

Ricky Gervais and Girlfriend Jane Fallon Lose 40 Pounds



Funnyman Ricky

Gervais and longtime girlfriend Jane Fallon have lost a total of 40 pounds together through diet and exercise. According to [People](#), the pair say they run about three or four miles daily.

While Gervais claims that the 20 pounds or so that he has lost was made possible with little change to his diet, Fallon tells us that he must not be aware of the change in her cooking habits. "He didn't realize that I was probably feeding him less calories at the same time he was running," she says. By eating healthy versions of "fat things" and exercising together, Fallon has lost 18 pounds and Gervais, 22 pounds. Perhaps with that kind of dual motivation, we'll be seeing the two running the Boston Marathon.

Can dieting with a partner help you lose weight?

Cupid's Advice:

Jane Fallon cooks healthy meals, Ricky Gervais eats them and runs a little bit everyday, and viola, the weight seems to fall right off! Most couples, however, decide together that they want to make a change in their lifestyle and tackle the issue together:

1. Personal choice: While it seems obvious to have someone there who can motivate you to work hard, not everybody diets and exercises to their full potential with an exercise buddy. But beware of getting distracted to the point where you're running your mouth more than running on the treadmill.

2. Something new: By having a workout partner, you are more likely to try something new at the gym. Whether it's an aerobics class you never envisioned attending, or trying free weights for the first time, having a partner with you will make the new endeavor less intimidating.

3. The power of two: Trying to think of a healthy dinner option every day can get dull fast. With a dieting partner, you can swap ideas and brainstorm different recipes together. And when cravings hit, you'll have someone there to help coax you out of eating that Krispy Kreme baker's dozen and indulge in some fresh strawberries instead.

DC Housewives Stars Michaelle & Tareq Salahi Back to

Bankruptcy



Wacky *Real*

Housewives of DC couple Michael and Tareq Salahi, known for questionably attending the White House State Dinner, have filed for bankruptcy yet again. Their company, America's Polo Cup Inc., went under late last month, according to [RadarOnline](#). Tareq Salahi was president of the company that currently owes \$320,000 to a catering company that has sued for non-payment, reports the Northern Virginia Daily. Tareq was also the president of Oasis Winery, which went into bankruptcy last year. It looks like the Salahi's are not having good luck in the business world lately!**How do you support a partner who isn't good with money matters?**

Cupid's Advice:

Money is one of the worst relationship killers. Cupid has some advice on how to deal with your partner's not-so-frugal ways:

1. Talk about it: It's important to discuss what both you and your partner value when it comes to your finances. Serious talks about money are far from romantic, but it's best to get it over with so that financial issues won't haunt your romance down the line.

2. Budget: Working with your partner to *realistically* plot out your expenses is absolutely necessary. Being surprised by a sudden lack of money is never a good thing. Sometimes luxurious candle light dinners or expensive vacations will have to be put aside, but in the scheme of things, it's better than being broke!

3. Work together: Maybe you've discovered that your partner is not as good with handling money as you are. Take charge! Let that be a contribution to the strength of your relationship. Just because your partner isn't great with finances doesn't mean he or she doesn't have plenty of other qualities to bring to the table.

Joe Jonas Is "Head over Heels" for Ashley Greene





Despite being spotted holding hands at a Walgreen's and on a date at Disneyland, pop singer Joe Jonas and *Twilight* star Ashley Greene have been keeping their relationship under wraps. Recently, a source told [People](#) that "[Joe] is head over heels for [Ashley]. He thinks she is down-to-earth and absolutely beautiful. He hasn't been this into a girl in a long time." The couple have only been dating a few months, but things appear to be moving quickly – rumors circulated that Greene recently took Jonas home to meet her parents.

Why is it dangerous to fall in love so fast?

Cupid's Advice:

You can't help who you fall in love with, but you can control the pace. If things are moving too quickly, the relationship might fizzle before it has a chance to grow. Cupid says proceed slowly for the following reasons:

- 1. Missing out on the little things:** If you rush into a relationship, you may overlook little quirks, pet peeves and the natural process of getting to know one another. Taking the fast track could have consequences that ultimately destroy any hope for coupledness before you begin.

2. Feelings might not be there: As they say, many people are “in love with love” and will rush a relationship to get to that place. The problem is that when that initial phase is over you may be left with someone who you don’t really love. By taking your time, you’ll have a better chance to get to know one another.

3. It’s all-consuming: Like Greene and Jonas’, a rushed relationship can take up all of your free time and alienate you from the rest of the world. If a split happens, you may find that you have fewer friendships and family relationships to fall back on.

Josh Duhamel Wants To Be a Dad!





In the romantic comedy *Life As We Know It*, Josh Duhamel plays a new dad, a role he says he'd love to have in real life. According to [People](#), Josh says that getting the chance to play a father is what "initially drew me to" the role. During the New York premiere at the Ziegfeld, he opened up even more saying, that he has "always had a real fondness for kids." In terms of his wife, he says, "She'll be a great mom ... She got to meet [costar Katherine Heigl's daughter] Naleigh on set. It was great." Maybe this is a hint of what's to come for him and Fergie in the very near future!

How do you know if your partner is parent material?

Cupid's Advice:

Not everyone is as eager to be a parent as Josh Duhamel. Cupid has some ideas on how to find out whether your partner will make a good dad one day:

- 1. Ask him:** The best way to determine if your mate is father material is to talk to him about it. Or, try asking him general questions like how many children he wants and at what age. If he gives you an answer right away, he's probably considered it before and is open to the idea. If he gets a little freaked out, well that should be a clear sign that he's

not quite ready.

2. Watch and learn: See how he behaves around your other kids. If being around children comes natural to him he'll most likely make a good daddy to his own. If he seems uncomfortable or indifferent around youngsters, it may be something you should further explore.

3. Meet the parents: Find out if he gets along with his parents. If he's had a bad relationship with his mom or dad, he may need to work out some issues first before he can think about becoming a parent himself.

Funnyman Seth Rogen Proposes to Longtime Girlfriend





According to [RadarOnline](#), *Funny People*'s Seth Rogen popped the question to longtime girlfriend, Lauren Miller last week. After coming back from a family visit in Boston, the actor bent down on one knee to ask for her hand in marriage. Dating since 2004, a source close to the couple reveals that Miller was beginning to give up hope for a proposal.

If your man seems reluctant to pop the question, how can you tactfully find out what he's thinking?

Cupid's Advice:

If you're looking for a ring by spring, perhaps some good old-fashioned subconscious mind tapping will do the trick:

1. Get his reaction: Bring up the subject of marriage indirectly. For example, if a mutual friend of yours recently got engaged, make a casual comment about it, like, "I wonder where they'll have the wedding," or "They look even happier than they did before." Does he unknowingly smile when you say it, or does he roll his eyes? His reaction could be all that you need to solve the proposal puzzle.

2. Channel Josephine Bonaparte: The empress of France knew what to do when Napoleon was dragging his feet. Rumors that

she was spending her free time in the likes of powerful, rich men, jolted Napoleon to put a ring on it. By letting your beau know that you're a hot commodity, it could give him just the push he needs to go to the jewelers.

3. The ultimatum: In today's society, things move fast. Technology has caused us to think quicker, act quicker and question things a lot more than we did in previous decades. So, it's no surprise that you may need to ask yourself, "Where is this going?" Pick a time when both of you are alone and relaxed to bring it up. But don't flip out if you don't get the answer you want. Sometimes it's better to move on.

'Big Bang Theory' Co-Stars Kaley Cuoco & Johnny Galecki Secretly Dated





Big Bang Theory star

Kaley Cuoco has been channeling her spy side. The actress, 24, recently opened up about her undercover relationship with *Big Bang* co-star Johnny Galecki in an interview with [CBS Watch Magazine](#). “We dated for almost two years. It was such a huge part of my life and no one knew about it,” Cuoco said. “This is the first time I’ve ever talked about it, ever. It was a wonderful relationship, but we never spoke a word about it and never went anywhere together.” But why did they keep their love a secret? According to Cuoco, it was because they wanted to protect themselves and their show. Unfortunately, the secrecy proved to be too much and the couple called it quits last winter.

Is keeping a relationship under wraps healthy?

Cupid’s Advice:

There are numerous reasons you may be tempted to keep your relationship off the radar. Maybe your family and friends won’t approve of the person you’re dating, or perhaps you’ve been friends for so long that you’re hesitant to tell the world you’ve taken it to the next level. Cupid explores why keeping a relationship to yourself may not be healthy:

1. It takes work: Sure, at first it may feel mysterious and

exciting to sneak around, but eventually it will get tiring to tip-toe around your friends, family and the old places you normally go. Relationships are hard enough without adding another element of difficulty into the mix.

2. Suppressed emotions: When you keep your relationship behind closed doors, you're keeping your emotions there, too. Suppressing your feelings and happiness to the outside world is unhealthy for your mind and body.

3. Lowers self-esteem: Make sure to evaluate the reasons for your secrecy. If infidelity, or being ashamed of your partner, plays any part in why you are hiding your love from the outside world, it may not be love at all. These types of issues can lower self-esteem and hurt your chance of finding love when the right one does come around.

Heidi Klum & Seal Shoot Revealing Music Video





Seal definitely had a lot of fun making the music video for his new single “Secret,” where he and supermodel wife Heidi Klum don their birthday suits – in bed! The single, off Seal’s new album *Seal 6: Commitment*, is about he and his wife’s relationship. “The song, the movie, it’s the story of our love,” said the 47-year-old singer. Klum, 37, told [Us Weekly](#), “I feel so lucky to have found my husband especially at the time when I did.” The pair married in 2005 and have three children together, ages 5, 3 and 1. Klum also talked about what the song means to her. “It’s the story of two people in love. My husband is what I always wanted and never thought I would have.”

How do you know what qualities you need in a partner?

Cupid’s Advice:

Finding “the one” can be tricky, so it’s important to know what qualities you need in a partner if you want the relationship to last. Cupid has some ideas on how to figure out what traits to look for:

- 1. Look back:** Every relationship is a learning experience that gets you closer to finding Mr. Right. Use your past experiences to figure out what qualities you want (and don’t

want) in a future partner.

2. Use an example: You know that couple that have been together forever and are still totally in love? Think about what makes their relationship last, whether it's honesty, communication, or a sense of humor, and keep those traits in mind.

3. Share goals: Think about what's important to you and look for someone who wants the same things. While your partner doesn't have to have identical goals, being with someone who has similar aspirations and values will ensure a long-lasting relationship.

David Beckham Fires Back at Tabloid for Prostitute Accusations





Soccer pro David Beckham has proven that actions speak louder than words after he officially denied prostitute accusations by suing the tabloid that published them. [PopEater](#) reports that Beckham is suing *In Touch Weekly* for featuring quotes from former call girl Irma Nici suggesting that the two slept together in 2007. The suit alleges libel, slander and intentional infliction of emotional distress. Beckham has been married to former Spice Girls singer Victoria Beckham for 11 years, and the two have three boys together, ages 11, 8, and 5.

If you're falsely accused of cheating, what do you do?

Cupid's Advice:

Sometimes someone close to you might hear or see something that gives them the wrong idea about your faithfulness. Cupid has some tips on how to clear up the situation:

- 1. Ask why:** If someone started a rumor, talk to that person one-on-one to find out why. They might just be angry about something, and talking to them will help clear the air and stop them from spreading more false rumors.
- 2. Reassure him:** If you can, get your supposed cheating partner to tell your partner that the accusations are false.

When he gets reassurance from both you and the other person involved, he'll be more likely to believe that nothing is going on.

3. Show proof: There's nothing like cold, hard evidence to prove you're telling the truth. If the rumors say you went out with your mystery boy on Friday night, but you were with your best friend the whole time, the piece of gossip is officially dead.

Is Melissa Rycroft and Tye Strickland's Baby a Boy or Girl?



Reality star Melissa

Rycroft and husband Tye Strickland are getting ready to face a different reality by becoming parents. According to [People](#), the former 'Dancing with the Stars' contestant and hubby are taking the upcoming arrival of their little one in full stride. While the two wait for confirmation on the sex of their baby, Strickland has been doing whatever he can to make his baby's mama comfortable and feeling pretty.

How can your beau help make sure your pregnancy goes as easily as possible?

Cupid's Advice:

Nine months is a long time and can be quite emotional for the mother-to-be. Men will most definitely also face their share of apprehension and excitement, but let's face it, they aren't carrying around a bowling ball in their bellies and don't have to deal with stretch marks! Cupid has some advice for your beau to help him make sure your pregnancy is fun and not all labor:

1. Attack of the hormones: It's inevitable that at some point during your pregnancy your emotions will take over, and your husband will take a ride on a roller coaster of mood swings. Prepare him for this, and advise him to be as patient as possible. Tell him not take your moods personally!

2. Put her on a pedestal: Men: get used to cravings, sore body parts and your wives dealing with sudden changes in her body. Remember, she's carrying your unborn child and deserves as much extra attention as possible.

3. Become baby educated: The more you know, the more you'll understand what your wife is going through. Plus, you'll be ready for the baby once it arrives. Try to go to as many doctor's appointments as possible so you can listen to the experts' advice on how to handle different stages of the pregnancy.

Katherine Heigl & Josh Duhamel Compare Past Dating Disasters



First dates are always hit or miss. At a promotional press conference for their upcoming romantic comedy, *Life As We Know It*, Katherine Heigl and Josh Duhamel, both married, reminisced about past dating disasters, according to [People](#). Whereas dating in general scared Duhamel, Heigl, married three years to singer Josh Kelley, spoke of an awkward date with a personal trainer. "He took me to Sizzler and gave me his head shot and asked me if I could get him in my agency," recalled the actress.

Although this was ultimately the deal breaker, she also went on to notice his shaved legs. We can only wonder if she stuck around long enough for dessert!

How can you tactfully escape a bad date?

Cupid's Advice:

Not all love connections will a relationship make. While it can be frustrating to see a potential date go down the drain, it is also important to keep a positive attitude and wait until the night is over to dish your friends the outrageous details:

1. Play it cool: Yes, he may be extremely rude to the waitress, and yes, it was crazy he didn't open the door for you, but keep this in mind: it's a one-time deal. There's no rule that says the relationship has to continue. Try to sit through the dinner. Just make sure he's not planning on leaving you with the bill!

2. Something bad happened: If you have a feeling things may take a turn for the worse on your date, let a friend in on how you feel. Although it can be crass to take personal calls on your date, if its going poorly, make an exception. Or, text your friend from the bathroom, and let her know it's time to pull the plug. The classic *Sex and the City*-inspired "something bad happened" will always get you out of a tight jam.

3. Do not pass go: If your date involves two parts, like dinner and a movie for example, leave at intermission. This will be exceptionally easy if you each drove separately. Tell him something has come up and you won't be able to make the movie after all. Then, speed back home to your sweats and a glass of wine. Hold all calls until the next day.

Jack Wagner Gives Heather Locklear the Gift of Song



Melrose Place star

Heather Locklear celebrated her 49th birthday in style!

According to [People](#), her longtime boyfriend, Jack Wagner, sang the starlet a very special Happy Birthday song, harmony and all. Wagner's romantic plans for Locklear took place at Beverly Hills' popular Korean BBQ restaurant, Woo Lae Oak.

"Jack and Heather were cooking for all their friends. They were having so much fun," said an onlooker. Locklear's birthday celebration comes at the end of a laid-back summer where she spent time with Wagner and her daughter, Ava. The actress' next professional gig will be shooting a new Lifetime original movie called *He Loves Me*.

What are some romantic birthday gifts?

Cupid's Advice:

Birthdays are a great opportunity to show your special someone how much you care for them. Cupid has some ideas to make their big day unforgettable:

1. Reminisce: Birthdays are a good time to reflect on some of your favorite memories. Revisit some of the special locations where your relationship took flight, like the restaurant where you went on your first date or the place where you shared your first kiss. Remembering these moments together will make the day one your partner will never forget.

2. Arts and crafts: Putting time into hand making a gift for your beau shows them how dedicated you are to the relationship. Scrapbooks and photo albums are always a sweet touch to any celebration. Or, if you enjoy doing crafts together, consider taking a birthday trip to a pottery making or art class and making each other gifts. You'll undoubtedly come out with new memories!

3. Home cooking: Make your partner their favorite meal. The old adage, "the way to a person's heart is through their stomach" may actually prove to be true.

Lamar Odom Plans Anniversary Surprise for Khloe Kardashian





Lamar Odom has something special planned for wife Khloe Kardashian on their one-year-anniversary; he's just not sharing. "I kind of got to keep it a secret," explained Odom to [Us Weekly](#). Kardashian was also tight-lipped. "I don't know. I found out that there's a surprise happening, but I have no idea – and I don't want to know." The couple, who married after a quick one-month courtship, have faced scrutiny about the depth of their marriage. "I've never faulted people for [that]," says Kardashian. "I totally get it. I've always said from day one that it's real love, and it is, but I've never, ever was angry with anyone for thinking anything that way. I was only upset when people said we had a fake wedding." Despite criticism, the couple are standing strong and hope to have a child in the near future.

What are some creative ways to celebrate your anniversary?

Sure, there are the obvious routes: romantic dinner, picnic at the park or a night in an expensive hotel. Try branching out because your thoughtfulness will be appreciated. Here are just a few suggestions:

Cupid's Advice:

1. Hot air balloon ride: While finding a hot air balloon

service may be difficult depending on where you live, the spectacular views and exhilarating experience will be extremely worthwhile.

2. Play hooky: Skip work for a day, and drive to the nearest city. Have fun looking around in shops and eating at interesting restaurants.

3. Go to a florist/garden: Instead of sending your partner flowers, take them to a florist or a garden and pick out your own flowers. Then, go searching for a vase to put them in.

Demi Moore and Ashton Kutcher Are All Smiles



The rumor mill is straining when it comes to Demi Moore & Ashton Kutcher.

Although the much-talked about couple are in the midst of fighting off infidelity banter from critics and fans alike, they seem to be showing a united front, at least in public.

Full of giggles, jokes and all sorts of PDA, Moore and Kutcher were all smiles on the set of Moore's new film *The Reasonable Bunch* last week, according to [People](#). "Demi and Ashton got here in the early hours of the morning, and you could hear them laughing and carrying on from inside her trailer," says a source. The pair, whose fifth anniversary is quickly approaching, are faced with claims that Kutcher cheated with a 21-year-old. But if the two are troubled at all by these serious accusations, they certainly aren't letting on.

How can you stop cheating rumors from circulating?

Cupid's Advice:

There's no doubt about it – rumors, especially negative ones, are tough to deal with and difficult to hear. And the age-old advice, "don't dignify a rumor with a response" doesn't always work. Cupid has some suggestions for ways to halt rumors before they spiral out of control:

1. Prove the rumor isn't credible: The people who start rumors want other people to believe they're telling the truth. So, they make sure that what they're saying is plausible. To stop the news before it spreads, determine what makes the rumor credible in the first place.

2. Keep it simple: One of the worst things you can do in the face of a dirty rumor is to appear defensive and angry. There's no reason to let it get that far. If you have evidence to the contrary, just say, "That can't be true, because ..." and leave it at that.

3. Create a new truth: The reason gossip exists is because it's fun to know things about other people that they're

probably trying to keep to themselves. If you find yourself the subject of rumors, introduce a new rumor – one you can control more easily. People will stop focusing on the old news and put their attention to the new information they just got.

'Bones' Star Emily Deschanel Ties the Knot



A match was made in Hollywood this weekend when actress Emily Deschanel wed writer and actor David Hornsby. The couple tied the knot in front of friends and family at a small ceremony in the Pacific Palisades area of Los Angeles, reported [People](#). The pair are

both stars in the world of television, with Deschanel starring on FOX's crime show, *Bones*, while Hornsby is most famous for his work on FX's *It's Always Sunny in Philadelphia*.

Is having the same career as your spouse good or bad?

Cupid's Advice:

Cupid knows that common interests make couples stronger, but that sometimes, opposites attract. So will matching career paths make or break a couple? Cupid has some insight from both sides:

1. Separate, but equal works: Being in the same career field as your spouse gives you a common passion, but working in the same building, or even for the same company, might not give each of you the space you need to be happy.

2. Diversity adds spice: On the other hand, having different careers, skills and passions can add a different dimension to your relationship, by allowing you to teach each other something new.

3. Moderation is key: In either instance, making sure you balance your career and how much time and effort you put into it with everything else you and your spouse hold dear – including each other – will help keep your relationship healthy.

Elisabeth Moss to Divorce Fred Armisen



After less than a year of marriage, *Mad Men* star Elisabeth Moss and *SNL* cast member Fred Armisen are calling it quits, reports [The Huffington Post](#). Moss originally met Armisen when her fellow *Mad Men* cast member Jon Hamm hosted *Saturday Night Live* in 2008. The two got married in October of last year and separated on June 26, citing “irreconcilable differences.”

Rumor has it that the split may actually have been due to Moss practicing Scientology. “Her religion was as important to her as their marriage, if not *more*,” a friend of Armisen’s told [Us Weekly](#). Armisen is reportedly now dating *SNL* co-star Abby Elliott. **What are three important things to know about your partner before marriage?**

Cupid’s Advice:

When you get married, you promise to cherish another person “until death do you part.” That’s why it’s so important to really get to know your partner before walking down the aisle. Cupid shows you what you absolutely must know about your partner before saying “I do”:

1. Beliefs and values: A person’s religious beliefs and moral values make up a large part of who they are. While you probably won’t agree on everything, at least be open to your partner’s views. If your beliefs and values differ too much, you might want to rethink taking such a huge step in your relationship.

2. Goals in life: You and your partner should have similar goals if you want to spend the rest of your lives together. For example, finding out that he doesn’t want children *before* getting hitched might make you change your mind.

3. Bad habits: It may sound insignificant, but get to know his habits before settling down together. If he has some habits that you just can’t learn to live with, it’s best to find out before you tie the knot.

Tori Spelling & Dean McDermott Give Each Other Mani-Pedis





90210 star Tori

Spelling and her family seem to always be making news. This week is no different, with Spelling's husband, *Home Sweet Hollywood* star Dean McDermott, recently telling [InTouch Magazine](#) all about his family's interesting hobbies. One of their favorites? Mani-pedis. "I call it 'Male Polish,'" said McDermott. "We started doing each other's nails, and I love it. I'm wearing blue right now on my toes! I don't know why everyone doesn't do it!" Spelling adds, "I wanted to paint my nails gun metal for the night, so I borrowed [Dean's] nail polish." The couple's young children also like to participate. "Whenever we can, they come get manicures and pedicures with us and they love it!" said McDermott. "Liam has blue and red on his toes like Spider-Man this week and green on his fingernails like The Hulk." **What are some fun bonding activities for you and your partner?**

Cupid's Advice:

You don't always need a reservation at an extravagant restaurant to make your date memorable. Try partaking in some fun activities for easy laughs and quality one-on-one time. Cupid has a few ideas:

1. Board game: Open up your cupboard and fish out an old

board game, like Monopoly or Risk. Though you may have to dust off the game pieces, you and your beau will appreciate the simple and amusing activity.

2. Movie exploration: Try finding some old movies neither of you have seen in ages. Funny 80s movies, like *Ferris Bueller's Day Off*, will have you laughing hysterically together.

3. Video games: If your partner is into video games, then he will have fun teaching you how to play. If you're the one crazy about them, then you'll enjoy watching him squirm as you repeatedly beat him. Your prowess in shooting zombies or braving the difficult stages of *Guitar Hero* will be sure to impress (or embarrass). Either way, you'll both be rolling on the carpet.

Is Brad Womack Back for More 'Bachelor'?





After infamously dumping both DiAnna Pappas and Jenni Croft on the 11th season of *The Bachelor*, Brad Womack may be given a second shot at love. According to [Us Magazine](#), Womack is being considered for the 15th season of the popular dating show. “Brad is very sincere and believes in the show,” a source close to the series says. “That’s why he didn’t pick someone last time. He was never in it for the publicity. He wants to find a wife.” Along with Womack, producers are rumored to also be considering bachelors Ty Brown and Chris Lambton for the show. The official word will be delivered today on *Dancing With the Stars*. The question is, who would you rather?

Does your guy have a fear of commitment?

Cupid’s Advice:

Sometimes singles can find themselves still hurting from a past breakup or afraid to get out of their comfort zone and try something new. Cupid has a few tips on how to tell if your beau is afraid to find love:

- 1. He’s hesitant to put himself out there:** Although he’s outgoing and has no problem having a good time, he seems unavailable for anything more than fun and parties.

2. He won't take the plunge: Is your guy refusing to meet your family? If so, he might be hesitating because he's leery of taking the next step in your relationship.

3. Worst-case scenario: If you've decided your beau truly has a fear of commitment, try to stay reasonable. Talk some sense into him by laying down the facts. Let him know that the worst that can happen is that you break up sometime in the future, but that the best that can happen is that you're incredibly happy together. It's a small risk to take when the result could be a lifetime of true love.

Tyra Banks Takes Low-Key BF to Premiere





Tyra Banks, host of *America's Next Top Model*, isn't shy about a lot of things, but she usually keeps her long-term relationship with banker John Utendahl on the down-low. Apparently, though, his flair for finances couldn't keep the couple away from the premiere of *Wall Street: Money Never Sleeps* in New York recently, according to [E! Online](#). The couple was spotted on the red carpet, and though Banks still doesn't have an engagement ring on her finger, the couple seemed happier than ever. **How can you show your beau you support his interests?**

Cupid's Advice:

A happy and healthy relationship depends on both partners supporting each other, and there's no better way to do that than to scope out what makes your honey happy. Cupid offers some suggestions:

1. Ask questions: Though it may sound simple, asking your sweetie about his interests and giving him the time to talk about what makes him tick shows that you care. Plus, it could teach you a few new things about him!

2. Play the student: Every interest has some background to it, so whether your beau loves cooking or chemistry, asking for a demonstration or explanation could make your bond even

stronger.

3. Surprise him: Go one step further and pick a random day to do something special. Purchase tickets to his favorite sporting event, or rent a movie you know he'd like to see. The element of surprise will show that you recognize what's important to him.

Chris Lambton and Ty Brown in Talks to be Next 'Bachelor'



Two of last season's bachelors, who appeared on *The Bachelorette*, may have a second chance at love. According to [People](#), sources say Chris Lambton and Ty Brown are among those who have been "in serious

talks” with ABC about the next season of *The Bachelor*. Neither Lambton nor Brown have confirmed as of yet. Meanwhile, ABC and Warner Horizon, who produce *The Bachelor*, decline to comment on casting speculation. **Can you find true love on reality TV?**

Cupid’s Advice:

Reality TV has taken over the airwaves, and many in search of love have turned to the tube to see if they can find their soul mates. Cupid is here with some advice to help determine if searching for love on TV will result in a prime-time relationship or leave you with nothing but dead air:

1. Let’s get real: Learn to spot the difference between real love and camera love. Are the contestants actually falling for each other, or are they simply influenced by the desire to become famous and grab as much air time as possible?

2. Don’t get blinded by the spotlight: If you are determined to find true love on a reality show, make sure you define your priorities. The goal is to find a soul mate, not to let the paparazzi and tabloids dictate your feelings.

3. Avoid playing the desperate role: You have to wonder if people who go on national TV to find love are serious or simply desperate. According to Starpulse, it’s called “not having anything else to do.” Being stuck in a house with dozens of other women competing to earn one man’s attention will most definitely make you *think* you are falling in love, so make sure to separate your sense of competition from actual emotion.

Reggie Bush's New GF: A Kim Replacement?



NFL player Reggie Bush may have recently broken things off with Kim Kardashian, but he didn't spend much time mourning. Bush has recently been spotted in New Orleans with *Maxim* model and singer Mayra Veronica, a Cuban beauty reminiscent of Kardashian. "Mayra doesn't want to be Kim's replacement. She wants to make sure there's a special place in [Reggie's] heart just for her," said an insider, according to [RadarOnline](#). Bush and Veronica's relationship started as a summer fling, and the relationship has only grown since then. Though Veronica has been busy promoting her new single, "If You Wanna Fly," she made sure to clear her schedule when Bush was in California. Those close to the couple say, "They really can't wait to see each other. They just love spending time together."

How can you avoid replacing your ex with the same type of guy?

Cupid's Advice:

Kim Kardashian has been accused of chasing after the same type of beau, and now her ex Reggie Bush is doing the same thing.

It can be hard to branch out, but there's a reason you're single and looking – because your past relationships haven't worked out. Here are a few tips to help you change things up:

1. Stop, drop and think: It happens. You're at a bar and there's a guy across the room that you can picture yourself dating. But before you pursue the attraction any further, be sure to take a quick inventory of the guy. If you can tell he's no different than your exes, even from first glance, then forget it.

2. Look at yourself: While you play a large part in picking your beaus, certain types of men flock to you for a reason. If you continually attract a certain type of guy, try making small changes to your look or the way you act. You may be able to attract Mr. Right.

3. Walk away: When you know a guy is no good for you, don't stick around. There's no reason to waste your time in a relationship that will only end in disappointment. Be sure to listen to the warning bells going off in your head.

Balthazar Getty Gets
Understanding From Wife

Rosetta



After a scandalous affair with actress Sienna Miller in 2008, Balthazar Getty is slowly getting back on track with his wife, Rosetta, according to [Huffington Post](#). “Here’s the bottom line: It was a very challenging time for everybody involved,” said Balthazar to *Harper’s Bazaar* via Page Six, “but I loved and missed my family too much not to make it work. Rosetta is understanding enough and spiritual enough to let us try.” Rosetta continued explaining by saying, “I’m going to have to explain this to my daughters one day. I chose not to act from ego because I just felt like it would be too crushing for my children.”

Are there ways to make forgiving a partner easier?

Cupid’s Advice:

Forgiving your partner can be a tough task, especially when they’ve tested your trust. Cupid has some tips for easing the process:

1. Remember the kids: If it's your spouse that has been disloyal, sometimes you should consider taking the road Rosetta has taken and stay together for your family. It can be more important to stay strong for the sake of children involved than to allow your hurt emotions to take control.

2. Think about the commitment: When it comes time to forgive, it's important to assess how committed you are to your beau. If in the end you are truly still in love with him, then working it out might be worth a shot.

3. Be selfish: When deciding whether to forgive someone who has betrayed your trust, it's important to still put yourself first. Decide what's best for you, and what will make you happiest. If forgiving your mate will take away from your happiness, maybe it's time to move on.

Will Ryan Seacrest Pop the Question to Julianne Hough?





After recently going public with their Hollywood romance, it seems to be getting serious between *American Idol* host Ryan Seacrest and Julianne Hough of *Dancing With the Stars*. In fact, many are starting to wonder if Seacrest plans to pop the question anytime soon. According to [PopEater](#), this all-American couple was seen happily having dinner with Seacrest's parents at the Atlanta Country Club. All-in-all, the two seem quite smitten with each other!**What are some signs that your beau is ready to propose?**

Cupid's Advice:

Though there are no sure signs that an engagement is in your future, there are a few things you can look for in anticipation:

1. Meet the parents: Few couples ever get past the basic dating phase without parental approval. To marry someone is to become a part of their family and being included in family activities can be a sure sign that he is going to take the next step.

2. "The look": You may start noticing a longing or calculating look in his eye prior to a proposal. It may be because he knows he can't live without you and is looking for the perfect

moment to make it official!

3. Spontaneity: If your man does something out of character, like plan a fancy dinner or weekend getaway out of the blue, you may need to start *looking* for something blue. Though many proposals happen in an everyday setting, sometimes something a little out of the ordinary or special is in order – not that a proposal itself isn't memorable enough!

Mira Sorvino & Family 'Get Up and Go'



Balancing your personal life, family and job can be tricky, especially if you're in Hollywood. But even in the midst of shooting a movie, actress Mira Sorvino makes sure her family knows they

come first. The actress told [People](#) that she only works on films with short shooting schedules, and often brings her children to set with “quilts and colored Christmas lights and art supplies and books to help make it a home away from home.”

Sorvino’s three children and husband Christopher Backus not only kept her company on the set of her most recent film, *Like Dandelion Dust*, but became her inspiration for it. The film tells the story of a woman trying to reclaim the child she gave up for adoption. “I have three beautiful children who I love more than anything else in the whole world, so anything having to do with your children and potentially losing them is very, very personal to me,” said Sorvino. “I didn’t have to do much to get to the emotional place [of my character].”

How can you keep your spouse and kids happy at the same time?

Cupid’s Advice:

Keeping all your relationships healthy can be tricky, but Cupid has some ideas on how to keep everyone, including yourself, happy:

1. Make the time: It sounds simple, but between finances, chores, personal projects and work, it’s easy to forget to take the time to show your loved ones you care. Set aside at least 30 minutes per day for each person, and worry about other distractions later.

2. Focus on your bond: Do something with each family member that’s important to both of you. Whether it’s as simple as watching a show you both like, or chatting together about a shared interest, activities done together will strengthen what makes your relationship unique.

3. Plan group time: Your connection with you family is just as important as your individual relationships with each family member. Take the time to plan weekly events, no matter how simple – it will bring the whole family together doing

something you all love.

George Clooney's Rep Shoots Down Engagement Rumors



George Clooney's on the defense again! The actor's rep has come to his rescue by shooting down a fresh batch of rumors that he has proposed to his Italian model girlfriend, Elisabetta Canalis. The engagement rumors took flight after Canalis was spotted with a ring on a very telling finger, according to [Starpulse](#). Clooney's rep said, "There's nothing to comment on. She likes to wear rings. No more, no less." Although Cupid previously reported that the couple were getting serious, they are

apparently still just enjoying each other's company – sans marriage. **Is there a tactful way to get people to stop pressuring you about marriage?**

Cupid's Advice:

1. Point out the divorce rate: A great way to get your friends and family to lay off about the future of your relationship is to give them some valuable information – the divorce rate.

With the statistic at a healthy 40 percent, point out that you'd rather be sure of what you want than end up in splitsville.

2. Remind them it's your life: The bottom line is that the people you are close to only want what's best for you.

Tactfully remind them that you're capable of making your own decisions ... and mistakes. Let them know that you're happy and that you'll do what you feel is right for you.

3. Ask them if they trust you: When friends and family are pressuring you into marriage, you may feel like they don't trust you to make the right choices for yourself. Let them know that their distrust is hurting you, and they may think again before forcing their views onto you.