

Demi Lovato Hints that Celebrity Love Wilmer Valderrama Loves Her Curves



By [Courtney Omernick](#)

According to [People.com](#), Demi Lovato recently reminded everyone to love their curves. And, it may be because of her celebrity love, Wilmer Valderrama. Demi hinted that she and Wilmer have a strong celebrity relationship when she mentioned that “a special someone” taught her how to love her curves on Instagram.

This celebrity love is going strong! What are some ways to instill confidence in your partner?

Cupid's Advice:

While this celebrity couple has remained a model for others in celebrity and regular relationships, their individual struggles bring up a good point. Demi struggled with body issues for a long time, and her celebrity relationship helped her accept herself. Below are some ways that you can instill confidence in your partner.

1. Affirm their strengths: We all need a cheerleader in our corner! When you see that your partner has an area of excellence in their life, tell them. You should be their biggest supporter.

Related Link: [Love Advice: 5 Signs You're in a Lukewarm Relationship](#)

2. Critique carefully: There will be times during your relationship when you'll want to constructively criticize. This is a dangerous territory. Select the words you use carefully!

Related Link: [Leading Non-Verbal Expert Shares Online Dating Love Advice](#)

3. Public praise: One of the most harmful things you can do to your partner is to criticize them in front of others. On the other hand, the most powerful thing you can do is praise them in front of others. There's nothing more uplifting than public affirmation!

How have you instilled confidence in your partner? Comment below!

Jennie Garth Celebrates Celebrity Wedding to David Abrams



By [Courtney Omernick](#)

[UsMagazine.com](#) reported that celebrity couple David Abrams and Jennie Garth tied the knot on Saturday, July 11th. The celebrity wedding took place at Garth's home in California at 7 p.m. Many pals of Jennie were in attendance, such as Tori Spelling and Miguel Pinzon.

This celebrity wedding took place at sunset. How do you decide on the timing of your wedding?

Cupid's Advice:

While this celebrity couple decided that sunset was the best time for a wedding, not everyone will agree. See below for our love advice on when to tie the knot:

1. Consider your personality: If you're thinking about the time of day, consider if you're a morning person or an evening person. It might be too much to have the wedding earlier in the day and the reception later at night. Decide if you'd rather stay up later or get up earlier.

Related Link: [Ashton Kutcher and Mila Kunis Celebrate Top Secret Celebrity Marriage](#)

2. Consider the holidays: If you're trying to pick a date, think about what holidays might be close to your wedding day. Seeing as how many people travel to see their families during the holiday season, don't expect a ton of people to show up if your big day is right around Christmas time.

Related Link: [Ben Affleck Is Spotted Wearing Wedding Ring Post Celebrity Divorce Announcement](#)

3. How long have you been engaged?: If you want a larger, more elaborate wedding, it's going to take some time to plan. If you've only been engaged to the person of your dreams for a month, don't expect to have every detail squared away immediately.

How did you decide on the timing of your wedding? Comment below!

New Celebrity Couple: 'Glee' Star Dianna Agron Is Dating Mumford and Sons' Winston Marshall



By Maria N. Capalbo

According to UsMagazine.com, Dianna Agron and Winston Marshall are officially a celebrity couple. They were spotted in Paris locking hands and enjoying each other's company. Agron has been a fan of Marshall's band, Mumford & Sons', for a good time now, but is still keeping details about her relationship

with him private.

Another celebrity couple has made their debut! What are some advantages to waiting to announce your new relationship?

Cupid's Advice:

Sometimes, not letting everyone in your business is a good thing! It leaves people wondering about what is going on, and they can not even talk about you! Cupid has some advantages to waiting to announce your new love below:

1. Focus on privacy: Privacy within your relationship is extremely important. If you are jumping around on social media announcing your new relationship, that attracts attention. Then, everyone will be wondering what you two are up to. Keeping the whole "let's publicize our relationship" urge to a minimum prevents people from intruding.

Related Link: [New Celebrity Couple Alert? Find Out About Dianna Agron and Nicholas Hoult's Casual Relationship](#)

2. No one is in your business: That's right! If you do not post anything in order to make people curious, no one is worried about what you are doing. You can just focus on your partner, and not what everyone else thinks of the two of you.

Related Link: [Alex Pettyfer Calls Dating Glee's Dianna Agron 'Amazing'](#)

3. Getting to know your partner better: Leaving everyone out of the equation gives you time to get to know your partner on a deeper level. It's just the two of you! You do not have to

worry about anyone else opinions are anything.

What are some ways you've benefited from waiting to announce your new relationship? Share below!

Patti Stanger Approves of New Celebrity Couple Taylor Swift and Calvin Harris



By [Katie Gray](#)

Bravo's *Millionaire Matchmaker* Patti Stanger approves of new

celebrity couple Taylor Swift and Calvin Harris! According to UsMagazine.com, "I actually hope this works out. I hope they don't get swelled heads and he gets a bigger better deal with some little hottie potati because they do work long hours, they're always on the road. If they're not working together, thank God he's a producer and he can produce her, which I think is the key to everything."

This celebrity couple has Patti Stanger's blessing! What are some ways to get the approval of your friends and family about a new relationship?

Cupid's Advice:

When you truly like somebody and want to be in an official relationship and love with them, one of the first things you naturally do is tell your family and friends. They are the ones who care about you the most after all. Cupid has some tips:

1. Introduce them: Introduce your new significant other to your family and friends. It's a big step when this introduction happens, because it shows that this relationship and love is serious or headed toward the serious route. Have the big meeting take place somewhere all will feel comfortable, and keep it low key and simple. Your loved ones want you happy, so there really is no need to worry!

Related Link: [Celebrity Video Interview: 'Millionaire Matchmaker' Star Patti Stanger on How a Relationship and Love Changed Her: "I'm Much More Relaxed"](#)

2. Share the strong suits: When you're discussing your new

relationship with your family and friends, make sure you share all of the strong suits that your partner has to offer. There is no need to sugar coat anything. Keep it real, and make sure you tell them the amazing qualities that you admire in your partner and fell in love with.

Related Link: [Millionaire Matchmaker: Patti Stanger Helps Ayinde and Mitch find True Love](#)

3. Speak from the heart: No matter what the situation is life, you have to be true to yourself and your heart. Speak straight from the heart when you are talking with your friends and relatives about your new partner. They only want you to be happy, and they will be happy when you share how thrilled you are with this special person in your life.

What are some ways you have gotten the approval of a relationship from your friends and family? Share your stories below.

Brad Pitt and Angelina Jolie Enjoy Date Night





Louisa Gonzales

Power couple Angelina Jolie and Brad Pitt have a special date night out, just the two of them. According to UsMagazine.com, Pitt, 50, and Jolie, 38, were spotted at Troubadour in Los Angeles attending Japanese singer Miyav, show. The parents of six to Pax, 10, Zahara, 9, Shiloh, 7, twins Vivienne and Knox, 5, and Maddox, 12, met up with some friends at the concert. The actor and actress looked to have enjoyed seeing the show and getting their well-deserved alone time.

What are some ways to make date night special?

Cupid's Advice:

Dating is supposed to be fun. Sure, it's also the time where you get to know each other better, try things out, but it doesn't mean dates should be like a job interview, they're meant to be something you look forward too. Cupid has some advice on some ways to make date night special.

1. Make it a themed night: It can be fun to mix things up a little and try new things in a relationship. One way to do

that is to try planning a themed night, so go all out and make it a night to remember. Get together and pick a theme, such as make it 'Italian night', 'fifties night' or a scavenger themed date, it can be anything you want, but make sure to make it something you both can enjoy.

Related: [Brad Pitt and Angelina Jolie Enjoy Weekend Getaway Without Kids](#)

2. Recreate your first date: There are certain moments that we experience in this life that makes us nostalgic, first dates are one of many. It can be fun to recall your first date and try recreating. Not only will it make your date extra special to re-experience your "first date", it will show your significant other all the great little-big things you remember and give you the chance to relieve old memories.

Related: [Brad Pitt Flies to Australia to Reunite with Angelina Jolie and Kids](#)

3. Do something you normally don't: To keep things new and fresh in your relationship, it's important to do things you've never done before. Think big, think adventures, think of a date outside of the box, whether it's going on a last-minute weekend getaway, a trip to an amusement park or zoo, or going to a concert, just make the date worthwhile.

What do you think are some fun ways to make date night special? Share in the comments below.

Katy Perry Has a New Love

Interest



By April Littleton

According to [People](#), the *Dark Horse* singer has found love with DJ Diplo. The two lovebirds were spotted hanging out together at Coachella, and last week during an afterparty for the upcoming film, *The Amazing Spider-Man 2* in New York City.

When should you start dating again?

Cupid's Advice:

Dating after a breakup is complicated. When is it OK to test out the waters again? How do you know when you're ready to get back out there? Cupid is here to help:

1. Time: Don't rush into your next relationship just because

you're afraid of being on your own for awhile. Take the time to get over your ex, and figure out what you really want out of a romance. You want to get things right the next time you fall in love. Repeating all of your old habits and mistakes won't do you any good.

Related: [Richard Gere and Padma Lakshmi Are Dating](#)

2. Trust: If you can't trust the next person you're seeing, there's no reason for you to try to spark up a relationship with him/her. The ability to trust again doesn't come easy, and it might take you awhile to get there. If your potential love interest is willing to be patient with you, you might have a keeper on your hands.

Related: [Taylor Swift Cuts Off Selena Gomez Post-Reunion with Justin Bieber](#)

3. You're comfortable: You have to be comfortable with yourself before you can handle being with anyone else. Are you at that stage of life where you can have fun being alone and single? Or do you feel as though you constantly need to depend on someone else? Find yourself, and realize that you can and will do spectacular things without a partner.

When did you know you were ready to start dating again? Share your experience below.

Kate Hudson Looks Up to Goldie Hawn and Kurt

Russell's Relationship



By Louisa Gonzales

Nobody's perfect! This includes the beautiful Kate Hudson who stuns on the cover in the May 2014 issue of *Self Magazine* saying she too still has her flaws and troubles when it comes to relationships, according to UsMagazine.com. The fiancée to musician Matthew Bellamy, told the magazine she has had her own "insecurities" when it comes to her physique and image. The *Something Borrowed* star also went on to share with the magazine her thoughts on finding happiness, how it takes "practice" and who she looks up to when it comes to relationships. Hudson revealed her parents, Goldie Hawn and Kurt Russell who've been together for around thirty years, as some of her biggest inspirations and the two people who have taught her a few things about love.

What are some ways to incorporate lessons from your parents in your relationship?

Cupid's Advice:

Even though relationships are special and unique to each individual person, we can still look towards others for examples to follow. Growing up we rely on our parents to teach us new life lessons and to help us grow, this doesn't have to end when we are adults. Cupid has some advice on ways to incorporate lessons from your parents into your relationship:

1. Ask for your parents advice: Hearing about your parents' experience might help you in your own. There's nothing wrong with asking for your parents' advice or help when it comes to your love life. It can be good to grow and learn from their past mistakes or incorporate things your parents did that worked into your own relationship.

Related: [Kate Hudson and Matthew Bellamy Have 'Bumps in the Road Like Anyone Else'](#)

2. Take inspiration from your parents: Parents can be strong figures in your life and are people you can find inspiration from, even when it comes to love. It's nice to be able to look up to your parents and see how much they have grown from love. Parents have done it all before and watching them and seeing how they're when it comes to relationship can inspire you to take action in your own love life.

Related: [Going the Distance: Celebrity Couples Who Make It Work](#)

3. See what works and hasn't worked for your parents: There is a lot of things you can learn or take from witnessing your parents' own relationship. You and your lover can look back on all the things that worked with your parents' relationships and what didn't. From seeing and hearing about their troubles or

good times, you can learn a great deal about love and what it takes to make a relationship work and long-lasting.

What do you think are some good ways to use lessons you get from your parents in your relationship? Share your tips below.

Khloe Kardashian and French Montana Go Public with New Relationship



By Louisa Gonzales

Khloe Kardashian and French Montana officially make their public debut as a couple! According to UsMagazine.com, the duo spotted out in public together on Friday, April 18 at the Lobster House for lunch. The rapper, who has 4-year-old son, Kruz, with his ex-wife Deen Kharbouch made sure to keep close to the TV starlet, while they indulged in some lunch, but showed minimal PDA. Reportedly the pair started dating following *The Keeping Up With The Kardashians* star, divorce filings from Lamar Odom. Even though the lovebirds seem to be both moving forward with each other, not everyone approves of their union, including Khloe's mother Kris Jenner according to sources.

How do you know when to debut your relationship to family and friends?

Cupid's Advice:

Romantic relationship can be tricky things because they are constantly evolving and changing. It can be hard sometimes to tell the people closest to you when you're seeing someone new, especially when you want them to approve and like the person you're with. Cupid has some advice on how you can know when to debut your relationship to family and friends:

1. You're in a good place: When you feel like shouting your love from the rooftops, that's when you know you're ready to reveal your couple status. When you're happy in your relationship and feel secure, it means you have a good thing going with each other. It's important for you to feel in a good place in your relationship before you say anything because it will make it easier for you and the people you care about.

Related: [New Couple? Khloe Kardashian Parties with French Montana](#)

2. Your both on the same page: Every relationship has it's own

significance or meaning to a person. For couples to work they need to be on the same wavelength on what they want in terms of where their relationship is headed and what it means to them. It's important that you both are on the same page when it comes to being comfortable enough to share you relationship news to family and friends.

Related: [Khloe Kardashian Says She's 'Excited for This Year to Be Over' Post-Divorce Filing](#)

3. See a future together: If you find yourself thinking about your future together or planning for possible future events it means you can see the thing you got going on as more than just a fling. When you're thinking long-term with your partner, it's about time to start telling your family and friend. It's good to be able to share someone important to you with family and friends, especially when that person is someone you might possibly want to become a part of your family someday.

How can you tell if you're ready to tell your family and friends about your relationship? Share in the comments below.

Justin Bartha and Wife Lia Smith Welcome a Baby Girl





By Louisa Gonzales

Justin Bartha and wife Lia Smith have a new addition to their family, a baby girl! According to UsMagazine.com Bartha's wife gave birth to their first child on Sunday, April 13. *The Hangover* star, 35, and the personal fitness trainer got engaged in May 2013 and said their "I do's" back in January in Oahu, Hawaii. Sometime after their lovely and intimate wedding ceremony it was confirmed the couple were expecting. Bartha, who dated Ashley Olsen in the past from 2009 to 2011, make a "gorgeous" pair, according to insiders.

What are some ways to prepare your relationship for a child?

Cupid's Advice:

Having a child is a big step for any person's relationship. Children will bring changes to your lives, as well as new challenges, difficulties and experiences. Cupid has some advice on some ways to prepare your relationship for a child.

1. Make sure you're both ready: Before you even began to try or consider having a baby make sure it's something you both

want and are ready for. Having a child is a big-life-altering move and if you are not ready, it's okay to wait until you are. If you try to force you or your partner to do something they are not ready for, it can hurt your relationship in the long run.

Related: [Ashley Olsen and Justin Bartha Split](#)

2. Know you won't be able to certain things you use to: Once you have a child, certain things you were able to do before you did, like going out all the time or traveling might not be possible for you to do as much anymore. A child requires a lot of attention, which means a lot of your time will have to be devoted to the raising of your child. You might not be able to some things anymore, but they are plenty of new things for you to do as a family.

Related: [Isabella Brewster Is Expecting with NBA Player Husband](#)

3. Make a list of reasons why this is the right step: Sure, your relationship will face new obstacles and challenges, but it will also bring plenty of new joyful and fun experiences. Together, make a list or tell each other all the reasons why having a kid is what you both want and how you're both ready. You can always come up with reasons to wait, however, eventually you just have to do it and hope it all works out.

What do you think are some good ways to preparer your relationship for a child? Share your tips below.

Richard Gere and Padma Lakshmi Are Dating



By April Littleton

According to [People](#), Gere and *Top Chef* star Padma Lakshmi are dating. “They’re getting to know each other,” a source said. “...They’re not sure what’s going on yet.” Gere split from his wife of 11 years last year. The former couple have a son together. Lakshmi has a 3-year-old daughter with ex-partner, Adam Dell.

How do you know when you’re ready to date again?

Cupid’s Advice:

Before you jump into the next relationship, you need some time

to think about what you really want in a significant other, and you need to get reintroduced to yourself. Some people take awhile to get back into the dating scene, while others feel ready after a couple of weeks. Cupid is here to help:

1. You're over your last relationship: When you think back on your past relationship, you have absolutely no feelings whatsoever. You no longer think 'what if', and you're ready to give love a chance with someone.

Related: [Taylor Swift Cuts Off Selena Gomez Post-Reunion with Justin Bieber](#)

2. You're happy with yourself: Before you start a romance with a new partner, you need to be happy and content with yourself first. You know what you have to offer, and you're looking for someone who will treat you just the way you deserve.

Related: [Rihanna and Drake Party Post-Concert in Paris](#)

3. You're looking: When you're out on the town for a night out with your friends, you find yourself mingling with other singles a little more than you used to do. You're actively looking for a new partner, and you're having fun doing so.

How did you know you were ready to start dating again? Share your experience below.

Eva Longoria Is 'Very Happy' With Boyfriend Jose Antonio

Baston



By Louisa Gonzales

Eva Longoria's boyfriend is so stylish it makes her want to up her game. According to UsMagazine.com, *The Desperate Housewives* alum, said on *The Ellen DeGeneres Show*, her boyfriend Jose "Pepe" Antonio Baston, is such a "good dresser" that she always has to "step it up" when it comes to fashion, on Monday, April 14. During the show she revealed little more about her relationship with him, as she is very private, but did say she is "very happy" and "lucky" to have him. The couple got together last fall, shortly after Longoria split from *Ready for Love* contestant Ernesto Arguello, and have spent a lot of time together ever since.

What are some ways to put past relationships in the past?

Cupid's Advice:

It can be hard to move on sometimes, especially when you feel like you're not ready to let a person go. However, sometimes you have to let the person in your past relationship or even the relationship itself go, in order to let your heart be open to something or someone new. Cupid has some advice on some ways to put past relationships in the past:

1. Focus on the new: Whether you are in a brand new relationship or single and ready to mingle, try to stay focused on what you currently want in your life. Live in the moment, don't let the ghost of relationship pasts, prevent you from forming new relationships. If you keep yourself busy, let yourself grow and move on eventually you will stop letting past failed relationships haunt you, and start living life in the present.

Related: [Eva Longoria Goes Public with New Boyfriend Jose Antonio Baston](#)

2. Grow from past relationships: It's okay to acknowledge and learn from things in your past, especially when it comes to past relationships. It can be good to reflect on some of your past relationships and realize why they didn't work or what you liked or didn't like. Doing this reflecting can help you move on, grow and let you know what you actually want in relationship or what to look for.

Related: [Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair](#)

3. Find closure: Finding closure from past relationships is essential to be able to finally put the past in the past. How each of us get our closure depends on who we are or how our relationship ended, so just do whatever works for you. Whether that is some kind of ritual or routine, talking it through with people close to you, going out, or even writing it all out, it doesn't matter what you do what is important is what

helps marks the end of your past relationship.

How would you put past relationships in the past? Share in the comments below.

Justin Bieber and Selena Gomez Reunite at Coachella



By Louisa Gonzales

Justin Bieber makes a surprise appearance at Coachella and reunites with Selena Gomez! According to UsMagazine.com, Bieber, 20, gave a surprise performance, with friend Chance The

Rapper, for festivalgoers over the weekend at Coachella in Indio, California on April 13. The superstar may have shocked the crowd by singing "Confident" with his friend, but when it came to Gomez the singer didn't mind not lying low. The pair was spotted sticking close together right before Bieber went on stage and were also seen together walking side by side to Calvin Harris' performance later that night. According to eyewitnesses they were dancing and whispering into each others ears all night.

How do you weigh the pros and cons about whether to get back together with an ex?

Cupid's Advice:

Many couples break up, but sometimes couple who break up can't stay away from each other and continue to get back together. When it comes to deciding whether you should give it another go with your ex there are many things to consider and think about. Cupid has some advice on how to weigh the pros and cons about whether to get back together with an ex:

1. The con or why you shouldn't get back together: Sometimes someone just isn't right for you and deep down you know when someone just doesn't cut it for you. If you find you could never trust them before than you probably won't trust them the second time around. If you find you two never get along well, or have a hard time trusting one another, it's probably best to let them go, why waste your time with someone who isn't right for you.

Related: [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

2. The pro or why you should give it another go: Sometimes relationships don't work out, because it just wasn't the right time in your lives to really be with someone. So what if now in the future you are both in the right places in your life

for a committed relationship and still find yourself still drawn to your ex? If you still keep in contact, get along well and are still attracted to your old lover, getting back together might be just what you need.

Related: [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

3. The pro or con, which one outweighs the other more: If there are more negative than positive memories about your ex than it's probably best to not let the possibility of history to repeat itself. If there are more positive reason on why you should get back together with your old flame, such as even with the negative you accept them or find them endearing. Making a pros and cons list can help you distinguish reasons why you should or shouldn't do something, but only your heart can decide.

What are some pros and cons when it comes to whether or not to get back together with an ex? Share your tips below.

New Couple? Ryan Seacrest Steps Out With Shayna Terese Taylor on Vacation





By Brittany Stubbs

Ryan Seacrest has some new arm candy! The *American Idol* host was seen on vacation in Uruguay with the beautiful blonde, Shayna Terese Taylor, both a model and personal trainer. UsMagazine.com confirms the two were spotted on Sunday, Nov. 24 smiling and laughing while having lunch at La Huella restaurant. The couple then proceeded to step into the sunshine and head to the beach.

What are some ways to announce your new relationship to family and friends?

Cupid's Advice:

As easy as it is these days to put yourself "in a relationship" on Facebook and upload some pictures of your significant other, there are more personal ways to introduce and officially announce your new romance to your loved ones:

1. Dinner and drinks: Why not get your family and friends together for dinner to meet your significant other? This way you not only have the opportunity to officially announce

you're dating, but you also give everyone an opportunity to get to know him or her. They'll share in the joy of your new relationship just as much as you have.

Related: [Julianne Hough Relaxes in Miami One Month After Split From Ryan Seacrest](#)

2. Bring your partner along: If the thought of having a dinner in which your partner and new relationship are the main subjects makes you uncomfortable, consider a more low key way to include and introduce them to your circle. Bringing them along to a friend's house party, a family birthday, or as your plus-one to a wedding, are opportunities you can casually announce your relationship.

Related: [Julianne Hough and Ryan Seacrest Spend Weekend in Los Cabos](#)

3. Send an email: Not everyone has the luxury of living close to all their family and friends, but it's important to still keep them updated on your life. Sending them a nice email updating them on what you have going on, including the news of your new relationship, will make your loved ones feel more in the loop despite the distance that separates you. You might even consider including a picture of you and your partner and a little synopsis of how the two of you met.

How have you announced a new relationship to your family and friends? Share your experiences below.

How to Get Over a Broken

Heart During the Holidays



By Abbi Comphele and [Whitney Johnson](#)

There are so many things to be excited about during the holidays: fun-filled family time, delicious home-cooked meals, presents waiting to be unwrapped and perhaps a much-deserved vacation. However, if you're nursing a broken heart, this festive time of year may seem burdened with only cold and lonely days. You may never forget your heartache, but someday, you will be healed and happy again. Just make sure to get some solid [relationship advice](#) in the meantime.

Until then, the ten tips below may

make your holidays seem a bit more bearable and that damaged heart feel a little less painful:

1. Volunteer: No matter the time of year, giving to others can mend a hurt soul and fix any frown. During the holidays, the opportunities to volunteer seem to multiply, making it extra easy for you to make a difference in someone else's life.

Related Link: [Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'](#)

2. Listen to holiday music: There's something so innocent and child-like about holiday music. It'll take you back to those days when your biggest worry was whether or not the item at the top of your wish list would be waiting for you to unwrap it. Although Nick Cannon and Mariah Carey had a rough [celebrity divorce](#), Carey still is positive and puts out beautiful holiday music that you can listen to!

3. Take up a new hobby: Attend a cooking class (Whole Foods offers great options) or take a knitting course and make a homemade gift for someone special. If you live in a snow-filled spot, give snow skiing a try. By being outside of your comfort zone, you'll not only distract yourself from your heartbreak, but you'll also regain your confidence.

Related Link: [Nicole Porter Discusses "The Break-Up Cookbook"](#)

4. Enjoy hot cocoa by the fire: A cozy spot and delicious drink are sure to warm your heart during this holiday season. Snuggle up with a good book or have some girl-bonding time with your mother, sister or best friend. When [Taylor Swift](#) broke up with celebrity ex Harry Styles, she spent time with her best friends during the holidays to make her feel better.

5. Watch a feel-good holiday movie: It's important to remember

that you *will* find love again, and a holiday movie is the perfect way to do just that. The options are endless: *The Holiday*, *Four Christmases*, *Miracle on 34th Street* and more. As Hugh Grant's dreamy voice tells us in *Love Actually*, "If you look for it, I've got a sneaking suspicion...love actually is all around."

6. Reconnect with old friends: Re-establishing a friendship that was lost due to distance or busy lives will boost your spirits and remind you that there are plenty of people who love and support you. When former celebrity couple Selena Gomez and Justin Bieber split, Gomez surrounded herself with her closest friends again.

7. Book a quick getaway: Whether it's a snowy vacation in the mountains or a relaxing weekend on the beach, pick a place that makes you feel like yourself again. Most of the time when a hollywood relationship ends badly, the two in the relationship probably end up taking a quick trip to themselves. It can be very relaxing.

8. Buy yourself something special: Yes, it *is* the season of giving, but sometimes that giving needs to be self-directed. Use the money that you would've spent on your ex to buy yourself that much-desired handbag or new pair of shoes.

9. Cook a new dish for your family's annual holiday get-together: Tackling a challenging recipe will surely keep you busy – from picking out the dish to shopping for the ingredients to pulling it all together, you'll hardly have any time to think about that broken heart.

10. Meditate. It sounds so simple, but closing your eyes and paying attention to each breath allows you to shut out the rest of the world and focus on yourself. You can let go of those negative thoughts and sad memories and be ready for your next adventure (in love or otherwise) by New Year's Eve!

How did you recover from a broken heart? Share your thoughts below.

Top 10 Romantic Winter Getaways



By Abbi Comphe'l and Linda Guma

On December 22nd, the first official day of winter is upon us. The sun begins to rise late and set early, which can lead to some minor winter blues. As you start to go stir crazy, take this piece of [relationship advice](#) to heart, and start planning a romantic getaway for you and your partner. A nice break from

the same old routine is probably just what you need to reignite a spark in your relationship.

Cupid has some love and relationship advice on where to escape with your loved one this season:

1. Tampa Bay, Florida: With the winter chills fast approaching, the birds aren't the only ones heading south this winter. Located along the Gulf of Mexico, Tampa Bay is an ideal destination for a couple vacation. Enjoy long walks along the shore of one of the beautiful beaches, like hot spot Archibald Beach Park, which is often busy on weekends and features restaurants and bathrooms nearby. You can even indulge in your sporty side and check out a Tampa Bay Rays baseball game with your mate.

Related Link: [The Most Romantic Destinations of the U.S.](#)

2. Montego Bay, Jamaica: With its vibrant reggae, tropical shores, and relaxing atmosphere, there is no doubt that Montego Bay, or "Mo'Bay," is Jamaica's center for tourism. You and your partner can adhere to this piece of [dating advice](#) and enjoy an array of water sports, from fishing to snorkeling and scuba diving.

3. Riviera Maya, Mexico: With its warm climate, the Riviera Maya an ideal destination to get away from it all with your partner. Enjoy swimming in the beautiful Caribbean Sea in the city of Tulum, as you gaze at the only archaeological site located near the sea, and then immerse yourself in a rich cultural experience as you discover Maya history.

4. Bangkok, Thailand: Among the most urban and safe cities in Asia is Bangkok. Known as the hottest city in the world, its

coolest period is November to February, so it's definitely worth checking out at this time of the year. The city's diversity and glamour, infused with a romantic ambiance, make it an ideal destination for a couple's holiday.

Palaces, Buddhist temples, museums, and parks will keep you busy sightseeing during the day, while exotic performances will entertain you at night.

Related Link: ["Out Of The Way" Vacation Spots](#)

5. Paris, France: There is something about Paris that continues to entice tourists and [celebrity couples](#) alike year after year. Come visit the "city of love" during low season for tourism, and allow yourself to be compelled. Drenched in art and culture, Paris is home to the iconic Eiffel Tower, the Arc de Triomphe, the Chateau de Versailles, and the Chartres Cathedral. The Seine River is an ideal make-out spot... among many others! Other absolute musts include indulging yourselves in a bottle of wine and a baguette, warming up at a local coffee shop and enjoying a jazz show. You can definitely spot some celebrity couples enjoying their time here!

6. Quebec City, Canada: Winter is a great time to visit Quebec City. The St. Laurence river freezes, and the streets are covered by a pristine blanket of white, transforming the city into a winter wonderland. These features give the city the charm and glamour that make it the perfect site for a romantic holiday. You and your partner will be amused by ice sculptures, night parades, dance, and music during the Winter Carnival in January and February. These are some perfect date ideas!

7. Kitzbuhel, Austria: Located on the Kitzbuhel Alps, this small medieval town is a truly enchanting location, ideal for sports fanatics. One of Austria's most famous winter sports resorts, Kitzbuhel offers a wide array of exciting activities that will allow you and your partner to reconnect by skiing, snowboarding, ice skating and hiking together. In the

evening, go for a romantic stroll through the picturesque town.

8. Dillon, Colorado: This is another enthralling winter paradise. You'll be bedazzled by the glow and sparkle of the Lights Festival throughout December and half of January. Dillon is also home to the Arapahoe Basin Ski Area, the highest skiable terrain in North America. Adorned with snow, Dillon offers plenty of great couple's activities which will allow you and your honey to really unwind.

9. Charleston, South Carolina: This historic city is distinguished by its rich array of churches and museums. Take a romantic horse-drawn carriage tour of the quaint town. There are plenty of relaxing spas, which will make this destination a perfect couple's retreat. If you head over in February, check out the Oyster Festival.

10. Sun Valley, Idaho: This unique resort city is known as one of the world's top winter resorts. Its peaceful setting creates the perfect backdrop for a romantic vacation. Spend your days engaging in fun physical activities like cross-country skiing or snowboarding, and during the evening rekindle your passion by a flickering fire place in one of Sun Valley's many beautiful lodges.

Where do you plan to take your honey this Winter break? Share your ideas below.