

# Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date



By [Jessica Gomez](#)

In [celebrity news](#), celebrity exes Demi Lovato and Wilmer Valderrama were spotted having a lunch date at Sol Y Luna in Los Angeles, according to [UsMagazine.com](#). The former [celebrity couple](#) dated for six years, and their [celebrity break-up](#) occurred in the summer of 2016. However, Lovato and Valderrama sparked rumors last year when they were spotted together in multiple places. Could these two be reconciling their celebrity relationship or are they just good friends? We'll have to be on the look out!

# These celebrity exes are either on good terms as friends or may be giving their relationship another try. What are some benefits to remaining friends with your ex?

## Cupid's Advice:

Sometimes break-ups don't end badly, and in those times you may want to stay friends with your ex. Cupid has some advice on the benefits to staying friends with an ex:

**1. They know you:** If you guys end on a good note and stay cool with one another, then they can give you advice. The people we date get to know us in ways others don't. This comes in handy when it comes to your new relationship, because your ex can give you advice based on your past experiences and the fact that he indeed knows you in that way. Just make sure you are not dealing with a bitter or spiteful ex – you would not want to take the wrong advice.

**Related Link:** [Would Jennifer Aniston Get Back Together With Brad Pitt?](#)

**2. You've got history:** It's a shame to let all that history go to waste if you are both decent people that get along well after the break-up. Just because your romantic relationship didn't work out doesn't necessarily mean that a friendship won't work. You never know – maybe you were not compatible as lovers, but you make great friends, and the history can make the friendly bond stronger.

**Related Link:** [Justin Theroux Found Post-Its from Brad Pitt During Jennifer Aniston Marriage](#)

**3. You get closure:** Becoming friends with an ex can be a path

into getting over them, but only as long as you're both ready and willing to actually be friends. If you're friends, then you obviously should have let go of any resentment between the both of you. The past is in the past, and now you've got a friendship. You didn't have to lose a good person just because it didn't work out.

**What are some reasons you stayed friends with your ex? Share with us below!**

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## **Relationship Advice: Don't Let Distance & Lifestyle End Your Relationship**





By Dr. Jane Greer

People in distance relationships, whether by choice or necessity, are able to have success with a great deal of effort and flexibility. In order to make the relationship work, there must be a strong desire to be together, and a willingness between both partners to make room for each other's respective needs. However, love does not conquer all, regardless if you are a celebrity or not.

**Is it possible to find a resolution? Read on for more [relationship advice](#):**

Recently, [celebrity couple Jennifer Aniston](#) and Justin Theroux announced their [celebrity divorce](#) after two years of marriage, stating it was a mutual decision to part ways. While Aniston and Theroux love and respect each other, they said they simply couldn't agree on a lifestyle that worked for each other. This is a common issue couples may face: you can love

someone, and still desire to live differently than them, or even desire to live in an entirely different place than them.

Splits like the one between Aniston and Theroux are often caused by the inability to find the middle ground when trying to successfully make a home in the same place. Compromise is hard enough for two people who live under the same roof, but when partners are separated by differing work schedules or physical office placement, compromise can be extremely challenging. The key to keeping the peace is to commit to a place together, making sure that both partners are happy and do not feel as though they have sacrificed their happiness and well-being.

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So, if you're in a long distance relationship right now, what should you consider before packing up your life and moving to a new place with your significant other, to best guarantee a successful outcome? How can you be sure you or your partner are sacrificing enough, without negatively impacting your relationship?

Above all, you and your partner must be in love. This is the most important box to check, as it gives each of you the ability to be open to change because you'll be with your loved one. While this is a starting point, it might not be enough, as we saw with Jennifer and Justin. When deciding to take the plunge, be sure to ask yourself: do you actually like the place you're moving to? Will it take away your happiness?

**Related Link:** [Relationship Advice: Is a Bad Boy Good for You?](#)

Here's some food for thought. If one of you lives in a sunny place, but the other one simply hates the sun, or if one of you lives in a rural community and the other thrives on city life, where to move might not be an easy choice to make. If all your friends live in your current town, would you resent

moving away from them to be with your love? Think about how all of this might affect your day-to-day life, mood, and eventually, your relationship. If, on the other hand, your partner lives in New York City, a place you've always wanted live, great! Leaving your loved ones behind won't matter as much. Talk to your partner and hash out the details. A temporary move might not be a deal breaker. A permanent one may be, though.

It is most important to think about your relationship, what it means to you, and where you can find happiness and friends in your new home. Is this decision mutual? Do each of you want it as much as the other? Does moving mean you're ready to take the next step towards engagement?

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It is also important to consider the strength of your connection, especially during the triumphs and tribulations. Up until now, most of the time you've spent together was special and seemingly perfect. (It's called the honeymoon phase for a reason!) You have probably tried to be on your best behavior at all times to maintain the picturesque image. Once you move, it will be more difficult to keep up the guise.

Ultimately, if you are moving for the right reasons; for love and for openness to adventure, it is less likely that you will feel as though you have lost yourself. What really helps is when you are connected with a partner who has similar aspirations, wants, likes, and needs. In the end it, it should not feel like either of you are sacrificing your "me" to be a "we." This wasn't possible for Jennifer and Justin, but hopefully they can both move forward and find happiness apart.

*Tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is*

Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), at [www.facebook.com/DrJaneGreer](https://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

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## Celebrity News: Justin Bieber Takes Selena Gomez As His Date to His Dad's Wedding



By [Carly Horowitz](#)

In [latest celebrity news](#), [Justin Bieber](#) took [Selena Gomez](#) as his date to his dad's wedding in Jamaica yesterday. According to [EOnline.com](#), Bieber arranged for Gomez to be picked up in a private jet so that they could fly to Montego Bay and spend the day with Bieber's family at a resort. The [celebrity couple](#) seemed to have a blast, as sources explained that Gomez gets along very well with Bieber's family. The pair is continuing their [celebrity vacation](#), as they were spotted on the beach. A source further states, "She and Justin ate lunch together and packed on the PDA. They were kissing and hugging throughout the morning. He rubbed sunscreen all over her back and they enjoyed the pool and being outside."

## In celebrity news, Jelena flew to Justin's dad's wedding in a private jet. What are some ways to make a wedding date special?

### Cupid's Advice:

It is always a fun time when you are asked to be someone's date to a wedding! Here are some ways that can help make that occurrence even more memorable:

**1. Snazzy pick-up:** Think of a fun way to get your wedding date to the wedding with you. Bieber was able to grant Gomez with a private jet. Maybe look into getting a limousine or a chauffeur for your own car.

**Related Link:** [Celebrity Wedding: Amy Schumer Marries Chris Fischer in Surprise Wedding](#)

**2. Pick them up with a surprise:** Bring something cute for your date when you pick them up. Maybe a rose, or have a glass of

champagne ready for them at their door. Think of something nice that will help to start off the date in a fun romantic way.

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**3. Take lots of pictures:** You want to remember your fun wedding experience. Take a bunch of pictures with your date. Don't forget to post some on Instagram!

**Share some more ideas that can make a wedding date special. Comment below!**

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## Celebrity News: Prince Harry & Meghan Markle Enjoy 'Hamilton' Date Night





By [Jessica Gomez](#)

In [celebrity news](#), royal [celebrity couple](#) Prince Harry and Meghan Markle were spotted Friday on [date night](#) watching *Hamilton* at the Victoria Palace Theater in London. According to [UsMagazine.com](#), Leslie Garcia Bowman, who plays the role of a general in the hit production, tweeted that it “was an honor to have Prince Harry and Meghan” in the audience. The couple seems very happy and as we can see, do take out time from planning their royal [celebrity wedding](#), possibly because it’s already pretty planned out.

**In celebrity news, even the royals step out for special date nights! What are some out of the box date ideas?**

**Cupid’s Advice:**

Date ideas are endless! Cupid has some out of the box date

ideas for you and your partner to take part in. Here they are:

**1. Go to an escape room:** This is fun and a cool way to bond. You have to put your minds together and work on a plan to complete a mission. There are plenty of escape rooms, so just google some near you. It will feel like you're in a movie or a very thrilling situation – how cool.

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**2. Glow in the dark painting:** Go out to a place that provides UV body paint. Go nuts and paint on each other. Get creative and “handsy.” This is a fun date to do to express your artistic side and it definitely gives you something to remember. Take photos after to remember how you both used each other’s bodies as canvases. Show off that body aka art work.

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**3. Scavenger hunt:** Create a scavenger hunt for each other. Use things you know about each other and things based on your history as clues. This will be fun and get your mind going, so put your thinking cap on and get creative. This takes some effort, but it costs little to nothing, and it is endearing because of the the thought that goes into it.

What are some cool, unique dates you've been on? Comment below!

**Celebrity Wedding: Amy**

# Schumer Marries Chris Fischer in Surprise Wedding



By [Carly Horowitz](#)

Amy Schumer and Chris Fischer tied the knot on Tuesday! According to [EOnline.com](#), the [celebrity wedding](#) took place in a private waterfront home in Malibu. Schumer and Fischer only went public as a [celebrity couple](#) two days before their wedding via an Instagram post of them kissing. Although, rumors of Schumer and Fischer being together have been stirring around since November. Some individuals who were in attendance at the celebrity wedding were [Jennifer Lawrence](#), [Jake Gyllenhaal](#), [Jennifer Aniston](#), Larry David, Judd Apatow, and David Spade.

# **This celebrity wedding was a surprise! What are some benefits to making your wedding a surprise?**

## **Cupid's Advice:**

Your wedding is a very special occasion. Sometimes, it can make it even more special if you celebrate it in an intimate, surprising manner! Here are some good aspects regarding surprise weddings:

**1. There is less pressure:** When you are planning a surprise wedding, there won't be any expectations of how it should go. The guests or the public in general has no idea what to even expect since it is a surprise. Therefore, your wedding doesn't have to live up to anything crazy.

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**2. You only have to rely on select people:** When keeping your wedding a surprise, you won't have to worry about people who you don't really want contributing giving you input. Since you will only be notifying a select number of people in the first place, you will be able to conduct your wedding peacefully with just the right amount of outside input.

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**3. It is exciting!:** Even though a surprise wedding is not traditional, you have to admit that it is pretty cool. Not everything has to be a big production. What better way to spend your wedding than in a secluded area with your closest family and friends. Once the word gets out, everyone else will have something surprising to be excited about!

Do you have any surprise wedding stories? Comment below!

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# Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation



By [Carly Horowitz](#)

In [latest celebrity news](#), [Jennifer Aniston](#) and Justin Theroux have officially announced that they are separated. The former couple was wed secretly in August 2015. Now, this [celebrity break-up](#) was also kept until wraps until yesterday. According

to [UsMagazine.com](https://www.usmagazine.com), the duo released a statement, saying, “In an effort to reduce any further speculation, we have decided to announce our separation. This decision was mutual and lovingly made at the end of last year.” The former [celebrity couple](#) wanted to release the truth despite false speculation. “Normally we would do this privately, but given that the gossip industry cannot resist an opportunity to speculate and invent, we wanted to convey the truth directly. Whatever else is printed about us that is not directly from us, is someone else’s fictional narrative.” Aniston and Theroux seem to have had a pretty peaceful celebrity break-up, as they also stated, “We are two best friends who have decided to part ways as a couple, but look forward to continuing our cherished friendship.”

## **This celebrity break-up comes after much speculation. What are some ways to keep your break-up just between you and your partner?**

### **Cupid’s Advice:**

One of the worst things that can happen during a break-up is that other people get involved. Cupid has some ways to keep your split between you and your partner:

**1. Don’t post:** In order to keep your break-up just between you and your partner, it is definitely a good idea to refrain from posting anything on social media that could cause break-up speculation. Posting nasty comments will only make you look bad.

**Related Link:** [Celebrity News: What Reese Witherspoon Learned After Leaving an Abusive Relationship](#)

**2. Stay in contact as friends:** If you think it would be a healthy idea to stay friends with your ex, then go for it. This will also decrease speculation of a break-up because you and your partner will still be acquaintances.

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**3. Keep intimate facts to yourself:** Even if the word of your break-up does get released when you were trying to keep it a secret, you can still decrease the false information that is out there by refraining from revealing intimate details regarding the break-up. You don't need to explain to anyone the reason why you broke up if you don't want to. Keep it short and simple, and just let people know that it is over, but that everything is okay.

**What are some other ways to keep your break-up just between you and your partner? Comment below!**

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## **New Celebrity Couple: 'Full House' Star Jodie Sweetin Is Dating Mescal Wasilewski**





By [Jessica Gomez](#)

In [celebrity news](#), there's a new [celebrity couple](#) in town! *Full House* star Jodie Sweetin is dating Mescal Wasilewski, according to [UsMagazine.com](#). A source confirms that the new celebrity relationship began in November. As a Valentine's Day post, Sweetin took to Instagram a collage of photos with her beau, captioned: "Find someone who you can share this kind of love with ... Someone who doesn't just show you they love you one day a year ... Who isn't afraid to look silly when they tell you they love you ... Who doesn't judge you for past mistakes, but who wants to build a better future together ... Who builds you up and never makes you feel small ... Who supports your dreams and hopes and desires, and also has those of their own. Who doesn't put a price tag on your love ... Who holds your hand when you're scared and doesn't run away ... Who loves you, not in spite of your weirdness, but because of it ... Who makes you a priority in their life, no matter what," she continued. "Who doesn't hold you hostage with their love, but whose side you don't want to leave because you're happier when you're with them ... who makes you get shy when they look at you, because the rest of the world stops. That's the kind of love we all

deserve. Anything less isn't worth it." How sweet!

## **In this celebrity couple news, Jodie Sweetin is moving on from a series of bad relationships. What are some ways to know you're choosing someone who will treat you right?**

### **Cupid's Advice:**

There are many things that are signs showing that someone will treat you right. Sweetin was right on the money with all she said on V-Day via Instagram. Here are three signs to be optimistic about:

**1. They make you feel both safe and special:** Having someone that treats you the way you should be treated is a wonderful thing. Not everyone can provide that for their lover. Being comfortable with your partner and feeling like they wouldn't do anything to hurt you is a comforting feeling. Trust is what leads to these feelings.

**Related Link:** [Camila Cabello & Matthew Hussey Are Dating](#)

**2. They respect your differences:** This is important! It's great to have things in common, that's one of the many things that build a bond. However, having differences is okay, as long as you both respect each other's dissimilarities. Variation can be good when you both have boundaries and don't judge one another. This also leads to a more open relationship, which is a good thing.

**Related Link:** [John Stamos & Pregnant Caitlin McHugh Tie the Knot](#)

**3. They support you any way they can:** Your partner should be your cheerleader. We can all use a support system, and having someone that encourages your dreams, aspirations, and decisions is a magnificent thing to have. Don't think that everything needs to be encouraged and supported, that's not the case. We do not want to support negative behavior. We do however need our loved ones to be there for us.

**What are some ways you know your partner is right for you?  
Comment below!**

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## **Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach**





By [Carly Horowitz](#)

This past weekend, [Justin Bieber](#) and [Selena Gomez](#) ventured on a much needed [romantic getaway](#) to Laguna Beach, California. According to [EOnline.com](#), the [celebrity couple](#) stayed at the Montage Hotel in a low-key fashion. In [latest celebrity news](#), Bieber and Gomez “took a walk on the path in front of the resort that overlooks the ocean. It was a cloudy day, [so] they didn’t spend too much time outside.” Multiple fans spotted the couple and reported their findings. Hopefully Bieber and Gomez enjoyed their quick romantic getaway!

**A mini romantic getaway is just what the doctor ordered. What are some ways to keep the spark alive in your relationship?**

**Cupid’s Advice:**

A nice getaway, even if it is just for a day, is always

beneficial to help keep your relationship fun and exciting. If you don't have the time or money for a romantic getaway, there are still many options of things to do in your relationship that will help keep your fiery love alive:

**1. Relive activities from the beginning:** How did you and your partner meet? At a bowling alley, in high school, at a bar? Wherever it is, take a day to go back to this place or even just discuss with your partner how amazing it felt to fall in love with them for the first time. Reminding yourself of the reasons you fell in love with your partner in the first place will definitely help to add kindling to the fire.

**Related Link:** [Celebrity Getaway: Scott Disick & Sofia Richie Enjoy PDA on Mexican Vacation](#)

**2. Surprise each other:** Come home from work with a package of your partner's favorite candy! Do little surprising things that will help to remind your partner how much you care for them. You can even do something as simple as leaving a small, sweet note for them on their desk or in their jacket pocket. What a nice surprise!

**Related Link:** [Celebrity News: Prince Harry & Meghan Markle End African Vacation with Romantic Trip to Victoria Falls](#)

**3. Keep yourself in check:** When you are in a relationship, sometimes it is easy to let yourself go a little bit. Although, try to refrain from that for both the well-being of yourself and your partner. By keeping yourself looking good and healthy, this will transfer into you having a good and healthy attitude about your relationship.

**What are some other ways to keep the spark alive in your relationship? Comment below!**

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# Celebrity News: Prince Harry Asks Ed Sheeran to Perform at Royal Wedding to Meghan Markle



By [Carly Horowitz](#)

In [latest celebrity news](#), Prince Harry has made a special request for Ed Sheeran to perform at his [celebrity wedding](#) to Meghan Markle. According to [UsMagazine.com](#), the royal [celebrity couple](#) will tie the knot at noon this upcoming May 19 at St. George's Chapel in London. We are not sure at

exactly which part of the wedding Sheeran will perform during. Rumor has it that Elton John may possibly perform at either the celebrity wedding ceremony or reception as well, as it has come to our attention that John rescheduled some performances that were originally during the weekend of the celebrity wedding. What an exciting array of singers!

## **In celebrity news, Prince Harry & Meghan Markle will be having some very special music at their wedding. What are some ways to incorporate music in your wedding?**

### **Cupid's Advice:**

The goal is for your wedding day to be as magical as possible. The incorporation of music can help that dream become a reality! With all of the hustle and bustle of planning a wedding, the little details of adding music into certain spots can be overlooked. Luckily, Cupid is here to remind you of some cool ways to incorporate music into your wedding:

**1. Don't forget about pre-ceremony music:** You want to get your guests in the wedding mood right when they walk in the door. Play some background music while your guests arrive to help set the mood for the ceremony. Choose some of your favorite love songs or some instrumental pieces that you genuinely enjoy!

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**2. Choose dinner music wisely:** In order for people to converse over their meal, the music that is played during the meal portion of your wedding should not be the craziest. Set the

mood with some Indie songs if that is something that you are into! Or go with the classical wedding music during this time.

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**3. Live music!:** Live music is always a great idea at the wedding reception. Search for a band or group that is good at performing the type of music that you wish to have at your wedding. Remember that the music really sets the tone for your wedding. If you are having trouble figuring out which music will go best during certain parts of your wedding, don't be afraid to consult with your closest friends or even the bartender or whoever you have chosen to perform the live music- everyone will have unique ideas! Maybe even browse through Spotify to help brainstorm about what type of music would be best. Overall, the music that will really be overpowering on your wedding day is the sound of your loving heart which beats for your partner.

**How did you incorporate music into your wedding? Comment below!**

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## **Celebrity Couple Tom Brady & Gisele Bundchen Kiss in Costa Rica After Super Bowl Loss**





By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) Tom Brady and Gisele Bündchen were spotted in Costa Rica sharing a loving kiss, days after Brady's loss at the Super Bowl, according to [UsMagazine.com](#). He even joked about it on Instagram when he posted a photo of the couple smooching Sunday. "This Sunday's outcome is a lot better than last Sunday's! #losingstreakstopsatone," he captioned. Adorbs!

**This celebrity couple isn't letting the Super Bowl loss affect their relationship. What are some ways to keep negative life events from putting a damper on your relationship?**

**Cupid's Advice:**

It happens. When we are involved in negative circumstances, we tend to misplace our emotions and take out our frustrations on our significant other at times, which isn't okay. Cupid has some advice on how to get around it:

**1. Remember what you're mad at:** Breathe and think. It's easier said than done, but it works. When we become angry, we can lose sight of what or who we're really mad at, which can lead us to take it all out on those closest to us, like your lover. When surrounded by negativity, clear your head by taking about 10 deep breaths – in and out. Then remember that you're not mad at your partner, and that they deserve your fairness and respect.

**Related Link:** [Gisele Bundchen Consoles Husband Tom Brady After 2018 Super Bowl Loss](#)

**2. Do something with your significant other:** It will help take the edge off. When you create a happy place with them, then outside negativity should not be able to reach you there. Also, building positive memories is always a good thing! Be sure to remain mindful of the energy you give out in your happy place because if you're being negative, then what's the point?

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**3. Blow off steam:** Chill with your friends. Sometimes when surrounded by the bad, we need to kick back and have some time with our friends. We sometimes also need space from our partners, so this works for both. Don't let bad energy or vibes bring you down, go and have a good time!

**How do you avoid taking things out on your partner? Comment below!**

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# New Celebrity Couple: Camila Cabello & Matthew Hussey Are Dating



By [Jessica Gomez](#)

In [celebrity news](#), it's official – Camila Cabello and Matthew Hussey are dating and happy. The [celebrity couple](#) were spotted being all love dovey during their bae-cay. A source opened up to [EOnline.com](#) about this surprising relationship a couple days after the love birds were spotted during their [celebrity vacation](#). “It wasn’t something she expected, but she knew of him and really enjoys his work,” said the source. “She has

been following him for a while and was a fan, but it took her by surprise that she has gotten to know him on a deeper level.”

## **This new celebrity relationship took Camila by surprise. What are some ways to remain open when in a new relationship?**

### **Cupid’s Advice:**

New relationships need to be nurtured, but at the same time, you don’t want to rush. Cupid has some [dating advice](#) on ways to be open in your new relationship:

**1. Be honest:** It is important to be honest in a relationship from the start. This is when you’re building trust, and trust is earned by being righteous and truth-telling. It’s always best to be upfront. If not, things tend to build up, causing problems and the both of you closing up and not being open with each other. Don’t be afraid to share your feelings – just remember there’s a difference between being a blunt person and a rude one.

**Related Link:** [Jennifer Lopez Gushes Over Alex Rodriguez](#)

**2. Communicate effectively :** It’s important to try understanding as much as you want to be understood. Talk to your partner about your feelings in a straight forward and clear manner – no beating around the bush. Also, be aware of your body language and timing. Non-verbal cues give can give away a whole different meaning than you’re trying to convey. As for timing, being aware is essential because sometimes situations transform into a worse one due to wrong timing.

**Related Link:** [‘Bachelorette’ Alum Dean Unglert Is ‘Incredibly](#)

[Happy' Since Dating Lesley Murphy](#)

**3. Learn as much as you can about each other:** As your relationship blossoms, so should the both of you. By getting to know one another, your relationship will evolve – the faster you do, the faster it blossoms. Not to say that you should rush, but there's not much harm in learning each other's ways at a rapid pace. When you learn someone's ways, you can be a better partner. In order for you both to learn from one another, you have to be open to it.

**What are some ways you have stayed open with a new partner? Share with us below!**

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## **Celebrity Couple News: George Clooney Opens Up with the Sweetest Statement About Wife Amal Clooney**





By [Carly Horowitz](#)

In [latest celebrity news](#), [George Clooney](#) reveals just how much his wife, Amal Clooney, means to him. According to [UsMagazine.com](#), Clooney stated on Thursday, “I met someone who her life meant more to me than my life. And I’d never had that experience before.” Clooney also mentioned in a 2013 interview after he met Amal, “I thought she was beautiful and I thought she was funny and obviously smart.” Clearly it was love at first sight! After their [celebrity wedding](#) in Venice, Italy in 2014, things have been spectacular. The [celebrity couple](#) greeted their twins Alexander and Ella this past summer and seem to be doing great.

**This celebrity couple is no doubt going strong. What are some ways to make your partner feel valued?**

**Cupid’s Advice:**

It is always important to make your partner feel loved and special. It is especially meaningful to keep up this effort as the years go by in your marriage. There are many ways to make your partner feel valued, and there are different ways for different people. Cupid is here with some suggestions on how you can make sure your partner is feeling as if they are on cloud nine:

**1. Tell them how much you appreciate what they do:** It can sometimes become routine that you just expect your partner will do certain things like make dinner, take out the trash, or pick the kids up from school. But how often do you take the time to verbalize how much this means to you? Even for just little everyday things, tell your partner how much you appreciate what they do. Gratitude is the best attitude!

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**2. Suggest a coffee date:** If you two have busy schedules and only get to see each other at the end of the day, plan to meet up during the day or during your lunch breaks for a nice quick coffee and sandwich. It will elevate the mood of the both of your days. Then you both can go back to work feeling happy and loved.

**Related Link:** [Celebrity Couple News: 'Bachelorette' Alum Dean Unglert Is 'Incredibly Happy' Since Dating Lesley Murphy](#)

**3. Take time to try out some of their interests:** Is your partner really into cooking? Soccer? Whatever it is, make an effort, if you haven't already, to show interest in what they love most. Go to the local field on Sunday afternoon and ask your partner to teach you some soccer tricks! Whatever it is, make sure your partner knows that you care about their interests.

**How have you made your partner feel valued? Comment below!**

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# Celebrity Divorce: 'Modern Family' Star Julie Bowen Files for Divorce from Husband Scott Phillips



By [Jessica Gomez](#)

In [celebrity news](#), Julie Bowen filed for divorce from husband Scott Phillips on Tuesday, according to [EOnline.com](#). It was revealed less than a week ago that the former [celebrity couple](#), who was married for 13 years, separated. However, Bowen listed their separation date as December 17. She marked

irreconcilable differences as the reason for their parting and is asking for joint legal and physical custody of their three children, according to the documents that *E! News* obtained.

## **This celebrity divorce after 13 years of marriage is very unfortunate. What are some ways to know it's time to move on from a marriage?**

### **Cupid's Advice:**

Some of us may try to fight off a divorce for as long as possible... but honestly, that's just a waste of time. Cupid has some suggestions on signs that can mean it's time to move on:

**1. You're worried about what your kids, friends, or family will think:** Staying together for your children isn't a good idea. And staying together for the sake of dodging judgment from family and friends is even less of a good idea. Those you love don't usually want you to be unhappy, and neither do your children. Kids want parents who are happy and love them. You can go your separate ways, but still be a family. Build a friendship when possible, don't continue building an unhappy marriage. Your friends and family will just need to accept it. You are the one living with this decision, not them.

**Related Link:** [How to Navigate a Separation](#)

**2. You've tried counseling and gave it all you've got, but it's still not working:** If you gave it your biggest shot, but you guys are still not coming together the way you should, then it may be a sign that it's time to go. Staying in an unhappy marriage is unhealthy for you. As long as you can look back and say "I gave it my all," there's no shame in knowing

it's time for a divorce. Time to take action. All you can do at the end is try, if that doesn't work then there's nothing to do but what's in your best interest.

**Related Link:** [Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever](#)

**3. You no longer respect nor trust your spouse:** Trust and respect are both key things to have in a marriage. Sometimes we can gain that sense of trust and respect back, but sometimes we can't. If you don't see yourself ever trusting or respecting your spouse again, then it's safe to say that your marriage has hit its end point. Being married to someone that is not the same person you married happens sometimes, and it sucks. It really does, but instead of dwelling on it, start making moves.

**Related Link:** [5 Communication Keys Every Relationship Needs](#)

And just as a last piece of advice: do not continue in an abusive marriage – whether it's physically, mentally, or emotionally abusive! An abusive relationship is one of the biggest signs it's time to leave. Seek help if need be.

**What are some ways you knew your marriage or relationship was over? Share below!**

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# Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His

# Birthday



By [Carly Horowitz](#)

According to [UsMagazine.com](#), Sarah Silverman announced her [celebrity break-up](#) from Michael Sheen on his birthday without realizing the unfortunate timing. Comedian Silverman was able to make light of the situation as she took to Twitter to reveal what she did: "The joke here is I just realized I posted our breakup tweet on his actual birthday and I can't believe what a dick I am," she wrote. "Can u believe it?? He said I wasn't THOUGHTFUL. Jerk... Anyway, Happy Birthday, Michael..." This former [celebrity couple](#) dated for almost four years.

# After four years, Sarah and Michael experienced a celebrity break-up. What are some ways to know it's time to give up on a long-term relationship?

## Cupid's Advice:

Sometimes you can get so secure in a long-term relationship that it just seems easier to stay with your partner because it is comfortable. But even relationships that have lasted long may be due for a split. How do you know when? Cupid is here with some advice on how to know if your relationship may be ready for a change:

**1. You only communicate when you have to:** If you are in a long-term relationship, it may seem as if you already know so much about your partner. You may lose that curiosity that was fluttering in the beginning of your relationship. Therefore, you only talk to them when necessary. If you realize this is happening, you can work to change it, but if it feels too forced, that's when you know.

**Related Link:** [Celebrity Break-Up: Lena Dunham & Jack Antonoff Split After 5 Years Together](#)

**2. Time with each other is scarce:** In relation to the point mentioned above, sometimes you can get so close to your partner that you stop going out of your way to make time for cute dates and just special time together in general. Again, you can work to change this, but you need to make sure that your partner is in on it, too. Be open and communicative, and make the effort if you feel as if your relationship is worth saving.

**Related Link:** [Celebrity Break-Up: How Jennifer Lawrence & Darren Aronofsky's Age Difference Led to Their Split](#)

**3. You're just not happy:** It is painful when you really do love your partner but you are just not happy in your relationship anymore. It takes maturity to realize this. If you discern that you are simply not happy anymore, bring it up to your partner and see if they are on board for making changes in your relationship. Although, sometimes the best change of all is to take time for yourself and realize your true capabilities outside of this long-term relationship.

**How do you know when it's time to end a long-term relationship? Comment below!**

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## **Celebrity Wedding: John Stamos & Pregnant Caitlin McHugh Tie the Knot**





By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) John Stamos and Caitlin McHugh got married! According to [UsMagazine.com](#), the [celebrity wedding](#) took place on Saturday at the Little Brown Church in Studio City, followed by the reception at Stamos' home in Beverly Hills. The magical day will be one of many considering McHugh is pregnant with the happy couple's first [celebrity baby](#).

**This celebrity wedding was one for the books. What are some ways to honor your unborn child at your wedding?**

#### **Cupid's Advice:**

In today's day and age, there's no shame with being a pregnant bride! Cupid has some ideas on ways to give some recognition to your little bundle of joy:

**1. Include a personal vow to your unborn child:** If the wedding guests already know you're prego or you wish to deliver the news right then and there, then this is a great way to honor your unborn baby. It's a sweet way to do a blessing for your baby at a wedding. It makes your wedding day about a whole family-to-be, instead of just the couple.

**Related Link:** [Find Out Details About Meghan Markle's Upcoming Bachelorette Party](#)

**2. Show off your baby bump:** Look majestic AF in a beautiful gown. Flaunt that baby bump by choosing the right maternity dress for you! And flaunt the other parts of you that may be getting bigger as well. This is your big day and you need to show all of your glory to your wedding guests. Honor your baby by not trying to hide the baby bump, unless you're trying to keep it on the down-low for now.

**Related Link:** [Princess Eugenie Is Engaged to Longtime Boyfriend Jack Brooksbank](#)

### 3. Wedding photos:

You can also honor your unborn baby by posing for photos with your spouse. [Pinterest](#) has a bunch of ideas for cute pregnant wedding photos. It's a beautiful and magical way to include your unborn child on such a special day, and you will have it documented to always cherish.

**Which way would you like to include your unborn child in your wedding? Comment below!**

# Celebrity Baby News :

# Surprise! Kylie Jenner Gives Birth to Baby Girl with Travis Scott



By [Jessica Gomez](#)

Congratulations to [celebrity couple Kylie Jenner](#) and Travis Scott on officially becoming parents to a new baby! In [celebrity news](#), Jenner gave birth to a baby girl this past week, according to [EOnline.com](#). At that time, Mom [Kris Jenner](#) and sister [Kim Kardashian](#) were seen at the hospital along with Travis Scott and Kylie's best friend Jordyn Woods. The [celebrity baby](#) has not yet been named. As the world knows, Jenner kept her pregnancy on the down low, making this news even more relevant. "I'm sorry for keeping you in the dark through all the assumptions. I understand you're used to me

bringing you along on all my journeys,” Kylie said via Instagram on Sunday. “My pregnancy was one I chose not to do in front of the world. I knew for myself I needed to prepare for this role of a lifetime in the most positive, stress free, and healthy way I knew how. There was no gotcha moment, no big paid reveal I had planned. I knew my baby would feel every stress and every emotion so I chose to do it this way for my little life and our happiness,” she explained. “Pregnancy has been the most beautiful, empowering, and life-changing experience I’ve had in my entire life and I’m actually going to miss it. I appreciate my friends and especially my family for helping me make this special moment as private as we could. My beautiful and healthy baby girl arrived February 1st and I just couldn’t wait to share this blessing. I’ve never felt love and happiness like this I could burst! Thank you for understanding.”

**Well, this celebrity baby news wasn’t just a rumor! What are some reasons to keep your baby news to yourself for a while?**

#### **Cupid’s Advice:**

There are a few reasons that you may want to keep your pregnancy under wraps for a while, just like Kylie Jenner and many others. Cupid has some reasons as to why:

**1. You have a stressful pregnancy:** You just don’t need nor want the stress. If you have a sensitive pregnancy where your health and the one of your baby depends on you taking it easy, then hiding your pregnancy could be an option for you. If we feel like outside factors can cause us stress during a critical time, then as mothers-to be we must cut out those factors. Sometimes people can become over bearing when it

comes to receiving baby news – so if you're around those kind of peeps, you know what it is.

**Related Link:** [Khloe Kardashian Reveals How She Hid Her Pregnancy & How She Told Tristan](#)

**2. You're superstitious and don't want to jinx it:** This may not be logical to everyone. However, if it's logical to the mother-to be, then that's enough – it's her body and her baby. Sometimes certain people find reassurance and comfort in not telling people right away due to fear of a miscarriage or something going wrong. At the end of the day, as long as the baby news is delivered later rather than never, it should be enough.

**Related Link:** [Kim Kardashian Is a 'Very Hands-On Mom' with New Celebrity Baby Chicago](#)

**3. Judgy peers:** Whether these peers are at school or work, or are your neighbors, friends, or fam, sometimes they're just not the easiest people to deal with. At times, we may be surrounded by people who judge or gossip, and that can lead to you wanting to keep your pregnancy low-key. During pregnancy, drama should be avoided, so there's no shame in doing what you have to do.

These are just a few reasons why you someone may hide their pregnancy. What are some reasons you or someone you know hid a pregnancy? Comment below!

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**Celebrity Couple News:**

# Jennifer Lopez Gushes Over Alex Rodriguez



By [Carly Horowitz](#)

In [celebrity couple news](#), [Jennifer Lopez](#) recently made it crystal clear that she is very happy in her relationship with Alex Rodriguez. According to [EOnline.com](#), Lopez said, "He's so supportive." Rumors are swirling that this [celebrity couple](#) may be pondering the idea of a [celebrity wedding](#) soon. When asked if the engagement rumors have truth to them, Rodriguez replied, "Jennifer's amazing. It's nice, it's nice. You're gonna make me blush now! Now I'm sweating. No, she's an amazing girl."

# In celebrity couple news, rumors are swirling that J. Lo and A-Rod may be hearing wedding bells soon! What are some ways to know your relationship is ready for marriage?

## Cupid's Advice:

Marriage is a big step to take, but when you're with the right person, it is so easy and natural. Cupid is here with some ways to know if you are ready to tie the knot:

**1. If their snoring is music to your ears:** If you find that you admire the annoying or even gross things that your partner does, that is definitely a sign that you will be able to spend a lifetime with them.

**Related Link:** [Royal Celebrity Wedding: Princess Eugenie Is Engaged to Longtime Boyfriend Jack Brooksbank](#)

**2. You're good at compromising:** You will clean the dishes if they take out the garbage. If you and your partner have an honest relationship where you can discuss things openly and make sure that both of your needs are taken into consideration, then that is a good sign as well.

**Related Link:** [Celebrity Couple Miley Cyrus & Liam Hemsworth 'Have Zero Plans' for a Wedding](#)

**3. You fantasize about life after you get married:** Yes all of us love to picture how amazing our magical wedding day will be, but if thinking about what comes after that makes you just as happy, then it is safe to say that your relationship is ready for marriage. Thinking about buying a house, starting a family, and growing old together should make your heart

flutter.

What are some other ways to know if your relationship is ready for marriage? Comment below!

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# Celebrity News: Sarah Jessica Parker Says Time Apart is Beneficial to Her 20-Year Marriage to Matthew Broderick



By [Jessica Gomez](#)

In [celebrity news](#), Sarah Jessica Parker explains how having busy schedules helped her 20-year marriage to Matthew Broderick. According to [UsMagazine.com](#), Parker appeared on an episode of *Girlboss Radio with Sophia Amoruso*, expressing how time apart was beneficial to the [celebrity couple](#). “I know this sounds nuts, but we have lives that allow us to be away and come back together,” Parker said. “His work life takes him here, and mine takes me there. In some ways, I think that that’s been enormously beneficial because we have so much to share in a way,” she continued. And the actress had some insight as well: “Anytime that any relationship is hard, it’s the point in which you’re deciding, ‘Is this worth the investment getting through whatever that thing is?’”

**In celebrity news, time away truly does make the heart grow fonder. What are some ways that distance can actually help your relationship?**

### **Cupid’s Advice:**

Sometimes in a relationship, you do need space. Sometimes we like it, sometimes we don’t – but that’s how it is! Here are a few ways relationships can benefit from space:

**1. It can boost your individual growth:** When in a relationship, we can sometimes lose sight of who we are as an individual. Many times this is due to the compromises we have to make and our focus on “couple goals,” more than individual goals. Time apart will help because you’ll get alone time. During this time, give some thought into where you want to go in life. Think of you, the individual. You can also learn some new things about yourself. As humans, we are constantly

changing, and having space for yourself provides the environment and alone time to recognize something about yourself – which leads us to #2...

**Related Link:** [‘The Bachelor’ Star Catherine Giudici Reflects on 4-Year Marriage to Sean Lowe](#)

**2. You can learn something new, like a hobby:** And bring it back to your relationship. If you both learn new things while having time apart, it can be an exciting experience to share it with your partner after. Doing new things while there is space between you two helps because you learn things that are concentrated around your personal preferences and interests. You’re doing two things: enjoying your time alone while learning and bringing something new that can even maybe spice up the relationship.

**Related Link:** [How Jessica Biel & Justin Timberlake Keep Their Marriage Strong](#)

**3. It can increase trust and decrease insecurities:** If you’re going to have time apart, you obviously have to trust each other. And if you don’t trust each other, then you have to build that trust – and time apart is a way to do so. You can also gain a new perspective on the relationship. The independence you’ll receive can actually make you more confident since you’ll be focusing on yourself. Trust us, like we said before, some time apart can make the heart grow fonder.

**What are ways giving each other space has helped your relationship? Share below!**

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# Celebrity Couple News: 'Bachelorette' Alum Dean Unglert Is 'Incredibly Happy' Since Dating Lesley Murphy



By [Jessica Gomez](#)

In [celebrity news](#), handsome [Bachelor in Paradise](#) alum Dean Unglert is doing well in the love department! According to [UsMagazine.com](#), Unglert claims that he's "incredibly happy" and in a good place in life right now, best since he left the show. And he's thinking long-term! Unglert spoke about his new romance with Lesley Murphy, a fellow contestant on *The Bachelor Winter Games* on Tuesday. They've been active on social media, liking each other's photos – cute! The [celebrity](#)

[couple](#) also took a trip to the Sundance Film Festival in Park City, Utah, on January 19 and were seen holding hands.

## **This *Bachelor* Nation celebrity couple seems to be happy so far! What are some ways to know you've met your match?**

### **Cupid's Advice:**

Being with someone new is exciting, especially when you think they're a great match! Cupid has some tips on how to suspect you've met yours:

**1. You have tons in common:** It's obviously okay to have some differences, but when you have all that stuff you want to have in common, it's great. You just vibe really well. Being interested in a lot of things builds a connection. The things you should look out for to have in common are values, morals, ambitions, and sense of humor!

**Related Link:** [Shailene Woodley Makes Relationship with Rugby Player Ben Volavola Instagram Official](#)

**2. You feel safe and comfortable with them:** This is something great to feel with someone! You feel comfortable being yourself with them, silences aren't awkward, and you're just at ease around them. You don't feel like you're walking on eggshells around them. This is what you need to build a secure home together in the long run, so this shows that there possibly is a future with that person, which brings us to #3...

**Related Link:** [Lady Gaga & Fiance Christian Carino Share Kiss Backstage at Grammys 2018](#)

**3. You see a future with them:** Sometimes we date Mr or Ms.

Right Now for the moment, but sometimes that “now” part disappears. When you see a future with a person, that says something. Yeah, sometimes we can make a mistake and think someone is the one when they’re not – It happens. However, you have to be able to see them fit into your future really well if they are your perfect match. If the thought of them in your future excites you and makes you feel like bright days are ahead for the both of you together, then that’s a really good sign!

**What are ways you realized your partner was your perfect match? Comment below!**

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## **Are Nikki Bella & John Cena Calling Off Their Celebrity Wedding?**





By [Karley Kemble](#)

Uh oh, there could be another celebrity couple calling it quits! In a newly released trailer for season three of *Total Bellas*, Nikki Bella and John Cena are shown sharing an emotional moment together, with Bella asking Cena, "So, we really want to call this off?" According to [EOnline.com](#), the [celebrity couple](#) could very well be talking about canceling their upcoming [celebrity wedding](#). Cena and Bella have been together since 2012. We'll have to tune into the episode to see how it pans out, which unfortunately isn't until later this spring!

**Things aren't looking great in terms of John & Nikki's upcoming celebrity wedding. What are some reasons to call off your**

# engagement?

## Cupid's Advice:

Sometimes, things don't go according to plan. Relationships end, engagements are called off – that's just the way it goes. Check out Cupid's advice:

**1. You're having major problems:** It's normal for any relationship to have their share of differences. However, there is a difference between a small tiff and frequent blowups. If do not feel there will be any chance at reconciliation or forgiveness, perhaps you should consider breaking off your engagement.

**Related Link:** [Relationship Advice: Keep Your Relationship Strong When You Share Home and a Workplace](#)

**2. You don't want to be an inconvenience:** If you are having doubts about marrying your partner, but don't want to cancel your wedding for the sake of inconveniencing others, that is a very telling sign! You shouldn't feel pressured to get married, and should know with every fiber of your being that this is a step you want to take. Don't succumb yourself to unhappiness just to satisfy others.

**Related Link:** [Psychologist Breaks Down Relationship Fears in New Book, 'Love Me, Don't Leave Me'](#)

**3. You're worried this could be your only chance:** Listen here, if you are only with your current partner because you are afraid nobody will ever love you again, you are completely wrong! Do not marry somebody because you don't want to be forever alone. In fact, this actually shows that you are not ready to take the next step in your relationship.

**Have you ever called off a wedding? How did you know it was the right thing to do? Share your story below.**

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# Celebrity News: Jenny McCarthy Says 'Bachelor' Arie Luyendyk Jr. Is a 'Snooze Fest'



By [Carly Horowitz](#)

According to [UsMagazine.com](#), Jenny McCarthy and Donnie Wahlberg are pretty big fans of [The Bachelor](#). Although, this season they seem to be bored with Arie Luyendyk Jr. In fact, this [celebrity couple](#) calls him a “snooze fest”. In [latest celebrity news](#), McCarthy is craving some drama as she states

on the Grammys red carpet in NYC on January 28, "I'm missing some emotionally disturbed ones." Though we all thrive on reality TV drama, it seems as if this *Bachelor* star is truly here to find his future bride, and who can criticize that?

**In this celebrity news, even Jenny McCarthy thinks this season's *Bachelor* is a little on the boring side. What are some unique ways to go about finding someone to date?**

#### **Cupid's Advice:**

There are multiple platforms that can be used to find your soulmate nowadays. It is so easy to connect with others on the internet, but Cupid is here with some unique ways to go about finding someone to date in person:

**1. Get involved in a hobby that gets you interacting with others:** If someone had the same idea as you to sign up for the cooking class at your local YMCA, then clearly you guys have something in common that you can bond over. Look into fun activities and events to attend in your community, and get yourself out there to meet new people!

**Related Link:** [Date Idea: Be Daring on Your Date](#)

**2. Host a "White Elephant" party for single friends:** Everyone who is invited must bring along at least one other single friend. You can even send out cute invitations. You can make this party however you want, whether it's an elegant brunch, a crazy night party, or a casual hangout. The more the merrier!

**Related Link:** [Date Idea: Plan a Party](#)

**3. Stop looking at your phone:** This is probably the most unique piece of advice, since it is the most unheard nowadays! It's okay, we're all guilty of it. When you're walking down the street, be present. Look around, enjoy your surroundings, and notice the people that you walk by. If you're looking down at your phone, you may miss meeting a wonderful person.

**Have more unique ways to find a date? Comment below!**

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## **Celebrity Baby News: Pregnant Chrissy Teigen Reveals Sex of Baby No. 2**





By [Jessica Gomez](#)

In [celebrity news](#), [Chrissy Teigen](#) revealed the sex of baby number two with husband [John Legend](#), according to [UsMagazine.com](#). And ... it's a boy! Teigen made the announcement via Instagram, during the 2018 Grammys in New York City. She posted a photo of herself on the red carpet at Madison Square Garden, holding her baby bump in her silver Yanina Couture dress – with the caption: “mama and her boy.” What an elegant and cute way to break the [celebrity baby news](#)! Congratulations to the [celebrity couple](#)!

**Spoiler alert! Chrissy Teigen revealed the sex of her celebrity baby-to-be. What are some reasons to find out the sex of your baby before he or she is born?**

**Cupid's Advice:**

One of the earliest decisions you make during pregnancy is whether or not to find out the sex of the baby. Cupid has some advice as to why you would want to find out whether your baby is a boy or a girl:

**1. Decorating the nursery:** You can go with neutral colors (white or yellow) if you'd like, but many people like to go traditional (pink or blue). A nursery is a place you want to have done and prepared by the time your baby arrives. Therefore, you want to finish it early, well before the due date. When deciding on decorating options, you may be one of those parents who would want to take the sex of your baby into consideration, so be sure before making final decisions.

**Related Link:** [Kim Kardashian Is a 'Very Hands-On Mom' with New Celebrity Baby Chicago](#)

**2. The baby shower:** Again, you can go with neutral colors for the decorations of the celebration. And you can choose unisex gifts as well. However, when creating a registry, you may need to know the baby's sex in order to choose the items you want or need to add. onto the list. Also, you may not want to keep your baby shower attendees in the dark when they're celebrating and showering your bundle of joy with presents – the suspense may make them go nuts, you never know!

**Related Link:** [Khloe Kardashian Reveals How She Hid Her Pregnancy & How She Told Tristan](#)

**3. Choosing a baby name will take longer:** And it would be harder, too. You can save yourself half the time by finding out the sex of your baby – And also save yourself half the hassle. Imagine not knowing, therefore having to choose both a boy name and girl name. It's already hard enough coming to an agreement with your partner. Since choosing a baby name together can sometimes be a struggle for many couples, so knowing the sex of the baby can avoid further frustrations for sure!

What are some reasons you or someone close chose to know the sex of their bun in the oven? Comment below!

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# Celebrity Couple News: Lady Gaga & Fiance Christian Carino Share Kiss Backstage at Grammys 2018



By [Jessica Gomez](#)

In [celebrity news](#), [Lady Gaga](#) and her fiancé Christian Carino were photographed sharing an endearing kiss backstage at the

2018 Grammys on Sunday, according to [UsMagazine.com](https://www.usmagazine.com). Gaga was nominated for Best Pop Vocal Album for “Joanne” and Best Pop Solo Performance for “Million Reasons.” The pop star did not win either award, but she did preform a fusion of both nominated songs. And, her future hubby was there to support his lady. Let’s keep our ears open for their [celebrity wedding date](#)!

**This newly engaged [celebrity couple](#) are very much in love. What are some ways to support your partner in his or her professional endeavors?**

#### **Cupid’s Advice:**

Supporting one another in a relationship is a given! Cupid has some relationship advice on ways to support your partner’s journey toward their career path:

**1. Be their cheerleader:** Sometimes when following your dreams, things can get rocky, and what we really need is a support system. Be respectful of their feelings and listen to them. Show your partner you understand, support them by acknowledging their negative feelings and encouraging their positive ones. Don’t forget to cheer them on as well. Lift them up when they’re at their lows and their highs. Words of encouragement go a long way.

**Related Link:** [How Jessica Biel & Justin Timberlake Keep Their Marriage Strong](#)

**2. Offer help:** Sometimes your partner may need an extra mind, a different perspective. Sometimes a shoulder to lean on. Discuss the obstacles and the solutions to those obstacles

together. Helping them in any way you can in any aspect of their life can help their career one. Be on the lookout and see what your partner may need. You both are a team, and you have to be in it together to win it.

**Related Link:** [Shailene Woodley Makes Relationship with Rugby Player Ben Volavola Instagram Official](#)

**3. Stay involved:** While being a cheerleader and offering help to your partner, you of course have to stay involved. Keep yourself updated with their journey and what's going on with them mentally and emotionally, and vice versa. Neither you or your partner should become isolated from the other. Pursing a career can take up a lot of time and effort, but staying involved with one another is also important when in a committed relationship. Keep lines of communication open at all times, and keep up with as much optimism as possible!

**What ways have you encouraged and supported your partner during their journeys? Comment below!**

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## Celebrity News: How Jessica Biel & Justin Timberlake Keep Their Marriage Strong





By [Karley Kemble](#)

[Celebrity couple Jessica Biel](#) and [Justin Timberlake](#) are stronger than ever! According to [UsMagazine.com](#), an insider close to Biel says that couple love “spending time together” and “don’t have to be doing much, but they are still laughing and having a good time.” In the latest [celebrity news](#), Biel and Timberlake were seen dancing, nuzzling, and cuddling at Timberlake’s latest album’s listening party. The pair has been together for 11 years and has been married since 2012. We’re so happy to see this couple is still going strong!

**In celebrity news, Jessica Biel and Justin Timberlake are one cute married couple. What are some ways to make your marriage stronger?**

### **Cupid’s Advice:**

Even after you and your partner have been together for some

time, it's important to keep the magic alive. That way, you'll have a long and happy marriage. Cupid has some tips to make sure this happens:

**1. Do things alone:** It's important to maintain your individual identity. Sometimes, it manages to get lost when you are a couple. Allow each other to pursue your own interests and make sure to hang out with friends sans your partner. You'll find the alone time to be fulfilling!

**Related Link:** [Celebrity Wedding: Justin Timberlake Pens Wife Jessica Biel a Love Letter for 5th Anniversary](#)

**2. Keep to yourselves:** If you and your partner are going through a rough patch, it's probably smart to limit your venting. When you include too many people into your business, it can lead to people being overly and unnecessarily involved. This also leads to others perceiving your partner negatively. Be sure to balance the negatives with the positives!

**Related Link:** [Celebrity News: Justin Timberlake Says He's 'So Proud' of Wife Jessica Biel](#)

**3. Be positive:** Make sure you and your partner are constantly affirming each other! This is important to a strong relationship because it shows you don't take them for granted. Go out of your way to say "thank you" or give them a compliment that goes deeper than the surface level. A little gratitude goes a long way.

**What has worked for you and your partner? Share with us in the comments!**