

# Spencer Pratt Shaves His Beard for Heidi



*The Hills*

stars Spencer Pratt and Heidi Montag have had their share of ups and downs. After deciding to divorce, Pratt admitted to TMZ that he didn't take proper care of himself. [Digital Spy](#) now reports that he wants to clean up his image because the couple are "spending more time together." Shaving his beard seems pretty minor considering the changes his estranged wife went through for him. Multiple plastic surgeries later, Montag has bigger breasts, a thinner nose and fuller lips. But Pratt says he would [shave his beard](#) if it meant getting back together with Montag. "I'm really sorry to see it [his beard] go... For months it was my only friend, and a perfect place to save leftovers," he joked. Pratt and Montag fueled reconciliation rumors after the pair were spotted together in Los Angeles recently. **Should you change your image for love?**

**Cupid's Advice:**

**1. Be yourself:** If you find yourself changing your image just to please your partner, you're probably in an unhealthy relationship. You should look the way you want to look. If your beau doesn't like it, find someone who does.

**2. Get some therapy:** Sometimes people change their look after a breakup as a way to start fresh. Unless it's something drastic that you'll regret later, go ahead and get a new haircut or new wardrobe if it helps you get over him and move on.

**3. Do it for you:** It's fun to change up your style, but the bottom line is that you should do it for yourself. Your appearance is a big part of who you are, so do what makes you happy.

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## Kim Kardashian and Miles Austin Take a Break





Brunette bombshell

Kim Kardashian has split from yet another NFL beau. [RadarOnline](#) reports that the reality TV star is taking a break from Dallas Cowboys boyfriend, Miles Austin. Even though Kim once said that she'd never date another football player, Cupid has reported on her tendency to date the same type. As with her split from ex-beau Reggie Bush, Kim is spending some time alone post-breakup. A source close to the couple said that the pair split before Kim departed for a European trip to promote her E! show *Keeping Up With the Kardashians*. "It's typical after a breakup for Kim to take some time by herself," the source told RadarOnline. "When she broke up with Reggie, she went to Mexico and now after her break with Miles she went to Europe."

**Is it healthy to go on vacation right after a breakup?**

**Cupid's Advice:**

After calling it quits, you often need time to yourself to think things over, and sometimes a vacation is the best bet.

Cupid has some reasons it may be okay to take a break after a break-up:

**1. Vacate your life:** Separating yourself from your life back home gives you the time and space you need to mull things over

and figure out what went wrong. Leaving your everyday routine can give you a fresh perspective on what you want out of a relationship.

**2. Spend time alone:** Going away by yourself can help you avoid jumping into another relationship right away. Being alone will remind you how self-sufficient and independent you can be.

**3. Have fun:** After you've spent a considerable amount of time thinking about your relationship, forget it! Enjoy your break, and go all out doing things your ex never wanted to do with you.

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## Jesse James' Ex Says He Turned Their Daughter Against Her





Jesse James' awful

summer got even worse recently when his ex-wife Janine Lindemulder filed a motion against him over their daughter, 6-year-old Sunny. Lindemulder, a former porn star, lost custody of her daughter last year after being jailed for tax evasion.

Now, she claims that James, host of *Monster Garage* and ex-husband of Sandra Bullock, is trying to turn Sunny against her. In the filing obtained by [Us Weekly](#), Lindemulder claimed that since James moved himself and Sunny to Austin, Texas, she hasn't spoken to her daughter in seventeen days. She claims that before the move, her daughter "was distant, confrontational, disrespectful and accusatory." James has disputed his ex's claims, saying that he has not interfered with Sunny and her mother's relationship. "[Janine] is not stable, and acts impulsively and contradictory," said James in his response. "[She] sounds ...as if she is drinking or taking drugs again."

**How do you keep children out of a messy breakup?**

**Cupid's Advice:**

Breakups are hard on everyone, especially those closest to the pair involved. Keeping the rest of your relationships healthy is essential after a messy breakup. Cupid has some tips on how to keep children out of the heartbreak:

**1. Find an outlet:** Choose a close friend whom you can confide in, rather than saying something you'll regret to your children. You can also try a stress-relieving hobby or activity to take out your negative emotions on, so that you can avoid dumping negativity on your kids.

**2. Be honest:** Once you have gotten your negative feelings out elsewhere and are in a thoughtful place, keep your kids informed. Don't say anything you might regret, and be mindful of their ages. That way, they will be able to make their own informed decisions and opinions on the matter without feeling trapped in between you and your ex.

**3. Be watchful:** If it's still safe and healthy for your child to be around your ex, let their relationship continue. If there are any signs that your ex has become unstable or the relationship is souring, as with Lindemulder's erratic behavior, seek professional counsel and slowly transition your child out of your former flame's life.

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## J.Lo's Ex Seeks Revenge on 'American Idol'





In an apparent attempt to lengthen his 15 minutes of fame, Jennifer Lopez's ex-husband, Ojani Noa, has just announced that he plans to audition for *American Idol*. Ironically, this revelation came immediately after J.Lo was named an *Idol* judge on the hit show. According to [E! Online](#), Noa is intent on singing one of Lopez's songs in front of the judges after hours of standing in line with the other contestants at the Forum on Sept. 22. Awkward is probably the best word to describe this post-split meeting between the former couple.

## **How should you handle a vengeful ex?**

### **Cupid's Advice:**

Seeking revenge on an ex is never the best course of action and rarely brings closure to either party. However, if you are victim of an ex's constant harassment, you need to protect yourself without making the situation worse.

**1. Try to work it out:** If you hear anything about your ex feeling vengeful, this may be the time to meet in a neutral location and talk things over. Tell your ex that he has every right to be angry, but that hurting you as a result is taking things too far.

**2. Ignore it:** If you can't get to your ex in time, and he

starts sending you cruel text messages or spreading rumors, ignoring his actions can put a quick stop to them. Remember the old adage “misery loves company.” If he sees that he’s not getting to you, he’ll have no motivation to continue.

**3. Legal action:** Most of the time it doesn’t come to this. However, if you are being stalked, threatened, or physically hurt, you need to seek legal action, perhaps in the form of a restraining order.

Revenge may be the wrong course of action, but celebrities aren’t innocent to taking part.

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## ‘Real Housewives’ Men Enlist Help From ‘Millionaire Matchmaker’







Two men of the *Real Housewives of New Jersey* are enlisting the help of *The Millionaire Matchmaker*'s Patti Stanger in an effort to find love, reported [Us Weekly](#). *Real Housewives* matriarch Caroline Manzo will watch as her two sons, Christopher and Albie, look for their perfect matches with expert assistance. Albie Manzo, 24, is a law school student and policeman, while his brother Christopher Manzo, 21, is an entrepreneur. Stanger and her team relocate to California for the fourth season of their hit show.

## **Can matchmakers help you find true love?**

### **Cupid's Advice:**

There's no denying it – it can sometimes be difficult to find the right partner. If you're feeling burnt out from the search, think about asking for help. Cupid has some things to consider about enlisting the assistance of a matchmaker:

**1. It's expensive:** There are certainly cheaper ways to go about finding a mate. Matchmakers can often times charge a hefty fee. On the other hand, if it does lead you to your perfect partner, isn't it worth it?

**2. Enlist e-assistance:** E-matchmaking has become commonplace in today's society. Services like Match.com and eHarmony are

well-known by singles and couples alike, and they can be a great place to start. But can a computer really find love for you? Cupid's point: what have you got to lose?

**3. Consider its history:** Matchmaking has been around for many years in differing forms. For instance, arranged marriage is still practiced in places such as South Asia and the Middle East. Although obviously an extreme type of matchmaking, the practice performs a similar function – bringing those together who would not otherwise have met.

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## Drew Barrymore Says Justin Long Makes Her “Giggly”



It seems Drew

Barrymore is happy in love these days. [People](#) reported that Barrymore couldn't stop gushing to *Harper's Bazaar* about Justin Long, her on-again off-again boyfriend of three years. "He's the cat's pajamas," said the *Going the Distance* star.

Barrymore, 35, has endured a lot of the typical trials of a young actress in the spotlight. But now she seems happier than ever, especially when talking about her actor beau. "I couldn't love, respect, admire and enjoy that individual more than I do. It would be physically impossible for me to have any more giggly joy at this person."**Why is laughter important in a relationship?**

### **Cupid's Advice:**

Sometimes life can seem like anything, but easy. The best way to forget your troubles is to laugh, and your partner can help. Cupid has some ideas on why having a partner who makes you laugh is so important:

- 1. Lighten up:** A lot of women try to be perfect: perfect career, perfect apartment, and perfect boyfriend. But don't take yourself too seriously – laughter can remind you to lighten up and be happy with what you have!
  - 2. Have a lasting relationship:** Laughter helps get a couple through the hard times in a relationship *and* makes the good times even better. As far as Cupid is concerned, the couple who laughs together, stays together.
  - 3. Laughter is forever:** While you may be interested in dating Brad Pitt more than Will Ferrell, keep in mind that looks fade. If he has a sense of humor, he can keep you smiling for years.
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# Ashton Kutcher's Lawyer Slams Cheating Rumors



When *Star Magazine* recently ran an article claiming that actor Ashton Kutcher cheated on his wife of five years, Demi Moore, things got heated. Kutcher's lawyer, Marty Singer, recently released a statement to [Us Weekly](#) saying, "*Star Magazine* continuously publishes lies about Ashton Kutcher and many other celebrities. This is not the first, nor will it be the last time they engage in reckless conduct." The article in question featured a quote from a 21-year-old, who said she "made love on his living room couch while Demi was out of town." Kutcher had faced previous accusations from *Star Magazine*. At the beginning of the month *Star* reported that Kutcher had a brief flame with a "a sexy, young, 20-something." Kutcher took to his Twitter page to protest the accusations. He tweeted, "I think *Star* magazine calling me a 'cheater' qualifies as defamation of character. I hope my lawyer agrees. *STAR* magazine – you don't get to stand behind

**'freedom of the press' when you are writing fiction."What do you do if you're faced with rumors that your partner is cheating?**

### **Cupid's Advice:**

**1. Get the facts:** Most rumors are as superficial as the people who create them. However, the occasional rumor may have some merit. Don't accuse your partner of cheating, but don't completely dismiss it either. After hard thoughts and questions, if you still deem the claim completely unreliable, then simply leave it alone.

**2. Laugh it off:** Most rumors are not worth your time. Sometimes they're just a sign of jealousy from an outside person who isn't happy in their own life. If you have trust then that should be enough to hold you and your partner together. Laugh off the rumors ... sometimes they're pretty funny!

**3. Confront those responsible:** While most rumors are trivial, some of them have the potential to seriously harm your relationship and create stress. If you must stop the rumors, then try confronting the source. Most people gossip for fun, and they should stop when they see that it has truly hurt you.

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**'Jersey Shore' Cast is Against a Celebrity Hook-Up**

# Between Reality TV Star The Situation and 'DWTS' Partner



Reality TV star The Situation has officially laced up his dancing shoes for a stint on *Dancing With the Stars* this season, and the “lucky” professional dancer paired with him is Karina Smirnoff. The question is, is there a hook-up coming? According to [E! Online](#), fellow cast members of the reality TV show *Jersey Shore* don't support the idea of a celebrity hook-up between the dancing duo-for Smirnoff's sake. “She's too good for him,” said Snooki. “She's smart. She won't even go there.” JWOWW agrees, adding “Karina's a woman. She needs to stay a woman. She's not a Jersey Shore girl.” On the other hand, Vinny is a bit more supportive explaining, “If he gets that, I'll give props to him.”

**For reality TV star The Situation, his friends aren't supportive of a celebrity hook-up with Smirnoff. What do you do if your friends put you down in front of someone you like?**

**Cupid's Advice:**

Sometimes your friends may think they know what's best for your relationship and love and will offer their opinions about who you should and shouldn't date. Often times these opinions may make you look bad. Here's Cupid advice on how to handle your friends' negative comments:

**1. Stand up for yourself!:** Believe it or not, it *is* possible to stand up for yourself without looking defensive. Instead of coming back with obvious anger directed at your friend, stay calm and explain to them why they are wrong. The last thing you want is for your crush to think you have no self-esteem.

**Related Link:** [Newest 'Jersey Shore' Family Member](#)

**2. Talk to your friends:** It's often times best to discuss a situation that has upset you after you're out of the public eye. When you speak in the heat of the moment, you may regret what you say. But don't hesitate to tell your friends that you don't appreciate them putting you down, especially in front of someone you're trying to impress.

**Related Link:** [Exclusive Celebrity Interview: Karina Smirnoff and Lindsay Reilly Share Dating Advice in 'We're Just Not That Into To'](#)

**3. Stay positive:** In the moment, the damage has already been done. Salvage both the situation at hand and your future relationship with someone you really like by shrugging off what your friends are saying about you and proving to your crush that you're a positive and upbeat kind of person.

**Have your friends ruined a potential relationship and love with someone you liked? Share below!**

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## **Gia Allemand and Wes Hayden's 'Bachelor Pad' Romance**



They're together!

Gia Allemand and Wes Hayden confirmed that they are, in fact, a couple this week on the finale of the *Bachelor Pad*. Although the pair were flirtatious on the show, nothing had previously happened between them because Gia had a boyfriend



back home. However, the pair sealed the deal on the finale with a much-anticipated kiss. “It’s about time that that happened!” coed co-host Melissa Rycroft, according to [US Weekly](#).

**Can you emotionally cheat on someone?**

**Cupid’s Advice:**

**1. Secrecy:** Being open and honest with your partner is the most important thing. If you find yourself spending time with a friend of the opposite sex and keeping it a secret from your mate, that is probably the first sign of emotional infidelity.

**2. Ex alert:** There’s nothing wrong with staying friendly with an ex-beau. However, don’t let those relationships become too involved, as emotional cheating can often spring from old flames. Live in the present, not the past.

**3. Discussing your relationship:** It can be relieving to confide in your friends, but discussing your relationship problems with a friend of the opposite sex can make for an awkward situation. It can create intimacy, which can easily turn into emotional cheating.

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## **Ryan Reynolds Wants a Private Relationship**



Ryan Reynolds may be

happy with his marriage to Scarlett Johansson, but he isn't a fan of his relationship being dissected by the tabloids. In a recent interview with [GQ](#), Reynolds discussed his views on marriage and privacy. The actor, who married Johansson two years ago, explained, "Things change when you get married in general. But in terms of being a couple that's in a public situation and speculated about and all that nonsense, it's changed a little bit. I'm a little more guarded, I think.

I'm a little bit more wary of having my relationship turning into a soap opera. I've just unilaterally not addressed it.

That's kind of been the fail-safe for me ... I choose to remain as private as possible without being secretive." Reynolds went on to say that though he and his wife deal with many rumors, marriage is still "the best part of [his] life."**What things should be kept private in a relationship?**

## **Cupid's Advice:**

**1. Personal information:** You and your loved one undoubtedly know each other well, but this familiarity requires respect. Sharing personal secrets can hurt your partner. Don't air

your dirty laundry in public, and consider not airing it at all if you think it could bring hurt feelings to your relationship.

**2. Disagreements:** After a fight, you may want to run to your nearest friend and share all the details. While this may relieve some of your stress, sharing unresolved conflicts can cause your friends to form negative opinions of your beau. Wait until the conflict is resolved, and then decide if you need to share it.

**3. Level of seriousness:** When you're in a promising relationship, you may feel the urge to tell the world that you have finally found "the one." This divulgence, if premature, may make your beau wary. Keep your intense feelings private for the time being, and he will probably feel more comfortable.

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## Carrie Underwood and New Hubby Challenged By Love & Business





Newlyweds Carrie

Underwood and hubby Mike Fisher recently celebrated their two-month anniversary. Perhaps prompted by the occasion, Underwood spoke to [People](#) about the way the two celebs handle their fast-paced life, saying it's "a lot like dating. Sometimes our schedules will click, sometimes they won't. But that's good because we're both independent." Although busy, one thing Underwood won't miss, no matter what, are her man's hockey games.

## **What are the best ways to keep a two-career relationship intact?**

### **Cupid's Advice:**

Balancing careers and a love life is never an easy feat and is often times a struggle. Cupid has some advise for how to handle a hectic double-career romance:

**1. Take pride in your work:** Being sucessful in your chosen career path is something in which to take pride. Likewise, you should be proud of your partner's accomplishments. This mutual respect and revere is a sure-fire way to bolster a relationship, even when you're missing your beau's embrace.

**2. Do everything in moderation:** When pulling off life's balancing acts, the important thing to remember is that

moderation is key. As passionate as you are about your job, at the end of the day it's important to leave work matters at the office. Remember that you're in a relationship with your partner and not your career. On the other hand, don't let yourself get swept up in romance that you neglect your career. It's important to strike a healthy balance between the two.

**3. Come to compromises:** Give and take in a relationship is key. No one person in the relationship should feel the need to sacrifice their career more than the other. Remember to discuss things in depth, and be willing to compromise.

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## MTV's Video Music Awards: What You Missed





By [Jessica DeRubbo](#)

Well, the MTV Video Music Awards have come and gone yet again, and the celebs in attendance this year didn't disappoint!

Some of the more notable duos walking the white carpet this year were Justin Bieber & Selena Gomez, Usher & Justin Bieber, *Jersey Shore's* Ronnie & Vinnie and Stephanie Pratt & Lo Bosworth, according to [Hollywood Life](#). And, of course, there was the much-anticipated awards show participants Taylor Swift and Kanye West. After last year's debacle where West barged on stage during Swift's acceptance speech, he was on his best behavior. The two stars separately sang two brand new songs addressing last year's event, "like a pair of dueling attorneys making closing statements in front of a jury," according to Tris McCall at the New Jersey [Star-Ledger](#).

That's not to leave out the host of this year's VMA extravaganza. E!'s popular comedienne Chelsea Handler took the podium, and the question is: how did she measure up?

Here are three reviews that seem to sum it up:

1. "As the live portion of the show began, Handler turned in a moderately funny Gaga sendup, appearing amid red-lycra-clad dancers wearing a dollhouse on her head. Though, again, it felt a little like Host the VMAs Paint-by-Numbers – Gaga's both the easiest and the lamest (not to mention the most

willing) target around,” said Jennifer Armstrong in *Entertainment Weekly’s* PopWatch.

2. “And then there was the awkward plight of the night’s host, Chelsea Handler. She was among the worst in the show’s history – purposefully out-of-touch, with brief, alarming flashes of off-color racial humor,” said Jon Caramanica of the [New York Times](#).

3. “But there was little smooching or feuding on Sunday, despite some nudging from the host. ‘I want to encourage everyone to be on their worst behavior,’ comedian Chelsea Handler declared in her opening monologue, a string of flat punch lines that felt a few degrees below crass,” said Chris Richards in *The Washington Post’s* Click Track.

Although the VMAs usually make for some stories full of cat fights and on-stage duels, the show was pretty tame overall this year. But with the best ratings since 2002, according to Just Jared, Chelsea Handler can’t complain!

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## Brooklyn Decker Talks About Marrying Young





When model Brooklyn Decker married tennis star beau Andy Roddick last year at the age of 22, she was considered a young bride by today's standards. But [People](#) reports that Decker doesn't consider it unusual, partly because her and her husband's families have a history of marrying young. Decker told *Page Six Magazine*, "It wasn't weird for me... My mom got married when she was 19, and my husband's parents got married young – in their 20s. And both sets of parents are still together." Decker added that her career as a successful swimsuit model and her husband's position as a world-class tennis player helped make walking down the aisle an easy choice. "We both were successful on our own, we both had our own income, we both had our friends, but it's just what we wanted," Decker said. "It was never part of my plan to get married young, but we did it because we really wanted to."

### **What are the benefits of marrying young?**

#### **Cupid's Advice:**

Today there are many reasons to put off marriage, but some people still choose to marry young. Cupid has some insight on when marrying sooner rather than later might actually be a good idea:



**1. Your career is on track:** If you feel like you have a good job and can make it on your own financially, you're ready to get married. Some people get married young because they need support from a partner, but if you're like Brooklyn Decker and Andy Roddick and you both have successful careers, there's no reason to wait.

**2. You want to have kids early:** If your dream is to be a mother by 25, marrying young is a great way to reach that goal. That way you have a family intact early in life, and you won't be in your 70's when your kid goes to college!

**3. You have religious ties:** Sometimes religious couples get married young because they have made a vow of celibacy. Religion and deep-seeded beliefs can often times be a great foundation for a relationship, even if that relationship begins at an early age.

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## Jon Gosselin & Kids Hang With New Girlfriend





It's official: Jon

Gosselin has moved on. The father of eight took his kids on a family outing last weekend with new girlfriend, Ellen Ross. According to [Radar Online](#), the group was on a picnic in Reading, Pennsylvania, a day after his ex-wife Kate Gosselin claimed on national television that her children are anxious to get home when they're with their dad. Jon quickly denied the claims. **When is a good time to introduce your new partner to your kids?**

### **Cupid's Advice:**

After you split with your ex, the time might come when you want to bring someone else into your children's lives. Cupid has some advice to make for a successful first meeting:

**1. Don't make it a surprise:** Depending on the age and maturity level of your children, you'll want to make them aware there is someone new in your life before the meeting. This will give them time to adjust to the idea.

**2. Make sure it is serious:** The last thing you want to do is introduce a person into your children's lives, just to take them out of it a few months later. Children can get very close to someone quickly, and they too could end up with a broken heart.

**3. Family comes first:** Make sure your children know that they are your first priority. They should also understand that your new boyfriend or girlfriend is not going to replace their biological parent.

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## Spotted: Miley Cyrus & Liam Hemsworth



It's looking like teen queen Miley Cyrus and ex-beau Liam Hemsworth might not be over after all. Cameras recently caught Cyrus grabbing lunch to go with Hemsworth. [Radar Online](#) photographed the pair picking up food at Starbucks and Panera Bread in the Studio City district of Los Angeles. The pair fell for each other last year while filming the movie *The Last Song*, but had announced a little over a month ago that they were officially broken up. Both Cyrus and Hemsworth were suspiciously absent

from the MTV Video Music Awards and may have stayed off the white carpet to keep their renewed interest in each other out of the public eye. **What are the top three reasons couples break up?**

### **Cupid's Advice:**

Whether you're on screen or watching from home, maintaining a relationship can be hard. Cupid has some insight into why couples split:

**1. Work and other distractions:** Like Cyrus and Hemsworth, often one partner has too much on his or her plate to focus on the relationship. If you've spent too much time on an outside project and not enough quality time with your mate, take an evening to remind him he's still your top priority. Make a special meal, rent a movie, or book a couples massage!

**2. Unfaithfulness:** Rumors swirled around that Hemsworth had his eye on other ladies near the end of his and Cyrus' relationship. The thought that one partner is looking to stray can rip a couple apart. Keep the spark in your relationship by reminding your partner how much you love them.

**3. Unequal relationship:** When one partner has a different level of commitment or wants more or less affection than the other, it's difficult to keep this imbalance from causing issues. Compromise is the solution, but just make sure you're staying true to who you are to avoid an even bigger and messier breakup in the future.

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# Cheryl Hines Stays Friends With Ex-Hubby



*Curb Your Enthusiasm*

actress Cheryl Hines has managed to do something rare in Hollywood: avoid a messy divorce and remain friends with her ex. Hines told [E! Online](#) that she plans to stay close to ex-husband, producer-manager Paul Young. “You know what, it’s an adjustment [but] I married a really great guy, so we still have a really great relationship.” Hines and Young have a 6-year-old daughter, Catherine Rose. The two quietly filed for divorce on July 20, but according to a statement released by Hines’ rep, “They will remain extremely close friends.”

**What are the benefits of staying friends with your ex?**

## **Cupid’s Advice:**

After breaking up with someone, it might seem impossible to go from lovers to friends. But with a fair amount of effort, it

is possible to have a good relationship with an ex. Cupid shows you how staying close to your ex can be a good thing:

**1. Learning experience:** By completely stopping all contact with your ex after breaking up, you lose the opportunity to talk to him about what went wrong and why. If you stay friends, you have the chance to resolve any confusion or hurt feelings and learn how to avoid making the same mistakes in future relationships.

**2. “Why Can’t We Be Friends?”:** When you break up, not only do you lose your ex as a friend, but also losing mutual friends who feel like they have to take sides. But if you stay friendly with your ex, you can still hang out with him *and* his peeps!

**3. “The Kids Are All Right”:** If you have kids, staying friends with your ex shows them that even though your romantic relationship has ended, it doesn’t mean that you and their father can’t still be close. It might help your kids avoid the jaded view of love and marriage that children of divorced parents can sometimes have.

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## **Katie Holmes On Having More Kids: “Maybe In A Couple Of Years...”**





Are Katie Holmes and

Tom Cruise making plans to add to their brood? “Maybe in a couple of years, but right now I want to make sure I’m really there for Suri,” says Holmes recently, according to [Us Magazine](#). While there are no immediate plans for expansion, Holmes is still young at 31, and plans to keep her baby options open for the future.

**How can parents prevent an only child from being spoiled on the road?**

### **Cupid’s Advice:**

When a couple only has one child, all of their attention naturally focuses on him or her. When you add traveling for work into the picture, it becomes easy to spoil the child.

Cupid has some ways to help keep that from happening:

**1. Have a consistent schedule:** No matter where you lay your head at night, keeping a regular schedule for your little one will help to give him or her a sense of normalcy.

**2. Plan activities to share:** You can treat your children and your spouse while traveling to experiences by taking in the sights in your free time. This will cement the family bond and perhaps ignite a spark between parents.

**3. Don't give them everything they want:** The most important way to keep from spoiling your only child is to refrain from giving them everything they want. Explain to them why they can't have what they are asking for, and don't cave when they ask again.

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## Lauren Graham and Peter Krause: Friends First



Former *Gilmore Girl*,

Lauren Graham, recently revealed that her low-profile relationship with *Parenthood* co-star Peter Krause started as a friendship. The two met 15 years ago when the actress first moved to Los Angeles. Instead of playing the “dating game” like most couples do when they’re first attracted to each other, Graham and Krause got acquainted over board games. As the actress told [People](#), “I think we liked each other [but] he



asked me over to his house to play a board game – and that’s exactly what we ended up doing. So I was like, ‘This guy doesn’t like me. Who actually *plays* a board game?’ ... The timing wasn’t right. I don’t think either of us was ready.”

## **Does starting out as friends make you a better couple?**

### **Cupid’s Advice:**

Your significant other is usually also your best friend. It’s very important for couples to not only to share a physical relationship, but also to be able to relate to one another on an intellectual level. The best relationships tend to have a healthy balance between both physical and emotional attraction.

**1. The friend zone:** Anyone who has seen the film *Just Friends* starring Ryan Reynolds knows just how frustrating it is when one party is interested in pursuing a relationship, while the other is content with the “status quo.” This proves that being good friends doesn’t necessarily mean that more than that is possible.

**2. Getting to know each other:** To have a serious relationship, you really have to get to know your partner. Hanging out as friends at first is a lot less pressure than going out on a date. People tend to open up more in a relaxed environment.

**3. Staying friends after a breakup:** Many find it hard to stay friends with their exes. However, if you were friends with them before a relationship bloomed, it could be easier to stay on good terms after a breakup.

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# Brittani Senser Impressed by New Beau Levi Johnston



Bristol Palin's ex-flame Levi Johnston has managed to impress at least one person: his new girlfriend, singer Brittani Senser. Senser revealed in an interview with [RadarOnline](#) that Johnston is a "really great guy." The two met while on the set of Senser's new music video for the song "After Love." "It was like we knew each other even though we had just met," said Senser. While on the set, the pair got along effortlessly. After Johnston's second engagement to Palin was broken off, the two began to date. Senser noted, "Now dating, I'm finding that he is really a sensitive, caring person. Very bright; he's funny. He's a great dad; he's a natural." **Should you judge your partner by his past?**

## Cupid's Advice:

**1. Get the facts:** Before you judge your partner by his past,

you need to analyze the situation. If your boyfriend has a history involving law-breaking, it may be more serious than a boyfriend who's had several girlfriends. Be sure to collect all of the facts before making a sound judgement.

**2. Make sure his past is really the past:** A boyfriend with a history of partying too much who still parties too much has obviously not left his past behind him. Try to determine whether your partner is still clinging to the past or if he's truly trying to break free.

**3. Look at the bigger picture:** Try asking yourself, does it really matter? If you and your mate are happy with living in the moment, then don't trouble yourself by digging through his past. If he's let his past go, then you should follow his lead and also let the subject drop.

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# Christina Aguilera Talks Marriage





Christina Aguilera is singing love songs when it comes to her relationship with husband Jordan Bratman. According to [Us Magazine](#), Aguilera is cited in the October issue of *Cosmopolitan UK* as saying, "We've been married for five years now, and I think the secret is in always keeping it interesting. You have to make time for yourselves." Aguilera also says that even the most loving marriages require effort and a lot of patience.

### **How can you keep your relationship alive?**

#### **Cupid's Advice:**

After being married for several years, you may find yourselves getting into a rut. Cupid has some advice to help make sure the honeymoon doesn't end:

- 1. It's date night:** Sometimes a marriage can feel as if it's becoming all work and no play. Give yourselves a night out, without the kids, to have fun. Take the time to catch up on the things which get lost in everyday craziness.
- 2. Take on a new interest together:** Talk about doing something the two of you have always wanted to try, but never had the time to do. Sign up for cooking lessons or take up a new sport. It's never too late to explore something new together.

3. **OMG... I luv u:** Technology now and days makes it easier than ever to stay in touch. A quick “hello” or “I love you” via text will let your spouse know you’re thinking of him or her throughout the day.

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## Tom Cruise and Katie Holmes Keep Romance Alive



Ever since Tom Cruise jumped on a couch on *The Oprah Winfrey Show*, people have doubted whether his relationship with Katie Holmes is real. But as Cupid recently reported, the couple are still very much in love five years later, and do everything they can to keep the spark alive in their marriage. In fact, Holmes recently told [People](#), “My husband has red roses for me

everywhere I go and whenever we travel.” Both Cruise and Holmes are true romantics and are very affectionate toward one another and their 4-year-old daughter, Suri. Holmes said, “Being a mother is so dreamy.” **How can you tell if your partner is a true romantic?**

### **Cupid’s Advice:**

**1. He doesn’t expect credit:** If your partner waits to give you a dozen roses until you’re in front of your friends, he might be looking for positive recognition from someone besides you. When he does sweet things without asking for credit or thanks, he’s a true romantic (and is so into you)!

**2. He knows you:** If he uses inside info to do lovey-dovey things that he knows you and only you would appreciate, then he is truly devoted. For example, buying you a box of chocolates on Valentine’s Day is sweet, but serenading you with your favorite Backstreet Boys song? Dorky, but totally romantic.

**3. He’s all about consistency:** It’s easy for him to do sweet and thoughtful things at the beginning of the relationship when everything is new, exciting and he’s still trying to impress you. But if he still pulls out your chair for you after 25 years of marriage, he’s a true romantic.

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## **Liam Neeson is Dating Again**



After the tragic death of his wife Natasha Richardson last year, Liam Neeson has finally found love again. [Starpulse](#) reports that the actor was spotted leaving Nobu restaurant in London holding hands with British businesswoman Freya St. Johnston. Neeson and his children were devastated when Richardson passed away in March 2009 from a brain injury caused by a skiing accident. Johnston is the first woman to be seen with Neeson since his wife's death, but she has refused to confirm or deny the relationship, stating, "I am not saying anything whatsoever." **How soon should you date after the death of a spouse?**

### **Cupid's Advice:**

The death of a spouse is one of the most difficult experiences to deal with, but it is possible to survive it and love again. Cupid has some ideas on how and when to date again after the death of a spouse:

**1. Take your time:** Jumping into a new relationship immediately after the death of a spouse is often times a bad idea. While

it may feel like the only way to heal after a break-up, it's better to spend time alone to grieve a spouse's death. Lean on your friends and family when you need support.

**2. Keep your children in the loop:** Once you have allowed enough time to grieve and feel ready to date again, make sure to talk to your children. Let them know that no one can replace their mother or father, but that you are ready to move on.

**3. Start fresh:** Dating again should not be a way to replace your spouse or to find a new parent for your children. Realize that there will never be another person like your husband or wife, and keep an open mind as you continue your journey to happiness once again.

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## Jennifer Aniston's "Cougar Town" Courting







Actress Jennifer

Aniston has reportedly been enjoying some perks from her guest appearance on gal pal Courteney Cox's TV series *Cougar Town*. Recently, Aniston enjoyed a long candlelit dinner with fellow *Cougar Town* actor Josh Hopkins, according to [People](#).

"She seemed very excited about her date," said an eyewitness.

"She and Josh sat at a more private table and they seemed to get along great...there was a flirty energy between them, and Jen looked very happy." **How do you stay optimistic in the dating world?**

### **Cupid's Advice:**

In today's fast-paced bustling world, the prospects of cultivating a new relationship can be hard to handle. Cupid has a few suggestions on how to stay strong with a single status:

**1. Remember Carrie:** When single and in doubt, just remember one of womankind's most beloved protagonists, Carrie Bradshaw of *Sex and the City*. Never forget that there is something captivating about a strong, confident and independent woman. If you can rock your single status, chances are you won't be unattached for long.

**2. Put yourself out there:** Being a single lady in the

tumultuous sea can be intimidating. Be brave. The more you explore and let yourself be open to experiencing new things, the more fun the dating world will be.

**3. Your man is out there somewhere:** Don't let the single life get you down. Remember that there are thousands of potential partners out there, and being single is just another way of saying you're waiting for the right one. Don't settle just so you can change your relationship status on Facebook. With patience and confidence, the perfect person will undoubtedly come along.

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## **Eddie Cibrian Gives LeAnn Rimes Birthday Bling**





LeAnn Rimes' live-in boyfriend, Eddie Cibrian, may not have popped the question during her relaxing 28<sup>th</sup> birthday celebration last week in Mexico; however, he did give her some expensive rose gold bangles that she adores. Rimes raved to [People](#) about how beautiful the bracelets were and how very sweet it was of her boyfriend to pick them out for her. The country singer recently went from living on her own to sharing her home with Cibrian and his two children, which he has joint custody of with his ex, Brandi Glanville. **Does jewelry always make the perfect gift?**

### **Cupid's Advice:**

As something that is both expensive and alluring, fine jewelry always seems to be the go-to present on birthdays and holidays. Though it can bring smiles to the faces of many, it can also be a disappointing gift when the recipient was expecting something else.

**1. Great expectations:** It's easy to set yourself up for disappointment when you go into an occasion hoping for a marriage proposal. Try not to assume or expect a commitment from your partner, even if it means wearing a diamond solitaire around your neck instead of your finger.

**2. Give a memorable gift:** It's not about the gift itself, but what it stands for, such as a memory of an amazing trip you took together. Though jewelry does fit into this category, any sentimental gesture can be a romantic way of letting someone know you care.

**3. The cop-out:** Sometimes gift giving is difficult, no matter how well you know your partner. This could result in picking out a pretty piece of jewelry simply because you can't think of anything else. The problem, is a gift with no meaning could be worse than no gift at all. Creativity and thought almost always trumps expense!