

Reunited Celebrity Couple? Exes Nick Viall & Andi Dorfman Spotted Running Together



By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* alums Nick Viall and [Andi Dorfman](#) were spotted on a run together in Santa Monica, according to *UsMagazine.com*. The [celebrity exes](#) were seen two days after Viall revealed he was dating someone on his podcast, the *Viall Files*. While the [reality TV](#) star didn't give any details, he discussed "a conversation with someone that [he's] dating." A few weeks prior, Dorfman joked about reaching out to her exes during quarantine, sharing a post

that read, “I’m about two days and/or three martinis away from texting all of my exes.” She included a screenshot of a blank group text to Viall and Chris Soules, who were both contestants on her season of *The Bachelorette*.

Exes Nick Viall and Andi Dorfman are starting celebrity couple rumors after they were spotted running together. What are some ways to know if you should reunite with your ex?

Cupid’s Advice:

Your relationship ended for a reason, but you can’t stop thinking about your ex. How do you know if you should really give it another chance with your ex? Cupid has some advice for you:

1. Time has passed: You and your ex have spent time apart. Maybe, you’ve both grown. Maybe, you can’t remember what fight broke you up. You may be able to start again with a clean slate. If extended time apart helped you realize you still want to be with your ex, why wait any longer?

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick’s Past Proposal on ‘The Bachelor GOAT’](#)

2. You fixed the problem: Remember the reason you broke up in the first place? Maybe it’s not a problem anymore. If there was a specific issue that broke you two up—like long-distance no longer being an issue—and that issue has been solved, it might be worth it to try again.

Related Link: [Reality TV Update: Andi Dorfman Is ‘Excited’ to](#)

[See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

3. You're on the same page: Sometimes relationships end because you and your partner don't want the same things. Maybe you couldn't agree on where to live or if you wanted kids. People can change their minds! If you and your ex want the same things now, it sounds like the timing is right.

Would you be open to giving your ex another shot? Start a conversation in the comments below!

Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split





By Diana Iscenko

In the latest [celebrity news](#), Julianne Hough is having a hard time with her recent separation from ex-NHL player Brooks Laich. The [celebrity couple](#) split in May after almost three years of marriage. A source told *UsMagazine.com* that the *Dancing with the Stars* alum is “super upset” about the pair’s upcoming [celebrity divorce](#) saying, “Julianne and Brooks’ split was a long time coming... There’s still a love there, but not in a romantic sense.”

In celebrity break-up news, Julianne is having a tough time dealing with her recent split. What are some happy things you can do while coping with a split to boost

your mood?

Cupid's Advice:

The end of a relationship is always hard. You need time to grieve no matter how it ended. It's also important not to let the grief be the only thing you feel. If you're having a hard time feeling positive after your breakup, Cupid has some advice for you:

1. Reconnect with friends: It's easy to distance yourself from your friends during your relationship, but it's important to spend time with them after a breakup. Your close friends are there for you and this is when you need them most. If they're long-distance friends, schedule times to call them!

Related Link: [Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough](#)

2. Fall in love with your hobbies: Some of your free time will be spent being upset about your breakup and that's okay. Try spending more of that time getting back into hobbies you may have stopped doing during your relationship. This is your time to experiment with new activities, too!

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Say yes to new experiences: Accept every social invitation you have. Spend a night out with friends or have lunch with your family. Even if it doesn't feel genuine at the beginning, you'll be glad you spent time with people you care about instead of holing up and watching Netflix again.

What are some ways you pick yourself up after a breakup? Start a conversation in the comments below!

Celebrity News: 'Bachelorette' Becca Kufrin Doesn't Know Relationship Status with Garrett Yrigoyen After His Pro-Cop Remarks



By Diana Iscenko

In the latest [celebrity news](#), [Bachelorette](#) Becca Kufrin reveals fiancé Garrett Yrigoyen's controversial Instagram post may be the end of their [celebrity relationship](#). In a recent

episode of the *Bachelor Happy Hour* podcast, Kufrin said, "All I can say right now is that I don't know ... about my relationship with Garrett at this point." The [reality TV](#) star initially spoke out about Yrigoyen's post, which included a lengthy statement that said he "couldn't sit back and not support" his "many friends and family in law enforcement." Kufrin initially condemned the post, but she didn't think it was "meant in a malicious way." On the podcast, she apologizes to Rachel Lindsay, the franchise's only black *Bachelorette*, for her initial response, saying, "That conversation deserved my complete, undivided attention. It deserved much more care and thoughtfulness on my end."

In celebrity news, *Bachelorette* couple Becca and Garrett may not be living happily ever after. What do you do if you discover a difference in morals between yourself and your partner?

Cupid's Advice:

You and your partner won't always see eye-to-eye, but there are some things that are harder to compromise on. If you've recently realized you and your partner have different moral values and don't know how to approach that, Cupid has some advice for you:

1. Understand where they're coming from: It's easier to understand your partner's opinions if you understand why they think that way. Consider how they grew up: heir family, their neighborhood, their education. Have productive conversations with your partner to better understand their values.

Related Link: [Celebrity News: 'Bachelorette' Becca Kufrin Speaks Out About Garrett Yrigoyen's Controversial Police Support](#)

2. Find common ground: Even if you and your partner are disagreeing about a topic overall, there is bound to be something you agree on. Try to focus on these agreements and don't force each other to change. You're likely trying to both educate each other, but that doesn't mean it will change how either of you think.

Related Link: [Celebrity News: 'The Bachelor' Names Matt James as First Black Male Lead](#)

3. Know your boundaries: It's important to communicate, but there's only so much you can compromise on. If you feel like you and your partner are disagreeing on something that's fundamentally important to you, you'll need to think about how this will affect your future relationship. If this disagreement is really a deal-breaker, it isn't going to go away.

Where do you draw the line between a difference in opinion and a difference in morality? Start a conversation in the comments below!

Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?



By Diana Iscenko

In the latest [celebrity news](#), Kelly Clarkson and soon-to-be ex-husband Brandon Blackstock have filed for divorce. A source close to Clarkson revealed that issues have been plaguing the [celebrity couple's](#) marriage for a long time. "They clashed on so many levels and being in quarantine together heightened their problems to the point of no return," the source *told UsMagazine.com*. Hosting her own talk show and coaching on *The Voice* required Clarkson to spend a lot of her time in Hollywood. However, the source reveals that the singer's [celebrity ex](#) "prefers their quiet life in Nashville."

**In celebrity divorce news,
quarantine heightened Kelly**

Clarkson and her husband's relationship issues. What are some ways to work on your relationship in quarantine?

Cupid's Advice:

Quarantine can be hard on any relationship, but it can take an especially heavy toll on those who are already having issues. If you're worried about COVID-19 ending your relationship for you, Cupid has some advice for you:

1. Make sure you're on the same page: Everyone is extra stressed out right now. Take time to discuss what is troubling you both most. Once you're both aware of what about the pandemic is worrying you most, you can work as a team to find ways to deal with it.

Related Link: [Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years](#)

2. Find an activity to do together: You and your partner are probably spending much more time together. While every waking moment doesn't need to be spent together, find something you and your partner can do together that lets the two of you have quality time together. Do a puzzle, have movie nights, anything to make quarantine still feel like dating.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

3. Focus on communication: Having healthy communication with your partner is always important, but it's even more vital when you're with them 24/7. Especially in such a high-stress time, you're bound to have disagreements. Make sure to be empathetic and steer clear from trying to "win" the argument

by belittling your partner.

How have you been working on your relationship during quarantine? Start a conversation in the comments below!

Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years



By Diana Iscenko

In the latest [celebrity news](#), Kelly Clarkson and husband

Brandon Blackstock file for divorce. The [celebrity couple](#) were married in 2013 and have two kids together, five-year-old River and four-year-old Remington. The singer cited irreconcilable differences when filing for divorce in Los Angeles. Despite these differences, the [celebrity exes](#) have been quarantining with their children at the pair's ranch in Montana.

In celebrity divorce news, Kelly Clarkson has decided to part ways with her husband after seven years of marriage. How do you know your relationship is over and not fixable?

Cupid's Advice:

It's hard to come to terms with things when your relationship is ending. Is it something you can work through or is it over? If you're thinking about calling it quits with your partner, Cupid has some advice for you:

1. They're no longer your go-to: You just got amazing news, but your partner isn't the first to know. You want to go to a concert, but you don't think to bring them as your plus one. While this might not seem like major problems, it shows that your partner is losing importance to you. You're feeling closed-off from your partner, which could show that your relationship isn't working as well as it was.

Related Link: [Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing](#)

2. You've stopped talking about the future: Planning for your

future together is an important part of being a couple. If you find yourself no longer looking forward to a future with your partner (or don't see them in your future at all!), it might be time to let them go. If you're no longer in it for the long haul, you're holding both you and your partner back.

Related Link: [Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian](#)

3.You're bored: Not only are you feeling bored with your relationship, but with your entire life. If you're feeling dissatisfied with everything, it may be because your relationship is stagnant and that's seeping into other areas of your life.

How do you know it's time to call it quits on your relationship? Start a conversation in the comments below!

Celebrity News: Arie Luyendyk Jr. Says 'Bachelor' Concept 'Barely Works' for Finding Love





By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* Arie Luyendyk Jr. says the [reality TV](#) show's concept "barely works" when it comes to finding love off-camera. On a recent episode of the *Couple Things With Shawn and Andrew* podcast, Luyendyk Jr. reveals how he feels the show is unrealistic: "It's not natural to have two people that you [have], at the end, and then have to break up with one person and get engaged to another person an hour later." *The Bachelor* alum isn't completely writing off the show as he married his runner-up, Lauren Burnham. Despite not giving his wife the final rose, Luyendyk Jr. and Burnham tied the knot at their [celebrity wedding](#) in January 2019. Burnham also told the podcast, "it's so hard to [build trust] in such a short amount of time."

In celebrity news, Arie Luyendyk came out saying that The Bachelor

is 'unnatural' when it comes to finding love. What are some unique ways to go about finding love?

Cupid's Advice:

Most couples meet a partner through mutual friends or dating apps. We can't all sign up for *The Bachelor*, but there's always other ways to meet a new partner. If you've given up on blind dates and Tinder conversations, Cupid has some advice for you:

1. Throw a singles party: Crowded singles events can be uncomfortable and overwhelming. Instead, throw a party and ask all your invitees to bring one single friend. Do something you enjoy—like a karaoke night or a cocktail party—to take the pressure off finding a potential partner.

Related Link: [Celebrity Parents: Former 'Bachelor' Arie Luyendyk Jr. Calls Wife Lauren the 'Hottest Momma'](#)

2. Dress outside your comfort zone: You may be passing by people every day that might want to talk to you. There's no better excuse for them to speak up when you dress in a way that stands out in a crowd. Dye your hair a fun color or dress in a unique style. Whatever you're comfortable with that draws attention!

Related Link: [Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca](#)

3. Slide into someone's DMs (nicely!): Take advantage of people you're already connected with on social media. Keep your eyes peeled for posts that show what the person cares about. Try starting a conversation based on something you know you have in common. Don't send them a generic "hey" if you

want to get an actual conversation going.

How do you put yourself out there for a new relationship?
Start a conversation in the comments below!

Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing



By Diana Iscenko

In the latest [celebrity news](#), Ewan McGregor and Eve Mavrakis have finalized their divorce more than two years after filing. The [celebrity couple](#) was married for 22 years, with McGregor filing for divorce in January 2018, citing inconsolable differences. There were rumors of this [celebrity divorce](#) before it was filed, with McGregor spotted kissing *Fargo* costar Mary Elizabeth Winstead in October 2017. The couple went public with their relationship after McGregor's divorce was filed and are still together today.

In celebrity divorce news, it's officially over for Ewan McGregor and his now ex-wife Eve. What are some ways to get through tough divorce proceedings?

Cupid's Advice:

No one is expecting to get divorced on their wedding day. Even if your divorce was a long time coming, it can be hard to come to terms with the end of your marriage. If you need help getting through your divorce, Cupid has some advice for you:

1. Let yourself mourn: Your marriage is over and you're supposed to be upset about it. Whether you're heartbroken over betrayal or just bummed it didn't work out, you need to let yourself feel your emotions. Let yourself be upset.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

2. Stop fighting with your ex: You might be tempted to call your ex out on their bad behavior. If you keep fighting with your ex, you're letting the unhappiness of your past marriage get in the way of your moving on. Remember you aren't married

anymore and you don't need to fight with them.

Related Link: [Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy](#)

3. Open up to someone: It's important to find someone to confide in. Talk to a trusted friend, family member or therapist. You shouldn't keep your frustrations inside, but you also shouldn't complain about your divorce to your ex's voicemail or to your children.

How do you handle things with your ex? Start a conversation in the comments below!

Celebrity News: 'Bachelorette' Becca Kufrin Speaks Out About Garrett Yrigoyen's Controversial Police Support





By Diana Iscenko

In the latest [celebrity news](#), [Bachelorette](#) Becca Kufrin disagrees with fiancé Garrett Yrigoyen's recent Instagram post. Yrigoyen posted a photo of the "Thin Blue Line," a symbol showing support for police officers. "With so many friends and family in law enforcement, I couldn't sit back and not support them," said Yrigoyen on the post. On a recent episode of the *Bachelor Happy Hour* podcast, the [reality TV](#) star spoke out: "I believe that he is a good person... I do think [the post] was tone-deaf, and it was the wrong time and message and sentiment." Kufrin's co-host, Rachel Lindsay, was more critical of his silence about the Black Lives Matter movement: "I don't think Garrett is malicious, but Garrett is what the problem is."

In celebrity news, Becca Kufrin opened up about her fiancé

Garrett's recent social media posts supporting the police during the Black Lives Matter movement. What do you do if you disagree with your partner's social views?

Cupid's Advice:

It's impossible to agree with your partner on everything. However, differences in political and social beliefs can feel harder to find a compromise. If you're not sure how to talk to your partner when you disagree on these views, Cupid has some advice for you:

1. Acknowledge each other's views: You don't have to agree, but you both need to understand where the other is coming from. Acknowledging and understand your partner's views will let you understand their thought process. Being able to have healthy conversations will prevent misunderstanding their views.

Related Link: [Celebrity Couple News: 'Bachelorette' Becca Kufrin Is Engaged to Garrett](#)

2. Be specific: Focus on the issues you're discussing. Don't diminish each other's beliefs to political parties or candidates. Even if you're registered to different parties, there are still issues you might have similar views about. Having pointed discussions about the issues you care about will prevent you or your partner from generalizing.

Related Link: [Celebrity News: 'Bachelorette' Star Blake Horstmann Talks Moving On After Becca Kufrin Split](#)

3. Agree to disagree: It's almost impossible to change people's beliefs. You need to decide when it's time to give

yourselves space to disagree about topics. Some topics can easily be left alone. Other topics that you're passionate about may be harder. If you're unable to comfortably leave these disagreements with your partner, it may be time to consider how these disagreements affect you and your relationship.

How do you navigate these difficult conversations with your partner? Start a conversation in the comments below!

Celebrity Wedding News: Gwen Stefani & Blake Shelton Want to Get Married Post-Pandemic





By Diana Iscenko

In the latest [celebrity news](#), [Gwen Stefani](#) and [Blake Shelton](#) are waiting until after the COVID-19 pandemic ends to tie the knot. The [celebrity couple](#) has been secretive about their wedding plans, leaving fans in the dark about their engagement. A source close to the couple told *UsMagazine.com* that Stefani had begun the process to annul her previous marriage in the Catholic church in March of last year. However, the current global crisis has “changed Gwen’s feelings about getting the annulment and getting married.” Now Stefani and Shelton’s [celebrity wedding](#) will take place after social distancing restrictions are lifted. “She didn’t wait this long to get married with family watching on Zoom,” the source reveals.

In celebrity wedding news, Gwen and Blake want to take the next step in

their relationship and tie the knot, but they want to wait until after the pandemic. What are some ways to have a special wedding celebration during the pandemic?

Cupid's Advice:

Quarantine has put a halt to a lot of weddings. Whether you pushed back your ceremony or decided to get married without the reception (for now), you'll still want to do something special. Whether you want to celebrate your actual marriage or your would-have-been wedding date, Cupid has some advice for you:

1. Virtual reception: While a Zoom-sponsored wedding reception may not have been your first choice, being able to talk to your closest friends is worth it. Get dressed up and make speeches with your wedding party and others close to you!

Related Link: [Celebrity News: How Blake Shelton's Divorce Led Him to True Love](#)

2. Socially-distant car parade: One way to celebrate your special day is to have your close friends and family who live locally drive by your house. Despite the distance, your loved ones will be able to celebrate your wedding in person from inside their cars.

Related Link: [Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before 'The Voice'](#)

3. Stay-at-home celebration: At the end of the day, your wedding is about you and your partner. Take this chance to have a romantic stay-at-home date with your new spouse. You

could dress you and make a fancy dinner or you could get comfy and reminiscence on your relationship.

What are you doing to celebrate the special moments in your life during quarantine? Start a conversation in the comments below!

Celebrity Wedding News: Sienna Miller 'Can't Wait' to Make Lucas Zwirner Her Husband





By Diana Iscenko

In the latest [celebrity news](#), actress Sienna Miller is excited to tie the knot with fiancé Lucas Zwirner. The [celebrity couple](#) got engaged in February after meeting in December 2018. A source close to the pair told *UsMagazine.com* that Miller “can’t wait” to turn her fiancé into her husband. “They’re so in love. They’re so excited for this new chapter,” revealed the source. The couple hasn’t announced a date for their [celebrity wedding](#) yet.

In celebrity wedding news, Sienna Miller is in planning mode for her marriage to Lucas Zwirner. What are some ways to incorporate both of your personalities into your

wedding day?

Cupid's Advice:

Your wedding should be a great day for both you and your spouse. It's easy to get caught up in your ideas on how the day should go, but it's just as much your partner's special day as it is yours. If you're not sure how to involve your future spouse in the wedding process, Cupid has some advice for you:

1. Start on the same page: Set the tone for your wedding planning process. Let your partner know that their ideas are just as valid as yours and that you want their help. A good jumping-off point is making a list of must-haves for each of you and coming together to see what's most important to the other.

Related Link: [Celebrity Couple News: Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary](#)

2. Put them in charge: Give your partner complete control over an aspect of your wedding. If they're passionate about music, let them make the decisions regarding the band or DJ. If you're in charge of other aspects of our special day, your partner should have the same experience.

Related Link: [Relationship Advice: How Important Are Similarities For A Happy Marriage?](#)

3. Value their input: Let your partner voice their opinions. A good way to do this is to present your partner with your topic choices. Let them help you decide between your top three cake choices. Not only will it make the decision process simpler, it gives both parties input on an aspect of the wedding.

How is your partner helping plan your special day? Start a conversation in the comments below!

Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages



By Diana Iscenko

In the latest [celebrity news](#), [Carrie Underwood](#) shared that she and husband Mike Fisher “considered adoption” before the birth of their second son. Underwood recently revealed that

the [celebrity couple](#) had three miscarriages in two years. According to *UsMagazine.com*, on the latest episode of *Mike and Carrie: God & Country*, the singer said, “We needed to have a baby or not ever. Because I couldn’t keep going down that road anymore.” The pair considered adopting to bring [celebrity baby](#) #2 into the world, but they were then able to conceive their second son Jacob, whom they welcomed in January 2019.

In celebrity baby news, Carrie Underwood considered adoption after having multiple miscarriages. What are some ways to decide if adoption is right for you and your partner?

Cupid’s Advice:

When you and your partner are ready to start a family, consider adopting kids! Adoption comes with its own set of challenges, but it’s just as rewarding (if not more) as having your biological children. If you’re not sure if adoption is right for you and your partner, Cupid has some advice for you:

1. You are unable to have biological children: Many couples who are unable to conceive on their own turn to adoption. Whether you have fertility issues or have a same-sex partner, adoption is the perfect way to expand your family.

Related Link: [Celebrity Baby: Carrie Underwood Welcomes Second Son!](#)

2. You want to help the foster system: Many people feel that they should adopt children, not because they are physically unable to do so, but because they want to lighten the burden of the foster system. You and your partner have love to give and there are thousands of children who need a loving home.

Related Link: [Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom](#)

3. You have religious limitations: Some couples who are having trouble conceiving turn to adoption, instead of fertility treatments and in vitro fertilization, because of religious beliefs. Believing every life is sacred extends to the children you can adopt.

Would you be open to adoption? Start a conversation in the comments below!

Celebrity Babies: Kristen Bell Vows to Raise Her and Dax Shepard's Kids to Be 'Anti-Racists'





By Diana Iscenko

In the latest [celebrity news](#), [Kristen Bell](#) shared her and husband Dax Shepard's commitment to teaching their daughters about racial inequality. In the wake of George Floyd's death and Black Lives Matter protests, the [celebrity couple](#) is working toward raising "anti-racist" children. In an interview with *The Morning Beat*, Bell said, "I have been having a lot of conversations with my children about what's happening right now because I think part of the problem is discomfort." Bell continues to say that while these conversations are hard, they need to occur within white communities: "Bring it to your dinner table, don't look away because it's uncomfortable."

In celebrity baby news, Kristen and Dax's kids will be raised as anti-racists. How do you instill good values in your children?

Cupid's Advice:

We all want our kids to grow up to be good people but toeing the line of informative and lecturing can be difficult. If you're not sure where to start, Cupid has some advice for you:

1. Be a good role model: You need to set a good example for your children. No matter what you teach them, it will be undone if they see you acting differently from what you've taught them. Don't undermine yourself! Apologize to your kids when you mess up. Share your experiences with them so they can understand why the values you teach them are so important.

Related Link: [Celebrity Couple Kristen Bell & Dax Shepard Talk Disciplining Their Daughters](#)

2. Relate the issue to their life: Relating a value back to your child's life will make it easier for them to understand it and why it's important. You can use anything to teach them—an issue at school, an event you witness at the store, or even an incident on the news. These make great spontaneous lessons. Ask your kids what they would've done.

Related Link: [Celebrity News: Dax Shepard Originally Turned Down 'Parenthood' for Kristen Bell](#)

3. Follow through: Let your kids know when you're proud of their behavior! Thank them when they do something you asked. Acknowledge when they make you proud. However, you also need to hold your kids accountable when they're less than perfect. Turn their mistakes into a chance to learn and make amends for what they did.

How do you start these difficult conversations with your kids? Start a conversation in the comments below!

Celebrity News: Ben Affleck & GF Ana De Armas Join California Black Lives Matter Protests



By Diana Iscenko

In the latest [celebrity news](#), [Ben Affleck](#) and Ana De Armas participated in the #BlackLivesMatter protests in Venice, Calif. last Tuesday. The [celebrity couple](#) was spotted holding signs that read “Black Lives Matter” and “Save First Baptist Church of Venice.” Affleck and De Armas showed their support of the historic black church built in 1910 that faces the possibility of demolition. The famous couple are only two of the many Hollywood stars who are speaking out against the

recent death of George Floyd.

In celebrity news, Ben Affleck and his new girlfriend are joining forces to protest racism. What are some ways to support a worthy cause with your partner?

Cupid's Advice:

Activism is important and there are countless causes that need your support. Find out what topics you're passionate about! If you're not sure where to start or how to support these causes with your partner, Cupid has some advice for you:

1. Protest in your city: No matter what cause is close to your heart, there's sure to be an upcoming demonstration for it. You and your partner can attend these together. You two can also spend the day before preparing for them together: making signs and packing the necessary supplies.

Related Link: [Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas](#)

2. Donate to causes: It's important to put your money where your mouth is when it comes to activism. Research a trusted organization and donate to them. Everyone has limits to what they can afford so don't feel obliged to drop money you don't have!

Related Link: [Celebrity News: Blake Lively & Ryan Reynolds Donate \\$200,000 to NAACP Legal Defense Fund](#)

3. Educate yourself and others: You can always be a better activist and there's always more to learn. You and your partner can watch documentaries or listen to podcasts

together. If you're feeling up to it, you can also try to educate other family and friends.

What causes are important to you and your partner? Start a conversation in the comments below!

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split



By Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filed for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Cutler "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according to an Instagram post.

In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing warnings about your relationship?

Cupid's Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. Find a compromise: You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity News: Nikki Bella Offered to Take a Break in Relationship with Artem Chigvintsev





By Diana Iscenko

In the latest [celebrity news](#), *Total Bellas* star Nikki Bella reveals she offered to take a break with fiancé Artem Chigvintsev at the beginning of their relationship. The [celebrity couple](#) started dating only six months after Bella called off her engagement and ended her six-year relationship with John Cena. According to *UsMagazine.com*, Bella divulged she was initially worried about falling into a new relationship so quickly. “I was still in the process of healing, but yet I was falling in love so fast with [Chigvintsev],” Bella said on the latest episode of “The Bellas Podcast.”

In celebrity news, Nikki offered to take a pause on her relationship with Artem early on as she was healing from her past celebrity

break-up. How do you know you're ready to move on from a past relationship?

Cupid's Advice:

Finding a new partner is exciting, but it can be hard to tell if you're ready to take the jump into a new relationship. If you're unsure if you're ready to put yourself out there again, Cupid has some advice for you:

1. You've learned from the past: You need to learn from your past relationships to have healthy ones moving forward. It's important to acknowledge what didn't work in your last relationship (yes—even in your own actions!), but it's even more important to learn from it and prevent yourself from falling into those same patterns in your new relationship.

Related Link: [Celebrity News: Pregnant Nikki Bella Shares Sweet Note to Fiancé Artem Chigvintsev](#)

2. You're content with life being single: Finding happiness outside of relationships shows you've moved past your ex. Once you've figured out what you want from life, it's much easier to know if a new partner would fit into that, or if you should wait a little longer.

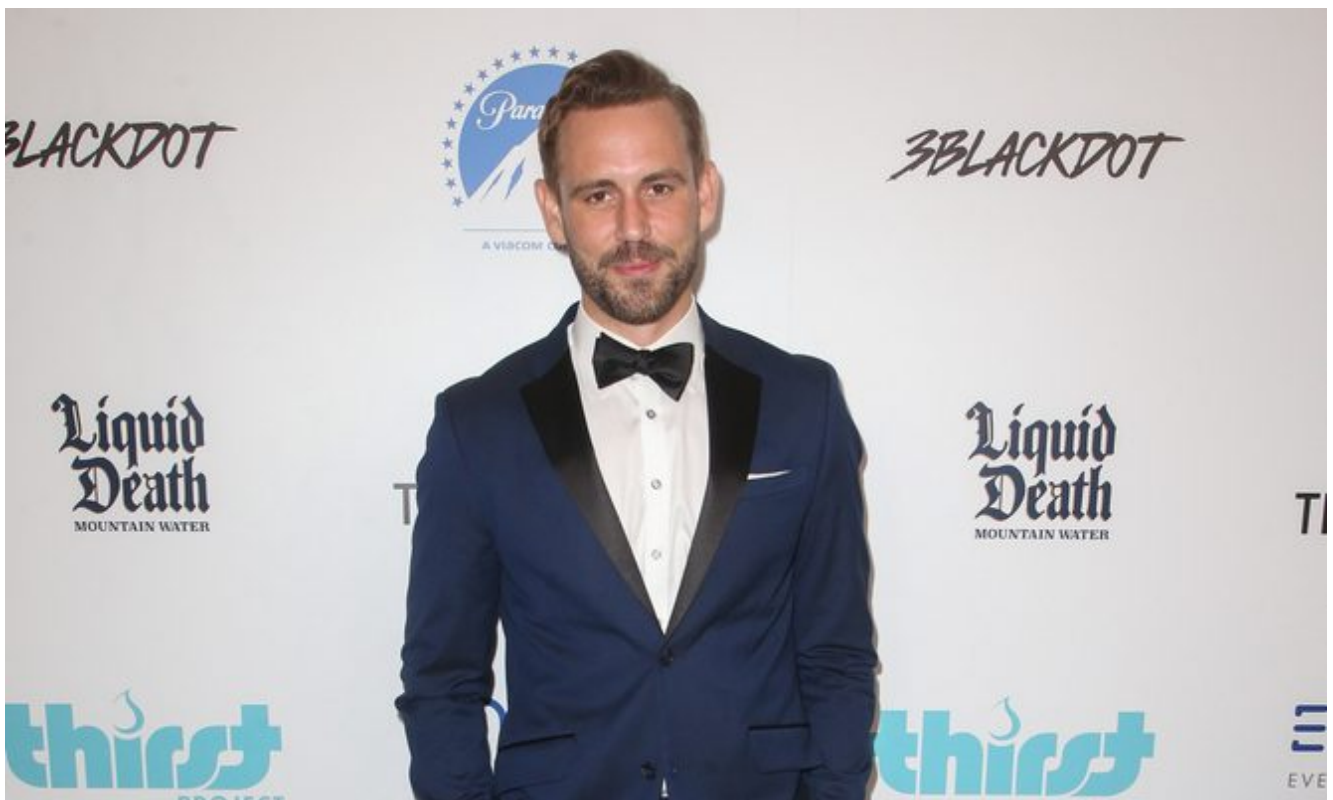
Related Link: [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

3. You're open to a new experience: It's easy to tell yourself you're ready for love again, but still shut down any opportunities that come your way. If you've met someone you like without pushing them away, that's your gut telling you you're ready.

What do you do to heal after a relationship? Start a

conversation in the comments below!

Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie

ended things to give Disick space to work on his mental health and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?

Cupid's Advice:

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

1. Allow yourself to grieve: This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Focus on yourself: Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

3. Lean on friends and family: Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

What do you do to heal after a relationship? Start a conversation in the comments below!

Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie





By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?

Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating whether you should stay civil with an ex, Cupid has some advice for you:

1. You need closure: A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

2. You run in the same circles: Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. You still trust them: If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

Do you try to keep things civil with your ex? Start a conversation in the comments below!

Celebrity Couple News: 'Real

Housewives of Atlanta' Star Porsha Williams & Dennis McKinley Back Together After One Month Split



By Ashley Johnson

In celebrity couple news, *Real Housewives of Atlanta* star Porsha Williams was recently seen wearing her wedding ring again, according to *EOnline.com*. It has been one month since the [reality TV star](#) split from her husband Dennis McKinley, but they have decided to give their relationship a second chance and take it one day at a time.

In celebrity couple news, Porsha and Dennis have rekindled things after one month apart. How do you know whether to give your ex a second chance?

Cupid's Advice:

We are wishing the celebrity couple well in their reunion, however not all relationships deserve a second chance, and there are factors to be considered before jumping right back in with your ex. Cupid has some [love advice](#) on how to know whether to give your ex a second chance like the *Real Housewives of Atlanta* stars:

1. Your brain and your heart match up: Feelings can be overwhelming and a lot of the time you may get lost in them. The heart wants what it wants, but the brain has a different agenda. While the care may still be there for your ex and old feelings may even resurface, following your heart can come with its consequences. If your heart is invested, but your brain is showing you all the red flags, then you should be very cautious before giving your ex that second chance.

Related Link: [Celebrity News: Hannah Brown's 'Bachelorette' Runner-Up Goes On Date with Gigi Hadid Days After Spending Night with Hannah](#)

2. You both have grown: If you both have grown, that means that you both are different people than when you first met, and that also means you both are able to move on from the past. Sometimes you may hold grudges against your ex for certain relationship problems in the past, but if you and your ex are genuinely able and willing to forgive each other, then you can begin anew with each other.

Related Link: [Celebrity Couple News: Justin Bieber & Hailey Baldwin Debut Wedding Bands](#)

3. You see your ex in your future: You always want to move forward, not backward. Just because your ex may have been a good portion of your past, does not always mean that they should be a part of your future. However, if you are both on the same page this time around and have the same wants and needs in a relationship, then you can consider keeping them in your life for a better future together.

Can you think of any other ways how to know whether to give your ex a second chance? Let us know in the comments below!

Celebrity Couple News: Gwyneth Paltrow Explains Why She And Husband Brad Falchuk Don't Live Together Full-Time





By [Emily Green](#)

In the latest [celebrity news](#), [Gwyneth Paltrow](#) opened up about why she and her husband Brad Falchuk do not live together full time, according to *UsMagazine.com*. This [celebrity couple](#) was married in September of 2018, and each have two children from previous marriages. Due to worrying how their children will adapt, Falchuk has a separate home he stays in when his children come to stay with him.

This celebrity couple doesn't live together full-time due to reasons pertaining to their kids. What are some ways to introduce the kids you had with your ex to your new love?

Cupid's Advice:

Introducing your children from a previous relationship to your

new partner is not only a big step in your relationship, but a big adjustment for your children. By focusing on your children and how they feel, you can help ensure a smooth transition into this new period in your lives. Here are some of Cupid's tips to introduce your kids to your new partner:

1. Introduce them in a group setting: By introducing your kids to your new partner in a group setting like a barbecue or at the park, this creates a no pressure atmosphere with your kids, so they don't have to worry about making a amazing first impression and vice versa. By meeting them in public group settings the first few times, this gives the kids more time to become acquainted with who your partner is, and will feel more comfortable down the line.

Related Link: [Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck](#)

2. Go slowly: While you might be completely in love with your new partner, remember this is a totally new situation for your children. Watch how they interact with your new partner, and pay attention to their social cues. If they are having a problem with something, talk to them so you can work through it, and then you can move forward.

Related Link: [Celebrity Parents:Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

3. Go in with no expectations: People can't be forced to like one another. By telling your kids they need to be on their best behavior can plant that seed of worry, and immediately puts pressure on the meeting. Simply ask them to go in with an open mind, and they can form their own opinions to share with you after they get to know them.

What are some ways you have introduced your kids to your new partner? Let us know in the comments below!

Bonnie Griffin



Summer 2019

Editorial Intern

Bonnie Griffin is a graduate student at Southern New Hampshire University where she is a student in their new online MFA Creative Writing program. Her main areas of study are in writing in the romance genre and teaching writing online. After working as a freelance writer for other authors and publishers, she published her first paranormal romance novel in 2017 as B.M. Griffin, and has since published four books in total with many more already in the works. Bonnie hopes to turn her love for writing into a career by teaching others in

the profession she is so passionate about, while also continuing to write books that she is proud to put her name on. Bonnie lives in Richlands, North Carolina with her husband Jason, their two daughters, and two dogs she considers her third and fourth child.

Bonnie's favorite [celebrity couple](#) is [Kristen Bell](#) and Dax Shepard. She's been a fan of Shepard's since he starred in the NBC comedy, *Parenthood*. Bonnie loves to see the couple laughing and having a great time together; they seem to truly enjoy being together. The video of Kristen meeting a sloth sealed the deal for her when it came to them becoming her favorite celebrity couple.

Celebrity News: Are Khloe Kardashian & French Montana Getting Back Together?





By Megan McIntosh

Though they were previously a thing, French Montana and [Khloe Kardashian](#) are not a [celebrity couple](#), according to *UsMagazine.com*. After Kardashian's divorce from Lamar Odom, she moved on with French Montana, but admitted that she "was not in a good place" when they dated. Now, after her breakup with Tristan Thompson, she is currently "not thinking about her love life at the moment" and is instead focusing on her daughter, True.

In celebrity news, it seems this rumor is unfounded. What are some reasons you should think twice before getting back together with your ex?

Cupid's Advice:

It can be difficult to know when it's right to rekindle an old flame. How do you know you shouldn't take that step and try getting back together; that it's time to really let it go and move on? Cupid has some advice:

1. Nothing has changed: What was the reason you broke up with your partner? Is that still an issue between you two? If nothing has changed since you broke up, then there's no reason to get back together. The issue will only re-emerge and cause a future break up.

Related Link: [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

2. The reason you're returning isn't a good one: Why are you getting back together with your ex? Is it because you genuinely have a connection, or is it because you want closure? Never return to an ex because you don't understand the break up. If you broke up, there must have been a reason. If that reason still stands, so should the break up.

Related Link: [Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made](#)

3. It might be a rebound: Never rekindle an old flame for a rebound. If you broke up with someone, there's no reason to return to another ex as a rebound. If there's no emotional attachment, you can try to have fun. But, inevitably, feelings always pop up. If you want to rekindle with an old flame, it should only be you two involved in the why.

How do you know when it's a bad idea to rekindle a relationship? Share below!

Celebrity Baby News: Find Out How Falling in Love with Ryan Gosling Changed Eva Mendes' Mind About Motherhood



By Megan McIntosh

Not everyone thinks that motherhood is for them, and sometimes it isn't. But, a lot of times it just takes the right partner. [Celebrity couple](#) Ryan Gosling and Eva Mendes are examples of this. According to *EOnline.com*, Mendes never really considered being a mom until she fell in love with [Ryan Gosling](#) saying, "Then it made sense for me to have...not kids, but his kids. It was very specific to him." She says that a partnership and motherhood has shifted her focus from ambition in the

workplace to ambition in the home. Instead of working hard on a movie set, Mendes says working at home with her children is “challenging her in so many ways.” It’s definitely enough to keep her occupied.

In celebrity baby news, Eva Mendes changed her mind about motherhood because of her partner, Ryan Gosling. What are some signs your partner will be a good parent?

Cupid’s Advice:

It can be difficult to know if you or your partner are ready to have a child together. But there are always signs to look out for that indicate whether your partner will be a good parent:

1. Patience: If your partner is patient when it comes to relationship squabbles, it’s a good indicator that they’ll be a patient parent. Watch how they interact when it comes to tiny annoyances. Kids know how to push all your buttons.

Related Link: [Parenting Advice: 5 Steps to More Effective Parenting](#)

2. Flexibility: Is your partner willing to accept other people’s suggestions? If your partner is willing to be wrong or to compromise, this is a good sign they’re flexible enough to be a parent with you. You won’t always agree on parenting methods, so flexibility is key.

Related Link: [Parenting Tips: How To Set a Good Example For Your Child](#)

3. Emotions: Your partner doesn't have to be super emotional to be a good parent, but it is a good idea to look for signs of affection. If your partner readily shows affection, this is a good sign they're ready to be a parent in the future. At the same time, they shouldn't be quick to anger.

What are some signs you look for to parent with you in the future? Share below!

Celebrity Couple News: Cardi B & Offset Make Reunion Red Carpet Official at Grammys





By Megan McIntosh

Breaking up is hard to do. Sometimes it's so hard that some couples don't remain broken up. [Celebrity couple](#) Cardi B and Offset have been on and off again since his cheating scandal last year. According to *People.com*, Cardi B and Offset finally had a public reunion at the *Grammys*, making it red carpet official. Cardi B has maintained that her relationship with her husband, while rocky, remains focused on their daughter, Kulture. Like many [celebrity break-ups](#), Cardi B and Offset had to decide for their own family whether their [celebrity marriage](#) was worth another chance.

Break ups can be hard but deciding whether or not to give a relationship another chance can be even harder. What are some tips to

deciding where or not to take an ex back?

Cupid's Advice:

Some celebrity couples call it quits and never try again. Others, like Cardi B and Offset, find themselves revisiting that old flame and keeping the fire going. As long as you go into a potential rekindling with a different mentality than the one that made you decide to break up, getting back with an ex can be a good idea when done right. Cupid has some tips:

1. Acknowledge that you have both grown: You may have broken up and the wounds may still be fresh but in order to move on together you have to let go of past hurts. You are both not the same person that you were when you ended your relationship previously.

Related Link: [Celeb News: How Miley Cyrus and Liam Hemsworth Beat the Odds to Become One of Hollywood's Most Solid Couples](#)

2. Don't ignore the elephant in the room: Whatever the reason was for the break up, you can't pretend that it never happened. Don't be afraid to open up the communication about the break up without holding on to grudges or letting resentment build up. Be willing to have open communication like Miley Cyrus and her once ex (but now husband), Liam Hemsworth.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

3. Don't be so serious: Don't be afraid to let your hair down and relax with your potential significant other. You were comfortable together before, let them back in and trust again. With open communication, trust, and lots of laughter, you'll be celebrating an anniversary like celebrity couple Pink and her husband, Carey Hart, in no time.

What are some more ways to successfully reconnect with an ex?
Share below.

Celebrity Baby: Meghan Markle Reveals Due Date



By Mara Miller

In the latest royal [celebrity baby](#) news, Meghan Markle revealed her due date during a walkabout in Hamilton Square with Prince Harry, according to *EOnline.com*. Markle is currently six months pregnant; the [celebrity couple](#) is expecting their first baby between April and May. The Dutchess

and Prince have decided to wait to find out the gender of their baby. This is the closest confirmation of her due date available since Kensington Palace previously announced the baby is expected in Spring 2019.

Meghan Markle and Prince Harry are about to have their first celebrity baby. What are some ways of announcing your due date to the world?

Cupid's Advice:

Announcing your due date isn't something you need to keep a secret if you don't want to. What are some ways you can tell your family and friends your exciting news?

1. Photographs: You could do a mini photo shoot with the ultrasound picture and baby shoes. If you have an older child or a pet, include them in the announcement photo. You could have your older child standing next to a chalkboard with something that says, "Big (sister or brother) starting (insert due date)". For your pet, you could do something like taking a picture of their paws next to baby shoes. Have fun and get creative!

Related Link: [Prince Harry Reveals His Nickname for the Royal Celebrity Baby](#)

2. Announce to immediate family: Announcing your pregnancy and due date is an exciting time for you and your partner, as well as for your family and friend. If you don't want to immediately let everyone on social media know before your close circle does, plan unique announcements for each group! Don't let the pressure of sharing your due date stress you

out; it doesn't have to be extravagant. A phone call to your mother (instead of texting) means more because it's personal. Or maybe a cup that says, "World's Best Grandma/Grandpa/Uncle/Aunt" and a picture of the ultrasound with the due date will be more memorable for years to come.

Related Link: [Celebrity Baby News: Prince Charles Teases Baby Names for Duchess Meghan and Prince Harry](#)

3. Make something special (or have something special) made to celebrate: You can go beyond having a cup made when you announce your due date. If you're creative with programs like Photoshop, you could create a movie poster with the due date or make a small trailer with a video editing program (like iMovie or Windows Movie Maker). If you create the movie poster, you could put it in the baby's room once they're born.

What are some ways you have seen someone announce their due date?