

# Celebrity Baby News: Carrie Underwood Shares Sex of Baby at 2018 CMAs



By [Ivana Jarmon](#)

It's a boy for [Carrie Underwood](#)! In [celebrity news](#), the country singer accidentally let it slip that she is having a boy while hosting the 52nd CMA Awards, *EOnline.com* reports. Co-host Brad Paisley managed to poke and prod Underwood to learn the sex of the baby for all the details on live TV. He teased, "Seriously, Carrie, give me a baby hint." Paisley suggested a few potential girl and boy names, and Underwood, annoyed, said, "Oh, my gosh, Willie, it's a Willie!" This is Underwood's second celebrity pregnancy, as she and husband

Mike Fisher share a son named Isaiah.

# In celebrity baby news, Carrie Underwood is expecting a little boy. What are some ways to reveal the sex of your unborn child??

## Cupid's Advice:

Next to announcing that you're pregnant, revealing if it's a girl or boy is very big news, so why not find a creative way to share it. Cupid has some ways to reveal the sex of your unborn child:

**1. Gender reveal balloons:** To do a gender reveal with a balloon, many people fill the inside with blue or pink confetti, powder. When it is time to reveal the gender, the only thing the future parents will have to do is pop it with a pin and the confetti, glitter or powder will explode in a big way. Celebrity couples such as [Kate Hudson](#) and Danny Fujikawa have done it.

**Related Link:** [Celebrity Break-Ups: Kaitlyn Bristowe Visits Vancouver Post-Split from Shawn Booth](#)

**2. Color your cake:** All gender reveal parties call for cake or cupcakes...it's a rule. So why not hide the news of your babies' gender inside the cake or cupcake? All it takes is some food coloring to make the batter pink or blue, then use frosting to hide the evidence and write an enticing message on top. The only way guest will find out what the gender is by cutting the cake or biting the cupcake.

**Related Link:** [Celebrity Interview: Actress Haylie Duff Talks Thanksgiving Meals and Marriage](#)

**3. Push pop confetti:** Nothing says celebration like confetti! Gender reveal confetti push pops are the perfect reveal. Celebrity couple such as [Hilary Duff](#) and Matthew Koma have used the push pop at their own gender reveal party. The push pops can be found in many stores already pre-loaded with pink or blue confetti a simple twist is all that is required to activate and dazzle you and your guess with Confetti.

**What are some ways to reveal the sex of your unborn child? Share your thoughts below.**

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## **Celebrity Wedding: ‘Teen Mom 2’ Star Jo Rivera Marries Vee Torres with Ex Kailyn Lowry in Attendance**





By Courtney Shapiro

The knot was recently tied for [celebrity couple](#) Jo Rivera and Vee Torres. The *Teen Mom 2* [celebrity wedding](#) was filled with love and family as Torres' son Isaac and daughter with Rivera, Vivi, participated as the ring bearers. According to *UsMagazine.com*, Torres' ex Kailyn Lowry was also at the wedding. Lowry attended with her best friend and sent a tweet thanking her for "wiping my tears as I bawled." Rivera and Torres declared their engagement in April and were both looking forward to their big day.

**In this celebrity wedding, Rivera's ex attended. What are some ways to decide whether to include your ex on the guest list for your nuptials?**

**Cupid's Advice:**

Is it okay to have you ex at your wedding? Cupid has some thoughts on when this is okay:

**1. The relationship with the ex isn't fresh:** If you have been in your current relationship longer than you were broken up and were able to be in a friendship with your ex, then having them at your wedding shouldn't be an issue. The past is in the past and both of you are currently happy with the life you live, so it should be easy to include them on the guest list.

**Related Link:** [Celebrity Wedding: Justin Bieber and Hailey Baldwin Quietly Wed on Thursday](#)

**2. The ex is a part of the couple's life:** The ex shouldn't be invited to the wedding if they are just a random person brought up from the past. If the couple spends time with this person and thinks of them as a friend rather than an ex, then they can choose if they want that person there or not.

**Related Link:** [Celebrity Wedding News: Paris Hilton & Chris Zylka Push Back Wedding Date](#)

**3. The ex is the other parent to your child:** This is more of a courtesy to the child rather than to either of the parents. It shows that even though the parents are not together, there is no hostility between them, which gives the child an easier time of understanding the new relationship.

**Have you invited an ex to your wedding? Let us know below!**

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## Celebrity Break-Up: 'Bachelor



# in Paradise' Star Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating Reports



By Ivana Jarmon

In [celebrity news](#), *Bachelor in Paradise* stars Jordan Kimball and Jenna Copper called it quits after reports of cheating. Kimball and Cooper met while filming *BIP* season 5. The [celebrity exes](#) recently got engaged during the Tuesday, September 11th finale. Kimball popped the question at the end of shooting earlier this summer, and the pair gushed over their future nuptials exclusively to *UsMagazine.com*. "It'll be a production, I can say that. Then after, it's going to be

a big party. I'm not too crazy, but it might get crazy later," Kimball said. On Tuesday, Reality Steve posted text messages of a conversation between Jenna talking to an unknown man about her relationship with Kimball being fake. Kimball posted on his Instagram, saying, "Fumbling emotions and being understanding is not easy. I'll be taking time to pursue my inner peace and she will always have me to talk to, if you've reached out to me, allow me time. Thank you to those that have."

## **In Bachelor in Paradise Jordan Kimball and Jenna Cooper call it quits after cheating scandal. What are some ways to approach your partner if you suspect infidelity?**

### **Cupid's Advice:**

Suspecting your partner of cheating is one of the worst feelings. Cupid has tips on how to approach your partner if you suspect infidelity:

**1. Just talk to them:** Of course it's easier said than done, but it's likely the fastest way of finding out. Be assertive and honest; tell them about your thoughts and how you feel. Stand your ground even if it hurts.

**Related Link:** [Celebrity News: 'Bachelor' Nation Alum Ashley Iiaconetti & Jared Haibon Respond to Kevin Wendt's Cheating Claims](#)

**2. Innocent until proven guilty:** Stay calm, and remain in the present. You have to be patient so that you can observe. You have to play detective. The only way to do that is via rational observation. It may take some time for the truth to

reveal itself, but the truth almost always comes to light.

**Related Link:** [Celebrity News: Two Strong 'Bachelor in Paradise' Couples Abruptly Breakup](#)

**3. Examine yourself:** Your intuition may be right! Or, you could be reading too much into it. So, take a long hard look at yourself, and be honest. Do you get jealous easily? Are you insecure about your partner's feelings or your relationship? Answer yourself truthfully.

**What are some tips on how to approach your partner if you suspect infidelity? Share your thoughts below.**

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## **Celebrity Couple News: Joanna Gaines Cheers on Husband Chip at His First Marathon**







By Rhodesia Williams

In [celebrity news](#) we have Joanna and Chip Gaines showing the world how they are nothing short of relationship goals! The [celebrity couple](#) were all smiles May 6th in Waco, Texas for the Silo District Marathon, according to [UsMagazine.com](#). Chip, 43, ran his first ever marathon while his wife, Joanna waited for him at the finish line. With Joanna excited for Chip's big finish, she captured the moment as he crossed the finish line. However, that won't be the only excitement for this celebrity couple! Joanna is expecting her fifth child soon.

**This celebrity couple is known for supporting each other in their endeavors. What are some ways to show your partner you support them?**

**Cupid's Advice:**

Joanna Gaines isn't the only one who should be supporting her

partner; it's important in every relationship. Cupid has some advice:

**1. Show up:** Sometimes support is as simple as just being there for your partner, just like Joanna Gaines attended Chip's marathon. Your presence alone does a lot to empower your partner to succeed.

**Related Link:** [‘Fixer Upper’ Stars Chip & Joanna Gaines Are Expecting Celebrity Baby No. 5](#)

**2. Be there to listen:** Support comes in many forms, and being there to listen to your partner is one of them. Being someone your partner can count on to talk on their feelings is extremely helpful and supportive.

**Related Link:** [3 Ways to Support Your Anxious Partner](#)

**3. Offer help frequently:** Make sure to lend a hand whenever you can. Even if your partner says “no” once, be sure to keep offering to help out so that he or she knows the offer is still on the table and doesn't feel bad asking.

**What are some other ways to show your support to your partner? Share your thoughts below.**

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## **5 Things We Can Learn from Justin Bieber & Selena Gomez's Rocky Relationship**



By Ashton Dixey

There are a lot of beautiful [celebrity couples](#) out there, but there is one in particular that we've all come to admire and treasure: [Justin Bieber](#) and [Selena Gomez](#). Society has perhaps learned more from observing their dating story than we could from reading a [relationship book](#)! Although they're currently on a break right now, that doesn't mean that we can't learn from this super cute couple.

**Read on to learn more about the five things that celebrity couple Justin Bieber and Selena Gomez taught us about relationships:**

**1. First loves are the hardest to get over:** Justin Bieber was only 16 and Selena Gomez was 18 when they both started dating each other. Fresh faced and in love, these two went everywhere together and were spotted packing on the PDA in full swing. Fast forward eight years later (past all of the drama) and these two are still in touch trying to make things work. It seemed like Bieber never fully recovered once Gomez and him broke-up. Gomez even wrote a song about it called "The Heart Wants What It Wants." Be careful who you fall in love with for the first time because that first break-up is the toughest to recover from.

**2. Learn to be okay alone:** It seemed as if these two kind-of lost their balance when they had their [celebrity break-up](#). One ended up in rehab and the other was caught peeing in random wash buckets in California. Be sure you are okay with who you are as a person inside so you can move on without racking up 20 tattoos on your neck to try and burn away the pain. One month shortly after the break-up, Justin ended up driving drunk without a license, running from the cops, and even egging his neighbor's house. When you go through a break-up, don't lose touch with yourself. Now is the perfect time to rediscover the greatness within you. Stay in touch with friends and family that truly support you so you can talk through your emotions instead of acting impulsively.

**Related Link:** [Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

**3. Keep a cool head after a break-up:** Sometimes it feels really good to go on social media and unfollow your ex-boyfriend or girlfriend. Or, it might be fun to go out with a random person for the night and post pictures of yourself and them kissing. Although this may relieve the pain for a bit, it is not the best idea. Bieber put fuel on the Jelena rumor fires when he unfollowed Gomez and started posting steamy pictures of himself and other girls on Instagram. There was somewhat of an Instagram war occurring between the two. Try

your best to keep a cool head after you break-up and don't do anything you'll regret. If you do end up back together at some point, you don't want to do anything that might spoil the relationship for the future. Collect yourself, you got this!

**4. Rebounds don't work:** If you're trying to get over an ex, it can be tempting to find someone that's available and willing to jump into a relationship with you. But when your heart is still reeling from wanting to be with your ex-lover, this can be a very bad decision. Instead of facing the pain, you're pouring it into a new relationship and settling to boot. Gomez ended up dating The Weeknd for about eight months before she ended up back in Bieber's arms after a sweet bicycle trip that turned out to be an awesome [date idea](#). As much as you try to forget that person that you're still in love with, it won't be easy, and it certainly won't be fair for the person who's serving as your rebound.

**Related Link:** [Celebrity News: Has Justin Bieber Moved On from Selena Gomez With Baskin Champion?](#)

**5. If at first you don't succeed, try try again:** Throughout Bieber and Gomez's rocky relationship, it seems that Bieber had tried to win Gomez back many times. From serenading her at a hotel in Beverly Hills, to posting photos complimenting Gomez on his Instagram, he tried and tried again to win her back. After several years of trying, it worked! They got officially back together and even made it Instagram official this month. If there's anything to learn here it's that true love never dies and that if there's someone you know you're supposed to be with, it makes sense to fight for their love. Bieber did it for Gomez and even though they are on a break right now, true love is always worth fighting for.

*Ashton Dixey is a recent graduate of UVU and an avid reader of romance novels. When not spending time with her family, you can find her working on her website, [Awesome Date Ideas](#), and taking writing workshops.*



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# Celebrity News: Gordon Ramsay Lost 50 Pounds to Save Marriage to Wife Tana



By [Karley Kemble](#)

Anyone on a weight loss journey has an individual reason why they want to get fit. For some, it's to build self-confidence, or to shred for a wedding. For celebrities like Gordon Ramsay, it's to save his marriage. In the latest [celebrity news](#), Ramsay was motivated to lose over 50 pounds after seeing a photo of himself with his wife Tana, reports [UsMagazine.com](#). Shocked by how overweight he was, Ramsey wondered how his wife

stayed around, because she was “better-looking and more gorgeous” but “getting in bed with a fat f–k.” Balancing his busy schedule with his personal life was challenging, but once he started to put his goals at the forefront, he started to see success on the scale! We’re so glad that the [celebrity couple](#) is still going strong.

## In this celebrity news, Gordon Ramsay wanted to get fit for his wife. What are some ways fitness can help your relationship?

### Cupid’s Advice:

You may not think fitness has anything to do with your relationship, but Cupid has news for you! Check out Cupid’s Advice and see how being in shape impacts your relationship with your spouse:

**1. Lowered stress levels:** Any form of physical activity helps clear your head. Whether you participate in a spin class, go for walk, or do some yoga, all have the ability to significantly reduce your stress levels. The rush of endorphins cause you to feel happier, which transfers over into your relationship, too!

**Related Link:** [5 Surprising Foods Your Favorite Celebrity Chefs Love to Hate](#)

**2. More confidence:** Sure, some days you would rather do anything else than work out, but have you ever regretted a good sweat afterwards? Our guess is probably no! In fact, your self-confidence will certainly be higher. When you feel good about yourself, you feel more worthy of attention and worthy of love.

**Related Link:** [Famous NY Restaurant: Black Tap is the Latest Obsession in Burgers & Flashy Milkshakes](#)

**3. Higher energy:** Building your stamina gives you more energy to do things you love! You'll be more eager to agree to a romantic late-night stroll, or early morning sunrise hike! You will also have more stamina for cardio-related bedroom fun (wink, wink!)

**How has fitness impacted your relationship? Leave us a comment below!**

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## Checklist for Dating from Different Decades: Get Love Advice from 'The Bachelor' Star Arie Luyendyk, Jr.





By [Megan Weks](#)

There is a bit of a buzz going on about the age gap between some of the contestants and the leading man on season 22 of *The Bachelor*. Is it really a big deal? After all, significant age differences are often common in [celebrity relationships](#). A notable one is Mary-Kate Olsen and French businessman Olivier Sarkozy, who is seventeen years older than the fashion designer. Celebrity couple Hugh Jackman and Deborra-lee Furness also seem to be handling the test of time: She is thirteen years his senior, and they have been married for nearly two decades.

## Love Advice from *Bachelor* Star Arie Luyendyk Jr.

What should we look out for if we are dating someone from a different decade? Since Arie Luyendyk Jr. seems well-prepared to qualify the candidates on *The Bachelor*, we might be able to get some great [love advice](#) from his experiences. He has self-proclaimed “baby fever” and is therefore seeking a match who

is ready to tie the knot and start a family.

**Related Link:** [Celebrity News: 'Bachelor' Star Arie Luyendyk Jr. Justifies First Impression Rose Pick](#)

A good relationship starts with good intentions – which means, if both people know what they want out of life and have similar values, there is a much better chance for success, regardless of a difference in age. Luyendyk knows what he wants, which will make it easier for him to see if the intentions of the women he meets match his own. When people do not have clarity on what they want out of life, they can easily veer away from one another on the path to self-discovery.

Regarding his decision-making process with regard to age, according to *The Hollywood Reporter*, Luyendyk said, “I only really addressed that if I felt it was an issue – if there was some immaturity or if I questioned whether they were really ready for marriage. It’s more about readiness and about being able to take that next step.”

Realize that, if you choose a mate from a different decade, there will be things you don’t have in common. My husband, who is ten years older than me, has different musical interests and grew up knowing different movies and shows. However, since I had an older sibling and am a person who likes all the arts, we find similarities among our tastes. This difference could become frustrating, however, for those who cannot connect through the arts because inevitably, you’ll be spending time listening to music and watching movies and shows together. Therefore, it’s ideal to be able to find some common ground in media that you can enjoy together.

**Related Link:** [Expert Love Advice: How I Used a Manfunnel to Meet My Dream Husband](#)

Another thing to look out for: Either you or your partner will be aging at what seems like a faster rate. Your partner may be



reaching the next stage of life – middle age or elderly – before you. This difference might start to be more noticeable for you if you're the younger half. You'll want to be sure you have enough of a soul connection that this situation won't matter to you.

Overall, if your goals, values, and soul connection are intact, then age truly is just a number.

*For more information about dating expert Megan Weks, visit her website at [www.meganweks.com](http://www.meganweks.com). For more relationship advice articles from Megan, click [here](#).*

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## Relationship Advice: What If Your Family Doesn't Approve Of Your Partner?





By Dr. Jane Greer

Choosing a partner for life is a big deal under any circumstances. There's enough pressure on yourself to ensure that you're making the right decision and meeting all your needs. So what happens when you come up against a thumbs down from a parent, sibling, or friend who has been weighing in on your choices all your life? Why is it that the people you love take a contrary position and see your partner completely unsuitable for you? Why can't they just welcome the people your care about with open arms? If this sounds like a familiar situation, you are not alone. This is a very common experience for many people, and it happens for a lot of reasons. It speaks to declaring your independence, freedom of choice, autonomy, and, most importantly, trusting your own judgement to know what is best for you, rather than what others think is best.

**Here are some key pieces of**

## relationship advice as you work to stay true to yourself and your commitment, without allowing conflict to tear apart your family:

It has been reported that [Selena Gomez](#)'s mother is not happy about her rekindled [celebrity relationship](#) with pop star [Justin Bieber](#). Considering how distraught Selena was in the aftermath of their much-publicized breakup, it makes sense that her loved ones would worry about her this time around. Whatever the reasons may be, Selena's mom has assured the public that she just wants her daughter to be safe, healthy, and happy. While the approval of your parents is always a plus in any relationship, is it crucial to the success of your union? What can you do, then, if you find yourself in a similar situation?

It is important to begin with an open conversation with the person criticizing your partner. Ask them to spell out their concerns and explain why they feel the person is not right for you. This isn't always easy to do. You might start from a defensive position, (especially if this is a continuous pattern) but it is worth hearing what's on their mind because their thinking is valid and you might be missing something. Keep an open mind while you are talking and consider what they have to say. If, for example, your romantic partner exhibited bad behavior in the past and your parents call that out, think about what has changed and what is different now. You have likely allowed yourself to fully trust that person and move forward with them. Explain the changes and describe why the previous behaviors are no longer something to worry about.

**Related Link:** [Relationship Advice: Is a Bad Boy Good for You?](#)

If, on the other hand, your family members or friends raise

issues about a difference in race or religion, this may be a fork in the road where you choose to go your own way. It becomes a step toward independence, and a move away from the ideals of the family you grew up in. It is a time when you can take responsibility and voice your own values, even though they may differ from your parents, siblings, or friends. It can serve as an emotional emancipation and where you start to embrace what is important to you. When this happens, you acknowledge that they have criticisms, while asserting that they are not your personal beliefs.

**Related Link:** [Relationship Advice: When Is the Old New Again?](#)

Whatever the case, if you continue to meet disapproval tell your loved ones that you would like them to “agree to disagree” and accept that you have clear differences of opinion in order to stay together as a family. This is also a time to put boundaries in place. Note that you are aware they don’t like your choice, but you do not want to hear anything more from them unless you specifically ask for an opinion. You can even warn that if they broach the subject, you will simply end the conversation. This will help you keep some control and prevent being blindsided.

The ultimate goal is to avoid getting into a power struggle that could make you feel controlled and judged by a parent or other loved one. It’ll also avoid lots of arguments, too! Try not to become defensive or feel you have to justify your choice. The only thing that matters is that you are happy, excited, and comfortable as you move forward with your partner with your eyes on the future. Hopefully Selena and Justin will be able to do this and find peace even with the family discord. And, in time, Selena’s mother will also come around and embrace her daughter’s rekindled romance.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays*

are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), at [www.facebook.com/DrJaneGreer](https://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

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## Love & Libations: Valentine's Day Cocktails for February Date Nights







By [Yolanda Shoshana](#)

As soon as January 1st hit, the Valentine's Day decorations, chocolates, and teddy bears are out. Now that February is only a few weeks away, it's time to prep. February is known as the month of love. Besides Valentine's Day on the 14th, there are 27 other days to show love to your partner, friends, and, of course, yourself.

That being said, here are three libations to help you show love next month:

## Cocktails for February Date Nights

**Related Link:** [Love & Libations: Sparkling Wine for Holiday Date Nights](#)

### Gin & Dubonnet

Celebrate yourself and drink like a queen. Queen Elizabeth II has a Gin & Dubonnet every day at lunch. In fact, it's part of her four-cocktails-a-day routine. It's perfect to enjoy while

having some “me time.” There’s a good chance that the Queen will sip on one of these at Prince Harry and Meghan Markle’s [celebrity wedding](#) reception!

Ingredients:

- 1 1/2 oz. gin
- 3/4 oz. Dubonnet Rouge
- Lemon or orange twist for garnish

Directions:

Add all the ingredients to a glass and fill with ice. Stir. Garnish with a lemon or orange twist. Sip as you are wearing your favorite tiara.

### **Chocolate Martini**

A chocolate martini is an aphrodisiac in a glass. Believe it or not, two Hollywood legends created this cocktail: none other than Rock Hudson and Elizabeth Taylor. They invented it one evening when they lived across the street from each other while they filmed the movie, *Giant*.

The following recipe uses Sean “Diddy” Combs’ Ciroc Vodka. Maybe he will make one for his long-time love Cassie – or she will make one for him. After all, it’s the perfect cocktail for lovers on a February [date night](#).

Ingredients:

- 1/2 oz. Ciroc Vodka
- Dash of Madagascar vanilla extract
- 1 1/2 oz. Godiva Chocolate Liqueur
- 2 1/2 oz. half-and-half
- 1 oz. Kahlua
- Ice
- Shaved chocolate and/or fresh strawberries for garnish if desired

## Directions:

Add all of the ingredients to a cocktail shaker and shake. Pour into a chilled cocktail glass that is rimmed with chocolate syrup. Garnish with dark chocolate and/or strawberries.

**Related Link:** [Love & Libations: Autumn Date Nights Inspired by Celebrity Red Wines](#)

## Flirtini

February would not be complete without a Flirtini. Most people remember the Cosmo being a big part of *Sex and The City*, but the Flirtini was also in the mix. All it takes is three ingredients. Enjoy with your girl squad while binging on the show.

## Ingredients:

- 1 oz. vodka
- 2 oz. champagne
- 2 oz. pineapple juice

## Directions:

Combine vodka, champagne, and pineapple juice in a highball or collins glass filled with ice. If you are making it for a viewing soiree, multiply the recipe by six, and mix it up in a pitcher.

*For more Love & Libations date night ideas and [celebrity couple](#) predictions from Yolanda Shoshana, click [here](#).*

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# Celebrity Baby News: Anna Kournikova & Enrique Iglesias Welcome Twins



By [Karley Kemble](#)

Two new [celebrity babies](#) have been born! Enrique Iglesias and his partner Anna Kournikova have welcomed twins: a boy named Nicholas and a girl named Lucy, confirms [UsMagazine.com](#). This [celebrity news](#) is certainly a surprise, as the pair kept the pregnancy under wraps until now! The couple has been together since 2001, and their two bundles of joy are their first children together. Congratulations to Iglesias and Kournikova!

# These celebrity babies are two times the fun...and two times the work! What are some ways to work together with your partner to split the responsibilities of parenthood?

## Cupid's Advice:

Sure, parenting is a lot of work, but it is very rewarding! As long as you and your partner actively work together, there is less of a chance for chaos. If you're looking for different ways to work with each other, look no further! Cupid has some tips for you:

**1. Divide and conquer:** You and your partner inherently have strengths and weaknesses. Maybe you're better at reading bedtime stories to your little one, but your partner has really got bath time down to a science. Use whatever it may be, figure out a system that works best for your individual talents. You and your partner will soon feel like super parents that can conquer anything together!

**Related Link:** [Celebrity Wedding? Enrique Iglesias Hints at Possible Marriage to Anna Kournikova](#)

**2. Create a chore chart:** If visual aids are your style, a chore chart is super handy! They're not just meant for kids or college roommates, after all. With all the craziness that comes from parenting, a chore chart can hold you and your partner accountable for recurring tasks – i.e. laundry, dishes, cleaning the bathroom. It's easy for the mundane responsibilities to slip through the cracks, but this is an easy way to remember and take action!

**Related Link:** [Celebrity News: 10 Hot Latin Celebrities](#)



**3. Embrace conflict:** As in all aspects of your relationship, conflict is inevitable. Parenting will certainly create conflict for you and your spouse at times. There's nothing wrong with conflict, just as sure you and your partner deal with it as adults. Find the compromise and work toward bettering each other for the sake of your children!

**How do you and your partner keep your parenting duties balanced? Comment below!**

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## **Celebrity News: Selena Gomez Breaks Silence on Split from The Weeknd & Reunion with Justin Bieber**





By [Karley Kemble](#)

[Selena Gomez](#) is finally opening up about her recent romantic reunion with [Justin Bieber](#)! Gomez and Bieber were once infamous for their on-again-off-again romance, but the singer has a positive attitude about her [celebrity relationship](#) this time around, reports [UsMagazine.com](#). In a recent interview with *Vanity Fair*, the singer spoke candidly about her past and present feelings for Bieber, saying, “I cherish people who have really impacted my life. So maybe before, it could have been forcing something that wasn’t right. But that doesn’t mean caring for someone ever goes away.” She also revealed that there are no hard feelings toward The Weeknd, and that the [celebrity exes](#) remain best friends.

**This [celebrity news](#) is something a lot of fans have been waiting for! What are some benefits to being**

# open about your relationship triumphs and woes?

## Cupid's Advice:

Being open about your relationship has many benefits that not only help you, but also help others. Check out these tips from Cupid:

**1. It's mature:** There is a certain maturity that comes from being open about your woes. Nobody has a perfect relationship that is free from conflict. Being honest about your past mistakes and showing an active desire to change and grow is very mature. People will respect you and shouldn't look at you any differently!

**Related Link:** [Celebrity News: Selena Gomez's Family Is 'Still Getting Comfortable' With Her Justin Bieber Romance](#)

**2. It's therapeutic:** Sometimes, you need a listening ear to help process your feelings and emotions. When you talk to your close, inner circle about the good and bad parts of your relationship, you're allowing yourself to be vulnerable – which isn't always easy to do. It is also super beneficial to your mental health and wellbeing, and you'll have a newfound clarity in due time.

**Related Link:** [Celebrity News: Selena Gomez Snuggles With Her Pup at Justin Bieber's Hockey Game](#)

**3. It's helpful to others:** We're all familiar with the saying "everyone has something going on." We are naturally inclined to conceal the ugly parts of our lives, so you might not even realize one of your coworkers or close friends are going through a rough patch! Sharing your story is helpful to others who are facing similar situations, whether it's intentional or not.

What are some other benefits of being open about your relationship? Let us know below!

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# Celebrity Break-Up? Nina Dobrev & Glen Powell Taking Time Apart Amid Busy Schedules



By [Karley Kemble](#)

Uh oh, it looks like Nina Dobrev and her boyfriend Glen Powell

could soon face an upsetting [celebrity break-up](#). According to [EOnline.com](#), the [celebrity couple](#) are taking a break from their relationship. Though they've not officially called it quits, a source close to the duo says that Dobrev has been quite busy with various projects, which has caused a rift in the relationship. While there hasn't been any explosive fights between or bad blood, sources are saying they are not as close as they had been earlier this year. We hope things work out for this celebrity couple!

**Though this may not be classified as a celebrity break-up yet, it seems busy schedules are getting in the way of this relationship. What are some ways to keep a busy schedule from affecting your relationship?**

#### **Cupid's Advice:**

Sometimes, life gets in the way and it's challenging to balance your professional life with your personal life. Check out some ways to manage your busy schedule, without feeling as though you're neglecting your relationship or your job:

**1. Set boundaries:** Make it a point to keep your work at work. When you constantly blur the lines between your relationship and your career, it's inevitable that one will take up more of your time. Being present with your partner without checking your phone for work updates when you're off the clock really means a lot! Set boundaries and make sure you keep yourself accountable.

**Related Link:** [New Celebrity Couple: Nina Dobrev and Glen](#)



## [Powell Attend Julianne Hough's Wedding Together](#)

**2. Communicate:** A strong relationship needs strong communication to survive. If you or your partner conceal your feelings of neglect, then it's likely an explosive argument will occur somewhere along the line. If you need to work late, and reschedule date night, make sure your partner knows you still care for them, and aren't choosing your job because you love it more than them!

**Related Link:** [Five Celebs Who Are Infamous for Dating Their Co-Stars](#)

**3. Include them in your plans:** If it's possible, you can try merging your two worlds. This doesn't mean you have to find your partner a job at your workplace, but perhaps you two can form your own business together (given that you two mesh well on a professional level, that is!) Alternatively, invite your partner into your "work world," and bring them to social events outside of work. That way, they can meet the people you spend your working hours with, and they can get a first-hand look into another area of your life that is kind of unknown.

**How have you kept your schedule from affecting your relationship? Share in the comments below!**

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## **Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-**

# Magro Opens Up About Serious Girlfriend



By [Karley Kemble](#)

In the latest [celebrity news](#), Ronnie Ortiz-Magro is gushing with details about his love life! The former *Jersey Shore* star says his current girlfriend Jen is his soulmate. Ortiz-Magro exclusively told [UsMagazine.com](#) “She is the first person I finally really fell in love with. I want to settle down and have a family; she is that person for me.” The [celebrity couple](#) is even talking marriage – though they are happy with the current state of their relationship. Ortiz-Magro and most of the original *Jersey Shore* cast will reunite in a revamped version of their 2007 show, titled *Jersey Shore Family Vacation*, which will premiere next year on MTV.

# In this adorable celebrity news, it looks like the *Jersey Shore* alum is looking to settle down. What are some ways to know you're ready to settle down?

## Cupid's Advice:

Are you ready to take the next step in your relationship? Check out these tips straight from Cupid:

**1. You don't see anybody else in your future:** Relationships are all about the journey from "you and me" to "we." When you think of your life five, ten, or even one year from now, do you see your partner? If the answer is yes, then you are certainly heading in a serious direction.

**Related Link:** [Celebrity Break-Up: 'Famously Single' Stars Ronnie Magro & Malika Haqq Have Split](#)

**2. You share big responsibilities together:** When you're ready to share a huge commitment together, that is very telling. Big responsibilities – dogs, cats, any living object – are classic "starters" to a future life filled with kids. It takes mutual support from you and your partner to care for a pet – and it is obligation that is certainly serious!

**Related Link:** ['Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival](#)

**3. When it doesn't feel like you're settling down:** The progression from couple to *serious* couple is naturally seamless. If you feel like you and your partner are simply continuing along on your journey together, then you are definitely ready to settle down! It's important that your and

your partner bring out the best in each other, and challenge each other to grow.

How did you know you were ready to settle down? Let us know below!

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## Celebrity News: Selena Gomez's Family Is 'Still Getting Comfortable' With Her Justin Bieber Romance



By [Karley Kemble](#)

Though [Selena Gomez](#) and [Justin Bieber](#) have recently reunited, it appears those close to Gomez are hesitant to accept Bieber back into the family. According to [EOnline.com](#), Gomez's family "is still getting comfortable with the idea of them back together." The [celebrity couple](#) spent Thanksgiving apart and both agreed to be with their families, because Gomez felt it was too soon to bring him home for the holidays. A source close to the couple says Bieber is hoping to be included in Gomez's Christmas plans, but knows that her family is hesitant. Hopefully they'll come around soon!

**In the latest [celebrity news](#), Selena's family is taking a while to come around to her rekindled romance with Justin Bieber. What are some ways to foster a positive relationship between your partner and your family?**

#### **Cupid's Advice:**

It can be troubling when your family doesn't approve of your partner. Check out Cupid's advice on how to deal with these tough situations:

**1. Start small:** If your family is hesitant to accept your partner, it's probably a good idea to start small. Having them come home for the holidays is traditionally a big deal, and it can get super awkward. Instead, try gradually making your partner a part of your family's life. Some people just take longer to warm up to than others, so it doesn't mean all hope is lost!



**Related Link:** [Celebrity News: Selena Gomez's Friends Want Her 'To Be Cautious' with Justin Bieber](#)

**2. Don't force it:** No matter how hard you try, you can't force people to get along. In fact, forcing a positive relationship upon people often works in reverse. If the relationship between your partner and your family is not what you hoped it'd be, give it some time and don't meddle! Things will pan out, in due time.

**Related Link:** [Relationship Advice: What To Do If Your Partner's Family Doesn't Like You](#)

**3. Respect the differences:** At the end of the day, your family is not the one in the relationship. You are. If you are happy, then that's ultimately what matters most. Your family and your partner are entitled to feel the ways they feel. Just make sure you keep an open mind and focus on what's important to you!

**Do you have any tips on how to keep the peace between your family and your partner? Let us know below!**

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## **Celebrity News: A-Rod's Intelligence is Questioned by Ex-Girlfriend Anne Wojcicki's Mom**





By [Rachel Sparks](#)

The [latest celebrity news](#) is full of low insults and, interestingly, a sincere compliment. Alex Rodriguez has been under fire by celebrity ex Anne Wojcicki's mom who, in short, called him the dumbest lightbulb in the box. According to [UsMagazine.com](#), Wojcicki's mom stated that the only thing A-Rod knew how to talk about was baseball. That's not the impression you want to leave with your future in-laws. Wojcicki's mom did say that it was clearly evident A-Rod loved her daughter. [Jennifer Lopez](#), now part of one of the hottest [celebrity couples](#) with A-Rod, complimented her beau by saying he can conquer anything. So, while you may not watch *Big Bang Theory* and debate particle theories, at the core, A-Rod is a great guy.

**This celebrity news seems a little shallow to us. What are some ways**

# to make a good impression on your partner's parents?

## **Cupid's Advice:**

If you're trying to build a lasting relationship with your partner, impressing their family will need to be a priority eventually. It's intimidating. You're trying to tell the people who love your significant other more than anyone else that you're deserving. If your partner has close relationship to their parents, impressing them, or lack thereof, could be detrimental to future movement of your relationship. Read Cupid's [relationship advice](#) to help you put your best face on for that monumental meeting:

**1. Act like it's an interview:** because it is. Dress to impress, as they say. Turn off your cell phone, shake hands, stand with confidence and power, and follow common protocols for respect. Be on your best behavior and act like you're getting a job, because you are. Your partner's parents expect you to take care of their baby (no matter how old they are) so you're interviewing for the role of supportive partner.

**Related Link:** [Relationship Advice: What to Do If Your Partner's Family Doesn't Like You](#)

**2. Southern respect:** "Sir" and "Ma'am" go a long way. Sure, major cities like New York and Seattle think these terms are out-dated, but they ultimately stand as a sign of respect. Even though we're all adults, showing respect through the language you use sets the tone for how you're likely to treat their kid. Plus, you're impressing your S.O. when you treat their family with respect. Don't worry, you'll get rewarded afterwards.

**Related Link:** [Relationship Advice: How to Handle Your Significant Other's Family](#)

**3. Showcase your skills as a partner:** We said you're interviewing, right? Well how better can you interview than by showing off your skills as a partner? Shower your love with affection and admiration. Believe us, this will go very, very far for both your partner and their family.

**How do you try to impress the future in-laws? Share your advice below!**

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## **Celebrity News: Selena Gomez's Friends Want Her 'To Be Cautious' with Justin Bieber**





By [Karley Kemble](#)

Recently reunited [celebrity couple Selena Gomez](#) and [Justin Bieber](#) are as happy as ever, and want to do things right this time around. Though the couple spent most of their past relationship as an on-again-of-again couple, they have both grown individually in the years they've been apart. In the latest [celebrity news](#), friends are a bit wary that the celebrity couple is back together, reports [UsMagazine.com](#). Sources close to Gomez, including her bestie Taylor Swift, report that they want her "to be cautious" dating Bieber again. Though her friends admit the singer has certainly changed for the better, they also know how much hurt he has caused Gomez in the past. Here's to hoping they continue to go strong!

**This celebrity news is definitely the talk of Hollywood at the**



# moment. What are some things to be careful about if you're getting back together with an ex?

## Cupid's Advice:

No matter what people say, getting back with an ex isn't always a bad idea. Like Gomez says – the heart wants what it wants, right? However, it is important to be cautious when you jump back into a relationship with someone. Cupid has the scoop:

**1. Think about their motives:** While this might be unsettling, you need to consider your ex's feelings. Are they genuinely wanting to give it another go, or are they just using you to fill a void? You don't want to get burned again, so be careful and really think this through before you jump back in.

**Related Link:** [Celebrity News: It's Official! Selena Gomez & Justin Bieber Are Back Together](#)

**2. Think about your feelings:** Similarly, it's important to be careful that you're really interested in giving it another shot. If you just want to get back with them because you don't want to go to your bestie's wedding by yourself or are lonely in general, you should reconsider your priorities. Don't invest your time into your ex if you aren't going back into the relationship with the right intentions.

**Related Link:** [Celebrity Break-Up: Selena Gomez & The Weeknd Split After 10 Months of Dating](#)

**3. Beware of old habits:** As they say, old habits die hard. While you might be thinking that your ex has completely changed for the better, it's important to be realistic. There's still potential for the habits that previously affected your relationship to creep back into the picture, so

don't put your ex on a pedestal quite yet.

Have you ever gotten back with an ex? How were you careful?  
Let us know below.

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# Celebrity News: It's Official! Selena Gomez & Justin Bieber Are Back Together



By [Karley Kemble](#)

After a roller coaster of a week for [Selena Gomez](#), it appears she and [Justin Bieber](#) are officially a couple again! [UsMagazine.com](#) reports Gomez “has always had feelings” for Bieber, so this [celebrity news](#) is not too surprising for their inner circle. Since 2011, the [celebrity couple](#) has had a longstanding on-again, off-again history, and they went their separate ways for good three years ago. After Gomez’s kidney transplant over the summer, Bieber reached out to check in with her. While they kept things platonic at first, it wasn’t long before old feelings resurfaced. According to their pals, their time apart has allowed each of them mature and “move past” the drama they used to have, and the rekindled celebrity couple is happier than ever!

## **This celebrity news has us reeling! What are some ways to decide whether or not to get back together with your ex?**

### **Cupid’s Advice:**

Sure, you broke up for a reason. But sometimes, it’s impossible to get that one person out of your head. If you’re thinking of getting back with an ex, Cupid has some ways to help you decide if it’s the right move:

**1. Enough time has passed:** If it’s been awhile since you’ve gone your separate ways and you’ve had the chance to grow individually, then you might be ready to give it another shot. Time apart allows for clarity, after all. Maybe they were the right person for you, just at the wrong time in your life.

**Related Link:** [Celebrity Break-Up: Selena Gomez & The Weeknd Split After 10 Months of Dating](#)

**2. You’re miserable without them:** It goes without saying, but

if you want to get back with your ex simply because you are lonely, that isn't a good idea. However, if your break-up has truly made you realize your ex is your better half, then you should definitely consider getting back together. Second chances aren't always a no-go!

**Related Link:** [Why Celebrity Exes Justin Bieber & Selena Gomez Can't Quit Each Other](#)

**3. You can easily fix what was broken:** Perhaps the reason you two broke up wasn't anything personal; they just worked too much, or the distance was too challenging. If the big issues aren't big anymore, why not give it another shot? It could turn out to be something wonderful.

**Have you ever gotten back with an ex? How did you make your decision? Let us know!**

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## **Fitness Tips: 5 Couple Exercises That Are Worth the Sweat**





By [Rachel Sparks](#)

Now that the holidays are over, we're no doubt regretting some of those holiday treats we consumed. The cold keeps us in, the sweets come out, and we're juggling between moments of extreme stress and joy with friends and family so our eating habits are erratic at best. Right after that came the new year with the promises we made to lose the weight we gained over the past couple of months. Let's break that cycle *now* by taking a cue from [celebrity couples](#) like [Jennifer Lopez](#) and Alex Rodriguez and start working out with our S.O's.

## **The hottest fitness tips start with you and your partner breaking a sweat together.**

Working out makes us feel great about ourselves, but make it even better by doing it with your partner. Celebrity couples who work out together boast of strong bonds with their partner. There's nothing but good reasons to exercise with



your partner, so grab them up off the couch and get going!

**1. Hiking:** We're starting easy and free (usually). If you or your partner are new to the exercising world, hiking is a great way to cheat the mind into thinking you're not working out. You can control your path, mileage, and speed so it's a great way to get into shape with a motivating view.

**Related Link:** [Let Your Partner Be Your Inspiration to Getting and Staying Fit](#)

**2. Kayaking:** Another way to trick those who hate traditional exercise into getting active involves another outdoor sport—kayaking. Most rental kayaks offer an option to share a two-butt kayak. It's a great workout for the arms and it challenges your communication and teamwork.

**3. Rock Climbing:** Let's keep it safe and stick with indoor rock climbing gyms until that confidence and strength has built up. The latest celebrity trend involves rock climbing gyms, but beware that there's a fair amount of trust involved. Your partner usually holds onto the rope that keeps you secure as you climb. When your arms start shaking, there's no better feeling than your S.O. cheering you on.

**Related Link:** [Celebrity Interview: Celebrity Trainers Sebastian and Danielle Lagree Talk Famous Clients, Relationships, and Love](#)

**4. Kick Boxing:** Don't do this when you're mad at your S.O. Or at least, don't miss the bag as you throw your anger-fueled upper cut and knock your partner in the teeth. It's a great way to relieve stress and learn self-defense in addition. Take turns on the offense and defense and offer each other constructive criticism. Hot celebrity couple Chris Hemsworth and Elsa Pataky are known to practice kick boxing together.

**5. Yoga:** Yogi's make intense positions look effortless, but be warned: there is a fair amount of knowledge and practice that

goes into this sport. Couples who practice together help strength fine-tune muscles and flexibility. Bonus: you can do some really cool arial tricks together. [Adam Levine](#) and his wife Behati Prinsloo have been pictured holding plank together. And yes, holding your favorite position is an integral part of yoga.

**How do your workout with your partner? Share your ideas below for fitter couples!**

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## **Celebrity Baby-to-Be? Gwen Stefani & Blake Shelton Are 'Focused on Getting Pregnant'**





By [Karley Kemble](#)

One of music's favorite [celebrity couples](#) is reportedly trying to grow their family! [Gwen Stefani](#) and [Blake Shelton](#) are eager to have a child together and are "hyper-focused on getting pregnant," an insider close to the duo revealed to [UsMagazine.com](#). Though Shelton has really hit it off with Stefani's three boys from her previous marriage to Gavin Rossdale, it has always been a dream for him to have kids of his own. If all goes according to plan, there should be another [celebrity baby](#) born by the end of 2018. Hopefully we'll be hearing good news from the couple soon!

**There may be another celebrity baby on its way soon! What are some things to consider before deciding to have a child?**

**Cupid's Advice:**

Having children is a very serious responsibility, and it's clear that this celebrity couple is ready to tackle parenthood together. Cupid has some advice if you're still in questioning:

**1. Assess your financial situation:** There is a huge amount of time and financial responsibilities that come along with having a child. Thinking about them beforehand and having a realistic financial plan is crucial. You're committing to this kiddo for life, after all.

**Related Link:** [Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton](#)

**2. Evaluate your relationship:** A child will shake up your relationship in the best way possible. It'll definitely change the norm of what you're used to, but if you have a strong relationship with you partner then it'll be a lot easier. Caring for another little human together should entirely excite you!

**Related Link:** [Celebrity News: Gwen Stefani & Blake Shelton Go Fishing With Her Sons](#)

**3. Examine your inner readiness:** The most important factor is knowing yourself. If you do not feel ready for parenthood, then you don't need to rush. Just make sure you aren't waiting for the 'right moment' – you could end up waiting forever!

**What did you consider before having a child? Let us know!**

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## **Zayn Malik Opens Up About His**

# Celebrity Relationship with Gigi Hadid



By [Ashleigh Underwood](#)

Being young and in love is never easy, especially for people in the public eye. [Celebrity couple](#) Zayn Malik and Gigi Hadid are no exception. In a recent interview with [UsMagazine.com](#), Malik opened up about his [celebrity relationship](#) with the model. When asked about how he and Hadid handle the public attention, he stated that the two of them try to ignore all the comments. Instead, they focus on each other and “do right” by one another. He also shared that since they both love to cook, many of their date nights are spent cooking for one another and trying out new meals.



# We can't get enough of this celebrity relationship! What are some other date night ideas for longtime couples?

## Cupid's Advice:

When you have been with someone for a long time, date nights can seem tedious: You cook the same meals, go to the same restaurants, and watch the same movies. If you want to spice it up, check out these fun date ideas:

**1. Get out of your comfort zone:** When things start to feel too comfortable in your relationship, do something daring! If you and your partner love to dance, go to a new club. If you end up loving it, you have a new go-to spot, and if it's not quite your thing, you have a fun new memory to share with each other. Or take a cue from this celebrity relationship and simply try out a new recipe – it's as easy as that!

**Related Link:** [Celebrity Couple News: Gigi Hadid and Zayn Malik Love Each Others Clothes](#)

**2. Get intimate:** It is easy to get into a routine with your partner: You come home, eat dinner, watch television, and go to bed, only to repeat it all the next day. Often, we forget that intimacy matters in a relationship. To get back into that romantic zone, try getting a couples massage. This way, you will be able to relax from the stresses of your life and also feel closer to one another.

**Related Link:** [Date Idea: Take a Journey](#)

**3. Get competitive:** There is nothing more fun than beating your partner in a heated round of a board game. While this date idea may be simple, it is also extremely overlooked.

Having a game night is the perfect way to show off both your competitive and flirty sides. You could even make it interesting and make bets. Winner gets to choose a romantic dinner destination!

What are some fun date ideas you have tried? Comment below!

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## **Celebrity Relationship: Jessica Simpson Celebrates 7- Year Anniversary with Eric Johnson**





By [Whitney Johnson](#)

Congratulations are in order! As originally reported by [UsMagazine.com](#), [Jessica Simpson](#) and her husband Eric Johnson just celebrated the seven-year anniversary of their [celebrity relationship](#). The fashion designer marked the special occasion by posting a sweet family picture on Instagram, captioning it, “7 years, 2 kids, and a whole lotta love later.” The [celebrity couple](#) are proud parents to Maxwell Drew, 5, and Ace Knute, 3 – and they don’t plan on having any more kids. As Simpson recently shared on *The Ellen DeGeneres Show*, “I have two beautiful children and I’m not having a third. They’re too cute! You can’t top that.”

**This celebrity relationship has lasted for seven blissful years. What are some ways to work on your relationship on a daily basis?**

## **Cupid's Advice:**

Strong relationships don't always come easy, and you have to make an effort to make your partnership last. Here are three ways to work on your relationship on a daily basis:

**1. Communicate:** Communication is important in every relationship. No matter how busy or stressful your day is, make sure to sit down with your partner and free yourselves for any distractions, like television or cell phones. Spend some quality time together and talk about how you're feeling, what you're working on, etc.

**Related Link:** [Jessica Simpson Says Her Celebrity Husband 'Is Hotter Than Yours!'](#)

**2. Rely on your support system:** Having friends and family who love both you and your partner is so important to a strong and happy relationship. In fact, Simpson previously wrote in *Glamour* that the "support system" of family and friends that she's "nurtured and cherished" helps strengthen herself and her [celebrity marriage](#) daily.

**Related Link:** [Jessica Simpson and Eric Johnson Include Their Kids in Lavish Celebrity Wedding](#)

**3. Invest in me time:** You can't be a good partner without focusing on yourself too. Make sure you have something that you truly love outside of your relationship. You never want to depend on someone else for your own happiness.

**Cupid wants to know:** What's another way to work on your partnership on a regular basis? Share your best relationship advice below!

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# Celebrity Interview: 'Mom vs. Matchmaker' Star Carmelia Ray Dishes on Celebrity Relationships & Expert Love Advice



By [Delaney Gilbride](#)

The mother of all matchmakers is back and ready to tackle every and any matchmaking challenge that comes her way! Carmelia Ray's hit show on Myx TV, *Mom vs. Matchmaker*, is in full swing after the show's second season debuted on Tuesday, March 14th. Yearning singles couldn't be more hyped! Ray integrates her 20-plus years of experience as a celebrity



matchmaker, certified dating coach, and online dating expert to battle it out with determined mothers in order to find the perfect suitor for struggling singles on her stirring reality TV show. In our exclusive [celebrity interview](#), the matchmaker spills her expert [dating advice](#) as well as her views on the hottest [celebrity couples](#).

## ***Carmelia Ray Talks Season Two of Mom vs. Matchmaker***

The saying “mother knows best” truly came into play during filming of the second season of *Mom vs. Matchmaker* – so much so that the expert needed a little help herself as she went head-to-head with the mothers. “I thought the moms were fiery last season,” Ray shares, “but that was a fondue compared to the blazing competitors this season! I had to bring in a smoking hot love assistant, Patrick, to keep up with all that fire.”

**Related Link:** [‘Martha & Snoop’s Potluck Dinner Party’ Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible ‘Jersey Shore’ Revival](#)

Moms were ready to give their all following the success of the show’s first season, and they sure didn’t disappoint. The process of being a matchmaker isn’t an easy one, *especially* if you’re butting heads with the mother of a client. Ray recalls working with a mother who called herself the “Mafia Mom” and, boy, did she mean it. The mothers participating in this season showed up “ready to rumble,” making it deliciously exciting for both Ray and her viewers.

## **Matchmaker Gives Love Advice on the**

# End of “Cuffing Season”

With warm weather just around the corner, Ray’s [love advice](#) for the end of “cuffing season” – or winter flings – is short and sweet. “It’s time for spring cleaning!” she exclaims. This advice is both literal and metaphoric when it comes to your life. “Clear out your clutter – in your mind, on your social media, and with your love life. Dump anything or anyone that doesn’t serve you or what you stand for.” Although we all know too well how rough it is to end a winter relationship following long nights of cuddling and cocoa, Ray advises us to leave all of that in the past. The matchmaker thrives off of her ability to connect singles with their life mates and says, “Helping people find love is the best reward I could ever imagine.” So how could her advice possibly steer us wrong?

**Related Link:** [Reality TV Star & Cookbook Author Kathy Wakile Hosts Book Signing at Cabo in Rockville Centre](#)

As for finding someone special in the heart of spring, Ray mentions that if you’re looking for love, you *have* to have a plan. “It’s amazing how many singles who are looking for love don’t date!” Ray shares. “My number one tip for someone looking for love is to make sure they have a dating strategy and plan in order to find love. You cannot go into dating without a plan for how, where, and when you plan to be dating.”

## An Inside Look at Celebrity Relationships

Since Ray has been coined “the celebrity matchmaker,” it’s only fitting that we asked her a few questions regarding the most popular couples in Hollywood. As for [Selena Gomez](#) and the Weeknd, the dating expert totally understands why the public

adores their relationship. "They get each other's lifestyle and understand the hardships of dealing with their lives constantly being under scrutiny," she says. "This musical pair is an undeniable force and notable power couple." The matchmaker adds that "there's something incredibly undeniable about young, attractive, talented, celebrity couples, especially when they combine forces and publicly display their affection and respect for each other."

**Related Link:** [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Views Can 'Expect a Bit of Everything'](#)

When it comes to favorites, Ray gushes over her all-time favorite celebrity couple: Goldie Hawn and Kurt Russell. She believes there is so much to learn from them. “To be married and stay married in the world of music, TV, and entertainment is already a huge testament of their devotion, love, and loyalty for one another, despite the bumps,” she shares. We strive to have relationships that last a lifetime, which is why Ray does the job that she does. It’s people like her that help singles like us get over our insecurities about love and jump into it with open arms!

You can connect with Carmelia Ray socially on Twitter, Instagram or Facebook @carmeliaray. Don't forget to hashtag #askmomvsmatchmaker if you have specific questions about your dating life you'd like answered by Carmelia Ray or her team.

# Romantic Philadelphia Food and Wine Getaway:

# Festivals 2017



By [Delaney Gilbride](#)

With warmer weather just around the corner, you and your boo may be itching to get out of the house and adventure to somewhere new. If that's the case, how does a [romantic getaway](#) to Philadelphia sound? Romance and Philly aren't really known to go hand-in-hand unless someone's referencing their understandable obsession with Philly's famous cheesesteaks – we totally get that. However, over the past couple years Philadelphia has been making its mark as the newest, hottest place for food, beer, and wine festivals. What's more romantic than you and your love sipping on wine and nibbling on goodies on a sunny day? Thanks to [eventbrite.com](#), Cupid's here to tell you all about the very best food and wine festivals happening this year in the Philly area.

# Be pampered like [celebrity couples](#) and buy tickets to one of the following Philadelphia Food and Wine Festivals in 2017 – you can't go wrong!

## **1. Phoenixville Beer & Wine Festival 2017 (Saturday, May 13):**

Take our [relationship advice](#) and attend Phoenixville's first annual Beer & Wine Festival with your honey! Located at Kimberton Fairgrounds in Phoenixville, PA, you and your boo will be able to enjoy unlimited sampling of beer and wine from 12:00 PM-4:30 PM for the fair price of \$10-\$65 a ticket. The sampling includes 80+ craft beers and 36+ wines with a free tasting glass souvenir for each ticket holder. If you so choose to spend the extra money to indulge in everything VIP, you and your boo will be able to enjoy chocolate and cheese pairing with your wine and beer throughout the afternoon. The event includes live music and rockin' food including Dump-N-Roll, the Surf & Turf Truck, and Uncle B's BBQ. It's the perfect way to jump right into Summer!

**Related Link:** [Destination Miami: New Out Of the Box Destinations Reshaping the Culinary and Nightlife Scene](#)

## **2. 2017 Taste of Kutztown Wine and Beer Tasting (Saturday, June 10):**

Get a true taste of Pennsylvania by attending the 8th annual Taste of Kutztown Wine and Beer Tasting at the Kutztown Community Park in Kutztown, PA. From 12:00 PM-5:00 PM you'll be able to sample 16 local wineries from their hometown of Pennsylvania along with 10+ breweries. This widely anticipated event also includes an array of food trucks, artisan vendors, and soulful music you'll be dancing along with into the night. You have the choice to buy tickets ranging from \$20-\$225 depending on the amount of people that



will be joining you and/or your decision on obtaining general admission or VIP tickets. VIP ticket holders are allowed an additional 30 minutes of sampling prior to the opening of the event.

**Related Link:** [Famous Cooks: Top 5 NYC Food Trucks for 2017](#)

**3. 2017 Run Now Wine Later 5K and Festival (Sunday, September 10):** This is the perfect [date idea](#) if you and your boo are into running off your booze! The 5th annual Run Now Wine Later 5K and Festival starts at 9:00 AM with the beginning of the race and ends at 12:00 PM as runners finish up their fill of wine. With ticket ranging from \$20-\$55, contestants run throughout the picturesque town of New Hope, PA straight to Bucks County Play House to mark the start of food and wine tasting. Not into running? No problem, you have the option of buying a ticket that does not include participating in the 5K. Instead, you'll be able to relax with your choice of wine while enjoying a beautiful waterfront view.

**4. Philadelphia Food, Wine and Spirits TASTE Festival 2017 (Friday, October 13 – Sunday, October 15):** As Summer comes to a close enjoy what's left of it by attending the 18th annual Philadelphia Food, Wine and Spirits TASTE Festival in King of Prussia, PA. This three day event takes place at the Valley Forge Casino Resort and starts at 6:00 PM Friday and ends at 4:00 PM Sunday. Tickets range from \$50-\$65 as ticket holders will enjoy 150+ local and national vendors selling and sampling food and wine, 50+ wine and spirit sampling stations, 20+ food demos *and* book signings with celebrity chefs. The food is known to be as gourmet as it gets; the chefs range from locals to celebrities every year. This event includes tremendous food with great wine, what could be better?

*All ticket holders must be 21+ to attend these events.*

**Do you know of any other Wine and Food Festivals in the Philly area? Comment below!**

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# Celebrity News: New 'Bachelorette' Rachel Lindsay Goes on Group Date with NBA Star



By Noelle Downey

Rachel Lindsay, the newest *Bachelorette*, just had the date of a lifetime. According to [UsMagazine.com](http://UsMagazine.com), Rachel Lindsay and

ten of her sexy suitors went on what first appeared to be an unassuming group date at a high school that quickly turned into a mind-blowing opportunity to shoot some hoops with a real NBA star. Hall of Famer Kareem Abdul-Jabbar made [celebrity news](#) when he showed up for a few pick-up games that gave Rachel's admirers an opportunity to show their best moves on the court and prove if they had what it took to take down a proven champion. While Lindsay was reportedly a bit shy in her new role as the queen bee of *The Bachelorette*, she went on to conquer her nerves and have a great time, interacting with the cheering crowds and enjoying this incredibly unique [celebrity dating](#) experience.

**This [celebrity news](#) has us excited for the new season of *The Bachelorette*! What are some unique ways to meet a potential partner?**

### **Cupid's Advice:**

Meeting the right person can be hard, even if you're a [single celebrity](#) like Rachel Lindsay. Cupid is here with three great [dating tips](#) to help you meet the next bachelor in your life:

**1. Try speed-dating:** Tired of going on dates only to find out after the first five minutes that you're totally incompatible? Don't waste your time looking for chemistry that's not there. Instead, try speed-dating! Enjoy yourself in a fun, relaxed environment making quick connections to see if anything clicks. Bring some friends and flirt with some fresh faces. You just might meet the one for you.

**Related Link:** [Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her](#)

**2. Take up a new hobby:** Mutual interests are a great way to

get a conversation going with a new cutie. Try taking a pottery class, joining a writer's group, or sashaying your way through a salsa club. More than likely you'll meet someone eventually who catches your eye through one of your interests, and the fact that you know you two already share one thing in common will give you confidence and an opener for an approach.

**Related Link:** [Celebrity News: 'Bachelorette' Alum Ali Fedotowsky Says Dating Roberto Was Her 'Most Successful Relationship'](#)

**3. Be open to what the world has to offer:** Just like the newest Bachelorette, you have so many options. Remember to look out for opportunities to meet new people and engage with life around you. True, you probably can't toss a ball around with an NBA star, but you could always work up the nerve to talk to that cute barista at your favorite coffee shop. Life is full of amazing moments just waiting to happen, so keep on the look out!

**What are your best tips for places to meet someone new? Let us know in the comments!**