Celebrity News: Khloe Kardashian Reunites with Tristan Thompson in Boston After 'Mystery Woman' Drama





By Nicole Maher

In the latest <u>celebrity news</u>, Khloe Kardashian joined Tristan Thompson in Boston as he prepares for his first basketball game with the Celtics. According to *UsMagazine.com*, the <u>celebrity couple</u> was spotted out to dinner at the same restaurant Thompson was seen with a different woman earlier in the week. The other woman has since been identified as an estate manager that has worked with Thompson in the past.

In celebrity news, it looks like Khloe Kardashian still trusts her man. What are some ways to know your partner is being truthful with you?

#### Cupid's Advice:

Although trust is a crucial part of any relationship, it can sometimes be hard to achieve. If you do not have trust in your partner, who will continue to face obstacles as the relationship progresses. If you are looking for some ways to know if your partner is being truthful, Cupid has some advice for you:

1. They communicate clearly: While constant communication is not needed to determine if someone is being truthful, clear communication is. If someone communicates openly with you about topics such as where they are going and how they are feeling, then there probably is no reason to worry about them lying. Red flags should only appear if the person is continuously giving vague answers or avoiding questions.

Related Link: <u>Celebrity News: Khloe Kardashian Posts Cryptic</u>
<u>Messages One Day After Tristan Flies to Boston to Join Celtics</u>

2. They acknowledge your concerns: Sometimes the only way to resolve a trust issue is to address your concerns with your partner. If your partner is willing to have a conversation that acknowledges your concerns and does not get defensive, then they are likely being truthful. However, having this conversation too often can sometimes cause someone to become offended if they need to keep defending themselves.

Related Link: Celebrity News: Taylor Swift Opens Up About

#### Bonding Over Sad Songs with BF Joe Alwyn

3. They haven't lied to you before: If you have never caught someone in a lie before, then there is likely no reason to worry about them lying moving forward. Relationships may experience periods of distance or decreased communication, but these are not necessarily signs that someone is being dishonest. Until it's proven, don't jump to conclusions about your partner being untruthful!

What are some other ways to know if your partner is being truthful with you? Start a conversation in the comments below!

## Celebrity News: Taylor Swift Opens Up About Bonding Over Sad Songs with BF Joe Alwyn





By Nicole Maher

In the latest <u>celebrity news</u>, Taylor Swift provided her fans with some details about her <u>celebrity relationship</u> with Joe Alwyn. According to *EOnline.com*, Swift revealed that her and longtime boyfriend Alwyn bonded while writing sad songs for her latest album. The couple has been dating for about four years, but have chosen to keep their relationship relatively private due to Swift's past experiences with public relationships and break-ups.

In celebrity news, Taylor Swift gave fans rare insight into her relationship with boyfriend Joe Alwyn. What are some reasons to keep details about your relationship to yourself?

#### Cupid's Advice:

There is nothing wrong with wanting to keep some of the details about your relationship to yourself, whether it one that is relatively new or one you've been in for years. If you are looking for some reasons to keep details about your relationship to yourself, Cupid has some advice for you:

1. Past traumas: If you've experienced some kind of public fallout from a break-up in the past, you may want to keep your future relationships more private. Sharing too much of your new relationship with the public could cause you to fear the same result if things end, which can add unnecessary stress to your current situation. Keeping this quiet and revealing selective details is a great alternative to sharing everything if you don't want to!

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2. Work-life separation: If you have a relatively public career, you may desire to keep other aspects of your life private, such as your relationships. Having a private relationship while working in the public eyes is a great way of ensuring you don't feel like the public knows everything about your life, and takes the pressure off your partner if they are not used to their lives being incredibly public.

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<a href="https://www.news.com/what-she-wants-in-an-Ideal Partner After Split">What She Wants in an Ideal Partner After Split</a>

3. Value privacy: Some people simply value their privacy and do not want everyone else knowing the details of their relationship. This desire for privacy is a valid reason for keeping details of your relationship to yourself. Share what you wish to share, and keep the rest as details between just you and your partner.

What are some other reasons to keep details about your

relationship to yourself? Start a conversation in the comments below!

Celebrity News: Khloe Kardashian Posts Cryptic Messages One Day After Tristan Flies to Boston to Join Celtics





By Nicole Maher

In the latest <u>celebrity news</u>, Khloe Kardashian posted a series of cryptic messages the day following Tristan Thompson's arrival in Boston to join the Celtics. According to *UsMagazine.com*, the Kardashian sister shared a series of inspirational quotes on her Instagram stories about focusing on the positives of life. The <u>celebrity couple</u> has experienced a rocky relationship with allegations of Thompson's cheating first surfacing in February of 2019, but plan to split their time between Los Angeles and Boston.

In celebrity news, Khloe Kardashian may be dealing with a long distance relationship after Tristan flew across the country to join his new basketball team. What are some ways to make a long distance relationship successful?

#### Cupid's Advice:

Long distance relationships can be difficult to navigate, no matter how prepared you may feel to take on the challenge of living in different places. However, with some hard work, long distance relationships can be successful. If you are looking for ways to make a long distance relationship work, Cupid has some advice for you:

1. Have a communication plan: When you are not physically near someone, it can feel more tempting to want to talk to them more often. However, if you're expecting to talk to your partner all day when it is not realistic for either of your schedules, you may find yourself getting disappointed. Selecting methods of communication and times to talk early-on

in a long distance relationship can help manage expectations and avoid conflict.

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2. Plan enough visits: Even if you have good communication in your different locations, it is still important to make the effort to see each other in person. Trying to see each other relatively often, as well as making sure both partners are making the effort to travel if possible, is a great way to strengthen a long distance relationship.

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<a href="https://www.news.com/whites/belief/">What She Wants in an Ideal Partner After Split</a>

**3. Focus on the end-goal:** Every long distance relationship is going to experience hardships relating to the difference of location, which makes it especially important to focus on your end goal. If the distance is only temporary, focus on working toward being in the same location again. This reminder that the distance is only a phase in your relationship will help the two of you work through the challenges connected to it!

What are some other ways to make long distance relationships successful? Start a conversation in the comments below!

## Celebrity News: Tamera Mowry Says Quarantine Tested Her Marriage to Adam Housley





By Nicole Maher

In the latest <u>celebrity news</u>, Tamera Mowry revealed that being quarantined with her husband Adam Housley tested their marriage. According to *UsMagazine.com*, Mowry described both herself and her husband as workaholics, and said that being home together constantly was a change to which they needed to adapt. The <u>celebrity couple</u> tied the knot in May of 2011, and share two children together.

In celebrity news, Tamera Mowry is opening up about the test she and her husband are going through due to COVID-19. What are some ways to

## cope with being quarantined with your partner?

#### Cupid's Advice:

Quarantine has proved as a relationship test for even the strongest of couples. While you may love your partner endlessly, being confined to one home for months on end can test your relationship. If you are looking for some ways to cope with being quarantined with your partner, Cupid has some advice for you:

1. Allow for some alone time: Just because you and your partner are in the same house does not mean you have to be together the entire time. As quarantine progresses, you may feel the need to have some time apart. Taking a few hours every day or so to relax or sit on your own can help prevent any frustrations or tensions you may be feeling with your partner. If possible, safely getting some alone time by going for a walk or drive is also a good option.

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2. Have off-limit areas: Quarantine can make any living space feel claustrophobic after some time, so designating some areas that are reserved for each partner is a good idea to maintain the peace. If you are working from home, an office is a great space to reserve for yourself. In smaller living situations such as apartments, having a designated chair where your partner knows to give you space can also work.

Related Link: Celebrity News: New 'Bachelorette' Tayshia Adams

Defends Contestants After Taking Over for Clare Crawley

3. Plan in-house events: Despite feeling confined to your partner because of quarantine, it is still important to

nurture the relationship by scheduling things to do together. By doing at-home dates such as cooking together or watching a movie, it will show your partner that you still want to spend quality time with them. This miniature date can help relieve some tension and make your partner more willing to give you space when you need it.

What are some other ways to cope with being quarantined with your partner? Start a conversation in the comments below.

Celebrity Baby News: 'Bachelor in Paradise' Contestant Krystal Nielson Is Pregnant with First Child





By Nicole Maher

In the latest <u>celebrity news</u>, former <u>Bachelor in Paradise</u> contestant Krystal Nielson revealed that she is expecting her first child with boyfriend Miles Bowles. According to <u>UsMagazine.com</u>, Nielson revealed the couple is expecting a <u>celebrity baby</u> in a video posted to YouTube. Nielson and Miles made their relationship official this past October following Nielson's split from her husband Chris Randone. Nielson and Randone had been married for roughly eight months before their deciding to separate.

In celebrity baby news, *BiP* star Krystal Nielson is pregnant with her boyfriend of eight months. What are some ways to prepare a newer relationship for a baby?

#### Cupid's Advice:

Having a child can be a large adjustment for any relationship, especially one that is relatively new. If you are looking for some ways to prepare a newer relationship for a baby, Cupid has some advice for you:

1. Balance responsibility: There is a lot of planning and preparation that comes with expecting a child. Be sure that these responsibilities are balanced between you and your partner. While one of you may be responsible for getting the nursery ready, the other may take on the task of baby-proofing the kitchen. Balancing these types of responsibilities is a great way to get both of you involved and excited about the child you are having.

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Defends Contestants After Taking Over for Clare Crawley

2. Discuss expectations: Having a child can drastically change the dynamic of a relationship, so discussing future expectations is a must. Topics such as child care plans, living situations, and the future of your relationship are important to have early on to avoid conflict later. If you and your partner have different expectations, find ways to work through them and compromise for the benefit of your future child.

Related Link: <u>Celebrity News: DeAnna Pappas Hints At Clare</u> <u>Crawley's Relationship Status with Dale Moss</u>

3. Continue relationship growth: Even though you may be focused on preparing for your child, it is still important to prioritize the growth of your relationship. Continue to go on dates and spend time together that does not revolve around child-preparation activities. This will show your partner that you view them as equally important to your future child and get them excited about becoming a family!

What are some other ways to prepare a newer relationship for a baby? Start a conversation in the comments below!

### Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits





By Nicole Maher

In the latest <u>celebrity news</u>, Lamar Odom and Sabrina Parr have decided to call off their engagement. According to *UsMagazine.com*, Odom and Parr's <u>celebrity break-up</u> stems from personal issues that Odom needs to work through on his own. The couple was engaged in November of 2019, just three months after first being seen together in Atlanta, and had planned their wedding for November 2021.

According to Sabrina, this celebrity break-up is a result of Lamar Odom needing to work on himself. How do you know if you're in a good place mentally and emotionally for a relationship?

#### Cupid's Advice:

Sometimes the state of a relationship is dependent on internal factors, such as mental and emotional readiness, rather than external factors. If you are wondering if you're mentally and emotionally ready for a relationship, Cupid has some advice for you:

1. You have other outlets of happiness: Being in a relationship should be one of the highlights of your current life, but it should not be your only outlet of happiness. If the only thing that truly brings you joy is being around your partner, then you may not be mentally or emotionally ready for a relationship. Placing all of your happiness on one person can lead to unhealthy standards and more disappointments even if neither partner is in the wrong.

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2. You're happy with the timing: When you are in a sound mental and emotional place, you are often happy with the progression of your life. If you are content with the rate at which your relationship is moving, as well as how it fits into your life overall, then you are ready to be in that relationship. However, if you feel that this relationship will cause you to miss out on different areas of your life, you may

be in the spot to commit mentally.

Related Link: Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together

3. You've processed past experiences: An obstacle that many people face in relationships is getting over negative past experiences caused by an ex. If you are entering a new relationship but are still holding onto issues caused by a past partner, you may not be emotionally ready. However, if you've processed and coped with these past issues, then you are likely in a good spot to go forward with a relationship.

What are some other ways to tell if you're mentally and emotionally ready for a relationship? Start a conversation in the comments below.

## Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together





By Nicole Maher

In the latest <u>celebrity news</u>, <u>Real Housewives of Beverly Hills'</u> couple Erika Jayne and Tom Girardi have announced their split. According to <u>EOnline.com</u>, their <u>celebrity break-up</u> comes following 21 years of marriage. The couple had originally met while Jayne was working in West Hollywood and were engaged after six months of dating. Despite being married for two decades, Jayne expressed frustration about the public's continued reference to the couples' age gap.

In celebrity break-up news, it's over for Erika and Tom, who have been together for over two decades. How do you know when a long-term relationship has run its course?

Cupid's Advice:

Break-ups are never easy, no matter how long you and your partner have been together. However, spending years, or even decades, with another person can make the process of breaking up even more challenging. If you are looking for signs that your long-term relationship has run its course, Cupid has some advice for you:

1. Holding on to happier times: Creating memories together can be one of the best parts of a relationship, but it can also cause people to remain in relationships that are reaching their end. If you find yourself holding on to memories that happened months or years ago, but have not made the same type of memories since, your relationship may have run its course. Breaking-up doesn't mean you have to forget all the great times in your relationship, it opens you up to new experiences.

Related Link: Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split

2. You've grown in different directions: People are constantly growing and changing over the years. It's possible that you and your long-term partner have grown in different ways since the beginning of your relationship. While this is no one's fault, staying together despite your different paths in life may continue to cause conflicts that you're already facing.

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Reunite to <u>Celebrate Halloween With Their Kids</u>

3. Loss of feelings: No one wants to be told that their partner has lost feelings for them. Likewise, many people might not want to admit they've lost feelings for their partner. However, it's possible of the course of a long-term relationship for feelings to change, and holding on to past feelings of love that have disappeared will eventually lead to an unhealthy relationship.

What are some other signs a long-term relationship has run its

# Celebrity Vacation: Maren Morris Celebrates Ryan Hurd's Birthday with Romantic Getaway





By Carly Silva

In the <u>latest celebrity news</u>, Maren Morris celebrated Ryan Hurd's birthday with a romantic getaway to the Tennessee

mountains this weekend. According to *UsMagazine.com*, this <u>celebrity couple</u> has been going strong together since 2017.

## This celebrity vacation was a celebration! What are some ways to make your partner's birthday special?

#### Cupid's Advice:

Finding new ideas to make your partner's birthday special can be difficult, especially if you've been together for a long time. If you're looking for some ways to make your partner's birthday extra special this year, Cupid has some advice for you:

1. Get them something sentimental: A great way to make a birthday feel special for your partner is to get them something meaningful as a gift. Thinking of sentimental and thoughtful gifts to give, like a handmade card, a handwritten poem, or a scrapbook of some sort will let your partner know how much you care, and can make their birthday feel even more special.

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2. Suprise them with an experience: If you are trying to find an extravagant gift for a partner's birthday, surprising them with an experience is a great way to go. Whether it is tickets to a game or show, a day of adventure planned, or a vacation getaway, there are plenty of events that you can surprise your partner with to make their day extra exciting. You can even make the surprise as simple or extravagant as you want.

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#### Gerber Confirm Relationship With a Kiss

3. Do the little things: If you want you partner's day to be super special, but you aren't planning on doing something huge and extravagant, there are also ways to make their birthday special by doing the little things. Cooking your partner breakfast, bringing them coffee at work, setting up a candlelit dinner, or any other small effort can make their birthday extra special without costing a lot of money.

What are some other ways to make your partner's birthday special? Start a conversation in the comments down below!

## Celebrity News: Megan Fox Slams Ex Brian Austin Green for Sharing Halloween Photo of Their Son





By Nicole Maher

In the latest <u>celebrity news</u>, Megan Fox publicly slammed her <u>celebrity ex</u> Brian Austin Green for sharing a photograph of their son on Halloween. According to *UsMagazine.com*, Green posted an image of himself along with the couple's youngest son, Journey, to his Instagram. Fox was quick to comment on the image and questioned why her estranged husband did not crop their child out of the image. The <u>celebrity couple</u> officially split in May of this year after 10 years of marriage.

In celebrity news, there's definitely some drama between these exes, who share three kids together. What are some ways to iron out parenting differences with

#### your ex?

#### Cupid's Advice:

It can be difficult to navigate co-parenting with an ex, especially if you have differing opinions on many fronts. If you are looking for some ways to iron out parenting differences with your ex, Cupid has some advice for you:

1. Establish predetermined rules: An easy way to prevent conflict or differences from arising in the future is to establish some predetermined rules. If you are against having your children featured on social media, or want a universal curfew for both of your houses, these are rules that can be established ahead of time. Be sure to keep these rules straightforward and collaborative to help eliminate as many parenting differences as possible.

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Pounds Amid Divorce From Christina Anstead

2. Ask for permission: There will always be gray-area when it comes to parenting, whether you and your partner are still together or not. A great way to avoid differences is to simply ask for permission when you are unsure if what you're about to do will upset the other parent. The other person involved will appreciate the open communication and hopefully do the same when faced with a situation they are unsure of.

Related Link: Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split

3. Discuss differences privately: While it can be frustrating to navigate parenting differences, especially when they are repetitive issues, it's important to discuss these differences privately. Opening up your conflicts to many other people, such as posting on social media, will only add unnecessary

tension to the strained relationship and make it harder to iron out differences in the future.

What are some other ways to iron out parenting differences with your ex? Start a conversation in the comments below.

## Celebrity Break-Up: Jessie J Posts About 'Unhealthy Love' After Channing Tatum Split





By Nicole Maher

In the latest <u>celebrity news</u>, Jessie J revealed details about her relationship with Channing Tatum after their split, referring to the relationship as "unhealthy love." According to <u>UsMagazine.com</u>, the singer made reference to her relationship with Tatum on her Instagram Story when she included a quote about avoiding relationship timelines and emphasized falling in love at any age. The <u>celebrity couple</u> dated on-and-off for the past two years before officially announcing their <u>celebrity break-up</u> earlier this year.

In celebrity break-up news, Jessie J is seemingly speaking out about her unhealthy relationship with Channing Tatum. What are some telltale signs that you're in an unhealthy relationship?

#### Cupid's Advice:

1. There's no compromise: One of the most important aspects of a relationship is the willingness to compromise. It is likely that you and your partner will not agree on everything, but when both people are willing to compromise in different ways, it allows for healthy communication and an overall healthy relationship. However, if your partner is not compromising in any way and you are constantly forced to follow their decisions, you are in an unhealthy relationship.

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About Choosing Peace Over Drama After Split

2. Other areas of your life are impacted: Unhealthy relationships can cause a great deal of stress and frustration when you are around your partner, but these feelings can also

spread into other areas of your life. If you feel yourself getting frustrated with your other friends or work environment but are unsure why, it may be stemming from stress that started in your relationship.

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During First Meeting with Ex Lisa Bonet

3. You feel worse about yourself: The person you are in a relationship with should never leave you questioning your own worth or how much they care about you. While nearly every relationship goes through a rough patch, there should never be a time where your partner makes you feel like less of a person. This willingness to put you down shows a lack of overall respect and is likely a sign of unhealthy love.

What are some other tell-tale signs you're in an unhealthy relationship? Start a conversation in the comments below.

## Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox





By Nicole Maher

In the latest <u>celebrity news</u>, Machine Gun Kelly outlined how his new relationship with Megan Fox has made him a better person. According to *UsMagazine.com*, Kelly was struggling with addiction prior to meeting Fox, but their relationship allowed him to break the cycle and have the "biggest rise" of his life. The <u>celebrity couple</u> met while filming *Midnight in the Switchgrass* and moved in together one month after Fox separated from her estranged husband.

In celebrity news, Machine Gun Kelly credits Megan Fox for helping him become a better person. What are some ways a relationship can change you for the better?

Cupid's Advice:

There are many benefits to being in healthy and loving relationships, some of which may personally make you a better person. If you are looking for some ways a relationship can change you for the better, Cupid has some advice for you:

1. More responsibility: Relationships come with a lot of responsibilities, from maintaining open communication to tending to the feelings of your partner. By taking on some of these responsibilities when getting into a relationship, you will gradually become more mature and better equipped to maintain other relationships and friendships in the future. This ability to handle more responsibilities can also translate to other areas of your life, such as your professional life.

Related Link: Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss

2. New social circles: The people that we choose to surround ourselves with can benefit or hurt us in the long run. Forming a new relationship can provide an opportunity to integrate new people into your social circle, which may lead to some more positive influences. Changing the people you surround yourself with can also provide an opportunity to stop falling back into old habits if it was something you shared with your past friends.

Related Link: Celebrity News: 'RHOC' Alum Vicki Gunvalson Shoots Down Split Rumors

3. Positive outlooks: Healthy and loving relationships should provide you with more things to look forward to in life. A relationship can better you as a person by giving you more outlets for excitement, which in turn can make you a happier and more pleasant person to be around. The happier you are, the more positively you will see yourself as well.

What are some other ways a relationship can make you a better person? Start a conversation in the comments below!

## Celebrity Wedding: Find Out More About Blake Shelton's Proposal to Gwen Stefani





By Nicole Maher

In the latest <u>celebrity news</u>, Blake Shelton and Gwen Stefani have taken the next step in their relationship by getting engaged. According to *UsMagazine.com*, Shelton proposed to Stefani after asking her father for permission and selecting a custom engagement ring. The <u>celebrity couple</u> began dating in November 2015 after working together on *The Voice*, and moved in together in October 2019. Shelton and Stefani now look

forward to planning their <u>celebrity wedding</u>.

In celebrity wedding news, Blake and Gwen are officially engaged after Blake asked her father's permission. What are some must-dos before an engagement?

#### Cupid's Advice:

Whether you are a fan of more traditional engagements or are looking for a modern approach, there are a few steps to take before popping the question. If you are looking for some must-dos before an engagement, Cupid has some advice for you:

1. Rehearse your speech: Whether you're looking to keep things short-and-sweet, or want a more detailed speech, it's a must to rehearse what you're going to say before the big day. Engagements are exciting and emotional, and may cause you to freeze up in the moment. By having an idea of the points you want to get across beforehand, you will make sure your partner knows just how much thought you put into asking the question.

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Toast to CMT Music Awards 2020 Win

2. Select the perfect location: Selecting the perfect location to pop the question is also a must-do before an engagement. Consider some of your partner's favorite places and decide which would be the best spot to begin this next step together. It is also important to consider if you and your partner would rather have a public or private engagement when planning out the location.

Related Link: Celebrity Couple News: Kelsea Ballerini Talks

#### How Husband Supported Her Reimagined Album

**3. Ask for permission:** Just as Blake Shelton did, it is important to ask for permission when proposing to your partner. By asking your partner's parents, siblings, or close friends if they approve of your engagement, it'll show the respect you have for your partner's existing family. It will also allow them to get excited and potentially help you with the rest of the planning process!

What are some other must-dos before an engagement? Start a conversation in the comments below!

### Celebrity Baby: Lily Allen Reveals She Wants Kids With Husband David Harbour





By Nicole Maher

In the latest <u>celebrity news</u>, Lily Allen revealed that she may be discussing the possibility of having a <u>celebrity baby</u> with new husband David Harbour. According to *EOnline.com*, Allen and Harbour are open to having children together, but may hold off for a while because of Allen's struggles with mental health. The <u>celebrity couple</u> met on the dating app Raya in 2019 and were secretly married in September of this year.

In celebrity baby news, Lily Allen wants kids eventually with her new husband, but she may hold off for a little while since she's in a good place mentally. What are some ways mental health comes into play when

#### deciding whether to have kids?

#### Cupid's Advice:

Having children leads to large changes in everyone's lives, but these changes can be especially challenging for those who struggle to maintain mental health. What mental health considerations should you make before having kids? Cupid has some advice:

1. Change in hormones: Pregnancy and childbirth are two events that cause large changes to a woman's hormones, which could also affect her mental health. If you are considering having children but are worried about the changes it will cause to your body because of your mental health, getting the advice of both a psychologist and an obstetrician can help you decide when the best time to try for a child may be.

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2. Higher energy levels: Having and raising children requires large amounts of energy, which is something that may already be a struggle for someone with inconsistent mental health. While having a kid may allow for less rest days, there are many ways to structure your schedule that allow you to prioritize both raising your child and maintaining your balance of energy. On days where your energy is lower, try relying more on your partner or a babysitter.

Related Link: <u>Celebrity Baby News: 'Duck Dynasty' Alum Sadie</u>
Robertson is <u>Pregnant With First Child</u>

3. Constant enthusiasm: Whether it's their first birthday, first steps, or first day of school, there is so much to celebrate as your child grows up. However, this constant need to have enthusiasm may be difficult for someone struggling to

maintain good mental health. Waiting until you have more enthusiasm in your daily life to have a kid may be a good idea to prevent you from feeling like you're missing out on celebrating important milestones.

What are some other ways mental health comes into play when deciding whether to have kids? Start a conversation in the comments below.

# Celebrity Couple News: Kelsea Ballerini Talks How Husband Supported Her Reimagined Album





By Nicole Maher

In the latest <u>celebrity news</u>, singer Kelsea Ballerini describes how her husband, Morgan Evans, supported the creation of her reimagined album throughout quarantine. According to *UsMagazine.com*, Ballerini and Evans had agreed not to write music together when quarantine began, but as time went on, they found enjoyment in sharing their creative processes with each other. In March, Ballerini released a stripped-down version of her *Kelsea* album titled *Ballerini*. The <u>celebrity couple</u> initially met in 2016 and were married in December of 2017.

In celebrity couple news, Kelsea Ballerini gave credit to her husband for supporting her through the release of her most recent

## album. What are some ways to support your partner's passions?

#### Cupid's Advice:

Whether you and your partner have shared passions, or they are drastically different, it is important to support each other through all of your endeavors. If you are looking for some ways to support your partner's passions, Cupid has some advice for you:

1. Attend their events: Whether it's a sport, art style, or other type of hobby, it is likely that your partner will eventually start attending events centered around their passion. A great way to show your support is to accompany them to these types of events. By cheering your partner on through a race or sitting in the audience of an open-mic, your presence will show your partner that you respect their passion just as much as they do.

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2. Ask questions: The best way to show support for a passion you may not completely understand is to ask questions. Your partner is likely aware that you do not share the same passion as them, but by showing you're interested through asking questions, they will still feel supported and appreciated. Show them you want to learn more by getting to know some of the details about what they are passionate about!

Related Link: <u>Celebrity Couple News: Jacob Elordi & Kaia</u> <u>Gerber Confirm Relationship With a Kiss</u>

**3. Celebrate successes:** Big or small, it is important to celebrate your partner's successes within their passion. Acknowledge the new milestones they are reaching by buying

them a gift or treating them to a night out. These little celebrations will give them the drive they need to continue advancing in their passion while also allowing you to have fun and support them.

What are some other ways to support your partner's passion? Start a conversation in the comments below!

### Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss





In the latest <u>celebrity news</u>, Jacob Elordi and Kaia Gerber have just made their relationship official in public. According to *EOnline.com*, Elordi and Gerber were spotted kissing while running errands together in Los Angeles. The <u>celebrity couple</u> caught the attention of their fans back in September when they were seen at dinner together, and the rumors continued as they were seen holding hands while walking through a New York City market.

In celebrity couple news, Jacob and Kaia have gone public with their relationship. What are some subtle ways to confirm your new relationship to family and friends?

#### Cupid's Advice:

While you are undoubtedly excited about your new relationship, you may not be the type of person who wants to formally announce it to everyone. If you are looking for some subtle ways to confirm your new relationship to family and friends, Cupid has some advice for you:

1. Ask for a plus one: A great way to subtly announce that you and your partner have gotten more serious is to ask if you can bring them as a plus-one to an event. This will show your friends and family your relationship is growing as you are allowing for it to become more public.

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Reference New Romance with Kristin Cavallari in Funny Post

2. Call it a date: Switching up the language is another subtle

way of showing the growth of your relationship. If you have been telling your family and friends that you are "hanging out" with your current partner on Friday night, now may be the time to switch the phrasing to "going on a date." This will let them know that things have gotten more serious and leave them wanting to know more details!

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3. Step up the PDA: Just as Eloridi and Gerber did, stepping up the PDA is a subtle way of making your relationship official. By openly giving your partner a kiss hello, or holding their hand throughout the day, it will let you family and friends know that the two of you are officially together without you needing to outwardly say it.

What are some other subtle ways to confirm your relationship to friends and family? Start a conversation in the comments below!

## Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post





By Nicole Maher

In the latest <u>celebrity news</u>, Jeff Dye may have just referenced a new romance forming with Kristin Cavallari. According to *UsMazagine.com*, Dye posted a mirror selfie to his Instagram account captioned, "Some women like hot guys, some like funny guys. Don't be salty," which Cavallari liked. While the <u>celebrity couple</u> has not made their relationship official, they were spotted kissing during a date in Chicago this October. Cavallari has expressed not wanting a serious relationship following her recent split from husband Jay Cutler.

In celebrity couple news, Jeff Dye hasn't officially confirmed his relationship with Kristin Cavallari, but he seemingly

# referenced it in a recent Instagram post. What are some reasons to keep your relationship under wraps at first?

#### Cupid's Advice:

Just because you see your friends and family releasing details about their relationship does not mean you are obligated to do the same thing. If you are looking for some reasons to keep your relationship under wraps at first, Cupid has some advice for you:

1. You're just starting out: When you are just beginning a new relationship and aren't sure where it's going, you may wish to keep the details to yourself. There is no shame in waiting a few weeks or months before sharing your relationship with others, especially if you are waiting to see if you're going to be with this person long-term.

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2. Keeping it casual: If you and your current partner are just looking to keep things casual, then there may be no reason to post about it. You may not want to overshare about this relationship if you do not see yourself dating this person long-term, or are still open to meeting other people.

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Husband Mike Caussin Cheated Again

3. You want privacy: Some people simply want privacy in a relationship and do not wish to make all the details public. Whether you went through a public break-up in the past or simply do not want to answer endless questions about your new

partner, seeking privacy is an understandable reason for keeping things under wraps.

What are some other reasons for keeping your relationship on the down-low when you first start dating? Start a conversation in the comments below!

# Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot





By Nicole Maher

In the <u>latest celebrity news</u>, Kylie Jenner and Travis Scott sparked romance rumors after posting a picture together. According to *UsMagazine.com*, Jenner shared two pictures of the pair to her Instagram account with Scott responding in the comments. The <u>celebrity couple</u> first started dating back in 2017 before welcoming their daughter, Stormi, in February of 2018. Jenner and Scott went on to announce their <u>celebrity break-up</u> in October of 2019 and have been focusing on coparenting since.

In celebrity news, Kylie and Travis may be giving things another go after a steamy photo shoot. What are some ways to know if you should give a past relationship another shot?

#### Cupid's Advice:

Sometimes exes find their way back to each other only to form healthier, stronger relationships. If you are looking for some ways to decide if you should give a past relationship another chance, Cupid has some advice for you:

1. Time has passed: After a break-up, it is necessary to allow enough time to pass before reaching out again with the hope of rekindling. It is likely that there were some large issues leading up to the break-up, and these will not be resolved overnight. By allowing each other enough time to learn and grow, your second try at the relationship may be more successful.

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During First Meeting with Ex Lisa Bonet

2. Emotions have calmed: In order for your rekindled relationship to work, you have to let go of any negative emotions surrounding the past attempt at dating. If you still feel yourself holding onto instances where your partner upset or angered you, it may not be the right time to give the relationship another try. Once these emotions have truly vanished, then you can consider a second try with your partner.

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West Spark Romance Rumors in Italy

3. You've both discussed it: It is a mutual decision to give your relationship another chance. By having a conversation about the possibility of reconciling your relationship with your partner first, you will ensure that you are both on the same page. This will allow you to reenter the relationship with a stronger foundation than before and will help you two succeed in the future.

What are some other ways to decide if you should give a relationship another shot? Start a conversation in the comments below.

Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet





By Nicole Maher

In the latest <u>celebrity news</u>, Lenny Kravitz's new memoir *Let Love Rule* gave fans a look into some of the hardship he has faced in the past, including making a bad first impression when meeting his <u>celebrity ex</u> Lisa Bonet. According to *EOnline.com*, Kravitz outlines how when first meeting Bonet, he "kind of blew it" by complimenting her hair. Kravitz explained that he was nervous, and while he did like her hair, he knew he should've said something better. Kravitz and Bonet later went on to get married and have a daughter before announcing their <u>celebrity break-up</u> in 1993.

## In celebrity break-up news, not all love stories have a perfect

beginning, middle, and end. What do you do if you make a bad impression on your crush the first time you meet them?

#### Cupid's Advice:

Sometimes when we get nervous or are trying to impress someone we end up saying the wrong thing. While this may not lead to the best first impression, it doesn't mean that we completely blew our shot. If you are looking for some ways to make up for a bad first impression, Cupid has some advice for you:

1. Acknowledge and apologize: Oftentimes the easiest way to move past an awkward encounter is to simply acknowledge it happened and apologize for it. This will ensure your crush that you also thought the first impression wasn't the best so they are not left wondering if that's how you normally act. Once the air is cleared, focus on impressing them next time!

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2. Don't dwell on it: While the fact that you made a bad first impression on your crush may still be on the forefront of your mind, it is important not to dwell on this encounter. If you spend too much time focusing on what you did wrong, it can make it more difficult to show your crush your real personality moving forward. Once you've acknowledged it, just let it go!

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3. Nail the second impression: First impressions are not last impressions. Once the air is cleared from an awkward first

encounter and you have stopped dwelling on what you originally said, take every opportunity moving forward to make a better impression. Over time, your crush will forget how bad your first impression may have been and only think of the ways you have impressed them since.

What are some other ways to make up for making a bad impression on your crust the first time you meet them? Start a conversation in the comments below.

## Celebrity Couple News: Kristen Bell Stands By Husband Dax Shepard After Relapse





By Carly Silva

In the <u>latest celebrity news</u>, Kristen Bell opened up about her husband's relapse nearly one month ago, which ended 16 years of sobriety. According to *People.com*, the <u>celebrity couple</u> is working together to move forward, and Bell is committed to supporting her husband through this journey.

In celebrity couple news, Kristen Bell is standing by her man through his continued struggle with alcohol addiction. What are some ways to support your partner through addiction recovery?

#### Cupid's Advice

Being in a relationship with a partner who is struggling with addiction can be difficult, but there are ways to help them

through it. If you're looking for some ways to support your partner through addiction recovery, Cupid has some advice for you:

1. Attend therapy together: While your partner is going through recovery, therapy is always a great option. Attending couple's therapy together may help both of you to have some guidance on this difficult journey, and to stay aware of each others' feelings and move forward together.

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2. Be aware of possible triggers: As a partner, it's important that you are helpful and supportive in your partner's efforts in recovery. Make sure you are fully informed on their addiction, and be able to identify possible triggers that could throw off progress. Be aware of triggering situations, events, and people that may influence your partner to relapse.

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3. Stay honest with each other: Make sure you're able to talk to each other honestly. This will be important for your partner to feel comfortable opening up to you and for you to be honest about what you need from your partner as well.

What are some other ways to support your partner through addiction recovery? Start a conversation in the comments down below!

## Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again





By Carly Silva

In the <u>latest celebrity news</u>, Jana Kramer opened up about a recent direct message she received on Instagram, alleging that her husband, Mike Caussin cheated again. The <u>celebrity couple</u>, who tied the knot back in 2015 and share two children together, and have dealt with infidelity before, after Caussin cheated in 2016. According to *UsMagazine.com*, Kramer admitted that she did freak out over the direct message, and she has a hard time trusting her husband.

In celebrity news, Jana Kramer says she doesn't trust husband Mike after multiple cheating rumors. What are some ways to rebuild trust in a relationship?

#### Cupid's Advice:

Although infidelity is oftentimes a deal-breaker, it is possible to work through the problem and regain trust. If you're trying to rebuild trust in your relationship, Cupid has some advice for you:

1. Be willing to put the work in: Working through rebuilding trust will be a difficult journey, so make sure you're up for the task. Be honest with yourself if this is something you can work through and commit to it. Expect that it may be a long road, but it will be worth it in the end.

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<u>Supported Her Kids for 5 Years</u>

2. Ask for what you need: When you're trying to rebuild trust, it's important to make sure you're honest about what you need. Set the boundaries that make you comfortable and make it clear what you expect in your relationship. This will make it easier for your partner to strive to give you what you need in the future.

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3. Focus on the future rather than the past: One thing that will always make rebuilding trust difficult is reliving the past. If you make the decision to forgive your partner and move on, it's best to stick to that. Avoid bringing up the

past and rehashing old problems. Instead, focus on the future and what you and your partner can do to better your relationship from now on.

What are some other ways to rebuild trust in a relationship? Start a conversation in the comments down below!

Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone





By Nicole Maher

In the latest <u>celebrity news</u>, a new book written by Robert Lacey revealed details about a rocky past between Prince William and Kate Middleton. According to *UsMagazine.com*, Lacey wrote that Prince William and Middleton have experienced two <u>celebrity break-ups</u> with each other in the past, with the most recent happening over the phone. The author explains that the Prince was 25 at the time and unsure of his future with Middleton. The royal couple has now been married for nine years and share three children.

In celebrity break-ups news, a new book claims that Prince William dumped now-wife Kate Middleton over the phone when their relationship was on the rocks. If you think your

## relationship is over, what are some ways to break the news to your soon-to-be ex partner?

#### Cupid's Advice:

Ending a relationship is never fun, but sometimes it is the only way to move forward with your own life. If you are looking for some ways to break the news to your soon-to-be expartner, Cupid has some advice for you:

1. In person: The most respectful way to end a relationship with someone else is to have a conversation in person. Whether it is a newly formed relationship that you don't see working long term, or a relationship that has lasted years, the other person still deserves to be present for the conversation. This will allow the two of you to discuss the break-up without too much getting lost in the translation of technology.

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Supported Her & Kids for Five Years

2. Video chat: If distance is a factor in the relationship, or you truly cannot bring yourself to meet with your soon-to-be ex in person, video chats are a good alternative. This will allow you to break to news while still being able to see their face and register their emotions. While this option isn't as good as physically meeting up with someone, it is more respectful than a phone call or text.

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**3. Over the phone:** As a last resort, break-ups can be done over the phone. If this is the route you chose to take when ending things with your partner, be sure to pick a time that allows for both of you to have a full conversation rather than

calling while one of you is at work. While phone calls are far from the best option in terms of ending a relationship, they are still more respectful than sending a text or not telling your partner at all.

What are some other ways to break the news to your soon-to-be ex partner? Start a conversation in the comments below.

Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen





By Nicole Maher

In the latest <u>celebrity news</u>, Valerie Bertinelli paid tribute to her late <u>celebrity ex</u> Eddie Van Halen in a recent Instagram post. According to *UsMagazine.com*, Bertinelli wrote that Van Halen had forever changed her life despite the fact that the <u>celebrity couple</u> was no longer together. Van Halen and Bertinelli's son, Wolfgang Van Halen, also shared some words about his father, who lost his long battle to throat cancer on October 6th. The father and son duo had been playing together in Van Halen's band from 2006 until the group stopped touring in 2015.

In celebrity news, Eddie Van Halen passed away after a fight with cancer. What are some ways to honor a loved one after they pass away?

Cupid's Advice:

One of the most difficult things that everyone will face at some point in their lives is the loss of a loved one. Losing someone close to you can be heartbreaking, but it can eventually lead to opportunities to honor their life. If you are looking for some ways to honor the life of a loved one after they pass away, Cupid has some advice for you:

1. Talk about them: It seems simple, but often after losing a loved one, we refrain from bringing up their name. While you may need some time following their passing to process your loss, eventually bringing their name back into conversations is a great way to show acceptance and honor their life. Those closest to you will always be happy to hear about your favorite memories with the loved one you lost.

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<u>Says Husband Matthew Lawrence Is Her 'Rock' Amid Sobriety</u>

<u>Journey</u>

2. Celebrate their birthdays: A loved one's birthday can be one of the hardest days following their death, but can also be a great opportunity to celebrate them. Creating new traditions to carry out on their birthdays, such as baking their favorite dessert or releasing balloons, is a sweet way to honor their life and reminisce on some of your favorite memories with them.

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3. Get involved: Getting involved in someone's cause following their death can help honor their life as well as save the lives of others. Taking part in fundraising events or charity walks to raise money for specific illnesses, such as cancer, gives you the opportunity to share your loved one's story and listen to those of others. While the subject manner of these events is usually heavy, the events themselves can be uplifting and community building.

What are some other ways to honor a loved one after they pass away? Start a conversation in the comments below.

## Celebrity Couple News: 'DWTS' Pro Cheryl Burke Says Husband Matthew Lawrence Is Her 'Rock' Amid Sobriety Journey





By Carly Silva

In the <u>latest celebrity news</u>, *Dancing with the Stars* pro

Cheryl Burke stated in an appearance on *Good Morning America* that her husband, Matthew Lawrence, has been her "rock" amid her sobriety journey. The <u>celebrity couple</u> married in 2019, and according to *EOnline.com*, Burke insisted that she would be lost without his support.

In celebrity couple news, Cheryl calls husband Matthew her "rock" during her sobriety journey. What are some ways to support your partner through overcoming addiction?

#### Cupid's Advice:

Helping someone to recover from addiction can be extremely difficult for anyone, especially a romantic partner. If you're looking for some ways to support your partner through overcoming addiction, Cupid has some advice for you:

1. Educate yourself: One of the first things you can do to help your partner in overcoming addiction is to make sure you understand the nature of addiction. Educating yourself will help you understand and empathize with your partner, and also know the language and habits to avoid while helping them recover.

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2. Find substance-free activities: One of the worst things you can when helping a partner recover is to put them in situations that may trigger the desire to break sobriety. As a supportive partner, you can help by finding fun activities or

events that don't involve substance use. You can also communicate and set boundaries about which behaviors are acceptable between you and your partner.

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3. Don't be afraid to ask for help: While it is great to be a helpful support system for your partner, it can also be a lot to handle for you, too. Make sure you are getting the support you need as well, by reaching out to friends or even professionals for help and advice. This will help you to take care of yourself, and also be able to fully support your partner.

What are some other ways to support your partner through overcoming addiction? Start a conversation in the comments down below!

### Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors





By Nicole Maher

In the latest <u>celebrity news</u>, Sofia Richie officially unfollowed her celebrity ex Scott Disick on social media. According to *UsMagazine.com*, Richie recently unfollowed both Disick and his other ex, Kourtney Kardashian, on Instagram after rumors of his involvement with Bella Banos began to surface. Richie and Disick first made their <u>celebrity relationship</u> official back in 2017 before announcing their <u>celebrity break-up</u> in May of this year. The couple appeared to briefly rekindle their relationship afterward, but has since split for a second time.

In celebrity break-up news, Sofia Richie unfollowed her ex Scott Disick on social media as he was spotted with a new woman. What are

## some steps you can take to get over your ex?

#### Cupid's Advice:

No matter how amicable the situation may have been, breaking up with your partner and beginning the process of getting over them can be challenging. If you are looking for some steps to take to get over your ex, Cupid has some advice for you:

1. Remove them from your feed: It's hard to get over someone if you are constantly aware of what they're doing or who they're with. By limiting how much of the other person you see on social media, you will stop yourself from seeing anything you are not ready for. Whether it is muting, unfollowing, or blocking, there are many different options to limit your exposure to your ex.

Related Link: New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach

2. Take down your posts: While removing them from your feed is helpful, so is taking down whatever posts you have of the relationship on your account. It may not be necessary to completely delete these posts, but archiving them or setting them as private is a good way to show you're moving on. Once you start conveying to other people that you are past the relationship, you will begin to believe it yourself.

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3. Limit other forms of communication: Depending on the situation, it may not be possible to cut off all communication right away. Be sure to set boundaries between you and your ex to establish how much communication you are comfortable with. These boundaries can always be lessened or strengthened as the

situation changes.

What are some other ways to help someone get over an ex? Start a conversation in the comments below!