Former Celebrity Couple News: Selena Gomez Spotted at Justin Bieber Concert After Kissing Post



By Brooke Crawford

In <u>latest celebrity news</u>, Selena Gomez and <u>Justin Beiber</u> can't seem to steer clear of one another. According to <u>UsMagazine.com</u>, Gomez was seen at Bieber's concert just four days after her ex Justin Beiber posted a throwback Instagram photo of the two kissing. This news is contradictory to the statement she made in her <u>celebrity interview</u> with <u>W magazine</u> for her March cover story. This former celebrity couple is a prime example of what it looks like when your relationship is a revolving door.

This former celebrity couple is making waves yet again. What are some ways to keep from getting sucked back into the vortex that is a relationship with your ex?

Cupid's Advice:

Removing yourself from a toxic relationship can be harder than it looks when emotions are involved. Cupid is here to give you some healthy <u>relationship advice</u>:

1. Social media: Remove your ex from any and all social media. Although it may be hard to distance yourself from this person, it is in your best interest. Removing this person allows you the space to regain your own identity and see how much better off you are without him or her. Social media gives you an all access pass to continuously keep tabs on your ex, which will only make you reminisce about the good times and second guess yourself.

Related Link: <u>Celebrity Couple Rumors: Is Miley Cyrus Engaged</u> to Liam Hemsworth?

2. Join a group: A distraction is just the thing to take your mind off of the break-up. Joining a group of some kind will help you focus on making new friendships and finding new interests. There are Facebook groups you can join as well as the well known website Meetup.com, which will point you to some in-person get-togethers. Find a group that supports your need to branch out and have new experiences.

Related Link: <u>Celebrity Exes Jennifer Lopez and Casper Smart</u>

Caught Kissing

3. Get fit: Although going out and letting off some steam can be a good way to get over a break up, the gym is a great way to focus on something else as well. Getting fit allows you to feel empowered to accomplish other goals and can be the best form of revenge.

A break up can be a difficult thing to get over. What are some ways that you have overcome your former relationships? Comment below.

Celebrity News: Lea Michele Splits from Matthew Paetz After 2 Years of Dating





By Myesha Cobb

Unfortunately, after two years of dating, <u>celebrity couple Lea</u> <u>Michele</u> and Matthew Paetz have ended their <u>celebrity</u> <u>relationship</u>. The latest <u>celebrity news</u> was confirmed by <u>USMagazine.com</u> and apparently came as a surprise to the 29year-old actress. "He had enough," a source said. "She was completely crushed." But will they ever get back together? The odds aren't looking good. "He won't take her back," the same source mentioned.

This celebrity news is definitely unfortunate. What are some things you can do to reclaim your independence post-split?

Cupid's Advice:

It breaks your heart when you are completely blindsided by a break-up! You feel like you are at a loss for words and don't

know how you are ever going to recover from it. But don't worry! Here are some suggestions for how to reclaim your independence during those "after break up blues":

1. Take some time for yourself: Sometimes not being in a relationship is a good thing! Don't always think not being in a relationship anymore is the end of the road. There is nothing wrong with taking time out for yourself and not looking for a relationship for a while.

Related Link: Justin Bieber Says He Isn't Looking for a Romantic Relationship Right Now

2. Do something to make you feel like "you" again: Reclaiming your independence can make you feel like a brand new person. Do things that you know that only YOU like and that maybe your past partner wasn't a fan of. You'll be feeling "brand new" and independent in no time!

Related Link: <u>Paula Patton Says She's a 'Real Woman Now' Post-</u> <u>Split from Celebrity Ex Robin Thicke</u>

3. Date yourself: Yes, you read correctly! Date yourself. Nothing says I'm reclaiming my independence like taking yourself out on dates. Go see a movie or treat yourself to some dinner!

What are some ways that you have reclaimed your independence after a break-up? Share your love advice below!

Former Celebrity Couple Ben

Affleck & Jennifer Garner Hit the Slopes with Tom & Gisele





By Emily Hoff

In <u>celebrity news</u>, former <u>celebrity couple</u> Ben Affleck and Jennifer Garner and current couple Tom Brady and Gisele Bundchen were spotted vacationing together in Big Sky Montana on February 15th, according to <u>UsMagazine.com</u>. The group went skiing at one of the Yellowstone Clubs where they enjoyed drinks and nachos. In past <u>celebrity relationship</u> news, Affleck had a fling with Christine Ouzonian, Ben Affleck and Jennifer Garner's nanny. Many people think that Ouzonian contributed to the celebrity divorce.

This former celebrity couple isn't letting their split affect their family life! What are some ways to keep your family life strong after a split?

Cupid's Advice:

1. Communicate: Good communication is key to anything in life. You need to communicate to your family what is going on. Communicate especially if there are kids involved. A split can cause a lack of communication, but it is vital, especially if you want to keep a strong family unit.

Related Link: <u>Celebrity News: Martin Henderson Dishes on</u> <u>Kissing Britney Spears in Music Video</u>

2. Be open about how you are feeling: If you are the one going through the divorce, communicate with your friends, family, or ex-spouse, how you are feeling. Do not hold those feeling in and be passive aggressive. No one wins in that case, and it only hurts your family more, so it's important to especially ask your kids how they are feeling because a divorce is very hard on them.

Related Link: <u>Celebrity News: Gwen Stefani Says She's 'Only</u> <u>Had Two Boyfriends'</u>

3. Know it takes work to be a strong family unit during a divorce: Ben and Jen are very lucky that they still can communicate with each other and be civil after their split. Some are not as fortunate. So, just know that if you want to still be a strong family unit especially after a split, that it is going to take work and it is not going to come easily.

What are some ways to keep your family unit strong during a

Celebrity News: Lucy Hale & BF Anthony Kalabretta Split





By Abbi Comphel

Former <u>celebrity couple</u> Lucy Hale and Anthony Kalabretta have called it quits. According to <u>UsMagazine.com</u>, an insider told them the two broke up. Hale was seen posting Taylor Swift lyrics on her Instagram and Twitter. This <u>celebrity news</u> is sad! Luckily, there was no bad blood with this <u>celebrity</u> <u>relationship</u>; it "just kind of happened," according to a

source.

This celebrity news is a downer. What are some ways to know your relationship is headed for Splitsville?

Cupid's Advice:

Relationships can be hard to handle sometimes. They may take a lot of patience and work. Cupid has some advice about when you know your relationship is headed for a break-up:

1. Arguing: You no longer laugh and are silly together. Most of your time is spent arguing and fighting about the little things. You can no longer keep a conversation without something negative happening.

Related Link: <u>Celebrity News: Camille Grammar Says</u> <u>Relationship with Celebrity Ex Kelsey Grammar is 'Terrible'</u>

2. Space: You want your space. You feel like it would be so much better if you both took a break from each other and see what is like having time away from each other.

Related Link: <u>Celebrity News: Scott Disick Has Breakdown Post-</u> Split from Kourtney Kardashian on 'KUWTK'

3. Exhausted: You feel like this relationship is sucking all the life out of you. You don't smile anymore and you forgot what it's like to laugh with your significant other. It is time for you to not be tired anymore, so maybe it is time to end it.

What are some ways you know your relationship is heading the wrong direction? Comment below!

Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick





By Myesha Cobb

It's easy to understand why <u>Kourtney Kardashian</u> has been experiencing anxiety issues since her split from celebrity ex <u>Scott Disick.</u> The reality TV star recently opened up on her <u>website</u> about how exercise is helping her deal with her heartache. "My anxiety is always worse in the mornings, so that's when I schedule my workouts. I usually start with a quick run or jumping rope to warm up," she writes. "People are very quick to judge others by appearances, but you truly don't know what someone's motivation is or what is going on inside them. For me, exercise is as much about my body as it is about calming my mind." We hope this former <u>celebrity couple</u> can work through their problems and raise their three kids in a peaceful environment!

This former celebrity couple is moving on but not without a bit of a struggle. What are some ways to cope with anxiety after a break-up?

Cupid's Advice:

There are a lot of different ways to cope with anxiety; you just have to find what works for you. Like one half of this former celebrity couple, you may decide to head to the gym. Or perhaps you feel the most as ease when you're in the kitchen preparing a new dish. Here are some other ways that you can find your zen after a split:

1. Check out the latest movie: There's something relaxing about seeing a movie by yourself – especially if it's that rom-com that your ex refused to watch! Grab a bag of popcorn and some M&Ms and let yourself get lost in the love story that plays out on-screen. You'll not only feel refreshed after taking a break from your daily responsibilities, but you'll also be reminded that true love *does* exist.

Related Link: <u>Celebrity News: Scott Disick Apologizes to</u> <u>Kourtney Kardashian After Rehab Stint</u>

2. Spend time with friends: Having fun with your pals is another way to shake off those post-break-up blues. Whether

you have a low-key night at home or head to the hottest spot in town, you're sure to feel better after some girl time.

Related Link: Kelly Osbourne Parties After Celebrity Break-up

3. Get cozy with a book: Use your free time to enjoy a good book. You can pick up the latest Nicholas Sparks novel or finally check out that self-help book that caught your eye.

How did you beat the post-break-up blues? Share your love advice in the comments below!

Celebrity News: Did Ariel Winter Split with Longtime Beau Laurent Claude Gaudette?





By Abbi Comphel

Celebrity couple Ariel Winter and Laurent Claude Gaudette have possibly called it quits. <u>UsMagazine.com</u> reports that the Modern Family star has been posting hints on her social media channels that her relationship status has changed. This <u>celebrity news</u> is very heartbreaking, and we hope it's not true! Their celebrity relationship lasted two years.

This celebrity news could end in heartbreak! What are some ways to let your family and friends know about your recent break-up?

Cupid's Advice:

It can be hard ending a relationship with someone you really care about…and letting your family and friends know can be even worse. Cupid has some love advice to consider: 1. Use social media: If you don't want to personally talk to your family and friends, let them know on social media. It's the easiest way to share the news with everyone at the same time. They may ask questions, but you can just let them know that you need some space right now.

Related Link: <u>Celebrity News: Charlie Sheen Fires Back After</u> <u>Brett Rossi's Shocking Lawsuit</u>

2. Send a message: Send your loved ones a text or e-mal. This approach will give you the chance to really think about how you want to share your sad news. Let them know if you need time or if you need them to be there with you. They'll understand either way!

Related Link: <u>Celebrity Divorce: Yolanda Foster & David Foster</u> <u>Announce Split</u>

3. Talk in person: If you need love and support, then let your family and friends know in person. Ask them to bring over some ice cream and cookies. They can try to cheer you up or just listen as you work through your break-up.

What are some ways to let your family and friends know about your split? Comment below!

Celebrity Photo Gallery: Famous Couples That Co-Parent





Page 1 of 20



Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career. Photo: Charles Norfleet / PR Photos

Heidi Klum Talks Life After Celebrity Break-Up from Seal





By Abbi Comphel

Heidi Klum finally opened up about her life after her <u>celebrity break-up</u> from Seal. <u>UsMagazine.com</u> reports on Klum's recent *Redbook* interview. She told them, "I'm a mom and dad at the same time." Seal has always spent a lot of time traveling, so Klum is using to taking over with the kids. These celebrity exes have been apart for a while now, since January 2012. Klum is enjoying her life and the time she spends with her four children.

This celebrity break-up was a real heart-breaker. What are some things to consider before breaking up with your partner when you have kids?

Cupid's Advice:

When two people fall out of love, it can be tricky figuring things out when you have children. Cupid has some relationship advice on what to do when you are breaking up and you have kids:

1. Make a plan: Before you decide to make the big split, you must come up with a good plan when it comes to the children. Especially when you are telling them what is going on. This will be hard enough on them, so make sure it is organized and they understand what is happening.

Related Link: <u>Blake Shelton Says 'I'm in a Good Place' After</u> <u>Celebrity Break-Up from Miranda Lambert</u>

2. Be friends: The best way for things to be peaceful with children involved is for you and your partner to be friends. If you two can put your differences aside and raise your children together, that will make a big difference.

Related Link: Former Celebrity Couple Pamela Anderson and Tommy Lee Reunite at Gala

3. Share time: Make sure you are both getting enough time with

your children. Spread the time evenly and make sure the children feel the same way. It can be hard having to go back and forth, make it as simple as possible for them.

What should you consider when breaking up with your partner and you have children involved? Comment below.

Calvin Harris Slams Rumors of Celebrity Break-Up From Taylor Swift





By Abbi Comphel

Calvin Harris recently slammed celebrity break-up rumors swirling about his relationship with <u>Taylor Swift</u>. <u>UsMagazine.com</u> reported that Harris angrily tweeted, "It's not going to be a 'happy ending' for everyone I sue for defamation of character for all these bulls-t stories bye bye." Obviously Harris is not happy about what others are saying. This <u>celebrity couple</u> is still going strong and they won't let the haters affect them!

When it comes to celebrity breakups, this couple isn't joining the ranks. How do you keep what others say from affecting your relationship?

Cupid's Advice:

Outsiders can sometimes really get inside your head and affect a good relationship. Cupid has some dating advice on ignoring what others say:

1. Trust: Remember that you're relationship is only made up of two people. So everyone else's opinions are irrelevant. Trust that you two know what is best for each other and just believe in one another.

Related Link: <u>Celebrity News: Rob Kardashian's Ex Adrienne</u> <u>Bailon Says 'He's a Great Guy'</u>

2. Confidence: If you're relationship is going well and you both know how much you love each other then it doesn't matter what anybody else thinks. It is you two against the world and you should have enough confidence to know your love for each other is so strong. **Related Link:** <u>Kylie Jenner on Celebrity Relationship with</u> <u>Tyga: 'We Don't Really Fight'</u>

3. Love: If you love each other then it truly does not matter what anybody else has to say. Your love is so strong and it will block out any negative words that are being thrown at you.

What do you think are some ways to keep from others voices affection your relationship? Comment below!

Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"





Interview by Lori Bizzoco. Written by Katelyn Di Salvo.

It sounds like <u>Chris Soules</u> found his true love…in farming! The star of <u>The Bachelor</u> season 19 truly stepped out of his comfort zone during his stint on reality TV, going from being a farm boy to a celebrity overnight. On the finale episode, he proposed to Whitney Bischoff, but just seven months later, the famous couple announced their celebrity break-up. Now, he seems to be finding solace in his farm.

Former *Bachelor* Talks Farm Life in Our Exclusive Celebrity Interview

In our <u>exclusive celebrity interview</u>, Soules shares that, prior to his time on reality TV, he had never left Iowa for more than 10 days. Suddenly, he was gone for two months to film *The Bachelorette*, another two months for *The Bachelor*, and *another* two months for *Dancing with the Stars*. After his third stint on television, he took a step away from Hollywood – and he couldn't be happier. "It's been good to get back home and do what I love," he says. "Going on all these reality shows and being some what disconnected from the farm was pretty unusual for me."

Related Link: Former 'Bachelor' Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up

The former *Bachelor* describes being a pig farmer as an "intense labor of love," explaining how, as a farmer, you never truly have a day off because the animals and crops always need care. We only hope that he can give a lucky lady that level of devotion someday!

Recently, Soules was a judge on the National Pork Board, and he introduced us to the winner of this year's First Annual America's Pig Farmer of the Year Award, Keith Schoettmer. Schoettmer reveals his approach to farming, saying, "It starts with our responsibility of the farm, which we take very seriously. We properly care for these pigs everyday, and while we're doing that, we're not losing sight of the people we work with and the consumers."

Reality TV Star Opens Up About His Relationships and Love Life

Soules has been on a roller coaster ride for the past year when it comes to his love life. The celeb went from trying to win the heart of <u>Andi Dorfman</u> on *The Bachelorette* to having his pick of 30 women on *The Bachelor* to being engaged to Bischoff...to being single again. With that said, relationships and love are the last thing on his mind right now. "My dating life is relatively non-existent... After dating 30 some-odd women and being engaged and going through that whole process, it's been nice to just kind of get back to normal," he explains. "Eventually, I'll get back in the dating rink." He adds that he and his <u>celebrity ex</u> still keep in touch and are "good friends." **Related Link:** <u>'The Bachelor' Winner Whitney Bischoff is</u> <u>Casually Dating After Celebrity Break-Up from Chris Soules</u>

In our exclusive celebrity interview, the reality TV star admits that his approach to dating hasn't really changed since being on *The Bachelor*. "There's not a lot of changes I'll probably make. It's still just about finding the right person, someone who appreciates the farming life and also the finer things in life," he shares. He believes that finding love this time around will be a little easier since he is "out there," confessing that there are a lot more women interested in dating him now.

Chris Soules Shares Dating Advice for Upcoming *Bachelor* Ben Higgins

Soules recently met the newest *Bachelor* Ben Higgins and says he's a great guy. He wishes him the best of luck on the reality TV show and adds, "He deserves it. He's a stand-up guy, and he's what the show is all about, I think. He's truly trying to find somebody, so hopefully, that happens for him."

Of course, the former *Bachelor* had some dating advice to share with Higgins: "The main advice that I gave him was to make sure you take each relationship that you have with those girls very seriously and make sure they feel as comfortable as possible... In order to have a real relationship develop, those girls need to feel like they're the only ones involved in the relationship."

Related Link: Former 'Bachelorette' Trista Sutter Defends 'Bachelor' Franchise After Chris Soules, Whitney Bischoff Split

Despite his return to farming, Soules hasn't completely said goodbye to reality TV just yet. You can catch him on the latest season of *Worst Cooks in America* on The Food Network. He explains that, although he may be good with a grill, he's not so great in the kitchen!

Keep up with Chris on Twitter @SoulesChris and www.instagram.com/souleschris/!

Celebrity News: Scott Disick Cries in Trailer for New Episode of 'KUWTK'





By Mackenzie Scibetta

It's been an emotional ride for <u>Kourtney Kardashian</u> and <u>Scott</u> <u>Disick</u>, as they've had to deal with their upsetting <u>celebrity</u> <u>break-up</u>. Disick has a long history with alcohol abuse and the addiction put a massive strain on his relationship with Kourtney, ultimately leading to their demise. Celebrity news reported by <u>UsMagazine.com</u> shows more drama for the former famous couple, as the promo for <u>Keeping</u> Up With the Kardashians presents a crying Disick. He is brought to tears after Kris Jenner says it breaks her heart to see Kourtney in pain. Disick replies that he's made mistakes and says, "It's been a really hard time going from like, having all you guys, to having nobody." Season 11 of K.U.W.T.K. will premiere on Sunday, Nov. 15.

It's hard to feel bad after learning this piece of celebrity news. What are some ways to care for an emotional partner?

Cupid's Advice:

People need emotional support in different ways so there is no perfect formula to happiness for everyone. However, the pure thought and attempt of cheering up your loved one is what counts. Cupid has three pieces of love advice to get your partner out of a slump:

1. Silently cuddling: Touching someone can be very therapeutic in ways that we don't even think about. Cuddling releases oxytocin which increases overall happiness. Not only that, but it also reduces stress and blood pressure.

Related Link: <u>Scott Disick Continues to Party and Is Not Back</u> with Celebrity Ex Kourtney Kardashian

2. Buy a small, thoughtful gift: Don't overwhelm them with a

new plasma T.V., but rather buy something to show you were thinking about them. Flowers, candy, or a stuffed animal are great options to prove you appreciate and love them. Try to make it specialized to their interests to really spark the romance.

Related Link: <u>Scott Disick Postpones Vegas Club Appearance</u> <u>Amid Celebrity Break-Up from Kourtney Kardashian</u>

3. Listen to them: Be the person that they can tell anything to, from their most frustrating problems to their deepest secrets. Make sure you also pay attention to what they want from you. If they want space you should give it to them. Listen to their concerns and try to act on them.

How do you like your partner to act when you're feeling down? Let us know below.

Amanda Seyfried Steps Out After Celebrity Break-Up from Justin Long





By Abbi Comphel

Celebrity couple Amanda Seyfried and Justin Long have called it quits after being together for more than two years. A source told <u>UsMagazine.com</u> that this <u>celebrity break-up</u> happened a few weeks ago. The source explained, "They had different schedules and different lives, they just grew apart." These two will now be making solo appearances. It's too bad this celebrity relationship didn't work out. They shared a \$1.9 million apartment in New York City.

We're really sad about this celebrity break-up. What are some ways to keep from growing apart as a couple?

Cupid's Advice:

It can be challenging to stay together when you both have such difficult schedules and things going on in your life. Cupid

has some dating advice on how to stay close even with your busy lives:

1. Date night: Every week you should pick a day to go out and spend with your significant other. No phones, no friends, just you two. Go to the movies, enjoy a nice dinner, or even a romantic walk on the beach!

Related Link: <u>Helena Bonham Carter Breaks Silence on Split</u> <u>from Celebrity Ex Tim Burton</u>

2. Surprise one another: Surprise your significant other! For example, when you know they have had a long day at work, take time out of your day to cook them dinner and set up a bubble bath for them! They will surely appreciate it!

Related Link: <u>Celebrity Exes: Chris Brown is Happy with</u> <u>Custody Battle Results</u>

3. Be Happy: Don't let one another go to sleep mad. Whether you are mad at each other or just after a long day of work, talk things out. Make sure that you both feel content when you go to sleep.

There are many ways to keep a relationship from growing apart! Give some more advice below!

Kaley Cuoco and Ryan Sweeting File for Celebrity Divorce





By Kyanah Murphy

2015 seems to be the year of <u>celebrity divorce</u>. Kaley Cuoco and Ryan Sweeting are the next celebrity couple to be calling it quits on their marriage. After 21 months of marriage, this celebrity breakup comes as a bit of a shock! <u>USMagazine.com</u> reports that in April, Cuoco was defending Sweeting, making statements that she was proud to be Sweeting's wife and that all the negative talk about their relationship was just making them stronger. Now, here we are at the end of September and these two are celebrity exes. Perhaps the former celebrity couple moved too fast as they became engaged after three months of dating. Either way, another one bites the dust!

Celebrity divorce strikes again!

What do you do if you realize personality differences after you get married?

Cupid's Advice:

Personality differences don't have to be a bad thing. In fact, you don't want to date a mirror of yourself — that has divorce written all over it. Cupid has some tips on how to handle your relationship when you notice differences between you and your significant other.

1. Accept that your significant other is different than you: Remember, you don't want to date yourself (no matter how fabulous you are). Your partner brings different qualities and traits to the relationship and odds are you'll balance each other out.

Related Link: <u>January Jones and Will Forte Are Celebrity Exes</u> <u>After 5 Months of Dating</u>

2. Compromise: Part of being in a relationship is having to compromise with one another. You will make compromises on what's for dinner, where to go for dinner, where to go on vacation, and a bunch of other situations due to differing personalities. Just remember that this is completely ok.

Related Link: <u>Avril Lavigne and Chad Kroeger Announce</u> <u>Celebrity Break-Up After Two Years of Marriage</u>

3. Make each other feel valid: If your personalities clash, be attentive to your partner's wants, needs, and desires. Even with their goals in life. Make your partner feel heard and understood. Validation stems from acceptance and will help you with compromise. Validation will help you have positive results from conflict rather than negative ones. How do you handle personality differences with your significant other? Comment below!

Celebrity Break-Up: Amy Poehler and Nick Kroll Call It Quits





By Kyanah Murphy

There's yet another celebrity break-up in Hollywood, and it sucks! Celebrity couple Amy Poehler and Nick Kroll decided to call it quits due to conflicting schedules.

<u>UsMagazine.com</u> reports that the celebrity couple just couldn't make it work. Can you believe it? As we all know, it's important to make time for your significant other and it's a shame when something as amazing as your relationship comes to an end because you aren't able to make that time. At least this <u>celebrity break-up</u> doesn't have anyone on bad terms, but our hearts goes out to the newly split couple.

Amy and Nick join the celebrity break-up ranks for 2015. What are some ways to balance your schedule so it doesn't negatively affect your relationship?

Cupid's Advice:

Though it's sad to say and see, perhaps we can learn from this celebrity break-up how to manage our schedules to make time for our partner. Cupid has some dating advice on how to balance that schedule:

1. Make time: Honestly, you have to make time, especially if you're constantly busy. You make time to go to the doctor when you need to go, do you not? If you can do that, you should be able to find some sort of time for your partner. No two people have the same schedule or life but people make it work!

Related Link: <u>'Mad Men' Creator Says Jon Hamm and Jennifer</u> <u>Westfeldt Are Having 'Tough Time' Post-Celebrity Break-Up</u>

2. Consider including your partner: Do you have to go out of town for something? Have a get together you must attend? Consider taking your partner with you. You're killing two birds with one stone this way! Don't forget to share everything with your partner as well! **Related Link:** <u>Megan Fox Returns to Social Media After</u> <u>Celebrity Divorce Filing From Brian Austin Green</u>

3. There's always technology: If you absolutely cannot see each other face-to-face, there's always text, FaceTime, and Skype to help connect you two until you are able to reunite again.

What are some ways you balance your schedule and relationship? Comment below!

January Jones and Will Forte Are Celebrity Exes After 5 Months of Dating





By Mackenzie Scibetta

Hollywood relationships are notorious for how short they usually are, but this celebrity couple called it quits after only five months together! <u>UsMagazine.com</u> reported that January Jones and Will Forte have ended their relationship and love life, which started in April on the set of their show *The Last Man on Earth*. The <u>celebrity exes</u> successfully avoided each other at the 67th Emmy Awards. It is rumored that the cause of the break-up was because Jones is not looking for commitment.

Time to add another pair of celebrity exes to the Hollywood mix. What do you do if the person you're dating is afraid of commitment?

Cupid's Advice:

Commitment issues are more prevalent than ever as our society is becoming more care-free and individualistic. If you truly want your partner to come to terms with the idea of a relationship, then don't be afraid to speak your mind. Cupid has three tips to help get your loved one committed:

1. Have fun: It's possible that your significant other is scared of commitment because they associate relationships with rules, routine and constant nagging. Try focusing less on getting them committed and more on enjoying each other's company. This laid-back, fun atmosphere might change their definition of what a relationship consists of.

Related Link: <u>Megan Fox Returns to Social Media After</u> <u>Celebrity Divorce Filing From Brian Austin Green</u>

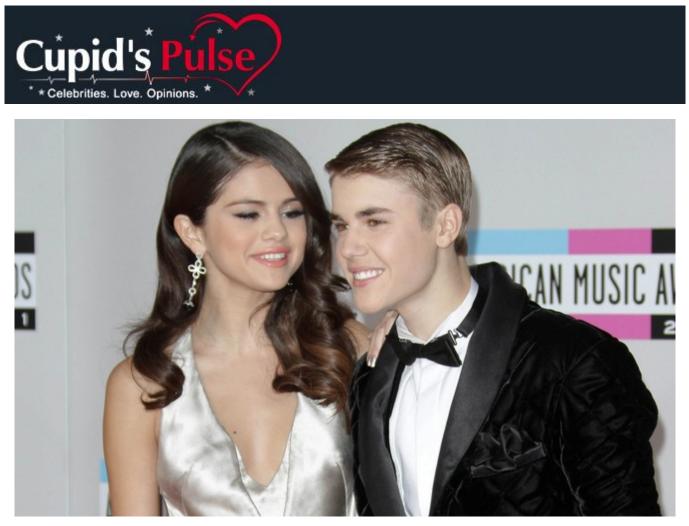
2. Don't ask for too much too soon: Don't scare away your partner with high demands and lavish plans. Ease into a relationship slowly so they have time to adjust and get a feel for what you want. Hold off on meeting the parents and visiting Europe until the terms of the relationship have been fully discussed and accepted.

Related Link: <u>Celebrity Couple Ariel Winter and Boyfriend</u> Laurent Claude Gaudette Party After 2015 Emmys

3. Show them respect: Hopefully this one is obvious, however, if you act superior and dominant this could intimidate them. Don't demand to be treated like a princess, rather treat your lover as your equal. Receiving respect can open their eyes to the caring, concerned person you can be.

What struggles have you faced with getting your partner to commit? Let us know below.

Celebrity Exes: Christina Milian and Lil Wayne Call It Quits



By Mackenzie Scibetta

Christina Milian and Lil Wayne, who were in a celebrity relationship with each other since July 2014, have decided to part ways. According to <u>UsMagazine.com</u>, the famous couple sight busy schedules as the reason for their separation. This is not the first break-up for the newly single <u>celebrity exes</u> .Just a few months ago, Milian told reporters, "I'm so inspired by the relationship that I'm in that it's definitely an experience. It's that careless, hopeless, romantic love – that feeling of 'I will do anything for you."

These celebrity exes are keeping things civil. How do you keep the drama out of your relationship with your ex?

Cupid's Advice:

They're called an ex for a reason so don't let them distract you from your real happiness. Remaining friends, or at least acquaintances, with your ex is challenging but definitely not impossible. Cupid has three tips to help you keep life with your ex drama-free:

1. Set boundaries: Make it clear what are appropriate forms of communication, if communication is welcomed, and when. Don't let them become over-bearing and always make sure they know it's a friendly relationship, not romantic.

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2. Treat them with respect: This one is hard, especially if you had a nasty break-up, but by showing you are an adult and want to move on they will respect you back. Treating them with negative feelings will only promote more negative feelings and actions to come out.

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3. Think before you speak: Don't let unsaid feelings or thoughts from your relationship come out and don't make them feel guilty. You broke up for a reason so don't fuel the fire and say things you might regret.

How did you handle a crazy ex? Comment below.

'Mad Men' Creator Says Jon Hamm and Jennifer Westfeldt Are Having 'Tough Time' Post-Celebrity Break-Up





By Kyanah Murphy

To lose love, especially when you love someone so much and they love you is incredibly hard. <u>UsMagazine.com</u> shares that Mad Men creator Matthew Weiner stated that the former celebrity couple Jon Hamm and Jennifer Westfeldt are both having a difficult time dealing with their celebrity break-up. As a friend to Hamm and Westfeldt, Weiner sees the difficulties that these two are going through now that they've split after 18 years. Another source mentioned that the celebrity break-up is due to differences in family goals; Hamm wanted children, while Westfeldt did not.

This celebrity break-up isn't an easy pill to swallow. What are some ways to cope with a break-up after a long-term relationship?

Cupid's Advice:

Whether it's a celebrity break-up or personal break-up, mending a broken heart is tough. Here are some tips on bandaging a wounded heart:

1. Accept the break-up: Even after a long-term relationship, you have to accept the fact that it's indeed over. You may be replaying over and over in your head what caused the problems but ultimately you just need to accept that it happened and time cannot be reversed or stopped.

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2. Let yourself feel everything: If you need to cry, cry. If you need to yell, yell. You're going to feel a bunch of emotions as your heart tries to process the end of your relationship and heal. It's perfectly OK to feel every emotion running through you.

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3. Take it a day at a time: Pain sucks and you're going to

want it to end as soon as possible. The truth is, everyone heals differently from one another. Give yourself time. Focus on the present day and what you can do for yourself during this 24 hour time period. In time, as you do more, you will heal and move forward.

Have you experienced a hard break-up after a long-term relationship before? Share with us how you coped!

Longtime Celebrity Couple Jon Hamm and Jennifer Westfeldt Break Up





By Mackenzie Scibetta

This week's <u>latest celebrity news</u> is shattering all of our hearts, as one of Hollywood's longest lasting <u>celebrity</u> <u>couples</u> is parting ways. According to <u>People.com</u>, Jon Hamm and Jennifer Westfeldt confirmed that their celebrity romance of 18 years has come to an end. The duo has been plagued with break-up rumors ever since Hamm completed rehab for alcohol abuse earlier this year. The two started their Hollywood romance in 1997.

This celebrity couple is no more. How do you know when you're ready to break it off with someone?

Cupid's Advice:

Coming to terms with the end of a relationship takes a lot of strength and certainty. While breaking up with someone is never easy, there are some undeniable signs that can help you realize if you're with the wrong person. Cupid is here to help you decide if it's time to give your significant other the boot:

1. You don't have fun together anymore: If every time you and your partner get together seems like a chore or burden then the relationship has likely come to a halt. The point of being with someone is to share your happiness together, so if you're feeling negative emotions, it's probably not working anymore.

Related Link: <u>Avril Lavigne and Chad Kroeger Announce</u> <u>Celebrity Break-Up After Two Years of Marriage</u>

2. You're tormented with feelings of doubt or insecurity: If you don't feel secure in a relationship that is a sign of ongoing or forthcoming trouble. Your partner should keep you feeling happy and confident, not constantly worried. Having no trust should be a deal-breaker.

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3. Your friends and family think it's a bad match: Sometimes the people closest to us know what's best for us. They can see things from the outside that we are blinded to and often have been in similar situations. If many of your close friends and family are hinting that a break-up would be healthy for you then you should consider it.

How did you handle a tough break-up? Let us know in the comments below.

Avril Lavigne and Chad Kroeger Announce Celebrity Break-Up After Two Years of Marriage



By Mackenzie Scibetta

Yikes! Just as one Hollywood couple gets together, another one seems to break up! Only two years after their celebrity marriage, Avril Lavigne and Chad Kroeger have announced their <u>celebrity divorce</u>, as reported by <u>UsMagazine.com</u>. The newly single celebrity Lavigne took an unusual approach to announce the celebrity break-up by posting a smiling candid of the former lovebirds on her Instagram page. The singer positively claims the two will remain the best of friends.

Mark down another celebrity breakup in the record books this year! What are some ways to try to save your relationship prior to a breakup?

Cupid's Advice:

Relationships and love can end for a multitude of reasons, but often times these can be prevented if you both put in an effort to save the crumbling relationship. Giving up on someone you care about should be the last resort, especially if it's your spouse. Cupid has three love tips to help you avoid a break-up:

1. Notice the signs: Constant arguing, feelings of neglect, boredom and signs of distrust are all red flags that your relationship is struggling and needs help. Do not ignore these and let nature take it's course because this will end badly. Instead, be proactive and address the problems.

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2. Do something memorable together: If your relationship has hit a wall then try spicing it up with an exciting adventure or activity. Take a weekend vacation or go on a hike so you and your love can try and rekindle what you once had. This will also give you valuable time to talk about and resolve any issues the two of you face.

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3. Forgive each other: Any past grudges you're holding should be forgotten about so the two of you can have a clean slate.

Making each other feel guilty over previous fights will only hinder the relationship so the best way to move forward is to genuinely forgive your partner. This will clear the path for new and happier experiences together.

What were some practices you and your loved one used to save a relationship? Let us know below.

Anna Faris Responds to Celebrity Cheating Rumors Regarding Husband Chris Pratt





By Maria N. Capalbo

Uh oh! According to <u>UsMagazine.com</u>, Anna Faris recently spoke out about her feelings toward her celebrity husband Chris Pratt's celebrity cheating rumors involving Jennifer Lawrence. Faris said, "The way we work it out is we just take at least one moment every day to be present with one another. Whether or not we're in the same room, or the same state, or even the same country, we check in, you know?". Pratt has allegedly been seen on some off-set get-togethers with co-star Jennifer Lawrence, so things still remain a mystery.

These celebrity cheating rumors are hitting us hard. If you think you're partner is cheating, what do you do?

Cupid's Advice:

It may be a scary thought to think your partner might be cheating. Cupid has some love advice on what you should do if you see signs of cheating below:

1. Hire a private investigator: If you really suspect your partner is cheating, hiring an investigator to follow him or her around may not be a bad idea. See if they are really going where they say they are, after they put on that new perfume or cologne!

Related Link: Anna Faris And Chris Pratt Welcome Child

2. Write down noticed differences: If they are buying new clothes out of nowhere, new scents, or working later hours at work, start investigating. If they are getting weird phone calls late at night, or even staying away from home more often, that is something to be concerned about.

Related Link: What Chris Pratt and Anna Faris's Goofy Red Carpet Pose Says About Their Love

3. Go through their belongings: Check out their text messages and e-mails to see if they have been talking to anyone out of the ordinary. Also, check to see if they deleted any messages recently.

What are some things you did if you thought your partner was cheating? Share below!

Ben Affleck Smiles and Wears Wedding Ring at First Appearance since Nanny Celebrity Cheating Scandal





By Maria N. Capalbo

According to <u>UsMagazine.com</u>, <u>Ben Affleck</u> flashed his celebrity wedding band and a smile during his appearance on the red carpet amidst the celebrity cheating scandal he has been facing. His good friend, celeb Matt Damon, said that Affleck is doing well. Affleck did not say much, and left left shortly after the premiere was finished.

Whether it's celebrity cheating or not, the public backlash can be brutal. What are some ways to keep your head up in the wake of public reaction to a scandal?

Cupid's Advice:

Public reaction to scandal may sometimes ruin a reputation and cause unnecessary drama. Cupid has some dating advice to help

you keep your head up during a scandal below:

1. Remain calm: Always remain calm and never stress yourself out when it comes to rumors and drama about yourself. Stressing yourself out is unnecessary and gets nothing accomplished.

Related Link: <u>Sources Say Ben Affleck and Jennifer Garner Are</u> Facing Celebrity Marriage Troubles

2. Do not give in to rumors: Over time, you are going to hear more and more rumors about yourself. Answering to any of them only creates more drama. Let people wonder what the truth is and continue to mind your own business.

Related Link: <u>Ben Affleck and Jennifer Garner Are Getting</u> <u>Celebrity Divorce After 10 Years of Marriage</u>

3. Never let anyone know what you're thinking: Keep a smile on, and never let anyone know that you are angry or upset. If you act like nothing is bothering you, things will soon fade, and you will most likely not be bothered anymore.

What are some ways you've kept your head up during a scandal? Share below!

Jennifer Garner Source Says Ben Affleck's Alleged Celebrity Affair Was the

'Ultimate Betrayal'





By Katelyn Di Salvo

Devastation hit when the latest celebrity news broke that <u>Jennifer Garner</u> and <u>Ben Affleck</u> were getting a <u>celebrity</u> <u>divorce</u>. Now, we have more details on the heartbreaking split. According to <u>People.com</u>, Garner knew her celebrity marriage to Affleck was in trouble for quite some time. While on vacation in the Bahamas, the celebrity couple was planning their next move. Affleck had already admitted to Garner that he had not been committed to the marriage. Sources say that Garner found out her celebrity husband was having an affair with their nanny, Christine Ouzounian, while on this vacation, something Affleck strongly denies. Garner is angry, and believes this to be the "ultimate betrayal". Alleged and confirmed celebrity affairs are splashed across tabloids repeatedly. How do you deal with the public backlash once the news of your partner's affair gets out?

Cupid's Advice:

Dealing with a betrayal of trust like an affair is hard enough as it is, but it's even tougher when the news gets out to your friends and family. Cupid has some tips:

1. Keep your head high: This is the most important step in dealing with the public backlash. Don't let people's comments bother you. You just keep your head high and focus on the blessings in your life.

Related Link: <u>Celebrity Gossip: Ben Affleck Has Been Dating</u> <u>Nanny Christine Ouzounian</u>

2. Focus on bettering yourself at work: There is never a better time to throw yourself into your work. Sometimes you need a distraction from all the craziness going on around you. Bettering yourself at work and becoming even more successful can change the direction of the conversation and can also be the best way to prove to yourself that you still got it!

Related Link: <u>Ben Affleck Removes Celebrity Wedding Ring After</u> <u>Comic-Con Appearance</u>

3. Surround yourself with loved ones: You can never deal with something like this alone. Having your close friends and family around can make you feel at home, and allows you to have someone to vent to when you need to let it out.

What are some way you would deal with the public backlash after a nasty break up? Share below!

Amid Celebrity Divorce, Source Says Gwen Stefani 'Had the Family She Always Dreamed Of'



By Courtney Omernick

<u>UsMagazine.com</u> recently reported that celebrity couple Gwen

Stefani and Gavin Rossdale are going through a celebrity divorce. Stefani and Rossdale's celebrity marriage lasted 13 years. An insider revealed that the celebrity breakup has been "a long time coming" for the pair. But, a source said that Stefani "had the family she always dreamed of."

This celebrity divorce is not without sadness. What are some ways to pick yourself up when you're sad from a break-up?

Cupid's Advice:

This former celebrity couple seems to be taking their divorce in stride. Hardly any celebrity divorce drama has been reported! However, that doesn't mean that Stefani and Rossdale aren't hurting. Below are some ways you can pick yourself up when you're sad from a break-up.

1. Practice gratitude: Think of at least 5 things that you're grateful for each morning before your feet hit the floor. This will help you set the tone for the day and remember the little things that you might have been taking for granite recently.

Related Link: <u>Gwen Stefani and Gavin Rossdale Split After 13</u> Years of Celebrity Marriage

2. Catch up with yourself: When you were with your previous significant other, you probably spent a lot of time focusing on your status as a couple, and not a lot of time on yourself. Start rediscovering old hobbies, creating new ones, and more.

Related Link: <u>Willow Smith Responds to Will and Jada Celebrity</u> <u>Divorce Rumors</u>

3. Stop stalking: It's normal to want to check your ex's

social media pages. But, doing this will only keep you stuck in the past. Block them, delete them, do what you have to do to move on.

How have you picked yourself up after a break-up? Comment below!

Celebrity Gossip: Ben Affleck Has Been Dating Nanny Christine Ouzounian





By Ryan Bonner

Rumors have been flying since the 10-year celebrity marriage of <u>Jennifer Garner</u> and <u>Ben Affleck</u> came to an end last month. <u>UsMagazine.com</u> recently reported that Affleck has been spotted with the 28-year-old nanny, Christine Ouzounian, and the celebrity gossip is that the two are dating. The California native nanny began caring their children this past spring, and word is that she was fired by Garner when she saw what was going on between Ouzounian and Affleck.

This celebrity gossip is getting complicated. What are some ways to rise above gossip when it comes to relationships?

Cupid's Advice:

Post-split relationship gossip can spread very quickly, especially if you are in the spotlight like Ben and Jen. There are always different sides to stories and rumors about what is going on in the lives of the couple who called it quits. Below are some tips for rising above the gossip:

1. Do not be a part of the grapevine: Even if you hear or read gossip, don't continue to spread it. You could be spreading complete lies about the relationship and not even realize it. Try to be the person who puts a stop to the gossiping.

Related Link: Lessons From Jennifer Garner and Ben Affleck

2. Avoid becoming judgmental: You never know a situation until you are a part of it. If you hear something, don't be so quick to judge. Instead, rise above that and keep your opinions to yourself.

Related Link: <u>Ben Affleck and Jennifer Garner Are Getting</u> <u>Celebrity Divorce After 10 Years of Marriage</u> 3. Put yourself in their shoes: It's easy to be the gossiper, but it is hard to be on the other side of it. If you wouldn't want someone gossiping about you, try not to gossip about other people. Try to understand how it would make you feel before taking part in it.

How did you stay away from gossiping about others relationships? Comment Below!