

# NoGamesLove Video Dating Tips: Heartbroken? Heal and Move On...Like I Did



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on How to Move On

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House addresses a tough question: How can you heal and move on after a broken

heart? The dating expert reveals two heartbreaks of her own and uses her experiences to encourage others to pick up the pieces and focus on the future. "I found myself again. I realized I had lost myself in a lot of ways," she candidly says. "I was so concerned with making him happy that I forgot how to make myself happy." If you're struggling with heartache, listen up for more great tips!

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How did you heal and move on after a broken heart? Share your story in the comments below.**

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## **Ryan Casey Caricatures Celebrity Romances in 'But You Like Really Dated?!'**





By Priyanka Singh

It's not easy to find love in Tinseltown, but it's certainly entertaining to see just how high or low our favorite celebrities aim in the world of A-list dating. While a lot of their fame stems from their blockbuster hits and platinum albums, stars are notoriously well-known for their long lists of Hollywood romances. Award-winning illustrator Ryan Casey recently released his "celebropedia of Hollywood hookups" with his new book *But You Like Really Dated?!* and exposed some of the most interesting, surprising, and strangest star interactions. This spunky webcomic artist caricatures celebrities and provides hilarious commentary to go along with the even funnier depictions of famous faces like Claire Danes – who he calls "Hollywood's ugliest crier" – Oprah, Jennifer Lopez, and so many more. Casey maps out some of the most scandalous romances as well as the most bizarre hookups and even caricatures some of our favorite celebrity kids. In an exclusive interview with CupidsPulse.com, the illustrator shares his take on the wonderfully strange world of Hollywood and why celebrities struggle so much at the art of love.

**Related Link:** [Celebrity Divorce Attorney Laura Wasser Gives Tips on Divorcing Peacefully In New Book](#)

**First, what really inspired you to shed light on so many Hollywood hookups?**

I saw a few lists online about celebrities who used to date. Rihanna and Shia LeBouf, Christian Bale and Drew Barrymore, Nick Lachey and Kim Kardashian– these couples really blew my mind, and I wanted to give this information to the world in a fun, illustrated way. I knew that, if all this information were in one place, it would be a real conversation starter and a great reference guide for people who love celebrity gossip.



**What message do you want your readers to extract when they look through your book?**

I want people to laugh, turn to a friend, and say, “WTF? Tiger Woods dated LeAnn Rimes?!” My main goal for *But You Like Really Dated?!* is to entertain people, introduce them to my work, and teach them something new about Hollywood hookups.

**We have to ask: Why do you think people are so obsessed with the love lives of celebrities?**

Honestly, I think we all enjoy being judgmental. We like to have an opinion about who is going to last in love, what kind

of man Jennifer Lawrence deserves to marry, and what exes will have the messiest divorce. The love lives of these celebrities are so entertaining because they have a ton of money and fame – the possibilities are endless. And we might be a little jealous! Well, I am at least.

### **Can celebrity couples teach us any smart dating tips?**

I definitely think we can learn something from these couples. These stars have huge egos, but honestly, we all have egos, and I believe egos destroy relationships. For instance, do **not** look at Jennifer Lopez for smart dating tips because her ego is out of control. She needs to check herself, go back to her “block,” and have a humble moment if she wants to find a lifelong partner. So from J. Lo, we can learn that, if you want to find everlasting love, you need to check your ego, not take yourself seriously, and not become famous!

**Related Link:** [Short Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

### **What’s the most valuable piece of advice you would give to celebrities regarding their complicated love lives?**

Chill out. I really respect the twosomes that stay out of the spotlight and strive for a normal life. Can’t they all just move out of Hollywood? Check out Ryan Reynolds and Blake Lively in Bedford, New York. I think they’re doing it right. On the other hand, we have Kim Kardashian and Kanye West. The social media blitz about their engagement at AT&T Ballpark in San Francisco really makes me want to throw my hands up and scream, “Can’t you two just have a private moment?”

### **Finally, what celebrity couples were you most surprised to learn dated?**

Lisa Cudrow and Conan O’Brien! Tom Cruise and Cher! Justin Timberlake and Fergie!

*To purchase But You Like Really Dated?!, check Amazon or your local bookstore. You can also see more of Casey's work on his website, [ButYoureLikeReallyPretty.com](http://ButYoureLikeReallyPretty.com).*

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# Doug Hutchinson and Teen Bride Courtney Stodden Separate



By Kristyn Schwiep

Doug Hutchison and teen bride, Courtney Stodden, have separated after two and a half years of marriage. Country



singer Stodden was 16 – 35 years younger than Hutchinson when they got married. According to [People](#), the couple was seen walking their dog, but neither of them were wearing their wedding rings. “We love each other very much, want for each other’s happiness, and will continue being the best of friends for life,” the pair said.

**What are some factors to consider when you’re attracted to someone much older?**

### **Cupid’s Advice:**

Being attracted to someone who is much older than you can add some strain to your relationship, so what are some things to consider when you’re attracted to someone much older? Cupid has some advice for you:

**1. Children:** Dating someone who is much older you have to consider the chances that he or she might have children. If they do have children you need to make sure that you are ready to meet them and potentially be a part of their lives.

**2. Maturity:** The level of maturity will be significantly different between you two. Remember that he or she might not want to go out all the time and may want to spend weekends at home alone watching movies and cooking dinner.

**3. Don’t mention it:** Don’t mention the gap in age constantly. If you are attracted to each other this is something you can move past. Reminding him or her of the difference in age can make them feel self conscious and old.

**What are some things you consider when you’re attracted to someone older? Share your thoughts below.**

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# Adam Levine's Ex Nina Agdal Opens Up About Their Split and His Engagement



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Nina Agdal holds no grudges against *Maroon 5* singer Adam Levine and his fiancée Behati Prinsloo. The *Ocean Drive* cover girl said that she found out about Levine's engagement through a text message but she's "happy for them." Agdal is currently dating *The Wanted*'s Max George. "We're very much in the honeymoon period. She's awesome," the British rocker, 25, told *OK!* last month. "She's like a best mate as much as a girlfriend."

**What are some ways to cope with an abrupt breakup?**



## **Cupid's Advice:**

Sometimes breakups happen quickly, and there's nothing you can do about it. Cupid has some advice on how to deal:

**1. Spend time with friends:** After you go through a breakup, it's a good idea to spend some time catching up with your loved ones. They'll be there to lend you a shoulder to cry on and they won't pass any judgment on you.

**2. Keep busy:** One of the best things you can do after a sudden breakup is keep yourself distracted. Continue to carry on with your daily routine as you normally would do. Hang out with your family and friends. Take up a few new hobbies. Over time, you won't need as many distractions, but for now, it'll help with the pain you might be feeling.

**3. Pamper yourself:** Take yourself out on a "me" day. Get a makeover or spend the day relaxing at a spa. Don't just spend your time pondering on what could have been. You're single now, so that mean you need to be the best "you" you can be for the next cute girl/guy who catches your eye.

**What are some other ways to cope with an abrupt breakup? Comment below.**

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**'Once Upon a Time' Co-Stars  
Jennifer Morrison and  
Sebastian Stan Call It Quits**



By Kerri Sheehan

It doesn't look like it will be happily ever after for former *Once Upon a Time* costars Jennifer Morrison and Sebastian Stan. The couple has officially called it quits after more than a year of dating. Multiple sources have confirmed to [UsMagazine.com](http://UsMagazine.com), "They broke up at least four months ago. They have gone their separate ways—no bad blood." It seems the couple has just grown apart and there will be no hard feelings.

**How do you announce your breakup to family and friends?**

**Cupid's Advice:**

Breakups are never easy. Let Cupid help you ease the transition from together to apart:

**1. Don't send out a huge announcement:** A lot of people get the

idea to send out an announcement letter to all of their friends about their breakup. This is especially true if they feel they have been wronged. They want to be casually vindictive and let other know that the breakup wasn't their fault. However, this is the wrong way to go about it unless you're still in middle school.

**2. Leave the drama out of it:** It's a breakup, not a breakdown. So, when you're informing your friends and family that you and your lover have called it quits, don't be too dramatic about the whole situation. Sure it will take some time to get over, but it is not the end of the world.

**3. Practice makes perfect:** Before informing anyone, sit down by yourself and figure out exactly what you want to say. You may not want to give them every little detail and therefore having a blanket statement ready to tell people is a good idea.

**How would you announce a breakup? Share below.**

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## **Sizzle to Fizzle: Brody Jenner and Bryana Holly**





By April Littleton

A source confirmed to [UsMagazine.com](http://UsMagazine.com) that the *Keeping Up with the Kardashians* star has broken up with his model girlfriend of four months, Bryana Holly. “It just **fizzled** out,” the insider said about the break up. The former flames went public with their relationship July 6 in Malibu, California. Prior to **sizzling** up with Holly, Brody Jenner was linked to Avril Lavigne, Lauren Conrad and Kristin Cavallari, who just announced her second pregnancy with husband Jay Cutler.

**How do you know when to call it quits on a new relationship?**

### **Cupid’s Advice:**

Breaking up with someone you once cared for is never an easy thing to do. How do you know if you’re making the right decision? Are the problems you and your companion have something that can be fixed? Cupid is here to help:

**1. Lack of communication:** There’s no use in trying to save a dying relationship when you and your partner stop talking to each other completely. Communication is key to any

**sizzling** relationship. If you can't fully express the way you feel and the problems you and your significant other seem to be having are just getting worse, it may be time to call it quits.

**2. Wondering eyes:** The **heat** in your relationship may not be as intense as it used to be if you find yourself interested in another person. The same goes for your honey. You and your boyfriend/girlfriend should only have eyes for each other. Talk to your partner about the status of your relationship if someone else is making you smile and weak in the knees.

**3. The love is gone:** Don't be with someone you no longer have feelings for. If you've fallen out of love and it's obvious that your girlfriend/boyfriend doesn't feel the same way about you anymore, let each other go. Continuing on with a relationship the both of you don't want to be in anymore will only make matters **fizzle** out more. You never know, the two of you might just be better off as friends.

How did you know when to call it quits? Comment below.

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## Minka Kelly and Chris Evans Call It Quits





By Gabby Robles

According to [UsMagazine.com](https://www.usmagazine.com), Chris Evans and Minka Kelly called it quits last week. An insider reveals that distance was a huge factor in the split, and even though this is their second break up, they haven't left on bad terms. The source revealed the two, "still care about each other."

**How do you remain civil with an ex after a breakup?**

### **Cupid's Advice:**

When you end on good terms, you're freeing yourself from all bad vibes that come with the end of a relationship. Remaining civil is not only a great way to "save face," but it's also liberating for you internally. Cupid has some advice to how to keep things civil with your ex:

**1. Look at yourself:** There are amazing qualities about you that you could be sharing with someone who you really want to spend time with. There are better things in your life than hoisting negativity towards your ex. Remember the type of person that you are, and it'll be easier to keep things in



perspective.

**2. Don't hold a grudge:** Getting rid of hard feelings from your ex will not only it'll take a huge weight off your shoulders, but it'll make you feel better too. There's no reason to keep bad thoughts of your ex on your mind, it will only cause you stress and make things harder on yourself. Don't let **old feelings** bother you.

**3. Move on with your life:** There's a great future ahead of you. Think of that, and from there you'll only see positivity – not only in this situation, but also in all aspects of your life. Always keep your life in perspective: take a look at your goals, see what you weren't getting from your ex, and don't hold it against them for it. You're in control of your life and now is the time to see what you want and make it happen.

**What are some ways you remain civil with your ex? Share with us in the comments below.**

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## Celebrity Divorce Attorney Laura Wasser Gives Tips on Divorcing Peacefully In New Book





By Priyanka Singh

With the climbing divorce rate reaching over 50 percent, many Americans fear the catastrophic events of a messy split. However, celebrity divorce attorney Laura Wasser has some words of wisdom to help divorcees in her new book, *It Doesn't Have to Be That Way: How to Divorce Without Destroying Your Family or Bankrupting Yourself*. The author's southern California location opens her up to a world of A-list celebrity clients, including Kim Kardashian, Britney Spears, and Heidi Klum. Even though the private lives of these stars are under constant media scrutiny and exposure, Wasser explains that divorce disputes have the potential to be fairly painless, particularly in the familial and financial aspects of a settlement. She also spends quite a lot of time working with pro bono cases for the Harriett Buhai Center for Family Law, calling divorce a "great equalizer" because of the emotional distress couples experience is the same across the board.

In an exclusive interview with CupidsPulse.com, Wasser talks about the evolving world of divorce and provides some tips to

guide you through a separation as seamlessly as possible.

**Related Link:** [Short-Term Celebrity Marriages \(Learn From Their Mistakes\)](#)

**You've been in your line of work for nearly two decades. What is one common mistake that you see couples make during their divorce?**

Over the past twenty years, particularly during the last five, it occurred to me that parties going through the dissolution process often go in hugely uninformed. Ignorance paired with an emotionally and financially devastating life crisis can be dangerous. Family law attorneys will often make a lot of money to the detriment of clients and their families. There are so many clients who have said, "If only I knew then what I know now."

I have a message in my book to give to people contemplating or going through this experience, one that spans socioeconomic, gender, and age groups: *It doesn't have to be that way.* Our generation has the tools available to us by virtue of education, the Internet, and mental health and counseling opportunities that our parents' generations and those before them didn't have. By employing these tools and having a relatively user-friendly guide, I believe the divorce process can be simplified and improved.

**What are some tips you can give our readers about how to maintain financial and emotional stability?**

Marriage is a contract. Dissolving that contract should be handled as an arm's length business transaction. Remember that this person will no longer be your spouse, but he or she will continue to be your co-parent, family member, and possibly business partner in certain assets or entities. Be nice; be reasonable; and be brief. Try not to let emotion, hurt, fear, or anger dictate the circumstances of your discussions or

negotiations.

**Do you think the divorce rate will continue to rise in the coming years?**

It is my hope that it will be reduced because people are waiting until they are older before getting married and people are making a more concerted effort to work through their marital differences. Although divorce has become a far more viable option than it was in the past, it certainly should not be used as the easy way out.

**You've acknowledged that current generation's realities have evolved a lot in recent years. How has this change played a role in the divorce rate?**

The American family culture has changed significantly in the past 50 years. There are same-sex couples who marry or register as domestic partners and become parents; couples who live together for prolonged periods of time and have children; and stepparents who are integrated into family life more than ever before. An attitude of "it takes a village" often permeates our culture.

There is a whole new way to dissolve your relationship – really a whole new choice of ways to do it. The evolution in family law has been accompanied by advances in mediation, collaborative practice, and self-representation. Plus, there's been a substantive body of data that impacts dissolution, direct and indirect, on all parties. There is also a movement of divorce attorneys – like me – who know how to help their clients navigate this territory and emerge from it strong in mind, spirit, and resources and eager to move on to the next stage of their lives.

**Related Link:** [Second \(and Third\) Marriages: Destined for Divorce?](#)

**It's no secret that you're a supporter of prenuptial**

## **agreements. Why do you think they're so important?**

A prenuptial agreement is appropriate when a couple is seeking to opt out of the laws regarding marital property and/or spousal support which govern the state in which they live or are planning to live. Not everyone should have one; they're appropriate on a case-by-case basis. They're not only based on income levels but can clarify an individual's assets coming into the marriage, certain testamentary issues, gifts between spouses prior to and during marriage, and more. It's important to discuss financial expectations and expenses *prior* to entering into the marriage contract, and a prenuptial agreement is one way of leading into that conversation.

I am always astounded at the couples who come to me after being married for some period of time and reveal that they never had such a conversation, whether a prenuptial agreement was in place or not. Conversations about money certainly aren't sexy or romantic, but they should give each of you some clarity and enable you to enter into your marriage with a better understanding of each other.

*To purchase It Doesn't Have to Be This Way, check Amazon or your local bookstore. You can also read more about her background at [www.wcmfamilylaw.com](http://www.wcmfamilylaw.com).*

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## **Source Says Michael Douglas and Catherine Zeta-Jones Are 'Not Back Together'**



By [Whitney Johnson](#)

Michael Douglas recently revealed that he's "working things out" with wife Catherine Zeta-Jones, but a source close to the couple confirmed to [People](#) that they are "not back together" quite yet. While the pair are still talking – and even have been spotted with their wedding rings on – they aren't spending time together. Most recently, they even spent their shared birthday of September 25th apart.

**What are some factors to consider before getting back together with an ex?**

### **Cupid's Advice:**

It's tempting to get back together with your ex. After all, they know you well and already fit into your life. Still, you must remember why you two split in the first place and truly



consider the decision at hand before jumping in again. Cupid encourages you to consider the following questions:

**1. Why did you breakup?** It's easy to remember only the happy times as you embark on your second chance romance, but you have to consider what drove you apart and led to your breakup. Was it just a silly fight or a rough day? Or were you unhappy for a long time before you finally went your separate ways?

**2. Do you share the same core values?** If you don't share similar goals or visions for the future, your relationship will never work – it's as simple as that. Take the time to sit down with your ex and talk about the nitty-gritty details that may have been pushed to the wayside during your first shot at happily ever after. Don't be afraid to dig deep and really open yourself up. You have to take a risk to reap the reward of a happy love life!

**3. Are you *both* willing to do the work?** Relationships are never easy, but rekindling a failed flame requires even more effort than usual. You must be willing to work through your past issues and focus on the future of your relationship. You also must be confident that your ex will stand by your side and be a true partner as you sort things out.

**Have you ever reconnected with an ex? Share your story in the comments below!**

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**'The Bachelor' Winner  
Courtney Robertson Lands**

# Tell-All Book Deal



By April Littleton

*The Bachelor* Season 16 winner is once again making headlines. Courtney Robertson, now a celebrity author, has landed a book deal with the title *I Didn't Come Here to Make Friends: Confessions of a Reality Show Villian*. "Going on *The Bachelor* was the most amazing opportunity I've ever had but I did not have a fairy tale ending!" Robertson told [UsMagazine.com](http://UsMagazine.com). The 30-year-old ended her celebrity relationship with Ben Flajnik October 2012.

**Courtney Robertson decided to do something positive when it came to dealing with her celebrity break-up from 'The Bachelor' Ben Flajnik What are some creative ways you can get over a break-up without being revengeful?**

## **Cupid's Advice:**

Break-ups are tough, especially if you ended things with someone you really cared about. Getting over a celebrity ex without lashing out publicly can be even harder. Cupid is here to help those girls going through a break-up:

**1: Have a girl day:** When you begin to feel down, call some of your girlfriends and spend the day going out with them. Go to the spa, a movie or just sit around your house and talk about how you're feeling. Relationships and love will come and go, but your friendships will be something you can cherish forever.

**2. Hobbies:** Keep your mind off your ex by staying busy. What are some of the activities you thought about trying but never got the chance to do? Start going to the gym more often, take piano lessons, and fly in that helicopter over the city! Do something you've always had an interest in and have some of your friends join you as well.

**3. Keep a journal:** Instead of verbally blaming everyone around you for what happened between you and your boyfriend, write down all of your feelings and emotions in a journal. Finding a healthy way to express yourself is good for the mind and will help you move on faster.

**What are some other ways to deal with a break-up without getting revenge? Comment below.**

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# **'The Bachelor' Alum Tierra**

# LiCausi Ends Engagement



By Kristyn Schwiep

Reality TV star Tierra LiCausi's mystery engagement has ended, [People](#) reports. LiCausi, a villain from Season 17 of *The Bachelor*, flaunted a huge diamond ring on the Women Tell All reunion. According to sources, the break-up happened a few months ago. Unlike LiCausi, the most recent *Bachelor*, Sean Lowe, said to expect a celebrity wedding date announcement for him and fiancée Catherine Giudici.

**'The Bachelor' alum Tierra LiCausi wasn't destined for a celebrity**

# wedding. How do you know when it's time to call off your engagement?

## Cupid's Advice:

Getting nervous and having last minute questions about getting married arises in all engaged couples, but these aren't reasons to call off an engagement. Here are some signs that will help you know what it's time to call things off:

**1. Avoidance:** If you're looking for excuses to avoid your fiancée you probably want out of your relationship and love life. If you start to find yourself doing things to spend time away from your soon to be husband or wife it's probably a good sign to call off your engagement.

**2. Fights:** Fighting in a relationship is normal and planning a wedding can be stressful, but if you are fighting more than you are happy its time to call it quits.

**3. Gut feelings:** We all have gut feelings for a reason, so if you have that gut feeling that something isn't right in your relationship, it's probably a good idea to call off your engagement.

How did you know when it was time to call off your engagement?  
Share your stories below.

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## Find Out About Liam Hemsworth

# Post-Miley Cyrus Hookup with Eliza Gonzalez



By Gabriela Robles

According to [UsMagazine.com](http://UsMagazine.com), Liam Hemsworth changed up recent-ex Miley Cyrus for Mexican singer/actress Eiza Gonzalez. Gonzalez was put into the limelight two days before Cyrus and Hemsworth told the public that they were calling their engagement off. The two were photographed this week in Las Vegas together.

**What are some ways to move on after a bitter breakup?**

**Cupid's Advice:**

Breakups are hard, especially if your ex moves on quicker than



you do. Sometimes people need a distraction for themselves get away from the hurt that they feel because of the split. Other times, the guy's just a jerk. It might be difficult to get through this time and still remain positive. Cupid has some advice:

**1. Do for yourself:** You need to focus on yourself now. Don't worry about who hurt you. Don't question yourself. Work hard to make yourself better, not for him but for you. Once you start taking care of yourself in all aspects of life, you'll attract the people that will make you happier and more successful.

**2. Keep your head up:** Know that you're a catch, even if you don't feel like one. Remind yourself that you're a hard-worker, a gorgeous person, and have big things ahead of you. If you keep this in mind, you won't worry about what anyone else thinks – especially not your ex.

**3. Take your time:** Don't jump into a relationship to get back at you ex. Using someone isn't a good idea because not only do you hurt the person your distracting yourself with, but you're hurting your ego. This is the time to gather yourself and work inward before you can start moving outward.

**How did you move on after a bitter breakup? Share in the comments below!**

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**Liam Hemsworth Stops  
Following Miley Cyrus on**

# Twitter



By Kristyn Schwiep

Liam Hemsworth and Miley Cyrus have called it quits and he's stopped following Cyrus on Twitter. According to [UsWeekly](#), the *Catching Fire* actor was photographed with Eiza Gonzalez at XS nightclub at the Encore hotel. "He is over her and wants to make a clean break ... no more back and forth," friends have told *UsWeekly*.

**What are some ways to quickly get over your ex?**

## **Cupid's Advice:**

Getting over you ex can be a long, drawn out process, but there are some things you can do to speed up the process. Cupid has some advice for you:

**1. No contact:** Not contacting your ex is the hardest part of a breakup. It's hard not to text or call them when your sad or need something, so you need to do everything you can to not contact them. If you keep in touch you are asking for months of an on-again-off-again relationship.

**2. Avoid their friends:** Being in a relationship means that you and your ex start to have mutual friends. So, you might need to make some sacrifices and cut of your mutual friends so you don't have the temptation to re-kindle a burnt out flame with our ex.

**3. Social media clean-up:** It may seem a little extreme to delete your ex off of Twitter or Facebook, but seeing them pop up on your news feed every day will not help you get over them. So, delete your ex from your friend list to avoid seeing what they are doing.

**What are some ways you moved on from your ex? Share your stories below.**

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## **NoGamesLove    Video    Dating Tips: How to Deal When Your Ex Moves On**





By [E!'s Famously Single Dating Coach, Laurel House](#)

## **Dating Advice from E!'s *Famously Single* Laurel House on What to Do When Your Ex Moves On**

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House lets you in on why you're stressing so much about your ex's new relationship and what you can do to get over it. You need to learn to be happy again – without him. "Get yourself out there in a better, stronger, wiser way," the dating expert explains. "This is the time to work on you."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

**How did you handle it when your ex moved on? Share your story**

in the comments below!

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# Miley Cyrus and Liam Hemsworth: The Wedding is Off



By April Littleton

According to [People](#), reps confirmed Monday that the once happy couple called off their engagement. Their relationship has been rocky since earlier this year, with matters only getting worse following Cyrus' raunchy VMA performance. Over the weekend, the "Wrecking Ball" singer unfollowed Hemsworth on Twitter.

## How do you know when to call off your engagement?

### Cupid's Advice:

Everyone dreams of a fairytale wedding and a picture perfect romance, but real relationships almost never work out that way. Having a lifelong partner takes commitment and dedication. You'll fight, break up and make up countless times. How do you know the person you're with is really the one for you? You might be in a rush to get married for all the wrong reasons. Cupid has some advice:

**1. Constant fighting:** Arguments are common in any relationship, but if that's all you and your significant other seem to be doing lately, then there might be bigger problems that need to be dealt with. Communication is the key to a successful marriage. You can't expect yours to work if the two of you can't seem to talk out your differences without a shouting match erupting.

**2. Loss of interest:** While it's healthy to spend some time alone or with a group of friends, it's a bad sign if you choose to avoid seeing your partner altogether. If you have no desire to be around your honey, why are you even considering spending the rest of your life with him/her? Reevaluate what's left of your relationship and call off the engagement.

**3. No trust:** Signs of infidelity in a relationship will cause both partners to lose trust in one another, even if only one person was caught in the act. A couple can't flourish if one person fails to be completely open and honest with the other.

**Have you called off an engagement? Share your experience below.**

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# Taylor Swift Disses Harry Styles at VMA Awards



By Kerri Sheehan

Hollywood's Breakup Queen is at it again! Singer and songwriter Taylor Swift made a low blow at One Direction's Harry Styles during MTV's Video Music Awards on Sunday night. While the Brit boy band member was on stage presenting an award, Swift was filmed in the audience mouthing, "Shut the f— up!" to BFF Selena Gomez. Haylor were an item for a couple of months before calling it quits back in January. Later in the show Swift took home a Moon Man for her hit song, "I Knew You Were Trouble," and made a dig at the high-profile guy who inspired her to write the song. Previously it was thought to be written about her 2010 fling with Jake Gyllenhall, but people are now thinking it could also be about Styles. During

her speech Swift thanked her fans and then quipped, "I also want to thank the person that inspired this song, and he knows exactly who he is, because I got one of these!" according to [UsMagazine.com](http://UsMagazine.com). Writing about past relationships is how the 23-year-old made a name for herself but, maybe she is forgetting her own advice that, "No amount of vintage dresses gives you dignity."

## **How do you keep anger at bay after a bitter breakup?**

### **Cupid's Advice:**

Being bitter over a breakup is second nature, but sometimes you have to hold that in. Cupid has some advice about how to keep your feelings at bay:

**1. Stay cool:** Don't stress too much over the breakup! There are plenty of other people who are dying to date you, so getting overly angry because about one person won't do you any good. Save your emotions for something more useful, like the series premiere of Grey's Anatomy.

**2. Act nonchalant:** The last thing you want your ex to know is how heartbroken you were over the break up. It has always been said that success is the best revenge and this is especially applicable for breakups. You want your ex to think you're happy and healthy, even if at the end of the day you're sitting on your couch eating bon-bons and sobbing while watching, "Up!"

**3. Be the bigger person:** Even if your ex is making jabs at you it's best to be the bigger person and let it slide. Stooping to their level will only make you look at childish as they are. Take a note from Harry Styles's book and play it cool.

**How do you act after a bitter breakup? Share below.**

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# Gia Allemand's Boyfriend: 'I Don't Love You Anymore'



By Petra Halbur

Tragically, it seems that Gia Allemand and Ryan Anderson's last exchange was in the form of an argument. According to [People](#), on August 12, the former reality show star confronted her boyfriend with her suspicions of infidelity. According to Anderson's statement to the police, at one point during the argument, Allemand told him that she still loved him to which he replied, "I don't love you anymore." Later that day, Allemand hanged herself with a vacuum cleaner chord and died two days later when she was taken off of life support.

## What are some ways to deal with a bitter breakup?

### Cupid's Advice:

Look, breakup are tough. Nobody is denying this. However, there is a healthy way to deal with the heartbreak and an unhealthy way. Cupid has some advice for getting through a breakup:

**1. Write about it:** Journals may seem a tad old school but pouring your feelings onto a piece of paper is an effective outlet for your anger and confusion. Resist the urge to publish these entries onto a blog or any form of social media, however. Publicly displaying these thoughts will only come back to bite you.

**2. Get in shape:** Exercise, particularly cardio, is a tried and true way of working out your hurt feelings in a productive manner. This has nothing to do with making yourself better looking. This is about getting healthy and pumping some endorphins through your system.

**3. Don't hurt yourself:** Some find that self-destructive practices help them get through difficult times but remember that cutting, drug use, excessive drinking and other forms of self-hurt will not "show up" your ex but only prolong your own suffering. If you find that pain helps you cope, hold an ice cube to your skin. It's a way of inflicting pain without injuring yourself.

**How did you get through your breakup? Tell us below.**

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# Should You Listen When Your Parents Advise You to Break Up?



By Jennifer Harrington

As if relationships aren't challenging enough, many people face an additional obstacle when they discover that their parents do not support the romance and advocate a breakup. While it's always important to be true to yourself, love can sometimes be blind and sometimes outside opinions can be helpful in evaluating your relationship. After all, your parents have known you the longest and only have your best intentions at heart. So, how do you know when you should listen when your parents advise you to break up? Here are some of Cupid's tips:

## **Take their counsel to heart**

When your parents voice their concerns about your romance, it is only natural that your first instinct will be to fight back and reject their opinions. Once you've had a chance to cool down, take some time to objectively assess what was said about your relationship and partner. Evaluate if their concerns are problems that can be addressed. If the situation can be addressed, do everything in your power to show your parents that you heard their feedback and that you're taking steps to make things better. It's more likely that your parents may be concerned about something that can't easily be changed. Regardless, it is essential that you try to understand why your parents are counseling you to break-up.

**Related:** [Cameron Diaz Discusses Her Break-up Style: Break Up and Move On](#)

## **Solicit feedback from other loved ones**

It's important to also talk with other family and friends to see if they agree with your parents' advice to end your romance. Seek out opportunities to honestly and openly speak with other loved ones about your relationship, and figure out if others agree with what your parents are saying. Your parents are people entitled to their opinions (which may or may not be valid), but if others echo their remarks, it's time to take notice that your relationship may be more flawed than you realized.

## **Assess the situation**

Ultimately, you have the right to choose who you want to date – and you may fundamentally disagree with the opinions others have about your love life. However, when the people closest to you don't like the person you love, it can make your life very complicated and potentially unpleasant – and you have to decide if you are ready for those possibilities and if your partner is worth it. Ask yourself if your love is strong



enough to survive such adversity. Everybody has different relationships with their families; you know your family dynamics and yourself well enough to figure out if you can imagine a happy future without your parents blessing your relationship.

**Related:** [5 Celebrity Exes Who Became Famous After the Break-Up](#)

Love is a powerful influence and motivator in life – but this applies to love you experience with your family and friends, not just who you date or eventually marry. While love can be complicated, it should always bring positivity and well-being to your life. Be mindful of your parents counsel and don't be afraid to take some time away from your romance if it helps you figure out what you need and what will make you the happiest long-term.

**What are some other way to deal with your parents' relationship advice? Share below.**

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## Jennifer Lawrence and Nicholas Hoult Are Spotted Back Together





By April Littleton

According to [People](#), Jennifer Lawrence and Nicholas Hoult have been seen together multiple times since their split in January. In late April, they were spotted getting cozy in a restaurant in Los Angeles. An onlooker said it “looked like a date.” The former flames dated for two years after meeting on set of the film *X-Men: First Class*.

**What are some factors to consider before getting back together with an ex?**

### **Cupid's Advice:**

Couples breakup and makeup all the time, but reconciling isn't always the best thing for two people. It's hard to let go of all of the good memories you shared with an ex, but you can't put yourself in a situation where you'll just end up getting hurt again. However, sometimes a second chance is all a couple needs to make things right. Cupid is here to help:

**1. The length of the breakup:** How long have the two of you been broken up? If the split is recent, it's not a good idea

to consider getting back together with your ex just yet. You need to move on from the relationship and all of the emotions that come with it before you'll be ready to make the decision to reconcile. After all, there's a reason the two of you didn't work as a couple the first time around.

**2. Think about the relationship:** What made you and your former flame date in the first place? What was the relationship like before the breakup happened? If there were more good times than bad, the relationship may be salvageable. If you can't see any foundation to build on, let the past be the past and start fresh. Romantically, the two of you might not be a good fit, but maybe a friendship can form in the future.

**3. Same goals and values:** A relationship will only be successful if two individuals have the same long-term goals or they are at least willing to meet each other halfway. Do you want a big family? What if your ex doesn't want children? Your former boo has always wanted to marry as soon as it felt right, while you prefer to take things slow. The differences between the two of you are too important to ignore. Trying to rekindle the romance will only lead to more heartache.

**What factors did you consider when you thought about getting back together with an ex? Share your experience below.**

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## **Kristen Stewart and Robert Pattinson Have 'Intense' Talk During Reunion**



By Kristyn Schwiep

Is there still hope for Robert Pattinson and Kristen Stewart? The couple that officially split in May are hanging out again. According to [UsMagazine.com](http://UsMagazine.com), the two Twilight stars got together at her L.A. house on August 4<sup>th</sup> for a “very intense conversation.” The pair will probably pick up where they left off. “Rob is obsessed with her and she can’t seem to get over him,” said a source.

**What are some ways to remain civil with an ex after a breakup?**

### **Cupid’s Advice:**

Remaining civil with an ex is a tough challenge. But staying civil with an ex is healthy and helps you get over the breakup. So what are some ways to remain civil with an ex

after you breakup? Cupid has some advice for you:

**1. Don't compete:** Don't compete for attention of your ex with new relationships. This will only cause unnecessary drama and make your ex resent you and try to compete back making things more complicated than they need to be.

**2. Bad talk:** It might seem like a good way to vent, but do not start bad talking your ex. If you want to remain civil with your ex avoid saying negative comments to mutual friends. Be the bigger person and try to think of all the things you liked about them in the first place.

**3. End on good terms:** Ending on good terms is a great way to remain civil. Leaving with no hard feelings will make the break up easier for both of you and keep you two connected.

**What are some ways you have remained civil with an ex? Share your stories below.**

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## Jana Kramer and Brantley Gilbert Split





By April Littleton

A source confirmed to [People](#) that the country singers have ended their engagement. “They are both so busy right now. They are both on the road and have to spend a lot of time apart, which isn’t ideal for any couple, let alone a couple trying to plan a wedding,” the source said. Kramer was married to Jonathon Schaech for one month in 2010.

**What are some ways to call off an engagement with class?**

### **Cupid’s Advice:**

The end of an engagement is never a pleasant situation to experience, but if you know the marriage between you and your partner won’t work out, it’s best to end things now rather than go through a divorce months after the wedding. Cupid has some advice:

**1. Face to face:** The worst thing you can do is break off an engagement via email or text message. Situations like this are best handled in person. Take your significant other somewhere where the two of you can talk without any interruptions and



explain to him/her why you don't want to get married. Don't hold anything back. Be completely honest with yourself and your partner.

**2. Don't get defensive:** It's only fair that your honey get upset over the things you're telling him/her. If he/she yells at you, don't yell back. Keep yourself as calm and composed as possible. Apologize to your partner and let them know you're truly sorry for hurting them. Be polite and show that you still care for them.

**3. Give the ring back:** If the engagement is truly over, you need to return the ring to your significant other. Keeping the ring may send mix signals. Your partner might continue to pressure you into doing something you've already told them you're not ready for.

**How did you call off an engagement? Comment below.**

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## Mischa Barton, Boyfriend Sebastian Knapp Break Up





By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), The *O.C.* alum has split from boyfriend Sebastian Knapp after less than a year of dating. The duo were first spotted together in mid-2012. Despite the breakup, Barton seemed to be in good spirits at the Cosmopolitan Summer Bash in Hollywood, California. She was glowing and happy while she talked about her times on set with the *O.C.* cast.

**How do you know when it's time to end a relationship?**

### **Cupid's Advice:**

There are clear tell-tale signs when a relationship is close to its end. Most couples have a hard time letting go, especially if they've been together for quite awhile. Many even wonder if it's really over. Do you find yourself second-guessing the status of your relationship? Cupid has some tips:

**1. You're fighting more often:** An obvious sign that you are at odds with your partner will be based on how much fighting the two of you do. Have you been yelling at each other over silly

things? Can the two of you even have a conversation without it erupting into an argument? Take all of these things into consideration if you're thinking about calling it quits with your honey.

**2. Nothing in common:** People tend to grow and change when they're in a relationship. Maybe you no longer like watching football with your partner. Your boo might not enjoy taking weekly trips to the art museum with you anymore. Couples should have at least a few things in common. If you find the lists of hobbies and things to talk about is wearing thin, it may be time to move on.

**3. Thinking of someone else:** The relationship is definitely over if you're thinking about another person while you're still with your current lover. Don't string along the person you're with if you're interested in someone else. If you call it quits now, maybe the two of you can be friends in the future.

**How did you know it was time to end a relationship? Comment below.**

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## Alex Pettyfer and Riley Keough Are Back Together Again





By April Littleton

Riley Keough was seen with her ex-fiance, *Magic Mike* actor Alex Pettyfer, at the L.A. premiere screening of Lee Daniels' *The Butler*. "There was definitely warmth between Riley and Alex. They were laughing together and smiling at each other," an onlooker told [UsMagazine.com](http://UsMagazine.com). Another eyewitness reported seeing the duo "holding hands" in the VIP area. The couple first appeared together in October 2011. Six months later, Keough stepped out with an engagement ring, but before the year was up, the lovebirds called off the wedding.

**How do you know when it's time to give your ex a second chance?**

### **Cupid's Advice:**

Lately, you've been hanging out around town with a certain ex of yours. You can't quite figure out what it is about this person, but you find yourself reconsidering the possibility of you two being an item again. Would getting back together be a mistake or a decision you'll never regret? Cupid can help:

**1. Acceptance:** If you've already accepted what happened between the two of you in the past, you might be ready to start fresh. You can't reminisce over the old times. You have to acknowledge what went wrong in your relationship and have the ability to move on from it. If you're thinking about becoming a couple again, there's no need to hold on to any anger or guilt. You want to start things off positive. Don't pick up the relationship where it left off. The two of you won't last if you continue to make the same mistakes.

**2. Forgiveness:** Accepting the situation that happened between you and your ex won't happen if you don't forgive each other first. Giving each other a second chance won't work out if the two of you are still blaming each other for whatever went wrong. Instead, work toward holding yourself accountable for what happened and try to let go of all bad feelings.

**3. Communicate:** You need to be able to express how you're feeling to your old flame. You're thinking about getting back together? Make sure they're aware of that. Your ex might have unresolved feelings toward you as well and may be afraid to speak up first. Communication is key in a good relationship. Start things off right by having a genuine conversation.

**How did you know it was time to give love a second chance? Share your experience below.**

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## **Q&A: Can I Ask My Boyfriend to Delete Facebook Pictures**

# with His Ex?



**Question from Stephanie K.:** *My boyfriend dated his high school sweetheart throughout college and they broke up two years before he met me. I just realized he's tagged in pictures with her from college. Is it wrong of me to be jealous about that? How do I ask him to remove those pictures?*

## Answers From Our Love Experts:

**[Suzanne Oshima, Matchmaker](#):** While no one likes to be reminded of their current boyfriend's ex's, the fact is everyone has a past relationship history. Your boyfriend does, and you do too. He was tagged in those photos well before you started dating, and it wasn't an issue until you realized that they existed. I'll bet that he has completely forgotten that he was tagged in those photos, and if you bring it up now, it's going



to appear to him that you were “snooping” around in his stuff and that you’re really insecure and jealous about the relationship. If your boyfriend is a great guy who treats you well in all other ways possible, then why let something so trivial as old photos bother you?

Paige Wyatt, Reality Star: Seeing pictures of your boyfriend with his ex is always weird, and it’s totally normal to be jealous. Sure, the pictures are nice memories for him, but they make you think that he’s not over his past relationship. It is completely appropriate for you to ask him to take these photos down, but you have to do it in a way that won’t make you seem controlling or jealous. When bringing it up to your boyfriend, you need to make him understand that the pictures bother you because it feels like the memories you make with him have to compete with the memories he had with her. Another way to explain it to him is to say that you want to be the only girl he thinks about and these photos make you wonder if he’s still into his ex.

[Robert Manni, Guy’s Guy](#): If it’s simply about photos on Facebook, here are my thoughts: If, after two years, your boyfriend still keeps photos of his ex on his Facebook page, it’s reasonable to ask him to take them down. As far as his being tagged with her on other people’s pages, I suggest leaving that alone. However, from my experience, relationship issues are never that simple. Could it be that your concerns with his tagging are symptomatic of other looming issues or insecurities about your relationship? Is it because things are not working out the way you had hoped and the concern with tagging is really about your fear that “he’s just not that into you” or that he’s cheating? It’s time to ask yourself what’s your hesitation in speaking to him about this issue. It might be helpful to explore your own feelings before having “the talk.” In any case, if he hesitates to take the photos down, that’s a red flag. Remember that you deserve better.

For more information on our three dating and technology gurus,

click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

**Did you ask your partner to delete photos with their ex on Facebook? Share your story below!**