

# Wicked Celebrity Breakups



By [Jessica DeRubbo](#)

Let's face it: It's not often that breakups and divorces are civil and lacking in drama. In fact, most are ridden with angry fights, jealousy and revenge. America's A-list celebs prove that theory better than any other group! Consider Bristol Palin, Courteney Cox and Mel Gibson.

## Bristol Palin

After revealing that she was expecting a baby during her mom's run for Vice President, a teenaged Bristol Palin announced her engagement to baby daddy Levi Johnston. Things eventually turned sour, however, when the couple called it quits and both of their families turned to the media for revenge. Johnston bad-mouthed Palin's family in an attempt to destroy it in a

famous interview with [Vanity Fair](#). He said that Sarah Palin originally wanted to keep her daughter's pregnancy a secret and then adopt the child as her own when he was born. When the couple decided to try to make it work again recently, things went downhill pretty quickly. Bristol talked to the tabloids herself this time, claiming that she called it quits with Johnston due to his being in an intimate music video with singer, Brittani Senser. Johnston had apparently told Palin that he was going to Hollywood to film a hunting show. Even now, as Bristol stars on this season's *Dancing with the Stars*, Johnston had something to say about it, remarking that she never once danced with him while they were together. Big or small, the drama won't seem to leave this couple alone! Unfortunately, with a son in the picture, the two will have to eventually make it work in a civil way.

## **Courteney Cox**

Everyone's favorite *Friends* actress Courteney Cox isn't innocent to relationship drama either. Although we have yet to hear much from her camp after her split from husband David Arquette after 11 years, Arquette has been very vocal. What started out as a united statement to the media, saying, "'The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage.

We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go through this process we are determined to use kindness and understanding to get through this together'" quickly led to Arquette's shocking radio interview with Howard Stern. The actor commented on the couple's sex life, among other things.

"'We're not having sex, and I completely understand," he said. "She's in a place of wanting to be real and emotional.

She's an emotional being. She's an amazing woman. If it doesn't feel right, she doesn't feel like bonding in that way.'" It's been reported that Cox is more than unhappy about her former flame's big mouth (I know I definitely don't blame

her!)), but it remains to be seen where the two will go from here. It's so sad when a celebrity couple who seems to have it all together shocks us with buried anger and bitterness!

## **Mel Gibson**

And then, of course, there's the case of Mel Gibson. After being married for 28 years to Robyn Gibson, Mel left his wife for Russian entertainer, Oksana Grigorieva. The couple dated for two years before breaking up, at which point Gibson allegedly lost it and began leaving abusive messages for his ex. The crazy messages were recorded and eventually leaked to the public. In them, Gibson uses explicit language and is very hostile toward Grigorieva. At one point, he says, ""You're a f-ing mentally deprived idiot. You're a f-ing using whore ... I own you." At another point, Grigorieva says, "You control me, like marionette ... I walk on eggshells with you." Fighting words! The duo have been in a legal battle ever since. Personally, I'd want it all over and done with as quickly as humanly possible, wouldn't you?

Drama, drama, drama! Some celebs just can't avoid it. And when you add an anger-ridden break-up or divorce into the picture, A-listers seem to lose all control.

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# **Justin Timberlake Reportedly Caught Cheating**





Justin Timberlake reportedly cheated on his main squeeze, actress Jessica Biel. According to [Us Weekly](#), the singer/actor was fooling around behind Biel's back with actress Olivia Munn this past September. Munn is best known as a *Daily Show* correspondent and stars in the upcoming NBC series *Perfect Couples*. According to an insider, after exchanging numbers with the actress, he "started chasing her immediately." The source also adds that Munn resisted his advances, telling him it was a no-go if he was still with Biel. But Timberlake "has been telling people it's over with Jessica, even though the reality is he's just doing it behind her back." Timberlake's rep says the accusations are false, while Munn's rep refuses to comment on her personal life. It seems a lot of celebrity relationships are heated these days!

**How can you resist the cheating temptation?**

### **Cupid's Advice:**

While we don't know for certain the details behind Justin Timberlake's apparent cheating escapade, many men and women in relationships will often find themselves staving off the



temptation to cheat. Cupid has some advice to help you work through the urge:

**1. Explore your feelings:** Ask yourself why the temptation is there in the first place. While there is nothing wrong with a wandering eye or some harmless flirting, if you find yourself wanting to take it to the next level, your so-called relationship might not be as strong as you originally thought.

**2. Think of the future:** Before you cheat, take a moment to think about what the future could hold with your partner or spouse. Is it really worth giving up a wonderful life with someone special just for what you may consider the thrill of cheating?

**3. Consider the consequences:** If you cheat, whatever relationship you're currently involved in will most likely end badly. There is nothing good to come out of cheating, and the devastating consequences could hurt not only your significant other, but also your family and children (if there are any in the picture).

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## Are Taylor Swift and Jake Gyllenhaal a Couple?





Country crooner Taylor Swift and hunky actor Jake Gyllenhaal are the center of many celeb relationship rumors as of late. The pair have been spotted together multiple times around New York City, reports [E! Online](#). The duo was first seen flirting backstage at Saturday Night Live, which Swift's pal Emma Stone was hosting. The weekend continued with a romantic stroll through Brooklyn's Park Slope area, and they were later spotted doing lunch with Stone at Al Di La restaurant. At lunch, Swift was uncomfortable and spoke rarely. Gyllenhaal, however, was beaming, talking to waiters and cracking jokes. The pair seems to be sending mixed signals. Is this a PR stunt or real infatuation?

**What are some signs that you are more than just friends?**

### **Cupid's Advice:**

When dealing with insecurity and stress, it's hard to cross the friend boundary. To help ease your worries, here are a few tips to help you decide when the time is right to take the plunge:

**1. Physical attraction:** If you and your "friend" find

yourselves hugging more than usual and holding hands when usually you only pat each other on the back, then something has probably changed in your relationship. Friendship with active physical attraction is on its way to more than that.

**2. Discomfort:** Hanging with your pal should be fun and easy. If you catch yourself worrying over your makeup and an outfit, then chances are you have some hidden feelings for your friend.

**3. Frequent calls/texts:** If you and your friend talk or text constantly, then you are both thinking of each other a lot. Your pal is constantly on your mind and vice versa. This could mean that the two of you care more for each other than you initially thought.

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## Top 10 Celebrity-Inspired Halloween Costumes





By Kari Arneson

## **Lady Gaga**

It seems impossible that just a couple of years ago, no one had ever heard of Lady Gaga. Now the international pop superstar is one of the most stylish and controversial stars of her generation. But for Halloween, which outfit (out of thousands) should you choose? Try some of her most well-known, like the blue swimsuit from her “Poker Face” music video or one of her famous VMA outfits. Warning: Be careful with the meat dress.

## **The Bachelor**

This is the perfect costume for the single guy looking for love. All you have to do is put on a nice suit and some hair gel, and you’re good to go. And don’t forget the most important part of the costume: roses. Hand them out to the cutest girls at the party.

## **Katy Perry**

Nostalgic for the summer? Now that the weather’s turned cold,



celebrate summer 2010 with the artist who delivered its biggest hit. Dress like Katy Perry in her candy-themed “California Gurls” music video with a blue wig, candy-covered dress and, if you’re feeling adventurous, some whipped cream, too!

### **Sarah/Bristol Palin**

Is teen activist Bristol Palin becoming more famous than her political mom? The teen mother is on this season’s *Dancing With the Stars*, the #1 show on TV, and has millions of fans across the country. If you want to go the more traditional route, go with the now-classic Halloween costume: Sarah Palin. Hey, it worked for Tina Fey!

### **Edward Cullen**

One of the most popular book series of the past decade, the *Twilight Saga*, has produced three blockbuster movies so far, rocketing its actors to superstardom. Robert Pattinson plays the brooding vampire, the romantic lead and the subject of many a teen girl’s fantasies. Get the look with some white makeup, a gray peacoat and a bouffant hairdo. All you have to do now is practice your pout. Add some fangs if you’re feeling daring.

### **Jersey Shore couple**

Although they may not be an actual couple, The Situation and Snooki are undoubtedly the breakout stars of MTV’s *Jersey Shore*. Besides the obvious GTL (gym, tan, laundry), get Snooki’s poof with lots of hairspray or a wig. For the Situation, three words: abs, abs, abs. You might need some time to prepare for that one..

### **Justin Bieber**

While the Biebs was blowing up the charts this year, Halloween costume-makers were busy making, you guessed it – the Justin

Bieber wig. All you need to complete this costume is some baggy jeans, sweet kicks, and the hair. Screaming 12-year-old girls are optional.

### **Kim Kardashian**

This reality TV bombshell is one of the most talked-about celebs on the planet. With her hit show Keeping Up with the Kardashians under her belt and the new Kourtney and Kim Take New York coming soon to a living room near you, the curvy brunette is a perfect costume idea. Try a wig or extensions to get Kim's long dark locks, a bandage dress, and if you need it, a little help in the chest area will complete the transformation!

### **Mad Hatter**

If you're a fan of Johnny Depp and/or huge top hats, this is the costume for you. Replicate the iconic character played by Depp in this year's Alice In Wonderland with a tall, raddy-looking hat, long pinstripe pants and a colorful blazer.

### **Avatar**

So a tall blue alien with long hair and very little clothing might not be the most traditional costume, but will no doubt be the most recognizable. Avatar, the highest-grossing movie ever made, came out last year and the Na'avi people featured in the movie are still all the buzz. You can find plenty of blue body paint and full Avatar costumes at most Halloween stores.

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# Surprise! Janet Jackson is Not Engaged



The rumor mill may be rampant with talk of Janet Jackson's engagement to boyfriend, Wissam Al Mana, but the rumor has turned out to be false. According to [Us Weekly](#), the singer set the record straight at the New York premiere of *For Colored Girls*. In spite of the fact that her beau has yet to pop the question, he did take his lady for a romantic vacation in Sardinia this summer. Marriage or no, it looks like Al Mana treats his lady like a queen. **How can you surprise your mate?**

## Cupid's Advice:

Saying, "Honey, I'm home" at the same time each day isn't much of a surprise. But, doing something out of your normal

routine helps keep a relationship interesting. Though surprise vacations are always nice, ordering takeout instead of cooking can also qualify.

**1. Make your mate feel special:** In this case, it really is the thought that counts. The fact that you planned something different to surprise your mate just may be all your partner needs to feel special.

**2. Flowers and candy:** Sometimes keeping romance simple and traditional is all you need to spice things up. Send flowers to her at work so that she blushes as all her coworkers look on with jealousy.

**3. Keep things fresh:** If you haven't done it, it's new to you. Start pursuing a unique hobby together or take a trip somewhere neither of you have ever been, even if it's close to home.

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## Shia LaBeouf and Carey Mulligan Break It Off







While romance might have been in the air between Shia LaBeouf and Carey Mulligan during the filming of [Wall Street: Money Never Sleeps](#), that doesn't seem to be the case post-premiere.

The duo have indeed parted ways, with a friend claiming, "It just wasn't working," as the reason behind the split. With Mulligan back in Los Angeles filming indie flick *Drive*, a friend offers reassurance that, "[Carey]'s strong. She'll be fine!" Would a certain British actor, Tom Sturridge, have anything to do with this? Sources tell [Us Weekly](#) that isn't the case; they're just pals.

**If things aren't working, when is it time to call it quits?**

Cupid's Advice:

Every relationship has it's ups and downs, but there's a difference between a rough patch and an unhealthy relationship. Here are some signs for when the going gets bad and you're just not sure whether it's time to break up:

**1. All we do is fight:** If every conversation ends with a screaming match, chances are you're having problems communicating with your partner. If the arguments stem from

trivial matters, try compromising and picking your battles. However, if these fights involve serious issues, such as your goals and values, remember: you can't change who a person is at heart.

**2. The spark just isn't there:** While it is common for the thrill of a new relationship to dissipate over time, there also just comes a point when you simply don't feel the same way as you used to about the person you're dating. People change, and if the spark that made your relationship special in the first place has gone out, then you need to reevaluate what makes you happy.

**3. You want to see other people:** It happens. You reach a point when you realize that your current mate is just not "the one" for you. All you can do is be honest and straightforward. Don't placate a relationship. It's not fair for your partner to think that you are 100% emotionally committed to your relationship, when you aren't.

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## Modern Family's Sofia Vergara and Beau Step Out Post-Accident





*Modern Family's* Sofia Vergara and her boyfriend, Nick Loeb, were seen out together last night. [RadarOnline](#) reports that this is the first time since his terrifying car accident that the couple has been seen in public. The two were spotted leaving Madeo restaurant in Beverly Hills. Loeb, 35, was using crutches as part of his recovery from his car crash in Bel Air, California earlier this year. After the accident, Loeb was rushed to UCLA Medical Center's intensive care unit. He suffered from a broken leg, pelvis and a deep cut to the chest. A former Florida politician, he was by himself when the accident occurred. Vergara and Loeb began dating earlier this year. **What can a near-death experience teach you about your relationship?**

### **Cupid's Advice:**

If you ever needed a reason to be thankful for the one you love, a near-death experience is just that. Nothing's worse than realizing that your loved one may not be with you the next day. These experiences are scary indeed, but they also leave you a little humbled:

**1. Forever yours:** Sometimes a near-death experience makes you put your life into perspective. Suddenly the issues that were plaguing you yesterday don't mean anything today. People tend to take that time to reflect on what and *who* means the most to them. They also learn to let the little things in their relationships go, because they're simply not important.

**2. Cutting to the chase:** Your loved one almost dying is a life wake-up call. If you're dating somebody, the experience may help you realize that he/she is the love of your life. On the other hand, it might also teach you that you deserve someone better. Now that you realize how your life can change in an instant, don't you want to change it for the better?

**3. Getting closer:** Once the general shock of a scary experience wears off, a couple's bond can become stronger. If one person needs some extra help during his/her recovery, the added one-on-one time with your partner will show him how much you care. Playing nurse for your beau will show him how much you care.

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## Jessica Simpson Runs Into Ex Nick Lachey







What happens when you run into your ex with his new girlfriend while you're on a date with your new boyfriend? Well, Jessica Simpson and beau Eric Johnson found out over the weekend when they ran into Simpson's ex, Nick Lachey. When asked about the incident by [USA Today](#), the singer said, "He was at the same restaurant. I didn't speak to him." But apparently she was much more willing to talk when asked about her current relationship with Johnson, according to [Us Weekly](#). "He definitely makes me very happy," she said. "He brings out a lot of light in me and makes me very comfortable being who I am. It's nice to be with somebody who praises you for the right reasons." Is that a Nick Lachey burn? We'll never know for sure. **How should you handle your first sighting of an ex post-breakup?**

### **Cupid's Advice:**

It's always awkward when you run into your ex for the first time after you've broken off your relationship, but there are right and wrong ways to deal with it. Cupid has some suggestions:

**1. Act casual:** There's no need to bring drama into the

picture. Even though you may be feeling turmoil on the inside, keep it bottled up for the time being. Although they say keeping your feelings inside can sometimes be a bad thing, it's okay if you let it out in a different venue later on – away from your ex.

**2. Be civil:** Again, there's no reason to carry the reasons you broke up into your first meeting after your split. Your relationship is over, and it's time to move on. Why re-hash old arguments when you can just keep it civil, and shrug it all off?

**3. Keep it short:** Don't prolong your first meeting post-breakup. If you happen to end up at the same location as your ex and there's no way to avoid each other's presence, deal with it briefly. The longer you confront your ex-partner, the more awkward you will feel and the more likely you may say something you'll regret later.

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## Jesse James and Kat Von D: On or Off?





Sandra Bullock's ex Jesse James and Kat Von D effectively squashed all recent breakup rumors, as the pair was caught kissing while at a restaurant over lunch recently. Rumors were swirling over James' recent move to Austin, Texas. In fact, [People](#) reported that Von D is unhappy with the long-distance "go-between" relationship. Von D has also reportedly been seen with ex-flames Nikki Sixx and Bam Margera. Despite the rumors, the much-talked-about duo seemed to enjoy lunch and left a generous tip before leaving the restaurant. **What can excessive PDA mean?**

### **Cupid's Advice:**

While some couples have no qualms about publicly displaying their affection, most couples are a little more conservative. If excessive PDA is coming from a couple who usually keeps it tame, it's safe to say there's probably an ulterior motive. Here are a few things it could mean:

**1. Insecurity:** If a couple shows their affection in public, it could mean that they're insecure in their relationship. They are trying to prove to others (and themselves) that their relationship is still going strong, even though it may be

rocky at the moment.

**2. Need for attention:** Those who step outside the lines of public decency by excessively showing affection may only wish to shock others. They have a need for attention that can be satisfied by some major PDA.

**3. Face value:** While PDA could have underlying meaning, sometimes it's necessary to take the PDA for what it is – affection. Therefore, it might just mean they're lustful!

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## 'Bachelor Pad' Stars Tenley Molzahn and Kiptyn Locke Think Marriage







Though reality stars Tenley Molzahn and Kiptyn Locke may have yet to win a reality show, but the couple has succeeded in finding love with each other. Both Molzahn and Locke came in second on [The Bachelor](#) and *The Bachelorette*, respectively, and then received the silver medal on *Bachelor Pad*, a new reality show that gave runners-up from *The Bachelor* and *The Bachelorette* a chance to win money and possibly find love.

Now that the shows have all ended, the pair is looking forward to letting their relationship develop without the stress of the cameras. "On those shows you go straight into meeting the parents and talking about marriage, and there's so much pressure," Molzahn told [People](#). "But with the two of us together it's just laughter all night long." **Where are some unique places to meet your match?**

### Cupid's Advice:

While reality shows aren't where most people find lasting relationships, Molzahn went on the shows with a purpose. "You need to date the ones that you think you can marry," she says. "I don't believe in dating someone if you can't see them in your future." So where can you find the ones you think you can marry?

**1. Where you're comfortable:** If you want to meet a mate with something in common, try looking in places where you're already going: your art class, gym or even for chefs, at the grocery store. Not only will you be more at ease in your element, but you'll also have something to start chatting about.

**2. Where you loved being:** Think back to what you loved doing during your childhood for inspiration for a new hobby. Loved sports? Join a local recreational team. Loved playing music? Join a community class or band. By rediscovering new passions, you will add dimension to your life, and possibly find someone to share those passions and grow with you.

**3. Where you want them to be:** Are you looking for a guy who's nerdy chic? Try the Apple Store. Or how about a woman that's fashion-forward? Try chatting to someone browsing through Macy's. As long as you're somewhere you can be comfortable and natural, stepping outside of your usual stomping grounds to find a partner in their natural habitat will help you expand your horizons.

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## Jersey Shore's Angelina Goes on a Terrifying Date





In spite of leaving her castmates at *Jersey Shore* before the end of the season for the second time, Angelina's reality TV career is far from over. According to [RadarOnline](#), just in time for Halloween, the Jersey girl appeared on IFC's 5-part horror satire series, *Dead Set*. It seems that Angelina may be trading in her tan juice head guidos for a much paler partner. As part of IFC's spoof, Angelina shocked the GTL off of her *Jersey Shore* cast mates by dating the undead. Anyone who thinks their last blind date was bad can't top Angelina's date with a zombie. Her disgust can be seen as she speaks in candid detail about why this zombie isn't right for her. Perhaps, next time she will look for guys on the boardwalk instead of at the graveyard.

### **What are some date deal breakers? Cupid's Advice:**

There is nothing like a bad date to ruin a perfectly good evening. But, remember, going on a bad date isn't your fault, staying on one is:

**1. Disrespect:** If your date makes hurtful comments about your appearance, family background, religion, or anything else, end the date immediately. This is unacceptable behavior that

doesn't warrant a second of your attention.

**2. Too touchy-feely:** Though everyone has a different timeline when it comes to the sensual side with someone you have been dating, if that's all your date is interested in, there is no point in dating him/her.

**3. No chemistry:** Your date may be a great person, but there's just something missing. He/she may appear to be the perfect partner, but maybe just not for you. Don't feel guilty; at least you didn't lead him on!

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## Halle Berry Steps Out With New Beau







Although actress Halle Berry and new beau Olivier Martinez have been spotted together before, last week they finally made their relationship official by gracing the red carpet. The couple made their first red carpet appearance over the weekend at the Carousel Of Hope gala in Beverly Hills. Berry, 44, wore a stunning red dress by Yves Saint Laurent and beau Martinez, also 44, looked very handsome, as usual. The duo met while working together on the upcoming thriller, *Dark Tide*. An onlooker told [Us Weekly](#) that the “smitten” twosome were “inseparable” at the event. Martinez was “constantly leaning in and whispering in Halle’s ear, making her laugh,” added the source. Hey, maybe inter-office dating *can* work!

**When should you make your relationship with a co-worker public?**

### **Cupid’s Advice:**

Dating someone you work with can be a challenge, but if you’re serious about making the relationship work, you have to be careful about when and how you go public with the relationship. Cupid has some ideas on how to make the



transition as smooth as possible:

**1. Will I get in trouble?:** Almost every company has rules on inter-office dating. Look into your office's policies to make sure you're not in danger of getting fired before entering into a relationship with a coworker.

**2. Is it serious?:** Before you start telling people, make sure it isn't just a fling. Dating someone at work brings a lot of extra baggage with it so you need to be certain that the relationship can go the distance before you open up about it.

**3. Who should I tell?:** If you tell your cubicle mate you're dating someone in the office, she might start a rumor that could easily get out of hand. Mum's the word as far as other coworkers go until things get serious. Then make sure your supervisor or boss is the first to know before telling others.

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## Does Beyoncé Have a Baby on the Way?





Rumors are swirling that Beyoncé Knowles will soon be in the market for some bootylicious baby booties! In an exclusive, [US Magazine](#) is reporting that the singer and husband, Jay-Z, are expecting their first child. According to a source, the news came as a big surprise for the superstar duo. “B was shocked. She loves kids, but she wasn’t ready to be a mother just yet.” “She really wanted to get her album done and tour the world again.” Still, another source says that Beyonce realizes that “this is a gift from God and she’s so happy.”

But don’t start buying baby clothes for the couple just yet. Beyoncé’s mom recently told Ellen DeGeneres that the pair are, in fact, not expecting a baby, according to [People](#). The truth remains to be seen!

**How can you and your partner best handle news of a surprise pregnancy?**

**Cupid’s Advice:**

As the saying goes, you can’t be just “a little bit” pregnant. Ready or not, your little one will soon be here, and you and your partner will have to come to the understanding that you’re going to be parents. Cupid has some tips to help turn

the element of surprise into baby bliss:

**1. Listen to the doctor's orders:** While you're trying to sort out all of the emotions in your head and deal with the changes to your body, make sure not to disregard yours and the baby's health. A doctor can also help run through your options if you are uncertain about the pregnancy. Plus, he/she can tell your mate exactly how to care for you.

**2. Find a support system:** Your main support system should be with your partner; however, the surprise of having a baby can be overwhelming. Find someone else to talk to and express all of your feelings. Sometimes an outsider can open your eyes and put your concerns into perspective. Then, go back to your beau and let him in on your new revelations.

**3. Trust your maternal instinct:** Once you find out you are pregnant, your maternal instinct will most likely kick in. Although it takes a little longer for your partner's paternal instinct to follow suit, once it does, you can start "nesting" as a couple. While you'll inevitably be thinking that you're not sure if you can handle this, trust in yourself and your beau, and have confidence!

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## Taylor Swift: New Song Slamming John Mayer?





With Taylor Swift's upcoming album dropping next week, speculation has begun circulating around one of the tracks, entitled "Dear John." Does it reflect Swift's once-rumored relationship with crooner John Mayer? [Us Magazine](#) reports that Swift, 20, and Mayer, 13 years her senior, were romantically linked last year when the country crooner collaborated with Mayer on the song "Half of my Heart" for his album, *Battle Studies*. Although Swift refuses to confirm the song is about Mayer, with lyrics like, "You'll add my name to your long list of traitors, Who don't understand, And I'll look back in regret, I ignored what they said, 'Run as fast as you can,'" one can only assume all signs point to the soulful singer and serial dater.

**What are some appropriate ways to deal with anger after a breakup?**

#### **Cupid's Advice:**

It's normal to be angry after a breakup. While it may be fun to sit with your girlfriends and plot revenge on the one who broke your heart, think twice before you pull a Carrie Underwood in her "Before He Cheats" days:



**1. All talk and no action:** This may be the one time you should run your mouth with no intention of following through. Take a cue from Taylor Swift and write it out. Her lyrics are her personal way of getting through an emotional time without doing anything outrageous and harmful. The individual in question may end up being a bit embarrassed, but doesn't he deserve that anyway?

**2. Gather your girls:** Release your anger in a positive way. Grab some friends and go out dancing. Part of the friend code means that you'll automatically have someone to lean on. Feel free to vent as you dance out your post-breakup frustrations. Don't worry – your roles will eventually reverse, and your friend will need you for comfort and take-out pizza.

**3. Work it out:** Find a gym that offers a kickboxing class, and let loose! Fill your iPod up with your favorite songs and run your anger right out of your system. Exercise is a great way to filter your emotions and burn off those pizza night calories. Your ex will be sorry once he sees your hot bod, and the look on his face will be the perfect revenge!

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## Katy Perry's Pre-Wedding Excitement





Katy Perry is enjoying her final days as a single woman. Following her performance on Britain's *The X-Factor*, Perry and fiancé Russell Brand talked to judge Simon Cowell backstage. A source tells [Us Magazine](#), "She had so much fun with Simon, and Russell was chatting with him too. Katy was hugging Russell a lot after her performance. She kept asking him, 'Was I OK?' 'Was it OK?', but he was nothing but supportive. He was stroking her bum in her catsuit. He couldn't keep his hands off her, actually." The engaged pair also went to a private screening of *The Social Network* on Monday. On Tuesday, Perry and Brand intend to fly to India for their extravagant 6-day wedding celebration. The few guests, including Rihanna, will stay in "pimped out" tents and are to be flown in on private jets. Despite the extravagance, Brand seemed uneager to talk about the celebration. "I'm trying to preserve it, to keep it a beautiful thing," Brand explained. "I think people get the wrong idea on how we want the wedding to play out. Love between two people is the most spectacular yet ordinary thing in the world."

**What are some things to be careful about before your wedding?**

**Cupid's Advice:**

The days before your wedding are nerve-wracking, exciting, and unlike anything you have ever experienced. While you should enjoy these last few days to the best of your ability, here are a few things of which to beware:

**1. Too much talk:** No matter how excited you are, talking about your wedding too much may ruin the big day. By talking about the big day, you raise expectations. Hold disappointment at bay, and keep at least some of your excitement to yourself.

**2. Stress:** Wedding planning is stressful. You want the best day possible, but by accepting the fact that no wedding is absolutely perfect, you will be able to relax and really enjoy the day without worrying about minor things.

**3. Too many nerves:** Chances are, before your wedding you are feeling excited and nervous. While it is good to share your nerves, make sure you do so in a healthy way so you don't give your friends and family the wrong idea.

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## Seth Green Watches Wife Play Video Games for Hours on End





Newlyweds Seth Green and Clare Grant have been embracing each other's silly sides since their May 1 wedding, reports [People](#).

The self-proclaimed geeks spend their time together creating viral videos for Youtube and making each other laugh. This kind of behavior may not come as a shock from a pair who met in a comic book shop. "We might be together a long time before we think about kids," Grant admits, saying she and her husband are focusing on each other right now. **What are some unique activities to do with your partner?**

### **Cupid's Advice:**

We all know that having one-on-one time with your beau is important. The question is, how do you keep it interesting?

Cupid has some special activity suggestions:

**1. Get out:** Are you outdoorsy and adventurous? Try something like rock climbing or sky diving. Find gyms or specialty stores in your area where you can practice on climbing walls before you attempt the real deal. If jumping out of a plane isn't your thing, perhaps a little white-water rafting is instead. These adrenaline-pumping dates will bring a smile to your faces and a spark to the bedroom.



**2. Movie night:** If you and your partner are more of a cuddle-up-at-home type, designate a night solely for yourselves: no calls, texts or other interruptions allowed. Rent a movie and play some board games, with special rules just for you. Or find a discount theatre in your area and catch a cheap flick.

**3. Wine tasting:** Take something you both are interested in and turn it into a hobby. Are you both self-proclaimed wine junkies? Find a local winery and take a tour together over the weekend. Afterwards, buy a bottle of the vineyard's own and enjoy it later on that evening.

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## 5 Signs That George Clooney May Actually Commit





By Kimberly Dawn Neumann of Dating Diva Daily and author of *The Real Reasons Men Commit*

Recently there have been all kinds of tabloid rumors working to put a chink in the bond between George and his stunning Italian amore-du-jour Elisabetta (sex and drug scandals anyone?). Though Elisabetta has chalked a lot of it up to envy (okay, we'll admit we're a little jealous but seriously...that wouldn't cause us to implicate her in a drug debacle), later this summer there was also a flurry of speculation that E and G were about to become EG (in other words, they were possibly EnGaged).

While more recent reports have explained that the reported left-hand ring flash was actually a napkin ring with which she was playing at dinner (on her left hand while waving it to the paparazzi...ummm...okay, whatever), the reality is that there may actually be some validity to the idea that good ole' George is in a commitment frame of mind when it comes to his latest gal.

Here are some signs that George (and any man for that matter) may be ready to commit that go beyond how ridiculously

stunning Elisabetta looks like in a bikini:

**1. He makes room for his woman in his home and his life:** In George's case that means that Elisabetta has been spotted frequently at Clooney's Lake Como villa. Any man that welcomes a woman into his home with such open arms is exhibiting commitment-mindedness.

**2. He takes the relationship public:** In the non-celeb world, this usually means that a man is willing to tell all his friends, family, coworkers about the lady in his life. In George's case that also means telling the tabs, the Oscar voters and the red carpet mavens. So, it is wise for him to remain mum on a gal unless he's serious. George has shown no qualms about displaying his affection for Elisabetta on a very public stage.

**3. He has a sincere desire to please and make his woman happy:** Elisabetta was quoted recently in Italian Vanity Fair stating "I feel good, I feel light. Like when I was 18 years old." She goes on to add that George pampers her like she's never experienced before and that he is the person to whom she owes the color that is back in her life. He is clearly working to make this woman happy.

**4. He is supportive and complimentary:** In that same interview, Elisabetta said that Clooney is very supportive of her and always close. A man who is there for and builds up his partner is definitely more commitment-ready because he cares about his partner's sense of self and well-being, not just his own. "If you feel loved, you always feel beautiful," she says. Ah, well put. And if Elisabetta is feeling that kind of love from George then he's clearly invested in this relationship.

**5. He recognizes that he can be independent and in a relationship at the same time:** One reason George has previously said that he'll remain a confirmed bachelor is that

he always felt the women he was with didn't understand the demands of his work and how it might take him away for long stretches. However, with Elisabetta, George seems to be comfortable since she's clearly independent and strong enough to stand on her own two feet if he has to go away. Though marriage may not be the end game here, George is exhibiting signs that this woman will be in his life for more than a blip. Sorry to all you Mrs. Clooney hopefuls out there, but the signs (for now) seem to be lining up in Elisabetta's favor.

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## Anne Hathaway Talks Trust Troubles







When your ex-boyfriend pleads guilty to 14 counts of money laundering, conspiracy, and wire fraud, what's a girl to do?

Years later, after a highly publicized fall out with ex-boyfriend Raffaello Follieri, actress Anne Hathaway has found comedic relief when it comes to talking about past relationships. [People](#) reported that when Vogue sat down with the actress, and asked about potential deal-breakers, she wittily replied, "Uh...fraud?" While Hathaway can laugh, looking back, she can't deny it has left her with trust issues stemming from lies and deceit. Hathaway is set to star in romantic comedy *Love and Other Drugs*, which hits theaters November 24. She says, "Gosh, I hate talking about the breakup, because I don't want it to define me, but as is to be expected, there were a lot of lingering trust issues, and I think that making a film about trust that required a great deal of trust – well, it was challenging to get there."

**How can you get over trust issues from a past relationship?**

**Cupid's Advice:**

Some past relationships can leave you wondering, "How can I ever trust again?" Here are a few ways to put the past behind

you, opening yourself up to new opportunities:

**1. Start with you!** After enduring a relationship that left you with trust issues, it's important to do some soul searching.

Before you can even think about starting to trust others, you need to sit down and work through these problems, and learn to trust yourself!

**2. Focus on the present:** While things might not have ended well in the past, don't pass up new opportunities just to prevent yourself from getting hurt again! We've all been there; what's important is that you walk away having learned something. Try to get comfortable with the idea of giving people the benefit of the doubt again.

**3. Talk it out:** If you're thinking about starting a new relationship with someone, make sure you give your new beau a heads up on your issues with trust. Why? Because if you find yourself lashing out, he'll know where it's coming from.

Remember he's given you no reason *not* to trust him. Give him the chance to prove himself!

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## Smiling David Arquette Looks 'Relaxed and Cheerful' After Separation





If David Arquette is hurting after his recent separation from wife Courteney Cox, he certainly isn't showing it. The 39-year-old actor was all smiles at the 2010 Spike TV Scream Awards, his first public appearance since news broke of the split from Cox, 46. [Us Weekly](#) reports that Arquette, who attended the awards show without his wife, looked happy, relaxed and chatted animatedly with his publicist before going into the event. After 11 years of marriage, the couple announced their trial separation earlier this week. The two met in 1996 on the set of *Scream* and married three years later. Their daughter, Coco, is 8. A source close to the couple says they "are by no means interested in giving up. They just need time apart."

**How can you tell if your mate is fake?**

**Cupid's Advice:**

Some people might enter into a relationship for the wrong reasons. But with Cupid's help, you can tell whether or not your mate is for real:

**1. He pays attention:** If he remembers minute details, like

what you said a week ago and already forgot about, then he's really into you and is in the relationship for the right reasons. If his eyes seem to glaze over when you talk, you might want to look into why that's the case.

**2. He respects you:** This means respect in every sense of the word. One example is understanding your need to take it slow. If he tries to round the bases too quickly, then his intentions are only lustful.

**3. He only has eyes for you:** If he's shows no interest in other women, then he thinks you're the one. But if he wants to keep an "open relationship" and date other women, he's not sure yet and may just be faking interest.

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## Christina Aguilera Goes On Vacation After Split







Christina Aguilera has recently been dealing with divorce papers and drama, all caused by her split from hubby Jordan Bratman. The singer decided to escape the chaos by taking a quick vacation to Hawaii. The *Burlesque* star “...has a packed weekend ahead of her, including yoga, surfing lessons, hikes, lunches, VIP dinners and cocktail parties,” reports [E! Online](#). Sounds like it’s just what she needs!

**After a breakup, where are some good places to get away?**

### **Cupid’s Advice:**

When your heart is aching, you may need some space. Some people may recuperate just by having some down time, while others may need a paradise getaway to soothe their spirits. Cupid has some suggestions:

- 1. Suburbs:** Live in a big city? Get some fresh air by stepping outside of your urban environment. The change of scenery will be both relaxing and refreshing.
- 2. Europe:** If you’re one of those people who needs serious space after a split, head to an exotic location. Skip romantic activities in Paris, and spend some time with friends

in Greece, or relax on a beach in Italy.

**3. A friend's house:** If you don't have the time or the money to plan a trip, spend some time at a friend's house. You will have a different environment in which to recover and the added bonus of a good friend taking care of you.

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## Jenny McCarthy Tries Honesty With New Guy



After splitting with Jim Carrey, her boyfriend of five years, Jenny McCarthy has found love again. [People](#) reports that the actress is very happy with her new man, Jason Toohey, 35, a

Las Vegas-based pirate performer. McCarthy, 37, says she has learned a lot from her previous relationships. "I was a girl who pretended. I would say I liked things when I didn't," she says. "I knew if I wanted to grow, I needed to make myself happy before I could begin to have an equal relationship with another man." And the most important lesson she learned? Honesty is the best policy. "If he wants Chinese [food] and I don't, I say it," she says. "If he wants to go out and I want to stay in and watch *Dancing with the Stars*, I tell him so... Our relationship is stronger because of the honesty." **How can you have an equal relationship?**

### **Cupid's Advice:**

Aretha Franklin had it right when she sang, "R-E-S-P-E-C-T, find out what it means to me!" In order for a relationship to work, you need to have mutual respect and equality. Cupid has some ideas on how to make sure you and your partner are on equal footing:

- 1. Decide together:** If one of you is making decisions for the other person, you're not in an equal relationship. Make sure that you listen to each other's ideas so you can come to mutually beneficial conclusions.
- 2. Tell the truth:** Follow Jenny McCarthy's lead and be completely honest and open with your partner. These two things are essential in any healthy relationship. Make sure he doesn't always get his way or vice versa. If you don't want Chinese tonight, tell him!
- 3. Money matters:** Financial issues are often the biggest source of relationship inequality. While you don't both have to make the same amount of money, make sure that the relationship doesn't become a financial burden. If it seems like your mate is overextending himself, try to even the score.



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# Kim Kardashian Blames TV for Lack of Love Life



Kim Kardashian's not too happy with sharing the spotlight, but it's not her sisters she's worried about – it's her boyfriends. The reality star is planning on staying single for awhile, and blames the constant camera attention for complicating her love life. Kardashian told [US Magazine](#) that being single "is a lot easier" than trying to "figure out who likes me for really me (and) who wants to be on a show."

The star's ex, Dallas Cowboys' player Myles Austin, reportedly loved the attention he got from Kardashian's show.

As she prepares to begin shooting *Kim and Kourtney Take New York*, in which Kim and her sister will open a new boutique in



the Big Apple, she looks forward to remaining single. “This was like, for me, the perfect time to come to New York, because I’m single,” she says. “I just felt like I kind of wanted a fresh start.”

## **What are some things that get in the way of love?**

### **Cupid’s Advice:**

Relationships can be a lot of work, and there tends to be obstacles nearly every couple has to overcome. Cupid has some ideas on how to work around these issues:

**1. Time:** Like most things in life, relationships require a lot of time in order to flourish. While it may be difficult to balance all the aspects of your life, try to take at least 15 minutes a day to show your partner that you care about him or her.

**2. Distance:** Particularly in new relationships, distance can cause some issues. If you’re not living together, try to make sure you communicate in some small way daily, even if it’s just a text that says “hi” – that way, you’ll stay on each others’ minds.

**3. Harmony:** Variety can add depth and health to any relationship, but balancing opposing viewpoints or interests can make things tough. Stay open-minded about what your partner likes, believes and wants, but make sure you also stay true to yourself. Make sure to communicate about conflicts when the need arises.

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# Love Lessons From ABC's 'The Bachelor'



By Erika Vujnovich

While there's no question that *The Bachelor* and *The Bachelorette* are must-watch television shows, statistics show that out of a 19 seasons, only two couples have stayed together, while waiting to see how the latest relationship between bachelorette Ali Fedotowsky and Roberto Martinez ends up. These are programs designed to produce long-lasting marriages, yet we often wonder whether we can call them reality TV or merely fantasy, designed to whet the appetite of women and men everywhere. Season after season, the program dominates the ratings with an average audience of 10 million viewers taking part in a voyeuristic game of watching desperate singles attempt to find true love.

If you're looking for "happily ever after" and contemplating the reality show route, here are a few things to keep in mind:

**1. Get real:** Each season, the contestants are whisked away to some exotic location to fall in love. Viewers watch as the couples travel over the canyons in helicopters, fly through the sky on zip cords or bask in the sun on a tropical island with a breathtaking backdrop. These settings could make even the biggest skeptic feel like they're falling in love. Let's face it, reality isn't always having the luxury to lounge on the beach and sip champagne with your partner, but rather it's realizing how you couple cope with money problems, children and everyday monotonous routines.

**2. Play the field, but keep it simple:** For those of you not familiar with the concept of the show, the series revolves around one man or woman dating 25 singles in the hopes that they will find a partner for life. Throughout the season, the bachelor goes on a series of group dates, two-on-one dates and one-on-one dates. At the end of the journey, two contestants are left standing from which a fiancé is ultimately chosen. According to [Match.com](http://Match.com), there are several benefits of dating more than one person at the same time, "Multi-dating isn't merely a tactic for doubling your pleasure. Rather, during your hunt for 'The One', it can be a way to achieve romantic wholeness by dating partners with differing interests and personalities." This may be true but you also want to make sure you don't let your emotions get the better of you. Dating several people at one time can stir up feelings leaving you confused.

**3. Don't come across as desperate:** Put 25 singles against each other in a competition to land the perfect mate and you are sure to see some desperation among the contestants. Think about it: they all came on the reality dating show with one sole purpose – to find love and get married (or at least that's what they said). Therefore, it's no surprise that

drama always finds its way into the story. When dating, try not to make yourself too available or be the one always initiating contact. This could come across as desperate. Be confident, attentive and a bit assertive, but most importantly, just be you.

*The next season of "The Bachelor" returns to ABC in January 2011.*

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## Jessica Simpson Declares Her Love



Jessica Simpson is smitten with her longtime beau, football



player Eric Johnson. The singer recently told [People](#) of her Thanksgiving plans with Johnson, saying, "...We're all gonna be in New York. I'm gonna be on a [Macy's parade] float. It's not always the best way to spend a Thanksgiving, but it's a great way to celebrate." The couple started dating in May, and their relationship seems to be getting very serious.

"He's the one for me right now! I'm very happy, I'm in a great place and if right now could last forever, I'd take it." Simpson says Johnson is extremely supportive. "He went and got a sweater and a bowtie to try to lift my spirits because I [had] been working extremely hard. I laughed my butt off!" she recalls. "I couldn't ask for a better man in my life right now."**What are some romantic/unique ways to make your partner laugh?**

### **Cupid's Advice:**

Whether it be stress, routine, or boredom, a good laugh can solve a good many relationship problems. Here are a few ways to get a laugh:

**1. Sing together:** Try karaoke, or burst into song. The worse your voice is, the funnier you will be. Print out lyrics to an Adam Sandler song, and unleash your vocal prowess! Your neighbors may be in agony, but at least you and your beau will have fun!

**2. Be brave:** Consult Eric Johnson's play book, and be brave. Grab a funny outfit, and wear it in public. A sweater vest and a bowtie may make others look at you strangely, but your mate will find it hilarious.

**3. Movies:** If you're the worst comedian on the planet, grab your Blockbuster card. Rent a few funny movies, and spend the night watching them. You and your partner are sure to share a few laughs.