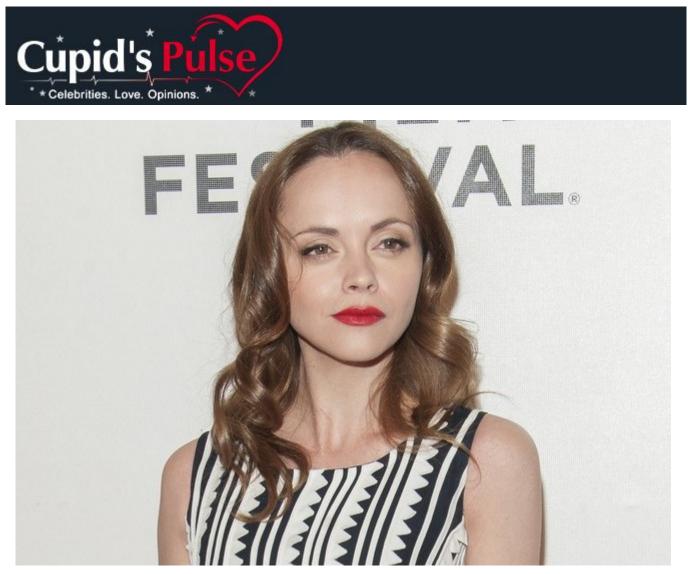
# What Is Christina Ricci's Favorite Thing About Being Engaged?



By Kristyn Schwiep

Christina Ricci and James Heerdegen are officially engaged. According to <u>People</u>, it takes just one word to make Ricci smile. "Getting to say 'fiancé' instead of 'boyfriend,'" is the engaged actress's favorite thing about her relationship status, she told PEOPLE at Sunday's Citi-sponsored Smurfs 2 premiere in N.Y.C. Ricci is looking forward to calling Heerdegen her husband. "I can't wait for 'husband' because then I can really throw my weight around," Ricci said. What are some benefits to being engaged versus boyfriend/girlfriend?

#### Cupid's Advice:

Getting engaged is not only a fun and exciting time in your relationship, but there are some benefits to being engaged versus boyfriend/girlfriend:

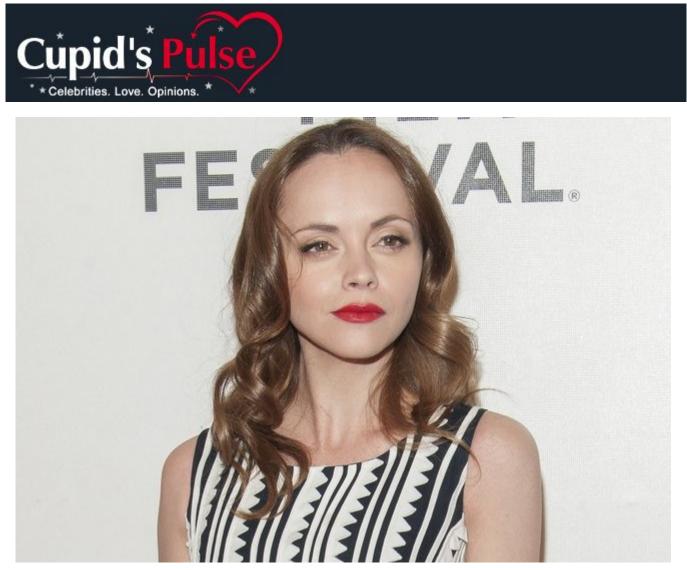
1. Satisfaction: Both partners have the satisfaction and peace of mind that you are both in a stable and committed relationship. You don't fear that your partner has the need to be with anyone else. Being engaged makes you feel confident in your relationship in that everything will work out. Being able to put your fear at rest will allow you to love your partner more and allow you to be more happy and trusting without jealousy and stress.

2. The Ring: Having a ring on your finger that is publically displayed has its benefits. Wearing an engagement ring can make you feel more confident and loved and it allows people to know that you are in a committed and loving relationship. This ring will seem to make jealousy go away and will make you feel safe when your partner is not with you and out with their friends.

3. Planning your future: When you are engaged you get to plan a future with someone you love. The wedding, children, your careers and your whole life is now shared with someone you will be with for the rest of your life. Just think of all of the special memories you'll get to share with one another.

What do you think are some benefits to being engaged? Share your thoughts below.

# Selena Gomez Pulls Plug on Live Interview After Justin Bieber Question



By Petra Halbur

Selena Gomez took fairly drastic measures to avoid discussing her on-again-off-again relationship with Justin Bieber on July 22. According to <u>UsMagazine.com</u>, the 21-year old singer was making a live television appearance on WGN Entertainment when the host, Dean Richards, brought up the 19-year old heartthrob. "Is there something about him that we don't get or we don't understand?" he asked. "I mean there's one story after the other of pretty outrageous things that we are reading about. What don't we get about him? Or what is it that he's not getting out there?" Gomez smiled awkwardly before her team cut off her footage and uploaded a black screen with the words "Star Dance Tour With Selena Gomez. Tickets Available At Ticketmaster.com."

#### What are some ways to address questions about your ex postbreakup?

#### Cupid's Advice:

The only thing worse than a breakup is the endless series of questions you have to face afterwards. How do you deal with them? Cupid is here to help:

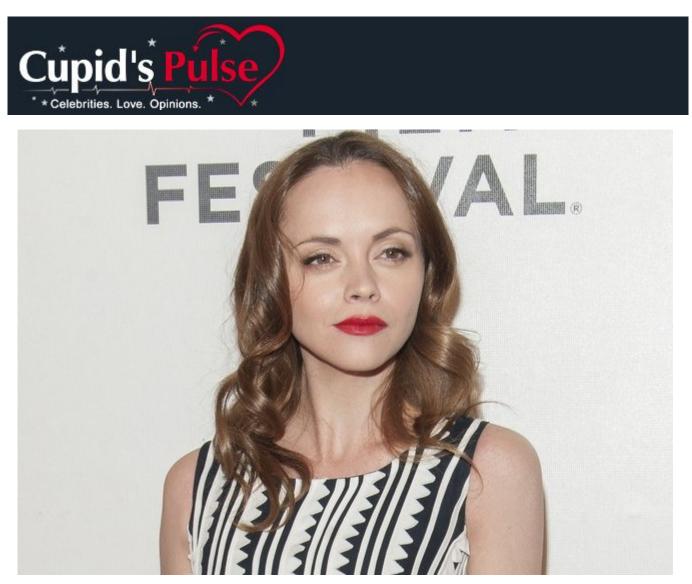
1. Keep it civil: As angry as you may be after a breakup, resist the temptation to bash your ex. Unless your partner was abusive, he or she does not deserve such treatment and you won't feel good about it either in the long run.

2. Provide short answers: "It was mutual" or "He didn't see a future with me" are simple, short answers to complicated questions. If you find yourself fed up with the constant inquisition or reluctant to disclose all the ugly details, honest yet succinctly replies might be the best way to go.

**3. Decline to answer:** If a question is too personal or you just don't feel like addressing such a painful topic, politely explain that you'd rather not talk about it. It's not rude to make clear that some topics are off the discussion table.

How have you dealt with post-breakup questions? Tell us below.

# Sources Say Cory Monteith Was Planning Surprise for Lea Michele's Birthday Before Death



By Petra Halbur

It seems that Cory Monteith may have been planning a surprise for girlfriend Lea Michele at the time of his death on July 13. According to <u>UsMagazine.com</u>, Michele told friends that Monteith had something special in store for her 27th birthday in August. "She didn't know what," a source says. "But she thought it could be a party and possibly a trip somewhere." Michele is currently grieving with Monteith's family.

What are some surprises to plan for your partner's birthday?

Cupid's Advice:

Often, as adults, we let birthdays slip by with little or no celebration. How can you ensure that your partner's next birthday is one to remember? Cupid has some ideas:

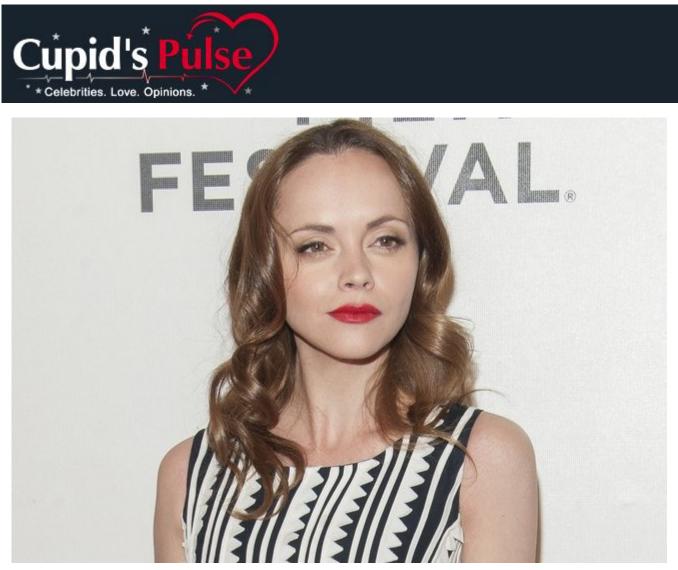
1. Weekend getaway: Announce that you've rented out a rustic cabin or reserved a room at a bed and breakfast for the weekend. It'll be a great surprise and ensure romantic weekend.

2. Bite the bullet: Do something your partner loves that, quite frankly, you're not crazy about. Whether it's watching *The Notebook* or going to ComicCon together, your partner will appreciate that you made his or her happiness a priority.

**3. Erotic fantasy:** Rose petals, lavender lotion, handcuffs ... whatever it is, indulge your partner's sex wildest sexual fantasy.

What surprises did you spring on your partner for his/her birthday?

# Former 'Facts of Life' Star Kim Fields Is Expecting Second Child



By Petra Halbur

Kim Fields is pregnant with baby #2. According to <u>People</u>, the former Facts of Life actress will announce her pregnancy on an episode of The Real that will air next week. Fields and her husband, Christopher Morgan, who already have a 6-year old son named Sebastian Alexander, plan to name their second boy, Quincy Xavier. "Sebastian and Christopher are very excited," she says on The Real, "Chris and I were very blessed to really have one another, to have our family and friends and our God to really get us through that."

How do you prepare for a second child versus a first?

Cupid's Advice:

You've found out that you're expecting a second baby! How will this baby be different? How do you get ready to have a second child? Cupid is here to help:

1. Get out the hand-me-downs: Good news! You don't have to spent a fortune on your baby this time around (well, not as big a fortune). Sort through the clothes and toys that your first child has outgrown and set them aside for your second baby.

2. Don't expect him/her to be like the first: Every child is different. Don't assume that your new baby will have the same personality or temperament as his or her older sibling. Try to limit your expectations and keep an open mind.

**3. Learn from your mistakes:** New parents always get things wrong. Remember back to the little mistakes you made the first time around (diaper fiascos, obsessive cleanliness etc.) and make sure to avoid them with this child.

How did you prepare for your second child? Tell us below.

### Prince William and Kate Middleton Introduce Their Son to the World





By April Littleton

According to <u>UsMagazine.com</u>, a day after Kate Middleton gave birth to a healthy boy, both parents decided to show him off to the world. The happy couple emerged outside the Lindo Wing at St. Mary's Hospital. In a statement released Tuesday, July 23, the first-time parents said, "We would like to thank the staff at the Lindo Wing and the whole hospital for the tremendous care the three of us have received."

How do you introduce your newborn child to friends and family?

#### Cupid's Advice:

The arrival of a newborn can be challenging, especially if it's your first child. It comes to no surprise that your friends and family will want to see the baby as soon as he/she is allowed to go home with you, but it's best to introduce your baby to a small amount of people little by little. You don't want to overwhelm yourself or the baby will loads of people hovering around you. Cupid has some tips:

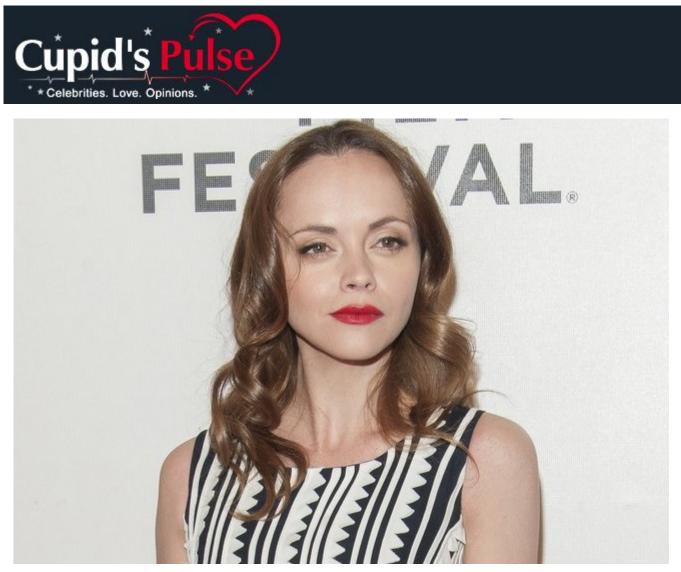
1. Start with family: Introduce your new baby to your family first. Start with your parents and your partner's parents. Don't allow all family members to come and see the newborn all at once. Doing this could cause your child to become irritated and the stress of so many people surrounding your baby might cause you to become frustrated as well.

2. Let close friends visit: It isn't healthy to have your newborn outdoors for long periods of time. Since your baby is so young, he/she can catch an illness quicker. If you're really anxious for your friends to see the baby, let a few of them come to you. Invite one or two friends over to your house when your baby has been fed and is ready for a little interaction.

**3. Social media and video chat:** Some of your friends and family might not live in the same state as you. In this case, take a few pictures of your newborn and post them to Instagram, Facebook or whatever social networks you use. Also, it would be a good idea to video chat with some of your distant relatives. It's not as personal as a live visit, but it's much better than just looking at pictures.

How did you introduce your newborn to friends and family? Comment below.

### Jimmy Fallon and Wife Nancy Welcome a Baby Girl



By April Littleton

The Late Night host's rep confirmed to <u>People</u> that he and his wife Nancy Juvonen welcomed a baby girl Tuesday at 6:21 a.m. The first-time parents are "overjoyed about the arrival of their beautiful daughter," his rep said. The couple has been married since December 2007.

What are three things to remember about being first-time parents?

#### Cupid's Advice:

You've waited 9 months for your little bundle of joy to get here. The day has finally come and you get to hold your baby for the first time. Panic starts to set in when you realize it's up to you to keep this small human being safe and protected for many years to come. Don't let this thought overwhelm you, Cupid has some advice:

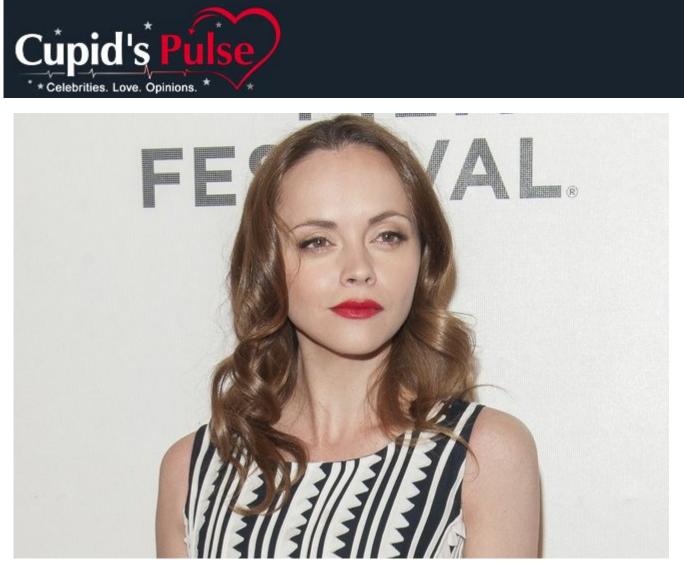
1. It's OK to ask for help: If you need some guidance, ask for it. You're a first-time parent, so it's only natural for you and your partner to have a few questions along the way. Your family and close friends won't mind helping you. In fact, they would love the chance to get to know the baby as well!

2. Listen to your baby: First-time parents tend to get frustrated when they begin to "think" that they don't understand what their child wants. It's simple. Your newborn will cry when she/he is hungry, tired or bored. As the two of you get more acquainted, you'll be able to recognize the difference between those three cries. Don't let your emotions get the best of you. If you're patient and you just listen to what your baby is trying to tell you, you'll be less stressed and have a better time learning how to care for your child.

**3. You'll make mistakes:** All parents make a few mistakes the first time around. You might put the diaper on wrong and it ends up sliding right off. Breastfeeding may prove to be difficult the first few times. Hitting a few roadblocks when parenting is perfectly normal. Just remind yourself that your baby will love you as long as you care for them with the best of your ability.

What are some other things first-time parents should remember? Comment below.

# 'Supernatural' Star Jared Padalecki and Wife Genevieve Are Expecting Baby #2



By Kerri Sheehan

The Supernatural fandom is soon to add another Padalecki to its ranks! <u>UsMagazine.com</u> confirmed that star Jared Padalecki and his wife, actress Genevieve Cortese Padalecki, are expecting their second baby. The pair is already parents to a 16-month-old son named Thomas. Padalecki seems to be enjoying fatherhood so far as on Father's Day he tweeted, "Hope all you other daddy's out there had a great day. I'm honored to be a part of the club. (Thank god the mommys make our jobs SO easy)."

What are ways to prepare differently for a second child versus a first?

#### Cupid's Advice:

No doubt welcoming your first child into the world is the happiest you've ever been, so you're thrilled to be expecting a second. Cupid has some advice about how to make sure you're ready for baby number two to come:

1. Help your first child cope: Up until now your first child has been receiving all of your attention, so he or she won't be used to sharing the spotlight. Make sure your first child knows what's coming so they won't be in for a huge surprise.

2. Reuse items: Figure out what items you bought for your first child that can be reused by the second. Things such as a crib or a stroller can be passed down whereas pacifiers and a great deal of clothing cannot be. You and your spouse should have all of this sorted out before the baby arrives.

**3. Get organized:** Things are likely to get a little crazy with two little ones running around. Make sure everything is in check before the baby comes to save yourself some stress.

How did you prepare for your second child? Share below.

### Kerry Washington Secretly Marries NFL Beau Nnamdi

### Asomugha





By Kerri Sheehan

Django Unchained starlet, Kerry Washington wed San Francisco 49ers player, Nnamdi Asomugha in a secret ceremony last month. A source dished to <u>People</u>, "Everything was held at one of Kerry's friend's houses. They flew a few people out on this little private plane." The ceremony was very simple and small, with only family and close friends in attendance. Washington also chose a minimalistic chic plain white dress.

How do you keep your wedding simple and sweet?

Cupid's Advice:

If you're looking to follow Washington's lead and have a simple and sweet wedding, then you're in luck because Cupid has some advice for you:

1. Guest list: If you want the ceremony to be more intimate then don't go crazy with your guest list. Only invite immediate family members and friends that you're super close with.

2. Simple attire: A low-key wedding means low-key attire. Opt for a simplistic chic wedding dress that you'll be able to wear again. Your hubby can rent a tuxedo rather than go through the hassle and expense of purchasing his own.

**3. Don't try to impress people:** Once you get into trying to show off to your friends and family is when your wedding becomes more of a show than a ceremony. Your guests are there to celebrate your union as a couple, not for you to show off to.

How would you keep your wedding simple and sweet? Share below.

### Celebrity Couples Who Met on Set





By Kerri Sheehan

Like many other people, Hollywood relationships are likely to form at the workplace. For them, this means on the set of their latest movie and television ventures. People tend to date who they're in close contact with, so if you're famous then your close contacts will most likely be other celebrities. Hollywood co-stars who become romantically involved are a common occurrence; still America can't help but to be fascinated by it. Here are six of our favorite celebrity couples who met on set:

1. Kristen Stewart and Robert Pattinson: Know affectionately as K-Stew and R-Pats, these two met on the set of their vampire flick, *Twilight*. Although they tried to make the relationship work after Stewart had an indiscretion with "Snow White and the Huntsman" director, Rupert Sanders, the duo has recently parted ways for good.

**Related:** <u>Celebrities That Remained Friends After Dating</u>

2. Andrew Garfield and Emma Stone: Andrew Garfield and Emma Stone played love interests in last summers hit *The Amazing Spiderman*, but it seems they let the love stay after the cameras stopped rolling. The movie's sequel is currently under production and set to be released in 2014.

3. Jennifer Garner and Ben Affleck: Many think the Oscar winner and his wife met on the set of their 2003 movie Daredevil, but they really met two years prior while filming Pearl Harbor. However, they didn't begin dating officially until 2004, as Affleck was previously part of another Bennifer, with Jennifer Lopez. Garner and Affleck tied the knot in 2005 and have three kids together.

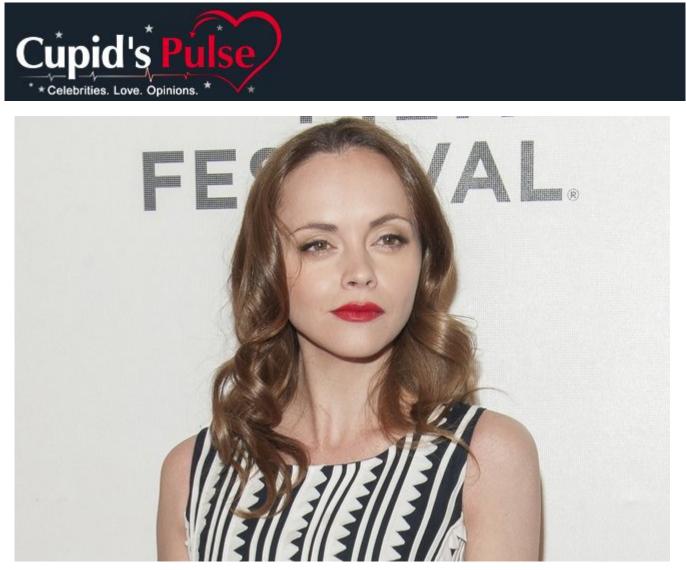
4. Brad Pitt and Angelina Jolie: The start of this couple was a tad controversial as they met on the set of *Mr. and Mrs. Smith* when Pitt was still married to Jennifer Aniston. Pitt and Jolie claim they didn't start dating until after his divorce from Aniston. They are not yet married, but have six children together, three of which are adopted.

**Related:** <u>How Can Jennifer Aniston Make Her Love Last?</u>

5. Ashton Kutcher and Mila Kunis: That 70s Show co-stars, Mila Kunis and Ashton Kutcher were in close proximity while filming the show from 1998-2006; however, at the time Kunis was with Macaulay Culkin and Kutcher with Demi Moore. Fast forward to the summer of 2012 and the two single stars chose to give love a go. They've been happy and in love ever since.

Who are your favorite Hollywood couples? Share below.

# Prince William and Kate Middleton Welcome Their Royal Baby Boy



By Kerri Sheehan

Kate Middleton, The Duchess of Cambridge, gave birth to a little Prince this past Monday. According to <u>People</u> an official statement released Monday morning from Kensington Palace read, "Her Royal Highness The Duchess of Cambridge has been admitted this morning to St. Mary's Hospital, Paddington, London in the early stages of labour." Prince William was by her side when she was admitted to the hospital just before 6 a.m. The baby's birth went as planned and the new mother and father gave the media a first glance at their bundle of joy Tuesday afternoon as they left the hospital.

What are some ways to support your partner through labor?

#### Cupid's Advice:

Giving birth is one of the hardest things a woman can experience. Cupid has some advice about how you can support your partner while they're in labor:

1. Music: Labor is a super stressful time for any woman, so playing some music is a great way to keep her as calm as can be. Soothing, mellow tunes will ensure that your significant other is in a good place mentally when the baby finally arrives.

2. Speak Up: Your partner already has enough to worry about so make sure that you act as an advocate for any wants or needs she has. It's your job to keep comfortable until it's time for the big push.

**3. Be Prepared:** Doing your research beforehand will help you know how the birthing process will go. Preparing yourself by watching birthing videos and reading up on what is to come when the baby is on its way out.

How would you want your partner to support you during labor? Share below.

### Beyonce and Jay-Z Attend

# Trayvon Martin Rally in NYC





By Kristin Mattern

<u>UsMagazine.com</u> reports rapper Jay-Z and wife, pop star Beyonce, attended a rally for justice in the name of slain teen Trayvon Martin this past Saturday, July 20. The couple kept a low profile at the event held in the wake of the highly publicized trial, which brought up a heated debate about racial profiling. Martin's killer, George Zimmerman, was acquitted of second-degree murder and manslaughter. Beyonce and Jay-Z said they weren't at the event to speak or for a photo op. Beyonce wrote "#justicefortrayvon" on recent Instagram posts, as well as had a moment of silence and dedicated two songs to Martin at her July 13 concert. Jay-Z and Justin Timberlake dedicated their song, "Forever Young," to the teen during their concert on July 19, during which Jay-Z yelled out, "This is for Trayvon, so light up you cell phones New York!"

What are some ways to support the same causes with your partner?

#### Cupid's Advice:

Supporting a cause is always great, and when you support the same causes as the one you love, it not only brings you together as a couple, it brings together support for your community and beyond. Get out there and show your dearest you support them and their beliefs by working for a cause they are passionate about with these suggestions from Cupid:

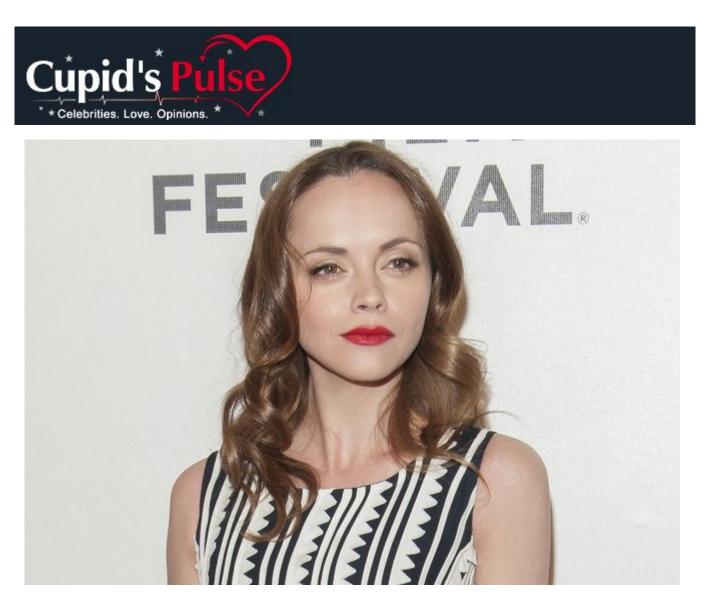
1. Volunteer together: Spend time working to help raise funds for the cause of your sweetie's choice. Together you can make a difference. Work at a local food pantry to help feed the homeless and less fortunate, or work the phones during a telethon. Get connected to charities that work for the cause the two of you are interested in helping, and volunteer your time to aid in the worthy endeavor.

2. Walk it out: Attend a walk for the charity that your cutie cares for. Be a part of an event that raises money and awareness for you and your honey's cause. Get out there and get active as the two of you and dozens of others march along in the name of your cause.

3. "Like" it: While using social media to help out a cause might seem insignificant, for every "Like" and every "Share" an organization, charity, and cause gets, more people become aware of it. So get plugged in with your partner and aid in furthering your cause by utilizing social media to its fullest potential. Tweet about what is going on in relation to your cause, share posts about upcoming events, and like pages related to charities. The more people you get to care about your cause, the more good it does.

How do you and your loved one support causes you're passionate about? Tell us all about it in the comments below.

### Rumor: Were Cory Monteith and Lea Michele Engaged Before He Died?



By Petra Halbur

In the wake of Cory Monteith's tragic death, it's come to light that he and Lea Michele may have had plans for marriage. A source confided to *People*, that, at the time of Monteith's death last week, the couple were considering tying the knot. However, other sources insist that the two were never formally engaged. Regardless, the two *Glee* actors were spending a great deal of time together and Michele has expressed her gratitude to her fans for their support and sympathy. "Lea is deeply grateful for all the love and support she's received from family, friends and fans. Since Cory's passing, Lea has been grieving alongside his family and making appropriate arrangements with them," the statement issued by her reps reads. "They are supporting each other as they endure this profound loss together."

What are some things to consider before dating someone with a history of drug abuse?

#### Cupid's Advice:

Dating someone with a history of drug abuse is not an easy matter. What should you consider before deciding whether or not to pursue such an inherently complicated relationship? Cupid has some ideas:

1. Recovery last a lifetime: Former users refer to themselves as "recovering" addicts because recovery from addiction is a process that lasts the rest of the individual's life. Before you pursue this relationship, educate yourself about the nature of addiction and decide if this is something that you can handle in your life.

2. What are the chances of relapse: According to experts, addiction relapse rates are as high as 90%. This means that there is a 9 out of 10 chance that your partner will start doing drugs again at some point in his or her lifetime. You

need to let this sink in before your relationship goes any further.

**3. Love cannot save the day:** The power of addiction is something that those who have never experienced it cannot understand. Do not delude yourself into believing that your love is enough to save your partner from drug abuse. Love and support is, of course, a necessary component to any relationship but do not assign yourself the role of savior. Doing so will only lead to unhappiness.

Have you ever dated someone with a drug problem? Tell us below.

### Jason Biggs and Wife Jenny Mollen Are Expecting





By Petra Halbur

Jason Biggs has announced that he and his wife, Jenny Mollen, are expecting their first child. During an appearance on *Chelsea Lately*, Biggs shared a photo of his wife. Chelsea Handler observed that "Her breasts look really engorged," to which Biggs responded, "Her breasts are very big these days. Would you like to know why? Cause I put a baby in her belly!" According to <u>People</u>, Mollen later tweeted that the baby will be a boy.

#### What are three funny ways to announce your pregnancy?

#### Cupid's Advice:

Why not imbue one of the most exciting announcements you'll ever make with a little creativity and humor? Cupid has some ideas for unique ways to announce your pregnancy.

1. Hide the sonogram in a card: If you plan to make the announcement around the holidays, place several copies of your

sonogram in your annual holiday cards. Ideally, you should hand these cards to your friends and family in person so you can see the look on their faces when they find out that you're going to be a parent.

2. Wrap the announcement up as a present: Place a pregnancy announcement in a box place within a box placed within another box. Wrap the largest box up and hand it to to your friends and family members. The building excitement as they open each box will make their joy at the news all the more worth it.

**3. Decline a drink:** Invite family and friends out to a restaurant. When the waiter offers you some wine, politely refuse, saying that you won't be drinking for the next 9 months. It's a nice, simple and somewhat cheesy way to announce your pregnancy.

How did you announce your pregnancy? Tell us below.

# Emma Roberts Arrested After Fight with Boyfriend Evan Peters





By April Littleton

Emma Roberts was arrested July 7 after getting into a fight with boyfriend and American Horror Story actor, Evan Peters that left him with a bloody nose. The couple got into a heated argument earlier that day, which resulted in them physically assaulting each other. A rep for both actors told <u>UsMagazine.com</u>, "It was an unfortunate incident and misunderstanding. Ms. Roberts was released after questioning and the couple are working together to move past it."

#### How do you address violence in your relationship?

#### Cupid's Advice:

Domestic violence should be an extreme red flag for anyone who's in a relationship. No one should have to worry about being physically or mentally abused. You want to feel safe with the person you're sharing your life with. If you're in a situation where you're getting hurt in any way, Cupid has some advice:

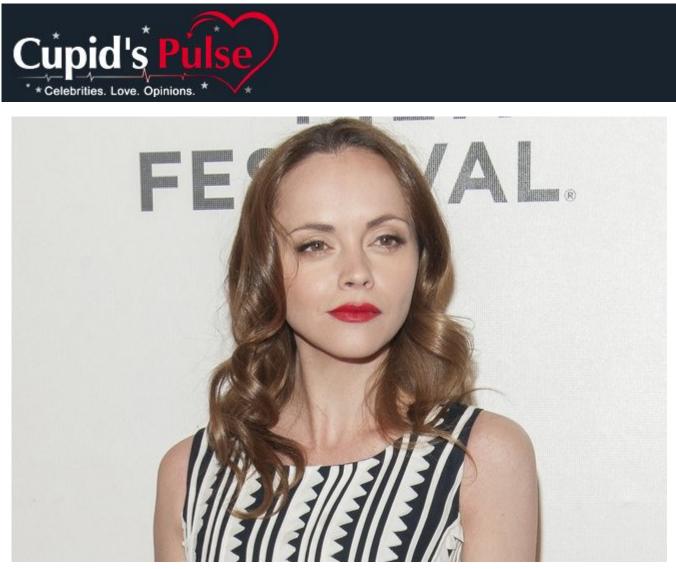
1. Tell someone: The first step to acknowledging that your relationship may be toxic is to tell a close friend or family member. Your loved ones may be able to give you a safe place to stay or give you some helpful advice. You might also want to call a professional who could help you and your partner figure out why the relationship has taken such a violent turn – that is if you're interested in working things out.

2. Talk to your partner: Tell your significant other that what they're doing is scary and harmful to you. You may want to remain in the relationship, but you can't if your life is in danger. If any potential arguments begin to surface, try to remain calm and keep your love from getting too angry. If you can't have a calm, adult conversation with your partner without them going over the edge, they may have some issues that you can't help them with.

**3. Get help:** It may be necessary to call in reinforcements if the situation doesn't get better. Seek out someone who specializes in domestic violence, call your family and friends and the law may even need to get involved if the violence continues to be a problem.

How did you address violence in your relationship? Share your experience below.

### Lea Michele Is Grieving With Cory Monteith's Family



By April Littleton

According to <u>People</u>, the Glee star is spending her time grieving with Cory Monteith's family. Monteith's body was found in a Vancouver hotel room over the weekend. The coronor announced he died of a mixture of heroin and alcohol.

#### What are some ways to help your partner grieve?

#### Cupid's Advice:

Your partner just went through a tragic loss and you've been doing all you can to try to console them. Sometimes, it's hard to know what your loved one would appreciate and what would set them off once again, especially if you're not going through grieving yourself. Cupid has some tips: 1. Listen: If you're afraid of saying the wrong things to your partner, just listen to them vent. Some people only want to be heard when they're going through a rough time. The best thing you can do for your significant other is just to be there and lend a ear if and when they need it.

2. Be supportive: Your partner will expect you to be the strong one while they are dealing with a loss. While you may not know how to handle everything, you'll need to give it your best shot and provide a sense of stability. You'll need to show your love all of the positive, while they can't help but to focus on the negative. Your partner will be counting on you to be there, don't let them down.

**3. Don't judge:** The worst thing you can do right now is judge the decisions and actions your significant other may make. Naturally, some of the things they do might not be wise, but they're not thinking clearly. Let them grieve how they want and for as long as they need. Don't get impatient. When they do finally bounce back, they'll appreciate everything you did and your relationship will be stronger than ever.

How did you help your partner grieve? Comment below.

# Adam Levine and Behati Prinsloo Are Back Together… and Engaged!





By April Littleton

Adam Levine's rep told <u>People</u> that The Voice judge, 34 and Victoria's Secret Angel, 24 are back together and getting married. "Adam Levine and his girlfriend Behati Prinsloo are excited to announce they are engaged to be married. The couple recently reunited and Adam proposed this weekend in Los Angeles." The couple began dating last year and had a brief split late spring.

How do you know you're ready to get married?

#### Cupid's Advice:

So, you've been thinking about tying the knot. You've been with your significant other for awhile now and it's only natural to start thinking about taking the next step. How do you if you're really ready for marriage? Cupid has some advice:

1. Know your partner's expectations: Before you head down to

the altar, make sure you're aware of what your partner expects from you. As far as life goals go, if the two of you aren't on the same page, getting married might not be the best decision. Do you want to live in the same place as your future spouse does? Is he/she where she wants to be career-wise? Will children be added into the equation soon? Ask yourself these questions before you make a trip to the jewelry store.

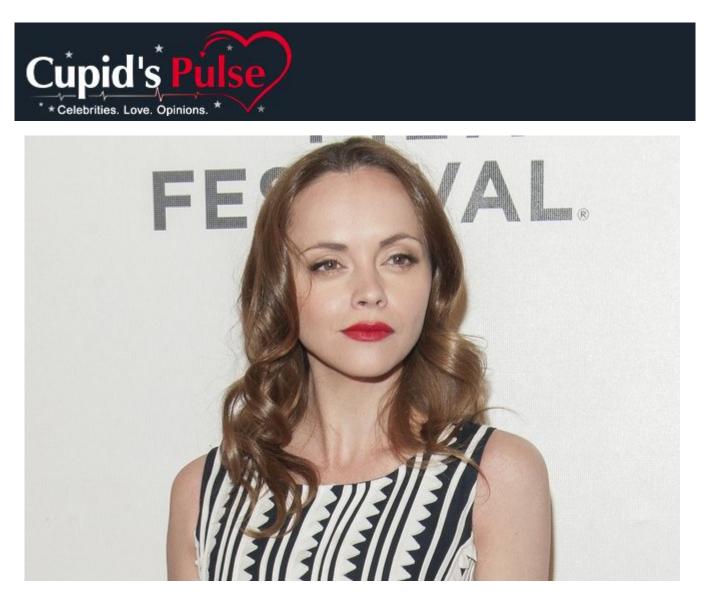
2. Commitment: You must be prepared to fully commit to your love. Once you're married, there's no running away (unless you count divorce, but no one wants that). Sometimes, you'll have to make sacrifices and you will have to learn how to be completely selfless. If you still enjoy the perks of living as a bachelor/bachelorette, pump the brakes on the wedding plans and wait until you're ready to work with your partner as a unit.

3. You have that "feeling": When most people meet "The One," they just know that he/she is person they're supposed to spend the rest of their life with. It's hard to explain to anyone else, but you know in your heart that you're ready to make the ultimate commitment. As a couple, the two of you have been through many ups and downs, but through it all you have still managed to make your relationship the best it can be. You know everything isn't perfect, but you're ready to take that leap of faith anyway.

How did you know you were ready to get married? Comment below.

## "We Have Each Other":

# Celebrity Couple Joy Enriquez and Rodney "Darkchild" Jerkins On Their New Show, 'House of Joy'



By Whitney Johnson and Kristin Mattern

Pop singer Joy Enriquez and Grammy award-winning music producer Rodney "Darkchild" Jerkins have been married for nearly a decade and have been blessed with three beautiful children: RJ, Heavenly and baby Hannah. In their new show House of Joy for NUVOtv, they bring their family into the spotlight as they work together to make Enriquez's dream of having a hit single come true. "Nine years later, I still want a hit!" exclaims Enriquez. "I still want a song, and now I can say, 'I gave you the kids, Rodney. We got married, and we're working together as a family, but I still want to sing.' That dream is still inside of me."

House of Joy was not the first reality series that the twosome were approached about doing. "Rodney and I were asked to do a show when we first got married in 2004," recalls Enriquez, "when Newlyweds came out with Jessica Simpson and Nick Lachey." They chose to say no, however, deciding collectively with their parents that it wasn't the best idea to have a reality show in the beginning of their marriage. "Rodney's dad told us that we should take the first year to just spend time together. Now that we've been married for so long, three kids later, we felt like we were ready to show our family to the world."

#### Related Link: <u>Blair Late from Bravo's 'Newlyweds' Chats About</u> <u>Divorce and Gay Marriage</u>

The show features the whole family, including Enriquez's parents, brother and sister, but Enriquez explains that it centers on music and her career "because that's how Rodney and I met." The star couple was first introduced in 1999 when the singer was sent to work with the legendary Jerkins, who was collaborating with Michael Jackson at the time. "We need you to get her a hit song just like you gave J. Lo," she recalls the executives telling Jerkins. She jokes, "I spent two weeks in New Jersey trying to get a hit. Instead, Rodney took me to the movies, to his parent's house, to parties – everything but a hit!"

Of course, working so closely with your partner is never easy. When they're in the recording studio, as Jerkins explains, "If I say, 'Do this over,' she gets really offended. And if she tells me she doesn't like a certain track, I get really offended. But we're learning – we have a rhythm going now."

The producer adds, "2014 is going to be our breakout album. It'll be the breakout year for Joy!"

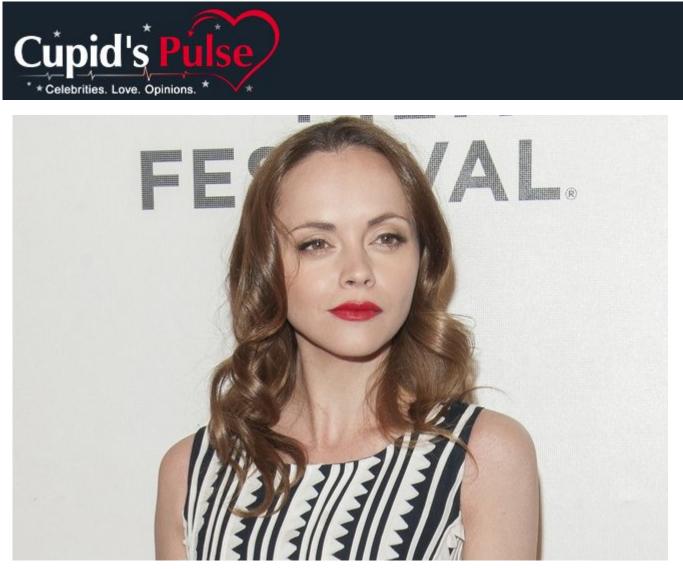
Knowing that Enriquez and Jerkins both have busy careers, it's no surprise that balancing their professional lives and personal lives – especially since their new show merges the two – can certainly be challenging. Luckily, one of the executive producers of *House of Joy* is Patti Stanger, star of *Millionaire Matchmaker*. "She told us that we need to date! You don't usually need a matchmaker to tell you that, but sometimes, when you have three kids, time gets away from you," says Enriquez. "It's so important that you spend quality time together – even if it's just a few minutes looking into each other's eyes and asking about each other's day. We're learning to communicate better."

**Related Link:** Patti Stanger Discusses Justin Timberlake and Jessica Biel's 'Lasting' Marriage

The experience has also reminded them to hold their special family close to their hearts. "I sing to my children at the end of every episode," explains Enriquez. "I talk with them and let them know that life can be crazy and have its ups and downs. But no matter what, we have each other."

To find out more about the musically-talented couple, tune in to tonight's premiere of House of Joy on NUVOtv at 10/9c!

# Jake Gyllenhaal and New Girlfriend Alyssa Miller Go Public



By Kristyn Schwiep

Jake Gyllenhall and Alyssa Miller have gone public. The new couple was photographed for the first time on Sunday, July 14, in New York City. Gyllenhall, 32, and Miller, 24, held hands after leaving brunch at Hudson Clearwater. According to <u>UsMagazine.com</u>, the couple was spotted being affectionate near New York University where they shared dessert off a plate as they were walking down the street. The new duo were first linked in late June. How do you announce your new relationship to family and friends?

#### Cupid's Advice:

Being in a new relationship is an exciting time in your life, but how do you deal with the anxiety of telling your friends and family about the new relationship? Cupid has some advice for you:

1. Parents: Visit your parents in person if you can, if not pick up the phone and call. Announcing that you are in a new relationship to your parents can be the scariest announcement of them all, but if they show support and are happy for you, you will feel less anxious about the new relationship.

2. Close friends and family: Try to plan a dinner party. This is an easy, exciting, fun way to get the news out there. Also, it gives your friends and family a chance to meet your new partner.

**3. Outsiders:** For co-workers and friends you haven't been in contact with in a while aren't as important as your close family and friends. But if you want to announce your new relationship put it on Facebook and show them how happy and excited you are to be in a new relationship.

What are some ways you have announced your new relationship to family and friends? Share your story below.

### Alana De La Garza Welcomes a

# Baby Girl





By Kerri Sheehan

Actress Alana De La Garza is bringing home a baby! The 36year-old and husband, Michael Roberts welcomed a baby girl on July 7<sup>th</sup>. This is the couple's second child and they are ecstatic to expand their family. De La Garza dished to <u>People</u>, "I was just overwhelmed with pure joy and love. I know it sounds cliché, but that's exactly how I felt."

How do you prepare for a baby girl over a boy?

Cupid's Advice:

There are a lot of things to take into consideration when a baby is on the way. Cupid has some tips for preparing for a baby girl:

1. Essentials: Make sure you have general items like stroller, crib, and diaper bag before you get more classified with gender specific touches. By not specifying a gender for these items you and your partner are able to use them again if you have another baby.

2. Other children: If you have other children then it's important to prepare them for the baby's arrival. No doubt they'll be helping take care of the new baby so make sure they're as ready as they can be for the newborn to arrive.

**3. Final Touches:** Once you've prepared for everything else then you can get into the gender more. You'll probably want girly clothes and shoes for your baby to frolic in, so make sure you're stocked up on those, as babies are messy!

How did you prepare for a baby girl? Share below.

## Prince William Is Showing No Signs of Nerves Pre-Royal Baby





By April Littleton

While taking on his brother Prince Harry at a game of polo, Prince William showed no signs of nervousness as he awaits the birth of his first child, which is just days away. Tusk's chief executive Charlie Mayhew told <u>People</u>, "We weren't expecting William to be here, it was a lovely surprise. He was on really good form." Prince William has ended all duties at the RAF Search and Rescue Base so he can be at his wife's side when she gives birth.

#### How do you soothe your partner's nerves pre-baby?

### Cupid's Advice:

Most partners deal with anxiety over a pregnancy because they don't know what to expect when the baby comes. If it's the birth of their first child, they don't know if they'll be good parents, they worry over the health of their little one and they're nervous about seeing you in so much pain. Cupid has some advice:

1. Learn about the birth: To help ease your mind and your boo's, it's best to learn all about the birthing process before it actually happens. Many couples make the mistake of waiting until the actual delivery date to figure out what to expect – this is the wrong move to make. In order for your significant other to be more engaged and for you to feel more calm when the chaos sets in, you need to do your research. Participate in a birthing class, read pregnancy books and watch some interactive videos. The more prepared you are, the better.

2. Talk to your partner: Take the time to discuss the details of the pregnancy with your loved one, especially if this is going to be your first child together. Talk about what your expectations are and vice versa. You may even want to take this time to come up with a schedule for when the baby comes. Your life and daily activities will change, but your significant other may not be aware of this fact yet.

3. Pack early: Most of the pre-baby stress comes from couples delaying to get certain things done before the baby arrives – like packing for your trip to the hospital. Get your clothing and your baby's first outfit ready, buy a spare toothbrush, keep extra shampoo and conditioner stocked, etc. Whatever you think you'll need for your stay at the hospital needs to be already packed and ready to go.

How did you soothe your partner's nerves pre-baby? Comment below.

### Halle Berry and Olivier Martinez Are Married





By April Littleton

The mom-to-be and the French film actor, Olivier Martinez got married Saturday at the Chateau des Conde in Valley, France, Berry's rep confirmed to <u>People</u>. 60 people were in attendance, including the groom's mother, Rosemarie and brother, Vincent. The couple met while filming the 2010 flop *Dark Tide*. This is Martinez's first marriage and Berry's third.

What are some ways to keep your wedding small and intimate?

Cupid's Advice:

It's true that many women dream of having a big, fancy wedding. They want a large amount of guests and all the theatrics that come with having a huge wedding ceremony, but some brides like to keep things more low key. If you're one of those women who like to keep things simple and intimate, Cupid has some tips:

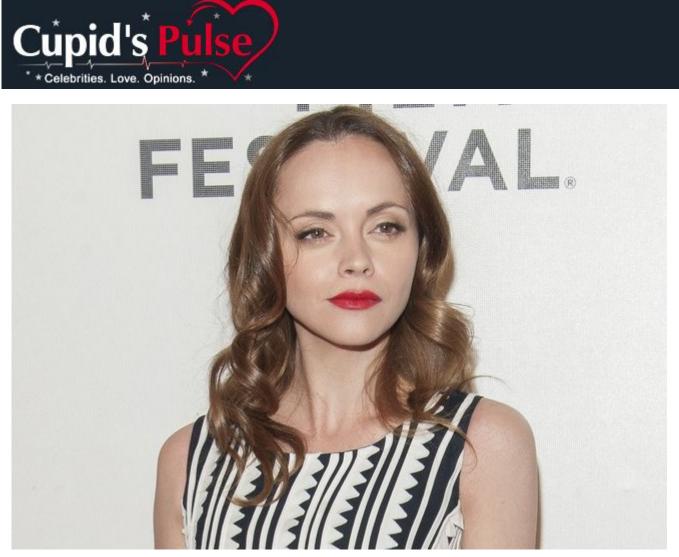
1. Narrow down the guest list: If your goal is to have a small wedding, then your guest list should reflect that. You should only invite your close friends and family to your special day. For an even more intimate surrounding, you should think about having the ceremony at your family's home.

2. Don't worry about the food: The food shouldn't be anything fancy if you're looking to keep things simple. Have a relative or friend cook up some of their favorite dishes. Don't worry about hiring an expensive baker to make your cake either. Instead, have someone you love and trust bake your cake for you. You'll save plenty of money having all of your loved ones pitch in and you'll all have some special memories you couldn't have if you were to hire a caterer.

3. No big arrangements: Think about using your own decorations for the wedding ceremony and reception. Ask some of your friends to help you put together a few cute flower arrangements and centerpieces. It doesn't have to be anything over-the-top. As long as your wedding represents who you and your hubby are as a couple, the price you spend on everything shouldn't matter.

How did you keep your wedding small and intimate? Comment below.

# George Clooney Vacations in Lake Como Post-Split with Stacy Keibler



By Petra Halbur

The newly single George Clooney was spotted near his vacation compound in Lake Como, Italy, with friends last Wednesday, July 10. <u>UsMagazine.com</u> reports that the 52-year old actor appeared to be in high spirits despite his recent breakup with model, Stacy Keibler. The couple reportedly ended their 2-year relationship because of the amount of time Clooney had to spend away on location for work. "They hadn't had sex in months," a source confided. "He's been in Europe [filming Monuments Men], and she's in L.A., and they haven't seen each other in a long time. Some girls would be okay with that and just be happy dating George, but not her." Another insider added, "No one got dumped. They both discussed it and realized it was better that they split."

#### How do you re-group after a heartbreaking breakup?

#### Cupid's Advice:

Breakups are hard to bounce back from. It's easy enough to tell yourself to move on but it's difficult to actually do so. Cupid is here to help put the pieces back together after a break up:

**1. Grieve:** A period of time in your life is over and that hurts. Give yourself some time to grieve and find some closure before moving on.

2. Get involved: Volunteer at an animal shelter or food bank. A sense of purpose and accomplishment can do miracles to mend a broken heart.

**3. Reconnect with others:** Chances are, you probably put a few friendships on the back burner while you were involved with your former partner. Take this opportunity to reconnect with them. Remember: being single does not mean that you are alone.

How did you get your life back together after your break up? Tell us below.

### 5 Celebrity Exes Who Became Famous After Their Break-Ups





By Petra Halbur

A nasty break-up can leave you feeling pretty hopeless and sad. During your alone time you have two options: You can either convince yourself that you'll never be happy alone, or you can enjoy success without that special someone in your life. Many famous couples have gone through splits, but that wasn't the end of fame for these <u>celebrity exes</u>. Plenty of stars have emerged from a painful celebrity break-up or celebrity divorce and gone on to achieve amazing professional success. Sometimes, it is within only a few years of the split. Here are a few to consider:

### Stars Who Became Famous After a Celebrity Break-Up

1. January Jones: Jones' first famous boyfriend was Ashton Kutcher, who she dated from 1998 to 2001. She met singersongwriter, Josh Groban, in 2003 and had a Hollywood relationship for three years before calling it quits in 2006. Just one year later, Jones was cast as Betty Draper Francis on the hit show, *Mad Men*, and in 2011, she joined the Marvel universe as Emma Frost in *X-Men: First Class*.

**Related Link:** <u>What Does Unconditional Love Look Like?</u>

2. Johnny Depp: In all fairness, Depp wasn't exactly languishing in obscurity when he and *Edward Scissorhands* costar, Winona Ryder, broke up in 1993. Still, Depp's success starring in off-beat films like *Cry Baby* and *Benny & Joon* in the early 90's was nothing compared to what he has achieved since playing Captain Jack Sparrow in 2003's *Pirates of the Caribbean: The Curse of the Black Pearl*.

**3. Robert Downey Jr:** Few people remember the days when Downey and *Sex and the City* star, Sarah Jessica Parker, dated in the 80's. Neither actor enjoyed major professional success during their seven-year famous relationship. One year after their celebrity break-up, Downey struck Oscar gold (well, almost) when he was nominated for Best Actor for his performance in *Chaplin.* He has since gone to achieve Marvel film immortality as Tony Stark in the *Iron Man* and *Avengers* franchises.

**4. George Clooney:** It's hard to believe that Hollywood's favorite bachelor was once a husband. Clooney hadn't achieved much in the way of fame when he married actress Talia Balsam in 1989. The Hollywood couple divorced in 1993. Just one year later, Balsam's celebrity ex had his big break when he was cast as Dr. Doug Ross in *E.R.* The rest is history!

Related Link: Short Term Celebrity Marriages (Learn From Their

### <u>Mistakes)</u>

5. Angelina Jolie: Long before her relationship with Brad Pitt came into existence, Jolie was Mrs. Jonny Lee Miller. Jolie and Miller tied the knot in 1996 and went through a celebrity divorce 18 months later. The separation was finalized in 1999, and in early 2000, Jolie won an Oscar for *Girl, Interrupted.* She went on to become an action icon in 2001 when she was cast as the titular character in *Lara Croft: Tomb Raider.* Needless to say, things have only gotten better for the actress and humanitarian.

Who is your favorite celebrity ex? Tell us below!

## LeAnn Rimes Denies Rumors That She's Pregnant





By Petra Halbur

LeAnn Rimes took to Twitter on Wednesday, June 10, to address some recent pregnancy rumors. "LMAO Star Magazine!" she tweeted. "I don't know if you [doctor] the pics or pic the worst one you can find, but I'm far from pregnant and just dropped a jean size." Rimes is already stepmother to her husband, Eddie Cibrian's, two sons, Mason, 10, and Jake, 6. "I was just with the kids for the last two days taking care of them on my own, and trust me ... I have a newfound respect for working moms who do it all by themselves," she said, according to <u>UsMagazine.com</u>. "It was my birth control for a little bit – so overwhelming!"

What are some ways to announce your pregnancy?

### Cupid's Advice:

Congratulations on your pregnancy! Now comes the task of announcing it to the world. Cupid has some ideas:

**1. Facebook it:** It may be unoriginal, but Facebook and other forms of social media are quick, effective ways to let all of your friends and family know the happy news at once.

2. Put a bun in the oven: Invite friends and family over for dinner and before they arrive, place a hamburger bun in the oven. At some point, ask one of your guests to check the oven. It may take some explaining ("Bun in the oven ... get it?") but they'll appreciate the creativity!"

**3. Take a photo:** Get some friends together for a photo. Right when you would usually instruct them to say, "cheese," announce your pregnancy and snap the photo. That captured moment of realization and excitement is one that you'll all treasure forever.

How did you announce your pregnancy? Tell us below.