebook announcements. A source told [UsMagazine.com](http://UsMagazine.com) that, “They’re a really happy couple – not living together yet.” Woods, 37-year-old professional golfer, announced that him and Vonn have “become very close and dating.” Vonn, 28-year-old professional skier, gushed “it makes me very happy”. But we can’t help but think, what about Woods’ past? After being married to ex-wife, Elin Nordegren, for 6 six years, Woods was caught cheating with multiple women. Is Vonn going to let that bother her? “He confessed everything in his past to her and stuff – they’re really into each other.” claimed a source. Woods has two kids, Sam, 5, and Charlie, 4.

**How do you know whether to trust someone who’s cheated in the past?**

## **Cupid's Advice:**

So your dating someone that has cheated in the past and you don't know whether it is safe to continue a relationship with them. Can a person really change their cheating ways? Cupid is here with some advice for you:

**1. Responsibility:** Does your new beau own up to their mistake and take responsibility for it? If they admit to their wrongdoing then this is a good sign that they want to change.

**2. Transformation:** Do you see an overall difference in the way the person behaves and runs their life? If the your honey seems to regret what they did and is trying to make a change in their lives then there may be hope for them.

**3. Instincts:** This is the best way to tell whether you can trust someone who has cheated in the past. Go with your gut feeling. If you have that little knowing feeling in the pit of your stomach that is telling you not to trust them, then don't. Don't bother trying to make excuses to ignore the feeling you are having. If something is telling you that your sweetie is cheating, they probably are.

**How do you know whether to trust someone that has cheated in the past? Share your ideas below.**

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# **'Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut**





By Andrea Surujnauth

Sean Lowe, the most recent *Bachelor* star, made his debut on *Dancing with the Stars* this week. Although the judges weren't impressed by Lowe's performance, his fiancée sure was. "I went over to her and she just said she was so proud of me, and that she loved me," Lowe told [UsMagazine.com](http://UsMagazine.com), "I think she'd give me a 10, I know the judges didn't tonight. That's what a good fiancée does." His fiancée, Catherine Giudici, was there to congratulate him as soon as he stepped off stage. "Dancing is a challenge and I am one that loves to embrace a challenge and do things outside of my comfort zone," he said. "This certainly fits that mold, and most importantly Catherine was behind me. She was the first person I called after they approached me and she said she would support me and thought it would be a fun opportunity for both of us." The couple has kept their love going strong despite the long hours that Lowe has to spend practicing with his partner, Peta Murgatroyd.

“It’s tough at times, but lucky for me she understands and supports us and knows Peta’s work ethic,” he said of spending hours every day training with Murgatroyd. “But when I’m not rehearsing I always make sure to capitalize on our time together.” When asked whether there is any jealousy issues between Giudici and Murgatroyd, Lowe responded, “Peta is certainly a gorgeous girl, anyone can see that, but Catherine is so confident and not worried. And her and Peta have become friends!”

**What are some ways to support your partner’s passion?**

### **Cupid’s Advice:**

Your partner is passionate about a sport or activity, so how can you show them that you support them? Here are some tips:

**1. Cheer-lead:** If your beau has taken as interest in a sport or activity that involves some type of performing, be there to cheer them on. Be their own personal cheerleader and show them that you think they can succeed at whatever activity they are taking part in.

**2. Participate:** Show your partner support by participating in their new passion or hobby. Your sweetie will be thrilled to see you enjoy their hobby with them.

**3. Coach:** If your partner’s passion involves competition, support them by helping them practice and improve. Your honey will appreciate you taking such an interest in helping them perfect their skills.

**How do you support your partner’s passion? Comment below and let us know!**

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# Celebrity Couple: Rosario Dawson and Danny Boyle Call It Quits and Avoid Each Other



By Meghan Fitzgerald

[UsMagazine.com](http://UsMagazine.com) confirmed that celebrity couple, Rosario Dawson, 33, and 56 year-old Oscar winning director, Danny Boyle have called it quits. Dawson discussed how different they may have seemed on the outsides however, they really had a lot in common, and how kind of a man Boyle was. Although Dawson had nice words for her partner than, this is no longer the case. [NY Daily News](http://NYDailyNews) reported that the *Trance* press junket was not filled with romance, but filled with tension, and the split two not speaking to one another.



## How do you remain civil with your ex after a heated breakup?

### Cupid's Advice:

Heated breakups are not in any sense enjoyable for anyone. They're messy, peoples' feelings get crushed, your friends and family get dragged into the relationship, you end up on different sides of the universe. Although you may not want to remain civil with your ex, you most likely share friends, are close with their relatives, have the same favorite restaurants, and may have kids together. Cupid has some advice on how to stay civil:

**1. No bad-mouthing:** Heated break ups tend to leave both parties bad-mouthing one another all across town. Although this may release steam and bottled up emotions, this is no way to act if you want to remain civil with your ex. Instead of spreading grotesque rumors or spilling your ex's deepest darkest secrets, say nothing at all. Yes, this will be challenging, and it will probably suck. However, no bad-mouthing means you both can attempt to remain civil.

**2. Ground rules:** You need to set ground rules for yourself, and for your ex. Depending on how heated the breakup was, you may need to split up areas. You get a certain amount of your favorite places, and they get the rest. This means no confrontation or communication at outside areas. If it is necessary, no communication whatsoever may need to be put into play. Depending on you and your mate, you make and adjust the rules.

**3. Take it slow in new relationships:** Keeping it civil with your ex isn't jumping straight into a new relationship. Of course you want nothing to do with your ex, and want to wash him from your memory. However, this is not easy nor is it possible. Take it slow when you're getting in to new relationships. It is not necessary to delve into some new person when you have unresolved business with your ex.

Have you remained civil with an ex? Share your experiences below.

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# What We Can Learn from “the Work” Celeb Couples Do



By Jane Greer, Ph.D. for Galttime.com

When Ben Affleck accepted the Oscar for best picture on Sunday night, he thanked wife Jennifer Garner saying marriage is hard work, but it is the best kind of work. One area that takes great effort in a relationship is finding the balance between each person's needs and desires. Say football is your thing.

It always has been, ever since you were a little kid watching at home with your dad. So it is impossible for you to understand why your new partner has no interest in it. You want to go to games together, talk about plays, and plan weekends around the tailgate parties. But she says no. What do you do?

There is no question that one of the pleasures of being in a relationship is sharing the things you love with the one you love. If pizza is your thing – well, then by all means, it would be convenient if the person you're dating had similar feelings about it. If that were the case, you could be together and have your favorite food at the same time. But it doesn't always work that way. In reality, two different people often have two different sets of tastes. So how can you preserve your own pleasures, hobbies and space to do what you love while being in a serious relationship? And is there a way to include your significant other but not force feed them?

This is where a “thank you” portion can be useful. You remember when you were a child and your mother wanted you to eat the peas, right? They looked awful but you had to have a few to appease her, so you took a small “thank you” portion. In other words, you took a taste. Before you suggest this, though, acknowledge to your partner that you understand and accept this is not their cup of tea. But sometimes, when it's a play-off game or something special is going on, you would really like to have their company. Be clear that you know it is a sacrifice of sorts, but you would really love it if they watched just this one game with you. Not the whole season, just this one game; a “thank you” portion.

In that way you can share your passions and interests to some extent, while respecting your partner's interests at the same time. The key is to encourage them to be open and try to appreciate what it is that you find so fascinating. Who knows, she might actually become a football fan. Sharing pleasures,

and being open to each other, simply helps to turn the wheels for more mutual passion together.

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# Celebrity News: Rihanna on Relationship With Chris Brown 'We're Adults Now'



By Andrea Surujnauth

According to [UsMagazine.com](http://UsMagazine.com), Rihanna told *Elle* that she's trying to build a friendship with her ex, Chris Brown. It was only four years ago that the Barbados-born beauty was

assaulted by Brown. Even so, she said, "Now that we're adults, we can do this right. We got a fresh start, and we're thankful for that." The pop star also explained that they're not looking for an intimate relationship, just a friendship. "Right now, that's just what we want – a great friendship that's unbreakable." Still, Rihanna has big plans for her future. When asked where she thinks she will be in five years, she replied, "I will probably have a kid."

## **How can you develop a friendship with your ex?**

### **Cupid's Advice:**

Before becoming friends with your ex-partner, it's important to take some time to be apart and truly let go of your past love. As impossible as it may seem to be friends, know that it can be done. Here are some tips from Cupid to help you develop a friendship with your ex.

**1. Be sure:** First, it's best to think about whether or not you're ready to be friends with your ex. Think about the reasons for your breakup. Was your ex the type of person to use you or hurt you? Also think about whether or not you still have feelings for your ex. Will having them in your life make it difficult for you to move on? You don't want your new friendship to be a toxic part of your life.

**2. Be patient:** If your ex is not completely over your breakup, they might not be ready to become friends. Respect their feelings, give them time and don't get frustrated. Continue to be nice to them and show them that you mean well.

**3. Communicate:** Don't expect that they will automatically be calling you and asking you to hang out every weekend. Do you really want to see them *that* often anyways? If you want to develop a friendship, then you should be the one to pick up the phone and set some plans.



How did you develop a friendship with your ex? Comment below and let us know!

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# The Most Health-Conscious Celebrity Couples



By [Andrea Surujnauth](#)

[Celebrities](#) are always expected to look great. Some spend hours and hours exercising, while others follow crazy diets like Kourtney Kardashian's ghee gulping every morning or [Jennifer Anniston](#) eating only baby food. However, being health-conscious doesn't necessarily mean drinking weird green

mixtures or fitting in two or three workouts each day. It means eating healthy, exercising regularly and staying away from eccentric diets that starve your body of much-needed nutrients. So which celebrity [couples](#) are truly the most health-conscious duos in Hollywood?

**1. Jada Pinkett Smith and Will Smith:** Jada, a yoga advocate, has introduced her fitness regime to her family: she often does yoga with her loving [hubby](#) and even with their children. As she recently told [WomensHealthMag.com](#), “I used to push a lot of iron. I’ve been in the gym for like 15 years now, and I’m just not motivated by it anymore. So I do a lot of outside sports. On my Christmas vacation, I did a lot of cross-country skiing, and I like to hike. I usually do my yoga at home in the evenings for about an hour. Sometimes I go to a class, but with my schedule, it’s really difficult for me – and my kids like to join me. We do a lot of yoga together.” See? It really is possible to keep up with a busy career, stay in shape *and* spend time with your family!

**2. Fergie and Josh Duhamel:** This cute couple is often photographed getting fit together. They go running or hiking and even do push-ups while out on the trail. According to [Health.com](#), Fergie lost 13 pounds in 2009, proving that working out with your man can really make a difference! Follow in this couple’s footsteps by grabbing your [beau](#) and working up a sweat outdoors.

**Related Link:** [Celebrity Nutritionist and Trainer Jackie Keller Says, “Those Who Exercise With Support From Their Partners Do Better Overall”](#)

**3. Jessica Biel and Justin Timberlake:** These two hotties do some serious strength training and have no problem showing off their hard work and rock-hard bodies. They were recently photographed running [together](#) near their apartment in New York City.

**4. Michelle and Barack Obama:** The First Lady has a serious passion for staying healthy and exercising; she even gets up at 4:30 am to fit a workout into her busy schedule. Her husband is also a fan of going to the gym, but he wasn't always very health-conscious, as he used to be a smoker. Michelle, being the wonderful [wife](#) that she is, made a deal with him: he could only run for president if he quit smoking. Great job, Mrs. Obama!

**5. Hilaria and Alec Baldwin:** Hilaria, a yoga instructor for Yoga Vida in New York City, has already put her new husband on a diet and encouraged him to get fit. Baldwin has called her a "good influence."

**Related Link:** [Celebrity Trainer Gunnar Peterson Discusses Relationships, Health and His 8-Week Gunnar Challenge](#)

**6. Camila Alves and Matthew McConaughey:** It's no secret that McConaughey is a big fan of the beach. However, this beach hottie doesn't spend his time relaxing in the sun. He runs up and down the beach, only taking breaks to do some push-ups or hold a few yoga poses. He also accompanies his gorgeous wife to the gym, who told [Star Magazine UK](#), "I need somebody to exercise with me, and I don't like going to the gym at all." Alves also mentioned that she sticks to a healthy diet by cooking her [family's](#) food; that way, she knows exactly what she's eating.

**7. Beyonce and Jay-Z:** Can it get any sweeter than this couple? Beyonce went on a partially vegan and plant-based diet while she was [pregnant](#) with daughter, Blue Ivy, and being a considerate husband, Jay-Z decided to go on the diet with her. The two continued to diet together after Bey, who gained 57 pounds during her pregnancy, gave birth.

**How do you stay healthy with your significant other? Comment below and let us know!**

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# Jennifer Aniston and Justin Theroux Can't Wait to Wed



By [Andrea Surujnauth](#)

According to [People](#), Jennifer Aniston “is crazy about Justin [Theroux] and can’t wait to be his [wife](#).” A source tells the magazine that “she plans on privately changing her name to Theroux. She likes the way it sounds and jokes that [Jennifer Theroux] sounds very posh.” The source also spilled the beans about the couple already having their wedding bands designed and Aniston already having a wedding dress in mind. Plus, the twosome have set a date. The two lovebirds got [engaged](#) on August 10, 2012 when Theroux [popped the question](#) while they

were celebrating his 41st birthday.

**What are some last-minute ways to prepare for your wedding?**

**Cupid's Advice:**

Planning a wedding calls for a great deal of organization and work. Time seems to be running out, but your to-do list keeps getting longer and longer. When you are down to the last-minute preparations, what are some things you can do to make sure it all goes well? Cupid has some suggestions for you.

**1. Plan your outfits in advance:** Get your [wedding ensemble](#) ready to go by making sure every accessory, including your jewelry, veil and shoes, are all in one place. Lay them out in the room where you'll be getting ready, and you won't have to worry about forgetting anything. It's also smart to plan your outfits for other weekend activities, like the bridesmaids' luncheon, rehearsal dinner and Sunday brunch.

**2. Prepare an emergency kit:** Put together an emergency kit for your [big day](#). Include a sewing kit, extra money, portable iron, makeup, hair brush, hair spray, tissues, camera, breath mints, tape and safety pins. This way, you'll have a quick fix for any situation.

**3. Stay in communication:** Go over all of the [wedding](#) details with your family and friends, and make sure everyone is on the same page. If you have forgotten something, turn to your Maid of Honor or mother for help. Assign different responsibilities to different people so that no one – including you! – feels overwhelmed.

**What are some last-minute ways to prep for your wedding day?  
Comment below and let us know!**



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# Celebrity Mom: Holly Madison Discusses Baby Names – Right Before She Heads to the Hospital!



By Whitney Baker

Holly Madison first stole our hearts as Hugh Hefner's number one bunny on E!'s reality show *Girls Next Door*. Since the show ended in 2010, Madison has made quite a name for herself, appearing on the eighth season of *Dancing with the Stars*, headlining *Peepshow* at Planet Hollywood in Las Vegas and

starring in her own television show, *Holly's World*. Of course, in recent months, her focus has shifted: in August 2012, she announced that she was expecting her first child with boyfriend Pasquale Rotella.

"I've finally met the man of my dreams and am ecstatic to be starting a family," Madison shared. "But I'm really grateful that I had several years of working hard as a single woman before diving into being a mom. I feel like I needed that for my identity."

The *Playboy* model and husband Rotella, a club promoter, have been prepping for their daughter's fast-approaching arrival, and the mom-to-be has been sharing her pregnancy experience with fans via her blog and Twitter. As open as she's been, there's one thing that the couple is keeping under wraps: the baby's unique name. "We have a pretty unusual name picked out. So unusual that we aren't telling anyone what it is until the deed is done!"

**Related Link:** [Kim Kardashian and Kanye West Are Expecting a Baby Girl](#)

In the past few weeks, pregnancy has certainly slowed Madison down a bit. "I've started getting a little uncomfortable – it's hard to even reach my feet to tie my shoes!" she said. "I've kind of been in nesting and hibernating mode."

Still, she continues to make headlines. Just last week, Madison revealed that she plans to ingest her placenta after the birth of her little girl. When asked about her decision to do so, the reality star said, "A baby nurse I met with suggested I have my placenta made into pills because it can help prevent postpartum depression. I figured why not! It can't be bad for me."

As busy as they've been in anticipation of their baby's due date (tomorrow!), Madison and Rotella have still made time to

focus on their relationship. "I feel like we're getting to know each other because we've only been together for a little over a year," the Vegas performer said. "We're learning so much about each other just from trying to agree on little things when it comes to renovating our new home, so I can only imagine what we will learn from raising our daughter."

Madison has already learned a thing or two from her pregnancy. "My only advice so far is to let yourself know that it's okay to not be quite as ambitious as you were before you were pregnant," she explained. "Creating a child is a huge responsibility, and you have to make time for that, maybe sacrifice some things that don't fit into your life anymore."

As for her relationship with Rotella, Madison thinks that communication is most important when it comes to keeping the romance alive. "Sometimes, other people don't understand how uncomfortable pregnancy can be, how occupied your mind can get and how you just don't feel sexy. You don't want your significant other to get the wrong idea and assume you aren't attracted to him anymore."

"Our relationship is great," she adds.

So great, in fact, that Madison has started to plan their wedding. "I'm trying to secure a really unique and special venue and choose a date. I'm hoping for some time in August."

**Related Link:** [QuickieChick's Video Dating Tips: Are You the Marrying Kind?](#)

As excited as she is to become both wife and a mom, there's one thing that Madison is still figuring out. How will she tell her baby about her life as a Playboy Playmate? "I'll be really honest with her and let her know that it wasn't all unicorns and rainbows like you see on television," she shared. "You kind of have to be damaged and have low self-esteem to put yourself in a situation like that."

So what's next for the soon-to-be mom? "Besides learning how to be a mom and getting back into shape, I would love to return to the stage – but in a musical this time. I've been concentrating on my singing lessons during my pregnancy." Given her impressive career, we're confident that Madison will excel at whatever she does next – especially when it comes to raising her little girl.

*You can keep up with Madison by visiting her [blog](#) or following her on [Twitter](#).*

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## Celebrity Couple: Mila Kunis Says She 'Censors' Herself More While Dating Ashton Kutcher





By Meghan Fitzgerald

According to [UsMagazine.com](http://UsMagazine.com), Mila Kunis says that she has become more introverted since she began dating actor Ashton Kutcher. “I censor myself,” Kunis told *Marie Claire UK*. “Lately, more. More.” Even so, the 29-year old star of *Oz the Great and Powerful* is not afraid to say what she thinks, especially when it comes to her high-profile romance with Kutcher. “I’ve always said that it is much easier to be honest than to be caught up in a bunch of lies,” she shared.

**What are some good changes your partner can inspire in you?**

### **Cupid’s Advice:**

Being in a relationship changes you in both good and bad ways. If you’re lucky, your partner will inspire you to be a better person, teaching you how to love more and allowing you to be your best self. Here are three positive ways that your significant other may change you.

**1. Passion:** Being with another person who accepts you for who you are enables you to feel passionate about your



relationship. You'll feel thankful to share your life with someone so wonderful. You'll want to spend all of your time with your partner, making them better just as they make you better.

**2. Tolerance:** Every relationship requires work; it wouldn't be a relationship if it were easy. Your mate will teach you how to build tolerance, including patience with yourself and your beau and respect for your relationship.

**3. Compromise:** Compromise is important to every relationship. Even if you think you and your partner are perfect for each other, you will still have disagreements. Learning to compromise will strengthen your love and also improve your relationships with other people.

**How has your partner inspired you? Explain below!**

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## **Celebrity Couple: Michelle Williams and Jason Segel Call It Quits**





By Andrea Surujnauth

Michelle Williams and Jason Segel have decided to end their long-distance relationship. According to [UsMagazine.com](http://UsMagazine.com), Williams and Segel called it quits earlier this month. Williams, actress in *Oz the Great and Powerful*, lives in New York with daughter Matilda, 7, from her relationship with the late Heath Ledger. Segel, star of *How I Met Your Mother*, lives in Los Angeles where his CBS sitcom is filmed. In March 2012, *Us Weekly* broke the news about their secret relationship, and the two were always extremely hush-hush about their romance. Their sudden split is apparently due to their distance from one another.

**What are some things you can do to make your long-distance relationship stronger?**

### **Cupid's Advice:**

Long distance relationships are a real test of love. They can be very difficult and trying on a relationship. Luckily, Cupid is here with some advice on how to have a successful long-

distance relationship.

**1. Be on the same page:** Make sure you both agree on the definition of “relationship” and identify what standards you need to uphold while away from one another. If you decide that you’re exclusive, you need to agree on not dating other people and set ground rules on what is allowed and what isn’t.

**2. Bond:** Try doing things together even though the two of you are apart. Watch your favorite television show while on the phone together. Make sure you chat with each other everyday; you can even talk while doing your day-to-day activities. Keep each other updated on what is new in your lives to help prevent you from growing apart despite the distance.

**3. Skype:** What a great invention! Skype is a program that allows you to talk, message and see one another over the Internet. You can download it on your computer or even on your smart phone. Think it can’t possibly get any better? Well, Skype is free. Seeing each other will make you feel even closer.

**How do you keep your long-distance relationship strong? Share in the comments below.**

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## **Celebrity News: Former Pro Tennis Player Kim Clijsters is Expecting Second Child**





By Andrea Surujnauth

According to [People](#), former pro tennis player Kim Clijsters and husband Brian Lynch are expecting their second child together. The couple already have a 5-year-old daughter named Jada Ellie. Clijsters took to Twitter to announce the new: “Hi everyone, we have some exciting news to tell you ... Jada is going to be a big sister!” After Clijsters competed in the U.S. Open in August, she retired at the age of 29 to focus on her family. She also shared her news on her website stating, “And here we are: halfway into September, Jada will have a brother or sister. We are of course delighted. I’m doing fine, even though I tire more easily right now.”

**How do you prepare for your second child versus your first?**

### **Cupid’s Advice:**

You already had your first child. The second should be a breeze, right? Think again. You may not be as prepared for your second child as you think. Cupid is here to help though!

**1. Go through old stuff:** Figure out which of your first

child's clothes and bottles can be reused for the second child. Certain things can be used again, especially if they are not gender-specific items such as green and yellow clothing and denim.

**2. Budget:** Establish a budget that will accommodate your growing family's needs. Don't forget to consider expenses for your first child. Although a new baby is expensive, you do not want to neglect your first baby.

**3. Prepare your first child:** Make sure your first child is looking forward to the new baby. You do not want any jealousy issues to arise, so instill the feeling of excitement and new-found responsibility in your first child.

**How do you prepare for your second child versus your first? Comment below and let us know!**

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## **Celebrity News: Paris Hilton Poses with Injured Boyfriend at Lake Tahoe**







By Andrea Surujnauth

According to [UsMagazine.com](http://UsMagazine.com), Paris Hilton and boyfriend, River Viiperi, were vacationing at Lake Tahoe for Hilton's 32nd birthday on February 18th when Viiperi got into a skiing accident. A source told *UsMagazine.com* that "a ski went into River's leg when he fell." While the accident was taking place, Hilton found it to be a great photo op. She kept the public updated through Twitter on what was happening with Viiperi and his knee. She tweeted, "Just got out of the hospital with River Viiperi. He was doing a high jump while skiing and the ski sliced in to his leg! 19 stitches! Oww!" She shared a photo of the Spanish model laying in a stretcher as he was being taken to the hospital. Once the whole ordeal was over, Viiperi took to Twitter to thank his lovely lady. "Back in La La Land safe and sound thanks to my gorgeous blondie always taking such good care of me," he tweeted. "Thank you for being there for me my Love, you're the best girlfriend in the world! I'm so lucky to have you!"

**What are some ways to show your injured partner that you care?**

## Cupid's Advice:

Your partner got injured, and you want to show him or her that you care and that you're there for them. How can you do that? Cupid has some ideas for you!

- 1. Pamper your partner:** Take care of your sweetheart. Try cooking dinner for the two of you. Have dinner in bed while your partner is trying to heal. Be there for your beau to help with whatever they are unable to do for themselves. Get them a "feel better" gift or card. Do something special for them.
- 2. Be their nurse:** Make sure your partner is comfortable and taking whatever medication were prescribed. If they have bandages, change them for your sweetie whenever needed. Make sure they are being healthy throughout their healing process.
- 3. Keep them company:** Having an injury, especially one that leaves you immobile for a while, can make life difficult and boring. Stay by your honey's side and make them smile. Help them forget about their injury by making them laugh and feel happy.

How do you show your injured partner that you care? Share with us in the comments below.

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## Channing Tatum and Jenna Dewan-Tatum's Oscar Bump





By Jenny Schafer for Celebrity Baby Scoop

Parents-to-be Channing Tatum and Jenna Dewan-Tatum bumped up the red carpet at the 85th Annual Academy Awards in Los Angeles on Sunday (February 25). Sporting a black lace Rachel Roy dress and Irene Neuwirth earrings, the mom-to-be looked radiant alongside her hunky hubby.

“I’m walking the carpet, trying to keep it together tonight but we’re good!” the glowing actress, 32, told Ryan Seacrest on the red carpet Sunday night.

When asked they have any plans to slow down for some “family time,” the *Magic Mike* star, 32, replied: “We’re gonna actually have the baby in London while I’m shooting so there will be no downtime whatsoever after that.”

“Very posh child we have here,” Jenna quipped. “I have a few more months [to go].”

The handsome couple – who met on the set of *Step Up* in 2006 and married in Malibu, Calif., in 2009 – announced their baby news in December.



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# Britney Spears Did It: When Should You Call It Off?



By Jane Greer, PhD for GalTime.com

Pop superstar Britney Spears recently announced the end of her engagement to talent agent Jason Trawick. Trawick, who stepped down as Britney's manager when they started dating in 2009, proposed in December 2011. Reports suggest that Britney, 31, who has two sons with ex-husband Kevin Federline, decided to cut ties because Trawick, 41, is not interested in having more children. Whether this was the true reason they called it off or not, it's an opportunity for the rest of to discuss when calling off an engagement is the right choice.

Getting engaged can sometimes be a challenge, but knowing when it's a mistake and it's time to end it is even more difficult. While reaching that point is different for every couple, here are a few indicators that canceling, or at least postponing, the wedding might be in everyone's best interest.

**The event is keeping you together more than the relationship.** Is the event itself, and all the time and money that has gone into planning it, the reason you are moving forward even though you feel in your gut that this is not the right thing to do? Every time you think of taking that drastic step and breaking the engagement, do you picture the invitations and the cake that have already been ordered and tell yourself it will be okay? If that's the case, then it is a red flag that something isn't right. Or is everyone else telling you how lucky you are, but you just don't believe it? If, in your core, you feel that something essential is missing and constantly reassure yourself that it's not, that important.

**Your "big issue" with each other keeps rearing its ugly head.** Another red flag that you might not be ready is if there is a problem behavior that you hoped would disappear as your big day approached, but instead continues to cause difficulties. That could involve anything from alcohol and drugs, to an issue at work, to an ongoing drama with your future in-laws. If you find yourself constantly dealing with extreme anger and resentment, you might want to think about putting off that date and getting help before you say, "I do."

**You have a sense of dread, doubt, guilt or obligation.** If you have lots of doubts, and are dreading the day that should be so happy, what you want to do is focus on evaluating your relationship and your situation. Additional warning signs are if instead of feeling that your life is expanding and getting bigger and better, you instead feel like you're making a sacrifice and giving up too much of your freedom and what is valuable to you. Also, if your motivation for following



through with the wedding plans is stemming from guilt: hurting your fiancé, disappointing your parents, or upsetting your friends, you might want to reconsider.

**You are moving forward for the kids.** In Britney's case, it has been said that Trawick has developed a strong relationship with her kids over the years. He was quoted as saying he "adored" them. Sometimes thinking that sticking it out would be best for the kids keeps people together even if it isn't the best thing for the adults. In this instance, the person doing the breaking up can feel guilty about hurting and letting down the children. If Britney experienced this at all, it didn't hold her back.

**You feel the old "I love you but I'm not IN LOVE with you."** While you may love your partner, you may not be in love with them. This is the passion that helps you navigate and negotiate the many ups and downs of marriage, which you need in order to make it work. If it isn't there, trust your gut. Britney did that, you can, too.

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## How to Date Like A Celebrity





By Andrea Surujnauth

You always hear about celebrities going on flashy dates and having such a great time. But how can we experience glamorous dates like that without having to rob a bank? We took some extravagant dates by different celebrities ... and re-modeled them with more reasonable price tags. No need to break a sweat when re-creating these amazing dates:

### **Justin Bieber and Selena Gomez**

The Biebs has a wallet that weighs more than he does, so he had no problem taking Selena Gomez to the Staples Center just to watch the *Titanic* ... all alone. No biggie!

#### ***DIY Version:***

Throw on a nice outfit. Just because you're watching a movie at home doesn't mean it has to be the same old DVD and pajama routine. No need to wear a dress suit, but give the pajamas a rest today. Get a projector and some yummy popcorn. Turn the lights off, get close and enjoy your at home movie. No LA Lakers arena needed!

**Related:** [Creative Dating on a Dime for Valentine's Day](#)

### **Jennifer Aniston and Justin Theroux**

This sweet couple decided to have a romantic dinner under the stars. The two were in Paris together and had a nice meal in the Eiffel Tower. Talk about a star-studded date!

#### ***DIY Version:***

Have a late night picnic in your backyard. Cook something nice, dress up your backyard picnic table with a white table cloth, and light a few tikki torches and candles. Sit out in your backyard and watch the stars while you and your date enjoy a meal. Who needs Paris with a date like that?

### **Justin Bieber and Selena Gomez (again)**

This kid never takes a break from spending all that money. He took Selena Gomez to see a Demi Lovato concert. How sweet! Is it any wonder why girls all around the world go crazy for this teen sensation?

#### ***DIY Version:***

We all know how much those concert tickets cost. The only seats that are well...sort of.. affordable are the ones all the way in the back. Binoculars anyone? Well instead of wasting money on a terrible date, go see a local band perform. The music is just as great with less crowds.

**Related:** [Date Idea: Dress Up](#)

### **Sophia Vergara and Nick Loeb**

So this hot couple went to Mexico to see the ruins together. Vergara brought her whole family and ended up getting engaged on top of one of the ruins. The two got permission to climb one of the beautiful ruins where Loeb got down on one knee and proposed to Vergara.

### ***DIY Version:***

Here is a date idea with some history thrown in just like Vergara's rendezvous in Mexico but minus the proposal. Go to museum with your beau. Museums usually have one free day and some are even free everyday. How's that for a breathtaking price tag?

**What are some ways you re-create celebrity dates? Comment below and let us know.**

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## **Courtney Lopez: "Mario and I Are Over The Moon"**



By Jenny Schafer for Celebrity Baby Scoop

Already parents to 2-year-old daughter Gia, Mario Lopez and Courtney Lopez are expanding their family. The newlyweds announced on *Extra* Tuesday that their second child is on the way, while giving away beautiful bedding by Carousel Designs with Hollywood insider GG Benitez.

Courtney opens up to Celebrity Baby Scoop about feeling “wonderful” and “over the moon” about their baby on-the-way. She goes on to talk about her pregnancy cravings, planning on a surprise delivery, and her prenatal fitness program.

**CBS: Congratulations on your second pregnancy! How are you feeling? Any weird cravings?**

CL: “Thank you so much. Mario and I are over the moon! I feel wonderful. I’ve been craving a lot of fruit and Captain Crunch cereal.”

**CBS: Were you pregnant at your December wedding? If so, were you feeling OK on your big day?**

CL: “I was not pregnant at my wedding. Perhaps this is a honeymoon baby!”

**CBS: When are you due? Are you going to find out the gender?**

CL: “I’m due at the very end of summer. Hopefully the baby doesn’t come on Gia’s birthday (September 11). We are not finding out the gender of any of our babies – it’s so much fun that way.”

**CBS: Tell us about doing the giveaway with Carousel Designs on *Extra*.**

CL: “It was such an honor to have Carousel Designs do a giveaway at *Extra*. It was a perfect combination to announce our baby and give away a product I love.”



**CBS: Are you working on a prenatal fitness program?**

CL: "I have a wonderful trainer, Angela Copland, who knows exactly what I need during this time. I work out with her 4 times a week and I try to take long walks on the other days."

**CBS: Are you concerned about losing the baby weight quickly once the baby arrives?**

CL: "I was pretty lucky losing the baby weight the first time. I lost everything and a little more only 3 months after Gia was born. I hope and pray I'm as lucky the second time around."

**CBS: With Earth Day coming up, what are some of the ways you teach Gia to be eco-friendly?**

CL: "We are teaching Gia how important it is to recycle. We also just changed our whole house to LED lights."

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## **Brandi Glanville Says Drama Will End When LeAnn Rimes Has Her Own Kids**





By Andrea Surujnauth

Brandi Glanville and LeAnn Rimes have not been on good terms for a while now. Glanville's ex-husband Eddie Cibrian had an affair with Rimes while the two were still married. This led to their split in 2010. Since then, Rimes and Glanville have been publicly feuding. Glanville and Cibrian have two kids together Jake, 5, and Mason, 9. These kids have been the center of most arguments between Rimes and Glanville. In one incident, Rimes called the children "my boys" on Twitter, which cause Glanville to become extremely upset. Now it seems that Glanville is tired of the fighting with the country music star. According to [UsMagazine.com](http://UsMagazine.com) she told *Access Hollywood*, "This is my final chapter. This is me closing to door on our public fight. I want it out of the media. I'll just deal with it as best I can with them." She went on to say, "I don't think we'll be friends, but I hope we can coexist peacefully. Once she has a child of her own, I think she will understand boundaries and what's respectful to do and how to handle things a little better."

**How do you cope with a step mom/dad of whom you don't approve?**

## **Cupid's Advice:**

You can not choose who your ex-spouse marries or starts a relationship with. What should you do if you do not approve of who they choose to be with? Not to worry, Cupid is here to help you learn to cope:

**1. Do not take the relationship personally:** Realize that your ex did not start this new relationship to hurt you. They are just trying to get on with their lives. By realizing this, your hostility towards the new relationship won't be as severe.

**2. Do not jump into a new relationship:** Do not get yourself into a new relationship before you're ready. If you jump into the next person's arms that comes along, you are likely to get hurt. If you get hurt in your new relationship, you will feel even more upset about your ex being in a new stable relationship.

**3. Acceptance:** Accept that your ex is in a new relationship and once it is serious, your kids will be getting to know your ex's new partner. Do not fight over your children, they still know who you are to them and they will still love you. Fighting over them will only cause them to feel depressed.

**How do you cope with your ex's new partner? Comment below and let us know.**

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# **VDay Love: Rihanna and Chris Brown Show PDA at Grammy**

# Awards



By Andrea Surujnauth

They walked the red carpet separately but once the two were inside, it was a completely different story. Rihanna and Chris Brown were seen showing PDA during the Grammy Awards on February 10th. According to [UsMagazine.com](http://UsMagazine.com), these lovebirds were spotted hugging and cuddling together throughout the ceremony. It has been four years since Brown assaulted Rihanna which happened on the night before the 2009 Grammy Awards. Brown was taken to court by Rihanna and is still serving probation for the brutal beating. However, Brown and Rihanna rekindled their love last year and ignored all of the controversy that was stirred up because of it.

**What do you do if your friends or family do not like your partner?**

## **Cupid's Advice:**

You are in love and happy about it, but unfortunately your friends and family are not so thrilled. They do not like your new beau. What should you do? Not to worry, Cupid is here for you with some advice:

**1. Understand them:** You have to realize that your friends and family want what is best for you. Do not shy away from the people closest to you just because they do not like who you are with. They just do not want you to get hurt. Understand where they are coming from and accept their feelings.

**2. Listen to them:** Listen to why your friends and family have a problem with your sweetheart. Let them express their concerns, they may have a point.

**3. Show them why you are with your partner:** Let them see why you choose to stay with your partner even though they do not approve. Let them get to know your partner so they won't feel as concerned about you and your relationship.

**What would you do if your family and friends didn't like your partner? Comment below and let us know.**

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## **10 Most Outrageous Celebrity Valentine's Day Gifts**







By Michelle Danzig

With the most romantic day just around the corner, you may find yourself pressured to find the perfect gift to surprise your sweetie. In today's economy, it's hard not to find yourself in the cards, candy and flowers section of the department store, looming over the inevitable three-hour wait for dinner reservations this Valentine's Day. But what would your holiday be like with some extra, disposable income? Look no further than these 10 celebrities who emptied their pockets and went over-the-top with these outrageous Valentine's Day gifts for their significant others:

**1. Courteney Cox:** Before their recent split, Cox once purchased her then-husband, **David Arquette**, an antique Carousel horse. The estimated cost of an antique can range anywhere from \$3,500 to \$45,000.

**2. Jay Z:** With an estimated cost of \$24,000, the rapper and record producer bought his now-wife, **Beyonce** a Platinum covered mobile phone. I wonder if she picked that up while she was dancing in the club with Lady Gaga?

**3. George Clooney:** Even though it seemed like a fling, in 2008 Clooney splurged \$40,000 for girlfriend **Sarah Larson** on a hotel suite at the Hugh Hefner Sky Village in Las Vegas's Playboy Tower at the Palms Casino Resort. Not only that, but the two had dinner at the exclusive Nove restaurant while watching the Cirque Du Soleil tribute show to the Beatles at the Mirage Hotel and Casino.

**Related:** [Extravagant Celebrity Gifts Within Reach of Your Budget.](#)

**4. Angelina Jolie:** If you were anticipating another adoption, think again. Jolie bought hubby **Brad Pitt** a 200-year-old olive tree for £12,000—a little over \$19,000—for Valentine's Day last year. The olive tree was planted at the couple's chateau in France and is said to be a symbol of peace and longevity.

**5. David Beckham:** The sexy soccer star bought wife **Victoria Beckham** an \$8 million Bvlgari necklace and flew chefs in from her favorite restaurant in London to Spain to prepare dinner.

**6. Justin Bieber:** Although sadly the teen power couple is no longer involved, the 18-year-old pop star spent \$2000 on singer and Disney Channel star, **Selena Gomez** by buying out an entire florist of his roses, tulips and daisies. Talk about being Justin's girlfriend...

**Related:** [Valentine's Day Advice: How Successful Women Can Ditch Dating Duds](#)

**7. Jerry O'Connell:** The *Stand By Me* star once planted over 800 grapevines in the home he shares with fellow actress and [wife](#), **Rebecca Romijn**. The estimated cost of this fruitful investment is \$52,000.

**8. Howard Stern:** The over-the-top radio personality designed and gave his now-wife, **Beth Ostrosky** a 5.2 carat emerald-cut engagement ring valued at over \$250,000 on Valentine's Day in 2007.

**9. Katy Perry:** Before filing for divorce in 2012, the singer purchased hubby **Russell Brand** a lilac-colored Bentley Brooklands. Interested in buying this for your sweetie? The base price for a 2009 model is nearly \$341,000.

**10. Mike Tyson:** Known for some previously extravagant gifts, the former undisputed heavyweight champion purchased a \$2 million bathtub for ex-wife **Robin Givens**.

Get a crazy gift for Valentine's Day? Share your story below!

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## New Couple: Adam Brody and Leighton Meester Are Secretly Dating!





By Andrea Surujnauth

According to [UsMagazine.com](http://UsMagazine.com), Adam Brody and Leighton Meester have been secretly dating for weeks! Brody, who used to play Seth Cohen on WB's *The O.C.*, costarred in *The Oranges* with Meester. A source told *UsMagazine.com* that the two were close and friendly while on set. The source went on to say that the pair have been hanging out quite a bit since then although they managed to stay out of the public eye. Apparently these love birds even went to Bangkok together. Meester, who is best known for portraying Blair Waldorf in *Gossip Girl* previously dated Aaron Himelstein but the two broke up during the holidays.

**What are some reasons to keep your relationship out of the public eye?**

**Cupid's Advice:**

When you're in a relationship you're so happy that you want to yell to everyone that your dating someone amazing. So why do some choose to keep their relationship under wraps? Cupid is

here to tell you why staying on the down low may be a good choice...at least at first anyway:

**1. Publicity adds pressure:** When a relationship is new, it tends to be very delicate. Keeping your relationship under the radar will help avoid strain that being public may bring. Having your relationship out in public is having it open for people to judge every aspect of it. It might be better to make sure that the relationship is strong enough to handle these pressures before letting everyone in on your new found love.

**2. Making sure that it will last:** You don't want to tell everyone about your relationship and then have it end a month later. It can be very embarrassing and depressing when someone asks you about your relationship a few weeks after you make it public and you are forced to admit that it is over. Keeping things quiet about your relationship at first will give you time to make sure you and your new beau are compatible enough to maintain a long term relationship.

**3. Jealousy:** Keeping your new relationship under wraps can help avoid jealousy issues from exs or others. Waiting until you get to know your sweetheart better before opening your relationship up to the world will help to avoid issues from jealous outsiders.

**What are your reasons for keeping your relationship out of the public eye? Comment below and let us know!**

# How Celebrity Couples



# Overcome Their Stressful Lives



By Whitney Baker

While it's tempting to think that celebrity couples never experience the ups-and-downs of real life, that's not always the case. Like everyone else, they must survive personal heartbreak, career letdowns and various forms of rejection – and they must do it all in the public eye. Of course, being a Tinseltown twosome means that they have money and means to overcome their stressful lives, perhaps by doing one of the activities below.

**1. Learning something new:** Although stars are often on set for long hours or traveling for various commitments, there is

always downtime during their hectic schedules, giving them time to pick up a new hobby. For instance, Curtis Stone, who has a son with fiancée Lindsay Price, hopes that he and Price can learn how to speak Spanish and then teach their son the language.

**Related Link:** [Celebrity Couples Who Have Turned Over a New Leaf](#)

**2. Taking an extravagant vacation:** Thanks to their hefty paychecks and flexible jobs, stars can jet off to Mexico or the Caribbean on a whim. Some of them even own their own private planes, making it extra easy to take a last-minute vacation. After co-hosting ABC's *New Year's Rockin' Eve* with Jenny McCarthy, Ryan Seacrest headed down to St. Barts for some fun in the sun with his long-time girlfriend Julianne Hough. This trip provided some much-needed R&R for the busy couple: Seacrest is gearing up for the twelfth season of *American Idol*, while Hough is promoting her upcoming movie *Safe Haven*. Likewise, Reese Witherspoon, Jim Toth and their three children spent the holidays in Hawaii.

**3. Enjoying normal, domestic activities:** Sometimes, just doing basic, everyday chores helps alleviate the pressure that comes with being rich and famous. When their schedules align and Carrie Underwood and husband Mike Fisher are both at their Nashville home, they like to keep things simple: they often spend time cooking and watching television together. Underwood likes to keep a similar routine when she's on tour, often doing her own laundry on her days off.

**4. Donating to charities:** While stardom certainly comes with stress, it also includes many wonderful perks. One way for stars to fully appreciate how blessed they are is by giving back – and no couple does this better than the Duke and Duchess of Cambridge. Kate Middleton is making sure her charitable donations reflect on her pregnancy; in January, she gave both a hamper of new baby products and a package of baby

clothes to one of her favorite causes, East Anglia Children's Hospices.

**Related Link:** [Recovering Neuroscientist Don Vaughn Talks About Finding Love and Changing the World With Music](#)

**5. Adopting a puppy:** Similarly, many celebrities show their goodwill by rescuing dogs from local shelters. These furry creatures provide them with constant companions despite their busy schedules. At the start of the New Year, Miley Cyrus and Liam Hemsworth adopted a Chihuahua-mix puppy, Bean, who joins their family of four other rescued dogs. Likewise, Katherine Heigl – who even started her own animal companion charity – and husband Josh Kelley have a full house: they're raising their two daughters alongside seven rescued dogs.

**How do you and your partner handle stress? Tell us in the comments below!**

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## Selena Gomez is 'Having a Good Time' Post-Split with Justin Bieber





By Meghan Fitzgerald

Unfortunately, Selena Gomez and Justin Bieber are still broken up. Even though the couple were loved by many, they are learning to deal in separate ways. Gomez has been completely content with their breakup. According to [EOnline.com](http://EOnline.com), she said, “I’ve been recording, having a lot of fun with my girlfriends, having a good time.” Bieber on the other hand is not handling the breakup well, reports [People](http://People). Gomez is even using her breakup to separate herself from her Disney image.

**What are some ways to quickly get over a painful breakup?**

### **Cupid’s Advice:**

Breakups suck. It’s as simple as that. They are not easy and they are not something a person wishes for; however, they do happen and there are ways to cope with them. Every person reacts to breakups differently and there are certain ways to get over them. Cupid has some advice:

**1. Rebound:** Although this may not be the most mature decision, rebounds get your mind away from the situation that you’re in.

You can simply delve into another person to forget about the person who just broke your heart. This will still hurt and it may not be easy for you to be intimate with someone else however, you will have fun and stop thinking about your ex.

**2. Drink your pain away:** Similar to the first scenario, drinking excessively may not be the best situation for you. Depending on how you live your life, drinking may not help you cope. However, for most women, a bottle of wine in, you will not remember the guy who broke your heart. All you will love is the bottle of Cabernet on your counter.

**3. Talk to your parents:** Who better to help you with your relationship problems than your mother or father? The most wise people on the planet are simply a phone call away. Even if your parents are not always the person you want to talk to, they have so much wisdom to spread. Also, you can cry to your parents and they won't judge you.

**Have you got over a breakup quickly? Explain below!**

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## **John Mayer Says He's 'Quite Happy' Dating Katy Perry**







By Meghan Fitzgerald

According to [UsMagazine.com](http://UsMagazine.com), John Mayer said, "I'm happy in all aspects of my life. I'm very happy in all aspects of my life." Mayer and Katy Perry have been a couple since June of this year. Although they went through a brief break, they have been going strong for a couple months now. The loving pair can be seen spending their weekends together as reported by [EOnline.com](http://EOnline.com).

**How do you know if your partner makes you happy?**

### **Cupid's Advice:**

You will immediately know if your partner makes you happy, it is a feeling you can't deny. The feeling you get when you're together triumphs every other aspect of life, and your worries wash away. You will automatically know if your partner makes you happy when you're together.

**1. They're all you think about:** You know you have found the one person who makes you happier than sunshine when they're all you can possibly think about. You wake up and immediately

want to know what they're doing and want to be around them. You think about your future together and how you wish to spend every weekend from there on.

**2. Butterflies:** You know your partner makes you happy when you have constant butterflies when they're around. You get nervous when you're around them yet, want to be around them and them only. You will never want to get rid of these feelings as long as you two are together.

**3. Sex:** All the emotions and feelings which go towards the love making, makes the sex incredible! When you make love with someone who truly makes you happy, it means so much more. No matter the age, or how long you and your partner have been together, if you two make each other happy, the sex will be spectacular.

**Does your partner make you happy?**