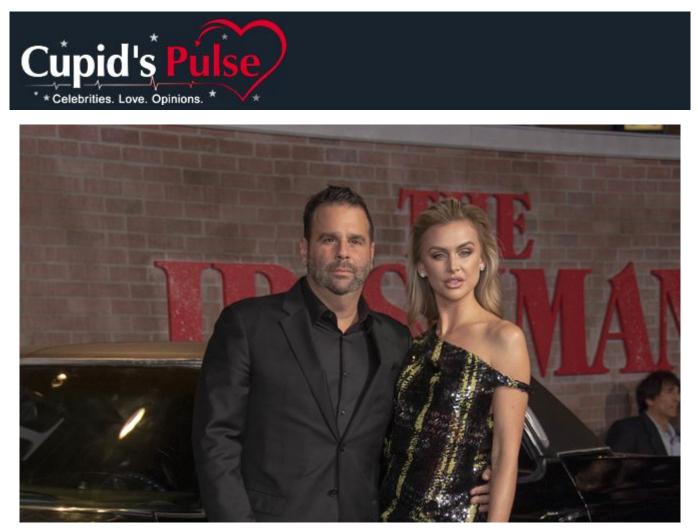
Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmett Are Still Together



By Alycia Williams

In latest <u>celebrity news</u>, <u>reality TV star</u> Lala Kent cleared the air regarding split speculation surrounding her and fiancé Randall Emmett, after deleting photos of him via social media over the weekend. According to *UsMagazine.com*, the *Vanderpump Rules* star posted a statement on her Instagram story that cleared everything up. "It won't be the last time I archive pictures of Rand when he makes me mad. I'm petty AF. It will happen again and again until I grow out of it & it's the most petty thing I do, I'm okay with it." She later added. "Also, Rand and I have never followed each other, in fact we have had each other blocked since we got together."

In celebrity news, Lala Kent cleared the air about rumors that she and her fiance Randall were on the rocks. What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Rumors are inevitable especially if you're in the public eye. Although dodging rumors is impossible that doesn't mean it need to affect your relationship. If you are looking to keep rumor from affecting your relationship, Cupid has some advice for you:

1. Don't pay it any mind: Ignoring rumors is the perfect way to help it die out fast. If you don't give the rumor any attention it shows that you're too mature to entertain fake news.

**Related Link:** <u>Celebrity News: Lala Kent Says Life is a 'Mess'</u> <u>& Deletes Pics of Fiance Randall Emmett</u>

2. Address the rumors: Although ignoring works, addressing the rumors head on works as well. Shutting down the rumors as soon as you hear them is quick way to keep anyone else from talking about it.

Related Link: <u>Celebrity News: 'Pump Rules' Lala Kent Deletes</u> <u>Instagram Pics of Fiance Randall Emmett</u> **3. Don't give people something to talk about:** If you keep your relationship out of spotlight, then people won't have anything to say about your relationship due to the fact that they don't know anything about it.

What are some other ways to keep rumors from affecting your relationship? Start a conversation in the comments below!

# Celebrity News: Kanye West Visits Hospital for 'Anxiety' After Apologizing to Kim Kardashian





By Alycia Williams

In latest <u>celebrity news</u>, Kanye West visited a hospital near his ranch in Cody, Wyoming, after publicly apologizing to his wife, Kim Kardashian. According to *UsMagazine.com*, West has been experiencing a lot of anxiety lately, and he has been surrounded by a lot of people and started to feel really overwhelmed. West decided to go to the hospital to get checked out. "I would like to apologize to my wife Kim for going public with something that was a private matter," he tweeted. "I did not cover her like she has covered me. To Kim I want to say I know I hurt you. Please forgive me. Thank you for always being there for me." West is reportedly feeling much better now and the <u>famous celebrity couple</u> are getting back on good terms.

# In celebrity news, Kanye West is picking up the pieces after his

### Twitter rant against wife Kim Kardashian. What are some ways to show your partner you're truly sorry for something you did?

#### Cupid's Advice:

Apologies can be difficult to deliver and even then, it isn't a sure thing that you'll be forgiven. If you're looking for ways to show your partner you're truly sorry for something you did, Cupid has some advice for you:

1. Make a big statement: Sometimes the best apology isn't just to your partner, but on a big platform for a lot of people to see. That can be done on social media or may be at a big event with a lot of people. Overall you're trying to achieve the goal of multiple people seeing or hearing your apology.

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2. Let your actions speak louder: There's one thing to say you're sorry and then another thing to actually be sorry. After you apologize, you need to make sure that you're not making the same mistakes. Show your partner that you truly are sorry after you tell them.

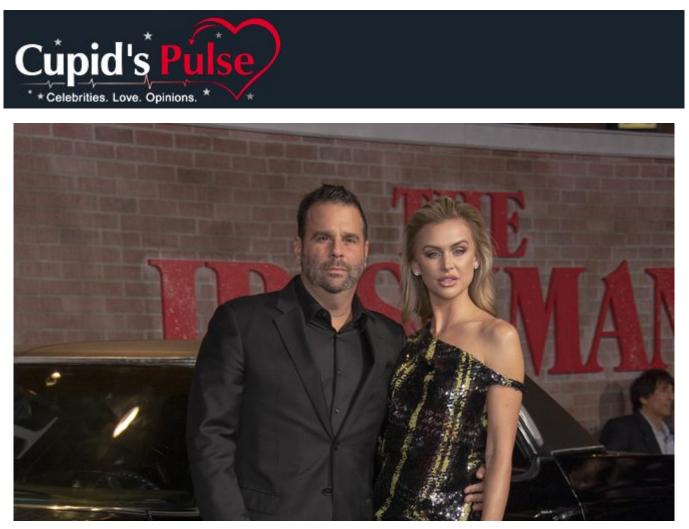
**Related Link:** <u>Celebrity News: 'Jersey Shore' Star Ronnie</u> <u>Ortiz-Magro Apologies to Jen Harley & Their Daughter</u>

**3. Offer to do what's needed:** Now that you've apologized, that doesn't mean you're completely in the clear. Ask your partner if there's anything that you can do to make them feel better. Be there to support them in whatever that they need.

What are some other ways to show your partner you're truly

sorry for something you did? Start a conversation in the comments below!

### Celebrity News: Jada Pinkett Smith and Will Smith's Public Split Discussion Was 'Best Move' for Them



By Alycia Williams

In latest celebrity news, Will Smith and Jada Pinkett Smith

are content after speaking their truth and discussing their past breakup in public after August Alsina's affair claims. According to UsMagazine.com, They are a very vulnerable and open pair, and they felt opening up about the situation is the best move for their family. The <u>celebrity couple</u> opened up about their past split during the Friday, July 10, episode of her Facebook Watch series, *Red Table Talk*, after Alsina, claimed that he had a years-long affair with Pinkett Smith. The couple discussed the her brief "entanglement" with the singer, noting it happened when she and Will were separated.

In celebrity news, Jada and Will felt going public with their marital woes was the best move for them, as an open and vulnerable pair. What are some ways being open with your friends and family about your relationship can make you stronger as a couple?

#### Cupid's Advice:

Relationships are bound to go through their ups and downs and not every couple feels comfortable letting the people around them know when they're going through a a difficult time. If you're looking for reasons to be open with you're friends and family about your relationship, Cupid has some advice for you:

1. You aren't hiding: Hiding things about your relationship from your friends and family is a full-time job. Knowing that everything is on the table about your relationship will have you both feeling free and open.

**Related Link:** <u>Celebrity Couple News: Find Out How Cardi B &</u> <u>Offset Make Their Relationship Work</u>

2. You may receive help: If you're going through a rough patch with your partner and you let your friends and family know, they may be able to offer help and advice. Which can result in the rough patch ending a lot sooner.

**Related Link:** <u>Celebrity Couple News: Kim Kardashian & Kanye</u> West Are on 'Different Pages' Amid Quarantine

**3. You can move on:** Once the closest people in your life know when you and you're partner is going through a hard time, and it's over, you both can quickly move on from that. You won't spend extra time dwelling on the situation because your friends and family will be caught up to speed.

What are some other ways being open with your friends and family about your relationship can make you stronger as a couple? Start a conversation in the comments below!

# Royal Celebrity Couple Prince Harry & Meghan Markle Step Out in Matching Masks in Beverly Hills





By Alycia Williams

In latest <u>celebrity news</u>, <u>celebrity couple</u> Prince Harry and Meghan Markle are enjoying their time together in Los Angles. The Duke and Duchess of Sussex were spotted on Friday afternoon, walking side-by-side as they waited for their car from a valet in Beverly Hills, wearing matching face masks. Harry and Meghan relocated to California with their one-yearold son Archie in March, and the couple is said to be living in Tyler Perry's Beverly Hills mansion.

This royal celebrity couple is following protocol when it comes to COVID-19. What are some ways to support each other through the pandemic?

Cupid's Advice:

This pandemic has been a crazy roller coaster ride and it's hard to determine what's coming next, which can make your relationship rocky after a while. If you are looking for ways to support your partner through the pandemic, Cupid has some advice for you:

1. Make time for each other: It can be easy to get set in your ways and do what you want to do during the pandemic, but set aside some time for your partner. Whether it's twice a week, once a week, or everyday, it's nice to have time specifically set aside for your partner.

**Related Link:** <u>Celebrity News: Chris Lane Reveals Quarantine</u> <u>Has Strengthened Relationship with Lauren Bushnell</u>

2. Try to get out when you can: Being in the house all day can be really suffocating, so try to get out with your partner. You don't have to go to an extravagant place together; it can be just a walk around the block or you can sit right outside your door together. Try to breathe in that fresh air together.

**Related Link:** <u>New Celebrity Couple: Sophia Bush & Grant Hughes</u> <u>Get Cozy in Masks as They Step Out in Malibu Together</u>

**3. Alone time is okay:** Being together is great, but having some alone time can be really therapeutic for you both. You should also set aside time for you both to be separate and do what you want to do what you want with your free time.

What are some other ways to support each other through the pandemic? Start a conversation in the comments below!

# Celebrity News: Kelly Preston Dies from Breast Cancer at 57 & John Travolta Pays Tribute





By Alycia Williams

In latest <u>celebrity news</u>, Kelly Preston died on July 12, 2020 after a long battle with breast cancer. According to *UsMagazine.com*, Preston's husband, John Travolta, paid tribute to his late wife in a Instagram post. "She fought a courageous fight with the love and support of so many," Travolta wrote. "Kelly's love and life will always be remembered." The <u>celebrity couple</u> shared three kids together. Their eldest child died at the age of 16 in 2009, but Travolta mentions that he will be taking time off to care for his other two kids who have lost their mother.

In celebrity news, tragedy has struck Hollywood, as Kelly Preston passed away after a two year battle with breast cancer. How do you cope with the loss of your significant other?

Cupid's Advice:

No one is ever really prepared for a loss of a loved one, especially not your significant other. If you're looking to cope with the loss of your partner, Cupid has some advice for you:

1. Allow yourself to cry: It's not healthy to keep your emotions inside, especially when it comes to something as drastic as a lost life. Don't hold your feeling back, no matter where you are. Allow yourself to cry and to feel that pain.

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2. Go easy on yourself: There is no right way to feel when it comes to losing a partner. Don't get down on yourself if you're too sad or not sad enough, as everyone deals with grief differently and you're entitled to your own feelings.

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**3. Seek support:** When you're grieving, it's sometimes best to be around your family and friends. The people who love you and

want the best for you are the people who you need to seek support from. Reach out more often than you usually would, especially those times when you're feeling lonely.

How do you cope with the loss of your significant other? Start a conversation in the comments below!

### Celebrity Couple News: JoJo Fletcher & Jordan Rodgers Almost Split After 'Bachelorette'





By Alycia Williams

In latest <u>celebrity news</u>, JoJo Fletcher and Jordan Rodgers almost called it quits three years ago. According to *UsMagazine.com*, the <u>celebrity couple</u> explained in a joint interview that although they are one of *Bachelor* Nation's ultimate success stories, they have their ups and downs just like everyone else. Fletcher described their first year together as difficult, and she also said that they went through a lot of struggles. Rodgers explained that the couple decided to stay together through the rough patches.

In celebrity couple news, JoJo and Jordan experienced some rough patches in the first year of their relationship. How do you decide whether to stay together or split

### during a rough patch?

#### Cupid's Advice:

In relationships there will always be good times and there will also be bad ones, but it can be hard to decipher whether the bad times are enough to split. If you are in a relationship and you're not sure whether you should break up or stay together, Cupid has some advice for you:

1. Does the good outweigh the bad?: When deciding if you and your partner should stay together, you should take a hard look at your relationship and figure out if the good times outweigh the bad. If they do, then you should try to make it work, but if not, then you may want to take a closer look at things.

**Related Link:** <u>Celebrity Couple News: Find Out How Cardi B &</u> Offset Make Their Relationship Work

2. Talk to your family and friends: Talk to the people who know you best, and get an insight of what your relationship looks like from the outside. Although their opinion shouldn't be the final decision, you may have a clearer idea of what to do.

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3. Are you both willing to try harder?: Going through a rough patch isn't easy, and it means that you both have to work harder on your relationship. If one of you isn't willing to do whatever it takes to make the relationship work, then it may be time to split for good.

What are some other ways to decide whether to stay together or split during a rough patch? Start a conversation in the comments below!

# Celebrity News: Find Out Why JoJo Fletcher is Excited to Watch 'Bachelorette' Season with Current Love Jordan Rodgers





By Alycia Williams

In latest <u>celebrity news</u>, <u>reality TV star</u> JoJo Fletcher is excited to watch her love story with Jordan Rodgers play out on her season of *The Bachelorette*. According to *EOnline.com*, the <u>celebrity couple</u> was anxious to see the season again, but eventually took a different attitude to it. "But now, honestly, I'm excited to watch it back and excited to see it through Jordan's eyes," Fletcher said.

In celebrity news, JoJo and Jordan are excited to watch their love story play out on TV. What are some ways to deal with hearing about your partner's exes?

Cupid's Advice:

When you're in a relationship, it can be hard to hear about your partner's past relationships, but acting as if they don't exist isn't the way to go. If you find it hard to hear about your partner's exes, Cupid has some advice for you:

1. Remind yourself that you're together now: It can be so difficult to hear about partners' past relationships, but you have to remind yourself that this is your partner now and whatever they may have done with someone else is irrelevant to your relationship. Keep your head on straight and be able to separate their past relationship and your new relationship.

**Related Link:** <u>Celebrity Exes: Ben Higgins Apologizes to Olivia</u> Caridi for Her 'Bachelor' Experience on His Season

2. Just listen: As you're hearing about your partner's exes, your job is just to listen. Try to refrain from expressing what you think went wrong in their past relationships, or what you think of their ex. Keep your thoughts to yourself to avoid issues in your relationship.

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Viall React to Nick's Past Proposal on 'The Bachelor GOAT'

3. Don't hold anything against your partner: Your partner could've made mistakes in their past relationship, but don't change your perception of your partner because of something they did previously. Each relationship is different, and just because your partner made a mistake doesn't mean that they're a bad person. You're are with your partner for a reason; keep that reason in mind.

What are some other ways to deal with hearing about your partner's exes? Start a conversation in the comments below!

# New Celebrity Couple Megan Fox & Machine Gun Kelly Confirm Relationship With a Kiss





By Alycia Williams

In latest <u>celebrity news</u>, Megan Fox and Machine Gun Kelly confirmed their relationship with a kiss after Fox's split from Brian Austin Green. According to *UsMagazine.com*, the new <u>celebrity couple</u> was spotted holding hands and kissing for the first time in the public eye.

In celebrity couple news, Megan Fox has moved on from Brian Austin Green with Machine Gun Kelly. What are some ways to keep hurting your ex to a minimum when you move on with someone new?

#### Cupid's Advice:

Once you break up with someone. it can take your ex a little bit longer to get over the relationship than it did for you.

If you've moved on with someone else after a break-up, but you don't want to hurt your ex, Cupid has some advice for you:

1. Just tell them: Although this may seem like a hurtful tactic, letting your ex know before they find out from social media or a mutual friend is going to work out in their favor. This way they have time to adjust to your new relationship and when someone else brings it up to them, they won't be surprised at all.

**Related Link:** <u>Celebrity News: Brody Jenner is 'Happy' for</u> <u>Miley Cyrus & Ex Kaitlynn Carter</u>

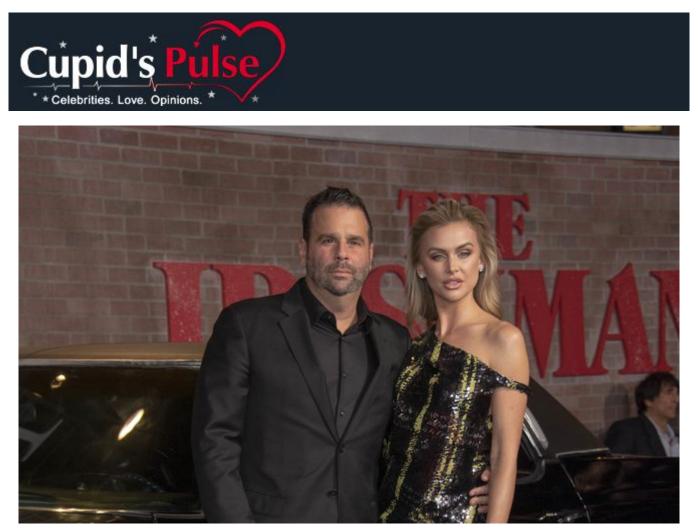
2. Don't be spiteful: Your ex may still be going through a rough time getting over you while your in this new relationship, so don't do or say anything that you know would make them upset. Even though you may not be doing anything intentionally to hurt your ex, you could still be hurting them. Take a broader scope to all of your actions and do your best to be considerate of their feelings.

**Related Link:** <u>Celebrity Couple: Adam Levine Dating Nina Agdal</u> <u>After Behati Prinsloo Split</u>

**3. Try to set them up:** You've moved on and if your ex is open to it you should try to set up your ex with someone that you know. It'll help the healing process for your ex and they could possibly get into a new relationship as well.

What are some other ways to keep hurting your ex at a minimum when you move on when you move on with someone new? Start a conversation in the comments below!

### Celebrity Couple News: Pregnant Sophie Turner & Joe Jonas Attend Black Lives Matter Protest



By Alycia Williams

In latest <u>celebrity news</u>, Sophie Turner and her husband, Joe Jonas, protested police brutality and racial inequality at a Black Lives Matter demonstration. According to UsMagazine.com, while their <u>celebrity baby</u> is on the way, this <u>celebrity</u> <u>couple</u> posted photos and a video of them protesting in California. They included a photo of protesters lying face down in the grass, and in another, Turner holds a sign that reads, "White silence is violence." In celebrity couple news, pregnancy isn't keeping Sophie Turner from protesting racism with her hubby, Joe Jonas. How do you know you've found a partner with values that align with your own?

#### Cupid's Advice:

Fining "The One" is always going to be a long process, but finding someone who shares similar values as yours is especially difficult to find. If you're wondering if you and your partner have similar beliefs and ethics, Cupid has some advice for you:

1. Just simply ask: Don't be afraid to ask your partner how they feel about current events, politics, and social issues. It shouldn't be an interrogation session, but just you just casually asking your partner a question. This is so much easier than trying to figure out on your own, and you're bound to get a more real and authentic answer.

**Related Link:** <u>Celebrity News: Thomas Rhett & Wife Lauren Speak</u> <u>Out Against Racism for Adopted Daughter</u>

2. Are they just as excited as you are?: Whatever makes you excited when it comes to your values, whether it's protesting, donating, or a post on Instagram, should make your partner feel the same way. Typically, if you both feel the same way about something, you'll both want to help. On the side, the things that make you angry or upset in society, should make them feel the same way.

**Related Link:** <u>Celebrity News: Blake Lively & Ryan Reynolds</u> Donate \$200,000 to NAACP Legal Defense Fund 3. Do you both see eye to eye on the simple things?: If you two are disagreeing on something simple in the grand scheme of things, then you probably don't have similar ethics and values. Pay attention to the small things you may be bickering about and take a birds eye view to it. You may be able to see your partner's values more clearly.

What are some more ways to know you've found a partner with values that align with your own? Start a conversation in the comments below!

# Celebrity Couple News: Kim Kardashian & Kanye West Are on 'Different Pages' Amid Quarantine





By Diana Iscenko

In the latest <u>celebrity news</u>, things between <u>Kim Kardashian</u> and <u>Kanye West</u> are rocky during quarantine. A source told UsMagazine.com that the <u>celebrity couple</u> has different routines: "Kim is working out nonstop and doing her thing. Kanye is having a harder time because he does not have a regimented routine like Kim." Despite their opposing schedules, the duo is "doing well" and trying to get back on the same page.

In celebrity couple news, Kim and Kanye aren't seeing eye to eye during quarantine. What are some ways to adapt to quarantine with your partner?

Cupid's Advice:

Being stuck at home can cause a strain on your relationship, but it doesn't have to! Turn quarantine into a time to strengthen your relationship with your partner. Cupid has some advice for you:

1. Have alone time: Being unable to leave your house means you're spending 100% of your time with your partner. It's healthy to have time for yourself. Plan for you and your partner to have time without the other. It doesn't matter what you do as long as you focus on yourself.

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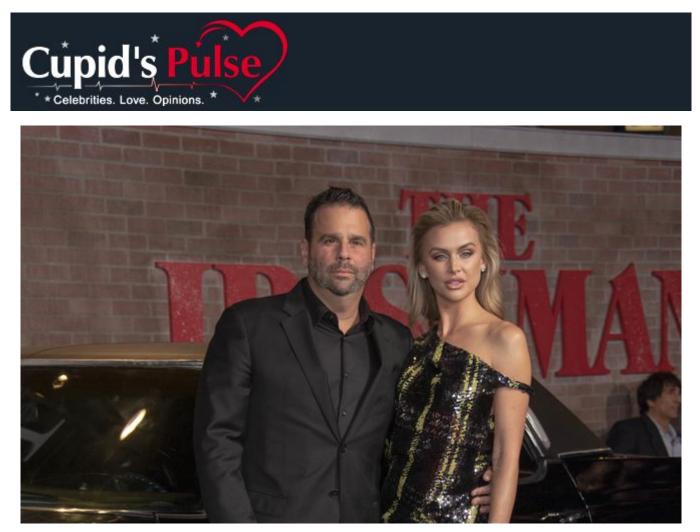
2. Make a routine: Quarantine has gotten rid of all the structure you're used to having, so it's time to create your own! Sit down with your partner and create a rough schedule of the day. This will help your days feel more "normal."

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3. Stay connected with others: Just because you can't see your friends and family doesn't mean you shouldn't be talking to them! There are plenty of ways to stay in touch with the outside world. Make sure to schedule time to talk to other people outside of your household.

How have you and your partner been working on your relationship during the pandemic? Start a conversation in the comments below!

Celebrity News: Thomas Rhett & Wife Lauren Speak Out Against Racism for Adopted Daughter



By Alycia Williams

In latest <u>celebrity news</u>, country star Thomas Rhett and his wife Lauren Akins have spoken out against racism. According to *EOnline.com*, this <u>celebrity couple</u> expressed their concern for their oldest daughter, whom they adopted from Uganda. "As the father of a black daughter and also two white daughters, I have struggled with what to say today," Rhett stated. "I get scared when I think about my daughters and what kind of world they will be growing up in."

### In celebrity news, Thomas Rhett and Lauren are standing up for their adopted black daughter. What are some ways to stand up for what you believe with your partner?

#### Cupid's Advice:

When you and your partner have the same views on social issues, it's important that you both stand together. If you need some ways to stand up for what you believe in with your partner then, Cupid has some advice for you:

1. Take a stand on social media together: Social media is a great way to support something that you truly believe in. When you and partner are posted together helping to support a great cause, it's extremely impactful to everyone who sees it.

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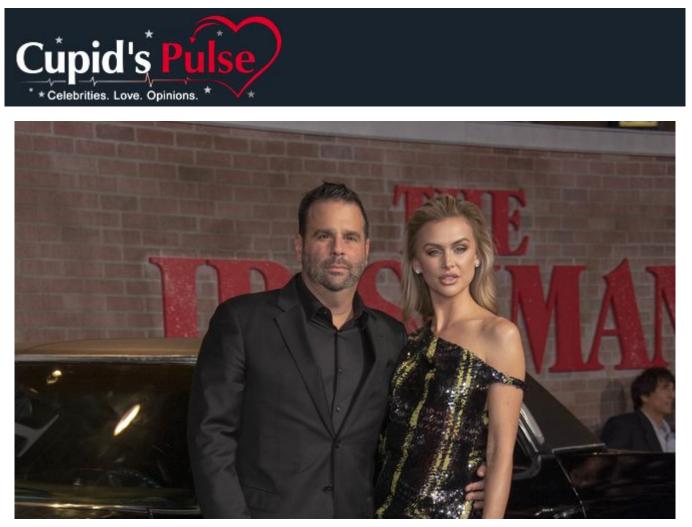
2. Donate together: If you are in the right financial state to donate to a charity, then you should. Donating money to a great cause is amazing, but when you and your partner donate as a couple, it shows a incredible amount of unity and togetherness.

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**3. Attend rallies or events together:** There will always be a charity event, protest, or rally to attend when it comes to social issues. You and your partner can attend these events as a unit. Invest your time and energy into a cause that you both feel really strongly about.

What are some other ways to stand up for what you believe with your partner? Start a conversation in the comments below!

### Celebrity News: Blake Lively & Ryan Reynolds Donate \$200,000 to NAACP Legal Defense Fund



By Alycia Williams

In latest celebrity news, actress Blake Lively and husband

Ryan Reynolds donated to the NAACP. According to *EOnline.com*, the <u>celebrity couple</u> donated \$200,000 to NAACP Legal Defense Fund. Recently, police brutality videos have been surfacing all over the media, most of the videos resulting in the death of a person of color. This has sparked massive protesting all around America, causing many people to get arrested. Reynolds and Lively were quick to show their support by taking to social media and explaining that they don't know what it's like to live in fear of the police, and neither will their kids. The post ended with them stating, "We're ashamed that in the past we've allowed ourselves to be uninformed about how deeply rooted systemic racism is."

In celebrity news, Blake and Ryan are showing their support for the #BlackLivesMatter movement by making a substantial donation. What are some ways supporting a worthy cause can bring you closer as a couple?

#### Cupid's Advice:

Having similar beliefs and views in a relationship can really help unify you guys as a couple. Standing together on important issues in the world no matter what your opinion is, will strengthen your relationship. If you are wondering how standing together can bring you closer as a couple, Cupid has some advice for you:

**1. It builds a foundation for your relationship:** Standing together during social crisis is just one of the first steps of always sticking by your partner's side. As your

relationship progresses, you'll need to stand together and support each other in a lot of different situations even if you don't agree. Standing by each others' beliefs and feelings will build a foundation to further your relationship.

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2. Better communication skills: When you are both supporting a worthy cause together, it can stir up an amazing conversation between you two. Being able to express how you feel about something to your partner and your partner being able to do the same with you is improving your communication. That way, when you have to discuss something that you have totally different views on, you'll be able to get your point across and hear each others' points of view in a productive way.

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**3. Attend events together:** When you are both really passionate about something, you will want to support the best way you can. Attending charity events and rallies together will help you two feel more like a unit. Moving as one in a public setting is always a plus in any relationship.

What are some other ways supporting a worthy cause can bring you closer as a couple? Starts a conversation in the comments below!

### New Celebrity Couple: Sophia

# Bush & Grant Hughes Get Cozy in Masks as They Step Out in Malibu Together





By Alycia Williams

In latest <u>celebrity news</u>, former *One Tree Hill* star Sophia Bush was spotted with Grant Hughes on a casual date in Malibu, California. According to *EOnline.com*, the two were holding hands as they took a walk in the neighborhood in face masks. They were even pictured stopping for a warm embrace.

### In celebrity couple news, Sophia

### Bush is getting cozy with her new beau, Grant Hughes. What are some ways to grow your bond in a new relationship?

Cupid's Advice:

New relationships are so much fun, but there's always a rush to get that deeper connection. If you're in a new relationship and looking to grow your bond, Cupid has some advice for you:

1. Introduce them to your family: When you bring your partner to meet the people who are closest to you, your family, it brings you two closer. It tells your partner that you're serious about your relationship and that you're in it for the long haul.

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2. Spent time getting to know each other: In new relationships, you don't know everything about your partner. The more time you spend just talking and asking each other random questions, the faster you will know everything about one another. Knowing your partner inside and out will only build a foundation for a long-lasting relationship.

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3. Make memories together: When you look back on some great moments you've had and your significant other was there experiencing those great times with you, you will be able to reminisce. Whether it's taking a vacation or even going to an amusement park together, looking back on the good times you spent together will bring you two closer together. What are some ways you would grow your bond in a new relationship? Start a conversation in the comments below!

### Ian Somerhalder Gushes Over 'Superwoman' Wife Nikki Reed in Birthday Post





By Alycia Williams

In <u>celebrity couple news</u>, Ian Somerhalder publicly wished his bride a "happy birthday" in a very sweet social media post. According to *UsMagazine.com*, Somerhalder published a birthday post for Twilight star Nikki Reed expressing to his followers how much he loves his wife. In the caption of the of the post, he says, "You're the only person I know who can be a full time mom, while running your own company while keeping numerous other jobs ON TOP of devoting your time and energy to my chaotic life work -foundation etc. The list goes on...YOU are superwoman."

In this celebrity couple news, Ian Somerhalder professes his love to his wife Nikki Reed on Instagram for her birthday. What are some ways to make your partner feel special in public?

#### Cupid's Advice:

Wanting the best for your partner is natural. To make your partner feel special in public, Cupid has some advice for you:

1. Take it to social media: When you're looking to get anything across to the public, social media is the way to go. Letting a large amount of people know that you love your partner through a post on Instagram or a loving tweet is a great way to make your partner feel like one of a kind.

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2. Make grand romantic gestures: In order for your partner to feel special in the public, you have to get the public's attention, and what better way to do that than doing something big? Whether it's a getaway vacation, a surprise birthday party, or a marriage proposal (if you're ready), it's sure to make your partner feel special.

Related Link: <u>Celebrity Couple News: Lamar Odom Is Engaged to</u> <u>Sabrina Parr</u>

3. Don't be afraid to defend them: Nothing feels better than knowing that your partner has your back. So, when your partner needs a little back-up, don't back down. Stand up for them to anyone who may not be treating them right. That'll keep your partner feeling special.

What can you do to make your partner feel special? Start a conversation in comments below!

# New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?





By Ellie Rice

In the latest celebrity news, *Bachelor* Nation's Victoria Fuller is rumored to be quarantined with her new man, former *Bachelor* Chris Soules in his hometown in Iowa. According to *UsMagazine.com*, the speculation intensified when the pair posted similar photos of a plowed field to their Instagram accounts on April 21. We love to see new relationships blossom during this uncertain time!

Bachelor fans are really trying to figure out what's happening with Chris Soules and Victoria Fuller. What are some reasons to keep your relationship under wraps at first?

Cupid's Advice:

Navigating the rocky waters of the dating scene can definitely

be challenging and once you've found someone, you won't want to let go! If you're debating whether or not to go public with your new relationship, Cupid has some advice for you:

1. Listen to your partner: There are two people in your relationship and you always have to remember that. Even though you may have strong feelings towards a certain subject, your partner's opinions should be taken into account as well. Allow them to share their thoughts on publicizing your relationship or keeping it under wraps so the two of you are on the same page. If you are still exploring each other and your emotions, that's definitely a reason to keep it private.

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2. Think about the family: Take a new relationship slowly and move at your own pace. If you're not ready to share your relationship with your family, that is okay! Maybe they weren't too fond of your ex and that's left you wary of introducing them to someone new. Or they can be a bit overprotective and might scare off a new partner. Whatever the case may be, remember this is your life and you make the decisions.

**Related Link:** Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"

3. Not ready for the friends: Aside from family, your friends are probably the most important people in your life. Introducing them to someone new is a big step step for everyone! At the end of the day, all they want is for you to be happy and feeling loved, but sometimes gaining their approval is quite the feat. Avoiding judgement or potentially disapproving friends are definitely reasons to keep your relationship a secret for a while.

Would you keep your relationship a secret from your loved

ones? Start a conversation in the comments below.

## Relationship Advice: Does Marriage Change Your Feelings?





By Dr. Jane Greer

So much planning goes into a wedding, from the venue, to the guest list, to the flowers and food, and that's after you go through what can be the long process of setting the date! It might seem, as you move closer to the big day, that becoming a

married couple is the end goal, and that is where all the work stops. But in reality, that is where it all begins as you start your life together as spouses. So much goes into making the decision to take that next step from either serious dating or living together, and the big question is – does anything change on the other side as far as your own feelings go, or your feelings toward your new husband or wife? Celebrity couple Erin Foster and Simon Tikhman recently got married, and according to Foster, "It feels really nice and it feels safe and cozy that I have a husband. Like I have a person keeping me safe from the world, you know?" Many people live together and never get married, and others live together for a long time before even thinking about tying the knot.

## So what, if anything, changes with marriage? How important is being married? Check out Dr. Greer's relationship advice.

The first things that immediately change are the legalitiesthe rights you have to each other, in times of illness and other situations, as well as to each other's property, become law and you are no longer operating by your own system. Marriage endows you with more protection, power, and control in almost every aspect of life together. It indicates that you have committed to sharing financially with this person. Even if you were already doing that before, it was on your own terms, and now it is spelled out and nonnegotiable. Taking this big step can solidify your sense of partnership. All of this often does change the way people feel toward each other since you are clearly in it together for the long haul, and you have made a declaration to the world that you are committed to each other for a lifetime.

Related Link: Relationship Advice: Communicate Dislikes like

#### John Legend & Chrissy Teigen

That statement also ushers in public accountability and all the expectations that go with that, from your own to those of your family and friends. This changes the status of your relationship in other people's eyes, and, depending on your new family, might either bring you both more acceptance and respect from those around you, or on occasion may garnish more hostility than you did before taking the jump. Either way, it may lead you to being more invested in making things work between you, and to mustering the patience and tolerance it takes to solve the problems you face which you might otherwise be tempted to bail on. Marriage brings with it a sense of permanence. Whether you are married or not, ending a relationship is heartbreaking, but dealing with divorce brings in a whole new level of pain and anguish which makes ending your connection much more complex. Realizing how complicated it can be to break all of your official ties might compel you to continue to try to make it work and stay together.

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With all of this in mind, there are a few things to think about as you decide whether or not you are ready for this next step. The first is how will becoming a spouse change your role in the way you deal with each other, as well as in your financial situation? Will it make you feel more protected or will it cause things to be messier than they are now. If one or both of you were previously married and there are children involved, how will it affect them? Sometimes they can be the determining factor for getting married as was the case for Angelina Jolie and Brad Pitt who ultimately got married because it was what their children wanted them to do. Getting married can solidify the family unit. Finally, if you have been divorced, you might still be feeling the aftershocks of the marriage failing, and be afraid to try again for fear of either making a mistake or once again having things not work out. Consequently, your past may be holding you back from a better future. Evaluating what you stand to gain can help you sort of if marriage is right for you.

While being married might feel similar to living together, it can bring with it a feeling of security and comfort that you didn't have before. It becomes more about the two of you in your respective worlds fully dedicated to being together. Erin Foster talked about feeling that there was now someone keeping her safe in the world. If you get to the point of taking wedding vows, hopefully that will be your experience as well.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> the first Wednesday of each month, at 11 AM EST, 8 AM PST; including Shrink Wrap on Call, Pop Psych with Dr. Greer, and Let's Talk Sex! Connect with Dr. Jane Greer on <u>Facebook</u>, and be sure to follow <u>@DrJaneGreer</u> on Twitter for her latest insights on love, relationships, sex, and intimacy. Listen to Dr. Greer's Shrink Wrap News at 7 segments on <u>HealthyLife</u>.

Celebrity Couple News: Beyonce & Jay-Z Stay Seated During National Anthem at Super Bowl





By <u>Hope Ankney</u>

In the latest <u>celebrity couple news</u>, Beyonce and Jay-Z were spotted sitting during the "National Anthem" at Super Bowl 2020- aligning themselves with Colin Kaepernick. According to *UsMagazine.com*, the pair and their 8-year-old daughter Blue Ivy were seated as the rest of the attendees around them stood. This didn't affect their spirits later on in the evening, though, as they were seen having a good time for the majority of the National Championship game. They were even photographed smiling and cutting up with the likes of DJ Khalid sometime, throughout.

In celebrity couple news, Beyonce and Jay-Z stood up for what they believe while staying seated during the National Anthem at the Super

## Bowl. What are some ways of standing up for what you believe together can bring you closer as a couple?

Cupid's Advice:

Many times it is your beliefs that can be a catalyst for bringing two people together. Those who have a common belief system or are passionate about certain causes can actually have that aspect of their lives bring a solid foundation to a relationship. Standing up for something as a couple is such a powerful feeling. If you are wondering what ways believing in something as a couple can bring you closer with your partner, Cupid has some <u>love advice</u> on the topic:

1. You can go to events/rallies together: If it is a specific cause you and your partner both support, there's a chance that there are countless events, protests, or charity drives that you can go to together. It's such a wonderful thing to be working alongside your significant other on a cause you both believe in. It allows you the opportunity to get closer and feel more solidified as a unit by investing your time and efforts together on the things you are passionate about.

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2. You'll have more stimulating conversation: Being able to have a common belief system or passion gives grounds for better conversation between the two of you. This is especially important if the relationship is fresh, and you're both just getting to know one another. You'll be able to bond over the cause and feel better connected to each other going forward as a couple. **Related Link**: <u>Relationship Advice: Communicate Dislikes like</u> John Legend & Chrissy Teigen

3. You'll be able to build a stronger foundation: The most important aspect of standing up for the same cause as a couple is that it further aligns you as a team. A relationship is all about how both players work together as a team, and the more you both rally around one another with common causes or beliefs, the stronger that foundation will be. You'll soon realize that when the relationship gets more serious or leads towards marriage/kids, it is much more vital for you and your partner to have that team dynamic. Standing up for causes together is a sure way of building on that aspect of your relationship.

How has standing up together as a couple strengthened your relationship? Let us know down below!

# Relationship Advice: Keep Your Pregnancy Under Wraps like Cameron Diaz





By Dr. Jane Greer

There are many different stages of pregnancy that people go through, from deciding when to have a baby to beginning to try to conceive to either becoming pregnant or not and, in that case, having to consider other options such as fertility treatments, surrogacy, and adoption. One big question that is often not addressed until it begins to happen is: when do you bring other people into the equation? Do you share what's going on right from the beginning of the journey with family and friends, or do you wait until the baby is well on his or her way? Or, like Cameron Diaz and Benji Madden did recently, do you keep the entire pregnancy under wraps until the baby is born?

The <u>celebrity couple</u>, who began dating in May 2014, has always kept the details about their relationship quiet. Even so, it was a surprise when the two recently announced the birth of their daughter, adding the caveat that they will not be releasing any photos or additional details because they want to protect the baby's privacy. In order to keep such a big secret, Cameron and Benji must have agreed to it together.

## How can you decide when the time is right to tell other people about your pregnancy, making sure the information isn't leaked before you're ready? Check out this relationship advice.

People tend to be curious and inquisitive about when others plan to start a family, but that can sometimes feel intrusive. Your mother in law, for example, might be eager to become a grandmother. So, she might ask when you are going to give her a grandchild. Or, your sister has three kids and can't wait until they have cousins to play with, so she might be pushing you along. It can start to sound and feel like pressure. If you tell people you plan to try, then you might imagine it is all they think about when they see you, wondering how it's going. If it doesn't happen quickly, you might start to feel a sense of public accountability. If it takes a long time, you might even feel like you are failing and disappointing the people you have told. With all this in mind, Cupid has some relationship advice on when to tell others about your pregnancy before you are faced with it.

#### **Related Link**: <u>Relationship Advice: Communicate Dislikes like</u> John Legend & Chrissy Teigen

Talk to your partner early to decide where you each stand on the topic, and determine together when you will share the news with family, friends, and in the case of Cameron and Benji, the public. Try to do this at each stage of the process. This way both of you can always be on the same page. If one of you goes ahead and spills the beans before the other is ready, that can cause tension. Say, for example, you can't wait to tell people and share the excitement as soon as you see the positive test, but your husband is superstitious and asks you not to tell anyone until you are beginning your second trimester. It will be pretty awkward when your best friend blindsides him with a big congratulations. Along the same lines, if you tell some people and not others, the ones who are out of the loop might feel slighted if they hear the news second hand or find out later that others knew before them. It can be tricky.

It is easy to avoid all of this by having a well-thought-out and agreed-upon plan as you move forward, one that takes each of your needs and wishes into account. Consider who you want to tell, when you want to tell them, and how much information you will share. Not only will doing this allow you to support and respect each other, but it will also give you the chance to maintain control of your own space and insulate your privacy as you see fit while avoiding fallout and resentment from the people around you.

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It used to seem like all babies were fair game- from the moment that baby bump began to show itself and strangers didn't think twice about patting your tummy, to every one cooing at a baby in a stroller. That has changed, and people are being more thoughtful and protective regarding how information about their pregnancy is handled. Pregnancy invites in the world, but it is up to you if you want to let the world in or not. Just as Cameron and Benji did, you can keep it private for as long as you like.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> the first Wednesday of each month, at 11 AM EST, 8 AM PST; including Shrink Wrap on Call, Pop Psych with Dr. Greer, and Let's Talk Sex! Connect with Dr. Jane Greer on <u>Facebook</u>, and be sure to follow <u>@DrJaneGreer</u> on Twitter for her latest insights on love, relationships, sex, and intimacy. Listen to Dr. Greer's Shrink Wrap News at 7 segments

## Celebrity News: Sources Say Kendall Jenner & Ben Simmons Are Dating Again





By Jessica DeRubbo

In <u>celebrity couple news</u>, source are saying that <u>Kendall</u> <u>Jenner</u> and Ben Simmons have rekindled their relationship. According to *EOnline.com*, the *Keeping Up With the Kardashians* star was recently spotted at a Philadelphia 76ers game supporting her alleged man and <u>celebrity ex</u>. "They took a break because it was difficult to sustain a relationship with their schedules. But they have stayed in touch and there was never a messy breakup or hard feelings," a source shared with E! News. "Kendall has spent a lot of time with Ben over the last few weeks in Philadelphia. She's been flying in to see him whenever she can."

In celebrity news, Kendall and Ben may be giving their romance another chance. What are some factors to consider before giving your ex a second chance?

#### Cupid's Advice:

When you break up with someone, it's meant to be a final decision. That said, sometimes things change and there are good reasons to consider giving your ex a second chance. It's important to make sure you're doing it for the right reasons, however. Cupid has factors to consider:

1. Why you broke up in the first place: There's a wild difference between breaking up because your partner cheated on you to splitting because you were both busy with your careers. If a trust issue was at the heart of your issues, it may not make sense to jump back into things. If it was simply a lack of time that led to your break-up, you two could very well be in a different place now, making it okay to give things a second chance.

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2. What page you're both on now: It's crucial to have an open

and honest conversation about where you both are in your lives right now. If the issues that led to your break-up before are still very real, there's no point in giving it a second shot, hoping for a different outcome. If some key things have changed that will make things easier this time around, that's great!

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3. The reasons you want to be in the relationship: When we break up with someone, it leaves a hole in your heart that your partner used to fill. Not only are you missing the romance, but you're missing that person you told everything to and who you spent the most time with. When you're deciding whether to get back together with someone, you need to make sure you aren't just doing it because you're lonely. The only reason to date someone is because you really see yourself with them romantically and they'll add to your life in a positive way.

What are some others factors to consider before getting back with an ex? Share your thoughts below.

## New Celebrity Couple Demi Lovato & BF Austin Wilson Go to Disneyland





By <u>Hope Ankney</u>

In the latest <u>celebrity news</u>, newest <u>celebrity couple Demi</u> <u>Lovato</u> and Austin Wilson were spotted enjoying a day at Disneyland. According to *EOnline.com*, the pair had a great date going on rides like Space Mountain and sharing some sweet PDA. Throughout the date, the lovebirds were given the VIP treatment, being escorted by bodyguards and given their own personal tour.

In celebrity couple news, Demi Lovato puts on a happy face with her boyfriend at Disneyland. What are some ways an amusement park visit can be romantic?

Cupid's Advice:

Some might not think theme parks can be a romantic date

location, but there's something about the smell of fried food, goofing off with one another on the attractions, and being surrounded by others who are having just as good a time as you that can actually bring you and your partner closer. Especially if your relationship is fresh, amusement parks are the perfect way to ease into more comfortable territory with one another. If you're looking for more casual places to share some romance, don't worry! Cupid has some <u>relationship advice</u> on how theme parks like Disneyland can bring about love:

1. Ferris wheels are always romantic: Almost every amusement park has some sort of Ferris wheel. A large contraption where you're suspended high up in the air doesn't seem like it would bring sparks, but it can. Being up there with your partner overlooking the skyline is romantic because you're trusting yourself in the hands of your significant other. Besides, sharing a kiss or two at the top is cute and it can feel just like the movies.

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2. You can laugh together: If there's one thing that you'll find taking a date to an amusement park it's that you and your partner will be laughing with one another all day. Finding someone that you can goof around with and be comfortable in your own skin is important to every relationship, and if you get along well in this environment, it is pretty telling. Also, the more you laugh around someone the quicker your bond will grow.

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**3. Firework shows:** Like Disneyland, most of these parks have some sort of firework display at the end of every night. The colors lighting up the sky and the surreal vision of the show can stir romance between you and your partner. Hold each other

tight as you gaze up at the attraction or even kiss at the fireworks' finale. It's the perfect way to end the night.

How are amusement parks romantic to you? Let us know down below!

# Celebrity Marriage: Harry Connick Jr. & Jill Goodacres' Secret to a Successful Marriage





By <u>Hope Ankney</u>

In the latest <u>celebrity marriage news</u>, Harry Connick Jr. has opened up about his secret to keeping a successful marriage. Being a <u>celebrity couple</u> with Jill Goodacres' for 25-years, Connick Jr. exclusively told *UsMagazine.com*, "I married my best friend and I married a woman who I look up to infinitely. We have the same values so it's easy for us to try and impart those on our children."

This celebrity marriage is longlasting, and they dish on their relationship keys. What are some ways to nurture a long-term relationship?

Cupid's Advice:

It's a feat within itself to be fortunate enough to be in a

loving, long-term relationship with someone. But, anyone who is in one knows that it isn't easy to maintain. You must be willing to put in the work on both sides to make it work. If you're a couple looking for ways to keep your partnership healthy, don't worry! Cupid has some <u>love advice</u> on how to keep a long-term relationship nurtured and healthy:

1. Keep a line of communication open: The most important part of a relationship is always how much communication you have between you as a couple. It's difficult to see a relationship last if neither side knows how to sit down and talk with one another. If you want to see it last, try and keep a door to communication open with your partner at all times.

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2. Make time for small reminders of love: Even if it's just remembering to buy groceries, making breakfast for a spouse that always does it for you, or buying small trinkets that remind you of the other person, it can keep a relationship thriving. You never have to wonder how much your partner loves you, and it keeps the relationship romantic and refreshing for as long as possible.

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**3. Be supportive:** Sometimes, it can feel like once you get in a routine of a long-lasting relationship that certain aspects that got you there seem to fade between a couple. One of these can be in how supportive you are of each other's dreams and career. For a relationship to make it, you must always know that your spouse is your biggest fan. Support is huge when it comes to keeping the backbone of a partnership healthy.

What are some of your own tips for having a long-lasting relationship? Let us know down below!

## Celebrity News: Jessica Biel Pushed Justin Timberlake to Publicly Apologize After PDA Scandal





By Meghan Khameraj

In <u>celebrity news</u>, <u>Justin Timberlake</u> breaks his silence on rumors of a potential <u>celebrity relationship</u> with *Palmer* costar Alisa Wainwright. The co-stars were spotted holding hands in New Orleans last month. Timberlake took to Instagram to issue his apology, "I apologize to my amazing wife and family for putting them through such an embarrassing situation, and I am focused on being the best husband and father I can be. This was not that." A source for *UsMagazine.com* revealed, "Jessica encouraged Justin to put out his statement on Instagram because she felt embarrassed by his actions and wanted him to take accountability." Although the <u>celebrity couple</u> seems to be going through a bump in their relationship, they are still united.

In celebrity news, more details are coming out about Justin Timberlake's PDA apology. What are some ways to make it right with your partner when you lose their trust?

#### Cupid's Advice:

Justin Timberlake and <u>Jessica Biel</u> are taking steps to mend their relationship after Timberlake was caught holding his costar's hand. Cupid has some advice to help you regain your partner's trust after a mistake like Timberlake's:

1. Acknowledge the problem: The first step to solving a problem is admitting that there is a problem. Sit down with your partner, either alone or with a couple's counselor, and discuss which issue broke the trust amongst the two of you. Listen to your partner as they express their thoughts and pain. While it may be tempting, do not invalidate your partner's feelings. Especially if you're trying to rebuild trust.

**Related Link:** <u>Single Celebrity: Tyler Posey Confirms He's</u> <u>Single After Split</u> 2. Change your behavior: The most obvious and effective step to rebuild trust is to change your behavior. The best way to show your partner that you care about them is to stop any behavior that could possibly hurt them. In order for your partner to trust you again, they have to be confident that you will not make the same mistake once again.

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**3. Be honest:** The base of every relationship is honesty and trust. Allowing yourself to be completely transparent around your partner will help them slowly rebuild the trust they once had. You don't have to tell your significant other every single detail of your life, but if they ask you a question just be sure to answer it honestly.

What are other ways to rebuild trust? Let us know in the comments below!

# Celebrity News: Justin Timberlake Breaks Silence on Alisha Wainwright PDA Pics





By Ahjané Forbes

In <u>celebrity news</u>, Justin Timberlake released an Instagram statement about the pictures with him and his *Palmer* costar, Alisha Wainwright, holding hands that have been circulating. Timberlake says in the post that he had a lot to drink that night and does not want to set this example for his son as a <u>celebrity parent</u>. An eyewitness told *UsMagazine.com*, "Nothing remotely romantic is going on with Justin and Alisha. The whole cast is shooting out there and like to hang out together. They were very much in public and nothing inappropriate was happening." The "Sexy Back" singer publicly apologized to his wife and his family and is looking forward to the release of the new movie.

## In celebrity news, Justin Timberlake spoke about to clarify infidelity rumors about him and

# his *Palmer* co-star. What are some ways to squash untrue infidelity rumors?

#### Cupid's Advice:

It's not always easy to combat a rumor that is spreading around especially with social media involved. The best way to respond to rumor is to do it the best way that is comfortable with you. Don't overly apologize or constantly update your posts with the same thing about what happened, rather, find the way that will get straight to the point and cannot be misconstrued. Cupid has some advice on some ways you can address a rumor:

1. Make a post on social media: This is the fastest and easiest way to get what every you need to say out there. There needs to be precaution with this. Sometimes when we say things we don't actually mean what we say. Make an outline of what you're going to say first before you post it. Read it to a few close friends and get their reaction. This will help assure that the message you're releasing is taken the right way without being misunderstood.

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2. Clarify in a public setting: Now, if this is something that happened around your family and friends this might be the best option.You have most of the people you want to address there and it will be easier for you to talk about the situation. Don't get mad if follow questions are asked.This is kind of the most merry compared to a press conference. Make sure that you're not feeling pressured to talk fully about the situation if you are not ready. Create a line to make people aware that you are no longer interested in answering any of their questions.

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3. Silence sometimes his best response: If you're not a person that likes public confrontation or people invading into your personal life then you might want to keep your mouth shut. However, if directly affects your close family or friends email and talk to them in a private setting regarding what had happened. Just continue to dodge the questions asked and professional way.

What is you've dealt with rumors about your infidelity? There's going to comments below!

# Celebrity Couple News: Find Out About Taylor Swift & Joe Alwyn's Simple Life in London





By Ahjané Forbes

In <u>celebrity news</u>, <u>Taylor Swift</u> frequently visits to London to be with her longtime boyfriend, Joe Alwyn. The "Lover" singer released a song recently called "London Boy," which is said to define her <u>celebrity relationship</u> with the actor. The <u>celebrity couple</u> celebrated Thanksgiving together among their family and friends. A source told *EOnline.com*, "They spend a lot of time with Joe's family and friends. All weekend they had people come over or they went to family members' homes." Although these lovebirds have busy schedules, they both make time to see each other.

In celebrity couple news, Taylor Swift and Joe Alwyn are enjoying spending time together in London. What are some ways to spend quality

### time with your partner?

#### Cupid's Advice:

When you have a busy schedule it might be hard for you to keep up with your relationship. However, it is important that you take time out to enjoy each other. You don't have to do anything overboard like take a vacation or plan an extensive a date. Cupid has some advice on some date ideas that you can use with your partner:

1. Go to the movies: Yes, this might be a well-known date plan, but some movie theaters stay open late at night. If you both are struggling with time conflicts and schedules, this could be a perfect idea for you. Check out a movie that you both would like. Also, make it seem like it's in the daytime. Still order the popcorn, soda, candy and chocolate with your love.

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2. Surprise them on their lunch break: This will show that you're willing to make the relationship work. If your partner likes Olive Garden, then get their order to go and bring it to them so that they could have it for lunch. Go to sit at a local café and eat with them. Even though this is this will be a half an hour to an hour break, they will surely appreciate the sentiment.

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3. Get creative at home: You might not have time to do either of the two things mentioned. Therefore, you're going to have to improvise. Light a few candles, pour some wine, and put on their favorite music.You can prepare a meal for them or just relax together.This will help them unwind and feel appreciated. Try to add a desert. This will give you more to reconnect.

What are some ways you spend quality time with your partner? Let us know in the comments below!