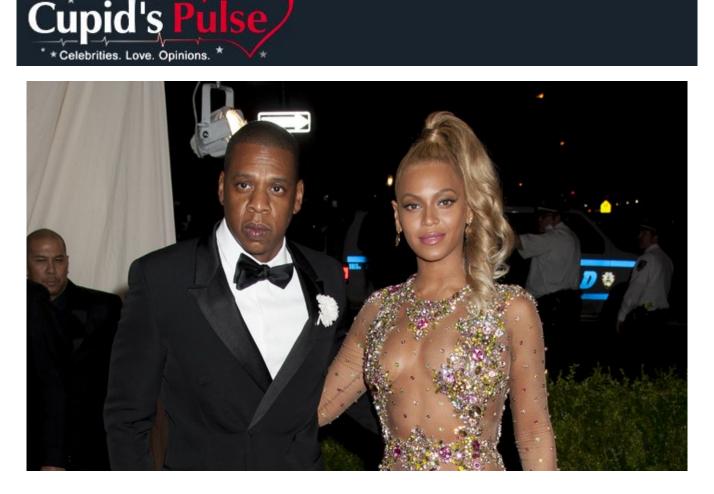
# Celebrity Couple Jay-Z and Beyonce Dance to 'Formation' at Grammys Afterparty



#### By Jasmine Igwegbe

Relationships are much like dancing! <u>Celebrity couple Jay-Z</u> and <u>Beyonce</u> were caught in the corner alone dancing at the Absolut Elyx House in Hollywood Hills, for the Grammy Awards afterparty hosted by Mark Ronson. According to <u>UsMagazine.com</u>, this pair presented "a rare moment of affection when they grooved together in a secluded area of the party." When Beyonce's new single "Formation" played, they continued to dance together where Jay displayed his genuine kool-aid smile while singing along to every word with a cigar in one hand. This <u>celebrity relationship s</u>hows how much joy dancing can bring to a relationship.

This celebrity couple were getting down on the dance floor! What are some ways dancing can add an important element to your relationship?

#### Cupid's Advice:

There are common factors both a relationship and dancing carry. Cupid has some advice on how dancing is an important element to your relationship:

1. Dancing involves leading: An important rule in dancing is that one person must lead. Leading allows one to keep the routine stable, giving rhythm, and direction. This can tie in with relationships because you should be mindful of everything and give signs of what you want and how you want it done. Guys who are shy and are afraid to lead usually never make it to the next step with a girl in a relationship; this can go both ways though.

**Related Link:** <u>Celebrity Couple Jay-Z & Beyonce Open Grammy's</u> with 'Drunk in Love' Performance

2. Traditional roles: In our culture it is the norm for men to lead, while it's the woman's responsibility is to make it worth it. She follows your lead and turns it into something beautiful. Leading correctly results in a beautiful partner who does what's in your favor. Of course, it doesn't always have to be male/female based. There are many variations of this concept!

Related Link: Beyoncé and Jay Z Lock Lips at MTV Video Music

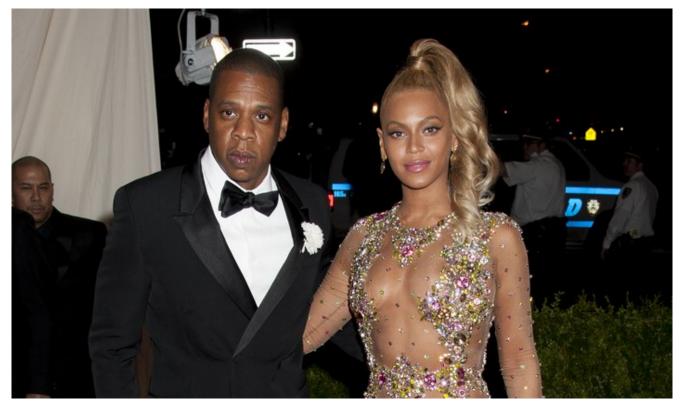
#### <u>Awards</u>

**3. Knowing when you misstep:** When dancing, it is important to address a misstep to avoid sabotaging your routine. In relationships, you should be able to identify when your relationship is having a fall out and act in response to fix it. This can lead toward a healthy relationship.

What do you believe are some other ways dancing can add an important touch to your relationship? Share your thoughts with us below!

# Former Celebrity Couple: Khloe Kardashian & James Harden Split





By Myesha Cobb

<u>Celebrity relationships</u> haven't been easy for Khloe Kardashian. The reality TV star and her basketball star beau James Harden recently split after dating since this past summer. <u>People.com</u> confirmed the break-up between the former <u>celebrity couple</u>, and it seems like Kardashian can't catch a break. The two started to drift apart right around the time that Khloe's "estranged husband," former NBA player <u>Lamar</u> Odom, was found unconcious in a Las Vegas brothel back in October 2015. Khloe said that Harden had been "very supportive and awesome" of the situation with Lamar. Since the split between Harden and Kardashian, Khloe has signed up on OKCupid, a free online dating site.

### This duo is no longer a celebrity couple! What are some ways to move forward after a hurtful break-up?

Cupid's Advice:

In life, we go through things that hurt us, and we need different outlets to release our pain and heal our minds, bodies, and spirits. Try doing something that you find fun or relaxing to get over those post break-up woes! Here are some awesome post split suggestions to get you going:

1. Working out: Going to the gym or running will get the body going and allows it to release all that negative energy that's inside of you. Nothing says, "Get over it and get moving" like going out for a morning run!

**Related Link:** Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick

2. Pick up a good book: Reading is one way to help heal the soul, especially if it's a book that's based on getting over a break-up and moving on. A good post break up book will never do you wrong!

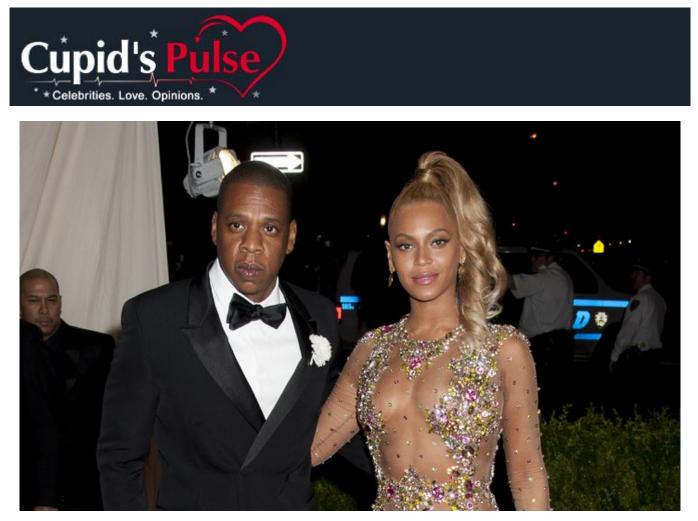
**Related Link:** <u>Dr. Paul Coleman Talks About Love and Loss in</u> <u>'Finding Peace When Your Heart Is in Pieces'</u>

**3. Get a journal:** Documenting everything that you are feeling and venting it all by writing it down is another great way to move forward after a hurtful breakup. It's private, simple, and is a great way for you to get past all of the possible pain that you are feeling.

What are some ways that you got through a hurtful breakup? Share your love advice in the comments below!

### Celebrity Couple News: Jay-Z

# Sent Beyonce 10,000 Roses Before Super Bowl Halftime Show



By Jasmine Igwegbe

It was no joke when <u>Jay-Z</u> referenced <u>Beyonce</u> in a song saying, "Put us together, how they gon stop both of us?" This <u>celebrity relationship</u> romance has been rising to the top since the early 2000's when it first sparked. In <u>celebrity</u> <u>couple</u> news, during Super Bowl 50, Jay-Z sent his wife Beyonce 10,000 roses before her half time show, according to <u>UsMagazine.com</u>. Talk about true love!

### This celebrity couple is obviously still big on romance. What are some ways to ramp up the romance in your relationship?

Cupid's Advice:

At one point or another, everyone thinks about a way to ramp up the romance in their relationship, but very few take the steps to do it. It may be because you're not of how to go about it! Cupid has some advice for you:

1. Let your partner know how attractive they are to you: Tell them how beautiful, handsome or great they look on any given day. There are times we have doubts that our partner isn't attracted to us. Periodic reassurance is key to a successful romance.

Related Link: How Do You Make a Woman Feel Most Beautiful?

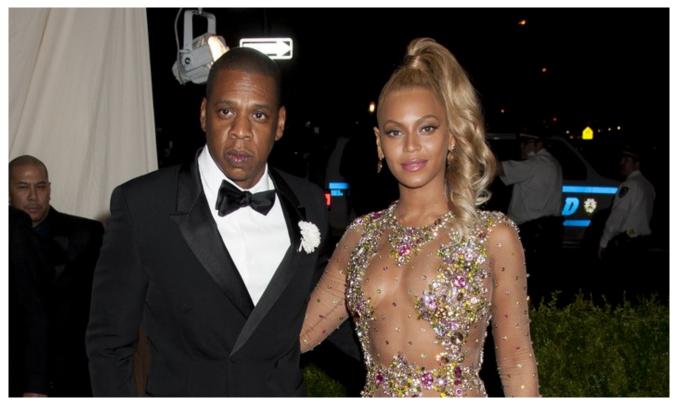
2. Surprise your spouse: If you're going to the mall to get something for yourself, pick up something for your partner as well and surprise them with it. You can even save it for a day they are feeling blue. Gifts can always turn a frown upside down.

Related Link: What Your Gifts Say About Your Relationship

**3. Extra special loving:** When you first see your partner for the day, hug or kiss them a little bit longer than usual. Show them how much you love them with affection. Touching your partner throughout the day can also spark romance in your relationship.

What are some ways to ramp up the romance in a relationship? Share your great ideas with us below. Celebrity News: Check Out Rebel Wilson's Video Valentine's Day Message to Justin Bieber





By Marc Malkin via E! News

New <u>celebrity couple</u> alert! Okay, maybe not, but Rebel Wilson is going after <u>Justin Bieber</u> in <u>latest celebrity</u> <u>news</u>. When the two recently met at the opening of <u>Jennifer</u> <u>Lopez's</u> Las Vegas show, the "Boyfriend" singer promised to hang with the Aussie funny lady. But it never happened. According to <u>E.Online.com</u>, "Perhaps the sparks will fly now with Wilson's very special Valentine's Day video message for the Biebs."

"Happy Valentine's Day, Justin," Wilson says in the video, shot at last night's How to Be Single premiere in New York City. "I'll be thinking about you. Not in like a weird way or anything. Just like in a fun way."

**Related Link:** Justin Bieber Dating Selena Gomez 'Full-On Back Together' Again!

Wilson continued, saying, "You are like the most eligible pop star out there right now and I'll just put this out there, I am the most eligible female Australian living in America and does international hit feature films right now and who is in the age bracket of 25 to 35," she said. "So just consider that."

Wilson ended the vid with a sweet wink of her eye, while cooing, "I think we're a good match."

**Related Link:** <u>Celebrity Exes Jennifer Lopez and Casper Smart</u> <u>Caught Kissing</u>

So, Justin, if you're reading this, please give Rebel a call. We think you're a good match, too.

How to Be Single is in theaters on Feb. 12.

Happy Valentine's Day, everyone!

What are your thoughts on Rebel's Valentine's message? Sound off below.

# Celebrity Interview: Celebrity Trainers Sebastien and Danielle Lagree Talk Famous Clients, Relationships & Love





By <u>Michelle Foti</u>

At the heart of the fitness revolution stands Sebastien Lagree, Lagree Fitness owner, developer and innovator seeking to push all limitations of fitness as the world knows it. And in the heart of the fitness mogul is the celebrity love story that has brought him his wife, soulmate and business partner, marrying both of their lives into one. In our exclusive <u>celebrity interview</u> with the famous couple, the pair dishes on celebrity clients and reveals how they balance their relationship and love with their booming careers.

### Celebrity Trainer Talks About Celebrity Clients and Gives Relationship Advice

Lagree has had a host of celebrity clients, ranging from Kim Kardashian to Sofia Vergara to the First Lady herself, Michelle Obama. "I have enjoyed working with all my celebrities," Lagree says. "Some were more personable than others. For example, Sofia Vergara is very cool and she is very funny." Luckily, the celebrity trainer hasn't had to deal with any divas! "That would be the worst!" he says.

### Celebrity Interview: Famous Couple Talks Relationships and Love

It only took this famous couple five weeks from the moment they met to say "I do" and take on the world as Mr. and Mrs. Lagree. Other developments bearing the Lagree name took a bit more time to come into fruition, but once Lagree crafted the Lagree Fitness Method, a snowball of new innovations soon followed. Lagree's Supraformer released last month, joins the ranks of the Proformer and Megaformer in the lineup that breeds physical, emotional, spiritual, sexual, mental and tactile awareness, according to Lagree. Entering 2016 it is the same Lagree, bigger plans. Lagree will even be opening his first fitness studio in Los Angeles, California this year as well, with wife Danielle heading the studio operations.

**Related Link:** <u>Ivanka Trump: "I Don't Stress About Being</u> <u>Balanced"</u>

After duty calls, "Call of Duty" it is. In our celebrity interview, Danielle reveals that marriage always comes first in her book. The married couple always tries to fit in a game of "Call of Duty" after a busy day working. Dinner dates, movies, hiking, traveling and spa days are activities the couple enjoys as well. But when stress relief is on the agenda, the couple dives down deep into the depths of the ocean with creatures that may frighten some. The couple that shark dives together stays together, right? Well, that may not be the only factor that contributes to a healthy relationship and love. Lagree says he and his wife communicate and help each other out a lot.

But for Danielle, the separation of home and work is key. "We both love the work we do," Danielle says. "Working with your husband is quite different than the husband at home at night. When we get home we try not to talk about anything work related." Lagree acknowledged that the beginning of relationships are especially difficult because all you want to do is spend time with your significant other. "Hopefully, your partner has the same goals and will want to spend their time the same way you do," Lagree says.

Related Link: Arielle Ford Gives Relationship Advice in New Book "Turn Your Mate Into Your Soulmate"

Perhaps fitness can be an area of common interest! "I think that if both partners like to workout, it makes it a lot easier to stay fit and healthy," Lagree says. "We have a lot of couples coming to the studio and workout together which I think is awesome." In fact, Lagree has created fitness routines suited for both men and women with the interest of couples in mind. "Getting or staying fit and healthy can be enjoyed together and one does not have to choose between the two," he added.

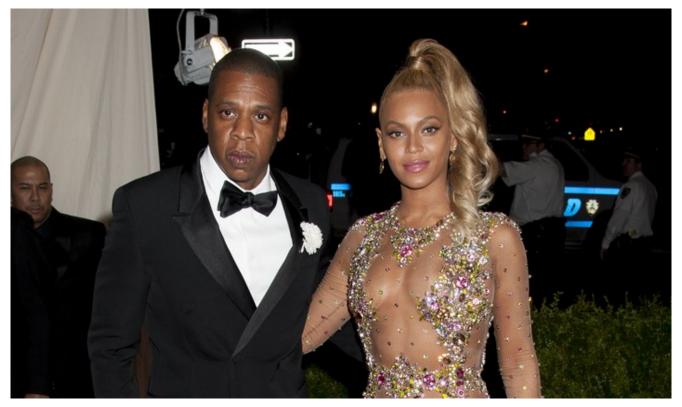
**Related Link:** <u>Relationship Advice: How Your Relationships And</u> Love Affect Your New Year's Resolutions

The couple has a lot to look forward to in the year ahead including Lagree's autobiography, a documentary, the new workout and the studio. Amidst all of the craziness Danielle says, "You always need to find time to spend with the one you love." Diving with the sharks or staying dry for a nice walk along the sand, it may not matter so much what you do, but who you are doing it with.

You can keep up with Lagree Fitness by visiting their <u>website</u>!

# Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split





#### By Mary DeMaio

The final chapter has come to an end for <u>Hilary Duff</u> and Mike Comrie as husband and wife. According to <u>UsMagazine.com</u>, the former <u>celebrity couple</u> finalized their <u>celebrity divorce</u> on January 28, after initially splitting up in January of 2014. These celebrity exes had been married for three years prior to their split and will have joint custody in efforts to create an environment that is healthy for their son Luca.

### This celebrity divorce is official. What are some ways to determine whether divorce is the answer?

#### Cupid's Advice:

It can be hard to hold on, but sometimes even more difficult to let go of the life you built with someone. You shouldn't always assume the grass is greener. Cupid is here to share some ways with you: 1. Go back to what brought you together: Travel to that place in time of when and how you first fell in love. Try to resurrect that special spark in your relationship and see if the feelings are still there.

Related Link: What Can We Learn From Celebrity Divorces?

2. Don't harbor anger: Constant fighting isn't going to improve the situation. Look below the surface to understand what the root of the problem is and if it can be fixed.

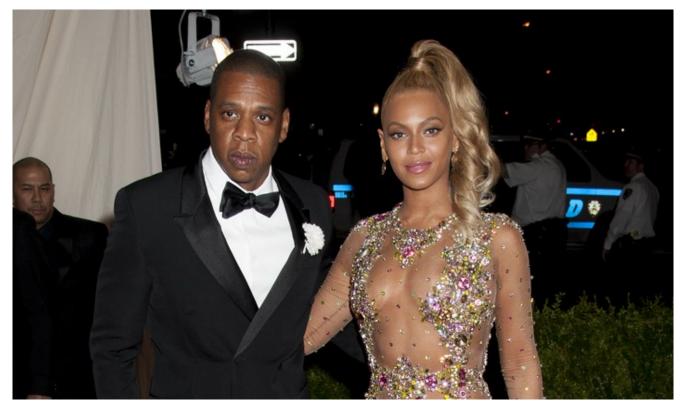
**Related Link:** <u>Celebrity Divorce: Yolanda Foster & David Foster</u> <u>Announce Split</u>

**3. Seek professional advice:** Sometimes speaking in front of a third party may help you and your partner figure out ways to cope with the issues, providing an objective standpoint to see if anything else can be done.

How do know if it is time to end your marriage? Share your experience below.

# Celebrity News: Demi Lovato Takes Birthday Boy Wilmer Valderrama to Wolf Sanctuar





By Abbi Comphel

Demi Lovato surprised her celebrity love Wilmer Valderrama with a birthday trip to a wolf sanctuary. According to <u>UsMagazine.com</u>, the <u>celebrity couple</u> spent the day at a wolf sanctuary, and they really enjoyed themselves. This <u>celebrity</u> <u>news</u> is so sweet! The two just recently celebrated their sixth anniversary.

### This celebrity news makes us jealous for its unique factor! What are some unique ways to make your partner's birthday special?

#### Cupid's Advice:

Birthdays can be a very special day to those having them and those around them. It is really nice when you can make your partner's day very special. Cupid has some advice on how to do that: 1. Family dinner: Have a big dinner with their family and friends. It will be nice to be surrounded by the people they love the most. It is always a special birthday with those closest to you.

**Related Link:** <u>Celebrity Couple News: Christina Milian Hints</u> <u>She's Hooked Up with Leonardo DiCaprio</u>

2. Weekend away: Take them on a nice weekend getaway, especially if they are celebrating a big birthday. They will appreciate the time away from responsibilities and will enjoy their time with you.

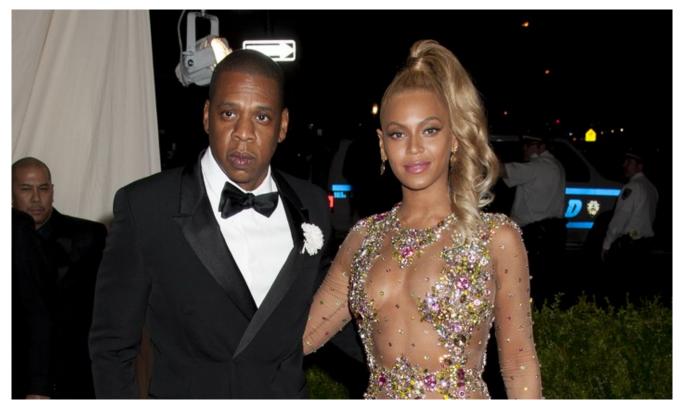
**Related Link:** <u>Celebrity News: What Happens in Vegas On 'The</u> <u>Bachelor'</u>

**3.** Surprise: Surprise them with a gift they have wanted for quite some time now. Give it to them on their birthday and see your partner's face light up.

What do you think are some creative and unique ways to make your partner's birthday special? Comment below!

## New Celebrity Couple Miranda Lambert & Anderson East Spend the Weekend Making Music





By Abbi Comphel

There is a new <u>celebrity couple</u> in town, and they are making beautiful music together. According to <u>UsMagazine.com</u>, Miranda Lambert and Anderson East are spending a lot of time together. Lambert seems very happy in her new <u>celebrity relationship</u>. They started dating in December. It's good to know she is over her celebrity ex Blake Shelton.

This new celebrity couple is indulging in some serious romance! What are some creative ways to spend a romantic weekend with your partner?

#### Cupid's Advice:

Sometimes date nights can get old, so it may be time to switch it up. Cupid has some advice on some creative ways to spend a romantic weekend with your partner: 1. Cabin: Plan a nice weekend away. Book a cabin, and go somewhere that has no cell phone service so it is just you and your partner. You will really get to talk to each other and enjoy each others' company.

**Related Link:** <u>New Celebrity Couple: Jewel is Dating NFL Player</u> <u>Charlie Whitehurst</u>

**2. Home:** Plan a nice weekend at home. Go to the grocery store and buy all the supplies you need. Make sure to grab some wine for dinner and some delicious dessert.

**Related Link:** <u>New Celebrity Couple: Kaley Cuoco Seems Smitten</u> with New BF Paul Blackthorne

**3. Zoo:** Enjoy a nice weekend exploring your local zoo or the closest zoo around. It will be nice to get out in the open and to do something new.

What are some other creative ideas for a weekend with your partner? Share your thoughts below.

# Celebrity Couple News: Rob Kardashian Resurfaces with Beard and Blac Chyna





By Jasmine Igwegbe

Is Blac Chyna responsible for the rise of Rob Kardashian's glo' season? In <u>latest celebrity news</u>, new <u>celebrity couple</u> Blac Chyna and Rob Kardashian have been seeing each other for a few weeks now. Since former model Chyna stepped into the picture, there are impressive changes occurring for reality personality Kardashian surrounding his weight problem. According to <u>UsMagazine.com</u>, Kardashian is being spotted out and about more frequently looking slimmer and bearded. The pair's goal is to "shred a little bit" with the help of Chyna's online personal trainer, Chris Jinna. While these two are in a happy celebrity relationship, Rob's family are not quite on board due to some past drama with Chyna.

This celebrity couple news has been drama-filled this week. What are some ways to support your friend or

# family member when you don't approve of their relationship?

#### Cupid's Advice:

There are going to be times when one of your family members brings someone home who you may not approve of or your friend invites their partner out with everyone, but you're just not a fan. Knowing how to handle this sensitive situation is important for a stable relationship between you and your family member or friend. Cupid is here to share some advice:

1. Be polite: You don't have to be best friends or even friends with their partner; just be gracious. Greet them with a simple "hello" or interact with them in a small conversations. Make them feel welcomed.

**Related Link:** <u>Is Tyga Feuding with Celebrity Ex Blac Chyna</u> <u>Over Kylie Jenner's Ferrari?</u>

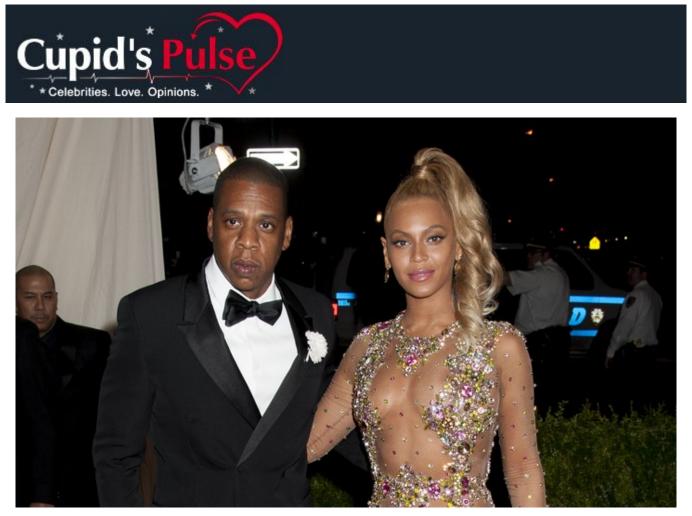
2. Everything is not meant to be said: We understand you have negative feelings toward their partner, but don't drag their name in dirt. This is disrespectful to your friend or family member and can harm your relationship with them. You don't want to annoy them about their partner to the point where they'd rather not speak to you.

**Related Link:** <u>Celebrity News: Rob Kardashian Posts Meme Joking</u> <u>He's Having a Baby with Blac Chyna</u>

3. Don't push them away: You don't want to ruin any relationship with a friend or family member because you don't like their partner. Try not to talk about their relationship with them, but also be supportive and listen if they need an ear to vent to. The bottom line is that who they date is their decision, and you can only offer advice. Don't be pushy.

What are some ways you would support your friend or family member if you don't approve of their relationship? Share your ideas below.

### Celebrity News: Zayn Malik Says He's 'Good Friends' with Gigi Hadid



By Jasmine Igwegbe

When it comes to problems in relationships, one that may be immensely mind boggling to us all is: why be in a relationship with someone you are ashamed of? In <u>celebrity news</u>, Zayn Malik and supermodel Gigi Hadid have been spotted out together multiple times, and there's been some social media love as well. According to <u>UsMagazine.com</u>, Malik is essentially denied dating Hadid on an interview with <u>Apple's Music's</u> Beast, and Hadid confirmed that Malik is "actually single." These two continue to claim each other as just good pals, even though celebrity gossip says they are a <u>celebrity couple</u>.

This celebrity news seems to point toward a denial that the two celebs are dating. What do you do if you are getting signs that your partner is ashamed of you?

Cupid's Advice:

It's not easy to spot out if your partner is ashamed of you. So, when you notice it, take action to better the situation for yourself and the relationship. Cupid has some advice on what to do if you think your partner is ashamed of you:

1. Talk it out: If your partner is ashamed of you, it's best to talk to your partner about the situation first. See what thoughts are going through their mind to help better your decisions in the relationship.

**Related Link:** <u>Celebrity News: Calvin Harris and Zayn Malik</u> <u>Feud Over Taylor Swift on Twitter</u>

**2. Focus on yourself:** Don't let it get to you! Continue to work on yourself and do what's best for you.

**Related Link:** <u>Can You Be Single and Still Have a Soulmate?</u>

3. Become more active: Participate in activities like cycling,

snowboarding or even jet skiing. Get involved in what 's going on; keep yourself going.

What are some other ways to deal if you think your partner is ashamed of you? Share your thoughts below.

# Celebrity News: Catherine Giudici Tells Sean Lowe She's Traumatized About Her Body





By Abbi Comphel

<u>Celebrity couple</u> Catherine Giudici and <u>Sean Lowe</u> discussed

their insecurities on *Marriage Boot Camp: Reality Stars.* According to *UsMagazine.com*, Giudici spoke about how uncomfortable she is with her body. This <u>celebrity news</u> caused a riff in her <u>celebrity relationship</u> because she doesn't want to take beach vacations with her husband. The couple married in January 2014.

### This celebrity news resonates with a lot of us. What are some ways to reassure your partner in the face of insecurities?

Cupid's Advice:

Insecurities can be difficult to talk about and very hard to get rid of. Cupid has some advice on how to reassure your partner in the face of insecurities and how to make them feel better:

1. Talk to them: When they come to you with these problems, don't just shrug them off. Hear them out and know that you are there to listen to them. Then, let them know that they shouldn't be insecure because you care about them and wouldn't change anything about them.

**Related Link:** <u>Celebrity News: What Happens in Vegas On 'The</u> <u>Bachelor'</u>

2. Do something special: Make them feel special and have them forget about their insecurities. Take them to a nice dinner or to their favorite store and treat them to something special.

**Related Link:** <u>New Celebrity Couple: Kendall Jenner & Harry</u> <u>Styles Reunite at Party</u>

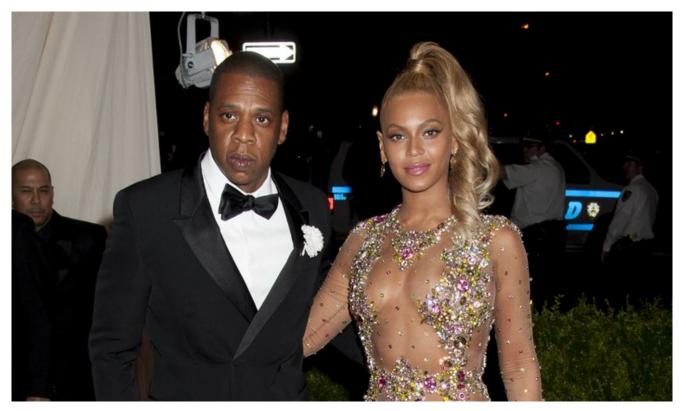
3. Remind them: Every day when you wake up remind them how

special they are. Don't let their insecurities get to them. Show them how much you care and that they are truly loved. It will help them move on.

How you do reassure your partner when it comes to their insecurities? Comment below!

# Celebrity Wedding: 'Bachelor in Paradise' Couple Jade Roper & Tanner Tolbert Tie the Knot





#### By Abbi Comphel

<u>UsMagazine.com</u> has some <u>celebrity news</u>! Bachelor in Paradise couple Jade Roper and Tanner Tolbert are officially married. Their <u>celebrity wedding</u> was on January 24th and will air on ABC on Valentine's Day. This <u>celebrity couple</u> is very happy together and we wish them the best.

### This celebrity wedding is a match made ... in Paradise! What are some ways to decide the best location to have your wedding?

#### Cupid's Advice:

It is always super exciting to plan a beautiful wedding, and it is even more exciting to choose where to have it. Cupid has some advice on how to decide the best location to have your wedding:

1. Weather: Your first thought is, what will the weather be like? Even if it is an indoor wedding, you want it to be a sunny and bright day. So, try to plan within the months that are filled with sunshine and beautiful weather.

**Related Link:** <u>Celebrity Wedding: Jodie Sweetin Is Engaged to</u> <u>BF Justin Hodak</u>

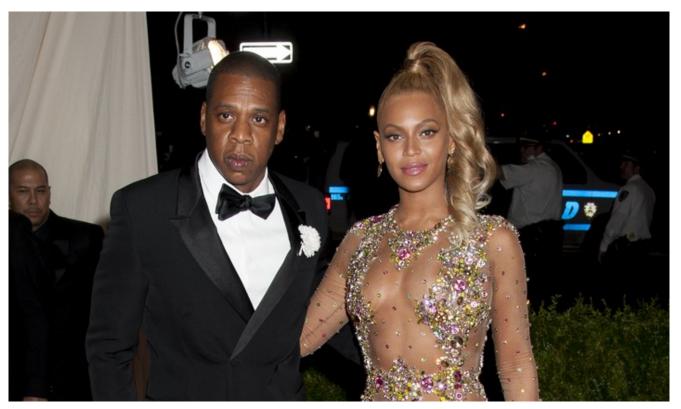
2. Cost: You may have set a budget for yourself like most people do. If you are running on a smaller budget, consider getting married somewhere outside where it won't cost much, and it will still be beautiful. Or, you can go for the more traditional wedding and get married in a stunning church.

Related Link: <u>Celebrity Wedding: 'Glee' Star Dianna Agron is</u> <u>Engaged</u> **3. Accessible:** Make sure the wedding takes place where all your guests can make it. Don't make it too far away that they don't feel like coming. It should be close by and easy access if you want a big group of people going.

What do you think are the best ways to decide where to have your wedding? Comment below!

# Celebrity News: Rob Kardashian Is Seeing Family Nemesis Blac Chyna





By Abbi Comphel

There may be a new <u>celebrity couple</u> in Hollywood, and some people are not happy about it. There have been rumors, according to <u>UsMagazine.com</u>, that <u>Keeping</u> Up with the Kardashians star Rob Kardashian is dating Blac Chyna. Chyna posted a telling Instagram photo that depicts an arm around her. That arm has tattoos that look suspiciously like Kardashian's. This <u>celebrity news</u> may start a riff between Kardashian and his family. Chyna was previously with celebrity ex Tyga and also has a baby with him. He is now dating Kylie Jenner. Let's hope there is not too much drama down the road!

### This celebrity news is dramaridden! What are some things to consider before stirring up drama by dating someone your family doesn't approve of?

#### Cupid's Advice:

Having your family involved with your relationships can be very difficult, especially when they do not like the person you are dating. Cupid has some advice on what to consider before dating someone your family doesn't approve of:

1. Aftermath: If you and the person you are dating do decide to break up, think about how hard it will be. Your family will not want to be there for you because they did not approve in the first place. They will probably say, "I told you so." Be sure it's worth it before you jump in.

**Related Link:** <u>New Celebrity Couple: Jewel is Dating NFL Player</u> <u>Charlie Whitehurst</u> **2. Distance:** You and your family may lose the closeness you once had. There will be a riff between you that may not be able to be fixed. Your relationship can change with them.

**Related Link:** <u>New Celebrity Couple: Kaley Cuoco Seems Smitten</u> with New BF Paul Blackthorne

**3. Fighting:** Your family may try to give you and your partner a chance, but there will no doubt be fighting because they will not 100% agree with your choices. They just have to let you do what makes you happy.

What are some things you think should be considered before dating someone your family doesn't approve of? Comment below!

# New Celebrity Couple: Kendall Jenner & Harry Styles Reunite at Party





By Dejha Carlisle

Is there a new <u>celebrity couple</u> on the rise? Kendall Jenner and heartthrob Harry Styles reunited at a party for music manager Jeff Azoff on Saturday at the Troubadour. According to <u>UsMagazine.com</u>, the pair were spotted on a dinner date back in 2013, but the One Direction singer quickly denied dating rumors. The budding <u>celebrity relationship</u> was recently spotted in St. Bart's, where they displayed nothing but PDA.

### This celebrity couple is making waves in Hollywood. What are some ways to keep your relationship casual at the beginning?

Cupid's Advice:

It's important to keep things from going overboard when you're first starting to date someone. Cupid has a few tips on how to keep things casual:

1. Don't let your emotions confuse you: If you two make it known about your relationship in the beginning, it shouldn't be hard to control your emotions. Make sure you can explain to them how you really feel so it won't cause confusion later on.

Related Link: <u>5 Celebrity Couples Who Just Made It Official</u>

2. Don't be controlled: Just because you think you've found the "one", does not mean you let that person dictate you or anything you do! If your relationship is like this, it's best to move on while it's still fresh.

Related Link: <u>Five Ways To Make Sure Your Summer Romance Falls</u> <u>Into Autumn</u>

**3. Be true about your feelings:** Be upfront about what you want, and about how you feel. This should keep all confusion away from your relationship, and your partner will know what to expect.

How did you keep your relationship causal at the beginning? Share your thoughts below.

# Celebrity News: Lucy Hale & BF Anthony Kalabretta Split





By Abbi Comphel

Former <u>celebrity couple</u> Lucy Hale and Anthony Kalabretta have called it quits. According to <u>UsMagazine.com</u>, an insider told them the two broke up. Hale was seen posting Taylor Swift lyrics on her Instagram and Twitter. This <u>celebrity news</u> is sad! Luckily, there was no bad blood with this <u>celebrity</u> <u>relationship</u>; it "just kind of happened," according to a source.

This celebrity news is a downer. What are some ways to know your relationship is headed for Splitsville?

#### Cupid's Advice:

Relationships can be hard to handle sometimes. They may take a lot of patience and work. Cupid has some advice about when you know your relationship is headed for a break-up: 1. Arguing: You no longer laugh and are silly together. Most of your time is spent arguing and fighting about the little things. You can no longer keep a conversation without something negative happening.

**Related Link:** <u>Celebrity News: Camille Grammar Says</u> <u>Relationship with Celebrity Ex Kelsey Grammar is 'Terrible'</u>

**2. Space:** You want your space. You feel like it would be so much better if you both took a break from each other and see what is like having time away from each other.

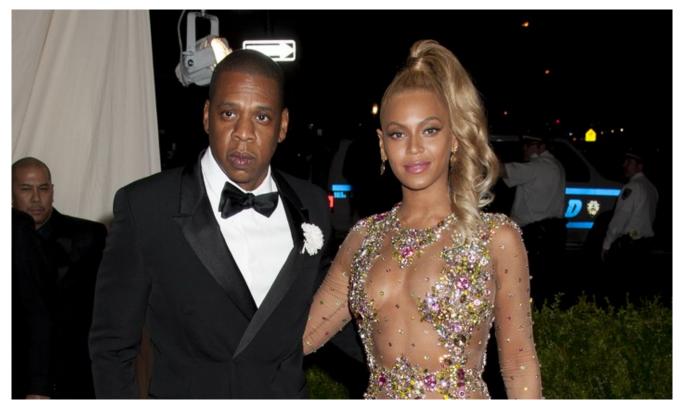
**Related Link:** <u>Celebrity News: Scott Disick Has Breakdown Post-</u> Split from Kourtney Kardashian on 'KUWTK'

3. Exhausted: You feel like this relationship is sucking all the life out of you. You don't smile anymore and you forgot what it's like to laugh with your significant other. It is time for you to not be tired anymore, so maybe it is time to end it.

What are some ways you know your relationship is heading the wrong direction? Comment below!

### Celebrity Couple: Bindi Irwin & BF Chandler Powell Get Away to Hawaii





By Abbi Comphel

<u>Celebrity couple</u> Bindi Irwin and Chandler Powell take a lovely trip to Hawaii. <u>UsMagazine.com</u> reports they were spotted having much-needed downtime together. Powell was so supportive of his celebrity love when she danced and won on the reality show Dancing With the Stars. There is definitely no trouble in paradise for this <u>celebrity relationship</u>!

### This celebrity couple is soaking in some sun! What are some ways a vacation can help you bond as a couple?

#### Cupid's Advice:

Going on a vacation as a couple is so much fun. There are so many things to do and ways to have a great time together. Cupid has some advice on how a vacation can help you bond as a couple: 1. Relaxation: It is so relaxing to spend time with your significant other, especially when you have no responsibilities. It really gives you time to just be in each others arms and enjoy the view.

**Related Link:** <u>Celebrity Couple Rumors: Is Miley Cyrus Engaged</u> to Liam Hemsworth?

2. Romantic: Vacations can be so romantic. Spending time together and doing all these fun activities. At night time you can enjoy a nice dinner for two and if you are near a beach, a nice walk on the beach is in store.

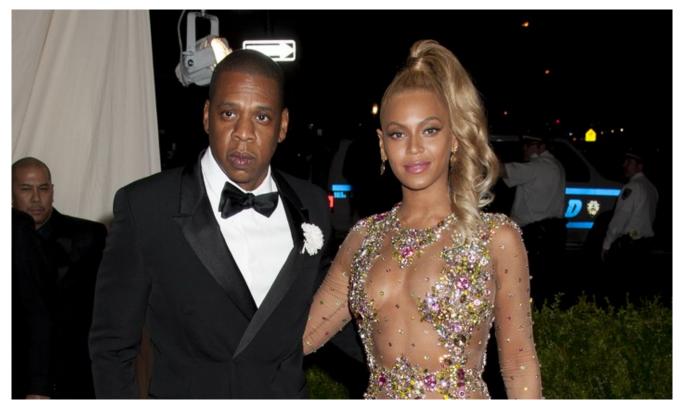
**Related Link:** <u>Celebrity Couple News: Jennifer Aniston Supports</u> Justin Theroux at Critics' Choice Awards

**3.** Alone: It is a better way of getting to know each other. It is just you and your significant other. Nobody else can get in the way or bother you while you spend all your time together.

What are some ways a vacation helps a couple bond? Comment below!

# Celebrity News: Camille Grammer Says Relationship with Celebrity Ex Kelsey Grammer is 'Terrible'





By Dejha Carlisle

The claws are definitely out. In the <u>latest celebrity news</u>, reality TV star Camille Grammer is still not getting along with her celebrity ex, Kelsey Grammer. Camillle told a source that it's really hard to communicate with her ex, let alone co-parent with him. The <u>ex celebrity couple</u> split back in 2010, after Kelsey was having an affair with his now wife Kayte Walsh. Camille tells <u>UsMagazine.com</u>, "He's got to think of his children first."

This celebrity news is laced with drama. What are some tactics to try when it comes to getting along with your ex?

### Cupid's Advice:

No one ever said it was easy getting along with an ex, especially if you ended on bad terms. Cupid has a few ways

that can help you keep it cordial:

1. Be the bigger person: Don't belittle your ex or do the infamous name calling. This gives them the upper hand in making you look bad. Being mature and respectful can put you both in a more positive place with each other.

**Related Link:** <u>Is It Okay to Hook Up With Your Ex?</u>

2. Don't be arrogant: Try to refrain from flaunting your new partner if you have one. This can cause jealousy and mixed emotions in the other person, and that definitely won't make you two get along.

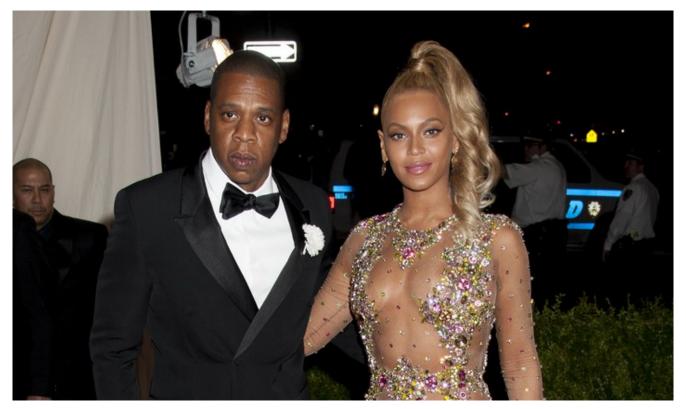
Related Link: <u>Is Dating Your Ex Off Limits?</u>

**3. Boundaries:** Keeping your distance from your ex is also good. You two should have set boundaries that your both know not to cross. This will allow for more mutual respect.

How did you get along with an ex? Share your thoughts below.

# Celebrity Wedding: 'Glee' Star Dianna Agron is Engaged





By Dejha Carlisle

There may be another <u>celebrity wedding</u> in the works! According to <u>UsMagazine.com</u>, Dianna Agron and her beau Winston Marshall are engaged. Sources recently confirmed that the pair started dating this past summer. The two have been spotted around by photographers, and when they are, the soon-to-be married <u>celebrity couple</u> appear head over heels for each other.

## There's another celebrity wedding in the works! What are some reasons to tie the knot?

### Cupid's Advice:

Marriage is a very beautiful thing! You should always know the right reasons as to why you may want to tie the knot. Cupid has some tips to let you know the reasons:

1. The cost of living is cheaper: In most cases, it is true that once you get married, the cost of living becomes cheaper.

Married people share almost everything, while single people have to buy their own things and end up paying for more.

Related Link: Ten Signs You're Dating a Jerk

2. Stability: Children tend to grow up in a more stable environment if their parents are married. Married couples are also able to show their children more attention, while a single parent may not always have the time.

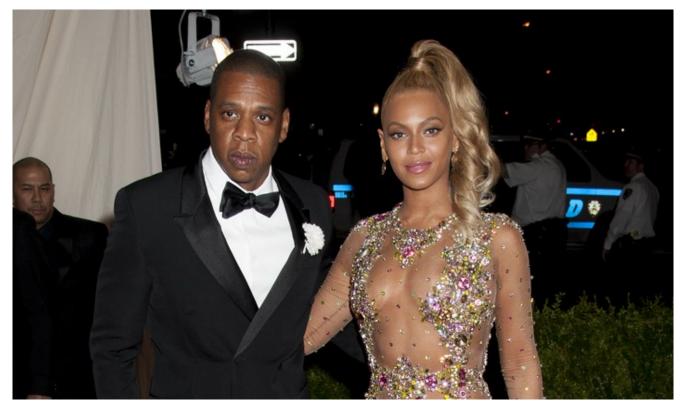
Related Link: Five Ways to Cut Down on Dating Costs

3. Borrowed time: The longer you wait to marry your partner, the less likely it is that you two will tie the knot. That doesn't mean you should rush into marriage though! In these last few years, marriages are declining while cohabiting with a partner is becoming more common. You're less likely to marry if you two are waiting it out, and already living with each other.

What reasons would want to make you marry? Feel free to share your thoughts below.

# Relationship Advice: 5 Ways to Restore Trust in Your Relationship





By Katie Gray

Trust is the most important aspect of a relationship. Without trusting your partner and having that trust reciprocated, your relationship won't be a healthy and happy one. We can take cues from <u>celebrity couples</u> and their <u>celebrity relationships</u> to see how they restore the trust in their relationship when it's lost. For example, Pink and Carey Hart married in 2006, and announced their separation in 2008. After marriage counseling and song therapy, they reunited in 2010, welcomed daughter Willow Sage in June 2011, and just celebrated their 10 year <u>celebrity wedding</u> anniversary. According to *Psychology Today*, 41% of first marriages and 60% of second marriages end in divorce. Wow! Nobody told us relationships would be easy; they just promised it would be worth it!

## Cupid has some <u>relationship advice</u> on how to restore the trust in your

### relationship:

1. Open communication: You can't trust someone if you don't have a mutual open line of communication. Tell your partner how you feel and what you are thinking, and also encourage them to do the same. You have to feel comfortable speaking with your partner about any topic. It's important for both partners to know that they can talk to the other about anything and that it stays private between just the two of you.

**Related Link:** <u>3 Ways to Live Happily Ever After in the Face of</u> <u>a Love Triangle</u>

2. Establish boundaries: You must establish boundaries with your partner right away. If something makes you uncomfortable, then you need to let your partner know. You two must decide as a couple how to deal with exes, privacy, outings, and so forth. If something makes your partner uncomfortable, it's up to you to respect that. Establish guidelines that you both agree upon. It's all about compromise in a relationship!

**Related Link:** <u>Celebrity Couples: Music's 5 Most Powerful Pairs</u>

**3. Affirmations, therapy and exercises:** Staying positive goes a long way. To restore trust in a relationship, you must work hard at it. Saying affirmations, doing exercises as a couple and going to therapy and counseling will help a lot.

4. Date night: It's imperative to spend quality time with your partner. It gives you time to bond and to remember why you fell in love with them in the first place. You won't start trusting someone again unless you feel like you know them. Therefore, having a date night ritual is a good place to reconnect.

5. Forgive and forget: You won't be able to move forward if you are harboring feelings of resentment and anger. It's

imperative to work past those issues and clear them up right away. You must practice forgiveness. Whatever your partner did to make you distrust them, you have to first forgive and then forget, in order to move on. Clear up the issues that arose and solve them so you can start trusting your partner again. After all, you care about them or you wouldn't want to stay with them.

What are some ways that you have restored trust in your relationship? Comment below.

# Celebrity Couple Rumors: Is Miley Cyrus Engaged to Liam Hemsworth?





By Mary DeMaio

Did Liam Hemsworth put a ring on it? In latest <u>celebrity news</u>, rumors have been circulating about the engagement between <u>Miley Cyrus</u> and Hemsworth. According to <u>UsMagazine.com</u>, this <u>celebrity couple</u> reunited for New Year's in Australia and realized they still hold a special place in each others' hearts. Cyrus came home exposing a Neil Lane engagement ring that Hemsworth gave her in 2012. Insiders say they are taking it slow and seeing where it goes. It has not been confirmed if the couple are engaged again or not.

If this rumor is true, this celebrity couple is making some major strides! How do you know if it's a good idea to get back together with an ex?

Cupid's Advice:

We all cherish those special memories with someone we once dated or loved. The question is, if those feelings are still there should we follow our hearts? Cupid is here to share some advice:

1. Look at the reasons why you broke up: Will history repeat itself? Reflect on the problems that tore you apart, and evaluate if those issues can strengthen your relationship or only make it worse.

**Related Link:** <u>Scott Disick Apologizes to Kourtney Kardashian</u> <u>After Rehab Stint</u>

2. Decide whether or not you can live without them: Look at how your life is when your ex is not in the picture. Is he or she always on your mind? Do the good times in your relationship outweigh the bad? Make sure the feelings are mutual.

**Related Link:** <u>Are Celebrity Exes Emma Stone and Andrew</u> <u>Garfield Back Together?</u>

**3. Evaluate if things changed:** Take into consideration anything that has happened in each of your lives that would make your relationship significantly different.

What are some other ways to know it's okay to get back with your ex? Share your thoughts below.

# Celebrity Couple News: Jennifer Aniston Supports

# Justin Theroux at Critics' Choice Awards





By Abbi Comphel

<u>Celebrity couple Jennifer Aniston</u> and Justin Theroux are hitting the red carpet again. <u>People.com</u> reports that the two arrived together at the Critic's Choice Awards where Aniston supported her celebrity love for his nomination for best actor in a drama series. The happy couple has been enjoying their time together since their <u>celebrity wedding</u>.

## This celebrity couple is putting

# forth a united front. What are some ways to celebrate your partner's achievements?

Cupid's Advice:

It can be so exciting when something good is happening in your life. It is an even better feeling when you have someone to share it with. Cupid has some advice on ways to celebrate your partner's achievements:

**1. Be there:** When your partner has a big celebration going on, be there for them. Make sure you are the person standing by their side when all these new and big things are happening.

**Related Link:** <u>Celebrity Couple Sean Lowe and Catherine Giudici</u> Butt Heads on 'Marriage Boot Camp'

2. Let the world know: If you have social media, then flaunt them to the world. Let everyone know how wonderful your partner is and that they are making big changes in the world. Let them know how proud you are.

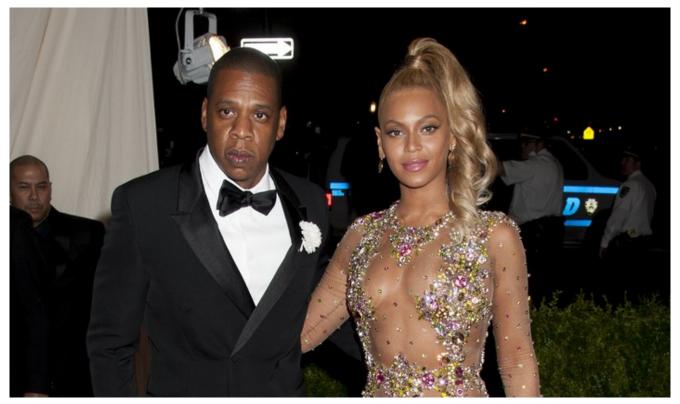
**Related Link:** <u>Celebrity News: Taylor Kinney Reacts to Fiance</u> Lady Gaga's Golden Globes Win

**3. A nice dinner:** Celebrate with a nice dinner and glass of champagne. Take your partner out and show them how much you care and how proud of them you are.

What do you think are some good ways to celebrate your partner's achievements? Comment below!

# Celebrity News: Scott Disick Has Breakdown Post-Split from Kourtney Kardashian on 'KUWTK'





By Abbi Comphel

Former <u>celebrity couple</u> Scott Disick and <u>Kourtney Kardashian</u> went through a rough break-up a few months ago, and Disick is still not over it. According to <u>UsMagazine.com</u>, on the most recent <u>Keeping Up with the Kardashian's</u>, Disick called Khloe Kardashian expressing his love for Kourtney and how he couldn't live without her. This <u>celebrity news</u> is really sad. Hopefully Disick and Kardashian can work on their <u>celebrity</u> <u>relationship</u>, romantic or not, especially for their children.

### This celebrity news proves that even celebs have trouble with break-ups. What are some ways to stay positive after a split?

#### Cupid's Advice:

Break-ups are never easy. It can really hurt when you lose someone who was such a huge part of your life. Cupid has some advice on how to stay positive after a break-up:

1. Focus on you: Take some time for yourself. This break-up has probably been rough on you and you need some time to breathe and find yourself again. You are the only person that matters right now.

**Related Link:** <u>Celebrity News: Celine Dion Receives Support</u> <u>From Celebs After Husband's Death</u>

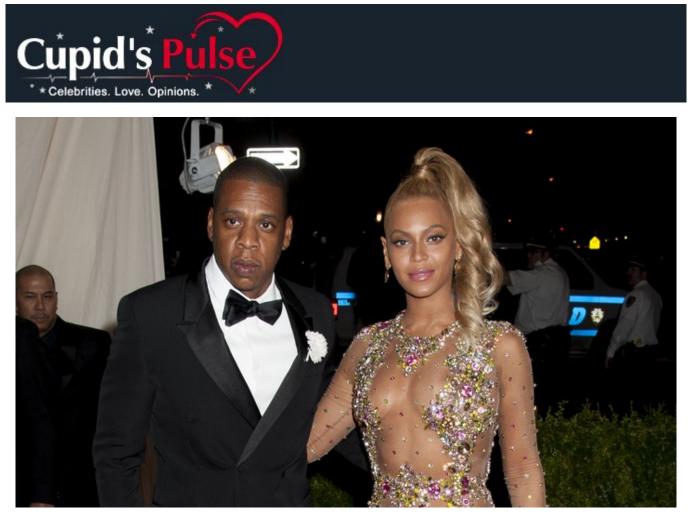
2. Call your friends: If you're feeling lonely, call your friends. Ask them to bring over some wine and popcorn and binge watch *Scandal*. Or go out for a night out on the town. Anything that will make you smile.

**Related Link:** <u>Yolanda Foster Files for Celebrity Divorce from</u> <u>David Foster</u>

**3. Find hobbies:** Get back to doing the things you like to do. Or even better, find new hobbies. Try new yoga classes or pick up a new book. It will make you feel better trying something new.

What do you think are some ways to stay positive after a

# Celebrity Wedding: Gwen Stefani Catches Bouquet at the Wedding of Blake Shelton's Hair Stylist



By Dejha Carlisle

There may be some upcoming nuptials for Gwen Stefani, if you believe in folklore! The singer caught the bouquet at Blake Shelton's hair stylist's <u>celebrity wedding</u> recently. According

to <u>UsMagazine.com</u>, <u>celebrity couple</u> Stefani and Shelton were dancing together most of the night. Sources at the nuptials said that Shelton was looking at Stefani like she was the only woman in the world, and that he looked totally in love with her. Stefani held onto the bouquet all night, and she was super happy about it!

## It remains to be seen if another celebrity wedding is on the horizon with Blake and Gwen! What are some ways attending a wedding can help your relationship?

### Cupid's Advice:

Attending a wedding can bring luck and more hope to your relationship. A lot of people think that if they go to a wedding with their partner, it can better their relationship. Cupid has a few ways this can help your relationship:

1. Catching a bouquet: Of course, if you are lucky enough to catch a bouquet at a wedding, you'll think it means that love is coming your way. This can bring hope into your relationship, and you two will work together on possibly making a wedding happen later in your own future.

Related Link: Ginnifer Goodwin and Josh Dallas Tie the Knot

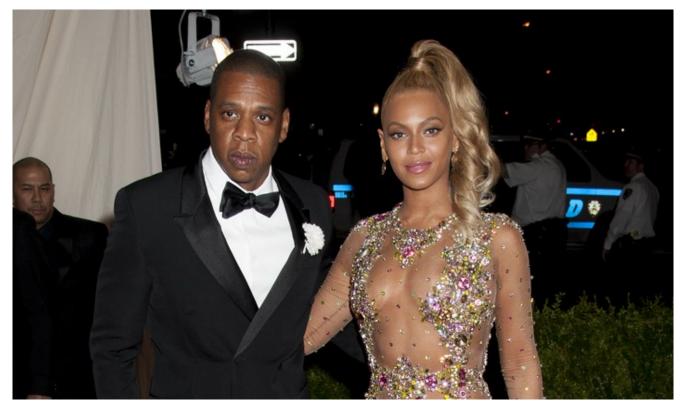
2. The waterworks: It doesn't matter if you and your partner just had an argument about something, because going to a loved one's wedding will eventually soften your hearts. Seeing the bride and her groom saying their vows and tearing up will make you forget all about the petty argument you had with your partner. A wedding is almost never sad, and this can help brighten your mood. Related Link: Sara Gilbert and Linda Perry Tie the Knot

**3. Inspiration:** Seeing the colorful flowers, the cake, and the beautiful bride walking down the aisle will make any woman aspire to get married someday. Attending a wedding will leave you and your partner more fond of each other, seeing as how the groom and the bride are promising their lives to one another.

What other ways can attending a wedding help your relationship? Share your thoughts below.

# Celebrity Couple Brad Pitt & Angelina Jolie: Cambodia Shoots Down Adoption Rumors





By Dejha Carlisle

In <u>latest celebrity news</u>, it looks like there won't be any extra children added to the family! <u>Celebrity couple</u> Brad Pitt and Angelina Jolie had plans to adopt from the country Cambodia, but those were quickly shut down. According to <u>UsMagazine.com</u>, Jolie sparked rumors that she and Pitt were looking to adopt last month when they visited Cambodia. Sao Samphois, a spokesperson for the country's government, pointed out that the adoption might be impossible for now. He told *Phnom Penh Post* the adoption between the two countries is not open yet, since America suspended adoptions from Cambodia over trafficking concerns. Hopefully the <u>celebrity couple</u> can make their family larger one day!

This celebrity couple isn't expanding their brood anytime soon. How do you know if adoption is the

### right choice for you?

### Cupid's Advice:

Adopting can be a tough decision. You have to know why you want to adopt and if you can handle the adoption process as well as the children. Cupid has tips to let you know if you're ready or not:

1. Reasoning: Adoption may be right for you if you know why you want to adopt. You may want to adopt because you aren't able to conceive, but still want to experience parenthood. You should have a good reason to want to adopt, such as wanting to expand your family.

Related Link: <u>5 Celebrity Couples That Adopted</u>

2. Handling the commitment: Are you able to handle the commitment? Most times your lifestyle will change, and your time is no longer your own. If you can't handle that type of change, you may want to wait until you're more ready.

**Related Link:** <u>Katherine Heigl and Josh Kelley Step Out with</u> <u>Newly Adopted Daughter</u>

**3. Relations:** How do you feel about the child not being biologically related to you? If that's a problem for you, or you don't know how to make the child feel loved within the family, adoption may not be for you.

How would you know if you're ready for adoption? Feel free to share your thought below.