#### Celebrity News: Calvin Harris Unfollows Taylor Swift on Social Media





By Cortney Moore

Scottish DJ Calvin Harris is definitely make waves in celebrity news with his actions towards former girlfriend Taylor Swift! According to UsMagazine.com, the 32-year-old unfollowed the pop singer and her family on social media, while also blocking Swift fans and deleting photos of them together on Instagram. But what prompted such a move? Well, it would seem that despite the celebrity break-up being fresh (2 weeks), Swift has moved on with a new man. Swift's new beau is 35-year-old Tom Hiddleston, whom she was caught kissing in Rhode Island this week. Swift fired back by deleting photos of

Harris on her social media accounts. Only time will tell if this former <u>celebrity couple</u> can have an amicable relationship post-breakup.

# This celebrity news has us feeling bad for Calvin. What are some ways to cope when your ex moves on with someone new?

#### Cupid's Advice:

Breakups are never fun. And, seeing your ex move on before you do can sometimes be painful. Cupid is here to help you cope:

1. Reflection: Your relationship is over now. Take some time to think about why that is. Reflect on what made you and your ex break up in the first place. Analyzing what went wrong while you were together can help you avoid repeating the mistakes that made your spark fizzle out.

Related Link: Khloe Kardashian Looks Forward to Having Kids
Post Celebrity Divorce from Lamar Odom

2. Keep busy: Depending on how long you were in a relationship, you can find yourself feeling a bit lonely after your breakup. Don't dwell on the negatives! Engage in your old hobbies, or try to get into new ones. This is the perfect time for you to enjoy solo activities. If going solo isn't for you, make time for family and friends. Being sociable will keep you from fixating on what your ex is doing.

**Related Link:** <u>Celebrity News: Taylor Swift Reportedly Wanted a</u> 'Future' with Calvin Harris

3. Don't stalk: Social media is a great tool, but it can also be a curse. DO NOT stalk your ex! This will only prolong your

hurt. Sure, you might be curious to see what your ex is up to with their new significant other, sometimes hoping that they're not happy. Don't do this. You'll definitely come across things you wish you hadn't known. Stalking your ex is a punishment. Choose to work on yourself instead.

Have you ever watched your ex move on? How did you get over it? Share your stories below.

## Celebrity Couple Miley Cyrus & Liam Hemsworth Hold Hands on Date Night in NYC





By Stephanie Sacco

Miley Cyrus and Liam Hemsworth won our hearts in *The Last Song* and even more so when they started dating in real life. Since they cut ties, we've wanted this <u>celebrity couple</u> to get back together. It's finally happened! Although nothing has been confirmed, the pair was seen holding hands leaving Soho House in NYC after a dinner date. According to <u>UsMagazine.com</u>, the <u>celebrity gossip</u> is that Cyrus was wearing the engagement ring that Hemsworth gave her back in 2013. In <u>celebrity news</u>, these two crazy kids might be able to make it work after all.

# This celebrity couple is most definitely on-again! What are some ways to decide whether to get back together with your ex?

#### Cupid's Advice:

On-and-off relationships are sometimes unavoidable, but you

never want to continue the back and forth for too long. Cupid has some ways to tell whether it's a good idea to get back together with your ex:

1. If it works for both of you: Timing is everything when it comes to getting back together with an ex. If you are seeing him often and it's convenient, give it another go. Being single at the same time might just be fate telling you to try again.

Related Link: Celebrity Relationships: Kate Hudson Says 'I Am Dating'

2. If it's a positive experience: As long as the two of you decide mutually that it's working and that it's doing more good than harm, absolutely get back together. But once it starts to go downhill, cut ties. Until then enjoy it while it lasts.

Related Link: <u>Celebrity News: Patrick Dempsey & Wife Jillian</u>
<u>Are Back Together</u>

3. If it's changed: Don't keep going in the same circle when it comes to your ex. If he hasn't changed and the circumstances aren't any different, don't waste either of your time. When the two of you are willing to communicate and fix the relationship, that's when you know it's different.

Think you know when it's the right time to get back together with an ex? Comment below!

#### Celebrity News: French

#### Montana Buys Kylie Jenner Roses





By Nicole Caico

Kylie Jenner documented part of her night out with rapper French Montana on her Snapchat story recently. Montana joked about Jenner's car choices, and also bought her roses from a street vendor. Montana first made his way into the Jenner/Kardashian circle as the boyfriend and other half of a celebrity couple with Khloe Kardashian. Khloe is currently single and focusing on her celebrity divorce from Lamar Odom, but Montana is part of the family circle. In the latest episode of Keeping Up With the Kardashians, Montana comfortably hangs out with Scott Disick in his new house. E! News reports that Montana doesn't just hang out with Jenner

and Disick, but is also friendly with <u>Kourtney</u> and Rob Kardashian.

This celebrity news has us questioning just who is interested in French Montana! What are some ways to avoid crushing on the same person as your friend or sibling?

#### Cupid's Advice:

While it doesn't seem that any woman from the Kardashian/Jenner family is currently dating French Montana, never say never. Falling for the ex-flame or current crush of a friend or sibling tends cause issues, but in some cases can't be helped. Before you go falling for the same person as a friend or sibling, think about it:

1. This relationship will hurt your friend/sibling: Even when a friend or sibling plays it cool about you crushing on the same person they are or have in the past, they're most likely not okay with it. If you're crushing on the same person, chances are your jealous and competitive sides will be on full display. Think about the importance of your relationship with your friend or sibling, and realize that pursuing this romantic relationship will hurt the relationship you already have with your them. Chances are the crush isn't worth it.

Related Link: <u>Celebrity Couple News: Gigi Hadid & Zayn Malik</u>
Are Back Together

2. History repeats itself: If you're crushing on the ex of a friend or sibling, do some research on the reason they broke up. If the person treated your friend or sibling badly at the end of their relationship, that should warn you to stay away.

Related Link: New Celebrity Couple Kylie Jenner & PartyNextDoor Go Bowling

**3. Girl code:** It can be as simple as this—who saw the person first? If your friend or sibling was crushing first, you should have the courtesy to back out. In situations like this, it's important to be open with your friend or sibling so you're on the same page and can avoid fights.

How have you avoided or coped with crushing on the same person as a friend or sibling? Comment below!

New Celebrity Couple? Leonardo DiCaprio Is Not Dating Roxy Horner, Despite Reports





By Stephanie Sacco

Roxy Horner isn't the first model that <u>Leonardo DiCaprio</u> has been linked to, but there is nothing romantic going on here. In <u>celebrity news and gossip</u>, the pair has been a rumored couple for quite some time. According to <u>UsMagazine.com</u>, the rumors began when the potential <u>celebrity couple</u> was seen together at the Chiltern Firehouse in London. An inside source says, "Leo and Roxy are definitely not dating." And then, "They are just good friends." DiCaprio was also linked to Kelly Rohrbach who he did date, but the <u>celebrity relationship</u> ended in January of this year. We'll have to wait and see what's in store for him next in the model department.

No new celebrity couple this time around! What are some ways to keep rumors about the status of your relationship on the DL?

#### Cupid's Advice:

Even if you aren't dating somebody, the rumors could still fly. People talk regardless of the status of a relationship and whether it's a friendship or a partnership, it's not safe from rumors. Cupid is here to help:

1. Confirm it: If someone asks you about the status of your relationship, tell the truth. Don't let the gossip weigh you down, but turn it around! Spread the word so that everybody gets their facts straight.

Related Link: <u>Justin Bieber Says He's a Single Celebrity and 'Ready to Mingle'</u>

2. Ignore it: Rumors and gossip will always be present when it comes to relationships. Jealousy and bitterness tend to cause people to do some crazy things. Don't get caught up in it, it's not worth your precious time.

Related Link: Celebrity News: Jennifer Lawrence Says She's 'Lonely Every Saturday Night'

**3. Embrace it:** Take it as a compliment that people are interested in your love life. If they aren't being nasty about it, it's harmless fun. When the gossip is cruel, that's when you need to consider their insecurities and see that it's not your fault or problem that they're involving themselves.

Do you know how to keep rumors at bay? Comment below!

#### Celebrity Couple Ginnifer

### Goodwin & Josh Dallas Welcome Celebrity Baby No. 2





By Cortney Moore

In exciting <u>celebrity news</u>, Ginnifer Goodwin and husband Josh Dallas welcomed their second <u>celebrity baby</u> into the world! According to <u>E! News</u>, the *Once Upon a Time* co-stars <u>celebrity couple</u> named their newborn Hugo Wilson, who was born on June 1 in Los Angeles. In February of this year, Goodwin appeared on <u>Jimmy Kimmel Live!</u> where she said, "This time we're going at it *Downton Abbey*-style—staffing up—like a nanny and an undernanny."

#### There's another celebrity baby in the mix! What are some ways to prepare for your baby number two?

#### Cupid's Advice:

Having a first baby has its own set of challenges, and throwing a second baby into the mix can be nerve-wracking. Cupid is here to help you prepare your household for a second child:

1. Prepare the sibling: Depending on how old your first child is will determine how this step goes, but if your child is old enough to understand, you need to prepare them to be a sibling. Your child will transition better if they know their role as an older brother or sister ahead of time. It's also important that your child understands that you love them just as much as the new baby that enters your life.

Related Link: <u>'Jersey Shore' Celebrity Couple JWoww & Roger</u>
Mathews Welcome Second Child

2. Collaboration is best: Your spouse should also be preparing for baby number two. Make sure you have an open line of communication with your spouse because caring for two children is going to require teamwork. As parents you won't only have to worry about your own schedules. but also your children's. Splitting tasks between each other will also keep you track.

Related Link: <u>'Bachelor' Alum Melissa Rycroft Welcomes</u>
Celebrity Baby No. 3

3. Keep researching: There is always something new that can be learned. Don't let your experience with the first child make you think you know everything. Review the baby books or websites you read before and try to look for new sources of information as well. You never know what you will encounter

with your latest addition to the family.

Did you or someone you know have a surprise wedding? Share your stories below in the comments!

#### Celebrity Wedding: Bristol Palin Marries Baby Daddy Dakota Meyer





By Cortney Moore

To much of America's surprise, Bristol Palin and her once ex-

fiance, Dakota Meyer, went through with their <u>celebrity</u> wedding on June 8! The <u>celebrity couple</u> broke up a year ago, but began seeing each other again in April of this year. According to <u>UsMagazine.com</u>, Meyer subtly announced their marriage on Facebook with a captioned photo that stated, "On the other hand, we learn that we can never give up, knowing that with the right tools and energy, we can reverse any decree or karma. So, which is it? Let the Light decide, or never give up? The answer is: both." Palin and Meyer's apparent reconciliation is great news for their 5-month-old <u>celebrity baby</u>, Sailor Grace! Hopefully Palin's 7-year-old son Tripp is also happy over his mother's nuptials.

# This celebrity wedding was a surprise to us all! What are some benefits to throwing a surprise wedding?

#### Cupid's Advice:

The number of surprise weddings have increased significantly in the last few years. If you find yourself getting stressed over wedding plans, a surprise wedding might be a good option for you to consider. Cupid is here to let you in on some of the benefits of surprise weddings:

1. Total control: The best part of a surprise wedding is that you get to call the shots! You and your soon-to-be spouse get to pick the date and venue based on what you both want and won't be swayed on what others' think you should do for your wedding.

Related Link: <u>Celebrity Couple News: Gigi Hadid & Zayn Malik</u>
Are Back Together

2. Less pressure: A surprise wedding is unique in itself and

doesn't have to cost an exorbitant amount of money. Planning a wedding goes a lot smoother when you can save money and don't have to worry about traditional wedding decor or pre/post wedding parties.

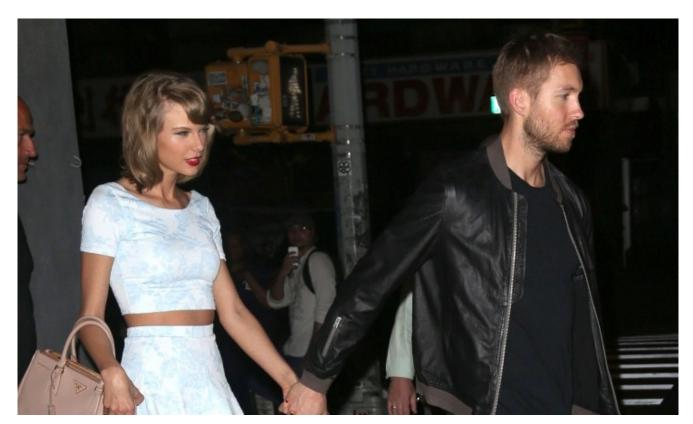
Related Link: Eva Longoria Talks Celebrity Wedding and Future Baby Plans

**3. More intimate:** For a surprise wedding, some of the guests you invite might not show up if they believe it to be a standard party. So your wedding will have an exclusive and more intimate feel for the guests who do show up. Trust us, no one will forget the time they unknowingly attended a wedding!

Did you or someone you know have a surprise wedding? Share your stories below in the comments!

## Celebrity Couple News: Gigi Hadid & Zayn Malik Are Back Together





By Stephanie Sacco

One of the quickest turn-arounds for a <u>celebrity couple</u> came from Gigi Hadid and Zayn Malik, who recently broke up earlier this month. According to <u>UsMagazine.com</u>, they're back on again. In <u>celebrity news</u> and gossip, a source said, "They broke up and got back together almost right away. Right now it's back on, but it could be off again in an hour." Seems like they could be the next big on-again off-again couple. Unfortunately, it seems as though they might be too different to make it work. The source continued, "She loves attention and he hates it. An introvert and an extrovert; we all saw it coming." This <u>Hollywood couple</u> might just prove that opposites attract, but only time will tell.

This celebrity couple's break-up was short-lived. What are some things to consider when you find

### yourself in an on-and-off relationship?

#### Cupid's Advice:

Break-ups aren't always permanent. Sometimes couples just can't let go, but it's a tricky place to be in. Cupid is here to help:

1. Times: If you've broken up one too many times, but still manage to get back together, that's great. It proves that both of you want to work on the relationship. But, if it's been too close for comfort time and time again, be aware of it. Don't get stuck in a rut.

Related Link: Celebrity Couple Gigi Hadid & Zayn Malik Call It Quits

2. Happiness: Your level of happiness is important, so if the relationship isn't working for you, get out. There's no need to stay in that kind of relationship if it's causing you grief. It's not for everybody and if you want some more structure that's fine too!

Related Link: Celebrity Couple Gigi Hadid & Zayn Malik Make Red Carpet Debut at Met Gala

3. Exclusivity: Does being in an on-again off-again relationship keep you from dating other people? If that's something you want to consider, then cut ties completely with your partner. If it's truly off and on, maybe you'll get back together in the long run.

Do you know how to handle an on-again-off-again relationship? Comment below!

# Celebrity News: 'Bachelorette' Guys Share Embarrassing Sex Stories with JoJo Fletcher





By Nicole Caico

In the latest episode of <u>The Bachelorette</u>, <u>JoJo Fletcher</u> had all the guys reveal their most embarrassing sex stories. The guys, who are all hoping to become the other half of a <u>celebrity couple</u> with JoJo, did not hold back. According to <u>UsMagazine.com</u>, Alex, Dan, and Nick had the most cringe-worthy

stories. We won't go into the details, but suffice it to say it was tough to watch! Hey, at least they were honest.

# This celebrity news has us cringing for the guys on *The Bachelorette*! What are some ways to be open and honest with your potential partner?

#### Cupid's Advice:

As terribly awkward as it is to dig up your most embarrassing intimate stories, chances are you won't be doing it on television like these guys—so what do you really have to lose? Not being honest with a potential partner will most likely lead to another embarrassing story, so it's important to remember that honesty is the best policy:

1. Right from the start: The best way to open up and be honest with a potential partner is to establish open conversation from the beginning. Before things get to serious, or too steamy, talk about your sexual histories and desires.

Related Link: Celebrity News: JoJo Fletcher Celebrates End of 'Bachelorette' Shoot with Instagram Post

2. Lead with a joke: Conversations about intimacy with a potential partner are no laughing matter, but they're also not strictly business. Joke around to break the ice and in the end, the truth will come out. If you have a positive and lighthearted take on the situation, your potential partner won't fell threaten or judged and the conversation will flow.

Related Link: <u>Celebrity News: 'Bachelorette' JoJo Fletcher Has</u>
Another Ben In Her Life

3. Make it about them: If you have a feeling that an open

conversation about intimacy isn't going to go over well with your potential partner, make the conversation about them. Instead of sounding nosy or accusatory, just tell them that you need to know some things in order for you to make the experience as good as it can be for them.

How have you been honest with a potential partner? Comment below!

### Celebrity Couple Gigi Hadid & Zayn Malik Call It Quits





By Stephanie Sacco

Oh no! The same week <u>celebrity couple Taylor Swift</u> and Calvin Harris cut ties, Gigi Hadid and Zayn Malik followed suit as well. Maybe the girls can bond over their unfortunate <u>celebrity news</u>. According to <u>UsMagazine.com</u>, the pair had only been together seven months and was last seen at the 2016 Met Gala in New York City. Hadid had appeared in Malik's music video for "Pillow Talk," and the couple seemed to be going strong. Unfortunately, the <u>celebrity exes</u> must go their own ways.

Another day, another celebrity couple breaks up! What are some ways to let your ex know you're still interested?

#### Cupid's Advice:

If you're still interested in your ex and have thought long and hard about getting back together, don't hold back. Be bold and confident when you go for it. Cupid is here to help:

1. Meet up: Show him just how much you care about him, and plan a romantic night for just the two of you so you can talk. Whether it's staying in or going out, he'll appreciate the gesture if he's interested, too. Give it a shot!

Related Link: <u>Celebrity Couple Gigi Hadid & Zayn Malik Make</u> <u>Red Carpet Debut at Met Gala</u>

2. Send him a note: An old fashioned card or letter might do the trick. Show him how much you miss him by confessing your feelings towards him. If that's too old school, shoot him a quick text or email. Showing a little vulnerability is a good thing.

Related Link: Celebrity News: Zayn Malik Says He's 'Good

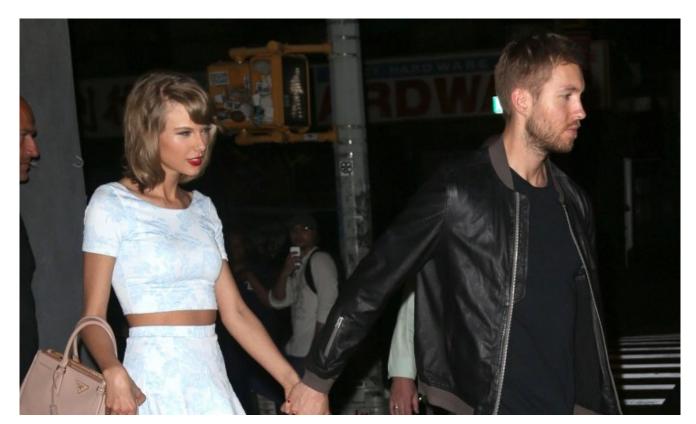
#### Friends' with Gigi Hadid

3. Knock on his door: Don't get too crazy stalker about it, but a short visit might be a good idea. Explain to him what you want from him and how things could go differently. He'll admire your confidence, and it might just be your ticket back into his heart.

Do you know how to win back an ex? Comment below!

#### Celebrity News: 'Bachelor' Star Ben Higgins Considers Running for Political Office





By Stephanie Sacco

Ben Higgins isn't just a pretty face, but he's also a potential politician. He might get another opportunity to wear a suit, since he's running for a seat in the Colorado House of Representatives. According to <a href="UsMagazine.com">UsMagazine.com</a>, Higgins has already launched an official campaign website. In <a href="Celebrity news">celebrity news</a>, Willie Pinkston, the Republican nominee, said he'd drop out if Higgins jumped in. He said, "I definitely plan on stepping aside." And on endorsing Higgins, "I'd be happy to." Things are looking up for the <a href="The Bachelorette">The Bachelorette</a> reject who found love on his own season of <a href="The Bachelor">The Bachelor</a> with Lauren Bushnell. Let's hope this <a href="Celebrity couple">Celebrity couple</a> is making the right decisions together.

In celebrity news, Lauren Bushnell could be supporting her man in office. What are some ways to

### encourage your partner's passions in a relationship?

#### Cupid's Advice:

When choosing a partner, be sure to pick someone who is going to support you no matter what. Just don't forget to support them back! Cupid is here to help you balance:

1. Attend their events: Whether it's an art show or a softball game, be there to show your support. Cheer him on in the stands and take pictures to document his passions. Even better, bring your friends, too, and make a day of it!

Related Link: Celebrity News: Ben Higgins Has Found Love on 'The Bachelor'

2. Ask them about it: If you are looking for dinner conversation that isn't surrounding work, bring up their hobby. Be completely up to date with what your partner has got going on. When asked about him, be sure to discuss his interests and prove that you know him inside and out.

Related Link: 'Bachelor' Celebrity Wedding Planner Mindy Weiss
Makes Predictions for Ben Higgins & Lauren Bushnell's
Nuptials

**3. Join them in their endeavors:** If sitting on the sidelines isn't getting you anywhere, join the team. Be his classmate or teammate and bond over something you both care about. Try something new, and be spontaneous to create a chemistry like no other.

How do you show your partner support? Comment below!

### Celebrity News: Taylor Swift & Calvin Harris Split, and Celebs React





By <u>Cortney Moore</u>

In shocking <u>celebrity news</u>, 26-year-old <u>Taylor Swift</u> and 32-year-old Calvin Harris are no longer a <u>celebrity couple</u>! The pair were in a <u>celebrity relationship</u> for 15 months. According to sources from <u>E! News</u>, the celebrity couple's romance fizzled out months ago and Harris was the one who officially ended the relationship. The news of their split has rocked social media as seen on <u>UsMagazine.com</u>. One fan posted,

"Taylor Swift and her boyfriend broke up. No one loves anyone. Love is dead. I'm going to sleep." It seems that this high profile split is more devastating than we realized!

# This celebrity news has us sighing and frowning. What are some ways to know your relationship has lasting power?

#### Cupid's Advice:

Long lasting relationships are hard to find. At times you may date someone and truly wonder how long you'll be together. Cupid is here to help you determine whether your relationship will last:

1. Values: In order to make a relationship last, you need to know what your partner values. Sometimes you can tell if a relationship has an expiration date if you both value different things. Learning about what is most important for your partner to be happy is achieved by having open communication with each other.

Related Link: <u>Celebrity News: Kylie Jenner Is Trying to 'Stay Strong' After Split with Tyga</u>

2. Compatibility: Differences are great, but if you're too different from your partner it might not work out. There needs to be some common ground that bonds you both together in order to have a successful relationship. There is no fun in being with someone you'll constantly bicker or disagree with.

Related Link: <u>Celebrity News: Amber Heard Files for Celebrity</u>

<u>Divorce from Johnny Depp</u>

3. Passion: The best way to make a relationship last is by

loving the person you're with and wanting to be in their company. Having passion is a great way to keep your partner interested. Being bored in a relationship is a tell-tale sign that it won't last. Successful relationships know how to have fun.

How have you made your relationships last? Share your stories and tips below.

# Celebrity News: Kristin Cavallari Reveals Her Third Wedding Anniversary Celebration With Jay Cutler





By Cortney Moore

Time sure does fly by! It's only been three years since former Laguna Beach and The Hills reality TV star, Kristin Cavallari, tied the knot with Chicago Bears quarterback Jay Cutler in a celebrity wedding! In a celebrity interview with The Knot, Cavallari opened up about her third wedding anniversary with the NFL player. "We went to dinner at one of our favorite spots in Chicago called Blackbird, we had a four-course meal and a bottle of wine. I was a happy girl," Cavallari said. Evidence of the joyous occasion was shown on Instagram, where Cavallari posted a photo of herself blowing a kiss at Cutler, captioned, "Happy anniversary to my man!"

This happy celebrity news has us realizing that reality TV star Kristin Cavallari and Chicago Bears quarterback Jay Cutler know

### how to make a long-lasting relationship work. Cupid discusses below.

#### A Broken Engagement

Prior to the 2013 wedding between Cavallari and Cutler, the celebrity couple faced their own set of challenges. The couple got engaged in April 2011, but broke it off three months later. However, their split didn't last long seeing as they were back together in December of that year. Cavallari detailed the reasons for their split in her book Balancing in Heels, stating, "I always go after what I want in life, with men or otherwise, and I never settle," she went on to add, "If something doesn't feel right, I act on it. It's just who I've always been." Though being apart from the love of her life was difficult, Cavallari was adamant that things "needed to change," and that Cutler would only take her seriously if she ended the relationship. After months of couple's therapy, which she states, "opened up our eyes to the other person's perspective," Cavallari and Cutler were able to get right back on track.

Related Link: Kristin Cavallari Is Reportedly 'Dumped' By Jay Cutler: Wedding Is Off

#### A Baby On the Way

A month following their reunion, Cavallari and Cutler announced that they were expecting their first child! Cavallari went on to give birth to their son, Camden Jack, in August 2012. In a statement to <u>People</u>, Cavallari said, "We definitely weren't ready to get married then and so we put everything on hold and we ended up having the baby before." Despite being a busy mother of one at the time, the celebrity couple made their union official on June 7, 2013 and were wed

in Nashville, where they had a "not huge" and intimate ceremony the following day. Cavallari and Cutler went on to celebrate their honeymoon in Italy and traveled along the world-famous Amalfi Coast. According to *The Knot*, Cavallari's favorite honeymoon memory took place in Tuscany, "we went for a hot air balloon ride early one morning," Cavallari said, "and it was the most beautiful and exhilarating experience I've ever had."

Related Link: Kristin Cavallari and Jay Cutler Tie the Knot in Nashville

#### More Babies On the Way

Later on the same year, Cavallari was pregnant with her second child, who was born in May 2014 and named Jaxon Wyatt. Exactly a year later, the couple announced that they were expecting their third child! In November 2015, the pair welcomed their first daughter to the world, Saylor James. "She's such a sweet, happy baby. And it melts my heart seeing Jay with her," Cavallari told *The Knot*.

Related Link: <u>Kristin Cavallari: "Motherhood Came Very Naturally To Me"</u>

#### Working Together at Happiness

Since then, the couple has worked together to raise their three young children. Only time will tell if this celebrity couple will continue to expand their family. Aside from parenting, Cavallari and Cutler are a great celebrity couple that know how to make a relationship work. They show that the road to finding love doesn't have to be perfect the first time around. With hard work and dedication, happiness can be found as long as you listen to your partner's needs.

Are you glad that Kristin and Jay were able to make their relationship work? Share your thoughts below.

### Relationship Advice: Prepare for Unexpected Love Like Blake Shelton & Gwen Stefani





By Dr. Jane Greer

Country star <u>Blake Shelton</u> revealed that his current love, <u>Gwen Stefani</u>, was "the last person" who he expected to have his back after his <u>celebrity divorce</u> from Miranda Lambert. They've only been a <u>celebrity couple</u> for six months, but already he's crazy about her. This is a great example of a couple finding love when they least expect it. Sometimes when you aren't actively looking for it to happen is exactly when

# These pieces of <u>relationship advice</u> will dive into the unexpected love found between celebrity couple Blake Shelton and Gwen Stefani.

When you are getting over a betrayal or heartbreak, as both Blake and Gwen were after their respective marriages ended, it is hard to imagine yourself in another relationship. At that point, the last thing you want to do is take a chance and risk being wounded again by someone else. But if you can trust yourself in turning to someone who is supportive and there for you, not only can you start anew, but it's even possible that a new romance could blossom.

It can be difficult to talk about what you've been through and share your pain with a friend. A lot of times people want to shut down, and are not always comfortable reaching out and asking for support. They might feel embarrassed, humiliated, or unsure about trusting that the friend won't gossip about their story and private thoughts with someone else. However, you may find that in expressing your situation to a friend, and giving them the chance to offer empathy, you might begin to feel understood in a way that makes all the difference in the world.

Related Link: <u>Famous Couple Blake Shelton and Miranda Lambert</u>
<u>Are Divorcing After Four Years</u>

The tendency is to shut down when you've been hurt, but letting yourself remain open can become the first step in the process of healing. They're able to see the best in you, and help bring out that side of you, so that you can move forward feeling stronger and better about yourself. This is a key

piece of <u>relationship advice</u> of falling in love, which is being made to feel valued, terrific about yourself, desired, and, especially on the heels of losing all that when you are dealing with a break up, it can be an elixir of the heart. In fact, Blake was quoted as saying Gwen saved his life. There is no underestimating companionship — it can feel lifesaving.

While you may have only seen this person in one light — strictly platonic — that can shift as your circumstances and interactions with each other change. If that does happen, it can be a bonding experience and bring you together in a way that feels like a gain, where before you felt only lost and alone. With this in mind it can be positive to share your emotional pain with someone, rather than remaining closed off and keeping the heartache to yourself. It's natural to feel vulnerable if you suddenly find yourself being drawn to this person after everything you've been through, but it is worth it to let the relationship go forward. A good piece of relationship advice is to not be afraid to let these feelings naturally progress.

#### Related Link: Celebrity Couple Blake Shelton & Gwen Stefani Show Their Love at Billboard Music Awards

The celebrity couple recently sang a duet together on The Voice called, "Go Ahead and Break My Heart." Blake explained that they chose that title and the words to go with it because they are smart enough to know at this point that all relationships will have ups and downs. So why not just put it out there? They've been through it before, and they know there will be good and bad ahead, but right now they are so happy they found each other and they will deal with what's ahead. After a celebrity break-up or any kind of break-up, sometimes you just need someone there for you.

While Blake and Gwen are *singing* about it, it is equally beneficial to *talk* about it. Though it can feel scary, being involved in this relationship, facing your fears and

acknowledging your insecurities can actually make you stronger. While you want to protect yourself and might typically look to keeping these feelings private, if you can instead be honest and genuine with someone you feel has your back, who knows where it might lead you, maybe even to a new love.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are 'HuffPost on Call,' and the last Tuesday of the month is 'Let's Talk Sex!' Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at <u>www.facebook.com/DrJaneGreer</u>, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit http://www.drjanegreer.com.

## New Celebrity Couple Kylie Jenner & PartyNextDoor Go Bowling





By Stephanie Sacco

Kylie Jenner and PartyNextDoor recently secured their celebrity relationship in the public eye as they went on a bowling date. According to <u>UsMagazine.com</u>, Jenner posted a video to Instagram demonstrating her bowling skills, while PartyNextDoor uploaded clips of the pair's time out on his Snapchat. This <u>celebrity couple</u> has some serious potential, but with that comes a lot of <u>celebrity gossip</u>. In <u>celebrity news</u>, Jenner's ex Tyga also previously had a relationship with Blac Chyna, who is now engaged to Jenner's half-brother Rob Kardashian. The family's about to get a whole lot closer.

### This new celebrity couple is getting creative. What are some fun date night ideas for new couples?

#### Cupid's Advice:

Date night should be exciting! If you're tired of going to the

same restaurants and visiting the same movie theaters with your partner, try something a little more creative. Cupid is here to help:

1. Take a class: Go down to the rec center and find a pottery or cooking class. Join a book club or start one of your own. If you're both passionate in something, go for it. It'll bring you closer together.

Related Link: Celebrity News: Kylie Jenner & Blac Chyna End Feud

2. Take a risk: Get ready for some fun! Indoor sky diving or rock climbing are available to you, and they're less drastic than the real things. Sign up for a couple's course and let your adventurous side out!

Related Link: Kris Jenner Gives Her Best Dating Advice

**3. Take a chance:** If you're really feeling spontaneous, do something you've never done before. Try a new type of food or participate in something you've never heard of. Don't let anything stand in your way, especially nerves. You'll get through it together.

Can you think of any creative date ideas? Comment below!

## Celebrity News: Patrick Dempsey & Wife Jillian Are Back Together





By Cortney Moore

In a <u>celebrity news</u> twist that no one saw coming, former *Grey's Anatomy* star Patrick Dempsey and his once estranged wife, Jillian Fink, are back together! The <u>celebrity couple</u> married in 1991, but filed for divorce after 24 years of marriage. Since November 2015 however, the couple have been spotted being very affectionate towards each other. According to Dempsey in a <u>Evening Standard's ES Magazine</u> interview about the stalled <u>celebrity divorce</u>, "You have to work at everything. And you cannot do everything. Something has to be sacrificed." A source from TMZ states the judge handling their case has issued an ultimatum on whether to proceed with the divorce or have it dismissed.

## This is happy celebrity news! What are some things to consider before getting back together with your ex?

#### Cupid's Advice:

Relationships come and go, but some former flames remain special in your heart. At times you may question whether it might be a good decision to give them another chance. Cupid is here to help you figure out whether you should get back with your ex:

1. Think it through: Before you rush to contact your ex, you should carefully consider the reasons why you want to see them again. Acknowledge if you're in a good place mentally and emotionally before pursuing things once more. And make sure you remind yourself why the prior attempt at a relationship failed.

**Related Link:** Relationship Advice: Mending a Split Like Megan Fox and Brian Austin Green

2. Talk about it: After you figure out whether or not you should try again with your ex, you can make a move to start the conversation. It's important to get their input on the situation. Keep in mind that your ex may or may not feel the same way you do. You can't force a relationship, so be honest and realistic when you talk to your ex about getting back together.

Related Link: Relationship Advice: Making Marriage Work Like Beyoncé

**3. Move forward:** Regardless of the outcome, you'll need to move forward with whatever decision has been made. If your ex agrees that you both should get back together, then do so and try not to repeat what broke you up in the first place. If

your ex doesn't agree, then it's time to move on and put your best foot forward to find the person who is best for you.

Have you ever gotten back together with an ex? Share your stories below.

### Celebrity Couple Blake Shelton & Gwen Stefani Show Their Love at Billboard Music Awards





By Nicole Caico

On Sunday, May 22, this year's Billboard Music Awards were hosted in Las Vegas. According to <u>UsMagazine.com</u>, <u>celebrity couple Gwen Stefani</u> and <u>Blake Shelton</u> preformed the song "Go Ahead and Break My Heart," while looking lovingly at each other for the duration of the performance. This celebrity couple was born out of Stefani's <u>celebrity divorce</u> from her 13-year husband, Gavin Rossdale, and Shelton's celebrity divorce from his wife of 5 years, Miranda Lambert. Both Stefani and Shelton were single by the end of the summer 2015, and have been a couple since fall 2015.

This celebrity couple is going super strong! What are some ways to keep the romance alive in your relationship?

Cupid's Advice:

Not every couple can get on stage together at a major awards show to display their love for each other to the world, but it is important to show your significant how much you love them in order to be happy together. Even if it's not televised, loving gestures are necessary for keeping romance alive:

1. Spice it up: Sharing new experiences is a great way to strengthen a relationship. Plan the trip you and your S.O. have been dreaming about, or even just try a new restaurant.

Related Link: <u>Celebrity Couple Predictions: Katie Holmes, Gigi</u>
Hadid and Miranda Lambert

2. Throwback: If leaving your comfort zone isn't something that sounds appealing to you, revisit something you did together in the beginning of your relationship that you both loved. Maybe recreate your first date and flatter your partner with how much you remember.

Related Link: 5 Times the Nanny Has Been the Catalyst for Celebrity Divorce

**3. Look ahead:** Set a goal together—abstract or physical—and work together to reach it. Sharing a common goal and actively working towards it will show your S.O. how much you still care.

What would you do to get out of a relationship rut? Comment below!

### New Celebrity Couple: Source

## Says Kylie Jenner is Dating PartyNextDoor





By <u>Stephanie Sacco</u>

Kylie Jenner is always a source for <u>celebrity gossip</u>. This time it's for dating PartyNextDoor (PND) or Jahron Anthony Brathwaite, a Canadian singer-songwriter. According to <u>UsMagazine.com</u>, the pair was seen at the TCL Chinese Theatre in Hollywood recently. This <u>celebrity couple</u> got together after Jenner and rapper Tyga broke up earlier this month. In <u>celebrity news</u>, PND posted the watches he and Jenner were wearing on Instagram, provoking Tyga to post his own watch selfie.

# There's a new Kardashian celebrity couple in the works! How do you know when you're ready to move on from a past relationship?

#### Cupid's Advice:

There's always a little tension and awkwardness after a breakup. Exes linger and baggage piles up behind you. Cupid is here to help you get through it:

1. You stopped calling him: You've cut ties with your ex and it doesn't bother you anymore that he isn't in your life. You aren't waiting around for him to return or change. The break-up feels like it's in the past.

Related Link: <u>Celebrity Couple Kylie Jenner & Tyga: Is</u>
<u>Fighting Good or Bad?</u>

2. You stop noticing him: If he's dating somebody new and you are unfazed by it or he walks by you in the hallway and you don't feel drawn to him. These are signs that you are completely over him. Feel free to set your sights on somebody else.

Related Link: Kylie Jenner on Celebrity Relationship with Tyga: 'We Don't Really Fight

**3. You stop feeling for him:** The feelings are out of your system completely and you aren't longing for him anymore. There's no room for him in your heart or your closet. Get rid of the stuff you kept of his and cleanse.

When are you ready to move on after a past relationship ends? Comment below!

### Celebrity News: Gwen Stefani Opens Up About Duet with Blake Shelton





By <u>Stephanie Sacco</u>

We didn't think that <u>Gwen Stefani</u> and <u>Blake Shelton</u> could get any cuter, but they have after their duet. If you watched this <u>celebrity couple</u> perform on *The Voice*, you know what I mean. In <u>celebrity news</u>, the pair both has insecurities with writing making the collaboration even more special. According to <u>UsMagazine.com</u>, Shelton asked Stefani to cowrite with him on his new single "Go Ahead and Break My Heart." Stefani admitted

on *Chelsea* that when he told her about the song he wrote, her reaction was, 'Whoa, what if I don't like it, huge turn off!' And then, "I listened to it and thought, 'Oh my God, I love this.'" His response, 'Write the rest of it.'" This <u>celebrity relationship</u> is headed in the right direction as they make beautiful music together.

In celebrity news, Gwen Stefani thought Blake's song would be a "huge turn off." What are some turn offs to avoid when you're trying to date someone?

#### Cupid's Advice:

Not everyone can be as cute as Gwen Stefani and Blake Shelton. Sometimes the song your man writes you *is* a turn-off and dating them no longer seems like the best option. Cupid is here with some red flags:

1. Not paying attention: It's such a turn-off if your partner isn't looking you in the eye or remembering important information. He's either being sketchy or unresponsive. You deserve more from a partner so if he's acting like this, dump him!

Related Link: Dating Advice Q&A: Is He Hiding Something When He Turns His Phone Off

2. Not being honest: If you catch your partner in a lie or see him hiding his phone, it's a red flag. Don't always assume the worst but if it continues, he's not worth your time. Consider your happiness first and get out if that's what it takes to make you happy.

Related Link: Relationship Advice: How Do You Know When Prince Charming Is Actually Prince Alarming?

3. Not prioritizing: When your partner picks his friends over you or blows you off to spend time elsewhere, don't just take it. Talk to him and communicate your feelings or kick him to the curb. If you don't feel special, don't let him waste your time.

Can you think of some other turn-offs when you're dating someone? Comment below!

## Celebrity Couple Predictions: Drake, Eva Longoria and Lea Michele





By **Shoshi** 

In the latest <u>celebrity news</u>, three famous couples have caught the public's attention, whether it be Drake and Rihanna's rumored celebrity relationship, Eva Longoria's third celebrity wedding, or Lea Michelle's next shot at love. Who's stepping out in Hollywood this time around hand in hand? Join me as I look into the crystal ball of relationships and love. Below, I share my predictions for these <u>celebrity couples</u>.

### Celebrity Couple Predictions: Celebrity Relationships That May or May Not Last

Drake and Rihanna: It seems like nobody believes that Drake and Rihanna are just friends. Who doesn't twerk their booty on a friend any chance they get? It's time to let this rumor go! They aren't a secret couple, contrary to the anonymous sources that keep popping up in the press. Recently Drake was asked point blank if he was dating RiRi and his answer was that they

are just friends. That is not to say that they do not practice being friends with benefits from time to time. Why shouldn't they? They are both attractive adults, so why not help each other maintain pleasure when necessary? It would be nice to see these two in a relationship with each other, or with whoever makes their heart skip a beat. It looks like Drake and Rihanna aren't making time for romance, though. They are both working, traveling, and involved in their careers. However, look for Rihanna to be in the relationship by the end of the summer.

Related Link: New Celebrity Couple? Rihanna & Drake Spotted Getting Cozy at Concert Afterparty

Eva Longoria and Jose Baston: Looks like the third time's the charm for Eva Longoria. She walked down the aisle with Jose Baston, President of Televisa, Latin America's largest media company. This is Longoria's third marriage and it looks like her last. The celebrity couple was married in Mexico in front of A-list quests. It would seem Longoria has hit the jackpot with Baston. He sees her as his equal and loves that she is a strong and passionate woman. After two failed marriages, Longoria knew exactly what she was looking for in a partner. She has definitely found the right one this time around. Before the wedding, they had already been calling each other husband and wife. I see a new dog in their future and a discussion about children. Right now a baby is a possibility, but if Longoria is not pregnant by next year, more than likely the couple will not have children together. Either way, they will continue to be just as happy as ever.

Related Link: Eva Longoria Marries Jose Baston in Romantic Celebrity Wedding in Mexico

Lea Michele and Robert Buckley: Lea Michele has not been so lucky in love. That is not to say that she isn't trying. She dated that so-called model/actor and ex-gigolo Matthew Paetz, who allegedly broke her heart. Then there was her boyfriend

and *Glee* co-star, Cory Monteith, who died of a drug overdose. Most women would have locked up their heart and thrown away the key. Despite these negative experiences, Michele is currently dating actor Robert Buckley, and says that she is very happy. That's definitely good news. It's nice to see her find love again. Where is it all going? That remains to be seen. Michele wants to be married with kids but not necessarily right now. It looks like it's on her mind. Buckley may not be the guy she walks down the aisle with, but he is getting her ready for when the time is right.

Related Link: New Celebrity Couple: Lea Michele Is Dating 'One Tree Hill' Star Robert Buckley

For more information on Shoshi click <u>here</u>.

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

## Celebrity Couple Chloe Grace Moretz & Brooklyn Beckham Make Red Carpet Debut





By Cortney Moore

Chloe Grace Moretz, 19, and Brooklyn Beckham, 17, have revealed that they've rekindled their <u>celebrity relationship</u> on the red carpet of the <u>Neighbors 2: Sorority Rising</u> premiere! This adorable and young <u>celebrity couple</u> were seen arm-in-arm as they posed for pictures at the star-filled event. "He's a sweetie, he's a good boy," Moretz told <u>Entertainment Tonight</u> on the red carpet. This <u>celebrity news</u> is especially exciting since the pair had dated briefly in 2014. Let's see if this duo is in it for the long-haul this time around!

This brand new celebrity couple is ready to take things public! What are some ways to announce your relationship to family and friends?

Cupid's Advice:

Starting a new relationship is always exciting. Cupid is here to help you announce your relationship to your family and friends:

1. Utilize social media: Celebrities today no longer need press releases or conferences to reveal their latest hookups, and neither do you! Following their lead, you can take control of your relationship announcement through popular social media sites. A cute photo and caption is a great way to announce your relationship to family and friends.

Related Link: <u>Celebrity Wedding To-Be? Blac Chyna Wears</u>
<u>Suspicious Looking Ring in Rob Kardashian's Instagram Post</u>

2. Quiz your peers: If social media isn't your thing, it's alright to get creative with your announcement. A unique way you can reveal your relationship is through a quiz. Dropping hints and letting others guess who you're dating is a fun way to announce your new relationship.

Related Link: The Celebrity Couple to Melt All Hearts: Chloe Grace Moretz and Brooklyn Beckham

3. Face-to-face: If a more traditional method is preferred, talking about or introducing your new beau to your family and friends may be the best option. This is a sure way to make sure details of your relationship will make it to those you want to know, and away from those you'd rather keep out of your business.

How have you announced your relationships in the past? Share your stories below!

# Former Celebrity Couple Gwyneth Paltrow & Chris Martin Reunite for Daughter's Birthday





By <u>Stephanie Sacco</u>

Gwyneth Paltrow and Chris Martin have reunited, at least for the moment. According to <u>UsMagazine.com</u>, Paltrow posted a selfie of the <u>celebrity exes</u> in Disneyland. In <u>celebrity news</u>, their daughter Apple turned 12, and the pair spent the big day at the happiest place on earth. This former <u>celebrity couple</u> is stronger now more than ever. Paltrow says, "I think we are better as friends than we were [married]. We are very close and supportive of one another." Paltrow proves that you can be

friends with your ex and still be a family.

This former celebrity couple is keeping a relationship for the kids. What are some ways to keep things civil with your ex for the sake of your children?

#### Cupid's Advice:

It's crucial after a divorce that your kids don't think it's their fault. If a relationship fails, you have to think of them first and if getting along with your ex is what it takes, then so be it. Cupid is here with some <u>relationship advice</u>:

1. Stay positive: Don't spend too much time with your ex if you can help it, but when you do, make sure to keep the mood light. Don't discuss bills or your past in front of the children. Always think of them first before you open your mouth.

Related Link: <u>Scarlett Johansson Says She 'Hit Rock Bottom' in Celebrity Relationship</u>

2. Stay alert: If you feel yourself getting into angry territory with your ex, remember it's only a temporary visit. Laugh it off when you feel yourself start to slip. Look to your kids if you get desperate; they'll remind you who you're fighting for.

Related Link: Celebrity News: Jennifer Garner Says She & Ex Ben Affleck WIll Make Co-Parenting Work

3. Stay together: Be a team when it matters most. Try to make decisions as a unit and if you can't, at least compromise. Find a balance so neither of you has the upper hand. Be aware

of the volume of your voices when you're around your child.



Chris Martin and Gwyneth Paltrow. Photo: Solarpix / PR Photos; Andrew Evans / PR Photos

Think you know how to be civil with your ex? Comment below!

## Justin Timberlake Tries to Give Celebrity Baby Son Silas 'Perspective'





By <u>Stephanie Sacco</u>

Justin Timberlake and Jessica Biel are one of the most popular celebrity couples out there. With the birth of their celebrity baby Silas, they've come even closer to perfection. According to UsMagazine.com, Timberlake has some parenting advice based on his technique with Silas. He says, "The best thing I can do is to try every day to give your kid perspective so they understand what it means and what it doesn't mean." Being half of a celebrity couple, Timberlake is right to worry about his son's warped perspective. In celebrity news, this family has its priorities straight.

JT is focused on privacy for his celebrity baby. What are some ways to give your child perspective on life as a couple?

Cupid's Advice:

1. Teach them: Right off the bat, tell your child the difference between right and wrong. Don't rely on other people to give your child perspective when it's your job as a parent to guide them. Do your best to send your kid on the right path together.

Related Link: <u>Justin Timberlake Shares Photos of Celebrity</u>
<a href="Baby Son Silas">Baby Son Silas</a>

2. Love them: One of the most important things you can do for your kid is show them what love is and how loved they are. As long as they're happy, you're doing something right. Be sure to take good care of them and keep them close.

Related Link: Celebrity News: Justin Timberlake Thanks His 'Rock' Jessica Biel at Hall of Fame Induction

**3. Show them:** Be a good person and be aware that your child is watching. Even when you aren't teaching them, you should keep in mind that they're always going to look up to you. Show them how to be down to earth and humble.

Do you know how to give your child perspective? Comment below!

## New Celebrity Couple: Lea Michele Is Dating 'One Tree Hill' Star Robert Buckley





By <u>Stephanie Sacco</u>

Lea Michele is the focus of celebrity gossip this month. She is half of a new celebrity couple with Robert Buckley. According to UsMagazine.com, the pair was heating up on a dinner date at Milo & Olive in Santa Monica. They were seen being very intimate (cuddles and kisses) in a public place. Buckley seems like quite the gentleman. The latest celebrity news is that they're one of the Hollywood couples to watch.

# It looks like Lea Michele has recovered from heartbreak and moved on! How do you know when you're ready to move on post-split?

#### Cupid's Advice:

Break-ups are more common than you'd think, and <u>celebrity</u> <u>couples</u> are no exception. The recovery process can be challenging, but there are ways to move on post-split. Cupid

is here to help you find out how:

1. When you're interested in somebody new: As soon as someone else starts looking good, you know you are capable of developing feelings for someone besides your ex. Take baby steps and find out if that person is 'the one'. Go for it!

Related Link: New Celebrity Couple? Nina Dobrev & Scott Eastwood Get Flirty at Coachella

2. When you don't think about your ex: Once everything that used to remind you of your ex doesn't anymore, you know you are ready to move on. That song on the radio, the place where you first kissed, the type of car he drove; when none of that phases you, it's time.

Related Link: New Celebrity Couple? Rihanna & Drake Spotted Getting Cozy at Afterparty

**3. When you know:** Deep down inside you, you'll know when the time is right. You will feel it in your heart that you're ready. It takes a great amount of vulnerability and strength to put yourself out there, but you can do it!

Do you have any tips for moving on after a break-up? Comment below!

Celebrity News: Khloe Kardashian Tweets 'People Disappoint' After Lamar Odom

### Is Caught Drinking





By Cortney Moore

Khloe Kardashian posted not so cryptic tweets on May 8 after former husband Lamar Odom was photographed allegedly drinking alcohol. "SMH," along with, "Hummmmmm ... People disappoint," she tweeted only a few hours after the celebrity news was revealed. The celebrity couple separated after four years of marriage due to Odom's drug use. However, they have not made it official by getting a celebrity divorce. Last October, Odom was hospitalized after an overdose, and his estranged wife has helped him recover since then. According to a source from USMagazine.com, Odom told Kardashian, "Nothing will happen to me. Look at how I survived this last one," which may explain his wife's subsequent tweet May 10 that said, "How quickly people forget..."

# This celebrity news has us holding out hope for change. What are some ways to know if your partner will change for the better?

#### Cupid's Advice:

Challenges arise that are very trying to a relationship, and sometimes your partner can be the cause of it. As a couple, you may try to stick together and combat these woes, but have no idea how to go forward. Cupid is here with <a href="relationship">relationship</a> advice to help your partner change for the better:

1. Gather support: You may be trying your best to help your partner with this private matter, but it may be best to let others in to help you out. Whether it be a professional, support group, or family/friend, let someone know what's going on. You don't have to shoulder this burden alone, and you could gather valuable insight about your relationship from what others observe.

Related Link: <u>Celebrity News: Lamar Odom Found Unconscious in Nevada Brothel</u>

2. Keep busy: Aside from support, you both need to keep busy with daily tasks and activities. Fixating on issues will only cause further strains and be discouraging. If you're hoping to help your partner change their ways, it would be best to keep them distracted.

Related Link: <u>Dating Advice: What To Do When Your Relationship</u>
Gets Real

3. Be present: And most important of all, be there for your partner! Watch over them and be attentive to their struggles and needs. Be their sympathetic confidant and their firm hand

to make sure they're putting in real effort to change. This is a difficult time for both of you, but you have stay strong for your partner. Your solidarity will be appreciated and will be encouraging overall.

Have you ever had a partner try to change for the better? What did you do to help the situation? Comment below.